



Stores expect busy Friday

By JON BAKER
Staff Reporter

Despite a dramatic downturn in the economy over the last year, retailers expect this year's shopping season to be big.

Black Friday is the craziest shopping day of the year.

Every year on the day after Thanksgiving, people all over the country line up outside their favorite store to score the deal of a lifetime on the hottest consumer goods.

Big box chains, department stores and local malls all plan their biggest sales of the year on one day and the public responds in mass.

Last year Best Buy in Federal Way had a line that stretched past their building and across the entire shopping center.

"We will actually start setting up staging areas Wednesday night and people will stay here over Thanksgiving," said Frank Matanane, product process manager.

"We anticipate having over 10,000 people come through the store that day where on a typical day it's about 1,000," Matanane said. "We will be opening at 5 a.m. and there will be at least 400 people outside. There will be a police presence to ensure everyone's safety and we will only allow customers in up to our maximum capacity."

People gathering in massive lines outside of stores have actually become problematic for stores.

Last year at a Wal-Mart in Valley Stream, NY, an employee working the holiday rush was trampled to death by a stampede of shoppers.

As the opening time of 5 a.m. grew closer a crowd estimated at 2,000 people couldn't be held back. With so many people pushing, the doors finally gave way and Jdimytai Damour was thrown to the ground and crushed to death.

In the wake of this tragedy Wal-Mart has changed how they will be operating on Black Friday.

In a recent press release Wal-Mart announced that they have consulted with leading safety

Please see Friday, page 14

Violence reaches Library

By AMBROSIO AGUSTIN
Staff Reporter

A 20-year-old male was assaulted in front of the Library's south exit Friday night as Library staff were closing down the building.

Details of the attack are sketchy, but according to the Des Moines Police Department, three Library patrons exited the building and two suspects ex-

ecuted the attack.

The victim was not a Highline student. As a public resource, the Library makes its materials available to people outside the campus.

Sergeant Bob Collins of the Des Moines Police Department said that at about 9:15 p.m. the 20-year-old male, the victim's brother and a 16-year-old female were exiting the Library when two male suspects ap-

proached the victim.

"One suspect stated that he had a gun," Collins said. "But that weapon wasn't seen."

Collins said that according to the police report, the attack was unprovoked and robbery has been ruled out because no property was taken from the victim.

Police are looking into the

Please see Violence, page 16

T-Birds leave it all on the court



Brian Grove/THUNDERWORD

Highline volleyball players Paula Miles, Kyla Henry and Head Coach Chris Littleman show disappointment after their loss to Chemeketa at the NWAACC tournament this past weekend at Mt. Hood. They finished in seventh place. Please see stories, photos on pages 8-9.

Distractions affect learning

By ANDREW SIMPSON
Staff Reporter

Classroom distractions make learning even more of a challenge.

Students and professors say it happens in every classroom: students texting, talking to their friends, surfing the internet on their laptops and then asking off-the-wall questions in the middle of class.

Students say such distractions make it harder to learn. Professors say they make it harder to teach.

Ever-present cell phones mean students have the opportunity to chat with friends via text message from anywhere, including in class.

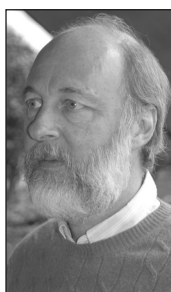
"Text messaging drives me crazy. I think it's rude. Here I am pouring my heart out trying

to educate and students are texting," said Dr. Bob Baugher, a Highline psychology professor.

In fact, some professors are so fed up with text messaging that they are starting to take action.

"My professor gets really mad when people text message in class. He once deducted 10 points from this girl's assignment when she got caught texting in class," student Davin Mornh said.

Not only does text messaging bother many professors, but texting combined with lack of attention leads to needless questions.



Baugher

"People ask a lot of annoying questions in class," student Jason Trang said.

"Sometimes people ask questions that don't even pertain to the class. They dominate the class [discussion] so that other people can't ask questions or the professor can't even finish their lecture."

Unnecessary questions and tangents take away from classroom productivity and waste time, students and professors say.

Questions at least, are usually focused in class; however, peer-to-peer conversations are typically unrelated.

"If I'm sitting in the back [of the classroom] and people in front of me are talking, it

Please see Classroom, page 16

INSIDE

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Volume 49, No. 10



'Six Degrees' worth seeing in its final weekend/
P6



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Highline wrestler has big goals for the upcoming season/P11

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Weekend Weather



Showers on Friday, cloudy on Saturday and Sunday.

The Thunderword / November 25, 2009



Borrowed car stolen from East parking lot

A Honda Civic was reported stolen from the East Lot Thursday, Nov. 19.

After attending class for approximately five hours, a female student returned to where she had parked and was unable to locate her car. Security searched all of the parking lots and was unable to find the missing vehicle. The student had borrowed the car from a friend and did not know the license plate number.

Security advised her to get the license plate number and then call 911 to report the car stolen.

Car robbed in South Lot

A student reported several items stolen from his car in the South Lot.

On Thursday, Nov. 19 Security was notified that a student's Acura was robbed of a JVC stereo, Memphis subwoofer, MTX amplifier, Ipod dock station and a wallet containing \$100 cash.

The total loss was estimated at \$720.

Library dispute resolved by Security

Security was requested at the reference desk of the library to help resolve a dispute among three patrons.

At 7:45 p.m. on Friday, Nov. 20 library staff reported three people that had been arguing loudly about their personal space and were causing a scene.

All three were given a verbal warning as a result of their behavior and were informed that their behavior would not be tolerated.

They were then asked to leave campus for the remainder of the evening.

Intruder in bathroom

A female student reported that a man in the Building 30 third floor women's restroom had exposed himself, made inappropriate comments and was cross-dressing.

By the time Security arrived, the man had departed.

Security says that the man is not considered a threat, but that students should only use the appropriate bathrooms designated for their gender.

**-Compiled by
Eric Moehrle**

Monfort arraignment has been rescheduled

The arraignment of former Highline student Christopher J. Monfort has been delayed until Dec. 1. Monfort remains under treatment at Harborview Medical Center for wounds acquired while trying to evade police.

Monfort has been charged with aggravated murder in the first degree in the shooting of Seattle Police officer Timothy Brenton, as well as charges of first degree arson and three counts of attempted murder.

Give the gift of blood this holiday season

The Puget Sound Blood Center is seeking holiday donations to offset a holiday down-turn in donations.

They will be on campus on Wednesday, Nov. 25 at a bus parked outside the first floor of the Student Union. Donors will receive cookies and juice.

They are seeking donors of all blood types, although they are particularly seeking donations of Type O blood, which there is currently an extreme shortage of.

The blood donation bus will be open between 9 a.m. and 3 p.m., with a break from 11 a.m. to noon for lunch.

School activities fair deadline is looming

The deadline to reserve a table for the winter involvement fair is next week.

The Winter Quarter Involvement Fair gives clubs and other campus activities groups the opportunity to show off and attract members on campus. It is a part



Cody Warf/THUNDERWORD

Damage from an apartment fire near Highline is visible from the street outside. The apartment, a third floor unit located at 30th Avenue S. near S. 240th St. east of Highline, sustained fire damage. Local fire and emergency crews were alerted to the fire at 11:30 p.m. on Nov. 22. The two units below the apartment escaped the fire but sustained water damage. The cause is under investigation.

of the Thunder Week series of events.

The deadline to sign up for a booth is Dec. 2 at 5 p.m. The fair will be held indoors on Jan. 7, 2010 on the first floor of Building 8 from 10 a.m. to 1 p.m.

Those wishing to reserve a table should e-mail JTrillo@highline.edu with "ATTENDING" in the subject line. The fair's theme is "Seattle's Winter."

Now is also the time to request extra fliers and other resources such as electrical outlets, extra fliers, cords and laptops for the tables.

PE class will present global health issues

Tracy Brigham's PE 101 class will be setting up information booths on the second floor of the Student Union on Tuesday, Dec. 1 to commemorate

World AIDS Day.

However, instead of focusing solely on AIDS, the class will be using it as an opportunity to pass out information on many world health issues they have been studying this quarter.

Separate booths will be set up with information about AIDS, genocide, food and nutrition issues, slavery and sustainability.

Calendar

•The last science seminar, presented by Steven Swope, will cover Swine Flu on Dec. 5, from 2:20-3:30 p.m. in Building 3, room 102.

•Teri Balkenende will present on the Bubonic Plague at History Seminar on Dec. 2, at 1:30 p.m. in Building 3, room 102.

HOT JOBS

**NEED A JOB?
WE GOT JOBS!
Get your Hop on!**

Disability Awareness Coordinator-Part time Internship-#5722

The Muscular Dystrophy Association is seeking a Disability Awareness Coordinator (DAC). This person will contact local pre-schools, childcare centers and elementary schools, inviting them to participate in the MDA Hop-a-Thon Program. Good phone and problem-solving skills are a must. The DAC will be fully trained on all aspects of the Hop-a-Thon program and will be able to answer all a director's questions about the program. Strong note-taking and organizational skills are essential to this position.

Time Commitment:

Work Hours: December 1-18, 5-10 hrs/wk (flexible schedule)

January 4- Feb. 26 Monday-Friday, 30 hrs/wk (flexible schedule)

March 1-31, 10-20 hrs/wk. flexible schedule)

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

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A long way from home

Highline Japanese students fight cultural, geographic distances to learn

By KUMIKO YOKOTA
Staff Reporter

When Soichiro Uotani arrived at Seattle-Tacoma International Airport from Kobe five months ago, he was all alone.

He was on his way to study English and interior design at Highline, where he had never been and did not know anyone.

Now, five months later, he has not only Japanese friends, but American friends and international friends from other countries.

Uotani is just one of many Japanese students who come to Highline every year. Like him, they come to improve their English and to gain skills in several fields.

Uotani's life at Highline started with Kaplan Aspect, an intensive English school for speakers of English as a Second Language on Highline campus.

Since then, he said he has worked hard to improve his English, and he has learned to communicate with people in English whenever he wants.

"I told myself to finish my ESL program in one quarter and I did it. In addition, once I got into Highline, both my professors and classmates speak English very fast. I don't want to be behind them.

"Since I'm the only international student in my class, its environment forces me to speak English and helps me with making friends with

American students and international students from other countries," he said.

Uotani said he is not alone anymore.

"Of course, I miss my friends in Japan, but I've been really busy with school, and my life here is full, so I have no time to miss them," he said.

Uotani said he hopes to finish his degree at Highline and transfer to a university in New York.

Highline has about 100 students from Japan, and a variety of reasons bring them here. One of the major reasons is Highline's strong programs. Other reasons are Highline's location and diversity.

There are various kinds of schools in Japan, too. However,



Kumiko Yokota/THUNDERWORD

Highline Japanese students Mayu Saito, left, Masaru Moromisato, Yuta Funabashi, Kaito Gengo, Ryo Kojima, Minji Kim from Korea, Eriko Fujimura, Mari Okonogi and Soichiro Uotani gather in the Bistro in the Student Union.

Highline provides students not only academic opportunities, but also the opportunity to speak English at the same time.

Students say they have easy access to Seattle because of direct flights from Tokyo. Besides, once they come here, they can enjoy city life in Seattle. Moreover, the diversity is something they do not have in their home country since Japan is a racially homogeneous nation.

Rei Nonishi came to Highline after finishing her ESL program in Portland.

"I chose Highline to learn about hotel management in English," she said.

"Of course, I miss my friends in Japan [but] my life here is full."

— Soichiro Uotani

She currently has an internship at the Holiday Inn SeaTac while attending classes. "Once, a flight to Tokyo was cancelled, and then [a lot] of Japanese [people] who weren't able to speak English at all pressed around to stay overnight.

"I was really glad to help them with their check-in and realized I could be involved with the front desk team even though I worked overtime that night," she said.

Highline's knowledgeable instructors are also one of the factors that attract the Japanese

students.

"My instructors have experiences in the hospitality industry. I can learn not only theories, but what's happening in the industry," said Rie Takahashi, another student in the Hotel and Hospitality Management Program.

She said she also likes the internship system because she can see if she has the qualities needed for the hotel industry before she starts her career.

"I like Highline because of skilled instructors. For example, my writing teacher, Angi Caster, teaches exactly what we need to learn. My writing skill is really improved, and I don't have many problems in writing like I used to.

"It led me to be International Leadership Student Council," said Kaito Gengo, who is in charge of the international student newsletter, Mosiac.

Meanwhile, Japanese students say they have different purposes and enjoy their campus life at Highline.

"I came to Highline just because my Japanese university has a partnership with Highline, but I really like it here. There are many fun things I can't experience in Japan," Mayu Saito said.

Shesaidshetriestoexperience whatever she is interested in since she is supposed to go back to her Japanese university next year.

"I major in visual communication. I want to be a graphic designer. Highline is a good start to build up my future

career," said Yoshie Tamura, who is active both in class and out of class.

"I belong to the Highline Dance Team and show our performance at Highline basketball team's games. I'm glad to share my favorite thing with people from all over the world," she said.

Some students have had difficulties they didn't expect until they came here.

Eriko Fujimura and Ryo Kojima said they always have a hard time with going out after dark because it is dangerous to go somewhere without a car.

It is unthinkable in Japan due to safety and developed public transportation.

Also, as they are separated from their families, they have to do everything by themselves.

Usually their families would give them a hand if they were in Japan. However, those difficulties definitely let them mature, they said.

Yuta Funabashi said it was not easy to take care of everything all by himself. He said he had a hard time with cooking what he wanted to eat with American food, but he became more responsible for himself.

He said he was struggling to study business marketing but did

not want to give it up because he has set an objective of working for a multi-national corporation someday in the future.

"I've gotten over a lot of things, like buying a car, finding a place to live and finishing my ESL program on time. Those were not what I have to worry about when I was in Japan. But I definitely realize I've become tough through these experiences," said Uotani.

Moreover, their experiences here open their future, the students say.

Masaru Moromisato said he became more open minded to people who have different thoughts or religions. He enjoys encountering new people

and different cultures every day.

"I've built up a worldwide network of friends at Highline. I believe this helps me with my future career, life and long friendship," Eriko Fujimura said.

Rei Nonishi sees herself in the hotel industry after she gets her associate of applied science degree in Hotel and Hospitality Management.

"I want to work in the U.S. and challenge myself. It will be a great experience when I go back to Japan someday in the future," she said.

"I've built up a worldwide network of friends at Highline. I believe this helps me with my future career [and] life."

— Eriko Fujimura

Editorial comment

Highline not at fault for killing

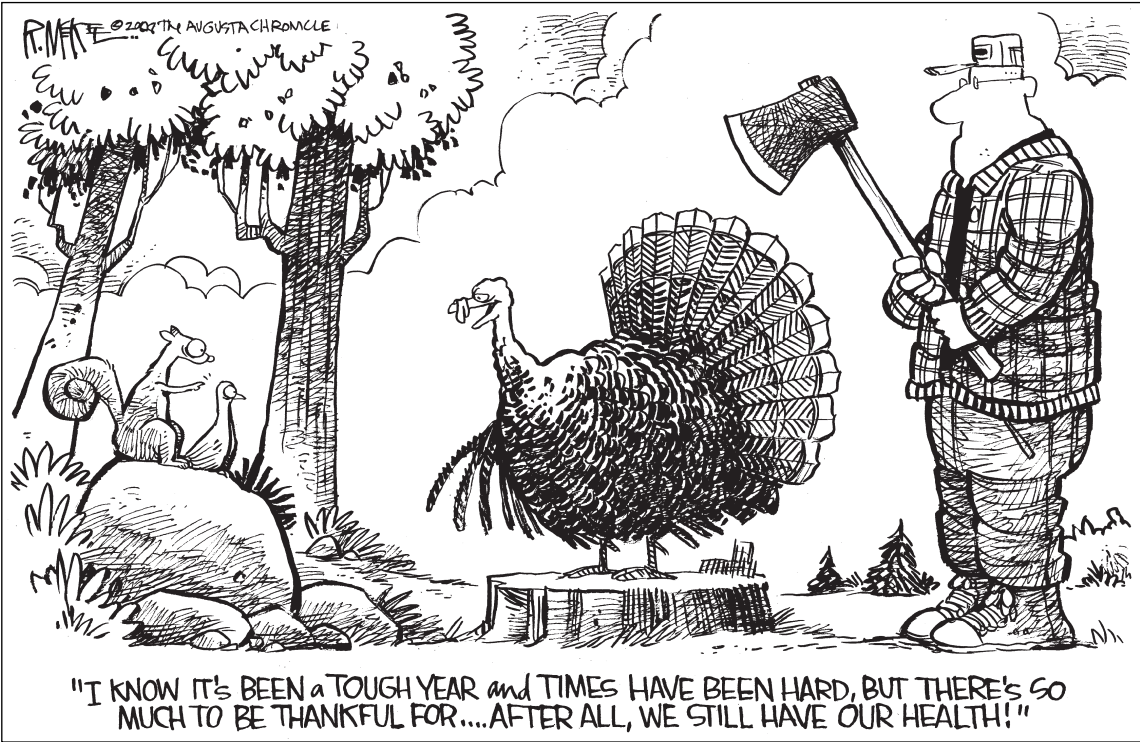
Reactions have been strong following the arrest of and subsequent murder charges filed against Christopher J. Monfort. Monfort is a former Highline student who last attended classes here in 2003. He was charged with first degree arson, three counts of first degree attempted murder and aggravated murder by the King County prosecutors. He may face the death penalty because his charges include the death of a police officer. As we mentioned last week, everybody is surprised and astonished at the idea that a former member of our community could do something like this. The surprise has carried over into, perhaps, a different stage of the grief process, with people all over the Seattle area lashing out and looking for somebody to blame. It happens often when somebody is accused of a gruesome crime. Sometimes their parents feel the wrath of the community, sometimes any groups they associate with feel it, or, as in this case, their former teachers and other educators feel it. However, most often, nobody is to blame but the person themselves.

People are often accused of influencing another person’s crimes (being “guilty by association”) but this is just a logical fallacy, meaning a misconception resulting from faulty logic or reasoning. The hasty generalization involved in the fallacy is that because person A is accused of murder, and person A was in a class taught by person B, then person B is just as responsible as person A. It also works to explain why families are often blamed for the actions of any member of that family. When it’s written out like that, it really doesn’t make sense. Accusers make other people guilty by association most often in a passionate context, which is definitely at play when the murder of a police officer is involved. When the murder of a police officer happens, it hurts especially because they give their lives to protect people. Nonetheless, it is nobody’s fault but the person standing trial and serving time for it.

Staff

I call my dad “Dad,” but I know what his name is.

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‘Dracula’ only slightly rooted in fact

New Moon, the newest chapter in the *Twilight* saga came out last Friday, Nov. 20. People were in line at movie theaters all around the country, waiting for midnight showings to begin.

In 1897, Irish author Bram Stoker wrote *Dracula*, which was adapted into films many times, most recently in 1992.

I’m not exactly sure where the obsession for blood-thirsty mythological humanoids came from, but there is a small faction of the world’s population that thinks it’s a little ridiculous.

Specifically, I’m talking about Romania, which is where my mother is from. She was born in Cluj, which is recognized as the capital of Transylvania.

Many people will be surprised to find out that Transylvania really does exist. It is the northwestern part of Romania, bordered by the Carpathian Mountains.

As ridiculous as it may seem, the legend of *Dracula* was based on a real person.

Vlad the Impaler (or Vlad Țepeș in Romanian) was a prince in Transylvania.

He was referred to as Dracula, which used to mean “son of the dragon,” because of his membership in the Order of the Dragon, created in Hungary.



Commentary
Liviu Bird

In modern Romanian, the word “dracul” no longer means “dragon,” but “devil.”

Transylvania has belonged to the Hungarians, the Ottomans and the Romanians in different times in history. Many Romanians in the region speak Hungarian, and Hungarians make up the largest minority group in Transylvania to this day.

There has been talk, in recent years, about Transylvania going back to Hungary, but I don’t think it will ever happen.

After the Ottomans took over the region, Vlad was exiled, in favor of a Turk.

Of course, he resisted, and led an army of his own into the region, ending his second exile and restoring himself to the throne once more.

He found his land in a poor state, and began a sort of reign of terror to restore order.

A common practice of his was to impale his victims on a stake, thus his historical nick-

name. As for the bloodsucking, that legend started with Bram Stoker himself, who was taking advantage of the fact that in many tales from the region, there were people that drank blood.

It is believed that Stoker didn’t know much about Vlad besides the fact that he was a prince.

Talking to people back in Romania, it’s obvious just how large and distorted this legend has become.

Although everybody shakes their head at the mention of vampires, the country does profit from the legend a little bit.

People can visit Bran Castle, just outside of Braşov, which is known as “Dracula’s Castle,” even though he was linked to many castles in the country.

There is a hotel in Bistriţa called the “Dracula’s Castle Hotel,” which is a popular tourist attraction.

Despite the fact that it does bring a little money to the country, I would be much happier without the legend.

I’m sick of people asking me if Transylvania really exists or if I’m making things up.

It makes me want to bite somebody.

Liviu needs blood, but not in the usual way.

Commentary wanted for final Fall Quarter issue

For the final issue of the Thunderword this quarter (coming out on Dec. 3), we are looking for a guest commentary from the campus community.

This can be from a student, faculty or a staff member, so if you’re not interested, don’t be afraid to spread the word to others who may be.

The subject can be anything you desire -- something in the news, something happening on campus or even something that has been on your mind for a while.

Commentaries should be 600 words or less and arrive no later than the Monday after Thanksgiving break (Nov. 30) for consideration for the Dec. 3 issue.

Please provide contact information for confirmation and clarification purposes.

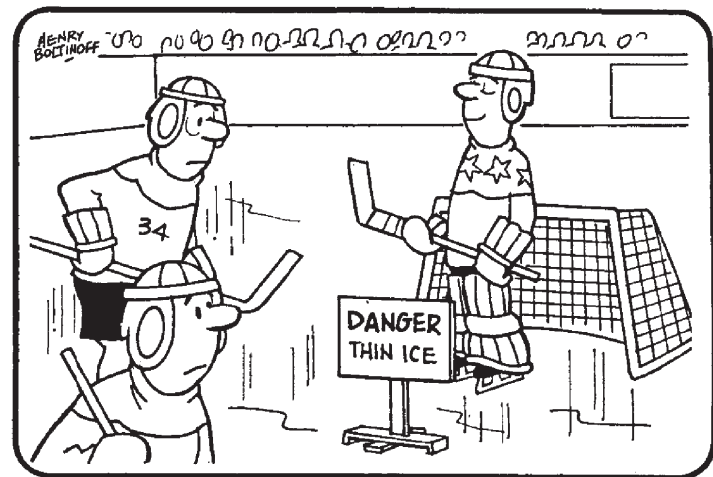
Any commentaries we decide to print may be condensed and/or edited for spelling, grammar, length and space availability.

We strive to publish all submissions, but regretfully, that is not always possible.

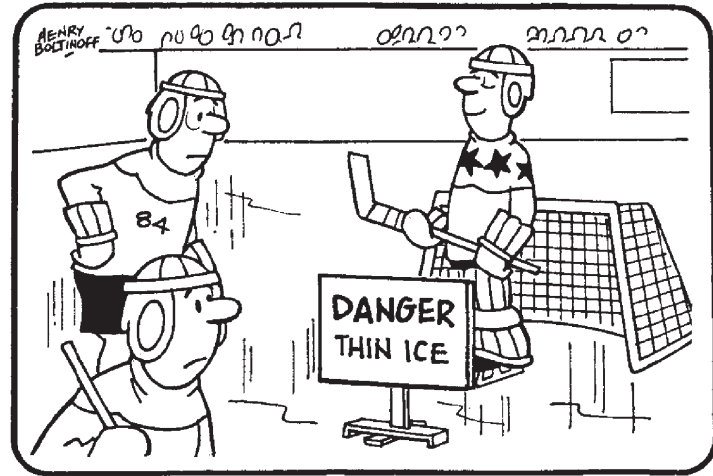
Please send submissions to the Thunderword’s opinion page editor, Liviu Bird, at lbird@highline.edu in Microsoft Word or plain text format.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. "Danger" sign is bigger. 2. Jersey numbers are different. 3. Stars are black. 4. Fewer people in crowd. 5. Hockey stick is missing. 6. Arena wall is taller.

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Seaside Sights

Across

- Hurry
- Nobel Prize subj.
- Alan and Cheryl
- Tête-à-tête
- Comedian Chappelle
- "Yikes!"
- Miracle Mets pitcher
- Tendencies
- "Do you want me to?"
- Done in
- Funhouse cries
- Together
- Releases
- Within reach
- Vegas winner's cry
- Wearer of three stars: Abbr.
- D.D.E.'s command
- "The X-Files" extras
- Up and about
- Support group?
- Kitten's cry
- Pop heros
- Ladies, first?
- Acropolis figure
- On the payroll
- Hogan's Heroes setting
- Nickelodeon's explorer
- Top of some forms
- Loser of 1588
- Chessman
- Enter without knocking
- Singer Levigne
- Baseball name
- Huff
- Piquant
- Domesticated
- Son of Adam and Eve

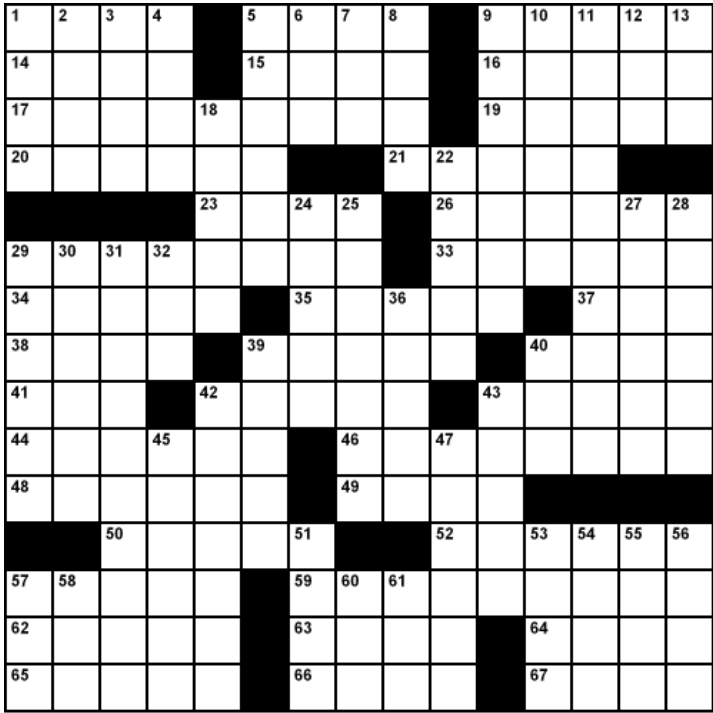
Down

- Proofs of purchases (abbr.)
- "Don't think so"
- Detailed account
- www code
- More irritable
- Saturn, for one
- Lab eggs
- Kind of wire
- Mideast nation
- AARP concern
- Former Duke basketball player
- Silent Spring subject
- Lottery-running org.
- Chin indentation
- Sharply hit baseball
- Horse of the Year, 1960-64
- Put down roots
- Christmas in Roma
- Game stick
- Letters from Greece
- Dr. ___ Brown (*Back to the Future*)
- Former Hartford NHL team
- Royal wish
- Thingamajig
- "Time is money," e.g.
- The facts of life?
- Without reason
- Driving hazard
- Draw out

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

Crossword 101

By Bill Deasy



- Kafka's birthplace
- Blind as ___
- Get wrong
- Author Rice
- "I dare you!"
- Lit. collection
- La ___, Bolivia
- "___ got it!"
- Chef's phrase
- Computer acronym

Quotable Quote

We all know that sponges grow in the ocean but I wander how much deeper the ocean would be if that wasn't the case.

••• *Source Unknown*

? Trivia

test by Fifi Rodriguez

- GEOGRAPHY: Where is the Kenai Peninsula?
- MEDICINE: What human organ is affected by Bright's Disease?
- FAMOUS QUOTATIONS: Who once said, "Man is by nature a political animal"?
- MOVIES: What famous 1960s movie featured the character Benjamin Braddock?
- COLLEGE TEAMS: What is the nickname for the University of Minnesota sports teams?
- TELEVISION: What kind of pets did Bert own on the children's show *Sesame Street*?

- FOOD & DRINK: What kind of vegetables are known as capsicums?
- GENERAL KNOWLEDGE: Who was the founder of the Salvation Army?
- AD SLOGANS: What brand of detergent touted its effectiveness against "ring around the collar"?
- ANIMAL KINGDOM: How many quills does an adult porcupine have?

- Southern Alaska
- Kidneys
- Aristotle
- The Graduate
- Golden Gophers
- Goldfish
- Peppers
- William Booth
- Wisk
- 10,300,000

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Arts Calendar

•Highline's fall Chorale concert will feature vocal and instrumental performances from the entire Music Department. The performance will showcase the Chorale, Vocal Jazz Ensemble and soloists, piano duets and guitar soloists. The concert will be held Thursday, Dec. 3 in Building 7 at 7:30 p.m. This event is free and open to the public. •The Highline Drama De-

Last week's Weekly SUDOKU

Answer

2	1	6	5	4	3	8	7	9
7	5	3	9	1	8	6	4	2
4	9	8	7	6	2	5	3	1
1	8	4	3	9	5	7	2	6
3	6	7	8	2	4	1	9	5
9	2	5	1	7	6	3	8	4
6	7	1	2	8	9	4	5	3
5	4	2	6	3	7	9	1	8
8	3	9	4	5	1	2	6	7

partment production presents John Guare's social satire *Six Degrees of Separation* at 8 p.m. and Dec 3, 4 ,5, in

Last week's crossword solution

ROADSIDE WARNINGS

E	V	A	N	S		S	T	U	D		D	A	F	T	
N	E	P	A	L		P	E	R	U		O	V	E	R	
C	R	E	T	E		R	E	S	T		G	O	N	E	
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the Little Theater, Building 4, room 122. Tickets are \$8 general admission and for \$7 students. Tickets are available at the door on the evening of performance. •Got arts news? Con-

tact the arts editor, Courtney Sankey by calling 206-878-3710, ext. 3317, or by e-mail at csankey@highline.edu. Campus events will get priority, but all non-campus

items are welcome. Please include time, date and location of the event, plus contact information.

Weekly SUDOKU

by Linda Thistle

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DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
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The Thunderword / November 25, 2009

Six Degrees gets hot opening night

Drama's fall show gets to the core of theater, acting

By **COURTNEY SANKEY**
Staff Reporter

Six Degrees of Separation opened last weekend and connected with its audience.

Debra Pralle, the director of the show, does a fabulous job of creating a realistic setting and mood to capture this controversial play. Armed with an amazing cast she forges the way through a web of lies and deceit.

It is based on the premise that every person in the world can be connected by six different people.

It is called the theory of six degrees but might be better known as the six degrees of Kevin Bacon. The premise is this; you can connect any actor in Hollywood to Bacon in six people/movies or less.

However, in the play *Six Degrees of Separation* by John Guare, a family tries to connect itself to Sidney Poitier.

Highline newcomer Pralle has said herself that she has very little directing experience.

But no one who has or will see this play will be able to tell.

The play is a fast-paced story that feels like you are with friends, listening them tell you what happened to them over the weekend.

However, they don't just tell you the story, they show it to you.

Six Degrees of Separation is



Debra Pralle



Jared Stratton, left, as Flan and Brandon Mitchell, as Paul, discussing the works of Sidney Poitier, in the Drama Department's production of *Six Degrees of Separation*.

based on an actual event, where a young African-American man gained access to and conned several upper class New York households.

In the play, the man claims that he is the son of famous actor Sidney Poitier (*Guess Who's Coming to Dinner* and *A Raisin in the Sun*).

Arriving at the house of Flan and Ouisa Kittredge, the young man, named Paul (played by Brandon Mitchell), says that he is a friend of their children, and they allow him into the house.

Paul says that he has been mugged in Central Park and says that he won't get any money until he meets his father, Poitier, the next day, and asks the Kittredges for money to get him by till he meets his "dad."

They clean him up and in return he cooks a dinner for them and their friend Portia, who is visiting from South Africa.

He charms them into letting him stay the night and when Ouisa goes to wake him in the

morning, she finds Paul in bed with another man.

A tangled web of deceit, tragedy and sexual identification begins to spin and becomes stickier as the play progresses.

The stage, which was designed and built by Rick Lorig who is a professor at Highline, has been set up to look like the interior of an art dealer's dream.

It has artwork everywhere and feels high end without looking gaudy and in your face.

There is an off center orange leather couch and a red art deco chair to the right. Hanging above the set is a double-sided Cezzane painting.

During the course of the show the Cezzane spins around and frequently changes sides, representing the changes in Paul as he gets more and more into his lies.

Newcomer Mitchell brings the eccentric and confused Paul to life with his easy and fluid air.

The monologues that he has to recite are long and contain a ton of information, the most impressive being when he rattles off at least 10 different Poitier movies including the year that they were released.

His bond with Deena Chapman, who plays Ouisa, is undeniably heartbreaking, especially in their last conversation on the phone.

The actors stand five or so feet apart and look off into the crowd and beyond, delivering their final words to each other.

Chapman delivers as Ouisa, bringing realism to the character, not only because of her age, but her experience and wisdom.

Her well-timed lines and professional attitude as Ouisa is one of the main reasons to go to this show.

Jared Stratton plays Flan

Kittredge, an art dealer who doesn't work in a gallery but instead out of his home.

He is a little uptight and very focused. He knows what he wants and will do anything to get it.

Stratton does well playing a character who is supposed to be someone who is twice his age.

It would have been a little bit more believable if he would have had a little bit of gray in his hair, or something to age him.

These three core characters lead the way for everyone in the show and the supporting actors shone through as well.

The cast worked so well together that it seamlessly would go from scene to scene with only one or two unplanned pauses.

One of the most intriguing things about the show is the fact the characters talk to you, further involving the audience directly in the production.

The characters come out to a platform at the end of the stage and deliver a speeches directly to the audience, setting up the show and other little tidbits that would have taken too long to actually act out.

They also do this intermittently during the course of the show to move things along.

This play can easily be summed up by a quote that Ouisa delivers toward the end of the show.

"Everybody on this planet is separated by only six other people. Six degrees of separation...It's a profound thought... Every person is a door opening into other worlds."

Six Degrees of Separation will be showing for one more weekend, Dec. 3, 4 and 5 at 8 p.m. in Building 4, the Little Theater.

Tickets can be purchased at the door and cost \$8 for general admission and \$7 for students.

Booms don't make a good story

They just don't make them like they used to. Movies of this day and age have a certain quality that is somewhat lacking to me.

It's not that I don't enjoy the movies that are being shown all over the world now, but the films that I grew up on just appeal to me more.

I think the reason for this is



Holding Court

Courtney Sankey

that the movies that are made today are made for one reason and one reason only, to make money and a lot of it.

In these movies it is all about the latest and greatest. The newest computer graphics, technological advances, who can out-explode the other. It seems that everyone in Hollywood is just trying to outdo everyone else.

Every now and again there will be a good story to go along with it, but for the most part they are all about the explosions or watching some poor nameless guy get massacred on screen.

Now back in the 1940s and till about the late 1960s, movies used to be about more. They actually had a good story and the acting to back it up.

They didn't need the special effects of today. Like in the classic Tarzan movies of the 1940s, they had people dressed up in actual ape costumes. Could you tell?

A little, but not enough to care. The actors actually had something to interact with, giving the scenes a sense of realism.

This may sound corny to some, but in my book it's way better than some computer-animated character that you can totally tell is computer generated.

Now, that said, I do admit that there are some exceptions.

Maybe it's just because I am a big nerd but Peter Jackson's the *Lord of the Rings* trilogy has the most amazing CGI that I have seen in a movie.

However, I think a reason that it works so well is that he actually had somebody, Andy Serkis, in a blue suit to capture his motion, giving it the realistic human feel.

I do like some of the movies that come out in this day and age. Soon enough they will stop needing actors all together, due to the fact that the computer imaging does keep getting better and better. But for the time being I think I will stick to the classic movies of old.



Sara Rosario/THUNDERWORD

Paul (Brandon Mitchell) in Ouisa's (Deena Chapman) dream.

Jazz and Chorale come together for fall concert

By JOANNA WOODS
Staff Reporter

The Music Department's upcoming fall concert will feature a collection of traditional, contemporary, and classical music.

The concert will be on Thursday, Dec. 3 at 7:30 p.m. in Building 7. It is free and open to the public.

The chorale and jazz ensemble director, Dr. Sandra Glover, put together this event.

The performance is entitled "Musick's Empire: The Mosaic of the Aire."

"I was enchanted by the analogy of music as a mosaic," Dr. Glover said.

The show will feature the chorale, vocal jazz ensemble and soloists, piano duets, and guitar soloists.

In past years the fall concert has only featured the Chorale and jazz ensemble, but this year the department wanted to try something different.

Highline's Choral Director Dr. Sandra Glover said they have put together guitar soloists, piano soloists, as well as other outstanding student individuals who are prepared to perform a solo.

The Chorale will be presenting *My Heart is Offered Still to You*, *O Occhi, Manza Mia* and *Music's Empire*, which are all high renaissance pieces by Orlandus Lassus.



Sara Rosario/THUNDERWORD

Dr. Sandra Glover, far left, conducting the Chorale as they prepare for their upcoming concert.

The end of the concert will close with the choir performing Giovanni Pergolesi's *Magnificat*.

Sheryl Akaka teaches piano and guitar classes here at Highline and has a few students performing in the show.

"We're looking forward to celebrating these students who are performing, and it's a great opportunity to put forth the guitar and piano program at Highline," she said.

Akaka majored in music education at the University of Ha-

waii and has been teaching here at Highline for about eight years now.

Akaka said her students will be performing contemporary guitar works as well as piano classics.

Students of all levels of instruction have the opportunity to perform in the fall concert.

"I have students who are performing [that] are in the beginning level classes," she said.

Snowflight by Andrew York is one of the contemporary guitar pieces of the concert and it

will be performed by Dustin Stoddard.

Kim Le, who has been studying with Akaka for three years, will be performing a duet with Akaka entitled *Dolly Suite Op. 56*.

Nancy Warren is a private piano teacher at Highline and she will be performing two duets by Faure with her student, Ashley Finauga.

For more information about the concert please contact Dr. Sandra Glover at Sglover@highline.edu.



•*It's a Wonderful Life: A Live Radio Play* will be put on by Taproot Theater starting Wednesday, Nov. 25. The show will be put on at North Seattle Community College. Performances will run through Dec. 30, except Christmas Eve and Christmas day. Visit taproottheatre.org for more information.

•Federal Way Symphony Orchestra will be performing "Color of a Coloratura" on Sunday, Dec. 6. The performance will showcase soprano Megan Chenovick. They will also be performing other holiday favorites.

The show will be held at St. Luke's Church, 515 S. 312th St, in Federal Way. To purchase tickets call 253-529-9857.

•Burien Little Theater will be presenting *Christmas With the Crawfords*. The show opens Friday, Nov. 27 and runs every weekend till Sunday, Dec. 20. Friday and Saturday shows start at 8 p.m. and Sunday at 2 p.m.

To purchase tickets go to burienlittletheatre.com, or call 206-242-5180. Ticket prices are \$16-\$20 for general admission and \$13-\$17 for students and seniors. Tickets bought online will save you money.

Burien Little Theater is located at 4th Avenue Southwest and Southwest 146th Street.

Local opera singer gets many opportunities to shine

By COLE VEEDER
Staff Reporter

This year Megan Chenovick expects to spread her wings and voice.

Local musician Chenovick is performing in several different productions in the latter half of this year.

One with the Federal Way Symphony, another with the Auburn Symphony, and a handful of events with several opera groups.

Her instrument is her voice, she is a trained vocalist with a bachelor of arts from the University of Puget Sound.

Since then, she has made herself a presence within the local opera and acting scene.

She has used her vocal talents with several opera groups in the area including the Seattle Opera Guild, Tacoma Opera, and the Skagit Opera.

The Federal Way Symphony will be putting Chenovick's voice to good use in a performance called "The Color of Coloratura."

Coloratura refers to a vocalist who sings in soprano, one of

the higher singing ranges.

"We have a great program of favorite opera arias planned, each of which shows a lot of vocal fireworks. It's a real celebration of what a coloratura soprano can do with an orchestra," said Chenovick.

"The Color of Coloratura" is a program of opera arias, each of which shows a lot of vocal showmanship.

All of the arias will be translated into English so audience members should be able to easily understand the words.

It will be concluded with familiar holiday music, which Chenovick described as uplifting and comforting during the holiday season.

The Auburn Symphony is doing "Handel's *Messiah* & Other Seasonal Treats" which appropriates the certain love classical composers had for the season, when they essentially created the sounds we associate with Christmas time.

It stars a cast of vocal soloists, including Chenovick, Melissa Plagemann, Erich Parce and the Tudor Choir.

The program will have



Kevin Clark

Megan Chenovick, who has preformed with multiple opera companies in the area, will have several performances throughout the holiday season.

Christmas carols, and then an audience sing-along including *The Little Drummer Boy*, *Jingle Bells*, *Silent Night*, *Oh Holy Night* and *We Wish you a Merry Christmas*.

In the beginning of next year Chenovick will be starring in a role in memory of the late conductor and opera ambassador

Hans Wolf. Wolf, who passed away in 2005, was a lover of operetta and self-produced many productions in the Northwest.

"I will be playing the title role in *La Périchole*, a light-hearted operetta about two Peruvian street singers trying to get married, written by Jacques Offenbach," said Chenovick.

Chenovick admitted she has had a lot of fun with her professional career so far, but for an opera singer she's still quite young.

Recognition for her works so far came in the form of an award.

"I was recently named a winner in the 2009 Western Washington Metropolitan Opera National Council District Auditions and will compete in the Northwest Regional Auditions in February, 2010," said Chenovick.

You can see her perform with the Federal Way Symphony on Dec. 6, 2009 at St. Luke's Church in the heart of Federal Way.

The church is located at 515 S 312th St. Tickets and additional information are available at 253-529-9857.

The Auburn Symphony performance will be on Dec. 2-3, at The Auburn Performing Arts Center located at 700 E. Main Steet. Tickets are \$20 for students, and more information is available at 253-887-7777.

La Périchole will be performed on Feb. 19-21

The Thunderword / November 25, 2009

Women's volleyball 'best in West' at tourney

By **BRIAN GROVE**
Staff Reporter

GRESHAM, Ore. — The Highline women's volleyball team was the last team standing in the West Division after going 2-2 at the '09 NWAACC volleyball championships.

The Highline women's volleyball team finished seventh place for the third consecutive season.

The '09 NWAACC volleyball championships were Nov. 19-21 at Mt. Hood College in Gresham, Ore.

Spokane took the title, going undefeated throughout the tournament, beating Mt. Hood in the final game, 25-11, 21-25, 25-14 and 25-20.

On Thursday, Nov. 19, Highline took on the Skagit Valley Cardinals in its first game of tournament play.

The Lady T-Birds shot down the Cardinals in three games, 25-23, 25-15 and 25-17.

Freshmen Jennifer Mooth, Ashley Nguyen and sophomore Paula Miles led the assault with 17, 14 and 7 kills, respectively. Sophomore Leticia Colon sported the highest hitting percentage of the match at 36.4 percent.

Davina Fuiava had 38 assists and libero Alessa Johnson, Nguyen, and Mooth had eight, eight and seven digs, respectively.

The team also served up three aces, but had nine serving errors.

Beforehand, the team warmed up with more intensity than in most regular season games.

"To be honest, a lot of the time we don't really have a



Kurtis Loo/THUNDERWORD

Head Coach Chris Littleman wills the Lady T-Birds to victory.

good warm up and we're kind of quiet," Colon said.

"Sometimes we don't do the hitting drill that well, but when we pepper [a high speed digging drill], if we don't do well, it's a reality check," she said.

Colon said the intensity picked up as the match progressed.

"At first it was really, really slow and then in the first game when we barely won 25-23, we were like, 'This is NWAACCs, we need the pick it up.' We were fine from there."

Colon also said Brittany Ruscha, an outside hitter for the Cardinals, was a thorn in the side for Highline.

"The outside hitter really switched it up on us every time. Then we started to read her body, and we were able to work around it," she said.

Last season, the Lady T-Birds knocked Skagit Valley out of NWAACCs, when they faced

off in the losers bracket on the first day of the tournament.

Colon said the prior match with the team definitely played a role in the team's confidence.

"We knew we were playing Skagit and the whole time were like 'We've got this in the bag,' and we knew we had good coaches who would help us with anything we missed and that history gave us a huge advantage."

This win moved Highline into the winner's bracket and on Friday, Nov. 20, the team played its second game against the Blue Mountain Timberwolves.

The Timberwolves took a bite out of the Lady T-Birds in four games, 25-14, 25-21, 20-25 and 25-22.

Nguyen, Mooth and Whitney Hodge had 15, 14 and 9 kills, respectively, while Fuiava had 43 assists and Mooth, Hodge and Kyla Henry had 3, 2, and 1 serving ace(s), respectively.

Highline Head Coach Chris Littleman said the Timberwolves were a team that Highline didn't know much about before the match.

"We'd never seen Blue Mountain or played them and I think we got a little intimidated or had some self doubt on our side of play," he said.

Although the Lady T-Birds were dominated during most of the match, they did show some resilience in the third game, when they eked out a 25-20 victory.

Littleman attributed the play to a "nothing to lose" mentality he preached to the team between games two and three.

"I said we need to play with energy, be a little quicker and it didn't look like we were having any fun. In game four, we didn't have anything to lose, we were down two games already, so it was fight or flight," he said.

Last season's tournament had plenty of arguing with the referee's, and this year was no different.

Littleman nearly earned himself a red card from the down referee after bickering with him



Kurtis Loo/THUNDERWORD

Highline's Whitney Hodge (left) and Ashley Nguyen (right) go up for a block.

on a call on a play that Littleman said risked the safety of one of his players.

One of the Timberwolves' players had a foot under the net on the Highline side, and if landed on by a Highline player coming down from a kill attempt could have resulted in a rolled ankle.

"I told the down ref he was lame," Littleman said.

With one win and one loss, the Lady T-Birds were facing elimination when they squared off against division rival Lower Columbia.

Highline had won both their previous matches during league play, but Littleman said the Red Devils were not to be taken lightly.

Before the game, Littleman said, "They're going to come to play and we should too. Anything can happen at NWAACC."

After losing the first set, they rebound and scorched the Red Devils the next two games, 23-25, 25-11 and 15-12.

Nguyen, Mooth and Miles were again the leading killers for the Lady T-Birds with 11, 10 and 6 kills, respectively. Fuiava had 27 assists and Nguyen had 13 digs.

Mooth said the team came out flat.

"We didn't play as well as we hoped, but we pulled through. We'd already had one loss, so

we had nothing to lose and our backs were against the wall."

In the final day of the tournament, Highline's run came to an end against the Chemeketa Storm.

The Lady T-Birds missed multiple opportunities to capitalize on Chemeketa's errors and eventually ran out of luck in three games, 18-25, 27-25 and 18-16.

Mooth was the standout offensive player for Highline in this match with 17 kills. Miles had four serving aces and Johnson led the defense with 14 digs.

Littleman said Highline had its chances throughout the match.

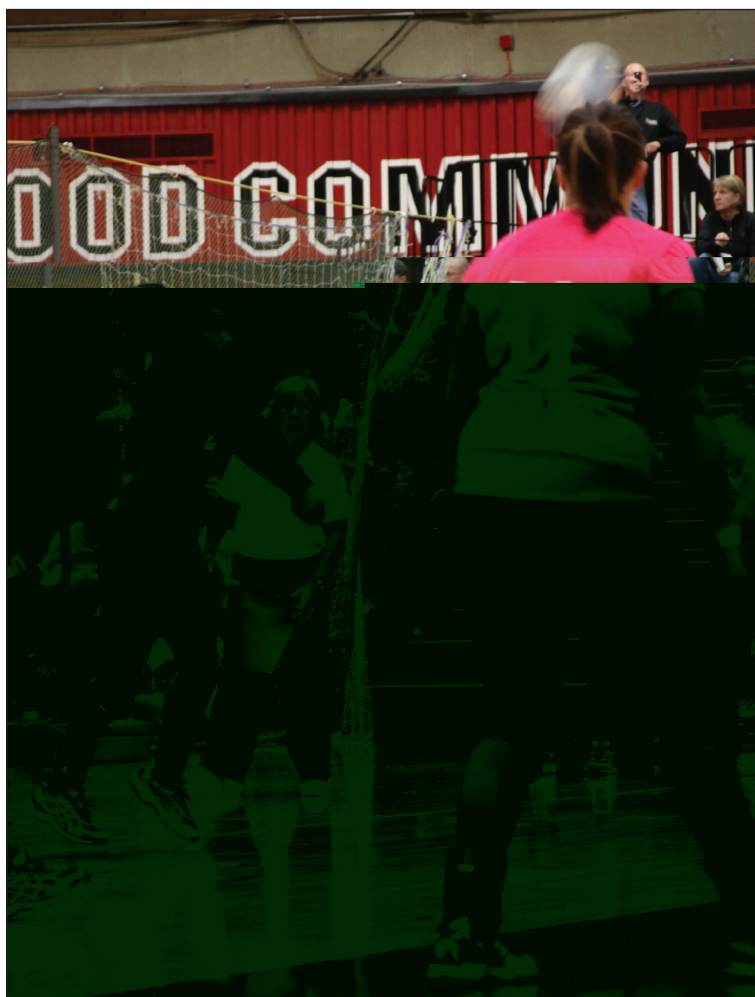
One of the major concerns for Highline going into the tournament was its depth. With only eight players, an injury could change the entire team's dynamic.

However, Littleman said he wasn't concerned with the team running out of stamina.

"In that game, no," he said. "If we kept winning, gassing out probably would have been an issue, but there's no pressure from getting replaced off the bench, so they can focus on the game."

Going into the tournament, Highline was ranked seventh.

Littleman said although they didn't win it all, it was nice to be the "best in the west."



Kurtis Loo/THUNDERWORD

Alessa Johnson returns a serve from Blue Mountain.

Lady T-Birds end season on bittersweet note

Highline plays with fire and heart, coach says

By **BRIAN GROVE**
Staff Reporter

GRESHAM, Ore. – At the beginning of the season, Highline Head Coach Chris Littleman said the team would need intensity to make it far in the playoffs.

By the end of the year, the Lady T-Birds were giving everything they had in each match.

Highline finished in seventh place at this season’s NWAACC tournament held this weekend, and outlasted every other team in the West Division, including No. 1 ranked Tacoma, for three years running.

The teams representing the West Division included Pierce, Tacoma, Lower Columbia and Highline.

Pierce was knocked out of the tournament in two games, losing to Columbia Basin and Whatcom. Tacoma fell in three, losing to Wenatchee Valley and Columbia Basin after defeating Shoreline.

Lower Columbia was the second to last team to check out for the West, aside from Highline, losing to Bellevue and Highline after beating Linn-Benton in their first match.

At the beginning of the season, Head Coach Chris Littleman said one of his goals for the team was for them to play with a lot of intensity and a “killer instinct.”

This intensity was not present until the last few weeks of the regular season and carried into the tournament.

Littleman said part of the intensity was from the sophomores realizing there were no more games after NWAACCs

and they had to leave it all out on the floor.

“With NWAACCs, there’s nothing after this year and you don’t realize it until you get here. For the first 10 games, it’s just another game, another practice, but when you get to NWAACCs, loser goes home and you have to fight to stay in,” Littleman said.

“Most teams are going fight.”

Fight is exactly what the Lady T-Birds did.

Their final match with Chemeketa went down to the wire; two of the games went into extra points.

Sophomore and Captain Paula Miles said she was happy about the team’s outstanding effort.

“I think we played hard at NWAACCs,” she said. “We tried our best, and personally I think we played some of the best volleyball we have all year at that tournament. Even though we didn’t do as well as we’d hoped, I’m happy with our results.”

She also said the team’s chemistry made it easy to concentrate on the game instead of hindered by outside distractions.

“This team got along amazingly well. It was a really nice, fun group of girls to play with,” Miles said.

“It’s easy to play on a team where you know everyone gets along and you don’t have to worry about any drama going on between anyone. You just focus on the volleyball aspect rather than what’s going on outside the court.”

Littleman said seeing his

team progress during the season has been a great experience.

“It’s very rewarding,” he said.

“To see them grow and get better and to see them play the game the way it’s meant to be played, it’s a fun thing to watch.”

With sophomores Paula Miles, Leticia Colon, Alessa Johnson and freshman Jennifer Mooth moving on, the Lady T-Birds will have some big shoes to fill next season. Mooth has freshman eligibility, but has already obtained a bachelors degree from Brigham Young University.

Littleman said he has yet to start recruiting, but has had several players inquire about playing for Highline next season.

“So now, recruiting begins,” he said.

Littleman also has the duty of appointing a new team captain.

“It’s always nice to have our setter be the captain, and I think Davina [Fuiava] is just that,” he said.

“She works hard and she wants to win.”

Looking down the road at next season’s goals, Littleman said the team might shift their focus a little toward winning league.

“Our No.1 goal is getting a team that can compete to win,” he said.

“Maybe next year we will go for league; we didn’t really talk about it. We just talked about playoffs because we knew we were going to get there.”

Highline volleyball is done for the season, but will resume this summer when the team begins preseason play.



Kurtis Loo/THUNDERWORD
Highline plays against Skagit Valley in their opening match at the NWAACC tournament.



Kurtis Loo/THUNDERWORD
The Highline women’s volleyball team finished seventh in the NWAACC tournament at Mt. Hood in Gresham, Ore. Pictured above, Highline wears their new pink jerseys in their second match of the tournament against Blue Mountain. At right, the team celebrates a point in their match against Skagit Valley.



Highline's first-game struggles continue

By **CHRIS WELLS**
Staff Reporter

The Highline men's basketball team had no luck with the Peninsula Pirates last Saturday as they stumbled to a score of 87-72.

Over the last five years, Highline has now lost their first game four times. They also lost their first game to Peninsula two years ago.

T-Bird Head Coach Ché Dawson said that he didn't have the team ready for the game in Port Angeles.

"I didn't prepare us well enough," Dawson said. "We competed for a half."

"We did not compete in the second half. We have to be tougher mentally and physically."

Although the game was tied at 37 at half time, Dawson said in the second half the team stopped doing what was working.

"It was close for the first few minutes of the second half and then we stopped competing," Dawson said.

"We made the game way too easy for them offensively. They got way too many high percentage shots. We also failed to get

the basketball inside consistently."

For Dan Young, Highline's 6'10" sophomore forward, the game plan they had at the beginning of the game broke down and they were unable to adjust.

"We didn't play particularly well. I think a lack of mental preparation and intensity was the biggest problem," Young said.

"We didn't really know how to react when our game plan was to pound the ball inside and they full fronted us. They also out hustled us, especially throughout the second half."

Leading the way for Highline was Julian Fernandez, a 6'3" sophomore guard from Enumclaw High School, with 14 points and six rebounds.

Also stepping up for the T-Birds was a freshman in his first collegiate game.

Darnell Williams, a 5'10" guard out of Curtis High School, finished with 12 points and five assists.

Dawson said for freshmen, such as Williams, this is an important game to have to figure out what the team is looking like going forward.

"It's very important. We schedule games like Peninsula



Bill Schlepp/THUNDERWORD

Antonio Gonzalez and Garin Peyton go up for a rebound at practice as Stephen Reinhart looks on.

so that we can find out where we really are early on," he said.

"A little taste of humble pie is a good thing, especially if you

handle it the right way. I know I ate some. We need to come together and figure out what type of team we want to be."

Next up for the T-Birds will be their first home game of the season against Spokane on Dec. 4 at 8 p.m.

Women's basketball learns more from losing than winning

By **CHRIS WELLS**
Staff Reporter

The Lady T-Birds basketball team showed promise for the upcoming season this past weekend in the Shoreline Shoot out finishing with a record of 1-1.

In the first game of the two-day tournament, Highline squared off with the Dolphins of Shoreline and proved that they were the far superior team with a resounding final of 79-48.

Leading the way to the victory was Heather Hitch, a 5'11" freshman forward, who finished with 11 points, four rebounds and four assists.

Also playing a major role to the early season win was Ariassa Wilson, a 5'7" sophomore guard. She finished with 12 points and three steals.

Although showing dominance against Shoreline was good, Highline Head Coach Amber Rowe said that the game against Lane was more valuable to the team in the long run.

"It was a good effort for our first game. They were not as talented as we were and it showed. We intimidated them early with our full-court press and they never recovered. It was nice because everyone got to play a lot of minutes and get a taste of col-



Bill Schlepp/THUNDERWORD

Sophomore guard Jaki Fairfield takes a shot against Freshman Bree Morkert-Burling at practice on Thursday Nov. 19.

lege basketball," Rowe said.

"However our game against Lane is more the speed and level we need to play. Shoreline was nice, but it didn't help us improve as much as the beating by Lane did."

Despite playing well in the

first game, Highline showed some signs of weakness against Lane, the defending NWAACC champions, losing 89-59 in the second game.

The major contributor for Highline in this one was Jaki Fairfield, a 5'7" sophomore

guard, who finished with 16 points on six of nine shooting from the field.

Although they are a different team every year, Rowe said she considers Lane as tough as any game they can play in the NWAACC.

"Lane has won the NWAACC Championship at least four times in my seven years at HCC, so I look forward to playing them early every year so that we can get an idea of where we stand and what we need to do to win a title," Rowe said.

In the first half of the game, the Lady T-Birds held their own against Titans, 39-27, Lane.

In the second half however, the Titans exploded with 50 points and never looked back.

"We played with them for the first half," Rowe said.

"The starters played well, but we need to get more production out of our bench, which is mostly freshmen, so really Lane was like their first game," she said.

The all-tournament team featured two Highline players: Hitch and Fairfield.

Before the next game, Hitch said that the talking on the court would need to be improved if they wanted to play better.

"I think we just need to make sure we are always communicating," Hitch said. "In the second half of the second game, it went down and it affected the way we played."

Next up for Highline will be Treasure Valley on Dec. 4 at the Bellevue College Tournament. The game will take place at 5 p.m.

Wrestler Giovaninni shoots for No. 1 at Nationals

By **JORDAN HALE**
Staff Reporter

Highline wrestler Marshall Giovaninni is ranked No. 2 in the National Junior College Athletic Association at the 157-pound weight class and is shooting for a national title to conclude his final and biggest season yet.

Giovaninni has been wrestling since the age of 5.

"My father was the one who got me into wrestling," Giovaninni said.

Giovaninni's father was one of the first All-American wrestlers at Pacific Lutheran University.

During his first years of wrestling, Giovaninni took a break in his short career due to his lack of interest. At age 12, he came back to the wrestling scene. He wrestled on the Puyallup Falcons youth wrestling club.

In high school, Giovaninni was a top competitor. He placed in the top 10 for his weight class



Bill Schlepp/THUNDERWORD

Marshall Giovaninni (right), takes on Jason Grey at practice on Nov. 18.

in the state 4A tournament three times, including a second-place finish his senior year.

After graduating from Rogers High School, Giovaninni then went on to wrestle at Boise State University.

After a short-lived term at Boise State, he returned home to wrestle at Highline.

"It's a long story, but it was an accumulation of things that led to me wrestling in-state, including a long-term girlfriend I have had," Giovaninni said.

"In Washington state, you basically get two choices in the

NJCAA; you can either wrestle at Yakima Valley or Highline," said Giovaninni.

"I have a great relationship with the coaches here, and Highline is the best local, competitive college, which is why I came here."

"Wrestling definitely helps pay for school, thanks to scholarship money," he said.

But for Giovaninni, it's more than that – it's a way of life.

"I just flat out love to wres-

tle," he said.

Two years ago in the national tournament, Giovaninni placed second in a very close match.

"I want to be No. 1 in the nation," Giovaninni said. "The team works incredibly hard as a group, and everybody is hungry for that national tournament."

Last year, Giovaninni sustained a right shoulder injury that kept him out for the majority of the season.

"I was told that I tore quite

a few muscles in the back of my shoulder, but after staying off it, I was able to rehab pretty quick," Giovaninni said. "It's not even a problem this year."

This year, the spirits on the wrestling team are high.

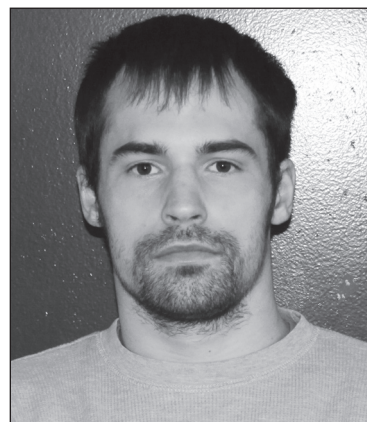
"We have three returning All-Americans this year including myself," said Giovaninni. "This is the best team we have had here at Highline since I have been here, and we expect to do extremely well this year."

To make it to the national tournament, a wrestler must place in the top three in the regional tournament. This year, the regional tournament will be held at Highline, giving the wrestling team the home-field advantage.

"Not only do I want to make it to the national tournament, but I want to help bring along as many guys on the team [as possible] as well," said Giovaninni. "This year, we are working hard for each other, and a big goal of mine is to help make everybody better."

After this year, Giovaninni said his No. 1 choice is to transfer to St. Cloud University in Minnesota.

Depending on how well he performs the rest of the season and in the national tournament, he said he may receive other offers from colleges around the nation.



Marshall Giovaninni

Wrestlers, unable to place, still looking up

By **JONATHAN BAKER**
Staff Reporter

The Highline wrestlers proved to be a strong team overall, but were unable to place in the Fullerton Open this past weekend.

The meet included five NCAA Division I wrestling programs and more than 340 wrestlers.

Highline's wrestlers started the tournament with 12 straight wins with no losses.

"It was impressive, and the best team performance I have ever seen since being at Highline, Coach Scott Norton said in an online post.

Aaron Smith (133), Jason Gray (149), Marshall Giovaninni (157) and Tyler Story (165) all made it to the quarterfinals.

Marshall Giovaninni made it to the semi-finals before falling. He was forced to withdraw due to an injury he sustained in his quarter-final match.

"In this meet, he wrestled the

best he has all year, with the exception of the last match," Norton said.

Smith was able to defeat three straight Division I wrestlers before losing to the eventual champion Todd Wilcox of Grand Canyon University.

Norton said Smith is clearly capable of wrestling at the Division I level and, "He is one of the most exciting wrestlers I have ever coached."

"The constant question we were asked throughout the tournament was, 'Are you guys Division II?' and 'Where is Highline?'" Norton said.

"For teams to be asking if we are Division II – that's a great compliment. We have easily the best team I have ever coached at Highline."

"Had it been the national tournament, we would have been in the top three. It's an encouraging sign," Norton said.

Highline's next meet is the Yakima dual, Tuesday, Dec. 1 at 7 p.m. in the Highline Pavilion.



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Don't be a stuffed turkey: Eat smart this season

By DYLAN FEELEY
Staff Reporter

When trying not to overeat, being mindful that portion control is the best thing to do, many health experts agree.

People often mistake the holidays as an eating contest, which it is not, and this can cause some people to pack on the pounds. A few simple guidelines and some self-control will make a huge difference if you want to stay healthy during this year's holidays, experts say.

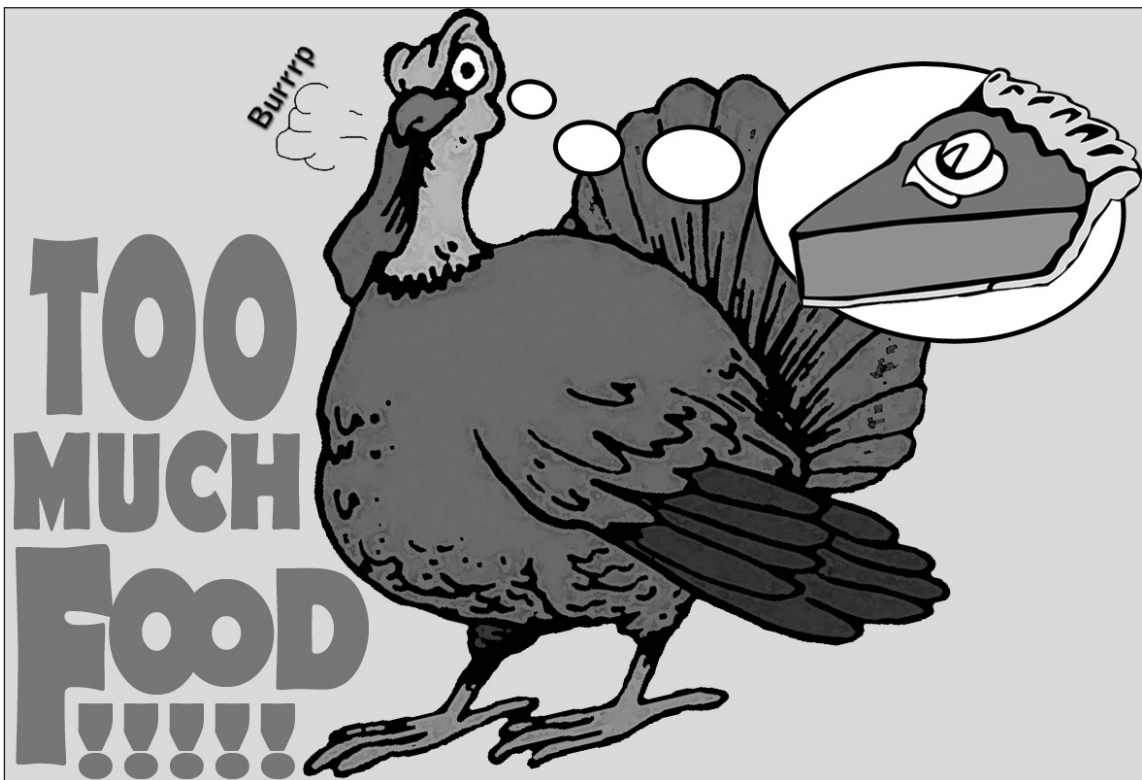
According to certified athletic trainer and emergency medical technician Jim Dillon, it is simply, "a matter of eating sensibly."

Eating in moderation is crucial. People need to "be aware of the portions they are eating," said Dillon, the head athletic trainer for Todd Beamer High School.

"One trick for portion control is to use smaller plates. This makes the diner think they are eating a larger meal," Dillon said.

Also, many overdo it on snacks before dinner. People sit around watching football, chatting and doing as little as possible, he said.

During all of this, people usually munch mechanically, particularly while having a bev-



Jessica Lovin/THUNDERWORD

erage.

"People get about a quarter of their calories from what they drink," said Highline Physical Education Instructor Darin Smith.

A great example is eggnog, a holiday favorite, which can contain 350 calories per cup, Smith said.

Soda and alcohol also contain lots of calories.

Often people substitute diet drinks so they can enjoy all the good stuff, guilt free. However,

"Diet drinks are no better because they encourage people to eat more," Smith said.

The best solution is to drink water, he said.

"It is fat-free, has no calories and acts as an appetite suppressant," Smith said.

Having healthier eating strategies is a huge help.

First of all, eat slowly, Smith said.

"It takes 20 minutes for your brain to realize the stomach is full," he said. "So during the

meal, take your time to enjoy the company and talk with family."

It is also helpful to have some healthy snacks, such as carrot sticks, fruit, or nuts, he said.

Eating fiber rich foods, vegetables and oatmeal, before going to a party will fill you up so you do not eat so much.

Be careful with dressing, gravy and dips, Dillon said.

Particularly be careful with salads because people think the dressing is healthy too, but that

is where most of a salad's calories come from, he said. A good technique to amend this common mistake is to put the dressing in a bowl to the side and dip with each bite, said Dillon.

A tip for those of you who get stuck with the leftovers is to not keep all of the sweets at home. Take some to work and share with your friends, Dillon said.

Also be conscious of your eating triggers. These triggers cause you to eat even when you are not hungry. Some eating triggers are: "emotions, habit, weather, boredom, peer and/or family pressure and holiday stress," Smith said.

Do not deprive yourself during the holidays. Some people starve themselves by not eating breakfast or lunch the day of a get-together; this slows down a person's metabolism, making their body unable to burn as many calories as normal. Those who do this also end up overeating later on to make up for lost calories, he said.

"Do not let the holidays be an excuse to be lazy," Smith said.

Getting exercise during the holidays is important since people are eating all of the good, fatty foods, he said.

Go on a walk before and after dinner with the family, or play a game of football in the yard.

Six clever ways to stick with exercise program year round

Question: What suggestions do you have for sticking with an exercise program?

Answer: Starting a new exercise program is a great step toward lifelong fitness and overall good health.

Sticking with a program over time, however, can be more challenging than the exercise itself. Here are some tips to keep your motivation up and your feet moving.

Pick an exercise you enjoy. Think about what activities you already have fun doing and about how they can play a role in your program. You are more likely to stick with a program that's enjoyable.

Do you like to take your dog for his daily walk? Keep track of how far you walk and start adding in more distance over time.

Do you like to go with your family on neighborhood bike rides? Hit the road and try different bike trails in your area.

Schedule exercise into your day. Treat your workout schedule like you would a doctor's appointment or a date night. Look at your daily schedule and find



Ask a personal fitness trainer

Suzy Guttormson

out where exercise will fit in.

If you can't carve out an hour block of time for exercise, try breaking it into chunks of time throughout the day; for example, in two half-hour or three 20-minute blocks.

Find ways to sneak exercise in during the rest of your day. Park your car further away from where you need to be. Take the stairs instead of the elevator.

Exercise is a personal commitment worth keeping.

Make reasonable goals. Start with a long-term goal you have for yourself, for example, being able to complete a 5-kilometer race (3.1 miles). Then, work backwards to set short-term goals to aim for throughout your training that will help you stay motivated (for example, being able to complete a one-

mile run).

Make sure these goals are SMART: specific, measurable, action-oriented, realistic and time-based.

Reward yourself. When you meet a goal, reward yourself. Stay away from food rewards; pick something that will make you happy and will keep you motivated to continue your program.

Tell a friend. Sharing your goals with a friend or a family member can not only help you stay on track by being accountable, but you just might motivate them to join you.

Talk to yourself. If you're tempted to skip an exercise session, remind yourself how good you feel after working out.

If you feel discouraged that a goal was missed, tell yourself you are still making time for exercise and you can re-adjust the goal.

Encourage yourself as much as you would encourage family or friends trying to reach the same goals.

Suzy Guttormson is a student in the Personal Fitness Trainer program at Highline.

Students don't fear flu

By ANDREW PHETSOMPHOU
Staff reporter

Highline students say they are not concerned about the swine flu.

About 80 percent of the 100 students surveyed said that they aren't worried about the swine flu and feel that it is just like any other sickness.

"I feel like it has the same effects as the regular flu," Amanda Sills said.

Many of the students surveyed knew at least one person who contracted swine flu but all of them recovered.

A majority of the students say they try to stay clean by washing their hands and using things like hand sanitizer, avoiding sick people and taking their vitamins more often. In taking these precautions, they hope this will

prevent them from getting the swine flu.

"I've always been careful about washing my hands and making sure I don't sneeze on people," Highline student Susan Dahlin said.

Many students at Highline don't plan on getting the swine flu vaccine because they have heard that it is not fully developed and are afraid of side effects. Many don't think they will get the flu.

"I heard about the vaccine and they don't know how the results will turn out," Diandra Teixeira said.

Some students believe that swine flu only affects new-born babies and elderly persons.

"Young children and people with weak immune systems should be worried," Emmanuel Skalikeo said.

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There is no need to thaw your turkey

Turkey frozen? Go ahead and cook it, expert says.

If you're in charge of cooking the Thanksgiving turkey, you may not have to plan as far ahead as you thought you did, according to Iowa State University Extension food science specialist Sam Beattie.

"Cooking a frozen turkey is an acceptable and safe way to go," Beattie said. "The advantage to cooking a fully frozen turkey is that the frozen juices do not contribute to cross contamination issues in the kitchen."

A 13- to 15-pound turkey will take about 5 1/2 hours to cook from the frozen state in a 325 F oven. The giblets and neck can be removed after about 2 hours of cooking.

"The key requirement is using a thermometer to make sure the temperature reaches at least 165 F," Beattie said. "At that temperature, some of the meat may still be pinkish but it is safe to eat according to U.S. Department of Agriculture tests."

Traditional instructions have recommended cooking poultry to 180 F until recent USDA tests showed that 165 F was sufficient. The Turkey Federation continues to recommend 180 F because this ensures that the meat is no longer pink, yet will remain juicy.

"The higher temperature also makes the turkey easier to carve," Beattie said. "As always

and regardless of the way it was cooked, letting the cooked turkey rest for one-half hour will improve the flavor because some of the juices get reabsorbed."

Safe food handling after the big meal also is important.

"Crammed refrigerators make for poor cooling because of reduced air flow around the items," Beattie said. "Putting leftovers in several smaller containers instead of one or two larger bowls also helps cool foods faster."

When storing leftovers, food safety experts recommend that the temperature of hot food should drop below 70 F within two hours after placing into the refrigerator. Warm or hot foods should not be allowed to sit on the countertop until they reach room temperature before being refrigerated.

"Ideally, the food should remain above 130 F until it is placed into the refrigerator and then it should cool to below 70 F in two hours and below 40 F in another 4 to 6 hours," Beattie said.

"The major illness-causing bacteria in cooked meat and gravies slows its growth at around 70 F and does not reproduce well below this temperature," Beattie said. "Frequent hand-washing as well as using paper towels also helps reduce the risk of foodborne illness spoiling your holiday festivities."

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Let's talk about turkey

- Turkeys originally existed in the eastern U.S. and Mexico, where Aztec Indians were raising them for food as early as 200 B.C.
- The modern large-breasted turkey bred for the Thanksgiving table is too heavy to fly under most circumstances.
- Wild turkeys can fly for short distances up to 55 mph and can run 20 mph.
- The average weight of a turkey purchased at Thanksgiving is 15 pounds and is about 70 percent white meat and 30 percent dark meat.
- The heaviest turkey ever raised weighed 86 pounds, about the size of a large dog.
- The ballroom dance the "turkey trot" was named for the short, jerky steps that turkeys take.
- In England, 200 years ago, turkeys were walked to market in herds. They wore booties to protect their feet.
- Age is a determining factor in taste. Old, large males are preferable to young toms



(males) as tom meat is stringy. The opposite is true for females: old hens are tougher birds.

- Wild turkeys often spend the night in trees. They especially like oak trees.
- Henry VIII was the first English King to enjoy turkey, and Edward VII made turkey eating fashionable at Christmas.
- Israelis eat the most turkey: 28 pounds per person. The average American eats almost 17 pounds of turkey annually.

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Nap time and turkey go hand in hand

Some people say tryptophan, an amino acid found in turkey, has proved itself to be an effective sleep aid, causing that post-Thanksgiving meal sleepiness.

Tryptophan is a precursor of serotonin, a neurotransmitter produced in the brain that can affect mood, according to Delores Takemoto, a professor of biochemistry at Kansas State University. Serotonin can give you a calm and happy feeling.

But Scott Beyer, a professor and poultry researcher at K-State, said that while scientific research shows tryptophan can make people sleepy, it's not the only reason for that post-Thanksgiving meal sleepiness.

Only a small percentage of tryptophan can be found in turkey, Beyer said. The sleepiness caused after a Thanksgiving dinner probably has more to do with the actual meal, which is high in fat and carbohydrates, he said, and if you had any alcohol with the meal.

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Timing is everything when it comes to turkey

This chart will help you in roasting the perfect turkey. Roast the turkey until temperature reaches 170 degrees F in the breast and 180 degrees F in the thigh. Cooking times are for planning purposes only -- always use a meat thermometer to determine doneness.

Approximate Timetable for Roasting a Turkey (325 degrees F):

Unstuffed Turkey	
8 to 12 pounds	2 3/4 to 3 hours
12 to 14 pounds	3 to 3 3/4 hours
14 to 18 pounds	3 3/4 to 4 1/4 hours
18 to 20 pounds	4 1/4 to 4 1/2 hours
20 to 24 pounds	4 1/2 to 5 hours
24 to 30 pounds	5 to 5 1/4 hours
Stuffed Turkey	
8 to 12 pounds	3 to 3 1/2 hours
12 to 14 pounds	3 1/2 to 4 hours
14 to 18 pounds	4 to 4 1/4 hours
18 to 20 pounds	4 1/4 to 4 3/4 hours
20 to 24 pounds	4 3/4 to 5 1/4 hours
24 to 30 pounds	5 1/4 to 6 1/4 hours

Source: National Turkey Federation. (c) 2009 King Features Synd. Inc.



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Students say they don't want to get malled

By DYLAN FEELEY
Staff Reporter

Many Highline students will not be participating this year in the shopping frenzy on Black Friday.

Black Friday is the Friday after Thanksgiving when retail stores have some of their biggest discounts of the year in preparation for the upcoming holidays.

The reason many Highline students will not be taking part in Black Friday is not because of any financial trouble due to the economy.

It is because of the chaos caused by this competitive shopping day.

They say the holidays are about more than great discounts.

Some Highline students cannot deal with the waiting involved, such as Jina Milius, who last year "stood at Toys 'R' Us for two hours," she said.

Others dislike the violent rush shoppers are in during the sales and think the chance of getting a great price for something shiny is not worth the trouble of Black Friday.

"I might as well get it another



Jessica Lovin/THUNDERWORD

day," Nathan Hart said.

Some students are wary of the masses of people who gather during this shopping day.

Kao Choy said he will not be shopping on Black Friday because "it's too crowded."

However, some Highline students have felt a squeeze from the economy.

One such student is Anthony Sierra, who will not be shopping on Black Friday since he is working less.

"They cut our work hours," Sierra said.

Another result of the current state of the economy is that some will spend less on gifts than they did last year. For many money is tighter, causing them to be

thrifty with their purchases.

Olivia Bement said in her family each person is responsible for getting one other person a single gift.

A few, such as Highline student Johnny Lorn, are out of work.

"I was let go during the holidays," said Lorn.

Despite negative feelings surrounding Black Friday many say they still look forward to getting their share of the great deals.

Some people enjoy the intense, competitive atmosphere of Black Friday, such as Sydney Trussler who described herself as "brutal" during Black Friday.

Peter Kim said he is excited for the shopping opportunities provided by Black Friday.

Kim said he will be stopping at some of the more popular stores such as the Apple Store, Best Buy and Nordstrom.

Wyatt Gavino, Highline student, said that he will be avoiding the malls and "dippin' off to the mountains."

"Hopefully, with everyone out shopping, the mountains will be free and clear for me to go boarding all day," he said.

Friday

continued from page 1

experts and have changed their way of handling the crowds.

"Every store has a specific plan to help them with the crowds. It's not a companywide policy anymore," said Anna Taylor, Wal-Mart spokeswoman at company headquarters in Arkansas.

"If people go to Walmart.com, they can now view the door buster deals and plan their trip. Customers can view the layout of their local store and see exactly where in the store each item is located. This will allow them to find exactly what they want and not have to travel around the whole store," Taylor said.

While Black Friday is one of the largest shopping days for the retail sectors it is not always that way for every store.

"There is no doubt Black Friday is an important shopping day, but is it Nordstrom's most important shopping day? No," Colin Johnson said, Downtown Seattle Nordstrom spokesman.

Johnson said the Nordstrom Anniversary Sale is the biggest sale of the year.

Matanane of Best Buy says it depends on how you measure biggest.

"By far it is our largest day

based on revenue. But if you look at profitability we actually make more in the days leading up to Christmas than we do on Black Friday."

Matanane said that a lot of the reason for the intense shop-

ping is due to "the Black Friday stigma."

"People believe that they are going to get the best deals of the season on that day and that day only regardless if that is true," he said.

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The *magic* of science revealed

Science Seminar show combines physics, fire and fun to illustrate everyday principles

By **TAYLOR GARFIELD**
Staff Reporter

The third annual Physics Magic Show was presented at Highline's Science Seminar last Friday, Nov. 20.

The three presenters were Richard Bankhead, professor of engineering; Gregory Reinemer, professor of physical science; and Dr. Ben Thomas, professor of music.

The three combined their knowledge with a hint of comedy to present an array of different scientific experiments that left the crowd amazed.

The show consisted of experiments from the three separate departments they represented.

"For the show, we put together a collection of our best in-class demonstrations in a fun



Lisa Anderson/
THUNDERWORD

Dr. Ben Thomas (top right), Gregory Reinemer (top left) and Richard Bankhead (bottom right) present the Physics Magic Show.



and entertaining format to introduce the audience to the physical laws which govern our universe," Bankhead said.

One of the experiments involved centrifugal force.

Reinemer poured a glass of water, put it on a flat plywood surface and had a rope tied to the sides so that the surface would be able to swing.

He stood on a stool and was able to swing it around a full 360 degrees.

Not a drop of water was spilled.

The show also played around with magnetism.

A magnet was dropped through a copper pipe. It took the magnet eight seconds to go through the pipe.

Within the time it took the magnet to travel through the pipe, Bankhead was able to bounce a golf ball multiple times.

Another experiment involved liquid nitrogen.

The liquid nitrogen was used to freeze a medical tube. Normally, medical tubes are soft and flexible, but after they dipped this one in liquid nitrogen, it was so hard that they were able to pierce plywood with it.

They essentially transformed the medical tube into a nail.

Another experiment they did involved air pressure.

They created a kind of "air cannon." First, they placed a ping-pong ball in a long pipe. Then, they sucked out all the air in the pipe through a vacuum.

There was no air left in the pipe. The back of the pipe was tightly covered with foil, blocking air from getting back into the pipe.

The foil cover on the back was then punctured, and with all the air entering into the back of the pipe, the ball was then shot through the side at a high speed.

The finale of the Physics

Magic Show ended with Dr. Thomas and a fiery musical performance.

"We were very lucky to have [Dr.] Ben Thomas join us to help us explore the behavior of sounds waves in tubes," Bankhead said.

Dr. Thomas used a vibraphone to control the motion of a fire that came from a long pipe called a Reuben's flame tube.

With each note of the vibraphone, the vibrations sent through the air increased the intensity of each flame.

"I hope that the audience not only gained a better appreciation for how things work, but also a desire to consider exploring science," Bankhead said.

Bankhead said there will hopefully be more demonstrations in next year's show.

"We look forward to returning next year. We will start planning soon for next year's show," he said.

There will be no Science Seminar this week due to the Thanksgiving holiday.

The next Science Seminar will be held on Dec. 5 in Building 3, room 102 at 2:20 to 3:10 p.m.

The presenter will be Professor Steven Swope from the Respiratory Care Program, talking about swine flu.

Student has hope his country will attract visitors

By **RACHELLE ECKERT**
Staff Reporter

Americans are more likely to talk about a wider range of subjects than people in Indonesia are, a student from there recently said.

Ricky Ulim is a Highline student and member of the Cultural Exchange Club.

Native to Papua Island in East Indonesia, he came to America to learn about hospitality and bring his education back to Indonesia.

He talked about Indonesia on Nov. 16 as part of International Education Week.

"I want to study about hospitality and tourism management because there are a lot of beautiful places in Indonesia that we can sell to the world," Ulim said.

Since Ulim has been going to Highline, he has noticed some similarities and differences between the U.S. and Indonesia.

"In America, you can talk about everything," Ulim said.

Americans talk about anything they want, he said. They are always talking about something.

In Indonesia, the people are more likely to talk about religion than other things, Ulim said.

"Indonesia is the country of a thousand faces because of its

diversity and because the people come from different cultures and different places," he said.

Indonesia is home to many cultures and different skin colors because the islands were colonized by several different countries, such as Japan and the Netherlands.

As their national motto says, "we are different but we are one," the country is united through its differences in culture, Ulim said.

In several parts of Indonesia, when a boy wants to be considered a man, he must jump over a huge rock.

Once the boy can successfully jump over the rock, the community considers him a man and he can get a job, get married and have a family, Ulim said.

Indonesia is unique because it is spread out over more than 17,000 islands.

The country has a wide range of temperatures, from tropical weather to snowy mountains; which is the region where Ulim is from.

Indonesia has the biggest flower in the world growing on its islands, the Rafflesia arnoldii. It is almost the size of a person, Ulim said.

Ulim said he wants to "promote and make all the places in Indonesia an international tourist destination."



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Classroom

continued from page 1

distracts me,” student Aleksander Andriyuk said. “It’s hard to pay attention. If they are not talking very loud, the professor does nothing.”

Student Jennifer Pischenko said classroom distractions are a nuisance.

“Different groups of friends come into the classroom, they bond, they laugh and that makes them comfortable, but it really distracts me,” Pischenko said.

Talking in class is no laughing matter, and the rate of classroom conversations only seem to get higher as the age of students gets lower.

“There is a big difference between older and younger people. Students who are younger tend to talk more. Younger students



Marcus Daniels/THUNDERWORD

tend to talk about their personal life and that’s more distracting to me,” student Francis Aboy

said.

The subject was the topic of a panel discussion at the faculty

professional development day in October, at which several professors expressed frustration

with student behavior.

Students may think they can still pay attention to a lecture while doing something else, but research has shown that multi-tasking can interfere with learning, Dr. Baugher said.

However, nobody is focused all the time, he also said.

“No student can concentrate 100 percent of the time. People daydream and look around the classroom and I have no problem with that,” he said.

Daydreaming may not be a problem, but a student arriving late to class is.

“When students walk into class late, it bothers me. I have a pet peeve about that,” Dr. Baugher said. When students walk in late, and people pay attention to them, it’s a distraction.

“If students persist on walking in late to class, I lock the door,” he said.

Violence

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case further because the assailant may have known the victim.

Collins said that the suspect used his fists to deliver multiple

blows to the back of the victim’s head.

“It was at this point that the victim dragged [his attacker] to the ground in an effort to stop the assault,” Collins said. “The secondary suspect then began kicking the victim.”

“A library staff member who

was locking up called 911 and the two suspects fled west,” Collins said.

Monica Luce, the interim dean of Instructional Resources at the Highline Library, said that her staff witnessed the violence.

“It was outside the main

exit,” Luce said. “[The staff] heard raised voices, they looked out the window and saw that an assault was happening.”

Richard Noyer, the supervisor of safety and security at Highline, said that as the assault occurred two phone calls were made: one to the security office,

and another to 911.

Noyer advises students to be especially cautious at night and to exercise good judgment.

“Be non-confrontational,” Noyer said. “Be alert to your surroundings, and contact security if you feel unsafe and need an escort.”

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