# The Highline Community College

## Student mugged outside library

#### By JEANETTE DIMOCK and BRIAN GROVE Staff reporters

A Highline student was robbed at gunpoint on Jan. 21 in the north parking lot.

The alleged robber approached the student and threatened him with a gun if he did not turn over his belongings. The student gave the robber his cell phone and wallet, which included cash and gift cards.

The suspect then left campus. The student was not injured in the robbery.

Kent and Des Moines police both responded to the call for help. They are currently investigating the incident.

Anyone with information about this incident is encouraged to call the Des Moines Police Department at 206-878-3301 or the Campus Security Office at 206-878-3710, ext. 3218. You can also report your concerns in person in Building 6 in the Campus Security Office.

The student was on his way to open mic night on Thursday, Jan. 21 when he was approached by an adult male who demanded his personal belongings. The suspect is described as an adult male approximately 5'9" tall. The suspect was clean-shaven and he was dressed in red clothing.

Highline Security Officer Simon Neseterov said campus security has a pretty good idea regarding the patterns of criminal activity on campus.

"They [Security] actually figured out the pattern and the approximate time and location of where it happens," he said.

"We are short staffed since the budget is limited, but we are doing our best to cover the whole campus. We will have more patrols in the same area, increasing the frequency," he said.

"Ideally, we'd prefer a few more officers to be added. It Doesn't mean the crimes will decrease, but we'll have a better chance with more people covering space."

A number of students expressed their concern about being on campus at night.

"I honestly don't feel safe walking to my car after class," said Highline student Veronica Asaturova.

"As soon as I get to my car, I knows.



Brian Grove/THUNDERWORD Librarian Martin Corbin helps a student on Monday night.

press the lock button," she said.

Aaron Kemp, a library patron, said he is on campus about three to four times a week and usually leaves with someone he knows. "Buddy system's the best, especially at night. It's not very well lit here," Kemp said.

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## INSIDE

January 28, 2010 Volume 49, No. 14



Wrestlers dominate tournament/P9



Gather friends for a splendid dinner party/ P10-11



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## Student could be placed on board of trustees in pilot program

By CAITLYN STARKEY Staff Reporter

## **Budget cuts creep ever closer**

By NICHOLAS MCCOY and CAITLYN STARKEY Staff Reporters

Tuition increase and spending cuts are nearly unavoidable for Highline next year, college officials say.

Based on the Legislature's budget and predictions from the State Board of Community and Technical Colleges, it is expected that Highline will cut about \$1.7 million or 6.3 percent of its total budget.



"Students should make it clear that they are as interested as everyone else."

-- Larry Yok, Vice President of

Legislators are proposing that a sixth student-filled seat could be added to community colleges' board of trustees.

Companion bills Senate Bill 6687 and House Bill 1949 suggest a two-

year pilot program that would add a student to the board of trustees. The bill currently only applies to the five test colleges: B e l l e v u e C o l l e g e ,



Bellevue *Hasagawa* College, Clark College, South Seattle

Please see Trustees, page 18

This follows on last year's budget cut of \$2.1 million, which forced Highline to close its Early Childhood Learning Center and a satellite campus in Federal Way.

This year the state of Washington faces a \$2.6 billion deficit. Only certain areas of the budget can be cut. Because areas such as K-12 education either receive federal matching funds or are constitutionally protected, the legislature typically does not cut these programs.

However, higher education can be cut and will be, college and state officials say.

"This figure is based on what



"Personally, I suspect it's unlikely to get much better than the 6.3 percent, but that's just my own speculation, at this point," he said.

Highline's budget does not strictly come from tuition, which makes up only 23 percent of the total. Sixty-three percent comes from state funding, while the remaining 14 percent is from "local support," including Administration

money from Running Start and international students.

Highline's executive staff is working hard to figure out the appropriate cuts.

"At this point, there are no specific plans. The vice presidents may have gathered preliminary ideas from their divisions, but those ideas haven't yet been brought formally to Executive Staff," Wagnitz said. Ultimately, there is a public formal presentation of the school's budget to the Board of Trustees, who will have the final say.

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### **Weekend Weather**



Light rain on Friday, showers on Saturday, mostly cloudy on Sunday. For full forecast, see page 19.

## Crime and Punishment

## Window breaking spree hits Highline

Highline faculty are forced to close their blinds after a window was shattered last week and two more last month.

There where two previous incidents which occurred at Building 25A, the second was at Building 21. In both incidents, nothing was stolen.

The window at Building 21 was cracked but not broken due to the fact that the glass was too thick to penetrate.

The last incident occurred in Building 1, where a window was broken and three college radio's were taken.

Because the college radio's can be remotely deactivated by Highline, they are useless to the thieves.

## Woman gets angry outside Building

A woman was shouting obscenities outside of Building 6 on Jan. 26.

Security was called to the disturbance. A woman described as wearing a long purple coat, sweatpants and carrying bags appeared to be arguing with herself.

When Security attempted to ask the woman if she needed help, she did not respond to them.

The woman continued to yell and shout obscenities while arguing with herself.

The woman eventually left campus without further incidence.

## Man smelling of alcohol under piano



### Highline hosts bake sale for Haiti

A bake sale will be held by the students and faculty of Highline to raise money for relief efforts for the peopleof Haiti after a 7.0 magnitude earthquake ravaged their country more than over two weeks ago.

Homemade cookies and other desserts will be sold on the second floor of Building 8, from 10 a.m. to 2 p.m.

Organizers invite anyone to help by baking individually wrapped homemade items, helping out at tables, or just coming to buy some baked goods.

Over the last week, Highline has raised more than \$1,100 for relief efforts and hopes to get more.

## College transfer fair comes to Highline

Highline is hosting the College Transfer Fair on Feb. 3, from 10 a.m. to 1 p.m. in the Student Union Cafeteria.

The fair is for all students who are planning on transferring to a four-year college in Washington. There will be more than 25 Washington college and university representatives at the event.

Students can come and ask questions about transfers, majors, admission requirements, financial aid and scholarships.

## Out of the Box comes to Highline

The Educational Planning and Advising Center (EPAC) is hosting their "Out of the Box" program on Feb. 2, from 10 a.m. to 1 p.m.

This program gives the EPAC



Shot of the fresh snowfall on the Olympic Mountains taken recently.

a chance to show students and faculty what kind of information and services are available.

Educational planners will be there to help students find a faculty advisors; help show them how to look up their registration appointment time; and help students, faculty and staff how to choose a major.

## Highline Foundation receives \$60,000

The Highline College Foundation received \$60,000 to provide emergency assistance to students struggling to pay for their college education.

Emergency assistance may include funds to pay for books, supplies, child care and transportation.

The endowment is named after donors Justine Richards and her deceased husband Gene Newman.

Justine Richards is a Des Moines and taught business at Highline for 40 years and has been a longtime supporter of the college.

Gene Newman graduated

from Linden High School and from the University of Washington. He served in World War II, and spent 60 years as an electrical engineer.

For more information on the Highline College Foundation, call 206-878-3774 or visit www.funds4highline.org.

#### Calendar

•A workshop on "How to Write a Winning Personal Statement" will be Thursday, Feb. 4, 12:10-1 p.m. in the Writing Center, Building 26, room 310i.

Highline writing professor Matt Schwisow will help students learn to write personal statements, which are sometimes required for entrance into

William Schlepp/THUNDERWORD

four-year universities.

The workshop is being presented by the Highline Writing Center, Educational Planning and the Transfer Center.

•A seminar on "Investing in Real Estate" will be Tuesday, Feb. 2, in Building 10, room 103, from 1:30 to 2:30 p.m.

The seminar is open to anyone interested in investing in the real estate market. It will be presented by Highline business instructor, Bill Webster.

### Correction

Nursing professor Jin Do's name was misspelled in a photo caption accompanying a story on the Nursing Program in last week's Thunderword.



<u>Campus Life</u>

A man smelling of alcohol was found asleep under the piano in Building 7 on Jan. 24.

Security was called to wake the man and escorted him from Building 7.

There was a strong smell of alcohol coming from the man. He was talking incoherently when they woke him up.

The man was asked for identification but when he was unable to produce it, he was released and observed leaving the campus via the south parking lot.

— Compiled by Jeanette Dimock

## **LEGAL NOTICE**

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#### WE GOT JOBS! Bilingual Office Assistant~5802~Part time General office duties with an emphasis on accounting. Invoicing, cashiering, copying, reconciling daily receipts, help with collections. Some lifting involved. Applicants must be bilingual in Spanish/English. Some accounting classes or experience, Excell, 10-key by touch very helpful. **Location: White Center** Hours: M-F 2pm-5pm Wage: \$9.50 Spring Editorial Internship ~ 5409 ~ Part time Responsibilities include researching, writing and editing articles for Bicycle Paper, which the company publishes. A successful applicant will take instsruction well, yet be proactive in finding story ideas. Additional responsibilities include interviews in the field, assisting with Bicycle Paper distribution, and proofreading copy for various publications produced by Seattle Publishing. Must have enthusiasm, honesty, a positive attitude and a willingness to learn and accept challenges. Excellent written and oral communication skills are essential Applicants must be obtraining, a degree in English, Journalism, or a related field. Familiarity with MS Office, e-mail, the Internet, and FileMaker are a plus. Location: Seattle Hours: 20 per wk, 3 mo Wage: for credit

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

## Campus Life



Jessica Lovin/THUNDERWORD

## **Campus continues adapting to Angel**

#### By DAVID LUGO Gartman Staff Reporter

Angel has received mixed reviews from instructors and students.

Many instructors have found Angel to be an easy place to conduct the online components of their classes. Angel is an online course management program that replaced Blackboard at Highline in Fall Quarter 2009.

More than 300 instructors, about two-thirds of total faculty, have been trained to use Angel and 5,840 students are active users. There have been 433 course requests for Winter Quarter 2010, encompassing 556 course sections, said Tim Wrye, director of Instructional Computing at Highline. The transition was pretty smooth, other than just a few little tweaks that weren't the same as Blackboard, said Monica Gartman, a language professor at Highline. "I found that the help files and also the training courses I took with IT [information technology] made it a fairly smooth transition," Gartman said. "It has a lot of functionality that wasn't available in Blackboard," Gartman said. "Angel allows you to manipulate the grading data down to single students."

One addition that Gartman would like to see is the creation of branching step-by-step lesson plans. This capability can be found in another course management system called Moodle.

"If a student gets to a certain point in the lesson and is presented with a task or a question, depending on the answer that they submit they'll be given a different path to follow," said Gartman.

Others have found Angel much more difficult to use than the previous system, Blackboard.

"Angel is more complex, more complicated, not intuitive," said Highline instructor Woody Moses, who felt Blackboard was fine.

improvements asked for by instructors would be simplification of the program.

Oddly enough, Blackboard bought out Angel, but the Angel support staff is still in place.

The good news is that the Angel support staff is much more responsive to Highline's needs and requests, making it easier to make changes and fix problems, said Tim Wrye, the director of Instructional Computing.

Many other teachers don't use Angel for a variety of reasons, either their class doesn't require online support or the publisher of the textbook used in the class offers independent online tools.

Highline math professor Ed Morris uses the website webassign.net for some of his classes this quarter. The main reason is that WebAssign is "coordinated with the textbook, which makes it very desirable to use," Morris said.

it was done.

"Whenever we have the opportunity, we try to make it happen," said Wrye when speaking about incorporation of textbook and publishing ideas and elements into Angel.

Another aspect keeping some teachers from using the program is cost. If the cost of using Angel for online components of classes were lower or equal to those of publishing company tools, then a change would make sense, morris said.

Angel has received equally varied reviews from students.

Some have been positive. "Angel is all right. I don't think it's any different than Blackboard. I just had to get used to it. In my math class half the quarter I couldn't check my grade. Another instructor taught me how check it," said RJ Aglugub, a student.

## HIGHLINE HEROES Security head stays up-to-date

By JONNY MCGUIRE Staff Reporter

Richard Noyer, the supervisor of security at Highline, said he is doing his best in the failing economy to keep equipment up to date and keep everyone safe here at Highline.

"I like the people, and I like a lot of paperwork," Nover said.

Nover first came here with a friend who was interviewing for a teacher's position when he saw the opening in Security.

Prior to coming to Highline he was a work-release counselor for seven years, a security officer for Pan Am Airlines and a military police officer in the U.S. Army for two years at the end of the Vietnam War.

In addition to that experience, he also has an associate of arts degree in Administration of Justice and training from the reserve officer academy at the Des Moines Police Department.

He has held his current position as security supervisor since 2006.

"I've always wanted to work in some kind of law enforcement, or security, as far back as I can remember," Noyer said.

Noyer's main goal for campus security is to "keep bringing security into the 21st century" and keep everyone safe.

Nover said the poor economy and the consequential decrease in manpower have been an obstacle.

The ease with which you can embed other types of files, such as images or audio files, has also been a positive for Angel, said

"It's more complicated than it needs to be," Moses said.

"It isn't easy to add assignments to Angel that connect to the grade book," he said.

This quarter there have been some issues using the drop box but it seems like a software issue, said Gartman.

These problems mean that some relatively basic functions, such as adding homework, can be difficult to do in Angel. These types of problems point to technical issues more than the program or software itself, but are still a major hindrance to any course management system.

Angel training was difficult not because of the trainers or the time but because of the program itself, Moses said. Many of the

WebAssign allows students to watch problems being solved, and lets students attempt other sample problems to ensure comprehension before attempting homework problems.

Programs such as WebAssign are specifically tailored to certain textbooks and classes. This focus allows the program to offer many textbook and class specific features.

Were Angel to allow better textbook incorporation, Morris said he might be interested in the software depending on how

"I think Angel is fine. I haven't really had problems with it. It's a good way to check on stuff like grades and homework," said Jose Orozco, a student.

Others have been critical.

"Angel is a lot more complicated than Blackboard. It doesn't flow the same. It's almost annoying and awkward to use," said Jordan Murphy, a student.

"Once we get through this first year and all of our courses have been built I don't think there will be any major headaches," Professor Gartman said.



Noyer goes to the higher officials for solutions and does his best to keep his staff



Nover well-trained.

Noyer's most memorable experience here was Washington when the State Supreme Court visited Highline on May 5-6, 2008. Nover said he greatly enjoyed working with them and seeing the efficiency with which they worked.

## Editorial comment

### Campus still not secure enough

Highline officals and students need to take security more seriously.

With another person being robbed on campus, this time a student being threatened with a gun, the issue has resurfaced that the Highline campus is simply not a safe place to be at night.

The main part of campus, where most of the classrooms are, seems to be fairly safe, but starting at the library and moving north, where security officers are hardly around, it becomes more dangerous.

The Security office usually has only one patrolling officer at night, and that leads to too many opportunities for bad things to happen.

Walking alone on campus should not be a big deal. It's not an alleyway in downtown Seattle.

However, every school year, there are reports of assault, robbery and general mischief after the sun goes down. For the population of students on campus after dark, this is unsettling.

Nobody should have to deal with the fear of being hurt or robbed when they walk home or to their car after studying in the library.

The time has come to beef up security on campus after dark and make Highline a safer place to study.

Some of this responsibility lies with the students themselves. This campus is a community, and we should look out for each other.

Tonya Seaberry, community service officer and statistician with the Des Moines Police Department, said every individual has the responsibility to do something, whether that be ensuring belongings are not in full view in the back seat of their cars or being more alert and aware when walking at night.

One interesting suggestion Seaberry made was starting a student watch group to help with security. Ideally, this group would be in charge of getting safety messages out to students, some of whom never hear about incidents such as the most recent one.

The Highline Security office could also try to work more closely with the Des Moines Police Department to make some positive changes in the security system.

Seaberry mentioned the last time the two departments really worked together was during the Des Moines PD's last performance review of Highline security, which only happens once a year.

Maybe it's time to develop a closer relationship between the two departments.

## Staff

Dude, we've all been camping before.

Editor-in-Chief	Brian Grove
Managing Editor	Nicholas McCoy
News Editors	Kandi Carlson, William Schlepp, Shannon Severeid,
	Caitlyn Starkey
Arts Editor	Courtney Sankey
Sports Editor	Chris Wells
<b>Business Editor</b>	Ambrosio Agustin
<b>Opinion Editor</b>	Liviu Bird
<b>Graphics Editors</b>	Jessica Lovin, Marcus Daniels



## High school is poor preparation

A high school student newspaper in Lincolnshire, Ill. was recently the subject of a censorship scandal.

Student journalists were writing about controversial topics, such as teen pregnancy and shoplifting among students.

The administration didn't like it, so they refused to let one recent issue of the Stevenson Statesman be distributed among students.

As a result, much of the student staff and the faculty adviser of the program resigned.

This brings to mind the scandal at Emerald Ridge High School in Puyallup from February 2007.

Students there reported about other students' sexual preferences and quoted their sources when they may have been asked not to (nobody really knows for sure if the students gave permission to be quoted).

The difference is in this case, the student reporters at Stevenson High School in Illinois did not quote their sources by name.

They even went as far as re-



It came out once or twice a month and was riddled with spelling and grammatical errors, not to mention the asinine reporting.

I'm not saying I'm above writing for anybody, but I didn't feel like I would have learned anything at all in that program.

Our own adviser at the Thunderword has commented more than once about students who have been the editors of their high school newspapers come with a lot of bad habits.

Because of the circumstances that usually surround high school journalism programs – inexperienced students, underqualified advisers – they should not be given all of the same liberties as college student newsThey don't want to have to field phone calls from angry parents who wouldn't approve of their kids reading and writing about real-world issues.

Journalism isn't always pretty, and if it's done right, even at the high school level, it can make a valid point.

High school in general is a different world when it comes to what can and cannot be said.

In college, it's not uncommon to call an instructor by his or her first name, unless the instructor is on some sort of power trip.

In high school, that is unheard of, and anything that could possibly be construed as politically incorrect, is immediately reprimanded.

Life after high school is very different from the world of detentions and hall monitors students get used to.

Unfortunately, high school administrators don't seem to care.

*Liviu was voted most likely to censor by his high school class.* 

## Opinion

Photo Editor	Cody Warf
Reporters	Sara Rosario, Joshua Becker, Jeanette Dimock, Musab
	El-Himri, Tory Goranson, Daniel Hinkle, Taylor Joaquin,
	Daniel Jurpik, Charles Kibbie, Stephanie Kim, Alida
	Linavat, David Lugo, Israel Magana, Bryanna Malone,
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fusing to reveal them to their school administration under interrogation, as any journalist should do.

However, the issue remains about whether freedom of speech should extend to high school students as much as it does to adults.

State Rep. Dave Upthegrove, D-Des Moines, once pushed for a bill that would allow high school students to have control of their own newspapers.

Unfortunately, high school students don't know enough about what is and is not appropriate to print. In many cases, their advisers aren't much better.

My own high school newspaper was so terrible that I refused to write for them.

r papers.

In the Stevenson High School case, the students followed the right path, working closely with their adviser on the controversial stories, but they should not be surprised at their administrators' reactions.

Nobody wants to have another incident like the one at Emerald Ridge, but of course, nobody wants to censor students needlessly.

The people in charge have to tread a fine line. The school district should have their students' academic interests in mind, and they will say allowing these stories to run would go against that.

However, more often than not, the administrators are just covering their own behinds.

### Write to us

The Thunderword invites letters and guest commentary from members of the campus community.

E-mail your submission to lbird@highline.edu.

Letters should be no more than 200 words.

Commentaries should be 600 words or less and arrive no later than Monday for publication that Thursday.

Submissions may be condensed and/or edited for spelling, grammar and length.

Provide contact information for confirmation purposes.

We strive to publish all submissions.

## **Cartier raps up the Blend**



## Arcturus publication lacking submissions

## 3-D movie effects-money and new technology

Since the dawn of movies up on the silver screen, directors, producers and movie companies have been trying to out-do each other.

They create something newgoing from silent films to talkies- write a story that no other person could have thought of -then try to copy- and as time progresses effects come out of the stone age and burst through the computer age.



Holding Court Courtney

3-D movies are becoming a mainstream phenomenon, with huge successes such as Avatar, My Bloody Valentine and fun animated pictures like Up or the re-release of the Toy Story movies.

In fact the movie Avatar is no longer going to be shown in regular format, leaving only its 3-D counterpart.

While these movies may be fantastic, it is a little ridiculous to me to pay the extra \$5 on an already expensive treat.

I love going to the movies, I however do not like paying the ridiculous amount that it has become to go to them.

It has gotten to the point that I will either wait till a movie goes to the \$3 movie theater, East Valley, or comes out on DVD before I will see it.

To just buy the movie and watch it at home with your friends has become more economically friendly than spending \$10 a pop, plus all the fun movie goodies that come with it. An evening at the movies now costs upwards of \$35-\$50, per couple.

### By SAM REASH Staff Reporter

Highline's arts publication, the Arcturus, is short on submissions, and is looking for more.

The Arcturus is an annual publication, usually published toward the end of Spring Quarter.

It is a showcase of the artistic talents of Highline's community.

The Arcturus includes short stories, essays, fiction and nonfiction, poetry, rap, photography and other works of art.

"We have a third of the submissions we normally do," said Anna Boyd, an Arcturus editor.

The Arcturus committee is

looking to increase their submission pool, and quickly.

Submitting to the Arcturus is open to all Highline students, as well as faculty, alumni, and staff.

Submissions should be sent in as soon as possible as the deadline is, Jan. 29.

Boyd said the consequences of not having a large submission pool to draw from could make the publication not as diverse or good on content.

If you are feeling artistic and choose to submit something, you should include a title of the piece, a short biography and your full name.

"We especially like short stories, but really anything," said

Boyd.

The theme for The Arcturus is "Light vs. Dark."

They wanted to play with the idea of a medieval look for the cover and have it translate to the content.

However, this is just a suggestion and all student are encouraged to submit even if it is not in tune with the theme.

For all those who want to give their work a chance to get out there and be published, don't hesitate to submit.

They are especially looking for short stories, but will gladly look over other submissions as well, so as to offer the best content when the time to publish comes.

Submissions can be sent in two ways.

They can be mailed and addressed to:

Arcturus 2010 Highline Community College Attn: Sharon Hashimoto, MS 5-1 P.O. Box 98000 Des Moines, WA 98198-9800.

Alternatively, they can simply be submitted in Building 5 at the secretary's desk.

It is important that all submissions be in a self-addressed, stamped envelope in the event they need to contact you.

Upon publication the Arcturus will be available in the Highline Bookstore in the Student Union, which is located in Building 8.

But what about all those awesome 3-D movies?

Good news for you true film fanatics, 3-D effects are coming to a home near you.

That's right TV producers such as Sony and Panisonic have been putting the hardware into their TVs so that you might be able to enjoy the experience at home.

Now of course this bites for those who have just either bought a new TV or have switched over to the wonderful world of Blue Ray.

It is the way of the future and money unfortunately needs to be made.

Courtney will be protesting 3-D effects not only on the small screen but also in life.

## **Taproot re-opens its door for 34th season**

#### By COURTNEY SANKEY Staff Reporter

Taproot Theater reopens its doors with Pizza and a Play. Taproot will be offering up free pizza and its new show, *The Great Divorce*, for students ages 18-25 for only \$10.

The Greenwood Playhouse was damaged three months ago on Oct. 23, 2009, when a fire broke out in the business next door.

The playhouse took on water and smoke damage, while the business in which the fire originated was destroyed.

Scott Nolte is at the helm of *The Great Divorce,* written by C.S. Lewis and adapted for the stage by George Drance and the Magis Theater.

This is the start to the 34th season of Taproot, and Nolte is happy to be there.

"Opening our 34th season would be exciting enough, but this one is extra special," Nolte said. "After everything that's



Erik Stuhaug/TAPROOT THEATER

The cast of The Great Divorce, rehearsing one of the more complicated scenes in the show.

happened, everything we've been through these past months, I'm thrilled to be marking this new period in Taproot Theater's history."

*The Great Divorce* is a take on Lewis' view of heaven and hell. In the play, a man, known simply as the narrator, finds himself in a gray city one rainy day.

Through his journey he finds a bus to take him home, realizing that the people on the bus are ghosts.

The narrator comes across a

man named George MacDonald, whom the narrator quickly hails as his mentor.

The two throughout the show argue the finer points of the Christian belief of heaven and hell.

When Taproot first came on 204 N. 85th St. in Seattle.

the scene, the co-founders often staged productions, including Lewis' *The Lion, the Witch and the Wardrobe*, with nothing more than chairs, boxes and the imagination, said Nolte.

"The artists' ability to capture that imagination is where the magic of theater is, and I'm excited to be directing such a unique play as *The Great Divorce.*"

The show opened Wednesday, Jan. 27 and runs through Saturday, Feb. 27.

Show times are Wednesday and Thursday at 7:30 p.m., Friday and Saturday at 8 p.m., and Saturday matinee at 2 p.m.

Tickets prices are \$20-35 for general admission and \$10 for ages 25 and under.

The Pizza and Play Night starts at 6:30 p.m. and cost \$10 for young adults aged 18-25.

To purchase tickets, call Taproot's box office at 206-781-9707.

Taproot Theater is located at 204 N. 85th St. in Seattle.

## **'50s music and a classic story come together in Burien**

#### By STEPHANIE KIM Staff Reporter

Shakespeare will rock the city of Burien with the Burien Little Theatre's 1950s rock n' roll production of *A Midsummer Night's Dream* from Feb. 12 to March 21.

Originally directed by Arne Zaslove in the 1990s, Burien's Little Theatre's Maggie Larrick will direct this production.

This version of *A Midsummer Night's Dream* is set in 1957 Athens with a rock n' roll prom theme.

Eric Dickman, the artistic director for the theater, has been a volunteer for the company for many years.

He said Zaslove and Larrick have been in contact in working

the best I've ever seen mixing Shakespeare with a musical," Dickman said.

The Burien Little Theatre will have a live band with sax, drums, guitar, bass guitar and piano.

All the actors will perform more than 20 classic 1950s songs.

The production will feature songs by Elvis Presley, Dion and the Belmonts, Bill Haley and His Comets and The Everly Brothers.

"The nice thing is all the songs are a minute or minute and a half long," said Dickman.

Both Larrick and Dickman have been working on this play since last season.

Auditions were held in October of last year and the actors The Burien Little Theatre is located at 437 S.W. 144th St., Burien.

A Midsummer Night's Dream

has been the second-longest running show in Seattle, said Dickman.

"We wanted to do A Midsum-

*mer Night's Dream* because we wanted to do an interesting, professional show you can't get on DVD."



You will spend one night in Vancouver, and one night on the beautiful Ms Amsterdam, sailing from Vancouver to Seattle. \$249/person +tax (interior room).

on the play.

"We wanted to try to do a Shakespeare show that wouldn't intimidate people with old English," said Dickman.

"We were looking for a musical, something fun and exciting."

Dickman said he wanted to do to *A Midsummer Night's Dream* because of its comical aspects.

"This whole season is all comedies. With everything going on in the world, we wanted it to be funny so people can laugh."

The audience will get more than just a laugh from this version of the play.

"It's very fun and '50s music is just the early days of rock n' roll. Easy sing-alongs, it's have been rehearsing for the play since the beginning of the year, six days a week.

"The cast has been wonderful. They're the best cast we've had in a long time. The director and music director have been wonderful as well," Dickman said.

For the production of *A Mid-summer Night's Dream*, the theater received a small grant from the city of Burien, to help put on future productions.

The ticket price for the production of *A Midsummer Night's Dream* will be \$10 for students for the first three weeks.

After the first three weeks, the ticket price will increase to \$17 for students and senior citizens and \$20 to the general public. Leaving on a motorcoach on May 1, returning via ship to Seattle early on May 3.

### Full payment due February 11, 2010.

An information session will be held Wed, Feb. 3, 1:30pm in building 7. Contact Nancy Warren, 9-103 or nwarren@highline.edu for more information. Want to learn about life on a cruise ship? Interested in the world of hospitality and tourism?

Enroll in TRAV 283, item 2308, 3 credits.

Students must book passage on the cruise May 1-3. *Meets 4/23, 4/30 and 5/7, 1:30-5:30pm. Cruise fare not included in tuition.* 



## **T-Birds tied for second in West Division**

### Highline had a chance to take over first, but lost to Tacoma

#### By CHRIS WELLS Staff Reporter

The T-Birds men's basketball team has fallen from the top spot in the West Division.

Even though they are out of the top spot, freshman point guard Darnell Williams had potentially the two biggest games of the season individually for Highline in a loss against Tacoma and a victory over Centralia. Highline is now 8-7 overall and 5-2 in league play.

Highline Head Coach Ché Dawson said that Williams is doing more than scoring for the team.

"Darnell is obviously scoring quite a bit," Dawson said. "But more importantly, he is responding to adversity in a way that is much more helpful to our team. That is a sign of maturing that he and the rest of the guys need to continue to do."

In the Tacoma loss on Jan. 20, 87-68, Williams had an impressive performance and led all scorers with 24 points on 11 of 22 shooting from the field. To go along with his hot shooting, he had 4 assists, 2 rebounds and a steal in 35 minutes.

Also having a solid game for the T-Birds in the loss was sophomore guard Justin Taylor, who finished with 10 points on 4 of 9 shooting.

As a team, Highline shot 47 percent from the field, had 45 rebounds and 22 turnovers. On the other end, Tacoma outdid Highline in nearly every category.

They shot an impressive 58 percent from the field, had 52 rebounds and committed 16 turnovers.



*Highline's Kyle Perry practices his free throws during a recent practice at the Pavilion.* 

go how we had expected or hoped at all," Young said. "We went in mentally unprepared and it showed as soon as the game started."

Dawson said that turnovers are something that they can still improve on.

"There isn't a set number because there are so many variables in a game," he said. "We haven't turned the ball over a lot this season. Young was a dominating presence on the defensive end where he had 4 rejections. On the offensive end, he finished with 6 points on 3 of 6 shooting.

Highline, as a team, shot 51 percent from the field and pulled in 36 rebounds. They only committed 12 turnovers in the game. Centralia, on the other hand, had a shooting percentage of 37, grabbed 36 rebounds and had 17 turnovers.

of the season, which puts us in a good enough position to still win a division title," he said.

The Thunderword / January 28, 2010

Highline will stay at home to play South Puget Sound on Saturday, Jan. 30. The game is at 3 p.m. Last time the two teams met on Jan. 2, Highline pulled out an 83-73 victory.

Despite their 2-5 league record, South Puget Sound played well in their preseason and still have a 9-7 record overall behind the strong play of sophomores Michael Hall and Asante Gaskin.

Highline sophomore center Kyle Perry said he expects South Puget Sound to be ready for this second meeting.

"I expect them to scout our set plays and a lot of our tendencies in the game," Perry said.

Hall, a 6'5" forward from Eagle River, Alaska, is averaging 15.31 points per game on 45 percent shooting from the field. To go along with that he also has an average of 9 rebounds, 1.5 steals and 1.56 blocks per game.

The other sophomore making an impact has been Gaskin, a 6'2" forward from Hawthorne, Calif. He is averaging 14.94 points per game on 49 percent shooting and 5.44 rebounds.

On Feb. 3, Highline will have their last bye of the season before returning to play on Feb. 6 on the road against Clark College at 5 p.m.

Beyond that, there will only be six more games before the conclusion of the regular season.

The NWAACC tournament will follow these games and be held this year in Kennewick, Wash. on March 4-7.

Going into the Tacoma game, Highline center Dan Young said that the team was hoping for a better result.

"The Tacoma game did not



Coach Dawson

"We can take better care of the ball than we did in those two games. More than anything, it is mental and a sense of urgency with the basketball."

Following the tough loss to Tacoma, the T-Birds headed south to face Centralia on Saturday, Jan. 23. It turned out to be one of their best games of the season as they won easily, 79-58.

Finishing with a game-high 22 points on 10 of 17 shooting, Williams continued his recent surge of strong play. He also added 4 assists and 3 steals.

Having an impact also was freshman guard Wade Moyer, with 14 points on 5 of 10 shooting from the field and 4 of 9 shooting from beyond the arc. He also pulled in 7 rebounds. Highline played Grays Harbor yesterday. The score and stats were unavailable at press time.

Right now Highline is currently tied with Lower Columbia for the second spot in the West Division; both teams are one game behind Tacoma.

Pierce and Green River sit tied for the fourth spot with 4-3 records. Clark is currently 3-4 in fifth, Centralia 3-5 in sixth, South Puget Sound 2-5 in seventh and Grays Harbor is last at 0-7.

Although there were a few difficult losses so far this season, Williams said that he is happy where the team is right now.

"I think the team has done a good job through the first part



Cody Warf/THUNDERWORD *T-Birds Garin Peyton taking a shot in a recent practice.* 

## Lady T-Birds trying to finish the season strong

#### By BRIAN GROVE Staff Reporter

The Highline women's basketball team is poised to make a run for the NWAACC tournament if they play strong throughout the second half of the season.

The Lady T-Birds split their games this week, winning against Tacoma, but falling to Centralia.

With nine games left and Highline in the top four, the team is still in a good position to make the playoffs.

"I do think we can finish in the top four and make it to the NWAACC tournament, but we have to start taking better care of the ball and getting more production out of some key players," Coach Amber Rowe said.

The NWAACC tournament takes place from March 4-7 in Kennewick and involves the top four teams from each division.

The Lady T-Birds, 4-3, are tied for fourth place in the West Division with South Puget Sound and are behind Centralia, 8-0, in first, and Lower Columbia and Clark, 5-2, in second.

On Wednesday, Jan. 20, the Lady T-Birds made the trip to Tacoma to play the Titans on the road. At game time, Highline and Tacoma were tied for fourth in the West, each with a 3-2 record.

The Lady T-Birds were able to defeat Titans solidly, 73-57.

Coach Rowe said beating Tacoma was good for the team.

"Beating Tacoma was a great win for us; it was our best showing so far this season. We really did some things well in the second half," she said.

Highline sophomore Ariassa Wilson said the game had the feel most players dream of.



Highline's Patrice McKinnon takes a shot with Shalece Butler-Woods and Lauren Hill looking on.

tense ever. You couldn't hear the coaches, you couldn't really hear anything," she said.

"They have a really small gym and it was packed. Everybody was yelling, the fans and the coaches. It really was the ultimate atmosphere for anyone who loves the game. It was a great feeling to win because they never rolled over and it was a great team win."

Rowe said the second half against Tacoma was the level of play the team needs every game.

"We need to be able to put "The game was the most in- together 40 minutes of that type

of play. It was nice to be in third place but I knew Saturday's game was big. I am not happy about being tied for fourth after the first round of play. I feel we are a better team than both Lower Columbia and Clark, but the hard part will be proving it on the road, since we play both of those team away during the second round," she said.

The Lady T-Birds lost to both Lower Columbia and Clark during the first half of the season.

Highline's leading scorers included Tera McCann-Soushek, Wilson and Heather Hitch with 18, 12 and 11 points, respectively.

Highline's bench scored 37 points for the Lady T-Birds against just six points off the bench from Tacoma.

Rowe said the freshmen are getting the hang of the league and playing better.

"Our bench and freshmen in particular have been stepping up their play. Leini Tukutau, Shalece Butler-Woods and Heather Hitch have been playing really well in the post and Bree Morkert-Burling has been coming in and giving us quality time at the

point position," she said.

Beating Tacoma put Highline in sole possession of fourth place.

For Highline's next game, the Lady T-Birds traveled to Centralia to take on the Trailblazers. Centralia, a consistent juggernaut in the West Division. defeated Highline easily, 81-47.

Wilson, Highline's leading scorer with 12 points, could not counter-balance the triple threat of Centralia's Lexi Belcher, Stevie Isaac and Autumn Greene with 24, 15 and 13 points, respectively. Highline also had 27 turnovers.

The loss tied South Puget Sound and Highline for fourth place.

Wilson said the team was lost for words.

"As a team, I feel we were speechless. Our coaches were speechless."

Highline played Grays Harbor Wednesday, Jan. 27, at 6 p.m. with results unavailable at press time.

Highline's next two games are against South Puget Sound, 4-3, on Jan. 30 at 1 p.m. at home and Clark, 5-2, Saturday, Feb. 6 on the road. Last time Highline played South Puget Sound, the Lady T-Birds won, 59-50.

Unfortunately, Highline did not have the same outcome against Clark, falling to the Penguins 66-57 after leading 29-27 in the first half.

Both Wilson and Rowe said they anticipate a new intensity amongst the team throughout the second half.

"With the sophomores, I think it's starting to sink in that we could only have eight games left and we don't want to be on the bottom – we want to be in the top three where we belong," Wilson said.

## Highline students have three areas nearby to trade city for snow

By DANIEL HINKLE

Stevens, with the most snow

Staff Reporter

Western Washington is home to three ski locations with plenty of snow and lots more on the way.

Whether it's to fulfill your craving for your favorite hobby, learn something new and exciting just to see the snow, there are three ski locations near Highline.

Stevens Pass is about two hours and 15 minutes away from Highline in Skykomish off of Highway 2.

"Stevens Pass is my favorite of the three because of the backcountry skiing. You can't find powder at Crystal and Snoqualmie like you can at Stevens," said Highline skiier Kyle Creek.

of the three -72 inches at the base - features a terrain park and multiple powder runs. Open 9 a.m. to 4 p.m. Monday through Wednesday and 9 a.m. to 10 p.m. Thursday and Friday, it costs \$63 for adults (ages 13-

Stevens Pass has eight lifts open with more than 30 runs branching off of them.

61)

Crystal Mountain is the second-furthest away at about two hours from Highline, off of Crystal Mountain Boulevard.

Crystal Mountain has "60 inches at the base and 40 inches at the summit with five to seven lifts open during the week and 11 lifts open during weekends," said marketing assistant Kalela Robinson.

Crystal is open seven days a



Mark Korvas

Area ski resorts offer students a chance for some serious air.

#### week from 9 a.m. to 4 p.m. and costs \$60 for adults (18-69).

"Crystal Mountain is currently running a special through January. If you bring a firsttime rider to the mountain and sign them up for a lesson, they get a free lift ticket," Robinson said.

"You can learn to ride in the ski school [at Crystal] if you're just beginning, or you can hit those powder runs if you're more experienced," said Casey Stipe, Crystal Mountain snowboard instructor.

Snoqualmie Pass is the closest of the three at about one hour It features a terrain park, lessons and groomed runs.

Snoqualmie Pass currently has eight lifts open and is located off of I-90.

"Snoqualmie is a lot of fun to board at, but make sure to watch the weather because the snow can get wet," said Highline snowboarder Pearl Angeles.

Snoqualmie has a snow depth of 54 inches at the base, and the hours are 9 a.m. to 10 p.m. seven days a week.

Along with being the closest, Snoqualmie Pass is also the cheapest with a cost of \$57 for an adult ticket (ages 13-61).

More information can be found on the three resort websites: www.summitatsnoqualmwww.skicrystal.com ie.com, and www.stevenspass.com.

## Wrestling steamrolls competition

#### By JONATHAN BAKER Staff Reporter

Highline had a dominating week to end their Region 18 competition for the year.

Highline defeated all three teams they faced at last Saturday's duals tournament, as well as Yakima Valley on Tuesday night.

Highline defeated Clackamas in the first match of the duals tournament 19-18.

Highline didn't wrestle their complete starting lineup, but still managed to impress their coach with four wins in the match.

"We had some stellar performances against Clackamas at 133 Aaron Smith and 149 Jason Gray," said Head Coach Scott Norton. "The two looked like two champions on a mission as they put points on the board all 7 min. They looked phenomenal."

In the second match of the day Highline went up against Simon Frasier University from Burnaby, B.C.

The Thunderbirds won six matches on their way to a 31-19 win.

Justin Purves (125), Aaron Smith (133), Jason Gray (149), Marshall Giovaninni (157), Tyler Story (165), all won their matches and Darren Faber ac-



Theo Mcclain and Tate Collins prepare for the NJCAA Region 18 Championships.

cepted a forfeit.

Highline completely steamrolled Pacific University in the closing match of the night.

All of Highline's wrestlers won their match en route to a 40-0 victory.

Darren Faber (197) recorded the only fall of the match.

Purves, Smith, Giovaninni and Tate Collins (174) all won by majority decision.

Sam Ottow (141), Jason

Gray, Tyler Story (165), and Theo Mcclain-Burrell (184) all recorded decision victories for the T-Birds and David Lopez (HWT) accepted a forfeit.

On Tuesday night Highline traveled east of the mountains to take on Yakima Valley.

Yakima was barely able to muster much of a battle winning only two matches, including one which saw Marshall Giovaninni (157) take a break from wres-

tling for the night.

Led by falls from Purvis, Gray, Collins, and Lopez, Highline ran away with a 36-13 win.

Tyler Story (165), and Daren Faber (197) also recorded decisions to help Highline in the win.

"Last night went really well," said Brad Luvass, assistant coach. "We started the night with a pin and ended the night with a pin." This weekend marked the first time Faber has wrestled since returning from surgery.

Faber injured his shoulder over the winter break but has worked hard to return.

David Lopez, who was missed the first half of the season with a knee injury, re-injured the knee against Yakima.

Coach Luvass was unsure how bad the injury is.

"The guy he was wrestling tried to do a lateral drop and D-Lo caught him and twisted his knee a little bit."

Highline has officially wrapped up its NJCAA Region 18 schedule and will now focus on tournaments and preparation for the NJCAA Nationals.

Highline will travel to Laramie, Wyo. this weekend to face Western Wyoming on Friday as well as Northwest Wyoming and Iowa Central on Saturday.

The latest rankings released by the NJCAA on Jan. 20th have Iowa Central ranked No. 1 and Northwest ranked No. 4.

Highline is ranked No.7 in the polls and will have a good test to measure themselves by this weekend.

The Western District Wrestling Championship will be held on Feb. 13, at Highline Community College. Preliminary rounds will begin at 10 a.m. and championships begin at 4 p.m.



Men's Basketball
standings
East Division

	League
Big bend	5-0
Spokane	4-1
Walla Walla	3-2
Treasure Valley	3-2
Columbia Basin	3-2
Yakima Valley	2-3

Everett	2-5	Eve
Olympia	0-7	Edm
South Divis	ion	Sea
	League	Wha
Clackamas	4-1	Olyr
Mt. Hood	4-1	Pen
Linn-Benton	4-1	Sho
Chemeketa	3-2	
SW Oregon	2-3	
Umpqua	2-3	Lan
Lane	1-4	Clac
Portland	0-5	Ump
		Mt.
Women's Bas	ketball	SW
standing	S	Che
East Divisi	on	Linn
	League	Port

(157) take a break f	rom wres-
Everett	5-2
Edmonds	5-2
Seattle	4-3
Whatcom	3-4
Olympic	2-5
Peninsula	1-7
Shoreline	0-7
South Divisi	
	League
Lane	5-0
Clackamas	4-1
Umpqua	4-1
Mt. Hood	3-2
SW Oregon	2-3
Chemeketa	2-3
Linn-Benton	0-5
Portland	0-5
Men's basketball	scores
1/23	
Tacoma 86, Cla	
Pierce 60, Green	
S.P.S. 96, Grays H	
Edmonds 90, Oly Bellevue 99, Eve	mpic 73
Mt. Hood 80, SW C	reace 77
Umpqua 92, Port	•
Spokane 92, Blue M	
Walla 69, Wen. V	allov 52
	alley 52
Women's basketba	allecores
1/23	
Clark 74, Tacor	na 69
Pierce 62, Green	
S.P.S. 85, Grays H	
Edmonds 78, Oly	
Everett 65, Belle	
Mt. Hood 73, SW C	regon 44
Umpqua 97, Port	and 55
Spokane 58, Blue M	
Walla 75, Wen. V	
	,



Wenatchee Valley 0-5 Blue Mountain 0-5 West Division Leagu

Tacoma	6-1
L. Columbia	5-2
Highline	5-2
Pierce	4-3
Green River	4-3
Clark	3-4
Centralia	3-5
S. Puget Sound	2-5
Grays Harbor	0-7
North Divisio	n
	Leagu

6-1

5-3

4-3

4-3 4-3

4-3

3-4

Shoreline	
Peninsula	
Bellevue	
Seattle	
Whatcom	
Edmonds	
Skagit Valley	

	Yakima Valley	5-0
le	Walla Walla	4-1
	Columbia Basin	3-2
	Treasure Valley	3-2
Je	Big Bend	3-2
	Spokane	2-3
	Blue Mountain	0-5
	Wenatchee Valley	0-5
	West Division	on
		League
	Centralia	8-0
	Lower Columbia	5-2
	Clark	5-2
	S. Puget Sound	4-3
	Highline	4-3
Je	Tacoma	3-4
	Pierce	2-5
	Green River	1-6
	Grays Harbor	0-7
	North Division	on
		League
	Skagit Valley	6-1
	Bellevue	6-1



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- Annual exam and birth control methods education
- Testing for Chlamydia and Gonorrhea during the annual exam (for women 25 and younger)
- Emergency contraception

(Fees will apply for services that are not related to family planning.)

Planned Parenthood of the Great Northwest 800.230.PLAN (7526) www.ppgnw.org

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## Step one: Start small, plan early

#### By KANDI CARLSON Staff Reporter

a perfect dinner party without killing themselves.

All it takes is a little planning.

You first need to decide what kind of party you would like to have. Keeping in mind your guests, space and budget.

Four to six people will be perfect for the beginner hostess. This number of people is manageable.

Don't start out with more people than you can truly handle.

First thing first: Decide on a budget and stick to it. Starting out with this decision will help you in planning your menu.

Invite and confirm. Keep in mind the schedules of your guests. Calling a few of your friends and getting a sense of when they might be available is perfectly acceptable.

Once you have decided on a date you can send invitations. Invitations can be anything from a formal card to a text message.

Yes, I did say text message. This all depends on who you are inviting and how formal of a dinner party you are having.

Be thoughtful in your decision because this represents and sets the beginning undertone of your dinner.

Guests should be given one to two weeks notice.

It is important to ask that your guest confirm whether they plan on attending.

This is not an unreasonable request to make and most will understand you are trying to plan the perfect party.

Confirm your guest list no later than three days before the date.

Plan the menu: This is the

fun part. You should be aware of any food allergies a guest might have or any specific food items they do not eat.

If you do not know, you have to be prepared with a broader menu.

You want to include at least one vegetarian dish and something without the use of nuts.

Your vegetarian dish should be more than a bowl of salad. Including this type of dish demonstrates your attention to your guests needs.

Decide on a dinner style.

A buffet is an easy starter party. Guests can serve themselves and you are free to prepare food items ahead of time.

A buffet allows your guests to move around and socialize as they prepare their plates.

When preparing a buffet style dinner it is important that the items available have some connection with one another.

Make sure that the buffet area is set up for easy movement. Avoid guests having to reach over or across other dishes.

Place plates at the beginning of the buffet. Placing utensils at the end of the buffet table prevents your guests from having to juggle them when they serve themselves.

It is important that you have sufficient seating for all your guests and they are comfortable while they eat.

Guests will be more likely to mingle and talk if they can see one another.

You should always be the last one to gather your plate and you should be seated in an area that is accessible to all your guests.

Do not hide away in the kitchen.

The best part of a buffet dinner is that you will be available to your guests because everything has been prepared in time for their arrival. The sit-down dinner is a little more advanced.

This is a more intimate setting.

It is a good idea to provide appetizers. Guests tend to arrive early and at different times.

You may find yourself finishing up in the kitchen while guests are in your living room.

If you are planning this type of dinner party it is important to plan the seating in such a way that conversation can be made easily throughout dinner.

Large center pieces or other items that are in the way of making eye contact are a "nono," no matter how pretty they make the table.

S etting up the table can be challenging at first. There are some things to consider.

This is where planning the meal really comes into play. You should consider the size of your table versus how much room your completed dishes will take up on the table.

Remember you need to leave room for your guests' plates, glasses and utensils.

Look at your table. Lay out all your place settings and see how much room you have left on your table.

This is a great way to make sure you are not serving items directly from the kitchen, or worse, forgetting to serve something wonderful to your guests.

Once again, the dishes you choose should be connected to one another.

Do not worry if your plates, glasses or utensils don't match. Have fun with it.

Of course, if you are really concerned about things not matching, you can head to the Dollar Store.

You can find all you need there and all for a dollar. Stay on budget.

One Encha



You can create the perfect a

Napkins can be paper or cloth. Napkins can be folded neatly and set on the plate.

Doing this means your guests do not have to fumble through their utensils to get to their napkin.

Whether you decided to go buffet or formal dinner, you should have an appetizer, at least three dinner items and a dessert.

Don't forget about the beverages. Offering at least three different choices will ensure you have something everyone will enjoy. Once you have all your ingredients together you can start thinking about timing.

Timing is everything. You will need to take cooking times into consideration.

The main course, usually a meat or vegetarian dish, should come out of the oven last.

This will ensure it is hot and ready to be served on time.

Planning for all of your dishes to be finished within half an hour after your guests arrive is a



Simple settings look very clean and will impress your guests as they take their place at the table.

This can include soda, water, juice, milk - you get the idea.

Your appetizer can be as simple as cheese and crackers to something more complex.

Whichever you decide to do, ideally, it should be relatively easy for you to prepare ahead of time.

Having your appetizer done the night before will allow you more time to focus on the dinner party.

You should do all of your grocery shopping ahead of time. Make a list before heading to the store.

Do not risk forgetting something. good time goal.

Do not wait until the day of your party to clean the house for your guests. Do it the day before.

This allows you to stay focused on the dinner you need to prepare on the day of the party.

The more you can do ahead of time the better off you will be.

Remember to breathe and stay calm. There isn't anything you can't handle.

#### Tip of the week:

Use a muffin pan that is painted with bright enamel for serving beverages; glasses won't tip over and serving is made much easier.

You can find them for cheap at a thrift store.

nted Evening



linner party with a little work

## STEP TWO: GET COOKIN'

peel.

cook evenly.

#### By KANDI CARLSON Staff Reporter

eviled eggs are a sinfully easy appetizer and taste like you spent all day making them.

You should plan on each guest having four servings each. Two servings are equal to one egg.

egg.Add enough water to coverThis recipe will give you 16the eggs plus about an inch.deviled eggs.Turn the burner on medium-Prep time: 10 minuteshigh heat.

it even easier to peel.

Cut the peeled eggs in half lengthwise. Place the yolks in a bowl and set aside the whites.

Be careful not to cut into the white or damage it because this is your dish too.

Mash the yolks with a fork until smooth. Stir in your mayonnaise, horseradish sauce, salt and pepper.

Spoon the yolk mixture into a pastry bag or heavy plastic bag, cut the corner of the bag to create a  $\frac{1}{2}$ -inch opening. Pipe the mixture into your egg white halves.

Place the finished eggs on a serving dish and place in refrigerator for at least half an hour before serving.

Sprinkle a little paprika on each egg, finish with a leaf of fresh parsley and serve.

The appetizer should complement the main course. When in doubt make chicken.

You will have your guests begging for a peak of this chick-en.

The recipe is called "no-peak chicken." This is a recipe that comes from my family vault.

This is an easy recipe that does not take a great deal of attention.

Prep: 15 minutes

- Cook time: 2.5 hours
- Total time: 2.75 hours
- You will need: 1 whole chicken
- 1 c. cream of chicken soup
- 1 c. cream of celery soup
- 1 c. of rice
- $\frac{1}{2}$  c. water
- 1 pkg. dry onion soup mix

soup mix.

Cover tightly with aluminum foil.

No peaking. Your dish will be done in 2.5 hours. Plan on

The perfect center piece has great color. Your color choices should match your table setting. This center piece is made from small artichokes, lemons, flowers, and fern leaves.

completing your dish 30 minutes before your guests arrive.

This will give you sufficient time to mingle with your guests while the dish cools.

## STEP THREE: DESSERT -The finishing touch

#### By KANDI CARLSON Staff Reporter

our guests will be glowing with glee after eating this jubilee.

After a good hearty meal you must finish with something light, sweet and a little tart.

Cherries jubilee sounds fancy and as though you put a lot of work into it, but it is actually very quick and easy.

You can simply excuse yourself and let your guests know you are whipping up dessert.

Be sure that all their glasses are full and the conversation is flowing.

Prep time: 10 minutes

- Cook time: 10 minutes You will need:
- 1/2 cup of fresh squeezed or-

ange juice (you can use premium orange too)

- 2 tablespoons cornstarch
- 2 tablespoons honey
- 2(10-ounce) packages frozen dark sweet cherries

<sup>1</sup>/<sub>2</sub> teaspoon orange zest (this is orange peel scrapings)

<sup>1</sup>/<sub>4</sub> cup of brandy (you can

substitute for ¼ cup of water) 1 quart of premium vanilla bean ice cream

Set out your cherries before you sit down for dinner and this will allow plenty of time for them to unthaw.

In a small bowl, whisk together the orange juice, cornstarch and honey.

Transfer into a large sauté pan.

Bring your ingredients to a boil over medium-high heat. Whisk until thickened.

Stir in cherries and orange zest. Turn heat down to medium.

Simmer for 6-8 minutes. Remove from heat.

Pour in the brandy and ignite with a long lighter. Gently shake pan until the flame is gone.

Be careful as this can be dangerous if you are not paying attention.

Serve over ice cream or an angel food cake.

This dessert is best served warm.

Prep time: 10 minutes Cook time: 20 minutes Ready in: 1 hour

Gather the following ingredients:

8 eggs

1/3 cup mayonnaise

2 tablespoons Worcestershire sauce or A1 steak sauce

2 tablespoons horseradish sauce

Salt and pepper to taste Fresh parsley

Keep in mind that any of the seasonings can be substituted for a flavor you enjoy.

For example, spicy mustard can be added instead of A1. It is all up to you.

Be creative. You should taste

Cover the sauce pan with a lid, or a plate if you do not have a lid, and bring the water to a boil.

your food as you add seasoning.

a tiny hole in the egg using a

small sewing needle. This will

make the egg much easier to

in a saucepan, in a single layer.

This is important for the eggs to

Begin by placing your eggs

TIP: Before boiling, poke

It should only take about 10 minutes for the water to reach a boil.

Remove the pan from the burner once the water begins to boil. Drain the hot water, using the lid, and cool the eggs under cold, running water.

Let the eggs completely cool for 15 to 20 minutes before attempting to peel them.

You can easily crack the shell on the side of the sink.

Roll the egg along the counter to fracture the shell; making

Salt and pepper

Feel free to buy one of those whole cooked chickens in the deli of your local grocery store. I recommend that you choose one with the least amount of flavors added and no BBQ.

Begin by pre-heating your oven to 350 degrees.

Next, cut up your chicken. The pieces should be bite-size. Do not worry about them being the same size. It adds to the rustic feeling of the dish.

Line the bottom of a 9x13 cake pan with foil.

In a large bowl mix the soups, rice and water together. Do not add any additional water.

Pour into the cake pan. Put the chicken on top of the mixture. Sprinkle with salt and



Cherries jubilee if best served in a dish you can see through.

## Trans fats - bad to the bone

#### By SAM REASH Staff Reporter

Trans fat is everywhere in today's market and should be avoided, a nutritionist said at last week's Science Seminar.

Highline's Science Seminar is a weekly series of presentations done on campus. Topics are anything science related, presented by experts in that field.

Anne Whitson, a reading instructor and a nutrition specialist, explored the confusing world of fats in last week's Science Seminar.

It's hard to keep track of just what is what with so many terms floating around out there for fat: saturated fat, unsaturated fat, trans fat, polyunsaturated fat, etc., Whitson said.

The one we really need to be aware of is trans fats, she said.

Trans fats are the product of an industrial process known as hydrogenation, which adds hydrogen to fats in order to make them more marketable.

Using trans fats is inexpensive for companies, makes oils

more solid at room temperature, gives foods longer shelf lives and can give a more desirable taste, she said.

The hydrogenation process for trans fat is unnatural and makes the fat incapable of being metabolized or removed by the human body, Whitson said.

"Trans fat is essentially a poison because we don't recognize it," she said.

Many health risks are associated with trans fats - decreased testosterone production, interference with gestation and the hindering of other bodily functions, Whitson said.

"The biggest thing is it contributes to atherosclerosis and heart disease," Whitson said.

On a per-calorie basis, trans fat appears to increase the risk of heart disease more than any other unit, Whitson said.

There has also been concern about how other fats affect your health; however, it's important to eat saturated and unsaturated fats in moderation. Whitson said

"During the '70s, '80s, and '90s people pretty much accepted that saturated fats are bad for your heart, which is not true," Whitson said.

Anti-saturated fat research in the past did not distinguish between saturated fats and trans fats, which has led to the question of saturated fats being unhealthy for you, she said.

"The short answer is no, they're not," Whitson said. "The fact is that you need it for healing."

A similar question is raised for unsaturated fats, which Whitson said is important for body functions.

"We need both [saturated and unsaturated fats], especially for the immune system," Whitson said.

Although in 2007 a regulation was passed in King County that prohibited the use of trans fats in cooking processes at all food establishments, trans fat is still abundant at supermarkets.

It can be found in anything from cooking supplies, to microwave popcorn.

Whitson said it's best to eat whole foods, or foods in their original packaging whenever

Hoang Nguyen/THUNDERWORD Whitson explains the molecular structure of saturated fat.

#### possible.

She also recommended the book Nourishing Traditions by Sally Fallon as a good guide for healthy eating habits.

The next Science Seminar

will be held on Friday at 2:20 p.m. in Building 2.

Dr. Eric Baer, a geology professor, will be presenting "The Haitian Earthquake: Lessons to be learned from a tragedy."

## Woman bullied by doc

DEAR DR. DONOHUE: I am a 41-year-old woman, very petite, 5 feet 1 inch tall, and weigh 95 to 105 pounds.

I am being bullied about this by my doctors.

Have they supersized the height-weight tables to accommodate our increasingly obese population?

I am lightweight but have no health problems. Your thoughts are welcome. -- L.N.

**ANSWER:** Your body mass index is 18.9, which puts you in the normal weight category but at its lower end. If you feel healthy and eat a balanced diet, bully those doctors back.



Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him at P.O. Box 536475. Orlando, FL 32853-6475.





## COLLEGE TRANSFER FAIR

Wednesday, February 3 10 AM-1 PM

Highline Student Union Cafeteria, Building 8, first floor **START YOUR TRANSFER PLANNING NOW!** 

The Transfer Fair is YOUR opportunity to meet admissions representatives from over 25 Washington state four-year colleges and universities.

Come by and meet the admissions reps, pick up application materials & have your questions answered! This is a GREAT place to explore your transfer options!

> For a list of schools in attendance go to: http://www.highline.edu/stuserv/transfer/calendar.htm

FEBRUARY 13, 2010 10:00AM -4:00PM

## Free Admission

**BRING YOUR VALENTINE** AND PLAN YOUR SPECIAL DAY CALL 206-870-3777 WITH QUESTIONS



### Arts Calendar

•Burien Little Theatre presents Arne Zaslove's 1950s rock 'n roll version of *A Midsummer Night's Dream*, a comedy of mistaken identities set in 1957 on prom night at Athens High.

The performance will take place at The Burien Little Theater, Feb. 12, 13, 19, 20, 26, 27, Mar. 5, 6, 12, 13, 19, 20 at 8 p.m. Feb. 14, 21, 28, Mar. 7, 14, 21 at 2 p.m.

Tickets are available online at burienlittletheatre. com, by calling 206-242-5180, or by email at tickets@ Last week's — Weekly SUDOKU —

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burienlittletheatre.org.

•The Omaha Theater Company brings the classic tale of *The Little Engine That Could* to Kent's Spotlight Series on Saturday, Feb. 6 at

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2 p.m. This family-friendly ca (best for kids ages 4 to 9) 50 performance will take place ca at Kent-Meridian Performing Arts Center, 10020 SE 256th St. the

Tickets are available online at www.kentarts.com, by

dly calling 253-856-9) 5051 or at the Kent ace Commons, 525 4th ing Ave. N.

> •Got arts news? Contact the arts editor, Courtney Sankey by calling 206-878-3710, ext. 3317, or by e-mail

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at csankey@highline.edu. Please include time, date and location of the event, plus contact information.

## **Menchie's opens doors in Federal Way**

After facing delays, new location opens

#### By AMBROSIO AGUSTIN Staff Reporter

California-based Menchie's Frozen Yogurt is opening a new location at The Crossings in Federal Way today.

The pay-by-the-ounce frozen yogurt shop is a Friday-night staple in the southwestern United States, and its Federal Way location is Menchie's first break into Washington's frozen dessert market.

Owner Elizabeth Garner runs the store with her husband, Cameron. She said the store, her first franchise, was originally slated to open in the blistering summer of last year. Temperatures reached 103 degrees in Seattle– the highest area record to date– but construction problems slowed the process down, leaving Menchie's lovers high and dry until the space was completed and the store could open its doors in January.

"I don't think the [winter] weather will have much of



Co-owner Cameron Garner prepares Menchie's for its grand opening on Thursday.

a negative effect on how we do," Garner said. "Oregon and Washington are No. 1 and 2 in the country for ice cream consumption."

She said that she isn't worried about the chilling effect that the economy has had on businesses nationally, and that even with the combination of construction problems and an economy in recovery, she remains hopeful.

"[Menchie's has] seen that in a tough economy, fine dining is often the first to go, and small family outings, the ones that are not very expensive, are often the last to go," Garner said.

Surviving in Washington's frozen dessert market means differentiating yourself from competitors such as Red Mango and Cold Stone, to name a few. Menchie's touts a weighand-pay method of purchase. Here's how it works:

Customers help themselves to a rotating selection of more than 100 flavors of frozen yogurt and 42 toppings, served salad bar style.

"You can get a little, or get a lot," Garner said. The dish may hold a mouse's share or a mountain of frozen yogurt, and at the end it is all placed on a scale.

Menchie's charges 43 cents per ounce, not by the scoop or by the dish.

Garner said that waffle bowls are made throughout the day, and that customers have the option to use the edible dish for one dollar.

Frozen yogurt has long been seen by many as a healthier alternative to ice cream. While not as healthy as regular yogurt because of higher sugar content, frozen yogurt is a fermented dairy product.

"Our frozen yogurt comes from a creamery in Oregon, and has a very high concentration of live active cultures," she said.

"We're really clean and really fun," Garner said.

Menchie's Frozen Yogurt is located in The Crossings at 1409 S. 348th St. in Federal Way.

## Doing a mid-winter home check could save you money

#### By DAVID UFFINGTON

Many places in the country that don't typically experience harsh winter weather have seen records broken for low temperatures and snowfall. Even if you're used to hard winters, it makes sense to check the midwinter condition of your home because winter isn't over yet.

From a distance, check your roof with binoculars. Are any shingles missing? Look carefully around skylights, vents and chimneys.

While you're outside, check to see if the dryer vent is closed.

rafters.) Hold a lighter around the attic access to see if there are any drafts.

Use that same lighter around windows and doors. Seal windows inside with a clear plastic sheeting kit, the kind that shrinks with a hair dryer, or put up insulated drapes. Place a draft guard at the bottom of exterior doors to stop heat leakage. If you have an unheated basement, consider installing heat tape around the water pipes. Read the instructions carefully: Tape wrapped over itself is a fire hazard. Heat tape will only add a very small amount to your electric bill, especially when compared to the cost of fixing any frozen and cracked pipes. Check the heating ductwork, checking for air leaks and seal them with foil tape. Consider adding insulation to ductwork: Over half the value of the heated air is lost before it gets into the rooms above if ducts aren't insulated.

Check your basement for leaks or moisture. Running a dehumidifier if necessary will keep mold from getting started. David Uffington regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Write to him in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail. com. (c) 2010 King Features Synd., Inc.



If it's stuck in the open position, it creates access for cold air and creatures. If you haven't drained the outside faucet, it's worthwhile to do so even if you live in an area that is generally warm. Check downspouts to make sure they're aimed away from the house and that water hasn't accumulated next to the foundation.

If you have an attic, check inside for any wet spots on the plywood. If the attic is especially cold, consider putting down another layer of insulation. (If you're going to do it yourself, get guidance at the hardware store about whether you need insulation batts with or without the vapor barrier. In the wrong place, that vapor barrier can cause moisture damage to the

### JANUARY 30, 2010 10 AM - 2 PM TACOMA UW TACOMA CAMPUS TACOMA. WASHINGTON. EDU/COLLEGEFAIR TACOMA. WASHINGTON. EDU/COLLEGEFAIR

on University **PARTICIPATING SCHOOLS (LIST STILL GROWING!):** Art Institute of Seattle **\*\*** Bates Technical College **\*\*** Brandman University (formerly Chapman) **\*\*** Central Washington University **\*\*** City University of Seattle **\*\*** Clover Park Technical College **\*\*** Eastern Washington University **\*\*** The Evergreen State College **\*\*** FIDM/ The Fashion Institute of Design and Merchandising **\*\*** Northwest University **\*\*** Olympic College **\*\*** Pacific Lutheran University **\*\*** Pierce College **\*\*** Saint Martins University **\*\*** South Puget Sound Community College **\*\*** Tacoma Tacoma Community College **\*\*** University of Puget Sound **\*\*** University of Washington Bothell **\*\*** University of University of Washington Seattle **\*\*** University of Washington Tacoma **\*\*** Washington State University **\*\*** Western Washington University **PARTICIPATING SCHOOLS (LIST STILL GROWING!):** Art Institute of Seattle **\*\*** Bates Technical

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## News

#### The Thunderword / January 28, 2010

## Music teaches during MLK week

#### By CHUCK KIBBIE Staff Reporter

A panel of activist's said, music has helped forward the cause for equal rights for African Americans, during an MLK event last Wednesday Jan 20.

Jah Breeze, one of the panelists, said that the African American population was set to fail in the education system.

It was not until after his time in the civil rights movement that Breeze looked at this issue and asked himself "what can I do about it?" That's when he founded Jah Breeze Rhythms. Breeze said "music is the tool we use to meet people." Jah Breeze Rhythms provides African drum workshops and instruction to schools, theatres, summer camps, festivals, individuals, and community centers.

Breeze uses the messages in his music to represent the Afri-

can American population.

"When I give a hip-hop artist money to make a video, I don't want him making a video with cops beating him down in his neighborhood. I want him in Africa, wearing African garments," said Breeze.

Another panelist King Chasm said, people need to listen to the music and understand what it's about. You can find how any famous artist can put harmful lyrics to a smooth beat or rhythm and you may not realize the effect the song is having on you, Chasm said.

Breeze quickly added, "It's not about the chicas, it's about the message."

The panel agreed that music is the best way to relay a message or idea. "Music is the tablespoon of sugar [if you take an idea] put a beat to it and lyrics to it people listen, they will think about it," said Dr. Ben Thomas,



Panel members, inculding Jah Breeze and King Chasm, discuss how music helps teach people.

a Highline music professor.

Music of all type can be used to influence, Breeze said. "Music has no borders no boundaries, its universal," he said. "Just come to it."

Electrical Engineering @ North Seattle Community College - information sessions 2010

## **Dr. King's ideals forgotten**

#### By JOSH BECKER Staff Reporter

Dr. King's dream has not been realized, an expert said.

On Tuesday, Jan. 19, Dr. Dedrick Mohammed, senior organizer and research associate for the Program on Inequality and the Common Good at the Institute for Policy Studies, gave a seminar titled "Dream Fulfilled? The Legacy of Dr. King in an Obama Age."

Dr. Mohammed began his seminar with a brief history of the Civil Rights movement and two of its leaders: Dr. Martin Luther King Jr, and Stokely Carmichael, also known as Kwame Ture.

Carmichael, along with civil rights leader Charles Hamilton,



In 2005, the average income per capita for African-Americans was \$16,629, compared to \$28,946 for whites.

"For every dollar a white makes, a black earns 70 cents" Dr. Mohammed said. African Americans have a mere 10 percent of the net worth of whites.

Homes are another problem; if a home is inhabited by percent, compared to 155 percent for blacks. Sadly, the issue is still considered a "black" problem, not an issue that applies to all races, he said.

Dr. Mohammed said that about 69 percent of African-Americans believe Dr. King's dream has been realized. Whites are less optimistic; a mere 46 percent believe that King's dream has come to life.

Now, many have seen the election of President Obama as a sign that racism is gone forever. The problem is political advancement was not King's goal, he said.

"Martin Luther King wanted to improve the plight of the individual black, not to put a black man in a position of power," Dr. Mohammed said. Join faculty and advisors at the up coming information session listed below to learn more about Eastern's new **Electrical Engineering Program** at North Seattle Community College. A high quality academic program, ABET accredited, with low student to faculty ratio. *We look forward to seeing you!* 

### January 27

Highline Community College Student Union Building (Bld 8), 1<sup>st</sup> floor, 12:30 pm - 1:30 pm

For more information contact: Gar Springberry 509.359.6254 gspringberry@ewu.edu

authored a book called "Black Power: The Politics of Liberation." The book was basically an expose on what Carmichael called "institutionalized racism," how society as a whole is structured to be racist.

Dr. Mohammed went on to explain that in 1965 King's goal shifted from equal civil rights for blacks, to socio-economic equality. His famous March on Washington was not so much about civil rights as it was about economic reform. Unfortunately, that dream has yet to be realized.

Many believe that African-Americans and whites earn the same amount of money for the same amount of work. According to Dr. Mohammed, nothing could be farther from the truth. an African-American family or is located in a mostly African-American neighborhood, its worth is 10 percent less than one owned by a white family.

Dr Mohammed also explained how African-Americans are still struggling socially. Twenty-five percent of all African Americans live in poverty; one third of them are children.

"It is disturbing that in one of the richest countries on earth, so many people still live in poverty," said Dr. Mohammed.

Dr. Mohammed said that, while there are still many African-American children with unmarried mothers, white children are starting to catch up. From 1960 to 2006, the rate of such single parent births for whites had increased a whopping 229 Dr. Mohammed cited one of Dr. King's statements on politics:

"Negro Political leaders are genuinely popular leaders elevated by white men, inevitably subjected to their control," Dr. King said.

Dr. Mohammed went on to call President Obama a hypocrite, passing a bill giving billions of dollars to "higher areas of employment", while ignoring the plight of the African-American on the street.

"Martin Luther King has been 'santafied'," Dr. Mohammed said.

"We celebrate Dr. King and ignore what he really wanted," he said. "...Read the works of the civil rights leaders, see for yourself what their vision was."





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#### The Thunderword / January 28, 2010

## **Pipeline transports African-American kids to prison**

MLK week looks at the difficulties African-Americans face to rise above

#### By STEPHANIE KIM Staff Reporter

Children of color are more likely to enter the United States criminal justice system than white children, two experts said here last week.

Kimberly Early and Celestine Lanier-McClary of the Black Children Development Institute spoke on the Cradle to Prison Pipeline last Tuesday, Jan. 19.

The two women focused on why African-Americans and African-American children especially have a high risk of spending time in prison. They also outlined possible solutions to avoid this repetitive occurrence from happening in the future.

Living conditions, education, social struggles and racism are all key contributors as to why this occurrence is so common, they said.

"Redlining" refers to the poor living conditions and unequal opportunities Americans face, depending on where they live.



Kimberly Early explains the prominence of the Cradle to Prison Pipeline to students on Jan. 19.

Early and Lanier-McClary spoke of the African-American community's reliance on payday loan services.

Banks don't depend on lowincome households because they can't make investments in their communities.

Payday loan services make

it difficult for these low-income families to pay them back. The interest rate of a payday loan could be nearly 400 percent and the total pay off of the loan could be 4,000 percent of the original loan.

Aside from facing redlining, education plays a big factor.

The two experts emphasized the importance of early childhood education.

Liviu Bird/THUNDERWORD

Without educational stability, "one in three African-American preschoolers has a chance of going to prison," Early said.

Early adds, "Black children have a 50 percent higher chance

of dropping out of school than white children." These children lack the skills necessary to help them grow.

Unequal educational opportunities are also to blame for high prison rates among people of color.

"Poor urban schools have the highest number of inexperienced teachers," Lanier-Mc-Clary said.

Because of these inexperienced teachers, schools put children into special education programs, even when it is not necessary. Seven out of 10 fourth graders fail to read at a fourth-grade level.

Some 86 percent of the children in special education programs are African-American.

With no money or health care, children of low-income families are unable to get the help they need, making it difficult for them to be successful, Early said.

To put things into perspective, children from Hurricane Katrina are still waiting to be treated for mental and emotional issues after almost five years.

"In the United States, you only need 20 hours of training to become a director of a child care center," Lanier-McClary said.

"But to be a cosmetologist, you need 1,600 hours."

## Hip hop brings minorities together

#### By TAYLOR JOAQUIN Staff Reporter

Hip hop has become a popular forum for drawing on the minority experience, an expert said here last week.

In honor of MLK week the Multicultural Services invited Dr. Nitasha Sharma from Northwestern University to speak on campus. She presented "Inter-Minority Racisms and Cross-Racial Identifications: The Role of Hip Hop in Shaping Contemporary Asian/Black Relations in the U.S."



. . . . . . .

In Mississippi, prior to the Civil Rights Movement, Chinese-American students were prohibited from attending white schools, just as African-Americans were.

There has been a hidden conversation between African-Americans and Asian-Americans, Sharma said. People have acknowledged the oppression on the other side.

Now hip hop is at the fore-

## Search for permanent vice president begins

#### By NICHOLAS McCOY Staff Reporter

Highline is in the beginning stages of the search for a permanent vice president for Academic Affairs.

The vice president for Academic Affairs is in charge of more than 200 faculty and staff at Highline, conducts final in-

Jack Bermingham. Prior to his appointment, Wagnitz was the Dean of Transfer and Pre-College Education. He had been in that position since 2000.

"Given the typical way things work here, I'm sure he made that decision only after consulting with other key people; the division chairs, the other deans, the faculty association leadership,



Racism between minority groups exists and is probably exacerbated by commonly held stereotypes.

African-Americans are generally viewed as being the underclass and Asian-Americans are seen as honorary whites or model minorities, Sharma said.

Regardless of labels, African-Americans and Asians share a common past.

Both minority groups have been oppressed.

Sharma said there are "parallels in prejudices and histories."

Indentured laborers were brought to America from Asia to work alongside slaves from Africa.

In the 1800s, two Chinese gold miners were valued the same as just one African miner.

front of this dialogue.

The Asian-American hip-hop community is reaching out and hoping that after Sept. 11 and racial profiling, African-Americans will see that they're the same, that they share the minority experience, Sharma said.

Many South Asian-American artists have incorporated the experiences African-Americans have faced with their own.

The group Himalayan Project talks about the Civil Rights Movement's false promises of equality in their song *1964*.

Many people may think that Asian-American hip-hop artists just want to be black, Sharma said. But what they're really doing is using popular African-American culture to articulate their racial identity. terviews with faculty and staff being hired to work on campus, and works on determining how different cuts and expansions will be made to the departments on campus. The job's primary purpose is to oversee the college's instructional program.

The position is currently an interim position, held by Jeff Wagnitz.

"Interim appointments typically occur when a position becomes vacant on short notice. In this case, the previous vice president, who was also serving on an interim basis, by the way, announced her retirement late in the 2007-08 academic year," Wagnitz said.

Wagnitz was appointed interim vice president of Academic Affairs by Highline President and the Faculty Senate leadership, for example," he said.

"There is an application and review process. It calls for a committee and requires that certain key steps are followed. Beyond that, I don't know much about what's planned in this particular case," Wagnitz said.

The process to select the permanent vice president for academic affairs is just now beginning, President Bermingham said.

"Divisions are electing their representatives to a pool of faculty for the screening committee," Bermingham said.

"Once the committee is in place, we will have a better idea of how it will proceed," he said. *Reporter Jeanette Dimock contributed to this story.* 

Sharma

## People need environmental justice, pair says

By DAN JURPIK Staff Reporter

Environmental activism is important — particularly for those living in ethnic and diverse neighborhoods — local activists said here last week.

During a Martin Luther King workshop on Jan. 20, Environmental Justice and You, representatives from the Community Coalition for Environmental Justice spoke about the history of activism in environmental justice and the issues that are

**Currently being addressed**.

"The CCEJ is a multi-ethnic, non-profit organization working on social and economic justice," said Kimberly Early, a former board member of the coalition.

Early then added that the association was important in fighting environmental racism.

"Three out of five African Americans live in neighborhoods with uncontrolled waste sites, with some of the largest community hazardous waste landfills are located in predominately African American and

"Some of the larg-

est community haz-

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— Kimberly Early,

Environmental

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ties."

Latino communities," Early said.

"Native American lands and sacred places are home to extensive mining operations and radioactive sites," said Early. She then said that Hanford is the most polluted radioactive dump site in the U.S. and there are 9 reservations in the area.

Jonathan Betz-Zall, a current board member of the coalition and a librarian at Highline, talked about the differences between environmentalism and environmental justice; the fight for wilderness protection, resource preservation, and pollution control with the first versus the promotion of human rights and "protecting the places where people are, where they live and work," with the last.

Betz-Zall showed on a map of South Seattle neighborhoods based on ethnicity and income and their proximity to industrial sites with toxic emissions.

"Industries were zoned close to the Duwamish River in the early part of the 20th century," said Betz-Zall. "The idea was that the waste could be washed



out" into Puget Sound.

of industry.

The coalition has been active

in improving air quality, and ul-

timately, living conditions for

those who live close to the areas

victories in its battles for envi-

ronmental justice recently by

getting the Northwest's largest

paint company, Long Painting

Company to move its operations

to an industrial site in Kent.

Betz-Zall said the coalition has

been instrumental in having the

The coalition has had some

"Industries were zoned close to the Duwamish River in the early part of the 20th century. The idea was that the waste could be washed out."

— Jonathan Betz-Zall

U.S. Department of Housing and Urban Development (HUD) to include the local communities in the planning stages of its urban redevelopment. Something HUD failed to do in past planning, resulting in a loss of the number of homes that were built

Some of the coalition's current campaigns include the coalition for clean and safe ports, ensuring clean air and good jobs for all those working or living near Washington's ports.

## Fields of plastic debris litter the world's oceans

#### By DAN JURPIK Staff Reporter

Every piece of plastic that has ever been created, unless burned, still exists.

So began the Science on the Sound Speaker Series last Saturday at Highline's MaST center.

The guest speaker—writer, environmentalist and fisheries biologist Ron Hirschi—talked about plastics in the world's oceans and their impact on all life forms.

Hirschi described a patch of plastic debris that is roughly twice the size of Texas, floating out in the middle of the Pacific Ocean, a thousand miles north



Ron Hirschi

from stomachs full of plastics and fish are ingesting manmade toxins at alarming rates, making "One parent will fly up to a thousand miles for particular food such as squid and jelly-like flying fish eggs," said Hirschi. And as the seabirds mistake floating debris for food, "five tons of plastics are brought onto the islands (which make up the reserve) by adult albatross," returning to feed their young.

The population of albatross in the Pacific Ocean is on a decline, possibly due to the high numbers of fledgling mortality as seen by Hirschi while visiting the reserve.

The world's beaches are also deeply affected by the debris washing ashore.

The Midway Atoll is one of

those beaches. The group of islands are a United States territory located 3,200 miles off the coast of San Francisco

While visiting Midway Atoll, "I picked up a handful of sand, and counted a 150 pieces of plastic in it," said Hirschi.

"The plastic has gone micro," Hirschi said. "Roughly 50 percent of the samples of sand that I've gotten throughout the world, have plastics in them."

Hirschi said that everyone can help reduce the use of plastics.

Buying water bottles made of stainless steel, recycling plastics, and throwing trash into bins can keep debris out of the oceans.

The plastic bags for groceries use more than 1.6 billion barrels of oil to produce them and will take more than a thousand years to decompose. A plastic bottle thrown into the ocean will still be there in the year 2459.

The next guest for the Science on the Sound Speaker Series is Susan Landgraf, writer and poet, on the subject "Writing on the Sound," and it is scheduled for Feb. 13, beginning at noon.

Highline's MaST Center is at Redondo, next to Salty's restaurant, and is open to the public on Saturdays from 10 a.m. until 2 p.m. at no charge.

## ds of nla

of Hawaii.

But, the Great Pacific Garbage Patch, as it is called, isn't the only place in the ocean where plastics can be found.

"Every square mile of ocean throughout the world, not just the Garbage Patch, has an estimated 46 thousand pieces of plastics in it," said Hirschi.

Plastics have become pervasive in the oceans, straws, disposable lighters, water bottles, toys such as Legos and army men, are all washing onto beaches in every part of the world.

"Ultraviolet light makes the plastics brittle so even big pieces become small enough to eat," Hirschi said.

Birds and mammals die of starvation and dehydration

them poisonous.

"Our resident orca population, The J Pod, have the highest levels of PCBs and PVCs (toxic plastics) than any other organism on Earth," said Hirschi. "Roughly one million seabirds die of plastic ingestion each year.

Gulls definitely and I suspect loons and terns are ingesting plastics here locally," he said. Last May, Hirschi was invited by the USFWS, NOAA, and the state of Hawaii, to participate in an expedition to the Papahānaumokuākea Marine National Monument, which encompasses the Northwestern Hawaiian Islands. On the islands there are vast nesting areas for seabirds such as albatross. Got news? tword@ highline. edu 206-878-3710, ext. 3317



## Trustees

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Community College, and Yakima Valley Community College.

If the bill passes, after two years the legislature will decide whether the program was a success. If they deem it so, a student would likely be added to the board of trustees on all of the 34 community and technical colleges in the state, including Highline.

"Generally speaking the students are what it's about. Who knows students better than students?" State Rep. Bob Hasegawa, D- Tukwila said.

The position of the student member of the board of trustees would be appointed by the governor and confirmed by the State Senate from a list of three to five candidates. The candidate list would be provided by the Student Government. The only requirement proposed in the bills so far is that the student is full-time and in good standing with the college.

The student member of the board of trustees would be barred from voting on matters of hiring, discipline and tenure of faculty members and personnel. Their largest goal and contribution would be to represent the students' opinion, specifically relating to policy matters.

At the four-year state colleges, a student serves for one year on the board of regents, along with the nine other members.

"For every reason it worked at Wazzu [Washington State University], it will work at Highline and South Seattle and all the community colleges in the state," State Sen. McDermott said.

State Rep. Hasegawa pointed out that adding a student would diversify the board of trustees and culture multiple viewpoints, without overwhelming the opinion.

"It's not as if one person can dominate the board," State Rep. Hasegawa said.

### Battle helped define continued from page 1 America, historian says "I know a couple of girls that come here at night and leave

#### **By SAM REASH** Staff Reporter

The Battle of Antietam during the American Civil War represents not only the bloodiest day in American history, but also a decisive point in American ideals that we still hold today, a history instructor said here last week.

Tim Clark, a history instructor on campus, spoke passionately on the Battle of Antietam, and Abraham Lincoln's reaction to it in last week's History Seminar.

Prior to the Battle of Antietam, the North initially pursued the war to save the Union, and prevent the South from seceding. Although slavery was becoming more and more of an issue, Lincoln was still unable to address it directly, said Clark.

One example of the tensions over slavery was Oregon's request to become a state, while making it clear they did not want to participate in slavery.

"They did not want to inherit the national problem," Clark said.

This request kept them from becoming inducted as a state for nine years. California made similar requests when it asked to be inducted as well.

fought between General Robert E. Lee of the South and George B. McClellan of the North. Although the losses for each side were nearly identical, it was still declared a Northern victory. McClellan had successfully turned away the Confederate invasion.

The Northern victory gave Lincoln the power to issue the Emancipation Proclamation, Clark said. Previously he had to be careful about the announce-

Men's Basketball coach said,

portance of looking out for each other when players and coaches return to their cars.

"We tell them not to park their cars in the lot when we are returning at midnight or 1 a.m. from an away game because their cars have been broken into too many times to count."

However, some students said the crime on campus isn't that bad.

After transferring here from another college, Breezy Wegant said, "I used to go to the University of Washington in Tacoma and people seemed to get robbed there four times a day."

"As a coach I am concerned for our players and coaches' safety

who often arrive on campus at midnight from games." Dawson emphasized the im-

The Battle of Antietam was

Hoang Nguyen/THUNDERWORD Tim Clark explains the Battle of Antietam last Wednesday.

said.

the freedom of another, and has

remained as one of America's

defining ideals ever since, Clark

to use their currency to express

fundamental values within the

orated on our most abundant

piece of currency, remembered

as the president who held the

nation together and helped put

will be Wednesday, at 1:30 p.m.

in Building 3, room 102. Steve

Hueston, a historian, will talk

about what it was like to live in

The next History Seminar

country," Clark said.

an end to slavery.

Rome.

"All nations have a tendency

Today Lincoln is commem-

ment so it did not come off as

a desperate attempt to win sup-

is the defining event in that na-

mation declared the freedom of

slaves in Confederate territory,

and changed the dialogue of the

Lincoln placed the end of slav-

ery at the heart of the Union war

effort against the South, said

ger possible without the end of

slavery. It was the first time in

history that one race fought for

A Union victory was no lon-

By issuing the proclamation,

tional heritage," Clark said.

"In every nation the civil war

The Emancipation Procla-

port for the Union.

war.

Clark.



chez.

rules.

dent.

internship.

Mugging

alone. I'll make sure to leave

had not heard about the crime.

Several students said they

"I wasn't even aware that

this had happened. They didn't

inform the students," said High-

line student Marcus Loera-San-

parks illegally just to get closer

to the library regardless of the

front, right next to the Library.

You're not allowed to do that,

shocked to hear about the inci-

scary walking around [High-

line] at night," said Highline

student Desiree Williams. Wil-

liams is currently completing

her paralegal degree at Highline

and attends a night class for her

in the Paralegal Program and the

Ché Dawson, an instructor

but students do it anyway."

Loera-Sanchez also said he

"I park right there in the

Others said they were not

"I am not surprised, it is

with them now," he said.



### continued from page 1

"At that level, though, the budget takes the form of large spending categories — so much for Instruction, so much for Student Services, and so on. The particulars are sorted out by Executive Staff and the vice presidents, working with their divisions," he said.

College officials know that programs will be axed, but they are not sure which ones.

"We are thinking there will be cuts, but are not sure what," said Vice President of Administration Larry Yok.

But, even with budget cuts this large, a tuition increase for the 2010-11 school year is nearly inevitable, college officials

#### said.

"Last year they [the State Board of Community and Technical Colleges] set a 7 percent increase for 2009-2010, and another 7 percent for 2010-2011 is expected," Yok said.

"We are doing everything we can to take advantage of other funding sources to support students. In recent years, we've added programs like Opportunity Grants and Basic Food Employment & Training funds to the resources we have available for students. Whenever we are asked, if we can use more of the dollars, we try to get them," Wagnitz said.

"We also continue to look at grants and other fundraising opportunities that allow us to provide service without asking either the student or the taxpayer to foot the bill. These kinds of initiatives help, but they can't fully offset the effect of the increased cost and reduced state support," he said.

The amount of cuts is based on the Legislature's budget, which is composed of three initial budgets.

Governor Christine Gregoire proposes a budget, which will have to be approved by the two houses of the state Legislature and signed into effect by the Governor.

"It's very much a game in play. Make sure your legislators know how you feel," Yok said.

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## Weekly weather forecast



## Students rally against higher costs and less help

#### By MASAB EL-HIMRI Staff Reporter

Highline students will join other local college students to rally against increases in tuition and cuts in financial aid.

"This is the most important thing to rally about, this directly affects the students. Tuition is being increased and financial aid is being cut," said Chris Pennington, Highline Student

#### Government president.

Last year, Highline lost roughly 40 employees and completely closed down the Federal Way campus.

"We are asking the faculty to please take a minute during class to inform the students that the rally will be held in Olympia at the Capital Building on Feb. 15," Pennington said.

"This will be held on Presidents Day and there will be no school so we hope to see everyone there," he said.

Flyers have been passed out, people have been contacted through the involvement fair, and signatures have been collected in an effort to get everyone involved. Letters have also been collected from those who cannot attend the rally, Pennington said.

Pennington said one problem is that the original date of the

rally was changed.

"Originally we were set for Feb. 25 but that was cancelled and that put us in a hard spot because we had to contact everyone and make sure they are aware of the date changes," Pennington said.

"Bellevue College students despite the date are still heading down to Olympia on Feb. 25. They have already paid for transportation, advertisement and refuse to reschedule."

Washington state legislators will be present to hear stories and discuss these issues with students and others who attend the rally.

"I encourage anyone who has questions, comments or would like to be RSVP on this event to contact me directly through email at cpennington@highline. edu," said Pennington.



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