

THE Highline Community College Thunderword

Possible tax increases to balance state budget

By **CAITLYN STARKEY**
Staff Reporter

OLYMPIA - Legislators say they are considering increasing tax revenue to offset cuts and balance the state budget.

This year the state of Washington faces a \$2.6-\$2.7 billion deficit and according to state law the budget must be balanced.

Not only are legislators confronting challenges concerning



the budget, but lack of leadership from the governor and differences in opinions between Republican and Democrats has made it hard for any movement

to occur, said State Rep. Skip Priest, R-Federal Way.

Legislators are examining every inch of the budget to figure out what can be cut. Higher education is especially vulnerable because it does not receive federal matching funds and is not constitutionally protected. However, after discussing the budget for three weeks, legislators are considering another route for balancing the budget.

Tax increases are not gener-

ally popular but they do offset the amount of budget cuts.

"It's the worst time to increase taxes," said State Rep. Priest.

State Rep. Bob Hasegawa, D-Tukwila, clarified that tax revenue increase does not necessarily mean a general sale tax increase, though a few legislators have suggested the idea.

Please see Taxes, page 15

Highline tests positive for Coke

Better offer from Coca Cola prompts college to pop top on new soda contract

By **AMBROSIO AGUSTIN**
Staff Reporter

Coca-Cola has won a bid to be the sole provider of soft drinks at Highline.

The college put the distribution contract up for bid earlier this year, and after receiving proposals from Pepsi and other distribution companies, the exclusive five-year extendable contract was awarded to Coke, who gave Highline a sweeter deal, college officials say.

As a result, bright red Coca-Cola trucks have replaced Pepsi trucks as part of normal traffic at Highline, and vending machines on campus that once flew the Pepsi flag have been replaced with newer Coca-Cola machines.

Pepsi distributors and Highline have had a history that stretches back at least since the 1980s. In 1999, Pepsi donated three lighted scoring tables to replace the older ones at Highline's McConnaughey Field.

Dianna Thiele is the purchasing manager for Highline. She and Associate Dean of Student Services Jonathan Brown headed the project to find a distributor for Highline once Pepsi's contract had expired.

Thiele said that the money collected from the machines supports the college's general fund, athletics and campus activities. She said that it is too early to tell if the switch over to Coke will have a positive effect on how much money is collected.

"The change occurred during the break in December," Thiele said. "We thought it would be easier to switch out the machines while a majority of the students, faculty and staff were gone. Pepsi moved quickly to remove its merchandise from the campus."

While most of Highline's population was away on winter break, the school's maintenance crews assisted Pepsi in removing their vending machines and helped Coke install theirs. The process took only a few days.

The exclusive distribution contract with Coca-Cola states that Highline may not serve Pepsi products. Even Chartwells, who manages food service in the Highline Student Union had their refrigeration units and soda fountain replaced. Chartwells sold through their stock of bottles of Pepsi and Lipton iced tea and replaced them with Coca-Cola and Honest Tea.



Hoang Nguyen/THUNDERWORD

The cafeteria uses the remaining Pepsi cups before re-stocking with new Coke branded ones.

Facilities Services Manager Barry Holldorf said that the Highline crew removed door jams and helped the distributors move.

"That was our hand in it," Holldorf said. "But Coke did the heavy lifting."

The new machines have been placed in the same locations as the old ones, and carry pretty standard fare. But in addition to Coca-Cola and Dasani bot-

tled water, a few energy drinks, bottles of tea and Coca-Cola's widely popular Vitamin Water brand are available as well.

Shirley Bean, Highline's director of finance and auxiliary services said that the college is already seeing trends.

"The energy drinks in the Pavilion are already very popular," she said.

Please see Coke, page 15

Campuswide e-mail begins incognito

By **DAVID LUGO**
Staff Reporter

Many students are unaware of the new Highline based e-mail system, but are interested in using it in the future.

A new campus based e-mail

system has been introduced at Highline. The e-mail system, which is based on Gmail, can be accessed at <http://students.highline.edu> by inputting the my-HCC username and password.

There are absolutely no forms to fill out. The service

may be activated on devices such as iPhones and BlackBerries in the same manner that someone would add any Gmail account.

Many students feel that this is a great idea for improving the level of communication be-

tween not only instructors and students, but between the college and students.

However, many were surprised to know the system had

Please see E-mail, page 15

INSIDE

February 4, 2010
Volume 49, No. 15



Women's hoops player comes long distance for Highline /P7



Host a winning Super Bowl party/P11



Tet festival roars to life /P16

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Weekend Weather



Few showers on Friday, mostly cloudy on Saturday, few showers on Sunday.

For full forecast, see page 15.



Student's car stolen from east parking lot

A Highline student had her 1999 Red Honda Civic stolen on Feb. 2 from the East Parking Lot.

The student parked her car in the lot at 2:30 p.m. and returned for it at 9:40 p.m. Her car was not where she had parked it earlier in the day. She went to the security office to report the incident.

Security drove the student around campus to the various lots to make sure her car had not been abandoned in another parking lot. Once they had verified the Honda was no longer on campus the Des Moines Police were notified.

Man causes trouble at the library

A library employee called security to report an adult male who was making trouble at the library on Jan. 28 at 5:20 p.m.

Security observed the man running from the library when they responded to the call. The man left the campus via the North Parking Lot without further incidence.

iPhone stolen from testing center

A student reported his iPhone had been stolen from a locker in the testing center on Feb. 2. at 11:30 a.m.

The student had locked his iPhone in a locker at the testing center when he went to take a test. He returned the key to the front desk after he locked his phone inside.

The front desk at the testing center then issued the same locker to a second student. The second student finished his testing first and retrieved his items from the locker.

When the first student completed his test his phone was gone from the locker when he went to get it.

Lost and Found

Items found: gold ring; thumb drive; large denomination dollar bill. To claim your items you must go to the security office and describe them as well as the location and date you lost them.

— Compiled by
Jeanette Dimock

Pilots speak about Black History Month

Retired Tuskegee Airman Lt. Col Bill Holloman III will host a panel discussion in honor of Black History Month this Saturday at the Museum of Flight.

The presentation is a panel of five African American aviators who will talk about their experiences as pilots.

The panel includes Alaska Airlines pilots, Capt. Mike Swanigan, Lt. Col. Kimberly Scott, and Lt. Col. Rod Lewis who is also an Air Force Reserve pilot and Commander of the C-17 Squadron at McCord Air Force Base.

The panel will also include Major General Harold Mitchell, who is an Alaska Airlines pilot and U.S. Air Force Pilot who is currently working for the Pentagon.

The program is in the William M. Allen Theater on Feb. 6, at 2 p.m. The program is free with museum admission.

Spring Cruise class available for students

Students can still sign up for the Spring Cruise from Vancouver B.C. to Seattle. Highline students can sign up for a three-credit class to go on the cruise, but you do not have to be in the class to go on the cruise.

The cruise will be on the Holland America Cruise Liner, the MS Amsterdam.

There are plenty of activities to do on board, from the Greenhouse Spa & Salon to the Culinary Arts Center. Prices vary from \$249 to \$379 plus tax.

Those who take the cruise will take a bus to Vancouver where they will enjoy a overnight scenic cruise to Seattle.

Taxes are \$42.78 per person.



Cody Warf/THUNDERWORD

Students walk to class through a fog covered campus last Friday.

Deposits to reserve a cabin are due by Feb. 11.

Transfer Workshop in the Writing Center

Students can learn how to write winning personal statement at the transfer workshop this Thursday in the Highline Writing Center. Writing Teacher Matt Schwisow will be presenting on the essay transfer students are often have to write in order to be accepted into a baccalaureate. The workshop will be held on Feb 4. from 12:10 to 1 p.m. in Building 26, room 119i.

MRC Workshop on reducing stress

There will be a workshop in the Math Resource Center on the topic on Reducing Test Anxiety.

Highline Counselor Patricia Haggerty will be presenting the workshop and will take place on Wednesday, Feb. 3, from 9 to 10 a.m. and Thursday, Feb. 4, from 2:30-3:30 p.m.

The workshop will take place in the Math Resource Center, Building 26, room 119.

Calendar

•This week's Movie Friday will be showing *The Hangover* at 12:30 p.m. in Building 29, room 105 on Feb. 5.

•A representative from the University of Alaska-Fairbanks will be on campus to answer questions about admission, requirements and majors. The representative will be on campus on Tuesday, Feb 9, in the first floor of the Student Union from 9 to noon.

•The Museum of Flight will

have a free showing the 2009 feature film *Amelia*, the story of American Aviator Amelia Earhart. The museum will have free admission from 5 to 9 p.m. The movie will be on Feb. 4, at 6:30 p.m. in the William M. Allen Theater. Seating will be on a first come, first serve basis.

•Highline professor Dr. Bob Baugher will speak on the Long Term Effects of Traumatic Brain Injury at this Friday's Science Seminar.

Dr. Baugher worked as a psychosocial counselor for eight years at the Good Samaritan Neuropsychological Services. He will be presenting the seminar on Feb. 5, at 2:30 to 3:30, in Building 3, room 102.

HOT JOBS

NEED A JOB? WE GOT JOBS!

Residential Support Staff ~ full/part time ~ 5509

Assist clients with daily living skills, community integration, medical and dental health, education and individual client goals. Experience with people with disabilities is preferred, but not required. CNA's and those pursuing medical degrees strongly encouraged to apply.

Location: Puget Sound area

Hours: 8-40, pt/ft/wkends

Wage: \$10.30 plus benefits and mileage

Looking for employment? We've got jobs and nobody is filling them! Visit the Student Employment office to view job postings, get information, have your resume reviewed, learn about employment outlook, and more.

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

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Psych Lab now open to students

New lab has advising, help with homework

By **BRYANNA MALONE**
Staff Reporter

Psychology students would be insane not to utilize the resources inside the Psychology Lab.

Students that are enrolled in psychology classes or are thinking about enrolling in one can benefit the most from this addition.

The psychology faculty thought that it would be much easier for students to come and talk to professors in the Psychology Lab, rather than going across campus to try and get a hold of a professor during their office hours.

It is run by full-time psychology professors. Each professor has a different background in psychology, education and teaching.

Each full-time professor uses one of his or her office hours to stay in the lab for students to come in and talk to them.

“Students do not necessarily need to see their own teacher, but may go see any of the faculty during these hours,” said Garth Neufeld, a psychology professor.

“Appointments may be made outside of these times, to meet with faculty in their offices or at the Psych Lab,” he said.

The Psychology Lab can be used for many different things. Students can go in during open hours for advising, help with homework, or just to talk to a professor about a psychology degree.

“There are also a lot of psychology resources in the Psych Lab, like textbooks, journals, magazines and learning tools,” Neufeld said.

The resources in the Psych Lab are there to help students with their homework, questions, and research. By including these resources, it allows the students to come in to a quiet environment with the proper tools to study.

Creating the Psychology Lab has been a goal of the Psychology Department for about a year.

There is also a computer in the Psychology Lab. The computer has access to the internet and in the future is going to have access to a website that will allow students to work through experiments and tutorials.

The Psych Lab is not drawing as many students to it as the psychology staff had hoped it



Brian Horrocks/THUNDERWORD

Psychology students and those prospecting the field can ask questions in the Psych Lab.

would. The few students that have entered the psych lab have mainly come in to talk to their own professors, Dr. Michele Manber.

The Psych Lab is there to help students and should be used, she said.

The ultimate goal for the Psychology Lab is to get students to sit in as helpers to the professors, as well as getting students to come in for study sessions with their classmates,

Dr. Manber said.

The psychology staff is trying to get students more involved with their classes.

The addition of the Psychology Lab was made in the hope that students would come in and use their excess time to get clarification or help with their psychology classes.

If you need some help with psychology homework or are interested in taking a psychology class, visit Building 21,

room 204 at one of the scheduled hours and a professor will be there to help you.

The lab is open Tuesdays 9-9:50 a.m. and 4-5 p.m.; Wednesdays 10-10:50 a.m. and 11-11:50 a.m.; Thursdays noon-1 p.m. and Fridays 11-11:50 a.m.

The schedule for the Psychology Lab is online at <http://psych.highline.edu/>.

The schedule for the lab will change every quarter, but will be posted online with the changes.

Highline Heroes Rod helps raise funds for Highline

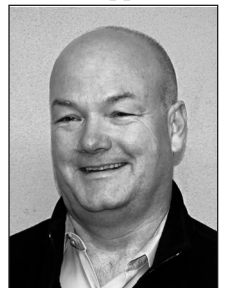
By **JON BAKER**
Staff Reporter

Rod Stephenson helps students gain a better education.

Stephenson is the executive director of the Highline Foundation and Resource Development.

Stephenson said the mission of the Foundation is “to raise funds to support the

m i s -
s i o n
of the
college
for stu-
dents,
faculty,
p r o -
g r a m s
a n d
capital
projects.”



Stephenson

“We awarded approximately 40 scholarships last year totaling \$75,000,” Stephenson said.

The Foundation works to help the college overcome budget shortfalls, especially in economic times like the present.

“There are projects out there that the state isn’t going to fund, so our job is to fill in the gap,” he said.

Stephenson helped raise \$2 million for the MaST Center in Redondo.

“The MaST center was our first big capital project that we did and now we’re looking at others,” he said.

It takes a lot of work and help to achieve the success that the Foundation has achieved, he said.

“The success of the Foundation is built on the backs of the [Foundation] board and the vision of the [college] president,” Stephenson said.

Highline’s Foundation is working to provide better facilities and educational opportunities for current and future students, he said.

“In another year and a half we will be celebrating our 50th anniversary here on campus,” Stephenson said. “The Foundation is planning on doing some spectacular things here during the 50th anniversary celebration.”

“*Highline Heroes*” is a new weekly feature. If there is someone you would like to see here, send an e-mail to tword@highline.edu.

Editorial comment

A label doesn't make us louder

Appointing a student to the board of trustees at community colleges would be a mistake.

Last week, Jan. 28, we reported on companion bills Senate Bill 6687 and House Bill 1949, which would establish a two-year pilot program at five test schools around the state, the closest of which are Bellevue and South Seattle.

State Rep. Bob Hasegawa, D-Tukwila, is a big advocate of the bill on the basis that four-year schools have students serve on the board of regents, but he needs to realize that community colleges are not like four-year schools.

Many of the students at community colleges are here because they are not ready to be at a four-year school. There are many bright students at this level, but those students are bright enough to realize that they wouldn't want to be on the board of trustees.

Also, the student appointees would not be able to vote on matters of hiring, discipline or tenure of faculty members and personnel. So there seems to be little point to having this position on the board, because those are the matters that the board votes on that really make a difference.

State Rep. Hasegawa makes a good point in saying that one person doesn't make the whole board. However, when the power of the student member of the board is as minuscule as this bill makes it, it's almost as if they are not even there.

Student government is designed to give students a say in what happens with their school's money and direction.

At every Highline board of trustees meeting, the Student Government president or vice president presents to the board, so also having a student on the actual board to give students' opinions is pointless.

The Legislature is trying to ensure that students have a fair say in what goes on in their school. There is nothing wrong with that. However, they really should have thought it through before trying to get this bill passed.

It's not like the students don't have a voice at Highline. The administration always gives students the opportunity to voice their opinions.

The Student Government, which has more influence over those in Building 1 than the common student, also listens to students.

Having somebody on the board of trustees without any real power won't make students' voices any louder.

Staff

Bring him in some Tonkas and he'll wet himself.

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Gregoire's plan hurts students

Tuition in Washington state is a bargain, according to Gov. Christine Gregoire.

In fact, she claimed that "we're the best bargain" in an interview with KIRO TV on April 14, 2009.

Gregoire has recently been pushing to grant universities "tuition flexibility" by taking away the state Legislature's ability to keep tuition in check.

However, State Rep. Deb Wallace, D-Vancouver, believes that handing over the authority to set tuition prices to the universities is not a good idea and is the responsibility of the Legislature.

Additionally, Mike Bogatay, executive director of the Washington Student Lobby, believes that historically, financial aid has not been able to keep up with "local tuition control."

Even in a time of severe state budget crisis, we cannot continue to view students as an expense to be cut by the Legislature.

When the Legislature was lightly pressed for the rationality behind the large tuition increases in April 2009, they claimed that the hikes were necessary in order to balance the state's budget.

So students are being subsidized by federal funds that are supposed to be making tuition more affordable for students, but in fact may be diverted away from higher education to enter the state general fund.

Critics believe that Gov. Gregoire doesn't seem particularly worried about wasteful spending given the current \$2.6 billion deficit.

Instead of attacking the high cost of tuition at its roots, some believe Gregoire would rather divert federal funds intended for students to the universities, only to become further diverted into a state general fund.



Guest
Commentary
Lexington
Alexander

Gregoire has also stated that students could certainly come up with the extra \$500 in expected tuition increases.

But, most Washington students have to borrow money in order to afford attending college.

More than half of federal aid is distributed to students in the form of loans, mostly federal loans that Gregoire may sap from universities in an effort to pack her general fund with the recent increases in available federal funds.

One Ph.D. candidate from the University of Washington who asked not to be named said that although she was against increases in tuition, she thought that students having to pay an extra \$500 on average could be understandable, given the budget crisis affecting all of America.

Comments from Gregoire about state tuition being a bargain as well as the notion of \$500 being a nominal fee for students not only make the governor appear out of touch, but that she's making statements without doing the proper research.

It's difficult to look past alternative agendas that involve creating a back door for diverting student funds to some state general fund.

Aims such as this won't help save universities from their financial woes.

She's worried about the state deficit, and she plans on diverting federal funding from the students that need it, and she will ultimately cut the universi-

ties' primary source of funding off at the knees.

Increasing the cost of tuition will make education even less accessible for low-income students than it already is, and this is why university students can no longer afford Gregoire as their state governor.

In order to prevent tuition setting by universities, students need to flood the governor's office with letters, raise awareness of the issues on university campuses, and write to the Legislature about how tuition increases affect them.

Without pressure and support from Washington's citizens, we can only expect further increases in student loan debt, an ignorant and uneducated populous and the disappearance of the already declining middle class.

Lexington Alexander transferred from Skagit Valley College in Mount Vernon to Washington State University, where he recently graduated with a bachelor's degree in social science.

Write to us

The Thunderword invites letters and guest commentary from members of the campus community.

E-mail your submission to lbird@highline.edu.

Letters should be no more than 200 words.

Commentaries should be 600 words or less and arrive no later than Monday for publication that Thursday.

Submissions may be condensed and/or edited for spelling, grammar and length.

Provide contact information for confirmation purposes.

We strive to publish all submissions.

HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Dress is different. 2. Man has glasses. 3. Tree is wider. 4. Suitcase is different. 5. House is gone. 6. Dog's collar is missing.

Way to Go

Across

1. Checkout counter action
5. Russian ruler:Var.
9. Cheese ____:Snacks
14. Gentle
15. 1948 Hitchcock thriller
16. Lace tip
17. Police dept. alerts
18. Caesar's unlucky day
19. Land of Nod
20. Nelson Riddle song title
23. Naval rank:Abbr.
24. "I get it!"
25. Romanian coin
26. Rascal
29. Smack again
31. Tight-fisted
33. Fancy neckwear
34. Potpie morsel
36. Strong start?
37. Quarterback's call
38. French Quarter tourist attraction

42. Mom's warning
43. Financing Abbr.
44. Letter opener?
45. Refund check Org.
46. Pub container
48. Burn
52. Workout target
53. Bic stick
54. Be in debt
56. "Hooray!"
57. Crosby and Hope '42 comedy film

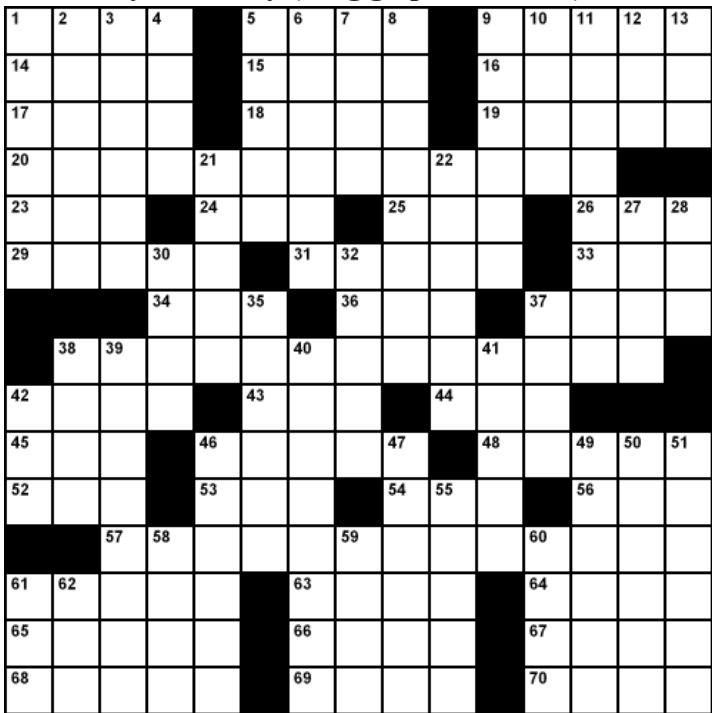
61. Alter
63. General Bradley
64. Den
65. Dorothy to Aunt Em
66. Concludes
67. Genesis garden
68. Eats a meal
69. Part of D.C.
70. Sun. talks

Down

1. Ogler

Crossword 101

By Ed Canty (Ed@gfrpuzzles.com)



2. Gangster Al
3. Sneak attack
4. It may be out on a limb
5. Alternative for Pat
6. Signs from above?
7. Pinnacle
8. Fidgety
9. Skip
10. Wrinkly fruit
11. Not rigid
12. Doctor's charge
13. Fuel additive
21. Restaurant patron
22. Brewer's needs
27. Water under the bridge
28. Foot the bill
30. " ____ the cat outside"
32. Painter Rousseau
35. Died down
37. Salon offering
38. Make yawn
39. Appear in a movie
40. Like summer shoes
41. Stair part
42. Salsa alternative

46. Black suit
47. Wanderers
49. Pinball palace
50. More risque
51. Rose bush prickles
55. In the ____ way
58. First word of "The Raven"
59. Dodge model of the 1980s
60. Shouts to toreadors
61. Here-there connector
62. Two DI's

Quotable Quote

A man who has never gone to school may steal from a freight car; but if he has a university education, he may steal the whole railroad.

... Theodore Roosevelt

By GFR Associates ... Visit our web site at www.gfrpuzzles.com

Last week's crossword solution

ANIMAL CRACKERS



2 p.m. This family-friendly (best for kids ages 4 to 9) performance will take place at Kent-Meridian Performing Arts Center, 10020 SE 256th St.

Tickets are available online at www.kentarts.com, by

calling 253-856-5051 or at the Kent Commons, 525 4th Ave. N.

•Got arts news? Contact the arts editor, Courtney Sankey by calling 206-878-3710, ext. 3317, or by e-mail

at csankey@highline.edu. Please include time, date and location of the event, plus contact information.

Trivia test

by Fifi Rodriguez

1. ANIMAL ADJECTIVES: What is a group of dragons called?
2. TELEVISION: What was Norm's last name in the sitcom series *Cheers*?
3. GEOGRAPHY: Lapland is a region of what country?
4. ARTS: An eisteddfod -- a festival of music, literature and performing arts -- is held in which country?
5. ANATOMY: Where is the retina located?
6. HISTORY: Who was known as The Iron Chancellor?
7. U.S. STATES: The Catskill Mountains are located in which U.S. state?

8. FOOD & DRINK: What kind of plant does the flavoring saffron come from?
9. MOVIES: Who directed the movie *The Lost Weekend*?
10. ANIMAL KINGDOM: What kind of creature does the Australian bandicoot most resemble?

1. A weyr
2. Peterson
3. Finland
4. Wales
5. The eye
6. Otto von Bismarck, Germany
7. New York
8. Crocus flower
9. Billy Wilder
10. A large rat

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Arts Calendar

•Burien Little Theatre presents Arne Zaslove's 1950s rock 'n' roll version of *A Midsummer Night's Dream*, a comedy of mistaken identities set in 1957 on prom night at Athens High.

The performance will take place at The Burien Little Theater, Feb. 12, 13, 19, 20, 26, 27, Mar. 5, 6, 12, 13, 19, 20 at 8 p.m. Feb. 14, 21, 28, Mar. 7, 14, 21 at 2 p.m.

Tickets are available online at burienlittletheatre.com, by calling 206-242-5180, or by email at tickets@burienlittletheatre.com

Last week's Weekly SUDOKU Answer

3	5	8	6	7	4	2	9	1
9	1	7	3	2	5	8	4	6
6	4	2	8	1	9	7	3	5
5	2	9	4	6	3	1	7	8
8	7	3	1	5	2	9	6	4
1	6	4	7	9	8	3	5	2
7	3	5	2	8	6	4	1	9
4	8	6	9	3	1	5	2	7
2	9	1	5	4	7	6	8	3

burienlittletheatre.org.

•The Omaha Theater Company brings the classic tale of *The Little Engine That Could* to Kent's Spotlight Series on Saturday, Feb. 6 at

The Thunderword / February 4, 2010

Grounds gets bitten by acting bug

By **CHUCK KIBBIE**
Staff Reporter

Whitney Grounds, a student here at Highline, found a love for acting during her final quarters attending the college.

Grounds will be playing the role of Ismene in the drama department's winter production of *Antigone* by Sophocles, adapted by Jean Anouilh.

Ismene is the sister to the title character, Antigone, who lost two brothers in the war. One brother is disgraced, the other is not.

Antigone wants to speak to the ruler, Creon, about letting them bury him with honor, but Ismene does not wish to go against the law and leaves her.

While this is Grounds' first lead role at Highline, she started taking Drama classes Fall Quarter 2009. She studied under the helpful eye of Debra Pralle, one of the drama department's professors.

"I just decided to do it for fun, but found a passion for it," Grounds said.

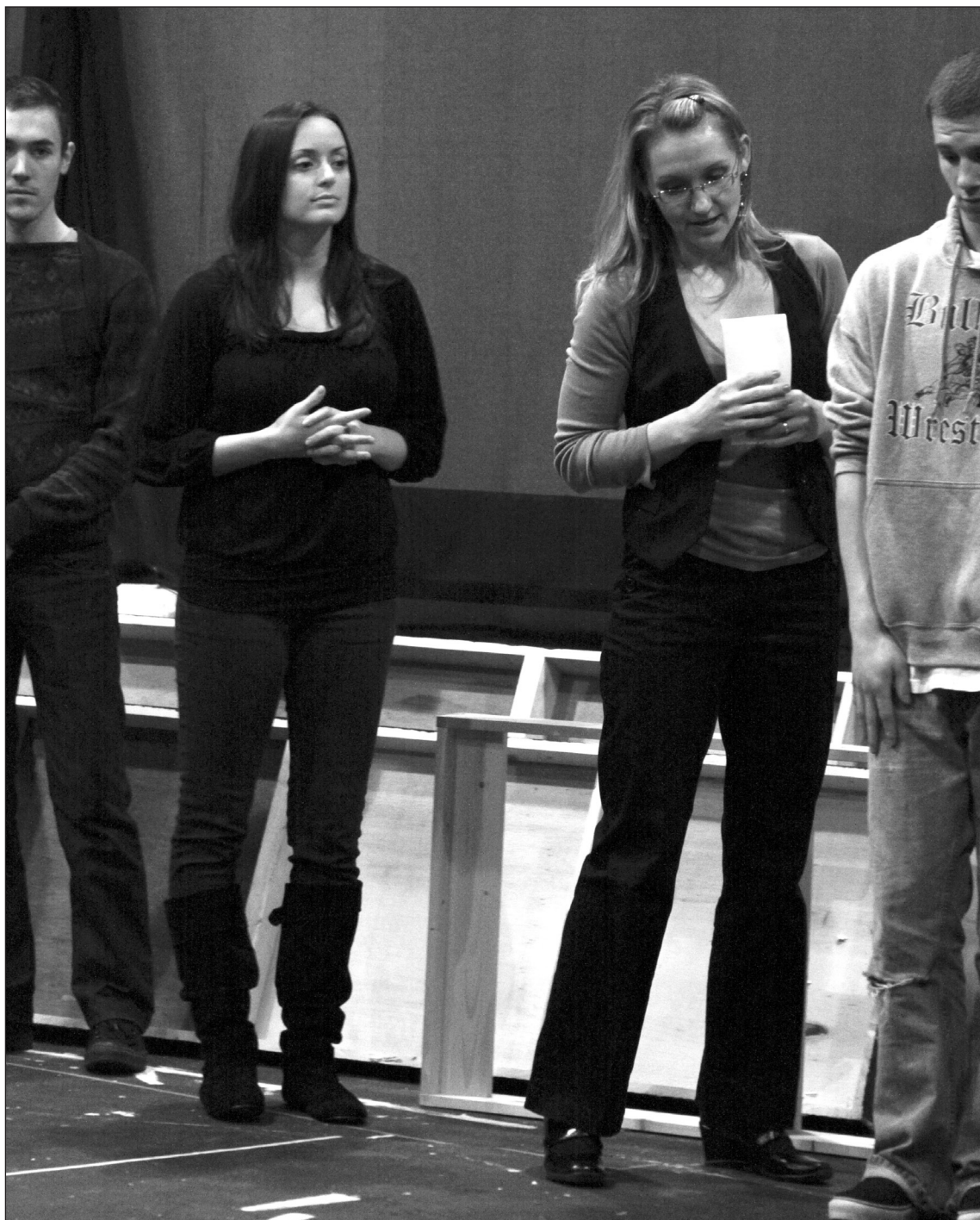
She first became involved in acting when she was 12 years old, when she participated in the drama department at Kamiak High School in Mukilteo.

One of the key factors in Grounds' found passion for the arts has been the influence of her brother, who is an aspiring actor and songwriter.

"He has definitely inspired me. I have always had a love for the arts and it has always been something he and I could relate to with one another."

Though Grounds has always had a love for the arts, she had never taken it seriously enough to consider it a career option, that is until she took a class at Highline and fell back in love with the craft.

"I never really did it, until now," said Grounds. "In the last three-four months I've grown as



Cody Warf/THUNDERWORD

Grounds, center left, with Debra Pralle, center right, at rehearsal for *Antigone*. The show will preview on March 3, with the show running the Thursday through Saturday, March 4, 5, 6 and 11, 12, 13. The play will be performed in Building 4, the Little Theatre.

an actor and I know I can learn and grow more."

Grounds has her associates of arts degree, but has yet to figure out what she would like to focus on.

"I haven't decided to take my degree farther until I have dabbled in the arts a little more."

Grounds plans to move to

Los Angeles in June to test the acting waters before diving head first into the ocean, this will be her last quarter at Highline.

She expects to see her brother moving to Los Angeles in about a year, and said, "My parents will be retiring down south soon."

Grounds hopes to find some-

thing available in acting while in Los Angeles, but will resort to a different means of employment if she can't.

"I wanted a change, I have never really lived anywhere else and I figured I may as well move while I'm still young," said Grounds. "And it will hopefully help my acting opportunities."

Bands alter music over time

I love music. I love any and all of it. My iPod is filled with all sorts of cultural, spiritual and every genre you can think of.

From opera to rap, Swedish rock to African chants, I can't get enough of it. If I am not working I am listening to music.

I walk to class with my earbuds in, crank up the music in my car and wear my earbuds around my house or while I'm doing homework.

I come from a musical family. My parents both sing and play the guitar, my mother also



Holding Court

Courtney
Sankey

plays the piano, my sisters and brother can all carry tune and can play instruments. I myself I have been classically trained in opera and musical theater and currently play the tenor drum in a Scottish pipe band.

Recently I went to the AFI concert that was held in the SODO district. After the concert, my friend Kelli and I started discussing the way that bands throughout their careers change the sound of their music.

AFI has been one of the culprits in this scheme. Their sound has morphed throughout the time that they have been together. They started out a little more hardcore than where they are at now.

The Black Eyed Peas' style and sound changed when Fergie joined the group. Incubus also went from being a little more dark and rock to creating songs that everyone knew and could easily hum along with.

Now, some bands do this just as a natural progression to what they were already doing. They try out new and different sounds just to try something new and exciting.

But there are some bands, not necessarily the ones mentioned above, that change their sound to sell more CDs or create a bigger fan base.

Both create more income for the bands and all that is sacrificed for that is the bands' sense of original self.

Why do they do this? There are some bands that I love that have managed to stay who they are and not sacrifice their musical outlook.

I'm not saying by all means that I hate it when a band decides to go a certain direction to try to boost sales or become more main stream but I wish that bands would eventually go back to their roots and start at the beginning again.

Federal Way Symphony swings back to '50s

By **CHUCK KIBBIE**
Staff Reporter

The Federal Way Symphony will be performing *Flash, Bam, Alakazam* with world-class singer and performer Wanda Plimmer.

The performance will be at St. Luke's Church at 2 p.m. on Feb. 7.

On the stage performing from the symphony will be a swing band.

These typically consist of four trombones, four trumpets, four saxophones, drums, a keyboard and a bass guitar, bringing out the jazz style in music.

By including soloists, such as Wanda Plimmer, the symphony will typically acquire high levels of excitement for their concerts, said A. Brian Davenport, conductor/maestro of the Federal Way Symphony.

Big bands and jazz were big in the times it was during the 1930s and '40s.

Since *Flash, Bam, Alakazam* is being performed by a big band, the music of the concert will showcase pieces from before World War II and some in the '50s.

Davenport said the concert music will not be what the normal symphony patrons would

expect.

"It [jazz] is not typical classical, it's a totally different animal," said Davenport.

It's a unique style of music created from a different time by diverse people yet meant for everyone to hear, he said.

Before coming to Federal Way to conduct the symphony in 1980, Davenport was a conductor for 10 years in Cologne, Germany.

Davenport said he is proud to be conducting the symphony and to have Wanda Plimmer performing with them.

Wanda Plimmer was four-years old and playing the accor-

dion when she decided that she loved singing rather than playing an instrument twice her size.

Plimmer served in the navy for 10 years and sang around the world while in service.

Plimmer has performed in Bermuda, Japan, Los Angeles, Philadelphia, Biloxi as well as other cities and countries around the world.

Season and single concert tickets can be purchased by calling 253-529-9857.

St. Luke's Church can be found at 515 S. 312th St., and directions can be found on the symphony's website www.federalwaysymphony.org.

Highline's Tsosie finds love in basketball

By **TORY GORANSON**
Staff Reporter

Nicoletta Tsosie's passion for basketball has led her all the way from Chinle, Ariz. to Highline.

In 1997, she went to one of her cousin's basketball games and knew that basketball was the game she wanted to play, Tsosie said.

The 5'5" freshman point guard once played football, baseball, and track when she wasn't busy with basketball. However, those former activities were all merely to "prepare her for basketball," she said.

"Football taught me toughness. It compared to basketball with contact and intensity," Tsosie said.

For Tsosie, a girl playing football was nothing out of the ordinary.

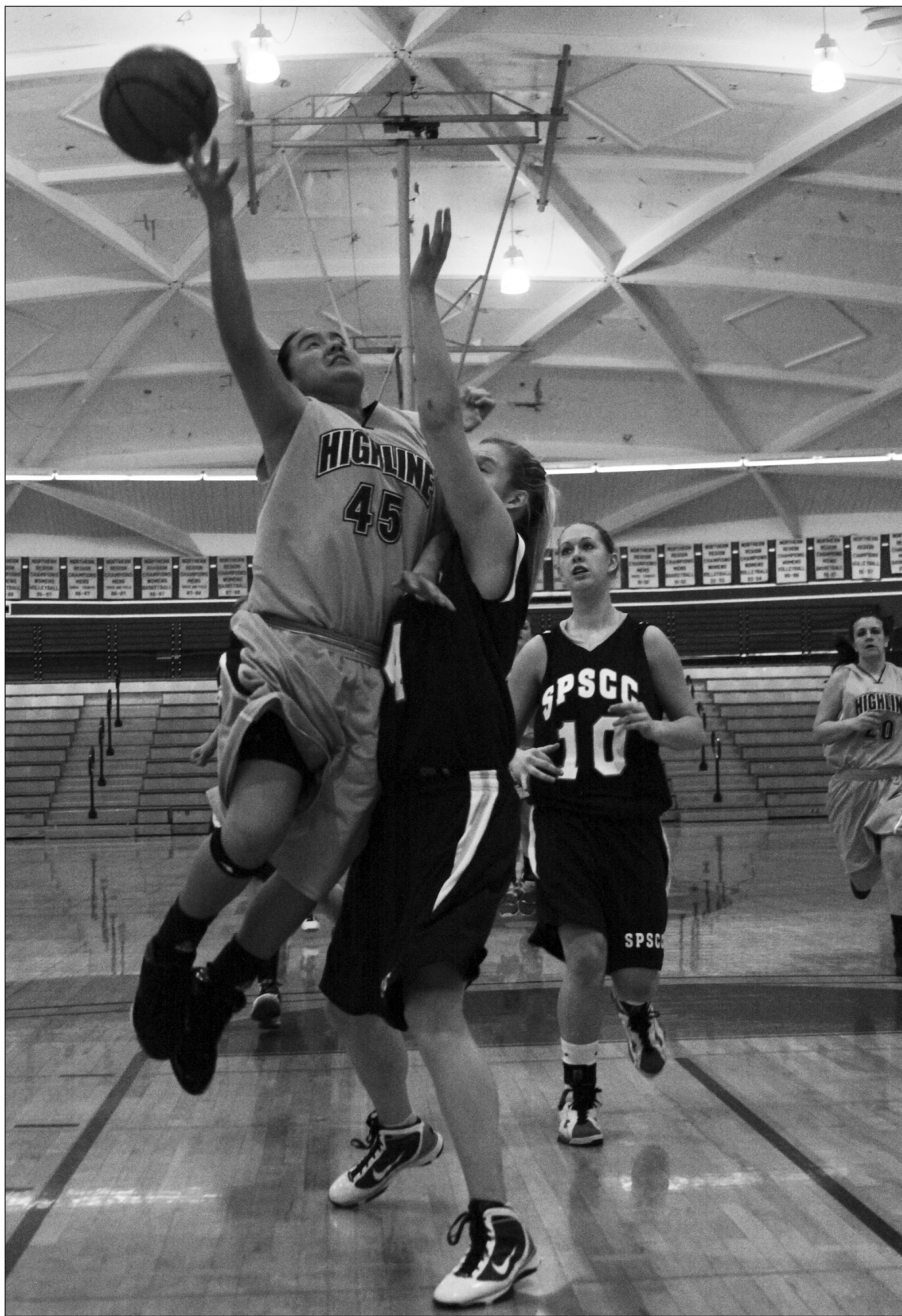
"My brothers play football. My younger sister also plays football. I went to school with my cousins and we all played football together," she said.

Despite her attraction to football, Tsosie knew that she wanted to continue playing the sport she had loved long after her time at Chinle High School.

She played for the Blue Birds Amateur Athletic Union (AAU) team for six years. Among other things she was invited to the USA Junior team to play overseas in Amsterdam for the summer of '2006. There Tsosie earned a top 20 ranking out of the entire tournament.

She has played in Nike tournaments from Las Vegas to New York City, and many in between. She was once recruited by the Kentucky women's team. That was before injuries took over.

"I tore my ACL twice in high school. Once as a sophomore, three ligaments were torn with no surgery. I tore it again during a regional game the next season.



Brian Grove/THUNDERWORD

Nicoletta Tsosie goes up for a layup against a Kaitlin Nielsen of South Puget Sound on Jan. 30.

That was like a nightmare for me because the gym was packed and it was a big game," she said.

Teammate Heather Hitch is

glad that Tsosie came north.

"Nicoletta is a nice girl and an extremely hard worker. She

is the quiet jokester on the

team," Hitch said.

Tsosie has found more playing time since injuries struck the team. Over the past three

games, she is averaging 15 minutes per game. During this span the terrific ball-handler also had her season high with five points.

Preparing for basketball hasn't been her biggest challenge, however as she has grown accustomed to Washington.

"I'm from a small town where everyone knows everyone," Tsosie said. "Compared to that, it has been difficult to meet new people where I don't know anyone."

Fortunately, she said she arrived in Washington with one connection that has kept her comfortable.

"My brother lives in this area and told me that I could stay with him. That led me to Highline," Tsosie said.

She said that the court has been the main place in her life where she can always open up and just be herself. She was very nervous when she arrived for her first day of practice, but within 15 minutes she was already opening up, Tsosie said.

"I started out shy," Tsosie said. "But when you spend so much time bonding with your teammates, you cannot help but to open up to them."

Outside of the gym, Tsosie spends her time focusing on pursuing a degree in the medical field.

"It's not for sure, but I want to be a paramedic; I plan on transferring to a four-year college," Tsosie said. "Education is very important to my family, because they all went to college. I can still hear my mom telling me to do my homework even when she's not around"

She doesn't plan on just letting basketball go after Highline.

"If there is an open door [for a future in basketball] then of course I'll take it. If not I'll always play basketball in my off time," Tsosie said.

Vagen fits teaching into training career at Highline

By **TYLER SEDLACEK**
Staff Reporter

Tim Vagen has lifted himself from a teenager interested in athletics to a career training the best athletes in the world.

Vagen owns a training business called Unlimited Athlete and also teaches in the personal fitness training program at Highline.

When Vagen was a football player in high school he was unsatisfied with the strength program the team was using.

"When I was in high school our coach gave us off-season programs," Vagen said. "I said, 'we could be doing better' and he said, 'well go make your own



Tim Vagen

plan'."

That's exactly what Vagen did, he designed an in-season and off-season program for the team and it turns out his coach liked it.

"He liked the program and he used it for the next 10 years," Vagen said.

"I thought to myself, 'I really like doing this,'" Vagen said. "I didn't think I could make a living at this, so I went to college as a science major."

Vagen ended up attending the University of Tampa as a science major, but eventually he switched to physical fitness.

"I ended up getting an internship with the Tampa Bay Buccaneers," Vagen said. "When I graduated I ended up getting hired by Tampa Bay."

"I remember looking around and realizing this is my first job out of college," Vagen said. "How did I end up in the pros?"

Vagen worked with the Buccaneers as a lifting specialist but in the offseason he started

working in physical therapy.

Working in physical therapy naturally gave him the chance to work with injured athletes. A lot of the people continued to work with Vagen after they recovered from their injuries.

In 1988, Vagen became a certified strength and conditioning specialist and in 1990 he started his own business Unlimited Athlete. In his time at Unlimited Athlete Vagen has had the chance to work with many high-level athletes and even sent nine to the last Olympic trials.

"I've worked with rowers in the Olympics," Vagen said. "This last Olympics I had five Olympic medalists."

Vagen was looking to grow

his business and was searching for new trainers.

"I was expanding my business so I was looking nationally for people to work for me," Vagen said. "One of those people was Josh Baker."

Baker ended up turning down Vagen to come to Highline to teach and to be an assistant coach for the men's basketball program.

Baker, who is now the head of the personal fitness training program at Highline, contacted Vagen and asked him to teach a class.

"He [Josh Baker] asked me to teach one class," Vagen said. "I went from that to teaching 12 credits."

The Thunderword / February 4, 2010

Highline working toward NWAACC tournament

By **BRIAN GROVE**
Staff Reporter

Lady T-Birds basketball is continuing to show why it deserves a top spot in the West Division and a trip to the NWAACC tournament.

Highline won both its games last week against Grays Harbor and South Puget Sound and is now tied for third place with Clark, each team at 6-3 in league.

The NWAACC tournament, which takes place from March 4-7 in Kennewick, involves the top four teams from each division.

Highline freshman forward Heather Hitch said the team is studying its opponents and working on new plays for round two of divisional play.

"To prepare for the second half of the season, we go over the offenses that our opponents ran against us so we know how to defend them better," she said.

"We also watch a lot of film of our previous games and have put in a few new offenses."

Hitch said the team's new offenses include a four-high set to get quick shots.

In a four-high set offense, a point guard is at the top of the key along with a guard on each wing. The posts are both at the elbows of the key.

Advantages of this offense include creating space under the basket and quick cuts to the rim for scoring by the point guard.

On Wednesday, Jan. 27 the Lady T-Birds hosted the bottom-of-the-pack Grays Harbor

Chokers and defeated them soundly, 76-31.

The Lady T-Birds split up their playing time evenly, each player getting over 15 minutes, and five players chipping in 9 points or more. Highline's leading scorer was sophomore guard Ariassa Wilson with 13.

Highline finished the first half of league play at 5-3 in league, tied for fourth place with South Puget Sound.

Highline broke the tie clipping the Clippers, 66-52, on Saturday, Jan. 30.

Highline led early, but the Clippers surged back to take 30-25 at halftime.

The second half however, was all Highline.

The Lady T-Birds outscored the Clippers 41-22 over the final 20 minutes. They helped themselves by going 10-13 from the free-throw line, a higher percentage than in previous games.

Hitch attributed the improved free-throw percentage to the amount of time the team spends on foul shots in practice.

"After every drill we do in practice, we shoot free throws," Hitch said. "Free throws are a huge thing for us because we don't usually shoot them very well in our games, but we are always striving for a high percentage," she said.

Highline had a bye on Wednesday, Feb. 3. The team's next two games are at Clark on Saturday, Feb. 6 at 3 p.m., and Green River on Wednesday, Feb. 10 at 6 p.m., at home.

With three games at home and four on the road, the Lady



Brian Grove/THUNDERWORD

Highline's Leini Tukutau goes up for a shot over Kaitlin Nielsen of South Puget Sound.

T-Birds will face an up-hill battle. However, Hitch said the team has high morale heading into latter half of the season.

"Going into the second half of the season is really exciting for us because we know that we have a lot of potential,"

Hitch said. "If we work hard enough we have a good chance at beating the other teams in our league."

Wrestling gears up for championships

By **JON BAKER**
Staff Reporter

Highline's wrestling team finished up their regular season this weekend at the Apodaca Dual Showdown in Powell, Wyo. with one win and two losses.

Highline's first match of the showdown was against Western Wyoming.

Highline defeated Western 29-15.

Wins were recorded by Justin Purves (125), Aaron Smith (133), Jason Gray (149), Marshal Giovaninni (157), Theo McClain-Burrell (184), Darren Faber (197) and Victor Ognoskie (heavyweight).

In their first dual on Saturday Highline went up against North-

west College of Wyoming.

Highline started off strong in the dual jumping out to a 15-7 lead after the first six matches only giving up points by forfeit against the Trappers.

Northwest went on to win the remaining four matches with two falls and two major decisions, en route to a 26-15 win.

The final dual of the tournament was against Iowa Central Community College.

Iowa Central has been ranked at the top of the NJCAA polls for most of the year and proved why defeating all four of their opponents in the showdown.

Highline only received two victories in the match.

Jason Gray (149) won by fall over Tanner Kampman in the first round and Giovaninni

(157) defeated Brendan Parker by a 4-2 decision.

Highline's road to the NJCAA National Championships will begin with the Region 18 Championships on Feb. 13.

The regional tournament will be hosted by Highline and wrestling will begin at 10 a.m. in the Pavilion.

Championship rounds for the tournament will begin at 4 p.m.

Region 18 schools include Clackamas, Highline, North Idaho, Southwestern Oregon and Yakima Valley.

The top three placers in each of the 10 weight classes will advance to the national championships.

The NJCAA National Championships will be held in Des Moines, Iowa from Feb. 25-27.

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Highline runs winning streak to three

By **CHRIS WELLS**
Staff Reporter

The Highline T-Birds have sole possession of second place in the West Division through the midway point of the season.

Although they are still one game behind Tacoma for first place, the T-Birds are now 7-2 in league and 10-7 overall. They also are on a three-game winning streak and have won five out of their last six.

Highline Head Coach Ché Dawson said that although they are in a good spot, there are still things to improve.

“We have to connect with each other better and have more of a collective sense of purpose,” Dawson said.

“Right now we are sitting in a pretty good position, but we are still going through the motions. Part of that is inexperience and the catch-22 of understanding the value and importance of getting someplace, while never having been there.

“With so many freshman and new sophomores playing, that is the challenge.”

Against last place Grays Harbor on Jan. 27, Highline played down to their level in the first half, but regained their form in the second half to pull out a 58-47 victory.

The first-half was a struggle for Highline as they shot just 25 percent from the field. In the second half they rebounded to shoot 40 percent behind the strong play of freshman point guard Darnell Williams.

Williams finished with 16 points on 6 of 17 shooting and had 4 assists.

Making an effort on the board was freshman guard Wade Moyer, who finished with 16 rebounds. He also had 4 points and 4 assists.

Picking up a double-double for the T-Birds was sophomore center Dan Young. He finished with 10 points on 4 of 11 shooting, 10 rebounds and had 5



Brian Grove/THUNDERWORD

Highline’s starting center Dan Young goes up for a dunk against South Puget Sound on Jan. 30

blocks.

In the next game against South Puget Sound on Saturday, Highline, yet again, trailed going into the locker rooms before winning the game in the second-half with a final of 87-81.

Leading the way for Highline was the continued strong play from Young, who had another double-double with 19 points on 6 of 17 shooting from the field and 19 rebounds. Ten of his rebounds were offensive.

Dawson said Young has been

a very valuable member of the team the last few games.

“Very important,” Dawson said. “Dan is the biggest guy in the league. The more he sees himself that way, the more productive he is.”

Sophomore guard Julian Fernandez led all scorers with 22 points on 5 of 8 shooting and 10 of 12 shooting from the charity stripe. He also collected 8 rebounds.

Williams also finished with a strong game with 17 points and 9 assists.

Yesterday, the T-Birds had their last bye game of the season before the NWAACC tournament begins on March 4.

On Saturday, Highline will travel south to play Clark at 5 p.m. They are 3-6 in league and 5-12 overall. In the last time they faced Highline beat Clark 56-47 on Jan. 9.

Clark’s leading scorer this season has been Derek Thurston, a 6’5” sophomore forward. He is averaging 11.56 points per game on 36 percent shooting from the field and 5.44 rebounds.

Dawson said that Clark will be a tough team to play.

“They will be tough defensively and will play hard,” Dawson said. “We can have the result we want if we commit to it.”

Following the Clark game, Highline will return home to face off against rival Green River, who is 5-4 in league and 8-9 overall. Last time they faced-off, Highline fell by a score of 67-54 on Jan. 13.

Leading the way for Green River is Chris Plooy, a 6’1” forward from Anchorage. He is averaging 14.63 points a game on 47 percent shooting, 5.29 rebounds and 1.24 steals.

Another important player for them is Jake Wilcox, a 5’11” sophomore point guard, who despite shooting just 36 percent from the field, is averaging 12.71 points, 6.94 assists and

Scoreboard

		
Men’s Basketball		
standings		
East Division		
League		
Spokane	6-1	
Big Bend	6-1	
Walla Walla	4-3	
Treasure Valley	4-3	
Yakima Valley	4-3	
Columbia Basin	3-4	
Blue Mountain	1-6	
Wenatchee Valley	0-7	
West Division		

League	
Tacoma	8-1
Highline	7-2
Lower Columbia	6-3
Pierce	5-3
Green River	5-4
Centralia	4-5
Clark	3-6
S. Puget Sound	2-7
Grays Harbor	0-9
North Division	
League	
Shoreline	7-2
Bellevue	6-3
Seattle	6-3
Whatcom	5-3
Peninsula	5-4
Edmonds	4-5
Skagit Valley	3-6

League	
Everett	3-6
Olympic	1-8
South Division	
League	
Clackamas	6-1
Chemeketa	5-2
Mt. Hood	5-2
Linn-Benton	5-2
SW Oregon	2-5
Lane	2-5
Umpqua	2-5
Portland	1-6
Women’s Basketball	
standings	
East Division	
League	
Yakima Valley	7-0
Walla Walla	6-1

League	
Columbia Basin	4-3
Treasure Valley	4-3
Spokane	3-4
Big Bend	3-4
Blue Mountain	1-6
Wenatchee Valley	0-7
West Division	
League	
Centralia	9-0
Lower Columbia	7-2
Highline	6-3
Clark	6-3
S. Puget Sound	5-4
Tacoma	3-6
Pierce	2-6
Green River	2-7
Grays Harbor	0-9
North Division	
League	

League	
Skagit Valley	8-1
Bellevue	8-1
Everett	6-3
Edmonds	5-4
Seattle	5-4
Whatcom	4-4
Olympic	2-7
Peninsula	2-7
Shoreline	0-9
South Division	
League	
Lane	7-0
Clackamas	6-1
Umpqua	5-2
Mt. Hood	4-3
SW Oregon	3-4
Chemeketa	2-5
Linn-Benton	1-6
Portland	0-7

Development manager hopes to boost Des Moines

By TYLER SEDLACEK
Staff Reporter

The City of Des Moines has a new economic development manager and she wants to make the city a destination with more appeal to Highline students.

“It’s a struggle for small business owners to prosper,” Marion Yoshino said. “I myself have a small business and I identify with a lot of business owners.”

As well as working with Des Moines, Yoshino also serves on the Normandy Park City Council and is a part of their Economic Development Committee and Economic Development Task Force.

Yoshino said since the two communities overlap, she still wanted to help out locally, but in a little bigger market. Since Normandy Park doesn’t have much of a commercial district it keeps the two from conflicting.

In order to help improve local commerce, Yoshino said she wants reach out to the students of Highline.

“With something like 18,000 students we would like to have more student appeal.”

— Marion Yoshino,
economic development manager
City of Des Moines



“With something like 18,000 students we would like to have more student appeal,” Yoshino said.

The city wants to start this relationship by beginning a local business discount program that would allow students to get discounts by showing their student ID.

“It would be a good way to bring the Highline students and the community together,” Yoshino said.

Eventually the program would expand to more people who could get a card that would give them discounts to local businesses.

When students leave school at the end of the day they often travel away from Des Moines and Yoshino said she is hoping to keep them around.

“It would be nice to have things with more student appeal,” Yoshino said.

Some of the businesses she would like to see are more cafés, restaurants and furniture shops that would cater to students.

Yoshino said she wants the relationship between Highline students and Des Moines to be similar to the relationship between Western Washington University students and Bellingham. It would be nice for

students to take their families to Des Moines and be able to show them how cool it is, Yoshino said.

The city is currently working on the construction of a new \$30 million marina project that will add new business space, expand Anthony’s and add a promenade that will allow people to walk along the water front. As the new marina is nearing completion Yoshino is hoping it will start to put Des Moines on the map.

“Des Moines would be more of a destination that people would want to travel to,” Yoshino said.

The city also has plans for a \$3 million building renovation on the beach that will include halls overlooking the water for people to hold events.

“I think we’re going to see a dramatic change in Des Moines because of the waterfront,” she said.

Yoshino wants to see more parks and public art pieces that would draw people to the area, but a lack of money makes that difficult to achieve right now, she said.

“It’s hard because right now the city doesn’t have much money due to budget cuts at all levels,” Yoshino said.

Even though the city can’t put all its plans into action now Yoshino is optimistic about what Des Moines could be like if they are put into action.

“It’s important to have plans for the future,” Yoshino said. “Where else do you have so much potential? That is what makes Des Moines so exciting for me.”

Business leaders plan education initiative

By TYLER SEDLACEK
Staff Reporter

The Kent School District and local chambers of commerce are trying to bridge the academic gap for students of color with their new BEST initiative.

The Business and Education Striving to the Top (BEST) initiative is trying to get parents and the local business community to support students to achieve their potential.

To launch this new BEST initiative the King County Hispanic Chamber of Commerce and the Kent School District are holding a breakfast meet and greet next Wednesday, Feb. 10. The Event will take place at Kent Meridian High School in the performing arts center and will go from 9 a.m. to noon.

The BEST Summit will have several leaders from the local business and education commu-

nity at the event to speak. The speakers include: Erin Jones, director of the Center for Improvement of Student Learning; Tony Moore, president of the Federal Way School Board; Trise Moore, Family and Community Partnership Office in Federal Way; Michael Sotelo, president of the King County Chamber of Commerce; and Dr. Edward Lee Vargas, Superintendent of the Kent School District and keynote speaker for the event.

The summit presentations will go from 10 a.m.-noon and will include the first ever BEST awards which will be given to: Craig Dawson, president of Retail Lockbox Inc.; Rita Santilanes, president of Best Western Peppertree Inns; and Jim Berrios, president of Berrios Enterprises and owner of the Golden Steer Steak N’ Rib House.

The BEST Awards are being

given to recognize community leaders who are making education improvement a goal for their company.

The cost to attend the event next week will be \$30 and can be reserved on the website for the King County Hispanic

Chamber of Commerce. The \$30 includes the cost of the networking breakfast that lasts from 9-10 a.m.

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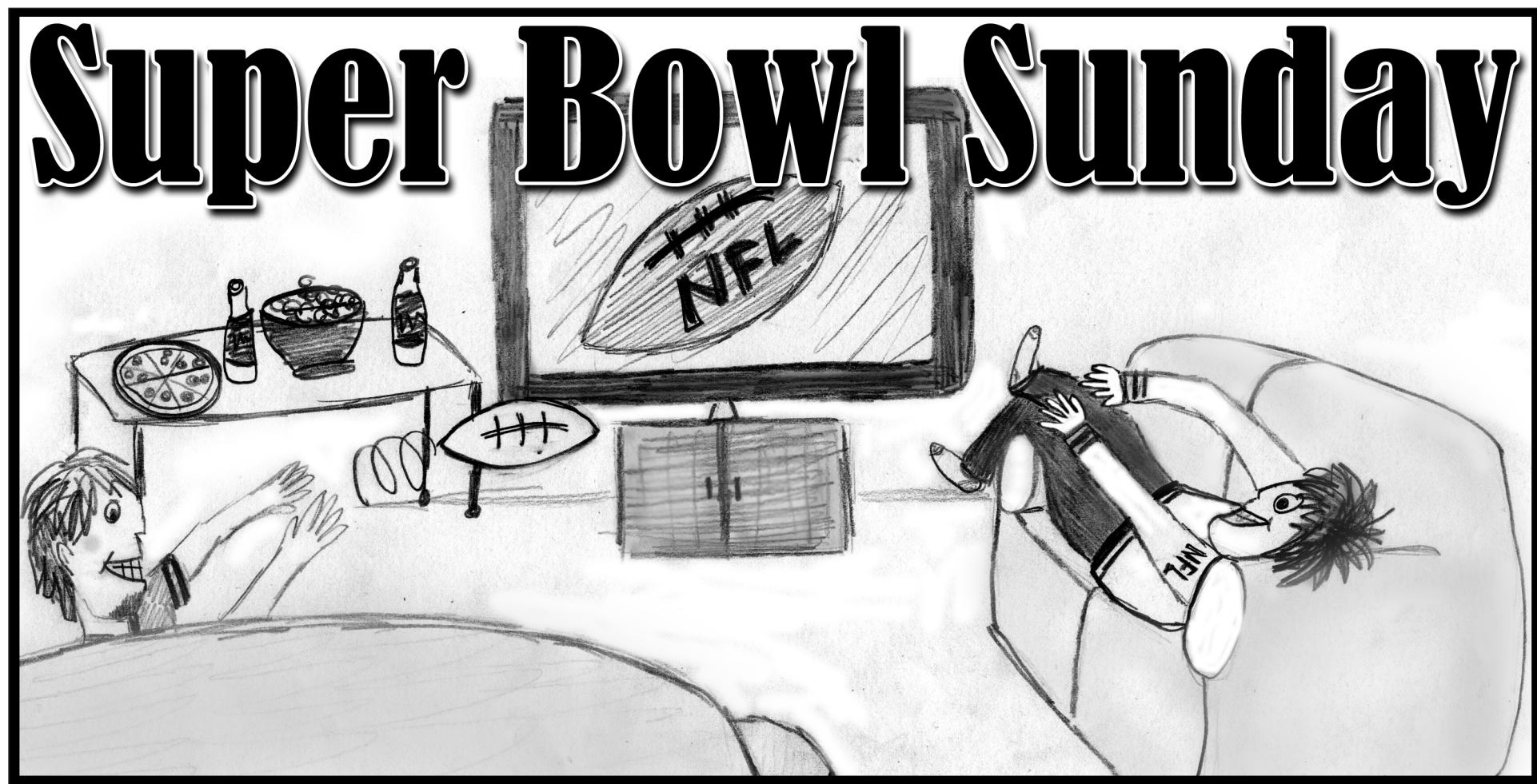
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Jessica Lovin/THUNDERWORD

Kick off a great game-day gathering with style

By **KANDI CARLSON**
Staff Reporter

Invite all your friends over to watch your favorite team battle at the Super Bowl.

Of course, they will never need to know that all your hard work was secretly so easy.

Start by gathering all your supplies from your local Dollar Store. Buy colors that support both teams, it makes it more fun.

You will want to purchase cups, utensils, napkins and a tablecloth. Spice up your décor with some streamers that you can hang in the doorways.

Clean-up is always much easier when you have dishes that can be thrown away. I recommend buying paper and plastic since you can recycle everything.

Setting up for a Super Bowl party is easy since everything is snack food and "serve yourself" drinks. You will want to have everything centrally located so that access is easy.

If you do not have a large table, invest in a card table. I recently found one at Fred Meyer for \$10. Tables like this are handy for all sorts of events.

Once you have everything set-up, you can begin preparing your delicious menu.

A variety of snack foods is the best way to ensure all your guests will be pleased and it will keep some money in your wallet. There is often a sale at your local grocery store.

Every great party has a signature drink. Party Punch is one of mine and now you can add it to your repertoire.

You will need:
1 pkg. unsweetened Kool-Aid, strawberry flavored
1 32 oz. can Hi-C Punch
¾ c. granulated sugar
1 liter of 7-Up

Mix together the first three ingredients. Add half of the 7-UP to the mixture. Serve over ice.

You can add alcohol to this recipe, too. Of course, make sure this is separate so the kids don't get into the wrong batch.

If you are planning on serving alcohol you need to be a responsible host and offer coffee and water throughout your party. You should also stop serving alcohol when your guests have had too much.

Now that you have your signature drink you can start planning the menu. The fun thing about parties like this is there doesn't need to be any cohesion between the items you serve.

It is best to serve items that do not need to stay hot or cold but can be left out so that guests can get to them at their leisure.

Swiss Loaf is such a dish. You will need:

1 loaf French bread
16 oz. package of Swiss cheese slices
½ lb. butter
2 bunches green onions

Preheat your oven to 300 degrees and line a cookie sheet with aluminum foil.

Clean and dice the green onions and tips. The tips are the white bulb. Use them - they have great flavor.

Set them aside for the moment and slice your bread loaf down the center, but not all the way in half.



These hotwings will leave your guests feelin' blown away.

Insert all of the cheese slices. Next, melt your butter and add the diced green onion.

Now, place the loaf of bread on your cookie sheet and pour the butter mixture over the cheese and on the top of the loaf of bread.

Finally, wrap your bread with the aluminum foil and place in oven for about 20 minutes. It is done once the cheese has melted through and the crust is crispy.

Allow to completely cool on the cookie sheet, slice into 1-2 inch slices and serve right off the cookie sheet.

Of course, no football party is complete without wings. Chicken wings are the ultimate finger food and you will want to have a good supply of Wet Naps.

This particular recipe is a

crowd pleaser because it is just spicy enough to get your mouth watering for more.

You will need:
12 whole chicken wings
6 tablespoons unsalted butter
1 garlic clove or 1 tablespoon of minced garlic (I cheat and use the stuff in the jar)

¼ cup hot sauce
½ tsp. salt

You will need a 6-quart sauce pan with a steamer basket. A steamer basket is a great item to have in your kitchen. They are inexpensive and have so many uses, so pick one up.

Begin by removing the tips of the wings and discard. Use a sharp knife and you can easily cut them off. Now, use a pair of kitchen shears or your sharp knife to separate the wings at the joint.

Add an inch of water to your pan, place over high heat and bring to a boil. Once it has reached a boil placed your wings in the steamer basket.

Turn the heat down to medium and steam for 10 minutes. Next, remove the wings from the basket using tongs and pat dry.

Place them on a cooling rack set in a cookie sheet that is lined with paper towels. Set the cookie sheet in the refrigerator to finish drying and to cool for about an hour.

Pre-heat your oven to 425 degrees, remove the paper towels from the cookie sheet and put it in the oven.

Roast your wings in the middle rack for 20 minutes.

While your wings are roasting you can get started on the most important part - the sauce.

Begin by melting your butter in a small bowl with your garlic. Pour this along with the hot sauce and salt into a large enough bowl that will hold all your wings and allow you room enough to coat them.

After 20 minutes, turn your wings over and cook another 20-30 minutes, or until the meat is cooked through and the skin is golden brown.

Remove the wings from the oven, transfer to the bowl and toss with the sauce.

Serve warm. If your guests haven't arrived yet you can cover them with foil.

Don't forget to serve alongside blue cheese and ranch dressings.

Tip of the week: Save space in your refrigerator by getting out the cooler.

The Thunderword / February 4, 2010

Highline students learn business in China

By **SAM REASH**
Staff Reporter

People take a very different approach to business in China than in the United States three students learned while on an international trade mission.

Joy Alford, Michael Bell and Dan Young spent a week and a half in China, experiencing education, business and culture.

While in China, they were accompanied by their adviser, a Highline international business instructor, Samad Chakour, who helped prepare the students for the trip.

The trip included three locations in China: Beijing, Hangzhou and Shanghai. Through these destinations, the students visited schools and businesses that helped them learn what life is like in China. They were able to meet with Chinese students and school officials to talk about their education and goals.

"The three students did a great job representing HCC in China," Chakour said.

They quickly learned that very different styles of communications exist between the U.S. and China.

Communication tends to be less direct in China unlike in the U.S., where it is very direct and to the point. It is very important to remember and respect this difference when working together, Joy Alford said.



Mary Kaye Bredeson/Edmonds Community College

Highline students Michael Bell, Joy Alford and Dan Young, along with professor Samad Chakour, second from left, in China.

"Through these visits I got an idea of what it was like to go to school in China as well as possibly work there," Alford said.

The people the group met with in China were particularly intrigued to hear about some of the myths that are held about China in the U.S.

"We vowed to come back and spread the awareness of exactly how China is," Alford said.

China has a very long history. For most of their past they cut themselves off from the

world. Now they have become more open to business with other countries, Young said.

China has become the top manufacturer on the planet, Bell said.

Today the U.S. and China have developed business markets that are very dependent on one another, he said.

As with styles of communication, different senses of initiative also exist in the U.S. and China.

In the U.S., initiative is about

convincing authority to make change. In China, it's about being diligent and completing your work, Bell said.

The students also said they learned more about how businesses in China function on both a domestic and international level.

"Today in China there is a big push to go into high-tech arenas," Bell said.

China's work ethic and strong manufacturing base has put it in a good position to fur-

ther expand its market. They want to expand their high-tech arenas, while maintaining their position in manufacturing, Bell said.

A vital idea people need to understand when pursuing business in China is that of *guanxi*, the concept of building relationships and networks, Bell said.

This is something important the students were able to pursue while they were there: They began building relationships between Highline and businesses in China.

In order to prepare for the trade mission the students took Chinese business and culture classes, taught by Chakour and Sui Li, a visiting Chinese professor.

World Trade Exchanges, Inc., the local company that organized the trip, also helped inform the students of what to expect. WTE, Inc connects people in commerce, education, and government in the U.S. and China.

"I think these classes prepared us very well. I can't recall ever being in an awkward situation where I could have been better prepared," Young said.

The three students were able to go to China on full-ride scholarships.

The trade mission was co-sponsored by a grant from the U.S. Department of Education and Highline.

Reform group hopes to fix Highline's parking dilemma

Group poses solutions for Highline to deal with parking crunch

By **BILL SCHLEPP**
Staff Reporter

A group of students is urging others to join together to find a solution to the parking disaster.

Austen Hendler, the president of the Parking Advocacy Group, is very optimistic that students will overcome the problem, and also hoped High-

line listens to them.

"We want to be able to find solutions to solve the parking disaster, and if we get enough students, we can let Highline know that we are serious," Hendler said.

"I expect them to listen to the students and come up with an alternative to the problem."

"Highline sells more parking permits than they have spaces for," he said.

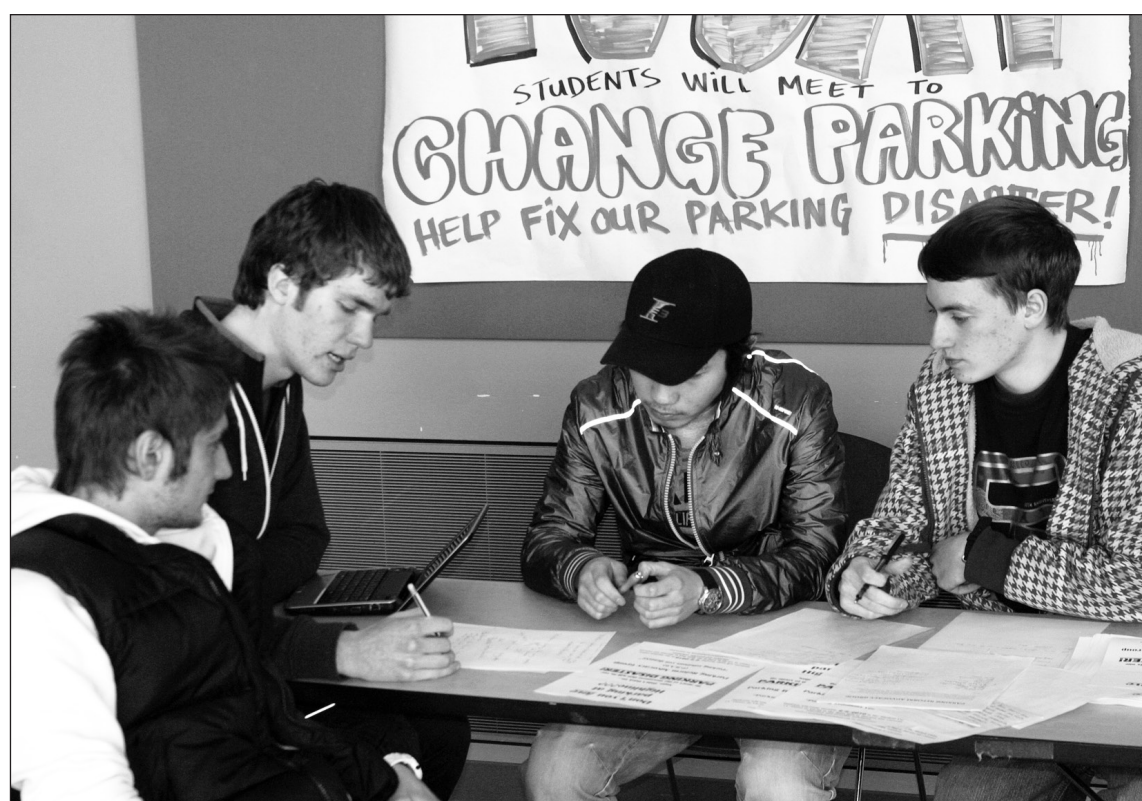
They also keep raising the prices of tickets every quarter, and the students deserve to know where their money is going."

If students keep getting towed from Lowe's, Highline should start to pay for the towing fees because students are just trying to get to their classes on time, Hendler said.

"It is most unfair for the international students who have to pay three times as much for tuition," Handler said.

J.V., treasurer of the Parking Advocacy Group, is an international student at Highline who believes that the parking ticket prices are much too high.

"If people don't pay for their tickets they [Highline] can kick



Bill Schlepp/THUNDERWORD

The Parking Advocacy Group discusses ways Highline could solve parking problems on Feb. 2.

you out, and they won't let you sign up for the next quarter," J.V. said.

Highline could do such things as handing out less parking permits, use off campus parking with shuttles and make better use of the existing park-

ing lots, he said.

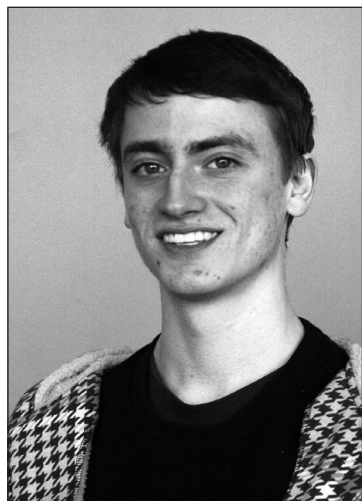
"Greed is in the way of solving the problem," Hendler said.

He also said that the school would rather make money than help the students at Highline.

"People should know that there is an organization out

there who's trying to solve the problem, and if enough students come together, we can change," he said.

For questions or for more information about the Parking Reform Advocacy Group contact parkingreform@gmail.com.



Austen Hendler

Concrete construction made earthquake worse

By **TAYLOR JOAQUIN**
Staff Reporter

The Haiti earthquake turned out so terrible for five main reasons, a Highline professor said.

Dr. Eric Baer presented “The Haitian Earthquake: Lessons from a Tragedy,” during last Friday’s Science Seminar.

Science Seminar is a series of presentations put on by Highline professors and the science community that are open to the public.

On Jan. 12, the Enriquilla-Plaintain Garden Fault moving opposite of the United States’ Fault caused a 7.0 magnitude earthquake in Port-au-Prince, Haiti, which left 200,000 dead and 1.5 million people homeless.

“It’s a huge disaster,” said Baer.

Baer pointed to five key reasons why the January earthquake was so bad.

The first is that almost all the buildings in Haiti are made of concrete in order to withstand hurricanes. Although concrete stands up to hurricanes, it crum-



Hoang Nguyen /THUNDERWORD

Baer uses a brick to explain earthquakes and the damage they do.

bles in earthquakes. When the concrete collapses, the debris can cause fatal injuries.

The slopes of the hills in Haiti, which are very steep, are the second reason. When the earthquake hit, it destabilized the hillsides and caused landslides.

The third reason the earthquake caused so many deaths is because it was a shallow earthquake under a population center. A shallow earthquake happens close to the surface as opposed to deep down. Shallow earthquakes affect a smaller area than other earthquakes, but the shaking is stronger and more intense for the region affected.

Port-au-Prince, the city at the epicenter of the quake, has a population of over one million people. Dr. Baer said that if the earthquake had happened just a few kilometers west, the death toll would be one-tenth what is was.

The limitation of Haiti’s infrastructure has also contributed to the devastation. The port was completely destroyed, the airport was nearly ruined, and there is only a two-lane

road leading to the Dominican Republic. This lack of infrastructure is limiting the number of people getting out and the amount of help getting in.

The fifth reason is the many aftershocks that the area has and will continue to experience. Although these aren’t nearly as strong and damaging as the original quake, they’re causing extreme terror and psychological stress to survivors.

“There are lessons to be learned here,” said Dr. Baer. “We can have the exact same thing happen here.”

The Seattle Fault Zone and Tacoma Fault Zone, both of which are shallow, meet halfway in our area.

Baer said there wouldn’t be as many fatalities here, however, because many local buildings are made of wood, not concrete.

The next science seminar will be held on Feb. 5 where Bob Baugher will be presenting “The Science of Traumatic Brain Injury.” Science Seminar meets Fridays at 2:20-3:10 p.m. in Building 3, room 102.

Money evolved out of commodity trading, shells and beans

By **ISRAEL MAGANA**
Staff Reporter

The way that money is represented over time has influenced the way that we live and interact with each other, said an economics professor here last week.

Dr. James Peyton presented the “Barter, Coins, Bills, and Credit: A History of Money,” at last Wednesday’s History Seminar, detailing how money has evolved and how it affects the way we interact with each other.

Early commerce involved the direct trading of goods and items of necessity between people. Livestock, agriculture and salt were often traded in the early days of commerce.

Commodity money, in which commodities take on a fixed value in terms of other goods, soon emerged. Alcohol, peppercorns, salt and cannabis were used as commodity money at times.

“Certain commodity money has value within a culture,” said Peyton.

The Aztecs used cacao beans to trade for clothing and other goods or services. Another example is the use of cigarettes between inmates in prisoner of war camps and penal institutions in the United States.

Tokens were then used to represent goods, and traded as one of the first forms of currency.

China was one of the first to use tokens to represent goods. Sea shells were harvested and



Hoang Nguyen /THUNDERWORD

Highline economic professor, Dr. James Peyton explains how early civilizations slowly moved towards using money to represent value.

traded to represent wealth. The farther the shells were from the sea the more valuable they were to people who traded them.

Imitation shells were then made out of gold and silver in China, symbolically representing the sun and the moon.

The production of a standardized money by the local government in an area allowed for better trade.

It also allowed for gambling,

brothels and conspicuous consumption to flourish.

Then methods for keeping money safe were developed.

“The first banks in the world were temples,” said Peyton.

Banks allowed people to no longer physically hold or move large amounts of wealth.

The Knights Templar was a religious order in the Middle Ages. It was involved with the Crusades, and created an early

form of banking.

In order to afford the Crusades, the Templars developed international banking, which allowed the withdrawal of money from temples they owned as they traveled to Jerusalem, said Peyton.

Italian banks then created checks allowing for people to not be present when a portion of wealth or money was signed over to another person.

This use of checks allowed for people to no longer be involved with a transaction they made past the initial barter.

Paper money was created to allow governments to keep control of precious metals used to fund war, while citizens used paper instead.

“The interesting thing about paper money is that it has no value. It requires the people of a government to accept and believe the idea of paper money, or else it all falls apart,” said Peyton.

Peyton said, for example that if a group of people were to lose faith in paper money, its value would only be worth the paper it is printed on.

Electronic representation of money was the next change in the use of money. It allowed for the better management of money with a smaller workforce.

Banks would need to use 5,000 workers to handle \$10 billion worth of assets if in physical money. With electronic representation only 20 workers are needed to handle \$10 billion.

Electronic representation of money allows for people to have less involvement in their transactions. It quickened the interaction of trading between people and allowed for more time for other things.

History Seminar is held every Wednesday in Building 3, room 102 at 1:30 p.m. Next week’s seminar will discuss Warren G. Magnuson and Consumer Protection. It will be presented by Tim McMannon.

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Veterans enrollment increases at Highline

By **DAN JURPIK**
Staff Reporter

The number of veterans who are students is increasing as Highline works to accommodate them.

The Veterans Services office works as a liaison between Highline and the U.S. Department of Veterans Affairs.

Highline's Veterans Services office is located in Building 6, next to Registration in the lower lobby.

The office's hours fluctuate, depending on the hours of the coordinator and the school schedule of the work study students employed there.

The number of veterans who enrolled for Fall Quarter 2009

was approximately 150. Currently about 200 veterans are attending Highline this quarter, with most of them full-time students. The enrollment numbers will be close to about the same for spring.

"I'm a school certifying official for the VA," said Linda Yates, the veteran's coordinator at Highline's Veterans Services.

"Students see me after they receive educational veteran's benefits; they enroll and I report all the information electronically to the VA."

"There was an increase [in enrollment] this winter with the Post 9/11 VA benefits," Yates said.

As well as financial aid, an abundance of scholarships are available to veterans receiving educational benefits.

To address any issues that a student receiving VA benefits might have, "There is a vets' committee that meets every two to three weeks," Yates said. "The committee consists of someone from counseling, advising, access services, registration, a faculty vet, a VA work study student and a couple of student vets."

Yates went on to talk about Highline's new Veterans Services Office, which opened last fall, the "hours vary depending

Eastern intrigue



Cody Warf/ THUNDERWORD

A Highline student talks with a representative from Eastern Washington University during Wednesday's Transfer Fair. More than 25 schools from across the nation were represented.



Mattias Duoos

on staffing," she said.

"Our job is to help veterans enroll in college, get their paperwork done, and ensure they're getting their VA benefits, we answer (any) other questions they have," said Matthias Duoos, one of three work study veterans employed at the Veterans Services Office.

Duoos is also the treasurer and vice president of the Armed Forces Veterans Club.

The club meets on Tuesday afternoon, every other week and is open to everyone—veterans and non-veterans. It is a time to "hang out," with an occasional guest speaker making an appearance.

Last week the club had a representative from the Veterans Center in Everett speaking about the different assistance available to veterans and he gave the news of a new veterans

center being built in Kent.

At present, the nearest veterans center in the area, outside of Highline, is in Tacoma.

Right now, the only functions planned for veterans are during Memorial Day and Veterans' Day and are "very informal," said Yates.

The next scheduled Armed Forces Veterans Club is set for Feb. 10 at 4 p.m. in Building 10, room 101 and is open to all.

New technology keeps the campus wired

By **DAVID LUGO**
Staff Reporter

Highline Administrative Technology plans to add disaster recovery and virtual desktops in 2010.

The goal for 2009 was to finish campus wireless, with every building having access, said Executive Director of Administrative Technology Dennis Colgan.

"We were able to complete that [campus wireless] on budget and on time," said Colgan.

This means that the future looks good for the next additions to campus technology.

"I would like to see the virtual desktops become what they are promised to be," Colgan said.

A virtual desktop requires no physical desktop to be present for the user to get on the network. All that would be required by the user is a screen, keyboard and mouse.

"Right now everyone has a CPU or computer; it would be nice to be able to move labs around where you only need a monitor and essentially a keyboard. It would be fun,"

Colgan said.

The removal of the desktop would make improvements to faculty moves, and lab flexibility.

"It would be nice to be able to have employees pick up and be able to work anywhere on campus or off campus to be able to access the services," Colgan said.

Benefits to students include updating labs and better delivery of services, with more technology in the classroom, Colgan said.

The goal for 2010 would be virtual desktops tested and implemented if they prove to be what they are supposed to be, said Colgan.

Virtual desktops would allow staff and students to access Highline accounts and information from other sites, such as home or work.

The second big expansion planned for the year would be the implementation of disaster recovery.

"We're doing something that's not very noticeable and that's disaster recovery. We're creating a back up site in East-

ern Washington where if things happen here where we lose everything we would be able to recover that data at a remote site," said Colgan.

This service would help back up Highline's data in case of a disaster. This would ensure that important documents and papers were never lost if saved onto the network at Highline.

This tool would protect faculty and staff data from being lost and could be implemented to serve student data.

The correct usage of this system would prevent data loss in almost any circumstance.

Implementation of full disaster recovery is a goal that Highline has for the next six months, said Colgan.

Highline is working with Big Bend Community College because the college used to be part of a military base, Colgan said.

"They've got back up generators and they're loaded with 12 inch concrete walls," said Colgan.

The biggest challenge that Administrative Technology faces is the ever-shrinking budget.

"The budget is phenomenal



Dennis Colgan

it just keeps getting cut and cut and cut. We're literally asked to do more with less every single quarter," Colgan said.

However, the development of technology is very important. Administrative Technology tries to persuade the college administration of this idea in order to ensure that the campus network is improved to the highest levels possible.

"We try to tell our bosses how important technology is to the rest of the campus. From the services we provide, not the least of which is telephone, networking back up or the networking on campus," Colgan said, "if this is not supported it has spiderwebs where it really

affects many others."

At a college campus the main focus is students, and without technology such as campus wireless, a campus-wide network or even telephone usage the student feels the repercussions.

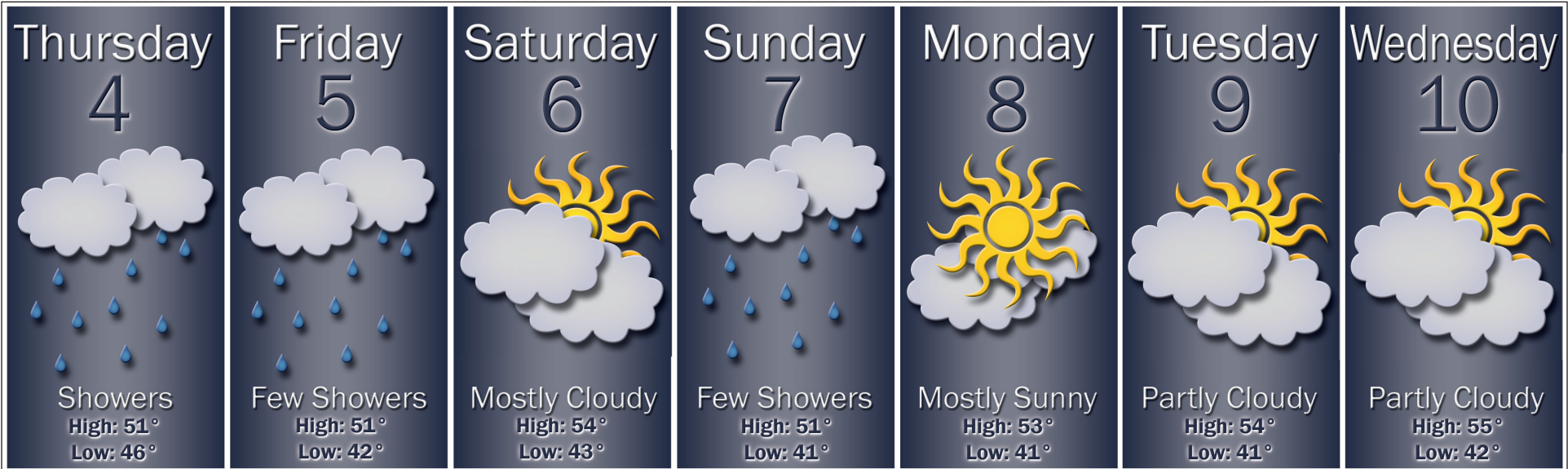
Administrative technology understands this relationship between the college itself and the student body, Colgan said.

"Ultimately the student is always impacted when there is a change, and generally if it's something taken away the student is impacted negatively," said Colgan.

Even with the issue of a shrinking budget Administrative Technology does make two or three major additions every year. Additions such as Highline campus wireless were introduced and implemented on schedule.

"Holding on to what we have now is very, very important. So when recovery starts, and there is money to do other new initiatives we want to be ready and have that in place," Colgan said regarding projects beyond recovery and virtual desktops.

Weekly weather forecast



Taxes

continued from page 1

“You can’t afford a 0.3 percent [sales tax] increase,” he said.

The state can receive new tax revenue by closing tax loopholes and stopping cooperate tax exemptions.

“We are looking at revenue tax loopholes, and doing it in a way that won’t hurt struggling families,” said State Rep. Tina Orwall, D-Des Moines.

“We need to raise more revenue. How much is still unknown,” she said.

But for the legislators to make a change relating to taxes, they must first over-turn initiative 62. This changed the majority needed to pass tax related bills from one-half to two-thirds and prevents any new taxes.

Though closing tax loopholes is not a new tax on the general population, it is still seen as new tax revenue. Thus the legislature must overturn the initiative. Many legislators agree that there is not one clear cut way to balance the budget.

“We are \$2.7 billion short. We need to find a balance,” said State Rep. Zachary Hudgins, D-Tukwila.

“Raise taxes or cut services or a combination of both,” said state Rep. Dave Upthegrove, D-Des Moines.

Budget cuts are certainly still an option on the table. Last week Highline President Jack Birmingham said that budget cuts for the 2010-2011 school year are expected to total around \$1.7 million or 6.3 percent out of Highline’s total budget. Tuition is expected to rise 7 percent. This number comes from the State Board of Community and Technical Colleges based on the governor’s budget released in early December.

State Rep. Priest thinks that it’s too early to determine whether the number is correct.

“I think it’s a little premature. We [legislators] recognize the importance of community colleges and are trying to prevent cuts,” said State Rep. Priest.

Coke

continued from page 1

Revenue from machines all over campus go toward Highline’s general fund, but money collected from machines in the Pavilion help fund athletics programs.

Bean said that the machines are newer models, and that some of them are outfitted with debit card readers.

“The machines are a service to the students. It’s a convenience,” she said.

“It was important to us that the price points remain the same.”

Some students have said that they didn’t notice that a switch had occurred. Those who did approached the change with mixed feelings.

Elliott Snyder, a Highline student, said that although the change doesn’t make a difference to him, he’ll miss Mountain Dew.

When worlds collide in the soda industry, people take sides. Highline Student Patrick Thompson said that he will remain loyal to his brand.

“I’m a Pepsi drinker. Always have, always will be,” he said.

Thunderword Reporters *Brian Grove and Chuck Kibbie* contributed to this report.

E-mail

continued from page 1

been put in place.

Phillip Wilson of the Instructional Computing Center said multiple techniques will be used to get to word out.

“We will be posting information on Angel, the myHCC activation pages as well as a few of the MyInfo pages [where people go to change their password],” Wilson said. “Registration or Student services is also planning on sending out Post cards/eCards,” he said.

“I use Angel often, so I think I would use the e-mail often,” said Ashley Marshall, a Highline student.

Other students say it would improve communication among

teachers that do not use Angel.

“If teachers don’t use Angel then it’s a good idea,” said Dan Nam, Highline student, “I will probably use it in the future.”

The system’s logon information is based on that of the myHCC program.

Having just one username and password has been the main focus of the myHCC program.

Bundu Koroma said it would be a good idea for students to receive “information on school events and changes. You’ll know when it’s snowing, that way everyone [students] knows when there’s no school.”

Highline student Alex Mengistu said the e-mail system could improve campus security.

“I think it’s a good idea. If somebody gets mugged or something, I want to know. I

ride the bus and stay here late a lot to do school work,” Mengistu said.

There are some skeptics to the idea.

“I don’t really pay that much attention to it,” said Highline student William Le with regards to the new system. “I only pay attention if it involves me or classes canceled,” he said.

“It’d be pointless e-mails, ‘oh come to this meeting,’ or ‘come support this rally.’ I think I’d just get sick of it.”

There are added benefits that may not have even been considered.

“A lot of websites that sell computer software give you a discount if you have a college based e-mail,” said Highline student Ian McQuade. “Highline could use an e-mail system apart

from Angel to notify students of sign-up days and days off. Highline would be using less paper and money,” McQuade said. “It would be the ‘greener’ way.”

Many instructors at Highline are also looking forward to the e-mail system being fully utilized.

Before the implementation and usage of the new email system, instructors would have to look up the students name and find the corresponding email, which may or may not make sense or be accurate, with many students having multiple email accounts, said Math Professor Ed Morris.

The college could see “a lot of instructors using that [Highline email],” Morris said, to contact and communicate with students.

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Tet is a hit

Members of the Vietnamese Student Association celebrated the Asian Lunar New Year at the annual Tet Festival last Friday in the Student Union Building. Highline students danced, sang and presented a fashion show before a packed house in Building 8.



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