Whale bones may find home at MaST

By JON BAKER
Staff Reporter

The MaST Center is now the proud owner of a gray whale.

Over the weekend Highline was contacted by the National Oceanic and Atmospheric Association with an offer they couldn’t refuse. “By going out and getting a whale we kind of jumped the gun without really having all the pieces in place,” said Rus Higley, manager of Highline’s Marine Science and Technology Center at Redondo. “We’re still working on how we are going to accomplish everything but the opportunity fell into our lap and we couldn’t pass it up.”

Highline has been working on the process to get a whale for a while but it is not as easy as it seems explains Higley. “Gray whales are not an endangered species, however all marine mammals are protected by the Marine Mammal Protection Act,” said Higley. “In order to take any part of a whale whether it be the bones or baleen you have to have the government’s permission.”

On average, five to 10 gray whales die in the Puget Sound every year. “At this stage the cause of death is undetermined,” Higley said. “It was not a vessel strike, like being run over by a ship.” NOAA is doing blood tests and testing samples to determine a cause of death. However, Higley believes the cause of death could be much simpler. “They’re in the process of migrating and migrating is pretty stressful and because of this the weak die. So as of right now this is just a normal death for the whale.”

Rus Higley

New Central plan makes transferring easier

By LIVIU BIRD
Staff Reporter

A new program will allow students at Highline to receive admission to Central Washington University at the same time they take classes at their community college. This program, known as dual admission, applies exclusively to students seeking admission to CWU’s University Centers such as CWU-Des Moines in Building 29 – and not the main CWU campus in Ellensburg. Other CWU University Centers are on the campuses of Big Bend, Edmonds, Everett, Yakima Valley and Green River (Kent campus) community colleges and Wenatchee Valley and Pierce (Ft. Steilacoom campus) colleges.

Participants in the dual admission program are admitted to both schools, but they will only take classes at Highline until they complete their transfer degree. Students have two years to complete their degree and have earned fewer than 60 credits.

See Central, page 14

Whale researchers examine the dead whale earlier this week.

“See Whale, page 15

Death is undetermined,” Higley said. “It was not a vessel strike, like being run over by a ship.” NOAA is doing blood tests and testing samples to determine a cause of death. However, Higley believes the cause of death could be much simpler. “They’re in the process of migrating and migrating is pretty stressful and because of this the weak die. So as of right now this is just a normal death for the whale.”

See Whale, page 15

Earth day is more than just a one-day event/P12

Weekend Weather

Partly cloudy on Friday, few showers on Saturday and partly cloudy on Sunday.

For full forecast, see page 15

Drummer marches to her own beat/P8

Deadlifts will strengthen your whole body/P10
Unity week celebrates diversity

By VICTORIA SADDLER  
Staff Reporter

This year’s Unity Through Diversity Week embraces the invisible student.

"We chose the Invisible Student because we wanted to highlight student populations that are marginalized or hyper-visible for example, gay, lesbian/bisexual, transgender, immigrant, refugee students and students of color," said Yoshiko Harden, director of Multicultural Services and Student Development.

"The goal of Unity Week is to invite people to participate in sometimes unpopular conversation about diversity, race and sexual identity," Harden said.

"Unity Week is a chance to push the envelope, to take chances and to open people’s minds to thinking outside the box."

Offensive comments about racial and sexual preference still plague society, Harden said.

Unity Through Diversity Week assists in educating the public through tolerance and understanding.

Unity Through Diversity Week will also talk about gay, lesbian and transgender issues and how it is not right to say negative things concerning them or to treat them any differently from other people, Harden said.

"Some of these topics are a little hard to take down, but at the same time, they draw you in," she said.

"The disease of violence [event] is letting everyone know that your violence is a germ that is so contagious that it becomes a disease, spreading into the lives of others."

Unity Week events include: Racial Micro-aggressions and Experiences of Students of Color in Higher Education, Monday, April 26 11-11:50 a.m., Building 7, lecture by Dr. Miguel Ceja.

• Enhancing and Strengthening the Campus Racial Climate: A Collective Effort, Monday April 26, 1:30-3 p.m. Mt. Constance room Student Union, workshop by Dr. Miguel Ceja.

• The Color of the Race Problem Is White, Tuesday April 27, 11-11:50 a.m., Building 7, lecture by Dr. Robert Jensen.

• Beyond Race, Gender, and Class: Understanding the Roots of Privilege, Tuesday, April 27, 1-3:30 p.m., Mt. Constance Room, Student Union, presentation by Dr. Robert Jensen.

• Alive and Free: Eliminating the Disease of Violence, Wednesday, April 28, 12:10-1:15 p.m., Building 7, presentation by Marquis White, Leletha Williams and J’Quai Holiday.

• Caucus Discussion, Youth Violence, Wednesday, April 28, 1:30-2:30 p.m., leadership Resource Room, third floor, Student Union, facilitated by Thomas Tobin.

• Searching Routes and Roots for Songs of Ghosts, Thurs, April 29, 10-10:50 a.m., Mt. Constance room, Student Union, talk by Quynh-Nam Nuyen.

• Backstage Racism: How Nice White Students Perpetuate the Racial Hierarchy, Thurs, April 29, 11-11:50 a.m., Building 7, lecture by Dr. Leslie Houts Picca.

• Safe Zones Workshop, Friday April 30, 10:10-11:30 a.m., Building 2, facilitated by Joshua Magallanes.

• Unnatural Causes: Is Inequality Making Us Sick?, Friday April 30, 12:30-2 p.m., Building 2.

Portfolio takes job at Bellevue College

Highline’s director of Human Resources, Cesar Portillo, accepted a job at Bellevue College to be their vice president of human resources. Portillo’s position has not yet been filled.

Calendar

• This week’s Science Seminar titled “Ocean Acidification” will be presented by Rus Higley and will be on April 24, at 2:20 p.m. in Building 3, room 102.

LEGAL NOTICE

Highline Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

$6 Yoga & Tai Chi Classes

Learn how to manage your energy for better focus and concentration.

Great for relaxation/stress relief. Strengthen your core while gaining balance.

Practices based on ancient Korean holistic health education system.

Energy Yoga

Monday 7:00 pm-8:00 pm  
session: May 3- June 28

Thursday 7:00 pm-8:00 pm  
session: May 6- June 24

Tai Chi

Thursday 5:30 pm-6:30 pm  
session May 6-June 24

Des Moines Activity Center

Cost $48 for 8 weeks ($6 a class), drop in $8 a class.

To register call 206-878-1642 or drop by 2045 S. 216th Street, Des Moines, WA

Register by April 30th for this session.
We strongly encourage stu-
dents to sign up for the e-mail
accounts,” said Tim Wrye, di-
rector of Instructional Comput-
ing.  “We [Highline] will be dis-
tributing more information to
college electronically, so while
it’s not mandatory, it is
strongly encouraged.”
Not all Highline students
have e-mail accounts and not all
students keep their e-mail ac-
counts the same.
“Currently, approximately
20 percent of Highline students
either do not have or do not pro-
vide an e-mail address,”
Wrye said.
“Additionally, when we do
communicate with students us-
ing the accounts provided to
Admissions or in Angel, Reg-
istration gets about 10 percent
bounces back,” Bligh said.
“You would be surprised
how often students change their
e-mail accounts,” Wrye said.
“For those Highline students
Highline e-mail,” Wrye said.
“For Highline students to get
connected to Highline’s new e-
mail movement there are sev-
eral different ways to get infor-
mation.
Current Highline students
were not present earlier this
quarter as well as e-mails to their
personal e-mail address with
information on the new student
e-mail system and students new
to Highline will receive infor-
mation with admission.
There are also posters on
campus with information refer-
ring to the new student e-mail
system as well as information
provided at all front counters
and with faculty secretaries.
Additionally, Highline facul-
ty and staff have been asked to
remind students to create their
e-mail accounts, Highline of-
citers said.
For more information, visit
http://highline.students.edu/
Involvement helps all students

Student Government elections are coming up later this quarter, and now is the time for candidates to get their campaigns in gear.

Getting involved in Student Programs is a good way for students to get involved in their time at Highline. A large number of possible positions exist for anybody who wants to get involved.

Recently, with Chris Pennington’s resignation from and Jacqui Trillo’s appointment to the president position, Student Programs has been in the spotlight. This and other high-profile positions are frequently talked about, but people don’t realize just how many other positions exist.

Finally, Student Government and Student Programs are responsible for serving the students and listening to them.

If students choose not to participate directly in Student Programs by applying for positions or running for either president or vice president, they should be willing to listen to the candidates and vote when the elections come around.

The importance of voting in national and state elections is touted every time a new election rolls around, but it’s the same for our community at Highline.

These elected officials are in charge of where our money goes, which programs receive funding and which events happen year after year.

While the people in charge have these powers, those who elect them are ultimately responsible. If students choose not to be informed and vote, they can’t complain about what happens.

Ultimately, Student Government and Student Programs are responsible for serving the students and listening to them.

So help them out. Be involved.

Gay rights extend beyond marriage

People like to present gay marriage as the last stop on a long fight for civil rights. When President Obama recently signed an order preventing state-funded medical institutions from blocking the visitaion of gay partners of patients, we knew more than a few people acting like the order was a fix for a problem that no longer existed.

For an elderly couple in California victimized by the medical system in 2008, however, abuse by medical institutions wasn’t a thing of the past at all.

Clay Greene, 77, and his partner Harold Scull, 85, may not have been technically married, but they did everything they could to ensure that their lives were legally linked. On the advice of a lawyer, they had signed wills, powers of attorney, and medical directives specifying each other as beneficiary/executor.

When Scull, frail with age, fell down the stairs in front of their Sonoma home and was rushed to the hospital in 2008, Greene should have been consulted concerning each step of his partner’s care.

Instead, however, Greene was barred from even visiting Scull in the hospital. The county filed for Scull’s power of attorney, claiming to the judge overseeing the case that Greene was a “roommate,” and placed him in a nursing home. Greene, upon objecting to being separated from his partner, was forced by the county into a separate nursing home, where he was confined.

The county spent a step further, however, not simply content to separate the couple that had been together for 25 years and to confine a man able to care for himself in a nursing home. In a move of shocking inhumanity, the county auctioned off all of their possessions, took away their two pet cats, and terminated the lease on the house the two had shared.

Scull died while separated from Greene; they were never given the chance to live out the end of their lives together.

Greene, upon finally gaining release from the nursing home he was being kept at with the help of a lawyer, found that he had no home, no possessions, no beloved pets, and no partner. He was left with only a few photographs of Scull to remember him by.

Greene has brought a lawsuit against the county, the auction company responsible for selling off all of their possessions, and the nursing home where he was imprisoned. The case is expected to be tried this July.

This isn’t some problem of the past; this happened less than two years ago. In a system with as little compassion as is evinced in this incident, the rights and basic dignity of every one end up at stake.

The order by Obama is a step forward, but it isn’t enough.

Nick McCoy is Opinion Editor at the Thunderword.

Letters

NWAACC inequality needs to be resolved

Dear Editor:

As a former sports editor and now athletic director in the NWAACC, I wanted to congratulate Chris Wells on an excellent piece of reporting for his story “League has different rules for Oregon, Washington.” Chris had all the numbers, he interviewed all the right people and he brought to light an inequitable situation that no one seems to know how to resolve.

It would be harmful to student athletes in Oregon to reduce Oregon’s athletic waivers and it would be challenging and politically wrong to increase Washington’s waivers during this budget climate, so we’re stuck with an athletic conference that is arguably unfair.

Regarding Liviu Bird’s opinion piece on the topic, splitting the conference into two divisions would be fair, but it might simply split Washington and Oregon, and I’m not sure that is best for all involved.

Your work as student reporter was very balanced and very professional and will assuredly result in this topic resurfacing. If nothing else, the NWAACC needs to develop a plan to resolve the inequity.

– Rick Ross, Director of Athletics & Student Programs

Peninsula College, and NWAACC Executive Board Member

Write to us

E-mail your 200-word or less submission to mmccoy@highline.edu.
Puzzles

Crossword 101

By Bill Deasy (Bill@grfpuZZles.com)

A Flip of The Coin

1. “Ah, well…”
2. Muddy or cloudy
3. Pillsbury
4. The French term for epistaxis
5. Nosebleed
6. “Paul Revere’s ___”
7. Halfway between Scotland and Iceland
8. The planet Tatooine
9. Nutmeg
10. A derringer pistol

Across
1. “30 Rock” guy
2. Bad news reactions
3. I Dream of Jeannie star
4. The Crucible
5. Nosebleed
6. W's "What's your hurry?
7. W's "This is 43 plumbing"
8. 270° on the compass
9. Celine or Whitney
10. A derringer pistol

Down
1. “I cared!”
2. “Please have ___”
3. “___ I cared!”
4. “One day only!” event
5. “Arrest me!”
6. Bad news reactions
7. “30 Rock” guy
8. “Love Boat” deck
9. Word before code or after rest
10. Stop

Last week’s crossword solution

A BIG LET DOWN!

Across
B A B E
O P E R A
O R A N G E
S T E M
R O A R
D U K E S
T O R E
I N C A
D R E C C O U N T
E K T E D
H O R S E
P O I S E
T R I G
C L A R E T
T R A V E S T Y
R A C E R
S H A V E
W O E
I N S K S
L I C E
S E R A
S A E C H T A N T
P O E T S
P I D D L I N G
C A R P E T
R E N T
C A N E S
T U N E R
E R R S
T A D
B R E A K W A T E R
C A T O
A G E D
A L A M O
S K E W
R E D S
R E S E T
T E N N

Down
1. ACT
2. Country estate
3. 50s group The Four...
4. Ajax competitor
5. The Hallow
6. Ajax competitor
7. Star Wars role
8. Burien Little Theatre presents Agatha Christie’s The Hollow.
9. A Star may represent it
10. “Where the heart is”

by GFR Associates • • • Visit our web site at www.gfrpuZZles.com

Quotable Quote

Peace and justice are two sides of the same coin.

Dwight Eisenhower

Puzzles

Arts Calendar

• Burien Little Theatre presents Bleacher Bums, a hilarious look at baseball through the eyes of obsessed Cub fans, set in 1999.

The performance will take place at The Burien Little Theatre, April 23, 24, 30, May 1, 7, 8 at 8 p.m. April 25, May 2, 9 at 2 p.m.

Tickets are available online at burienlittletheatre.org, by calling 206-242-5180 or by email at tickets@burienlittletheatre.org.

• St. James Episcopal Church presents Agatha Christie’s The Hollow.

The performance will take place at 24447 94th Ave S. in Kent, WA on April 23, 24 at 7:30 p.m.

Each ticket includes a beverage and dessert. Tickets are available by email at stjamesplayerswa@gmail.com

• Got arts news? Contact the arts editor, Stephanie Kim by calling 206-878-3710, ext. 3317 or by email at stjamesplayerswa@gmail.com

Highline.edu

Campus events get priority but all events are welcome. Please include time, date and location of the event, plus contact information.

The Thunderword / April 22, 2010
Vegetables can thrive in containers

By KANDI CARLSON  
Staff Reporter

You do not need to have a yard to have fresh vegetables at your fingertips. All you need is space and sunlight. There are a variety of vegetables that can grow successfully in the home.

Some examples include: tomatoes, eggplant, peppers, cucumbers, salad greens and vine plants. The only requirement is a sunny spot for them.

"Plants need to receive four to five hours of sunlight a day," said Susan Littlefield, horticulture editor for the National Gardening Association.

Littlefield has degrees in biology, plants and soil science. She said she has attempted many different varieties and has seen success over the years through trial and error.

Her greatest piece of advice: "Don’t be afraid to just dig in." You are only limited by your imagination.

To begin your in-home gardening you will need to do some planning:

• Determine your budget. You will need to make a decision before going shopping. There are many options out there and it is easy to overspend when you are not prepared.

So, grab the pen and paper and start making notes.

Begin by jotting down your top five favorite vegetables that you enjoy eating. You will not necessarily be choosing to grow them all, but this is how you determine what to buy.

• Now do a walkthrough of your home. Check for an area that gets sufficient lighting. Write down the different areas and take some general measurements.

You will want to keep in mind the possibility of water damage. If you find the perfect spot and it is in an area of concern, you can purchase clear plastic fairly cheap. Simply lay it under the pot.

For those of you who have a balcony or patio, your options have just doubled. There are also excellent locations for larger plants and plants that need support.

Cauliflower, brussels sprouts, carrots and radishes all grow successfully in large planters. Carrots are often overlooked when one is considering things to grow inside. But all they need is a deeper planter. There is not a better tasting carrot than the one that you pull out of your own planter.

There are also vine plants that you can consider. Examples include: tomatoes, cucumbers and beans and all require support. This can be in the form of trellises, cages or poles to grow properly. All of these are successful out on your patio or balcony.

• If you are above the first floor, you should keep your neighbors in mind. Excess water will flow downhill. Be a courteous gardener. You may even be able to braise them to overlook the inconvenience of water spillage with some of your fresh vegetables.

Now that you have taken down notes and have an idea where and what it is you want to grow, you can go shopping.

• Tools: You really only need a small hand trowel and these can be found at your local dollar store. While you are there, go digging some rocks to help all things to grow inside. But all they need is a deeper planter. There is not a better tasting carrot than the one that you pull out of your own planter.

Next, fill with your soil. Fill to the line that you see in the planter. If there is not one, fill to about one inch from the top. As for planting your plants, follow the instructions for depth and distance that came with the plant. Once again, this information is important to consider because it affects your crops yield.

You need some rocks to help all things to grow inside. But all they need is a deeper planter. There is not a better tasting carrot than the one that you pull out of your own planter.

In some of your smaller local thrift stores often get some in and are selling them for cheap.

Y our next stop should be to your local garden center. Nurseries are often times more expensive when it comes to the purchase of planting soil and containers, for small scale purchasing anyway.

• Plants: Garden centers and nurseries are both great sources for you to find plants. If you are a beginner and this is your first time gardening, purchase starts. The reason being that you will see what is in season and when to begin growing. If you are starting from seed, you must be aware of the seasonal information located on the package and it should be taken into consideration to yield a successful crop. Remember that list of your top five favorite vegetables, get it out. Begin your plant search by looking for those vegetables. Ask for assistance if you cannot find what you are looking for. There are people willing to help you but you have to ask.

• Planting: Once you have gathered your containers, rocks, soil and plants you can begin putting together your home garden.

First, if there aren’t already, poke some holes in the bottom of your planter using a drill or screwdriver. This is extremely important for proper drainage to occur. Once your holes are in or confirmed, place the rocks in the bottom of your planter. One layer across should do it. You are looking to provide distance between the soil and the bottom of the planter.

Next, fill with your soil. Fill to the line that you see in the planter. If there is not one, fill to about one inch from the top. As for planting your plants, follow the instructions for depth and distance that came with the plant. Once again, this information is important to consider because it affects your crops yield.

• Maintaining Water: Your plants regularly. Vegetables are healthy and happy when watered regularly. Set up a daily schedule to take care of them. However, you should always check the soil before you water it.

If the soil is still nice and moist, your plant is not thirsty. If it is anything but moist, water it and only just until it is.

There are some things you can do that may be helpful in reminding you to water and check on your plants: You can post a note near the kitchen faucet. When you see, go check the plants.

You can also place a reminder in your cell phone. The catch here is that you need to time the reminder for when you are at home.

The success and health of your plants is in your hands. Be watchful and patient and in no time at all you will be serving your very own fresh vegetables at dinner or anytime.

Tip of the week: Do you have unwanted used shoes? Donate them to Reuse A Shoe. The Nike shoes company uses the rubber to refurbish basketball courts across the country.

The nearest drop-off location is located at Nike Town, 1500 6th Avenue, Seattle.
Northwest Symphony to feature local works

By ALYSON FUHRMAN Staff Reporter

Two local composers will share their creations at a concert highlighting music of the Pacific Rim this Friday.

The Northwest Symphony Orchestra will be performing at the Highline Performing Arts Center at 7:30 p.m. on Friday, April 23.

The Highline Performing Arts Center is at 401 S. 152nd St., Burien.

Since the symphony was founded in 1987, its mission has been to promote and perform the music of contemporary northwest composers while educating the public about classical music.

The April 23 concert is part four of a series of concerts put on by the Northwest Symphony Orchestra. This concert will feature music under the theme of East Meets West: Music of the Pacific Rim.

The concert will feature the pieces Symphony No. 5 by Peter Iljich Tchaikovsky, Snow Country/Yakugan by Gloria Swisher, Tempestuous Timpanist by Stafford Miller and a composition by the Pacific Middle School Wind Ensemble, FACilitated by Glenn Crytzer.

Gloria Swisher and Stafford Miller are both Northwest composers and Northwest Symphony orchestra members.

Her piece, Snow Country (Yukiguni), will be performed by guest artist Shihio Kurauchi playing the Koto, a traditional 13-string Japanese instrument. Miller also attended the University of Washington where he received a doctor of musical arts for conducting and composition. He also served as a teacher/administrator at North Seattle Community College for 21 years.

Miller’s piece The Tempestuous Timpanist will feature guest artist Mike Crusoé, principal timpanist of the Seattle Symphony Orchestra.

The Northwest Symphony Orchestra is conducted by Music Director Anthony Spain.

Tickets are available at the Highline Performing Arts Center box office 45 minutes prior to the concert.

Tickets will be $14 for adults, $10 for seniors over 60 years of age, and $10 for students. Cash and checks will be accepted.

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Super-sized Street Fighter hits the market

By SAMUEL TIMLICK
Staff Reporter

Tiger knee your way back into Street Fighter with the release of Super Street Fighter IV on Tuesday, April 27. “Anyone out there that’s thinking of picking up Super Street Fighter IV should. I really think that if you’re not that into fighting games, if you give it some time, you’ll definitely learn to love it,” said Drew Leachman, senior editor and podcast host of www.evolvedgaming.net, a website that gives video game reviews, previews and news.

Super Street Fighter IV utilizes time restricted button presses and combinations of button presses to orchestrate a smooth fighting experience between the player and either an online opponent, where the opponent is known as a single player mode or a friend for local multiplayer. Street Fighter has never been about a single storyline with a main protagonist. Street Fighter’s story involves many different characters and their history as fighters. The story of Street Fighter has been modified and retold various times throughout the series.

Super Street Fighter IV will have the characters in Street Fighter IV and the characters new to the Street Fighter series, introduced in Super Street Fighter IV, with their own individual and intertwining storylines.

Super Street Fighter IV is the re-release of last year’s Street Fighter IV, with a plethora of added content; it is both a 2-D and 3-D fighting game, using 3-D models on a 2-D plane. Super Street Fighter IV will arrive on the PS3 and Xbox 360, developed and published by Capcom. Capcom has added new stages, modes and ultra combos to make Super Street Fighter IV the definitive version over the original.

New characters will also be brought to Super Street Fighter IV, some new to the series and some from older iterations of the franchise. Hakan, Cody, Makoto, and Dee Jay are just a handful of the new characters.

“I started playing the Street Fighter series when I was around 10 years old back in 1994 with the release of Super Street Fighter II Turbo. I really loved the characters, all of which were colorful, unique and interesting both in design and in story,” Leachman said.

Leachman spent over 80 hours playing the original Street Fighter IV and looks forward to spending even more time with Super Street Fighter IV when it releases on April 27.

“I will be picking Super Street Fighter IV up on the Xbox 360. I owned Street Fighter IV on the system and I play most of my friends on the 360,” Leachman said.

Leachman does not think any of the three versions will be better than another. Unlike the first edition of Street Fighter IV, Super Street Fighter IV will only cost $39.99 the day it releases. “If you’re someone who has and do in this game, I would have paid full price for what they are offering. Paying $39.99 is just sweetening the deal for me,” Leachman said.

Capcom will also be offering a Collector’s Edition of Super Street Fighter IV, dubbed “Dojo Edition.” The Collector’s Edition will include: a T-shirt featuring a picture of Dudley on its front, a gym bag, with the Super Street Fighter IV label on its front, a 1GB USB Super Street Fighter IV Bash drive, a headband, and a water bottle sporting an image of the character Ibuki.

Pots and pans lead percussionist to teach drumming

By STEPHANIE KIM
Staff Reporter

Becca Baggenstoss’ first instrument wasn’t the guitar, drums, piano or violin; it was the pots and pans lying around in her home.

Baggenstoss has since graduated to more complicated instruments including the marimba.

Baggenstoss will bring her seven-foot marimba to her performance for The Blend next Wednesday, April 28.

The performance will be held in the Bistro in Highline’s Student Union from 10:30 a.m. to 12:30 p.m.

As a child, Baggenstoss wouldn’t go around singing like a lot of the kids her age.

She was always attracted to banging on pots and pans and the noises they would make.

Aside from the marimba, Baggenstoss also plays the bongos, congas, hand drums and other percussion instruments. Originally from Arkansas, Baggenstoss felt trapped in the “old-fashioned” environment she was around.

In middle school, Baggenstoss was discouraged by her music teacher from playing percussion instruments.

“I started with trumpet because I was a girl and girls didn’t play percussion instruments back home,” Baggenstoss said.

With her parents’ support, Baggenstoss was able to embrace her passion for percussion instruments.

They encouraged her to play percussion and talked her music teacher into allowing her to play in the school band.

Although both of her parents were always supportive of her, it was the women in her family who introduced and encouraged Baggenstoss to try different artistic activities.

It was Baggenstoss’ mother who encouraged her to take ballet lessons, music lessons and create art.

However, it was her grandmother who was the most influential while growing up and contributed to her musical life.

“She taught me how to imagine and express my imagination,” Baggenstoss said.

Among her mother and grandmother, her music teachers and musicians have also had an impact.

“My brain finds things I love and hate about each artist,” American composer John Cage was particularly influential because “he was all about mixing mediums,” Baggenstoss said.

“It was the first time music became a philosophy. Spirituality can be expressed through music.”

She attended Oklahoma State University, where she received a bachelor’s degree in music education.

She later went to the University of New Mexico, where she earned a master’s degree in percussion performance.

Teased in Arkansas for being a vegetarian and a “recycler,” Baggenstoss needed a change and came up to Seattle because of its “liberal” stereotypes.

“I wanted to do something risky and live in a big enough city that I could cast a wide, vague net to pull in enough to survive,” Baggenstoss said.

Baggenstoss is a teacher at Seattle Drum School, where she also gives private lessons.

“It’s a random, spontaneous field. I’m having a blast and I can’t believe I’m getting paid for it,” Baggenstoss said.

“I feel so lucky and blessed. Music is my outlet to open up and live my life.”

Comedy Central comedian brings his humorous show to Auburn

By BRAD VANSTEENVOORT
Staff Reporter

David Crowe hopes he’ll receive a good grade for his performance tomorrow, April 23.

He brings an experiential and observational humor to his comedy shows.

Upon graduating from the University of Washington, Crowe was in need of a job, so he decided to try out comedy and it was a triumphant success.

“It’s kind of like being a college professor,” Crowe said.

“But the students are drinking while they listen and I’m the only one being graded on performance.”

He has performed in many big cities around the world, and on Showtime and Comedy Central.

Crowe’s show is intended for audiences 18 years and older.

The theater is at 10 Auburn Ave. in downtown Auburn.

The show is at 7:30 p.m. and tickets are $17 and $15 for college students. Tickets for the show can be purchased at brownpapertickets.com/event/98088 or call 253-931-3043.
By BRAIN GROVE
Staff Reporter

Highline sophomore outfielder Josey Roy doesn’t have as much experience as you’d expect from a typical college athlete.

In fact, after playing soccer in her youth and running track and doing cheer throughout high school, this is Roy’s first year playing softball at any level.

“Spring Quarter last year, I came across the article in the newspaper saying they needed more softball players and/or athletes, so I e-mailed him [Head Coach Gary Graf] and told him if he taught me, I’d be willing to learn,” Roy said.

This is Roy’s first season playing, so she is still a freshman eligibility wise.

Graf said Roy couldn’t have come at a better time.

“She came to me last year when we were desperately looking for players. She said ‘Hey coach, I was a cheerleader and love to hit the ball at the batting cages,’” Graf said. “I thought ‘perfect.’

“A lot of times when new girls would come out, they’d be intimidated by be the other girls who had played a lot of ball. The day Josey came, I had two girls who were a little rough around the edges and Josey fit in great.”

Graf said Roy displayed determination and toughness right off the bat.

“We were doing infield, and she’d take [groundballs] off the shoulder and shins. She didn’t flinch once.”

Roy said even though the team was short on players, she thought her chances of making it were a “long shot.”

“I didn’t have any experience so I was kind of nervous.”

When Roy first came out to practice, she didn’t even have the right glove.

“I’m right handed and I bought a left-handed glove to catch with my right hand. Coach was joking with me saying, ‘Oh, are you going to catch with your right hand, take off your glove and then throw with your right hand?’”

Since then, Roy has stepped up her play quite a bit and consistently starts in the outfield.

She said her favorite part of the game is batting.

“I guess I could say swinging because my swing is a lot better than my throwing.”

Graf said he’s never seen anyone take on the game as quickly as Roy has.

“She’s a great athlete to play at this level with a lot of experience. She’s put the ball in play almost every time, only struck out twice and had a great hit Friday [against Green River],” Graf said. “And that girl, she hit off of [Kayla Duggan] was a good pitcher.”

Along with batting, Roy said she just likes being part of a team.

“Coming out of high school where I was so involved and coming here [Highline] and not being a part of everything felt empty.”

Roy takes a lot of pride in her team and teammates.

“I like being able to say I play softball for Highline and the girls are great. We all get along really well so it’s a lot of fun.”

Still, Roy said she’s very hard on herself when it comes to softball.

“I always feel like I’m not doing that well, but coach [Graf] tells me I’m doing good. I guess that’s what helps me improve my softball skills,” she said.

“Generally, that’s how I am as a person. Even with work and school, I’m just like that.”

Roy attended Ingraham High School in North Seattle and graduated in 2008.

Along with playing sports for the Rams, Roy was involved in student government and leadership.

“I miss it, but here it’s a lot more time consuming.”

When Roy first came to play softball in 2008, she started off as a hospitality and tourism major.

But she soon decided it wasn’t for her and began taking general transfer credits.

“I’ve been thinking a lot about when I want to major in, but I want to make sure that I’m actually interested in what I’m doing,” she said.

As a first-generation college student, Roy said education in her family is a “really big deal.”

“I’m the first official college student [in my family], so it’s go big or go home. I have two younger brothers who are both 15 and I’m trying to set an example for them by educating myself past high school.”

After Roy started playing softball, one of her brothers started playing baseball and now plays for Ingraham.

“That’s his first sport, he’s kind of taking after me. He plays on the junior varsity and is basically a bench warmer for varsity,” she said.

Even when Roy showed up on her first day of practice with the wrong glove, she said she was never discouraged to keep playing.

“Everything’s worth a try.”

With Highline only having played 16 games thus far, Roy hasn’t had the opportunity to make a lot of plays. But she said her greatest softball moments come when she catches the ball and gets somebody out.

Roy said she feels fortunate every day to be a part of “this team.”

“Most of the time after high school you don’t really get to be a part of anything like this, but I feel blessed to learn something new and to learn it with other girls on the team,” she said.

“I’m going to take a couple of minutes to e-mail coach Graf cause it’s been a really great experience.”

Highline is now 1-11 in the West Division after losing four games to Green River, 10-1, 10-1, 9-1, 11-0, and two to South Puget Sound, 14-8 and 6-3.

Highline did have a bright spot in its offense when the team batted around in the bottom of the fifth and the scored six runs to take an 8-4 lead. Unfortunately, they were not able to hold the Clippers in the seventh when they scored eight runs of their own.

Also, Graf said the team has shown signs of improvement since they’ve been able to consistently play outside over the past week and instead of being cooped up in the gym.

“Compared to what they were when I got them in September, they’ve gotten a lot better. Some aren’t playing to potential, but we’ll get them there.”

On Friday, April 23, Highline will travel to Centralia to take on the Trailblazers at 3 and 5 p.m.

The following day, April 24, they square off against Grays Harbor at noon and 2 p.m., in Aberdeen. On Tuesday, April 27, the Lady T-Birds play Pierce at 2 and 4 p.m. at home.

By ADRIAN SCOTT
Staff Reporter

Highline students plan to serve it up this spring with a new tennis club.

Freshman Darrel Belvin is the man behind Highline’s new tennis club with help from Jim Schmitt and others.

“This club was made from Decatur High and also ran track for the Gators.”

“I plan on becoming a civil engineer,” Belvin said. The tennis club has its practices on Thursday at 1 p.m. and Friday at noon at the tennis courts near the South Parking Lot on South 240th Street.

Getting people interested in the tennis club and finding a treasurer was an obstacle Belvin faced when starting the tennis club.

“I would ask teachers if they could tell students about the new tennis club at the end of class,” Belvin said.

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“I would ask teachers if they could tell students about the new tennis club at the end of class,” Belvin said.

The school has a bunch of the same rackets,” Belvin said. “They have at least 20 or so of the exact same racket.”

There aren’t tons of people in the tennis club but Belvin hopes many more will join over time.

To learn more about the tennis club contact Belvin at 253-332-6183.

“If we have more people come out hopefully we can play other community colleges,” Belvin said.
Build your legs and lower back with deadlifts

BY RUSTY GUICO
Special to the Thunderword

The deadlift is certainly a physique-building workout. This exercise involves a pulling movement, which is one of the best methods for overall leg and lower back growth.

Deadlifts target your quadriceps, hamstrings, glutes, spinal erectors, abs, trapezius and upper lats (latissimus dorsi, located just under the shoulder blade). It is one of the best exercises to work most of the muscles in the body; however, deadlifts are somewhat difficult to do.

Doing this exercise properly and safely requires attention to detail.

Some basics: A deadlift involves lifting a barbell up from the floor to an ending position where the bar rests around hip level.

First, stand behind a barbell on the floor and place your hands about shoulder width apart on the bar.

The right hand will use an overhand grip (palm facing down) and the left hand uses an underhand grip (palm up).

Start in a squatting position with a slight arch in the back. Do not round or flatten your back during the initial pull since this may result in injury.

Begin by inhaling, tightening your core muscles (abs and lower back) and then lift by straightening the legs while driving your feet into the floor.

Keep your chin and chest up during the movement and avoid shrugging or leaning backward so you don't fall over.

Exhale at the end of the movement with your torso erect and your legs locked at the top of the lift. Hold this straightened position for a couple of seconds, then lower the weight back down using the legs and back in a controlled movement.

In addition, keep your arms locked out and at your sides throughout the movement.

Push with your legs so that the bar clears your knees and comes to rest at the upper thigh.

During the movement, keep your arms hanging at your sides and do not attempt to pull the weight with your arms.

The sumo variation is often used to reduce stress on the lower back.

The difference between the sumo and the conventional deadlift is how the feet are positioned.

Just like the name implies, the sumo involves placing your feet wide near the barbell plates and the grip will now be positioned inside your legs.

The hands should be in the center of the bar and the back should be straight.

The details: There are two options for gripping during the deadlift – the overhand and the alternate grip.

The advantage to the alternate grip is that it provides greater control to avoid the bar slipping from the hands.

Work with a personal trainer if possible to make sure you have the necessary strength and proper form.

Remember: if you cannot do deadlifts with good form, then do not do them at all.

• Do not pull if you feel a pinch in your lower back.
• Do not round your back in any deadlifting movement since it will make your back vulnerable to injury.
• Do not jerk the bar up to the thigh. Keep the movement smooth throughout.
• Do not tip forward or move your feet during the lift.
• Do not jerk the bar up and down in the middle of the movement.
• Do not let your knees bow in and out during the lift.

Injury Prevention:

Rusty Guico is a personal fitness trainer student at Highline.
By MAX DUBBELDAAM  
Staff Reporter

Tami Lafreniere is making the Dog House just a little bit hotter.
Lafreniere has improved the parking, advertised more, and added signage and a deck out front.

Nonetheless, the Des Moines hot dog restaurant on Marine View Drive remains a small, family-owned business. It has limited seating inside but an inviting front porch with tables and umbrellas.

And it still has hot dogs; beef, pork, turkey and chicken sausages; veggie dogs; and sides including chili, homemade coleslaw and french fries. Lafreniere also takes pride in the Dog House’s condiment bar, which holds more than 20 different toppings and additions.

Lafreniere took over the Des Moines Dog House from a previous owner and is the third person to own the business.
When she took over the place five years ago, there was a lot of remodeling to do.
“They were still renovating the whole place, it was pretty bad. They were redoing the whole side and there was no parking lot,” she said.
Lafreniere wanted to get the Dog House name out there so her first big purchase was a neon sign.
“I was the first one that actually bought a sign for the place,” she said. “Nobody even knew it existed. Although the kids did, kids always knew.”
She said that her boyfriend and kids help out with the work but that she doesn’t have any outside employees. She said that it’s “[to] expensive to have an employee, I can’t afford one.” Lafreniere wanted to work in Des Moines because she’s local and loves the community.
“The people are really nice and the town is great,” she said. “I kind of feel like the Dog House is a hub. All the kids come here and hang out.”
She had a few problems starting up and that “it’s a hassle just to get the permits and get things going.”
Lafreniere orders her sausages from Saag’s in San Francisco, her hotdogs are all Nathan’s Famous and she gets her buns locally twice a week from Franz Bakery.
She said she has a lease for another four years and says she will stay at least that long.
She added that it’s difficult owning a business by herself because she puts all her energy into it.

The Des Moines Dog House is open Monday through Saturday from 10 a.m. to 6 p.m.
Three weeks ago the Dog House started to serve hot dogs from 11 p.m. until 2 a.m. on Friday and Saturday nights.
“We had such a bad winter, so I have to do some making up,” she said. “If I want to keep this place open I have to think of other fun ways to make money.”

Lafreniere said that even though the business thrives in the summer it isn’t enough to make it through the long winter.
“People just don’t want hot dogs in the winter I just don’t get it,” she said.
Many of her late-night customers are patrons from the bars and pubs in the area, but she doesn’t get too much trouble from them.
“What I’ve noticed is that actually the kids are really nice and they’re really respectful,” Lafreniere said.

The traditional Dog House Dog costs $3.99 while the sausage dogs cost $5.10.
The Des Moines Dog House is located at 22302 Marine View Drive.
They can be reached by phone at 206-824-1794 and their website is www.TheDesMoinesDogHouse.com.

Spoiled food is wasted money

It’s bad enough that our food costs so much at the grocery store, but when food spoils because it wasn’t used in time, we end up wasting money.

Here are some things you can do:

If you have a pantry, post a list on the inside of the door showing the contents and date purchased of the bulk items you buy. Keep track of the expiration dates.
You can do the same with your freezer especially if you divide bulk meat purchases. Label each package with the date you bought it, and the use-date.

For example, frozen hamburger will last 3-4 months in the freezer if it’s wrapped correctly.
The dates on food can be confusing. “Use by”, “sell by”, and “best if used by” aren’t the same.

The U.S. Department of Agriculture has a comprehensive site (usda.gov) with information that will clear up “use by” dates and labeling confusion.
On the site, put Basics for Handling Food Safely in the search box.
When in doubt, you can call the USDA Meat and Poultry hotline at 1-888-674-6854 for questions on the safe storage and handling of meat, poultry and egg products.
This can be crucial if you’ve had a power outage and aren’t sure if the food in your refrigerator or freezer is still good.
Food recalls can be a serious problem, especially when we don’t hear about them.

The Food and Drug Administration doesn’t issue a recall, but they do post notices and safety alerts.

Recently, a common ingredient used in many foods was found to contain salmonella. The FDA was required to leave it up to the manufacturers to get the word out.
In many cases, the news media didn’t pick up the stories.
You can protect yourself and your family by keeping track of food recalls and alerts via the FDA site at www.fda.gov. It has up-to-the-minute news in the Public Health Focus and News & Events section on the front screen.
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Icelandic volcanoes may have more in store

By CAITLYN STARKEY  
Staff Reporter

There's more to come from Icelandic volcanoes, said a Highline geology professor. The volcano Eyjafjallajokull has been erupting over Iceland throwing ash across Europe.

Tuesday, Geology Professor and Volcanologist Dr. Eric Baer hosted a special Science Seminar to discuss Eyjafjallajokull and its effects.

Science Seminar is a weekly series of presentations on science-related topics.

The volcano was formed from the divergence of the North American tectonic plate and the Eurasian tectonic plate. “It’s literally being ripped apart,” Baer said.

This shift in tectonic plates has resulted in a 5,000-foot volcano in the East Volcanic Zone of Iceland. Eyjafjallajokull has a busy history. There are records of it erupting in 1612 and 1821 to 1823.

“This gives you an idea of how long this could go on,” said Baer, referring to the two-year eruption.

This particular eruption started on March 20. Magma rose to the surface and created fire fountains. This took place away from the ice cap on top of the volcano. Because of the bright colors and fantastic displays, Eyjafjallajokull became a tourist attraction.

On April 12, the eruption stopped, and only two days later, it started again. But this time, the eruption was in the middle of the volcano beneath the ice cap.

“When, why it moved to the center, did it become a problem instead of a pretty tourist attraction?” Baer asked.

With the help of Myth-Busters video, Baer explained when a volcano erupts over ice, the ice instantly turns to steam. The steam pressure then produces large clouds of ash. Ash this ash from Eyjafjallajokull has become a problem for airliners attempting to fly in and out of Europe.

Airplanes and volcanic ash do not mix. The combination actually threatens air travel in a few ways.

First, the ash is like talcum powder, said Baer. Because it is so fine, it cannot be seen by radar, thus planes do not have good idea of where the ash cloud is.

If a plane does wander into a ploom of volcanic ash, it will cause major damage. The ash is finely-crushed rock, so it essentially sandblasts the exterior of the plane.

The ash can also stall a jet engine, because the ash is sucked into the engine and melts because of the heat. Yet when it leaves the back of the engine, it re-solidifies and clogs the engine.

This makes a jumbo jet into a massive glider, Baer said.

A Koran flight from Anchorage, Alaska flew into an ash cloud. All four of the plane’s engines cut out and they glided for 14 minutes.

Thankfully, they were able to get the engines working again and returned to Anchorage. The plane sustained $80 million in damage.

The airlines are concerned about the money they are losing but just imagine one or two planes flying into the ash plume, Baer said.

It’s nice to know how the volcano can theoretically affect air travel, but in reality, airports all over northern Europe have been closed for days.

“The ash plume is moving toward the north, which should be good for Thursday and Friday,” Baer said.

Relatively speaking, Eyjafjallajokull is a small volcano. The biggest worry is its neighbor.

It is a larger volcano, has a bigger ice cap and much more explosive power.

“This one goes, all bets are off,” Baer said.

“Historically, when Eyjafjallajokull has erupted, Katla has erupted within a year,” Baer said.

If Katla erupts, it could severely affect air quality in Europe, especially for people with respiratory conditions.

“It won’t just be inconveniencing them, it would be killing them,” said Baer.

The Science Seminars are held in Building 3, room 102 from 2:20 to 3:10 every Friday.

This week, April 23, Rus Higley, manager of the MaST Center, will present on ocean acidification.

Professor encourages a greener point of view

By ELIZABETH ELTRICH  
Staff Reporter

People need to understand sustainability and realize how important it is so that we may continue living happily on this earth.

Woody Moses, biology professor, talked about sustainability Monday during his lecture to kick off Highline’s observance of Earth Week.

Sustainability is how people are able to help support the earth so that humans may continue living on it happily, he said.

Moses said he believes we are all biological entities who have been evolved away from how they were supposed to live, given in to things like additions.

Addictions relate not only to drugs and alcohol but also caffeine and even shopping, he said.

Moses said neoclassical economics is pushing consumers to believe assumptions.

Four main assumptions made by neoclassical economists affect our beliefs.

The first assumption is resources are infinite – many people believe that once any resource has been finished, they will easily find a way to replace it.

Long-term effects are discounted, meaning that businesses make the short-term effects seem more important so resources are used even more quickly.

Moses said people too often assume all the costs and benefits of their activities are internal to each specific person.

Finally, he said, everyone is taught that growth is good.

“Focusing on the environment isn’t enough,” Moses said.

“We also need healthy, supportive social institutions and a healthy economy.”

Global human needs may be met indefinitely, such as adequate food, clean water, and clean air, but people also need to be smart consumers as well.

One way you could do this is by buying products that don’t travel far, meaning fewer products are added to the shelf life.

Moses said nature is valuable when left alone. It offers abundance of educational opportunities. It’s filled with culture. It’s aesthetically pleasing, he said.

By CODY WARB  
Staff Reporter

Fair trade coffee is important to communities who produce it, said a Highline professor at a recent presentation Wednesday April 21.

Kevin Stanley teaches economics at Highline and covered ways that fair trade organizations help communities who are producing coffee. He spoke as part of Highline’s annual Earth Week.

Fair trade organizations help farmers receive decent prices for their product. Stanley said that many countries are struggling to produce coffee efficiently because the price is dropping.

“The problem fair trade organizations are having is workers not being fully-engaged, due to the low coffee prices,” Stanley said.

Stanley said the point of these organizations is to put the profit made back into the communities that produced the coffee so the next generations can thrive.

Industrialized agriculture can produce much more product, but will affect the biodiversity of crops and will endanger the health of the environment, Stanley said.

“When I travelled to Brazil, there were farms that were growing fully-organic coffee but were unable to become certified and sell it as organic,” Stanley said.

He believes that fair trade coffee should be sold on campus.

Stephen Sauderston, of Cartwells, Highline’s food vendor, said they already get fair trade coffee from their sole distributor, Starbucks.

“One way we sell to students is a low-shade organic coffee,” Sauderston said.

Sauderston said buying from Starbucks makes it cost-effective for students because of the high competition between many local coffee distributors.

“Highline started buying fair trade coffee about four years ago,” Sauderston said.
Candidates for 34th speak at political forum

By DANIEL HOWELL  
Staff Reporter

The residents of West Seattle, Burien, Vashon and Maury Island will have a chance to meet and question their future state representative on Tuesday.

The B-town blog will be hosting a political forum for candidates vying for the open second position in the 34th Legislative District.

The forum will take place in the Highline Performing Arts Center from 7-8:30 p.m. on Tuesday, April 27, at 401 S 152nd St in Burien.

Democrat Rep. Sharon Nelson, the incumbent, has decided to run for the state Senate seat vacated by King County Executive Dow Constantine. That creates the open seat in the state House.

Citizens will have the opportunity to question the four announced candidates at the forum, including three Democrats and one independent. Democrat Joe Fitzgibbon, 23, is a legislative assistant to Rep. Nelson and is the youngest candidate.

He said that he is tired of the Legislature failing to adequately address the big problems in our state. “We need to do a better job at making long term decisions. I want to look back in 20-30 years and be proud of the decisions the Legislature made,” he said.

Democrat Marcee Stone wants to reform the tax system and improve infrastructure. “I’m running for this position because we need leaders who will champion environmental stewardship, fight for good jobs, and bring our region’s infrastructure into the 21st century,” she said.

Democrat Mike Heavey is the son of former State Sen. Michael J. Heavey. His website states that he is running “to carry on the tradition of strong, energetic leadership from the 34th Legislative District.”

Geoffrey McElroy is the only independent candidate. His main concerns are small business, education and transportation. McElroy said he believes that voters have not had many choices in recent election cycles. “I am an independent largely because neither of the established parties fully represents my belief system,” McElroy said. “I am not interested in the politics. I am committed to getting things done.”

Voters will narrow down the candidates to the top two in the Aug. 17 primary before choosing their new representative in the Nov. 2 general election.

Highline leaders needed

Student Programs is searching for student leaders and employees for Fall Quarter. These positions represent some of our primary leadership positions on campus. It’s a great way to participate in the college community,” said Jona-than Brown, associate dean of Student Programs.

Student leaders get paid minimum wage and have a desk of their own. The job does not conflict with school hours and because of locality, it offers tremendous gas savings, Brown said.

Student Programs is hiring for Fall Quarter, with open positions in Student Government, Caucus, Clubs and Communities and Event Planning.

They are also looking for leadership in Phi Theta Kappa, International Student Programs and the Union Crew (the Building 8 crew).

To help deal with increased enrollment, Student Programs is also forming a special Building 6 crew. They will help during high-volume times with tasks such as customer service and directions during the first week of quarter, said Brown.

Yesterday, Student Programs kicked off their hiring season with presentations from College President Dr. Jack Bermingham, Brown, and student leaders. Applications were also available, however that was not the only chance to get a copy.

To apply or get more information, please contact the Student Programs office at 206-878-3710, ext. 3536.

Summer and fall preliminary 2010 class schedules

New and improved!

Visit onlineschedule.highline.edu
OR... get your copy at a location near you:

Building 6
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Highline Bookstore

Important notice: Class schedules will no longer be mailed to your home.
transfer to the university center they choose.

“Please note that this program is dual admission, not to be confused with dual enrollment,” said Jennifer Dolge, administrative assistant for CWU University Centers and community college relations.

This means although students are admitted to both schools, they only take classes at Highline until they complete their degree. At that point, they transfer to CWU-Des Moines and begin taking classes there.

Officials at both Highline and CWU are optimistic about the program helping students transfer between schools easier.

“We feel at this point we have a strong program that, effectively implemented, will minimize [students’] time to degree [completion],” said Margo Badgley, assistant to the provost for University Centers and community college relations at CWU.

Although other universities offer similar programs, CWU’s program is unique because it is the only one to “give students continuous enrollment status when they begin taking junior-level classes,” Badgley said.

This means students don’t have to go through another application and admission process after they finish their transfer degree.

CWU has also established a program called the Transfer Academic Program Plan (TAPP) to help implement the dual admission program.

“The TAPP goal is to have each program at the CWU University Centers fully articulated with community college programs so that students transferring can have a clearly-defined plan of coursework from community college to bachelor’s degree completion,” Badgley said.

“CWU University Centers cater directly to transfer students and we’re hoping these programs provide one more way to help them achieve their goals,” she said.

TAPP work sheets will be available, which map out every necessary course to complete both the transfer degree and four-year degree, she said.

Many students believe the program will make life a lot easier for transferring.

“It’s a pretty good idea because it would be time-saving,” said Tanya Pyatkoha.

Filling out just one application at the beginning and not having to worry about reapplying after finishing a transfer degree will help many students save time, she said.

“I personally think it’s a very good option,” Peter Malath said.

“It makes it easier for students who want to take classes in the same place they have been,” he said.

Another student, Kui Miller, agreed.

“I’m doing education, so for me, it would be great because they have an education program there, so it would make the transition much easier for us, especially for adult students,” he said.

However, students do need to be careful about the classes they take to ensure they meet requirements at both schools.

“It is critical that students keep in regular contact with their faculty adviser,” said Siew Lai Lilley, director of Highline’s Transfer Center.

“If they do not have an adviser, they should visit the Educational Planning and Advising Center in Building 6, on the second floor, fill out a form and then be assigned an adviser,” she said.

“They can also request an adviser online via our Educational Planning website.”

A big advantage of the program will be the students’ ability to use resources at both colleges, which will help their transition between schools, Lilley said.

“For example, our Highline students will be able to meet with CWU-Des Moines’ advisers to help them with their academic planning,” she said.

“As long as students participating in the program are well informed, they will find success,” Lilley said.

“I would encourage our students to check out the programs offered at CWU-Des Moines to make sure that the major they are interested in is offered,” she said.

However, students should not be in a hurry to declare a major.

“The other piece of advice I would give to students, especially students who are still exploring their field of study, is to take some time to do some career exploration and don’t rush to declare a major too quickly,” Lilley said.

To help Highline students understand the new program, Lilley will be working on answering a series of frequently asked questions (FAQ), which will be posted to Highline’s Transfer Center website (http://www.highline.edu/stuserv/transfer/) when it is finished, she said.

An informational meeting for faculty, staff and advisers will be held on Thursday, April 29 at 10 a.m. in Building 29, room 207.

There will be another information session for students later, but this initial session is to help advisers understand and be prepared to help students with the program, said Jennifer Dolge, CWU administrative assistant.
Weekly weather forecast

Whale

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this is just a normal death for the species as a whole.

A list of items found inside the whale’s stomach was released by researchers this week. The list includes: more than 20 plastic bags, small towels, surgical gloves, sweat pants, plastic pieces, duct tape and a golf ball.

These items reflect only 1 to 2 percent of the whale’s total stomach content and apparently did not affect the whale’s death.

The MaST Center will now turn its focus to preserving the remains of the whale.

“The dead whale and turning it into a hanging scale model is little bit of a process. We’ve been trying to figure out what steps would be necessary both with permission and the procedure to hang a 40,000 pound animal.”

Higley said the first step in preserving the whale was to remove it from West Seattle. As whales rot the smell cannot be pleasant. The public in West Seattle thought it was pretty cool at first, but in a month they wouldn’t be saying that.

Whale

Officials at the MaST Center were able to do some networking and find someone with a boat capable of towing the whale.

“With [letting it rot] there is a risk that things will be lost to wave action or potentially people taking them,” said Higley. “If we can’t pull the resources together, that is what we will end up doing.”

Being able to have a whale at the MaST Center will help students in oceanography and marine biology classes fully understand the subjects they are learning.

“Most people can’t envision how big a whale is because they have no experience with them,” said Higley. “It’s like studying the ocean without ever being near the ocean. Having the whale just brings the subject to life.

“Having bones that we can handle gives [students] a sense of understanding. One rib bone although curved is about the size of a 2 inch x 4 inch x 8 foot board and that’s pretty big if you think about it,” said Higley. “It gives them a perspective that isn’t possible to get out of a textbook.”

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