

INSIDE

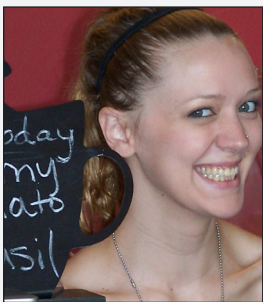
June 3, 2010
Volume 49, No. 29



Hip-hop comes to Highline/A10



Highline grads from all around the world/B1-B8

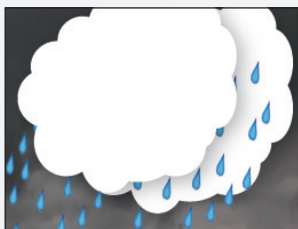


Des Moines adds a new coffee joint/A17

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Weekend Weather



Showers on Friday, showers on Saturday and partly cloudy on Sunday.
For full forecast, see page A24.

Grading Highline

HIGHLINE'S REPORT CARD

STUDENTS

Highline instructors' knowledge	2.66
Instructors' ability to teach	2.88
Overall course selection	2.82
Quality of academic advising	2.42
Overall learning environment	2.92
Students	2.75

FACULTY

Quality of tenured faculty	3.52
Quality of tenure-track faculty	3.53
Quality of part-time faculty	3.20
Class sizes	2.82
Overall learning environment	2.93
Faculty	3.20

OVERALL G.P.A. 2.98

Marcus Daniels/THUNDERWORD

Highline earns a B from faculty and students

By **LIVIU BIRD**
Staff Reporter

Highline is an above-average institution, students and faculty members say.

In a non-scientific Thunderword poll, 100 students rated Highline at an average of 2.75 on a 4-point GPA scale, while 20 faculty members rated the school slightly higher, at 3.20.

That comes out to 2.98, or a mid-level B grade.

Students were asked to rate the following attributes: the knowledge of Highline instructors, which received a 2.66; the instructors' ability to teach (2.88); overall course selection (2.82); class sizes (2.77); qual-

ity of academic advising (2.42) and overall learning environment (2.92).

Faculty rated the following: quality of tenured faculty, which received a 3.52; quality of tenure-track faculty (3.53); quality of part-time faculty (3.20); class sizes (2.82) and overall learning environment (2.93).

Faculty was more generous in grading other faculty than students were, but both groups make Highline what it is, one professor said.

"I think [students and faculty] are lucky to have one another," said Laura Manning, Phi Theta Kappa adviser and communication studies professor.

Jeff Wagnitz, vice presi-



Jeff Wagnitz

dent for Academic Affairs, said Highline was commended during the last accreditation review for how well the school re-

See Report card, Page A22

Legislators listen to students' concerns

By **DANIEL HOWELL**
Staff Reporter

The state is still having difficulties adequately funding higher education, legislators told students this week.

Several state lawmakers met with students on Wednesday to discuss issues facing community college students. The Student Legislative Action Committee hosted a luncheon to discuss the issues in the Mt. Constance room of the Student Union.

"The college needs to continue to be an advocate for open access to education," Highline President Jack Birmingham said in the opening speech of the meeting.

"Accessibility to higher education is our highest priority," said Student Legislative Action Committee Chairwoman Felicia Hudson.

Currently, budget shortfalls caused by decreasing tax revenues collected by the state, have put a squeeze on higher education funding.

In the last two years, the Legislature has had to cut a total of \$629 million of the higher education budget. While federal stimulus dollars have offset much of these cuts, there is no guarantee that the state will receive further federal funding in the future.

The Legislature also authorized tuition hikes over the next two years: giving four year universities the ability to raise tuition 14 percent per year and community colleges 7 percent per year.

See Legislature, Page A22

Spokane athletics gets money from two schools

By **CHRIS WELLS**
Staff Reporter

The Community Colleges of Spokane have the most storied athletic program in the Northwest Athletic Association of Community Colleges, but they don't hold that distinction without controversy.

Spokane athletics, which has won 134 NWAACC championships and 200 regional titles since 1947, is made up of Spokane Falls and Spokane community colleges. It is one of three combined districts in the NWAACC, with the others be-

ing Portland and Seattle.

With the combined athletic budgets, Spokane is able to give more money to their sports, which could go to anything from travel expenses to new uniforms.

College district boundaries are based on geography, municipal borders and K-12 districts.

In their districts, colleges are also able to build smaller campuses. These campuses are generally called extended learning or satellite campuses, as they are still a part of the school's enrollment numbers.

At Spokane, beyond their

campuses at Spokane Falls and Spokane, they also have 37 satellite campuses that are part of a group classified as Institutes for Extended Learning.

These separate campuses are located all over the 12,300 mile district that the Community Colleges of Spokane are situated in. It is also the biggest district in the State of Washington, covering the counties of Ferry, Lincoln, Spokane, Stevens, Pend Oreille and Whitman. The students at these campuses also have to pay a services and activities fee as part of their tuition, like any other student. This fee

partly goes to the coverage of athletics.

The total headcount at Spokane is 41,436 students, but to compensate for part-time students, enrollment is measured by full-time equivalence (FTE). Each one of these students is responsible for paying the S&A fee, unless they are a part of a certain undergraduate course that doesn't require it, a special program or they have a fee waiver.

At the extended learning campuses, they have 4,719 full-

See Spokane, Page A23

Crime and Punishment



Trouble with car accidents on campus

Two cars sustained damage after a 2000 Acura Integra collided into a 1993 Ford Ranger truck in the North Parking Lot on May 13.

The truck was parked in a stall and sustained damage on the passenger side and the front fender.

The drivers agreed to settle the cost of the damage and exchanged insurance and contact information.

Another accident occurred in the East Parking Lot on May 19, where two cars also collided.

A Toyota Camry and a Infiniti G35 collided while both of the vehicles were in motion.

Campus Security took a report and advised the drivers to exchange insurance information and contact numbers.

Student punched outside of Building 21

A Highline student was struck on the face with closed fist by another student.

The May 13 incident occurred outside of Building 21. Security responded and the victim declined medical assistance.

The Des Moines Police Department was notified of the incident and took a report.

Campus Security said they are not treating the incident as an assault.

Trash can fire outside of the library

An employee from the Library reported on May 27 that one the Library’s outdoor trash cans was on fire.

Campus Security was notified and an officer arrived while the trash can was still burning.

The officer poured a bucket of water over the fire and stayed until the fire was out.

No one yet knows who set the fire in the trash can, or if it was an accident.

Gangs write on bathroom walls

Gang graffiti was found in both stalls of the men’s restroom in the first floor of Building 23 on May 26. There was a note left on the mirror in the restroom as well.

Des Moines police were contacted and took pictures of both the graffiti and the note.

— Compiled by
Othman Heibe

Students honored at Scholastic Achievement Awards

Thirty one Scholastic Achievement Awards and 39 Outstanding Program Contribution Awards were presented at the 2010 Student Award Ceremony on May 26 in the Student Union.

Scholastic Achievement Awards were given to the following students:

Writing Center and English: Sean Arceo, Nadezhda Cheban and Tanja Sutton.

Vocal Studies: Kelly Ferguson.

Travel and Tourism: Erin Sampelayo.

Hotel and Hospitality: Susanne Fisch.

Spanish: Paul Hawthorne.

Respiratory Care: Santhosh Varughese.

Polysomnographic Technology Program: Deanna Shuldt and Aaron Fowler.

Physics: Trevor Mays and Solomon Haile.

Mathematics: Van Nguyen and Phuong Tran.

Library and Information Ser-

vices: Karen C. Crist and Carrie J. Dumar.

Humanities: Ricaflor E. Rogel and Penina W. Waithira.

Ethnomusicology: Thomas E. Tobin, Jr.

Engineering: Nadezhda Cheban.

Economics: Becky V. Pham and Joan C. Schmidt.

Diversity and Globalism: Elizabeth Bray.

Chemistry: An Nguyen and Peter Nguyen.

Business Information Technology: Donald Krook and Raid Shawket.

Biology: Jasleen Ghuman.

Business Information Technology Washington Award for Vocational Excellence: Janis Elain.

Journalism: Brian Grove and Chris Wells.

Outstanding Program Contribution Awards were given to the following students:

Student Employee of the Year: Lashana Taylor.

Women in Science and Engi-

neering-Society of Women Engineers: Tiffany Moloney and Jenny Yin.

Vietnamese Student Association: Tran Pham and Phuong Vo.

Tutoring Center: Tyler Bradbeer and Lai Phan.

The Cultural Exchange Club: Adriane De Martini Fonseca.

The Blend Music Series: Dio Jean-Baptiste.

Table Tennis Club: Issah Y. Aygeman and George Kimpel.

Student Programs: Vincent Dominguez and Naiomi Etienne.

Respiratory Care: Irina Stefoglo.

Phi Theta Kappa: Tran Nan Thi (Katrina) Kim and Wassan Singh.

Math Resource Center: Michael Han and Joel Krug.

International Leadership Student Council: Kaito Gengo and Yan Pui “Crystal” Kam.

International Ambassadors: Alexander Mengistu and Stefan Agyeman.

Highline Volunteer Associa-

tion: Shelly Caldejon and Mandy Pai.

Highline Clubs for Presidential Service and in Enviromental Club: Christina Dawson.

Highline Black Student Union: Angel Nalagon and Shaquita Pressley.

Graphic Design Center of Leadership and Service: Mili Mulic.

Graphic Design Club: Joseph Meyers.

Engineering: Derek Thompson.

Drafting Design: James Schmidt.

Chemistry: Peter Nguyen.

Center for Leadership and Service: Susanne Fisch.

Campus Crusade-CRU: Micah Linscott.

Associated Students of Highline: Jacqueline Trillo.

Arab Student Association: Hind Alzawbail.

Anime Club: Phillip Radoll.

Highline Thunderword: Caitlyn Starkey and Marcus Daniels.



Forums help decide new director of HR

Highline will be having two forums in search an executive director of Human Resources.

A search committee for the position has narrowed the group of candidates to four.

The forums will be on Thursday, June 3, from 1 to 2 p.m. and 2 to 3 p.m. and on Friday, June 4, from 1 to 2 p.m. and 2 to 3p.m.

All students are welcomedto attend the forums. For more information on the candidates, a brief biography and their resumes are posted at <https://execdrrh.highline.edu>.

Group discussion with men and women

Men of Vision and the Women’s Empowered discussion groups will be having a joint discussion on the Arizona immigration law.

Men of Vision and the Women’s Empowered are two mentoring groups that concentrate on helping relationships through conversation.

These groups usually meet separately, but on occasion come together to converse about vital issues. The discussion will be today, from 11 a.m. to noon in the Building 6 Inter-cultural Center lobby.

These interviews are open to all students except Workforce Education students.

Mock job interviews open for students

Highline students can participate in a mock job interview. There will be 12 Human Resource professionals conducting interviews. Students must bring their resumes.

The interviews are today, from 1:30 to 4:30 p.m. in the Mt. Olympus room of the Student Union Building. If you wish to have an interview, call John Huber at 206-878-3701, ext. 3071.

Upthegrove to visit Highline in summer

State Rep. Dave Upthegrove, has returned from the Legislature in Olympia to Des Moines and has set time aside to meet with Highline’s campus community.

At some point during June, July and August, Upthegrove will be in the Student Union at the second floor information table from 1 to 2 p.m. This allows people to meet with him without having to make an appointment.

Calendar

This week’s Science Seminar is titled The Ice Cores’ Story of Climate Change.

Dr. Shelley Kunasek will present the seminar on Friday, June 4, from 2:20 to 3:10 p.m. in Building 3, in room 102.



Chuck Kibbie/ THUNDERWORD
Josh Starkey, a Highline student, studying in an tree outside of Building 10.

LEGAL NOTICE

Highline Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

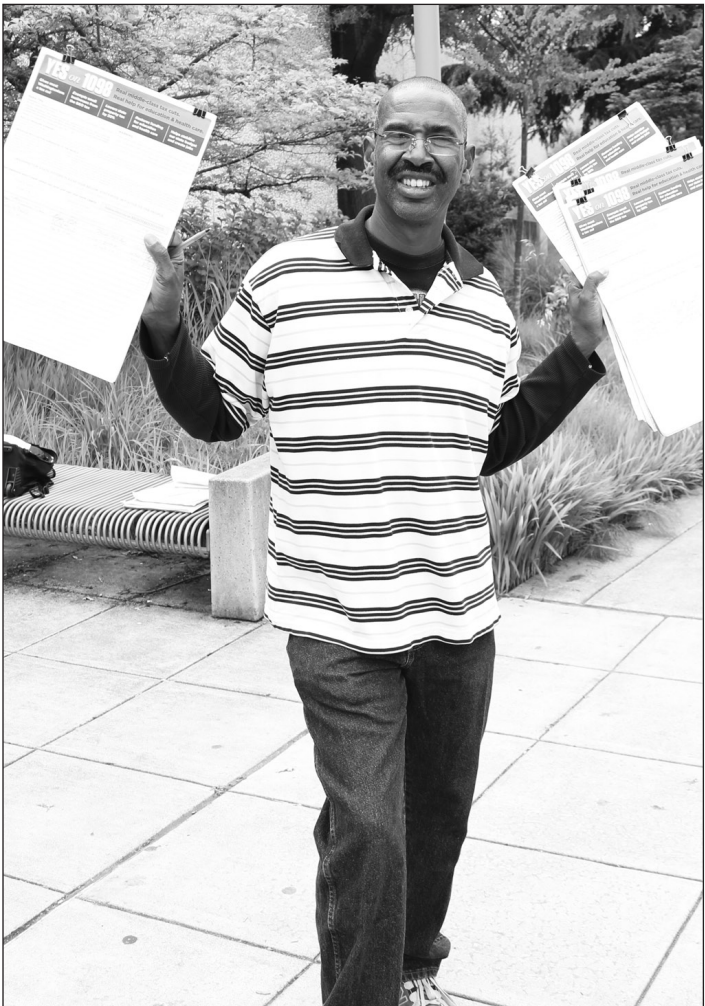
Campus buildings will get makeover over the summer

By **ANDREY PILIPCHUK**
Staff Reporter

Summer construction work is due to begin at Highline to improve the quality of the school. “I am going in to my busy season and I am looking forward to work on my projects,” said Mike Dooley, the project manager at Highline, who will be in charge of running all the projects in the summer. The first project will be working on replacing the sewer line in the north section of Highline’s campus. The sewer runs from Building 25 across the North Parking Lot, which will take up to two weeks to complete and cost \$52,000, said Dooley. The two existing main elevators in Building 25, the Library, will also be repaired and replaced. The project will be done by November and cost up to \$375,000, Dooley said. In the East Parking Lot, they will add 2 blue emergency

phones, mainly for safety issues that will be done by June and cost \$7,000, Dooley said. Building 9 will also go through some major remodeling and will be a complicated job, Dooley said. The whole building will be gutted, refurbished with new windows, new heating and cooling system, new roof and new interior. It will take until December to finish and will cost 2 million dollars. The Port of Seattle will fund this project for sound insulation and Highline will only pay the third of the cost, said Dooley. The pathway down the North road that is down hill will also be improved, Dooley said. They are not verified with the funds yet but want to be done with it by September. Outside contractors will be hired for all of these projects and bidding has begun, said Dooley. “All these projects are good improvements and the college is

Signatures wanted



Cody Warf/THUNDERWORD
Benny Jordan standing by Building 6 attempts to get students to sign four different petitions that could make the ballot.

striving all it can with the funds available,” Dooley said. Dooley has been enjoying his time and learning a lot about how Highline is operating and meeting good people, he said.

Building 99 to get new pathway



Cody Warf/THUNDERWORD
Manuel Ramirez removes the bushes that currently block the path between the North parking lot and Building 99.

By **ANDREY PILIPCHUK**
Staff Reporter

A new proper pathway to Building 99 will be built this summer on the east side of Highline’s campus. “It’s a thought that came up and a lot of negotiations will be going through between the landlord of the building, Luther McLean and Highline,” said Barry Holldorf, the director of the Facilities Department at Highline. The landlord will be working with the Facilities Department to make a drawing that will suit both of the parties and the owner will be responsible for the full cost, said Holldorf. In the past, students at Highline didn’t the use the correct pathway to Building 99 from the south side of the parking lot, but instead just crossed the landscape on the east side of the lot. McLean has hired a landscaping company, CE Smith Turf, Inc. that is already working on the pathway, though the process will take some time to finish. The company will start with removing trees and then pouring gravel in the ground and installing a handrail on one side. However this is still being negotiated between both of the parties, Holldorf said. This improvement will not be the approved Americans with Disabilities Act pathway because the proper ADA pathway is from the south side of the building, Holldorf said. “This project will only take couple of weeks and it will definitely be the better access for the students,” Holldorf said. Building 99 has been leased for five years to Highline, but the contact is for ten years. So the school still has five more years on the contract to serve following this year. The college calls this building the “Outreach Center,” as it houses programs that typically work with or interact with the public and community. The Outreach Services Department serves as a liaison between Highline and the surrounding communities in the South Puget Sound area. The building develops and maintains relationships to promote education opportunities to high schools, employers, unemployed workers and community-based organizations, Holldorf said.

HIGHLINE HEROES Steinbach gives a running start to students

By **CODY WARF**
Staff Reporter

Karen Steinbach has been the high school program manager for 21 years for Highline’s Running Start program. Steinbach received an associate of arts from Highline and went on to do graphic design before coming back to the school. “This is the best job in the world, helping high school students in a college environment,” Steinbach said. She helps students achieve their goals to help them find a successful career path. The Running Start Program has recently implemented new requirements for Fall Quarter, including a 2.0 grade point average and passing the COM-PASS test. “For student to come to Highline, it is a win-win situation, and many high schools think only the best of the best get through the program, which is not the case,” Steinbach said.

Steinbach said many Running Start students were coming to Highline with lower than a 2.0 GPA.



Steinbach

“The higher economic class can pay for college. The lower class is eligible for financial aid. “We mostly get middle-class students in our Running Start program that want a higher education but still find problems with funding,” Steinbach said. Steinbach sees that many students just outgrow high school and want to move on to college faster than others. She also implemented new Running Start responsibility agreements. These new agreements are aimed to keep Running Start students focused on college work and help them ease out of the high school environment.

Editorial comment

Penalties exceed drug crimes

The fact that someone who was convicted of assault while receiving federal aid faces no eligibility scrutiny, while someone convicted of possessing a small amount of marijuana does, represents a lack of rationality on the part of our nation’s leaders.

Despite the progressive movement of the current administration and legislative branch, federal laws regulating financial aid continue to disproportionately scrutinize students convicted of drug crimes.

Some students convicted of possessing or selling drugs while receiving financial aid are subject to a series of eligibility stipulations and punishments that other criminals are excluded from.

Under current regulations, anyone who has been convicted of possession while receiving financial aid during the last school year must go through a government approved rehabilitation program to become eligible again. Failure to do so results in a one-year suspension of eligibility from the day of conviction. Two convictions earn a two-year ban and a third will lead to an indefinite suspension of eligibility.

Penalties for selling drugs are more severe, with a two-year ban for a first offense and an indefinite ban for a second. The only way to overcome an indefinite ban in both instances is completion of an approved rehabilitation program.

People who are convicted of possession or selling drugs after turning in their FAFSA face immediate suspension of eligibility and must pay back funds received after the conviction.

This continuation of the drug war into the world of academia is one the government should seriously rethink. We as a country should be doing all we can to promote post-secondary education, especially to people caught doing drugs.

In regard to those caught selling drugs, the ones who are caught selling harder drugs usually go to jail for years, which should be punishment enough. If the student receives a short sentence, then they probably were not a real danger to society in the first place and should not be discriminated against.

Many leaders of our country have admitted to drug use, but luckily for them they didn’t get busted or didn’t have to rely on aid money for a college education. If the government is going to crack down on criminals receiving financial aid, they should focus on the ones that directly inflict physical or monetary damage to society.

Staff

No means “no,” Brian.

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Awareness leads to safety

Highline recently released the College Safety Report for 2009.

According to the college, this straightforward guide is a universal resource for information on Highline; as well as its policies, services and available programs that enhance campus and personal safety.

The report is a great way for the community to learn about what happens on campus and how to get help if it is needed.

The report is required annually by federal acts as well as by state law.

Because the Campus Safety Report comes out on a calendar-year basis, the most recent data available is for 2008.

One of the main sections that stood out to me was the crime statistics section. Despite a perceived increase in crime on campus the numbers for calendar year 2008 are actually down.

“Crime is cyclical,” said Larry Yok, vice president of administration.



Commentary
Jon Baker

“Car prowls may be up this year, but there is no way for us to predict exactly what is going to happen.”

The crime report listed 37 incidents of car prowling in 2008 compared with two in 2007 and none in 2006.

“We were told that there is a likely hood of vandalism this coming year due to increased gang activity in the area,” Yok said. “We were aware of that and able to combat it more effectively.”

Despite feeling as if the campus is always a safe place people need to realize that it is a public place and susceptible to crime.

Yok said people often perceive the campus as a bubble

separate from the outside world, but crime here is just like in downtown Seattle.

The report contains a lot of valuable information for the campus community. It details ways to deal with problems including students in distress, the campus sexual assault program, access services for students and services for the faculty and staff.

I was really surprised at the solutions to problem that the report offered. With every problem that could arise on campus, appropriate contact information and resources were provided.

The personal safety tips in Appendix B include how to guard yourself, get help and prevent theft. Being cognitively aware of your surroundings and preventing a situation from arising is always the best defense.

Becoming familiar with the report will allow everyone to protect themselves and get the most out of their college experience.

Jon is wanted in one state.

‘The Order’ controls your life

By BILL SCHLEPP

Our country is obviously in trouble, and one cannot help to ponder, where do we place blame?

Millions of Americans have money in the stock market, but the truth is, not many really know how it works. Many people think that the market is controlled by the very important government entity, the Federal Reserve.

Of course, they are wrong.

Even though the Federal Reserve is one of the most powerful government entities in the country, they are merely a front for a much more powerful, and sinister order that quietly runs the country from the shadows. Those who know refer to it as: The Order.

Many people question the existence of The Order, but there is evidence of it all around us. There is even evidence of their existence in our money.

For instance, the eye of providence, also known as the “all-seeing eye” on the \$1 bill, is the symbol of the order. The eye represents The Order overseeing the nation from above, and the unfinished pyramid represents the first 13 colonies that joined in the Order. And most Americans believe that the phrase, “E Pluribus Unum,” which appears on all of our currency, means: “out of many, one.” But in reality, it actually means “out of your money, mine” in Latin.

The Order has been called many things over the years, the Illuminati, The Federal Reserve,

the Freemasons, Apple Computer, Global Warming, Skynet, Angel and the Matrix.

The Order’s only purpose is to take money from American citizens, make everyone who disagrees with them live in trailers and to leave traces of their existence everywhere just to annoy people like me.

The Order is also very active in the world of sports, and own many teams who always seem to win such as the New York Yankees, the Boston Red Sox and Celtics, the New England Patriots, and the Los Angeles Lakers. But clearly, they don’t own the Mariners.

In our system, technology is being released much more slowly than it is actually created. Like why did the Datsun 510, which came out in the ‘70s, get 40 miles per gallon, but cars that come out today with the same gas mileage are called hybrids? What happened to the electric car? Why don’t we have people living on Mars? Why don’t we have hoverboards, like the movie *Back to the Future Part 2* prophesied we would? Why don’t we have hovering electric cars that can drive to Mars?

But meanwhile, the Order’s influence is everywhere.

President Obama was born in Honolulu, Hawaii, where the hang loose sign is one of the most well known hand gestures. President Obama has been seen doing this hand gesture on numerous occasions, which seems perfectly normal. But the strange thing is, he usually shows the sign to heads of state,

and others who are in high positions of power. The truth is that the hang loose sign is actually the hand signal of The Order, and whoever does it is actually an agent of the order.

Many people always say if this Order was so big, and it ran the country, why haven’t we heard about it? The truth is we always hear about it, but every time we do, the person who talks about it somehow is silenced, killed, disappears or is declared legally insane.

If any of you have seen the movie *Shutter Island*, the government is just like the people who run the insane asylum, and I am Leonardo DiCaprio, who is constantly looking for the truth. Just because I am questioning authority, the doctors say that I am crazy. But unlike in the movie, I am not actually imagining everything. By the way, it was the Order who made me give away the ending. By the way, Bruce Willis is dead.

People, you must break loose from what society wants you to think. Many wonder why there aren’t many people who think like I do, but it’s because the fluoride in our water and the radio waves in the air controlling your thoughts. You must drink Ethos water and wear aluminum foil hats to counter the mind control.

The country can be great again. You can help by sending your credit card number to www.youliveinaconspiracy.com.

Bill Schlepp, alias William T. Schlepperton, alias Billiam Starr, is not of your world.

Rights-ware makes some digital goods bad

By **NICHOLAS MCCOY**

I am an angry consumer. I spend a big chunk of my pay check on media like movies, television, music, and video games each month.

Usually, I am buying these things digitally.

I buy scores of mp3s and albums off of Amazon.

When I'm not inclined to (or simply can't) watch a show online, via either Hulu or Netflix, I might buy the episodes off of Amazon, iTunes, or other digital media stores. I buy big ticket games like Mass Effect (a space marine role playing game) and small independent games like The Shiva (a murder mystery game starring a rabbi).

Buying and downloading online is very convenient for me. I don't have to worry about going to the store, dealing with traffic, or gas money, or the store being out of stock.

On occasion it can be a little cheaper, although usually it's not.

Depending on the item, sometimes it's more expensive. I'm mostly okay with that, as long as the product I'm buying is worth the amount I'm shoveling out for it.

Let me be clear: If I am purchasing something, if the word "rent" is not applied to the purchase I am making, I expect to own the item. I expect to be able to use it however the hell I want, when I want.

This is, apparently, a problem.

I recognize the limitations of the medium. Everyone would rather get stuff for free, and in the case of digital media, if there isn't some kind of protection happening, it will be copied and people will download it. Piracy happens, and the corporations

and artists that own the products I'm buying have a right to want to be paid for that product.

Usually that protection takes the form of DRM (Digital Rights Management) software.

I don't have any objection to some DRM existing on digital media. By all means, encode tiny bits of data identifying the purchaser of the item into it so that if they upload it publically you can catch them. Secure your product, but do it in a way that doesn't interfere with your customer's ability to enjoy the product.

Let's start with the music file, which has by and large become mostly DRM free in the past several years.

iTunes, Apple's digital media store, has been in business since roughly 2001. In 2003 Apple introduced its "FairPlay" digital rights management schema, which limited the number of devices on which a given music file could be played. It was problematic though.

Those files could only be played on devices capable of decoding the FairPlay system. That meant that songs bought on iTunes could only be played on devices running Apple software, meaning that if you owned any portable music player other than an iPod, you were pretty much out of luck if you bought something from the iTunes store.

Not so much of a problem if a lot of stores are selling the songs, but, at least early on, that wasn't the case. A lot of companies didn't want to license out their media at all for digital purchase, let alone offer it through multiple companies.

The DRM encoded music files presented a lot of problems for consumers, including the potential that you might over

time buy hundreds of dollars of music only to have it all lock you out later on down the road.

Eventually, higher-priced DRM-free songs started going on sale from iTunes. Then in 2009, Apple launched a variable pricing format and all digital-rights-management-free music.

Most of the online music sellers now use DRM-free formatting for the music they sell. Unfortunately, that's not the case for video or games.

I could go on about my annoyance with digital video. Amazon, Apple, and a number of other companies sell digital video, and virtually no handheld device that is compatible with one is compatible with any of the others. The situation gets still more complicated if you want to play the file on your TV.

That's not what I'm flipping out about right now, though. If I can't play an episode of a TV show, oh well. I'm out two bucks.

What I'm upset about is the video game issue.

Video game companies, as far as I can tell, are so petrified of piracy that they actually treat their paying PC customers more like criminals than anything else. Because it is easier to copy a game on a computer than it is on a console, and it's harder to play a pirated game on a video game console, the console tends to win out treatment-wise.

In some cases this has led to various games simply not being released for PC. For whatever reason, various companies feel that the potential of a few sales lost to piracy on a single platform warrants the elimination of all sales on that platform.

That used to anger me something fierce, but I've found time

to be a great mollifier.

And by mollifier, I mean someone actually came up with something worse.

Ubisoft, which already has a troubled history, made a lot of mistakes with the release of Assassin's Creed II.

The game requires a constant internet connection in order to play the game. In addition, the game saves were initially completely dependent on a consistent internet connection; if the game crashed, the player's internet went down, or Ubisoft's servers were unavailable, you'd have to play part of the game over. Ubisoft's servers, predictably, suffered some downtime after the release. The game saw-sawed between literally unplayable, and forcing users to play the same scenes over and over.

As a bonus kick-em-while-they're-down element of fail, Ubisoft managed to bring a little extra frustration and disappointment to troops overseas. Members of the military who purchased the game to play in their downtime found they'd wasted their cash, because they weren't able to get an internet connection consistent enough to play the game.

Ubisoft tried to help matters a little with a patch, but it didn't get rid of the "always-on" internet requirement.

It doesn't change the fact that if Ubisoft ever goes under the game consumers bought could be rendered glorified bloat-ware on users' computers.

Except that's not entirely true, and this is where we come to the side-splitting hilarity of the whole mess.

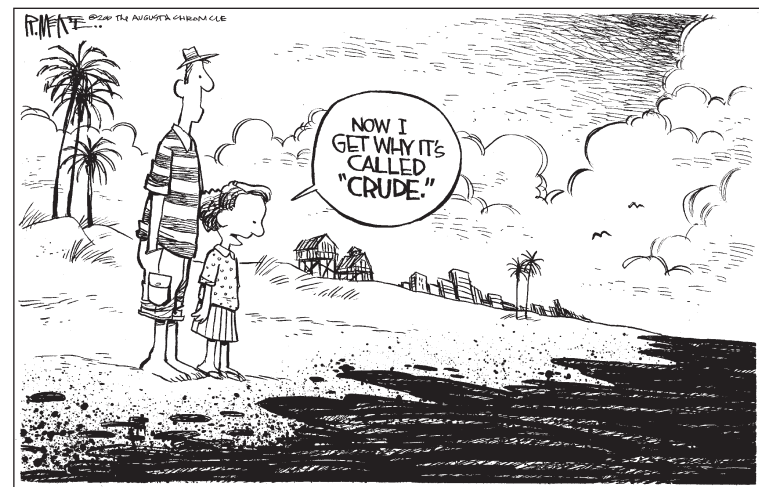
The servers themselves have been pirated and duplicated, rendering the whole dance pretty pointless, because it hasn't stopped the game from being pirated at all. All it has done is alienate Ubisoft's actual market base.

One game industry analyst, Nicholas Lovell, described the problem very well:

"There is no doubt in my mind that pirates now have a better experience than legitimate consumers."

Consumers shouldn't stand for this kind of crap. Media corporations either need to come up with a better schema, or scrap the DRM completely like the music industry has.

Nick has digital rights to himself.



Letters

Parking situation concerns student's parents

Dear Editor:

As a parent of a student attending your college, I feel it is necessary to write this letter out of concern for my daughter's safety and the seriousness of the parking situation at the school.

My daughter, Alica, has attended school there for the past two years and pays for her parking each quarter -- \$46 this last quarter. Although she has a parking permit, each quarter she struggles and fights and waits for a parking space. It does not matter if she arrives early or late; she spends valuable time

driving around and around and around looking for a space in the area in which she is permitted to park. Out of desperation, she had parked three deep to get to class on time -- and consequently had received a ticket.

Most recently, she parked in the CWU Reserve lot and once again she received a ticket. Every single day there are empty spaces in this area. When she brought this to the attention of the Campus Safety Supervisor, she was advised there is a ratio of teachers to students for parking spaces. From past observations, not all the teachers' spaces are being utilized. In fact, my daughter has a teacher last quarter who rarely showed up for class so why was she allocated a slot to sit empty due to her nonattendance a majority of the quarter?

This is not only extremely frustrating but impacts her attendance in class and thus her grade. Each day she is late to class as she cannot find permissible parking. Again it does not matter if she arrives early or late...there is not parking! The other day she missed the first 10 minutes of class as she was trying to find parking. Luckily her professor is aware of the parking crisis and had not docked students for tardiness as a result. Some of her other professors have not been as sympathetic.

It was suggested she park on the street and walk to campus. The problem with this idea is currently the majority of the parking on the street now is posted with tow away signs. In addition, this is an incredible safety risk. Would you want your daughter walking those streets alone

that are surrounded by woods -- sometimes at dark? I think not. As a result of the lack of sufficient parking, I'm asking that my daughter's recent citation be cancelled. She is filling an appeal to this effect as well as for being cited for no current permit displayed, which was in the window next to the military sticker.

I am certain there is a viable solution to this problem that has existed for quite some time. If a student pays for a permit to park, there should be a place for them to park. Come colleges have built a multi-level parking garage, which could be easily done in the existing student parking area over the summer months. This issue can no longer be ignored; something must be done by the administration and trustees of this school before something serious happens

to one of the students.

Sincerely,
Patricia A. Adams

Thunderword should be proofread better

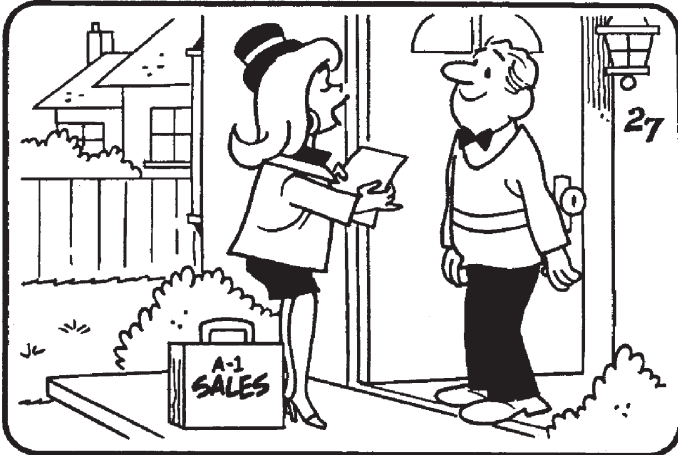
Dear Editor:

Every week when I read the news in the Thunderword paper I have noticed several spelling errors and typographical errors. For instance this weeks Thunderword on page B2 I found three. It is really aggravating when I read the paper and I am proofreading when it should be the students who are typing the information should be proofreading the information before submitting it. I ask you please PROOFREAD!!!! Thank you

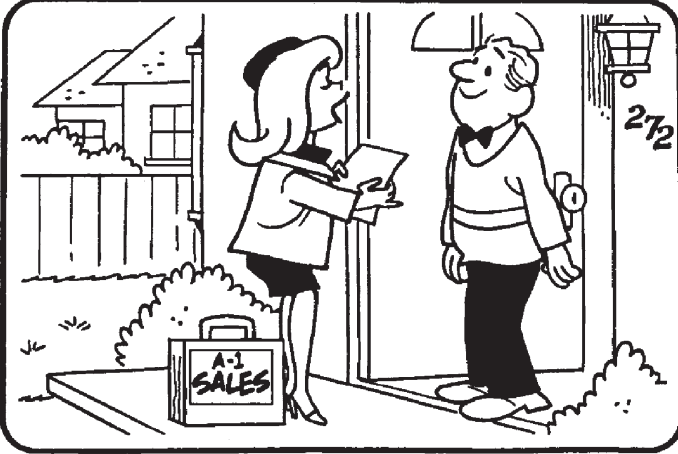
Sincerely,
Joyce Goldsbary

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hat is different. 2. Man's nose is smaller. 3. House number is different. 4. Earring is gone. 5. Chimney is missing. 6. Briefcase is different.

? Trivia test

by Fifi Rodriguez

1. U.S. PRESIDENTS: During which president's administration was the Thanksgiving holiday officially declared to be the fourth Thursday in November?
2. FOOD & DRINK: In the preparation of food, what is a garde-manger?
3. GEOGRAPHY: What body of water does the Danube River flow into?
4. ADVERTISING CHARACTERS: What was the name of the grocery-store manager who told customers: "Please don't squeeze the Charmin" bathroom tissue?
5. TELEVISION: What was the name of Radar O'Reilly's hometown in the TV show M*A*S*H?
6. POLITICS: Wobblies belong to what group established in the early 20th century?

7. RELIGION: What group of people celebrated the ancient holiday of Samhain, which later became Halloween?
8. LANGUAGE: What is something that can be described as quadripartite?
9. ANIMAL KINGDOM: What about the Basenji dog makes it unique?
10. HISTORY: What was the name of the German mercenaries who fought for the British in the Revolutionary War?

1. Franklin D. Roosevelt
2. A cook who specializes in preparing cold salads.
3. Black Sea
4. George Whipple
5. Ottumwa, Iowa
6. Industrial Workers of the World
7. Gaelic cultures
8. Divided into four parts
9. It doesn't bark
10. Hessians

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Crossword 101

By Ed Canty (Ed@gfrpuzzles.com)

Across

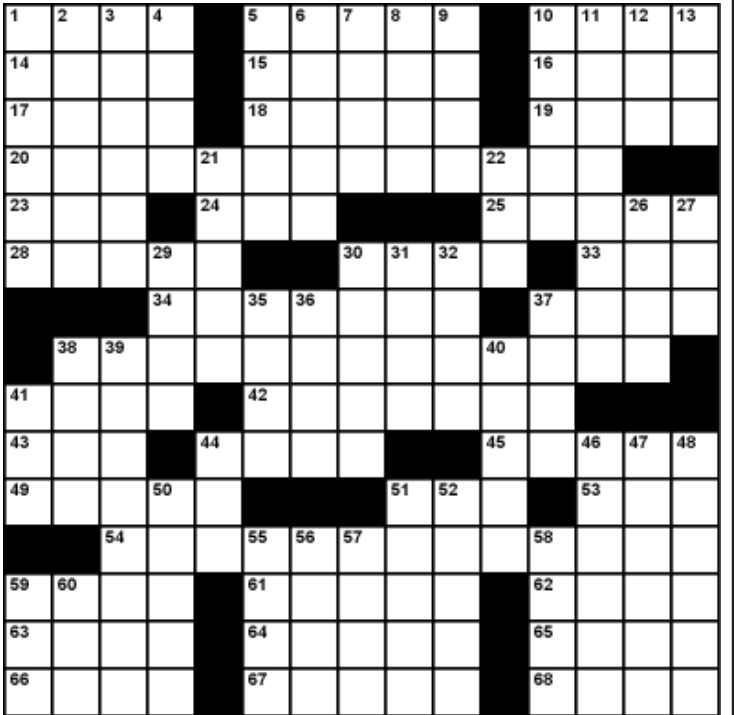
1. Try
5. Reef material
10. Gator's kin
14. Competent
15. Caribbean cruise stop
16. Put
17. South American capital
18. Takes out
19. Is sick
20. Major sailing feat in South America?
23. Driller's deg.
24. Hurricane's center
25. Fragrant wood
28. Houston player
30. Part of D.C.
33. Invoice fig.
34. Hot spot
37. Western Indians
38. Hollywood and Vine?
41. Highway division
42. Vetoed
43. Globe
44. Resting places
45. Grandma ____
49. Customary
51. B'way hit sign
53. Between FDR and DDE
54. A chef's warning

"Please don't ____"

59. Fraternal group
61. Foreign
62. Persia, today
63. My fodder's house
64. Upset
65. Peter Lorre role Mr. ____
66. High schooler
67. Watches the waistline
68. Small bills

Down

1. Rival of Tetley
2. Sporty Fords
3. Nearly
4. Sweetheart
5. Golfer's aide



6. Speak from a soapbox
7. The Bambino
8. Busy as ____
9. Mascara site
10. Shannon Airport's county
11. Baseball game provision
12. Black gold
13. D.J.'s stack
21. Some Dodges
22. Fall mo.
26. Part of A.C.L.U.: Abbr.
27. N.F.L. linemen: Abbr.
29. Confirmation, e.g.
30. Societal outcasts
31. Early Peruvian
32. Santa's suit soiler
35. Huckleberry ____
36. Biblical plot
37. Menu option
38. Paddles
39. Loosen a seat belt
40. Swab again
41. Baseball's Brock
44. U.N. workers' grp.
46. Actress Stone
47. What you leave
48. Record producers
50. Illegal firing
51. Ghost costume
52. Rips to shreds
55. District
56. LXIX x VIII
57. Mah-jongg piece
58. Airport pickup
59. Ballpark fig.
60. Make stuff up

Quotable Quote

Baseball is 90% mental, the other half is physical !

... Yogi Berra

By GFR Associates ... Visit our web site at www.gfrpuzzles.com

Last week's crossword solution

COMING OF SPRING



7:30 p.m.
Anyone is welcome to attend the Highline Spring Quarter chorale concert free of charge.
•Got arts news? Contact

the arts editor, Stephanie Kim by calling 206-878-3710, ext. 3317 or by e-mail at skim@highline.edu.
Campus events will always get priority but all events are

welcome.
When submitting arts news, please include time, date and location of the event, plus contact information to be reached at.

Last week's

Weekly SUDOKU

Answer

8	1	3	4	7	2	5	9	6
2	4	6	8	5	9	7	1	3
7	9	5	6	3	1	4	2	8
4	2	7	3	9	6	8	5	1
3	5	1	7	2	8	6	4	9
6	8	9	5	1	4	2	3	7
5	3	4	9	8	7	1	6	2
9	7	2	1	6	5	3	8	4
1	6	8	2	4	3	9	7	5

Arts Calendar

•Highline's concert chorale will be performing a Spring Quarter concert *Musick's Empire: The Mosaic of the Aire*.

Members of the chorale will be performing 20th century music.

The performance will also include a string quartet in addition to a piano duet.

The performance will take place today in Building 7 at

Weekly SUDOKU

by Linda Thistle

4			8	3			5	
	1	5		6				9
		6			2	1		4
	7		2				8	
		8		5		4		
6					7	5		2
	5		9				1	3
1					5		6	
2		3		7		9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Have a fun and trendy summer

By **ALYSON FUHRMAN**
Staff Reporter

Get ready to take a trip back to ancient Africa, celebrate the 20th century retro ages and join the military. Or, at least dress like you are.

This year's spring and summer fashion season brings us our favorite traditional looks, as well as new, adventurous trends.

Every spring and summer season in fashion brings out bright colors.

"Spring and summer... to me, that just means you get to wear all the bright colors in the world," said Highline student Liz Mahoney.

Many students at Highline feel this year's big color for spring and summer is going to be yellow, along with other various bright colors.

"Definitely colors, like bright colors in general," said Highline student Sophia Muiruri. "Yellow, pink [and] that baby blue."

"[This season's big color is] yellow or orange, or purple," said Highline student Maria Gonzalez.

Other students think no one particular color stands out this year.

"To be honest, I don't think there's really a certain color," said Highline student Rogelio Arellano. "I've seen more varieties than one solid color."

Highline students such as Brittney Scott say neutral colors such as gray, white and beige are in as well.

"[I'm] kind of feeling just like browns and natural colors [are in] ... seen a lot of that," Scott said.

Both bright colors, including yellow, and various natural colors have appeared on the runway this season.

"I think that green is popular and anything with leggings," said Highline student Dezerac Moffett.

On the runway, this year's "in" color appears to be army green. Military-themed attire has been popping up all over the spring 2010 runway in major designer collections, such as Marc Jacob's spring 2010 collection. And fashion magazines such as Elle, have showcased it as one of the season's top trends.

The military attire look features mostly army and aviation-inspired clothing, especially jackets. However, any kind of clothing piece featuring the traditional army green color or designed with a military influence falls into the category. In accessories, bags made of canvas are making appearances as part of this fad as well.

However, this look does not include any form of camouflage



Cody Warf/THUNDERWORD

This summer's look harkens back to decades past, though you may not want to wear it all at once.

patterns; this spring and summer season is all about the solid colors when it comes to the military trend.

"Definitely, when I go shopping, I [see] more of like the African theme," said Muiruri, "like bracelets and tribal wear."

Designers such as Gucci have featured pieces fitting this season's tribal look. The tribal fad features both clothing and accessories, such as large jewelry, that focus on patterns and the essence of ancient Africa and Egypt.

Marc Jacobs, along with other major designers, have been showcasing many pieces from this season's other big influ-

ence, mid-20th century retro.

Polka dots, tie-dye, knee-high socks and leggings have all been spotted in the spring and summer collections of designers such as Marc Jacobs, Proenza Schouler and Alexander Wang.

Alexander Wang's spring 2010 collection features knee-high socks paired with skirts, shorts and this season's new hot pants fad.

Raising the hem line to new heights this season, the hot pant first appeared on the fashion scene in the 1970s. Hot pants are high waisted, usually cutting off just under or around the belly button, and have an underwear or bikini-bottom cut

around the legs.

Boy shorts, cut similar to the traditional short-like women's underwear style, and other, looser-fitting alternatives to the hot pant can be found this season as well.

This spring and summer bring with them the traditional seasonal trends along with the new. Floral prints and nautical stripes, and traditional sun dresses are also in.

"I've seen a lot of nautical, but I mean that was kind of last year, too," Brittney Scott said.

Nautical, which is based on a sailing and ocean theme, includes bold stripes, ropes and other boating and sea-themed

clothing and accessories.

"The sandals with the straps ... gladiator sandals [are in]," Highline student Ishrat Tani said.

Gladiator sandals were a big staple last spring and summer season as well. They feature lots of straps and buckles, sometimes including decorations such as studs, and most often come in natural colors or black.

"I personally want to wear those long dresses that are super comfortable," said Moffett.

On the runway, designers have been showing pieces that were big earlier this year as well.

In the warmer months, boyfriend jackets being worn with shorts have been shown in collections from designers such as Elle Tahari. Boyfriend jackets were big this past autumn. On warmer days, rolling up the sleeves can make your jacket cooler for sunny days.

"[I've seen] a lot of denim actually," said Scott, "[such as] denim vests."

Denim and jeans continue to be popular through the 2010 spring and summer. A big trend in jeans this season is patched jeans.

Chanel and other designers are showing pairs of jeans with patches of various sizes and shapes covering them.

For accessories this season, designers have featured oversized bow headbands on the runway.

"Those headbands that are really elaborate," Scott said. "Those are pretty cool."

Marc Jacob's models sported colorful fabric-bow headbands, with the bow off to the side of the head.

Models of designer Luella had shiny neon colored bows clipped in the center of an on-the-top-of-the-head bun.

"And, big sunglasses [are in] as always," said Scott.

For men's fashion, there are a couple of key looks this season as well.

"Definitely V-necks, I've seen a lot of that," said Highline student Rogelio Arellano. "And, I guess the polos are still around, like Ralph Lauren and all that."

Both Ralph Lauren and Lacoste featured polo shirts for men this season, and Burberry showed a large selection of V-neck tops.

"And, I'm guessing the checkered shorts; yeah, those are definitely in," Arellano said.

Overall, this year's spring and summer fashion trends feature fun colors, patterns and new fabulous ways for one to stay cool in the sun and look amazing.

The Thunderword / June 3, 2010

Summer video game releases to break the norm

By **SAMUEL E. TIMLICK**
Staff Reporter

With all the video games set to release, this will be an awe-some summer for gamers.

Each year, the majority of quality video games are released during the fall, right when the major holidays are nearing the bend.

2010 looks to break that trend, as at least one high-profile title is due on each of the three major gaming platforms (PlayStation3, Xbox 360, and PC).

Kicking off summer on June 29, gamers will be treated to *Singularity*, a first-person shooter developed by Raven Software and published by Activision.

What makes *Singularity* stand out from the current overflow of shooters is how its time-control concept functions.

Throughout *Singularity*, players are given scenarios such as running into locked doors or fighting enemies when you have no ammo for weapons.

This is where the time-control function comes in. Gamers will be able to fast-forward time to gain access beyond these areas.



Screenshot from the video game *Dead Rising 2*, in which the protagonist fights off a zombie.

For example, moving time forward when stuck behind a locked door would eventually disintegrate the lock, or, age an enemy until their age of death.

Singularity is set to release on PS3, Xbox 360, and PC. It will cost \$59.99.

In 2007, open-world game fans were given *Crackdown*, a sci-fi game featuring over-the-top action sequences and explosive set pieces.

On July 6, gamers will be treated to *Crackdown*'s sequel, *Crackdown 2*. It is being developed by Ruffian Games and will be published by Microsoft Game Studios.

It is a third-person action game set in a sci-fi setting. The main draw of *Crackdown 2* over the original is the four player online co-op.

This allows up to four people, either friends or random players on Xbox Live, to play cooperatively throughout *Crackdown 2*.

Crackdown 2 will cost \$59.99 and is exclusive to the Xbox 360.

Fighting-game fans will be happy to know that the original *BlazBlue* is getting a sequel. July 27 is the day *BlazBlue: Continuum Shift*, sequel to *BlazBlue: Calamity Trigger*, is expected to hop on shelves.

Continuum Shift is a 2-D fighting game for Xbox 360 and PS3.

A PC version of *Continuum Shift* has not yet been announced but is expected in the near future.

BlazBlue: Continuum Shift is being developed by Arc System Works and published by Aksys

Games. It will cost \$59.99.

The first few weeks of August bring a drought in video-game releases. That is, until Aug 24 when *Mafia II* releases.

Mafia II is an action-adventure game taking place in the 1940s and '50s during the life of an immigrant looking for a way out of his poverty. The story of *Mafia II* will revolve around this character.

Mafia II is being developed and will be published by 2K Games. It will set buyers back \$59.99. *Mafia II* will release simultaneously on PS3, Xbox 360, and PC. Releasing Aug 24 alongside *Mafia II* is *Kane & Lynch 2: Dog Days*.

Kane & Lynch 2, developed by IO Interactive and published by Square Enix, is a third-person shooter driven by its sin-

gle-player narrative and unique multiplayer modes.

Dog Days will cost \$59.99 when it releases and will be available for the PC, PS3, and Xbox 360.

Closing out the summer releases is *Dead Rising 2*, an action-adventure game, just as the first *Dead Rising*.

Rising 2 continues the zombie slaughter-fest of the first game, but this time with online co-op. Now players may join a buddy online to mutilate zombies in any and every way imaginable, whether skewering them with a pitchfork, or decapitating them with a chainsaw.

Dead Rising 2 releases Aug 31 for \$59.99 on PC, Xbox 360, and PS3. It is developed by Blue Castle Games and published by Capcom.

Live theater productions hit south end stages this summer

By **ALYSON FUHRMAN**
Staff Reporter

Whether you are a Disney or Shakespeare person, comedy or tragedy, inside or outside, or if you love it all you are sure to find something to enjoy this summer when it comes to theater.

The Seattle Shakespeare Company will be holding two free Shakespeare-in-the-park performances of *Taming of the Shrew* and *Richard III*.

The Taming of the Shrew follows the story of two sisters, Katherina and Bianca, who have been informed that younger Bianca cannot marry until older ornery Katherina has also agreed to say I do. In order to woo Bianca, her potential male suitors combine forces to find Katherina a match.

Directed by Aimee Bruneau, *The Taming of the Shrew* will be shown from July 10 to Aug. 2. There will be showings on

Wednesday, July 22, 6:30 p.m. at Steel Lake Park, 2410 S 312th St. Federal Way.

There is also a show on Friday, July 17, 7 p.m. at Angle Lake Park, 19408 International Blvd SeaTac.

In *Richard III*, we follow the life of Richard and his friends and family through trickery, romance, battles, and a quest for the crown.

Directed by Stephanie Shine, *Richard III* will be a showing on Friday, July 24, 7 p.m. at Angle Lake Park, SeaTac.

There are no tickets or reservations required, but the Seattle Shakespeare Company suggests you arrive 20 minutes before the show in order to get a good seat on the lawn.

Shows are performed outside, rain or shine.

For more information, locations, and times visit www.seattleshakespeare.org.

Disney's *High School Musical* will be hitting the stage of

the Knutzen Family Theatre in Federal Way as part of Centerstage's KidZone Summer Theatre Camps.

Different children's groups, separated by age, will put on performances at the end of their camp sessions to show off what they have learned.

While the camps for children ages 4 to 18, the performances put on by the campers are open to all ages.

KidZone campers from the 13 to 18 age group will be performing the popular Disney high school love story featuring Troy the basketball jock and smart but shy Gabriella, who both discover they have a love of singing.

Disney's *High School Musical* will be shown on Aug. 6, 7, 13, and 14 at 7 p.m. and Aug 15 at 2 p.m.

The 8 to 12 year old KidZone campers will be performing a comedy entitled *How to Eat Like a Child* by Delia Ephron,

John Forster, and Judith Kahan.

The performance features 23 lessons on how to deal with childhood, presented by the kids, including asking one's parents for a dog, dealing with siblings, and even how to laugh hysterically.

How to Eat Like a Child will be shown on July 30 and 31 at 7 p.m. and Aug. 1 at 2 p.m.

Tickets for both performances are \$10 for adults 18 and older and \$5 for youth 17 and under. Tickets can be purchased online at www.centerstagetheatre.com or by phone at 253-661-1444.

For musical lovers, the Heavier than Air Family Theatre is showing the classic story of *Cinderella*, complete with glass slipper, fairy godmother and handsome prince.

The Heavier than Air Family Theatre is located at 12401 SE 320th St. Auburn. *Cinderella* will be shown on June 11, 12, 18, and 19 at 7 p.m.

There will also be two show-

ings at 3 p.m. on June 12 and 19. Tickets are \$8 for all ages and can be purchased at the ticket office, open Monday through Friday 9 a.m. to 4 p.m. or on the phone at 253-833-9111.

A parody entitled *Withering Heights*, written by Highline Professor T.M. Sell with music by Nancy Warren will be the next show presented by Breeders Theater.

Withering Heights is a satire on classic Victorian romances, such as Jane Austen's *Pride and Prejudice*.

The production will be performed at E.B. Foot Winery 127-B SW 153 St, Burien. There will be showings at 7 p.m. on July 16, 17, 21, 23, 24, 28, 29, 30, and 31. There will also be showings at 2 p.m. on July 25 and Aug. 1.

Tickets are \$20 and include a wine tasting and hors d'oeuvres at the working winery.

For more information visit www.breederstheater.com.

Chorale travels back in time with music

By **ALISA GRAMANN**
Staff Reporter

Highline's Musick's Empire: The Mosaic of the Aire chorale concert will take place tonight, June 3, at 7:30 p.m.

After a difficult quarter of music studies — learning individually, contributing talent to the class, and interpreting music — students from the Music Department finish off every quarter with a public performance of the skills they have acquired, said Dr. Sandra Glover, a music professor at Highline.

"[The] choral is the first performance outcome of the Music Department's core curriculum," Dr. Glover said.

Most of the concert performers are students who plan to pursue music as a major or are interested in choral music. Oth-

ers are string ensemble players, as well as faculty and staff members.

These students study historically significant compositions to prepare them for future studies at baccalaureate institutions, Dr. Glover said.

"To that end, we study several composers of different eras, require students to work in their voice sections and work as a team to interpret beautiful and meaningful art," Dr. Glover said.

With such difficult music to learn, there have been many challenges, she said.

"More students than usual were underprepared for college-level work and music beyond their past experience," Dr. Glover said.

Additionally, Dr. Glover herself had to miss some rehearsals

due to family matters.

"Nevertheless, there were some stunning musical moments in the rehearsal, which I expect will be wonderful by Thursday," she said.

The concert will comprise of performances by the Chorale, the Vocal Jazz Ensemble and some featured soloists.

The concert will open with German composer Robert Schumann's String Quintet in E-flat major, led by Anna Boyd, and Sonata for Four Hands, composed by Francis Poulenc, and performed by Paula Mayfield and Candace Chappelle.

The Chorale will conclude the concert with compositions from the early 20th century.

The concert will be held on campus in Building 7. Admission is free and open to the public.



Stephanie Kim/THUNDERWORD

Highline Choir practices for Thursday's performance.

Theater spoofs Victorian novels for new production

By **STEPHANIE KIM**
Staff Reporter

Girl loses father, girl inherits father's debt, girl needs to find a rich husband to pay her debts off, but all the boys are not without their flaws. This is the plot set forth in *Withering Heights*, a play written by Highline professor Dr. T.M. Sell.

Breeders Theater will run its production of *Withering Heights*, a parody of Victorian romance novels, this summer in the months of July and August.

Although the title of the play is a satire of Emily Brontë's novel *Wuthering Heights*, Dr. Sell said it's more of a parody of Victorian romance novels as a whole, particularly of author Jane Austen.

Austen wrote several famous novels, including *Pride and Prejudice*, *Sense and Sensibility* and *Northanger Abbey*.

"Austen wrote the same story six times," Dr. Sell said. "[There's] always a guy you think she may get together with, but doesn't."

Dr. Sell said he decided to do a parody of Victorian romance novels because he felt that there was great potential for humor, but of course, he puts a little political twist into his play.

The story of *Withering Heights* is that of a girl, Clarity Fugue. Her father dies at the beginning of the play and leaves her with his debt.

Clarity Fugue is just one of many humorous names the audience will be introduced to in *Withering Heights*. Clarity means clear, and Fugue, means a state of confusion.

She appears to be rich and enters society with a mission of

finding herself a wealthy husband who will pay off her debt.

Her bankers suggest ways for her to finance the debt, but suggest that she also find a rich husband.

Unfortunately for her, all of the potential bachelors have their flaws. One is distant, one is frivolous, and one is shy.

The distant bachelor's name, Austin Janeway, is a spoof on the author, Jane Austen.

There is a scene in the play where Victorian romance novel plots are explained.

"For a satire or parody to make sense, you have to understand the original," Dr. Sell said.

J. Howard Boyd will be directing the production of *Withering Heights*.

"[Theater has] been part of my life, pretty much my entire life," Boyd said.

His father was a theater director and educator and his grandfather was an actor.

Boyd received his degree in theater with an emphasis in directing from Western Washington University.

Not only will Boyd be directing the play, but he will also sing in the play as well.

"[I'll be singing] briefly as part of a wandering quartet of singers," Boyd said.

"We have a good cast and actors," said Dr. Sell. Rehearsals for the production started Tuesday evening.

Cast members include three Highline drama students, Megan Krogstadt, Steven Schenck and Brenan Grant.

This 90-minute play is sure to entertain the audience with a night of comedy and music. Dr. Sell wrote the lyrics to the songs and Highline professor Nancy

Warren composed the music.

The production of *Withering Heights* will run July 16, 17, 21, 23, 24, 25, 28, 29, 30, 31 and Aug. 1. All shows will be at 7 p.m., with the exception of the shows on July 25 and Aug. 1,

which will be at 2 p.m.

Tickets are \$20 and are on sale now, which includes the show, wine tasting and hors d'oeuvres. Although the play is at a winery, all ages are welcome.

All shows will be held at the E.B. Foote Winery, 127-B SW. 153rd St., Burien and tickets are available at the winery as well. Tickets can also be purchased at Corky Cellars, 22511 Marine View Dr., Des Moines.

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The Thunderword / June 3, 2010

Hip-hop music and culture comes to Highline

By **STEPHANIE KIM**
Staff Reporter

Break dancing and music filled Highline's Student Union last Thursday, May 27 as Highline's Hip-Hop Summit celebrated the history and role of hip-hop in our society.

The summit brought in break dancers from all over Washington as they competed for the No. 1 spot.

The duo Dance Broomz won the competition with their fast beat and impressive moves.

After the break dancing performances, rappers Illephant, TraQEssentials and Add-2 took the stage.

Illephant was the first to take the stage and rapped about issues that were addressed during the panel earlier in the day. Illephant's song lyrics were about world issues, including political, social and environmental issues.

TraQEssentials took the stage next. The duo is made up of Jeffon Seely, also known as Essence and TraQ.

Seely, a former Highline student, graduated in June 2008. He wanted to participate in the summit because he had a strong relationship with Student Programs during his time here, he said.

"It's real nice to come back and give back," Seely said.

TraQ is from south Seattle and wanted to participate in this year's Hip-Hop Summit to "support the community and hip-hop in general," he said.

Seely and TraQ think about everyday issues and going through life when writing their lyrics. "[I] look for solutions for issues," Seely said.

"I want to remind people it's their dream, it's your world," Seely said.

TraQ considers writing lyrics



Stephanie Kim/THUNDERWORD

Rapper Add-2 performs for Highline students during the Hip-Hop Summit last Thursday. He raps his song Starter Jacket, which is about his relationship with his brother.

on a piece of paper as a way of venting. Writing lyrics is more personal for him, he said.

"I found an easier way to express different things," TraQ said. Reading and thinking is universal, so he can reach out to others, he said.

The panel earlier in the day discussed lyrics that degrade women. Rather than degrading women in their songs, TraQ-Essentials chooses to embrace them.

Their song Sophie is about a girl, whose name is short for sophisticated, they said.

Following TraQEssentials, rapper Add-2 from Chicago hit the stage. Add-2 was born and raised in Chicago and grew up with hip-hop culture surrounding him.

He lists artists such as Big-

gie Smalls, Tupac, Jay-Z, Naz and Bone Thugs-n-Harmony as being influential on him. However, he considers the duo Kris Kross as his main inspiration.

"[Kris Kross] is two young rappers who were actually good," Add-2 said.

When he writes his lyrics, he reflects on his life. "Coming from Chicago, where everything is in your face, you can't sugar coat," he said.

Being from Chicago, "you're lucky if you get to 30," the rapper said.

Add-2 performed his song Starter Jacket, which was about his older brother. He and his older brother grew up together and would listen to hip-hop together through a stereo on the front porch.

The song reflects where they

are now; while Add-2 is still in hip-hop, his brother no longer is.

"Life started kicking in [for my brother]," Add-2 said.

One of Add-2's songs was featured on MTV. With no manager or a public relations representative, Add-2 has made it on his own.

"[Being on MTV], it was unreal," he said.

"I want to remind people it's their dream, it's your world."

– Jeffon Seely
TraQEssentials

Hip-hop should have a meaning

By **VICTORIA SADDLER**
Staff Reporter

Hip-hop is a way to express how you feel and say it in a message where people can understand, a panel of artists said here last week.

Jah Breeze, Tony Innouvong, Andre Daniels and Edward Martinez spoke at the Hip-Hop Summit last Thursday, in the Student Union.

"You don't need profanity to get your message across," Jah Breeze said.

If the people like hearing artists such as 50 Cent and Ludacris, who use profanity as a way of expressing themselves and degrading women, then people like Common, who stood in the gap and talked about real issues will be forgotten, Breeze said.

"Hip-hop is not just music with lyrics; it is what you breathe and what you live," Breeze said.

You no longer hear people such as Common or Alicia Keys singing and rapping about real things that matter.

Now you hear music that has no message to it; it's just beats with words that rhyme, Martinez said.

Daniels noted how some of the artists today made it and lost their footing.

Some get caught up in the game of making money and lose their reasons for rapping.

Innovong said the reason hip-hop was not well nourished was because of the people. It is the people who make the decisions on what they want to hear.



Stephanie Kim/THUNDERWORD

Juan Reyes of Dance Broomz dances his team to the No. 1 spot in the break dancing competition.



Stephanie Kim/THUNDERWORD

Kevin Dofredo performing during the competition.

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World-class destination opens for bikers

By JON BAKER
Staff Reporter

Washington now has its very own world class mountain biking destination.

Duthie Hill Mountain Bike Park had its official grand opening last week and it is garnering attention from people around the world.

"I recently attended a conference in Georgia for the leaders of riding associations around the world. Every night they showed a feature film with trailers and two out of the three nights there was a film on Duthie Hill and Colonnade in Seattle," said Glenn Glover, executive director of the Evergreen Mountain Bike Alliance. "People from Ireland to Australia are talking about the Northwest now."

The park is located in 120 acres of dense forest land on the Sammamish Plateau and connects to 2,000 more acres of public land.

The land for the park was provided by King County under its Community Partnerships and Grants program.

According to King County's website, "The CPG Program is a public/private partnership initiative that empowers user groups, sports associations, recreation clubs and other non-profit organizations to construct, develop, program and/or maintain new or enhanced public recreation facilities on King County land in a manner that does not result in new publicly funded operations and maintenance costs."

Through the program, King County will provide use of land and up to \$100,000 towards a project with the rest of the necessary capital being raised through community partners.

Local riders are heralding the trail system as one of a kind and are getting involved in the project.

Michael Nyquist, an employee at Pacific Bicycle Company, has been organizing their efforts to contribute to something that a lot of people around here enjoy doing.

"It's very close in our own backyard and we found it to be an opportunity to



"We want to make sure that there is a safe opportunity for people to develop their skills and not have to take too large a jump at any point in their progression."

— Glenn Glover,
executive director

help our community out," Nyquist said.

Safety has come up as one of the main concerns between the county and riders, with all agreeing that safety is very important.

"One of the things that turned us to the project was they were very organized. They took into account risk management," Nyquist said. "They have every trail posted with signs like ski resorts. There are levels of difficulty which made it very appealing for us because we knew that they were doing it safely and putting safety first."

Glover said that his group will be working on two more phases to the trail system.

"A big focus is going to be filling in

any gaps in the skills progression that exists right now. We want to make sure that there is a safe opportunity for people to develop their skills and not have to take too large a jump at any point in their progression," Glenn Glover said.

Nyquist said that park provides a little bit of something for everyone, good safety management and great design.

"I think all of those in combination are what make it No. 1 as far as everyone's concerned."



Men's soccer preparing for another playoff run

By ADRIAN SCOTT
Staff Reporter

Highline Men's Soccer Coach Jason Prenovost has high expectations for his recruits for the 2011 season.

Last year, the Thunderbird soccer team ended the season with a 10-9-3 record, losing in the quarterfinals of the playoffs to Walla Walla.

"I start looking at players in their sophomore and junior year of high school," Prenovost said.

Coach Prenovost is a 7-time NWAACC Northern Divisional Coach of the Year, and will be going on his 17th year of coaching.

"I became Highlines coach when I was only 24 years old,"



Jason Prenovost

Prenovost said.

Jason Prenovost is a former student and soccer player at Highline, and also played at Hawaii Pacific.

"Players should know I'm

going to be 100 percent honest with them," Prenovost said.

"If players don't have high expectations for themselves, it won't work out," he added.

Prenovost said the recruiting process is long, but he never gets tired of it.

Prenovost said a majority of soccer recruits are from the state of Washington, with the exception of his Hawaii connections.

"I'm really excited about the Mt. Rainier recruits who signed. We're getting their three senior captains," Prenovost said.

Prenovost said these players are very talented and could help out a ton next year.

"These guys are good players but they still are young,

with just ending their senior year in high school," Prenovost said. "They can only grow as players if they are willing."

Prenovost is also adding Jamael Cox, who was a forward for Stadium High School.

"Jamael is going to redshirt for the team next year," Prenovost said.

Cox, this spring season, scored more than 30 goals for Stadium, helping them win the state 4A high school championship.

Prenovost is also the director of marketing at Highline.

"Knowing the campus and faculty helps me when recruiting players because I know what they will go through when attending Highline," Prenovost said.

Prenovost, unlike many coaches, said his new recruits are not given a starting spot on the team.

"Players have to work to become a starter. It's only fair to the players that have been here," Prenovost said.

Players who are interested in the men's soccer team are welcome to contact Coach Prenovost at 206-878-3710, ext. 3188, or email at jprenovo@highline.edu.

People interested in finding more about the soccer team can go to the website at <http://www.highline.edu/stuserv/athletics/msoccer/index.htm>.

"Players can also fill out a recruiting form on the men's soccer website," Prenovost said.

Wrestling team depleted with graduates leaving

By **RICHARD MEIER**
Staff Reporter

Highline men's wrestling coach Scott Norton faces the daunting task of recruiting nearly an entirely new team after the wrestling program lost a majority of its team.

"We lost almost our whole team this year," said Norton.

Among those the Highline wrestling program will be losing are three two-time All-Americans: Marshall Giovannini, in the 157 weight class; Aaron Smith, who wrestled at 133; and Justin Purves, who competed at the 125 weight class.

However, All-American Jason Gray will return to highline and may have found a suitable replacement for All-American Giovannini at the 157 weight class.

"We got a kid that was at Wyoming, Eric Jones, and he is going to make an immediate impact," Norton said. "He was a two-time state champion at Auburn High School, I'm sure he will do really well."

Along with the addition of Jones, Coach Norton expects as many as a dozen new faces on the Highline wrestling team and hard work is a key element for the new recruits.



Chris Wells/THUNDERWORD

Highline wrestling is always considered one of the top teams in the NJCAA every year.

"I am a firm believer in hard work. One of the things that I love about wrestling is that there is no way around hard work, we try and push that with our kids,"

Norton said. "Kids with a good work ethic I may take over someone who won first in state because I know they are a good hard worker and they may have

more motivation than someone else."

Hard work however, is only one element that Norton seeks.

"When recruiting we look at

whether they placed at state and whether they have good enough grades, we also try to get to know the kid so we know what we are bringing in," Norton said. "We don't recruit anyone who we haven't brought onto campus and sat down to talk with personally."

Norton, who was an All-American wrestler at the University of Oregon, provides several key reasons as to why Highline should be a prime target for wrestlers wanting to reach their highest potential.

"I think it's pretty simple; Let kids know that there is a bigger learning curve from high school to Division I, bigger than they think," Norton said. "We try to focus on the cost of school, because a university costs a lot more money and here they can accomplish just as much and pay much less."

However, even with Norton being a believer that Highline should be a stepping stone for wrestlers looking to improve, there is one weight class where Norton is always looking for wrestlers.

"The heavyweight class we could use more depth in for sure. We lose a lot in the upper weight class to football, so it's definitely tougher."

Ex-Highline players in NWAACC Hall of Fame

By **CHRIS WELLS**
Staff Reporter

Highline has added two more members to the Northwest Athletic Association of Community Colleges Hall of Fame.

Barry Wolf and Charlie Marquard, both former Highline men's basketball players, will be the 19th and 20th people in Highline's athletic history to accomplish this feat.

Wolf, who played at Highline during the 1976-1977 and 1977-1978 seasons, was selected to the All-West Region and NWAACC first team during his sophomore year at Highline. He averaged 19 points a game that year and was the team captain.

Following his time at Highline, he went to Western Washington, although he wasn't able to continue playing basketball due to a knee injury that occurred during his sophomore year at Highline.

Marquard came to Highline for the 1981-1982 season following a successful career at Tyee High School, where he was a first team All-State player.

At Highline, he became one of the top players in the NWAACC.

During his sophomore season in 1982-1983, he led the league in scoring and rebounding with 15 points and 9.5 rebounds a game. He was also an All-League player both of his years at Highline.

After Highline, he played one more year at the University of Eastern Montana, which is now Montana State University. His team that year took second in the nation on the Division II level and he finished as an All-League player.

Highline Athletic Director John Dunn said he is thrilled for both Wolf and Marquard.

"This is a big honor to be able to add some of our former student-athletes to the NWAACC Hall of Fame," Dunn said. "For me, as the athletic director, to be able to be a part of that, it means a lot. Charlie [Marquard] for me is real special because we grew up and played high school basketball together so this is a big deal for me to be able to put him in and honor his family and him."

NWAACC champions have been crowned

Champions of eight NWAACC sports have been named.

Bellevue claimed the title for baseball, men's golf and women's tennis.

Mt. Hood won softball, while Spokane swept four titles in men's and women's track, men's tennis and women's golf.

Fall sports to kick off in August

Soccer, volleyball and cross country competition seasons will start Fall Quarter.

Men's Soccer will start Sept. 14 between Tacoma and Shoreline.

Everett and Tacoma will start off Women's Soccer on Sept. 7. Volleyball will start the last day of August with Spokane and Tacoma.

The Clark Invitational NWAACC Preview at Lewisville State park in Battleground, Washington will kick off the cross country season.

The meet will include Spokane, Clark, Clackamas, Everett, Mt. Hood and Skagit Valley on Sept. 5.



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Parks and Rec offers fun activities for summer

By **RICHARD MEIER**
Staff Reporter

Local parks & recreation departments are offering a multitude of opportunities for adults to maintain an active and healthy lifestyle throughout the summer.

Parks & recreation departments across the South King County area offer a variety of activities for adults in search of a healthy lifestyle, ranging from basic aerobics, to team and individual sports, to outdoor activities and special programs as well.

In addition to the programs offered by local parks & recreation department, cities also have parks, trails and gyms which adults can utilize throughout the summer.

Among one of the most universally offered exercise programs is yoga which has become increasingly more popular recently. A variety of yoga classes are available, focusing on different styles, as well as different levels of classes for experts and beginners.

"Yoga is becoming more and more popular and we offer so many different yoga classes because we have different instructors who teach different styles," said Rick Bruya, recreation coordinator for the city of Auburn. "We also are offering a yoga class that you can do with your dog."

The city of Auburn offers seven different levels and types of yoga which vary in skill level and style. Also the city offers several other options of exercise and aerobics programs from Pilates; the Latin, African-infused dance workout, Zumba; and aerobics and workout classes such as fitness boot camp and Tai Chi.

However, yoga is just a small aspect of the exercise programs offered by parks & recreational departments. Several cities also offer aerobic dance classes,



City of Tukwila photo
Taking it to the rim is one of many recreational activities offered by the City of Tukwila.

martial arts workouts, as well as gym space open to the public.

For those who are looking to engage in team activities, several sports options are available.

Those wanting to relive their childhood, some local cities are offering kickball and dodgeball on top of the more traditional sports: Softball, volleyball, basketball, and flag football.

The city of Burien offers volleyball, dodgeball, kickball and other team activities through Underdog Sports League. The leagues regularly meet once or twice a week.

Some parks & recreations departments, such as the city of SeaTac, offer some unconventional sports to make up for their lack of conventional sports.

"Fencing and archery are open on certain days and times and people can drop by and participate anytime, but it's usually the same group," said, Courtlee Harris, recreation attendant for the city of SeaTac. "It's kind of cool to have something different, I think it's because we don't have basketball or softball and because we got lucky because people wanted to teach those classes."

For those looking to enjoy the summer weather while trying to maintain an active lifestyle, people may find that the number of outdoor programs offered by cities is dwindling.

"We no longer have outdoor activities. We used to in the past but they weren't received well," said Auburn's Bruya.

However, even with the shrinking amount of outdoor programs cities still offer occasional bike programs as well as some outdoor retreats such as rock climbing through independent business.

In addition to the classes offered by local parks & recreations departments several cities have parks and trails which are always free to the public.

The activities offered by the local parks & recreation departments usually run a few days a week and last a month or two.

Those looking for more of a selection, try the larger cities, such as Kent and Federal Way, who offer dozens, even hundreds of adult recreation programs throughout the summer.

However, do keep in mind that the smaller cities can contain hidden gems such as kickball, dodgeball, fencing, and other unconventional forms of recreation.

For more information:

- City of Auburn 253-931-3043 online.activecommunities.com/auburnwa/Activities/Activities.asp?SCheck=558461630&SDT=40317.4647966435§ionId=2
- City of Burien 206-988-3700 burienwa.gov/index.aspx?NID=272
- City of Des Moines 206-870-6527, desmoineswa.gov/dept/parks_rec/athletics/fall_coed_softball.html
- City of Federal Way 253-835-6901, cityoffederalway.com/recreation/Activities/Activities.asp?SCheck=544028917&SDT=40317.4764089468&SectionId=11&SubSectionId=5
- City of Kent 253-856-5000, <http://www.ci.kent.wa.us/SportsLeagues/Adult-Softball/>
- City of Tukwila 206-768-2822 <http://www.ci.tukwila.wa.us/recreation/recbrochure.html>



City of Tukwila photo
Volleyball players enjoys a recreational game at the Tukwila community Center.

Local 5K run invites students to run blind

By **BRIAN GROVE**
Staff Reporter

Highline students can lace up their running shoes and participate in some local philanthropy just a few miles from campus.

"Running Blind" is a fundraiser to benefit the Hear, See, Hope Foundation, a non-profit organization which strives to raise money and awareness for "Usher Syndrome" the leading cause of deaf-blindness.

The event will begin with a 5k run starting at noon on Sunday, June 6, at the Archery Bistro in the Normandy Park Town Center located at 19803 1st Ave. So in Normandy Park.

Following the run will be a 1k family run/walk at 12:50 p.m. where participants can opt to be blindfolded along with ear plugs to experience what it would be like to run deaf and blind.

After both of the runs, a BBQ, beer garden, root beer garden and face painting for kids will be set up in the parking lot of the Normandy Park Town Center along with a hay maze where participants can again experience life with Usher's Syndrome for a short while.

Along with the festivities will be local band The Approximations, featuring King County Prosecutor Dan Satterberg. They will begin playing at noon and throughout the day as weather permits.

Archery Bistro owners Todd Mckittrick and his wife, Lane, founded Hear, See, Hope Foundation after their oldest son, Conner was diagnosed with Type 1 Ushers Syndrome at the age of 5 in 2004. While Hear, See, Hope is going on its fifth year, this is just the first year of Running Blind. Mckittrick said his goals for this event are two-fold.

"[To] raise awareness of Usher Syndrome and at the same time help the businesses in Normandy Park be able to showcase their businesses at the finish line," he said.

Mckittrick also said he got inspiration for this event from Cove to Clover, another 5k which takes place annually on March 13 and starts at the Normandy Park Community Center, "The Cove," and ends at Mick Kelly's Irish Pub in Burien.

John Nelson, the race director for Cove to Clover has helped plan Running Blind and "been a huge help in guidance

setting this up for our first race," Mckittrick said.

Mckittrick expects those who opt to be blind-folded and ear-plugged to have a difficult time running.

"I think it will be a huge surprise to see what losing the ability of two senses at the same time [is like]."

Even if those who want to participate in the 1k walk don't want to be blind-folded and ear-plugged, they can still join in for support. Mckittrick said he got the idea for the blind-folding and ear-plugging by a recommendation from a City of Normandy Park Employee who thought it would be a great way to experience what it was like to be deaf and blind.

One of the challenges Mckittrick and the rest of his cohorts faced was finding enough volunteers due to Running Blind being in its inaugural race.

"There is always obstacles in trying to find volunteers and sponsorships for an event that is in its first year and for a cause that no one has ever heard of," he said.

Still, Mckittrick was able to receive aid from the Normandy Park Police Department.

"Officer Giovanni Morrela has been extremely helpful in helping organize the street closures on the city's behalf," Todd said. "Getting the word out has been a lot of work."

Registering for this event will be \$35 for adults and \$20 for youth under 14 years old. Registration includes a t-shirt, but are limited due to availability.

Also, \$5 from the registration fee will be donated to the school of the runner's choice.

Registration will be available on race day, beginning at 10 a.m. However, those who would like to register beforehand can do so at hearseehope.com, in person at the Archery Bistro, by fax at 206-299-9519 or even by e-mail.

A PDF of the registration form can be found at <http://www.b-townblog.com/index.php?s=running+blind> and should be sent to todd@mckittrickre.com.

While the event already has a fair amount of runners scheduled for turn-out, he expects there to be more registering before or on race day.

"We have about 150 so far and expect about 300," Mckittrick said.

T-Bird Golf Classic tees up funds for athletics



Highline Athletic Department
Highline President Dr. Jack Birmingham is no stranger to the T-Bird Classic held every year at Elk Run Golf Course.

By **WILLIAM SCHLEPP**
Staff Reporter

Friends of Highline's Athletic Department will tee it up next week at the annual T-Bird Classic golf tournament.

"It's a fund-raiser for athletics, which has taken on a new meaning this year. With the budget cuts we're going to need to raise a little bit more money than normal. So it's important to the program and it's also a way to get the campus and people who are friends of the program together for a day of golf, fund-raising and fun," said Athletic Director John Dunn.

The tournament is Friday, June 11, at Elk Run Golf Club in Maple Valley, with check-in at 10 a.m.

The entrance fee is \$110 and includes a golf cart, green fees, beverages on course, dinner after the tournament and chances to win prizes ranging from golf clubs to golf vacations.

The T-Bird Classic is a team tournament, featuring four-person teams and cumulative



"It's also a way to get the campus and people who are friends of the program together for a day of golf, fund-raising and fun."

— **John Dunn**, athletic director

scoring. The tournament will be played with a modified Stableford format in which golfers score points based on their performance on each hole.

Play will be in three divisions: Division Past Winners, which is any team that has won in the past; Division HCC, which is anyone from Highline who wishes to compete; and Division I, which includes anyone else who wants to play.

Dunn said that there is no skill requirement to play, but that currently enrolled students cannot participate.

The fifth annual Dave Hill Inspirational Award will be handed out at the tournament. The winner will receive the use

of Dave's golf bag for a year, a commemorative sport coat, and free admission to next year's T-Bird golf tournament.

If you are interested in sponsoring the athletic department, you can donate from \$200 to \$5,000. Donors will receive gifts and advertising opportunities in return.

Elk Run Golf Club is located at 22500 SE 275th Place, Maple Valley.

"It's our 15th year doing the T-Bird classic at Elk Run Golf Course," Dunn said.

For more information on the tournament, call Dunn at 206-878-3710, ext. 3455, or call the Elk Run Golf Club at 425-432-8800.

Highline's athletic coaches deserve better pay

Highline's coaches should be getting paid more.

Highline has the fourth-highest number of full-time equivalent students in all of Washington, yet our head coaches get paid third worst (next to Lower Columbia and Walla Walla) in the Northwest Athletic Association of Community Colleges.

Our assistant coaches are a little better off, at 26th out of 34 NWAACC schools.

With the winning tradition most sports teams at the school have, the coaches should feel a little more valuable than \$4,200 and \$2,100 per season, respectively.

Our athletic program gets 12 percent of Highline's Services and Activities Budget, whereas the Community Colleges of Spokane Athletic Department gets 33 percent.

As a result, Highline coaches get paid less for coaching than some student employees are paid, but they do far more work.

In my two years playing for the Highline soccer team, we trained from 7:15 to 9 a.m. every morning, except on game days and the one day off we got every week.

Training sessions were one thing, but on game days, which often fell on Saturdays, coaches were at the field with us from noon until about 3:45 p.m. when we kicked off at 2.

When we went on the road, the coaches drove the three soccer-mom vans we took. We



Bird's Eye
View

Liviu Bird

took some long road trips, going to Spokane or Walla Walla and back in two days. At least we didn't have to make the 10-hour one-way trip to Treasure Valley in my two years here.

Coaches spent hours looking over video after each game. As players, we complained about sitting through a 45-minute session, but coaches had to put that together, and I don't even want to know how long that would take.

They planned all the practice sessions and spent as many sleepless hours after losses as the players did.

Highline's coaches have produced some pretty good players over the years, including Brian Scalabrine of the Boston Celtics and Raphael Cox, formerly of Real Salt Lake of Major League Soccer.

Current Highline men's soccer assistant Jesse Wheelock played for the Kitsap Pumas of the United Soccer Leagues and fellow coach Steve Mohn still plays there in the summer and with the Tacoma Stars of the Premier Arena Soccer League in the winter.

The athletics program at Highline represents the school every time we play. When we travel, that behavior is magnified. I wonder what people think of us when we show up at the field and nobody even has the same sweat top on in warm ups.

At least the coaches get a lot of gear. As a player, I've gotten one t-shirt and one rain jacket in my two years here, but the coaches are always decked out in sweatshirts, jackets, hats and pants with the Highline logo on them.

For the team to get more gear next year, we're going to have to fund-raise. As if this was high school. Except in high school, athletes can usually count on getting a hoodie for no extra effort.

That's a minor part of the problem, though. The athletic department needs more money so we can be sure to get coaches of some quality.

The coaches who are lucky enough to find a full-time job on campus don't struggle as much as the ones who don't. For those who don't have a full-time job on campus, it makes being committed to the program that much tougher.

So yes, it would be nice to have something to wear that says "Highline soccer" on it, but I would rather have good, committed coaches, which will be easier to find if they are paid an attractive wage.

The soccer coach has a job on campus, but the assistants don't.

For the last couple of years at least, the Highline Athletic Department hasn't gotten 100 percent of the money it has asked for from the S&A budget committee.

For the upcoming school year, for example, Athletic Di-

rector John Dunn requested just over \$21,000 for the soccer team, but only \$18,700 was allocated. That was the biggest disparity for any sport at Highline, but nobody got what they asked for.

Maybe they can get money from the contingency fund, which was allocated over \$210,000 for the upcoming school year. I can't be the only person who is confused about why that fund was given over \$150,000 more than expected.

Every other program in the S&A got what they wanted, even if they asked for more money than the year before.

I wish our S&A committee valued athletics as much as those in charge of funding at other schools.

Liviu is a columnist for the Thunderword and a goalkeeper for the soccer team..

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INSIDE SCOOP

Global Community



Global Campus

Seven outstanding graduates from the class of 2010



Calculating woman

Tran engineers her career with full ride

By **CAITLYN STARKEY**

Phuong Tran is not afraid to take a chance. Having never left Vietnam, Tran came to Highline in search of something different.

Tran is graduating from Highline with her associate of science in engineering. In the fall she is moving on to the University of British Columbia with a full ride scholarship through the International Leaders of the Future program.

Tran is originally from Vietnam, where the rest of her family still is. She has only been in the United States for two years and at Highline for the same length of time.

“My parents wanted me to come here to get a good education and I guess that I want to try new things. I don’t want to just be at home and then enter the care of my parents and I decided that I want to go and do engineering,” Trans said.

Upon arriving in the United States she moved in with her cousin’s family while going to school.

“I was feeling homesick the first couple months. After that I treat my

cousin’s family like [my] family. So far my cousins’ family has been a really gracious support for me through school and other things in life. I am really thankful for that.”

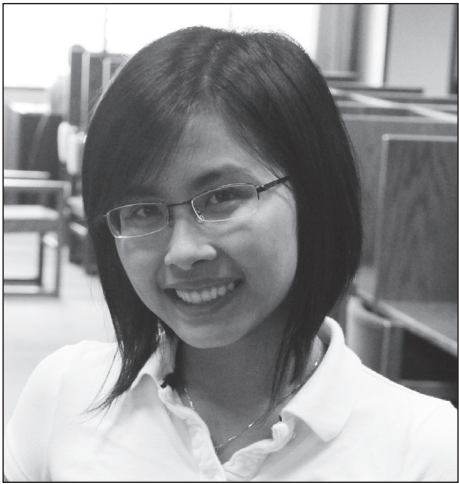
Tran came to Highline knowing no one and scared about the new experience. But she has found strong mentors in Highline faculty such as Richard Bankhead and Dr. Barbara Clinton.

“I like all the instructors I have had so far, like Dusty Wilson or Rich Bankhead. Rich Bankhead, who is my engineering instructor, really showed me what is required to be an engineer. Prepare me ahead so I am not overwhelmed when I transfer,” she said.

Bankhead taught Tran that engineering is not just about a grade, it’s about determination and facing your failures, she said.

“I am a participant in the Honors Scholars program. I receive a huge support from Dr. Barbara Clinton like editing my personal statement and finding the scholarships. She has shown me how the system works and how to deal with people,” she said

At the Women in Action awards recently, Tran was honored along with 10



Phuong Tran

of her female engineering classmates. Bankhead nominated them as extraordinary women for working in the field of engineering and all transferring to four-year universities.

“At first I thought it [being a woman in the engineering field] was a challenge, in terms of time devoted to it and in terms of time and pressure. Because people say that women not endure a lot of pressure as guys. I was kind of scared but the more I get involved into to math, science and engineering. I am pretty confident in the

field I chose.”

Though women are the minority in engineering, Tran said she is ready to face the challenge.

“In terms of gender I think that engineering is not only for guys it’s for girls. As long as you work hard for it and you are enthusiastic you will be successful. I am going to take that risk because that’s what I like to do.”

But looking back on Highline and her time here, she has enjoyed and appreciated her time here.

“I moved from a local high school in Vietnam to such a diverse college at Highline. I feel lucky that I am able to take advantage of that.”

Yet Tran does not always have her nose buried in a book. She also used to be in the Vietnamese Student Association and currently still helps at the Tutoring Center.

She has been a tutor since her second quarter at Highline; she works with math and science courses.

“It [the Tutoring Center] really helped me in my communication skills and also I feel like it’s opened my mind like expanded by horizon about the world, it’s not only my culture. Looking at other cultures and how to appreciate the diversity,” Tran said.

“I feel happy that I can contribute their success by helping with problems or doing good on tests. It’s a way I want to give back to the community and give back to the college,” she said.

Trans will now attend the University of British Columbia in the fall with a full scholarship through the International Leaders of the Future program to study electrical engineering.

“I prepared for that scholarship for like half a year because I wanted to get that scholarship for when I transfer. I know that without the scholarships that will cost a lot.”

Most of that time was spent writing and editing her personal statement and collecting letters of recommendation, she said.

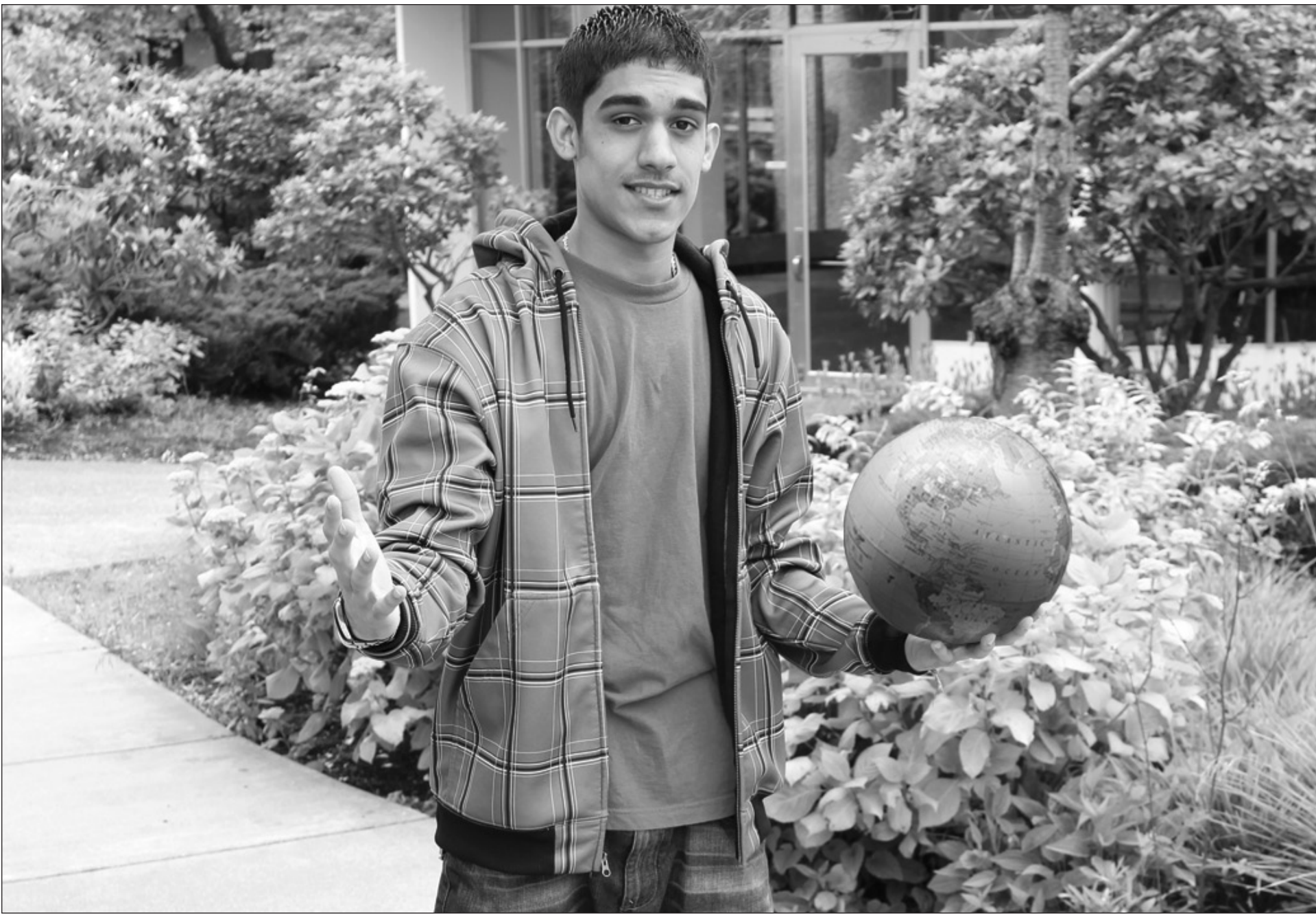
“After I graduate from UBC [University of British Columbia], I want to go to graduate schools to get Master or PhD degrees, maybe in Canada or US, and want to do research in some of the laboratory research centers or university research center,” Tran said.

“I also want to participate in the Engineering Without Borders program during my school. This is the program that enables engineers to contribute and help provide necessities to the third world country, like electricity, water system etc,” she said.

“Phuong is quiet and lovely, and absolutely unyielding. She is gentle with everyone except with herself. From herself she expects nothing less than perfection,” said Dr. Clinton.

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Globe trotter

Sidhu’s travels take him to major scholarship award

By MAX DUBBELDAM

Apneet Sidhu is a Running Start student whose studies have taken him from India to Seattle to Afghanistan and back again.

Sidhu is graduating with honors this spring and has received a full ride to Seattle University for winning the Sullivan Leadership Award.

Sidhu is a second generation Indian-American and has strong ties to his heritage. He speaks fluent Hindi and Punjabi and has made a few trips back to India.

After one of his trips to India, Sidhu felt empowered by his experiences and it moved him to join the Running Start program and work extra hard. Being a new Running Start student he had to adapt to the different pace of college.

“Coming here to Highline at first was kind of tough - the transition from high school,” Sidhu said.

He said he felt comfortable with the diversity here at Highline and that it helped with his transition.

He said that the high school that he went to, Foster, is one of the most diverse campuses in the United States.

“Something that I did struggle with at first was getting to know my professors because in high school they come to you, but in college you have to go to them,” Sidhu said. “The transition itself I would say went very smoothly.”

He said that the thing he like most about Highline is the Honors Program

and said that it gave him direction, opportunities and motivation.

“It’s an amazing program and it really changed my life around,” Sidhu said. “Everything that I have done here ties back to the Honors Program.”

Along with winning the Sullivan Award and scholarship to Seattle University he was also a finalist for the Act Six scholarship to Gonzaga University.

After Sidhu had lost out on the Act Six scholarship he said that he was downtrodden and depressed because he had put a lot of effort into it.

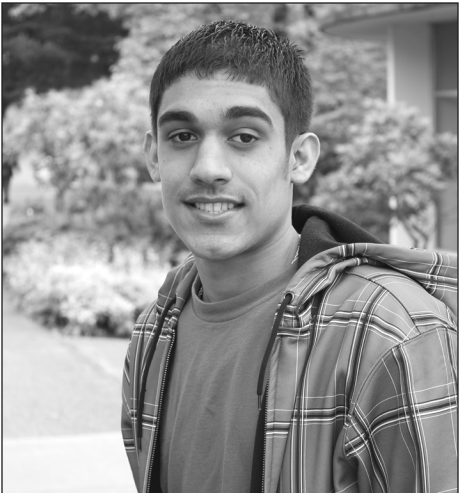
However, he had made it to the final round for the Sullivan Award and was excited for the prompt.

“The final stage of the competition was to read a book entitled *The Bookseller of Kabul* and give a presentation to three or four top faculty of the school,” Sidhu said.

The book was written by Asne Seierstad and it has a lot of controversy surrounding it. The Norwegian author stayed with a family in Afghanistan for two months when the war started in 2001. The family is currently suing the author because they feel they were misrepresented.

“Everything about the Afghan culture had been criticized and I decided to go back to my mentor Dr. [Barbara] Clinton and ask for advice,” Sidhu said. “She had given me an excellent source of a man named Farid Khan.”

Khan is the first cousin of the president of Afghanistan, Hamid Karzai, but



Apneet Sidhu

Sidhu thought it still wasn’t a strong enough source.

Two days before his speech Sidhu found the phone number of the son of the bookseller in the book. He then bought a phone card and called the bookseller.

He said that the bookseller and his family were excited to help and to get their side of the story told.

Sidhu spoke with the bookseller five times and was able to communicate with him through Hindi.

With a wealth of information and running on only six hours of sleep that whole week, Sidhu delivered his speech.

“I felt more confident than ever and delivered an amazing speech which had my highly credible audience’s eyes wide open and shocked as they heard I had contacted the bookseller himself,” Sidhu

said.

After Sidhu received the Sullivan Award, Gonzaga realized that they had made a mistake and offered him a full ride anyway, but Sidhu had already accepted and committed to Seattle University.

Sidhu is planning to study business at Seattle University for his undergraduate degree and wants to go off to law school after that.

His life goal is to go back to India to help out the people living in poverty. He said that even though he was born in America he has a very strong connection to his heritage and culture

“I’d want to financially support people in India whether it’s me making schools or it’s me making law firms,” he said. “I just want to somehow help those people over there and just get their life turned around and heading in the right direction.”

Sidhu said when he first arrived at Highline he was a 16-year-old, immature Running Start student, but that he’s learned a lot through his experience.

“I can definitely say I’m mature now and I understand the value of education, the value of giving back to ones community and being a leader not only in the community but in the classroom as well,” Sidhu said.

He is giving back to the honors program by creating the first honors leadership team at Highline. He said that the leadership team is going to assist Dr. Clinton with the Honors Program.



Thriving to inspire

Everything in its right place: Kim heads to art school

By **STEPHANIE KIM**

Artist and illustrator Dahe Kim has spent her life experiencing different cultures. She will continue painting the roads in her life this fall when she attends the Rhode Island School of Design.

Kim was born in Dallas, but moved to South Korea when she was 3, as her mom wanted her to learn the Korean culture.

In 2000, Kim and her family made the trip back to the states, settling in Federal Way.

Kim has been attending Highline since Fall Quarter of 2007 and graduated from Decatur High School in 2009.

Kim has been able to spend the past three years at Highline through the Running Start program. She is currently the Clubs Consultant for Student Programs.

As a club consultant, Kim has spent hours a week up at Student Programs.

“What we do is give them the extra boost to achieve their goals as a club. It can be something from helping them getting a room for their meetings to giving them the financial support to get food for their upcoming events,” she said.

Kim has showcased her artwork both off and on campus. Her design was chosen for this year’s Highline student handbook.

“I think I get over-prized for the handbook. [They’re] just my little child-like characters, there’s no style to it,” Kim said modestly.

Kim recently donated 10 of her pieces to a local Asian and Pacific Islander group. Her pieces were auctioned off

and the money went to Asian and Pacific Islander people applying to community colleges.

Also on campus, Kim has contributed her artistic skills to numerous events. She has made countless posters for Highline clubs and events, along with hand drawn posters people may have seen on sandwich boards.

She has also taken many art classes here. “I’ve taken Rick Lorig’s 2D design class, couple of VICOM classes and Eric Elliot’s figure drawing classes, which I absolutely loved,” Kim said.

Kim initially came to Highline to save money. However, she found a different reason to stay when she discovered the diversity Highline has.

Kim helped celebrate the diversity on campus for the third year in a row by participating in this year’s GlobalFest, representing Korea.

“As a Korean, I simply wanted to represent my country,” Kim said. “I want my country to be represented.”

East Asian countries such as Japan, China and Korea are always being compared. Kim wanted to show others that Korea is different from both Japan and China, she said.

From Washington, Kim will be making a cross-country trip to Rhode Island, where she will attend the Rhode Island School of Design.

Although Kim has met with the faculty from the school, she has never visited the school, or even the state.

The school’s illustration program and art program in general drew Kim in, along with photos she’s seen of the school.

The Rhode Island School of Design

was the only school Kim applied to. Not only did she get accepted, but she was able get a scholarship as well.

Up to the time she was in elementary school, she considered art as a hobby.

However, it was in elementary school Kim realized art was her passion and wanted to pursue it as more than just a hobby.

“At one point, I had my set dream. It was to do art,” she said.

Kim believes art can be interpreted in many different ways, depending on who is looking at her work.

“Generally, what I really want from the audience is to look beyond what’s right in front of them and question the infamous [of] ‘Why?’”

“As long as they’re not literally tearing my work apart, I’m cool,” she said jokingly.

“I go through phases,” Kim said.

“I’m still experimenting with different styles. You need to experiment with styles [as an artist].”

With many inspirations, Kim also cites her family as one of her biggest motivations, especially her mom.

When Kim was young, her parents recognized that she had an artistic side.

“They created the environment for me. It makes a huge impact, them supporting me, not just financially.”

“Through their motivation and love, I had my parents’ constant support,” she said.

“I chose illustration because it’s something right in between graphic design and fine arts,” Kim said.

For Kim, illustration is the artistic road she wants to follow mainly because it’s the best way she can express herself.

“Some people express themselves through writing poems or playing instruments. I do by my illustrations,” Kim said.

“I embrace its ability to show my current emotions, thoughts and memoirs through different strokes and colors.”

Kim hopes her artwork can inspire others to be an artist.

Kim hopes to do conceptual art, such as story boards for Pixar. “I can relate to them a lot,” Kim said.

“I want to be influential through my art, through kids and young adults.”

“My long-term goal is to provide art for countries. People look at art as a luxury, but it’s not. Art should be for all people, not just the ones who can afford them,” she said.



Kim’s piece titled Expressions.



Healthy outlook

Sanne moves around to find home and career

By **KANDI CARLSON**

Highline student Errssini Sanne is a woman who has challenged herself to experience new cultures and new places. By the time Sanne arrived in Washington in 2008, she had been working as a respiratory care therapist for 15 years. She started her career in 1992 while living in the Philippines, where she grew up. After seven years, she decided to quit her job. She applied for an international job that would end up taking her far from all that she had known. Her first international position was in Abu Dhabi in 2000. Abu Dhabi is the capital and second largest city in the United Arab Emirates, located in the Persian Gulf. Sanne spent eight months there before moving on to Saudi Arabia. She worked there for three years. Qatar was the last stop of her wandering road trip. She worked there for two years. It was in 2007 she met the second man that would change her life. The first was her 10 year-old son. She is a single mom and considers him to be her biggest supporter. She eventually fell in love with the second man and married him. Both of the men in her life have encouraged her to meet her goal, and face challenges with courage, she said. She decided to get married and complete her family. Sanne, her husband and her son moved to the United States to begin their life together as a family.

Sanne did not know what it would be like in the United States, but she was willing to jump in and take on another adventure. “It was a lot all at once when I first came here; I felt so foreign,” Sanne said. That feeling did not stop her from challenging herself even further. Sanne decided to enroll in college only nine months after arriving in the United States. She looked at several area colleges, but decided on Highline. She was interested in the Respiratory Care Program offered. “But I was not confident about my understanding of the language and did not have the prerequisites to get into the program,” Sanne said. She decided to meet with Nicki Bly, the department coordinator, to get some help in figuring out what she was going to do. It was at this meeting that she was introduced to the Polysomnographic Technology Program. Sanne said Bly recommended the program because it might help her to build confidence. Bly believed she would be able to build on her own experience, and be able to gain an understanding of the medical field in the U.S. “There is a lot to discover in this field and it is a young career,” Sanne said. “The studies are so much harder than when I was in school the first time,” she said. There is so much more to study and learn at one time, she said. “She works very hard at succeeding in the program. She spends countless hours studying,” Bly said.



Errssini Sanne

Sanne credits Debra Lumpkin, program director and director of Clinical Education, for helping her when she wasn’t sure of something. “She immediately knew what it was I needed to know, and helped me to understand. They [Lumpkin and Bly] have helped me every time I have come to them.” “They are all extremely knowledgeable in their field.” “The studies are so much harder than when I was in school the first time,” she said. There is so much more to study and learn at one time, she said. “She works very hard at succeeding in the program. She spends countless hours studying,” Bly said.

Her positive way of approaching everything has rubbed off on her classmates, she said. “She encourages classmates and cheers their success.” She tackles each new skill, whether simple or difficult, with a can-do attitude, Bly said. It is this quality coupled with her dedication to succeed that has enabled Sanne to traverse a variety of new experiences. As a result, Sanne feels ready to enter the workforce as a polysomnographic technician, Sanne said. In fact, she has already started filling out applications. Currently, she is working in the deli at Safeway and has a part-time job at night as a polysomnographic technician, all the while attending classes at Highline and caring for her son. She hopes to accept a position soon and plans on quitting her job at Safeway once she has full-time employment. Sanne is also debating whether to continue her education once she is down to one job. “I like polysomnography, but my heart is in respiratory care.” Sanne, for now, has decided to cross that bridge when she comes to it, she said. “I really just want to be able to help other people and Highline has helped me be able to do that.” Sanne said she loves Highline and can’t think of any one complaint about her experience while here - except the parking.



Fast break

Fernandez leaves home, but doesn't forget his ball

By **CHRIS WELLS**

Four years ago, Julian Fernandez won the lottery, and it's still paying off for him.

A native of Cuba, Fernandez came to the United States four years ago at the age of 16, by way of the Diversity Visa Lottery. He said the hardest part was leaving his loved ones behind.

"I got here via the Diversity Visa Lottery with my mom and sister," Fernandez said. "It was very difficult because I had to leave behind almost all my family and friends.

"It was something that took me some time to get accustomed to, but at the end, I knew that I was making the right decision as far as my future and my family is concerned."

The Diversity Visa Lottery is a program established by the United States to grant 50,000 immigrants citizenship annually.

According to the U.S. Department of State and the Bureau of Consular Affairs, in 2010, out of the 13.6 million people from around the world who applied, only 298 of the 50,000 applicants were selected from Cuba, which leaves a 0.0022 percent chance of getting selected.

Once Fernandez got to the United States, he said learning English was the toughest task.

"It took me a while to get accustomed to the culture, but I had great people around me that made the adjustment easier for me," he said. "As far

as learning English, I would say that it was, without a doubt, the hardest thing that I've had to overcome since I've been here. I had to struggle a lot before I was able to speak the language fluently. The first year was the hardest one for sure."

When Fernandez got to the United States, his family moved to Washington and lived in Enumclaw where he went to Enumclaw High School and played basketball. He said basketball has always been a big part of his life, here and in Cuba.

"Basketball is very important to me," Fernandez said. "I've always loved the game, even when I was little, playing back in Cuba, where at times we didn't have the necessary conditions.

"It's been a blessing for me to be able to play in the United States, where the best basketball in the world is played. That was always a dream of mine and I am glad I was able to do that and hopefully keep playing for a couple more years and possibly even more."

After his playing career with the Enumclaw Hornets, he was recruited by Highline Head Basketball Coach Ché Dawson to play basketball at the collegiate level for the T-Birds.

While playing at Highline, Fernandez became a key part of the team the past two seasons, averaging 4.79 points his freshman year and 9.65 points a game this past year while starting numerous games in both seasons.

Coach Dawson said which he attributes a lot of his success to his back-



Julian Fernandez

ground and personal life.

"Julian doesn't make excuses," Dawson said. "A lot of that is due to his national origin and appreciation for the freedoms that we have as Americans. He also has a great family. He just gets things done. It's about that simple.

"Combine that with the fact that he is endearing to those with whom he comes into contact and he has all the initiative and support he needs to be successful."

Fernandez said playing at Highline was a great experience and it helped him improve in a couple of ways.

"The experience of playing at Highline has been an unbelievable one," he said. "I enjoyed every moment of it, whether it was good or bad times. I was able to improve myself not only as a basketball player, but as a person as well.

"I have to thank my teammates, Coach Dawson and the coaching staff

for letting me have the opportunity to be part of this great program. I would like to think that I didn't let them down. They always trusted me, even when I wasn't as good as what they had hoped for. I enjoyed the journey that we had together as a team and that is really the most important thing."

With Highline behind him, Fernandez said he is planning on continuing his education next year, but is unsure of where he will be going to.

"I haven't decided where I am going to go to school next year, but I do have a few schools where I can go and keep playing basketball, as well as keep getting a higher education," Fernandez said. "I am thinking about pursuing a degree in civil engineering."

With two years now over, Coach Dawson said Fernandez is one of the best young men he has ever coached.

"He is one of the most remarkable young men I have ever had the joy of coaching," Dawson said. "His integrity, his work ethic, his unselfishness are all qualities that I admire. He will reach his potential and build great relationships along the way."

Even though it's usually the coach that teaches the player, Coach Dawson said it's the other way around with Fernandez.

"Julian keeps me going when coaching gets tough," Dawson said. "It helps me to focus on the positives rather than the negatives. Julian probably doesn't realize this, but he has taught me a lot more than I could ever teach him.



Weight of the world

Qiana Woods-Toure balances heavy schedule

By **BRIAN GROVE**

Soon-to-be Highline graduate Qiana Woods-Toure wants to spend her adult life how she spent her childhood - traveling.

Woods-Toure is an aspiring personal fitness trainer with a degree in personal fitness training and a certified medical and nurse’s assistant. She also has a certificate in travel.

“The reason I got that [travel certificate] is because I have this bright idea that I want to do fitness training on cruise ships at some point, something to make it fun and exciting,” she said.

Woods-Toure grew up in Portland, Ore. and Long Beach, Calif. with her parents and sister. She also spent a lot of time in Seattle, which is where her grandmother lived.

“We always went to the beach and did different stuff as were growing up. It was never like ‘OK we’re just sitting at home the whole summer,’” she said.

When Woods-Toure graduated from high school, she had planned on going straight through college. However, she said she didn’t have enough focus to complete her education the first time around. Now, as a student in her 30s, Woods-Toure said she is having a much better college experience the second time around and surprisingly doesn’t mind being older than most of her classmates.

“I really actually liked it,” she said. “Now, being an older student, my perspective is just so much broader. For one, I had to not work as much so I could go to school. My finances went down, so I’m here [Highline] and I do the best that I possibly can because I’m actually giving up something to be here, as opposed to coming out of high school and this is just what you’re supposed to do.”

Woods-Toure also said she felt as though she could also offer guidance to her younger classmates.

“I feel like I was a good role model to them and actually helped them along in some of the things that they were doing, so I enjoyed being an older student.”

Before Woods-Toure went back to college, she worked as a nurse’s assistant before and throughout her schooling.

“When I turned 21, I decided I was going to get a certificate in certified nursing assistance,” she said. “So I’ve done that for the last 12 years now.”

She started off in nursing homes and after getting her certification, she moved on to start working at hospitals. She now works at Seattle Children’s Hospital, Group Health and travels around to different hospitals where she is needed. Despite being involved in health care and now personal fitness training, Woods-Tour said she hasn’t always been fit.

“In 2005 I had gained a bunch of weight. So I decided I wanted to lose the weight and I worked myself out really hard over six months to lose weight and get really fit.”

Woods-Toure said she was inspired to help other women lose weight too.

“Obesity is an epidemic, 35 percent of adults are overweight or obese. So I really want to spend time on that side of health care,” she said.

Another reason Woods-Toure wanted to go back to school was for her kids.

“Although I do have a career already, I wanted my kids to know that college is the way to go. I never wanted to be one of those moms that tell you to do something that I didn’t do. I wanted to go before they got to that age and now they’re excited to go to college because they see that mom did it and mom got

good grades. ‘If mom got good grades, and if she can do that and work and take care of us’ and all the things you have to do as a mom, then they can do it.”

Woods-Toure’s daughter will be attending college in New York this fall after she graduates from Foss high school this year.

She attributed her success at Highline to the personal fitness training program itself and her adviser, Josh Baker.

“The personal fitness training program here is exceptional. It’s the only degree personal training program in the area, and I got a job right away, before I even finished with my degree,” she said.

“Josh Baker was really supportive and helped us with anything that we needed.”

Also with a little bit of self motivation, sacrifice and drive, Woods-Toure was able to make the most out of her time at Highline.

“I’m not going to not get the money that I’m used to getting and then go to class and get Ds or Cs.”

Managing her time was something Woods-Toure said she got better at her second time through school.

“I am not a person that can do homework at night, I’m a morning person.

There were times when I would take 18 credits, so I was at school all day long. When I get home I need to take care of my kids and I have other stuff to do. I would have to get up at 3 or 4 a.m. to actually do my home work and write an essay or whatever and because I was going to school all day and I work nights.”

Woods-Toure advises younger students to go to school while they are still young.

“Do it now, get it done. Don’t wait until you’re older if you can help it,” she said. “Just be focused. I know that when you’re around your peers it’s hard to not want to go to the party or not want to do other things that they’re doing to study. But get it done while you can because if you wait, you might not do it.”

Because of her love of traveling, Woods plans to move to Miami while she works as a personal fitness trainer on cruise ships.

“Miami is one of my favorite places and when I start doing the cruise ship work I’m going to move out that way so I can be in the sun. I feel like you have to love what you do. I’ve been a CNA [nurses assistant] and medical assistant all these years and I actually love what I do. You have to want to get up and go to work every day. So on a cruise ship, I know that if I’m meeting all different types of people and traveling, going to different places, I’ll enjoy it.”

Woods-Toure has plans to still further her education and “aim to be an orthopedic physician’s assistant, just because I kind of know a lot about it and it interests me.”

“But I know I’m not ready for that right now. I know that I need to take that time off to just travel and have fun and do my thing and then when I’m ready to settle down again, that’s what I want to do.”



Qiana Woods-Toure



Fisch stories

Student travels the world, making a stop at Highline

By LIVIU BIRD

Susanne Fisch ended up at Highline for a reason that surprises nobody who knows her.

“I actually was looking at South Seattle [Community College] and the only reason I enrolled here was because I liked the web site and it answered all of my questions, and people were replying in a timely manner,” she said.

This kind of organization typifies Fisch’s work habits to those she has interacted with.

“A lot of people have told me, ‘You’re so German,’” she said. “And I’ve always wondered, what does that mean? I don’t understand.

“But then one day, when I was preparing for the next quarter, I looked at my planner and I saw that I actually tagged everything and it had color codes and it was just ridiculous how organized everything was.”

Fisch, 26, was born in Frankfurt, Germany and raised in a small village just outside the big city. She has been at Highline since Spring Quarter 2009 and will graduate in August with an associate of applied science in hotel and hospitality management, with a 3.99 GPA.

She graduated from high school and

went into a school in Wiesbaden, about 25 miles from Frankfurt, to learn the hotel and hospitality trade.

“I went and started [a kind of] apprenticeship for hospitality specialists, [which results in being] certified by the chamber of commerce in Germany,” she said.

Fisch graduated after two years and got a full-time job at a hotel, working as a reservation sales agent for one year. But her education was far from over.

After spending one and a half years in Grand Rapids, Mich., she applied to Highline.

“I looked for schools in Seattle because I kind of wanted a change,” she said.

It may seem strange for a German to end up first in Michigan, then in Seattle, but travelling and moving is nothing new for Fisch.

“I’ve been travelling all my life, and so I’ve seen a lot of countries, and I just love changing my location, so the more I can see, the more exciting it is,” she said.

She has an extensive travel resume, including stops all over Europe, the Dominican Republic, Hawaii, South Africa, Egypt, Turkey, Indonesia, Malaysia and Australia.



Susanne Fisch

“I’ve seen a lot. Every place has their benefits and their drawbacks, but I like warm places. Preferably with beaches and palm trees,” she said.

Seattle isn’t exactly a place that elicits images of surfers riding waves and the sun setting over a sandy beach, but, Fisch said, “It’s not as cold as Michigan.”

She will be returning to Europe next year, enrolling in the DCT University Center on the shores of Lake Lucerne, Switzerland.

Her time at Highline has been a busy one, but it “really was a happy time,” Fisch said.

Fisch works as an event planning consultant in Student Programs and was

nominated for an Outstanding Contribution Award for her efforts.

For her work in the classroom, she won the Hospitality Student of the Year Award.

“When you think about it, it’s been a great year,” she said. “I should play the lottery.”

Fisch described her time in Student Programs as time-consuming but fun, and said it definitely enhanced her Highline experience.

“I would not have been so successful with my time at Highline and I would not have been able to graduate after one year and three months if I would not have been involved,” she said.

After she finishes school, Fisch is prepared to make her way into the workforce.

“I just want to start working [after I graduate], probably in a managerial position. I already have a lot of work experience, and after graduating, I just want to make up for the money that I spent for education,” she said.

But first, she has one more year at DCT in Switzerland to earn her bachelor’s degree.

Then she could end up anywhere.

“I want to go everywhere that I haven’t been,” she said.

Strengthen your physique and your inner self

By **SARA ROSARIO**
Staff Reporter

Yoga is not just an exercise, Practitioners say

Yoga is an entire system based on breathing, meditation and exercise.

“Yoga is not just physical,” said Ronald Jorgensen, yoga instructor and Highline tai chi instructor.

Yoga translated means to yoke or bind together. The meaning of yoga refers to the joining of the body and mind that occurs when someone regularly practices yoga.

“The primary aim of yoga is to restore the mind to simplicity and peace and to free it from confusion and distress,” said Jennifer Fish, vajrayana tantric yoga instructor for Highline.

“You can’t do anything in yoga without peace,” said Jorgensen.

“This sense of calm comes from the practice of yogic asanas (postures), pranayama (breathing exercises) and meditation (outward-and inward-centering practices),” Fish said.

The exercises that are most often associated with yoga are meant to increase the productivity and total health of the body by applying pressure to the glandular system during each posture.

In addition to physical techniques, breathing and meditation techniques are practiced to increase breath control and health efficiency in both the mind and body.

The Bhagavad Gita, written by the Yogi scholar Patanjali, states that there are several different branches in the yoga system, Fish said.

Each branch of the yoga system aims to benefit you in a different way, practitioners say.

The branches of the yoga system range from prananyama yoga, or the practice of breath, to hatha yoga, the practice of unifying the body and mind.

Of these branches of the yoga system, hatha yoga is the most widely practiced.

“The postures or asanas that [hatha] yoga students perform bring flexibility to the body, brings about blood and lymphatic circulation, rejuvenation of the nervous system, balances the metabolism and hormonal secretions, releases body wastes and toxins, tones muscles, tissues, ligaments and joints, [ensures] the bones in the body are placed in correct position and the disciplined practice of Yoga alleviates mental and emotional stress,” Fish said.

“Unlike other forms of exercise which strain the muscles and bones, Hatha yoga gently rejuvenates the body.

“By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life,” she said.

Although hatha yoga is a very popular form of yoga, Jorgensen believes it is just one small part of yoga.

“Hatha yoga is a smaller field; it’s a chapter, not a book,” Jorgensen said.



Sara Rosario/THUNDERWORD

Renee Vogel demonstrates the tree pose, a pose used in hatha yoga.

While every branch of the yoga system is important, according to Jorgensen, there is just one thing that is the main concern of yoga.

“Yoga’s main concern is not with the heart, body, or mind – it is with the soul because that’s the key to everything,” said Jor-

gensen.

“The soul, for example, is always in the state of bliss,” he said.

Jorgensen believes we all come in contact with our soul at one time or another.

“The goal is to live that way all the time.

“Living the ordinary life is like living in a black and white movie. Living with a soul is like living in Technicolor,” he said.

To start your yoga journey, you can attend Highline’s yoga classes for the 2010 Summer Quarter.

Classes will be on Mondays and Wednesdays 7:30 a.m.–8:50 a.m., 6 p.m.–7:20 p.m. and Tuesdays and Thursdays at noon–1:20 p.m.

Ronald Jorgensen’s yoga classes are offered Sundays in Enumclaw 7:30 p.m.–8:30 p.m., Wednesdays in Kent 6 a.m.–7 a.m., and Wednesdays in Olympia noon–1 p.m.

For more information about Ronald Jorgensen’s classes contact him at 360-825-3414 or by e-mail at ronald@foxinternet.net.

“I will teach new classes anywhere anyone wants me to. [Yoga] is my life,” Jorgensen said.

There are many other locations in the area that offer yoga, as well.

The Ascension Wellness Center & Healing Day Spa, located at 805 S. 219th St. in Des Moines, offers acupuncture, holistic medicine, and massage in addition to yoga. For more information you can contact them by calling 206-878-9355.

The Shangri-La Center, at 224 SW 153rd St, Suite 151 in Burien, offers holistic medicine and retreat houses in addition to yoga instruction. For more information about the Shangri-La Center call 206-852-8984.

Reduce your calorie intake, not your cash

By **DARIN SMITH**
Special to the Thunderword

It is tough eating healthy as a college student.

A busy schedule, easy access to junk food and limited cooking skills are all problems.

Add to that list the financial difficulties of getting through school and it is easy to see why many students end up making bad dietary choices.

Here are a few helpful tips that can help any busy, cash-strapped college student eat cheaper and healthier.

Pack a lunch. This saves you money and allows you to put some thought into your food choices instead of grabbing fast food or vending machine snacks on the go.

Drink more water. Water is cheap, calorie-free, fat-free and acts as an appetite suppressant.

Save money and the environment by using a filter and a reusable water bottle instead of buying bottled water.

Make your own snacks. Buy foods in bulk and get some resealable plastic bags to make small “snack-packs”.

Try to choose healthy snacks that satisfy a particular craving.

If you want something crunchy, put down the potato chips and grab some carrot sticks, celery, pretzels or popcorn (watch your sodium intake on the last two).

If you crave something sweet, avoid the candy and go for some grapes, raisins or apples slices.

Shop locally. Many students avoid buying fruit and vegetables because they are expensive and don’t last very long.



Smith

Look for healthy fruit and vegetables at your local farmer’s market or produce stands (there may even be one coming to campus soon).

This produce is often cheaper than the grocery store.

Shop smart. Avoid shopping on an empty stomach and make a grocery list ahead of time to prevent impulse purchases of junk food.

Freeze it. When cooking, double the recipe and freeze the extra portions for later in the week.

You can also buy food in bulk (e.g. meat) and freeze it for use later to save some money.

Lastly, consider buying frozen vegetables. They are just as nutritious as fresh produce and are usually cheaper.

More veggies/less meat. In meals where meat is the main ingredient (e.g., pastas, soups, stews, and casseroles) try cutting down on the meat and adding a variety of vegetables for a cheaper and healthier meal.

Make healthy substitutions in the kitchen. When baking, you can replace oil, butter or shortening with no-sugar-added apple sauce for a less fattening meal.

Other substitutions include using yogurt instead of sour cream, soy flour instead of eggs, low-fat ground turkey instead of ground beef, brown rice instead of white rice and skim instead of whole milk.

Use low-fat cooking methods. Grilling, broiling, roasting, steaming and baking are much better options than frying or sautéing.

Also, use vegetable cooking oils (olive, sesame, sunflower, soybean) instead of hydrogenated shortening or palm oils, which are full of trans and saturated fats.

Choose lean meats and poultry. Lean chicken and turkey are typically better (less fattening) choices than beef.

Whatever you choose, try to select the leanest cuts.

Fish is a very lean source of protein and supplies you with omega-3 fatty acids, which are great for your heart.

Choose healthy condiments and toppings. Sometimes the little things make a big difference. When choosing what to top your food with, go with healthier choices that still pack a lot of flavor.

Instead of fattening mayo or sugary ketchup, choose mustard.

Consider eating green, leafy salads with vegetables as opposed to iceberg lettuce covered in croutons, cheese, bacon bits and heavy dressing.

Eating healthier for less money doesn’t have to be difficult and doesn’t require drastic changes to accomplish.

By simply making some small changes to your eating habits and choosing a balanced, nutrient-dense diet with reasonable portions, you can easily improve your health while retaining your wealth.

Country farm freshness found in the heart of the city

By **KANDI CARLSON**
Staff Reporter

If you are looking for farm fresh fruits and vegetables, your search is over. Farmers markets have what you need.

They offer farm-fresh products, have great variety, reasonable prices, and support local farmers. All of this is at a location near you.

Both the Des Moines and Kent farmers markets are opening this Saturday, June 5.

The Des Moines Waterfront Farmers Market is now in its fifth season and hosts 30 vendors.

Among the stands of fresh fruits and vegetables, shoppers can also choose from fresh-baked goods, cut flowers and locally made craft items for sale.

To help keep you in a lively mood as you shop, the Salt Water Saints, Charlie Springs and J.D. Hobson will be playing in the month of June. Additional artists will be featured throughout the season.

The market is open from 10 a.m. to 2 p.m., every Saturday until Oct. 30.

It is located along the Des Moines waterfront at the inter-



Chris Wells/THUNDERWORD

The Burien Farmers Market sells a variety of vegetable starts that you can take home.

sections of South 227th Street and Dock Street.

Also making its debut appearance this weekend is the Kent Farmers Market.

Kent's market is located in the Town Square Plaza Park at the major intersections of 2nd Avenue and Smith Street.

Shoppers are welcome from 9 a.m. to 2 p.m., every Saturday

until Sept. 25.

For those of you living farther south, the Federal Way Farmers Market is already open for business.

Residents and visitors can easily find this market as it is held in the parking lot of the Commons Mall near Sears. The Commons are located at 1928 S. Commons.

It is easily accessible from both I-5 South and Pacific Highway South.

You can meet your shopping needs from 9 a.m. to 3 p.m., every Saturday through the end of October.

If Saturdays are not a good day for you, don't worry, there is still a market for you.

Burien Farmers Market is

open to the public during the weekday and has extended hours.

Visitors are welcome 11 a.m. to 6 p.m., every Thursday through Oct. 9.

Burien's market is located between Southwest 152nd Street and 10th Avenue South, right next door to the public library. Parking is available nearby.

If you are up for a little more travel time, head to West Seattle.

The West Seattle Farmers Market is open from 10 a.m. to 2 p.m., every Sunday and is open year round.

This market is located at the major intersections of California Avenue Southwest and Southwest Alaska Streets.

There is free parking available in the areas surrounding the market, and there are a variety of bus routes that travel directly to it.

None of these markets are limited to the sale of farm fresh produce.

All of them feature locally-made crafts, fresh cut flowers and live music.

No matter which market you choose to visit, you are bound to discover something new.

BBQ that will have your guests beggin' for more

By **KANDI CARLSON**
Staff Reporter

All you need to create the perfect barbecue chicken dinner is a couple of great recipes: one that is sweet and one that is spicy.

By having one of each, you pretty much guarantee that you will be able to satisfy all of your guests.

For the sweeter side of things, you can use this recipe for honey barbecue chicken. It has the added bonus of being quick and simple.

You will need:

- 6 skinless chicken breasts
- 12 tbsp. barbecue sauce
- 6 tablespoons honey
- 1/2 tsp. red pepper
- 1/2 tsp. pepper
- 1/2 tsp. garlic powder
- 1/2 tsp. chives

Begin by heating your grill to medium heat. While it is heating, you can prepare your sauce and chicken.

Making this sauce is easy. Simply combine the barbecue sauce, honey, red pepper, garlic powder, and chives in a medium-sized bowl. Stir all ingredients thoroughly and set aside.

This would be a good time to check on the barbecue to make sure it is heating properly.

Now you can start preparing your chicken breasts.

First, find a pot that is large



Serve your spicy chicken breast with extra sauce for dipping.

enough to hold all the meat and be covered with water, without boiling over.

Next, add your chicken breasts to the pot and place over medium-high heat. This method of cooking is referred to as parboiling.

This is a trick to ensure that your meat is cooked on the inside and it reduces cooking time. Doing this will not change the flavor of your chicken.

Keep an eye on the pot because your timer starts as soon as the water begins to boil.

Once the water does begin to boil, set your timer for three minutes.

As soon as the timer goes off,

remove the pot from the heat and carefully place the chicken breasts in a pan to transport to your barbecue.

Be sure to check the temperature of your barbecue before placing the meat on the grill.

If the temperature is right, arrange the chicken breasts on the grill so that none of the pieces are touching one another.

It is now time for the sauce you set aside.

Using a basting brush, generously baste each chicken breast. Feel free to baste with as much sauce as you like.

After four to five minutes it will be time to turn the chicken breast. Be sure to baste the oth-

er side once it is turned over.

Once another four to five minutes has passed you can check to see if the meat is cooked through.

Find the largest chicken breast and cut into the center. If the juices run clear or if the meat is white all the way through, it is done.

Serve with your favorite salad or fresh vegetables.

Prep time: 10 minutes

Cook time: 13 minutes

Servings: 6

Now that you have the sweet, you need a little heat.

Spicy marinated chicken breast is both flavorful and quick.

You will need:

- 4 skinless chicken breasts
- 1/4 cup spicy mustard
- 2 tbsp. lemon juice
- 2 tsp. Worcestershire sauce
- 1/2 tsp. tarragon
- 1/4 tsp. black pepper

Begin by heating your grill to medium heat. While it is heating, you can prepare the marinade and chicken.

To make the marinade, gather all your ingredients and a large bowl.

In the bowl, combine all ingredients except the chicken breasts. Stir well and set aside for the moment.

Now pour the marinade into a glass dish that is large enough to hold all of your chicken.

Next, add your chicken breasts to the dish and roll each one in the marinade. Be sure to coat every side.

After you have coated the meat thoroughly, cover the dish with plastic wrap and place it in the refrigerator for at least 15 minutes.

The more time the chicken breasts spend marinating, the stronger the flavor will be. This step is adjustable depending on your taste.

Once the chicken has marinated, you can place it on the grill over low to medium heat for 15 minutes.

Do yourself a favor and do not walk away.

In seven minutes, it will be time to turn the chicken. You can't come back from overcooked chicken.

After another eight minutes, find the largest chicken breast and make a small cut in the center. If the juices run clear or it is white all the way through, it is done.

Serve and enjoy with your favorite vegetables.

Prep time: 20 minutes

Cook time: 15 minutes

Servings: 4

Both of these recipes will impress your guests and have them thinking you slaved all day.

In addition, both make great leftovers. Simply shred the chicken and add mayonnaise.

New coffee shop aims for neighborhood feel

By **MAX DUBBELDAM**
Staff Reporter

The new owners of Marine View Espresso say they try to blend their coffee shops with a strong sense of community.

Marine View Espresso has reopened in downtown Des Moines, replacing a series of restaurants that have occupied the same spot for at least 15 years. The last one, a sandwich shop called The Reuben, closed in late 2009.

Now a group of new owners has resurrected the business, returning to an earlier name and continuing on as a specialty sandwich and coffee shop on the corner of Marine View Drive and South 219th Street.

A cup of coffee is more than just a beverage to a lot of people, especially in the greater Seattle area.

People expect a warm ambiance, friendly baristas, and of course, good coffee.

The new owners aren't new to the coffee business. Marine View Espresso is the fourth store they have opened in the last 10 years.

They also run Bubbles in West Seattle, Richmond Beach Coffee Company in Richmond Beach and the Jewel Box Café in Northgate.

"We've been in the industry for about 10 years; the Alki store [Bubbles] is our first store. We've been doing so well that we've been able to go to other neighborhoods and do what we do," said Loreen Huynh, one of the owners of Marine View Espresso.

Huynh said she's already seeing more people coming through the door and she is getting a lot of repeat customers. She added that Des Moines is a close-knit community and word of mouth will be their best way of advertising.

"It's one of those things that you go into a neighborhood, and you kind of do what we do, it creates a great atmosphere for people who don't know each other to get to know each other," Huynh said.

Marine View Espresso has a warm atmosphere that can be felt the moment a customer walks in the door. The wine-colored walls blend well with the dark wood of the fireplace. An arrangement of booths, tables and a lounge area invite



Max Dubbeldam/THUNDERWORD

Marine View Espresso barista Lindsay Gustafson is also a current student at Highline.

the customer to sit down without giving the feeling that it is crowded. The coffee shop also has a terrace right outside for summer.

The menu contains Zoka Coffee brewed by the cup, bubble tea, sweet as well as savory crepes, deli sandwiches, grilled panini sandwiches, and pastries from the Central Baking Company delivered every day.

The coffee shop also offers free Wi-Fi and Huynh said it is the perfect place for students to come together to study or just to unwind.

"What I think is great for the students of Highline Community College is that we can totally offer a place for the students to gather for study groups and bring their laptops since there's free Wi-Fi and we have individual booths that

give privacy," Huynh said.

Huynh and her business partners opened their first coffee shop because

they were bored and tired of their regular work. "We wanted to do something fun. So we thought, 'We're pretty social folk, we love coffee and bubble tea,' so we kind of thought of what we like the most, and perfected it, and we love to share it with everybody," Huynh said.

Huynh said she enjoyed working with the City of Des Moines and setting up the shop has been a very positive experience.

"It's gonna be a fun place for everybody in general, so it's been good," Huynh said.

Marine View Espresso is located at 21904 Marine View Drive S. in Des Moines and they are open weekdays from 6 a.m. to 6 p.m. and on weekends from 8 a.m. to 6 p.m.

If you want to con-

tact them, you can go to www.MarineViewEspresso.net or call them at 206-249-8543.



Max Dubbeldam/THUNDERWORD

Two customers play a game of checkers while enjoying their lunch.

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Home-schooled kids face transitions in college

By **ALISA GRAMANN**
Staff Reporter

Home-schooled students attending Highline say they have many adjustments to make.

These adjustments range from dealing with teachers to being in a classroom to solid due dates — things that most home-schooled students have never had to deal with.

There are many different ways someone can be home-schooled. They can use book curriculums, video curriculums or a mixture of both; they can teach themselves, or be taught by someone else, usually a parent. Also, they can learn on their own, or find a co-op (cooperative), which allows students to learn in a group setting.

Home-schooling styles are often engineered to fit the learning style of the student, a fact that contrasts starkly to college. Home-schooling styles can be using a hands-on style, learning on their own, or being taught by parents.

When a home-schooled student comes to college, they often get stereotyped as quiet, socially awkward, excessively



Brooks Allen

talkative, or just plain weird.

However, home-schooled students say they are just normal students who have had a different schooling experience, until they get to college.

Reilly Hannigan, a Running Start, home-schooled Highline student, said, “[College] was a bit of a different culture.”

She said behaviors like texting or sleeping in class go unpunished in some classrooms. She also said she could no longer take a five minute break in a class to clear her mind.

“You can’t just get up and walk around during class,” Hannigan said.

Many home-schooled students have to adjust to solid due

dates. Hannigan said she had to get used to not being able to go and ask her mother for more time to work on an assignment.

Ashley Matsumoto, a former Highline student who now attends the University of Washington, said it took some time to get used to specific times for due dates. When she was home-schooled she had all day to finish an assignment.

When home-schoolers transition to college, they can feel unsure about their abilities.

“When I was home-schooled I got good grades,” Matsumoto said. But upon starting college classes, she was afraid that maybe she just had easy textbooks. She was afraid that her good grades weren’t as good as she thought.

When Brooks Allen started at Highline, his public school experience consisted of playing sports at Highline High School.

He was nervous about a few things when he came to Highline.

“[I wondered] if I would make any friends,” Allen said. He also wondered how difficult the work would be.

Many home-schooled stu-

dents worry about making friends, but in every classroom there are friendly people who, if nothing else, are friends for a quarter.

One thing some home-schoolers find difficult to adjust to is being in a traditional classroom.

Hannigan attended a private elementary school, so she had some experience.

“I already knew how to be in a classroom,” she said.

Another adjustment is having different teachers for different subjects. In some cases, attending college means adjusting to having teachers, period.

When Ashley Matsumoto came to Highline as a Running Start student, she said she was scared of teachers. She had attended a public kindergarten, but she said the teacher she had seemed to hate children.

“[It’s] kind of what made my mom choose to home-school,” she said.

In addition to her fear of teachers, Matsumoto worried that she would not be able to keep up in her classes and she was afraid that she would not be able to take adequate notes. As

her time at Highline progressed, Matsumoto realized that her home-schooling background had taught her how to work on her own.

Upon beginning to take college classes, home-school students get introduced to stress—something many of them have not had to experience much.

Matsumoto’s time at Highline helped to prepare her for the UW, but there were still some new adjustments she had to make.

“The biggest thing to get used to was not having just one teacher in a class,” Matsumoto said.

At the UW, there is sometimes a teacher and a teaching assistant, each of whom has their own style and technique when it comes to explaining the material.

Additionally, instead of the typical 30-student classes at Highline, some classes at the UW are more around the size of 250 students.

Matsumoto said that it takes more effort to get to know the teacher, but her time at Highline taught her just how important it is to know your teachers.

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Old bridge gets multi-million dollar facelift

By **DANIEL HOWELL**
Staff Reporter

A planned renovation of a local bridge will soon disrupt traffic flow on 16th Avenue South.

The North Twin Bridge, a section of 16th Avenue that spans McSorley Creek between 250th and 251st streets, will undergo a lengthy makeover that will require both partial and full closures.

Des Moines Assistant Public Works Director Dan Brewer said the construction will begin sometime in mid-June.

"The contractor is still working on their construction schedule, so the exact dates of the road closures are not known at this time," Brewer said.

"However, the bridge will be closed to southbound traffic for the majority of the construction project, and there will be a full closure of the bridge beginning in late June or July that will last up to six weeks."

The city of Des Moines website states that southbound traffic will be detoured to either Pacific Highway South or Marine View Drive.



Cody Warf/THUNDERWORD

The North Twin Bridge will undergo construction from mid-June into July.

The project, with an estimated cost of \$3.5 million, is being done to modernize and reinforce the 59-year-old bridge.

"The bridge is being seismically retrofitted by installing drilled shafts at each end of the structure, and securing the superstructure to these deep

shafts," Brewer said.

Other changes being made include: a widening of the sidewalk, installation of new railings and guardrails, and strengthening the footing on the south end of the bridge.

The need for these improvements came about after a federal

and state required inspection of the bridge in 2006.

In 2008, when the city was designing the improvements, it discovered that a portion of the bridge's footing had been undermined.

They also found a cavity under the west support column.

The city closed the bridge on March 27, 2008 to temporarily fix the problem.

For those dealing with the inconvenience, the renovation will provide a more permanent solution.

Construction will be carried out by the C. A. Carey Corporation. The company was awarded the contract by the city on May 27.

"They were the lowest responsive and responsible bidder for the project," Brewer said.

A majority of the estimated \$3.5 million dollars for this project is being provided by a grant from the Washington Department of Transportation, with the remainder being paid for by the cities' Transportation Capital Fund.

The project will take some time to complete.

"The contractor will have 150 working days to complete the project, we will know more once the contractor submits the schedule, but at this point we anticipate that construction activities will be suspended over the winter, and then finalized by mid-spring 2011," Brewer said.

ABE offers opportunities for students of different cultures

By **ALISA GRAMANN**
Staff Reporter

Three pre-college programs are working together to help people return to school and find their careers.

Highline's Adult Basic Education (ABE) program reaches out to people with a need to improve their skills in reading, writing and math. ABE students are either working toward a General Educational Development (GED) certificate, or they are pairing these basic studies with English as a Second Language (ESL).

Approximately one third of Highline's enrollment are ABE students, or about 6,000 people. ESL students make up about 90 percent of ABE students on Highline's campus.

Of the 6,000 ABE students, currently between 300 and 400 of them pursue college degrees, but that number is climbing.

"The bulk of what we do is offer ESL [classes]," said Stephen Washburn the ABE director.

He said there is a big need for ESL classes, which is why the ABE and ESL staff work hard to provide a large variety of classes.

One of the obstacles they face is finding the most efficient way to use the resources that they have.

Because the students don't



Stephen Washburn

pay tuition —instead, they have a \$25 fee that can be waived—funding is a constant obstacle. The ABE program applies for, and receives, many grants to help with the cost.

ABE students come from different countries—110 different languages are spoken in the ABE program—and the English fluency varies from student to student. Many of the students are Latino, Somali, Iraqi, or Korean.

"Many of our students come from backgrounds with college degrees," Washburn said. Students can be doctors, nurses, engineers, or teachers.

When they come to the United States, they have to learn how to apply their knowledge in English.

The Integrated Basic Edu-

cation Skills Training program (I-BEST) is inextricably linked with ABE and ESL. I-BEST classes have two teachers—one who teaches and one ABE teacher that is there for support. The lessons are co-planned and classroom time between the teachers overlaps.

The I-BEST program offers courses in the business, health care, and education fields.

The business field offers Accounting Assistant I and II, Customer Service and Introduction to Business Technology (B-TECH) courses.

Phlebotomy and nursing assistant are the two professions offered in healthcare.

In the education field, students can receive training in early childhood education, Washburn said.

"[It's difficult] offering enough classes [and] having enough diversity," said Sue Ackley, the transition referral and resource center coordinator. There are many different career areas that I-BEST doesn't offer courses in.

"We advise them into a larger program if they want to go into a larger program," Ackley said. The number of students who go on to take college credit courses and pursue their chosen careers is increasing.

In the last three years, the percent of students who completed I-BEST programs and

pursued a career in that profession, increased from 7 to 21 percent.

"Students are using I-BEST as a pathway into more education," Ackley said.

I-BEST allows ABE and ESL students to make the transition

from non-credit courses to credit courses.

For more information on I-BEST, contact Sue Ackley at 206-878-3710 ext. 3307.

For more information on ABE contact Stephen Washburn at 206-878-3710 ext. 3627.



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The Thunderword / June 3, 2010

Student drives to succeed in and out of school

By **JON BAKER**
Staff Reporter

Wassan Singh came to Highline with a strong background in science and a desire to succeed.

"When I came to Highline, my ultimate goal was to become a nurse practitioner and the first step is a bachelor's of science degree in nursing," Singh said.

Through meeting with his adviser, Heather Brett, Singh developed a road map to his future.

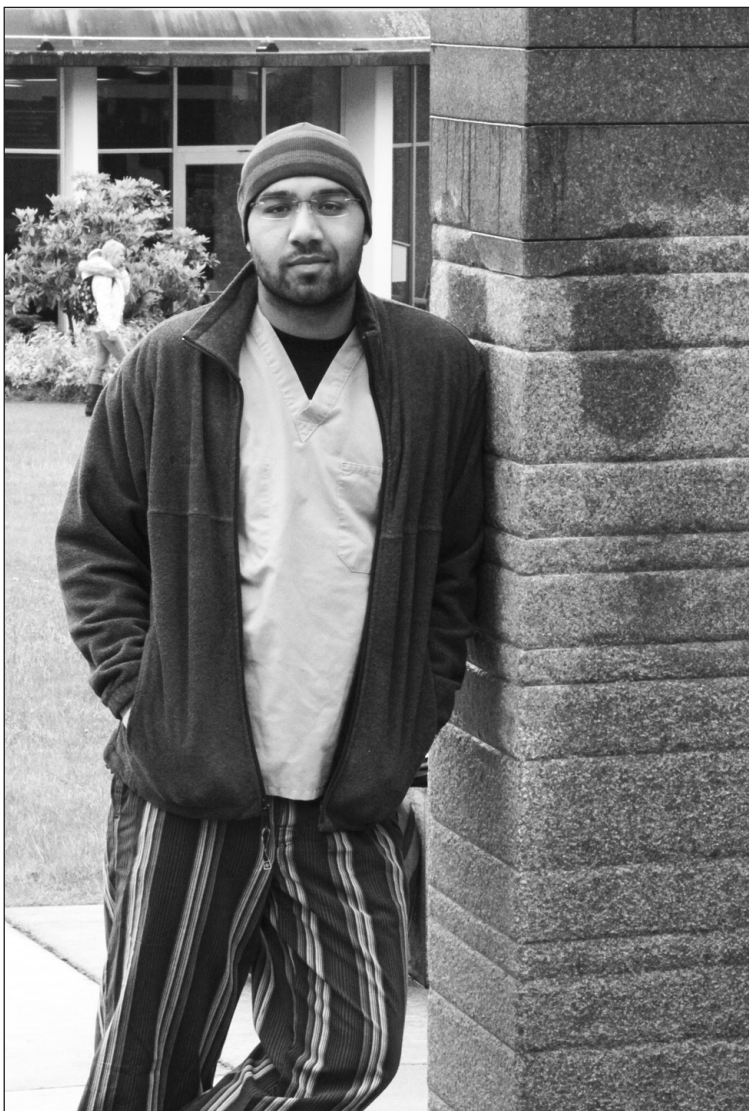
"The first thing I told her was I want to get a bachelor of science in Nursing and that UW was my goal. UW is the number one nursing school in the nation," Singh said. "I had a very strong science background, so she suggested getting into the Polysomnography program at Highline, get that under my belt and then take nursing classes."

After spending two years studying, Singh graduated in 2008 with an associate of arts degree in polysomnography and was on his way to nursing.

"After that I quickly jumped into the nursing curriculum and now I'm graduating with a degree in pre-nursing as an Honors Scholar," Singh said.

Despite his determination to succeed and be a great scholar, life hasn't always been without its challenges for Singh.

"I came from India in 1996," Singh said. "My whole family came from India because of



Cody Warf/THUNDERWORD

Wassan Singh will soon have two degrees from Highline and will move on to the UW.

the circumstances there. There wasn't a bright future there for us."

Due to the violence and human rights violations that were everywhere around his family,

and make a life for yourself, which is why we came to the United States."

After graduating from Thomas Jefferson High School in 1996, Singh went straight into the workforce.

"Two of my uncles had their own gas stations and corner stores, so I worked for them as a manager at a Chevron and a store clerk at Arco," Singh said.

Singh still remains a hard worker while attending school today.

"I have two jobs right now. One, I am a polysomnography tech at Auburn Regional Medical Center, which I got after graduating from Highline. The other job I have is I am a taxi driver at the airport on the weekends."

Studying medicine has always been a family affair for the Singh family and he owes it to them for his new career path.

Singh's career choice "was mostly to my older sister's influence. She was always fascinated by medicine and nursing and she herself is an RN in California. I owe it a lot to her. She always taught me the values in nursing and it's always in high demand.

"My initial interest when I took science classes here at Highline was the cardiology part of a curriculum. I got interested so I want to get into that field as a Nurse Practitioner specializing in cardiology."

Singh will graduate with many awards and scholarships from Highline. He is an All-Washington academic scholar, All-USA academic team member, Phi Theta Kappa International Society member and received a 2010 Highline Student award.

Singh's scholarships include a Highline Foundation Scholarship, the Winter Academic Achievement Award scholarship and the University of Washington Alumnae Board Scholarship.

Singh is proud of graduating as an Honors Scholar. "I have never heard of the honors program at Green River or any other community colleges, so that has been a tremendous help to me and opened many doors for me."

Singh said that he will always look back on his time spent at Highline as a place that shaped him and who he will become.

"The years that I have spent at Highline have turned me into a person that is even more motivated and determined. It has showed me a lot of techniques on how to view life itself," Singh said.

"Life is not all about books. Life is not all about self. Being at Highline I have learned through many courses and instructors how to look outside of the box. Now I have a different view on life than when I started."

E-mail pings across Highline campus

By **JOSH BECKER**
Staff Reporter

Highline students will no longer have Angel e-mails sent to alternative e-mail accounts.

Starting June 15, all e-mails will be transmitted via Highline e-mail accounts.

In addition, e-mail will become the primary method of communication between students and the rest of the campus.

This communication will exclusively be done through Highline student e-mail accounts.

Each student will be added to the campus e-mail database once they activate their Highline account.

If you have not activated your e-mail, contact Instructional Computing for assistance.

"While the initial delivery will be to the Highline address, students have the ability to forward [Angel e-mails] out to their existing address if they so choose," said Tim Wrye, the Highline instructional comput-



Tim Wrye

ing administrator.

Students can do this by accessing their Highline accounts and going to "settings."

Then, they can go to "forwarding" and enter the e-mail address they want their mail to be forwarded to.

Highline administrators say that, by having all communications sent to one place, it will save money on administration, mailing, and paper costs.

Women doctors face hardships

By **NEELI ABBSI**
Staff Reporter

Women in the medical profession face challenges.

Dr. Dawson is a surgeon and the author of *Forged by The Night*. She has overcome many obstacles trying to make it in the medical field and is now one of the top four surgeons at Swedish hospital.

"Working in this industry, men have it easier than women and I experienced that firsthand," said Dr. Dawson.

Dr. Dawson graduated from New Jersey Medical School and holds a master's degree in organizational development, a certificate in Gestalt therapy and a Ph.D. in human and organizational systems. Her clinical interests now are mostly breast cancer and sentinel lymph node biopsies.

Dr. Dawson said she didn't have it easy pursuing her dream she actually changed her major a couple times until she realized that being a surgeon was what she really wanted.

"I felt complete doing my first surgery and knew this was



Dr. Dawson

what I was meant to do," Dr. Dawson said.

Dr. Dawson went into medicine having an open mind believing that it was okay to be a female doctor.

Growing up, Dawson's father was a doctor.

Dawson discovered that women doctors faced extra challenges. Having to listen to patients ask for male doctors, or even having to always warn people that she was a female doctor before setting up appointments and surgeries, really showed Dr. Dawson how hard it was for a female doctor.

"Most women who go into

this industry because of their role models," said Dr. Dawson.

Seeing that the medical field is attracting more female doctors, Dr. Dawson ran a survey and interviewed six women and tried to see what their experiences were in the medical field, and what they have in common.

She noticed that many of these women were still dealing with the respect issue Dr. Dawson dealt with and that this industry is still much harder for females than males.

"It is very different for a female surgeon than for a male but very much more different for a black female surgeon," said Dr. Dawson.

Dr. Dawson also wanted to let people know that the medical industry still has a lack of awareness in cultural competence's. People in the medical profession should reflect the patients they serve, she said.

"We need diverse physicians to help get more patients and be able to help more people," said Dr. Dawson.

Having such diversity adds to the quality of care for patients and physicians alike.

Contingency fund healthy, some programs not so

By **BRIAN GROVE**
Staff Reporter

Increased enrollment has meant more money for the S&A Budget. Budget managers are trying to keep expenditures low, knowing the high enrollment won't last forever. That frugality has left some programs managers frustrated.

With more students going back to school, more money has been made available to the Services and Activities budget which funds all of the extracurricular clubs and co-curricular activities that take place on campus. From the Blend, to new student orientation, to women's basketball, it is all funded by the S&A.

This year's S&A Budget is \$2,068,405.

Major budget categories include Student Programs, \$170,359; Clubs & Organizations, \$32,010; Drama, \$44,930; International Student Programming, \$36,670; Tutoring/Work Grant, \$35,000; the Thunderword, \$41,992; Athletics, \$204,795 and the Inter-Cultural Center, \$34,514.

One portion of the S&A Budget which has been under scrutiny is the amount of money allocated each year to the contingency fund. Each year, the contingency fund must be

at least 5 percent of last year's S&A revenue. However, both last and this year's S&A Budgets have had close to twice as much money placed in the contingency fund, approximately \$200,000 out of the roughly \$2 million S&A Budget.

Athletics, one of the S&A programs which was denied additional funding this year and will have to request money from the contingency fund.

"We have never gone to contingency for operating dollars and we will have to now," said Highline Athletic Director John Dunn.

Dunn was denied additional funding for athletics because the S&A Budget Committee believed he was vague with his request.

Although Athletics received only 97 percent of the funding it requested, Associate Dean of Student Programs and Ex-Officio member of the S&A Budget Committee, Jonathan Brown said, "the budget requests that came in from athletics last year had a request for funding to replace budget cuts that happened last year. And Athletic Director John Dunn requested a 6 percent increase of all of the budgets that came through. Basically, he asked that the budgets be returned to their previous rates or to the pre-cut rate. And

so the budget's for those were actually reset at the previous year's allocation, not last year's allocation."

"The S&A committee felt like that's really what he was asking for, to have his budgets returned to the rate before a 3 percent cut. When he mentioned the 6.5 percent cut, that also calculated in the college's decision to remove track. So when he said the athletic program was cut 6.5 percent he calculated in a program the college didn't have any more. So the S&A Budget Committee said, 'We understand getting back to the pre-cut levels, 3 percent, but how do you justify that on a program line for the additional 3.5 percent?'"

Brown said that although a lot of money is in contingency now, it is good to run lean programs so that when enrollment drops, they will not have to cut the base budgets for programs.

"Enrollment's up and tuition is up and those are the two factors that really speak to our increases or decreases. And I have to tell you too, one of the reasons I've encouraged us to not match program growth to our revenue growth is because I think our revenue growth is temporary. We are having booming enrollment and booming tuition increases because of



Jonathan Brown

the economy and unemployment," he said.

The S&A fund is made up of roughly 10 percent of each full-time equivalent student's tuition. For example, if tuition is around \$1,000, then \$100 from each full-time student will go to the S&A per quarter.

The allocating of the S&A Budget spending is not done arbitrarily. It is decided upon by a group of seven students, two faculty/staff members, one student alternate and three ex-officio members who make up the S&A Budget Committee and vote on how the money will be spent.

The Ex-Officio roles do not vote, but act as advisers to guide the budgeting process. The other two Ex-Officio roles are taken by Vice President of Student Services Toni Castro and Lisa Peterson, campus budget director.

"Typically we start choosing a chair in fall quarter, but we try to have our committee chairs formed by January. In January or early February, we try and send out budget requests

to managers. While the budget requests are out, that's when we're training the members what to expect when they come out," Brown said. "We also do budget manager interviews and we collect all those materials and then we start going through them. We study those materials first, and then we deliberate on what we studied. Most of that work is done by voting members."

"Lisa Peterson sits in and helps us with our revenue estimate, but also advises us if we're trying to do budgeting," Brown said. "Tony Castro is on the committee because she works with the campus executive staff. There's an administrative review process, so she sits in S&A to shepherd once we turn this over for administrative review or review by the board of trustees, Tony helps facilitate that process and answers any front-line questions that might come regarding that."

The S&A Budget Committee has been generous with the contingency funds this year, approving 100 percent of all requests.

"And when there is economic recovery, I think we can expect enrollment to drop, suddenly. If we designate that \$212,000 [contingency fund] out to our different programs, they're going to get used to having that and then we'll have to cut people's base budgets, significantly. The whole idea of contingency is a reserve account that any of these programs can come in and ask for."

Ezeonu receives promotion

By **CODY WARF**
Staff Reporter

Rolita Ezeonu has been crowned dean of instruction transfer and pre-college education.

Ezeonu has worked at Highline for 10 years as a communication and speech skills instructor and has held the interim position since the summer of 2008.

She has a bachelor's degree in communication/public relations from Washington State University along with a master's degree in communications/intercultural communication and an Ed.D. in educational leadership from SU.

Ezeonu's new position looks at policies and sees how they affect every student at Highline.

The transfer part of her job title deals with any issues that have to do with student transfers and relates that information back to all of the faculty and staff.

The pre-college title covers any classes under the 100 level, which includes math, reading, English and communication studies.

She is continuing to look at



"I want to continue looking at and acting on the concept of diversity on campus and hiring or retaining faculty to benefit our already diverse student body"

— Rolita Ezeonu

transitioning students from pre-college to college to graduating and transferring.

"I stay real and true to students needs inside and outside of the classroom," Ezeonu said.

"In the administrative level you're above the rest of the college looking down and I want to bring students stories to these administrative meetings," Ezeonu said.

Ezeonu's day is spent mostly in meetings, which is a different pace than when she was teaching classes.

The meetings she attends are at the state and local level and also here at Highline.

Ezeonu said her goal is to keep access to Highline open and affordable for any students who are focused on getting a higher education.

"I get to influence change for the benefit of our students," Ezeonu said.

She advocates for students, staff, faculty and community members to build relationships to better the learning environment.

"I want to continue looking at and acting on the concept of diversity on campus and hiring or retaining faculty to benefit our already diverse student body," Ezeonu said.



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The Thunderword / June 3, 2010

Report card

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sponds to students' needs.

"Highline's most recent accreditation review was an interim evaluation in spring 2008.

"The evaluators commended the college for its responsiveness in proactively addressing the needs of its changing student population; collaborative, student-centered attitude and service record; and substantial and evident commitment to diversity and social justice," he said.

At the same time, "there were five recommendations around things we need to work on."

Those recommendations included making buildings more accessible for disabled students.

Marie Esch-Radtke of the Nursing Program agreed.

"We need better access for people with disabilities. The faculty buildings have no elevators," she said.

In addition, the review noted the school could use better planning and better assessment of the plans for all activities on campus.

Highline has also been told to develop a plan to evaluate all



Laura Manning

student services programs and to ensure "all applied degree and certificate programs of one year or more in length have a recognizable body of instruction in computation, human relations and communication," Wagnitz said.

One student service program that could use some evaluation is academic advising. Students gave advising the lowest score on the non-scientific survey, and many students commented on how bad it is while filling out the survey.

"Those people in Building 6 don't know anything," said a student who wished to remain anonymous. "One [adviser] told me to take two classes that I don't even need for my degree."

The lowest score faculty gave on the non-scientific sur-

vey was for class sizes, which have increased noticeably since the economic downturn.

"Class sizes will vary by discipline. Intro-level classes tend to draw a lot [of students]. But right now, classes are packed, [even] my classes that don't historically draw," Darryl Brice, sociology professor, said. "Both of my classes are full in summer already."

With the economic downturn came budget cuts from the Legislature, which didn't help matters.

"[Class sizes] have been getting less ideal as the state is funding education less and we are taking more students into fewer sections," Laura Manning said.

However, with introductory-level classes at large four-year schools, including the University of Washington, having hundreds of students packed into a lecture hall, Highline looks appealing in comparison.

"Considering how big classes are at universities, we've got it pretty good," said Physical Education Department Coordinator Tracy Brigham, who also teaches physical education.

Nonetheless, everybody at Highline feels the budget cuts.

"Budget problems because

of the state spending cutbacks mean we are trying to do more with less and this is causing a lot of stress at the college," Faculty Librarian Jack Harton said.

The largest and most commonly-spoken complaint from faculty members is the lack of preparedness students have for college-level work.

"A large number of our students are not prepared for college-level work, which puts a lot of pressure on them and on the instructors," Harton said.

"I have a lot of students who are simply not ready for college-level work," said a professor who wished to remain anonymous.

However, this may not necessarily be the students' fault, and this problem is definitely not exclusive to Highline, said another professor who wished



Tracy Brigham

to remain anonymous.

"We do a pretty good job for the first two years of college because that's what we specialize in," the professor said. "I think most of the professors care very much how their students do. I think we have reasonably high standards, and I think we're always trying to improve."

Ché Dawson, paralegal instructor and head men's basketball coach, had a different perspective on if students are prepared enough for college.

"I don't disagree with that. I don't know if that's a problem, or if it's what community colleges are here for. It's just a symptom of society's education system at lower levels.

"I don't know what we do about that. It would be a matter of philosophy on the role of community colleges that would dictate that," Dawson said.

Dawson went on to say he didn't think being less willing to accept students into the school would solve the problem.

"For a community college, the resources here are very plentiful," he said. "I always tell both our paralegal and basketball recruits that I've always been impressed with the dedication the faculty have to students."

Legislature

continued from page 1

To help students cope with rising costs, they increased financial aid by \$57 million. This year however, they cut funding to some aid programs, with total cuts amounting to \$17.2 million.

Funding for grades K-12 are protected by law from budget cuts.

"Next year the budget problem will be worse," said 33rd district State Rep. Dave Upthegrove, D-Des Moines. "Part of the reason the gap will be so big there is no more federal dollars."

"Our state must raise \$3 billion by next year to break even," said 34th district State Sen. Joe McDermott, D-Burien.

The state Legislature, unlike the federal legislative branch, is required by the state constitution to have a balanced budget. This means that it is illegal for the state to spend more money than it receives in revenue.

A way that one legislator believes the state can generate more funding for post-secondary education is through tax reform.

"We are working to close corporate tax loopholes," said State Rep. Tina Orwell, D-Des Moines.

"I worry about how many young students are in debt," she said.

Orwell believes that some



Rep. Dave Upthegrove

widely used programs are in jeopardy due to funding concerns and need to be protected.

"Running Start is vulnerable because high schools feel they are losing money and community colleges feel they are not getting enough," she said.

State Rep. of the 30th district, Mark Miloscia, D-Federal Way, thinks that sacrifices must be made by all. "We have to learn to be thrifty," he said. Miloscia pointed out that state costs are rising at over twice the rate of revenue growth.

"We are living in crises times right now," said Miloscia. He said that the legislators don't have all the answers, and asked for the help of students with coming up with solutions.

These problems are not exclusive to Washington, as the entire nation has been wallowing in a financial downturn. "We are better off than most states," said State Rep. Dave Upthegrove.

Amid the ongoing budget problems, legislators this year are up for election, giving vot-

ers the chance to choose who will get the opportunity to tackle the enormous challenge of meeting the needs of all citizens in a poor economy.

While local districts such as the 11th, 30th, 33rd and 34th are represented overwhelmingly by Democrats, a few races look to be competitive.

The deadline for filing for Washington state offices is June 11, but campaigning has already begun in races where there are already multiple announced candidates.

For the second State House position of the 34th district, four candidates have emerged to vie for the seat left open by Sharon Nelson, D-Maury Island, who is running for State Senate.

Joe Fitzgibbon, D-Burien, is the youngest candidate at 23 years of age.

"The campaign is going very well. I'm out there almost every day knocking on doors," he said.

Fitzgibbon wants to reform the tax structure to make tuition more affordable for students and believes he is the right person to represent the 34th district.

He served as a legislative aide to current State Rep. Nelson and has been endorsed by local unions such as the UFCW and the Aerospace Machinists, as well as the Washington State Labor Council.

Marcee Stone, also a Democrat, is running for the same position with the endorsement of the 34th District Democratic Party as well as several local la-

bor unions.

"I am excited to have the endorsement of the 34th district democrats. Fund-raising is going well and I am getting my message out," she said.

Stone also believes in tax reform. "We need to introduce a progressive income tax that is more fair," she said.

Stone says that she has been an activist for public campaign financing and has refused donations from political action committees. "The only special interest I have is the citizens."

Mike Heavey, D-Seattle, and Geoffrey McElroy, Independent-Seattle, are also running for the second seat but were not available for comment.

Sharon Nelson is currently running unopposed for the State Senate seat being vacated by Joe McDermott, D-Burien, who is running for King County Council.

Representatives of the 11th district currently face no opposition from Republicans, but Rep. Zach Hudgins, D-Tukwila, says that many elections this year will show the differences between the parties.



Rep. Tina Orwell

"I think this election is going to be a real contrast between Democrats and Republicans. We are going to see the Democrats fighting for working people and Republicans that are hooked up with the Tea Party movement," he said.

In the 33rd district, Representatives Upthegrove and Orwell currently have no challengers.

For the 33rd district Senate seat, Democratic incumbent Karen Keiser will square off with Republican John "Jack" Michalek.

The second House seat for the 30th district is the only local legislative race with more Republicans running than Democrats. Carol Gregory, the lone Democrat, is facing off with Republicans Roger Flygare and Katrina Asay for the seat being vacated by State Rep. Skip Priest, R-Federal Way, who is running for mayor.

First seat 30th district State Rep. Mark Miloscia, D-Federal Way, is defending his seat against Republican Shawn Sullivan.

"The campaign is going fine," Miloscia said. "I'm doorbelling and meeting people. I am serving the community well."

The election for State Senator of the 30th district has three-term incumbent Tracey Eide, D-Federal Way, being challenged by Republican Tony Moore.

Candidates will face off in a primary election on Aug. 17 before voters make a final decision on Nov. 2.

Spokane

continued from page 1

time equivalent students, along with the 4,964 at Spokane Falls and 6,879 at Spokane in the 2008-2009 school year. Highline had 18,231 students, thus dividing into 8,106 full-time equivalence students.

With the combining of the schools, Spokane's athletic departments were able to combine their two athletic budgets into one.

This past year, Spokane's budget was \$1,011,600, which was 33 percent of their total S&A Budget. This athletic budget covers all 15 sports. In comparison, Portland's combined budget was \$189,324, although they only have two sports to fund.

At Highline this past year, the athletics budget was one of the lowest in the NWAACC at \$253,374, which it is just 12 percent of the total S&A. If Highline were to have been given the 33 percent of Highline's S&A budget that Spokane had last year, they would have still only have been at \$664,835.

Spokane Athletic Director Ken Burrus said it's not so much about the size of a school's budget as it is the strength of the coaches.

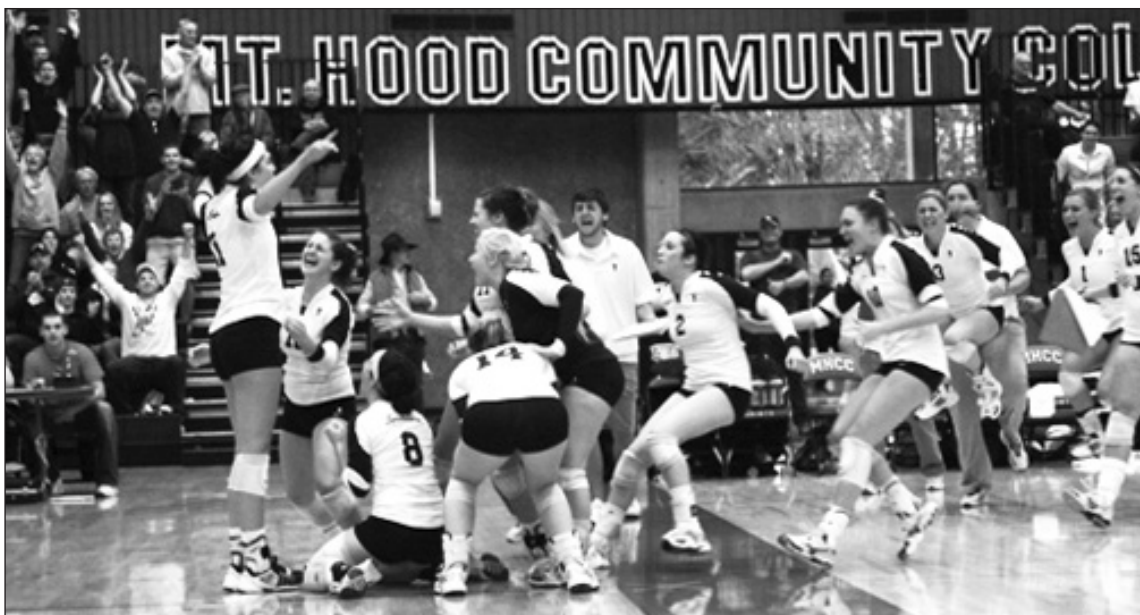
"Skagit has a small budget, but Steve Epperson [women's basketball] has been a coach at Skagit for years and he has a full-time job on campus," Burrus said. "His program does very well and has won many championships. Having full-time jobs for coaches is vital to the success of community college athletic programs."

With the two schools being combined, Burrus said that it's a way for the state to save funds.

"I would say that there are four districts in our conference, and it's a way to save money," he said.

"If you split the two colleges, like Highline and Green River, then you have to hire two basketball coaches, two volleyball coaches and two athletic directors. This way you only have to have one. So it is actually a much more efficient use of state resources."

Spokane is also the only pro-



Community Colleges of Spokane

Spokane has won an NWAACC-high 134 championships since the league started in 1947.

gram in the state that offers all 15 sports and Burrus said that with the location of the schools, they also have significantly higher travel costs to go to their events. He also said Spokane is dedicated to providing their students with the best support possible and that he is grateful for that.

NWAACC President Dick McClain said what makes the NWAACC so great is that everyone is different.

"The uniqueness of our league is that everybody's not exactly the same," McClain said. "Some schools have more full-time coaches and programs, while others are more part-time."

Although it's unique that some schools have more full-time coaches than others, McClain said it could make the playing field more level if the schools were more similar.

"Potentially, it could make it more even," he said. "The ability and quality of coaching makes a difference in who is successful and who isn't. It isn't an absolute, but the people involved make a difference."

At Spokane, eight of their 10 head coaches are full-time faculty on campus, which is the most in the NWAACC. The other two are full-time exempt. On the assistant coaching end, they have 17 part-time coaches and three volunteer coaches.

Over the mountains at Highline, out of the eight head coaches for the nine sports, only one of them is a full-time faculty member and another is full-time exempt. All eight of the

assistant coaches are part-time.

Even though McClain said he hasn't heard any complaints regarding Spokane, there are some athletic directors in the NWAACC that believe Spokane has been given an edge.

"The biggest advantage they have is the abundance of full-time coaches," said Shoreline Athletic Director Doug Palmer. "All of their programs have a full-time employee at the college as the head coach. This is a tremendous advantage for all aspects of their program."

Dennis Huston, who is the interim athletic director at Clark, also said coaching is the key edge.

"Spokane has an advantage in that they are capable of hiring coaches that either teach or do other jobs on campus," Huston said. "This then means they will be able to mentor student-athletes much more than a coach that is hired for the sport and has another job so he can pay his bills."

Treasure Valley Athletic Director Ed Aronson said they only have an advantage if they get more money in certain sports.

"Spokane, like Treasure Valley, offers 15 athletic programs," Aronson said. "I would think our budgets would be higher than those schools who offer fewer programs. If it is determined that Spokane has a higher budget for a particular sport, then yes, that would lead to an advantage, in my opinion."

Although Treasure Valley has one of the biggest budgets in the NWAACC, Spokane still topped them in every sport except baseball.

Beyond athletic directors, some coaches also said Spokane has been given the upper hand.

"There is no doubt that a combined budget helps the athletic department, because a

combined budget means combined schools," said Highline women's Head Basketball Coach Amber Rowe. "It is virtually the same as if Highline and Tacoma would combine athletic departments. Imagine how good our athletic teams would be. They are allowed to recruit kids to two different campuses as well as get the resources offered through both of those campuses."



Ken Burrus

Matthew Koenigs, Everett's track and field head coach, said the advantage can be seen in the number of NWAACC titles more than anything.

"I do believe that Spokane is at a significant advantage to be able to combine the athletic budgets of two community colleges," Koenigs said. "At one time, I know they were two different schools and since they've combined into one school, they've won an astronomical number of NWAACC titles."

The NWAACC titles disparity is a big one between first and second. Spokane has 86 more titles than Green River, who is at second with 48.

Although he said they have an advantage, Koenigs said they are what other schools should strive to become.

"I don't know if there is a solution to this, but it's clearly an issue that limits the competitiveness of every program," he said. "Rather than looking at Spokane and saying it's not fair that they have this much for their athletic budget, I think they should be held up as the gold standard."

"Other community college programs should be trying to achieve the bar that Spokane has set. They do a lot to raise money for athletics. They hold a golf tournament and they have

corporate sponsorships. Every other athletic department should be out fundraising like Spokane has been to raise the money it takes to have the kind of budget that they do."

Highline men's soccer Head Coach Jason Prenovost said being on campus for the students is a big help.

"Spokane is able to provide more resources for their student-athletes," Prenovost said. "They have more facilities, equipment and gear. However, most importantly, they have more staff for mentoring, advising and guiding their students."

Prenovost also said he doesn't blame Spokane for supporting their program and their students and that it's up to other colleges to catch up to them.

Even though many athletic directors and coaches said they feel Spokane has an advantage, some were more on the fence.

Marco Azurdia, the Wenatchee Valley athletic director, said he doesn't see a significant advantage and praises Spokane for what they have accomplished.

"Since athletic programs are typically funded by S&A fees, which are generated by enrollment, it would figure that since the Spokane Community College system has two highly-enrolled schools that their athletic budget would be significantly higher," Azurdia said.

"I don't think it gives them an unfair or insurmountable advantage. They have done a great job cultivating and establishing athletics as a significant part of college life on their campuses and with their students."

When it gets down to it, Highline Athletic Director John Dunn said Spokane is setting the bar for the rest of the NWAACC to reach.

"Ultimately, Ken Burrus does a great job and probably, in the end, we all wish we could be in his position," Dunn said.

"Spokane has done a great job of setting the table and getting the resources to ultimately have an incredible program. In the end, it's more power to them, although it would be nice if the majority of us could have the same situation at our colleges."

Dunn said if Highline had Spokane's budget, they could hire additional help to make it a little bit easier to run the department, but they've been able to make it work for so many years the way that it currently is.

Even though Spokane may have some advantages, Prenovost said his players have at least one advantage over them.

"Their students do get more support and opportunities," Prenovost said. "However, they don't get to play for Highline."

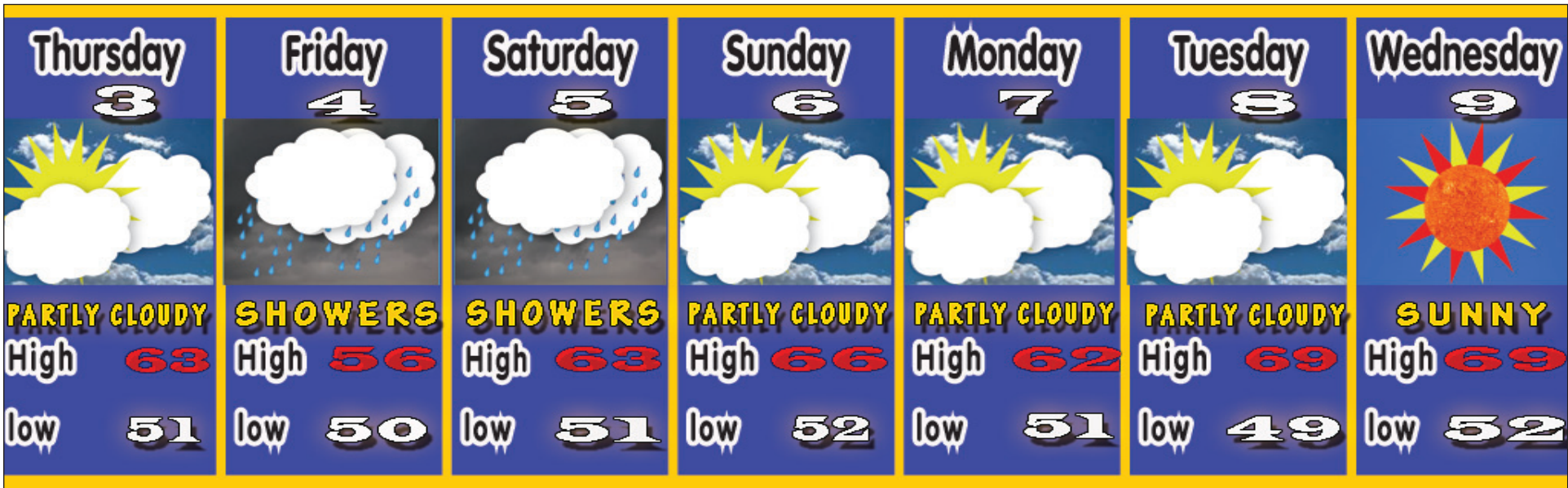
Reporters Caitlyn Starkey and Liviu Bird contributed to this story.



Community Colleges of Spokane

Spokane players celebrate a baseball tournament victory.

Weekly weather forecast



Hospitality and travel host a new combined program

By NEELI ABBASI
Staff Reporter

The Hotel and Hospitality and Travel and Tourism programs are merging into one program this summer.

The merge of these two programs into the Hospitality and Tourism Management Program will affect students seeking careers in hotel management, restaurant management, and travel

consultation, spa/fitness management and cruise operations.

“Students have more options within the program, and with proper advising, they can bundle courses that fit what their long-term careers are,” said Nancy Warren, the program’s manager.

Students who started with the old programs can either stay with them or go to the new one.

There are different ways to go about this program, depend-

ing on the degree students are trying to get, they can do the short-term certificate of 18 credits, a one-year certificate of 45 credits or an associate of applied science degree of 90 credits.

There are 100 to 150 students in this program currently.

Warren said the merger is not the only development for hospitality and travel management.

“We recently signed an articulation with DCT in Lucerne, Switzerland, giving our students an opportunity to then transfer to a European school that also articulates with a U.S. university. We will continue to seek new and worthwhile articulations for our students,” Warren said.

A cohort is arriving in the fall from Yangzhou Polytechnic to complete an associate applied science degree. Highline has a large international population in this program.

“I’d love to see us have even greater connections with local hotels, to the point that eventually we might even have a partnership with a property as a teaching hotel,” Warren said.

If students want more information or have questions, they can contact Nancy Warren at nwarren@highline.edu or go to Building 6, or meet with Jessica Patterson or John Lindsay in Building 18.



Congratulations Highline Graduates!

*Now you're ready to make your mark on the world.
Let us follow you on your journey.*

Sign up as a
Highline alum at
<http://alumni.highline.edu>