



Kandi Carlson/THUNDERWORD

Fire fighters responding to the fire in Building 99 on Tuesday gain access to the roof in order to verify all of the fire was extinguished.

## Electrical fire shuts down Building 99

By **CODY WARF**  
Staff Reporter

An electrical fire caused substantial damage in Building 99 and forced students, staff and faculty to relocate to different buildings across campus on Tuesday morning.

At 7:45 a.m. the sprinkler system in Building 99 turned on to douse the flames coming

from a computer.

"It is estimated that 1,500 gallons of water came from the sprinkler system and caused widespread damage on the first and second floor," said Barry Holldorf, Highline director of facilities.

Both the Kent Fire Department and South King Fire & Rescue responded to fire in the computer lab on the second

floor. The fire caused damage to several other computers and furniture that was near enough to ignite.

There were no injuries to any of the students, staff or faculty that were in the building when the fire started.

"An ESL class had just started and reported no signs of fire or smoke when they entered the building," Holldorf said.

"There were roughly 25 people in the building and all were evacuated according to the designated escape plan," Holldorf said.

All students, staff and faculty were relocated to other buildings. Access Services and Continuing Education have been relocated to Building 25 on the

See Fire page 11

### Snow daze hits Highline



Kyle Cotton/THUNDERWORD



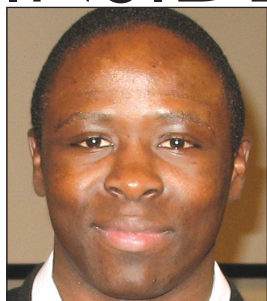
Sabine Walter/THUNDERWORD

Highline students ready for a snowball fight, above, while ASL professor Roman Wright shovels the walkway to Building 15 and grounds crew plow a walkway on campus.



Kyle Cotton/THUNDERWORD

## INSIDE THIS ISSUE



**P3**

Eddie Shibale shares his success story



**P6**

Women clinch a playoff berth



**P9**

Annual Tet Festival returns to Highline

### Weekend Weather



Grab a coat-wet and cold this week folks

Full forecast|P12





## Crime and Punishment

### Graffiti found in Building 26

Graffiti was found in Building 26 on Feb 18.

One was found on the notice board across from restrooms on the third floor. Some words were also written inside the men's restroom on the same floor.

### Vehicle broken into in the South Parking Lot

A Highline student's Volkswagen Touareg was broken into in the East Parking Lot on Feb 18.

She parked the vehicle at 1 p.m. and returned to it at 5:45 p.m. and found the car was broken into. Her leather jacket was taken. The value of the item is \$330.

### Private volleyball game turns into mischief

A private volleyball tournament was held in the Pavilion over the weekend by a private group, and it led to mischief and a person becoming ill.

A child activated the emergency box in the South Parking Lot on Feb. 19.

The Security Office received a call from a Des Moines Police Department operator stating that one of the emergency boxes had been activated in the South Lot.

A security officer arrived at the South Parking Lot and he came across a woman who said that the blue lights in the lot had been flashing. A kid from the volleyball tournament did that, she said.

### Referee taken to hospital for abdominal pain

A referee at the volleyball game had extreme abdominal pain in the Pavilion on Feb. 20.

911 was called and he was taken to St. Francis Hospital in Federal Way.

### Bookbag stolen while printing in the library

A Highline student's bag was stolen in the library on Feb. 20.

The incident occurred while she was printing her homework. Various belongings were in the bag, and some were found in the library on the next day.

— Compiled by Yuri Nishizaki



## News Briefs

### Memorial service set for Stephen Swope

A memorial service will be held Friday, Feb. 25 for Highline instructor Steve Swope, who died on Feb. 14 due to liver cancer.

The service will be held at The Church of Jesus Christ of Latter-Day Saints located 12817 SE 256th St. in Kent.

Swope's family has asked that flowers not be sent.

"In lieu of flowers, people could donate to the American Cancer Association in memory of Steve or to the family to help cover the cost of his hospitalization and cancer treatment, insurance doesn't begin to cover everything," said Teresa Trillo, a nursing instructor at Highline.

"Most people would rather contribute something to ease the family's burden, not add to it," said Trillo.

The family is encouraging that students, faculty, staff and friends attend the funeral service.

"It is a big church with a lot of parking," said Tiffany Carbajal, a friend of the family and church member.

"Anyone who wants to attend is more than welcome," Carbajal said. "There will also be cookies and refreshments if people want to talk to the family after the service."

## Auction raises hope for the homeless

By Gersom Tesfaye  
Staff Reporter

You can help out a local woman's shelter at a fundraising auction and dinner next Friday night in Building 8.

The Hospitality House will be holding the event and doors open at 5:30 p.m.

Natalie Reber is the executive director for the Hospitality House.

"The Hospitality House is a nine-bed homeless shelter for woman located in Burien," Reber said.

"We opened our doors in October 2000 and the first fundraiser was in 2001," Reber said.

The fundraiser is a buffet dinner with a champagne toast at arrival and wine bar with tickets being sold by volunteers.

## Snow hits Highline once again



Kyle Cotton/THUNDERWORD

Highline student Laural Hong walks across campus in the heavy down pour of snow. Yesterday Highline was hit with snow throughout the day. This caused many departments and clubs to cancel events and leave campus early.

### Highline offers Next Step Scholarship

The Highline Foundation is offering a scholarship for students planning on attending the University of Washington, Tacoma in Fall Quarter.

The application can be found at [www.tacoma.washington.edu/scholarships](http://www.tacoma.washington.edu/scholarships). The scholarship will be a total of \$9000 for the 2011-2012 school year which will be \$1500 per quarter for six quarters.

The application has some requirements for approval which are: a cumulative grade point average of 3.5 or higher, writing ability and personal statement,

participation in honors program, recommendations, internships, demonstration of leadership, and community service.

The application is due on March 7, at 5 p.m. to the Financial Aid Department. There will be three people chosen to move onto the final selection process.

### Red Cross offers humanitarian workshop

The Red Cross International Services Program is hosting an International Humanitarian Law Workshop.

The workshop will aim to help protect life and human dignity during armed conflict and to prevent or reduce the suffering and destruction caused by war.

This course is free and open to all members of the communi-

ty. We encourage you to register early as space is limited.

The workshop is on Saturday Feb. 26 from 9 a.m. to 1 p.m.

For more information or questions about the workshop please contact Jacque Clinton at [Jacque.Clinton@seattleredcross.org](mailto:Jacque.Clinton@seattleredcross.org).

### GET enrollment deadline is approaching

Washington's Guaranteed Education Tuition program helps families that are struggling save up money for college education.

The program includes a state guarantee, a choice of colleges nationwide, tax benefits, flexible payment options, and offers a safe and easy way to pay for a child's education.

For more information please visit [www.get.wa.gov](http://www.get.wa.gov) and enroll by March 31.

## BTECH 121 MICROSOFT OFFICE 2010

### Face-to-Face Class

**BTech 121 is the same class as BTech 111  
Offered Spring Quarter Only**

**Begins Monday, March 28, 2011**



**BTech 121, M-Th 11:00 a.m.-12:03 p.m.  
Item Number 2452—5 Credits**

For more information, contact:  
Susan Taylor, BTech Instructor  
Highline Community College  
(206) 878-3710 X3269  
[staylor@highline.edu](mailto:staylor@highline.edu)



## Students struggle with jobs, school, life

Work, study and play don't always mix, students say

By **TAYLOR LUNKA**  
Staff Reporter

Balancing work and school can be a challenge for students at Highline.

Juggling social life, school and work is just part of a college student's lifestyle that many on campus have had to adjust to.

Kevin Cruz, who has a job and attends Highline, is currently experiencing this day-to-day struggle.

"Instead of wasting my spare time, I have to get more use out of it. I don't have much time for essays or homework," Cruz said.

According to Highline's Institutional Research Director Tonya Benton, 41 percent of students have a job.

Adjusting to working and going to school has led many students to make sacrifices.

David Christy is taking a five-credit course and working three to four hours a week.

Although his schedule isn't as hectic as those of other students, even he has had to make changes in the way he spends his time.

"My social stuff has changed. I can't attend some things [be-

at night has made him sacrifice many social aspects of his life, and having to work overtime at night doesn't sit well with Christy.

"I can't work too late because I have class in the morning," he said.

His company used to be flexible in his work hours, but now with the new management, they are not as lenient in changing his schedule.

Taking more classes along with a job proves to be a greater struggle for students.

Aisha Davis worked at T.J. Maxx before being employed by Highline while taking classes on campus.

"I would get off at 11 [p.m.] and wouldn't have homework time," she said. "I didn't have time to study, my grades dropped, and I more frustrated."

cause of work]," he said. Working

was a lot Taking a total of 12 credits at

Highline along with a full-time job was overwhelming for her, but now she is much happier working a flexible schedule at a new job with only two classes.

Students agree that the balancing act of work and school can be difficult, but money is crucial for any lifestyle.

"You need money to survive. Money is essential," student Wendy Nichols said.

She said she is lucky to have a company that is flexible with her work hours, is willing to work around her school schedule, and treats her well.

Other students, such as Kelly Cassinerio, say they are lucky to have a company that cares about them and are able to maintain a job without suffering in school.

Cassinerio is taking 16 credits at Highline and works four days a week for two to three hours a day walking dogs in her neighborhood.

"It's not too much. I work from home so I can do both [work and school] at the same time," she said.

"I like working; I like having money with me and not taking it from my parents," Cassinerio said.

Students such as Malyr Year get something more out of working than just cash.

"I feel so special [to work]," Year said. "I feel like I'm doing something right."

"It seems like I have no time right now, but it's my life, for my family, for my future, for my kids," she said.

## More students take justice classes, but fewer finish

By **HUSSAIN RIZVI**  
Staff Reporter

The number of students graduating from the administration of justice program has decreased over the last 14 years.

This is because of students exploring the program, said Garry Wegner, an instructor and coordinator at Highline for administration of justice.

Students take classes in the administration of justice program but they don't plan to pursue the criminal justice field, Wegner said.

An administration of justice degree is designed to give students the tools for a career in law enforcement or corrections.

Wegner has been teaching at Highline for 14 years. Wegner, Rick Kieffer and Stephen Lettic all teach in the program at Highline.

Wegner said the administration of justice associate degree is designed to prepare students for employment in positions such as a police officer, deputy sheriff, or state patrol.

"When I first started to teach at Highline, 80 percent of my students were pursuing employment in entry level jobs like police officers," Wegner said.

Administration of justice degrees can be used as a stepping stone on the path to such professions.

Wegner said that in the program, students are taught to understand the process of the justice system from arrest to sentencing.

In the administration of justice program, students will learn communication skills which are critical to success in the justice field, Wegner said.

He said that students are also taught to identify constitutional freedoms and rights, and how an ethical criminal justice system and participatory citizenship protect those rights.

"A lot of students who are coming to learn the justice program just want to learn more about their rights," Wegner said.

"My students seem to be getting younger, or maybe I am getting old and everyone seems young to me," Wegner said.

To obtain an administration of justice degree, you must earn 90 credits with a GPA of 2.0 or better. Forty-five of those credits must be in criminal justice, and no prerequisites are required for the classes.

For more information, contact Garry Wegner at 206-878-3710 ext. 3422 or by email at gwegner@highline.edu.

## Highline alum overcomes barriers to success

By **JOSHUA NELSON**  
Staff Reporter

Former Highline student Eddy Shibale knows the importance of diligence and understands that hard work is key to achieving your goals.

Shibale spoke at the Honors Colloquy on Feb. 16, where he talked about his success story.

Shibale retold his life events including the time he immigrated to the United States with his family, to his graduation from the University of Washington and his employment by The Boeing Co.

Shibale emigrated to America from Kenya with his family in the winter of 2006, and after taking a year to adjust to his new life in the United States, Shibale set out to continue his education.

"When I first applied to the University of Washington they turned me down, they didn't know if I could speak English and I couldn't show them I could on paper," said Shibale.

With this in mind, Shibale

enrolled at Highline and began working his way to an associate of science degree.

"It only took me a year to get my associates from Highline. It wasn't much fun but I knew I wanted to go to the University of Washington, so I went for it," said Shibale.

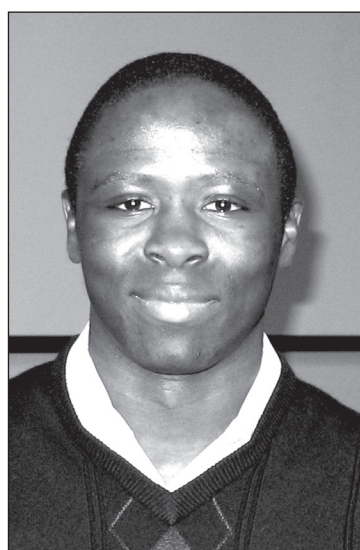
After gaining acceptance into the University of Washington, Shibale entered the electrical engineering program and witnessed first-hand the difference between Highline and a four-year university.

"If your plans are to enroll in a four-year school, be prepared to work harder than you are now," said Shibale.

In fact, Shibale withdrew from his first quarter at UW because he was failing all of his classes.

"Unlike most of my fellow students, I had to work my way through school," he said. "So, withdrawing from my first quarter really hit me hard because that was my money I just wasted."

However, Shibale gave it an-



Eddy Shibale

other shot in his following quarter and really began applying himself to achieving his goal of working for Boeing.

Knowing that it was important to get actual job experience during his time at the University of Washington, Shibale began applying for internships at companies in Western Washington.

Shibale sent out more than 500 resumes, of those, he only received interviews from a half

dozen companies.

"I learned to make sure that when applying for a position to find out what the job is specifically looking for and put that into my resume," said Shibale.

"Most large companies use computer analysis for reviewing resumes so using key words that match the job description is a must," he said.

Shibale received an internship with Boeing towards the end of his career at the University of Washington.

Upon completing his bachelor of science degree in electrical engineering, Shibale went on to keep his position within Boeing.

He now works in the engineering division.

"I really lucked out when it came to where I am today because most people don't get to keep their internships after their time has expired," Shibale said.

"I think I showed my supervisors my willingness to achieve and I remained with Boeing to my good fortune," he said.



**Editorial comment****Paying for printing: Get real**

Being charged for printing is a two-sided coin.

On one side, it really sucks that we now have to pay for something that we have been receiving freely. We have gotten too comfortable with free access at services and charges or lack thereof. The college is getting less money from the state, so we can't hide from budget issues.

The other side of the coin is that we should grow up. Printing copies can be expensive.

it has been reported that there has been people abusing the copying access. One report was of students copying whole text books. That is alot of printing. Someone has to pay for the paper and toner. Now that someone is the students.

Everyone charges for printing. At least Highline students should appreciate the free copies that were received prior to this new policy.

Either way, we have to pay our way through life. If you are bitter about having to pay for a service that you need, chances are real high that you will be a bitter person for the rest of you life.

For the most part most people understand that things are hard and they will have to make sacrifices. Paying for printing copies is on of those sacrificers that we have to deal with.

We just cannot go through life expecting things to always be free.

**Don't raid S&A budget**

With the economic downturn and higher enrollment, Highline's Services and Activities Budget has grown.

The S&A Budget is a percent of student tuition that goes toward funding activities for students. These activities include Highline's many clubs, and several departments including athletics and the Thunderword.

In the past, the budget committee has been very careful to make sure that the money is spent in a way that upholds the spirit of the budget — namely, providing the students with fun, educational activities to partake in.

The spirit of the budget is important. The budget committee has always tried to fund programs that are beneficial to both students and faculty, however, as the name "Services and Activities" implies, the budget is really meant to help give students a fun, hassle-free time at Highline.

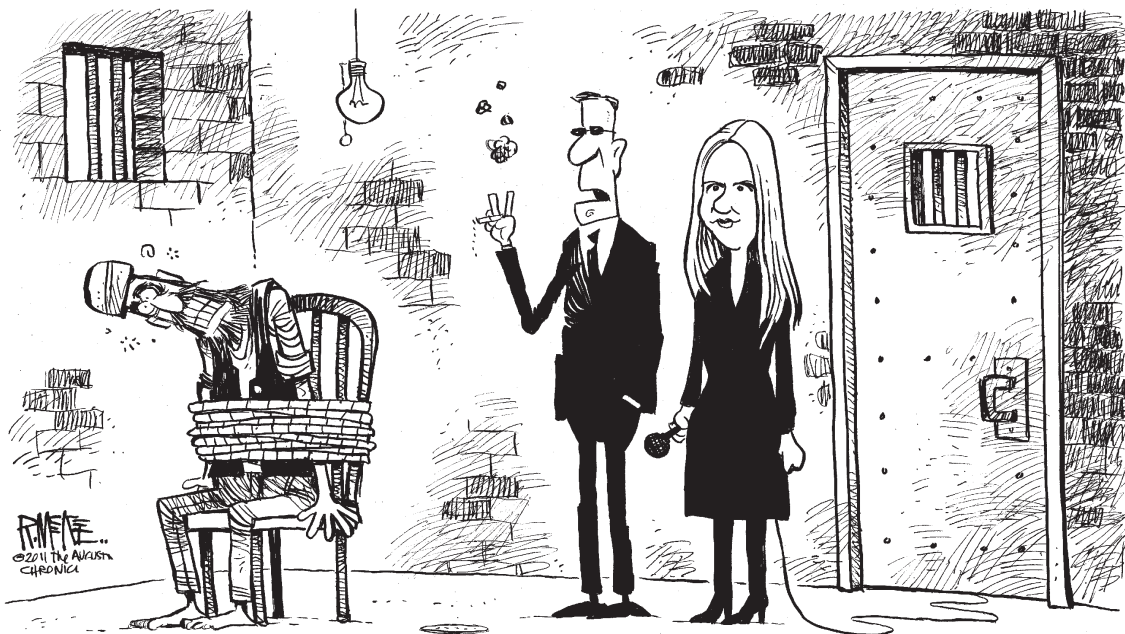
Occasionally, Highline's administration asks for a portion of the budget to fund their own programs. With the increase of enrollment — the effects of the downturn in the economy — the S&A committee will have an easier time meeting the requests of each group involved with the budget.

While there is nothing wrong with giving the administration money to fund their programs — which both students and faculty both benefit from — the S&A committee should be wary of how much money they do give away. It is wise to have money in reserve for any kind of unexpected event, such as a group going over budget.

Left-over money from the previous year's budget will roll over, to be used the next year, so there is no pressure to use all the money right away.

Also, the inevitable upturn in the economy, whenever it may occur, will mean smaller enrollment rates, which means a smaller budget. Excess money could be saved to compensate for the smaller budget in years to come.

The Services and Activities Budget Committee has always done a good job with using the money they are given. As they are working toward finalizing the budget for the coming year, they should keep in mind how quickly things can change.



"SO, WILL YOU TALK NOW OR SHALL I HAVE CHRISTINA AGUILERA SING THE 'STAR-SPANGLED BANNER' AGAIN...?"

**Highline hoops are worth your time**

The Running T-Birds ignited my passion for hoops.

My passion for women's college basketball really increased upon witnessing Coach Amber Mosely's ladies take center court and route their opponents like the Running Thunderbirds.

Thirty three points. Ladies are you serious? They crushed Pierce in a 74-33 rout. See page 7.

T-Birds Head Coach Amber Mosely manages a group of young ladies that play with the heart and fire of wild mustangs.

If you haven't seen this group of players hit the court: you are missing a beautiful thing. They run a fast pace game that the opponents just can't seem to keep up with.

Seeing Carol Howard penetrate the defense and draw a foul or drop the ball off the glass into the hoop was an impressive execution. Howard is a point guard for the Thunderbirds. A real floor general who has matured on the court. She makes wise decisions with the ball now from earlier in the season. Howard also has a go-to girl she can always count on to pick up or take over the slack.

Jocelyn Jones, has her back and goes to the rack. Jones has a game that reflects that of Candice Parker, the all-star forward for the L.A. Sparks. Just like Parker, Jones is an artist with the ball.

Heather Hitch comes in and draws fouls with her attack-the-basket style of play. What

**Commentary**

Michael  
McDonald Jr.

makes it so sweet is that she makes her free throws. After the first half of watching these ladies, I had to admit, they were good. Really good.

Defense wins championships and certain players stand out in my book because of their defense. Keimba (KP) Pearson is a forward out of Renton High school that caught my eye with her defensive potential. KP, as Pearson's teammates call her, is lock down like Ron Artest. This is to say that she is a crafty and tough defender not giving an inch. She provides the tenacity necessary to assert dominance and shut some down in the game.

Everyone of these ladies are standouts. For instance, the bench players yell and support with, "Dee-fence!" When coach Mosely makes a substitution you may see big girl play under the basket.

Tough Lady Leini Tuku-tau is a force in the paint and she never stops playing hard reaching for rebounds and putting the ball back up to get her fouls buckets and her sink free throws.

Danielle Carlmen, a guard from Eatonville High School is the blond bullet. She is quick, slashes and dashes through de-

fenses and kills full court presses with her sharp passes and maneuverability.

Bree Morkert-Burling, is a solid player who makes good decisions with the ball and will light it up behind the arc when she gets hot. There are buckets of ice on the sideline for just an occasion.

Jessica Morgan, is the little engine that could. On both ends of the court she plays like its her last game. How can you not love this game after seeing this?

Patrice McKinnon made one of the most sweetest post moves I've seen in a long time against Clark College. Using her defender as a motion tool by rolling off of her, spinning toward the basket.

Shalece Butler-Woods is the silent assassin. In the post, she is as good as a government check when she receives the ball with the purpose of dominating. NWAACC teams do not have anyone who can match up with her in the paint.

These are all smart and ambitious students that take care of their business on the court and in the classroom. When I see this it gives me a sense of pride that I'm a part of the institution that they represent.

These ladies of the Highline women's basketball program have caught my eye with their potential. This team has a real legitimate chance to bring a NWAACC championship home to Highline. Go T- Birds.

**The Staff**

“ You should see my glutes ”

E-Mail [tword@highline.edu](mailto:tword@highline.edu)

**Editor-in-Chief** Kandi **Carlson**  
**Managing Editor** Victoria **Dom**  
**News Editor** Cody **Warf**, Alisa **Gramann**  
**Arts Editor** Katie **Adams**  
**Sports Editor** Richard **Meier**  
**Opinion Editor** Michael **McDonald Jr.**  
**Graphics Editor** Jackie **Argueta**, Nina **Naeher**  
**Photo Editor** Maybe someday

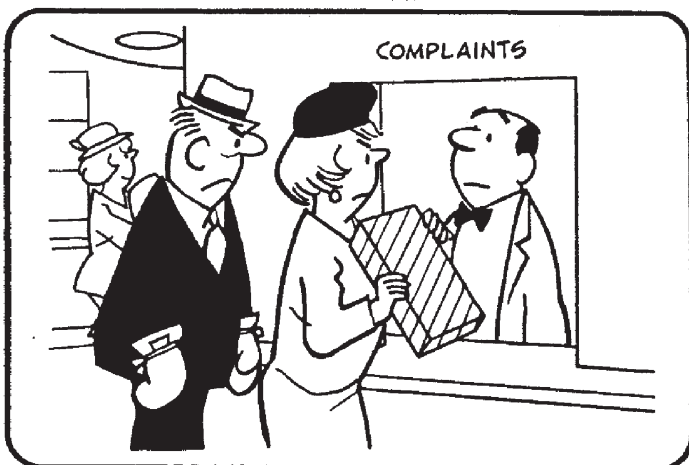
**Reporters** William Brokaw, Raschelle Casebier, Jonny McGuire, Katrina Blake, Melina Brown, Eli Eir, Demetrius Griffin, Joshua Hart, Brandon Herman, Rainy Huang, Jeff Kemp, Taylor Lunka, Mallory Murray, Joshua Nelson, Yuri Nishizaki, Kristen Remeto, Hussain Rizvi, Bryanna Robbins, Gersom Tesfaye, Phattra Vorasane.

**Photographers** Kyle Cotton, Corey Sun

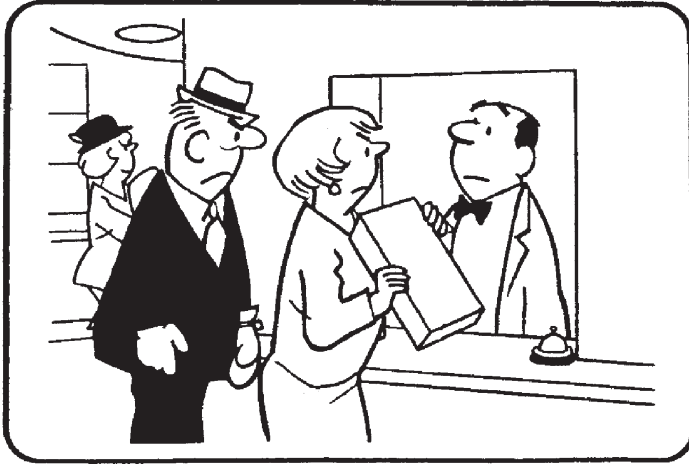
**Advertising Librarian Adviser** Sabrina Olkeriil, Ernesa Hart Christina Gramling Dr. T.M. Sell



HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. "Complaints" sign is missing. 2. Woman has no hat. 3. Bell is on counter. 4. Box has no stripes. 5. One boxing glove is missing. 6. Shopper's hat is black.

© 2011 King Features Synd., Inc. All rights reserved.

The X Box

Across

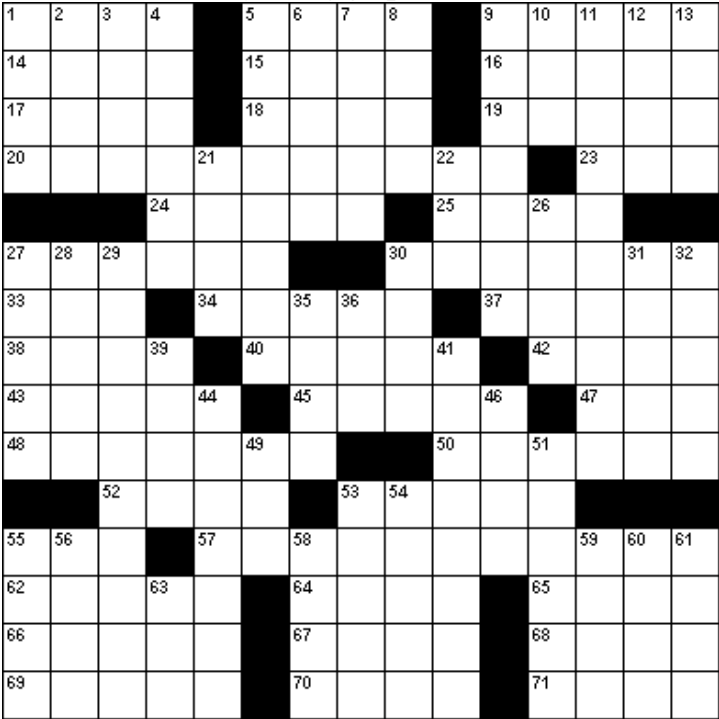
- 1. Sailor's cry
- 5. Large number
- 9. Once \_\_\_\_ time
- 14. Pepsi rival
- 15. Kind of nut
- 16. Ford predecessor
- 17. Neighbor of Earth
- 18. Footnote abbr.
- 19. Secretly watch
- 20. Test
- 23. Miracle-\_\_\_\_
- 24. Tennis great Agassi
- 25. Locks in a barn?
- 27. Spirited meeting?
- 30. Many Little League fans
- 33. Nth degree
- 34. Nametag word
- 37. Approach bedtime
- 38. "\_\_\_\_ cost you"
- 40. Oyster's prize
- 42. Cassette contents
- 43. Get ready to drive
- 45. Kournikova and others
- 47. Teachers' grp.
- 48. Totally absorb
- 50. Like Batman and Robin
- 52. Network of nerves, e.g.
- 53. Hooded snake
- 55. "Ain't \_\_\_\_ Sweet"
- 57. Entirely
- 62. Renter's paper
- 64. Length of yarn
- 65. Diva's solo
- 66. Illegal firing
- 67. Spore sacs
- 68. Actor Nolte
- 69. Adolescents
- 70. Partner of now
- 71. Tiger's props

Down

- 1. Crowning point
- 2. Sham
- 3. Gumbo ingredient
- 4. Rubber stamper
- 5. Shallow

Crossword 101

By Ed Canty (Ed@gfrpuzzles.com)



- 6. Kind of pneumonia
- 7. Blue bloods
- 8. African gully
- 9. Straighten, as a hose
- 10. Lulu
- 11. Hospital hookup
- 12. Jordan's Queen \_\_\_\_
- 13. Cornerstone word
- 21. Progress slowly
- 22. Grandma, in Germany
- 26. Bar request
- 27. Strike down
- 28. No longer on the plate
- 29. It Helps keep the wheels turning
- 30. X-rated stuff
- 31. Home of the brave
- 32. Three-time Masters champ
- 35. Meadows
- 36. PC linkup
- 39. Fishing item
- 41. Glove material
- 44. Irish moonshine whiskeys
- 46. Delhi wrap
- 49. Driver's license info
- 51. Wise one
- 53. Conflict
- 54. Postal scale unit
- 55. Blind segment
- 56. Roll call call
- 58. Chew the fat
- 59. Gannon University city
- 60. Vermin
- 61. Shoots the breeze
- 63. Prince, e.g.

Quotable Quote

A prisoner of war is a man who tries to kill you and fails, and then asks you not to kill him.

... Winston Churchill

By GFR Associates ... Visit our web site at www.gfrpuzzles.com

Weekly SUDOKU

by Linda Thistle

		9			1	2		
	4		7					1
6				9			3	
		3		7		1		
	8				9			7
5			3				4	
		2		6		4		
3					7			8
	7		1				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging  
★★★ HOO BOY!

© 2011 King Features Synd., Inc.



- 1. MOVIES: Who played the role of "Pardner" in the Western musical *Paint Your Wagon*?
- 2. GEOGRAPHY: Minsk is the capital of what former Soviet republic?
- 3. LITERATURE: In *Gone*

*With the Wind*, what were the first names of the Tarleton twins?

- 4. HISTORY: When did the Suez Canal open?
- 5. MYTHOLOGY: Who was the Norse trickster god?
- 6. GENERAL KNOWLEDGE: What sport did Scotland ban in 1457 for fear that it was interfering with the practice of archery, a vital part of the national defense?
- 7. MUSIC: Frank Sinatra

first gained major fame by singing for which Big Band leader?

8. U.S. PRESIDENTS: Who served as FDR's secretary of war 1940-1945?

9. U.S. STATES: Which state's nickname is the Pine Tree State?

10. FOOD & DRINK: What type of fruit is known as a honeydew?

Answers

- 1. Clint Eastwood
- 2. Belarus
- 3. Brent and Stuart

LA SCALA

A	P	O	S		T	V	A	D	S		M	I	N	I
D	O	S	E		B	O	W	I	E		O	N	O	R
M	U	S	I	C	A	L	E	X	E	R	C	I	S	E
S	T	A	K	E			D	I	N	E		T	I	S
			O	N	E	S		E	A	T	D	I	R	T
N	A	T		T	G	I	F		T	I	E	A		
A	S	E	A		A	T	I	E		E	A	T	A	T
S	Y	M	B	O	L	O	F	J	U	S	T	I	C	E
R	E	P	E	G		N	E	E	T		H	O	R	S
		T	E	R	M		S	C	A	M		N	E	T
C	H	A	R	I	O	T		T	H	A	I			
O	U	T		S	T	O	A		S	T	R	A	P	
W	E	I	G	H	I	N	G	M	A	C	H	I	N	E
E	V	O	O		F	I	R	E	S		A	L	O	G
R	O	N	A		S	C	A	L	E		D	E	N	S

- 4. 1869
- 5. Loki
- 6. Golf
- 7. Tommy Dorsey
- 8. Henry Stimson
- 9. Maine
- 10. Melon
- (c) 2011 King Features Synd., Inc.

top ten

HEALTHIEST FAST-FOOD CHAINS

- 1. Panera Bread
- 2. Jason's Deli
- 3. Au Bon Pain
- 4. Noodles and Company
- 5. Corner Bakery Cafe
- 6. Chipotle
- 7. Atlanta Bread
- 8. McDonald's
- 9. Einstein Bros. Bagels
- 10. Taco Del Mar

Source: www.Health.com

© 2011 by King Features Syndicate, Inc. World rights reserved.

Arts news?  
tword@highline.edu



# T-Birds lock up playoff berth

Victories over Pierce, Tacoma put Highline on its way to NWAACCs

By **JOSHUA HART**  
Staff Reporter

The Highline women's basketball team secured second place in the West Division with wins over Pierce and Tacoma, despite leading scorer Jocelyn Jones missing both games due to a sprained ankle.

Highline clinched a playoff berth on Feb. 16, crushing Pierce, 76-33.

Then they went on to clinch second place when they scraped by with a win against Tacoma, 58-54, on Feb. 19.

Bree Morkert-Burling stepped up in the absence of Jones and led the team in scoring with 16 points in each game.

"You can really notice it on the court," Bree Morkert-Burling said of the absence of Highline's leading scorer Jocelyn Jones.

Morkert-Burling added that Jones brings a lot of energy to the court and it's hard to replace that.

Head Coach Amber Rowe Mosley said that Jones will be back in the lineup this week.

The T-Birds now sit at 12-2 in league play, two and a half games back from first-place Lower Columbia and three games ahead of third-place Clark, with two games to play.

Morkert-Burling said that they really needed the win against Pierce after the loss to Lower Columbia.

"We had to gain the respect back from our fans and show that we weren't going to let people beat us on our home court," she said.

Rowe Mosley said that clinching a playoff berth is what you work for all year. She added they would have liked to have been No. 1, but they unfortunately couldn't get it done.

Highline plundered Pierce by forcing 36 turnovers and scoring 37 points off those turnovers.

Pearson led the team with six steals, and Dani Carlman added five steals.

Along with Morkert-Burling, Carol Howard and Pearson also dropped in 16 points.

"Kiamba [Pearson] and Bree [Morkert-Burling] have really stepped up offensively with Jocelyn out. They aren't trying to force the issue as much now.



Corey Sun/THUNDERWORD

Highline's Bree Markert-Burling looks for an opening against Tacoma on Saturday.

They are just playing simple and it is really working," Rowe Mosley said.

Pearson and Shalece Butler-Woods led Highline with seven rebounds.

The game on Feb. 19 didn't turn out to be as one-sided as the Pierce game. Highline won a close game against Tacoma by only four points.

Despite only forcing 11 Tacoma turnovers, the T-Birds got the win by dominating the offensive glass. Highline had 11 second chance points compared to Tacoma's zero.

Shalece Butler-Woods led the way on the boards with 13, six of which were offensive rebounds.

"Tacoma is very quick and we did not match up with them

very well. We switched out of our normal half-court defense in the second half. Because of this our steals went down but it won the game for us," Rowe Mosley said.

Morkert-Burling was the top scorer with 16, followed by Pearson with 13.

Even though the T-Birds' bench only scored six points, Rowe Mosley said that the bench won the game for Highline.

"Jessica Morgan came in and played great defense on their best player. Leini Tuku-tau had some clutch baskets and rebounds. Patrice McKinnon set up a ton of baskets with her court vision from the high post and Dani Carlman truly controlled the tempo of the game

for us down the stretch," Rowe Mosley said.

The playoffs start on March 5 in Kennewick, and Highline will face the No. 3 seed of the South Division, which will likely be either Umpqua or Southwest Oregon.

"I think we can win NWAACCs if everyone plays to their full potential," Morkert-Burling said.

"We want to peak at the tournament," Rowe Mosley said of the upcoming playoffs.

Highline played on the road against Centralia on Wednesday with results unavailable at presstime.

Their last game of the season is on Saturday, as the play at home against Grays Harbor at 1 pm.

## Howard helps Highline

BY **JEFFREY KEMP**  
Staff Reporter

A case of homesickness has led Carol Howard from Hawaii to Highline.

Howard, a 5-foot, 4-inch guard, played basketball at University of Hawaii at Hilo last year, but, after a year away, she wanted to move back to play closer to home.

"I was already close to [Highline assistant] coach Karen [Nadeau]. So I asked if she needed a guard, and she said, 'Yes,'" Howard said.

She now lives in Seattle with her family and commutes an hour to Highline every day. She has to be on campus six days a week, because the team has practices every day except game days and Sundays.

The practice has paid off. Howard averages 12.46 points, 3.85 assists, 2.69 steals and five rebounds per game.

Nonetheless, Howard wants to use all her talents so that she can become more of a threat on the court beyond just being a shooter.

Howard has played basketball since she was 11, starring at Franklin High School in Seattle and helping her team to a Metro League championship and a fifth-place finish at state her senior year.

She's helping her new team carve out a winning record. Highline is second in the NWAACC West with a 12-2 record and has made the playoffs.

"We have a little leeway, but we still have to win," Howard said.

"I want to win, and I want to continue to play after this [at Highline]," she said.

Since she played her freshman year at University of Hawaii, this is her only year of eligibility at Highline.

She's thinking about transferring to a historically black university and maybe pursuing a career in teaching or psychology, Howard said.

"I want to make a difference somehow," Howard said.

Another person Howard can depend on is God. "My faith in God [motivates me]. I know he's going to lead me to greatness," Howard said.



Howard



# Highline drops two, still makes playoffs

By **WILLIAM BROKAW**  
Staff Reporter

Highline's men's basketball dropped two games last week to Pierce and Tacoma but still clinched a playoff berth.

Highline did however drop third-place tie in the NWAACC West with Clark.

Highline played Centralia on Wednesday, Feb. 23 with results unavailable at press time.

The Thunderbirds next play Grays Harbor on Saturday, Feb. 26.

The T-Birds have already beaten the Chokers this season.

The Chokers are currently eighth in the NWAACC West with a 1-13 record.

Highline lost to Pierce last Wednesday and then to No. 1 ranked Tacoma on Saturday.

Pierce beat Highline 56-53.

The Raiders started the game with a lot of energy and took the lead early on.

The T-Birds found themselves down as they struggled to match the Raiders' pace.

"They played much harder than us to start the game," said Highline Coach Che Dawson. "That put us in a hole early."

The Thunderbirds were off their rhythm offensively and had trouble sinking their shots.

The T-Birds only hit eight of 29 shots in the first half with a 27 percent shot percentage.

"They [Pierce] just competed much harder and we were careless and silly with our attention to detail offensively," said Dawson.

son.

The Raiders went in at half leading 32-24.

The Thunderbirds knew something had to change and brought on some fresh players off the bench for the second half.

"We played some guys in the second half who brought more energy," he said. "That helped us on both ends of the court."

The lineup change made a huge impact and the T-Birds came back to life in the second half.

The Thunderbirds began shooting the ball more efficiently.

Highline's shooting percentage was improved in the second half at 41 percent.

The T-Birds outscored the Raiders in the second half 29-24. However, that wasn't enough to claim the victory.

Highline's Elzie Dickens led the team with 12 points, five rebounds, and a steal in his 23 minutes on the court.

T-bird Travis Miller had 11 points, eight rebounds, four assists, and a steal in 27 minutes of action.

Highline beat Pierce earlier this year in the pre-season but couldn't find that same form against the Raiders in league play.

"Pierce has played harder and smarter than us the last two times we have played. We have to execute much better offensively to have success against them," said Dawson.

Following the loss to the Raiders Highline fell to the undefeated Titans 66-47.

The T-Birds started the game struggling to find their form early on and the Titans snatched the lead quickly.

Once again the team started slowly and made silly offensive mistakes, said Coach Dawson, adding that the team needs to have more discipline.

Despite the slow start Highline showed positive signs in the first half.

"We competed pretty hard. We beat them on the glass and were fairly good defensively," said Dawson. "They hurt us with on-ball screens."

The Titans led 29-13 at half.

Despite this, Highline still showed a lot of heart in the second half.

They played a much better half, scoring double the points they did in the first and staying within three points of the Titans at 37-34.

"We competed pretty hard again but did not pay enough attention to detail offensively or to the scouting report," said Dawson.

Highline's Travis Miller had 10 points, seven rebounds, an assist, and two steals in 39 minutes on the court.

Thunderbird Jerome Bland scored 10 points, grabbed three rebounds, and an assist in 17 minutes.

"We simply need to get better every day. That takes maturity," said Dawson.



Corey Sun/THUNDERWORD

Highline's Ira Haywood, left, pulls up for a jumper against Tacoma last Saturday.

## Men ready to take center mat at nationals

By **RICHARD MEIER**  
Staff Reporter

The Thunderbird wrestling team still hopes to pin down a title at this weekend's NJCAA national tournament.

Highline is one of 36 teams traveling to Spokane for the big dance, featuring 251 wrestlers competing for two solid days in the city's Convention Center.

Highline is ranked ninth in the country, having spent the year squaring off against some of the top teams in the country.

"For those who haven't followed the team this year, this has been one of the best teams Highline has had," said Head Coach Scott Norton, who is bringing 10 T-Birds to the tournament after a third-place finish at regionals.

"You look at [No. 1] Clackamas and [No. 2] North Idaho, and I realistically believe that we have the same caliber of talent on our team, we just have to go out there and prove it," he

added.

"Regionals was the best I've seen these guys all year. I hope they can do better this week and take it up a few more notches," Norton said.

"You have to be on for those two days. I will remind them that when we get there, we just have to be on for those two days. If they can elevate their game, then good things should happen," he added.

In order for Highline to compete for a national title, Norton said that it's vital for his team to get off to a fast start.

"Winning and losing is contagious, when our guys see our other guys winning, it inspires them," he said.

Highline is led by 149-pounder Jason Gray, a first-place finisher at regionals.

"I do better when I wrestle someone I haven't wrestled before because they don't know my style. When you go against someone you've faced two or three times they know what to

expect," Gray said. "I'm confident that because they won't know what to expect I'll be able to get my thing going early and they won't know how to respond."

Highline's preparation extends beyond its focus on opponents.

"You have to get your mind clear; it's not good to worry about everything," said 197-pounder Darren Faber. "Worrying doesn't win matches, so the more you know doesn't necessarily mean you'll win."

"You have to believe that you're good enough to win, guys ranked 'this' and guys ranked 'that', it doesn't matter," said 157-pounder Eric Jones. "You don't worry about who you wrestle, but instead go out there and wrestle."

The men also believe to have one distinct advantage physically on their opponents.

"We probably have the best cardio [endurance] in the coun-

try," Jason Gray said. "Norton always says give 110 percent. We have the endurance. Because of that, a majority of teams can't keep up, and when other guys get tired, we blow them out."

Clackamas Head Coach Josh Rhode said that Region 18 teams have an advantage because they are battle tested.

"Honestly it is one of the very best junior college regions in America," Rhode said. "The regular season in Region 18 is tough every year and this year was no different. Going on the road in this league and getting a win is no easy task."

While the coach of the top-ranked team believes the teams will benefit from the constant competition with the nation's best, Highline wrestlers are still on his radar.

"I think Romero at 125 has given us fits all year, but he is on the opposite side of the bracket. Obviously Jason Gray is a very tough match up for us

at 149 and Jones at 157," Rhode said. "As far as a team, I think if they show up and wrestle they could earn a trophy at sixth-place or better. Norton does a good job with his guys and I'm sure they'll be ready to go."

Norton said it will be up to his wrestlers to score points and push themselves harder all weekend long.

"Basically I emphasize that every match is important, you know it can be a point that separates two teams, you have to make sure you go out there and score points," Scott Norton said. "I basically asked to give more than all you have given all year. [All I want today is all you got], and I'll take 50 percent more."

"I think this is a team of destiny, I really do believe that we have some guys that are destined to do some good things," Norton said. "I just say that win or lose I'm proud of how the team has wrestled all year. I'll be impressed win or lose, but I'd prefer they'd win."



# Comic convention returns with plenty to see

By **JOSHUA NELSON**  
Staff Reporter

The Emerald City Comic Convention returns to Seattle next weekend.

The convention will feature panels of artists and writers, science fiction actors available for autographs, and miles and miles of comics.

The 9th annual Emerald City ComicCon is from March 4-6 at the Washington State Convention Center, located at 800 Convention Pl. in Seattle. This convention is just one of over 30 comic-based conventions held around the country.

Rick Spychalski, owner and operator of Spy Comics & Cards in Federal Way, is gearing up for the convention with enthusiasm.

"We know well ahead of the convention date where our booth will be and make sure to request the same location within the con each year. My customers there have become familiar with my booth's location and that really works out to be an advantage," said Spychalski.



Jackie Argueta/THUNDERWORD

Emerald City is an important event for shops such as Spy; it's a way for them to clear out stale inventory and generate

some profit to help stay afloat in today's shaky economy.

"Emerald City is an opportunity for

me to find a new audience for older stuff within my shop, it's new to them and that's always enjoyable to see," said Spychalski.

Spy Comics is just one of the 150 exhibitors that will be at the convention.

The list of media guests includes such names as: William Shatner, known for his role as Captain James T. Kirk in Star Trek; Felicia Day, known for her role as Codex in The Guild, an independent sitcom web series centered around the lives of gamers; and William Wheaton, who played Wesley Crusher in Star Trek: The Next Generation.

Not only is the convention a chance for fans to meet some of their idols, but avid collectors have the ability to find treasures that may otherwise be out of reach for them.

"I'm going to the con to find three or four different books to enhance my collection. I had good luck last year and am hoping to find gold again this year," said one Spy Comics patron.

Panels featuring comic developers are also scheduled to take place over the course of the three days. Attendees will have the opportunity to hear about upcoming events and specific techniques from the artists and writers themselves.

The panels will also feature a question and answer period that allows direct interaction between the comic developers and their audience.

Those interested in attending can visit Spy Comics & Cards at 1500 S. 336th St. No. 12 in Federal Way for tickets or visit the Emerald City Comic Convention website at [www.emeraldcitycomiccon.com](http://www.emeraldcitycomiccon.com) for more information.

# Norman Rockwell exhibit rolls in to Tacoma

By **KATIE ADAMS**  
Staff Reporter

The work of Norman Rockwell, one of America's most beloved painters, is making its only stop in the Northwest beginning this weekend.

Norman Rockwell was a 20th century painter and illustrator, producing more than 4,000 pieces of artwork during his career. He illustrated more than 40 books and the Saturday Evening Post cover. Three hundred and twenty-three of the pieces in the exhibit are Saturday Evening Post covers. Forty-four paintings will also be on display.

He lived from 1894 to 1978 and had his first major breakthrough in 1912 when he was 18 years old, with his first book illustration for Carl Harry Claudy's *Tell Me Why: Stories about Mother Nature*.

The Norman Rockwell exhibit opens on Feb. 26 and runs through May 30 at the Tacoma Art Museum.

This is the first time the exhibit is being shown in the Northwest.

"There is no Norman Rockwell in any Northwest museum collections and we understand that there are a few in private collections up here but it's hard

to get to them or borrow them," said Margret Bullock, curator of Collections and Special Exhibitions at the Tacoma Art Museum. "People love him and his work, so he seems like a really fun, popular artist to choose to have."

The exhibition has been on hold for three and a half years due to its traveling schedule, and is just in time for the museum's 75th anniversary, which also includes the Mighty Tacoma photography exhibit that opened Oct. 21, 2010.

The exhibit entitled *American Chronicles: The Art of Norman Rockwell* shows the evolution of his art from *No Swimming*, done in 1921, in which a couple of boys try to escape being caught at a watering hole; to *Four Freedoms*, done in 1943, which depict the four freedoms that President Franklin D. Roosevelt talked about in the 1941 State of the Union Address.

Later in his career, Rockwell moved away from his sweet subjects to produce thought-provoking pieces such as *The Problem We All Live With*, in 1963, which showed the painful reality of segregation in the southern states.

The detail in Rockwell's work is what attracts people

from all walks of life, Bullock said.

"His subjects are really universal; they're cute kid pictures or transitional moments in people's lives, or what's now classic Americana. People love those 1950s images," she added.

Rockwell is one of the underrated artists of his time due to his sweet subjects, she said.

The museum receives approximately 80,000 visitors every year, but projections are that they will surpass that number with this exhibit alone.

Many of the tours have sold out, which has resulted in more days being added. Tickets for those tours are already being bought online.

A 272-page exhibition catalog published by the Norman Rockwell Museum in Stockbridge, Massachusetts accompanies the exhibit.

Guests can purchase an audio guide to help them explore



Norman Rockwell's painting *The Problem We All Live With*, is one of the many hundreds of paintings to see at the exhibit.

the exhibition at \$6 a guide, or sign up for private group tours that are scheduled for before and after the museum closes. Grab and go boxes will be available in the Workz Café for the group tours.

The group tours need a minimum of 10 people. A snack, guided tour, \$10 museum gift card, and gallery guide are provided. Registration two weeks in advance is required.

Complementing the exhibit are multiple events, including a lecture from Stephanie Stebich, director of the Tacoma Art Museum on Feb. 26, and an introduction to Norman Rockwell,

presented by Bullock on March 2.

"We have a Northwest focus here, but we try really hard to bring in other work that people don't get the chance to see otherwise," said Bullock said.

The Tacoma Art Museum is located at 1701 Pacific Avenue in Tacoma.

Tickets range from \$8 (for seniors, military, and students) to \$25 for families, and can be purchased on their website at [www.tacomaartmuseum.org](http://www.tacomaartmuseum.org) or by calling 253-272-4258.

For more information on the exhibit, check out [www.tacomaartmuseum.org/rockwell](http://www.tacomaartmuseum.org/rockwell).



# What's Happening?



Next to Normal, an off-Broadway musical, is showing at the 5th Avenue Theater through March 13.

02.24

• *Next to Normal* is a new musical straight off Broadway that began on Feb. 22 at the 5th Avenue Theater in Seattle. It runs through March 13. It is a story about the stop/start life of a bipolar mother and the hell her unreality wreaks on her family as she rides the sharp edge between coping and insanity. Tickets are between \$53-83, depending on seating. They can be purchased on [www.5thavenue.org](http://www.5thavenue.org).

02.25

• *Expect The Impossible: Mark Nizer In 3-D*, who does an act that combines comedy, juggling, movement, and music, is performing at the Auburn Performing Arts Center on Feb. 25 at 7:30 p.m.

Tickets are \$20 or \$18 for students and seniors. You can purchase tickets by calling Auburn Parks, Arts & Recreation at 253-931-3043, or online at [www.brownpapertickets.com](http://www.brownpapertickets.com).

• The Renton Civic Theater begins performances for their newest production *The Mousetrap* on Feb. 25.

Tickets are \$22, or \$17 for students and seniors. They can be purchased at [www.rentoncivictheater.org](http://www.rentoncivictheater.org).

03.03

• Tet Festival 2011, a celebration of the Asian New Year, is being held on March 3 from 6-9 p.m. in Building 8, on the first floor. Food will be provided. There will be games and performances, some of which include skits and a fashion show.

03.06

• The Federal Way Symphony is performing on March 6 at St. Luke's Church in Federal Way at 2 p.m. Tickets are \$30 and can be purchased online at [www.federalwaysymphony.org](http://www.federalwaysymphony.org).

03.11

• *West*, a new production from Breeders Theater, begins on March 11 at the E.B. Foote Winery in Burien. This is the last production being done at that location. The show runs March 11 through March 26. Tickets are \$20 and include the tasting of E.B. Foote wines. Tickets can be bought at E.B. Foote Winery, 127-B SW 153rd St. in Burien or Corky Cellars, 22511 Marine View Drive in Des Moines.

03.12

• Handsome Little Devils "Squirm Burpee Circus," a Vaudeville comedy, high-skill circus act, is playing at Kent-Meridian Performing Arts Center on March 12 at 3 p.m. Tickets are \$18 general, \$16 senior, and \$12 youth. They can be purchased at [www.ticketturtle.com](http://www.ticketturtle.com).

• Uncle Bonsai is playing at the Auburn Avenue Theater on March 12 at 7:30 p.m. Tickets are \$17 or \$15 for students and seniors. Tickets can be bought at [www.brownpapertickets.com](http://www.brownpapertickets.com).

03.17

• The Gothard Sisters will be performing as part of Auburn Art Commission's St. Patrick Day celebrations on March 17. The performance begins at 7:30 p.m. at the Auburn Avenue Theater. Tickets are \$17 for the public, or \$15 students and seniors. You can purchase tickets at [www.brownpapertickets.com](http://www.brownpapertickets.com).

03.18

• Alpin Hong is performing at the Kent-Meridian Performing Arts Center on March 18 at 7:30 p.m. Hong is a pianist that has earned the reputation as a modern day Pied Piper. Tickets are \$26 general, \$24 senior, and \$20 for youth. Tickets can be purchased at [www.ticketturtle.com](http://www.ticketturtle.com).

## Weekly SUDOKU

Answer								
2	5	6	9	8	1	3	4	7
9	3	4	5	6	7	8	2	1
8	7	1	3	4	2	6	9	5
5	9	7	6	1	3	4	8	2
4	6	2	8	7	5	9	1	3
1	8	3	2	9	4	7	5	6
6	2	8	7	5	9	1	3	4
3	1	9	4	2	6	5	7	8
7	4	5	1	3	8	2	6	9

# The Tet Festival returns

By YURI NISHIZAKI  
Staff Reporter

This year's Tet Festival is going to be different from and better than last year, festival organizers say.

The Vietnamese event will be held on March 3 from 6-9 p.m. in Building 8. Admission is free.

The Vietnamese Student Association was established 13 years ago, and the Tet Festival has been held annually since then.

This year's theme is Highline by Night III, which is a play on a Vietnamese musical variety show Paris By Night, said Mike Le, Tet Festival volunteer.

The meaning of Tet is Vietnamese Lunar New Year. People celebrate the New Year's Eve and the first three days of New Year and wish for good luck in the Tet Festival in Vietnam.

People usually reunite with their family members and relatives at this time. This year, Vietnamese New Year was on Feb. 3.

This one-month delay of the event is because the festival committee members needed to train themselves "to build the leadership skills ... before holding the first big event,"



Courtesy of Henry Tieu

Students practiced to perfect the traditional Vietnamese dance called Hon Vong Phu for the festival.

Nguyen said. The committee was formed at the beginning of winter quarter, and members have received leadership training through Student Programs.

The event will feature several programs such as traditional Vietnamese games, performances, a fashion show, and a surprise event, Nguyen said.

A total of 30 people will perform traditional Vietnamese dances. A line dance group and Highline Yamato Taiko club will perform.

Quizzes that are related to performances and Vietnamese culture will be conducted between performances and if

guests get correct answers they can get prizes. Prizes will be provided by the Highline Bookstore.

Vietnamese traditional food will be offered free to the first 350 people.

A total of 350 people participated in the event last year, but this year admission is free.

"Everyone should join the event and receive the benefit as Highline students... to know Vietnamese tradition," Nguyen said.

For more information on the festival, send an email to [anhnguyen91@students.highline.edu](mailto:anhnguyen91@students.highline.edu).

# Former students start hip hop organization

By VICTORIA DOM  
Staff Reporter

Tony Innouvong and Eddie Martinez want to prove that hip hop is its own culture far beyond bling-bling and romps shaking.

The former Highline students teamed up to start Freshest Roots, using hip hop to spread awareness of social issues.

Freshest Roots is a community-based organization that strives to open doors for young people to cultivate their passion in the arts while addressing concerns such as racism, human trafficking, and inequity.

"When it is conveyed through art, it becomes a more understandable medium for people because they are participating in something they enjoy, while also learning," said Innouvong.

Innovong, also a rapper who goes by the name "Illaphant," reached out to fellow Highline alum Eddie Martinez in 2009 after meeting through the Student Leadership Program.

The duo recently hosted a workshop at the college's First Fridays Leadership Institute to present their efforts of providing leadership through hip hop.

"There are so many things happening all over the world;

so many voices that are unheard and stories yet to be told," Innouvong said. "Understanding society's ailments can be difficult, but it is even more difficult if one doesn't know of its existence."

Through Freshest Roots, the pair is trying to inspire the community to make positive change, while exposing the talent of local artists throughout South King County.

There are few resources and avenues for young people to share their talent and most of the attention is focused in Seattle, said Innouvong. So specifically, in South King County, more avenues are needed in order for them to perform and grow as artists.

Freshest Roots strives to make an impact and provide those avenues by coordinating local events where artists are given the opportunity to show off their talents and share their stories to spread knowledge of global issues, its founders say.



Innovong

The organization hosts an open-mic night two Saturdays of every month at Forza Coffee Shop, located at 20038 68th Ave. in Kent.

"Our goal is not to turn people famous, but we want to help young, talented artists get the recognition they deserve," said Innouvong.

"We share the tools and knowledge; it is up to those that listen and participate to make a decision about whether they will use those tools," he added.

In addition to planning events, open-mic nights, and shows, the organization sells t-shirts with a portion of their profit going to making differences in other countries.

"We aren't just here to make a million dollars selling t-shirts, we are here to make a social impact," he said. "My dream is to go across the globe to build schools and teach them the arts."

The organization would like to grow internationally, continuing to create opportunities by teaching art in schools and community centers and producing a documentary, all while using hip hop as a catalyst to reflect the greater society, Innouvong says.

To learn more about them, visit [www.freshestroots.org](http://www.freshestroots.org).



# Beat back debt by building a budget, expert says

By **MALLORY MURRAY**  
Staff Reporter

Budgeting your money and setting goals for yourself financially is an effective way to keep yourself out of debt and maintain good credit, a state official said here last week.

Lyn Peters, director of communications/financial education outreach at the Washington Department of Financial Institutions, held a workshop about the right way to budget your money and stay out of debt on Tuesday, Feb. 15.

"Spending money on coffee, shopping, and going out to eat can cost you thousands of dollars each year and could eventually even put you in debt," she said.

Making a budget for yourself is the first step in taking charge of your spending.

Write down your budget and goals.

"Make it real by putting it in writing, whether that's in a notebook, or your own spreadsheet," said Peters.

"Once you have it in writing, review it. You'd be surprised what you or your family members will be willing to sacrifice if it means there's a payoff in the end," she said.

The next step is calculating the bare minimum you need each month to survive.

Examples of these necessities vary from rent, mortgage, food, utilities, outstanding debts, bills, gas and insurance.

"A leak is unnecessary items or entertainment you spend your money on too often that can be reduced to help you save money," said Peters.

"A necessity is not cable, coffee, shopping or other leaks you like to spend your money on," said Peters.

"To work toward your goals you need to look at total household or individual income versus total payments," she said.

Figuring out where you can make cuts to save money opens up the option for extra income each month.

"Making cuts doesn't mean removing the things you enjoy

## Online resources can help you save

There are a lot of resources that can help you save your money, budget your money and help you get out of debt.

Some of these resources include, [www.mint.com](http://www.mint.com), [www.americasaves.org/resources](http://www.americasaves.org/resources), [www.csrees.usda.gov/nea/economics/fsll/publications/66\\_ways.pdf](http://www.csrees.usda.gov/nea/economics/fsll/publications/66_ways.pdf).

[www.mint.com](http://www.mint.com) brings all your financial accounts together online, categorizes your transactions, lets you see budgets and helps you achieve your savings goals.

[www.americasaves.org/resources](http://www.americasaves.org/resources) provides a host of resources you can use to get started saving.

[www.csrees.usda.gov/nea/economics/fsll/publications/66\\_ways.pdf](http://www.csrees.usda.gov/nea/economics/fsll/publications/66_ways.pdf) is a list of 66 different ways to help you save your money with everything from housing, utilities, insurance, transportation, and credit.

Not only are there online resources, there are resources that you can use to find a class near you or schedule a workshop on financial education.

[www.nfcc.org](http://www.nfcc.org), The National Foundation for Credit Counseling, is another resource to help you become more aware about budgeting, credit and financial literacy.

it," said Peters.

The best way to maintain credit cards is to have a separate spread sheet for them so you can see what it's costing you, which will give you a better idea of how you're going to pay them off.

"When you close a credit card you close them slowly and systematically," she said.

A great thing to do is to pay off the card on which you pay the most interest.

"A lot of folks say pay the card with the highest interest rate, but if you have a larger balance on a card with a lower interest rate you may still be paying more interest on that card than on the card you have the higher interest rate on," Peters said.

Closing cards right away can actually hurt your credit score, so don't stop using your cards altogether.

Using them occasionally, but paying them off regularly will keep you on the right track for getting out of debt or staying out of debt entirely.

# Eight arms and one surprisingly agile brain

By **ELI EIR**  
Staff Reporter

They may not be smarter than a fifth grader, but octopuses sure are one of the most intelligent of the invertebrates.

Russ Higley, manager for the MaST Center at Redondo, spoke at the Science Seminar on Friday, Feb. 11.

Science Seminars are every Friday from 2:20 - 3:20 p.m. in Building 3.

During his presentation Higley asked "What is intelligence?"

"Octopuses are found all over the world, in all oceans, in every depth," Higley said.

Octopuses are jet powered through a syphon located in the middle of their eight legs. It's how they move through the water; they will "jet" at annoyances and even use it to clean shells and crab skeletons out of their den.

While searching for food and navigating through the ocean, octopuses will often use camouflage to elude their enemies.

"They can change their appearance in 30 milliseconds,"



Russ Higley

Higley said.

Octopuses can not only change the color of their skin, but they can also stretch and constrict it to create different textures.

They are able to do this because of special chromatophores in their skin.

They are intelligent enough to completely disappear in the eyes of predators such as a dogfish shark.

"They can make a shadow pass over their skin," Higley said.

Perhaps their intelligence has to do with the size of their brain. Octopuses have one of the largest brains of the invertebrates, Higley said.

Like birds, octopuses are

animals with spatial memory, "they are able to change their behavior because of new info," Higley said. For example, if lost, an octopus can return home from hunting on a different path.

"The king of them all is the Giant Pacific Octopus," Higley said.

The Giant Pacific Octopus is native to the Puget Sound. They are one of the less venomous octopuses, due to their large size. The smaller the octopus, the more venomous it will be.

Giant Pacific Octopuses typically grow up to 15 to 25 feet and weigh up to several hundred pounds. They have a life-span of about three to five years.

A male octopus will die shortly after giving his sperm packet to his mate.

The female octopus will lay her eggs and die shortly after they hatch.

"A mother lays from 50 to tens of thousands of eggs," Higley said.

A mother will defend her den and protect her eggs until they hatch, when she will then push

them out to sea, before dying.

So ask yourself, "what is intelligence?"

There are many answers to this question, and Higley believes he may have found one.

## Highline hosts free and public health care job fair

Local health care employers will be gathering at Highline for a job fair on March 2.

The fair will take place in the Mt. Skokomish room and balcony, located in the Student Union, second floor, from 9

a.m to 12:30 p.m. It is free, and open to not only Highline students, but alumni and the general public as well.

Participating employers include Valley General, Downtown Emergency Service Cen-

ter, Northwest Hospital, and Emerald City Medical Staffing. There are positions in all fields, including mental health, phlebotomy, medical assistant, reception, and crisis line, as well as several tech positions.

*Someone you know  
hopes she can  
make ends meet...  
and stay healthy  
doing it.*

**Planned Parenthood®**  
of the Great Northwest  
**WE'RE HERE.™**

Well woman exams • Family planning • Breast health care  
Emergency contraception • Cancer Screenings • STD & HIV testing

**800.230.PLAN (7526) | [www.ppgnw.org](http://www.ppgnw.org)**

Ask if you qualify for reduced fee services. We'll bill most major insurance companies. Monthly budgeted payment plans available.

©2011 Planned Parenthood® of the Great Northwest.





## Fire

continued from page 1

6th floor, room 613.

Any documents that need to be delivered to Human Resources should be sent to Building 1 to Lois Eriksson. Women's Programs and Workfirst have been moved to the bottom floor of Building 6.

"Being that we are Women's Programs and we work for an exceptional college we coped very well [with the relocation]," said Jean Munro from Women's Programs.

There is currently a security officer stationed at Building 99 to help direct students to the right locations on campus and keep staff and faculty from entering the building.

The destruction in Building 99 is currently being cleaned up

by Service Master, a restoration company. Neither the full extent of the fire damage nor the cost is known at this time.

"They are using over 200 fans and 20 dehumidifiers to help dry out the water that is still in the building," Holldorf said.

"The first floor tenants were hit harder than the second floor tenants due to the water damage in the ceiling that appears to be extensive," Holldorf said.

Building is closed for now.



Photos by Barry Holldorf

Damage in Building 99 has a great deal of water damage as a result of fire fighting efforts. The ceiling collapsed in one offices and left a great deal of debris for clean-up crews to deal with it.

# M.C. Escher was artist, architect and mathematician

By ELI EIR  
Staff Reporter

M.C. Escher's background as an architect is what made his art so interesting, said a Highline professor last week at Science Seminar.

Ed Morris, a math teacher at Highline, spoke about M.C. Escher and his many tessellations at the Science Seminar on Feb. 18.

Science Seminar is open to everyone interested in learning about all kinds of different science; the seminar is every Friday from 2:20 to 3:20 p.m. in Building 3, room 102.

"Escher did things that were not only tessellations but also works of art," Morris said.

A tessellation is when you try to cover an entire flat surface



Kyle Cotton/THUNDERWORD

Ed Morris explains the importance and influence of Escher's work.

techniques such as translation, rotation, reflection, and glide rotation to create perfect tessellations, Morris said.

Being a mathematician, Morris was able to figure out how Escher did some of the things he did, and made his own tessellations.

"It really comes down to very, very simply, conservation of matter," Morris said.

Morris took very basic shapes such as a square or a triangle, and would take out a part of the shape. Then he would take the amount he took from the shape and place it on an opposite or parallel side. By doing this he made really obscure shapes that were able to create a perfect tessellation.

Escher was also interested in the infinite.

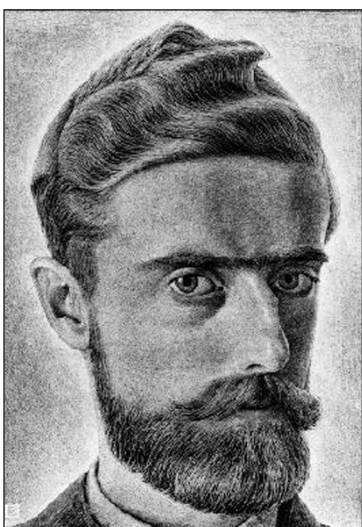
"He came up with a new tessellation called a spiral tessellation," Morris said.

Escher was even able to start with one shape and throughout the tessellation the shape would change into something else.

Math or art, what Escher did was a perfect example of how math can be used for just about everything, Morris said.

This week's Science Seminar will feature Kurt Giessel and Mike Bradley of Administrative Technology, showing how to protect yourself on the internet. The seminar is at 2:20 p.m. on Friday in Building 3, room 103.

If you are further interested in learning about M.C. Escher you may visit the Highline Library located in Building 25. Anyone at the Reference Desk will help you find what you need.



Escher

without any gaps or overlaps.

Escher who was born June 17, 1898 and died March 27, 1972, known for making obscure figures out of regular shapes to make tessellations of all kinds.

During the presentation Morris demonstrated how to create a tessellation using three-, four-, and six-sided shapes. It turns out that those are the only kind of shapes that are able to tessellate.

Being an architect, most of Escher's work was done on grid paper and he used graphing



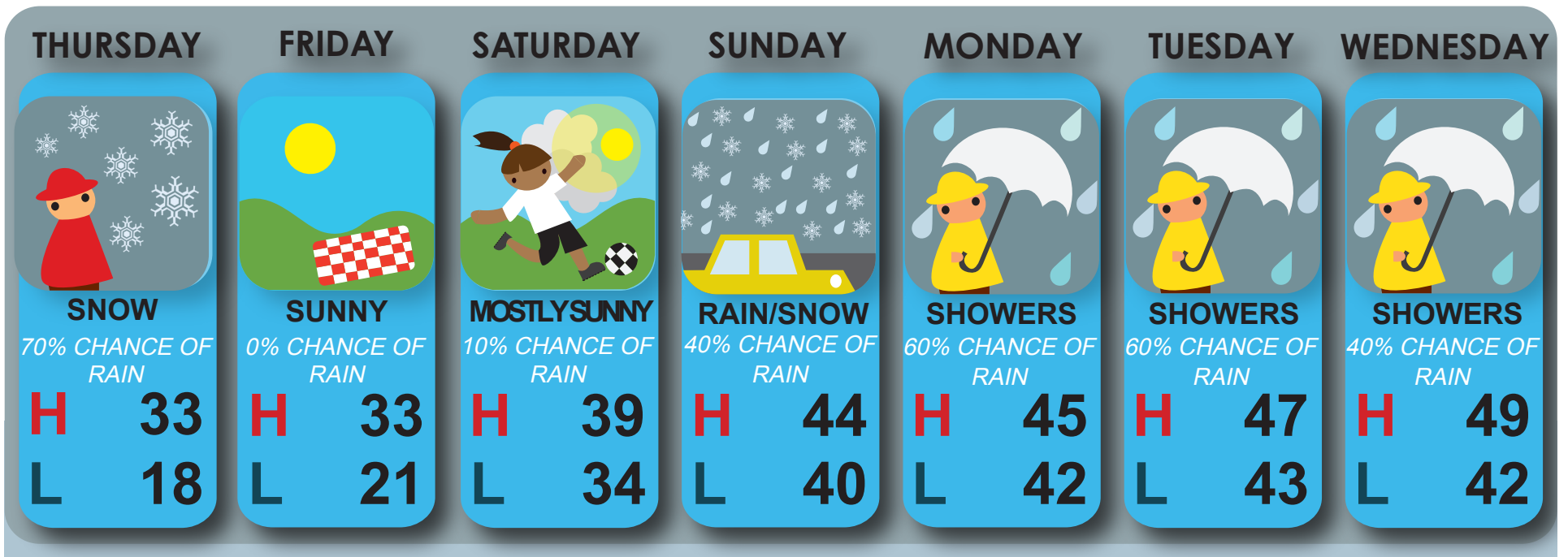
**PAWN DEPOT**  
PUGET SOUND  
"We Loan More & Sell For Less"

**Having Hard Times  
We Are Here To Help**

**Instant Cash Loans on your Merchandise**

24615 Pacific Hwy South, Kent | 253-946-6222 | [pspawndepot.com](http://pspawndepot.com)





## High school

continued from page 1

department for Highline High School.

"I wouldn't say communication is a huge issue, but it could be better. We haven't had any major problems," Weist said.

"One thing that could be improved is to have a face-to-face meeting with the Running Start coordinators at the community colleges," Weist said.

Jennifer Hinkle, registrar for the Foster High School counseling department, along with other high school officials do not experience this same problem.

"We do communicate with the Running Start coordinators at the colleges, I'm not aware of any communication issues," Hinkle said.

Sandy Puchar, head of the department of counseling for Kentlake High School, agrees with Hinkle.

"We have really good communication. There are two

meetings every year, one in the fall and one in the spring, where we meet with other counselors," said Puchar.

"The Running Start Coordinator at Highline always keeps us up to date on information and discusses current issues with us," Puchar said.

Brook Scheib, a counselor for Thomas Jefferson High School, says they haven't experienced any problems with recognizing credits or with communication.

"To avoid confusion, we give our students forms that show them which classes they can sign up for, the students are well informed," Scheib said.

"We meet with the college counselors at least one to three times a year, we don't have any problems with that," she said.

Some students have difficulty understanding it all and how different college is from high school. High school counselors tell them who to contact on the college campus.

Also they always have access to their high school counselors or Running Start advisers, Scheib said.

The issue of miscommunication could be due to the students not seeking out information and help.

"The disconnect in communication happens most often when students begin to self-advise and are not seeking out help," said Joshua Magallanes, a Highline Running Start coordinator.

As a result of students not talking with their advisers and counselors they often experience scheduling conflicts, said Laura Weist, head counselor for Highline High School.

"Scheduling conflicts can be a problem, especially if the student is only part time in the Running Start program," Weist said.

"The students need to make sure both their schedules for high school and college sit together, this can be challenge for them," she said.

"At times the students may miss events at their high schools because they have to attend their college classes. I've heard from students that college teachers are not receptive to them being

gone for high school reasons," Weist said.

"We haven't experienced any problems with communication with the high schools or recognizing credits between the two levels," said Karen Steinbach, Highline's high school program manager and education planner.

"We've been working really well with the high schools, we have established equivalency guides for students to show them what classes they can take," Steinbach said.

"The districts put together the guides for their students, we've had no problems with this," Steinbach said.

"Running Start has been around for so long, that we have been able to work out what problems there have been," Steinbach said.

"With scheduling, it can be a bit of a challenge but we communicate with the students so that they understand up front what their schedule will look

like," Steinbach said.

"My experience as the point of contact for issues related to this program in the K-12 community is that Running Start is wildly successful," said Mike Hubert, the supervisor of Comprehensive guidance and counseling development and navigation 101 at the office of the superintendent of public instruction.

"Could the effectiveness of the program be improved? Absolutely. Students of color and other underrepresented student populations are not accessing the program at the same levels of other groups. This remains a major challenge for our schools," said Hubert.

For success with the Running Start program, his advice for students is to be engaged with their school counselor and college advisor early in their planning to ensure they can access the courses they need to build the future they want.

## Poverty Bay Wine Festival helps Rotary help local schools

By **KRISTEN REMETO**  
Staff Reporter

The Rotary Club of Des Moines is holding its annual Poverty Bay Wine Festival on March 4, 5, and 6 at The Landmark Event Center.

The Poverty Bay Wine Festival is the Rotary Club's major fundraiser.

The success of this event determines how much they can invest in the schools for the year.

The Rotary Club of Des Moines was founded in 1958 with the intention of helping out the community.

Over the past few years they have given up to \$111,700 to the community and up to \$12,550 to Highline.

The Rotary Club holds events that are sponsored by local busi-

nesses like Fred Meyer and Des Moines Drug and Radio stations like Warm 106.9.

The money that is raised at these events is donated to the community and local schools.

The festival will feature jazz artists; Tor Dietrichson with Mambo Cadillac, Susan Pascal, Seattle Women's Jazz Orchestra, Sonando, Uncle Ernie, and Michael Powers.

You must be at least 21, since this is a wine festival.

There will be a wine tasting that features wine from local wineries and wine from over 20 different Washington wineries.

You can purchase your ticket online, at Corky Cellars 206-824-9462, or at Des Moines Drug 206-878-2345 for \$25 or you can purchase your ticket at the door for \$30.

With your ticket you will receive 10 tasting tokens.

The wines range from one to three tokens each. You can purchase extra tokens for a dollar.

If you come on opening night you will receive five extra tokens with your ticket.

The festival will run on Friday from 5-10 p.m., Saturday from noon to 7 p.m., and Sunday from noon to 5 p.m. at the Landmark, which is located at 23660 Marine View Dr. S.

There will be free parking and shuttle rides from the Des Moines marina to the Landmark Event Center. There will also be parking for \$10 at the Landmark.

If you are under the age of 21 you can still help. The Rotary is always seeking volunteers to help with charitable activities.

[heritage.edu](http://heritage.edu)

### Turn your Highline degree into a teaching career.

Highline Community College and Heritage University at SSCC have joined hands to help you seamlessly expand your AA or AS degree into a Bachelor of Education. For details, call Heritage at 206 764-5371 or e-mail [seattle@heritage.edu](mailto:seattle@heritage.edu).



**Heritage University**  
at SSCC

Greater success is closer than you think.