

Highline mourns murder victim

Election results shake things up

By Thunderword Staff

Des Moines Police detectives are seeking leads in the fatal shooting of Highline student Jayme Thomas which occurred in the early morning hours of Nov. 6.

Witnesses said that Thomas was trying to crawl to help the other victim even though she was critically injured. Both were taken to Harborview Medical Center in Seattle where Thomas died from her injuries. The man's injuries were not life threatening.

Police are currently checking a surveillance video for potential suspect leads.

"We know there was a prior altercation," said Des Moines Staff Sergeant Bob Dole.

Witnesses told police that there had been a verbal altercation between two young males and Thomas's group.

Police said that Thomas was sitting in the back seat of a car while a 24-year-old male from her group of friends talked to two other young males. The discussion became heated and the two young males who, began passing a gun back and forth, then opened fire on the 24-year-old hitting him and also hitting Thomas.

Thomas was a recent graduate of Mount Rainier High School. She was a current student at Highline, working on prerequisites for the nursing



Jayme Thomas was shot and killed last weekend at Redondo Beach near Highline's MaST Center.

program.

"She was pretty quiet and not very outspoken in class but she seemed really sweet," said Michelle Manber, Thomas's psychology professor at Highline. "She made friends in the class and sat next to them every day and they seemed really broken up about her death."

One of Thomas's nursing assistant instructors at Puget Sound Skills Center, Sirena

Sagdahl, said "Jayme was such a sweet spirit. Jayme blossomed during clinicals and was frequently the last one to our closing meeting after clinicals. She always had one more thing she wanted to do for the people she was caring for before she left. She was kind, caring, and

See Thomas, page 15

Close races may bring some new faces to local city politics

By Thunderword Staff

SeaTac voters appear to have rejected changing to a strong mayor form of government, while local voters appear to be punishing incumbents in city council races.

Proposition No. 1, to change the form of government of SeaTac from the council-manager form to a strong mayor form of government did not get as much voter support as the proposition hoped.

It is behind by 259 votes, while almost 45 percent of voters have supported it, around 54 percent so far have voted against it.

In the city council races, Barry Ladenburg is well ahead of the incumbent Gene Fisher for council position No. 1 with a 28.04 percent lead.

Incumbent Terry Anderson has a 28.19 percent lead over Sandra Cook-Bensley for council position No. 3. Cook-Bensley, said she has expected this result. "It was not a total shock, but it would have been nicer if the race was a bit closer."

Cook-Bensley said that looking at the results right now, it seems two new people will be joining the council and possibly a third. She said she is interested in seeing how they will work together.

"I think that you are probably going to be seeing a lot more social services coming through," Cook-Bensley said.

Cook-Bensley said that currently proposition 1 is behind in votes but she hopes that turns around and changes.

"I think proposition 1 needs to pass," Cook-Bensley said. "I think we have the right and deserve the right to elect our leaders."

For council position No.5 Dave Bush is currently ahead of his opponent Michael T Kovacs.

For council position No. 7, 854 votes are currently separating the candidates.

Mia Su-Ling Gregerson is ahead of her opponent Erin Sitterley by 1.08 percent.

See Elections, page 15

Nationwide poll shows that young Americans are pessimistic

By ALISA GRAMANN
Staff Reporter

America's young people aren't sure what the future holds for them.

A recent nationwide poll of young Americans aged 18 to 34 reported that young people are discontent with their jobs and are having a hard time making ends meet. Despite this, the poll showed that young adults

believe in the American Dream.

Young Invincibles, Lake Research, Bellwether Research and Consulting and Demos worked together to poll young adults about various issues. The four organizations officially released their findings last week via a teleconference.

Young Invincibles and Demos are organizations that advocate equal economic opportunity and the involvement

of young people in government decisions.

A total of 872 young adults were polled via phone calls made between Sept. 25 and Oct. 4 of this year. The margin of error for this poll was plus or minus 3.32 percentage points.

Many college students are employed or wish to be employed, which means many are looking for jobs, said Celinda Lake, president of Lake Re-

• Students at Highline appear to be more optimistic about the future. **See story, page 16**

search.

According to the Bureau of Labor Statistics, the overall unemployment rate is 9 percent — a number which has fluctuated between 9 and 9.2 percent since April of this year.

Unemployment rates for people ages 16 – 24 is 17.5 percent. For people ages 25 – 34, the unemployment rate is 9.6 percent.

Lake said that this age group, roughly 18 – 34, is largely living from paycheck to paycheck.

According to the research, 68 percent of young adults say that it is getting harder to make ends

See Poll, page 16

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Highline offers two programs for potential nurses



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Library displays Highline grad's art



P9

West Division championship within reach for Lady T-Birds



News Briefs

Campus closed on Veterans Day

The campus will be closed on Nov. 11 due to the Veterans Day Holiday.

All offices including the library are closed, and no class will be held. The weekly Friday Science Seminar also won't be held due to the closure.

Coat and blanket drive open now

Coat and blanket drive is open through Nov. 18 to collect cold protective clothing including coats, blankets, socks, and sleeping bags.

As many as six barrels are located in Building 6, Building

29, Building 30, the library, and on the first and second floor in Building 8.

Highline's Black Student Union and PRISM club is sponsoring this event. All donations will contribute to the local homeless outreach mission.

Actor speaks about 'Achieving Success'

Rydell Danzie will speak about 'Achieving Success' on Wednesday Nov. 16 at 11 a.m. to noon in Building 7.

Danzie is a professional actor and performer with over 10 years of experience onstage. Anyone is welcome to attend and free to come as early as 10:40 a.m. to get a place to sit.

Community College Initiative students share their cultures

Community College Initiative Program will have poster sessions and presentations on Nov. 15 – 17 between 10 a.m. –

3 p.m. in Building 2.

The event coincides with the arrival of the International Education Week which is between Nov. 14 and 18. The CCI students will share their cultures through handouts, quizzes, local recipes, posters, and presentations. Students presenting are from South Africa, Egypt, Indonesia, India, Kenya, Pakistan, and Turkey.

History Seminar handles hypothesis

The weekly History Seminar will be held Wednesday Nov. 16 in Building 3, room 102 from 1:30 - 2:30.

Emmanuel Chiabi will speak about the Hamitic Hypothesis.

Donate toiletry, support veterans

The Nursing Club is collecting nonperishable toiletries for veterans in honor of Veteran's Day.

The Highline Student Nurs-

ing Club is sponsoring the collection. Toiletries can include shampoos, toothpastes, and disposable razors.

Several barrels are located in Building 8, Building 26, and the library. Donations will be accepted through Nov. 10.

Get help at faculty advising table

Faculty will have an advising table on Nov. 15 and 16 between 10 a.m. to 1 p.m., and 4:30 – 7:30 p.m. on the second floor in Building 8.

Students can get help with selecting courses for Winter Quarter.

Join the Giving Tree to support children

The Giving Tree supports low-income families at Highline by providing them with gifts for the holiday season.

People can sponsor the children of low-income families at Highline through the Giving

Tree as an individual or a group. Gifts are provided through the Women's Programs.

If you are interested in sponsoring a child/children, email Melinda McCutchen at mmc-cutchen@highline.edu with your name, phone number/email and the number of children that you would like to sponsor.

Gifts will be accepted until Monday Dec. 12.

Winter Leadership Retreat's application now available

Winter Leadership Retreat will take place on Dec. 17 and 18 at a local retreat center on Bainbridge Island.

The event is sponsored by the Center of Leadership and Service. Applications are due Nov. 23. For an application and information, visit <http://studentprograms.highline.edu/workshops.php> or contact Natasha Burrowes at nburrowe@highline.edu.

**Crime and Punishment****Suspicious activity**

Staff members of the Athletic Department called Campus Security after they saw a dark skinned male enter and exit the gated laundry area in Building 27 on Nov. 4.

The subject was found with two black bags, one a suitcase style bag with wheels and the other a laundry bag. The subject turned out to be a Highline student. The student was homeless and had been using the locker room to store his possessions. He was told by Campus Security not to use the locker rooms as storage.

A man arrested on campus

Des Moines Police Officers removed a male subject from a Metro bus in the South Parking Lot on Nov. 3.

The suspect was arrested in relation to a shoplifting that took place at the 240th and Pacific Highway intersection.

Medical emergency

A Highline custodian was experiencing trouble breathing in Building 19 on Nov. 8.

South King County Fire and Rescue arrived on scene with an oxygen tank for the victim. He

was transported to St. Francis Hospital in an ambulance.

Hit and run

A student reported that her van was hit while it was parked in the East Parking Lot on Nov. 2.

After returning to her 2001 Dodge Grand Caravan, she discovered a 5-inch by 6-inch dent near the right rear tail light.

Disorderly incident

A woman became confrontational with library staff on Nov. 5.

According to library staff, the woman, who was also roughly handling her daughter, became agitated when asked to leave. Campus Security was called, and when officers asked her to leave, she complied while shouting at the officers.

Suspicious activity

Staff members in Building 99 called Campus Security on Nov. 4 after a male with a moustache, black beanie hat, and blue parka asked several staff members about the offices in the building and was seen peeking into offices. Campus Security arrived but found no one matching that description.

King County Sheriff's on campus

Several King County Sheriff's vehicles were parked in the lower North Parking Lot. The lot was being used as a staging area for a separate incident.

-COMPILED BY BEN FRIEDLAND

Stay alert with Highline alert

By **ZAHRA NIAZI**
Staff Reporter

Highline Community College alerts are available for students who want weather and emergency information fast.

With just one text message, students are notified whether Highline is closed or if there are delays due to certain weather conditions.

These college alerts are not only for weather related closures, but it is another way of communicating with students in case of emergencies.

Victoria England, the emergency management coordinator at Highline, said that it's a faster way of communicating with so many students.

Instead of waking up earlier and trying to catch our school information on the news, it just takes one text message to notify students of any important information regarding Highline, said England.

"Because of these alerts, people are able to take precautions and prepare for harsh weather conditions, even dictating what you wear for that specific day," England said.

England also said that these alerts are not just for weather closures, but are important for the emergency aspect as well.

If an armed man came onto campus and the police station notified Highline, then all those students who are subscribed for the college alerts would be notified as well, said England.

It serves for safety purposes

as well as precautionary measures in the long run.

The Highline alerts are free and students can subscribe for them online at <https://alerts.highline.edu>.

All you need to do is enter your cell phone number and your name and further instructions are given on the website, said England.

Students can also get these alerts by following Highline on Twitter, and on Facebook as well.

If students don't want to subscribe for the college alerts, they can always visit <http://www.schoolreport.org/> for weather related issues and can sign up with their email and phone number for notifications.

HANG ON TO THE



Experience Puget Sound and Earn Science Credit!
Each quarter Highline's MaST Center offers hands-on marine science laboratory classes. Earn your 5 credits of lab science with first-hand experiences.

We offer:

- Blol 103 – Marine Birds and Mammals (occasionally)
- Blol 110 – Marine Biology (every quarter – many hybrid)
- Ocea 101 – Introduction to Oceanography (every quarter – many hybrid)
- Envs 101 – Introduction to Environmental Science: Marine Focus (spring and summer)

The MaST Center is located 4 miles south of the Highline Campus in Redondo. Our aquarium has 11 tanks with more than 100 local species on display.



Nursing Program focuses on potential

By **ERIKA WIGREN**
Staff Reporter

Highline's nursing program requirements ensure that the students, who want to be nurses, have the potential to be nurses.

The Nursing Program coordinator, Teri Trillo, said that the nursing program requires more than just the desire to help people.

"Not everybody can be a nurse," said Trillo. "A lot of people believe that if you love people and want to help them, you can become a nurse, but that isn't true. It takes dedicated students who have an intuitive way of thinking."

There are two nursing programs at Highline. The first is the two-year associates program. For this, all applicants that meet the necessary requirements are put into a lottery. Sixty applicants are then randomly selected and are separated into groups of 20 for the fall, winter, and spring quarters.

"We draw 60 names and ten for alternates just in case a student decides to go to another program at another school," Trillo said.

The AA in pre-nursing is a transfer degree that is accepted by four year nursing programs in the state of Washington.

The program is 72 credits in addition to the pre-requisite courses.

Trillo said that in order to apply for the two-year program, the standards have to be met, and that this year's standards are stricter than last years.

"To apply for the two-year program, applicants must be licensed as a certified nursing assistant (CNA) and have all their prerequisites met," Trillo said. "Last year, a grade point average of 2.5 was acceptable, now a 3.5 G.P.A is required."

The TEAS test (Test of Essential Academic Skills) must be passed with a 75 or above. This test costs \$35 and will consist of four areas: math, basic science, reading, and writing.

"We recommend that students wait and finish all the required prerequisites before taking the TEAS," said Trillo.



Teri Trillo



Jena Baker (left), Barbara Moak and Sunny Vidangos Aza (right) are students in the Nursing Program. Nursing Program Coordinator Teri Trillo said it takes more to be a nurse than caring about people — students need dedication and intuition as well.

the job only gets harder from there.

"When students enter the program with their CNAs, we want them to have the skill set so we can teach them to be nurses and think like nurses," Trillo said.

In the program, there are six levels. The levels start at regular family care and basic skills, then progress to mental health. The last levels consist of following actual registered nurses schedules in hospitals, and working with actual patients.

"It's an intense program, and from day one, students learn how to think critically and intuitively," Trillo said. "It's important that the program is intense, because it is an intense profession."

The second program Highline offers is the LPN to RN option. The LPN-RN option is 37 credits, plus pre-requisite courses. This program allows students to get their associate degree as an RN in one year rather than two.

"We accept 30 applicants a year, but for the LPN option, there are generally less applicants, so usually all the applicants are accepted," Trillo said.

For the program, applicants must be a licensed practical nurse (LPN).

In order to be an LPN, students need to have had 9 to 12 months of prior training at a

community college, and pass the National Council Licensure Examination-Practical Nurse (NCLEX-PN).

In addition to being an LPN, applicants must have met all the prerequisites with a 3.2 or higher grade point average.

For the TEAS assessment, the LPN-RN program requires a score of 70 or higher.

"For this program, the participants should already be thinking like a nurse. The main goal is to help students prepare for the bachelor's program," Trillo said. "In the two-year program, the participants are listening to the RN and following their lead, while in the LPN program, the students are now the bosses."

Both of the programs, Trillo said, are almost like a boot camp, and the students get a realistic view of what it is going to be like working in hospitals.

"Each programs prerequisites consist of one college level math, Biology, and Anatomy & Physiology. As well as Microbiology, English 101, Psych 100 and Psych 216," said Trillo.

Two year RN applicants must have 2 elective credits, and the LPN-RN applicants must have 5 credits in social science.

Both will graduate with an Associate in Applied Science, graduates must then pass the National Council Licensure Examination —Registered Nurse (NCLEX-RN) to practice in the

profession.

"The thing about nursing is that it involves multitasking, effort, recognizing situations patients are in, such as when a patient is declining, and to act quickly and respond quickly," said Trillo. "They have to make decisions with very little information. So we want nurses that think like nurses."

"Another important aspect," Trillo said, "is that students have to be able to communicate. Strong written and verbal communication is paramount in this profession."

Trillo said that nursing is a science-based profession, and "if you hate science, then you will most likely hate nursing."

"It's important for students to know that nursing isn't for everyone. I recommend that students take a CNA class before their prerequisites to see if this is what they really want to do, because you never know until you try it," Trillo said.

For the students debating going into the nursing program, Trillo said that there are many benefits in starting the program at Highline.

"Not only is it less expensive to do a two-year program at Highline, and get an associates in pre-nursing, but it also allows for more one-on-one time between students and faculty. It's less chaotic, and there is more personal interactive assistance."

Ceremony to honor veterans

By **ERICA MORAN**
Staff Reporter

Veterans will be honored today at 12:15 p.m. at the POW/MIA flag located just south of Building 6.

Veterans Day is Friday, Nov. 11, and school will be closed. To observe the holiday, Highline's ceremony will include a presentation by the Veterans of Foreign Wars of a new POW/MIA flag for Highline, musical performances and "What It Means to be a Veteran," a speech by Highline student and veteran Glenn Cote.

Cote served in the U.S. Navy for 21 years, and is now a full-time student at Highline and works in the Veterans Service Office.

The Veterans Service Office acts as a liaison between Highline and the Washington state Department of Veterans Affairs, which provide resources from counseling and employment services to health care.

"We're the middle men," Cote said of Highline's office.

Cote was an East Coast sailor who worked on submarines and deployed out of Charleston, S.C., Kings Bay, Georgia, Holyloch, Scotland and Lisbon, Portugal.

Adapting to the college lifestyle is one of the biggest issues for veterans, he said. They go from being in an environment where you're told what to do, to having free will in college, said Cote.

"Were just like everybody else, but we've seen things and done things that most people will never do," said Cote.

Cote said his transition to Highline was challenging because he hasn't been to school in 30 years and that fitting in was hard. He is planning to transfer to UW Tacoma in June 2012 to pursue a degree in business administration and financial analysis.

"I want to better myself and pursue different careers," said Cote.



Glenn Cote

Editorial comment**Veterans need better care**

The American Military has been a constant line of defense for this nation, and it's time for this nation to start taking better care of our veterans.

We civilians need to take time this weekend and give thanks to those soldiers that have paid the ultimate price in order to secure our freedoms.

Whether or not you disagree with the current war, you have to understand that your gripes are with the military and administrative leaders, and not the soldiers themselves.

These brave souls have said they will lay down their lives at the behest of those in command.

We should also take time to thank those that have returned to us safely, allowing our families to become whole once more, something that is especially touching during the holidays.

Know that these men and women who have come home to us have seen things and done things that we couldn't do ourselves and for that we need to be appreciative and understanding.

These soldiers have seen the worst that humanity has to offer, and for those that have come back to us, life will never be the same.

Though the deaths from the current wars are not nearly as severe as those of the past, those soldiers that have returned to us will be forever damaged by what they have seen and done in the Middle East.

It is time that the government takes notice of the effects these two wars are having on our veterans and begin to take better care of those they send into battle.

We need to draw attention to the extremely inadequate care that these men and women receive. They were promised so much by their commanders, only to return home and be unable to care for themselves and their families.

Give thanks this weekend; if you see a veteran or know a veteran, shake their hand. Let them know that you appreciate what they have done for us. It may be the best news they ever receive, giving them a strong reminder of why they fight in the first place.

Register early, it's for the best

Registration opened last week for those students who are returning for Winter Quarter.

It is important for students to register for their classes early, at least before Nov. 21 when the new students will be allowed to register.

Early registration benefits students in several ways, first of these being that the student will have secured a spot in the desired class.

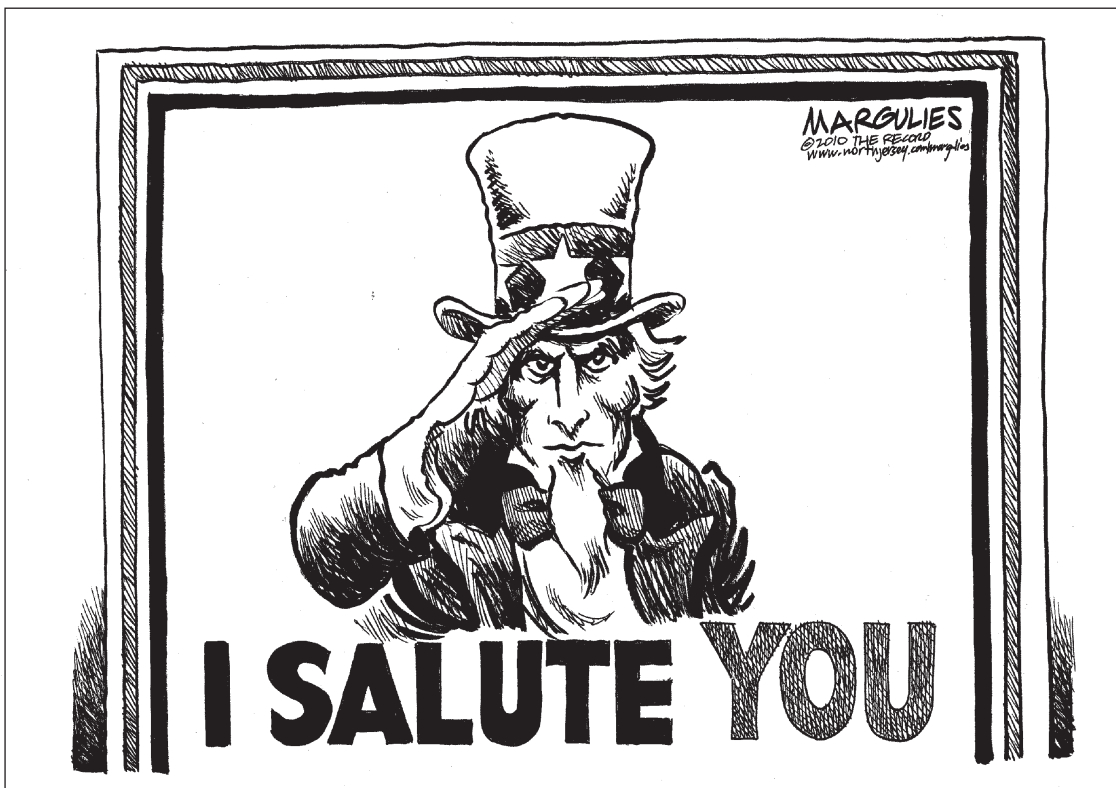
Secondly, from a financial perspective, knowing what you have to pay ahead of the deadline helps you begin to budget for the coming months. Pragmatism is most important when it comes to finances.

Tuition will be due Dec. 1 for the upcoming quarter, couple that with the cost of books and parking and early registration starts to look more and more appealing. Getting a head start on paying your tuition and fees can help prevent digging yourself out of a hole during the upcoming holiday.

Early registration is a blessing, given to us by the faculty and staff of Highline, and we would be remiss if we ignored such an opportunity.

On the reverse end of the spectrum, students that wait until after Nov. 21 to register have no right to complain about full classes or being shoved onto the waiting list. Having a full three weeks to register before the incoming students is plenty of time for those of us coming back.

Take advantage of the time we are being given.

**Letters****Veterans deserve job opportunities**

Dear business owners:

What is the one thing that makes your business the best?

I'm guessing it's your employees.

How would you describe a great employee?

Motivated, dedicated, high integrity, solution finder, team player.

What if I told you that I can find you employees with those traits, and they can make your business even better?

It's true.

They are our recently separated military personnel and our National Guard and Reservists and they want to put the skills they learned in the military to work for you!

Sure, their resumes may look a little different than someone who went straight from high school to work or college, but take an extra minute or two to think about how their skill set may bring a different perspective and better balance to your workplace.

Think about the training they received in the military: navigating sophisticated computer systems, interpreting technical data and focusing on important deadlines. Imagine the dedication and commitment it takes to put your country above your-

self. That sense of purpose and duty is an asset to any business.

These men and women raised their hand to defend our nation. As business owners and employers, now it's our turn to look out for them.

Make a commitment to reach out to veterans when you have openings.

The easiest way to do that is to contact the Employment Security Department's Veteran Service Program and WorkSource. These employment experts can help you connect with a veteran who will make your business better. They can be reached at 1-877-453-5906 or hireavet@esd.wa.gov

-- **John E. Lee**
Director,

Washington state Department of Veteran Affairs

TRIO keeping busy

Dear editor:

Hello we are the TRIO Student Support Service program.

We are a program here to support Highline's mission and values of equal access and quality educational opportunities by providing support services for disadvantaged students to help them continue with their education and successfully transfer to a four year university.

TRIO has been busy over the former year (2010-2011).

During our busy time we

have had the opportunity to enjoy some exciting events, workshops and field trips.

First we ventured out north and south visiting both UW Bothell and UW Tacoma transfer fairs. In the workshop department we had two enlightening scholarship workshops, as well as, a Financial Literacy and Financial Aid workshop.

Spring Quarter we partied on down at our ice cream social to celebrate our awesome progress reports! Then to wrap up spring quarter we feasted to a good old fashion pot luck, where we got to kickback and mingle with other TRIO students.

A big congratulation goes out to all our TRIO students especially our graduates and those who were awarded the Highline Foundation Scholarship.

To stay updated on TRIO happenings look out for our Quarterly TRIO newsletter.

-- **TRIO**

TRIO is a federally funded program support program that assists low-income, first generation, and disabled students. Located bottom floor Building 6

Write to us

The Thunderword invites letters and columns.

Send submissions, with contact information, to jnelson@highline.edu. Letters should be under 200 words, columns no more than 600.

Submissions due on Monday.

E-Mail tword@highline.edu

The Staff“

That hat...it's like you just walked off the Cosby Kids.”

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Plant is on table. 2. Woman's bow is missing. 3. Picture is hung on wall. 4. Box is different. 5. Shoes are black. 6. Cabinet has no doors.

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Weekly SUDOKU

by Linda Thistle

		5			2		7	
9			6	1		4		
	3		8					6
		8	3			5		
6				8			3	
2	4				9			1
		4			5	2		7
7			2					4
	9			3				1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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In A Fowl Mood

Across

- 1. Austrian peaks
- 5. Up, in baseball
- 10. Directional ending
- 13. Bone-dry
- 14. Kind of change
- 15. Blind segment
- 16. Menu item
- 19. Small batteries
- 20. Company V.I.P.'s
- 21. West Wing workers
- 22. Move forward
- 24. Carrying guns
- 25. French denials
- 26. Sound units
- 28. Certain league: Abbr.
- 30. Brown ermine
- 31. Kind of chart
- 34. Post-Thanksgiving meals
- 38. OB/GYNs, e.g.
- 39. Middays
- 40. Ethyl endings
- 41. Music genre
- 42. Healthy in Rome
- 44. Name on planes, once
- 46. Treaty topic
- 49. Collar types
- 50. ___ of thousands
- 52. Wee, to Burns
- 53. Popular fifties coiffure
- 56. Bothers
- 57. Wedding necessity
- 58. Snoop (around)
- 59. Coast Guard officer: Abbr.
- 60. Melville book
- 61. Canonized Fr. women

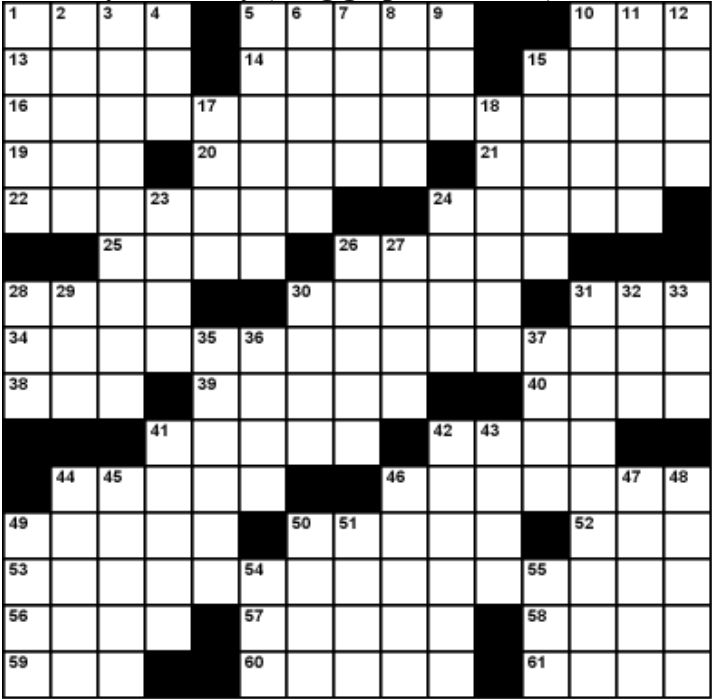
Down

- 1. Songwriters' org.
- 2. Composer Franz
- 3. Detainees
- 4. "Hold on a ___!"
- 5. Mr. Trebek & others
- 6. In shape
- 7. Pear type
- 8. Botanist Gray & others
- 9. Midmorning
- 10. Say "y'all," say
- 11. Sped
- 12. Math degrees
- 15. Does laps
- 17. Razor-sharp
- 18. ___ be different
- 23. Stop at a vineyard
- 24. Med school subj.
- 26. British guns
- 27. Punch responses
- 28. 24-hr. banking convenience
- 29. Really bad coffee
- 30. ___ gin fizz
- 31. Bay in Maine
- 32. Anger
- 33. Double curve
- 35. Sign up
- 36. Part of BYO
- 37. Hole in the wall?
- 41. Places of interest?
- 42. Kind of oil
- 43. Italian wine area

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

Crossword 101

By Ed Canty (Ed@gfrpuzzles.com)



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- 32. Anger
- 33. Double curve
- 35. Sign up
- 36. Part of BYO
- 37. Hole in the wall?
- 41. Places of interest?
- 42. Kind of oil
- 43. Italian wine area
- 44. Complete reversal
- 45. Punches
- 46. California/Nevada lake
- 47. Entertain
- 48. Archibald & Thurmond
- 49. Actress Falco
- 50. Breezy
- 51. Hoofbeat
- 54. F.B.I. employee: Abbr.
- 55. O.R. workers

Quotable Quote

Most turkeys taste better the day after; my mother's tasted better the day before.

••• Rita Rudner

STICKELERS by Terry Stickels

Here's a fun puzzle you can do with pennies — or any coins!

Take six pennies and lay them on a flat surface. Now, see if you can arrange the pennies in such a way that you have three coins in three different straight lines, using only the six pennies given.

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top ten

WEIRD SPORTS

- 1. Man vs. Horse Marathon
- 2. Wife Carrying
- 3. Bog Snorkelling
- 4. Toe Wrestling
- 5. Fistball
- 6. Octopush
- 7. Adult Kickball
- 8. Chess Boxing
- 9. Cheese Rolling
- 10. Full Beard Freestyle

Source: InventorSpot.com

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Trivia test by Fifi Rodriguez

- 1. MUSIC: What artist is the subject of a 1970s Don McLean song that begins, "Starry, starry night"?
- 2. HISTORY: When and where

did the first African slaves arrive in America?

- 3. ANIMATION: What was the name of the craggy peak overlooking Whoville in *How the Grinch Stole Christmas*?
- 4. MEASUREMENTS: What is absolute zero measured in Celsius?
- 5. MOVIES: What was the

home planet of the Transformers, alien robots (2007) who came to Earth?

- 6. ANIMAL KINGDOM: What is a baby horse called?
- 7. U.S. PRESIDENTS: Which U.S. president proposed the Great Society?
- 8. LITERATURE: Who wrote *The Canterbury Tales* in the late

14th century?

- 9. MEDICAL: What is the tine test used to diagnose?
- 10. SCIENCE: What elements were discovered by Pierre and Marie Curie?
- Answers
- 1. Vincent Van Gogh
- 2. 1619 (Jamestown, Virginia)
- 3. Mount Crumpit

- 4. -273 degrees
- 5. Cybertron
- 6. A foal
- 7. Lyndon Johnson
- 8. Geoffrey Chaucer
- 9. Tuberculosis
- 10. Polonium and radium

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Wolf conservation plan raises howls of protest

By **ERIKA WIGREN**
Staff Reporter

Gray wolves are the largest animals in the canine family, and they are also endangered in most of the United States.

The most common cause of death for wolves is conflict with people over livestock losses.

The Washington Department of Fish and Wildlife recently developed a conservation and management plan for the gray wolf, an endangered species throughout Washington state.

Washington state officials said that the plan will play an important ecological role, while Washington ranchers and farmers said it will put them out of business.

Gary Wiles, a wildlife biologist with the endangered species section of the Washington Department of Fish and Wildlife in Olympia, spoke Tuesday morning at Highline about the plan to reintroduce the gray wolf in Washington.

"Wolves were believed to be very common in Washington until the white settlers arrived," Wiles said. "During the 1800s, due to the expansion of ranching and farming, farmers began to kill wolves and the selling of pelts became very common."

By the 1900s, Washington's wolf population was scarce and by 1930, the wolves were nearly exterminated in Washington.

"Wolves are a challenging and controversial species, and it wasn't until 1980 the gray wolf was listed as endangered by the State of Washington," Wiles said. "What we want to do is bring more wolves to Washington and help restore the wolf population."

Currently, there are only six recorded packs in Washington.

"The state's first fully confirmed wolf pack in many



Gray wolves, a species native to Washington, are endangered. Despite this, controversy is high around a conservation plan to re-introduce wolves to Washington.

years was discovered in Okanogan County in 2008. This was followed by the discovery of packs in Pend Oreille County in 2009 and 2010. In July 2011 packs were confirmed in both Kittitas and Stevens counties," Wiles said.

The conservation and management plan for the gray wolves is to introduce 15 breeding pairs over the course of three years.

The plan was presented to the Washington Fish and Wildlife Commission in August, and is undergoing review until a decision is made in December.

There will be three recovery regions for the wolves including the Northern Cascade area, the Eastern Washington area, and the South Cascades and North Coast.

The plan addresses two major issues, including the recovery objectives and strategies for down-listing and delisting wolves at the state level, and the management strategies to reduce and address wolf-livestock conflicts.

The plan also "focuses on developing the public understand-

ing of the conservation and management needs of wolves in Washington, thereby promoting the public's coexistence with the species," said Wiles.

Wiles said there are many reasons why wolves are important in Washington.

"Wolves have an important ecological role. In Yellowstone, wolves were released and studied in their habitat. What was found was that because wolves prey on elk, they ultimately change elk's behavior," he said.

"The elk no longer gather in large areas and avoid stream-side forests. This, in time, led to more vegetation in the area, which led to more birds and beavers because there was more food for them," Wiles said. "The vegetation also brought more shade for the streams, which allowed colder water for fish."

Wiles said that wolves primary prey are deer, elk, and moose, while their secondary prey consist of beavers, marmots, birds, and sometimes fish.

"The worry for many farmers is that wolves will prey on their livestock, but one of the plan's main objectives is to reduce and

address the wolf-livestock conflicts," Wiles said. "There are management tools such as fencing, fladry (line mounted along the top of a fence, with suspended strips of fabric or some other material), and guarding/herding dogs that can help keep wolves away from livestock."

Wiles said that in some cases, if the wolves are constantly causing problems, the plan al-



Wiles "We also

will compensate for livestock that is lost, and reimburse the farmers," Wiles said.

Farmers and ranchers in Washington state, however, say they are fully against the plan to reintroduce the wolves.

Gwen Green, the treasurer of Cattle Producers of Washington, said the portion of the plan that protects livestock isn't as assured as it seems.

"In general, 3 percent of the animals hurt or killed will be paid for. When your whole income is raising cattle, you can't afford to lose that amount," Green said. "We are against it, and so are the Washington Sheep Producers."

"In the first three years after the plan is in place, we are not allowed to scare, shoot, or harm the wolves. We can only try to keep them protected, and with more than 1,000 acres of range land, that isn't possible," Green said.

"In the second stage of the plan, after the three years have passed, if we can prove that our livestock are being attacked by wolves, then we can ask for a permit to shoot the wolves and protect our livestock. But, that is only if we can prove that it is, in fact, the wolves killing our cattle."

Green also said that even if the wolves aren't harming the cattle, the fact that they are nearby will affect the cattle's health.

"Cattle are afraid of wolves, and if they know wolves are around, they don't settle or graze which will lead to weight loss, and malnutrition," Green said. "If the cattle are unhealthy and not in good flesh, they won't be able to have calves."

"The problem is that most people who don't live around ranches and farmland are for the wolves and the plan, because they are beautiful animals. The majority of the voters are not involved in ranching, so we are outvoted."

Green said that by the end of six years, if the wolves populate as fast as they did in Montana and Idaho, most Washington ranchers won't be in business anymore.

"Ranchers will protect their animals like a parent would protect a child," Green said. "If the wolves are reintroduced, it is only a matter of time before most ranchers won't be able to continue."



Charity game raises money and support for breast cancer

By **RACHEL MOYER**
Staff Reporter

Both the faculty and the women's basketball team won in last week's charity basketball game in the battle against breast cancer.

Last Friday, the Lady T-Birds played against Highline's faculty and staff in the annual game. The purpose of the game was to raise money for the Susan G. Komen for the Cure charity and bring awareness surrounding the issue of breast cancer.

"I have \$733 to go to Susan G. Komen, raised in little over an hour," said Jean Munroe, Women's Programs and Work-first Services program coordinator.

"I was so impressed by the support we had at the game. That was one of the biggest crowds we have had at the event," said Amber Rowe Mosley, the Highline women's coach.

"We had a lot of faculty and staff. We had some really good players and a lot of people came

out to support us. The crowd was so supportive and so involved," said Oussama (Sam) Alkhalili, Highline business information technology instructor.

The staff and faculty won the basketball game; the final score of the game was 66-60.

Even though the score of the game was 66-60, it was not a close game, as the faculty/staff players were up 16 points for the majority of the game, Alkhalili said.

"It was disappointing to lose, but the faculty and staff had a

lot of experience and talent on their side," Mosley said.

"As much as it pains me to say, Jason Prenovost was my vote for MVP of the game," Mosley said. "He actually only had one air ball this year, which is surprising."

"The game has been going on since 1982, but this was the second time that we won the game," said Ed Morris, a Highline mathematics instructor who played in the game.

"Our boys took over the game from the very beginning,"

Alkhalili said. "The Lady T-Birds had so much heart and tried to prove themselves to the audience. I put my hat off for those ladies; they tried their best."

"It was a fun game," Morris said, "competitive, but fun."

"Everybody was nice; it was a great time," Alkhalili said jokingly that this year no one got their shorts pulled down and no one was overtly competitive.

"It was a worthwhile event to support the Susan G. Komen charity," Morris said.

November concerts bring new music

By SHAIMA SHAMDEEN
Staff Reporter

Concert goers have a variety of shows to choose from in November.

The month of Nov. has concerts for all fans including, rap, indie rock, and punk.

•American rapper Big Sean will be at ShowBox Sodo on Nov. 17 for his I am Finally Famous world tour to promote his album Finally Famous, which was released on June 28.

Tickets for the show start at \$20 and can be purchased online at showboxonline.com, over the phone at 1-888-929-7849, or in person at the ShowBox SoDo offices located at 1700 First Ave, also the location of the show. The Showbox SoDo box office is open Monday through Friday, 12:30-5:30 p.m. for cash only.

Big Sean will also be joined by rappers Cyhi The Prynce and Shawn Christophe.

Indie Rock fans can look forward to the band Feist, which performs at the Moore Theatre on Nov. 17. The theater is located at 1932 Second Ave.

Tickets can be purchased for \$33 in advance over the phone by calling 1-877-784-4849 or online at purchase.tickets.com. Tickets may also be purchased at the door for \$38.

Doors open at 7 p.m. and show time is 8 p.m. The six time Grammy nominated band will be performing hits from their album *Metals*, which was released on Oct. 4.

•The Devil Makes Three performs at Neumos on Nov. 17 starting at 8 p.m. Tickets for the folk punk show, located at 925 East Pike St, can be purchased at etix.com for \$16.

The band is known for its blend of bluegrass, old time



Rock band Beady Eye, with former Oasis group members, pose for their single called Bring the Light.

music, folks, and blues. Their recent album *Stomp and Smash* reached No. 4 on the U.S. Bluegrass album charts.

•Rock band Kyuss comes to ShowBox SoDo on Nov. 22 for their Kyuss Lives world tour. Tickets for the show, located at 700 First Ave, can be purchased at ticketmaster.com and range from \$22-\$25.

After forming in the late 1980s, the band released four full-length albums and have toured across the world. They split up in 1995, but reunited earlier this year and have been back on tour since March.

They will also be joined by rock bands Sword, Black Cobra, and Yob.

•Fans of electronic and trance music can come together on Nov. 23 to watch VNV Nation perform at ShowBox at the Market at 8 p.m. Tickets for the show, located at 1426 First Ave,

can be purchased online at ticketmaster.com for \$25.

The band, whose name stands for Victory, not Vengeance, released their latest album *Cross the Divide* on Oct. 25. They will be joined by German electronic dance group Straftanz.

•Rapper Wale comes to Neumos on Nov. 25 to perform hits from his previously released mix-tapes and his newly released album *Ambition*.

Doors for the store open at 7 p.m. Tickets are \$20 and can be purchased online at etix.com. Neumos is located at 925 East Pike St. Wale will also be joined by up and coming rappers Black Cobain, Logics, and Luck-One.

The month of concerts ends with concerts fitting for both rock and rap fans.

•Rapper Immortal Technique performs at Neumos in Seattle on Nov. 30. The show starts at 8 p.m. at the venue located at

925 East Pike St. Tickets for the show are \$15 and can be purchased at etix.com or over the phone at 206-709-9442.

Immortal Technique released *The Matyr* as a free digital download on Oct. 27 featuring a collection of previously unreleased singles including *Rich Man's World (1%)* and *Black Viking*.

The rapper is recognized for his controversial lyrics about global politics, history, and current world events. Along with performing his own songs, he will also be joined by fellow rappers Chino XL and Da Circle.

•If rap isn't your preference, the rock band Beady Eye will also be holding a concert on Nov. 30. The concert will be held at ShowBox at the Market located at 1426 First Ave starting at 8 p.m.

Tickets for the show range from \$39-\$42 and can be purchased online at ticketmaster.com. The rock band is made up of remaining members of the English rock band Oasis.

"We will not quit making music together, because someone jumped ship," lead vocalist Liam Gallagher said.

The band, formally known as Oasis, split in August of 2009 due to a flight at a show backstage between band members and brothers Liam and Noel Gallagher which resulted in the cancellation of their concert in Paris that night.

All former Oasis members, with the exception of Noel Gallagher have now reunited and will be giving fans a first taste of their new music from their debut album *Different Gear, Still Speeding* which was released on March 1.

For more information, go to www.beadyeyemusic.com.

What's Happening?

•ChoralSounds is performing thier annual Christmas concert called *Angels Watching*. The show will take place Dec. 10 at 7:30 p.m. and Dec. 11 at 2 p.m. at the Highline Performing Arts Center. Tickets are \$15 to \$25 and can be bought online at www.northwestassociatedarts.org.

•The Blasters, an original rock 'n' roll band, are performing on Dec. 16 at The Crocodile, 2200 2nd Avenue in Seattle. The show is ages 21 and over and tickets are \$18 in advance and \$20 at the door. To purchase tickets in advance, go to TicketMaster.com or call 206-441-7416.

•Des Moines' Arts Alive family performance series begins on Saturday, Oct. 15 and will be held on the third Saturday of every month through March. At the Field House 1000 S. 220th St. Tickets are \$5 in advance and \$7 at the door.

•The Ruth Moody band a multi-instrumentalist musical group, will be performing at the Kentwood Performing Arts Center on Oct. 29 at 7:30 p.m. Tickets are \$24 for general, \$22 for senior and \$18 for youth.

•Pratt Fine Arts Center in Seattle, at 1902 South Main St. is holding its annual open house called One Hot Night. The art studio will provide an animated environment for the public to learn about visual art. The event will take place on Nov. 12 from 6-9 p.m. and is free to the public. Artists will demonstrate their unique styles and offer a chance to meet the instructors.

•The 5th Avenue Theatre's next production is a twist on the Cinderella fairytale called *Rodgers & Hammerstein's Cinderella*. This production is great for all ages and will include a whole lot of comedy and romance. *Cinderella* runs Nov. 25 through Dec. 31. The 5th Avenue Theatre is on 1308 5th Avenue, in Seattle. Tickets range from \$49 to \$89 depending on what section.

•Franciscan Polar Plaza comes to downtown Tacoma as the only covered open-air ice rink in Tacoma. Friday, Nov. 25 through Monday, Jan. 2, the Polar Plaza has ice skating with an \$8 admission and \$2 for skate rental. The ice rink will be open 4 p.m. - 10 p.m. Monday through Friday, 10 a.m. - 10 p.m. Saturday, and 10 a.m. - 8 p.m. on Sunday.

Last week's puzzle answers

Stickelers Answer

CREST
CHEST
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CHEWS
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SHOWS

Weekly SUDOKU

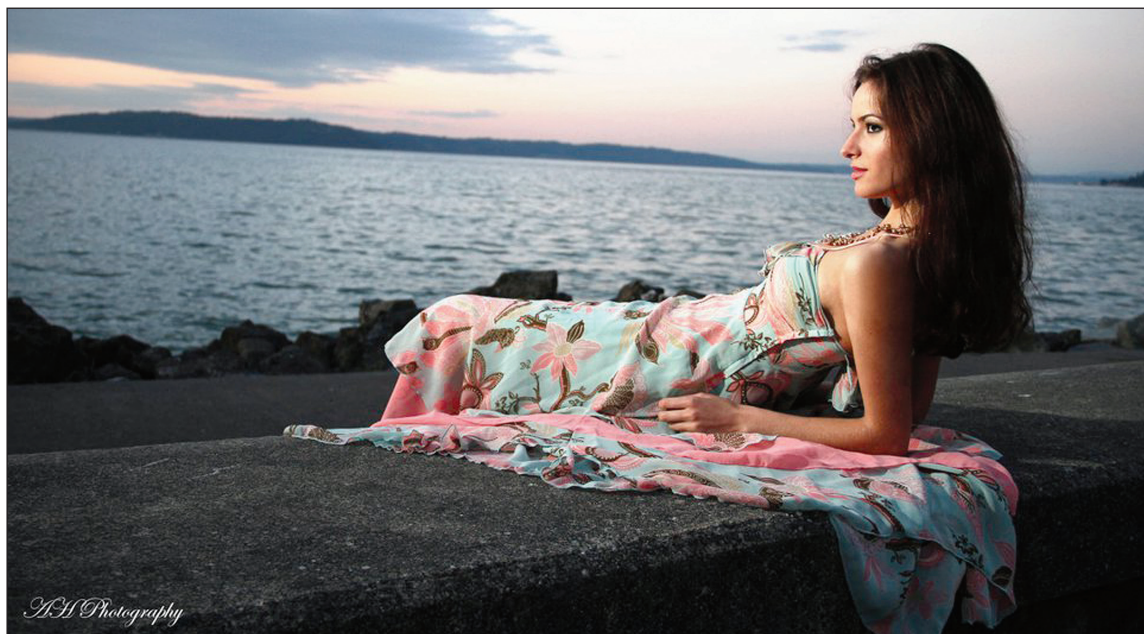
Answer

1	9	6	8	2	5	3	7	4
2	5	3	7	9	4	8	6	1
4	7	8	1	6	3	2	5	9
5	4	2	9	8	7	1	3	6
6	3	7	4	1	2	5	9	8
8	1	9	3	5	6	7	4	2
3	6	4	2	7	8	9	1	5
7	8	1	5	4	9	6	2	3
9	2	5	6	3	1	4	8	7

BARNYARD DENIZENS

C	U	R	B		S	C	A	M		R	I	T	E	S
A	P	E	R		H	O	L	E		E	L	U	D	E
P	O	N	Y	T	A	L	E	S		C	A	R	A	T
O	N	E	A	R	M		S	A	F	E		K	M	S
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S	E	C	T	I	O	N	S		R	E	T	Y	P	E
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U	N	I	T	S		A	A	F		S	H	R	U	G
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G	U	N		U	S	E	D		A	T	T	L	E	E
A	F	O	U	L		P	I	G	G	Y	B	A	C	K
L	O	U	S	E		T	R	E	E		A	C	R	E
A	S	T	E	R		H	E	M	S		D	E	U	S

Capturing



Alina Himichuk photos
Alina photographs a model by a soft sunset, a child screaming down a slide and a graceful ballerina.

the moment



Highline grad Alina Himichuk explores world with a camera

By **AMANDA SILLS**
Staff Reporter

Highline's art gallery just might catch your eye with vibrant photography pieces on display by former student Alina Himichuk.

The gallery is located on the fourth floor of the library and is used to show visual art by faculty, staff, students and local artists. Each art exhibit portrays the diverse talents of Highline and the community.

Himichuk, a former Highline honors student, is now studying architecture at the University of Washington.

"At the University of Washington I am pursuing a career in architecture, and one of the classes that I will take will be architectural photography, so photography and art is everywhere," Himichuk said.

When she was asked to display her photography in the Highline gallery, Himichuk readily agreed and decided to donate 100-percent of her proceeds to the Boyer Children's Clinic.

"With photography I see myself having a personal business on the side to help gather donation money while pursuing a career in Architecture," Himichuk said.

"When I was looking for a clinic to donate to, I had a lot to choose from but this one caught my eye in particular. It is a small clinic making significant changes many lives and families," Himichuk said.

Boyer Children's Clinic has been serving children with cerebral palsy and other developmental delays for over 65 years.

"I love children and therefore I really wanted to contribute to them, help them out as much as I can," Himichuk said.

Himichuk is thankful for the opportunity to show her work at Highline and wants to use it to make a difference.

"With this gallery I hope to not only bring people closer to appreciating the beauty of art and photography, but also to help make a contribution to other peoples' lives," Himichuk said.

"I believe that this is a perfect way not only for me to use my skills, but to also benefit others," she said.

Photography is one of Himichuk's more recent passions;

however it is one of her favorite ways to express her artistic talents.

"I first became involved in photography two years ago and started out by taking pictures of nature and my friends with a regular camcorder camera; I fell in love with it," Himichuk said.

Inspiration for Himichuk's photography does not come from one specific style, but focuses on the world, society and nature.

"I simply love everything that is surrounding me and just the whole world is my focus and inspiration I guess," Himichuk said.

Himichuk has photographed numerous subjects in her photo shoots such as weddings, a variety of models, children and family gatherings, which are all on display in the Highline library.

She was born in 1992, in Dresden, Germany, which has a history rich in artistic architecture and music. Looking back, Himichuk believes that her short time living in Dresden made an impact in her passion for architecture as well as photography.

"I love architecture; it embodies all my ambitions like no other profession," Himichuk

said.

At age 11, Himichuk and her family moved to the United States where she completed the English as a Second Language program.

At the end of her high school years she began taking classes at Highline as a Running Start student and from there had her first photography display at Highline's gallery.

After graduating with honors from Highline, Himichuk was accepted into the Department of Architecture at the University of Washington.

With a camera in hand, Himichuk is able to see the world differently and capture unseen perspectives that the naked eye would not notice.

"It's like my third eye that helps me concentrate on the little details that surround me," Himichuk said.

Himichuk said she takes into account that she is always learning about art and will never cease growing in it.

The next step for Himichuk's photography is to bring out the focal point in a picture and to hook every person's attention.

"I want to improve to the point where you look at the image and cannot say anything but wow...a picture that pops and grabs the eye is my style," Himichuk said.



Alina Himichuk

Pratt opens up for One Hot Night of art, entertainment

By **AMANDA SILLS**
Staff Reporter

You can learn about glassblowing, jewelry making, stone carving and much more for free at Pratt Fine Arts Center's One Hot Night.

"One Hot Night is Pratt's open house," said Rosie Daniel, the community events coordinator.

The event will be held Satur-

day, Nov. 12 from 6-9 p.m. and welcomes people to take part in dynamic workshops.

Pratt Fine Arts Center is located at 1902 South Main St. in Seattle. The art center began almost 35 years ago and provides classes, workshops and art equipment for aspiring artists.

Some of the various classes include, sculpture, printmaking, drawing, painting, glass-

blowing, jewelry and metals.

The mission of Pratt Fine Arts Center is to offer an environment and resources for people to express their art and develop skills in classes or lab hours.

One Hot Night is an opportunity for the public to explore the different art shops and watch instructors form visual art.

During One Hot Night, the art center becomes alive with

workshops and demonstrations throughout the whole event.

"We open up different shops for the public to see," Daniel said.

"There will be printmaking, bronze work, stone carving and glassblowing, demonstrated by professional artists," she said.

Pratt Fine Arts Center has had an open house every year but recently changed the name to One Hot Night.

"The open house has been around for a long time but was branded as One Hot Night last year," Daniel said.

People from previous open house events have said that they enjoy taking part in the jewelry making shop as well as other shops.

"We will have a jewelry studio open. The public like walking around the shops and seeing everything," Daniel said.

T-Birds smack down North Idaho

By **TRAE HARRISON**
Staff Reporter

For the first time ever, Highline's wrestlers handled perennial powerhouse North Idaho in a dual meet, 20-17.

After a lackluster win over Yakima Valley on Saturday, the T-Birds drove to Coeur d'Alene and beat North Idaho in convincing fashion.

"We thought the team looked flat," after the Yakima Valley dual, assistant coach Brad Luvaas said. "Nobody stood out." The team was unsatisfied despite the victory.

They then traveled to North

Idaho College to face the ninth-ranked team in the nation. "Concerned would be the word to describe how we felt," Luvaas said. "We were worried about North Idaho."

The match started off with sophomore Steven Romero (125 pounds), a returning All-American, defeating NIC's freshman Joaquin Calderon 7-5. NIC responded with two back to back victories.

Freshman Josh Romero (149) came up with a big win against Bryce McMahon 11-3 to tie the meet 2-2, until NIC's Ryan Zumwalt defeated freshman Zeke Nistrian 9-0 (157 pounds)

soon after.

Down 3-2, freshman Micah Morrill (165) was able to turn the momentum in Highline's favor. Going up against WV Meyer, the fifth-ranked wrestler in the nation, Morrill won 13-8 in a dominating fashion and gave Highline the momentum for good.

Morrill's performance impressed both of the coaches greatly.

"Micah Morrill really set the tone for the match," said Luvaas. "Micah looked like he was wrestling for the national title. His preparation before the match was noted by the entire

team," Head Coach Scott Norton said.

Morrill said his preparation for the match included "pacing back and forth, singing to the music that I was playing, talking to myself. ... Blood, blood; meat, meat," he said.

Morrill said that Meyer "was a good matchup for me. I tried not to think much. I focused on my shots and the task at hand," Morrill said.

Morrill said he "felt good. I won a match" after his victory, but he specifically said he held in most of his excitement until Highline eventually sealed the victory.

After Morrill's victory, sophomore Tyler Story (174) kept the team rolling after shutting out his opponent 14-0. Freshman Lucas Huyber (187) then beat Justin Corithius (ranked seventh in the nation), 4-2.

At 197 pounds, freshman Anthony Whitmarsh finished off the comeback with a 3-1 victory against Justin Gillespie.

Idaho heavyweight Mathew Foxworthy pinned Highline's Michael Henry, but it was too little too late.

Highline travels to Clackamas for meet today, followed by the Best of the West tournament this weekend in Oregon.

Lady T-Bird volleyball close to division crown

By **ANTHONY BERTOLUCCI**
Staff Reporter

With one game remaining until the NWAACC tournament, the women's volleyball team has a chance at being West Division champions.

Highline had a home match against Pierce on Nov. 9 with a league championship on the line. Results were unavailable at press time.

Pierce is 5-6 in league play and has a 12-22 overall record and failed to make the NWAACC tournament.

Highline is on a two-game winning streak.

The last time Highline played Pierce, on Oct. 12, they lost to the Raiders in four games.

Tacoma plays Lower Columbia, the No. 4 seed from the West Division, 6-5 in league and 16-22 overall.

If they lose, Highline will be league champions.

Tacoma last played Lower Columbia on Oct. 12 and lost in five games.

Tacoma is on a two-game losing streak, whereas Lower Columbia is on a four game winning streak.

If Tacoma wins and if Highline also wins, then they will both have the same league record but Tacoma will win the tie breaker with a better overall record.

In the worst case scenario, Highline will be the No. 2 seed going into the NWAACC tournament and will play the South No. 3 seed, Clackamas.

If Highline wins the West, they will be the No.1 seed and will face the South No. 4 seed either Chemeketa or Umpqua.

To get to this position, Highline defeated the Green River Gators on Wednesday, Nov. 2.

Highline won in five sets, 24-26, 23-25, 25-12, 28-26, 15-



Corey Sun/THUNDERWORD

Highline's Shawna Denton blocks the ball against Green River in the Lady T-Birds' win.

7.

The key to the match was in the third game, when Highline was down two games to none and dug deep to win the match to stay alive and in the fourth game went back and forth and pulled out a squeaker 28-26.

In the final match, Green River and Highline were close and then the T-Birds pulled away to win 15-7.

"We came back after losing two and got a little mad and dominated the last three games, which was awesome," Highline's outside hitter, Jaydee Schmidt said.

"Also, Kourtney [Fullmer, right side hitter], saved us with a huge block in the fourth game which also stood out," Schmidt said.

After the game, Head Coach

Chris Littleman said, "It was good that we had to fight from two games down and have to fight to win. But it was our play that caused us to have to fight back from behind."

"We need to be more consistent on making the best plays possible. We need to be doing our best job on each play," Littleman said.

Aurora Vasquez led the T-

Birds with 20 kills, followed by Rebekah Young with 12 kills. Taylor Johnson kept setting up the attackers with 34 sets.

Coach Littleman said afterward that "both Shawna Denton and Rebekah Young are starting to come along at the right time to be extremely effective and be a force at NWAACC."

The Thunderbirds traveled down I-5 on Friday, Nov. 4 and cruised past Centralia in three sets 25-13, 25-21, 25-15 box. Haley Dunham led the way with 10 kills. Aurora Vasquez, named as West Division Offensive Player of the Week for the second time, followed with 9 kills.

The T-Birds are now 8-3 in league and 14-20 overall.

"We came out and did our jobs to beat them down," Highline's outside hitter, Jaydee Schmidt said.

After the game, Coach Littleman said, the team "played consistently and held our opponent to 50 total points."

"We are peaking at the right time. We are playing some of our best volleyball," Littleman said.

"Other teams are starting to fade and we are peaking at the right time. We were 3-3 halfway through league and now are 8-3 while other teams are falling off," Littleman said.

Highline's team leaders in statistics through Nov. 8 include: Aurora Vasquez, 179 kills (attacks that results in an immediate point), 4.84 per game; Taylor Johnson, 374 assists; Rebekah Young, 43 blocks; Taylor Johnson, 19 service aces (a serve that is not passable and results immediately in a point); Elizabeth Villanueva, 131 digs (passing a spiked or rapidly hit ball).

The NWAACC championships will be held at Mt. Hood Community College, Nov. 17-20.

T-Birds take opener in soccer playoffs

By **ADRIAN SCOTT**
Staff Reporter

The T-Bird men won against the South Puget Sound Clippers 2-1 in the first round of the NWAACC playoffs on Wednesday, Nov. 9.

The Clippers were first to score in the match in the fifth minute, via midfielder Josh Wright.

The T-Birds were able to come back with a pair of goals from forward Tody Tolo in the 30th and 58th minutes.

Highline kept the pressure on in the second half. South Puget Sound did have chances to score in the second half but was stopped by goalkeeper Bryan Murray. Defender Kevin Bodle also helped in the T-Birds' defense, heading away a sure shot from the Clippers.

The T-Bird men will travel to face the Walla Walla Warriors in the quarterfinals of the NWAACC championships on Saturday, Nov. 12.

Walla Walla won the East Division with a record of 9-1-3.

"Walla Walla every year seems to have a good team," Highline Captain Lalo Morales said.

In 2010 the Warriors were beaten early in the playoffs by Wenatchee Valley.

"This is the game we are looking forward to; it should be a good one," Hill said.

The T-Bird men ended their regular season with a win against the Olympic Rangers



Corey Sun/THUNDERWORD

Captain Lalo Morales drives past South Puget Sound defenders in the 2-1 win Nov. 9.

2-0 on Saturday, Nov. 5.

The T-Birds traveled to Bremerton to face the Rangers, where Highline starting forward Darwin Jones scored both of the team's goals.

Jones notched his 12th and 13th goals of the season in the 38th and 88th minutes of the match.

"It always feels good when you're able to score in a game," Jones said.

T-Bird goalkeeper Bryan Murray recorded his eighth shutout of the season, ranking him second in the NWAACC behind West Division rival Pen-

insula's Jared Wilson.

Earlier in the week the T-Birds had a match against the last-place Bellevue Bulldogs at Sammamish High School, and were not able to score, ending with a 0-0 tie.

"We had a lot of opportunities to score, but we just couldn't put any together," defender Dustin Hill said.

Players said the game gave them a chance to warm up for the playoffs, nonetheless.

This was only the second time this season the T-Bird men were shut out in a match.

"We are excited about being

in the playoffs, but we aren't settling for just getting in," second-year forward Tody Tolo said.

The key to winning as many of the T-Bird men have said throughout the season is that they need to play two good halves.

"If we come out hard like coach [Jason Prenovost] says we are a hard team to beat," Morales said.

In other first-round action, Everett defeated Treasure Valley, 3-1; Whatcom beat Columbia Basin, 1-0; and Olympic beat Clark, 1-0.

It's time to crown a cross country champion

By **MITCHELL KOEHLER**
Staff Reporter

Highline's cross country team is poised to make a splash at the NWAACC Championships and fight for a top three finish.

Highline will be one of the 11 teams competing in the NWAACC championships this Saturday, Nov. 12 at Legion Memorial Golf Course in Everett.

"Both races will be intense and fun to watch," said Spokane Head Coach Sean McLachlan.

"Everett and Spokane are both very tough, and Lane and Clackamas have come on strong as of late as Coach Mantalas of Clackamas has done a great job with their kids this season," said Highline Head Coach and men's team coach of the year Taryn Plypick.

On the men's side, the other teams competing include favorites Everett and returning champions Spokane, Which

have won the NWAACC Championship 10 years running.

"For the first time in a long time the Spokane men are considered underdogs and their streak of 10 straight championships is in jeopardy," said McLachlan.

"I will give the edge to Everett," said Plypick.

Clackamas Head Coach Keoni McHone disagreed with the other coaches and gave the slight edge to Spokane.

Plypick, McHone, and McLachlan all agree that Everett's Bryton Reim is the favorite to win the individual event on the men's side.

On the women's side Highline will be competing against returning champs Clark but will have to watch out for Everett, and Spokane.

"On the ladies' side Clark is defending champs but Everett has a tighter pack, Spokane and Treasure Valley are also dangerous," said McLachlan.

McHone said that Clackamas

is a team to watch out for, as well as Treasure Valley.

The woman vying for first place in the individual race is more of a toss-up. Two coaches mentioned Spokane's Mikel Elliot as a contender, while a couple other coaches' casted votes for Everett's Katie Strong and Lane's Gylanny Crossman.

The competition this year has improved immensely on both the men's and women's side, said McLachlan. McLachlan said, "For the first time in a long time there are more than two teams fighting for the team championships. On the men's side it is a complete toss up as to who will win and there are 3 teams on the ladies side that could win. This means that the coaches in the league are doing a better job recruiting."

"Men's teams are running about 15 seconds faster for the top five versus previous years. The top three teams are about the same as last year but No.4-7 are much better," said Keoni.

The Scoreboard

Men's Soccer

NORTH	League	Pts	Season
Edmonds	7-5-1	22	9-8-1
Whatcom	6-5-2	20	7-6-2
Everett	5-7-1	16	5-10-1
Shoreline	2-11-0	6	2-16-1
Skagit Valley	1-11-1	4	3-12-0
EAST			
Walla Walla	9-1-3	30	12-2-2
Tr. Valley	6-6-1	19	7-10-1
Col. Basin	6-6-1	19	6-7-2
Spokane	5-6-2	17	5-19-1
Wenatchee	1-9-2	6	4-11-4
WEST			
Peninsula	11-0-2	35	17-0-2
Highline	10-1-2	32	12-1-3
Olympic	5-5-3	18	7-7-4
Tacoma	5-6-2	17	7-7-3
Bellevue	3-4-6	15	4-4-7
SOUTH			
Chemeketa	10-2-1	31	14-2-3
Clark	8-1-4	28	11-2-4
Pierce	4-7-2	14	5-10-3
S.P. Sound	4-7-2	14	8-10-3
SWOregon	1-9-3	6	1-11-3

Women's Soccer

NORTH			
Everett	10-5-1	31	12-5-2
GR River	9-4-3	30	11-4-4
Shoreline	8-5-3	27	8-7-5
Edmonds	8-5-3	27	13-7-3
Whartcom	5-5-4	19	6-5-5
Skagit Vally	0-16-0	0	0-17-0
EAST			
WallaWalla	15-0-0	45	19-0-1
Spokane	11-4-0	33	14-5-0
Yak. Valley	10-5-0	30	12-6-1
Col. Basin	7-6-2	23	9-6-2
Tr. Valley	6-8-1	19	6-10-1
Wenatchee	1-14-0	3	2-16-0
WEST			
Peninsula	14-1-1	43	15-2-3
Highline	10-4-2	32	10-6-2
Bellevue	7-5-4	25	7-7-4
Tacoma	6-9-1	19	7-10-1
Olympic	4-9-1	15	5-10-3
L. Columbia	1-15-0	3	1-17-0
SOUTH			
Clackamas	10-4-0	30	10-5-1
Lane	7-6-1	22	8-7-3
Clark	6-8-0	18	6-11-0
Chemeketa	5-9-0	15	5-13-1
SW Oregon	0-14-0	0	1-15-0

Volleyball

NORTH	League	Season
Shoreline	7-2	22-10
Bellevue	7-2	20-10
Olympic	7-3	13-18
Whatcom	5-4	18-16
Edmunds	2-7	3-21
Everett	0-10	3-30
EAST		
Spokane	12-1	31-5
Walla Walla	11-2	31-7
Blue Mtn.	10-3	26-11
Yakima Valley	8-5	21-9
Tr. Valley	5-8	8-19
Wenatchee	3-10	11-23
Col. Basin	2-11	15-20
Big Bend	1-12	8-24
WEST		
Tacoma	8-3	26-10
Highline	8-3	14-20
Clark	7-4	13-16
L.Columbia	6-5	16-22
Pierce	5-6	12-22
Gr.River	4-7	10-19
Centralia	1-11	3-25
SOUTH		
Linn-Benton	8-1	34-9
Mt. Hodd	8-1	28-3
Clackamas	6-3	29-16
Chemeketa	3-6	12-17
Umpqua	2-7	16-23
SWOregon	0-9	9-17

Lady T-Birds lose in first round of playoffs

By **KEVIN BODLE and MITCHELL KOEHLER**
Staff Reporter

The Lady T-Birds' season came to a crashing halt as they lost 1-0 to Clark in the first round of the NWAACC playoffs.

Despite dominating in possession, Highline struggled to create clear opportunities to score. Highline came close several times, but failed to put the ball in the net for one of the only times this year.

The only goal came in the 70th minute, when Clark countered from a Highline free kick. Brittany Wilson from Clark took a left footed shot that beat the Lady T-Birds' goalkeeper. Highline defender Dani Strueli tried to keep the ball out of the goal, but could only turn it off the post and in.

Highline went into the playoffs with a 10-4-2 season record. Clark came in as the underdogs with a 6-8-0 record and a third-place finish in the South Division.

"This is the first year I haven't scouted, because I haven't had time. But if I could pick a team to go blind into a game with, it'd be this team," Coach Tom Moore said beforehand.

The loss came after a week in which the Lady Thunderbirds secured the second seed from the West Division with a win and a tie.

On a cold rainy night, the Highline women headed to Bellevue on Wednesday, Nov. 2, for a West Division showdown.

This game had a lot riding on it: The winner would have the upper hand in earning the second seed from the West Division.

"If we lost, we would have put ourselves in a bad spot," said Coach Moore.

Highline came out with a lot of energy and the game was go-



Corey Sun/THUNDERWORD

Highline's Sarah Jackson kicks the ball away from the Clark defenders on Nov. 9.

ing their way.

They hit the post a couple times, but were unable to finish.

Coach Moore decided to make some adjustments around the 15 minute mark. "We made some adjustments, worked more for them and the way they played," Moore said.

The teams headed into half-time with a score of 0-0, and Coach Moore was not happy. "We had a different kind of talk at half," Moore said.

This seemed to affect the Lady Thunderbirds in the wrong way.

Bellevue put the first points

on the board in the 54th minute. Lashonne Wells scored with an assist from Treva LeRoy.

Ten minutes later Emma Gremer continued to do what she has been doing all year-score.

Gremer put away her team-leading 11th goal of the year in the 64th minute. No goal was as important as this one, with the Lady Thunderbirds needing only a tie to clinch second place.

As the rain began to fall harder the game got more and more intense. Both teams had multiple chances to go ahead, but no one was able to until the

82nd minute.

Highline had earned a corner a couple minutes before, Gremer struggled to get the ball into the box, due to the heavy wind. The first corner was blown out of bounds

The next corner looked destined for the same outcome, but the wind died down at the right moment and the ball stayed in. The ball seemed to cross the goal line off the initial cross, though the assistant referee said otherwise. The Bellevue goalie tried to punch it out but the ball only made it a couple yards on the punch.

The ball found the head of Highline's Sadie Phonpadith, who put the ball past the Bellevue keeper for the game winner. Gremer was credited with the assist.

With second place in hand, the women traveled to Bremerton Saturday, Nov. 5, to face Olympic.

Olympic, was playing their last game of the season and had a lot more motivation than the Lady Thunderbirds.

Highline, who beat Olympic 4-0 on Oct. 19, came out flat.

"We had a lack of focus and Olympic came with lots of energy," said Coach Moore.

It didn't take long for that to be clear to everyone watching.

In the 8th minute Olympic's Emily Gulas kicked the ball from about 40 yards out, a play that looked harmless.

The ball bounced twice as Highline's goal keeper Kyla Kitts came to collect the ball. Only problem was she forgot to grab the ball, and it bounced through her legs and into the goal.

Coach Moore took half the blame for the goal, saying that he didn't warm Kitts up enough.

The goal was a wakeup call for Highline, who didn't want to go in to the playoffs with a loss and picked up their play.

"We had tons of opportunities, their keeper did well to keep us out of the goal," said Moore.

The Lady Thunderbirds evened the score in the 61st minute. Shelby DeVol scored the tying goal with an assist from Katelynn Bumpus. The interesting thing about this goal is that Devol has only been on the roster for a little over a week.

Coach Moore asked her to come and play for the last couple weeks to help with the injuries the team has suffered.

The game ended in a 1-1 tie, a result Coach Moore wasn't too happy with.

Men's cross country team is blast from the past

By **ANTHONY BERTOLUCCI**
Staff Reporter

Going into the NWAACC cross country championships, the men's cross country team set our eyes on a top three finish.

The last time Highline's men's cross country team brought home an NWAACC trophy was in 2003. Our head coach, Taryn Plypick compares our team to the 1980 Highline men's cross country team.

Most teams have underestimated our team all year and



The Runner
Anthony Bertolucci

were about to prove our talent at the championships this weekend.

Earlier this season the Ever-

ett head coach, Matt Koenigs, asked where was Khalid Abebe, our No.1 runner from last year.

Coach Plypick responded that Abebe decided not to run this year.

Then the Everett coach said, "you guys should finish between sixth to eighth places at championships."

When Coach Plypick told us this, we took on the challenge to prove that we had enough talent to take a top three finish at NWAACCs.

One thing that really stands out about our team is that we're

so competitive and are always striving to get better each day at practices.

I believe nobody works harder than us in the NWAACC.

Heading into the championships, I believe that everyone will set personal-best times.

Most NWAACC teams have already peaked, which was at the beginning of the season.

Coach Plypick geared us up to peak at the end of the season for the championships.

Our team has bought in all season long, which will pay off at championships.

Last year as a freshman I bought in and also my teammates which showed at championships and our whole team set personal records.

So Coach Plypick decided to use the same techniques as last year with tweaking a couple of things, because she knew that if we bought in that would payoff at championships time.

Anthony Bertolucci is a staff reporter for the Thunderword and a member of the Highline cross country team, and is allegedly faster than most of the staff.

Running Start 2.0: Standards weed out unready

By **ERICA MORAN**
Staff Reporter

Fewer Highline Running Start students are going on academic probation after the adoption of entrance requirements for high school students, college officials say.

Students entering Highline through the Running Start program now need a minimum 2.0 grade point average in high school to qualify.

The number of Running Start students on probation has dropped since the 2.0 standard has been in effect, said Karen Steinbach, Highline's high school programs manager.

In fall 2009, 108 Running start students were either on probation or suspended. After the 2.0 standards were imple-



Karen Steinbach

mented, by Spring 2011 there were only 56, Steinbach said.

Previously, Running Start students only needed a Compass score of 65 in reading and

writing, and a signature from their high school counselors to take classes at Highline.

"We noticed a correlation between students with below a 2.0 Grade Point Average and students on probation," said Steinbach.

Steinbach said the college was slightly concerned about whether fewer students would enroll in Running Start, but Highline actually gained approximately 70 students this year. Running Start enrollment was 1,013 students for Fall Quarter, compared to 941 students at this time last year.

Highline students say they know people who couldn't get into Running Start because of the standards.

"I know people who couldn't pass the Compass test and it

seems like people with a 2.0 don't even try," said Lien Pham, a Running Start student.

"A few of my friends couldn't get in because of the 2.0 standard," said Kaitlin Romig, another Running Start student.

Romig said she did not have a 2.0 in high school and had to appeal for Running Start.

"My friend failed the Compass test three times so she couldn't do Running Start," said another Running Start student.

If students are doing well in high school they will most likely transfer those habits as Running Start students. Highline just wants to make sure the students are college ready, said Steinbach.

"It's a college environment and you need to be ready for that," said Steinbach.

Students who do not meet these standards have to explain their extenuating circumstances as to why they will do better at Highline.

Some Highline Running Start students said they do better at Highline than at high school.

Kaitlin Romig said she is getting a better GPA here at Highline and likes the freedom of the classes you can take.

An anonymous student said she's doing Running Start because she hated her high school, the scheduling is way better here at Highline and the people are more mature.

"I was doing poorly in high school because most of my classes were online. I do better in Highline's lecture classes," said student Elizabeth Lewis.

Organization key to living wage campaigns, professor says

By **BENJAMIN MOLINA**
Staff Reporter

Research shows that a community's ability to organize has a positive impact on the effectiveness of the social movements within that community.

Last Wednesday afternoon Dr. Michael Mulcahy talked about the living wage campaigns at a History Seminar.

Dr. Mulcahy studied sociology as a graduate student at the University of Tuscan, Arizona. At the time, the sociology department was one of the best for studying social movements, said Mulcahy. He then became active in forming unions in Germany and now teaches an inequalities class for Central Washington University on the Des Moines campus.

"I think the living wage campaign is the idea to in a way hold the city accountable for supporting local business that support poverty wage jobs," said Dr. Mulcahy. The campaigns work towards prioritizing living wage jobs first, rather than minimum wage jobs.

A living wage is a sufficient income that can maintain a family of four above the federal poverty line. Living wage campaigns affect business contractors that provide services or goods to municipal governments. Living wage campaigns can cover cities, counties, universities, port authorities and more.

Living wage movements respond to the stagnation of real value of minimal income, an increase in urban poverty, and decreasing federal funds for cities. The campaigns also respond to neoliberalism in city government, which works towards



Michael Mulcahy

offering incentives that attract business, downsizing the public sector and outsourcing the public sector.

"Basically what the movement says is that we are on the wrong track of policy," said Dr. Mulcahy. They are reform

movements, he added.

The effectiveness depends on implementing the research which is intended to increase the wage of lower wage workers, said Dr. Mulcahy. Research shows the relationship between unions and labor movements.

Local unions increase the likelihood that living wage campaigns made it onto city councils voting agenda, said Dr. Mulcahy. Local unions also increased the likelihood that living wage campaigns were adopted, he added.

However, private sector living wage campaigns have steadily been declining which can correlate to an increase in economic inequality, said Dr. Mulcahy.

"The findings were based on statistical test which were controlled for inequalities," said Mulcahy. Communities that had the resources could organize effectively. Like in the civil rights movement, the activist

had to go churches to be organized, he added.

"The basic underlying idea is that as individuals we are weak. The more organized actor will prevail than the less," said Dr. Mulcahy.

Professors and students from Central Washington and Highline will conduct a semi-

nar on the Occupy Wall Street movement on Thursday, Nov. 17, from 2-4 p.m. in the Mt. Constance room of the Student Union.

History Seminar will feature Dr. Emmanuel Chiabi, talking about the Hamitic Hypothesis, Nov. 16 at 1:30 p.m. in Building 3, room 102.

Seven leading psychics predict: You will take a very interesting class in winter



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Highline alum finds niche in the White House

By **ALISA GRAMANN**
Staff Reporter

Apneet Sidhu got a running start at Highline and is now an intern at the White House.

Sidhu came to Highline as a Running Start student, and graduated in Spring Quarter 2010. He transferred to Seattle University as a Sullivan Scholar — winning a Sullivan Leadership Award, which is a four year, full-ride scholarship awarded to nine students who demonstrate service, leadership, academic rigor, community, spirituality, and global awareness.

Sidhu said that his time at Highline and in the Honors Program helped him uncover his potential.

“Highline Community College fostered me in a way where I was able to believe in myself and realize how much potential I had,” he said.

Sidhu said that without Dr. Barbara Clinton, director of the Honors Program, he would not be where he is today. He said that there were also many other professors on campus who really impacted his life.

“Looking back at my time at Highline, I was blessed to have professors like Angie Caster, Tim McMannon and the entire group of professors in the Business Department. All of them went out of their way to help me,” Sidhu said.

“I felt like I belonged here and Highline offered me everything I needed to succeed as a student,” he said.



Apneet Sidhu graduated from Highline as an Honors student, and is interning at the White House through the end of the year.

Sidhu said that Highline helped him prepare for his future.

“Learn to play the game,” he said, quoting Dr. Clinton.

Sidhu said that Dr. Clinton reiterated this point to him while he was at Highline, and by following her advice, he succeeded in “playing the game.”

“It’s important to not only think about your goals for to-

morrow, but a year, five years and ten years down the road. Make sure you are taking active steps every day to reach these goals,” Sidhu said. “The most important thing I found useful during school was planning and making sure to ask for help when you need it.”

Sidhu is majoring in business, and said that a business degree, combined with his ex-

periences with public service, will help him toward his ultimate goal of serving the public. He plans to attend law school after he graduates from Seattle University.

For the duration of his internship, however, Sidhu’s studies are on hiatus.

Sidhu said he does not plan on returning to school until winter of 2012-2013, as he plans on working on the Obama campaign for the upcoming presidential elections.

Currently, at the age of 19, Sidhu is working as an intern in the White House’s Office of Public Engagement and Intergovernmental Affairs. Due to White House security concerns, Sidhu was unable to share much information about the nature of his internship.

The internship, which began in September, will end in January 2012.

“I believe I will enable myself to be in a position where I can be an effective leader, whether in business, government or law,” he said. “Business will also give me the opportunity to explore the private sector and then ultimately use that knowledge in the public sector as my career progresses.”

Sidhu has not let his young age deter him from chasing his goals.

“I believe that it doesn’t matter how old one may be, but the level of one’s maturity. I’ve always found myself amidst a crowd that is older than me, but I have been able to relate with

them through my own experiences,” he said. “By starting young, I think I will bring a diverse experience to any business, government position or the public sector as a whole that I will join.”

By interning at the White House, Sidhu said he hopes to gain insight into government operations and the daily work of the White House.

“Being in the Office of Public Engagement and Intergovernmental Affairs, I have the opportunity to do just that,” he said.

Sidhu said that his White House experience has enabled him to see that the public is truly who he wants to serve. His experiences there have shown Sidhu that his passion is with small businesses, he said.

“I have learned public service can be demonstrated in various ways. Whether I work for a non-profit or for the Administration, my immediate public service will be focused on the small business community,” Sidhu said.

“I feel like there is a need for young leaders to emerge in our society and make sure this country is headed in the right direction,” he said.

Sidhu said that the White House Internship Program has the potential to change lives for the better and prepare interns for their future.

“I cherish every moment of this opportunity,” he said. “I feel very blessed to be where I am.”

Honors program encourages students to aim high

By **ZAHRA NIAZI**
Staff Reporter

The Honors Program at Highline wants to prepare students to do well when transferring to a four-year college.

Dr. Barbara Clinton, the head of the Honors Program, said many students don’t have a lot of extensive experience in higher education and that Honors helps them recognize their potential.

“[This] program is for capable students who are intent on making their dreams for their future come true,” Dr. Clinton said.

Many students at Highline don’t know that there are more than 2,000 schools they can transfer to, or how to properly fill out the Free Application for Federal Student Aid form to help finance their education, said Dr. Clinton.

That’s where the Honors Program comes in. It’s not only for students to get into college, but

to be a step ahead of other students.

A current student in the Honors Program, Audrey Nelson, said that the program has encouraged her to go above and beyond average in both her academics and extracurricular activities.

“The class has not only helped me prepare things like personal statements and academic resumes, but it has encouraged me to delve further into college research and picking a school that fits me,” said Nelson.

Dr. Clinton said that 85 percent of students who take Honors 100 go on to a four-year school with financial aid.

Another student in the Honors Program, Ravneet Waraich, said that the program has helped her to not just settle for good, but to aim for the best.

“Essentially, through the Honors Program, I have learned to challenge myself in ways I thought impossible,



“[This] program is for capable students who are intent on making their dreams for their future come true.”

**- Barbara Clinton,
Director of the
Honors Program**

and to change my school of thought completely. As an honors student, I have realized that in order to find success, I must find meaning in everything that I learn,” Waraich said.

The Honors Program is all about preparation and competition, being able to compete with other students who are applying to the same colleges from other

programs in state and out of state, said Dr. Clinton.

Currently, there are three sections of Honors 100 classes, with 20 students in each section.

When a student is in the Honors Program, there are honors projects that they must complete in six different classes, which is the full program load.

These university level proj-

ects allow students to go deeper into a specific area of their choosing.

“If the students complete their honors’ projects before their final quarter at Highline and have a 3.5 GPA, they receive a tuition grant which is funded by the Highline Community College Foundation,” said Dr. Clinton.

“This is a huge gift from the college to the students. It’s letting them dream big,” Dr. Clinton said.

The Honors Program aims to prepare students for not only meeting the demands of colleges, but surpassing those expectations and going above and beyond, said Dr. Clinton.

“The Honors Program has opened doors for me that I wouldn’t have been able to open for myself,” said Waraich.

For more information about the Honors Program and its requirements, students can visit <http://flightline.highline.edu/honors/>.

Take a stand and write history, Dr. Carlos says

By **ADRIAN SCOTT**
Staff Reporter

Dr. John Carlos came to Highline with a mission to show students and staff that it is OK to stand for what you believe is right.

Dr. Carlos, who was a bronze medalist in the 200 meter race in 1968 Olympics in Mexico City, said he stood with his teammate Tommie Smith on the medals stand, and they both raised their hands high not for black power, but for human rights.

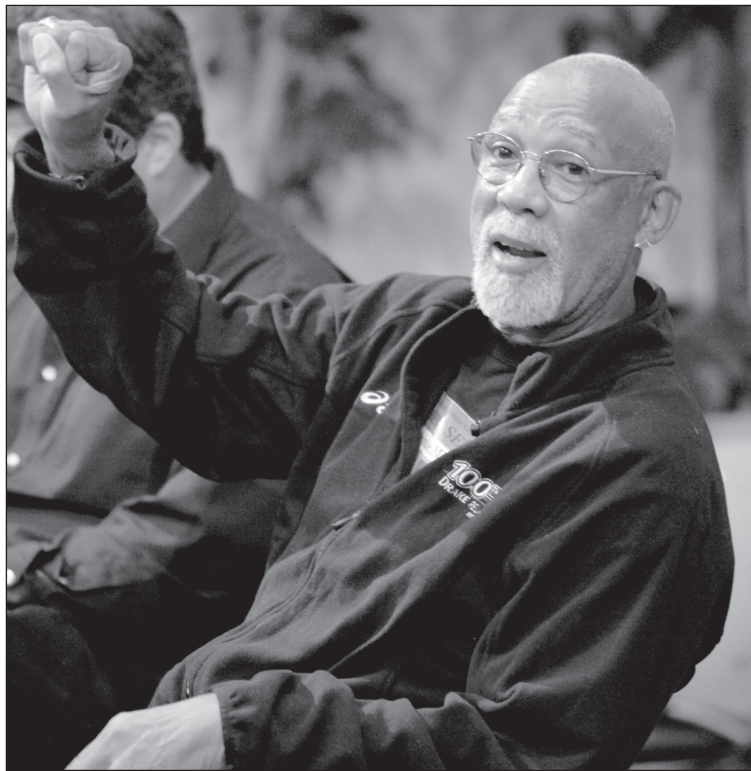
Dr. Carlos made it clear that he and Smith didn't have their medals taken away for what they did.

"First off, we never got our medals taken away," Dr. Carlos said.

Dr. Carlos joined the Olympic Project for Human Rights (OPHR) because of the injustice that had gone on throughout the country.

In preparation for the 1968 Olympics, Dr. Carlos and a few African American teammates came up with the idea to boycott the Olympics.

"Our first plan was to boycott the Olympics. There were



Cory Sun/THUNDERWORD

Dr. Carlos explains that the raised fist from the 1968 Olympics was not a black power salute, but a salute for human rights.

runners who wanted to join, but changed their minds because of the hard work they had put done to even be chosen for the games," Dr. Carlos said.

Dr. Carlos told his teammates that they would only have

a "15 minute sun, while if they joined the boycott they could be remembered forever."

"Dr. Martin Luther King Jr., before he was gunned down in Memphis, said he would be involved in the boycott," Dr. Car-

los said.

"We don't have to hurt anyone for this; we are making things better and showing the world we need change," Dr. Martin Luther King Jr. told Carlos.

The boycott never happened; instead Dr. Carlos and Smith came to the '68 Olympics with black socks, black gloves, African necklace beads, and Olympic Projects for Human Rights buttons.

After winning the race, Smith and Dr. Carlos went to the podium with their accessories.

"We wore our black socks, black glove, our African beads around our neck, and jackets covering our medals. Myself, Tommie, and Peter Norman [Australian silver medalist] all wore buttons for Olympic Projects for Human Rights," Dr. Carlos said.

"When Tommie and I raised our hands, it was so quiet you could have heard a frog piss on cotton," Dr. Carlos said.

Dr. Carlos described the "fist" as five people who have different views and beliefs, but then find a way to agree for the

greater good.

When Dr. Carlos and Smith came back to America they were ridiculed for what they had done.

"It's like if you are sick, and no one wants to be around you," Dr. Carlos said.

Dr. Carlos and his family weren't able to get any jobs and struggled to pay their bills.

This affected Dr. Carlos's wife so much..

"It kills me that I couldn't do anything to help my first wife Kim, who committed suicide in 1977," Dr. Carlos said.

Dr. Carlos said it took him a while to ask his mother, Viola Carlos, if she had ever felt ashamed about what he did in the Olympics.

"I never was ashamed, and I never will be ashamed of you, but I was afraid I'd get a call in the middle of the night saying that they'd killed you," Viola Carlos said.

Dr. Carlos, who is now 66, said his main goal in his life is to "improve human rights and increase the chances for success of the youth."

"We live to make history," Dr. Carlos said.

International students will share their history and culture

By **ALISA GRAMANN**
Staff Reporter

The campus community is invited to travel the world without leaving Highline.

As part of International Education Week, international students studying at Highline under the Community College Initiative will be sharing their personal history and the history and culture of their own countries in a series of presentations.

The event will be from 10 a.m. to 3 p.m. each day Tuesday, Nov. 15 through Thursday Nov. 17.

Each day, four or five international students will speak about their countries. Each presentation will last about 50 minutes. Attendants are encouraged to come with questions.

"The aim is for the students to take turns answering questions about their nations that interested HCC students and staff have throughout the three days," said Jennifer Granger de Huerta, program manager of International Programs and Grants.

The Community College Initiative, part of the Community Colleges for International Development, provides "quality educational programs, professional development, employment skills and a first-hand understanding of American

society to underserved, non-elite international young adults," according to the website (<https://ccid.cc/ccid/node/1>).

"We hope to introduce our CCI students to the campus through culture sharing," said Granger de Huerta. "We hope that the campus will learn a range of things from facts about Indonesian history to the climate and historical architecture of Turkey."

Granger de Huerta said that it is challenging to put together a program in the middle of Fall Quarter because the students, who typically arrive in late August, are still adjusting to life in the U.S. and at Highline.

This event, however, gives the international students an opportunity to get practical experience utilizing the skills that they are currently developing, Granger de Huerta said.

"Through this event, CCI students are given the opportunity to put some of the leadership skills that have been developing into practice," she said.



Granger de Huerta

"They are currently volunteering as CCI International Student Ambassadors for our Outreach Department," Granger de Huerta said. "The materials they will be presenting are the same materials they have put together for inspiring local community elementary, middle, and high school youth about the importance of education."

Granger de Huerta encouraged the campus community to attend any of the presentations, which will take place over a three-day period.

"The campus community would get a chance to meet some remarkable young leaders from Kenya, Turkey, Indonesia, Pakistan, India, South Africa and Egypt," she said. "They are creating handouts, quizzes and powerpoints about their countries and they will talk about their experiences and background. They will also share games, songs, and recipes from their countries."

Throughout the day, the CCI students will have posters up sharing their own history, and that of their country. For people who cannot attend the presentations, this allows them to still participate in the event.

"The posters will be individual posters to learn about the students and the local areas they come from in their countries and then there will be a larger

tri-fold poster that will portray more things on a national level for each country," Granger de Huerta said.

"I promise you that everyone

will walk away with a new piece of knowledge about the world we live in," Granger de Huerta said. "And that is how we can all be cultural ambassadors."

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If interested, please send a resume and cover letter to: tsell@highline.edu

Elections

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"There are still a lot of ballots to be counted," said Sitterley. "I'm still optimistic that the votes will swing in my direction."

Sitterley said that if the results margin will decrease even further, the election will get more interesting, and an automatic vote recount may be triggered.

She said she is disappointed that the proposition No.1 did not receive more votes. However, it could still go either way, said Sitterley.

"Two years ago proposition No. 1 was up by almost the same margin and ended up losing by nine votes," she said.

If she wins, she said she will be going into the council with an open mind and will work hard to represent the city to the best of her abilities.

In the city of Tukwila the voters seem to have chosen to keep the card rooms in the city and are favoring some old and some new candidates for City Council.

The incumbent mayor, Jim Haggerton, is leading by 24.3 percent against his opponent Pamela Linder.

For council position No. 2 Kathy Hougardy, is 53.69 percent ahead of opponent Mackenzie Weitzel.

Incumbent Dennis Robertson is leading 65.16 percent against his opponent Abshir Mahamed for position No. 4.

Robertson said he has expected this outcome. "The other candidate didn't do much in the way of campaigning."

"Mostly I'm happy that the people of Tukwila seemed to be pleased with the job I'm doing," said Robertson.

He said that because he is an incumbent people were voting for him not based on what he said in his campaign but based on the work he did and how he performed within the last 16 years he was on the council.

Robertson said that he was one of the council members that pushed for the advisory vote on the licensed card rooms. Now that the people have shown that they are in favor of social card rooms, the issue will be brought back before the council and ordinance 2323, which called for prohibition of card rooms, will be repealed, said Robertson.

The race for council position No 6. between Louise H. Strander and Kate Kruller is close with an eight vote difference.

Kruller said the tight race makes the election very exciting. "I am glad that me and my opponent are doing so well."

"I am hoping my voters are late voters at this point, and I would be able to overcome the small difference in votes."

If she wins, Kruller said she would do all the things she campaigned for.

"I will promote responsible budgets, preserve ability of our emergency and

• To see the full election results, visit <http://your.kingcounty.gov/elections/elections/201111/results.aspx>

aid services, will improve quality of life, safety, and ability for residence to use transit."

In the Kent elections, incumbent Deborah Ranniger is in the lead for city council position No. 1. against Bailey Stober with a 34.67 percent lead.

For council position No. 3, incumbent Les Thomas is currently ahead of his opponent, Nancy Skorupa by 19.89 percent.

Bill Boyce is outrunning incumbent Debbie Raplee for council position No. 5 with 18.79 percent difference.

"Our campaign worked extremely hard and I feel really good about the results so far," said Boyce.

Boyce said that if he does win he has three main goals for the city of Kent.

"Transparency, so that everyone knows what's going on in the city, leadership in the council and steering the city in the right direction. Collaborating with businesses, working as a team to accomplish what's best for the city," he said.

For council position No. 7, Dana Ralph is against Michael S. Sealfon and in the lead with 24.18 percent.

"We're in a good spot, and ballots will continue to come in over the next week," said Ralph.

Ralph said that if she wins, her biggest goal is to maintain safety within the city and maintain roads and sidewalks.

"It's all about the quality of life. Kent is a good place to live and we want to keep it that way," said Ralph.

In the city of Burien elections, Lucy Krakowiak is in the lead for council position No. 2 against Greg Duff with 1,797 more votes.

"There's a real problem with mail-in ballots. When you have about 11,000 votes that still need to be counted, that doesn't represent the whole city of Burien," said Duff.

"We live in the greatest country in the world, and we have the right to vote and we need to exercise that," Duff said. "Lucy Krakowiak and I are friends, we've worked on projects together, we just differ on our views in politics.



Duff

If the voters go with her, they made a good choice."

For council position No. 4 Bob Edgar is currently in a 20.91 percent lead against Gordon M. Shaw.

"I've been at it for eight years and I am surprised at the results but you can't do anything about it," said Shaw.

He said that he will not run in the future.

Incumbent Jerry Robison is in a 484 vote lead for council position No. 6 against opponent Debi Wagner.

For the city of Federal Way, Susan Honda is in lead for city council position No. 3 against opponent Roger Flygare.

Honda currently holds a 17.73 percent lead over Flygare.

"It's kind of scary to think that I might get the chance to do what I want for the city," Honda said. "I just want to do what's right. Some of my decisions are going to make some people happy, some won't be happy, but I want to do my best."

Honda said she believes her success is due to her constant hard work and doorbelling in her community.

"I started doorbelling in early May, and probably doorbelled for 2-3 hours each day. Then I would stay on a street corner for another two hours, just to show how much I wanted to be elected," Honda said.

"What I want people to now is that they can contact me anytime. I will always respond, call back, and meet with people. I want to hear their problems, and what they think needs to be done. Right now, in this economy, is when people need the most support, particularly from their elected officials."

Flygare said that overall he feels good about the race.

"I feel good. I have had a great time. I feel blessed that I was able to even do this and to even have the opportunity to represent people on the city council. There are so many people who want to run, but have their setbacks, so the fact that I had the chance, makes me happy," said Flygare.

For city council position No. 5, Bob Celski is outrunning incumbent Jack Dovey with a 895 vote lead. Dovey said that even though he isn't winning, he fully supports his opponent.

"I'm always looking at different things. If I lose, it's not the end of the world. Bob [Celski] will do a great job. If he needs help, I'll support him and I'm not worried about his ability to do great," Dovey said.

Dovey said that he doesn't plan to run again in the future, but he would like students to become more involved.

"I want to encourage students to get involved and run for office. We need younger people to start being leaders and become active in our city council," Dovey said.

For council position No. 7, incumbent Dini Duclos is currently ahead of her opponent Keith Tyler by 9.99 percent.

The city of Des Moines voters seem to have rejected the proposition 1 for utility occupation tax for Des Moines Beach Park and streets by 1,250 votes.

For council position No. 2, Jeanette Burrage has a 23.65 percent lead over opponent Carri Litowitz.

Dan Caldwell currently holds 12.32 percent lead over Dave Markwell for council position No. 4.

In the race for council position No. 6 incumbent Bob Scheckler is trailing just behind opponent Rebecca King by 31 votes.

Scheckler said he did not expect the race to be so close.

Reporters Zahra Niazi, Erika Wigren and Evgeniya Dokukina contributed to this story.



Jayme Thomas

Thomas

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compassionate and would have made a wonderful nurse. She will be missed. My heart goes out to her family and friends."

Thomas was also an instructor at Olympic View Swim Club.

"Jayme was an absolute pleasure to have on my staff at Olympic View Swim Club. Next year will not be the same at OV. She will be missed," said Thomas's boss at Olympic View Swim Club, Emily Thatcher

Witnesses at the scene provided Des Moines Police with a description of two male suspects.

They were described as an Asian male in his late 20s and a black male in his early to late 20s.

Witnesses also provided police with descriptions of two separate vehicles that the male suspects fled the scene in before police arrived.

One vehicle was described as a 1990-1995, flat black, two-door Honda Civic with black and chrome after-market rims and tinted windows.

The other vehicle was described as a 'lowered' 1990-1995, primer black two-door Honda Civic with black spoke rims, large chrome muffler, no front license plate, tinted windows and had recent body work near the rear driver's side wheel well.

"We have been getting a few tips and we have been diligently following them," said Des Moines Staff Sergeant Dole. "What we really need is to get the info out on the suspects and their vehicles."

Anyone with any information about the incident are asked contact Des Moines Police at 206-878-3301.

Thomas's Facebook page has been turned into a memorial, and is full of memories, photos and comments from friends and family.

A memorial service for Thomas will be held Saturday Nov. 16 at 1 p.m. at the Mt. Rainier High School.

Further details on the memorial service are available on the Memorial for Jayme Thomas page on Facebook at www.facebook.com/eventmemorialfor-jaymethomas

Donations can also be made to the Jayme Thomas Memorial Fund at any branch of Chase Bank.

Reporters Beth Miklovich, Mitchell Koehler, and Amanda Sills contributed to this story.

Highline students remain optimistic about future

By SVETLANA KAZAK
Staff reporter

Students at Highline said they are optimistic but staying careful for the future, unlike young individuals in a recent nationwide survey.

A survey conducted by two youth organizations found that young people in the U.S. say they're facing challenges in their economic futures.

Highline's students and the Americans surveyed nationwide share a similar outlook on being able to live the American dream as "70 percent of the 18-34 year-olds still believe the American dream is still achievable," said the Demos Organization.

Many students interviewed at Highline said the American dream is achievable for students' and future generations as long as "People set their mind to it," said Lacey Deshaies.

"Any generation can achieve the American dream or be successful because anyone can do what they want nowadays," said student Tracey Le.

Another student, Jessica Dillely, said future generations will be better than previous ones because people have much more technology each year and better education is available.

"Of course I think that most people will be able to experience the American dream since so many more students are going to college and learning so they can get better jobs," said Dillely.

On the other hand, some Highline students have a more pessimistic view of the future instead.

Student Azusa Yamashita said she is not sure if the American dream is achievable for her generation, but she thinks she personally can achieve it.

"This generation is lazy, they don't care about stuff that matters," said Harleen Powar. Whether other people her age can achieve the American dream will depend on the person, said Powar.

"Our generations will be worse off as they continue because of our government and economy," said student Haley Larson.

Larson said the next generations are up for a new outlook and direction in life since the recession the American economy has experienced.

"The economy has been bad for about four years so we'll only continue struggling since there're less jobs and college is becoming harder to get into," said Larson.

Due to the weak economy, students said they've been delayed on moving out and finding jobs that provide enough

Poll

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meet financially, and 28 percent of that said that it is getting dramatically harder.

Middle class jobs have been on the decline for the past few decades, making it harder to fall into the middle class, said Tamara Draut, vice president of policy and programs at Demos.

Also included in the poll were the opinions of young adults on whether they and their generation would be as well off

as their parents, if the American Dream was still achievable; and what the top priorities for Congress should be. Additionally, young adults were asked if there was anything they had been putting on hold because of economic hardship.

Young adults said that they had to postpone things, such as getting married, starting a family, buying a home, and living independently, due to the state of the economy.

However, Chris Matthews, president of Bellwether Research and Consulting, said that the vast majority of America's young people still believe in the

attainability of the American dream. But nearly half of the young adults surveyed thought that they would be worse off than their parents.

Compared to their parents' expectations, Matthews said, "This generation may see a redefinition of the American Dream."

When asked what the top priorities for congress should be, 81 percent said that creating jobs and growing the economy should be Congress's top prior-

ity.

Young adults said that another top priority for Congress should be making a college education more affordable.

With the decline of middle class jobs, Draut said that higher education may be harder to obtain for some people.

Despite obstacles, Aaron Smith of Young Invincibles said that young adults believe that education is important.

For more information visit stateofyoungamerica.org.

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