



Angela Stone/THUNDERWORD

One of Highline's totem poles – the one located near Building 7 – is being refurbished in honor of Highline's 50th birthday.

Experts renovate totem

By **ANGELA STONE**
Staff Reporter

After a therapeutic trip to Artech's warehouse, Highline's totem pole will be returning May 18.

Artech took Highline's totem pole, adjacent to Building 7, on

April 11 to be refurbished. The totem pole is being refurbished for the 50th Anniversary celebration.

Artech is a locally based company with 35 years of experience in "art handling problem solving (access logistics, public safety, mount making, etc.),

wood restoration, maintaining cultural and artistic integrity with hands on work by our employees - many of whom are artists themselves," said Denise Bisio, senior account manager

See Totem, page 19

Accreditation visit encourages Highline

By **ALISA GRAMANN**
Staff Reporter

Highline was left with encouraging words after last week's accreditation evaluation.

During a closing interview, Highline's evaluators offered no recommendations, suggesting that Highline is right on track.

It is significant that the evaluators offered no recommendations, said Jeff Wagnitz, vice president for academic affairs.

"As far as I know, we've always had recommendations in the past," he said.

"They didn't have any concerns that rose to the level of recommendations," said Ruth Frickle, chairwoman of Highline's accreditation steering committee. "[But] sometimes we have blind spots."

Evaluation visits by peers help the college get a more well-rounded view of the campus.

The campus also collects information from students through surveys.

"We're kind of continuously



Dr. Jack Bermingham

monitoring what's going on in the classroom," Frickle said. "That tells us how well we are doing from a student perspective."

"The next step is, they [the evaluators] will write up a report to submit," said Highline President Dr. Jack Bermingham.

Despite no verbal recommendations, President Bermingham said he is relatively certain that the written report will contain suggestions, which will

See Highline, page 20

Metro revises routes

By **HAYLEY ALBRECHT**
Staff Reporter

Bus routes serving Highline have been changed by Metro and these changes will take effect in September 2012.

Two routes no longer will come to campus, but two others will offer expanded service to campus.

Routes no longer serving Highline will be the 131 and the 132. Previously, these buses ran between downtown Seattle and Highline. Now they will end at the Burien Transit Center on South 148th Street.

Expanded service to Highline will be offered on routes 156 and 166.

Route 156 currently runs be-

tween Southcenter and Seattle-Tacoma International Airport, but now will extend to Highline.

Route 166 currently runs from Kent to Des Moines, including Highline. The route now will expand to go from Highline to the Burien Transit Center.

Metro officials said the route changes were made in part because of lower ridership on routes 131 and 132.

A Metro spokeswoman said that the regional transit agency did a lot of research, including talking to people on campus, before proposing the route changes.

The King County Council unanimously approved Metro's proposed changes on May 8.

Campus catering could change next year

By **EDNA SALINAS**
Staff Reporter

Highline's five-year contract with Chartwells will be up next year.

The contract began on Aug. 1, 2008 and will expire on July 31, 2013.

Highline Director of Auxiliary and Finance Services Shirley Bean said that they haven't begun planning for the bidding process yet. She will assemble a committee of students and faculty in the fall.

The request for proposal, which is the invitation for all vendors to bid, will most likely begin during winter quarter, said Bean.

Bean said she wants the com-



Austin Seeger/THUNDERWORD

Despite negative comments, students still buy food at Highline.

mittee to have the most input and she will be there to facilitate the process.

"Chartwells has been a very active partner of Highline," said

Bean.

With the end of the contract

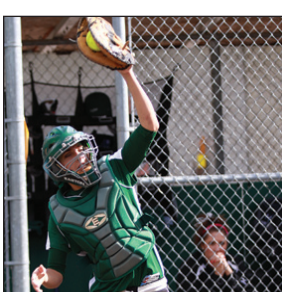
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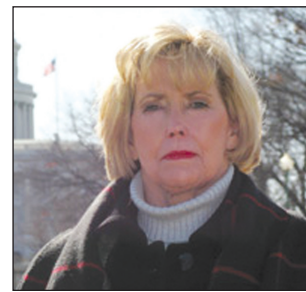
P10

Prepare for Pink Prom with easy tips and styles



P11

Championship is within reach for Lady T-Birds



P15

Lobbyist Lilly Ledbetter shares story



Crime and Punishment

Sexual assault reported

A female student was sexually assaulted in Building 8 on May 2 around 9 a.m. It began with the male asking the female student to have coffee with him, then he asked to hug her.

He then grabbed the victim's breast instead. Campus Security was notified around 1 p.m. Security then notified the Des Moines Police Department and the case is now under investigation.

The suspect's identity is unknown therefore he has not been disciplined.

Hit and run filed

A hit and run occurred on May 3 around 10:30 a.m. When the owner returned to their car he found scratches on the passenger side front bumper and a 6-inch crack in the plastic bumper. The case has been filed.

Intoxicated man went in wrong bathroom

A male adult was discovered coming out of a bathroom stall in the women's restroom in Building 12 on May 4 around 9:35 a.m.

He apparently was unaware that he was in the wrong restroom. The student who found him said he appeared to be intoxicated and stumbled toward the East Parking Lot.

When Campus Security checked the lot they did not see any suspicious activity.

Disruptive student in weight room

A student in the weight room was being extremely disruptive on May 4 around 3:40 p.m. When approached by Campus Security, he refused to quiet down. The security officer asked him to leave and he refused to do so.

The student began to get louder and began to try to intimidate the officer by yelling and swearing in his face. Campus Security called Des Moines Police Department and the student left immediately.

He was last seen heading south on 26th Street.

-COMPILED BY HAYLEY ALBRECHT



Austin Seeger/THUNDERWORD

Students thronged to the back of the Student Union on Tuesday for a free barbeque to celebrate the school's 50th anniversary.



News Briefs

Donate professional clothing for interviews

If you have any men or women's professional clothing that is not being put to use bring it to the office of Building 1 before May 29, or to Building 8 on May 29. Highline Hospitality Services is accepting donations of professional clothing for students to use at job interviews.

Students will be given the opportunity to pick up these clothes on Tuesday, May 29, for absolutely free. This will take place in Building 8 in the Mt. Constance room from 9 a.m. to 3 p.m., or until all clothing is gone.

For more information contact Donna Longwell, Hospitality Services Manager, at 206-870-3777, or email her at dlongwell@highline.edu.

Cut cards for a cause

Soroptimist International Seattle South will be putting on their fourth annual Cards for a Cause Casino Night and Texas Hold 'em Tournament on Saturday, May 19. All proceeds will benefit Highline's Women's Programs and Hospitality House Women's Shelter.

Doors will open at 5:30 p.m. and the festivities will go from 6 p.m. to midnight at 1500 SW Shorebrook Dr., Normandy Park. General admission is \$25, a \$2,500 value in poker chips, and registration for the poker tournament is \$40, or \$5,000 in chips.

The Texas Hold 'em Tournament winner will receive a trip for two to see the L.A. Lakers in Los Angeles with airfare and hotel included. Space is limited so pre-registration is advised.

For further information contact Patti Gifford at 206-227-4848 or email pattigifford2@gmail.com. To register online go to soroptimistseattlesouth.com.

Special topics workshops planned

Special topics workshops in the Writing Center will take place on Monday, May 21 at 9-9:50 a.m. and Wednesday, May 23 from 11:30-12:20 p.m. These workshops will focus on Resumes and Cover Letters.

Both of these workshops are open to all who are interested in attending them. For more information contact the Writing Center Director, Rosemary Adang, at 206-592-3822 or email her at radang@highline.edu.

Spring job fair will take place at Highline

Highline will be putting on a spring job fair on Thursday, May 17. The fair will help connect students and community members who are looking for employment with businesses that are looking for full-time, part-time, and temporary employees.

Employers present at the fair will include Boeing, Ion Television, Princess Cruises, King County Elections, Valley Cities, Bright Horizons and many more. For more information on employers and positions being recruited for visit myinterfase.com/highline/student.

Those planning to attend the job fair should be dressed professionally, prepared to speak to recruiters, and have extra copies of their resume on hand. The

fair will take place from 9 a.m.-1 p.m. in the Mt. Constance and Olympus rooms of the Student Union.

For more information visit student employment in Building 6 or contact Diana Baker at 206-592-4026.

Author Donna Miscolta to visit Highline

Highline Listens presents writer Donna Miscolta who will be reading on Wednesday, May 23 at 12:10-1:13 p.m. She is the author of the novel, *When the De La Cruz Family Danced* and short fiction in *Raven Chronicles*.

The reading will take place in Building 2. For more infor-

mation contact Allison Green at 206-592-3512, or email her at agreen@highline.edu.

Women's Programs events to take place

Women's Programs will be holding their Women in Action Awards along with a raffle of gift baskets on May 16 in the Mt. Constance and Olympus rooms of the Student Union starting at noon. Refreshments will be provided.

On May 18 Lilly Ledbetter will be visiting campus and speaking about pay equality for women. This will take place in Building 7 at 3 p.m. For more information contact Jean Munro at 206-878-3710, ext. 3365.



WHAT'S
NEW
AT THE
MAST
CENTER?

Highline's MaST Center, located in Redondo, has lots going on if you are interested in your local environment.

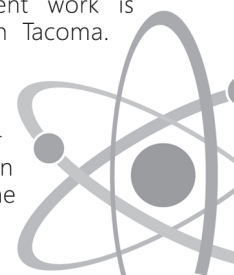
WATER WEEKEND – Every Saturday from 10am to 2pm. We are open FREE OF CHARGE to the public to view more than 100 local species in our aquarium

SCIENCE ON THE SOUND SPEAKER SERIES – 1st and 3rd Saturdays of every month. Local scientists and environmental educators discuss the health of Puget Sound.

LIVE DIVER – 2nd Saturday of every month. Shows at 11 and noon.

THE WHALE PROJECT – The MaST Center is rebuilding the skeleton of a grey whale that died in Puget Sound to be displayed in the MaST Center. Current work is happening at Foss Waterway Seaport in Tacoma. Come and see the progress.

VOLUNTEER STEWARDS – Most of the work at the MaST Center is done by our team of volunteers. If you are interested in volunteering you can come and visit the Center, or e-mail us at mast@highline.edu



Students encouraged to attend forums for new dean

By **ALISA GRAMANN**
Staff Reporter

Student Services is looking for campus input on candidates for the position of associate dean of counseling and student judicial affairs.

The associate dean of counseling and student judicial affairs position will replace the position of director of counseling, testing and career development — a position currently held by Lance Gibson, who will be retiring in June.

The associate dean will be responsible for providing various counseling services and support to students.

With the application window closing in early April, a screening committee has narrowed the candidates for the associate dean position to five candidates.

Vice President for Student Services Toni Castro said that the candidates are a compilation of skilled and experienced counselors who embody the college's mission and goals.

The five candidates are all currently in director or dean positions, Castro said.

The candidates now must be immersed further into the campus community to see if they will be a good fit, Castro said.

"It's a high-level administration position," Castro said, and one that has a critical relationship with staff, faculty, and administrators to construct a posi-



Chiara Burt/THUNDERWORD
Vice President of Student Services Toni Castro.

tive environment for students.

"They go through a pretty challenging process," Castro said.

Candidates will come to Highline for a day to meet with the candidate selection committee, counseling staff, the student affairs cabinet, and with Castro.

Additionally, candidates will partake in an open forum, moderated by Professor Ruth Fric-

kle.

Students, staff and faculty are all invited to attend the open forums, Castro said.

The forums, she said, provide the campus community with an opportunity to meet the candidates, as well as provide feedback in the form of a brief evaluation.

"It's also an opportunity for the individual to get to know

us," Castro said.

Although forums are not held for every position, due to the nature of this position — a high-level administrator who is daily involved with the campus community — the campus will be provided with an opportunity to meet and pose questions to the candidates.

"For director, dean, VP [vice president] and presidential positions, we open it up to the campus," Castro said.

The open forums began yesterday, with Sheryl Copeland of Edmonds Community College. The forums will continue next week as follows:

Monday, May 14, Dr. Shannon Ledesma, a counselor at Harbor Behavioral Health, a Gig Harbor-based counseling organization that provides counseling for a variety of situations.

Wednesday, May 16, Dr. Garrett Gilchrist, a psychologist in Pacific Lutheran University's counseling department.

Thursday, May 17, Dr. Alison Lau, a faculty counselor and the counseling department chairwoman at Bellevue college.

Wednesday, May 23, Dr. Yvonne Terrell-Powell, director of Shoreline Community College's Center for Equality, Engagement and Services, Counseling Services, and High School Programs.

"I am excited about meeting

the candidates," Castro said. Each candidate will bring relevant experience to the position, she said.

After all the candidates are interviewed and experience Highline, Castro will make the decision.

"We'll take in to account what the campus has to say," she said.

Castro will also gather the information collected by the various staff and committees that meet with the candidates — who will recommend two or three candidates — to aid the decision making process.

Castro said she hopes to make a decision in early June, and have a hiring date of July 1.

Because of the close working relationship with the associate dean for counseling and student judicial affairs, everyone is encouraged to attend the open forums.

Many faculty members work closely with the counseling department through referrals, Castro said.

"Faculty play a critical role in referring students," she said, because it is faculty who have the day-to-day interactions and relationships with students.

"Naturally, students are some of our best promoters too," Castro said.

"We do our best on a day-to-day [basis] to keep those lines of communication open," she said.

Struggling with them numbers? MRC can help

By **SARAH JOHNSON**
Staff Reporter

Free math tutoring is available in the Math Resource Center.

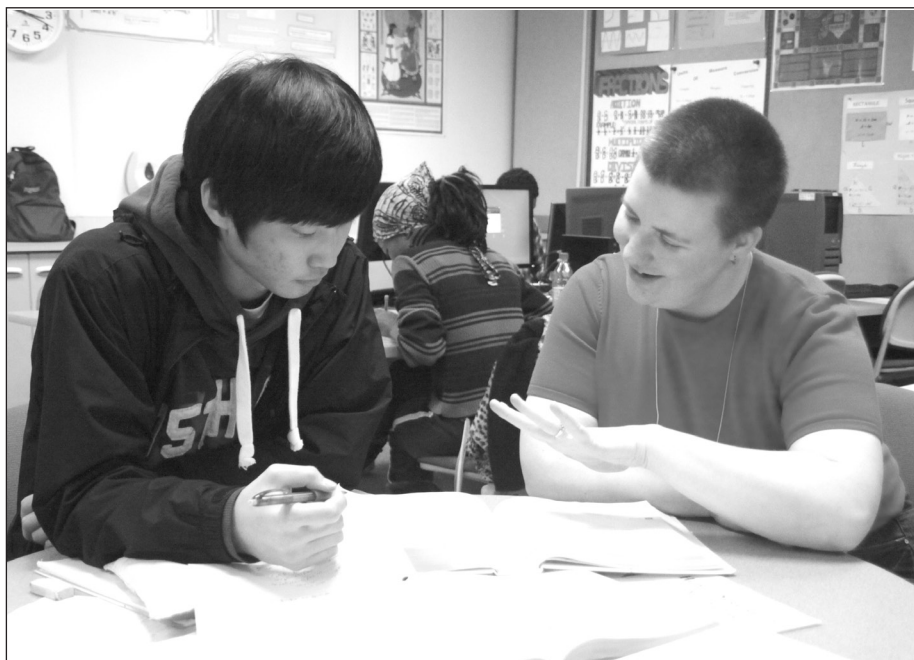
It is in Building 26, room 319, and is open 8 a.m. to 7:30 p.m. Monday through Thursday. On Fridays, it is open from 8 a.m. to 1 p.m.

"I come here when I'm having challenging problems," said Jeff, a Highline student who did not give his last name. "It is very convenient to go when my teachers don't have office hours that fit to my schedule."

The most popular time for tutors to be in the MRC is between 11 a.m. and 5 p.m. The schedule for tutors can be found on the Highline website at flightline.highline.edu/mrc/schedule.php.

Generally three or four tutors are around the Math Resource Center waiting for students to ask for their help.

Taahan, another Highline student who did not give his last name, said he comes to study



Corey Sun/THUNDERWORD
Math resource center employee Cyan Chen (right) assisting fellow student with math challenges.

because the time is more convenient here than his teacher's office hours. He said that he finds he gets more work done there than anywhere else because it's why he is there.

The Math Resource Center is devoted to helping students suc-

ceed in math. They do not give out answers.

"My favorite thing about being here is helping students to show them how to get good grades," Vivian Myint, a math tutor, said. "It's very hard to not just give them the answers. And

I definitely can't write for them."

Nonetheless, the resource center has lots of answers.

"The biggest obstacle is that students tend to think of us a place for tutoring and to think that they should only come in if they need help with math," said Dr. Terry Meerdinka Highline math instructor.

"Students should come in regularly whether or not they need help. You have to

do your math homework somewhere. Why not sit at a table in the MRC where you can work at your own pace, meet with others who are working on the same things, and get help the moment you need it?"

It is called a resource center

for a reason. There are many other ways to get math help other than tutors.

"Tutoring however, is just one resource we offer. There are posters on the walls created by our tutors to help with math concepts," said Meerdinka.

"There are handouts, also created by our tutors, available for nearly every course. There are videos and textbooks that students can use in the center."

"The biggest challenge for students is probably math anxiety. Too many students have believed for too long that they just can't do math. Just trying can be very frightening for some," Dr. Meerdinka said.

"As Ed Morris, one of our math instructors often tells his students, 'If you think you can, you can. And if you think you can't, you can't.' Not everyone will learn to love math, but so many can overcome the fear and get past this hurdle and graduate," Dr. Meerdinka said.

The academic success centers also include the Writing Center and the Tutoring Center.

Editorial comment**It's time for a plan B**

The state government needs to start thinking of creative solutions for funding colleges.

Current levels of state support for colleges in Washington are making it more and more difficult for the average person to afford college. With tuition rising annually, the wealthy class is gradually turning into the only class that can afford to pay for college. For example, the tuition of University of Washington tripled from \$3,291 to \$10,346 since 1988. The tuition of community colleges has risen from \$1,429 to \$3,542 since 1988.

One of the main reasons as to why tuition keeps raising is because people aren't voting to raise revenues right now. The lack of support is leading to a significant decrease in college funding from the state of Washington. Over the last five years the state budget going toward higher education has decreased nearly 25 percent. With the lack of money coming from the state, colleges are forced to find money elsewhere, hence the rise in tuition.

This is a trend that will lead to unfortunate consequences in the future if it continues. A country going through recession should be looking to build and protect a middle class, but it's going to take some work from the state government to help prevent Washington from doing the opposite. The first step in the solution should be finding a way to make higher education more affordable for people without banishing them to lifelong debt from student loans. This is where the creativity needs to come in.

John Burbank, the executive director of the Economic Opportunity Institute of Seattle, suggests a completely different approach to tuition. He's proposing an idea that students attend college for free, and pay the school back with a 1.5 percent of their income over the next 25 years after graduating.

Burbank's idea would make college affordable for everybody and ultimately give everyone a shot at attending college and earning the skills they need for a real career. However, his plan will need some work to be successful.

Burbank's idea is an investment that relies a lot on the colleges affording to put people through school despite the fact that they'd be waiting years for the money to return. Colleges won't be making a lot of money at first. Once the plan has been up and running for over 20 years, the surviving colleges will likely be making enough money to easily get by once again. In the meantime, the state will need to find other ways to fund colleges.

Introducing a state income tax could help schools a lot. Without an income tax, Washington ends up heavily relying on sales taxes, but during a recession less people are spending because they're afraid of putting themselves in a financial hole.

With an income tax adjusted to taking a small percent out of everybody's paycheck, the state would have a much larger budget to work with. This could lead to more money going to schools, leading to more opportunities to making tuition and colleges more affordable.

Burbank's plan is one of the possible solutions that the state government needs to consider. Right now the state is relying too heavily on sales taxes and needs help with funding colleges.

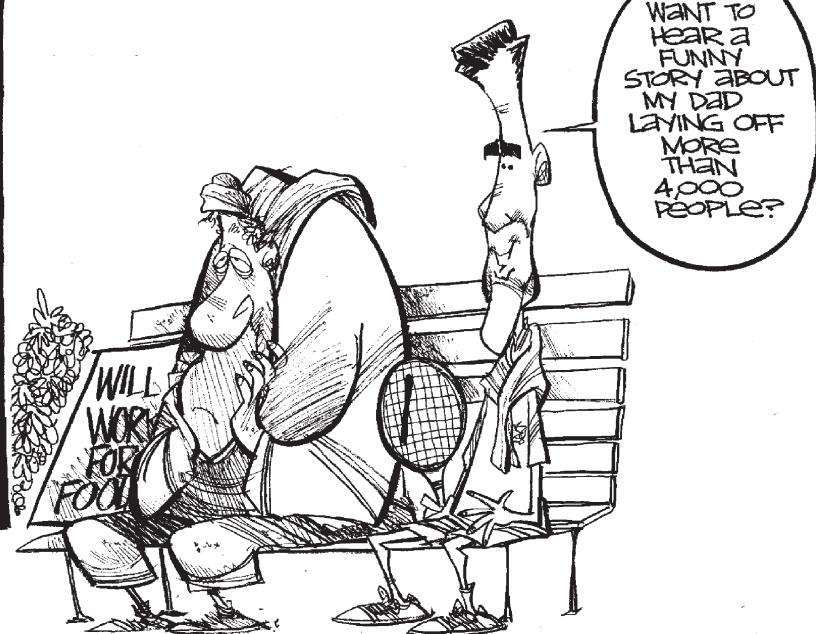
It's the state's job to come up with an alternative plan to help people pay for colleges. If more and more people become unable to afford college in the state, it could become a real problem for everyone.

Got something to say? Write to us

The Highline Thunderword is asking for students to voice their opinions on what matters to them. Send a column or a letter to thunderword@highline.edu by Monday for print on Thursday.



WHICH MITT ROMNEY LACKS



KRK ©2012 De Juredo Blaw
Email: krk@topick.com

Working for the weekend...and money

Summer's coming up, and I strongly advise each of you to start applying for summer jobs if you haven't already. I happen to have a very diverse history in the workforce that all of you can learn from.

I've been an undercover Google spy for the Chinese army, a tooth fairy, one of the seven dwarves, a horse, and an online advertisement.

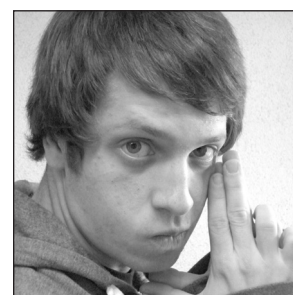
I had a short stint as a custodian for the Justice League and that quickly ended when I realized that the headquarters was really just a meth lab and Flash was just a hardcore substance abuser. I've actually yet to be paid for this newspaper job because the state doesn't recognize me as a human being.

I'm currently in search of my next summer job, and I've had limited success up to this point.

I had been working at a fast food place called Munchies for a while, but was let go recently for being dressed as a bear while working the drive-thru. I was trying to scare people into giving me tips. It was the same reason I got kicked out of the Black Bear diner.

I was recently hired to become a lifeguard for Wild Waves, but I was unfortunately sent home during the training period. They didn't appreciate the fact that I ran in slow motion the entire time, nor the fact that I tried to clear the pool once because of a shark attack.

Interviews are sometimes an



Total Traegedy
Trae Harrison

obstacle for me as well.

I once had an interview for a bartending position that went downhill fast. When they asked what experience I had in the field, I told them I had seen the movie *Cocktail*. When they asked me what my qualifications were, I said "being taller than Tom Cruise."

I once made a critical mistake of calling in for a Dominoes delivery during an interview with Pizza Hut. Things got pretty awkward after that.

(I'm pretty sure Carly Rae Jepsen's song *Call Me Maybe* is about prostitution and call-girls. This is completely irrelevant to the rest of the column; I just wanted to have that written down somewhere so I can remember it.)

One of my most interesting experiences in the workforce came when I tricked my neighbor into hiring me as his gardener.

I was a lazy gardener. In-

stead of actually planting things I just bought plastic fruits and buried them in his backyard. He eventually caught on after I got bored of fruit and decided to plant meats instead.

I met my best friend Ernest Watson through the workforce. He hired me as a hit-man. After a mission to find and kill Carmen Sandiego backfired, we ran away to the circus, which actually turned out to be a Toys "R" Us.

After that gig burned out I ended up being recruited as a mercenary. Not for any US branch, but a snack war between the Keebler elves and the Rice Krispy elves.

I served under Snap, Crackle, and Pop because Rice Krispy treats are healthier and I care about my figure. I was sent home with honorary discharge after accidentally calling an all-out attack on Crackle. At the time I was unaware that "Code Red" wasn't only a type of gum.

If there's anything you can learn from me it's that you can find experience in the most interesting of places, and through my limited experience I have ultimately become a stronger person.

I'm currently applying to work with the parks industry. It's all part of my plan to shave the statue of liberty.

Trae will work for cheap if there's any chance to tease fish or aquatic mammals.

The Staff

He's like a giant tattooed teddy bear.

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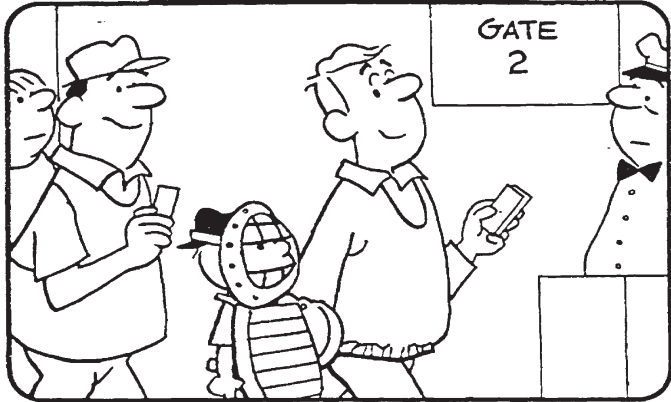
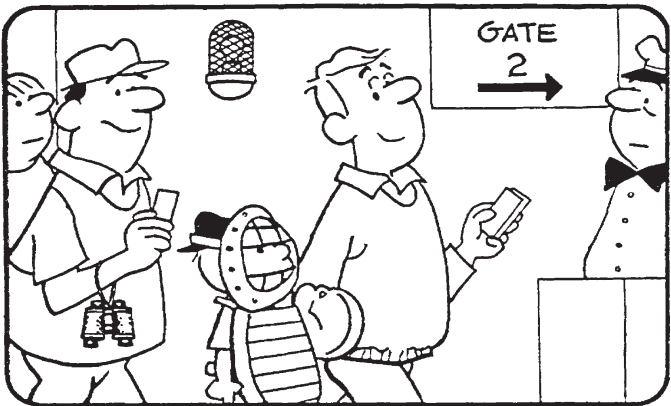
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HOCUS - FOCUS

BY
HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below. Differences: 1. Binoculars are missing. 2. Light is missing. 3. Glove is moved. 4. Neckline is different. 5. Arrow is missing. 6. Tie is smaller.

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Weekly SUDOKU

by Linda Thistle

		5			7			2
9			2			7		
	7			9			4	
		4	8		3	5		
	6			2			3	
3					5			1
		2	7					9
8					2		1	
	9			6		3		5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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L, M ... No P !

Across

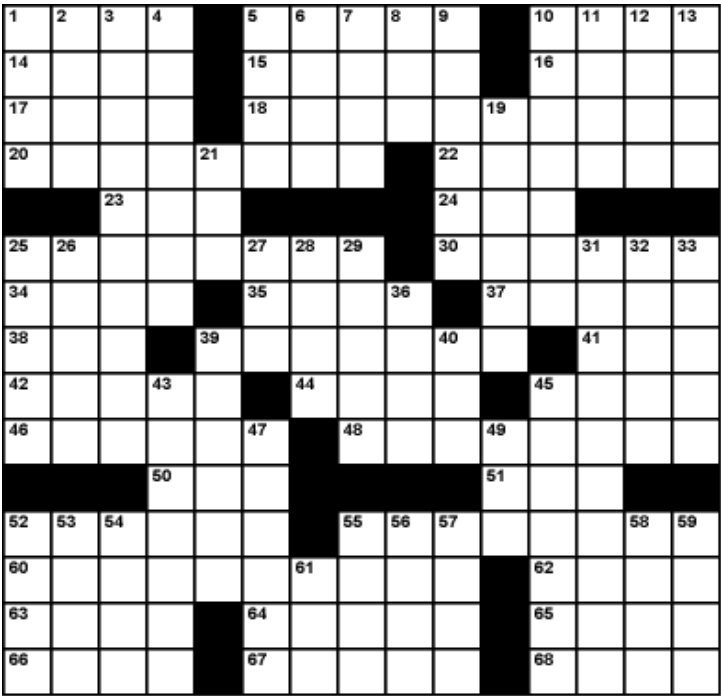
- Subtraction word
- Battery terminal
- H H Munro's pseudonym
- Sweet sandwich
- Kind of action
- Poet of ancient Rome
- Campus military org.
- Hair-cutting spy?
- Construction quote
- Home of 39-Across
- That girl
- Maniac preceder
- Western toppers
- Like some yogurt
- Sacred
- Times New Roman, e.g.
- Actor Christopher
- Santa _____
- "The Blue Danube" com
poser
- Regrets
- Synopsis
- 60's do
- Blockhead
- Qualifying round, informally
- Shaky
- Parseghian of Notre Dame
- Stable diet?
- A Musketeer
- Church toppers
- Arrived at church?
- Swear words?
- Got older
- Grannies
- Accurate
- Comedian Carvey
- Cubic meter
- Lose traction

Down

- Old stories
- Cupid, to the Greeks
- Instructions to a
designer's assistant?
- Community of people
- Actress Jessica

Crossword 101

By Pete Canty (Pete@gfrpuzzles.com)



- Tidy
- Grimm beast
- Unit of hair gel, perhaps
- Soccer squad count
- Unnamed person
- Mary Kay rival
- Clay cooker
- Notion
- Hardships
- Mr.'s mate
- Flat's opposite
- Cartridge contents
- Frequently
- "A Doll's House" heroine
- Confusing situation
- Songbird residing in
Boston stadium?
- Bypass
- Irritable
- Precedes around & about
- Apparition
- Message in a bottle?
- Oakland's county
- Short and stout items?
- Bricklayers
- Definite article
- Military sch.
- Sitar music
- "Indeed!"
- Levelheaded
- Pre-1917 ruler
- Latin "to be"
- Needle holder
- Tool building
- Yoga class need

Quotable Quote

*Dream as if you'll
live forever. Live
as if you'll die
today.*

... James Dean

By GFR Associates ... Visit our web site at www.gfrpuzzles.com

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|---------------|--------------------|---------------|
| 1. Pendant | ___ _ _ _ _ T | Student's closet | ___ _ _ _ _ R |
| 2. Consommé | B ___ _ _ _ | Foam | F ___ _ _ _ |
| 3. Old, like bread | ___ _ A ___ _ | Panache | ___ _ Y ___ _ |
| 4. Plumber's tool | W ___ _ _ _ | From Paris or Nice | F ___ _ _ _ |
| 5. _____ bee | ___ _ M ___ _ | Soap fizz | ___ _ B ___ _ |
| 6. Give way | Y ___ _ _ _ | Brandish | W ___ _ _ _ |
| 7. Series of links | ___ _ _ _ _ N | Rocker or recliner | ___ _ _ _ _ R |
| 8. Dog sled driver | ___ _ _ H ___ | Assemble | ___ _ _ T ___ |
| 9. _____ the town red | P ___ _ _ _ | Barely audible | F ___ _ _ _ |
| 10. Vegetable patch | G ___ _ _ _ | Prison official | W ___ _ _ _ |

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- CHEMISTRY: What two elements are combined to make bronze?
- MEASUREMENTS: How

- many furlongs are in a mile?
- HISTORY: What was the first permanent English settlement in America?
- ANATOMY: In which part of the body would you find the metatarsal bones?
- GEOGRAPHY: In which city would you find the famous Carnaby Street?

- LANGUAGE: What common item used to be known as "India rubber"?
- GENERAL KNOWLEDGE: What does the Apgar Scale measure?
- U.S. PRESIDENTS: Who was the only U.S. president to be sworn into office by his father?

- SPORTS: Who was the first person officially to run a mile in less than 4 minutes?
- ANIMAL KINGDOM: Which species of big cat cannot retract its claws?

- Answers
- Copper and tin
 - Eight

- Jamestown, Va.
 - The foot
 - London
 - An eraser
 - Newborns' conditions
 - Calvin Coolidge
 - Roger Bannister
 - Cheetah
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Properly
cooked,
noodles will
make you go
‘nom nom nom’

By **ASHLEY KIM**
Staff Reporter

When it comes to cooking pasta, use your noodle.

Pasta can hold a lot of flavors and it is easier to cook than you think.

“Pasta is a wheat-floured base product. Depending of what pasta you’re using, some pasta contains egg, and some don’t. Egg is a good bonding agent to get the flour, water, and salt mixed,” said Andrew Wilson, who is the sous chef at Maggiano’s Little Italy in Bellevue.

Maggiano’s Little Italy specializes in Italian cuisines and serves a variety of pasta dishes.

Pasta originated in China and its versatility has helped it spread internationally.

More than 100 styles of pasta are available. The most common pastas that are used are fettuccine, spaghetti, and penne. Fettuccine is a thick-long stranded pasta, spaghetti is a medium-long stranded pasta that has no surface area, and penne is a cylinder shaped pasta with a hole in the middle.

Pasta also delivers many nutrients such as protein, calcium, potassium, and iron. Whole wheat pastas are available for people who are watching their diet.

Pasta has gained popularity all around the world and it is used with an assortment of sauces.

“Pasta is featured in cuisines other than Italian. It is used in a variety of ways around the world with different sauces. Depending on what pasta noodle you are using, it can hold a thin brothy sauce, tomato sauce, cream sauce, or a simple flavored butter sauce,” said Wilson.

“Pasta is more versatile than people think of it as. There are a lot of different shapes and styles of pasta so there are much more things you can do with it,” said Wilson.

“The most versatile is fettuccine, penne or a ziti pasta. Either of those pastas is good at taking a thick cream sauce, but at the same time can hold a thinner red sauce or a broth sauce,” said Wilson.

You will get the perfect pasta with the right techniques.

“When you are cooking pasta, you want to make sure that the water is fully boiling before you put the pasta in. It will break down and become a



Powerful, plentiful

PASTA

mushy product if the water is not fully boiling,” said Wilson.

Cook the pasta with salt in the water because it seasons the pasta and also salt increases the boiling temperature, he said.

“How long you cook the pasta would depend on what pasta you’re cooking with, Wilson said. “If you have an angel hair pasta noodle, which is very thin, you only need to cook it for three minutes or so. If you are cooking fettuccine pasta, which is a lot thicker, it’s going to be closer to eight to 11 minutes.”

Pasta shouldn’t be fully cooked because the pasta becomes mushy. Pasta should be al dente which is slightly under fully cooked, he said.

“Occasionally stir the pasta so it doesn’t clump together once it starts cooking. But you don’t want to break it down so don’t stir too much,” said Wilson.

Pasta strands stick together easily, so to prevent that “Add oil to the pasta after it comes out of the water and toss it in the oil,” said Wilson. About a tablespoon of extra virgin olive oil will keep the strands from sticking and it will give an added extra flavor to the pasta.

Pasta noodle should be coated well with a sauce, not drowning in sauce, he said.

“You should never have more sauce than you are able to eat with pasta. If you are eating the pasta, you should never have

sauce left on the plate,” said Wilson.

Some pasta cannot hold certain sauces.

“Spaghetti pasta doesn’t hold a cream sauce because it doesn’t have surface area.

What you need for a cream sauce is a pasta with a lot of surface so the cream sauce sticks to it,” said Wilson. Such as fettuccine.

Fresh and dry pastas are used for different purposes.

“Fresh pastas are more likely

to contain egg if you buy them at the store. They cook faster also. If a dry fettuccine takes 12 minutes to cook, then a fresh fettuccine can take seven to eight minutes to cook. Fresh pasta is does a better job at absorbing the sauce than a dry pasta,” said Andrew Wilson

Dry pasta isn’t as moist as the fresh pasta so the flavors might not absorb fully, he said. Fresh pasta costs more usually but it does a better job of holding the sauce and it usually is better quality than the dry pasta.

Try some of the following Italian-inspired pasta dishes:

Spaghetti Pasta with Garlic Brown Buttered Sauce and Lemon

- ½ pound of spaghetti pasta
- ½ cup of butter
- Salt
- Pepper
- Extra virgin olive oil
- 4-5 cloves of garlic
- 2 sprigs of basil
- 1 lemon

Directions: Boil a pot of water on high heat.

When fully boiling, add salt. Taste the water and check if it’s salty enough. You don’t want it to be too salty or too unsalted.

Add the pasta and give it a stir. Cook the pasta for about 10 minutes or until the pasta is al dente.

Meanwhile, mince the garlic and basil and set aside. Slice the lemon into thin slices and set aside.

Heat a saucepan on medium high heat and add the half cup of butter and minced garlic.

Cook until the garlic looks golden and the butter turns slightly brown. Don’t burn it because it will taste bitter.

Turn the heat off and add the

cooked pasta into the saucepan and toss with a pinch of salt and pepper according to your taste. Add the basil and lemon and toss again.

If the pasta looks too dry, you can add a little of the pasta water. Serve immediately and enjoy.

Seafood Spaghetti

- ½ pound of spaghetti pasta
- 6-8 pieces of mussels
- 10-12 pieces of shrimp
- Big handful of baby scallops
- 1 bottle/can of clam juice
- 2 cloves of garlic
- 1 jar of favorite tomato sauce
- 1 tablespoon of parsley
- 1 teaspoon of sugar
- Salt
- Pepper
- Extra virgin olive oil

Directions: Boil a pot of water on high heat.

When fully boiling, add salt. Taste the water and check if it’s salty enough. You don’t want it to be too salty or too unsalted.

Add the pasta and give it a stir. Cook the pasta for about 10 minutes or until the pasta is al dente.

Meanwhile, heat a large saucepan. Mince the garlic and parsley and add to the saucepan with a little extra virgin olive oil.

Cook for about one to two minutes and add the tomato sauce and sugar. Cook for about 30 seconds.

Add the mussels, shrimp, baby scallops, and half a bottle of clam juice and cover the lid. Cook until the mussels have opened.

Taste and season with salt and pepper if necessary. Add the pasta and toss all together and serve.

Puzzle answers:

Even Exchange

answers

- | | |
|-------------------|--------------------|
| 1. Locket, Locker | 6. Yield, Wield |
| 2. Broth, Froth | 7. Chain, Chair |
| 3. Stale, Style | 8. Musher, Muster |
| 4. Wrench, French | 9. Paint, Faint |
| 5. Bumble, Bubble | 10. Garden, Warden |

Weekly SUDOKU

Answer

4	1	5	3	8	7	9	6	2
9	3	6	2	1	4	7	5	8
2	7	8	5	9	6	1	4	3
1	2	4	8	7	3	5	9	6
5	6	7	1	2	9	8	3	4
3	8	9	6	4	5	2	7	1
6	5	2	7	3	1	4	8	9
8	4	3	9	5	2	6	1	7
7	9	1	4	6	8	3	2	5

Highline professor gets his own award

By **DAVID NORWOOD**
Staff Reporter

Longtime Highline Professor Bob Bonner is being honored by having a health care award named after him.

The Respiratory Care Society of Washington has created the new award, which will be given annually to a respiratory care professional.

The award is called the Robert A. Bonner Award for Outstanding Professional Service.

The award was announced at the 2012 annual business meeting, which took place mid-April at the 39th Annual Pacific Northwest Regional Respiratory Care Conference in Spokane.

"The RCSW wanted to honor a respiratory care professional every year. They started talking about who the first recipient should be and it was unanimous. Robert Bonner was the name that was on everybody's mind," said Highline Professor Nicki Bly.

It was later decided to name the award after him, said Bly.

"I was really surprised," said Bob Bonner, director of the respiratory care program at Highline and the first recipient of the award that bears his name.

While at the conference, "they started talking about this new award that was going to be created and after a while it was fairly obvious they were talking about me," said Bonner.

"He is always there when you need him," said Bly.



Bob Bonner shows off the first Robert A. Bonner Award for Outstanding Professional Service, of which he was the recipient. Bonner is head of Highline's Respiratory Care program.

"One time our politicians were trying to make changes that could compromise patient safety. Professor Bonner went to Olympia and talked with the legislation to ensure that patient safety was kept first," said Bly.

"Bob has been educating respiratory care professionals for 25 years and has been a mentor for other practitioners who are

getting involved in the field," said Bly. "He's just a really good mentor."

In respiratory care, the environment you work in is very stimulating, you get to work with some very skilled people, said Bonner. "The relationship between the brain, heart and lungs is very interesting."

Bonner graduated from

Highline's Respiratory Care program in '75.

"The RC students now work really hard," said Bonner.

"It's a seven-quarter program that starts in the fall and it runs for seven consecutive quarters," he said.

"Highline graduates do excellent on the national respiratory exam," said Bonner.

"Highline has always known what Bob does here on campus but they never really realized the contributions he makes off campus and his involvement in the community and in the respiratory care field," said Bly.

Professor Bonner has worked at Highline for almost 30 years.

"Highline has been a great place to work," said Bonner. "The administration here has been great, they always try to give us the resources and support to make us successful."

Professor Bonner's students only had wonderful things to say about him.

"He is a great teacher, very knowledgeable. He has a passion for respiratory care and it's obvious he loves teaching students, he also has a great sense of humor," said Janet VanderVeen.

"He just wants respiratory field to be better year after year," said Artur Kachmarchik.

"We love Bob, I've known him for three quarters and we're lucky to have him. He's a wealth of knowledge; you can't ask him one question and stump him," said Melissa Jenkins.

Healthy green beans can live up dinner

Green Beans With Mixed Mushrooms: This simple side borrows the casserole's basic

Good Housekeeping

flavors, but gives them grabbed-from-the-garden goodness with field-picked beans, thin-sliced onions and earthy criminis and shiitakes.

- 2 tablespoons olive oil
- 4 sprigs fresh thyme
- 2 large (10 to 12 ounces each) onions, thinly sliced
- 1 clove garlic, crushed with press
- 8 ounces cremini mushrooms, thinly sliced
- 4 ounces shiitake mushrooms, stems discarded, thinly sliced
- Salt
- Pepper
- 3 pounds green beans, trimmed

1. Heat covered 7- to 8-quart saucepot of water to boiling on high.

2. Meanwhile, in 12-inch skillet, heat oil on medium-high. Add thyme and onions; cook 10 to 12 minutes or until browned and very tender, stirring occasionally. Stir in garlic and cook 1 minute. Add mushrooms and cook 5 minutes or until tender, stirring occasionally. Stir in 1/2 teaspoon salt and 1/2 teaspoon freshly ground black pepper. Remove and discard thyme.

3. Add green beans and 2 teaspoons salt to boiling water. Cook, uncovered, 8 to 9 minutes or until tender, stirring occasionally. Drain and rinse with cold water.

4. When ready to serve, return green beans to saucepot and add mushroom mixture, stirring to combine. Cook on medium until beans are heated through, stirring occasionally. Serves 12.

Tip: If making ahead, transfer mushroom mixture to medium bowl. Cover; refrigerate up to overnight. Transfer beans to resealable plastic bag; refrigerate up to overnight.

¥ Each serving: About 455 calories, 11g total fat (3g saturated), 62mg cholesterol, 665mg sodium, 62g carbohydrate, 26g protein.

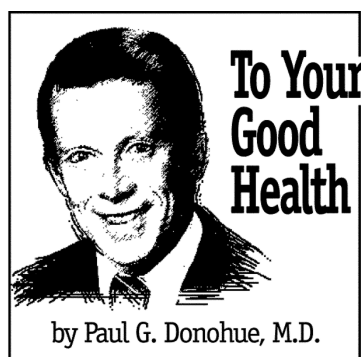
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Alzheimer's is common type of dementia

DEAR DR. DONOHUE: What is the difference between dementia and Alzheimer's disease? Are they the same? -- M.J.

ANSWER: "Dementia" is an encompassing word that includes many different conditions. Those conditions have some similar features that indicate an impairment or loss of important mental functions. The inability to retain new information, getting lost in familiar surroundings, difficulty choosing the proper words to express oneself, trouble doing simple arithmetic like adding and subtracting, the failure to recognize close relatives and friends, and showing poor judgment like dressing for winter in the middle of summer are signs of dementia.

Alzheimer's disease, Pick's disease, vascular dementia (dementia due to many small strokes), dementia with Lewy bodies and frontotemporal dementia are but a few of the dementia illnesses. Each of these illnesses has special features



that set it apart from the other dementing conditions.

Alzheimer's disease is the most common kind of dementia. People often use "dementia" when they mean "Alzheimer's disease." It's best to give the exact name for the illness that is causing mental deterioration.

The booklet on Alzheimer's disease provides the signs and symptoms of this illness. Readers who would like a copy can obtain one by writing: Dr. Donohue -- No. 903W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow

four weeks for delivery.

DEAR DR. DONOHUE: What has happened to the appendix? I never hear about appendicitis anymore. Has the operation gone out of fashion? Or is there some other way to deal with it? -- R.P.

ANSWER: The appendix is still where it always has been, dangling down from the first part of the colon on the lower right side. Long thought not to have any purpose, it does appear to add to immune defenses and seems to produce products useful for the development of the fetus. We do well without it, though.

Appendicitis has not gone out of fashion. It happens with the same regularity it always has. The age group most likely to suffer from it is the group between 10 and 19. Around 250,000 appendectomies are done yearly in the United States.

Newer developments in the diagnosis of appendicitis include CT scans and ultrasound.

Many surgeons now use a laparoscope to remove it. It's a viewing instrument passed into the abdomen through a small incision. Instruments also are inserted through similar small incisions.

DEAR DR. DONOHUE: I don't think my problem will impress you, but here I go.

I refuse to wear a bathing suit in the summer because of all the spider veins on my legs, especially in the area of the ankles. How are they gotten rid of? I heard that tea bags work. Do they? -- E.L.

ANSWER: I'm not familiar with tea bags for spider veins.

Other treatments do work well. Lasers can obliterate them. So can sclerotherapy. A doctor injects these tiny veins with a solution that causes them to wither and dry up.

I'm sure you won't have trouble finding a doctor who does these procedures. If you do have trouble, ask your family doctor for a referral.

By **GABI PAULSON**
Staff Reporter

He was giddy with excitement. The last two days at school, 17-year-old Will Brown, a native of Tennessee, had done as much as he could to be noticed.

Earlier that day he had sent a long email to his brother and that night for dinner he had bought pizza for the whole family: his parents and 10 other siblings.

He had control; he had everything going for him. Brown ignored the voice in the back of his head, and got into his car. After dropping by a few friends to give brief goodbyes, he got back on the road.

His anticipation escalated, and going 35 miles per hour wasn't fast enough. He sped up to 55 miles per hour and continued accelerating. He was so close; he could see the light at the end of the tunnel: the glaring lights of an oncoming semi-truck.

Brown switched lanes into oncoming traffic and hit the truck head-on. "I made the worst mistake of my life," he said.

Brown, a Highline student, and psychology Professor Dr. Bob Baugher spoke to an audience of 71 people at a suicide discussion last week on Wednesday, May 2 in the Mt. Constance room in Building 8. Brown struggled with depression as a teenager and continues to deal with it today.

For some, depression causes them to think irrationally and to be weighed down by feelings of worthlessness and hopelessness. It also includes physical and emotional pain.

"I felt that I didn't have anything, that I wasn't smart, that I wasn't good-looking enough," he said. "I made up things about me that weren't true, [like] that I didn't have any friends."

Brown had sent an email that day to his brother to say goodbye to a long list of people.

At the discussion, he pointed out that he wouldn't have had anyone to say goodbye to if he didn't have any friends.



Baugher

The collision between Brown's quarter-ton vehicle and the 40-ton semi-truck created a combined force of 110 miles per hour.

"The entire right side [of my car] was crushed

The end of one road, the start of another

Will Brown survived a tragedy, now he's trying to help others

into the back seat," he said. The only reason that Brown is still alive today is because he tried to swerve at the last moment.

"My heart was screaming, trying to get me to stop," he said. Right before he hit the other vehicle, Brown realized he had made a mistake. He listened to his heart, he said.

He sustained multiple injuries after the crash: multiple broken ribs, a severely lacerated liver, collapsed lungs that required a tracheotomy, a ruptured spleen that had to be removed, one knee sliced in almost two pieces, and a severely fractured foot.

Brown's entire face had to be put back together, he had to wear braces so that his teeth would stay in his mouth and he also suffered from a stroke that caused the entire left side of his body to go numb.

The traumatic brain injury, however, was the primary reason for his four-month long stay in rehabilitation.

"[But] the next day I was alive, and the next day I was alive, and the next day I was alive," said Brown. His mother, Linda Brown-Clark, sat in the audience during the discussion.

She also spoke about the effects of the incident.

She hadn't known that her son struggled with depression. "It didn't seem possible; he was a happy-go-lucky kid," she said.

"I wasn't paying attention." Brown-Clark said that the fact that her son survived seemed incredible and that he recovered so well – that was amazing.

"Ten years ago my son was a vegetable," she said. "They told me to put him in a nursing home and to let him vegetate until he died because he would never amount to anything. Look at him now."

When Brown first came to rehabilitation, he had to relearn

how to read and write among other things.

After his stay, he went back to high school. Two weeks later he was kicked out because of his behavior. "I didn't act like me," he said. "I was acting like a pervert." When Brown didn't come back the same way that people remembered him, they were upset.

Neighbors who had contributed to his rehabilitation "started asking for their money back," Brown-Clark said.

Brown's siblings were mistreated and bullied in school because of the disillusionment.

"We had to leave the state," Brown-Clark said. After Brown shared his experience, Dr. Baugher talked about suicide intervention.

He said that Brown had approached him with the idea of a suicide intervention club.

At the discussion, Dr. Baugher said that the audience would learn "suicide CPR." "We're here today to ask ourselves: What if someone came to me and gave me some of those clues that they're going to end their life?" he said.

Dr. Baugher gave a formula for depression. Depression equals sadness multiplied by pessimism.

"The key word is hopelessness," he said. It's the belief that the dreadful feelings that a person has one day will be the same, or even worse, the next day; it will never get better.

"Think of this room as your life," Dr. Baugher said. "Everywhere you go, you feel pain: physical pain, emotional pain." He said you could try sitting in chairs and crawling under tables, but the pain doesn't go away.

"You want to leave," Dr. Baugher said while pointing at the door, "and that becomes your method." He brought up the example of

the Golden Gate Bridge in San Francisco.

Out of 1,000 or so people who have jumped off the bridge in an attempt at suicide, only 11 have survived. Each of these survivors were interviewed.

They were asked, "What were you thinking as you went down?" "Of those that remembered, they thought, 'Oh my God, I made a mistake,'" said Dr. Baugher.

He handed out a paper with suicide information.

One side had suicide warning signs made into a mnemonic: IS PATH WARM.

The mnemonic stands for: ideation, substance abuse, purposelessness, anxiety, trapped, hopelessness, withdrawal, anger, recklessness and mood changes.

Dr. Baugher said that if someone starts to talk to you about their feelings, "do something that every good listener does: shut-up."

The other side of the paper had clues as to whether someone was planning and intervention steps to help them.

"It's your job, when you see these clues, is to start suicide CPR," he said. First, out of earshot of other people, ask the person: "Are you thinking about suicide?"

Dr. Baugher said some people are afraid to ask this question, thinking that they will put the idea in the person's head.

That isn't true.

"This is a no-lose question," he said. If they answer yes, then begin suicide CPR. The "C" stands for "Current Plan."

Ask the person: What method are you thinking about using? Make sure to get details on their method, said Dr. Baugher.

The "P" in suicide CPR stands for "Prior Behavior." The questions to ask include: Have you ever tried to kill yourself before? If so, what method did you try? Finally, "R" stands for "Resources."

Ask the suicidal person who else they can talk to about this. Offer suggestions like brother, sister, mother, father, uncle, aunt, cousin, friend, coach, etc. "Don't do this alone," Dr. Baugher said.

"If something happens to you tonight, then the only person that can help them is gone."

If the person is a college student, offer to walk them to the Counseling Center, he said. Along with CPR, there are other points to consider.

Never dare a suicidal person, said Dr. Baugher. That's the worst thing you can do.

Also, do not leave the person until they have made an oral or written agreement that they will not use their method and an additional person has been contacted and informed.

Toward the end of the discussion, Dr. Baugher invited the audience to ask Brown questions.

One question was "What are your plans now?" "My dream is to do this," Brown said, to share his experience with others. Youtube has four videos of the discussion last week named.

"Will's suicide story part A," "Will's suicide story part B," and "Will's suicide story part C."

"Will's suicide story part D" is a picture slideshow of Brown before, during and after the collision.

"I know how it feels to be at the very bottom," said Brown, "and when I woke up [after the crash], to be lower than that."

Brown does not support suicide even though his feelings are similar to and sometimes worse than what he felt before attempting suicide.

He gained a new perspective. "This life is the most beautiful thing that I've ever recognized," he said.

"This life is a gift, and I took it for granted. "Trust me, it's the worst mistake you could make."



Will Brown

Artistic couple uses steam to accessorize

By KALEY ISHMAEL
Staff Reporter

Think back to the days of the early steam engine.

Electricity wasn't powering every home; factories were man-powered and not the assembly lines they are today.

In this era there is a style that people today have become interested in and have begun to recreate.

It's a style known as "Steampunk" and is something that is gaining steam in popularity, no pun intended.

Steampunk started out as a genre for literature. It features mechanical and industrial aspects in the Victorian era. It also includes more advanced technology.

It may also take place in an era later than the Victorian times, but use steam powered machinery, assuming that electricity or petroleum never caught on.

While Steampunk started out as a literary genre, it soon caught on for other mediums as well.

Steampunk now has an influence in graphic novels, video games, movies, and television shows.

Those interested in the Steampunk style often gather in conventions like the recently held Sakura-Con that occurred in Seattle at the start of April.

Scattered throughout the convention, there were vendors waiting for the chance to sell their wares to the eagerly awaiting fans.

Among the many vendors who competed for space at Sakura-Con to display their works for the many fans who attended were James Rudd and his wife, Tare, of Black Cat Gadgeteering in Lacey.

Rudd has been a fan of the Steampunk style for many years now and introduced his wife, Tare, to it as well.

"She really enjoyed it too, although more to the Victorian side," Rudd said.

It was hard to get a table space at Sakura-Con, Rudd said.

"The application goes live a few months before the convention, and you have to get your information submitted pretty much immediately. This year there were 100 tables and they were all booked in a minute and 45 seconds," Rudd said.

Being at Sakura-Con helped to bring exposure to our business, said Rudd.

We started the convention with a box full of business cards and we only had 10 left by the end, said Rudd.

"Lots of people came by and even if they didn't buy any-

thing, they did at least comment how pretty they thought our items were," said Rudd.

The couple has been making Steampunk styled jewelry for close to two years now.

With Steampunk gaining popularity in pop culture, many people have started making their own accessories and costumes to display their love for the style.

"There were already several people out there making standard Steampunk items, especially goggles, so we decided to try something a little different," said Rudd.

And different it is indeed.

Their online shop at etsy.com/shop/blackcatgadgeteering features their handcrafted Steampunk jewelry, such as necklaces, earrings (or "garrings" as they are called on the website), and gentlemen and ladies "snuff" bottles.

As of right now, costumes are not available in the shop, though Rudd says they do make costumes.

"In time we may begin to sell outfits as well," said Rudd.

While custom costumes are not available, you will be able to purchase accessories such as pins, hats and chokers to add flair to your everyday outfits.

Even now they are expanding their merchandise to more than the standard Steampunk



BLACK CAT GADGETEERING

James and Tare Rudd create unique steampunk-styled jewelry such as the earring and necklaces shown above.

jewelry.

They are now creating Victorian era candies and confections under the shop name Black Cat Delights.

The shop will feature handcrafted soaps, incense, teas and candles.

Rudd said that he and his wife will attend local craft fairs and attempt to attend other conventions such as Kumori-Con in Portland in the fall or Steam-Con in Bellevue this October.

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BRIDGING THE GAPS AND
EMERGING TOGETHER

4 MAY | Movie Fridays:
The Wedding Banquet
12:30 - 2:15PM
Building 29 Room 104

8 MAY | Keynote Speaker
Pramila Jayapal
12 - 1PM
Building 7

9 MAY | API Students and Alumni:
Beyond the Myth
12 - 2PM
Building 2

10 MAY | XBOX Kinect™ Dance Off
12 - 2PM
Building 7

14 MAY | Musical performances from around the
"API World!"
6 - 8:30PM
Building 8 (Mt. Townsend)

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Beauty without a price

Be bold, creative,
new without
breaking the bank

By **KALEY ISHMAEL**
Staff Reporter

Be the envy of everyone at Pink Prom with glorious soft bouncy curls, sparkling bold eyes and contrasting colors.

While the outfit you wear to any event matters, your hair and make-up needs to compliment your outfit.

If you are having a hard time deciding on how you are going to achieve a look of pure elegance, fear not, there are quite a few tricks to help you achieve your desired look.

Go bold.

There is no shame at all in trying something new and daring.

If you normally stick to a neutral color for your make-up, try spicing things up with bright colors, or even metallic colors.

Choose your products carefully.

When it comes to cosmetics, it is really easy to get swept away in the brand wars.

For some brands, a jar of a single color of eye shadow can cost around \$35.

If you want to go for the daring eye look, invest in a palette of colors. This will give you a variety of colors to try and won't break your bank getting all of the colors you want. There are some palettes that have anywhere up to 100 colors and there are some that only have the colors needed to achieve a certain look.

To achieve the smokey eye look you will need a few different colors. The smokey eye look gives your eyes a depth without drowning them in color.

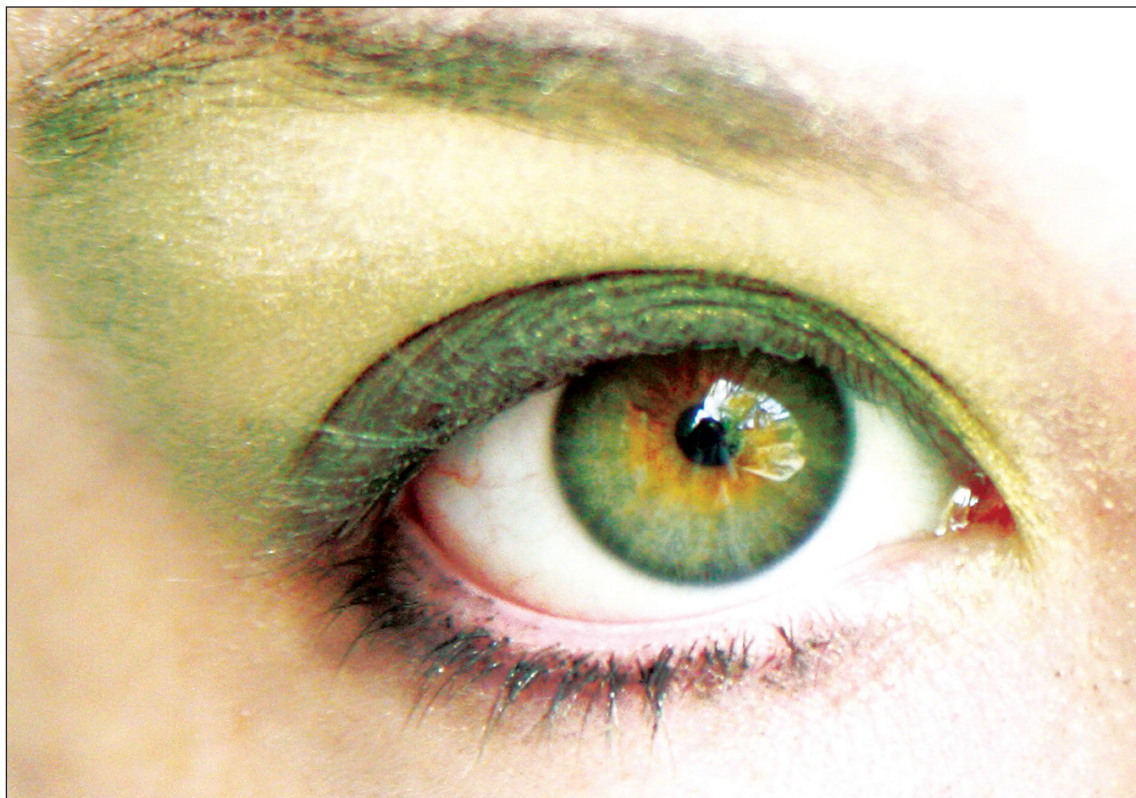
Start the look by applying your foundation as you normally do.

Line your bottom eye lid with a thin layer of dark eyeliner. Then start your upper lid with a layer of light shimmery color. Apply this color to the entire eye, all the way up to the brow bone.

Your next step will be to apply your main color to the eye lid. This should be the bolder color of the look. Be sure to cover the entire eye lid with this color.

Then add a darker shade of the color scheme you are using to the contour of your eye.

For the final step, use an even darker shade to line your lashes. Take an eye shadow applicator and line your lashes and bring the color out to the edge of your eye and bring it down slightly to



Kaley Ishmael/THUNDERWORD

To achieve a more dynamic and bold look, apply multiple colors. In the images above and below, there are four different shades of green used.

your lower lashes.

If you want to add more pop to the color, cover your entire eye with a thin overlay of an iridescent glitter.

A word to the wise though, be sure to try it at home before planning on going out. Whether you are trying to get Smokey eyes or add curls to your hair it will take some practice to achieve the look you want.

Try something new.

To achieve the bouncy flowing curls, there is a no heat method you can try, assuming your hair is long enough. For this trick to work, it is recommended that your hair is at least below your shoulders. This will take a few tries to get right so be sure to practice.

Start by combing all of your hair into a high ponytail. Then secure it with a strong hair tie.

Once your hair is up, take a sock and roll it into a donut shape. When you reach the area for the toes, cut off the section for the toe and continue the donut.

Spray your hair with a decent amount of water so it is wet, but not soaking. Slide the donut onto the base of the ponytail.

Flip your head over and slide the donut down to the ends of your hair. Then tuck the ends into the sock. Spread them out as much as possible to cover the sock. Once the hair has been tucked in, gently roll the sock back to the top of your head, moving your head upright as you do so.

All of your hair will be in the sock on top of your head. Now with this look, depending on how neat the bun is, you can wear it as a hairstyle for a night out. However, if you are looking for the glorious curls, apply this



trick the night or day before you plan to go out. And with this particular style, you won't have to worry about damaging your hair with high heat.

It will take a lot of time for the curls to set, about 12 hours. It will also take a few tries to get the technique down. So don't assume that you'll be able to master it after one try.

You can also try a regular bun for a night out. Start this style in the same way you would start the sock bun, by combing all your hair into a ponytail. Then separate the ponytail into two equal sections. Starting with one side, twist the hair around the base, pinning it in place with bobby pins as you go. Once that side is up, do the same thing with the remaining half of your hair.

Go for one look at a time.

This rule applies more to how you do your make-up than your hair. If you are going to do your eyes in a dramatic fashion, keep the rest of your face light. Stick to a soft colored lip gloss and a delicate blush.

If you want to draw atten-

tion to your lips with a daring shade of lipstick, keep your eye shadow soft and somewhat muted. Apply one or two light colors instead of going for the full blown smokey look.

While bold is good, going too big can destroy any elegance that you were hoping to achieve.

Go for the contrast.

Say you plan to wear a blue dress to the prom, or to any occasion for that matter (there is nothing wrong with showing off every now and then), don't match your eye shadow to your outfit. Too much of one color can be really dull.

Depending on the shade of your outfit, you can use almost any color.

Use accessories.

If you have shorter hair that you are unable to put up, don't be afraid to use big hair bows or even to add a few flowers to draw attention to your hair.

Remember, to achieve any look it will take time and practice. So be sure to set aside a few days where you can practice. It may be tedious, but you are worth it.



•YouthSounds in Burien will be presenting *Bring on Broadway* on Friday, May 11. It will be held at the Highline Performing Arts Center at 401 South 152nd St. in Burien. Tickets range from \$10 to \$15. For more info visit northwestassociatedarts.org.

•Donna Miscolta, author of the novel *When the De La Cruz Family Danced* will be at Highline on Wednesday, May 23. Miscolta will be reading to students in Building 2 at 12:10 p.m. The event is free and all students are welcome to attend.

•On Friday, May 25 We the Kings will be performing at Green River Community College located at 12401 SE 320th St. in Auburn. Ticket prices range from \$10 to \$20. For tickets contact William Budihardjo at wbudihardjo@greenriver.edu or call 253-838-9111 extension 2400.

•Seattle Repertory Theatre presents *Clybourne Park*. The play runs until May 13 at 155 Mercer St. in Seattle. It runs Wednesday through Sunday at 7:30 p.m. with select Saturday, Sunday, and Wednesday matinees at 2 p.m. Tickets to *Clybourne Park* are range from \$15 to \$74. For tickets call 206-443-2222 or go online at seattlerep.org.

•Burien Little Theatre's production, *Reasons to Be Pretty* will continue to run until May 13. The show will run Friday and Saturday at 8 p.m. as well as 2 p.m. on Sundays. Tickets range from \$15 to \$20. Burien Little Theatre is located at 437 Southwest 144th St. in Burien. For more information visit burienlittletheatre.org/tickets.html.

•5th Avenue Theatre began their production of *Damn Yankees* on April 21. The show will run until May 20 everyday except April 23 and 30, as well as May 7, 14, 15, 16. The production is at 7:30 p.m. on Tuesdays and Wednesdays, 8 p.m. on Thursdays and Fridays, as well as 2 p.m. and 8 p.m. on Saturdays and 1:30 p.m. and 7 p.m. on Sundays. Tickets range from \$29 to \$75. 5th Avenue Theatre is located at 1308 5th Ave. in Seattle. For more information visit 5thavenue.org/boxoffice.

•Metrilodic, a modern jazz trio led by saxophonist and composer Eric Barber will be performing at Highline on Monday, June 4 in Building 7. Anyone is welcome to attend the free event.

First-place T-Birds can't afford another loss

By **ADRIAN SCOTT**
Staff Reporter

The first-place Thunderbirds West Division lead is on the line after getting swept by second-place Pierce Raiders, 12-4, 8-4, on Saturday.

The Thunderbirds split the previous doubleheader with the Raiders in April.

But on Monday the Thunderbirds were shot down and swept, losing game one 12-4, and game two 8-4.

In the opener, Blessed Joy Mipalar went to the mound for Highline.

At the plate Mipalar was the highlight for the T-Birds, batting 2-3 with a home run and a double.

But that wasn't enough to hold off the Raiders as they got 10 runs off 15 hits.

After pitching five innings Mipalar was taken out

The Thunderbirds bats did light up Raider pitcher Lunden Young in the first three innings, scoring four runs off five hits.

Raiders Head Coach Mark Edmonston then brought in freshman pitcher Kierston Perry. Perry pitched three scoreless innings against the T-Birds.

"Our bats have been pretty cold in the last few games," Ashley Fraser said. "It would have been nice to have more practice time in between those big games to get our hitters back on track."

In game two of the doubleheader, the Raiders continued trashing the Thunderbirds.

The Raiders scored five runs in the first three innings off of T-Bird pitcher Clarissa Gidcumb.

In the second game, the Thunderbirds faced Raider pitcher Young for the second time.

Against Young the T-Birds were only able to score in three of the seven innings.

Shortstop Mipalar hit another home run, moving her season total to four.

The Thunderbirds faced the Raiders for the last time of the regular season on Wednesday, May 9; the scores were unavailable at press time.

"Yesterday was probably the most focused practice this far," said Kathy Murdock. "We are ready to work towards the championship."

As of Wednesday the Thunderbirds are one game over the Raiders.

"We're fighting for a region championship tonight. I've never had more faith in my girls," said Murdock. "Tonight we will win."

On Friday, May 4, the T-Birds hosted the third place Grays Harbor Chokers.

The Thunderbirds swept the



Corey Sun/ Thunderword

Catcher Brittany Myers catches a wild pitch Saturday in a win over Grays Harbor.

series against the Chokers, 6-4, 9-4.

In game one the Thunderbirds scored five runs in the first three innings.

The T-Birds collected 12 hits off of Chokers starting pitcher Jill Johnson. Right handed outfielder Brianna Votaw blasted her fifth home run as well.

First baseman Murdock had two RBIs in the win; she leads the Thunderbirds in batting average with .443.

On the mound Thunderbirds starting pitcher Mipalar collected her sixth win of the season against the Chokers.

In seven innings Mipalar struck out nine batters, this season she leads the Thunderbirds

with 79 K's.

In game two the T-Birds No. 1 pitcher, Gidcumb, got the victory, with a save by Mipalar.

This season Gidcumb has record of 10-5.

The T-Birds at the plate had a clear advantage facing Chokers pitcher Johnson for the second game straight.

The T-Birds scored two runs in the first-inning, five in the second, and two in the sixth.

The Thunderbirds were walked nine times, and benefited from two costly Choker errors.

In the win, freshman second baseman Ashley Fraser hit her fifth double this season.

"We had our bats going

against Grays Harbor," said Fraser. "We knew going into these games what to expect, and we executed the game plan well."

Murdock ended the game batting 1-3; she currently has a 10-game hitting streak.

"The team knew we could beat Grays," Murdock said. "We just didn't want to be over confident and lose focus and lose a game we knew we could win."

The T-Birds traveled to face the Green River Gators on Saturday, May 5. The previous series was cancelled on April 20.

The Thunderbirds surprisingly split the series with the last-place Gators losing game one of the double header 11-4

and winning the second 5-1.

In game one the Gators took a bite out of the 'Birds, scoring at least one run in all seven innings.

T-Birds starting pitcher Mipalar was taken out of the game early in the second inning after giving up two hits, two runs, and no walks.

In her four inning relief Gidcumb gave up eight earned runs off of 10 hits.

At the plate the Thunderbirds totaled up 11 hits against Gator pitcher Madison Maindard but left nine players on base.

"Our bats didn't show up at clutch times," said Murdock.

The Thunderbirds won the second in extra innings, taking advantage of three walks and messy Gator fielding.

The game was scoreless through three innings.

The Thunderbirds were the first to score after a walk to Votaw, a double from center fielder Samantha Scott and RBI sacrifice fly by Ashley Fraser.

In five innings Gidcumb shut out the Gators and allowed no hits.

After a seventh inning RBI single from Gators catcher Cassy Duschel, Gidcumb was taken out.

She swapped positions with Mipalar at shortstop.

At the mound Mipalar allowed no hits, walks, or runs.

The game went into extra innings after being tied 1-1.

The Thunderbirds scored four runs off of one hit in the eighth inning, with help from four costly errors committed by the Gators.

"The game fell our way in the eighth inning of the game," said Mipalar. "We needed something to happen and it did."

"Blessed had a rocky start in the first game," said Fraser. "But she came up big for us in relief in the second game."

The Thunderbirds will end their regular season on Friday, May 11 against the fourth place Centralia Trailblazers.

"Our team knows if we want to get ready for playoffs, we have to first beat the team that we are preparing for," said Murdock. "We can't get too ahead of ourselves."



Kathy Murdock

Webb returns to Highline to coach basketball

By ZACH STEMME
Staff Reporter

Derrick Webb is back at Highline as an assistant coach for the men's basketball team after playing basketball professionally overseas in Europe.

Webb, a 6-foot-3 guard, played at Highline from 2005 to 2007.

Webb was a part of the 2006 T-Bird men's team that was crowned NWAACC champions. In that championship run, Webb earned most valuable player honors.

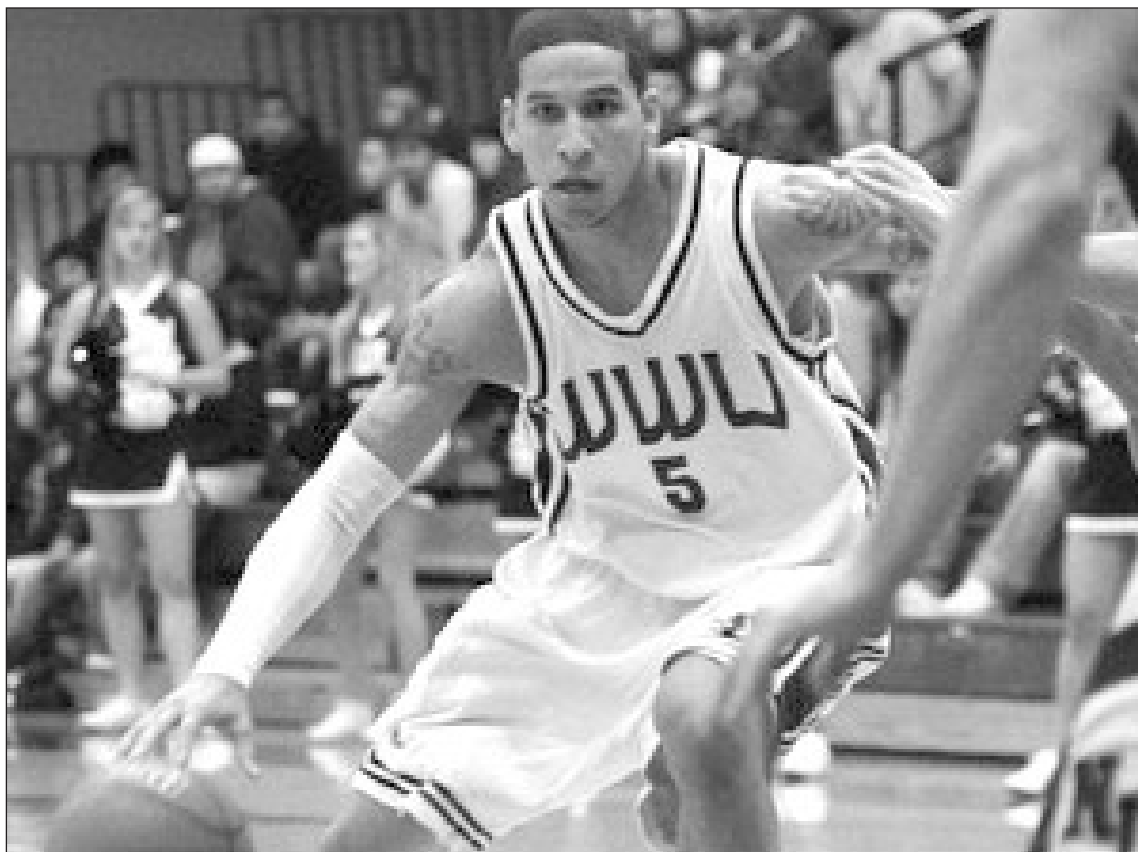
After playing for Highline, Webb transferred to Western Washington University.

Webb noticed a few differences playing basketball at Western Washington University compared to playing at Highline.

"They were stronger and faster," Webb said when comparing the players he faced at Western Washington University to the players he faced at Highline.

While at Western Washington University, Webb helped lead them to the NCAA Division II West Regional Tournament.

Webb then traveled to Eu-



After playing for the Thunderbirds, Derrick Webb transferred to Western University where he was co-captain his senior season.

rope to play for the Licher Bears in Germany's second division during the 2010-2011 season.

He was received pretty well in Germany by the Licher Bear's fans.

"The fans were great," Webb said. "They are very welcoming to American players."

Webb noticed changes between playing college basketball and playing professional basketball.

"The players are smarter and wiser," Webb said. "It's a quicker pace."

While playing in Germany, Webb was able to observe the

culture of Germany.

"It's great," Webb said. "It's something that everyone should experience."

The Licher Bears take basketball seriously.

"They're all about training and conditioning," Webb said.

The language barrier was not

a problem for Webb.

"Everyone on the team knew English," Webb said. "Some knew English better than others though."

"Kids in Germany learn English when they are in the fifth grade," Webb said.

Webb is now back here as an assistant coach for the Thunderbirds men's team.

Having good relationships with the coaches is what helped Webb to make the decision to come here to coach, Webb said.

When Webb is not coaching, he works at Costco Corporate.

Webb has noticed some differences coaching basketball compared to playing basketball.

"You have to know the game more as a coach," he said. "As a player, you just see your position. But as a coach, you have to see the whole court."

"I coach to help the kids," Webb said. "I know what they are going through."

"I want share the knowledge I have with them," he said.

With his love for basketball, Webb has higher aspirations with coaching.

"I would maybe if the right opportunity came," Webb said. "But I am happy where I'm at now."

Hop on your bike and ride for National Bike Month

By ADRIAN SCOTT
Staff Reporter

People with a taste for two pedals and two wheels have two opportunities in the upcoming months to get active in the community.

With Friday, May 18 being National Bike Day the city of Burien Walk/ Bike, with collaboration from Bicycles West, is hosting a bike day for adults and children of all ages and skill.

"We're hoping to have at least 25 to 30 individuals attend these events," said Bicycle west manager of Burien Lance Heim. "We've done a lot of work with WABI to get the word out about the events."

These events will be held in Burien Town Square at 455 Southwest 152nd Street Burien, WA 98166 starting at the Bike Commuter Station from 6 a.m. to 9 a.m.

The Commuter Support Station will offer Burien bikers healthy organic snacks, cool giveaways, and a nice place to relax for the bicyclist.

The President of Walk/Bike, Brook Stainfield, will be doing a lot of the talking with bicyclists on safe routes to take, said Heim.

Walk/Bike will be hosting the first Bike SaFaRi (Safe



Lance Heim

Family Ride) of 2012. The ride will start at 10 a.m. and end at the Burien Town Square Park at 11:30. WABI ride leader will lead the three mile ride, sense many K-12 students will be out of school.

The city of Kent will also host events in recognition of National Bike Month.

On June 2, Kent will be hosting an Earthworks Tour and Inaugural Ride, starting at the Herbert Bayer Earthworks at 600 East Smith Street and end at Mill Creek Canyon Earthworks Park at 742 E Titus Street.

The Earthworks Tour is a new bike route which was organized by the Kent Arts Commission.

The route connects four landscapes in the Green River Valley: the Herbert Bayer Earthwork, the Robert Morris Earthwork, Lorna Jordan Waterworks Gardens and the Green River Natural Resources

Area.

There are three routes to accommodate different skill levels.

The Easy Ride is a flat, 12-mile ride to the Green River Natural Resources Area.

The Intermediate Loop is a 20-mile ride through the Green River Natural Resources Area out to the Lorna Jordan Waterworks Garden.

The Advanced Ride goes through the original 20 mile route but includes a hill up to the Robert Morris Earthwork, adding three miles.

The ride will begin at 9:30 a.m. with the family group departing at 9:45 a.m. There will be rest areas, art installations, performances and artist designed prototypes.

During the week of May 14-18 bicyclist riding a Metro bus or Sound Transit Express operating in King County will ride free.

Rides will exclude 540, 545, 550, 554, 555, 556, and 560.

Each bus has three spaces on its bike rack, so space will be available on a first come/ first served basis, if the racks are full bicyclist should be prepared to wait for the next bus.

For information on how to use bike racks visit the Metro website at metro.kingcounty.

gov/tops/bike/rackfaq.html

For questions about National Bike Month events in Burien contact WABI Burien or Bi-

cycle West at 206-242-7910. For Kent events contact Kent Parks, Recreation and Community Services at 253-856-5000.

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‘Chatty Professor’s’ book teaches students what to say

By **ALISA GRAMANN**
Staff Reporter

Sometimes your professors are picky about what they want to hear, but now, there is a book to help you with that.

Professor Ellen Bremen, Highline’s “Chatty Professor,” has written a book for students titled *Say this, NOT That to Your Professor*.

In the book she advises students on what to say in various situations such as family emergencies, late assignments, and how to deal with a boring class.

Bremen, who has taught communication studies at Highline for seven years, said that she was inspired to write the book after a conversation with a student.

In the conversation, the student was upset because the professor was not helping the student succeed, but the student was unwilling to speak with the professor.

Bremen said she told the student, “Whose education is this? ... You have to go to the professor.”

“Whatever I said that day didn’t work,” Bremen said. “I felt like all I was doing was lecturing to her.”

Bremen said that she realized after the fact that, though she told the student that she was not handling the situation correctly, Bremen wasn’t telling the student how to deal with the situation.

“I wasn’t giving her the words to say,” Bremen said.

It was then that Bremen started comprising a list of things that professors would like their

students to say — though she said she didn’t know what she intended to do with the list.

As she continued teaching, Bremen said, she continued to see students sabotaging themselves academically by not communicating with their instructors.

“[So] the list grew,” she said. “I just kept writing things down.”

Furthermore, Bremen said, she began to notice the shift in technology — the rise of things such as Facebook and texting — and with the change in technology came a change in how students communicate.

“I just noticed a shift,” Bremen said. “They just weren’t communicating.”

Because communicating is a big part of success, Bremen said, a book about how to communicate successfully with professors is important.

“There’s not one [book] out there that focuses on student-professor relationships,” she said. “[So] two years ago, I decided to get serious about it.”

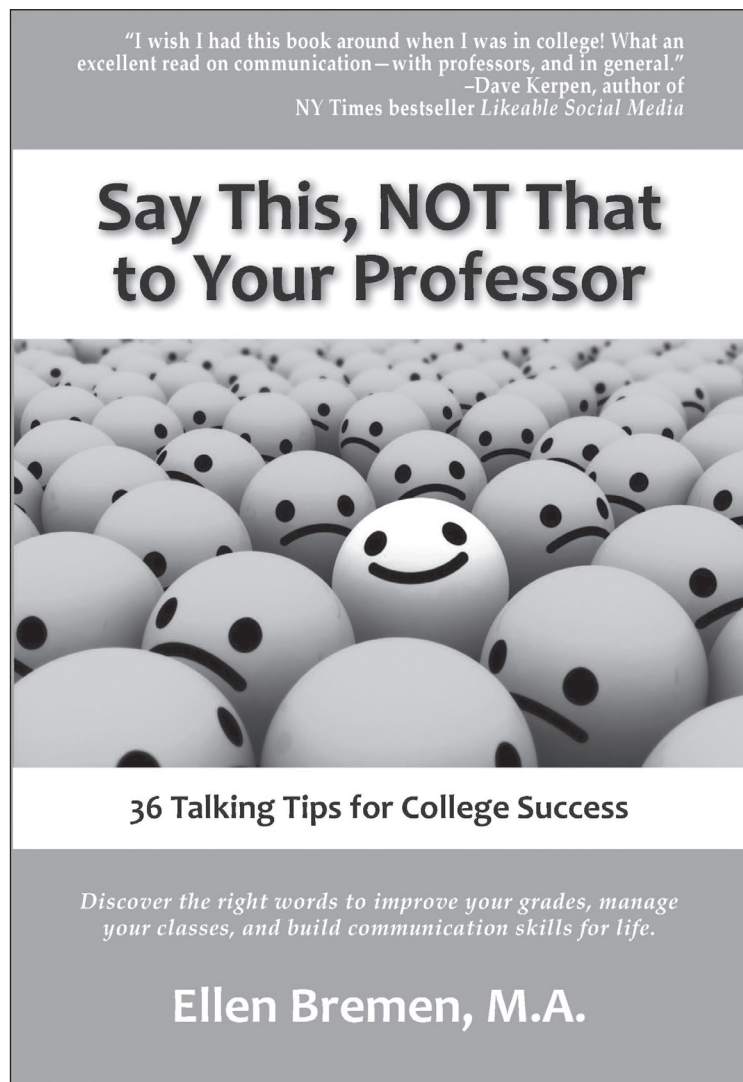
However, writing the book posed some challenges.

“The fact that it took 10 years, that’s one,” Bremen said. “[And] it’s not as easy as I thought.”

“It’s a lot of dedication and a lot of time,” she said. “[And] there’s only so much time.”

“It’s a big process,” Bremen said.

Compared to books with a couple of chapters containing a list of don’ts, Bremen’s book advises students on how to communicate with professors when different situations come up.



Ellen Bremen’s new book, *Say This, NOT That to Your Professor*, on the do’s and don’ts for talking to your teachers.

“This is a different type of book,” she said.

Bremen said that students will find the book helpful because they are very likely to find themselves in a situation discussed in her book.

She also added that the book will tell students what to say,

and give them a look at the situation from the professor’s perspective.

“That’s what this book gives you,” she said. “If students get that those things are going to happen... they will read it.”

Bremen said that the book is also helpful because students

can give the wrong impression to their professor when broaching a tricky situation.

“A lot of students just don’t realize,” she said.

“Some professors are going to agree,” Bremen said, but other professors may not agree with her advice — especially on the topic of professors making mistakes.

Bremen said that she, like other professors, has made mistakes, and students can and should hold professors accountable — but they need to do it in the right way.

“Student’s need to realize that they have rights too,” she said.

Although the book has only been out for three weeks, Bremen said that she has received lots of positive feedback.

“It’s really exciting, students are just loving it,” she said.

On Monday, May 14, Bremen will be speaking on campus about the book, answering questions, reading excerpts, and signing copies of the book. The event will be in Building 7, from 12:15 a.m. to 1:15 p.m.

Say This, NOT That to Your Professor is available at the bookstore for \$15.95 plus tax.

“The stuff that’s in this book is stuff students need to know,” Bremen said.

Bremen also runs an online blog called “Chatty Professor,” which feature original posts as well as guest posts. Visit it online at ellenbremen.com.

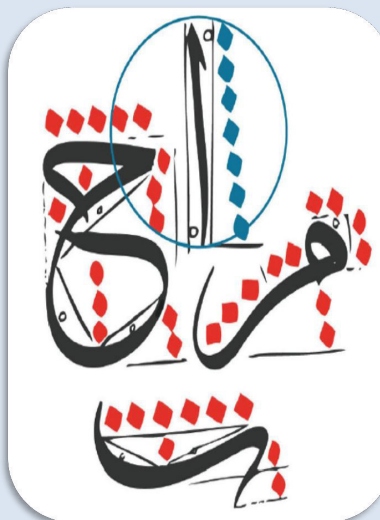


Highline Instructor Ellen Bremen, affectionately referred to as the “Chatty Professor.”

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History Seminar debunks the Great Moon Hoax

By HIEN HONG
Staff Reporter

The first great media hoax made some people behave like lunatics, Highline professor Dr. Lonnie Somer said.

The Great Moon Hoax was once a notorious incident that happened when people believed in ridiculous stories about life on the moon published in the *New York Sun*.

In a room with more than 50 people, Dr. Somer, who teaches anthropology, spoke about the Great Moon Hoax of 1835 at last Wednesday's History Seminar.

History Seminar is a series of weekly discussions on topics throughout history featuring Highline faculty and guest speakers from 1:30-2:20 p.m. on Wednesdays.

Dr. Somer is a fan of history and science fiction. Science fiction stories give you a view of what the old future is like according to the authors, he said.

"It's their dreams, it's their hopes... Just put 100 years later," Dr. Somer said, about science fiction authors.

People are fascinated with what life would be like on another planet, he said.

The earliest example of sci-



Austin Seeger/THUNDERWORD

Dr. Lonnie Somer addresses *The Great Moon Hoax*, a conspiracy from the 1800s.

ence fiction is Johannes Kepler's novel, *Somnium* from 1634. It is a story about a man who gets transported to the moon.

Before people could see the moon with telescopes, people "felt it was a deity," Dr. Somer said, and they made up stories and myths.

Of course, moon stories aren't true, he said.

In 1835, "people were thinking about the night sky," Dr. Somer said, because of Halley's

Comet.

Halley's Comet is a comet that can be seen with the naked eye every 75 to 76 years.

In June 1835, author Edgar Allan Poe wrote a short story about a man visiting the moon called *The Unparalleled Adventure of One Hans Pfaall*.

Poe wanted to write a sequel, but the Great Moon Hoax beat him to it, Dr. Somer said.

In August 1835, the *New York Sun* published a series of stories about life on the moon.

The reporter of the story, Richard A. Locke, made up stories about life and civilization on the moon attributed to astronomer Sir John Herschel's discoveries.

Locke was a British reporter who overcame "financial strains" and was hired by the *New York Sun*.

Locke supposedly received observations from the Edinburgh Journal of Science written by Dr. Andrew Grant, Herschel's fictional assistant.

Herschel had set up an observatory with a new telescope in January 1834.

At the time, Herschel was in South Africa, which made it the "perfect kind of lie," Dr. Somer said.

"The first edition mostly described the telescope," Dr. Somer said. Locke wrote that

the lens of the telescope could be reversed and magnified to see the moon clearly, he said.

At this time, "the most powerful telescope couldn't see enough details," Dr. Somer said.

Locke's description of life on the moon included tiny zebras, peafowl, forests, and palm trees with red flowers.

He also described animals that resembled bison as "large, brown quadrupeds," Dr. Somer said.

This immediately attracted a lot of attention from people. "Newspapers started selling like hot cakes," Dr. Somer said.

Locke "puts a lot of favor for religion," Dr. Somer said, but he is really making fun of it. Locke mentions how God designed these creatures on the moon.

"They didn't believe in evolution yet," Dr. Somer said, recalling that Darwin's theories were not widely known about until the late 1800s.

Locke continued to write about other beings on the moon. He wrote about sentient, two-legged beavers that lived in huts, Dr. Somer said.

All around the country, people were asking for reprints of the story, Dr. Somer said.

Locke also described man-bat beings, creatures that resembled humans with leathery

wings, about four feet tall.

"They do things that are discreet," Dr. Somer said, adding that Locke hinted at their sexual practices.

In addition, lithographs of the man-bats flying around were published and sold for 25 cents (about \$5.22 today). In less than 24 hours, it sold out, Dr. Somer said.

Finally, "two Yale professors wanted to see the journal," Dr. Somer said.

However, they were unable to see it because Locke sent them on a wild goose chase, sending them to various employees of the newspaper, he said.

The publication of the moon stories ended because of a supposed fire in the observatory and destruction of the telescope.

The estimated amount of total sales from the hoax is \$50,000. The hoax "blew away competition," Dr. Somer said.

The hoax was finally exposed when "Locke confessed everything," Dr. Somer said.

Locke was drunk with a reporter from the Journal of Commerce.

Afterward, "people got a chuckle out of it," Dr. Somer said of the hoax.

The founder and publisher of the *New York Sun*, Benjamin Day, had said go for it, but "there's no way he'd believe it," Dr. Somer said.

Locke was a fan of science fiction and his writing was believable because it was detailed, Dr. Somer said. *The New York Sun* lasted long after the hoax; today it is called *The Sun*.

Meanwhile, the hoax "was his own moment in the sun," Dr. Somer said of Locke.

Locke quit his journalism career in 1842, with a family of six kids to take care of.

When he died in 1871, "none of the newspapers ran an obituary for him," Dr. Somer said.

The next history seminar will feature Highline professor Dr. Eric Baer speaking about geologic forces in history on May 16 from 1:30-2:20 p.m. in Building 19, room 101.



Due to a lack of technology, people in the 1800s were easily fooled by moon conspiracies

Highline's Spring Festival presents transfer opportunities

By HIEN HONG
Staff Reporter

The annual Spring Festival will give students a chance to learn more about four-year universities and have fun while doing so.

The Spring Festival is on May 18 from 9 a.m.-1 p.m. in Building 8. The Spring Festival will be hosted by Highline's Outreach Services Department.

Outreach Services promotes college education to students in

high schools and middle schools in the surrounding community.

The department was started to "get more students to attend Highline," said Activities Coordinator Tanisha Williams.

Outreach Services is inviting high schools students from surrounding districts such as Highline, Federal Way, Kent, Auburn, Tukwila, and Seattle to the Spring Festival.

Of course, "it's our transfer fair too," Williams said. The Transfer Center usually hosts a

transfer fair in Fall Quarter and Winter Quarter.

The first half of the Spring Festival will include a transfer fair from 9-11:30 a.m.

The transfer fair will have representatives from in-state and out-of-state universities on the first floor of the student union. Students can ask the representatives about the colleges they are interested in attending.

Colleges scheduled to visit include: the University of

Washington: Seattle, Bothell and Tacoma; Washington State; Eastern Washington; Central Washington; Pacific Lutheran; California State; and Grand Canyon University.

"Our programs will participate too," Williams said. There will be tables with Highline advisers for students who may have questions on transferring.

The latter half of the Spring Festival will be from 11:30 a.m.-1 p.m. There will be a DJ, food, a photo booth, and laser tag,

Williams said.

"The whole event is free," Williams said, except for the food, which will cost \$3.

Laser tag will be played in the Mt. Constance room in Building 8, the set-up is like a big inflatable obstacle with laser guns, Williams said.

Outreach Services is also looking for volunteers who can help with set-up during the event. If you are interested, you can e-mail Tanisha Williams at twilliam@highline.edu.

South King Fire Commissioners say they'll try again in August

By **JOSH NELSON**
Staff Reporter

South King Fire and Rescue will be attempting to fill the holes in its budget in the upcoming primary election this August.

In a recent press release Assistant Fire Chief Gordon Olson said, "We are confident that if we explain our needs in further detail and do a better job of asking for help from our citizens that they will support this level of service. They haven't told us they want less service."

On Monday, May 7 South

King Fire and Rescue held a special Board of Commissioners meeting to determine their next step after the marginal failure of Proposition 1 last April.

The proposition needed a 60 percent yes vote along with a 40 percent voter turn-out. The proposition ended up receiving a 59.32 percent yes vote.

This special meeting was held at Station 68 in Federal Way.

"Today's meeting is a follow up to the meeting we had last week," said Mark Thompson, one of five of the commissioners on the board.

South King Fire and Rescue is responsible for fire and emergency response for Federal Way, Des Moines and parts of unincorporated King County.

This special board meeting concerned two resolutions, 484 and 485.

Resolution 484, which concerns South King Fire and Rescue placing a Maintenance and Operations Levy on the primary ballot, was motioned and approved unanimously by the board. This levy would fill a \$2 million gap in South King Fire and Rescue's budget for 2013-2016.

The levy would also re-staff a previously closed aid car.

The levy's proposed collection rate would be an additional 29 cents per \$1,000 of assessed property value or about \$58 per year for the average homeowner. The difference is an added five dollars per month.

Resolution 485, which would authorize a pro-rata payment method for the primary election Voter's Pamphlet, was also approved unanimously.

Pro-Rata is Latin term meaning proportionate, thus a pro-rata payment means that South King Fire and Rescue would

agree to pay the fees necessary to publish the August 7 Voter's Pamphlet in a proportionate amount to the other issues on the ballot.

"Today was mostly about the paperwork," said Olson. "They [the board] agreed unanimously on the resolutions last Thursday [May 3], today was just for the fine-tuning."

The next scheduled meeting is Tuesday, May 29 at Station 26, located at 2238 S. 223rd St. in Des Moines.

For more information about South King Fire and Rescue visit southkingfire.org

Multicultural Services celebrates graduates

By **JOSIAS JEAN-PIERRE**
Staff Reporter

Multicultural Services invites students of color to come to Graduating with the Stars on May 17.

Inter-Cultural Center and Multicultural Services are having their sixth annual multicultural graduation reception. The event will be held on Thursday, May 17 from 6 to 8 p.m. in Building 8 in Mt. Townsend room.

"This reception is a celebration for graduating multicultural students. And to recognize them for their success," said Sunny Ybarra, who is a Running Start adviser at Highline.

The event is open to anyone, but special invitations have been sent out to students who are graduating this spring or this summer.

It is a free event.

The committee wants students to RSVP by May 11 online at multiculturalservices.highline.edu and they are allowed to bring up to four guests.

"There are students of color where they are the first one in their family to go to college, or graduate and go move on to get bachelor's [degrees]. This is a time where we congratulate them for making it through because not a lot of students of color graduate from high school," Ybarra said.

Students of color are excessively represented in the nation's dropout statistics.

The Alliance for Excellent Education says more than 1.2 million students of color fail to graduate from high school each year.

On the 2007 National Assessment of Educational Progress, also known as The Nation's Report Card, just 12 percent of African Americans scored at or above proficient in reading and

14 percent of Latinos score at or above proficient in reading.

Latinos graduated at a 57.8 percent rate from high school, African American students are at 53.4 percent, and 49.3 percent of American Indian and Alaska Native students entering ninth grade earn a high school diploma.

The keynote speaker will be Veronica Barrera, who is a faculty member at Highline, Seattle University, and the University of Washington.

There will be a live band but it has not been announced at press time.

There will be a photo booth where people can come take pictures with their fellow graduates, said Ybarra.

"Come and celebrate with Graduating with the Stars while we congratulate the students of color for graduating and moving on to the next level," Ybarra said.

Activist for equal pay for women will visit Highline next week

By **ROSALEE VITENTE**
Staff Reporter

Fair pay activist Lilly Ledbetter comes to Highline next week to speak on equal pay for women.

Ledbetter will be on campus on Friday, May 18 at 3 p.m. in Building 7 to speak on the Lilly Ledbetter Fair Pay Act. The Lilly Ledbetter Fair Pay Act was signed into law by President Obama in 2009.

The act amends the Civil Rights Act of 1964 stating that the 180-day statute of limitations for filing an equal-pay lawsuit regarding pay discrimination resets with each new discriminatory paycheck.

"It would be devastating to have Highline miss out on her being here. So I connected to our community partner AAUW (American Association of University Women) for sponsorship



Ledbetter

and help coordinating. They pulled together the resources to pay her and now she is coming," said Jean Munro, program coordinator adviser and retention specialist at Women's Programs.

Ledbetter worked as a supervisor from 1979 to 1998 at Goodyear Tire and Rubber Co. A fax that came in to her office that listed everyone's salaries shocked her.

Ledbetter saw that she was

paid far less than her male colleagues for doing the exact same job. She discovered that she has been the victim of wage discrimination over the course of her career.

She tried to sue Goodyear but Ledbetter was denied in the U.S. Supreme Court. Losing only motivated her to help create a law that helps prevent discriminatory paychecks.

Ledbetter now fights for equal pay for women and seeks the next steps in achieving pay equity for women.

"I learned about her coming to Seattle from a woman business owner who I met through my networking in the Des Moines community," Munro said. "She contacted me knowing I work for Highline in the Women's Programs department. She is hosting Lilly at their event and she is also speaking at Microsoft."

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PLU's Rolling Admission means there are no application deadlines.

- Free online application at www.plu.edu/transfer.
- Scholarships & financial aid still available for Highline transfer students.
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Contact Emily McCann,
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253-538-6151 or mccann@plu.edu.

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Politics is about people, according to Kent mayor

By JOSH NELSON
Staff Reporter

Politics are whatever you make it, but it's rooted in the people, said Kent's mayor.

Suzette Cooke visited Highline Tuesday May 8 as a part of the Local Tuesdays series. She presented her views on politics and government, and particularly her approach to the subject.

Cooke began her presentation by invading the audience, hiking up and down the stairs in Building 7, and bombarding them with questions.

"Why are you interested in politics? And what does politics mean to you? What's the difference between government and politics?" asked Cooke. And amidst the nearly inaudible replies, Cooke latched on to one in particular, and that was "politics is about the people."

"When I first entered into government as a state representative, my approach was that we – as your elected officials – need to listen to the people," said Cooke. "How could I possibly represent these people if I didn't know where their interests lied?"

Cooke, who said her colleagues considered her behavior abnormal, also took a different approach to her door-to-door interaction with her constituents.

"Instead of the normal 'Hi, I'm so-and-so, here's what I'm running for, vote for me' approach I exposed myself to these people," explained Cooke. "I would ask them about their concerns, which would then leave me vulnerable and obligated to respond. This isn't how you get



Corey Sun/THUNDERWORD

Kent mayor Suzette Cooke spoke of her experiences in bi-partisan politics.

high doorbelling numbers but those I talked to remembered me, because I listened."

Cooke's past experience as director of the Kent Chamber of Commerce and a state registered lobbyist immersed her in the world of government, she said.

"But it wasn't until becoming part of the State Legislature that I learned about politics, and

more specifically partisan politics."

Cooke pointed out that in her freshman year as representative her party (Republican) was the minority, with only 33 of the 98 seats. She said that sometimes she felt her vote was pointless.

"But when I wanted to get something done I kept the avenues of communication open," said Cooke.

Upon becoming mayor of Kent, Cooke realized that this was the visualization of her dream.

"All of my past experience gave me this large amount of resources that I could use for this new job," said Cooke.

When Cooke first moved to Kent in 1975, the population was 23,000. Now there are 118,000 people living within the

Kent limits.

"It's so much more diverse now," said Cooke. "And what I've found out is that these different nationalities have entirely different views on government. I do my best to provide Kent with an open door into the political process."

In regards to her current job she spoke of her first major project as mayor of Kent, the construction of the Showare Center.

"The city [Kent] wanted a regional center, and the Seattle Thunderbirds were looking for a new ice rink," said Cooke. "So I thought, let's put the two together."

Cooke explained that this was around the time that building costs were skyrocketing in America, and as such she had to be pretty innovative when it came to paying for Showare.

"I noticed that Safeco was being paid off ahead of schedule," said Cooke. "So I asked if we could get a little slice of that tax and get it sent to Kent. We actually ended up with a portion of the tax revenue and a \$3 million capital grant."

The key to her success with Safeco came from keeping those bi-partisan contacts that she had generated as a state representative.

"Because I hadn't burned my bridges I was able to get the Democrats and Gov. Gregoire to support me on this issue," said Cooke.

Local Tuesdays will be returning next week, with Washington Court of Appeals Judge Marlin Applewick. He will be speaking in Building 7 at 10 a.m. on Tuesday, May 15.

LaRouche candidate hopes to unseat Adam Smith

By PAUL PINKNEY
Staff Reporter

The United States government needs to move in a radically new direction, a congressional candidate said here on campus last Thursday.

David Christie is a LaRouche Democrat running for Congress in Washington's District 9.

Lyndon LaRouche is a political activist and founder of the LaRouche movement. LaRouche was a presidential candidate eight times between 1976 and 2004, first running under the U.S. Labor Party and seven times for the Democratic Party.

Sentenced to 15 years imprisonment in 1988 for conspiracy to commit mail fraud and tax code violations, LaRouche was released in 1994 on parole.

Christie was born in Sault Ste. Marie, Michigan and raised in Wisconsin. Christie attended a liberal arts college in Minnesota and, after

graduating, moved to Seattle where he worked in an AmeriCorps program.

Christie's platform is that, "Government should stop the bail out of Wall Street and go back to banking where it is to develop the communities. Not for the speculators. We need to get back to the policies and beliefs of JFK [John F. Kennedy] and FDR [Franklin D. Roosevelt]."

"My opponent Ron [Adam] Smith voted for all the wars, supported the overthrow of Libya and the Patriot Act," Christie said. "I want to stop all that."

Christie wants to unseat veteran U.S. Rep. Adam Smith who is currently serving his eighth term in the U.S. House of Representatives. Primaries will be held August 7, 2012.

Christie said he wants the U.S. to work more with other countries.

"Nations should cooperate," Christie said, and he is trying to achieve this through "the Water Proj-

ect.

"The Water Project is an effort to take some of the water run off of glaciers and send it to places around Mexico where there are droughts," Christie said.

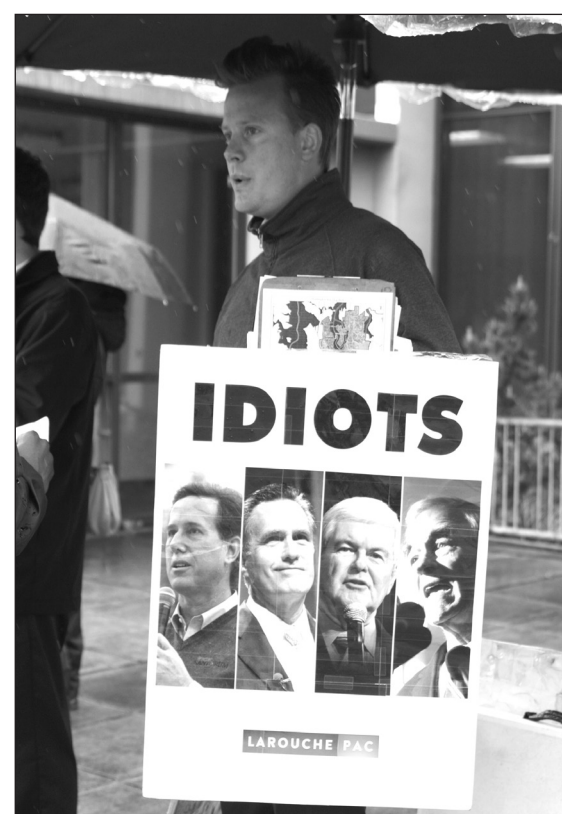
Christie also blames Great Britain for some of the problems in the world.

"The British Financial Empire is trying to keep Russia and China from developing economically the way they have," Christie said. "The banks think they run the world."

"Trade among nations should be based on globalization and economic growth," Christie said.

Christie campaigned on the lower side of Building 6 while holding a poster with a picture of President Obama with a Hitler mustache drawn on him.

"We should be working with other nations," Christie said. "And that is why I'm here at Highline. To reach everybody in the 9th District."



Erika Wigren/THUNDERWORD

David Christie resents today's politicians

Textbooks for school -- to read, or not to read

That is the question:
Whether 'tis nobler
to suffer the reading
assignments or ...

By **THUNDERWORD STAFF**

While most students seem to place importance on getting the textbooks for their classes, far fewer appear to be taking full advantage of them.

Of the 102 students interviewed in a non-scientific survey near the beginning of this quarter, 88 percent said that they get all the textbooks for their classes.

Ninety-three percent of students surveyed said that they read their textbooks at least some of the time.

However, only 32 percent of students asked said that they read in the range of 80 to 100 percent of what their teachers assign.

Thirty-five percent of students said that they read between 80 and 50 percent and the rest, 33 percent, said they read less than 50 percent of the assigned reading.

Students had different reasons for reading their books.

"I feel like it's important," said Highline student My Hoang.

"I read because it's important for my future and for my knowledge," said Phuong Ngo.

Other reasons included that reading the textbook is helpful for earning good grades, and understanding the material.

"I do read if I'm confused," said Bernie Ward.

"I read so I can understand deeper the material," said Giselle Tayal.

"I read them to understand what's going on in class and because I pay for them," said Chloe Allen.

"Reading the book before class helps you to follow the instructor," said Vadim Melnik.



Students also mentioned that reading is useful in learning English.

"The textbook has a lot of information," said Saud Aldayel. "It's very important to read this for grammar."

"[I read because] I want to improve my English," said Luan Nguyen.

For some students, though, textbooks have to compete with the internet.

"[I read] if I can't find any information online," said Ruth Megido.

"Sometimes you don't really need the textbook because everything's on Angel," said Nasrina Kenan.

"Sometimes I don't [read] because the information I get from the internet is more useful," said Tram Ngo.

"It's my last resort after Google and Wikipedia, obviously," said Maryon Koval.

Common answers for why students didn't read were that they were lazy, there was too much reading, it was boring or it was needless.

"I have better things to do," said Marusya Bykovskiy. "I like to eat a lot, I like to watch TV, [and] go shopping."

"Most of the info that is necessary comes from the teacher's lectures," said Maryon Koval. "Usually the reading is extra

unnecessary work."

Several students stated that the way the textbook is written affects their desire to read.

Ben Stryzheus said that whether or not he reads "depends on the author, the clarity."

"Well usually the way textbooks are written, I can't stand it," said Ruth Megido.

"[I would read] if it was more like a novel," said Esther Wacheke. "I don't like straight information."

"The book is really dry," said Hannah Park.

A common incentive that students stated that would or does get them to read their textbook was tests and quizzes.

"[I would read] if the teacher said that there would be a pop quiz every week on the section we were supposed to read," said Valerie Patino-Baron.

"I read when I have to for a test," said Austin Katz.

Other incentives for reading included extra credit, cheaper/shorter books, more homework, and more abstract test questions.

"Maybe if they actually taught from the textbook," said Alla Cheban.

There were a couple ideas that teachers may have not tried yet.

"Money, if they paid me," said Desiree Daniels.

"Food," said Anna Miller.

A few students indicated that they were above incentives.

"I don't really need incentives," said Yan Rossiytsev.

"Nothing," said Phuong Ngo. "I read because it's useful to me."

Some students stated that they read different amounts for certain classes.

"Depends on the class," said Zang Choi. "History: 100 percent."

"Online class: 100 percent," said Margarita Bolshakova. "In class, just the stuff to understand: 75 percent."

Methods varied too. Some students skim, some read, and some use both.

"I read everything," said Roger Atangana.

"Skim, definitely skim," said Maryon Koval. "Who reads?"

Of the students asked, 38 percent said that they had had professors that don't assign readings.

"There were textbooks we didn't even use," said Margarita Bolshakova.

"I once had a teacher take a book and drop it in a garbage can," said Vadim Melnik.

Reporters Gabi Paulson, Matt Severe, David Norwood and Zach Stemm contributed to this story.

Need help passing your classes? Read the textbook

By **GABI PAULSON**
Staff Reporter

Straight up no, sometimes, and usually yes.

Whether teachers can discern if their students read or not can depend on teaching style and the subject in question. Some teachers continuously try to get their students to read the textbook. Some want their students to find and know the information, however that happens.

Determining if students read

isn't always easy.

"Straight up, the answer is no," said Chris Gan on whether or not she can tell.

Gan has been teaching for a total of 15 years. She teaches biology, microbiology, anatomy, and physiology at Highline.

Although whether a student has read the book or not is sometimes a mystery, "I can tell if someone knows the information," she said.

Gan isn't a stickler for using the book, but she doesn't think that it's expendable.

"The core of your resources is your textbook, but how you use it is up to you," she said. "For the average student, they should read the textbook because it is their best resource outside the instructor."

What she does encourage is for students to use the tools at their disposal.

"Part of being a student is finding what works for you," said Gan. "Some people can sit down and read a book. Personally, I get really bored."

Gan stated that there is infor-

mation that students can access online, whether it be videos, activities or other.

"In science, we are fortunate to have a huge number of resources outside the textbook," Gan said. "It's not just textbooks [anymore]. The idea of a paper textbook is archaic; paper textbooks are going to be gone within the next five to 10 years."

What's really important to her is that students understand the material. Gan said she wants students to come prepared to class so that there can

be a discussion of the information, "instead of me lecturing statically at them."

"Ultimately I want them to understand what we're talking about," she said.

Dr. Eric Baer, another professor, teaches geology and has been at Highline for 15 years. He says he can sometimes tell if his students have done the reading.

"There are several different

Textbooks

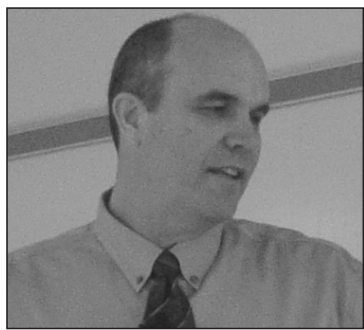
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ways I can tell if the students have done the assigned reading,” Baer said. “I give them quizzes that cover the reading, [and] I have assignments they need to use the book for.”

“But,” he said, “they could read it and not understand it and then it would look like they didn’t read it.”

Aside from assignments, Dr. Baer has other ways of determining if his students read.

“We have discussions in class that use the reading,” he said. “Sometimes I will talk about material that goes beyond the reading and I can tell [some students] don’t understand because they haven’t done the reading.”



Dr. Tim McMannon

Dr. Baer knows that students don’t relish the idea of reading a textbook.

“To me,” he said, “most of the time when students don’t read the book, it’s because they don’t think it’s important. I try to make them feel like the book is an integral part of the class so they don’t feel like it’s a waste of their time.”

The reason being that reading the book is crucial.

“We don’t have time in our geology class to cover all the material that we need to cover,” Dr. Baer said.

He said that some students have tried to use their phones to look up geology terms during tests and that they aren’t often provided with the correct answer.

“The book is a reference that will allow the student to get answers to questions that they have in a reliable way,” Dr. Baer said. “Even the info that’s in the book that I cover in class may make more sense in the book because it’s presented in a different way.”

However, just reading is not enough.

“I consider reading the text to be: reading the text, understanding it and taking notes on it so it can be reviewed in the future,” he said.

“The most common problem I see is that [some students] don’t take notes while they read, and typically people remember things they write better than things they read.”

Dr. Baer values textbooks and said that he has kept some of his textbooks from when he was in school.

“After you’ve taken a class, you may not remember particular facts from it, but if you have the text and keep it, you can find what you’re looking for because you’ve read it already,” he said.

Professor Tim McMannon, who teaches history, also finds that textbooks are essential. He has taught at Highline since the fall of 2000.

“History is a very text-dependent discipline,” he said. “It conveys a lot of meaning, the way that words are put together and used.”

“One problem a lot of students have is thinking that they don’t have to buy the textbook, but the textbook emphasizes certain parts that online resources might not.”

Dr. McMannon doesn’t have problems determining students’ reading habits.

“It’s usually pretty easy to tell,” he said. “When we’re discussing topics, I can tell if things sound familiar to them



Dr. Eric Baer

or not.”

He also tests his students to see if they’ve read.

“I give the occasional unannounced reading quizzes,” Dr. McMannon said. “[But] it seems like no matter what I try, some will not read.”

Dr. McMannon elaborated on why he thinks that is.

“I think some of the students – well, there are those that don’t read – but even among the students that do read, I think they have a hard time figuring out what is significant,” he said.

Another reason is the effect of growing technological advances.

“A lot of them lack the attention span to read anything longer than a text message, or email, or a tweet, or whatever,” said Dr. McMannon.

Technology may contribute to another problem that affects students and their reading.

“A lot of students lack a decent vocabulary,” he said. “They don’t understand the words, and they don’t look them up. I end up defining a lot of words in class.”

“Maybe that’s why reading is so hard or boring for them: because they don’t understand the words.”

Even so, students should read, said Dr. McMannon.

“The most obvious thing is that the student will get a better grade,” he said. “Beyond that, there’s learning.”

He wanted students to know that teachers understand that books are an expense.

“We do pay attention to the price of books; we are sympathetic,” he said, “but if [students] are taking a class, they need to find a way to get the book.”

Dr. McMannon also said that there are reasons for reading that go past just one class.

“In life you have to be able to read efficiently and effectively,” he said. “If they transfer to a four-year school, later in life academically, they’ll probably have even more reading.”

“Besides, they bought the book; they might as well read it,” he said.

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to friends, family or favorite instructor.

Totem

continued from page 1

at Artech.

Barry Holldorf, Highline facilities director contracted with Artech to restore the totem pole after reading about Artech's work on the totem pole from West Seattle Rotary Viewpoint Park.

Totem pole restoration is not typical work for Artech, Bisio said. However, "It's work we love to do."

Bisio said that some of the things Artech has to consider are the "One, original intent of the carver. Second, original color scheme. Third, expectations of owners of the pole."

The totem pole had holes from woodpeckers and insects that had to be patched and filled, said Shawn Nordfors, art handler from Artech. Pellets were placed into the smaller holes to keep out insects, Nordfors said.

For the woodpecker holes, Artech used "liquid hardeners and putties," Bisio said.

They will then replicate the "surrounding wood grain with sculpting and modeling tools."

"The products we use are absolutely different than those used 50, 20, even five years ago," Bisio said. "Paints are certainly better formulated for durability and compatibility with wood specifically and provide much better moisture and UV protection to the wood."

"These products are more environmentally friendly in that they are compounded of natural oils with more solids content, for longer life in the wood," Bisio said.

Workers from Artech began painting the totem pole at the beginning of this week. With little of the original paint left, art handlers, Nordfors and Phil Roach consulted with each other to determine the original colors of the various faces on the totem pole.

The totem pole will be crowned with a copper cap to help prevent further decay. The coins and plaque currently fastened to the top of the pole will be placed upon the copper cap, said Nordfors.

Highline's food should be better quality and value, students say

By EDNA SALINAS
Staff Reporter

Highline students said they want healthier and cheaper food on campus.

"It's expensive," said Highline student Brian Thongdymanyvong.

"It's overpriced," said another student Alejandro Villalon.

Highline student Kevin Cruz said he could get Subway for the same price fries cost at Highline.

"I've never eaten the food here because it's too expensive," said student Sam Burns.

Some Highline students said they want better quality food.

"It's all right, but I can cook better," said Highline student Luis De Leon.

"It's not the best," said Highline student Christina Manchik.

"The deli is good, but the quality could be a little bit better; I wouldn't mind paying more money for better quality food," said Highline student Bunthoeun Real.

Other Highline students said they'd like to see some changes in the variety of the food.

"A buffet line would be awesome," said Real.

"I wish we had more naturally organic food," said Highline student Tim Solomonov.

Solomonov said he would also like to see more variety in the food at Highline; he said Highline should have food chains like Subway and a smoothie place.

"Everybody would eat here if we had Subway," said Solomonov.

"I don't think they have enough variety," said John Adams.

Student Savonne Johnson said she'd like to see the variety and price change.

Chartwells

continued from page 1

coming up soon, Chartwells hopes to continue their partnership with Highline and will bid on Highline when the bidding process begins, said Stephen Saunderson, the director of Dining Services at Highline.

Not only is Saunderson in charge of all the food and catering that takes place at Highline, but he also works with clubs to help them organize and plan the food they'd like.

Chartwells has been a partner of Highline for four years now. Every month Chartwells gives 5 percent of all sales back to Highline. Each year Highline receives about \$65,000 - \$70,000 from Chartwells.

Chartwells does a market survey every spring where they compare their prices and food with other catering venues.

"Our prices are low compared to what they should be," said Saunderson.

The food prices at Highline are priced in accordance to all the other businesses around the campus.

"Pricing is an obstacle," said Saunderson, "What people don't realize is that we're a business."

Chartwells has safety audits every quarter which include food safety, personal safety, work safety and temperature logs. They have an independent and public health inspector.

"We look at the circumstance and look at clusters, if one person is sick it's probably not our fault," said Saunderson.

Saunderson said he listens to complaints and thanks people for bringing problems to his attention. He appreciates feedback on what people like.

Committee finalizes S&A budget decisions

By EDNA SALINAS
Staff Reporter

Sixty-three out of the 64 programs received either what they asked for or more than what they asked for in the preliminary S&A budget proposals.

The Services and Activities or the S&A budget is a fund used for all extracurricular services and activities such as the Student Handbook, athletics, and the Thunderword. The money for the S&A budget comes from 10 percent of each student's tuition.

The S&A Budget committee is made up of seven students (two of which are the president and vice president of Student Government); two faculty, Ben Thomas, and Michael Girvin; two ex-officio members, Jonathan Brown and Marta Reeves; and one Center for Leadership staff member, Noory Kim.

The total S&A Budget proposal for the 2012-2013 school year is \$2,419,287.

The Inter Cultural Center got \$1,000 less than what they had asked for, but they got \$41,093 more than last year.

Intramurals, Clubs and Organizations, Union Crew, Phi Theta Kappa, Women's Soccer, Men's Basketball, and Women's Basketball are among some of the budget lines that asked and received for the same amount of money they got this year.

Thunderword received

\$2,000 more for next year, Women's Cross Country received \$500 more, and New Student Orientation got \$4,000 more.

Among the programs that received the biggest part of the budget were the following: the ASHCC (Student Government) Building fund received \$425,000, the student center allocation received \$300,000, the tutoring/work grant department received \$76,353; and the athletic grants department received \$73,500.

There is \$92,641 less in the new contingency fund for the 2012-2013 school year. The contingency fund is an emergency fund created for programs that are in need of more money than what they were given. Five percent of the total Services and Activities budget is put into the contingency fund each year.

The Board of Trustees will vote on the set S&A budget in June.

Although enrollment has been falling this year, the current committee hasn't planned for enrollment going down or revenue changes.

A new committee will form and the cycle of looking into all 54 budgets could possibly change said S&A Budget Chairwoman Anna Sale.

"All those pieces help the committee to come up with a thoughtful budget decision," said Sale.

SPRING FESTIVAL 2012

FRIDAY, MAY 18

College Fair & Workshops: 9 - 11:30 a.m.
Lunch & Activities: 11:30 a.m. - 1 p.m.

COLLEGE FAIR

Reps from Washington and out-of-state colleges and universities.

WORKSHOPS

College and career related — paying for college, resume writing, campus life and more.

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Highline

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guide the college's efforts to prepare for next year's accreditation visit.

President Bermingham said that crucial to the positive outcome of the accreditation visit is the fact that Highline's core themes are closely integrated in the college's strategic planning and mission.

However, one area undergoing work is Highline's mission statement. The college is working on realigning the mission statement, "making sure our mission statement reflects, in specific terms, our core themes," President Bermingham said.

Additionally, the accreditation evaluation visitors left Highline with some encouraging commendations, the president said.

The college was commended for four things — creating an environment in which everyone works together to achieve goals; a strong student leadership program and a collaborative approach to student development by both administration and students; a clean, safe, welcoming environment that allows the college to focus on learning and achievement; and the dedication of campus officials to the progress and success of students.

"It was pretty exciting to be commended for that," President Bermingham said. "Those were very rich commendations."

Especially the student lead-



Jeff Wagnitz

ership program and the collaboration between administrators and students, he said, "was a very substantive commendation that was very important to us."

The commendations, President Bermingham said, "kind of captured core values for us."

"I would hope that my colleagues saw that as a reflection," he said.

Commendations, Wagnitz said, "isn't essential to maintaining your accreditation." However, having trained peers measuring Highline against an agreed-upon set of standards makes it more rewarding.

"This is a pretty rigorous process conducted by pretty smart people," Wagnitz said. "I think people need to take it as a very significant validation of their work."

"It's a real gold star for the people who have done the work," he said. "It's not insignificant."

The Northwest Commission on Colleges and Universities (NWCCU), which accredits Highline, has a set of five standards for higher education in-

stitutions to meet to receive accreditation, with the standards as follows:

1. A clear mission focused on selected core themes, and a definitive plan for fulfilling the mission.

2. Documentation of resources and capacity, and continual review and revision, when necessary, of policies and procedures to guarantee the efficiency of the institution.

3. The development and implementation of plans that efficiently achieve the mission of the institution, but that are flexible and can be modified if circumstances arise.

4. The collection and analysis of data, and the use of the data to continually improve.

5. The development and publication of self-evaluations which allow the institution to monitor its mission's efficiency and to adapt to changing needs so that the institution can continue to be effective.

To be an accredited institution, said Frickle, "they have to prove that they are doing these things."

Frickle said that the accreditation process is important for allowing colleges to be recognized, both nationally and worldwide, as legitimate institutions of higher education where students succeed and earn meaningful degrees.

"The commission exists to ensure that the education institutions have the resources... to



Ruth Frickle

fulfill their stated mission," said Frickle, who also teaches psychology at Highline.

Students, Frickle said, can trust that the education they receive from an accredited institution will be worth their money. Frickle compared accreditation to the licensing process that many professionals go through.

About three years ago, the commission redesigned the accreditation process. Before, there was a 10-year cycle. The new process is a seven-year cycle, which Highline has squeezed into three years to get aligned with the new cycle.

"Next year we do have a gigantic report due," Frickle said. "We have a lot of work to do."

"This particular visit was very focused," said Wagnitz. "It's a more complex evaluation next time."

During this visit, the college was being evaluated on the third

standard, resources and capacity.

Wagnitz said that the accreditation evaluators were making sure that Highline had the basic building blocks for being a successful college and asking the question, "do you have enough bricks to build the building?"

"You either have adequate reserves, or you don't," Wagnitz said.

The same applies to qualified teachers, books for the library, and other resources.

"Generally speaking, there are plenty of places where people around here know we have work to do," he said.

However, the college was in a good position going in to the visit, so the positive feedback was confirmation, Wagnitz said.

"It validates, I think, that we're going in the right direction," Wagnitz said.

Graduating in June? Attend the grad fair

Students graduating in June are invited to attend the graduation fair on May 15.

The fair will be from 9 a.m. to 6 p.m. in the Mt. Skokomish room in the Student Union.

Graduates who order their commencement packet on or before May 13 can pick it up at the fair.

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