

# College officials make student orientation mandatory for fall

By KALEY ISHMAEL

Staff Reporter

Students who have not attended college before will be required to attend an orientation starting this fall.

Starting July 1, all new students will be blocked from registering for classes until they have attended Highline’s new orientation program.

College officials say research has shown that orientation can help new students succeed by

preparing them for the higher expectations of college classes.

“Of course, our best proof is from our students,” said Toni Castro, vice president of student services, in a campuswide e-mail. “Highline students who have attended an orientation session report that they are better prepared to begin their college experience.”

When new students go to register for classes, an “orientation block” will be shown on the registration screen. The block will

only be lifted when the student either attends an on-campus orientation or completes the exit quiz on the online version.

Director of Educational Planning and Advising Dr. Gwen Spencer said that Highline has always offered an orientation for new students, though it had been optional.

However, programs such as Running Start, International

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# Highline helps refugee farmers meet success



Shannon Carter/THUNDERWORD

Somalian refugees Ramadhan Mugasa (far right) and Ali Issa, sell produce on campus in partnership with Kevin Stanley’s Economics 201 class. See story, page 3.

# Cell phones change the face of interpersonal communication

By ANGELA STONE

Staff Reporter

Being cell phone-free is hard but feels good, psychology students say.

Dr. Bob Baugher, a psychology professor at Highline, has given extra credit to his students for going 24 hours without a cell phone.

“This came up in a lecture on interpersonal attraction,” he said.

Dr. Baugher said he was talking about how interpersonal relationships have depended on proximity, but recently with cell phones that has changed.

“Texting [and] phones have changed the world in terms of keeping people in touch,” he said.

Statistics say that around 80 percent of Americans today own cell phones.

Dr. Baugher asked his students if they were still friends with anyone who moved more

Alisa Gramann/THUNDERWORD

Students say they know people who are texting addicts.

See Phones, page A28

# Grad overcomes tough childhood to succeed

By GABI PAULSON

Staff Reporter

Marliena Mills has lived in a house, but she didn’t have a home.

She became a foster care child at the age of 3 and Mills, now 18, said that she wouldn’t recommend it based on her personal experience.

“I’ve always said that my kids will never ever go through the foster care system,” Mills said.

She said she was put in foster care because her dad went to prison and her mom lost custody because of alcoholism.

Mills said she is not against the idea of foster care homes; they are a great concept. Rather, the reality of foster homes is what she can’t support.

“It’s not serving the purpose that it should,” Mills said. “Most homes aren’t very stable; they’re temporary. There are a lot of abusive homes; there are a lot of neglectful homes.”

Marliena Mills

The people who provide these are called foster parents, but they don’t always live up to that title, Mills said.

“Some people become foster parents for the money,” Mills said. “They’re emotionally not supportive, [and] financially not supportive.

“It’s because their hearts are

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Fresh flowers, veggies bring shoppers to local markets





## Crime and Punishment

### Security reports less crime as quarter closes

Campus Security is reporting fewer incidents as the quarter comes to an end. As the quarter winds down, people are less likely to stay around and more likely to be finishing up their assignments and projects off campus, Campus Security Supervisor Richard Noyer said.

### Police recover stolen vehicle in college lot

A stolen vehicle was found on campus in the South Parking Lot on May 2. Des Moines Police Department had recovered the vehicle on campus; however, the theft happened elsewhere.

### Stolen cell phone

A cellphone was taken out of a non-student's hands by an unknown suspect near campus on May 13. The suspect just took the cell phone and ran with it. The incident occurred at the bus stop on Pacific Highway South.

### Person stuck in shut down freight elevator

A person got stuck in the freight elevator on floor 6 in Building 25 on June 3 around 6 p.m. The person was unaware that they shut down the elevators on the weekends. Although he was able to get inside, the elevator would not operate from floor to floor and the doors would not open.

He was able to push the emergency button and contact the library and Campus Security, who were able to get him out of the elevator.

### Lost item

A laptop charger was the only item reported lost for this week.

### Found items

Some found items for this week include eye glasses, a cell phone, and a driver's license, which was mailed to the owner's home address.

-COMPILED BY HAYLEY ALBRECHT



Austin Seeger/THUNDERWORD

Construction of a new sidewalk connecting Building 8 to Buildings 18 and 30 has already begun and will be completed shortly.

## Summer construction brings needed renovations

By SHANNON CARTER  
Staff Reporter

Summer construction projects at Highline include fresh sidewalks, sewer repairs, a new classroom and much more.

"We expect very little disruption for people on campus this summer," said Mike Doolley, project manager at Highline.

Some of the construction has already begun and will be wrapping up by the end of this summer. On May 31 the sidewalk connection from the north side of Building 8 to the paths of Building 18 and 30 started.

Students who travel that way will no longer have to walk through bushes and grass. The shrubbery and grass has been replaced with compacted sand and will soon be covered with a newly paved sidewalk.

The ongoing construction in the Library for the new classroom is moving along as expected.

So far the walls are framed, electrical and mechanical are roughed in and drywall is installed and being taped.

With the new classroom, the Librarians will no longer have to kick students off the com-

puters to teach classes. The construction will hopefully be completed by the fall.

"There will not be any major disruptions to the activities on campus. We are careful to include traffic controls, safety management and notification in our requirements for our contractors," said Dooley.

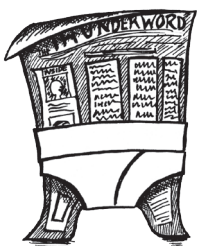
The electrical installations for the portable emergency generator in Buildings 8, 30, 29 and 24 have been 50 percent completed. This work should be completely finished in June.

The campus will also undergo sewer renovations at

Buildings 27 and 5. Bidding will begin on June 12 with work starting in early July to put in a back-flow valve.

"We prioritize the needed repairs and capital improvements and do them as funds become available. Many of the repairs, such as the parking lot upgrades, are done during the summer when the traffic on campus is slightly lighter," said Dooley.

The South parking lot will be getting a facelift soon. Documents for the repairs to the parking lot have been submitted to the state for review and bidding will begin in June.



## News Briefs

### Highline's 50-year anniversary celebration

Celebrate Highline's 50-year anniversary next Monday, June 11. From 3:30-4:30 p.m. there will be a statue bronze sculpture dedicated near the Student Union. This statue is a gift from distinguished Highline alumni, Junki and Linda Yoshida.

Later from 6-8 p.m. there will be live entertainment provided by the local band, Jr. Cadillac, also at the Student Union.

For more information visit [highline.edu/50thparty](http://highline.edu/50thparty).

### Food bank welcomes service from students

The Des Moines area food bank welcomes volunteer service from students willing to help the community.

Students can come down to the food bank located in the basement of the Des Moines

United Methodist Church at 22225 9th Avenue South. Volunteer days are on Monday, Wednesday, and Friday from 9-11:45 a.m., and also the third Tuesday evening of each month from 6-8 p.m.

Summer volunteer opportunities are also available beginning June 16. The summer program is held to help the community feed hungry children by providing them with lunch and snacks.

Students can help raise money for the Des Moines area food bank by donating food or cash. Donations can be made any week day morning from 8:15 a.m. until noon.

Another way students can help raise funds is by buying items from the Des Moines area ebay page at [myfoodbank.org](http://myfoodbank.org).

### Octopus graduation celebration at MaST

Come bid farewell to Ophelia the octopus as she is released into the Puget Sound from the MaST Center. There will be an octopus graduation celebration from 11 a.m.-1 p.m. this Saturday, June 9, at the MaST, which is located near Redondo Beach Park.

Balloons, streamers, and other party favors will be present, and attendees are asked to wear

loud Hawaiian shirts for the occasion.

Support divers will provide live video and audio as Ophelia, the Giant Pacific Octopus, finds her new home in the Sound that will also be streamed online at

[mast.highline.edu](http://mast.highline.edu).

For more information contact Rus Higley at 206-715-0576, or email [rhigley@highline.edu](mailto:rhigley@highline.edu). To see a short video of Ophelia in action visit [facebook.com/photo.php?v=3728859414389](http://facebook.com/photo.php?v=3728859414389).



## WHAT'S NEW AT THE MAST CENTER?

Highline's MaST Center, located in Redondo, has lots going on if you are interested in your local environment.

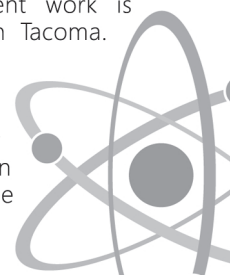
**WATER WEEKEND** – Every Saturday from 10am to 2pm. We are open FREE OF CHARGE to the public to view more than 100 local species in our aquarium

**SCIENCE ON THE SOUND SPEAKER SERIES** – 1st and 3rd Saturdays of every month. Local scientists and environmental educators discuss the health of Puget Sound.

**LIVE DIVER** – 2nd Saturday of every month. Shows at 11 and noon.

**THE WHALE PROJECT** – The MaST Center is rebuilding the skeleton of a grey whale that died in Puget Sound to be displayed in the MaST Center. Current work is happening at Foss Waterway Seaport in Tacoma. Come and see the progress.

**VOLUNTEER STEWARDS** – Most of the work at the MaST Center is done by our team of volunteers. If you are interested in volunteering you can come and visit the Center, or e-mail us at [mast@highline.edu](mailto:mast@highline.edu)





## Somalian refugees return with summer produce

By **EDNA SALINAS**  
Staff Reporter

The refugee immigrant farmers are back on campus this summer, selling their locally organic grown produce every Wednesday.

Ramadhan Mugasa and Ali Issa are two Somali Bantu refugees who sell produce on campus every Wednesday outside of building 8.

They are working with the Seattle Tilth Farm Works, who is helping them use their farming experience here in the United States.

Highline Economics Professor Kevin Stanley is teaching the refugee farmers how to market and sell their produce on campus. He is also involving his Econ 201 students in the project to give them a hands-on learning experience.

Mugasa and Issa were both born in Somalia. They are in-laws; Ramadhan is married to Issa's sister.

Stanley said that about 600 years ago (during the Indian

Ocean slave trade) the Bantu people were taken as slaves from Southern African countries into Somalia. After they were set free, Bantu people began to work as farmers, but they were still oppressed and discriminated against.

In 1991, civil war broke out in Somalia between different clans and the Bantu were among the most persecuted groups.

Mugasa and Issa fled to Kenya in 1992 where they stayed in refugee camps for 12 years.

Ever since they were little, Mugasa and Issa knew how to farm.

"Dad and mom, they were teaching me how to do this," said Issa.

Seattle Tilth Farm Works has been helping Mugasa and Issa use their farming experience in a new place said Stanley.

Ramadhan said the climate is hot in Somalia and it's cold and rainy in Washington.

Issa said he likes farming better in Somalia because you can do more stuff there.

"When you grow tomatoes



Corey Sun/THUNDERWORD

*The refugee farmers return to campus, and although some prefer Somalian weather for farming, Washington is more welcoming.*

here [in Washington] you cannot smoke [cigarettes] and touch them [tomatoes], if you do, it gets sick. In Somalia it still grows strong," said Issa.

The produce Issa and Mugasa sell is grown without pesticides or chemicals and is in its second year of certification. It takes three years for produce to

be labeled as organic.

Stanley said he is helping the refugee farmers become familiar with selling and presenting their produce in a farmer's market environment.

"It's a chance to work with small business markets which are different from the supermarket. It's more of a social

experience. You can't take produce from the supermarket and ask the cashier how to cook it, here you can," said Stanley.

Mugasa and Issa have been living in Washington for about six years now.

Ali Issa said he needs more dedication to pursue his dreams.

"I have experience since I was a kid. I was singing and speaking and making people laugh. In America you can't get work until you get a diploma or GED, so that's why I want to go back to get an education," said Issa.

Issa plans to get his GED and will be attending his first quarter here at Highline in the fall.

"I'm thinking to get money and own a business. I want my own market," said Issa.

Ramadhan says he plans on staying with Seattle Tilth Farm Works to get help with starting his own business.

"This is my business. I need to grow this business, to have cows, goats, and chicken. I need to grow this business to be able to make a house for my kids."

## Schedules shift for summer classes, prepare accordingly

By **CHAYCE BALDWIN**  
Staff Reporter

For those students taking summer classes, be aware of campus offices changing schedules.

Hours for buildings and offices vary depending on the programs or services they house, but almost all of campus is closed on Fridays.

•The library will be open 2 p.m. to 8 p.m. and Monday through Thursday 8 a.m. to 8 p.m. for Summer Quarter, June 25-Aug. 17. It will be closed Fridays and Saturdays.

During the summer break, Aug. 18 to Sept. 16, the library is open Monday and Tuesday 8 a.m. to 7 p.m. and Wednesday and Thursday 8 a.m. to 5 p.m., while being closed Friday through Sunday.

The opening week of Fall Quarter, the library retains the same hours as the break, although Friday is also open 8 a.m. to 5 p.m.

"Also, they can check on our website [library.highline.edu] where there's a little link that says 'hours' that has all of them posted," said Bob Hermanson of the Circulation Department.

•International Student Programs and Kaplan, which are housed on the fifth floor of the library, have different hours.

International Student Programs will be open Monday through Thursday, 9 a.m. to 5 p.m. and closed on Friday. Ka-



Josh Nelson/THUNDERWORD

*The Highline library will have varying hours over the summer. You can visit library.highline.edu before venturing on campus.*

plan will be open 9 a.m. to 4:30 p.m. Monday through Thursday, and 9 a.m. to 12:15 p.m. on Fridays.

•The Tutoring Center in Building 26 will be open to help students Monday through Wednesday 8 a.m. to 6 p.m. and Thursday 8 a.m. to 4 p.m.

•Although the Union Café on the first floor in Building 8 is closed for the season, its neighbor upstairs, the Fireside Bistro, will serve food Monday through Thursday 8 a.m. to 3 p.m. The Espresso Café in Building 29 will also be open 3 p.m. to 8:30 p.m. Monday through Thursday.

"In the Bistro we can offer the same things we offer down here [at the Union Café], like making hamburgers and stuff,

so it can be more convenient," said LaGina Fountain, a cashier at the Union Café. "Between here and [Building] 29, we'll be able to offer the same variety."

•The Highline Bookstore is open Monday through Thursday 8 a.m. to 5 p.m., and Student Programs upstairs on the third floor plans to stay open 9 a.m. to 5 p.m., starting just an hour later than usual throughout the week.

•Building 6 has set hours of 8 a.m. to 6:30 p.m. for Mondays and Tuesdays, and 8 a.m. to 5 p.m. Wednesdays and Thursdays.

Financial Aid, TRIO and the Inter-Cultural Center, Cashiering, and Registration and Records are open at those times, but some of the other offices

and services inside the building do have varying hours.

•The Student Development Center on the top floor, which consists of Multicultural Services, High School Programs and Counseling, stays consistent throughout the week open 8 a.m. to 5 p.m., Monday through Thursday, as well as Women's Programs and WorkFirst Services and Workforce Education Services.

•The Veteran's Services office also stays open 9 a.m. to 4 p.m., Monday through Thursday.

•Campus Security is open Monday and Tuesday 8 a.m. to 6:30 p.m. and Wednesday and Thursday 8 a.m. to 5 p.m., although Safety Officers are available 24/7.

•Educational Panning and Advising on the top floor will be open 8 a.m. to 6:30 p.m. Monday and Tuesday, 8 a.m. to 2 p.m. and 3 p.m. to 5 p.m. on Wednesday, and 8 a.m. to 5 p.m. on Thursday.

•Instructional Computing in Building 30 will be open Sundays 2:45 p.m. to 10:15 p.m. and Monday through Thursday, 6:45 a.m. to 10:15 p.m.

Instructional Computing stays open "so people can have the opportunity to have a computer to work on and for all students who need help [in computing] or want to complete work with full concentration, whether they have a computer at home or not," said Zenebu Abay from the

Helpdesk in Building 30.

"Whether it be access to printing or help logging in, they can get any help they need at any time, have all their needs in one place," Abay said.

•Building 99 at the east edge of campus will open its doors during the summer at 8 a.m. until 6:30 p.m. Monday through Thursday and 8 a.m. until 4 p.m. on Friday.

•The Small Business Development Center, StartZone, Continuing Education and the Procurement Technical Assistance Center are open the same hours as the building, but like Building 6, other departments inside still vary in open hours.

•Access Services and ACHIEVE on the ground floor will be open 8 a.m. to 5 p.m. Monday, Tuesday, and Thursday, 8 a.m. to 6:30 p.m. on Wednesday, and 8 a.m. to 4 p.m. on Friday.

During summer break, Aug. 20 to Sept. 21, Access Services will be open Monday through Thursday, 8 a.m. to 5 p.m. They also remain open until 4 p.m. on Fridays.

•On the second floor, Human Resources is open 9 a.m. to 5 p.m. Monday through Thursday, and Institutional Advancement, which includes Communications and Marketing, Foundation and Resource Development, Outreach Services, and Web Services are open Monday through Thursday, 8 a.m. to 5 p.m.



## Editorial comment

### It's time to quit it or ticket

The administration needs to either better enforce the smoking policies on campus or reform the policy completely.

Students have been taking advantage of their smoking privileges and it's beginning to become a hazard for the rest of the people on campus.

Firstly, irresponsible smokers are creating fire hazards on campus. A collection of cigarette butts igniting the bark was the cause of a small fire by Building 6 a few weeks ago.

Bark fires caused from cigarette butts become a campus problem every spring, which is ultimately a result of laziness from some students.

The littering of cigarettes is not only a hazard, but also a great inconvenience to the campus staff that picks up hundreds of cigarette butts each day just to maintain a somewhat safe and clean environment.

Some smokers claim that they choose to litter simply because everybody else is doing it and they feel like they wouldn't be able to make a difference if they actually followed the rules.

Other smokers argue that if the zones had benches placed near the designated trash cans, they would be more likely to dispose of the cigarette butts correctly.

These people need to realize that the right to smoke in the appropriate zones is a privilege given to them, and it makes little sense for the campus to further reward them with a bench if people continue to break the rules.

Some smokers also tend to journey outside of their zones and into non-smoking zones, like building 10 and the courtyard outside of the Student Union.

This exposes hazards of second-hand smoking to other students who have to pass by the illegal smokers on campus when walking to class.

There are already five designated smoking zones on campus, which is more than enough for students who need to smoke during class breaks. Anybody who smokes outside of the zones is simply lazy and inconsiderate, and they should be ticketed in some way.

However, enforcement could require more security officers on campus, and it is unlikely administration would hire more security officers for the sake of a smoking policy alone.

This means one of two things needs to happen. The on-campus smokers need to take the smoking privileges given to them more seriously or watch the privilege be taken from them completely.

However, there are many smokers who do follow the rules and should be commended for that by keeping their privileges. Unfortunately it is the people who break the rules that are ruining it for the smokers that respect the campus.

Those rule-breakers are already causing fire hazards and student health hazards, and those hazards could easily be eliminated by eliminating the problem of smoking in general.

A smoke-free campus would at least solve all of the problems mentioned above.

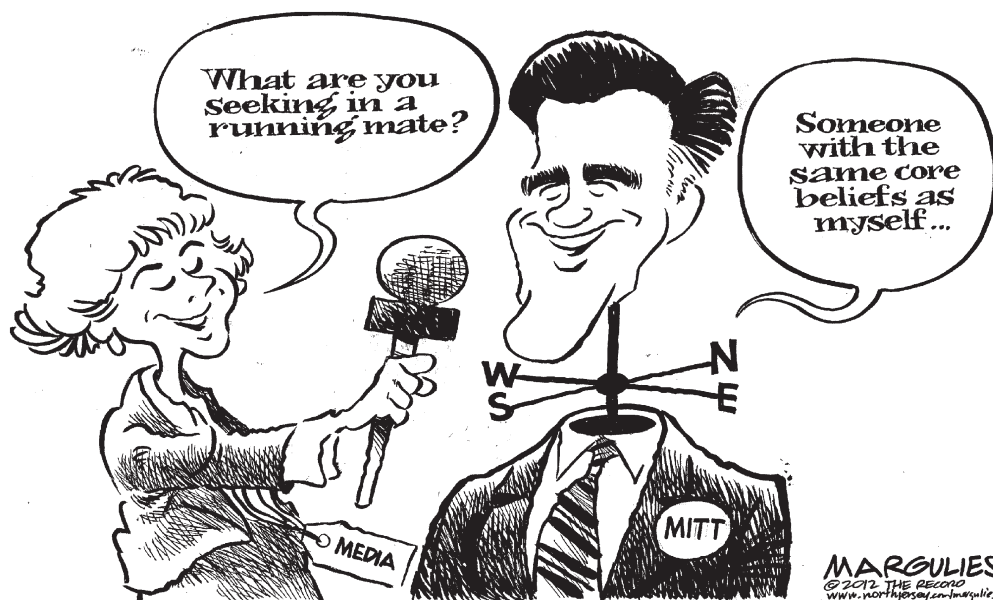
### Got something to say? Write to us

Do you have something you want to say to the student body? The Highline Thunderword is asking for students to voice their opinions on what matters to them.

We're accepting submissions in the form of letters and columns. Letters can be any sort of response you have to the material we write, and columns can be your own opinion on a public matter.

Letters to the editor should be about 200 words, columns should be no more than 600 words.

Send submissions to [thunderword@highline.edu](mailto:thunderword@highline.edu) by Monday for print on Thursday.



### We found Ernest in a fast food place

If you're reading this column, then my fears have come true. I'm likely already dead, or maybe even alive, but definitely not a zombie. (I gave up bath salts earlier in the year for Lent.)

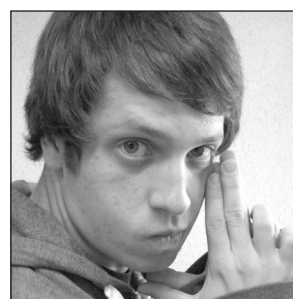
You see, earlier in the week, I received devastating news. The Boston Celtics had defeated the Miami Heat in a nail-biting 93-91 victory that tied the play-off series to 2-2. Also my best friend Ernest Watson was kidnapped.

He was vacationing last week at the Rainforest Café when catastrophe occurred.

Ernest was playing in the waterfall section when a man disguised in a mechanical gorilla suit appeared and took him. I know this because I was also at the Rainforest Café disguised in an elephant suit. I would have chased him but it would have involved breaking character, which I just don't do.

The kidnapper's next step was posting a ransom letter on the windshield of my moped. A moped windshield may look ridiculous, but it also protects the bouncy moisture in my hair, which is vital for my image.

On the back of the letter was one of my previous columns from earlier in the quarter. Last month I snuck into my neighbor's house to switch out his ordinary printer paper with all of my past stories. I could say it was an attempt at promoting my stories, but I was really just trying to save money on buying paper.



Total Traegedy  
Trae Harrison

My neighbor had kidnapped my dearest Ernest. He was probably mad at me for arking one of his bathrooms. Arking is this thing where I stick a bunch of animals in a room, turn on every water source, and then jump out of the window when it starts to flood. It took him awhile to chase down all the animals around his home, but for at least a moment there I was the true leader of my people.

The note promised the safe return of Ernest in exchange for three things: \$10,000, the complete first season of The Walking Dead (I once snuck into his house and erased his DVR), and the bathroom sink that I borrowed from him earlier in the year without asking.

I had already raised enough money from the time I spent at Subway as a human tip jar, although it may require surgery to reach the money.

I could also return the bathroom sink with the only casualties being a few now-homeless baby alligators that I had been raising for an alligator farm. I find that alligators make ter-

rible farmers anyways; they eat all of the livestock and are ridiculously inconsistent with maintaining the crops.

However, I was banned from all electronic stores in the state when I was going through a Thor phase. A Thor phase is this thing where you accidentally confuse yourself with the God of Thunder and try to manipulate the electronics around you to overthrow the authorities.

I was forced to come up with an elaborate plan to save my companion, but first I had to find out his whereabouts.

The ransom note left two clues as to where my neighbor was keeping Ernest.

The first clue was a fairly elaborate limerick which referenced Shakespearian dialect and architectural terminology. The second clue was the Arby's mailing address printed at the bottom.

It turns out Arby's was the only restaurant empty enough during lunch hour where you could hide a person in the back of the lobby without anybody noticing.

I approached the two with a briefcase that supposedly contained the demands of the ransom note, but what was actually inside the briefcase was a smaller briefcase, and in that briefcase was a purse, and in the purse was an expired movie ticket to Tangled, and by the time my neighbor had gotten that far, Ernest and I had already walked out of the restaurant and driven home to safety.

## The Staff“

Have you ever been Scottish?

E-Mail [tword@highline.edu](mailto:tword@highline.edu)

Editor-in-Chief  
Managing Editor  
News Editor  
Arts Editor  
Sports Editor  
Opinion Editor  
Graphics Editor  
Photo Editor

Alisa **Gramann**  
Josh **Nelson**  
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#### Photographers

Austin **Seeger**

#### Business Managers

Kaylee **Moran**  
Erica **Moran**

#### Adviser

Dr. T.M. Sell





**"TO SAVE MONEY ON INSPECTIONS, WE'RE GOING TO LET SLAUGHTERHOUSE EMPLOYEES POLICE THEMSELVES... THEN, TO SAVE MONEY ON PRISON GUARDS..."**

## There's really no need for labels

Hi my name is Paige; I am a young woman with Down syndrome.

Down syndrome is also known as trisomy 21. It is part of an extra 21st chromosome. It was named after John Langdon Down, the physician who described the disorder known as "Down syndrome."

My mom and dad did not know I was identified with it until after birth. It was quiet in the surgery room when the doctor said, "Did you see the TV show with the boy on TV? She is like him." The doctor was talking about the show *Life Goes On* with actor Chris Burke. My mom did not have prenatal screening and had no idea she was having a baby with Down syndrome.

Before they had me, my parents had never even thought about people with Down syndrome or intellectual disabilities.

I have a mental delay. My Down syndrome did not affect my physical growth. I was not delayed in that way. My mom did not want to give me an IQ test. I had to have one for SSI (Social Security).

My IQ test showed a score low enough to get services. A person with an IQ of 70 or below can get services because they qualify under the category of mental retardation. My mom decided to never give me an IQ test again because I am more than a number.

My family is giving me support with school and at home. I am a full-time college student. I am working really hard to show people I can do this! Be-



Commentary

Paige Wintler

fore 1975 people like me didn't go to school. The Individuals with Disabilities Education Act (IDEA) gave us the right to go to school with other kids.

Even though we can go to school now, people still believe I cannot do college or that I can't learn. They are wrong! That's why I don't want to be called retarded.

I'd like to spread the word to end the word — the R-word. Calling people the R-word makes people believe that we aren't as smart as other people and that we don't count as much.

The word retard has become a bad word since many people use the word as a derogative. People can say retardation as a way to be mean to someone or to tell them they think you are ugly or not smart.

My sister calls me retard because she doesn't like how I fold laundry. She thinks she knows how to do it better than me. I feel angry and frustrated when she calls me this.

My ex-boyfriend calls me retard too. He also calls me baby. He calls me these names to say that I'm not good enough. I was really mad at him. My mom helped me break up with him.

People should not say retard. Calling people retarded hurts everybody's feelings, like mine.

I first heard about the "Spread the word campaign" during practice on a Special Olympics basketball team. Sharon Boyle was the coach of the basketball team and it was her that handed out shirts with the name and logo of the "Spread the word campaign."

The Spread the Word Campaign is dedicated to ending discrimination of people with disabilities by ending the derogative use of the word "Retarded" altogether. Their shirt logo is a cross-out symbol of "The R word" and listed below is "End the R word." I got the shirts from basketball practice and I have worn them with pride ever since.

People with intellectual disabilities (AKA mental retardation) can learn, speak for themselves, live independently and fall in love. People with intellectual disabilities should be treated equally and don't want to be labeled.

People use the word retarded and call people retards to say that they are bad, stupid and/or worthless.

People who are classified as mentally retarded are not all the same, they are different from other people, however; that does not make them bad or stupid people as many people perceive them to be.

It is because of this stereotype that people like me are regarded as targets and that is exactly why I want the word "Retarded" to no longer be used as a derogative.

## Take time to celebrate before tackling trials

Commencement is a just a week away.

Raise your hand if you're experiencing that mixture of excitement and nervousness with a dash of debilitating fear.

You're not alone. Especially if you thought, "hey, that's me" and didn't raise your hand.

For returning students, commencement may be a "been there, done that, now I get to do it again" thing.

For high school graduates, you may be wondering if this graduation will be similar to your high school graduation.

Then, there's people like me who have never really graduated from anything ever. We are called "home-schoolers."

Yes, I was home-schooled. And yes, I have a high school degree, I just never had any fancy commencement ceremony.

Regardless, commencement is an exciting time. It's a time to celebrate our accomplishments, a time to say, "I've done something big, something worth recognizing."

It's also a time to let people give you money to say how great they think you are, but that's almost beside the point.

Graduation is also a time to regroup and take a short breather before tackling the next step — whether it's a job, more school, or something else entirely.

Looking back, we can clearly see how far we've come.

I was a home-schooled junior who became a Running Start college student in January 2010, and it was tough for me.

It was my first experience in a "real" classroom with a "real" teacher. Before Highline, I taught myself with the help of various textbooks.

But, I survived the transition to Highline, and that gives me the courage to face the transition that I now face — transferring to Western Washington University and living in a dorm, away from my family and the life I have always known.

I also get to take on the challenge of a long-distance relationship, as my boyfriend is going away to college in California.

Even though I'm a little scared — and completely unsure of how I'll adjust to these changes — I keep telling myself, "I've got this." And somehow, I know that I do.

I have come so far already, I've kept going despite several challenges life has already thrown my way — including a breast cancer diagnosis in my mom and the death of my boyfriend's father from brain cancer.



Commentary

Alisa Gramann

cer.

Sometimes challenges break us. But, they also make us stronger — they give us the motivation we need to keep going, and they can give us an outlet.

Personally, I channeled my tempestuous emotions into hard work. In addition to my assignments, my work at The Thunderword has allowed me to be involved on campus.

And while being involved in extracurricular activities isn't always an option for everyone, I would challenge everyone who is continuing their education to try to find one place on campus to be involved.

We, the class of 2012, have all come so far.

My challenges may or may not be unique — some of you surely have experienced similar trials — but challenges in themselves are not unique.

We all have had our own personal battles to fight this year. The point is, we have been victorious.

The list of our challenges could go on and on.

Life will always have another curve ball to throw. We can either choose to play dodge ball for the rest of our lives, or learn to catch, because, let's be honest, life isn't really going to get any easier.

Trials don't magically disappear when we graduate and get the degrees we want.

Life is unpredictable, which pretty much guarantees that challenges and trials will keep coming our way.

For me, I'm going to continue to face the challenges life sends my way with all the courage I can scrape up. As the saying goes, "a life lived in fear is a life half lived."

Class of 2012, we've all come so far already.

Whether you're graduating with a degree, a certificate or accomplished extra training for your career, graduation is a big deal. It marks a big accomplishment in your life.

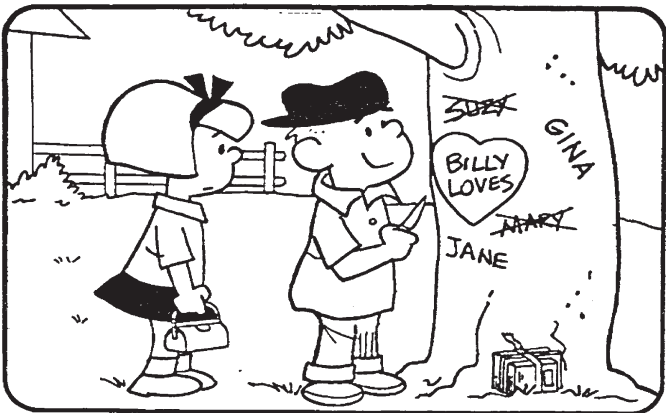
So let's take a moment to celebrate our accomplishments before we dive into the next chapter.

We've got this.

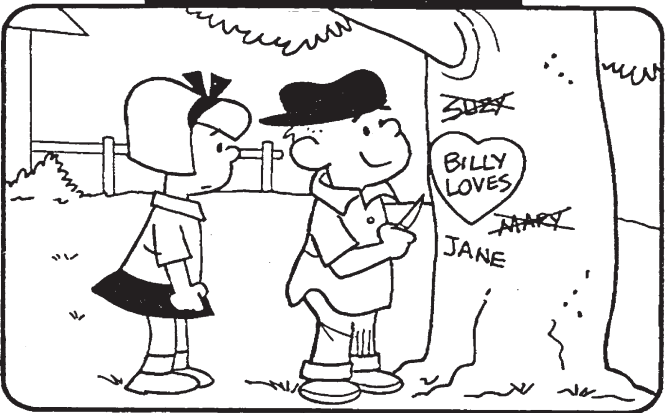


HOCUS - FOCUS

BY  
HENRY BOLTINOFF



HOCUS-FOCUS



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

Differences: 1. Name is missing. 2. Hair is different. 3. Rail is missing. 4. Shift is different. 5. Books are missing.

Weekly SUDOKU

by Linda Thistle

	5			6	7			8
1					2		3	9
	4	9	3			5		
	2		4		9		7	
4				3			2	5
8		1		7		4		
		6		5	4		8	
	7	3	8			9		
2			1			6		7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate   ★★ Challenging  
★★★ HOO BOY!

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Phun With Homophones

Across

1. Town square
6. Praiseful poems
10. Physics calculation
14. Pitcher's aid
15. Went down
16. Hankering
17. Olympic competition
18. Take off
19. Close
20. Story about the end of war?
22. Kind of package
23. Tape type
24. Future doc's major
26. Oman man
30. Fabrication
31. Thanksgiving serving
32. Coke, e.g.
33. Talk back to
35. Scenic view
39. Do glue?
41. Thumb neighbor
43. Diary bit
44. Peddle
46. School session
47. Before, before
49. Roman septet
50. Nimble
51. "Excuse me?"
54. Organic compound
56. Hoity-toity sort
57. What a smart coin collector may have?
63. Georgetown mascot
64. Burn balm
65. Spring sign
66. Sixth Jewish month
67. Disparage
68. Sticking points?
69. Unite metals
70. Consumes
71. Plumber's tool

Down

1. Kind of school
2. Zero, to McEnroe
3. Between ports

Crossword 101

By Pete Canty (Pete@gfrpuzzles.com)

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20						21					22			
				23					24	25				
26	27	28	29		30				31					
32					33			34		35		36	37	38
39				40				41	42					
43						44	45				46			
			47		48		49				50			
51	52	53					54			55				
56					57	58					59	60	61	62
63					64					65				
66					67					68				
69					70					71				

4. Metallic vitamin additive
5. Put in a stake
6. Referees
7. Erases
8. Util. bill
9. Happy's friend
10. Finely chop after-dinner candies?
11. Mr. T's group
12. Freighten
13. Cut up
21. Sign of life
25. Sitarist Shankar
26. Queens stadium name
27. Horse color
28. Mine entrance
29. Exiled poet?
34. Wood-cutter's concerns
36. Dance bit
37. Guam, e.g.
38. Major employer?
40. Greek sandwich
42. Hodgepodes
45. Become balanced
48. Package
51. "Nonsense!"
52. Positive pole
53. Kind of treatment
55. Future atty.'s exams
58. First name in jazz
59. Yeats's land
60. 1492 Atlantic crosser
61. Pursue
62. Latin 101 verb

Quotable Quote

*I married the first man I ever kissed. When I tell this to my children they just about throw up.*

... Barbara Bush

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                      |               |                   |               |
|----------------------|---------------|-------------------|---------------|
| 1. Not in attendance | ___ B ___     | Acquiesce         | ___ S ___     |
| 2. Remedy            | R ___         | Principle         | B ___         |
| 3. Park chair        | ___ E ___     | Cluster of grapes | ___ U ___     |
| 4. Welcome warmly    | ___ ___ T     | Like an emerald   | ___ ___ N     |
| 5. Paper fastener    | ___ ___ P ___ | Unwavering        | ___ ___ B ___ |
| 6. Small stones      | G ___         | Take a trip       | T ___         |
| 7. Join the parade   | ___ ___ R ___ | Fire stick        | ___ ___ T ___ |
| 8. Cell or mobile    | ___ ___ E     | Fake              | ___ ___ Y     |
| 9. Crop grower       | ___ A ___     | More solid        | ___ I ___     |
| 10. Mickey or Minnie | ___ ___ U ___ | Bullwinkle, e.g.  | ___ ___ O ___ |

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1. TELEVISION: What was the name of Tonto's horse in the series *The Lone Ranger*?
2. GENERAL KNOWL-

- EDGE: What was the country of origin for the pop group The Bay City Rollers?
3. COMICS: In the *Archie Comics*, Archie Andrews has a hard time choosing between two young ladies. What are their names?
4. INVENTIONS: What did Leonard A. Fish and Robert P. Cox patent in 1972 that was

- described as a "foamable resinous composition" that was propelled from a can?
5. LITERATURE: What futuristic novel's first line reads, "It was a pleasure to burn"?
6. MUSIC: What kind of instrument does musician Chuck Mangione play?
7. MOVIES: What was Ron's patronus in the *Harry*

- Potter* movie series?
8. FOOD & DRINK: Farfalle is a type of what food?
9. GEOGRAPHY: What is the second largest of the Hawaiian Islands?
10. HISTORY: What was the code name of Hitler's planned invasion of England?

Answers

1. Scout
2. Scotland
3. Betty and Veronica
4. Silly String
5. *Fahrenheit 451*
6. Flugelhorn
7. A Jack Russell terrier
8. Pasta
9. Maui
10. Operation Sea Lion

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# Women's basketball assistant coach helps players

By **ZACH STEM**  
Staff Reporter

Kevin Strozier's mindset of helping people has stayed true on and off the court.

Strozier is entering his third year as assistant coach for the Highline women's basketball team.

Strozier's coaching philosophy is helping his athletes reach their goals, he said.

"Seeing them succeed is my goal," he said.

This philosophy has led Strozier to a career record of 133-58 in eight years of coaching high school girls' basketball in Washington.

He began his basketball career in high school.

He played three years on the varsity squad where he earned all-state honorable mention as a senior averaging 23.5 points per game in 1979 at Flint Central High School in Michigan.

Strozier then earned a full scholarship to Mott Community College in Michigan, where he was named Conference Player of the Year and Junior College All-American. He led Mott to their best record of 28-8 while averaging 23 points per game. Strozier also was awarded the Bud Opee Award for the Best Small Player in the national tournament and was named to the national junior college all-star team.

After all of his accomplishments at Mott, Strozier earned a full scholarship to St. Louis University, where he made the All-Metro team, was the third leading scorer, and was voted team MVP.

Strozier began his coaching career at Genesee High School in Michigan where he led the Genesee women's basketball



Before coming to Highline, Coach Strozier was the head coach of the Kingston lady basketball team.

team to the league championship, district championship, and won coach of the year, all in his first year.

Strozier chose coaching women over coaching men.

"In my opinion, women listen more and work harder than men do," he said.

He said there is a difference between coaching basketball and playing basketball.

"Your mindset is different as a coach," Strozier said. "You have to strategize more."

After coaching at Genesee High School, he moved to Washington where he became the head women's basketball coach at Lincoln High School in Tacoma from 2001 until 2007.

"I did not want to move to Washington at first because I

heard the rumors of all the rain, but once I moved here I loved it," Strozier said.

Strozier coached Lincoln to back-to-back Narrows League titles and back-to-back Bay Division Championships during the 2005 and 2006 seasons. He was also named Coach of the Year in the 2005 season and led Lincoln to the state tournament in the 2006 season, finishing the season ranked first in the state with a 25-3 record.

He did not notice any big differences between coaching in Michigan and coaching in Washington.

"There are more opportunities for players to showcase their abilities over here," Strozier said. "AAU (Amateur Athletic Union) is bigger over here.

The only opportunity players had in Michigan was to play for their schools."

In 2007, Strozier started coaching women's basketball at Kingston High School. Kingston was a new school just opening when Strozier began coaching there.

He led Kingston to back to back 2A Olympic League titles during the 2007 and 2008 seasons. In the 2007 season, Kingston finished second in the district and was a state tournament qualifier with Strozier being named Coach of the Year. Kingston won the District Championship the next year and was a state tournament qualifier again.

Strozier resigned from Kingston before the 2009 sea-

son when he was accused of drug use with students. Strozier says it was just a misunderstanding.

"I never did anything like that," Strozier said.

"Being campus security, I would talk with the students a lot," he said. "Someone most likely misheard a conversation I was having with a student."

"I stepped away because I was not going to have my family and I go through that again," he said. "I do what I do because I enjoy it."

Strozier is now the head coach of the Tacoma Stars, a semi-professional women's basketball team, and assistant coach for the women's basketball team at Highline.

"They are in different seasons so it doesn't really conflict," Strozier said.

The Tacoma Stars is in the Women's Blue-Chip Basketball League, which is a non-salaried league. Because of this, Strozier has had to work other jobs.

"I work with DSHS (Department of Social and Health Services), Ambitions, and I also work at Maksu, Inc.," he said.

Ambitions and Maksu, Inc. are disability support services.

Strozier said he does not see a big difference between coaching at the high school level and the community college level.

"There's not a great difference," Strozier said. "It is just a step up."

At Highline, Strozier's role is to work with the post players and stress defense. He has noticed some differences between being an assistant coach and being a head coach.

"It depends on where you're at," he said. "I get to give input and give my take here at Highline. It's a perfect situation."

# Long fight against cancer ends for Thunderbird fan

By **ZACH STEM**  
Staff Reporter

The Highline Athletic Department lost one of its biggest boosters last month with the death of Jack Dunn.

Jack Dunn, father of Highline Athletic Director John Dunn, died at the age of 78 on May 9, after battling cancer for 17 years.

"He was a real fighter," John Dunn said. "He has fought since 1995."

"He battled three different cancers," John Dunn said. "He battled skin cancer about a dozen times, and also battled prostate cancer and leukemia."

Jack Dunn was born on Oct. 14, 1933 in Grenora, N.D. In 1951, he graduated from West



John Dunn, left, and Jack Dunn, back center, at a family holiday gathering.

Seattle High School and then joined the U.S. Coast Guard.

After Jack Dunn finished his service in U.S. Coast Guard, he started a 42-year career in the

automotive industry, including 38 years with Southgate Ford in Burien.

Upon retiring in 1994, he traveled and cruised around

the world with his wife, Betty Dunn.

They also attended hundreds of sporting events.

"Him and my mom would go to all the home events at Highline to support the school," John Dunn said. "For a while, they also went to the basketball finals in the Tri-Cities."

Jack Dunn and Betty Dunn were big boosters for Highline.

"Mom and dad donated throughout the years," John Dunn said.

"They have donated to The Gala," he said. "They have also donated their timeshare condo in Palm Springs."

Jack Dunn was a good man who cared deeply about his family, his son said.

"He was a kind caring guy

who loved and supported his family," John Dunn said. "He was very supportive of me, the family, the kids, and my work."

"Papa Dunn," as I called him, was an incredible family man and great supporter of our college," said Highline men's basketball Head Coach Ché Dawson.

"I met Jack when I was hired as the men's basketball coach," Dawson said. "He and his wife were mainstays at all Highline sporting events, including our games."

"He had an incredibly cheerful demeanor and was one of the nicest men I have ever met," Dawson said. "He was one of those people who don't say a lot or draw attention to himself, but his presence is felt by all."



# Player of the Year takes her striking talents to WSU

By **ADRIAN SCOTT**  
Staff Reporter

One of the best volleyball players to ever play at Highline, will take compete at the highest collegiate level next season.

The head coach of the Washington State Cougars volleyball team, Jen Greeny, announced the signing of Thunderbird outside hitter Aurora Vasquez to the Cougs 2012 roster.

"I chose WSU because of how nice the players and coaches were during my visit," Vasquez said. "I'm from a small town, so really like the small town feel at WSU."

The 5'11", Vasquez has balanced playing volleyball, working a graveyard shift at Denny's, steadily keeping an above average grade point average [GPA], and squeezing in her personal life.

"At times I can feel overwhelmed, but I keep pushing through," said Vasquez. "If I start a task, I have to finish. I'm not the type of person that likes to quit."

During her two years at Highline, Vasquez has won numerous athletic and academic awards.

"Earning a C in a class wasn't good in my eyes," said Vasquez. "I took advantage of study hall, and that's where I got a majority of my work done."

Before beginning her college education, Vasquez said she faced some tough barriers during her senior year of high school.

"My family and I moved to a different area in Spanaway, and Graham was in the same school district as Bethel," Vasquez said. "I was ineligible to play, after I was turned down by the WIAA multiple times, and could only practice with the volleyball team."

Being restricted to the sidelines was hard for her. She feels sitting gave her time to help her teammates out, and learned to be more of a team player.

"I was awarded the sports-



Kaley Ishmael/THUNDERWORD

*The 2011 Player of the Year, Aurora Vasquez, ended the season No. 1 in the West for kills with 193 in 46 games. She has also held a grade point average of above 3.5 during her two years at Highline.*

manship award in the state tournament," said Vasquez. "Even though I wasn't playing, I was into the games and cheered my teammates on."

But being unable to play meant she still hadn't been recruited by any colleges.

"No one showed interest in me, because I didn't get to play at Graham," said Vasquez. "Coach Littleman was the first to show interest, and I was given a full-ride scholarship. I'm happy I chose Highline rather than the other NWAACC teams that wanted me after I signed."

In her first game, Vasquez said she was nervous.

"A few days before the match against Green River there were sisters who quit the team," Vasquez said. "Later there was another girl that joined, but was still rusty from not playing in two years." It was just stressful, and I probably had one of my worst games for Highline."

The Gators ended defeating the Thunderbirds.

The Thunderbirds, with the help of Vasquez, ended the 2010 season second in the West Region with a league record of 7-5, and 22-21 overall.

Her freshman year, she played in 43 games, was ranked No. 7 in hitting percentage with .296, No. 2 in kills with 205, No. 25 in serve aces, and No. 5 in blocks with 15 solo and 29 assisted blocks.

She had a season high of 28 kills in multiple games in the season.

"Coach [Littleman] told me I should have won player of the year as a freshman, but I was runner up because they [NWAACC] didn't want a freshman to be awarded player of the year," said Vasquez. "I didn't worry too much, because being selected first team was

still a great honor."

But the NWAACC didn't turn her down her sophomore season.

Her second year at Highline, Vasquez was awarded 2011 NWAACC Player of the Year.

Being the only returning player on the 2011 squad, Vasquez said she felt the need to lead.

She said knew she could relate to what the women felt going into their freshmen year.

"As an older player on the team, I knew I had to help the younger players learn the Thunderbird way," said Vasquez. "I knew I could relate to some of the ways the girls felt before the start of the season."

The Thunderbirds ended the 2011 season as West Region Champs, with a 9-3 league record. Head Coach Littleman was chosen as the NWAACC Coach of the Year as well.

The 'Birds lead the West Region in hitting percentage, offense-hitting percentage, and assist, and were No. 2 in kills and blocks, and were No. 4 in digs.

In 46 games, Vasquez totaled 193 kills, averaging about four kills per game. She was No. 1 in the West for kills, No. 4 in

hitting percentage, No. 22 in service aces with 16, and was No. 10 in digs with 124.

"This season was exciting, not just because I was selected player of the year," said Vasquez. "We all as a team took a lot from the Brazil trip we took before the season, which helped us winning the West Region."

Playing Division I volleyball, and pursuing pre-med courses next fall at WSU, she will continue to challenge herself.

"Just like any other young girl, I wanted to be a veterinarian, because I've always like helping people and was interested in the medical field," Vasquez said. "I changed my dream after time, because of the whole thought of pre-med interested me."

She said after taking all the science classes at Highline, she discovered that science was her favorite.

"I want to be able to be done with school as soon as possible, since I'll be in school for so long," said Vasquez. "So I just don't waste my time, and get help when I need it."

Support from family and others has meant everything to her.

"My parents support every decision I've made," Vasquez said. "My dad was really excited when he got the news that I would be staying in Washington state, and playing at WSU."

She said she appreciates the amount of time that the coaching staff has devoted to her.

"My two years spent here, Coach Chris and his dad, assistant coach John [Littleman], have devoted so much of their time to me," said Vasquez. "Being able to go travel to Brazil, and meet the Olympic team was a once in a lifetime experience I experienced as a Thunderbird."

Though Vasquez said she is going to miss a few of her professors, she said she won't miss waking up early for the long commute from Spanaway to Des Moines.

"The long hours I've spent driving and sitting in traffic is something I won't miss next year," Vasquez said. "I will definitely miss how small the classes are here. Angi Caster was my English professor for 101 and 205, she taught me English, and she taught me about life."

This fall, Vasquez said she isn't planning to work an overnight job, but said she can't predict the future. She said she wants to continue to work hard, and help others that are in need.

"I'm not totally sure if and when I'll work," said Vasquez. "I'm looking forward to the hard work it's going to take to continue my success n at WSU."



Aurora Vasquez





# A ROOM WITH A LOT OF VIEWS

## Highline hosts its annual Portfolio Show

By **ERIKA WIGREN**  
Staff Reporter

In one corner there were waves riding the shore of Dash Point, a young couple kissing in celebration of their engagement, and a man dressed in rags on the side of the road.

In another corner there was an eerie green monster with a laser and tentacles like an octopus, next to an avant-garde logo and a vintage style bedroom.

All of this was in one room at the annual Portfolio Show put on by the Visual Communication, Interior Design, Drafting Design, and Photography departments.

The annual Portfolio Show was held on Monday and Tuesday to show off the graduating artists in each department.

Every department featured various graduates, all with a passion for designing, drawing, and photography.

The Portfolio Show ran from 9 a.m. to 4 p.m. and then from 5 to 8 p.m. in Building 8, and students were able to walk through and see different works from the graduating students.

Tamara Hilton, the program

manager for the Interior Design and Drafting Design programs said that all of the students worked hard to put on a good show that showcased the very best of their works.

"It [was] a good way to find out more about these programs and see what the students have completed during their time at Highline," Hilton said.

Among the students who were featured was Mike Hanson, a graduate from the Visual Communications Department.

"A lot of things inspire me," Hanson said. "I enjoy doing logos, and I am mainly influenced by comic books, specifically independent ones, as well as street art. Pop culture tends to leak into my art."

Hanson said he is excited to be graduating from Highline and hopes to get a job in anything that utilizes his Visual Communications degree.

Megan Pardi, who is also a Visual Communications graduate, has been at Highline for four years and said that she is happy she found a career in something she loves doing.

"When I got into the program I didn't know how well

I could draw, or how well I could do graphic design, but I found that I really enjoyed the program and now I work as a graphic designer for a construction company," said Pardi.

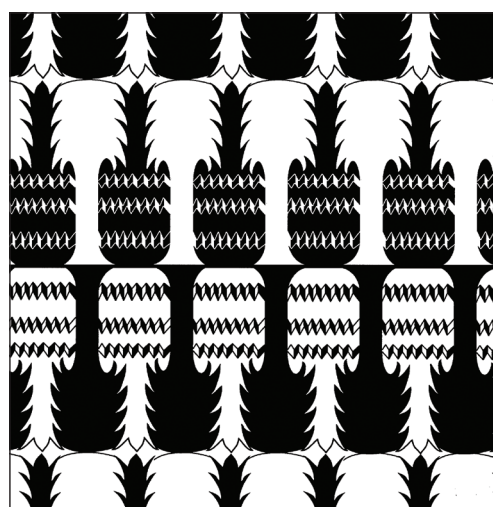
Pardi said she likes that graphic design allows her to communicate messages through pictures and designs.

"I love how I can communicate someone's messages simply with images," Pardi said. "Now I work in a job that I love. I am excited to go into work every day and unlike a lot of people who hate their jobs, I love mine."

Interior Design graduate Carin Gratzer said she is enthusiastic about graduating and to continue working in interior design.

"When I was a little girl I found myself decorating my room and changing furniture. Growing up I played Sims and loved decorating the houses in it, but I never thought of it as a career," said Gratzer.

Gratzer said when her step father started creating his dream house when she was a teenager she became interested in interior design.



Works from graduate students Carin Gratzer (upper left), Jasmine Cawley (above), and Austin Seeger (left) were all featured at the annual portfolio show on June 4 and 5.



Visual Communications graduate Mike Hanson had his artwork, above, displayed at the annual portfolio show.

"This summer I have an internship that I am very excited for. Hopefully afterwards I can get a job with the company," Gratzer said. "In the future I

would love to branch out and do my own thing."

To view the graduates works and portfolios go to [hccportfolios.com](http://hccportfolios.com).



# Highline's 'Live!' makes its audience laugh, cry

Highline's latest production brings light-hearted fun to a serious subject

By **HIEN HONG**  
Staff Reporter

A sense of hopelessness and tragic undertone can be humorous, as demonstrated in Highline's production of *Live! From the Last Night of My Life*.

The play stars Matt Johnson as Doug Sample, a low-spirited convenience store employee who plans on taking his life after his shift ends.

With highly vulgar dialogue, fighting, dance routines, and roller skating, Doug complains about his life, sharing with the audience his experiences and imaginations; all in the convenience store.

The stage, brilliantly designed by Rick Lorig, is decked out to be a 1990s convenience store.

It includes racks filled with chips and candy, three coolers filled with drinks, a magazine rack, and a slushee machine.

A bell was also installed on the door and chimed whenever somebody walked in.

The most impressive thing about the set is the doors, two

of which are disguised as coolers. In total, there are five entrances.

The lighting designed by Craig Wollam illuminates the convenience store in a modest manner, adding onto the reality of the setting.

In addition, colorful party lights were installed on the floor in front of the stage, as part of a scene reminiscing one of Doug's memories in a skating rink.

The script is high in profanity but gets the point across quite well. Half of the script is Doug's imagination and the other half is about what's happening.

During his shift, Doug gets visits from his sorry ex-girlfriend, played by Taylor Hook; and a group of quirky friends including a feminist, played by Amanda Rae; a wannabe revolutionary, played by Ian Cawley; and a drug user, played by Beau Gitau.

Doug also imagines seeing his parents, played by Zach Ginther-Hutt and Deena Chapman; his ex-girlfriend from 6th grade, played by Tiana Ross; and his personal hero from *Grease*, Danny Zuko, played by Justin Hartinger.

Likewise, Doug also meets John Travolta, played by Zach Ginther-Hutt.

Despite Doug's tragic cir-



Erika Wigren/THUNDERWORD

Actor Matt Johnson rehearses a scene with the uncredited star of the show; a display for Big Jack Energy Beer that obnoxiously interrupts scenes throughout the show with a crude advertisement.

cumstances, laughter happens naturally in almost every scene of the play.

Unpredictable situations occur in every scene.

Overall, the acting is excep-

tional. Johnson convincingly portrays Doug as a young man filled with despair.

Besides the main character, Hartinger's acting as Danny Zuko is outstanding and entertaining.

In particular, Beau Gitau's acting is memorable and hilarious as a drug user who visits Doug.

The play is interesting and offers many moments to sympathize with Doug and to laugh at his absurd experiences.

*Live! From the Last Night of My Life* was written by local playwright Wayne Rawley and first performed by Theater Schmeater in Seattle.

Directed by Debra Pralle, Highline's production is only the third one done so far.

Pralle's ambitious choice of plays pushed everyone involved and produced spectacular results.

Although the play is a little more than two hours long, it doesn't feel boring.

On preview night last Wednesday, the performance of *Live! From the Last Night of My Life* received a standing ovation.

The show will be playing for three more nights from June 7-9 at 8.

Doors open at 7:30 p.m. in Building 4, room 122. Tickets are \$7 for students and \$8 for general admission.

## Gamers battle for honor, glory, substantial prize money

By **DAVID NORWOOD**  
Staff Reporter

Gamers from around the world flocked to the Highline student union to compete in the Northwest Majors 4 video game tournament.

Highline played host to more than 250 fighting game enthusiasts last weekend. There were over \$6,000 in cash prizes and over \$8,000 in give a ways.

Competitors were mostly Northwest locals from Seattle, Portland and Vancouver areas but some came from as far as San Jose and even Singapore.

A common misconception is that the competitors practice non-stop.

"I've been gaming competitively for 10 years. When preparing for a competition, I practice maybe 1-2 times a week for a few hours," said Ricky Ortiz who is considered one of the best gamers in the U.S.

"I learned to play fighting games from my dad, when I was about eight he started taking me to the arcade."

"Last year at Evo I didn't do

too well. I think I finished in the top 32 (out of around 4,000) but the year before that I was second," said Ortiz.

Ricky Ortiz was the grand champion of both *Super Street Fighter 4: Arcade Edition* and *Street Fighter X Tekken*. He also took third place in *Ultimate Marvel Vs. Capcom 3*.

Northwest Majors 4 only involved fighting games. The games played were: *Super Street Fighter 4: Arcade Edition*, *Ultimate Marvel Vs. Capcom 3*, *King of Fighters XIII*, *Street Fighter X Tekken*, *Mortal Kombat*, *Soul Caliber V*, *BlazBlue: Continuum Shift Extend*, *Tekken 6*, *Super Street Fighter II Turbo*, *Virtual Fighter 5*, *SkullGirls*, and *The High Rollers Mystery Game*.

The games with the most entrants at the tournament were *Super Street Fighter 4: Arcade Edition*, with the total cash prize money at \$940 and first place taking \$610.

Next was *Ultimate Marvel Vs. Capcom 3*, with the total cash prize money at \$730 and first place taking \$474. Then

was *SkullGirls* with the total cash prize money at \$460 and first place taking \$300, said Chris Anderson, the event director.

With its recent release on April 10, this was one of the first tournaments that *SkullGirls* was featured in. Autumn Games, the developer of *SkullGirls*, was one of the sponsors.

They also donated a custom fight stick to be given away at the tournament, said Anderson.

The tournament had a \$40 registration fee and then \$10 fee for each game you wanted to compete in.

Prize money was divided between the top three winners with first place taking 70 percent of the cash winnings, second place 20 percent and third place 10 percent, said Ryan Faillace, one of the event organizers.

Jason Cole, whose gaming name is Afro Cole, is a legend in the fighting game community. He started playing fighting games competitively in '94.

"When I was in high school, tournaments started happening

and I kept on winning them," said Cole.

"The furthest I've gone for a tournament was Tokyo in 2002," said Cole.

Competitive gaming continued to grow and in '99 the first international gaming tournament took place between the US and Japan, said Cole.

Northwest Majors 4 is a "Road to Evo 2012" tournament where gamers get to compete against other top level competitors before Evo 2012.

Evolution Championship Series, referred to as Evo, is the largest video game tournament in the world. It started as a 40-man tournament in '95 called Battle by the Bay, it continued to grow and took the name Evolution in '02.

"Early Evo was around 50-60 people, now it happens every year in Vegas at Caesars Palace and has between 4,000-5,000 competitors," said Faillace.

It wasn't just gamers facing off against each other, the participants set up their own little wager. Each fighter from *Super Street Fighter 4: Arcade Edition*

is auctioned off starting at \$5.

After all the characters are bought they have a single elimination tournament where the computer fights, so it's PC Vs. PC.

If the fighter that the competitor bought in the auction wins then that competitor takes the entire pot. The most expensive fighter sold was Zangief, who went for \$180.

Another North westerner at the tournament was Rattana Phanthourath, also known as Superat169.

"I've been gaming competitively for close to 15 years, the first tournament I was in was when I was 15 years old," said Phanthourath. "It's something you do for fun. If you're good you start testing yourself."

"I started competing in the Northwest and I was winning all the tournaments. The furthest I've gone for a tournament was Seasons Greetings, 2010 in Cleveland."

"He has a wife and kid now so he doesn't compete too much but he is one of the best gamers I have ever seen," said Faillace.



# Rocker girls in pearls

Seattle rock band The Juliettes release debut album, *Clutch the Pearls*

By **ERIKA WIGREN**  
Staff Reporter

Local all-girl fierce, foxy, and fabulous rock group The Juliettes is taking over Seattle stages this summer.

The Juliettes is a rock band from Seattle who is currently celebrating the release of its first album, *Clutch the Pearls*.

The Juliettes consists of singer Julie Mains, guitarist Liz Aday, bassist Lissa Ramaglia, and drummer Eva Dizon. Mains said she had the idea for an all-girl band three years ago while doing a charity rock concert.

"Many [of the musicians] were in their 50s and 60s and all except for one was male. I looked around at these men - all considered still sexy and relevant - and wondered why women aren't given the same status, especially in the age of [the] Cougar? The grown-up sexually independent, power woman," said Mains. "So I took some of them aside and pitched the idea of an all-woman band, rocking hard, and absolutely unapologetically."

Mains said she instantly received support from fellow musicians Mark Hudson of The Hudson Brothers and Eric Bazilian of The Hooters, who offered three "great songs" for the album project.

"I asked Liz Aday right away to come play guitar and sing. We hadn't worked together yet, but she played in bands with some of my bandmates," said Mains.

"Also, she is known to be a very gifted and prolific writer."

Mains said she then asked local drummer Rick Bowen if he knew any talented female bass players.

"He said absolutely - Lissa Ramaglia - who then came on board. About two weeks later, Lissa met Eva Dizon at a gig and called me to let me know we had our drummer," Mains said.

The women then formed The Juliettes and Mains said they are stoked about their album.

"This album is a fist-to-groin, cigar-chomping, gin-swilling, tiara-wearing, ear-bleeding rampage of rock 'n' roll. It's called, *Clutch the Pearls* for a reason," Mains said.

Mains said the band has its own style of music that is inspired by the band member's children, and artists such as Pat Benetar, The Ramones, and Green Day.

"We call our music, 'pump rock,'" said Mains. "It's pop, it's punk, it's rock by women. Fist-pumping, pelvic-pumping, pump-wearing rock."

The Juliettes have performed mainly in the Seattle area but plan on traveling around the globe.

"We perform all over the Seattle area and recently made the road-trip up to Bellingham. Our future plans include Australia and Europe. We all have valid passports and would like to spend more time rocking planet Earth," said Mains.



Cleary O'Farrell Photography

The Juliettes from left to right: Eva Dizon, Julie Mains, Liz Aday, and Lissa Ramaglia.

This summer will mostly include performing at festivals and venues in Washington, Mains said.

"We play at the all-ages venue 88 Keys on a semi-regular basis. This summer, we will be at The Comet, Big Al's Brewery, and Louiefest," said Mains.

To The Juliettes, helping and supporting others is an important part of its music.

"Sometimes we even get the pleasure of using our art to help people," said Mains. "This fall, we will be doing a benefit for the Women's Funding Alliance at the Hard Rock Cafe. This past winter we helped raise money for Marriage Equality at Chop Suey, and Our Pledge-Music project raised money for Water First International, which

brings clean water to Third World countries."

The song *Hooray! You're Gay*, on the band's album is not only its first international release but 100 percent of the net proceeds will benefit equality education and at-risk gay youth through The Trevor Project.

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth.

Mains said that The Juliettes is a different kind of band that is all about having a good time, making music, and attitude.

"We are a family, and the process is very democratic. We love taking an idea that we've never heard another band cover

and write something fun and silly and smart and then put some spank on it," said Mains. "I love that moment right before one of our big power songs like *Jaegerbombed* or *Sorry 'bout Your Boyfriend*, or *Crave* when we all catch each other's eyes... right before it starts. I wish there was a way to bottle or even describe how that feels."

Mains said the band has high hopes for the future.

"We want to take our show on the road, we want to sell our art, and we want to make people happy. We want to sing about the things people are afraid to talk about. If you have a pulse, we want to rock your socks off," Mains said.

Visit [juliettesband.com](http://juliettesband.com) for more information.

## Chorale sings in celebration of Highline's 50th

By **ROSALEE VITENTE**  
Staff reporter

Highline's Music Department will take its audience on a musical journey around the world this afternoon.

Helping celebrate Highline's 50th anniversary the music department has created a concert titled Global Voices.

Global Voices encompasses music from all over the world and many Highline students have devoted 10 weeks of their lives for this particular performance.



Dr. Sandra Glover

"There is nothing as good as a live concert," said Chorale Director Dr. Sandra Glover.

The Global Voices concert is today, June 7, in Building 7 at 12:15 p.m.

The show is free and open to the public.

Dr. Glover invites anyone who is willing to appreciate good music.

The music represents a variety of places around the globe. Including places such as Italy, Africa and many more.

The students will be showing their appreciation of these different genres and eras of music through, vocal, chorale, guitar and piano.

This concert is the final in this year's three part series, Dr. Glover said.

The Music Department reviews and always studies a variety of new music from different periods of time each quarter.

"You will always learn new material in artistic communication," said Dr. Glover.

"We must realize that technology can create a detachment and we must try harder to maintain live communication."

Highline offers courses and ensemble work in such areas as music theory, history, vocal per-

formance, jazz band, and piano.

"Students who haven't been exposed to arts and humanities lack the ability to communicate in new settings," Dr. Glover said.

"Art, music and drama show the pattern of cultural communication and how it has developed over the years," Dr. Glover said.

"Students, faculty and administration need to work harder to support one another so that we can build a stronger bond within our college," said Dr. Glover.



# SIZZLIN' SUMMER SHOWS

Wide variety of musicians expected to heat up Seattle stages this summer

By **JESSE LEAUPEPE**  
Staff Reporter

Take a trip down memory lane or go back to the future with this summer's concerts.

Many artists and bands will be in the Seattle area throughout the summer season. You can experience everything from alternative rock to rhythm and blues and everything in between.

Artists such as Florence and the Machine, Ziggy Marley, the Beachboys, and Nicki Minaj will be performing in venues around the Puget Sound.

Kicking off this summer season shortly after the spring quarter on Friday, June 22 is Anita Baker, the R&B singer/songwriter.

She will be performing at the Emerald Queens Casino, located in Fife on 5700 Pacific Highway E. at 8:30 p.m. The show is for ages 21 and up and ticket prices range from \$50 - \$100. They can be found at ticketmaster.com.

The following day, June 23, is when Nickelback will be rock-

ing out at the Tacoma Dome located in Tacoma on 2727 E D St. The show is open to all ages and tickets can be found online at ticketmaster.com.

On Tuesday, June 26, Foster the People will be touring with the soulful Mayer Hawthorne and the County. They will perform at the WaMu Theater located in Seattle on 800 Occidental Ave S at 8 p.m. Tickets can be found online at ticketmaster.com for \$40 apiece.

This year's Rockstar Energy Drink Mayhem Festival is going to be filled with a variety of heavy metal bands. The festival will be held at the White River Amphitheatre, located on 40601 Auburn Enumclaw Rd. in Auburn, Washington.

There will be many bands performing at the festival. Such bands include Slipknot, Slayer, Motorhead, Anthrax, The Devil Wears Prada, and As I Lay Dying. Tickets range from \$30 - \$85 and can be found at ticketmaster.com.

The Beachboys will be traveling the world for their 50th



KEROSENE PHOTOGRAPHY

*Owl City, famous for his songs Hello Seattle and Fireflies, will be in Seattle on July 23 at the Triple Door.*

anniversary tour. The '60s rock band will make a stop at the Chateau Ste. Michelle Winery, which is located on 14111 Northeast 145th st. in Woodinville. Unfortunately, the show has sold out very quickly.

Eldest son of the late and great Bob Marley, and the lead singer of the band Ziggy Marley and the Melody Makers, David "Ziggy" Marley will be in Seattle at the Woodland Park Zoo located on 601 N 59th St. on July 19 at 7 p.m. This show has sold out.

Seventies funk band, Earth, Wind & Fire will be bringing you "September," in the month of July. One of the stops of the bands current tour is on July 20 at the Chateau Ste. Michelle Winery located on 14111 NE 145th St. in Woodinville. Tickets for the show range from \$201 - \$260 and can be found

online at stubhub.com.

The White River Amphitheatre will be expecting the indie pop band Florence and the Machine on July 21 at 8 p.m. Tickets for their show range from \$30 - \$70 and can be found at livenation.com.

The next night, at the Showbox SoDo located on 1700 1st Ave. South in Seattle, is when West Coast rapper Snoop Dogg will be bringing down the house. Tickets for the show are selling quickly, however, the available tickets range from \$74 - \$93 and can be found at stubhub.com.

The artist of the viral hit, *Hello Seattle*, will be saying Hello to Seattle when he makes a stop here for his tour. Adam Young, who calls himself Owl City, will be at the Triple Door located on 216 Union St. in Seattle on July 23 along with

19-year-old singer-songwriter Jayme Dee. Unfortunately, the show has sold out.

On July 27, Neon Trees will be at the Showbox at the Market located on 1426 1st Ave. in Seattle at 8 p.m. The band recently released a new album and is excited to perform it for you. Tickets for their show range from \$58 - \$68 and are available at stubhub.com.

Nicki Minaj, the self-proclaimed "Female Weezy," is one of the most prominent female rappers to date. One of her concerts is scheduled to be at the Paramount Theatre, 911 Pine St. in Seattle. Tickets for her show are \$72 and can be found at stgpresents.org.

VIP packages, which include a meet and greet with Nicki and a photo with Nicki can be purchased online at mypinkfriday.com for \$250.

## Festivals kick off summer with fireworks, food, fun

By **CHAYCE BALDWIN**  
Staff Reporter

As spring quarter ends, summer festivals move into full swing around the local community.

Festivals planned for this summer continue on clear through July. Some are focused in one-day events and others span multiple days. They're all based in local communities and aimed at creating summer fun for everyone.

The Kent International Festival is a free event on June 16, 10 a.m. to 6 p.m. in the Kent Town Square Plaza.

It will include activities and attractions such as music, dancing, singing, a fashion show and ethnic foods from Irish to Thai and Cambodian dishes, said Dave Mortenson, 2012 chairman of the Kent International

Festival.

The focus for the festival isn't aimed at volume and profit as much as to "just have a day of fun" and as an attempt to "get people [of diverse cultures] to come together through food and entertainment and get to know each other," Mortenson said.

It's a celebration of the people in South King County, and everyone is welcome to attend, he said.

Burien's Carnival Days will kick off Thursday, June 14 and run until Sunday, June 17 at the Burien Town Square Park. June 14 and 15 it will begin at 3 p.m. and run no later than 10 p.m., and on June 16 and 17 begin at 11 a.m. and run no later than 11 p.m. Closing times will vary with weather conditions.

After that the local communities' Independence Day celebrations hit the calendar.

Tukwila's Family Fourth at the Fort will be at Fort Dent Park from 4 p.m. to 10 p.m. on the July 4.

It will including inflatable bouncers and slide for kids, food vendors and BBQ spots, and a firework show at 10 p.m. to end the holiday.

Fireworks Over Des Moines is a similar event starting at 6 p.m. at the Des Moines Marina North Lot, with the fireworks over the waterfront starting at 10 p.m.

SeaTac will also be cosponsoring Fourth of July Fireworks along with the Angle Lake Shore Club at Angle Lake Park at 10 p.m.

Earlier in the day, Burien will put on its Independence Day Parade starting at 3 p.m. in downtown Burien. It will include people and groups from the mayor of Burien to the Se-

attle SeaFair clowns and everything in between, such as antique restored automobiles and the robot team from Highline High School, said Brenna Arnesen, Marketing and Events manager from the Southwest King County Chamber of Commerce.

"It will be a feel good parade for the whole family," Arnesen said.

Kent's Fourth of July Splash lasts a little longer: spanning from noon to 11 p.m. at Lake Meridian Park. From noon to 5 p.m. will be a variety games and family activities such as a pie eating contest, a showcase of local talent, and the T-Bird Puck and Shoot, followed by stage shows, and a fireworks show finale at 10 p.m.

On July 13 the Des Moines Art Commission is sponsoring the Shakespeare in the Park at

Beach Park Meadow. The production "Twelfth Night" will be from 7 p.m. to 8:30 p.m.

At the same time, Kent Cornucopia Days will be going on July 12 through July 15.

Activities and events are plentiful and include a four day long Funtastic Shows Carnival and South King County's largest parade, the Kent Cornucopia Grand Parade, in downtown Kent featuring almost 100 entries.

Des Moines's Waterland Parade takes place on July 21. It starts at 5:45 p.m. with the Children's Parade in downtown Des Moines.

To finish the summer is Tukwila Days Kids' Festival on Aug. 11, noon to 4 p.m. A free event located at Cascade View Park, the day will include stage shows, interactive booths, meet and greet characters and more.



Fashion designer brings art into luxury

By JOSEPH PARK  
Staff Reporter

Fashion designer Tanya Min Jee is not afraid to reintroduce the little black dress.

Her 2011 collection is an exhilarating blend between the Seattle melancholy and James Bond chic.

The black cocktail dresses are clean, crisp, and cutting-edge. The New York Fashion Academy graduate has engraved delicate vertical and horizontal grain lines on the skirt and bodice of the dresses, conjuring images of a Zen garden in the middle of a vibrant cosmopolitan. The subtle grain lines also help accentuate the wearer's frame.

Blotches of white and gray paint add a certain quirk to the overall look, as if to play on the idea of imperfection – blemishes that add brilliance to the dark and gloomy.

The 2010 collection, on the other hand, has more strength; it is bolder and more radiant.

The white and black contrast near the hem of a tweed trench coat kindles a pristine finesse only seen in avant-garde architecture.

"My dad was an architect [and] I used to build houses with [him]," Jee said. "Since at a really young age, I was interested in art."

One of the dresses has a white ruffle-skirt with shocking red lining underneath the petals, which offers an ironic image of classy flamboyance.

Jee's clothes cost from \$300 to \$1500.

"I know I was meant to be a fashion designer...I knew at a really young age I wanted to do fashion," Jee said.

Despite earning first place



The white ruffle-skirt with shocking red lining underneath the petals offers an ironic image of classy flamboyance.

in the Vancouver Fashion Week and placing second place in the Seamless in Seattle competition in 2009, Jee has taken an indefinite hiatus from her own design label.

She said that while developing her most recent collection, she found it difficult to find a medium between the artistic and the corporate side of fashion design.

"Fashion is business, [but] I looked at it purely as an art," Jee said. "All artists will question themselves, 'Is this what I want to do in life?' One of the things I learned to do is block the noise.

Whether negative comments or people, don't listen to the noise. They will always put you down."

Another factor that has influenced Jee's decision to postponing her creative work is her unwillingness to compromise her aesthetic vision over financial success.

"I am constantly hungry for beautiful work. I have a very high standard. I do everything custom-made," she said. "[My clothes] are more exclusive, one-of-a-kind, artistic work, not ready-to-wear."

Jee currently works as a

buyer for a "nationally branded sales floor" with the intention to form connections in the cut-throat business of beauty and glamor.

Jee hopes to find a sponsor that can give the Tanya Min Jee label the same kind of artistic freedom that Christian Dior and Alexander McQueen enjoy.

Like the great fashion icons mentioned above, Jee said that she aspires to conquer the world of high fashion someday. Her weapons of choice: perfumes, shoes, accessories, and women's wear that scream "luxury."

"My vision is definitely designer luxury. My dream is to own an empire," said Jee. "Hopefully I will get there. I know I want to put my taste in everything."

Assembling fabrics into adorable garments is not the only goal Jee has in mind. Underneath all the stitching and draping, lies the mark of an artist, Jee, who communicates ideas through wicked style and personality.

"Self-expression is important [to me]," Jee said. "Things are never set in stone. I do see myself in something more creative in the future. I am very open at this point. The hiatus will end [when] I'm ready – full blown, the way I want it to."



Tanya Min Jee



•This is the last weekend for Highline's production of *Live! From the Last Night of My Life*. The production is about Doug, a convenience store clerk who is contemplating committing suicide at the end of his shift. The production will run tonight, Friday, and Saturday at 8 p.m. in The Little Theatre in Building 4. The doors open at 7:30 p.m. and tickets cost \$7 for students, \$8 for general admission.

•The 7th Annual Seattle International Dance Festival *Beyond the Threshold* continues this weekend and runs until June 10. The event includes dances from Finland, Switzerland, West Africa, Germany and France. The international series will take place on June 8 and 10 at 8 p.m. It will take place at Raisbeck Hall located at 2015 Boren Avenue in Seattle. The Spotlight on Seattle event will be held today, June 7 at 7:30 p.m. The event will also be at Raisbeck Hall. Tickets to most performances are \$20 in advance, \$25 at the door (students/seniors are \$15 in advance \$20 at the door). All details, including performance times, locations and ticketing information are available at [SeattleIDF.org](http://SeattleIDF.org).

•The Tacoma Art Museum is featuring The Marioni Family's glass art. The collection will be in the museum from June 9 through September 23. The museum is open Wednesdays through Sundays from 10 a.m. to 5 p.m. Admission prices range from \$8 to \$25. Children 5 and under are free. For more information contact 253-272-4258 or visit [TacomaArtMuseum.org](http://TacomaArtMuseum.org).

•In celebration of 50 years, Highline is hosting a free concert for the campus and local community on June 11, from 6-8 p.m. in the Student Union. The concert will feature Jr. Cadillac, a rock band from the Northwest. Cake and refreshments will be served and anyone is welcome to attend. For more information visit [highline.edu/50thParty](http://highline.edu/50thParty).

•Seattle Men's Chorus presents their summer concert, *Sing Out*. The concert will be held on June 22 and 23 at 8 p.m. at McCaw Hall at 321 Mercer St. in Seattle. Tickets to performances are between \$20 and \$65 and available at [SeattleMensChorus.org](http://SeattleMensChorus.org) or over the phone at 206-388-1400.

Puzzle answers:

Even Exchange

answers

PHUN WITH HOMOPHONES

P	L	A	Z	A		O	D	E	S		M	A	S	S
R	O	S	I	N		F	E	L	L		I	T	C	H
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W	E	L	D		E	A	T	S		S	N	A	K	E

1. Absent, Assent
2. Relief, Belief
3. Bench, Bunch
4. Greet, Green
5. Staple, Stable
6. Gravel, Travel
7. March, Match
8. Phone, Phony
9. Farmer, Firmer
10. Mouse, Moose

Weekly SUDOKU

Answer

3	5	2	9	6	7	1	4	8
1	6	8	5	4	2	7	3	9
7	4	9	3	1	8	5	6	2
6	2	5	4	8	9	3	7	1
4	9	7	6	3	1	8	2	5
8	3	1	2	7	5	4	9	6
9	1	6	7	5	4	2	8	3
5	7	3	8	2	6	9	1	4
2	8	4	1	9	3	6	5	7



# Highline students hit right notes in talent audition

By **MICHAEL SALLEE**  
Staff Reporter

Two Highline students will be performing at the summer Beach Park concert called Des Moines Got Talent.

The show is Aug. 8 at Beach Park in Des Moines from 7-8:30 p.m.

Eighteen Highline students auditioned for Des Moines Got Talent.

Zaina Badawy, a singer and Donovan Smolich, a break dancer are the two Highline students that made the cut.

Badawy's sang the song *Realize* by Colbe Caillat, while playing her guitar as well for her solo audition.

"I have been singing ever since I was able to carry a tune," said Badawy.

"I have always been looking for music festivals and things I can experience my love for music," said Badawy.

"Singing is my passion," she said.

Baawy continues to play and sing daily and hopes to make something out of it someday. she has already gone on the popular television show The



Michael Sallee/THUNDERWORD

*Ziana Badawy and Donovan Smolich will be showcasing their talents at the Des Moines Got Talent concert on Aug. 8.*

Voice to show her talents there. Though she did well, she came up short in the end.

The other finalist was Smolich, who literally practices his acrobatic stunts nearly every

day in the Student Union.

"I only did Des Moines Got Talent because Zaina told me

I should do it with her. If she would have never done that, I probably would have never done it at all," said Smolich.

Smolich takes his dancing very seriously. He has a dance crew called the Rhythm Rats, which dances in local competitions.

Smolich has been dancing competitively for the last six years.

"Dancing is a great way to express yourself," said Smolich.

"I dance because it is fun and something I enjoy doing," he said.

Smolich likes to dance to hip-hop music, house music and dup step.

Smolich usually starts off at a slower pace with a little footwork and gradually builds up to perform his more eye-popping moves.

Smolich's legs will be in the air twisting and twirling as he lifts himself up with his arms and ends up in a one-handed handstand.

"Dancing is a healthy lifestyle and it is my way of staying in shape," said Smolich.

The concert will be free and open to the public.

# Your imagination will soar at Museum of Flight

By **JACOB YOUNG**  
Staff reporter

One of the largest air and space museums in the world is right here in Seattle.

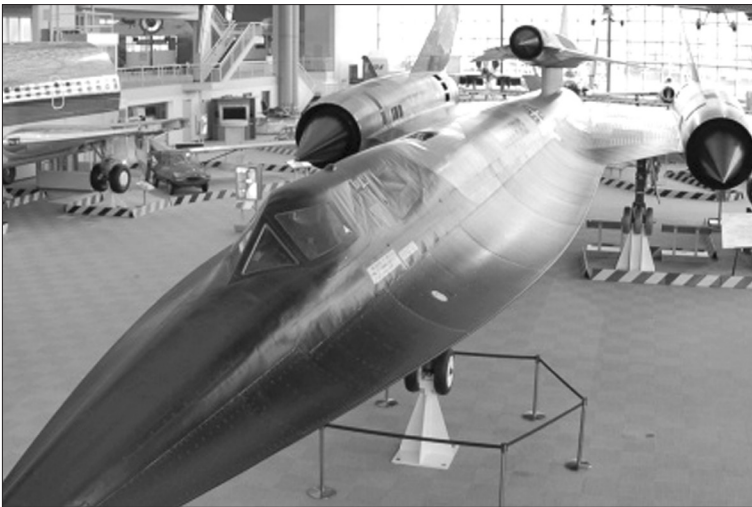
Many people have heard of the Museum of Flight but some may not know how much history it literally holds.

Located south of downtown, at the south end of Boeing Field at 9404 East Marginal Way S., the non-profit museum is one of the largest air and space museums in the world.

Attracting more than 400,000 visitors annually, the museums aviation and space library is the largest on the West Coast. General admission is \$17 for adults, seniors (65+) \$14, youths (5-17) \$9, children (4 and under) free, active military \$14, adult groups \$14, senior groups \$12, youth groups \$7.

One of the attractions at the Museum of Flight is the Red Barn, the original manufacturing facility of Boeing, which was responsible for the assembly and production of all the early Boeing airplane models until Boeing built its second plant in 1936.

"It is actually the real building where Boeing once produced their aircraft," said Mike Bush, director of marketing and public relations.



*Calling the Mothership! Soaring through the air at speeds more than Mach 3, the M-21 Blackbird was the fastest and highest flying jet in history to have a pilot.*

The museum also holds flight and space artifacts. There is the collection of NASA astronaut Deke Slayton's personal daily pocket planners from the years 1963-76 and 1991-1992.

Along with that, there are more than 200 plane engines, including a very rare Walter HWK 109.

The Walter HWK 109 was a rocket-assisted take-off pack the Germans put on airplanes and missiles to assist takeoff in WWII.

Powering the Messerschmitt Me 163 aircraft and Bachem Ba 349 missile, the Walter HWK 109 helped the Luftwaffe fly unmanned missiles into enemy

territory while helping it's air fleet break speeds unseen to man at that time.

Of all the attractions at the Museum of Flight, the one that catches many people's attention was the room full World War I fighter planes. There you can read profiles of pilots who flew the planes and see what tactics they used in the "war to end all wars."

One of the more intriguing planes on display is the M-21 Blackbird. Nicknamed "The Mothership," the Blackbird is the fastest, highest flying piloted jet in history.

The Blackbird flew through the air at speeds more than

Mach 3 and flew at altitudes more than 85,000 feet. The Blackbird was used for carrying unpiloted drones which gathered intelligence in hostile territories.

Ten World War II fighter planes are featured at the museum right now, all of which have pilot profiles of how they spent their time in war and how they viewed it.

Along with the profiles, there are movie stands when you can sit and see a short video showing war footage and interviews.

Coming soon to the Museum of Flight is the Bell "Huey" UH-1H Iroquis helicopter, the 2012 Spirit of Flight photography exhibition, and the long awaited NASA FFT Space Shuttle Trainer.

The UH-1H Iroquis helicopter nicknamed "Huey" was flown by B Company 158th Aviation Battalion during the Vietnam War and took part in the biggest helicopter assault in the war. The process of installing the helicopter began on May 25.

The fourth annual Spirit of Flight exhibition will open June 30. The exhibition shows pictures which express a "spirit of flight" feeling. Last year 100 photos were submitted and 34 were chosen.

"We have more entries this

year than any year previous. I can't put an exact number on how many applications we have but we have many pictures to choose from," said Bush.

The long awaited NASA Space Shuttle Trainer will be leaving its longtime home at the Johnson Space Center in Houston. And making itself home at the Museum of Flight sometime this summer.

The larger components of the shuttle trainer will arrive by air from NASA's famous Super Guppy transport aircraft on June 16. A timeline for the completion of the shuttle trainer is still being determined.

"You will be able to walk through the Space Shuttle Trainer and see everything but you cannot sit in the cockpit," said Bush.

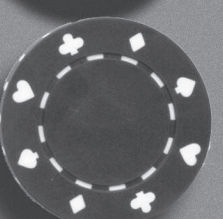
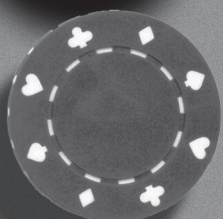
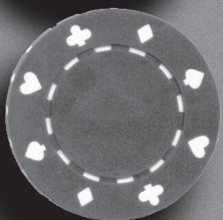
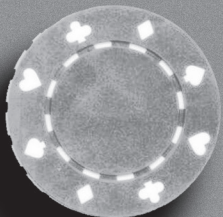
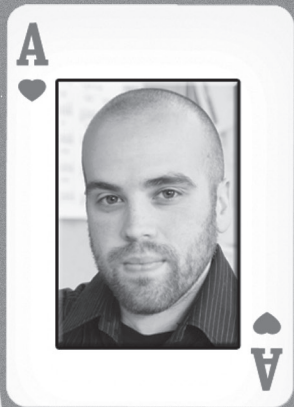
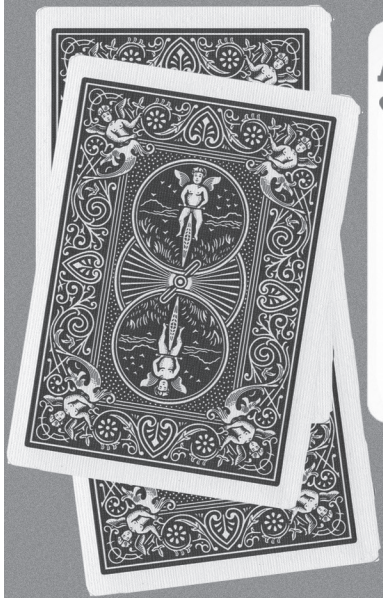
The shuttle trainer has been used in every shuttle mission to get the astronauts ready for takeoff and rendezvous in space.

It was used for testing new upgrades to the shuttle fleet and astronaut training such as extra vehicular activity and emergency egress. The trainer is an exact model of a real shuttle that would leave earth's orbit but without the wings.

For more information, visit the Museum of Flight's website at [museumofflight.org](http://museumofflight.org)



# HIGHLINE'S SEVEN



SEVEN  
GAME-CHANGING  
GRADUATES  
FROM THE  
CLASS OF 2012

\*THE INSIDE SCOOP\*

THE THUNDERWORD  
MAGAZINE



# NUMBERS GAME

## Eight quarters later, it all adds up for Kyle North

By **GABI PAULSON**  
Staff Reporter

Kyle North was not always a fan of mathematics.

"I was completely horrible at math," he said. "I saw no use or purpose to it."

North, 26, is now finishing up Math 254 and will graduate from Highline this spring.

North appears to be an average person; he wears jeans and a T-shirt, making no statement with looks or clothing. It's the calm, unassuming manner that he takes on while talking or explaining and the intent expression of his green eyes that begin to reveal his solid focus.

Starting from Math 81 in Winter Quarter 2010, he has taken nine successive math classes at Highline.

"I've been taking math for all the time that I've been here, even in the summertime, non-stop," North said.

Since physics is his undergraduate degree, that required taking several math classes. During that time, North developed a different view of math.

"It's the median between us and the world," he said. "It can describe everything."

Originally, North came to Highline after he graduated high school in 2004. He didn't stay long, leaving after Winter Quarter 2005.

"I decided that school wasn't my thing," North said. "I wasn't doing anything. I wasn't doing anything in my classes and I didn't have a major, so I just left."



He began working full-time and forgot about school. Several years later, however, North's situation changed.

"I was working at a call center at the time. I had been living with my grandmother. She was really my only relative here, and she passed away," he said.

"I was on my lunch break at the time, trying to figure out what I was going to do with myself because a lot had changed in my life during that period. I felt like I was at a point where I had nothing to lose.

"Because I felt like that, I had an opportunity to go back to school even though I had been avoiding it since I left. I figured I love astronomy. Since I have nowhere to go but up, I might as well go for the hardest field that I can think of, and I chose astrophysics."

North said that his grandmother had encouraged him to go back to school.

"She put away funds for me if I decided to go to school. She definitely thought it was a great idea," he said, "but by the time I did go back to school, she passed away."

Back to school he went, and now that North is leaving Highline to further his education, he said that he'll miss it.

"I would describe it as the initiation process," North said.

He thinks that Highline is a really useful place to start.

"Most of the time, people are trying to figure out what they want to do [while] in college, and that's usually what you want to do before college," North said.

"So Highline is actually kind of the perfect place for that, to figure out what you want to do before you go for the long-haul, because universities, they're very expensive and they're very big too. It's very hard to get work done when you're in a classroom with 500 other students," he said.

Even if you know what you want to do, "I would say that Highline is the better way to go...because you just have a ton of resources," North



*Graduate Kyle North has taken eight quarters of math classes at Highline, he says focus and determination are key.*

said. "It's like the best of both worlds."

"You have access to the professors, so you have everything you need, and it's affordable, with plenty of scholarships, grants and funds to supplement you."

North said that he feels ready to continue his education because of Highline.

"It wouldn't have been without all the support from my professors and the amount of work that they put on you to prepare you," he said.

He said he really appreciates the professors that he has had over the past two-and-a-half years.

"I have so many good things to say about my professors," North said. "I've built great relationships here."

"One of the things I'll definitely remember Highline for is my Intro to Philosophy [class]," North said. "It was the most wonderful class I've ever taken, with Todd Trembley."

"Ed Morris was my Math 91 teacher," he said. "He helps give you motivation, drive and purpose not only to your time here at Highline, but in the field of mathematics. He really builds students up.

"Dusty Wilson, he is ready and willing to help any and every student," said North.

"And I like how he goes through the proofs. He really goes through things to help you

understand them in the upper calc classes. And he's very sociable, so it's easy to become friends with Dusty.

"Erik Scott, he was my calc one teacher. He will get in there with you at the Tutoring Center and he will be there to help you. He takes time out of his own schedule to help students out. He even went as far as to spend a weekend just for a question I asked him.

"I enjoyed Allan Walton's class [too] because he goes through every proof. In fact, he'll get upset if he doesn't go through all of them. He has helped me on everything that I asked for help. And yes, I laugh at his jokes."

Thanks to such support, North has been able to work through obstacles.

"I'll probably be the first in my family to attend and graduate from a university," he said.

Transportation was sometimes an issue, one among other obstacles that North listed as well.

"Big obstacle: Me making my own food. It's such a time-absorber," said North with a laugh.

The most difficult obstacle had to do with "focus and study habits," he said.

"It's been a long road of eventually changing my pre-college habits into my work habits."

The key, North said, is hav-

ing a purpose.

"Knowing what you want to do, like what kind of degree or what kind of field of work you want is imperative to your performance," he said.

"If you have direction, you have a drive for that direction, [and] then you're going to be motivated and focused to sit down and get that work done and accomplish what you need to do. You are going to...put aside distractions like Facebook, TV, and video games."

A lack of purpose contributed to North leaving Highline the first time around. North has been accepted into Central Washington University. He is leaving Highline again, but this time in pursuit of a goal.

"I still have some research to do this summer. I need to go research what I need to do to help me get into the field of neuroprosthetics."

Neuroprosthetics are electronic and/or mechanical devices that connect with the nervous system and act in place of a missing function or limb.

Examples are cochlear implants and neuroprosthetic limbs.

"[It works] just the same way that you control your hand," said North. "If you have a neuroprosthetic, you're going to move your arm just like if you had a normal limb.

"You don't really think about controlling it with your mind, you know. You're not going to stare at it and think, 'I'm going to lift my finger.'"

As to reasons for going into the field of neuroprosthetics, North first mentioned, "It's going to be huge; the field is going to change the world.

"Think about it," he said, "people who were either born without a limb or [had] something occur during their life.

"When someone loses a little bit more freedom, or a part of themselves, or they're incapable of doing one thing... [they] figure out different ways to do things," said North.

"So people become highly motivated and driven, and when you come to them with a solution to give them something that they lost back, they become invaluable to society.

"If you lost an arm and you're able to get one back through technology, not only are you the most grateful person in the world," he said.

"[But] you're highly motivated to do more things than you were previously because you didn't think you could do those things ever again."

"You need a word for something that's more [than] precious."



# FLUSH WITH TALENT

## Name your game — Ginther-Hutt can play it

By **ERIKA WIGREN**  
Staff Reporter

In a classroom he looks like any other studious Highline student. On stage, he is an energetic, comedic, and an enthusiastic actor with a passion for theater.

Zachary Ginther-Hutt has been at Highline for three years and after nine productions, he has become a recognizable face for the drama department.

Ginther-Hutt was born and raised in Federal Way and attended the Federal Way Public Academy for two years, until going to Todd Beamer High School, where he first discovered theater.

“When I went to Todd Beamer, I totally didn’t know anyone because I had come from Federal Way Public Academy. I heard about taking a drama class and thought I would give it a shot,” said Ginther-Hutt. “I was immediately smothered by supportive and nice people and I made a lot of friends.”

The instant acceptance and support led to Ginther-Hutt’s love for acting and theater. However after two years, Ginther-Hutt said the drama department had a hard time staying alive.

“The first two years were awesome. They were well organized, we had a great teacher and we put on great shows, but then the funding got cut and the theater director left. The program became student-run, stressful, and exhausting,” said Ginther-Hutt.

Though Ginther-Hutt was exhausted and hassled in the drama department at Todd

Beamer, he said his dedication to theater was what kept him in the program.

“I wanted to stick it out so that theater would prosper at Todd Beamer, and after I graduated, the drama department was reinstated,” said Ginther-Hutt. “I was ultimately glad I didn’t give up, and now whenever I am in a show and stressed out, I think, ‘You know, it’s not so bad.’”

Ginther-Hutt said that when he graduated from Todd Beamer and started attending Highline, the stress and exhaustion from doing drama in high school made him turn down theater.

“I had done seven shows in high school and I was exhausted. So I decided not to do theater at all. I was going to do archaeology and history,” Ginther-Hutt said. “Then I saw auditions for a play one day, and I thought, ‘Well I’ll try it, if I don’t make it then it’s a sign and at least I gave it a shot.’”

Ginther-Hutt said after getting a role in the play, he realized that Highline’s Drama Department was not like Todd Beamer’s.

“The drama program at Highline wasn’t student-run, and theater became fun again. The passion I once had for theater was relit,” said Ginther-Hutt.

Ginther-Hutt has been in many Highline productions including the student directed one-act plays and in fall of 2011, he was given the main role in *Fortinbras*.

Currently he is starring in his last Highline role as John Travolta in Highline’s production of *Live! From the Last*



*Able to adapt to any role, Zach Ginther-Hutt found his true calling at Highline when he decided to change his major from history to drama and acting.*

### *Night of My Life.*

Ginther-Hutt said that acting at Highline has helped not only him express himself and make new friends, but it has also helped him determine the career path he will be following.

He ultimately decided to change his major from history to drama and acting.

“Everyone in theater is great. We have all bonded and became a little unit. The theater has become almost like a second home,” Ginther-Hutt said. “I know that every day I am going to be there, that we will all be there, working together and helping each other. I have always felt accepted, and supported by other people in theater.”

Ginther-Hutt said his experience at Highline and in

the Drama Department has taught him about life and about himself.

“The experience has really taught me a lot. Not just theatrical but dealing with situations and stressful times. I learned how to deal with stress and I got through and overcame a lot of obstacles. My experiences in theater have prepared me for anything that life can throw at me,” said Ginther-Hutt.

He said that because of Highline’s theater program, he has been able to express himself and find his passion.

“I can’t draw. I’m not a musician. I’m not an artist per se. Theater was the only thing that allowed me to express myself. If I am on stage as a character, I can express myself through that character. Nothing in life

has that same sort of expression,” said Ginther-Hutt.

Ginther-Hutt is now graduating with a 3.52 grade point average and taking his acting career to Western Washington University in Bellingham.

He said he has been fortunate to attend Highline, to meet the people he has met, and to be a part of such an amazing theater program.

“I am fortunate to go to such a diverse campus. The conglomeration of cultures working together to strive and achieve a better education, to me, is one of the most amazing things I’ve witnessed,” Ginther-Hutt said.

“You stop thinking about minorities, and start considering and trusting people for who they are.”





# READY TO ROLL

## Positive thinking pays off for Launa McGaughey

By **ALISA GRAMANN**  
Staff Reporter

Despite moving across the country and being laid off, Launa McGaughey is taking care of business.

McGaughey, an only child, grew up in Salt Lake City, moving to the Seattle area in 1989 when Xerox, where she worked as an account manager, consolidated her department. She is a mother of two, a grandmother to six, and has one great-grandchild.

"I had been here several times visiting friends," she said, which was why she chose to move to Seattle.

In March 2010, after 34 years of service, McGaughey was laid off from Xerox.

"I said, 'OK, what do I do next?'" she said.

McGaughey said that she heard many times that returning to college was a good option.

"I thought it was an opportunity to do something I'd always enjoyed," she said. So after a summer off, McGaughey enrolled at Highline for classes in September 2010.

McGaughey is now finishing up an associate degree in hospitality, although she plans to continue taking a few classes

through summer and fall quarters.

"I can take classes that I think will be beneficial to my employment," she said.

McGaughey said that she found Highline because it was the first to come up when she did an internet search. Further digging showed a school that she wanted to attend.

"It's a wide range...an excellent variety of classes," she said.

Living in Kent, McGaughey said that the easy access was also a plus.

"I like Highline, I love the diversity," she said. "It wasn't very diverse in Salt Lake.

"That's probably been one of the highlights," McGaughey said, "meeting people from all over the world."

The degree that McGaughey will earn in June will be her first degree, despite having attended college elsewhere.

"I did three years at the University of Utah," she said. Additionally, when she lived in Portland for several years, she took human resources classes.

"My mother was really focused on education," McGaughey said, "[but] degrees weren't as important as they are now."

When she was first getting



*Launa McGaughey says that she has loved the diverse and welcoming atmosphere at Highline.*

a job, companies hired at entry level positions and trained workers. McGaughey said she began at Xerox working in the call center, and advanced through the ranks of billing and human resources to become an account manager.

"Now, you have to hit the ground running," she said.

Last April, McGaughey landed a job at Northwest Minority Supplier Development Council, which helps minority businesses get certified, she said.

"They also do events," McGaughey said, which will allow her to utilize much of her previous training, as well as the hospitality skills she has learned at Highline.

Before getting the job at the Development Council, McGaughey's goal was to go to Las Vegas and get a job, she said.

"People will always still celebrate," she said. "It's still a viable need," even if celebrations are on a smaller scale.

McGaughey has gone through many challenges.

"It's hard to go from a

paycheck to no paycheck," she said. "You learn to live very frugally."

Both McGaughey and her "significant other" were laid off from Xerox within a year of each other. Then, her partner had a stroke, so McGaughey cared for him while taking classes as well.

McGaughey said she was frustrated and angry with her situation.

"I just couldn't spend that energy being angry," she said. "I could channel that energy into something else."

So, McGaughey said, she channeled her frustration into dedication to schoolwork.

"Once I got here, the challenge was keeping the grades," she said.

A member of Phi Theta Kappa and working in the evenings, McGaughey has managed to maintain a 3.6 GPA, and a positive outlook.

"I'm not too much of a down person," she said. "Positive thinking kept me going."

"The other thing I face is being an older student," McGaughey said. However,

she said she found that, once she returned to school, younger students looked up to her and were quite willing to be friends.

"They're willing to talk and laugh and get to know you," McGaughey said, so long as the effort is mutual.

However, getting hired meant that McGaughey had to give up the social life with her younger college friends.

"Most of what I have to do now is night," McGaughey said. "My goal is to still finish."

McGaughey will graduate in June with an associate of applied science degree in hospitality and tourism management.

She said that students of all ages should not be afraid to return to school and, "try to look at things in a positive format."

Throughout all her trials, it was the positive mindset that made the difference, McGaughey said, and it got her to where she is today — employed and earning a degree.

"The more I learned, the more I wanted to know," she said.







Kevin Currie lost his job, but went to college and found a new career.

## BIG MONEY PLAYER

### Kevin Currie found he could come through with the game on the line

By **JOSH NELSON**  
Staff Reporter

When one door is slammed shut, sometimes another one opens and beckons entry.

For Highline student Kevin Currie, that is exactly what happened.

Currie was permanently laid off from his job working in distribution in the salmon packing industry, on a rather bleak June Thursday in 2010.

On Friday Currie ventured on to the Highline campus and with help from the Worker Retraining program, he found his true calling, being a counselor for those afflicted and dependent on illicit drugs and alcohol.

“Thank God that I was laid off,” said Currie. “It gave me this chance for an excellent opportunity. Until I lost my job, I had never had a chance to go to school. Now I was able to take

a full load each quarter and stay focused.”

Currie, 53, said that there were a few things about the Highline experience that were challenging for him when he took on his first quarter of classes.

“I was scared to death when I first started here [Highline],” said Currie. “I had basic email skills but this was an entirely new world. At first, the amount of computer skills I needed was

overwhelming. Everything is done online, so I got a quick crash course.”

Currie also said that he received a lot of help from younger students at Highline.

Currie, who said that he took a full course load each quarter, was faced with a dynamic change in his expectations of college life.

“I’m old school,” said Currie. “I thought college would be like a nice vacation. I couldn’t have been more wrong. I was blown away by the amount of work that was required for each course.”

But Currie remained steadily committed to his college career, and has been on the Vice President’s Honor Roll since fall of 2010.

Currie said that his dedication to his major in chemical dependency was driven by his own exposure and reliance on alcohol.

“Alcohol controlled my life for a number of years. I have lost opportunities with my music career and have lost jobs,” said Currie.

Currie said that he had a revelation, that even though he had an on-off relationship with alcohol, he knew that he would beat it this time and was willing to go to any length to do so.

“I was sober for eight years, then I lost it,” said Currie.

“I’ve got it for four years again, but I learned that years sober doesn’t really mean anything in the long run. It’s the revelation that matters, and for each person it’s different – but you know when it happens.”

Currie’s own enlightenment is visibly noticeable. He is soft-spoken and kind hearted; it is clear that when speaking with him, he is fully attentive and deeply listening to what is being said.

“It’s odd, you know. The things I’m doing now are on the other side of the desk [counseling, AA, rehabilitation],” said Currie. “In doing

my practicums [internships] I’ve definitely found my place in the outpatient program.”

Currie also has a unique perspective on the role drugs and alcohol.

“In life and how we [society or culture] are, we strap a lot of blame on drugs and alcohol. But addiction has nothing to do with drugs and alcohol, it’s the way you live your life, the people you’re around and the choices you make.”

Currie, who is graduating in June, said he has already found placement at a counseling center in Western Washington.

“I’m going to be on staff for two weeks following graduation,” said Currie. “If all goes accordingly I may have an eventual position.”

Should he not be able to maintain this new position as an outpatient counselor, Currie said he would most likely obtain a bachelor’s degree in human services, most likely from an online college such as University of Phoenix.

“I just gotta thank all the people at Worker Retraining,” said Currie. “As well as every instructor I’ve had. You [Highline instructors] have all been a huge help and given me great inspiration.”

Currie added that he couldn’t have done anything without his wife, Vivian.

“She has been my biggest supporter, my financial support and biggest cheerleader. She is just what I needed when I was in my moment of despair,” said Currie.

Currie said that it is his education that has helped him maintain his sobriety and given him the foundation that he feels will keep him sober.

“Being educated and my internships have helped me identify my own triggers,” said Currie. “I’ve always wanted to work with people with dependency on alcohol or drugs. Helping them is spiritual for me, and it gives me a sense of purpose.”





# LEARNING TO DEAL

## Hua ‘Maggie’ Wang - working day and night to reach the top

By **MICAH MORRILL**  
Staff Reporter

The path to graduation has been full of obstacles and adversity for Hua Wang.

Wang, also known as Maggie, is a graduate of Highline’s nursing program, an international student, and a caregiver to senior citizens with Alzheimer’s, Down syndrome, and dementia.

She goes to class in the afternoon and evenings and then rushes to work the graveyard shift from 9 p.m. to 11 a.m. Even though her job makes it difficult for her to find sleep and finish schoolwork, she still enjoys it.

“I love that job, it is a great experience,” said Wang. “I’m so happy I’ve never missed a day of work.”

“I feel so bad for the people I work with because they have no family around and no one to take care of them. That’s why my job makes me feel good,

because I get to make a difference.”

Wang got her job as a caregiver to fulfill requirements for her nursing degree and works on Sundays, Mondays, and Tuesdays for a total of 30 hours a week.

Her job is very demanding. “It’s really hard to balance the work with the school especially with tests and midterms,” Wang said. The seniors who she works with, “have Down syndrome, plus they are old, so their physical abilities are declining and they’re basically like kids, and we have to do everything for them. They’re really vulnerable.”

“If they were younger you would think, ‘Oh, that’s so cute,’ but because they’re old it’s totally different,” said Wang.

All of her hard work and missed sleep has paid off; Wang is graduating with a cumulative 3.88 GPA.

“I’m glad it’s over,” she said.



*Hua “Maggie” Wang has faced several challenges during her time at Highline, not the least of which includes working a graveyard shift. In spite of all her obstacles, Wang is graduating with a 3.88 GPA.*

On May 29, 2005 Wang moved to America at the age of 25, from China, where she had finished her schooling and had a good job. She worked for Alaska Airlines as a reservation agent until 2008 when she began her classes at Highline.

“I came here because I had family in America and they said that there were more opportunities here, which they were wrong,” Wang said.

Even though the United States economy has been down Wang said, “I like it in America better. They have a social system in China. Here they are more tolerant.”

She is also confident that she will find work.

“I know I can find a job,” she said.

Now that she is done with her nursing degree she wants to “work in the hospital because there will be a lot of people in critical condition and I can learn a lot in a short time,” Wang said.

Adjusting to life in America

wasn’t always easy, however.

“I was having a hard time with the language at first. In the first quarter I was so quiet, but now after four years I have really seen a change,” said Wang. “Now I can just talk, talk, talk.”

“I was impressed by how patient the instructors here are in dealing with foreign students,” she said.

Another difficulty that Wang faced was having, “no friends,” she said. “My social circle was left in China and it was hard to make friends because people tend to gravitate toward people similar to them.”

Wang also had to adjust to a different culture.

“One day I was in class and an old song came on and all of my classmates and instructors started dancing and singing, but I didn’t know the song. It was a lot of little things like that,” she said.

When Wang first registered for her classes at Highline she also faced opposition.

“They said, ‘It’s very good that you want to be a nurse, but it’s very competitive. Why don’t you think about respiratory care instead?’ but I said, ‘No, I want to be a nurse.’” said Wang. “Then when I got to my first psychology class the teacher asked everyone who was in nursing to raise their hand and it was over a third of the class. It was kind of intimidating.”

During her time at Highline she took three quarters of classes with Korean instructor, Jin Do. Do came to America from Korea to become a nurse. This gave Wang confidence that she could succeed and do the same.

“If she can do it then I can do it,” Wang said, and that determination kept her working through four hard years of classes, clinicals, tests, and very little sleep.

“I feel very proud of myself now because I came here and did what I set out to do,” said Wang.



## GAMING COMMISSION

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Kaley Ishmael  
Josh Nelson





# A WINNING HAND

## Gabriela Osorio fights stereotypes, leads by example

By **HIEN HONG**  
Staff Reporter

For Gabriela Osorio, disproving stereotypes is a vital part of succeeding. Osorio is president of the United Latino Association (ULA) at Highline and was the vice president last year. “These two years we’ve had campuswide events,” Osorio said. The club organizes events that promote education and diversity. Before coming to Highline, Osorio was involved in the Latino Stand Up Movement (LSU) at Tyee High School. “I was a junior in high school [when] we were just starting the Latino Club,” Osorio said. “We [the club founders and herself] went all over Washington to do conferences,” about

education and work among Latinos, said Osorio. Since then, Osorio has returned to her former high school to help run the club and tutor students. Osorio has also been involved in the Community Schools Collaboration (CSC), an organization dedicated to promoting education among youth in the Highline and Tukwila school districts as well as the Latino Educational Achievement Project (LEAP), a statewide organization dedicated to improving the academic achievements of Latinos. It’s important to encourage education among Latino youth because it shows we’re more than a stereotype, she said. People “look at them [Latinos] like they’re going to drop out,” otherwise you’re an exception, she said.

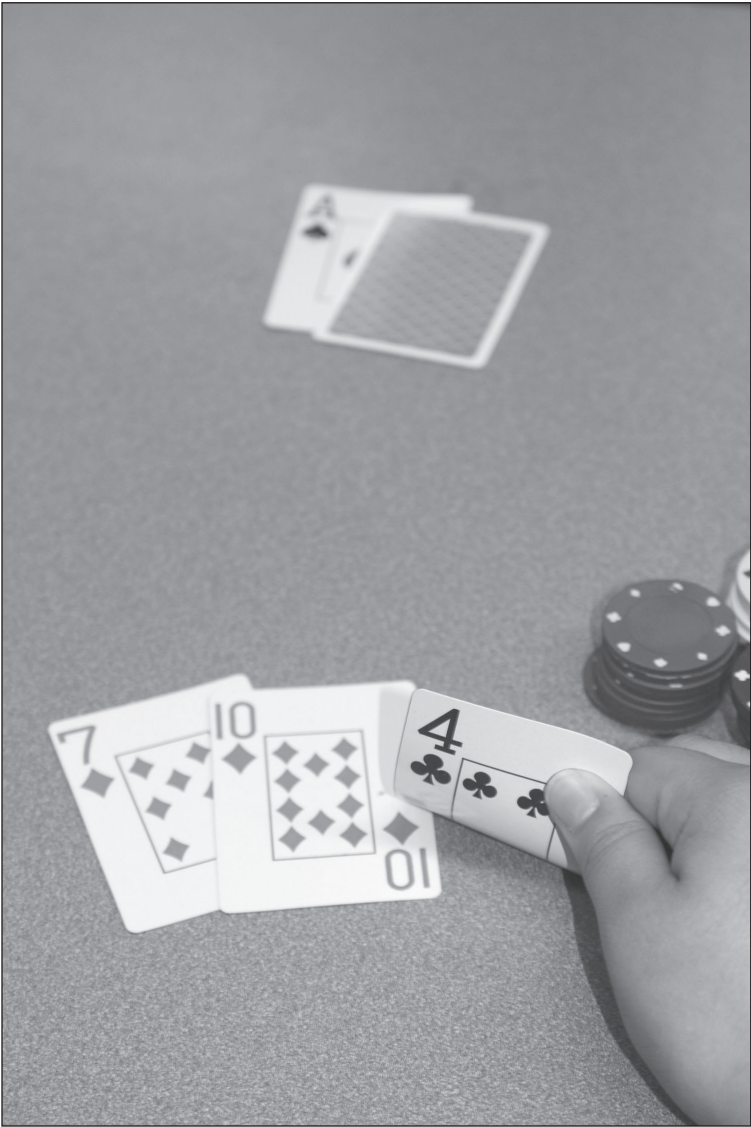


*Gabriela Osorio got involved at Highline and found a second home.*

Despite the dropout rates you may hear about Latinos, statistics don’t see the individual, said Osorio. “I want to be hardworking, I want people to respect me,” said Osorio, describing the type of individual she aspires to be. To dispel stereotypes, “you have to give me hope,” she said. Throughout her life, the person who has given her the most hope is her father, Osorio said. “He’s a good motivation for me,” she said. As a first generation immigrant, Osorio’s father struggled to keep her family alive by working in various industries such as restaurants, electricity, and construction, she said. “My dad didn’t get a chance to finish school,” Osorio said. As a result, he emphasized the importance of education and being hard-working, she said. Osorio’s father once told her, “Life is the best university.” The knowledge he learned from life shaped who he is and who she is today, said Osorio. Understanding the struggles that her dad went through makes it important to “set an example for [her] younger siblings,” she said. Osorio intends on disprov-

ing stereotypes and setting an example by becoming an elementary school teacher. “I’m very passionate about teaching others,” she said, with faith in her abilities, while maintaining a sense of where she came from. The “aha moment” when a struggling student understands what she is teaching them is what makes teaching so rewarding, said Osorio. People tend to ask her, “Why do you want to be a teacher?” because it doesn’t pay well, Osorio said. However, she doesn’t care about the money. More teachers of color are needed, Osorio said, in order to connect with the growing diversity of students. “If you have a teacher that’s always wearing heels it’ll be kind of hard to connect with them,” said Osorio. Not being able to relate to the teacher could be intimidating for students, she said. A diversity of teachers would make students more comfortable and it won’t “always [be] a white teacher,” Osorio said. Despite what anyone might say, Osorio firmly believes in what a student she tutored once

told her, “It doesn’t matter what you do as long as you change the world.” Osorio is graduating from Highline this June with an associate of arts with an emphasis in education. Osorio plans on taking one year off to look for scholarships and to apply to a four-year college. “In five years, hopefully I’ll be teaching,” Osorio said. Osorio also hopes to continue being involved in Latino clubs because there is “always work to do.” Just knowing what she’s accomplished and how she’s overcome the stereotypes pushes her to continue her work, she said. Furthermore, Osorio is grateful for the support she’s gotten at Highline, particularly from Sunny Ybarra, Toni Castro, and Patricia McDonald. “Getting support is important,” said Osorio. Not just from the advisers but the students too, she said. “HCC is like my second home,” said Osorio. As she continues to disprove stereotypes of Latinos, “I’ll never stop helping [others do the same],” she said.





# ALL IN, ALL THE WAY

## Renee Jones bet it all and eventually won it back

By **ALISA GRAMANN**  
Staff Reporter

Renee Jones doesn't let anything stop her.

Jones grew up playing basketball in the Seattle area and earned herself a scholarship to Bellevue College, where she attended.

Jones said she intended to make basketball her future.

"It was my passion," she said. "It was what I wanted to do."

However, her dreams came to a halt when she injured her shoulder.

"It was symbolic," Jones said. "There was no way we were going to win [the game]."

Jones' shoulder injury ended her basketball career, despite surgery and a year of rehabilitation for it.

"When I injured my shoulder, it was probably the biggest loss of my life," she said. "I ended up dropping out of school."

While working four different jobs, Jones met the man that she would marry — and who would become abusive toward her.

"We were just friends at first," she said. Things changed when he asked her for help getting custody of his children.

Jones gave him \$2,500, a marriage vow and two children of her own.

"[But] it was a great big ploy to take advantage," she said, and her husband began to physically abuse her.

Each incident got progressively worse, she said.

Jones recalled one incident where she was trapped in a room by her husband, who told her to stay immobile on the floor, or he would continue hitting her with a heavy mug.

Jones said that she had been secretly calling shelters before the incident, but each one she called was full.

Then one night in November of 2011, Jones said, her husband kicked her out.

"I was able to grab my kids," she said, as well as her cell phone. Jones began calling shelters until she finally found one, just before her cell phone battery died, she said.

"We got the last three spots at that shelter," she said.

Jones recalled sitting in the room at the shelter — walls bare and devoid of most everything but the absolute essentials, such as beds — and feeling both relief to have escaped and anxiety at the thought of having to begin life over again.

She watched her kids playing with a few toys on the



*Graduate Renee Jones celebrates her commencement from Highline and freedom from her past. She plans on a career in human services and believes that even just one voice can make a difference in any community.*

floor, she said, "[and] the relief won."

Jones said that it was seeing her kids that gave her the strength to get a fresh start.

"My kids were a large motivation," she said, because she knew that she didn't want them exposed to the life of domestic violence that they had been in, and she didn't want another cycle of violence to begin.

However, starting over was hard, she said.

"All of the sudden, I was faced with all these labels," Jones said, such as "single mom," "homeless" and "low income."

Jones began taking classes at Highline in March 2011, during Spring Quarter. She will be graduating in June with her associate of arts transfer degree.

Jones said she has been accepted to Seattle University, and expects to be accepted by University of Washington, which is where she hopes to attend in the fall.

Jones wants to pursue a career in human services,

advocating the need to give more aid to low income women with children, as well as promote understanding for abuse victims.

"I want to be in advocacy," she said. "There's not one thing I wouldn't enjoy [about advocacy]."

"I enjoy working with families," Jones said, "[but] I can see myself in almost any position."

Jones has already engaged in many public speaking opportunities — including Highline's annual Gala in April — and wants to continue to abolish the stigma around domestic violence.

Jones said many people do not understand what it is like to be in an abusive relationship.

"Sometimes, the safest place to be is with the abuser," she said, otherwise, the abuser may come after the victim.

Although Jones said she wants to work with the public, she said she can also see herself working with the government, lobbying the Legislature for more support — which she has

already done.

Jones recently spent time in Olympia, lobbying against budget cuts to higher education and assistance programs for low income families.

"And it worked," she said.

Her efforts were honored at Highline.

"I was given [a] Women in Action Award," Jones said.

At Highline, Jones has a 3.91 GPA and has been on the Vice President's Honor Roll since she started in 2011. She is also a member of Phi Theta Kappa and Highline's Honors Program.

Jones said that her experiences have shaped her into the woman she is.

"As hard as it is to go through all that, I grew up," she said.

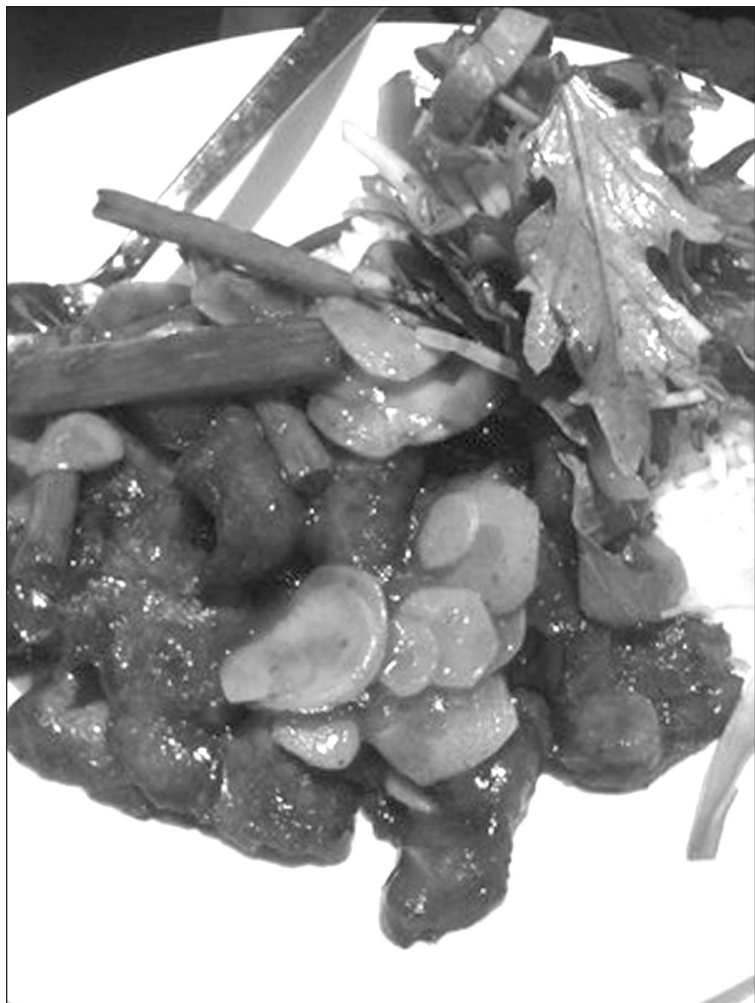
Jones said that her experiences also changed her mindset.

"If you fight for what you want... it's going to make an impact," she said. "One voice is enough. One voice can be heard. It can make a difference. I fully believe that."





# The heat is on



Korean barbecued beef is a tasty summer treat.

## When summer's done chillin', it's time to be grillin'

By **ASHLEY KIM**  
Staff Reporter

**I**t's time to bring out the grill and cook.

Summer is not just sleeping-in, camping, swimming and road trips. It's about entertaining and having fun with your family and friends. Grilling is the perfect way to easily entertain and eat delicious food.

"Grilling is easy and definitely more flavorful than pan sautéing and frying. Everyone should try grilling in the summer. It's fun and it tastes good," said Jesus Boides, who is the sous chef at El Gaucho in Tacoma.

Choosing the right grill is key to a successful meal.

Gas grills and charcoal grills are the two types of grills, he said.

"Charcoal grill is better than gas grill. Sometimes you can taste the gas on the food with using a gas grill and charcoal grill is all natural flames," said Boides.

Preparation before grilling is very important.

Keep flammable things

away from the grill for safety. Also, make sure your grill is clean and ready to use. After that, scatter the charcoal evenly on the grill. Add a little lighter fluid and light the charcoal, he said.

The grill is ready when the charcoal is a little gray and ashy. "Kingsford charcoal is the best charcoal," said Boides.

Grill marks are important.

"The best way to get nice grill marks is to make the grill really hot," said Boides.

Grills can go up to 300 to 400 degrees or even higher, he said.

Boides explained the difference between closed grill lids and open lids.

"If you close the lid on the grill, it creates a smokier flavor and it cooks faster because the heat is trapped. When it's open, the temperature of the heat can change," said Boides.

Most foods can be grilled.

"Halibut, salmon and ahi tuna work great with the grill. You don't need to foil these fish because they hold together well," said Boides.

"Asparagus, zucchini, red bell pepper, and portabella

mushrooms are great vegetables to grill. They hold their shape really well, but overall any vegetables can be grilled," said Boides.

All meats work great with grilling, he said.

One can even grill pizzas and flatbreads. The grill will make the bottom really crispy and give a little smoky flavor, he said.

Close the lid so the cheese can melt.

Grilling vegetables take no more than five minutes. Steaks should be grilled no more than 10 minutes unless you want it well-done.

Care should be taken to cook poultry completely.

When grilling meat, make sure it doesn't char immediately because the outside is going to be done and the inside will still be raw.

The most popular way to use a grill is to cook kebabs.

When you are cooking kebabs, you want to choose foods with similar cooking time so one doesn't cook faster than the other.

Also the size of each ingredient should be the same.

Make sure to soak the wooden skewers for the kebabs overnight in water so the skewers don't burn on the grill.

**D**esserts can also be grilled.

"Fruits can be grilled also. The grill caramelizes the natural sugars in the fruit and creates a nice, intense flavor. You can grill pineapple, mango, peaches and much more," said Boides.

Serve the freshly grilled fruits with ice cream.

Boides explained how to prevent food from sticking to the grill.

"You can brush vegetable oil on the grill before you add your meat, fruit, or vegetable. You can oil the food before you add to the grill or you can do both. You don't want too much

oil though because it's going to drip into the charcoal and cause a lot of smoke and flames," said Boides.

Tossing the fruit and vegetables in a bowl with a little oil and transferring onto the grill is another option, he said.

When finished with the grill, let the charcoal burn out, he said.

"You want to let the coal burn out by itself. You don't want to pour water on it because it can be dangerous," said Boides.

Try some of these grill-inspired recipes for your next backyard gathering with family and friends this summer.

### Korean Barbecued Beef

10 beef short ribs  
1-2 teaspoon of minced garlic  
½ cup soy sauce  
¼ cup sesame oil  
1 teaspoon sesame seed  
2-3 tablespoon of sugar  
2 green onions (chopped)  
1 teaspoon of ginger

Directions: Rinse the beef short ribs in cold water until the water runs clear. Pat-dry the short ribs with paper towel and set aside.

Meanwhile, in a large mixing bowl, mix the garlic, soy sauce, sesame oil, sesame seed, sugar, green onions and ginger.

Taste the marinade and add more sugar or soy sauce according to taste.

Add the short ribs to the marinade and toss gently.

Let the short ribs marinade at least six to eight hours or overnight in the refrigerator.

Before grilling, let the meat come to room temperature for about an hour.

Prepare and heat the grill.

Brush a little vegetable oil on the hot grill and add the short ribs.

Cook the short ribs three to four minutes on each side.

Serve immediately with

steamed white rice and kimchi side-dish.

### Grilled Vegetable Sandwich

1 zucchini  
1 yellow squash  
1 red bell pepper  
1 eggplant  
2 garlic cloves  
Salt  
Pepper  
1 sprig rosemary  
Extra virgin olive oil  
1 lemon  
¼ cup mayonnaise  
Ciabatta or focaccia bread  
Mozzarella cheese

Directions: Cut the zucchini, squash, red bell pepper, and eggplant into strips.

Mince the garlic cloves finely and mince the fresh rosemary finely.

In a large mixing bowl, add all the vegetables, garlic, salt, pepper, rosemary, extra virgin olive oil, and half of a lemon juice.

Toss all the ingredients and let it marinade for one to two hours.

In another bowl, mix the mayonnaise and freshly ground black pepper.

Meanwhile, prepare and heat the charcoal grill.

When the grill is ready, add the vegetables and cook until the grill mark is visible.

Grill the bread until it is slightly golden brown and crispy.

Start assembling the sandwich.

Add mayonnaise to each side of the bread and add a good amount of grilled vegetables. Place one slice of mozzarella cheese on top of the vegetable and grill with the lid closed for about one minute so the cheese can melt.

Place the top bread on the sandwich and enjoy with a refreshing summer drink.



Grilled veggie sandwiches are easy to make and have excellent flavor.



# Farmers markets sprouting in spring

## South King County has a bumper crop of markets

By **CHAYCE BALDWIN**  
and **ASHLEY KIM**  
Staff Reporters

Nearby farmers' markets are getting under way and market their local goods as summer fast approaches.

The Des Moines Waterfront Farmers Market, which comes to the North Marina Lot Saturdays from 10 a.m. to 2 p.m., runs until Oct. 27 and offers everything from fresh vegetables and nuts to soap and flowers, said market manager Rikki Marohl.

Now beginning its seventh year, the market has consistently grown about 30 percent in sales per year, Marohl said. It continues to grow and will especially through its busy months, July and August.

The Des Moines Farmers Market also moved from the South Marina Lot to the North Marina Lot this year, but that should bring nothing but positive changes, Marohl said.

With the change came less conflict with boaters, more restrooms which are less expensive, and "more vendors in a nicer set up," she said. And throughout those vendors is a "pretty big variety," she said.



Alisa Gramann/THUNDERWORD

*A vendor loads up some lettuce for customers at the Des Moines farmers market last weekend.*

Although the market lacks seafood and cheeses, it does include organic farmers among its roster of vendors, with some of the most popular products at the market such as one vendor's 120 different varieties of grilled peppers and others' organically grown peanuts, Marohl said.

The market will have five special days this summer, beginning with last weekend's opening.

On is July 14: the Pancake Breakfast Fundraiser, followed by Health and Fitness day on Aug. 11 as part of National Farmers Market Week; Sept. 8, Kids Day, as the new school year gets under way; and the Chili Cook-Off on closing day,

Oct. 27.

•The Burien Farmers started May 3 and continues until Oct. 25, every Thursday, 11 a.m. to 6 p.m. in the Burien Town Square.

The Burien Farmers Market manager Debra George said, "Burien is more of a weekday community than a weekend community," and it has proven true because the market still pulls 45 to 50 vendors and a couple thousand customers each week.

The market has a mix of organic and non-organic farmers and although produce and flowers seem to be very popular products, "They're all popular in their own way," George said. Each has something of value to offer.

The market doesn't have any special events planned, but it does host "great live jazz music at lunch time each week, noon to 3 p.m.," she said.

•The Federal Way Farmers Market is back for its ninth year, and is ready to offer local customers fresh produce and unique items.

The farmers market is open May 12 – Oct. 27 every Saturday from 9 a.m. – 3 p.m. at the Commons Mall parking lot. The address is 1928 S. Commons Federal Way.

"We have a little bit of everything. We have arts, crafts, produce, and food. We sell hamburgers, shaved ice, fish sandwiches, and more deserts for people to eat," said Karla Kolibad, who is the farmers market manager.

"All of the farmers are Washington growers. All the produce is grown at their farms and most farms are family owned," said Kolibad.

"Some farmers use pesticides and some farmers are pesticides free. We also have or-

ganic farmers coming in," said Kolibad.

Most of the time, the produce is picked the night before or on the farmers market day, she said.

There is a difference between farmers market produce and grocery produce, Kolibad said.

"Farmers market produce is fresher than grocery market produce," said Kolibad.

Grocery market produce is much more expensive than farmers market produce, and you don't know when the produce was picked, and how old it is, she said.

More than 50 vendors are available.

"We have farmers, crafters, artists, plant nurseries, and food vendors," said Kolibad.

Flowers, and small plants are sold for a good price, she said.

Some vendors are Lopez Farms, South Sound Soaps, and Tails and No Tails.

Lopez farms sells produce that are pesticide free, South Sound Soaps makes unique handmade soaps, and Tails and No Tails sells dog and cat bedding.

Everything at the farmers market is handmade or homemade.

"All the crafts, arts, and food are handmade or homemade by the vendors," said Kolibad.

Customers will experience a lot at the farmers market, she said.

"People can come and enjoy some delicious food and shop. We have special events that go on at the farmers market where people can relax and have fun," said Kolibad.

Visit their website at [federalwayfarmersmarket.com](http://federalwayfarmersmarket.com) for more information on events, and specials.

## Salmon sliders make great party snack

This recipe is a fun and creative way to use up leftover wine. These bite-sized sandwiches also make a great party snack to complement your favorite bottle.

## Good Housekeeping

For this recipe, you will need the following:

- 6 hot dog buns, toasted
- 1 pound skinless salmon, cut into chunks
- 2 green onions, chopped
- 3/4 cup wine
- 2 tablespoons mayonnaise
- 1/3 cup mayonnaise, for sauce
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

1. In food processor, pulse 2 toasted hot dog buns into crumbs; transfer to bowl. Pulse salmon until chopped.

2. Mix with crumbs, green onions, 1/4 cup wine, 2 tablespoons mayonnaise, salt and pepper. Form into 12 patties.

3. Bake on foil-lined pan in 425 F oven 10 minutes or until cooked through. In saucepan, boil 1/2 cup wine on high until reduced by half, stirring; chill slightly.

4. Toast 4 more buns, cut into thirds. Whisk wine into 1/3 cup mayonnaise; serve with patties on buns. Makes 12 sliders.

### Lime and Coconut Dip

This dip requires only a quick spin a blender to prepare, but the unique combination of flavors will wow your guests.

- 1 cup peanuts
- 1/4 cup coconut milk
- 2 tablespoons fresh lime juice
- 1 tablespoon lower-sodium soy sauce
- 1 tablespoon chopped shallot
- 2 tablespoons water
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- Crudites, for serving

In blender, blend peanuts, coconut milk, lime juice, soy sauce, shallot, water, salt and pepper until smooth. Serve with crudites. Makes 1 cup.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipefinder/](http://www.goodhousekeeping.com/recipefinder/).

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Alisa Gramann/THUNDERWORD

*A vendor prepares a bouquet of flowers at the Des Moines farmers market.*



# Whip up some hot stuff for Father's Day

If your go-to gift for Father's Day is a tie, socks, shirt or some other article of apparel, on behalf of dads everywhere -- please try something new! If your dad loves spicy foods, a signature homemade hot sauce is the perfect gift. You also can start a tradition of presenting him with a new bottle of custom-made hot sauce each year.

The trick to the perfect hot sauce is using a combination of peppers with a balance of sweetness, fruit and heat. Fruity peppers like the Aji Amarillo Chili, the Mexican Mirasol Pepper or the Yellow Peruvian Chile (which is a deep yellow, sometimes orange, 4 to 5 inches long) have an intense spice with a fruity flavor. A Mustard Habanero pepper retains the heat found in many Habanero varieties but has fruity overtones. This pepper is dark-yellow with hints of orange and a pointed tip.

Chile peppers like poblano, New Mexico or Anaheim are a mix of fruity, mild and spicy. Certain types of peppers like the Caribbean Red Pepper and Scotch Bonnets add to the hot sauce the heat that will make your dad's mouth water, his ears pop and his body temperature rise. Combining different types of peppers with vegetables will add sweet, fruity and flavorful notes to your homemade hot sauce.

Using your computer or supplies from the arts-and-crafts store, create a special label for Dad's custom "Hot Stuff Hot Sauce" using the recipe below.

You also can find beautiful, but inexpensive decorative glass bottles at discount stores. Tie a ribbon to your gift bottle and a new Father's Day tradition is born!

## Hot Stuff Hot Sauce

- 3 tablespoons extra-virgin olive oil
- 1 large yellow onion, sliced
- 2 teaspoons salt
- 2 large jalapeno peppers, diced
- 2 medium chile peppers, such as poblano, New Mexico or Anaheim, diced (see Tip below)
- 2-4 habanero or other small, hot chile peppers, stemmed, halved and seeded (see Tip)
- 4 cloves garlic, diced
- 1 large carrot, tip and root end removed, chopped
- 1 pound tomatoes, diced (about 3 cups) or 1 (28 ounce) can fire-roasted diced tomatoes
- 1-3 teaspoons sugar or stevia
- 1 cup distilled white vin-



egar or apple-cider vinegar

1. Heat oil in a large saucepan over medium-high heat. Add onions and salt, and cook for 3 to 5 minutes, until onions begin to soften. Add in peppers, garlic and carrots. Cook, stirring, until onion begins to brown, about 3 to 4 minutes. (Note: This should be done in a very well-ventilated area! The fumes from the cooking peppers are strong, so do not lean over the pot, or you may inhale the acrid steam.)

2. Reduce heat to medium. Add tomatoes and sugar or stevia. Bring mixture to a boil, then return heat to medium. Continue to cook, stirring occasionally, until the tomatoes begin to break down, about 15 to 20 minutes.

3. Remove from heat and allow mixture to steep until it comes to room temperature. Carefully transfer pepper mixture to a food processor or blender. (Use caution when pureeing hot ingredients.) If using a blender, place the lid on loosely and cover it with a dishcloth to allow any steam to escape. Puree mixture for 15 seconds. With food processor or blender running, add vinegar through the feed tube or opening in the lid in a steady stream.

4. Puree until smooth. Set a fine-mesh sieve over a medium bowl; pour the pureed mixture through the sieve, gently pushing on the solids with a wooden spoon to extract all the liquid. (Discard solids.) Let the sauce cool to room temperature, about 1 1/2 hours. Taste and season with more salt, if necessary.

5. Transfer hot sauce to a sterilized, pint glass jar or bottle and secure with airtight lid. Refrigerate. The hot sauce tastes best when aged at least 2 weeks. Shake bottle to recombine the liquid before using. Can be stored in refrigerator up to 6 months. Makes 1 pint.

Tip: The membranes that hold the seeds are the spiciest part of chile peppers (that's where the capsaicin is). The seeds pick up some spiciness by association. You can adjust the heat of the peppers and the spiciness of the hot sauce by using some or all of the seeds along with the flesh of the peppers. Be sure to wash your hands

thoroughly after chopping hot peppers, or wear rubber gloves.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the

author of seven cookbooks. Her new cookbook is The Kitchen Diva's Diabetic Cookbook. Her website is [www.divapro.com](http://www.divapro.com). To see how-to videos, recipes and much, much more, Like An-

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IT'S YOUR FUTURE!



# Computers – maybe not as smart as you think?

Regardless of programming, computers only understand 0s and 1s, professor says

By **ANGELA STONE**  
Staff Reporter

Computers only understand two things, no matter how many programs there are.

Tina Ostrander, a professor of computer science, explained how a computer holds data at Science Seminar last Friday.

“Computers only understand two things: zeros and ones. That’s it,” Ostrander said.

To a computer, an electric charge is a one and lack of a charge is a zero.

Each zero and one is held in a bit.

A bit can either be turned on or it can be turned off.

When a bit is on, it is represented with the number one, whereas if the bit is off it is represented with a zero.

“So every time you run out, add a bit to the left,” Ostrander

said.

With one bit, a computer can only represent two numbers: zero and one. With two bits, a computer can represent four numbers: zero through three.

The computer can represent any number with zeros and ones, “we just need enough bits.”

Conventional math works on a base-10 number system. On the far right is the ones place, then moving to the left is the tens place, and then the hundreds place.

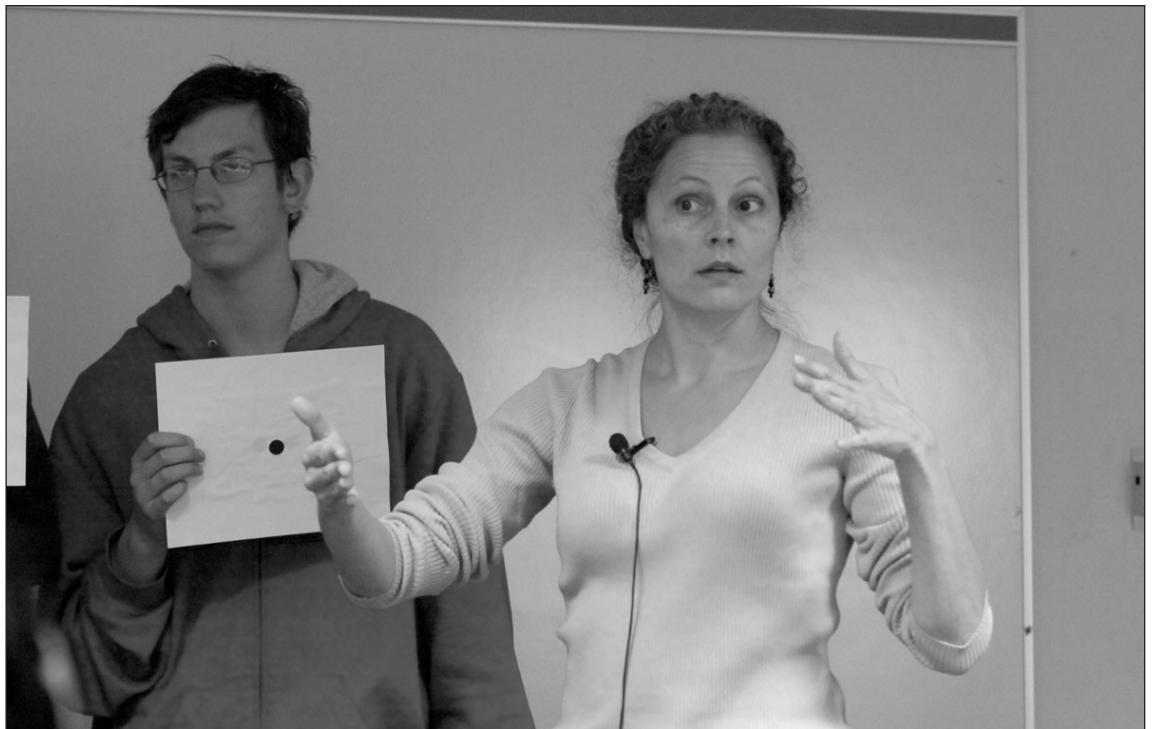
Ostrander said, that two is the base of a binary number system. On the far right is the twos place then moving to the left is the fours place, and then the eights place.

Using binary numbers, a computer can display a picture. Ostrander handed out a grid to demonstrate how a computer does this.

For every box on the grid there was a corresponding zero or one.

For every zero the box was left blank, for every one the box was colored black till a spray can was represented.

“A picture is just a bunch of



Corey Sun/THUNDERWORD

*Professor Tina Ostrander explains that computers operate with a system of charged and uncharged bits, represented by 0s and 1s, at last week’s Science Seminar.*

dots,” Ostrander said. “This is just a black and white image. What if I wanted to represent a 16-color image?” she asked. For a 16-color image 4 bits are needed.

Pictures, video, documents, numbers “ultimately all get broken down into zeros and ones...

it’s the program that makes the conversion.”

Computers only understand electrically charged and uncharged.

Ones are charged and zeros are not, Ostrander said.

Anything that can hold a charge can be used to hold data

for a computer, Ostrander said. She said that she had recently read about “some sort of biological goo that can hold a charge.”

If scientists succeed in their present line of experiments, this magnetic bacteria will be used to store data more compactly than present-day hard drives.

## Highline students learn to protect cyber territory

By **BEN FRIEDLAND**  
Staff Reporter

Although Highline didn’t place in the recent cyber defense competition, Professor Amelia Phillips believes student did get something out of the experience.

In the competition held at Highline, March 24-25, students from 11 colleges and universities were tested on how well they react to fake cyberattacks.

Among these teams were two from community colleges. A team from Highline was among the competitors.

University of Washington took first place in the competition. The competition was organized by the university of Washington Center for Information Assurance & Cybersecurity, or CIAC.

The event was held in the Building 30 computer lab on campus. The CIAC representatives were very impressed, complimenting “[Highline’s] excellent lab and facilities.”

In the competition, the students were operating under a specific scenario. They were to pretend that the IT staff of a company had been fired, and the students must fix the mistakes they’ve made. They were given control of eight computers.



*Highline recently participated in a cyber defense competition and students gained a lot of experience, said Amelia Phillips.*

There were three sections involved in the competition.

The blue section comprised the students themselves.

Those in the white section were the judges. They hailed from companies such as Microsoft and Intel. They also acted as the executives of the fictional company, presenting tasks and challenges the students must accomplish.

These exercises are based on real situations. These included disabling accounts for individuals, allowing remote access into a system, or setting up a virtual private network for executives

that are off-site. Teams were also expected to generate reports of their activities.

The red section was responsible for the attacks. This section was made up of network security specialists from companies such as Boeing and government agencies such as the Central Intelligence Agency. Also contributing to the red team is the civilian agency SPAWAR, the U.S. Navy Information Command.

“Legal hackers are what you can think of them as, real professional penetration testers,” said Professor Amelia Phillips,

who hosted the event.

In preparing for the competition, a misconfiguration was built into the servers.

“You have mail servers, directories, work stations,” said Phillips. Many systems mean more chances for something to go wrong.

Phillips said if something is misconfigured, “that’s how a hacker gets in.”

The red team of hackers and cyber attackers represent a very real threat in today’s world. According to Phillips, those working in cyber defense are playing catch-up. “Hackers have more time to hack.”

“I always tell my students, ‘The hackers are smarter than you are,’” said Phillips.

Billions of dollars are lost to hackers each year, and the need to protect sensitive networks is one of utmost importance, said Phillips.

She used Highline Hospital as an example. It contains three wireless networks: one for outpatients, one for inpatients, and one for doctors and crash carts. Phillips said that if a hacker alters sensitive data in any of these systems, the results could be fatal.

The competition was held for reasons other than to test how well competitors did. For students, there were chances for job interviews by compa-



Amelia Phillips

nies participating. Throughout the competition, they were monitored by these company representatives, and their performance influenced whether they’d be hired or not.

For Amelia Phillips, one recruiter stood out. A representative of the CIA was present. “He changed his name every day,” she said.

The competition had benefits for Highline as well. Since Highline faculty and Highline students were heavily involved, Phillips said, it was a chance for Highline to gain exposure.

“We’re starting now to prepare for next year,” said Phillips.

This wasn’t the first year Highline has hosted the event. This marks the second year of hosting, and Highline plans to host the event for the foreseeable future.



# Local legislator says government needs to work together

By **JOSH NELSON**  
Staff Reporter

In order to solve this state’s many social problems, society needs to attack the roots of issues, said a Washington state legislator.

State Rep. Mark Miloscia, D-Federal Way, spoke at Highline on Tuesday, June 5 as a part of the Local Tuesdays series.

“I’m a lawmaker,” said Rep. Miloscia. “We in Olympia are trying to govern but also make sure that all people prosper no matter what.”

Unfortunately, the state Legislature thinks and acts in a very short-term manner, he said.

“We get two years,” said Rep. Miloscia. “We can make a law that says we are going to end homelessness, but once the law is passed it only addresses the symptoms of homelessness.”

Rep. Miloscia says that in order to address the underlying issues about things like homelessness and crime, the government and parties would need to be united.

“Democracy’s biggest weakness is all the checks and balances,” said Rep. Miloscia. “We don’t have any one person with all the power, but instead we get this gridlock that keeps us from solving problems.”

Rep. Miloscia pointed out that, throughout history, there have been times when there was a consensus among politicians and that is when major issues got solved.

“The Civil Rights movement, FDR and the Great Depression, even 9/11, are all examples of when government was united and we were able to get things done,” said Rep. Miloscia.

Based on the current incarnation of government, Rep. Miloscia said that he is worried about the near future.

“We seem to be in this downward spiral,” said Rep. Miloscia. “No one seems to want to change the way government is going, and if it continues we are only going to get lower.”

Rep. Miloscia also explained some of the reasoning behind the increase in college tuition over the last few years.

“Students have very little political clout,” said Rep. Miloscia. “[Statistically] you don’t vote, you’re not active, and you really can’t make campaign contributions. So you’re easy to tax.”

Rep. Miloscia, who has served seven consecutive terms in the state Legislature, said that he is passionate about bringing accountability and quality per-

formance from government.

“I’m running for state auditor,” said Rep. Miloscia. “An auditor points out flaws in a corporation and gives advice on how to fix it.”

If he wins the election this fall, Rep. Miloscia would then be in charge of auditing each state agency to insure they were actually spending their funds in the way they claim.

“I may actually have some influence [in this manner],” said Rep. Miloscia. “I can try to point out how to solve problems one by one, and when you solve problems it means you actually save money.”

Rep. Miloscia also pointed out that since his race isn’t as popular as governor or attorney general he would have to

use different tactics during his campaign.

“Campaigning is about raising money to get your message across,” said Rep. Miloscia. “Since my race is towards the back-end, people like me and those running for secretary treasurer end up scrambling for contributions.”

Rep. Miloscia said the key is to go meet people.

“I’ve been all over the state, talking to groups, letting them know what I will bring to the state, should I win,” said Rep. Miloscia.

As passionate as Rep. Miloscia is about social issues and accountability he also proposed that if one was to become involved in politics to ultimately tell the truth.



Corey Sun/THUNDERWORD

Rep. Miloscia explains some government processes at last week’s Local Tuesday seminar.

“Be honest, be truthful to your vision. Stand out and speak the truth to power.”

Rep. Miloscia was the final speaker in the Local Tuesdays series for this spring.

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That’s all for now, folks.  
See you next fall.



# TULIP

## It pays to stay safe online



# MANIA

The Dutch went crazy for bulbs in the first of many investing bubbles

By **HIEN HONG**  
Staff Reporter

Flowers slowed down the blossoming of the Dutch Golden Age, Highline history professor Teri Balkenende said.

Balkenende spoke about the tulip mania at yesterday's History Seminar.

History Seminar is a weekly series of discussions on topics throughout history presented by Highline faculty and guest speakers.

In the 17th century, the Dutch were prospering from the shipbuilding, cloth, and the spice trade, Balkenende said.

"All of a sudden you get all this money," she said.

With their abundant wealth, Dutch aristocrats collected exotic items. "They want to show off their wealth, that they're worldly," Balkenende said.

One the most exotic items that could be collected were tulips, which were introduced to the Netherlands by a Dutch diplomat working for the Ottoman Empire in the 16th century.

Dutch aristocrats were enthusiastic about cultivating strange flowers in their gardens, so they started to invest in tulips.

Starting in November 1636, contracts were written to pay large amounts of money for tulip bulbs.

However, since "nobody wants this to be a market," the contracts were negotiated in bars, said Balkenende.

The negotiation involved an arbiter and high bids were greatly encouraged among spectators. It was "a very elaborate system," she said.

As a result of the increasing tulip prices, an economic bubble was created.

"People tend to pay high prices for things that are exotic, rare, and beautiful," said

Balkenende, explaining how the bubble grew.

The Greater Fool Theory is another explanation for the bubble. People continued to bid higher for tulip bulbs, expecting that "there's got to be someone dumber than me who would pay for it," Balkenende said.

In February 1637, the tulip market collapsed due to an ex-



Balkenende

cessive supply of tulips, Balkenende said.

When the tulip market collapsed, many requests were made to bring contracts into court to insure that those who bid will pay. However, it was "hard to get courts to go along with this," said Balkenende.

Investing in tulips was considered to be an activity done by "gentlemen," Balkenende said. Therefore, it should be the gentlemen's job to solve the contract issues.

After the collapse of the tulip market, those who were involved in the bubble were ridiculed, said Balkenende.

Although the Dutch were enthusiastic about tulips, they felt guilty about their enthusiasm, said Balkenende.

At the time, the religious reformation had spread to the Netherlands. The Dutch felt guilty for indulging in the material world when they knew they should be "thinking about the next world," Balkenende said.

The tulip mania is "the legend that sticks around," Balkenende said.

Questions that come up from these events are "Who can you trust?" and "What is valuable?" Balkenende said, adding that modern bubbles are often compared to the tulip mania.

Keeping updated anti-virus software on your computer is a good start to staying safe online. But, it's only a start. You need to take more steps to safeguard your information and your family. Online safety is a complicated business, but here are a few things to keep in mind:

- If you have a number of devices linked together in a home network, such as cell phones, laptops, storage and gaming consoles, you'll need to make sure that all are safe from access. Your network safety is only as strong as the weakest link on it.

- Be sure your router is set to WPA2, the most secure network privacy setting. You'll be required to type in an ID and password, the longer and more complicated the better. This will protect you from those outside who might try to piggyback on your network, either for their own access or to steal your data, or to turn your computer into a remote computer for their own use.

- Beef up your security with a firewall, either the one in your

## Dollars and sense

by David Uffington

computer or one that comes with your anti-virus software. Install good spyware to keep others from following you around the internet. Run malware scans frequently.

- Stay off social networking sites until you have a thorough understanding of the security settings. If you have children, be sure they're old enough to know not to disclose where they live, the school they attend or even their real name. Use online names that have nothing to do with who they really are. An innocent remark in a public chat room about going away on vacation can lead burglars to your door while you're away, if paired with other personal information. And don't let your children use flash drives belonging to their friends.

- Remember that what you

post online stays forever. While you might think it's OK to tell someone that you went to the XYZ Farmer's Market just down that street, that information will be there for anyone to read years for now. If you post photos, make sure they were taken with a digital camera that's had the GPS location tagging turned off.

StaySafeOnline.org has a wealth of information to help ensure that you and your family -- and your gear -- are safe. Read the Fixing Problems section just in case. If something happens, you'll know what to do quickly and whom to contact.

David Uffington regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Write to him in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to [columnreply@gmail.com](mailto:columnreply@gmail.com).

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## 'Selection' offers romance, dystopia

*The Selection*, by Kiera Cass.  
(HarperTeen, \$17.99)

Reviewed  
by EALISH WADDELL

In the country of Illea, the caste you are born into decides your fate. So when the once-in-a-lifetime opportunity is given to move up to fabled One status by marrying the prince of the realm, thousands of girls across the country jump to compete in the Selection.

Though pushed by her family to enter, America doesn't really want to -- she's fine with her Five existence and loath to leave her secret love, Aspen, a forbidden Six. So of course America is chosen as one of the initial 35 contestants, and instantly plunged into the nation's biggest reality show, *The Bachelor* for the royal set, with all



the egos, catfights and sparkly dresses that entails.

Estranged from Aspen and ensconced in the palace far from home, America is simply happy to make a few friends, avoid her enemies and enjoy having enough to eat for the first time in her life. She doesn't think she stands a chance in this contest, not that she cares much; she has no desire to be a princess. But that's before she actually meets Prince Maxon, and discovers that he is far more than the stiff drip he always seemed on TV.

And before Aspen shows up at the palace, determined to pick up where they left off.

Although *The Selection* falls into the currently red-hot young-adult dystopia category, it is on the lighter side of the genre. Illea's society is far enough into the future to have relegated our countries to their history books, but technology and style is approximately analogous to the present day.

The characters are the most interesting points, particularly feisty but compassionate America and the genuinely gentlemanly Maxon. But while romance is the crux of the plot, glimpses of the outside world hint at a more complicated story to come in subsequent books.

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## Movies, rabbits, and like water for cars

By SAMANTHA WEAVER

¥ It was pop art icon Andy Warhol who made the following sage observation: "It's the movies that have really been running things in America since they were invented. They show you what to do, how to do it, when to do it, how to feel about it, and how to look when you feel about it."

¥ If you were like the average rabbit, you would take 18 naps



every day.

¥ You probably know that the 1939 film *The Wizard of Oz* was based on the book *The Wonderful Wizard of Oz* by L. Frank Baum. You may not realize, though, that Baum wrote a total of 14 Oz books between 1900

and 1920. The series continued even after the author's death; Ruth Plumly Thompson produced one Oz book every year between 1921 and 1939.

¥ Those who study such things say that wine was being drunk more than 7,000 years ago, in ancient Sumeria.

¥ The manufacture of a single domestic automobile requires the use of a whopping 39,000 gallons of water.



# Organize, optimize and exercise to limit stress

Avoiding stress can be done by pacing yourself

By **JAMELA MOHAMED**  
Staff Reporter

Exercising, getting sleep, and being organized are ways students can cope with stress during finals week.

Jack Chuang and Garth Neufeld, are both psychology professors at Highline and they both encourage students to be organized during finals week.

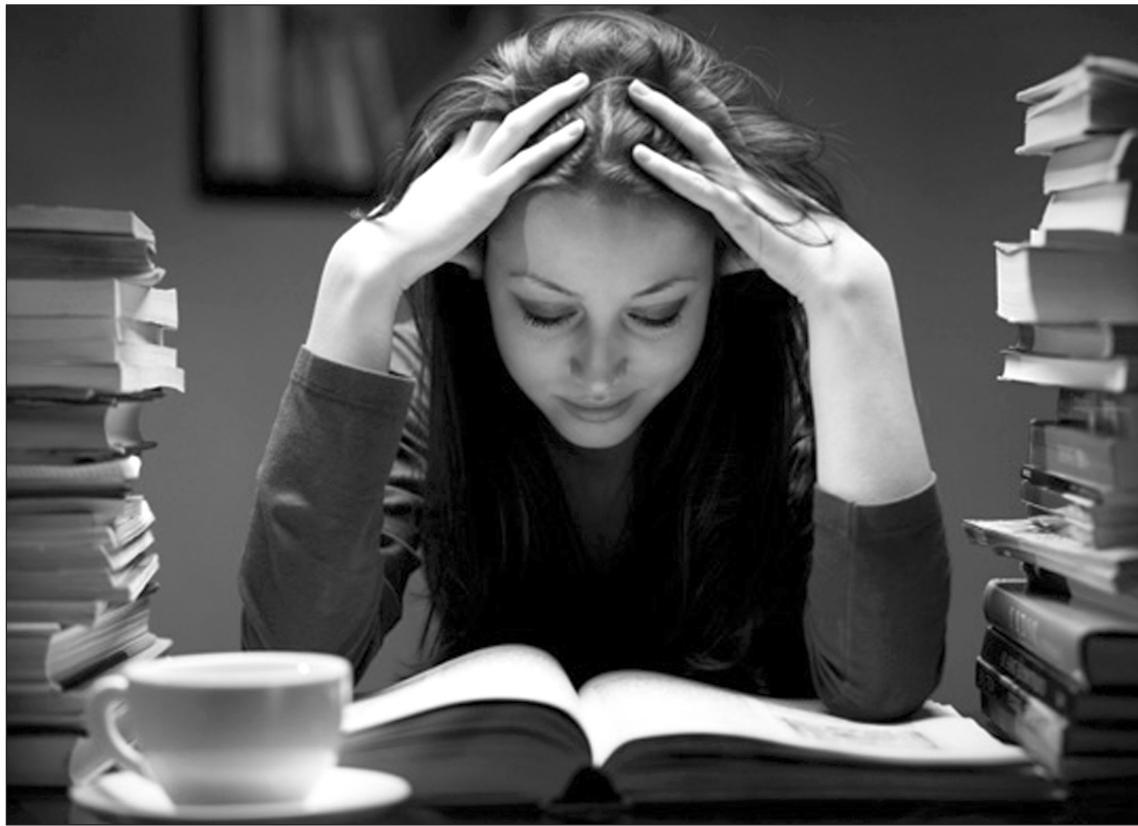
“Structure your time - your work, your relationships, your other classes, and your free time. Use this structure to work toward your goals effectively,” Neufeld said.

“Use this online tool to help you stay focused on one task at a time, working for 25 minutes, with 5 minute breaks in between - kabanflow.com,” Chuang said.

“I make sure I write down what I need to do, so that I am more organized,” said student Gersom Tesfaye.

Some students say that they drink tea because it helps them become more relaxed and it also puts them in a positive mood.

“I tend to stress out, so I



*Students stress during finals, but they don't have to. Professor Garth Neufeld says that students should sleep, exercise and keep themselves organized to beat the stress of finals.*

make sure that I don't procrastinate. I also drink tea which calms my nerves,” said student Kelli Yerokhina. “I drink tea when I need energy,” said a student who wanted to be identified as Kacy. Another way Neufeld says helps deal with stress during finals week is sleep and meditation.

“Slow down. Get eight hours

of sleep. Find time to meditate, pray, relax, even for a few minutes a day,” said Neufeld.

“Don't try to study all day. It's psychologically proven that not enough sleep can be a result of stress. Make sure that you are well rested,” said student Roger Atangana.

“Take a break and breathe. I noticed that if I take a 30-min-

ute break and go back to my work, it becomes clearer,” said a student who wanted to be identified as Julia.

“I created a stress-free zone in my house and every time I become stressed I go in that area,” said a student who wanted to be identified as Abate.

Neufeld also recommends students to get their blood

pumping with cardio or even a walk. “This gives our bodies' stress hormones an outlet,” said Neufeld.

“I like to work out when I am stressed. It helps me keep my mind off of finals, and other things I would like to forget about,” said student Neima Ahmed.

“Stress is not good for the body and can affect school work,” Neufeld said.

“The sleep and diet deprivation of finals week can cause students to ‘crash’ once finals are over,” said Chuang.

“Exhaustion can lead to one being vulnerable to colds and other infections,” he said.

Students say that studying with friends also helps reduce stress during finals.

“Take control. People feel more anxiety when they don't believe they have control. So, start a study group, review your past tests and assignments, go see the instructor if you have questions. Don't let anxiety control you,” said Neufeld.

“I like to ask my friends for help. If I don't have the answer I know someone else will,” said Asha Isaac.

Staying motivated is another way to help with stress.

“Give yourself an incentive to study hard,” Neufeld said.

## Officials encourage students to chase dreams despite trials

By **SHYLA AKINS**  
Staff Reporter

It is important to keep pushing through the difficult times of your life, said two Highline faculty members and a student at the last First Fridays leadership workshop.

The speakers were Dena Dillon, the executive assistant for student services, Dr. Darryl Brice who teaches sociology at Highline, and Viet Dinh a student leader at Highline.

It was Dillon's second time speaking at a First Friday's event this year at Highline. She gave an inspirational lecture about life's challenges and try-

ing to find a purpose in life.

“Each of us is created for a purpose. It's not about how rich, famous, or how pretty/handsome we are. It has more to do with the gift we are given and how we can benefit the world we live in,” said Dillon.

After being in an abusive relationship for more than 10 years and having a stroke that paralyzed her left side, Dillon said she found strength to overcome all of it.

“It taught me that I had inner strength and how important forgiveness is for yourself and your health. Every single day we have is a gift,” said Dillon.

Dr. Brice said people could continue to pursue their dreams no matter how hard it may be and you just have to embrace the pain.

Natasha Burrowes was one of the staff members who helped put together this event. She is the Assistant Director for Student Programs and Diversity at Highline Community College.

“I can't tell you how many students have said they have changed because of Dr. Brice. He teaches from a place of love. He's a teacher who teaches for life and a better world,” said Burrowes.

People put you through challenges to see if you will keep fighting through. Difficult times in your life are not an excuse to stop working hard, said Dr. Brice.

“Suffering is the story you tell yourself about the pain,” said Dr. Brice.

Dinh spoke about always being true to who you are. Dinh said the only thing he regrets not doing is not being himself for the past 20 years.

“I always knew I was different, I just didn't want to be alone so I pretended to be someone else,” said Dinh.



“I always knew I was different, I just didn't want to be alone so I pretended to be someone else.”

— **Viet Dinh,**  
student leader

Dinh said he came out about his sexual preference last year and he now has the freedom to be who he is and he has friends who love him for him and are always there for him.

“Each of you have insecurities but don't let that take away from who you are,” said Dinh.

Three student awards were also given out during the event. Highline students Viviana Penaranda and Kaitlyn Davidson both received the leader of the month award.

“I will miss Highline and I will never forget this journey,” said Penaranda.

“I just want to thank everybody for this opportunity and I

am glad I got this experience,” said Davidson.

Yuri Nishizaki received the leader of the year award at the event.

“I want to thank everybody for this award and I am thankful for the opportunity and I will miss Highline,” said Nishizaki.

The First Friday's Leadership Institute certificates of completion were handed out to approximately 30 Highline students.

This year's leadership at Highline was successful, with over 50 vibrant active clubs and organizations on campus.

First Fridays will return in October 2012, said Burrowes.



“Suffering is the story you tell yourself about the pain.”

— **Dr. Darryl Brice,**  
sociology professor



# From mops to computers

# MaST makes a movie

## Laid-off Highline student makes radical career change

By **MICHAEL SALLEE**  
Staff Reporter

Maya Osbourne has gone from being an unemployed janitor to being accepted to the University of Washington in computer science.

"I was working full time at a church as a janitor, then the recession hit. I lost my job and my house," said Osbourne.

During this time Osbourne began to think about going back to school.

"I didn't focus on new things and wasn't passionate about school until I came to Highline," said Osbourne.

"I started Highline in 2008, took a few quarters off, then re-started in 2010," said Osbourne.

"I came to Highline wanting to get a nursing degree, but shortly after changed my major and decided I wanted to go into computer science," said Osbourne.

"I had been doing web design since I was 13, so naturally it intrigued me, but it was then when I realized I needed to take a lot of math," said Osbourne.

"At the time I made too much, so financial aid wouldn't cover me and that was irritating for a while," said Osbourne.

"Several notable instructors that helped me along the way are Jason Ramirez, Erik Scott, Ron Davidson and Tina Ostrander," said Osbourne.

Ostrander was Osbourne's adviser and the most influential person during her time at Highline.

"I never would be here today if it wasn't for Tina Ostrander,"



Austin Seeger/THUNDERWORD  
*Maya Osbourne found her niche in computer science.*

said Osbourne.

"Maya is a hard-working and motivated student who is willing to go the extra mile," Ostrander said.

"I was particularly impressed with her desire to do a job shadow with a software developer in order to learn more about the industry. We set one up for her, and it was a positive experience.

"I am confident that Maya will go far."

Osbourne, who is 26 years old, started off in Math 81 has worked her way up to Math 153, that's eight different classes of math.

"I struggled with math at first, but it wasn't until I got to trigonometry and calculus – the logic side of math – when math began to get easier for me," said Osbourne.

"I take struggle as a challenge, it pushes me," said Osbourne.

Through an email, one of

Osbourne's instructors, Erik Scott said, "She's inquisitive and her curiosity seems to know no bounds – we've discussed the mathematics of videogame physics and Google's ranking algorithm, and she's explored ideas with physics and computer science instructors, too. She is a fabulous person."

Now, with just a few more prerequisites, Osbourne will be taking some summer courses and is on the verge of graduating.

She has already been accepted to the University of Washington in Tacoma, and will be attending at the start of next fall quarter to continue her major in computer science.

"I am also thinking of getting my minor in either math or business," said Osbourne.

"My future job will be a software engineer, but my dream job would be to work for Google," said Osbourne.

By **KEVIN KENISTON**  
Staff Reporter

Highline's Marine Science and Technology Center hopes to be a star on Youtube soon.

As part of the Science of the Sound series, Jim McGauhey came to the MaST center last Saturday, June 2, to put together a promotional video.

McGauhey is a local diver who has more than 25 years of filmmaking experience.

He showed four cameras he used for filming and explained how to use them. He asked if anyone wanted to test them out by taking shots for him.

"We're going to shoot a promotional video for the MaST center," McGauhey said.

McGauhey loaned out his cameras and explained the shots he was looking for, which included some of the marine life at the MaST center.

When the camera operators returned, McGauhey uploaded the shots to his computer and began the editing process.

"It usually takes me anywhere from two to four hours of post-production for every minute on a DVD," McGauhey said.

Using his computer, he cropped the videos down and put them in sequence over the audio of an interview.

McGauhey said he will often edit in stock footage and B roll at this time. B roll is generic footage from previous films that is edited into the main shots and used as background or filler.

Stock footage is film that is generally low cost or free to use and are typically shots of wildlife or historic events.

Once the video is finished, he plans to upload it to YouTube and Facebook to promote the MaST center.

McGauhey also talked about his experiences as a filmmaker and explained some of the steps he takes when making films.

To tell a good story, you want to make sure it jumps out and grabs the audience, he said.

First, McGauhey said he comes up with a storyboard showing the scenes and shots he needs. He then finds any actors, directors, and additional camera operators he needs to help him take shots.

Scenes can be filmed with multiple cameras to provide the editor with several shots to work with. McGauhey said a general rule is to not hold a single shot for more than five seconds because this might cause the viewer to become uninterested.

McGauhey warned aspiring filmmakers that poor lighting can ruin great shots.

"Light is the most important thing," McGauhey said. He said you must always make sure you have the best lighting possible.

After the shots are filmed McGauhey will take the video images and put them over the audio of an interview.

"We can do the basic interview and then cut in other shots," McGauhey said.

Having a good interview can add a lot to a video because sound is one of the most important factors in film.

"Sound is 70 to 80 percent of what we call the video," said McGauhey. "Sound is more important than the visual image in many cases."

The Science on the Sound series was scheduled to continue on Saturday, June 16 from noon to 1 p.m. at the MaST center, but the scheduled speaker has cancelled.

The MaST center is looking for a replacement, but has not found one yet.

If a replacement is not found, Science on the Sound will continue Fall 2012, starting in October.

The MaST center is located on the waterfront at 28203 Redondo Beach Dr. S, Des Moines.

# Do your homework and find the right university

By **PAUL PINKNEY**  
Staff Reporter

Like a good pair of shoes, a four-year college needs to fit, advisers and students say.

"When choosing a college it's a value fit," Dr. Gwen Spencer said. "Is it really the type of experience that will bring out the best in you?"

Dr. Spencer works in the Educational Planning and High School programs department.

Four-year colleges want to know if students will fit them as well.

Afton Tyler is an admissions adviser at University of Wash-

ington Seattle.

"When looking at applicants I give priority to students coming from Washington community colleges, students that have approximately 90 credits and students that are academically prepared to pursue their major," Tyler said.

Students hoping to transfer need to do two things if nothing else.

"Get yourself major ready, or [get] ready to engage in your major, and start working with the college and talking to advisers," Dr. Spencer said.

"I really encourage students to apply for scholarships," she

said.

Students say that financial aid is the top priority when choosing a four-year school.

Chase Dumas is a Highline student that chose to transfer to Central Washington University.

"Something with good financial aid and won't screw me," Dumas said. "That's what I was looking for."

Sunny Minhas said, "I look at the price, and what scholarships I can get. I got accepted to NYU but it's really expensive."

Other students who hope to transfer say they first make sure the college offers the program they are interested in.

Ammar Husanovic, a Highline student, said, "I chose Central because of the programs they had. I want to be a teacher and they have a nice teaching program there."

Brooks Allen chose UW Seattle when he went on an atmospheric science field trip.

"The best school other than UW for atmospheric science is on the east coast and that's kind of far," Allen said.

"I chose the Berkeley College of music because it is a good music school," Lizaella Copper said.

The social atmosphere is a big part of student's choices as

well.

"I chose Central because they party hard. Friends too," said Nate Cuff.

"I'm also looking for a fun environment," Chase Dumas said.

"I also look at how many friends I have at that school," Sunny Minhas said.

Christian Kemp said he is looking for a "really diverse" campus.

"I like when people are really mellow," Kemp said.

"A nice dorm. Somewhere I can chill and do my homework, play StarCraft 2," Ryan Card said.



# Treatment for mental illnesses still has a way to go

By **HIEN HONG**  
Staff Reporter

The way society used to treat people with mental illness was insane, said Highline professor Ruth Frickle.

Frickle, who teaches psychology, spoke about the history of mental illness at last Wednesday's History Seminar.

History Seminar is a series of weekly discussions on topics throughout history presented by Highline faculty and guest speakers from 1:30-2:20 p.m. on Wednesdays.

Mental illness is when a "person's behavior and mental process are distressful to others and themselves," Frickle said.

However, having dysfunctional behavior isn't enough to say you're mentally ill—it's when you're unable to work and function in daily life, Frickle said. In severe cases, a mentally ill person could also be dangerous.

People have been trying to treat mental illness since ancient times.

In ancient Egypt, "mental disruptions were not well understood," she said.

Although the Egyptians realized the brain affected mental processes, they believed mental illnesses were caused by spiritual possession so it was "treat[ed] with prayers and incantation," Frickle said.

Around 500 BC in Greece, it was believed that the "brain is the seed of wisdom," said Frickle.

The Greeks assumed that something was wrong with the



*Ruth Frickle explains the history of treatment for mental health patients from the early ancient days to more modern times. Frickle says that treatment still has a way to go before it is up to par.*

brain if a person's behavior was out of the ordinary. Since it was a health problem that couldn't be controlled by the affected person, they believed the mentally ill "should be treated humanely," she said.

However, when the Middle Ages came around, "science went underground" and people began to "turn to explanations that were supernatural," Frickle said.

Mental illness was primarily treated by clergymen and was "generally humane but included exorcism," she said. People be-

lieved demonic possessions caused mental illness.

In addition, contagious outbreaks happened.

"[It's] where lots of people have the same problem" but there is "no common connection, except they're all stressed," she said.

For example, Saint Vitus Dance, an outbreak of convulsions and uncontrolled movement was common.

Unhealthy factors such as disease, famine, and bad diet contributed to rapid death for those who were men-

tally ill, Frickle said. In the Renaissance period, the mentally ill were humanely cared for at home with the support of a nearby parish or by monks at monasteries.

However, "asylums were born," because the number of mentally ill people increased, said Frickle. Asylums housed people who were mentally ill, but they weren't cared for and sometimes locked up, she said.

"The assumption was these people just needed to choose rationality," said Frickle.

It was not until the late 1700s that mental illness treatment reforms began in Europe.

People thought "interpersonal and social conduct is the root of the problem," Frickle said. The people who are around you affect how you act and feel, so to treat mental illness, people should be treated well by those around them.

Rather than confining people who were mentally ill, institutions began to take care of them compassionately and integrated them into a community.

People who were mentally ill were allowed to do small tasks and socialize daily and they "did really well," Frickle said.

The reform expanded to the United States and was called moral management.

However, by the late 1800s, the "quality of care goes down," said Frickle.

Due to the increasing population in the United States, "moral management is all gone," she said.

Mental illness was no longer seen as a social, but physical, disorder. People who were mentally ill were being taken care of, but the focus was on their physical well-being and safety, Frickle said.

People with depression were encouraged to rest because it was believed that nervous exhaustion, or depletion of a nerve, caused them to be depressed, Frickle said.

Later on, a classification system was developed. It "helps us figure out what possible causes were and treatments," Frickle said.

At this point, mental illness was seen as a physiological and psychological disorder.

By the 20th century, better treatment was available.

In 1946, the National Institute of Mental Health was formed to train doctors in psychiatry, Frickle said.

Mental patients were treated with sedatives, electro therapy convulsion, and lobotomy.

Back then, lobotomy, an operation that cuts the frontal brain lobe, was thought to be one of the best cures, Frickle said.

Additionally, mental patients started to be deinstitutionalized.

Rather than "warehousing people" in institutions, it was believed that community clinics could be set up to support mentally ill patients, said Frickle.

However, "supports weren't well established [and are] still not," Frickle said.

A revolving door scenario happened, said Frickle. Patients would go into institutions, become stabilized with medicine, go home, stop taking the medicine, and then return to the institutions.

"You need to take them [medicine] forever sometimes," she said.

However, since support for mentally ill patients is not well established, mentally ill people can end up in jail, Frickle said.

Today, the most extreme treatment for mentally ill patients is brain surgery. However, it's a costly last resort and isn't guaranteed to cure after the first try, Frickle said.

## Professor takes service to next level as division chairwoman

By **ALISA GRAMANN**  
Staff Reporter

September will bring some changes to Highline's Business Division.

Babs Cerna, current department coordinator for the Medical Assistant Program, was recently elected chairwoman for the Business Division.

Amelia Phillips, current chairwoman of the Pure and Applied Science Division, and Ruth Frickle, current chairwoman of the Social Sciences Division, will continue serving in their respective positions.

As chairwoman, Cerna will coordinate various activities, schedules and budgets for the nine departments that fall under the umbrella that is the Business Division.

The accounting, business, business information technology, hospitality and tourism management, interior design,

medical assistant, paralegal and international business and trade departments comprise the Business Division, and Cerna's new domain.

Cerna said she will work with the coordinators of those departments to make sure the division is efficiently managed.

"My first goal is to learn about the responsibilities," she said, so that she can effectively advocate and facilitate the needs of the departments.

Cerna grew up near Walla Walla, and found her way to Highline through a newspaper ad that she saw while working in a clinic in Des Moines.

She started teaching at Highline as a part-time adjunct in 1996.

"I've been here for a while," Cerna said. "I felt like I was ready to step up to the next level."

She said she likes being involved in the administration

process, which is why she applied for the position.

After sending in a letter of application and a resume, Cerna participated in a public interview with members of the Business Division. Tenured and tenure-track faculty then voted on candidates, with the results passed on the Vice President of Academic Affairs Jeff Wagnitz, who then sent a recommendation to Highline President Jack Bermingham.

A campuswide email announced that Cerna was appointed to be the chairwoman of the Business Division.

"I don't start until September," said Cerna, who will be chairwoman until 2015, when the process will repeat itself.

"It's a new adventure," Cerna said. "I'm going to be able to build more relationships across campus," as well as maintain her current relationships.

"[But.] I'm going to need to



Austin Seeger/THUNDERWORD  
*Cerna was recently elected chairwoman of the Business Division.*

learn more about some of the departments that I don't know a lot about," Cerna said.

"I want to become more in tune with transfer... classes and programs," Cerna said.



## Highline students look forward to work, rest

By **EDNA SALINAS**  
Staff Reporter

Highline students say they are looking forward to warm summer days.

Student Jon Culver says he's looking forward to "the sunshine."

"The sun," said Jose Ramirez.

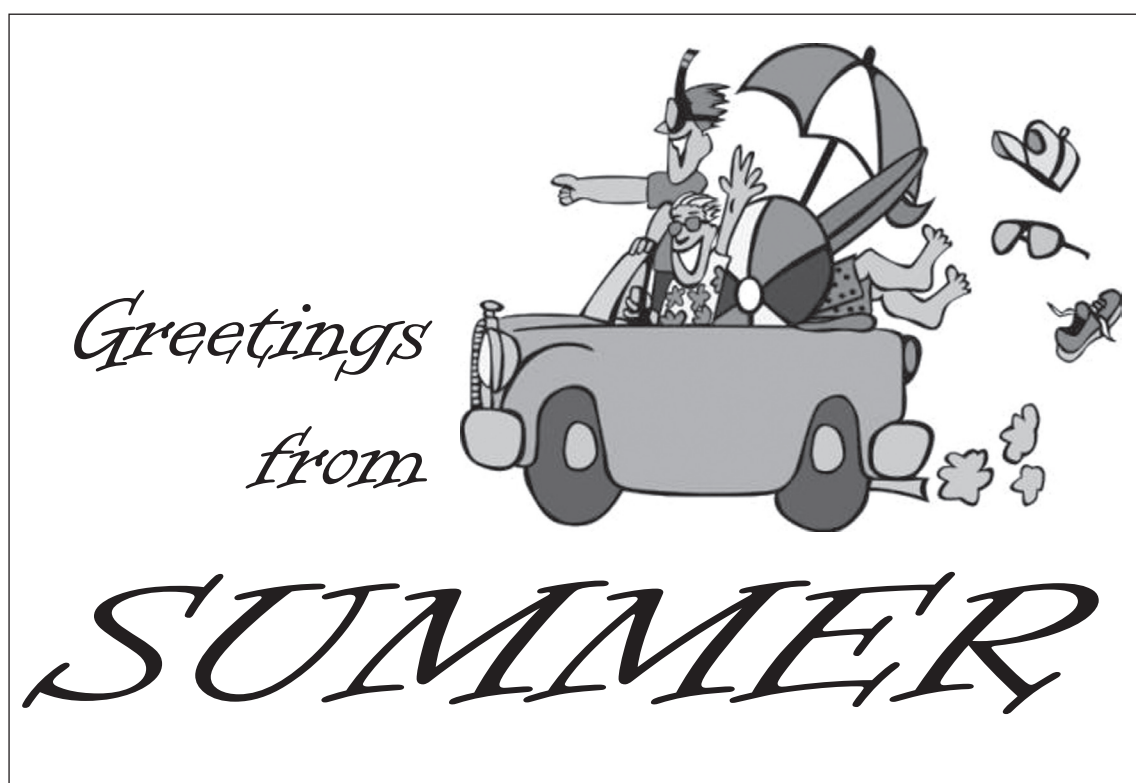
"Chilling, not doing anything, and the sunshine," said Charlie Singh.

"Not as much rain," said Lisa Henry.

Senol Mehmedovic said he's excited about "getting some sun."

Some students will be going on vacation to enjoy their summer.

"In July I'm going to Banks Lake [Grant County, WA],



which is my Disneyland. It's like my magic place," said student Brandy Pangan.

Student Bailey Mortensen may be going to Florida or Mexico this summer.

Steven Kim is planning to go to Korea.

Lisa Henry and Rachel Pauler will both be going to Mon-

tana on a mission trip.

California is a yearly vacation place for student Michael Fields.

Although some students are going on vacation, others say they will be busy looking for a job.

Highline student John Pham is going to start looking for a

part-time job to save up for college expenses.

"I'm going to try to find a job," said Axa Molina.

"I'm looking for a job right now," said Jose Ramirez.

Ayshna Devi, Charlie Singh, and Fields will all be looking for jobs this summer.

Some Highline students are

already working and will continue working in the summer.

Danila Caoagdan will be working at the Sea-Tac Airport.

Olya Petrova works at a chiropractic clinic.

Lisa Henry works at the American Cancer Society and Sarah Thomas works at QFC.

Relaxing and hanging out is what most Highline students are looking forward to this summer.

Petrova says she's happy about "not having to stress out about anything."

"A lot of free time," said student Axa Molina.

Fields says he enjoys "relaxing, having fun, and having time to just do nothing" during the summer.

"Not coming to school," said Parker Johnson.

"I like being able to hang out with friends more often without being stretched out and busy," said Sarah Thomas.

"Hanging out with family and spending time with my loved ones," is what Caoagdan looks forward to.

"Summer nights, good friends, good vibes, stuff like that," said Charlie Singh.

## Film portrays challenges of refugee students

By **JAMELA MOHAMED**  
Staff Reporter

Refugee students in Washington are faced with difficult barriers when transitioning into school.

Most of the refugees have no prior education and are entering school for the first time. The atmosphere of the high schools can be a culture shock for most refugee students.

Joseph Lian has lived in Washington for two years and

is a teen refugee from Burma.

"At the beginning we have no friends. I didn't like the school, or the food, and there were a lot of cultural differences," Lian said.

"The first year I wanted to go home. I didn't understand much, but my friends told me to not give up and get help," said Irina Tislenok, a teen refugee from Russia.

"I never went to school and I was put in the ninth grade when I came here. I had a hard time,

but I started reading and it really helped," said Amina Ali, a teen refugee from Somalia.

Many of the refugee teens have overcome many difficulties before coming to the country.

After a man tried to rape her sister at the refugee camp, Ali's family was relocated to Washington for a better life.

"There are a lot of crimes in the government and education is hard to get due the lack of resources," said Subash Acharya,

a teen refugee from Nepal.

Stories such as these are told in the new film, *Starting Again*, which chronicled the lives of refugee students transitioning into high school.

The Refugee Transition Center is a partly funded by a grant from School's Out of Washington, a grant management agency contracted by Washington State Department of Health and Human Services.

"A lot of people don't know enough about refugees.

This film shows what they go through from a student's perspective," said Pang Chang, a Refugee School Impact Grant Project director from Seattle.

The Refugee Transition Center registers refugee students for Kent schools and follows their progress.

The objective of the program is to make sure that refugee students are successfully able to transition into their high schools by building their learning and life skills.



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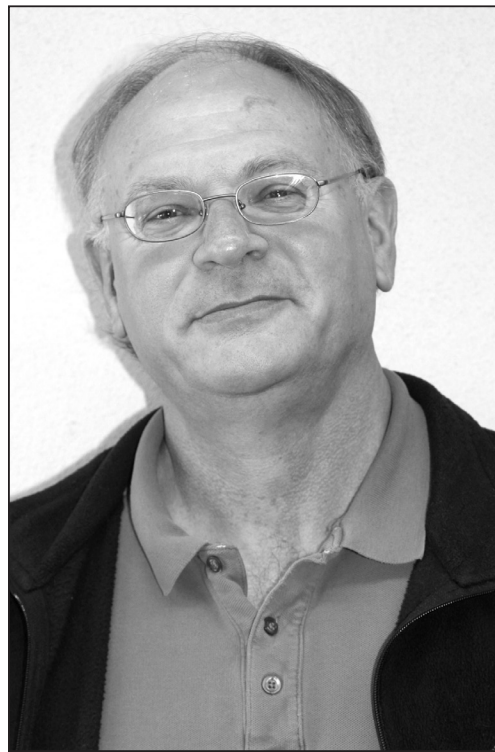
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# Former P-I journalist steps in at newspaper



Gene Achziger

By **PAUL PINKNEY**  
Staff Reporter

Gene Achziger will be filling in as Thunderword adviser for Dr. T.M. Sell next fall and spring at Highline.

"I've observed him with students and I thought 'here's a guy that can step in here and help run the newspaper,'" said Dr. Sell.

Dr. Sell met Achziger in the late '70s when he got a job at a local newspaper.

"He's experienced, a good news man, sharp guy, and he seems to be good with students," said Dr. Sell.

Achziger has had a lot of experience in the news business.

Achziger has a bachelors of arts in Communications from Washington State University and an associate of applied science in Visual Communications from Highline.

"I've worked for various local newspapers," said Achziger. "Robinson News, in Lakewood, Puyallup, the Seattle Times

and I spent 26 and a half years working for the Seattle P-I."

Achziger also has experience in front of a classroom.

"I team-taught at PLU...for one quarter. The professor brought me in and we both taught at the same time.

"I enjoyed getting in to the classroom with young people and teaching them. The exposure to pop cultural issues gives you a different perspective," said Achziger.

Achziger enjoys the direction the class is taking and hopes to add his own flair to the program.

"A journalist's integrity is important if people are to trust you to report the news objectively," Achziger said.

"I think that students [at Highline] are getting a well-rounded entrée to journalism," said Achziger. "And I want to stress the sense that journalism is a calling."

Achziger will be filling in while the newspaper prepares for the transition to an online publication format. This is scheduled for fall 2013.

# Highline branches northward

By **JESSE LEAUPEPE**  
Staff Reporter

Highline is expanding its student base by establishing mini campuses around the community.

Earlier this spring, Highline was ready to offer a communications class at the Greenbridge Learning Center in White Center. Unfortunately, not enough students signed up for the class for it to run, said Dean of Instruction, Rolita Ezeonu.

But this Fall Quarter, Highline will be offering even more classes at Greenbridge.

"The purpose is to include potential/current students who might be in and around this area," said Ezeonu.

The college is looking to give more people the opportunity to further pursue a better education by starting in locations around the community, closer to home.

"In the long run, to ensure that we're equitably serving our entire community, we'd like to establish access points in at least a few other areas of our service district," said Vice President Jeff Wagnitz. "The shorter the commute-time to a campus, the higher likelihood that people will enroll."

Students will pay the same tuition costs and register the same way they would if they were taking classes at the Highline campus.

The classes that will be offered at Greenbridge are within the departments of Business Technology, Education, and GED.

"Our hope is to continue to fulfill the needs of our community and to be accessible to our potential/current students," said Ezeonu.

For Highline to serve everyone in the community fairly, they need active, engaged partnerships within the community, college officials say.

"In Greenbridge, we have a strong network of longtime partners, several with facility space, who share our interest in expanding educational opportunities in that neighborhood," said Wagnitz.

Federal Way and Burien are other possible areas of the service district where Highline is looking to establish access points.

"Our hope is to have it there every quarter," said Ezeonu.

The school is working on identifying and developing more similar collaborations around the community, said Wagnitz.

# Mental health care: Hurry up and wait

Too many veterans have waited far too long for mental-health care.

The Office of the Inspector General at the Department of Veterans Affairs was asked to look at whether the Veterans Health Administration is accurately recording the wait times for mental-health services for both existing and new patients.

Policy states that if a veteran calls in and asks for help, he or she is to be seen within 24 hours.

If after the initial evaluation the veteran is not immediately given services (hospitalization or outpatient care), a more-comprehensive evaluation must take place within 14 days. This



by **Freddy Groves**

would include a diagnostic and treatment plan.

VHA is to calculate wait times by figuring the days from the desired date of care to the date of the actual appointment. This assumes, of course, that the right date is entered into the system.

The VAOIG determined that: 1) VHA doesn't have a reliable way to determine whether it's giving services on time; 2)

VHA doesn't provide initial appointments within that 24-hour window; 3) Veterans are waiting far past that 14-day window for their treatment plan appointments.

As always, the devil is in the details.

The VA's own 2011 performance report claimed that 95 percent had their evaluation within 14 days. Not so, said the VAOIG. The VA's inaccurate calculations were based on the time between the actual appointment date and the time the evaluation was complete ... often on the same day, which looked like a wait of zero days. It wasn't calculating how long it took to get the appointment,

which might have been weeks.

The VAOIG looked at selected records and determined that only 49 percent of veterans had their evaluation within 14 days. The average wait was 50 days to get a full evaluation.

Fifty days is a long time for a veteran who is seeking help.

To read the whole report, go online to [www.va.gov/oig/pubs/VAOIG-12-00900-168.pdf](http://www.va.gov/oig/pubs/VAOIG-12-00900-168.pdf).

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to [columnreply@gmail.com](mailto:columnreply@gmail.com).

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# Take time, steps to find right contractor

Q: I'd like to hire a contractor to make some repairs to my garage, but I hear a lot of stories these days about handy-men who overcharge, don't do the work promised or otherwise cheat customers. How can I make sure I get what I pay for?  
-- Clarence T., Philadelphia



deciding.

•Check with the Better Business Bureau to see if any complaints were lodged against the contractor and how the contractor responded to those complaints.

•Ask the contractor if you can contact past customers about his work.

•Ask for the contractor's license, as well as proof of workers compensation insurance.

•Get everything in writing: A statement of when the work

will begin and end, how much materials will cost and what materials will be used, how much labor is involved and what that will cost, whether permits will be required, and whether the work must meet building codes.

•Do not allow work to begin until you have signed a contract you both agree on.

•Never pay in advance, and do not pay in cash: write a check or use a credit card instead.

•Insist on inspecting all work yourself (or have a representative inspect it for you) before providing the final payment.

If a problem crops up during or after the repair job, try to resolve the issue with the contractor first. Reputable contractors will try to make it right. If you can't resolve the problem or can't find the contractor, you

can lodge a complaint with the BBB or contact your state or city's consumer protection department.

**HOME TIP:** Word of mouth is still the best way to find a good contractor. Ask neighbors, family and friends if there's a contractor they can recommend.

**HOME TIP:** Help prevent a dangerous buildup of creosote in your chimney by burning hotter, cleaner fires. Use well-aged hardwood and crack a window in the room to draw in more oxygen.

Send your questions, comments and tips to [ask@thisisahammer.com](mailto:ask@thisisahammer.com), or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.



## Mills

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not in it.”

As a result, a foster home is often not a solution.

“Sometimes the home you go into is the same or worse. For every 30 bad homes, there’s one good home,” Mills said. “I don’t know how many I’ve been in; it’s been a lot though.”

The events of her life, in part, convinced her to do the Running Start program and come to Highline.

“School was my outlet,” Mills said. “I did the Running Start [because] in my family, it’s a continuous cycle: the mom’s an alcoholic, the dad’s in prison,

[and] the kids are in foster care.”

Mills is determined to not to let a rocky start and a turbulent childhood hold her back.

“I don’t care how hard my life gets,” she said. “I refuse to be the people that my parents were and for my kids to have the life that I had. It’s not that I hate them, I’m actually thankful. If they hadn’t done what they did, I probably wouldn’t be where I am.”

She said she’s also fighting against something else.

“I don’t want to fall into the statistics,” Mills said. “I’m Mexican, native and black. In terms of those statistics: I’m not doing drugs, [and] I’m not pregnant.”

In moving forward, Mills is finishing up Running Start and her associate of arts degree this

spring. She has also received a full-ride scholarship to Seattle University.

Mills said that she is interested in gynecology and sex education.

“I get a lot of weird looks when I say that,” she said.

When she was in middle school and high school, Mills said that she had unanswered questions.

“Middle school and high school teachers are never comfortable teaching about the human body,” she said. “I took Human Sexuality and a lot of my questions got answered.”

That, in turn, motivated Mills.

“[When he was] in seventh grade, my little brother talked about his friends doing drugs and having sex,” she said.

“I’d like to be a sex health educator for middle schoolers and high schoolers because I think there’s a lot that needs to change about sex ed.

“The less educated [that] kids are and the more [that] they’re doing, the less responsible they’re going to be about it.”

Mills said she wants what she does to have meaning.

“I’ve always wanted to have a purpose in what I do,” she said. “I’ve always wanted to work with people.”

That’s why gynecology also interests Mills.

“A lot of women aren’t always responsible or forthcoming about their sexual health,” Mills said. “[It’s] because it’s an awkward topic; people are embarrassed to ask questions about their own bodies.”

While at Highline, Mills has been a part of the Black Student Union, the United Latino Association, Giving Tree and the Honors Program.

“The Honors Program is a great program,” she said. “I [had] always thought honors students were 4.0 students and really book-nerdy.

“[But],” Mills said, “I don’t know where I’d be without the Honors Program.”

Even though she is looking forward to moving on, Mills said that she’ll miss Highline.

“I’ve made a lot of connections here,” she said, “[and] being at Highline helped me to discover who I am and who I want to be.

“It’s definitely a packed and very well-written chapter of my life that I will never forget.”

## Get educated before you vote

### Equal marriage rights supporters encourage people to research before voting

By **JAMELA MOHAMED**  
Staff Reporter

Many Highline students say that they will vote approve on Referendum 74.

Referendum 74 was filed to overturn Senate bill 6239, which the State Legislature passed earlier this year. This bill gave same-sex couples the legal right to marry.

Steve G. Martel, a second year intern counselor who teaches the Lesbian, Gay, Bisexual, & Transgender Experience class at Highline, spoke about Referendum 74 recently.

“This is going to be in the November ballot and a lot of people still haven’t decided whether they approve or reject,” said Martel.

There is also confusion with the referendum and Initiative 1192, which is a proposal that wants marriage to be between one man and one woman.

“If people vote yes on Initiative 1192 they are not approving same-sex marriage. If they vote no than they approve it,” said Martel.

Members of PRISM also warned voters on the confusion.

“You want to vote no on 1192 and approve Referendum 74, if you support same-sex marriage,” said Vigo Beninger, a member of the People Respecting Individuals and Sexual Minorities (PRISM) club.

Another thing that voters will notice will be the campaign advertisements and commer-



Steve Martel

“If we can get the youth to support and maintain marriage equality than we can get the referendum approved.”

- **Steve Martel,**  
intern counselor

cial.

“There are going to be a lot of bad advertisement from the people who oppose same-sex marriage,” said Martel.

Students say that the media, religion, and where students live can also be an influence on how they vote on the referendum.

“The media is a reason for people not understanding most issues, people should look it up and make the effort to look deep,” said Muibah Azizz, a student.

“People say it’s not natural. It’s a matter of opening your eyes and getting your voice out. People need to get educated psychologically and politically,” said Beninger.

“If we do approve it, it is going to be a historical event, that is why I am telling people to be aware,” said Cassandra Dillard, vice president of PRISM.

“I was raised on the belief that gay marriage is wrong, but I’m honestly not educated on the subject,” said a student identified only as Jacob.

“Small towns are less educated than the cities on the subject of same sex marriage,”

said Kiley Juarez, President of PRISM. Students and faculty say that the younger generation is more approving than the older adults.

“Historically older adults are more opposed than the younger generation. If we can get the youth to support and maintain marriage equality than we can get the referendum approved,” said Martel.

Many students say that they want equal marriage rights for same sex couples.

“I approve the referendum strongly and I don’t like that it was made. I feel that you should be allowed to marry anyone,” said Kari Blomberg.

“Marriage is marriage and you should marry who you love,” said Shawn Juarez, a student.

Martel advises students to be educated on Referendum 74 before they vote on it.

“People need to think a long time about where they stand. Get educated and really do the research,” he said.

For more information on Referendum 74 and Initiative 1192, visit and explore [www.referendum74.org](http://www.referendum74.org).

## Highline seeks volunteers for commencement ceremony

Student Programs needs volunteers for commencement on June 14.

They are looking for 20 volunteers to help with the grand event.

Commencement will be in the ShoWare Center in Kent.

“Each year, Highline puts a commencement ceremony for all graduates of degree programs, certificates, and high school programs,” said Jonathan Brown, who is the associate dean for Student Programs.

Students who are volunteering for commencement have to be in the ShoWare Center from

11:15 a.m.- 5 p.m.

Brown said volunteers will be ushering at the door, register graduates to get their commencement, and will help set up and break down.

“Without student volunteers, the [graduating] students will not even get the commencement program on their chair for them when they come in and sit down,” Brown said.

“I been told that it’s fun to have a backstage pass at commencement,” Brown said.

If you are interested, you can email Jonathan Brown at [jbrown@highline.edu](mailto:jbrown@highline.edu).

## summer session 2012

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## College

continued from page 1

Students and WorkFirst have always required new students to go through orientation before being able to register for classes.

Highline offers College 100, a class of-fering credit while in-troducing students to various as-pects of col-lege life. The classes cover top-ics such as study skills, goal settings, time management and academic and career planning.

While this class is offered, it is not required to take.

“Our goal is to help students from the beginning,” said Dr. Spencer.

The new program will be broken down into three parts, said Dr. Spencer. And the entire orientation should take about two to three hours.

The first part of the program will focus on special topics such as financial aid, veteran’s ben-

efits and online classes as a pre-orientation workshop.

Dr. Spencer said this portion of the program may not always be offered.

The second part will focus more on campus life.

Staff and selected student leaders will talk with new students about what to expect from Highline and what is expected of them.

At this point during the orientation, the eight selected student leaders will meet with the new students in small groups to discuss any questions and concerns the students may have.

The third part of the orientation will take place in the computer lab. This part will allow students to get used to the on-line programs. This will give students the opportunity to insure that they will be able to get online without any problems.

The new students will also have a chance to familiarize themselves with the various online tools such as the degree audit, campus resources, course selection and assigning a faculty adviser.

At this time that the new students will be able to register for their classes.

Dr. Spencer said these orientations will run once or twice every week and that some may

be offered in the evening.

The orientations will be run to the first day of classes in the fall.

Students who register after the start of term will still be required to take the online orientation before being able to register for classes. They will be required to take the exit exam before the registration block will be lifted.

The orientations will also be offered in preparation for winter and spring quarters.

Highline is not alone in adopting an orientation program for new students.

Ten years ago about 35 percent of colleges required their new students go through a program similar to this, said Dr. Spencer. Now, 85 percent of colleges require their students to go through an orientation.

“Research shows that students do better with the orientations,” said Dr. Spencer.

Each quarter, Highline averages 2,700 students who have not attended college previously, said Emily Coates, data specialist for Highline’s enrollment services.

While the orientation is mandatory for all new students, those who have attended college classes before are more than welcome to attend.



Dr. Spencer

## Help someone ACHIEVE

Are you planning on taking classes next year?  
Are you looking for a student job?

Help other students become connected to activities and resources on campus by becoming a Peer Navigator in the ACHIEVE program!

ACHIEVE is a certificate program on campus that includes credit and non-credit classes, intensive advising, involvement in campus life, participation in community based internships and job placement.

Peer Navigators help students with intellectual disabilities gain the skills they need to be a successful student and participate in a wide range of campus based activities.

To apply: Write a cover letter indicating your interest and why you are a good match for the position. Submit your letter of interest and resume to the Peer Navigator Coordinator at [rshultz@highline.edu](mailto:rshultz@highline.edu). Questions? Call Rick Shultz at 206-592-4117.

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Thursday (6/14)

8:30AM - 3PM



## Phones

continued from page 1

than 100 miles away. All the students confirmed that they were.

Only 15 years ago, Dr. Baugher, said maintaining such a long-distance relationship was unthinkable.

So when he asked them if any of them even thought they could go 24 hours without a cellphone, a student asked, “one-point bonus?”

Dr. Baugher explained that his students have a total of 700 points to earn during the quarter and that he gives out a lot of one-point bonuses.

Dr. Baugher said he thought for a moment then said, “I’m going to give you this one-point bonus. But I don’t want you lie to me for the sake of a lousy one point.”

“I thought more students would do it,” Dr. Baugher said.

Out of his two psychology classes, Dr. Baugher has 65 students and he said only eight of students took on the cell phone-free challenge.

“One student actually made me take her phone,” Dr. Baugher said. “She wanted me to know she was being honest.”

Hien Lu, a psychology student, made Dr. Baugher take her phone so she wouldn’t be tempted.



“Texting [and] phones have changed the world in terms of keeping people in touch.”

- Dr. Bob Baugher, psychology professor

“That was the only time I went without my phone,” Lu said.

Another psychology student, Corey Richards, said “I did go the majority of last year without having a phone on me all the time, as I never really understood why it was such a necessity, until very recently when I started dating my girlfriend.”

Chris Wenkle, another psychology student, has gone without a cell phone for days to weeks at a time in the recent past, so this assignment was not a stretch for him.

Wenkle said he didn’t do anything different.

“I just turned it off and went on about my business,” Wenkle said.

Before starting her 24-hour cell phone-free day, Lu said she put a post of Facebook to let her

friends know that she wouldn’t have her phone, “so don’t be mad.”

“I didn’t use anyone else’s phone because I felt there was no need for it,” Lu said. “I did use my laptop to check email for school, but not my personal ones.”

“In a way I felt free, and liberated from having to check my phone every few minutes,” she said.

Richards said he noticed a difference in his day.

“I noticed how much of a dependency my phone was to me when I realized upon pulling into my girlfriend’s driveway that I had to park my car and actually go to the door to pick her up instead of texting or calling her saying that I was right outside.”

Richards said that “when it

came to communicating [that day], I had to communicate though chat programs, face-to-face, or Facebook,” said Richards.

Lu and Wenkle didn’t miss any important texts or phone calls during that cell phone-free day.

Lu said she “just [missed] like three emails relating to work/jobs, beside that nothing really.”

Wenkle said he missed “one phone call, and it was a solici-

tor.”

“I might get rid of my phone all together now that I am thinking about it – but who knows?” Lu said.

Since this experience Richards said, “I will educate my peers about the risk of dependency when cellular phones are used to do the thinking for us, as we tend to get lost when these phones break.”

“I personally will try to use my phone only when I really need to,” he said.

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