

Safety officers offer myriad of services

By **RACQUEL ARCEO**
Staff Reporter

After the doors are locked and staff and faculty go home each night, the Highline campus is never really vacant. Safety officers are there watching, and available for assistance 24 hours a day, 365 days a year.

Overseeing that effort is Richard Noyer, Highline security supervisor.

After being at Highline for 25 years he’s seen some changes.

“We’ve enhanced the emergency response program,” and, “we are working more with the community,” Noyer said.

Highline has changed also.

“We’ve become more diversified at this college. What really stands out to me is how well the cultures blend together,” said Noyer. “If we can do it

here, people in the outside community can do it too.”

Aside from patrolling the campus, security officers can assist students by providing vehicle assistance, medical assistance, non-injury car accident reports, escorting student and much more.

“[Having escorts is] helpful because it allows a person to be less stressed,” said Noyer. “Escorts are helpful if someone stayed late and is uncomfortable in the dark, is injured, on crutches, and needs help around campus, or is being harassed or stalked, they can get an escort to their car [or anywhere else on campus] safely.”

Security’s vehicle assistance entails jump starts and unlock-

see Security page 15



Angela Stone/THUNDERWORD

Chief of Police George Delgado says that the Des Moines community is a perfect fit for him and his family.

New police chief strives to connect with community

By **HIEN HONG**
Staff Reporter

Des Moines’s new chief of police wants to connect with the community.

Since July, George Delgado has been the chief of police for the Des Moines Police Department.

Before coming to Des Moines, “I was in Vancouver, Wash., as a commander,” Delgado said.

Throughout his 23-year law enforcement career, Delgado has worked in all the ranks and most positions in California and Washington. His career experiences include being a detective, being part of a SWAT team, part of the California Highway Patrol, being a patrol supervisor and a patrol commander.

In addition, he has worked in administration and internal affairs.

After 21 years of working in the law enforcement field, Delgado said he realized he wanted to become a chief of

police, so he started searching for an open position.

He discovered that the Des Moines community was a “good fit for [my] family and skills set,” he said.

Although Delgado was born and raised in San Diego and has worked in Los Angeles, he said he enjoys residing and working in Washington.

“The community of Des Moines had all the things my family looked for,” Delgado said. In particular, Des Moines has “the small-town feel in a shadow of the big [city of] Seattle.”

Moreover, the small-town environment encourages the surrounding police departments to work together, said Delgado.

Sharing resources with the surrounding communities becomes necessary because “we realize the importance of safety in a community,” he said.

“Right now, many cities in the South King County area are having financial challenges,” Delgado said. “[When] money

goes down, staffing goes down, but crime still goes up.”

In Des Moines, the officer to citizen ratio of “one officer per thousand” population is right below the industry standard, he said.

Furthermore, the increased population in the city during the day, particularly because of the number of students at Highline, “causes more opportunities to respond to calls,” Delgado said.

The goal is for the department to be “properly equipped... to respond the best way possible to [serve] community needs,” he said.

Currently, the department tries to keep up with crime by using “innovative ways to do police work” and “to use technology,” Delgado said.

One of the tools that the department uses is a database that includes the whos, whats and whens of crime reports. Crime analysts can then use the information to discover

see Police Chief page

PTK strives to feed the less fortunate this Thanksgiving

By **MARQUES DINAPOLI**
Staff Reporter

Thanksgiving is supposed to be a time of happy feasting with friends and family. But with the downturn of the economy, many families simply don’t have enough to afford a Thanksgiving meal.

With that in mind, Phi Theta Kappa’s annual Thanksgiving Food Drive is going on now through Nov. 16, and aims to expand on last year’s success.

“Last year we had about 25 big grocery bags full of food, which was a lot of food,” Teri Balkenende, PTK’s faculty adviser, said. “Since we had 25

bags last year, let’s shoot for 30 this year.”

Balkenende, who has been the PTK adviser for the past two years, said that she thinks the food drive has been more and more successful each year.

“This is the first food drive I’ve ever coordinated,” Steven Green, co-president of PTK, said. “I’m not expecting this to be too over the top, I just hope that people will do what they can.”

Donations, which can be dropped in bins in buildings 6, 8, 25, 29 and 30, must be

see Food Drive page 15

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Lady T-Birds win last game, journey to playoffs



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Writing Center hosts Open Mic event



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Giving Tree returns to help those less fortunate

Student robbed on campus

By **HIEN HONG**
Staff Reporter

A student was robbed near the retention pond near the tennis courts at Highline on Monday.

The incident occurred “a little bit after noon,” said Sgt. Bob Bohl of the Des Moines Police Department.

The student was confronted by a group of approximately 10 mixed-race-looking men in their 20s.

“One of the males ended up kicking him,” Bohl said, then “took some of his belongings, [including his money].”

The student was not seriously injured and reported the incident to his instructor, who then reported it to the Des Moines Police Department and Highline Campus Security.

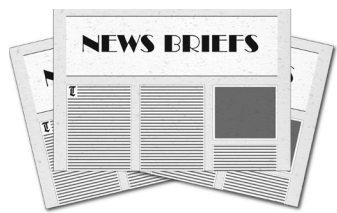
An investigation is under way.

One of the males “may have been armed with a knife,” said Bohl.

In addition, one male was identified as Hispanic and was wearing baggy pants and a red T-shirt.

“Some of the males had black bandanas on their heads,” Bohl added. No other details have been reported.

Anyone with information on this incident is asked to call the Des Moines Police Department at 206-878-3301.



Deadline for Academic Award is tomorrow

The applications for Highline’s Academic Award for Winter Quarter 2013 are due tomorrow by 5 p.m.

Full-time students who are not in Running Start and are Washington residents with at least a 3.5 cumulative GPA are eligible for 15 tuition waivers that will be awarded.

The second floor of Building 9 is where the applications are accepted and where students who are interested in applying can receive the form.

For more information, contact Rickita Reid at 206-592-3301 or email rreid@highline.edu.

Learn about plants at Science Seminar

“Plants with Great Fall Color” is the topic of tomorrow’s Science Seminar and will be presented by gardening expert Ciscoe Morris.

For those interested, go to the Mount Constance Room in Building 8 from 2:30-3:23 p.m.

Say goodbye to Squirt, the octopus on Saturday

The MaST Center is releasing Squirt, the giant pacific octopus into the Puget Sound on Saturday at 11 a.m.

After releasing Squirt, a video camera will follow her and

stream the video at the aquarium. Around noon, a dive will take place by the MaST Center team to check on her.

In addition, a new octopus will be debuted.

The MaSt Center is open every Saturday from 10 a.m.-2 p.m. and is located at 28203 Redondo Beach Drive S, five minutes away Highline. Admission is free.

Free workshop hosted by the Transfer Center

The “How to Write a Winning Personal Statement” workshop is on Nov. 13.

The workshop is hosted by the Educational Planning and Advising Center and will be conducted by Dr. Gwen Spencer, the director of Educational Planning and Advising.

For those interested, the workshop is from 12:15-1:05 p.m. and is on the first floor of Building 8 in the Mount Olympus Room.

Leadership Retreat applications due soon

Highline’s Center for Leadership and Service is now accepting applications for the Winter Leadership Retreat.

Any Highline student who is interested in furthering their leadership skills can apply. The retreat will be on Bainbridge Island from Dec.17-18.

The theme is Ancient Roots: Connecting Current Concerns with Ancient Wisdom.

To get an application, visit studentprograms.highline.edu/retreat.php. The due date for the applications is Nov. 13 at 5 p.m. and they should be submitted to Center for Leadership

and Service on the third floor of the Student Union.

Stay in Leavenworth one night for \$60

International Student Programs is planning a trip to Leavenworth from Nov. 24-25.

Leavenworth is a German-themed town located three hours east of Seattle that offers many opportunities for shopping and eating German food.

The trip costs \$60 and includes transportation, hotel stay and snacks.

Any Highline or Kaplan University student can sign up. For those interested in signing up for the trip, go to Building 25 on the fifth floor to the International Student Programs office.

Donate pink lids with Women’s Programs

The Highline’s Women’s Programs encourages students, staff and faculty to buy Yoplait Yogurt with pink lids.

Each pink lid is worth 10 cents and will go to the Susan G. Komen for the Cure.

Those interested in participating can drop the lids off in a bin by the Women’s Programs office in Building 6, by the Bistro in Building 8 or inside the Bookstore in Building 8.

In addition, a bin for the lids will be available at the basketball game on Nov. 9 in the Pavilion, Building 28.

UW Seattle seeks nursing students

The University of Washington Seattle’s nursing department is coming to Highline to

advise prospective students.

The session will take place on Nov. 14 from 1-2 p.m., on the first floor of Building 8, in the Mount Constance Room.

An adviser will be there to give a presentation and answer questions.

Students do not need to sign up before going.

No school next Monday

As a reminder to students, staff and faculty, there are no classes on Monday, Nov. 12, in observance of Veterans Day.

Workshops for using commas and paraphrasing

The Writing Center offers free workshops to help students write better.

Today “The Wily Comma” workshop is at 4-5 p.m. in Building 26, room 319I, the workshop teaches the correct usage of the comma.

Next week, the “Summarizing and Paraphrasing” workshop will take place from 1:30-2:20 p.m. on Nov. 13, 10-10:50 a.m. on Nov. 14 and 4-4:50 p.m. on Nov. 15 in the same location. Students will learn how to effectively use their sources at this workshop. For those interested, just show up.

PTK members talk politics tomorrow

Phi Theta Kappa will host a political discussion on the “Culture of Competition” on Nov. 9 in Building 8, room 204.

The discussion is for Phi Theta Kappa members only and starts at noon.

Free food will be provided.



Crime and Punishment

Theft reported in North Parking Lot

A student reported theft from his vehicle in the North Parking Lot on Nov. 6. The vehicle’s window was smashed and the perpetrator took a purse.

Jumpstart assistances

Two students received assistance from Campus Security to jumpstart their vehicles. One vehicle was in the East Parking Lot and the other was

in the North Parking Lot. Both incidents occurred on Nov. 6.

One vehicle needed to be unlocked

One student’s vehicle had to be unlocked by Campus Security in the East Parking Lot on Nov. 6.

Students stuck in library’s elevator

Two students were stuck in the Library’s elevator on Nov. 4. The students were released a little more than two hours later.

Student’s laptop reported stolen

A student’s laptop was reported stolen from Building 8 on Nov. 6.

Items that were returned this week

Six items were turned into Lost and Found this week. Items included a Japanese dictionary, a set of car keys, miscellaneous papers, a purse, a wallet, and student identification cards. The purse and wallet has been returned to their respective owners. The cards are mailed to their owners.

Lost and Found items

Items that have been found but not returned include a white Apple charger, keys, a red bandana, several flash drives, a food stamp card and black earphones. To collect an item, go to the Campus Security office on the first floor of Building 6.

-COMPILED BY HIEN HONG



WHAT’S NEW AT THE MaST CENTER?

Highline’s MaST Center, located in Redondo, has lots going on if you are interested in your local environment.

WATER WEEKEND - Every Saturday from 10am to 2pm. Open FREE OF CHARGE to the public to view more than 100 local species in our aquarium.

SCIENCE ON THE SOUND SPEAKER SERIES - Saturdays throughout the month. Local scientists and environmental educators discuss the health of Puget Sound.

LIVE DIVER - 2nd Saturday of every month. Shows at 11 and noon.

WORK STUDY OR INTERN OPPORTUNITY - Work with the animals of Puget Sound while earning work study \$\$ or Intern credit! Contact mast@highline.edu

VOLUNTEER STEWARDS - Most of the work at the MaST Center is done by our team of volunteers. If you are interested in volunteering you can come and visit the Center, or e-mail us at mast@highline.edu



Club aims to inform students, prevent suicide

By **MARQUES DINAPOLI**
Staff Reporter

Discussing suicide is personal for Will Brown, Highline's Suicide Prevention Club vice president.

He's been there; he attempted it.

"I thought the only way to be happy was to die, so I drove head-on into a semi," Brown said. "I was in a coma for a month and a half."

Brown, the keynote speaker of last Wednesday's Suicide Prevention club meeting, went on to explain the reasons behind his attempted suicide, as well as things to look for in potential suicide victims and helpful resources for those dealing with depression.

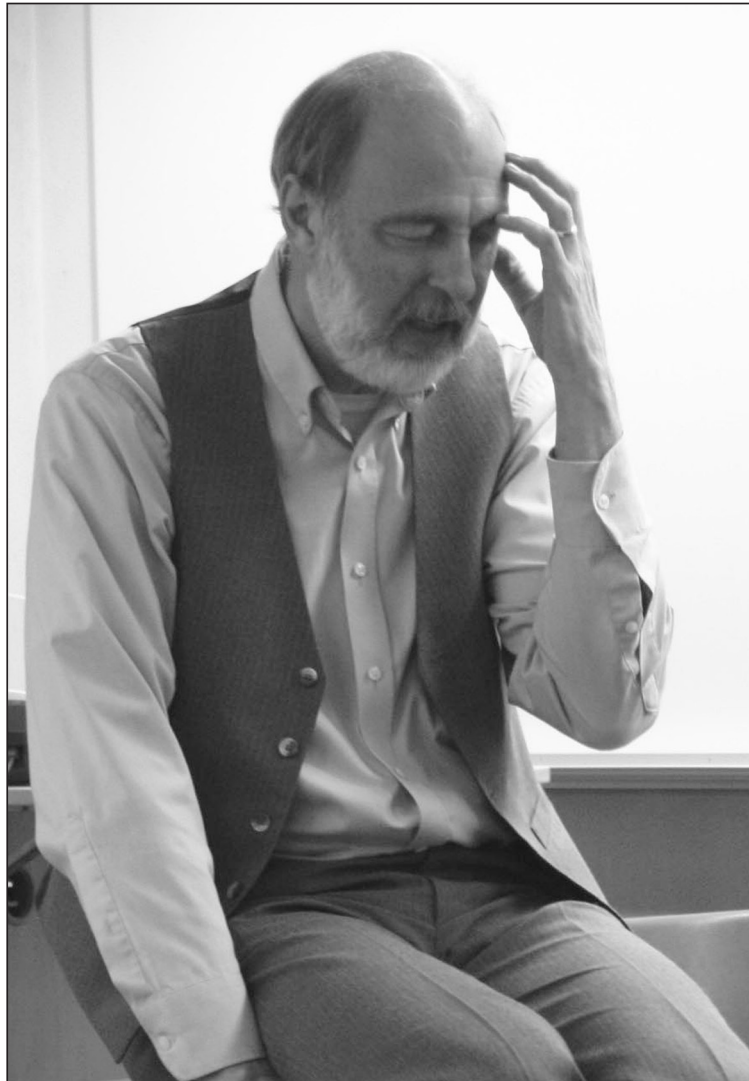
"Part of me didn't want anyone to know how I felt, but another part of me was begging for someone to know," Brown said.

"It was really weird."

Brown, who has written a book about his experience, said that he is trying to help others with thoughts of suicide by being available to help them through their problems.

"I have a website that people can use to email me and ask questions or just talk, because I know how it feels and I can help," Brown said. "I'm also working on getting a phone number [so] people can call to talk with me and get some help."

Explaining how others can begin to help those with sui-



Marques Dinapoli/THUNDERWORD

Dr. Bob Baugher, the adviser for the Suicide Prevention Club said people should be aware of common signs of suicidal thoughts.

cidal thoughts, Dr. Bob Baugher, the adviser for the club said, "Say what you see. Mention to them the things you see that are different, and then ask them, 'what's wrong?'"

Be aware, Baugher said, of the signs of depression and to the warning signals of suicide.

Someone starting to become dissatisfied with things that they used to enjoy, beginning to say goodbye to friends and family for no reason, or mentioning death a lot, he said, are some common signs of suicidal thoughts.

"Many people, even around

Workshop to explain effects of depression

Highline's Counseling Center will also be hosting a workshop geared toward creating awareness about the effects of depression.

On Tuesday, Nov. 20 from 9 a.m. to 1 p.m. in Building 8 in the Mt. Constance room, the Counseling Center will cover how to help someone who suffers from depression.

They will also explain how to talk with someone who may be considering suicide, and how to cope with the winter and holiday seasons – a time when immunity to sadness may be threatened.

There will also be educational literature and media available for attendees, along with private depression screenings and professional counselors on site for Q&A.

For more information on the Suicide Prevention Club contact the Counseling Center in Building 6.

"What people really need to do is believe in themselves," Lopez said. "And we can help them to do that."

Especially for young adults, people need to focus on the concept of believing in themselves, Lopez said.

"[Young adults] often think that their life right now is all there is, and that it won't ever be any different. We need to help them realize that their life will change for the better," Lopez said.

For those either seeking help with suicidal thoughts or looking to help someone else with them there are numerous resources available to them, Baugher said.

The phone number for the Crisis Clinic Of King County, which helps people deal with suicidal thoughts, is 206-461-3222.

There is also a national suicide prevention hotline: 1-800-273-TALK (8255), Baugher said.

"We can't do this alone. We need to have resources. That's where these hotlines come in," Baugher said. "Someone can also go to the counseling center here on campus to speak with someone there. They always have someone available to listen and to help."

Suicide Prevention Club officers are expecting a bigger turn out for their next meeting.

The next Suicide Prevention Club meeting is on Wednesday, Nov. 14 in Building 10, room 201.

Community recognizes, supports local veterans on campus today

By **JOSH NELSON**
Staff Reporter

While enjoying next Monday off, remember those who served and sacrificed.

Because Highline's campus will be closed next Monday for veteran's Day, the Veterans Committee is hosting a Veterans Day Recognition today at 12:15 p.m.

The Veterans Day recognition event will be next to the Veteran's and Prisoner of War memorials between Building 3 and Building 5.

Gwen Spencer, director of educational planning and high school programs – a member of the Veterans Committee – said the location is important for the message.

"It [the Veteran and P.O.W. Memorial] is a visible reminder to everyone," said Spencer. "It's a landmark on campus, and

people will be able to gather there and listen."

Spencer said that there is a whole program lined up for the Recognition and Reed Dyer, outreach and education coordinator for the Federal Way Veteran's Center will be speaking.

"They [Highline Veterans Committee] asked me to address our [Federal Way Veterans Center] and the Veteran's Association outreach programs for the community," said Dyer. "I will also be giving a little bit of the history behind Veterans Day."

The Huntington Park Choir will also be attending the event today, singing a single verse of the anthems for every branch of the military.

"That'll be a real treat," said Spencer.

Darryl Harris, an accounting instructor and veteran, will M.C. the event.

"Everyone on our committee and involved with this event has a brother, father, mother, daughter, son, wife, husband or sister [who] has served," said Spencer. "This is a deeply personal cause for all of us."

Spencer encourages all students to join the Veterans Committee today.

After the program there will be time for students, staff and faculty to ask questions and counseling from Dyer and the Veterans Committee.

"One thing that is important is that our veterans know that there is support for them here [at Highline]," said Spencer.

"I would hope that other students and non-vets will meet these heroes, bring them into the fold, be a friend to them."

Spencer said there is much the community can offer these people [the veterans] that have sacrificed so much.

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Corporations engage in slavery to save money on labor costs

The United States was emancipated from slavery in 1863, but slavery can still be found in the American corporation nearly 150 years later.

Industry slavery is highly suspected in the cocoa, cotton, steel, oriental rug, diamonds, and silk industries. In most cases the slaves are children exposed to long and harsh working hours for little to no pay.

Companies cut costs at the cost of their sense of humanity. Is it really worth saving money on labor if the laborers are young and downtrodden workers in third world countries who don't know any better?

Large chocolate corporations such as Hershey's, Nestle and Mars, for example, produce the cocoa for their chocolate in Africa using child slaves in the cocoa production. These estimated 1.8 million children, according to slavefreechocolate.org, work with machetes and harmful chemicals in dangerous work environments for often-times no compensation.

In silk production in India, child slaves, or bonded workers as they are referred to, as young as 5-years-old work 12 or more hours a day for six-and-a-half or seven days a week. These children are exposed to horrible work conditions, according to nearinternational.org, including burning and blistering their hands in boiling water, breathing in smoke and fumes from machinery, handling dead worms that can cause infection, and working with twisting threads that cut their fingers.

These children don't go to school and are often beaten by their employers. By the time they reach adulthood they are impoverished, illiterate, and in many instances crippled from their work.

Some of us look at these situations and conditions and ask, "What can we do?" These practices are common and accepted in the countries where they are used, so who are we to make change in areas where the subjugation of children to slavery, or near slavery, is normal?

Others look at the situation and view a moral dilemma. Although these countries are used to the practice at hand, this does not make it right. Children should not be forced to be raised in sweat-shops. They may have few opportunities in their country as it is, but forcing them into bonded labor takes away any chance that they have for upward mobility through education, or even a normal, happy, childhood.

The easiest way to combat industry slavery is to boycott, or not buy from and support, companies and corporations that are involved.

M&Ms may be tasty, but the taste is rich in the blood, sweat and tears of African children. Is the flavor really worth the trade-off of supporting the continuation of slavery?

Silk is soft and comfortable, but is one's personal comfort really worth the physical discomfort of burns, blisters, cuts, infection and lung disease of Indian children?

Diamonds are forever, but the lives of child workers in diamond mines are not.

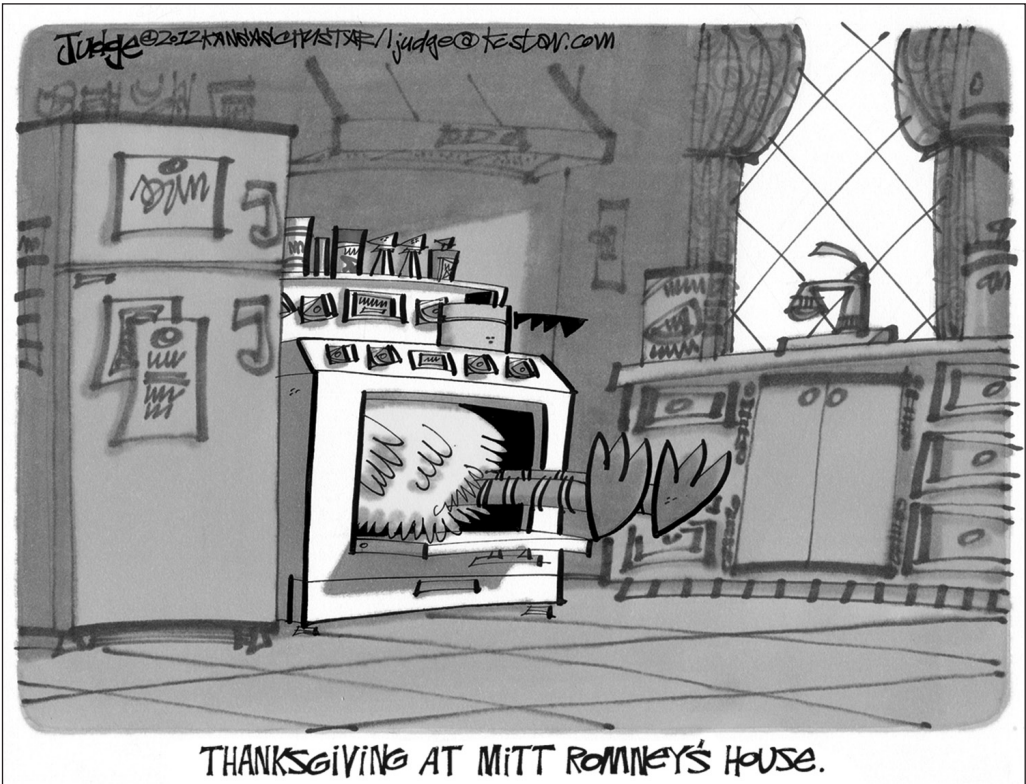
It is up to each of us to determine our stance on these issues; to look at the products we support and buy and recognize what practices they support and incorporate in their processes.

Only you can decide your stand.

Got something to say? Write to us

Do you have something you want to say to the student body? The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be about 200 words, columns should be no more than 600 words. Send submissions to thunderword@highline.edu by Monday for print on Thursday.



Election proves that youth vote can make a difference

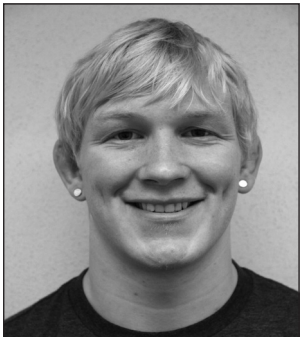
The time for change is now for our fair state of Washington. Not only has Referendum 74 allowing same-sex marriage in our state tentatively passed, but we have also legalized state-regulated marijuana for those 21 and older.

Ref. 74 is passing by a narrow margin of 1.8 percent, but the decision will not be official until the election is certified on Dec. 6. That is a long time to wait, but as for now the results look the way I'd like them to.

The majority has spoken in favor of the minority and we have done so compassionately and understandingly. Finally many committed same-sex partners will be able to become legally wed in our state.

Initiative 502 legalizing state-regulated marijuana is passing with a 55.4 percent majority. Although I am not in favor of this initiative because of its low THC blood level threshold to constitute DUI and that it hardens punishment for any marijuana that is not state-regulated, I am glad that the majority was able to realize that regulation is the just way to handle cannabis.

Colorado also passed a similar law legalizing the recreational use of marijuana, and



Commentary
Micah Morrill

Maine and Maryland likewise approved same-sex marriage.

This election marks the breaking of a 32-state streak of every state that has put gay marriage to a popular vote rejecting the notion. This streak dates back 14 years to 1998.

President Obama triumphantly accepted his second term as commander in chief of our country Tuesday as well. My hope is that he will follow through on his promises for this term and will not continue deficit spending.

Our nation is at a critical point as both presidential candidates mentioned in their speeches Tuesday night, and it is the time for our president to really pay attention to the voice of the people and do what will be best for our great nation.

Obama thanked those who have stayed the course and believed in his vision for America, and promised that the next four years will be memorable in our nation's history. I hope that we will look back on these years and see the success of the nation overcoming opposition and oppression and becoming a better home for all.

The youth vote was decisive to this election, according to politico.com, Obama carried the youth vote by 67 percent and had Romney merely split these votes with Obama he would now be the 45th President.

Around half of eligible voters age 18-29 turned out to vote this election, which represents a new norm carried by our generation, compared to the 40 percent youth turn-out average of the 1990s.

As more youth allow their voices to be heard, our power to make change can truly be seen. Gay marriage and marijuana represent only the beginning of our mark on the world.

Although these changes are a good start, we cannot stop here. Our voices must be heard; our opportunity to bring about change for the good of all is only beginning.

The Staff“

I can't understand you with your vampire teeth.”

E-Mail tword@highline.edu

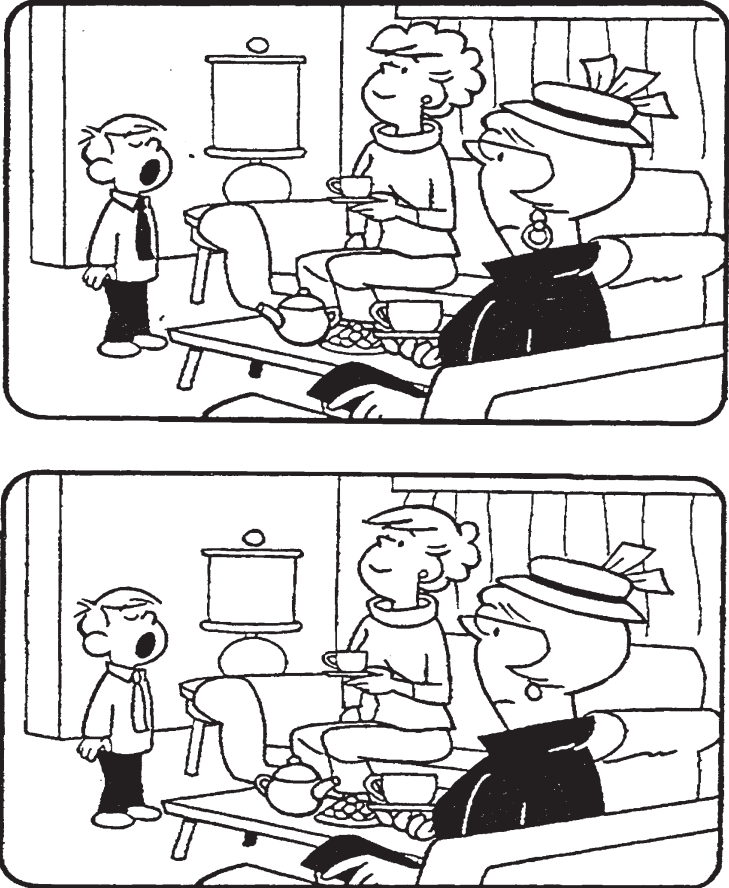
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HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Tie is different. 2. Lamp shade is smaller. 3. Teapot is reversed. 4. Hair is different. 5. Earring is different. 6. Ribbon is missing.

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Ready, Set . . . Go !

Across

- Priests' vestments
- No-no in pin ball
- Eagle's claw
- Texas city
- Squirrel's treat
- "The dog ate my homework", e.g.
- Have
- Lt. maker
- Balloon filler
- Swelling
- Yelled
- Clearasil target
- Statutes
- ET's craft
- "I don't give ____"
- Prefix with phone or byte
- French friends
- Honor roll students may do this
- "__ the night before ..."
- Drops off
- Diamond corners
- Canal site
- Move, in realty jargon
- __ Tin Tin
- Sticker
- Marble
- Turn left
- Cinco de Mayo, e.g.
- 'The Raven' poet's monogram
- Close the store, e.g.
- Main line
- Keystone and others
- Pumps and clogs
- Campus figure
- Aide: Abbr.

Down

- 60's hairdo
- "Camelot" composer
- Kleenex or Xerox, e.g.
- Part of P.S.T.: Abbr.
- Tabby's mate
- Nest eggs, for short
- Bygone Ford
- __ Hague
- Prepares for takeoff
- Capital of Ghana
- Bud's bud
- Hosp. areas
- Austin-to-Dallas dir.
- Devils Tower's locale
- Swab target
- Pound and Stone
- Husky, e.g.
- Pens
- Childhood disease
- Submit taxes paperlessly
- Doctors' orders
- "Take __ back"
- Big name in Scotch
- Video game name
- Bucks
- Appliance brand
- Boxer's sequence
- First lady Adams
- Lariats
- Upped the bet
- Sky-diving need
- SAT takers, usually
- Relieves
- Hornswoggle
- "Hey ... over here!"
- Beetle juice?
- La-la preceder
- Acapulco gold
- Onetime util. overseer
- Life story, in brief
- Actress Long

Crossword 101

By Ed Canty



Quotable Quote

I don't know if the presidential candidates are running for the White House or Animal House.

...Bob Hope

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Weekly SUDOKU

by Linda Thistle

4				9			5	1
	9		7		4	3		
	8	5			6		4	
9		4	8			1		
		2	6		1			5
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2			1				9	7
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6		3		2				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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1. ART: Where is the world-famous Prado museum located?

2. ANATOMY: Where are muscles known as triceps found in the body?

3. ADVERTISEMENTS: What breakfast cereal did Sonny the Cuckoo Bird promote?

4. NATURAL

WORLD: Where would stalagmites be found in a natural cave formation?

5. GEOGRAPHY: Where was the ancient city of Persepolis located?

6. SCIENCE: What was the first elementary particle to be discovered?

7. MUSIC: What is the national anthem of Canada?

8. COMPUTERS: What does the acronym DOS stand for?

9. FAMOUS QUOTES: Who once said, "I worked my way up from nothing to

Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Coins	__ __ __ N __ __	Use a credit card	__ __ __ R __ __
2. Watch location	__ R __ __ __	Bridge-like card game	__ H __ __ __
3. Twirler's stick	__ __ T __ __	The B in BLT	__ __ C __ __
4. Mr. Belafonte	__ __ __ R __	Laurel's sidekick	__ __ __ D __
5. Paris locale	F __ __ __ __	Frolic	P __ __ __ __
6. Pious	__ __ __ __ T	Eat greedily	__ __ __ __ R
7. Army rank	__ __ J __ __	Estate	__ __ N __ __
8. Welcome	__ __ __ E __	__ Wall of China	__ __ __ A __
9. Snuggle	__ __ D __ __	Go sour	__ __ R __ __
10. Actress Day	D __ __ __ __	Actor Karloff	B __ __ __ __

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a state of extreme poverty."

10. LANGUAGE: What is an atelier?

Answers

- Madrid, Spain
- Upper arm
- Cocoa Puffs
- The cone-shaped deposits rise from the floor of a cave
- Modern-day Iran (formerly Persia)
- The electron
- O Canada
- Disk Operating System
- Groucho Marx
- Artist's studio

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The Scoreboard

Women's volleyball		
North Division		
Olympic 11-1		31-9
Bellevue 11-1		27-9
Shoreline 8-4		14-18
Edmonds 4-8		9-22
Everett 4-8		5-21
Whatcom 3-9		9-22
Skagit Valley 1-11		7-20
EAST		
Blue Mountain 13-0		37-4
Walla Walla 11-2		30-8
Spokane 9-4		26-9
Wenatchee Valley 7-7		14-17
Yakima Valley 6-7		16-17
Columbia Basin 5-8		13-17
Big Bend 2-11		4-26
Tr. Valley 0-14		4-29
WEST		
Highline 10-1		29-10
Green River 9-2		25-8
Tacoma 7-4		23-9
Pierce 7-4		20-15
Clark 3-8		8-18
L. Columbia 3-8		8-22
Centralia 0-12		4-23
SOUTH		
Mt. Hood 9-0		28-9
Umpqua 5-4		27-17
Linn-Benton 5-4		23-14
Chemeketa 4-5		12-26
Clackamas 3-6		21-24
SW Oregon 1-8		4-23
Men's soccer		
North Division		
Edmonds 9-2-2		10-7-3
Whatcom 8-3-2		8-4-3
Everett 7-5-1		8-6-1
Skagit Valley 4-8-1		6-11-1
Shoreline 0-12-1		0-15-1
EAST		
Walla Walla 9-1-3		14-1-3
Columbia Basin 6-4-3		11-5-4
Spokane 6-5-2		8-6-3
Treasure Valley 4-5-4		4-6-5
Wenatchee 0-12-1		2-15-1
WEST		
Peninsula 12-0-1		19-1-1
Highline 7-4-2		10-4-3
Tacoma 5-7-1		7-8-1
Olympic 3-8-2		4-11-2
Bellevue 2-8-3		3-10-3
SOUTH		
Clark 12-0-1		15-1-2
Chemeketa 10-1-2		10-4-5
Pierce 6-7-0		8-10-0
S. Puget Sound 2-10-1		1-15-2
SW Oregon 1-11-1		2-12-1
Women's soccer		
North Division		
Everett 11-2-2		11-4-3
Whatcom 8-3-4		11-3-4
Shoreline 8-3-4		9-5-4
Edmonds 7-3-5		9-4-6
Skagit Valley 4-8-3		5-10-4
Green River 2-12-1		4-13-2
EAST		
Spokane 13-1-2		14-1-3
Walla Walla 12-1-3		14-2-3
Treasure Valley 7-8-1		8-10-1
Columbia Basin 6-7-3		8-7-3
Yakima Valley 2-11-3		2-12-4
Wenatchee 0-15-1		0-18-1
WEST		
Peninsula 15-1-0		20-1-0
Highline 8-4-4		10-5-5
Bellevue 7-5-4		9-7-4
Tacoma 6-8-2		7-9-2
Olympic 2-9-5		3-10-6
Lower Columbia 2-10-3		3-12-5
SOUTH		
Clackamas 12-2-0		13-3-0
Lane 7-5-2		9-6-4
Clark 5-9-0		6-12-1
Chemeketa 3-7-4		3-9-4
SW Oregon 0-13-1		0-15-1
Results		
Columbia Basin 4,Yakima 2		
Spokane 7, Treasure Valley 0		
Walla Walla 11,Wenatchee 1		
Peninsula 2, Bellevue 1		
Edmonds 1, Green River 0		
Everett 1, Whatcom 0		
Shoreline 4, Skagit Valley 1		

T-Bird women vs. staff, faculty for cancer research

By ANGELA STONE
Staff Reporter

Scrimmages and league games aren't the only challenges for Highline's women's basketball team.

For more then 20 years the women's basketball team has competed with the staff and faculty in an event to raise money for cancer research.

This year the event will take place on Friday, Nov. 9 from 1-3 p.m. in the Pavilion.

"[The fund raiser started] by faculty playing ball at lunch time for exercise and fun about 20 years ago. And they thought it would be a great way to raise funds, and a collaboration with Athletics and Women's programs started there after," said Jean Munro, Women's Programs and Workfirst Services Program coordinator/adviser and retention specialist.

Coach Mosley over women's basketball said that her team has been doing this game to support breast cancer awareness since she started coaching ten years ago.

"It usually starts out fun and casual, but it gets more intense as the game progresses," Mosley said.

"In years past the women have always won, but now those playing are getting younger and more skilled. It is hard for us to win now. We even got dunked on last year," Mosley said.

Most of the staff and faculty that the women's basketball team plays against are coaches from various High-



Adrian Scott/THUNDERWORD

Highline's women's basketball team giving out high-fives to the staff and faculty, after an intense game last year for the breast cancer fundraiser.

line sports teams, including volleyball Coach Chris Littleman; men's soccer Coach Jason Prenovost; and Director of Athletics John Dunn.

"This is the first year I plan on not playing," Prenovost said.

Prenovost explained that if the men win their soccer team on Nov. 7 he would be traveling with them to their next game.

"It's a really fun event, [and] it's always really well done," Prenovost said.

The fun of playing in the event isn't the only reason Prenovost participates though. He knows, as most people do, many people who have been touched by cancer. He said, "These things add up." He elaborated by saying, more people recover, and the procedures and tests get better all

the time.

"We encourage all to come. Students can bring their friends and family," Munro said. "I have alerted Security not to ticket [vehicles] during the game time."

The money is raised "by donation for t-shirts and we are raffling off a pink breast cancer logo blanket made and donated by Lisa Wolcott, director of Budgets," Munro said. "Last year we raised almost \$800 in 2 hours."

"Everyone is invited to [participate], and it is free. If people want a shirt, they can give a donation. We will take coins, dollars, anything," Munro said. She stressed, "to attend is free, if students cannot afford anything."

"If students, staff and faculty have pink in their closets we encourage them to wear

as much pink as possible," Munro said.

"The important thing is for students and staff to visit the Susan G. Komen [for the cure] table and learn about resources and early detection. Men and women old and young are effected. Also, we want a loud audience cheering on the two teams, so we need as many people there as possible," Munro said.

"This is also a great way to cheer on the girls team for Highline and preview them in action," Munro said. "We also want Highline students, staff and faculty to attend their home games and cheer them on."

The women's basketball team will have its first pre-season game on Dec. 14 in the Highline Crossover Tournament.



Jasmine Cawley/THUNDERWORD

Freshman Sienna Pollard takes controle of the ball during Women's basketball practice this week.

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Highline Student Union,
Building 8, 1st floor
(Mt. Olympus Room)

Tuesday,
November 13
from 12:15-1:05PM



Women T-Birds score second in league play

By **JACOB SCOTT**
Staff Reporter

Two recent wins have propelled Highline's women soccer team into the playoffs by virtue of finishing in second place in the West Division of the NWAACC.

The Thunderbirds beat Tacoma 6-0 on Oct. 31 and beat Lower Columbia 2-0 on Nov. 2, which gave them 28 points for the season, behind first-place Peninsula with 45 points.

Despite beating Lower Columbia, Highline had several chances to widen their lead but only scored twice. Both goals came from forward Taylor Holtman. Co-captain Lauren Johnson and midfielder Natalie Lawrence assisted on the goals, respectively.

"It definitely helps to come into the playoffs rolling, we have some good wins under our belt and most of our recent games resulted in a win," said Johnson.

Looking back at the season, the Thunderbirds finished with a record of 8-4-4 with nine of those games being shutouts.

"I think we were successful throughout our league games,



Shannon Carter/THUNDERWORD

Highline's midfielder Natalie Lawrence moves to take the ball from Lower Columbia on Friday Nov. 2.

and earned second place. We learned from the games we lost, and we've become a very dangerous team. I'm very happy with the way we are playing and

I think going into the playoffs this week, we are at a good spot," Johnson said.

Team members say they are ready for the playoffs but also

that they have more to contribute at a higher level.

"We had our ups and downs as a team but we progressively fought through everything to-

gether and I still believe we have the potential to play even better as a whole," said co-captain Sadie Phonpadith.

Highline's playoff game was at home on Nov. 7 against the Shoreline Dolphins. Details were not available at presstime.

Shoreline finished third place in the North Division, 8-3-4. They also had one less loss than the Thunderbirds, but their opponents have scored on them more. They also have fewer shutouts than Highline.

"They [Shoreline] have a decent attack and are pretty quick up front and are aggressive in the back, but I believe our defense will hold up their end and our forwards will battle it out up top and be successful in scoring," said Phonpadith.

Clackamas will host the second round of playoffs on Nov. 10 against the winner of the Highline vs. Shoreline game.

Clackamas finished in first place of the South Division of the NWAACC with a record of 12-2-0. Because they finished in first place, the Cougars skip the first round of playoffs and now they automatically play in the regional championship.

Volleyball finishes first in West Division league play

By **ANGELA STONE**
Staff Reporter

Highline's volleyball team is gearing up for playoffs now that league games are over.

Highline took down Centralia Friday, in three short sets, 25-13, 25-13, 25-17.

"[Centralia,]they are like a group of girls, that just enjoy playing the game," defensive specialist Riley Kimmel said.

Rightside hitter Kourtney Fullmer expected the game to go quickly, knowing that Centralia has yet to win a league game this season.

"The last time we played Centralia we went into it knowing we had the upper hand," Kimmel said. "This time we played as a team and improved."

Coach Littleman said during the Centralia game, "They [T-Bird women] had to focus on little things to make them better."

"[Over all] I thought we could have made fewer errors," Littleman said.

"Trying to get back into the groove of things [has been hard]. But we're getting really consistent now," setter Ashley Barnum said.

"It was a good game for us to get ready for Pierce on Wednesday and the NWAACC's [playoffs] coming up," Barnum said.

"They're a strong team," Kimmel said.

"I think that's going to be a really good game," Barnum said.

"The first time we played Pierce, we beat them in three games, easily," Kimmel said.

"The last time, we were just tired and hungry. We played non-stop for three hours with no breaks, and we were out

of position. As long as we're playing at the top of our game and as a team, they don't stand a chance."

The last time the T-Birds played Pierce, they just lost their main setter and the back-up setter spraining her ankle.

"I expect us to play consistent and together for the whole

match [against Pierce]." Littleman said.

"If Pierce beats us we'd still going to the playoffs, but we'd be tied in league play," Barnum said.

Highline faced Pierce Nov. 7, but results were unavailable at presstime.

"Playoffs are different [from

tournaments] because all the teams have the same record," Littleman said. "It doesn't matter [what] your regular season record [is], everyone is 0-0 and has to win five matches to be champions."

Playoffs take place on Nov 15 at Mount Hood Community College.



Sherry Holt/THUNDERWORD

Libero Taylor Johnson bumps the volleyball to her teammate on Friday Nov. 2 at Highline during the Centralia game.

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**Building 1, 1st Floor
(Mt. Constance Room)**

UW NURSING

**Thursday, November 15
1:15PM
Building 3, Room 102**

UW BUSINESS

From talent show to recording studio

By TYLER PERSONS
Staff Reporter

Highline student Evan Pitzner’s band formed four years ago as a joke, but nobody’s laughing now.

“We got together and decided to cover a Miley Cyrus song for the talent show at our high school,” said Pitzner, vocalist of the local heavy metal/deathcore band, Harvest Earth.

“After that it all just worked out somehow. We decided to start making original music,” said Pitzner. Harvest Earth, four years later, has performed more than 40 shows, alongside the likes of bands such as MyChildren MyBride, King Conquer, and Float Face Down.

“For those who are unfamiliar with us, our music is very similar to bands like Suicide Silence, Despised Icon, and White Chapel. We get a lot of



Photo by Karri Champoux

inspiration from those guys,” said Pitzner.

“Many people don’t listen to death metal, or think its angry music, but anyone that has been to our shows enjoys it more than they thought they would. We are all upbeat guys, and we joke around a lot,” said Pitzner.

Highline students Sara Davison and Karolina Mojowska follow Harvest Earth’s music,

and have been to numerous shows.

“I was never a big deathcore fan until I watched them perform at Studio Seven last spring, but now I go to every show they do. Their music makes me want to fight people. It gets me pumped up,” said Davison.

Pitzner’s band has played many times at the popular Seattle venue, Studio Seven.

“Their shows are just full of pure energy. Everybody goes crazy! I seriously have to make sure and bring extra clothes for afterwards, because I sweat so much at every show. It’s so intense that even a non-fan of the genre would enjoy it. Evan’s voice when he’s doing vocals is amazing,” said Mojowska.

Deathcore and heavy metal vocals are a skill that few can master.

“A lot of people ask me how I do vocals without hurting my voice. It’s all about using the strength from your stomach and diaphragm to produce the sound. Once you master the technique, it’s not damaging at all. There is a tendency for people to call the kind of music we make, ‘Screamo’ or ‘Screaming’, but if you listen, we have lyrics and flow just like any other genre of music. It’s all about the energy. The

release I get from it is like therapy,” said Pitzner.

Harvest Earth has recorded at Robert Lang Studios in Shoreline, and at MOB studios with Zechariah Valette. Both studios are well known in our area for producing many other genres of music in addition to deathcore.

“We have a few demos out there, but no official EPs or albums. We haven’t found the sound quality that we want yet, and when we finally release something, we want it to be perfect. The biggest thing that is holding us back right now is money. Recording and mastering is extremely expensive,” said Pitzner.

Harvest Earth has samples of their music at Facebook.com/harvestearth, and those interested can find them on YouTube as well by searching “Harvest Earth Intro.”

Writing opens doors for those who wish to express themselves

By JOSEPH PARK
Staff Reporter

The sound of smooth jazz filled the lobby of the Writing Center while Highline students quietly shuffled papers. Some were scribbling last words into their essay; others were mouthing their poems under their breath.

For a moment, the Writing Center had transformed into an enchanted temple as the group commenced its first Open Mic session of this school year, last Thursday.

One Highline student named Jimmy Samael, sat amongst the small crowd, patiently waiting for his turn to present his written work.

He looked shy; some might even say he seemed awkward. When his turn came up, Samael timidly approached the podium then looked around the room.

Signing up to showcase at the Open Mic is like inviting the public into one’s secret garden; each performance offers an intimate look at a person’s life.

After taking a few seconds



Virginia Parenteau/THUNDERWORD

to relax he revealed, to the 30 some people who were present, a small yet honest love poem – a classic story that includes crushes and pent-up feelings.

The 22-year-old male has participated in open mics since he was 18 years old. Not only did it serve him as a source for amusement, but also therapy.

“I didn’t know how to express myself, so I started dancing,” Samael said. “When my body couldn’t dance, because I injured myself, I started writing. After the injury, I couldn’t do much, so I started writing poetry. Growing up, I didn’t really have an outlet to

go to.”

In the beginning, Samael said he attended open mics to express his emotions “now, it’s to show people that your feelings don’t need to be hidden. You can come to these open mics and feel comfortable with whatever you need to share, which I think is very important.”

Open Mic is an event that the Writing Center holds where students can come in and share their writing every first Thursday of the month at 2:30 p.m, said tutor and head or “point” of Open Mic, Viktoriya Rossiytseza.

“They can read a poem they’ve written [or] they can read an essay. It provides an environment for students to share their writing,” she said.

From poetry to prose, students present works at Open Mic that are both inspirational and entertaining, said Rossiytseza.

“I’ve observed Open Mic a couple of times, a worry I had was that either there would be too many people or we would not have enough people,” Rossiytseza said. “I like listening

to other people’s work; people come up with really interesting stuff.”

Despite receiving some stress while promoting Open Mic, Rossiytseza said she is content with the results.

“It was my first time doing it, and it was kind of stressful; I had to make flyers, make sure people come, and make sure things are organized, but other than that I think it went really well.”

Rossiytseza did not hesitate to add that the Writing Center is a

place that can assist people with their English writing, “Because we are the Writing Center, we focus on helping people on the writing, and we’re tutors, so we can’t take too much time out of that.”

Open Mic does not have any rules or guidelines that participants have to follow. Writing Center Director Rosemary Adang favors freedom of expression over hardcore censorship.

Adang said that college students forget that writing can be enjoyable.

Puzzle Answers:

A	L	B	S		T	I	L	T		T	A	L	O	N		
F	O	R	T	W	O	R	T	H		A	C	O	R	N		
R	E	A	D	Y	M	A	D	E		E	X	C	U	S	E	
O	W	N		O	C	S				A	I	R				
	E	D	E	M	A			S	C	R	E	A	M	E	D	
			Z	I	T			L	A	W	S		U	F	O	
A	D	A	R	N		M	E	G	A		A	M	I	S		
S	E	T	A	G	O	O	D	E	X	A	M	P	L	E		
T	W	A	S		N	O	D	S		B	A	S	E	S		
E	A	R		R	E	L	O			R	I	N				
P	R	I	C	E	T	A	G			A	G	A	T	E		
			H	A	W					D	I	A		E	A	P
G	O	O	U	T	O	F	B	U	S	I	N	E	S	S		
A	O	R	T	A			P	I	P	E	L	I	N	E	S	
S	H	O	E	S			C	O	E	D		A	S	S	T	

Even Exchange

answers

1. Change, Charge	6. Devout, Devour
2. Wrist, Whist	7. Major, Manor
3. Baton, Bacon	8. Greet, Great
4. Harry, Hardy	9. Cuddle, Curdle
5. France, Prance	10. Doris, Boris

Weekly SUDOKU

Answer

4	2	7	3	9	8	6	5	1
1	9	6	7	5	4	3	2	8
3	8	5	2	1	6	7	4	9
9	6	4	8	3	5	1	7	2
7	3	2	6	4	1	9	8	5
8	5	1	9	7	2	4	6	3
2	4	8	1	6	3	5	9	7
5	1	9	4	8	7	2	3	6
6	7	3	5	2	9	8	1	4

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• **Affordable Art Fair.** The idea was simple: one does not need to be an expert or have deep pockets to enjoy learning about and living with art that you love.

Prices range from \$100 to \$10,000, with more than half priced under \$5,000. Special kids lounge features activities for kids, including art tours. Check out website seattle-schild.com for information on time and location.

• **Movie Fridays.** Meets almost every Friday for a low-key non-credit class through Extended Learning. The International Student Programs tries to select films that are both entertaining and good for discussion afterwards. This Friday, Nov. 9, ISP will present *The Hunger Games* at 12:30 p.m.

• **Para Los Niños.** The Burien Little Theater is holding a fundraiser called Para Los Niños to raise \$10,000 to continue the Aprendamos Juntos prgram for the 2012-2013 school year. Register for the dinner or make a donation.

The dinner is on Nov. 10 at 6 p.m. Address of the dinner party is 425 SW 144th ST, Burien. Cost per person is \$50. The best way to register for the dinner or to make a donation is through the website: www.plnwa.org/donate.

• **Family Fun Day.** Teaching Artist Mizu Sugimura will show you how to decorate a furoshiki, Japanese wrapping cloth, inspired by the Japanese American Incarceration. This event is sponsored by Target. This event begins in Nov. 17, Saturday from 1-3 p.m.

• **5th Avenue Theatre.** The new musical comedy *The Addams Family* production of the new musical comedy, *The Addams Family*. The show runs until Nov. 11 on Thursdays, Fridays, and Saturdays at 8 p.m. As well as Sundays at 1:30 and 7 p.m.

Ticket prices are \$95-\$160. 5th Avenue Theatre is at 1308 5th Avenue in Seattle. For more information on tickets and showtimes call 206-625-1900.

• **Music Matters in Federal Way.** The conductor series *A Christmas Party with the Symphony* starts Dec. 2. A mix of holiday classics, festive orchestra works, and great singers.

Includes a video of the Nutcracker accompanied by the Federal Way Symphony. More events and ticket prices can be found at federalway-symphony.org

• **Group tickets for ELF: The Musical** at the 5th Avenue Theatre are now on sale. The holiday favorite runs Nov. 30 to Dec. 31.

A group of 10 (or more) can lock in great seats now and save on both ticket prices and handling fees. For more details or tickets, call 888-625-1418.

• **Sherlock Holmes and the Case of the Christmas Carol.** After being presumed dead for three years, a hardened Sherlock Holmes resurfaces, turning his back on the people who need him most. Three unexpected callers arrive on Christmas Eve uncovering clues from the detective's past, present, and future. Can they save Holmes and his world from a dire end?

They must "do it all in one night" to accomplish the task. A mystery full of Christmas spirits your whole family will enjoy. Show runs from Nov. 23-Dec. 29; previews run on Nov. 16 and 17.

Professor shares poems about a boar and more

By **ASHLEY LARSON**
Staff Reporter

Time by herself and no distractions gets Katherine Whitcomb's creative juices flowing.

Whitcomb is a professor at Central Washington University and she shared her poetry during "Highline Listens" last week. She is the author of a collection of poems, *Saints of South Dakota & Other Poems*, which has won the 2000 Bluestem Award and two poetry chapbooks, *Hosannas* and *Lamp of Letters* – winner of the 2009 Floating Bridge Chapbook Award.

Whitcomb read nine poems which were primarily from *Lamp of Letters*, including "Tobacco Heart."

"Tobacco Heart" is about a medical condition some people get from smoking too much. The symptoms include heart palpitations which Whitcomb used to get. That was her inspiration for writing this poem.

"When Traveling in Airplanes I Always Think of God" was inspired by her thoughts on a flight.

Whenever she is on an airplane, Whitcomb said she wonders if it is her time to go. She looks up into the sky and thinks of heaven as she is passing through the clouds:

"I think of God when the police shot

"King Kong on the tiny screen three rows ahead of me..."

"And who have I become? A captive watching them kill the



Josh Nelson/THUNDERWORD
Professor Katherine Whitcomb, speaking at Mount Constance.

beast?

"When we were a little higher up illuminated by our wing lights the clouds looked solid and edible like God's big cake..."

Whitcomb's poems deal with everyday life situations that she turns into something more.

"A Poem Without a Boar" was titled because, at one time, Whitcomb wrote many poems about a wild boar after she saw one while running in France.

Finally, she got bored of writing about boars and decided to name this poem "A Poem Without a Boar."

"Hangman" is a poem about Tarot Cards. Whitcomb was trained as a Tarot Card reader in Minneapolis.

One of the cards that she felt was very important was the Hangman card which represents a point of no effort in one's life.

"We cannot last long...the world can drop us."

Broadway lead shines in Seattle to record album

By **JOSEPH PARK**
Staff Reporter

Seattle's gloomy October chill could not withstand actor and singing extraordinaire Terrell Carter.

When he entered the lobby of the Art Institute of Seattle, extended his ginormous hand to say hello and exposed his ivory perfect smile, the entire facility instantaneously lit up.

Carter's voice is soft, yet soulful, which is a refreshing shock when comparing it to his 6-foot-5-inch gladiator figure.

Among other career titles, Carter is also an accomplished screenwriter, producer and professionally handsome.

He said that he came to Seattle to record his fifth album, which will release next year in several retail outlets.

"I'm recording here, because my manager is from here and his step-father is a big recording engineer," said Carter.

"We're in the studio and banging out until we get the right song. Get ready for it [on] April at Amazon, Wal-Mart, K-mart, [and] Target."

Along with recording, Carter is rehearsing for his biggest acting role yet.

He is the lead character of the new Broadway show *Super Fly*, a musical adaptation of the classic 1972 Blaxploitation film directed by Gordon Parks Jr.

"That has consumed a lot of my time, but it will definitely open a lot of doors," said Carter.

Before getting his foot into the Broadway scene, the gospel-trained singer worked with some of the most renowned entertainers in the country.

According to his official website, terrellmusic.com,



Photo by Kelsey Lane

The actor, singer, producer, and screenwriter Terrell Carter in Built for Man, a menswear line.

Carter's voice has accompanied artists such as India Arie, Faith Evans, Patti LaBelle, Christina Aguilera and drummer Sheila E.

Carter began his performing career at his local church in Buffalo, N.Y. Through his unwavering motivation, he was able to work with notable names such as Sean "Diddy" Combes (Diddy, or Puff Daddy, or whatever he calls himself now) and Quincy Jones.

"I was completely focused on [performing]," said Carter. "If I hadn't done this I would have been a zoologist or some kind of animal doctor. This is what I know; this was something that chose me."

One of Carter's career highlights includes P Diddy affirming his musical talents.

"I was in the Chris Rock Show with P Diddy and I was singing with him," said Carter.

"He turned around and told Carl Thomas, who is another artist out at the time [and] a friend of mine 'That boy sings. You got to keep up with this one.'"

Like most artists, Carter has experienced his share of hardships.

"As a working artist I've had record companies tell me that I sing too well, even though people told me that I'm one of the best male singers they've heard," said Carter.

"I've heard [that] from Stevie Wonder, India Arie, Patti LaBelle, people that I've worked with, but record companies at the time wanted somebody who's manageable."

He said that he used to be thin and shy. However, after four long years of intensive preparation, Carter blossomed into a confident and dashing gentleman.

"The way that I think now when I come to do a concert for the people, I want to give people everything that they expect and more. I have no fear in thinking this will be a concert that they will remember," said Carter.

Carter also revealed that his father had denied blood ties with him at a young age. That moment, Carter said, helped mold him into the adult he is today.

"It was just the fact that my mom was 11 years old when he raped her – he was 20. I look exactly like him," said Carter.

"I think I was 7 or 8, and I remember having my friends around me and he drove up. I said that's my father, then my father [said] 'oh no, no, I'm not his father.' It changed something in me for the better, because I realized and knew that I would never be that man, [and] I would make him regret those words."

Judging from his numerous concerts and big break, it appears safe to say that Carter has indeed accomplished feats worthy of people's adoration.

"Never give up – no matter how many doors are slammed in your face. Sometimes a closed door is a blessing in the skies," said Carter.

"I've had some doors closed in my face. It doesn't matter who says no or whatever, be sure [of] what you're supposed to do, and if [that is] what you're supposed to do, then that's a yes, and that yes is superior to a million no."

2012 ELECTION RESULTS

PRESIDENT



President Barack Obama

WASHINGTON STATE

Legislative Positions

District 30 Position 1

	Votes	Percent
Linda Kochmar	14,122	50.73%
Roger Flygare	13,716	49.27%

District 30 Position 2

Katrina Asay	12,628	45.42%
Roger Freeman	15,176	54.58%

District 33 Position 1

Tina Orwall	19,694	71.32%
Will Benge	7,920	28.68%

District 33 Position 2

Dave Upthegrove	19,219	69.7%
Martin Metz	8,355	30.3%



Dave Upthegrove



Tina Orwall



Roger Freeman



Linda Kochmar

BALLOT MEASURES

R-74

Approved	985,805	51.77%
Rejected	918,281	48.23%

I-1185

Yes	1,186,009	64.5%
No	652,760	35.5%

I-1240

Yes	952,969	51.24%
No	906,955	48.76%

I-502

Yes	1,057,012	55.43%
No	849,839	44.57%

Election shows shift in social opinions

By JOSH NELSON
Staff Reporter

Tuesday's election signifies a need for change in Republican party politics, says a Highline instructor.

Dr. T.M. Sell, a professor of political economy, said that the Republican party faces a particular challenge now that they have suffered a defeat.

"Rightly or wrongly, the Republican party gave the impression that it was a welcome place for homophobes, misogynists, and racists," said Dr. Sell.

Dr. Sell pointed out that comments made by some Republicans concerning rape and abortion for rape victims was not necessarily an approach that would win them votes, especially not with women.

"There will be some blaming going on, mostly towards [Mitt] Romney," said Dr. Sell. "He presented himself as a hard-line conservative – which was necessary to get the nomination – but seemed to say whatever his audience wanted to hear."

Dr. Sell also mentioned that he wasn't surprised by the number of one-term Tea Party members of Congress.

"A number of them [Tea Party members] didn't receive a second term due to their

extremism," said Dr. Sell. "Not every member is a wild-eyed crazy – and not all Democrats are sane, but you don't see them showing up at rallies wearing t-shirts with racist slogans."

The challenge for state Democrats – who likely hold the governorship and a majority in the Legislature – is to show that they can get work done, said Dr. Sell.

"If they're [Democrats] lucky, the economy will improve and if they're careful they can produce a budget and keep limping along. But it has to look like decisive action."

One thing that apparent Governor Elect Jay Inslee should do is, "...sit down the State House and Senate leaders and tell them 'We can't let the perfect get in the way of the good,'" said Dr. Sell.

Dr. Sell also elaborated that social issues such as same-sex marriages and legalizing marijuana will eventually work themselves out.

"If we look at the big picture, we are forced to conclude that the demographic nature of the country will see a shift on social issues," said Dr. Sell. "Surveys and studies have told us that the younger generations don't see same-sex marriage and marijuana as major issues."



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New counselor targets stressors, student success

By **SHON TORRES**
Staff Reporter

For Sarah Determan, being able to speak Spanish and having learned more about her heritage has helped her to counsel students and work with different communities and populations at Highline.

Determan has joined Highline for this school year as a student counselor at the Student Services Center.

"I moved here and Highline was willing to give me hours as post-doctoral fellow and that was awesome. They really came through for me. That's why I'm here," Determan said.

Determan is a legacy speaker of Spanish, but she learned Spanish in high school and it was one of her majors in college. While at the University of Portland (Ore.) she participated in two immersion programs, one in Morelia, Mexico and the other in Barcelona, Spain.

"Doing the immersion really helps. One, [it helps] with dictation and knowing the language. Two, it gave you the cultural component as well. There are things just studying it [the language] in a classroom does not give you," Determan said.

"As a biracial individual, that was something that had been lacking in my upbringing. While we did celebrate some culturally significant holidays and customs, it wasn't as rich as someone who had grown up with it all around you," she said.

"The immersion program can enrich that aspect of my learning of the language and the culture in people and general," said Determan.

Determan said her proficiency in Spanish is not a result of home conditions.

Her grandmother was an immigrant, but did not push



Virginia Parenteau/THUNDERWORD

Sarah Determan said Highline students function well with the stressors and psychological concerns they face.

Spanish in the home.

"It's just the way she was indoctrinated when she moved here," Determan said.

"Speaking Spanish has given me a - I guess you could call it - a clinical edge, for lack of a better term," she said. Where first- and second-generation Spanish-speaking families are coming here [Highline], it is possible that the student is the only one who speaks English. So being able to have a family component as a part of treatment [is helpful], Determan said.

"Understanding culture means understanding that someone who comes to my office does not come to me living inside of a vacuum, but they have all these different stressors working on them and for them," Determan said.

A California native, Determan graduated summa cum laude with her bachelor's in Psychology and Spanish from

the University of Portland while on an athletic scholarship.

She completed her master's and doctorate in Clinical Psychology at American School of Professional Psychology-Argosy University at the San Francisco Bay Area Campus in Alameda, Calif.

She finished her pre-doctoral internship at Alameda Family Services in Alameda.

"My first year I worked at a community clinic with underprivileged population, working with monolingual Spanish families," Determan said.

Her dissertation examined the effects of intergenerational transmission of trauma on families functioning among Spanish speaking Latin-American populations.

"Here at the Counseling Center I am a clinician who has a background in clinical psychology. All the others have a counseling background. So

sometimes I feel inept because it's not my expertise working in schools, but I do enjoy working with at-risk youth. My degree background has an emphasis on working with trauma and that is something else I bring to the table," Determan said.

"I find a lot of the students who come here come with compounding stressors, which is different for me. They are actually still functioning," said Determan.

"They are functioning in a way that they are able to go to school and able to work, whereas working in the prison system and outpatient communities - those areas are severely impacted. That is something that is pretty new for me, that someone who can have all these stressors can still function. The question is 'how?' How can a person deal with all that and still function? That is where I want to help. I want to be able to further that," she said.

Determan's primary area of interest is in working with underserved populations dealing with the effects of trauma.

Her clinical work is influenced by systemic and narrative evidence-based treatments.

"I worked part-time at a shelter for youth, which led me to the school system in inner-city Oakland [Calif.]," Determan said. "I worked with at-risk youth who had been kicked out of other schools. A lot of them were in gangs or trying to get out. I was used to working with at-risk youth."

"I worked in the prison system and I worked at a methadone clinic," Determan said "I worked specifically with drug-using and abusing populations, also low income."

She has extensive clinical experience working with adolescents, couples and families.

She has worked in community mental health settings treating adult to adolescent clients with a wide range of psychological, emotional, behavioral and adjustment problems (i.e. anxiety, stress, depression, and relationship problems).

"All the work I had done had really helped to bridge that clinical gap, that I have to be able to work with students," Determan said.

She had thought that when she came to Highline she would find problems with relationships, academic issues, how to get along with peers, that she would find different types of developmental delays and things like that, Determan said.

Determan also said she finds the problems are similar to the problems in community mental health where the issues are less personal and more of an issue for a group.

Highline students may be more impacted by family troubles and difficulties of having low scholastic scores or a language barrier.

Determan said the campus has such a culturally rich and diverse background of its student body.

She also said students at Highline function very well with the psychological concerns they may come in with.

Being able to juggle school, work and all the concerns are fascinating and wonderful, Determan said.

Determan played soccer for the University of Portland. As such, "student athletes have a personal place in my heart just because I was one. I know how hard it is to juggle school and work and even a job, gosh that's what I did. Just finding someone who understands the lifestyle and the difficulties of it all is something I bring to the office," said Determan.

Police officer becomes new campus security member

By **YURI HOANG**
Staff Reporter

George Curtis, Highline's new Campus Security sergeant says he is greatly impressed with the campus and its people after only four days on the job.

Curtis said that so far he is having a very good time at Highline.

"[Highline] is a very interesting place. The view is beautiful. The students are

energetic, and the staff is very friendly and helpful. I really like it here," he said.

Curtis began training on Nov. 1.

After four weeks, he will officially work as a swing shift supervisor and will be training new officers as well as working with students to provide campus safety.

At the moment, he is still trying to get familiar with all the buildings and where they're

at, "so that I'll be able to give students directions when they ask," he said.

Since he hasn't had to patrol at night yet, Curtis said that until now there seemed to be no problem at all.

"I'll know more about it when I get to do swing shifts," he said.

With two years of experience as a police officer, Curtis is enthusiastic and committed to his new position at Highline.



Sherry Holt/THUNDERWORD

George Curtis began working as a campus security member on Nov. 1 and said that he is enjoying his time at Highline so far.

Food imbalance fattens some, starves others

By YURI HOANG
Staff Reporter

The amount spent annually on pet food in the United States and Europe is greater than what it would take to provide basic nutrition for the poorest people in the world.

At last Friday's Science Seminar, Tracy Brigham, a Highline instructor of global issues and nutrition, gave her audience some insights about diet disparities between developed and developing countries and how people eat in the United States.

Brigham's PowerPoint slideshow engaged instructors and students with pictures and statistics showing the large gap between children in developing countries, such as Kenya and the United States.

According to Brigham, the United Nations Development Program estimates that the \$13 million needed annually to provide basic health and nutrition needs for the poorest people in the developing world would be less than the amount of \$17 million spent on pet food in Europe and the United States.

She said that globally one in seven people is undernourished and 1 billion people in the world are unable to consume at least 2,710 calories per day.

"It's as much a question about distribution: who gets [the food] and how much they get," said Brigham.

If looking at the percentage of population, Africa would be the continent with the most people who are undernourished. Yet, if looking at the number of people, Asia would come in the first place.

On the contrary, there are even more overweight people universally than expected: more than 1.4 billion adults and 400 million children. Especially in the United States, the number of overweight people is far greater than those who are undernourished.

"It's actually not how much we eat in the U.S., but also how much we waste," said Brigham.

She also showed a statistic retrieved from the Reuters last August, saying that individual Americans throw away half of the purchased food yearly (about 20 pounds per month) and that amount of waste is worth \$165 billion.

Brigham blamed "big serving sizes in restaurants."

"[There are also] fruits that are edible but don't look good enough to make it to the store, and [sick animals] that can't be slaughtered," she said.

The "illusion of abundance" that store managers have also contributes to food waste every



Sherry Holt/THUNDERWORD

Tracy Brigham shows the obesity trend in the United States.

year. They feel that they can't leave the shelves half empty so it's better to stuff them with more than the products needed, she said.

If Americans could reduce the waste by 15 percent, 250 million people could be provided with basic nutrition needs.

One way to reduce the waste of food each year is to reduce the production of processed food, which is the leading cause for more waste.

"In the U.S., we actually spend less percentage of our [monthly income] in food than any other place," said Brigham.

She then showed the audience images from the photo book called "What the World Eats" to emphasize the disparity between some states in the United States and other countries around the world. The book also focuses on the difference between developed and developing nations.

Whilst a typical American family of four from North Carolina might spend \$400 per week on mostly canned food, pizzas, sugary products and soda, an Egyptian family's weekly food needs for 12 people would include "less and less packaged stuff, and more vegetables, [mostly home-grown]," said Brigham.

A family of six in a refugee camp in Chad only has approximately \$1.23 a week for food.

Diet disparities can also be seen from the ideal body types that different cultures from different nations hold.

"I was teaching a class in Kenya – a group of high school girls. I asked them what their definition of health was and all of the girls answered 'fat,'" Brigham said.

They were confused by the image of skinny models from America and the notion of "fat" in Kenya was like the America's definition of anorexia.

"Why does someone want

and I have no idea if she survived or not," she said.

Whilst under-nutrition impacts IQ and affects the "first five years of a child's life," over-nutrition increases the rate of obesity and diabetes.

The obesity has grown in the United States since 1995, when "the whole country is over 10 percent." By 2010, except for a few states that are over 30 percent, such as Mississippi, the United States are now over 20 percent with most states ranging from 25 to 29 percent.

"There are children being born here now that have lower life expectancy than their parents because of obesity and other [related diseases]," Brigham said.

According to America's Health Rankings, Mississippi, with the highest rank of obesity, is also the poorest state. This triggered a question: What's the problem with the food supplies "when the poorest people are the fattest?"

She showed a video clip called "The Dollar Menu" to illustrate the point.

The woman in the video said that she felt really guilty to give her kids junk food every day now that she knew not everything was healthy and her husband had diabetes for a reason.

"We're very tied by buying pills for [my husband] to be healthy and buying veggies to be healthy," she said.

A Big Mac combo can be bought for 99 cents, but that same amount can't put a head of broccoli in their shopping bag.

Brigham asked what the role of the government should be.

With big farming corporations using money from the people's taxes, they only grow corn, wheat and soy; and these are all genetically modified. The system's not set up for the people's health because they are corporation-run; and these corporations would rather work on drugs and medicines to sell to people instead of making healthier food to prevent illness, she said.

"Our community is coming together to solve the problem, but we're up against these mega corporations with their big pockets and [relationships] with politicians, so it's really tough," said Brigham.

Tomorrow's Science Seminar will be in the Mount Constance room of Building 8 at 2:20-3:23p.m.

Ciscoe Morris, one of the most notable gardening experts in the Northwest will give a presentation about "Plants with Great Fall Colors."

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Profs explain history, culture of batik

By **RACQUEL ARCEO**
Staff Reporter

The importance of batik in the Javanese culture was explored by the guest faculty from Indonesia at Highline's History Seminar last week.

The discussion was presented by Maryke Alelo, Andi Musdarian and Hendriane Namotemo representing the 10 Indonesian faculty.

The visiting faculty will be at Highline until Dec. 15 studying college, English, culture and education.

The term 'batik' came from the Javanese language, meaning dot because when drawing one starts with a dot and use many dots to form a line.

Batik has a lot of symbolism. It is worn in different ways, for women it can be worn as a skirt showing elegance and for a man worn with a dagger to show authority and strength.

There are 300 developed patterns of batik. Different patterns have their own meanings. Some are:

Kawung, indicates someone who makes their life useful to others, a selfless person.

Parung Rusak, showing justice and power.

Ciptoning, indicates wisdom and experience.

"The final pattern of batik should be reflected as closely



Virginia Parenteau

Exchange professors Andi Musdarian (left) and Maryke Alelo discussed the different ethnic groups in Indonesia, their native country, and the importance of batik in their culture.

as possible to the intention," said Alelo.

Batik is a cloth traditionally made using a manual wax-resist technique to dye textiles with patterns. The method is used to prevent dye from reaching all of the cloth and only coloring the portion not covered in wax. Once the cloth has been dyed it is sun dried, put in hot water to remove the wax, then re-waxed for the next

color.

"It's a long and complicated process," Namotemo said, depending on how complex the pattern and how many different colors are being used.

"The minimum process is three months up to one year," said Namotemo.

The most popular colors are blue, red, yellow and brown.

Traditionally batik is made by hand, this is called hand

written batik. Hand-written batik is a home business that is usually run by a family. Because the process of creating a piece of hand-written batik is so complicated, it is very expensive averaging about 400,000 rupees (\$42).

"Actually there are several ways of doing batik, not only by hand writing," said Alelo.

A cheaper alternative is manufactured batik. You can

get many colors and patterns for a lower price because it is printed from a machine.

Batik has a long history which included controversy over where it was originated. In 2009 the UNESCO acknowledged that batik originated in Indonesia.

Besides explaining batik, the Indonesian faculty members explained that Indonesia is the fourth most populated country in the world and contains the largest Muslim population.

"Indonesians speak many languages and there are 500 dialects," said Musdarian

There are more than 700 languages spoken in Indonesia compared to the 114 different languages found on the highline campus. Bahasa Indonesia is the national language in Indonesia.

"English is the most popular foreign language, it is taught starting in elementary school," Musdarian said.

To view this seminar online and for more information visit historyseminar.highline.edu.

Next week's History Seminar on Robin Hood will be on Nov. 15 in Building 3, Room 102 hosted by Teri Balkenende.

History Seminar is a series of weekly discussions open to all students and hosted by Highline faculty and guest speakers.

Campus lights way for students to give back

By **ALAYNA PINTAR**
Staff Reporter

As the season of giving approaches, Highline's Women's Program is once again acting as a conduit for families in need and those willing to extend a helping hand.

The Giving Tree program helps provide low-income families with gifts for the holiday season and organizers are looking for sponsors and support to help the less fortunate.

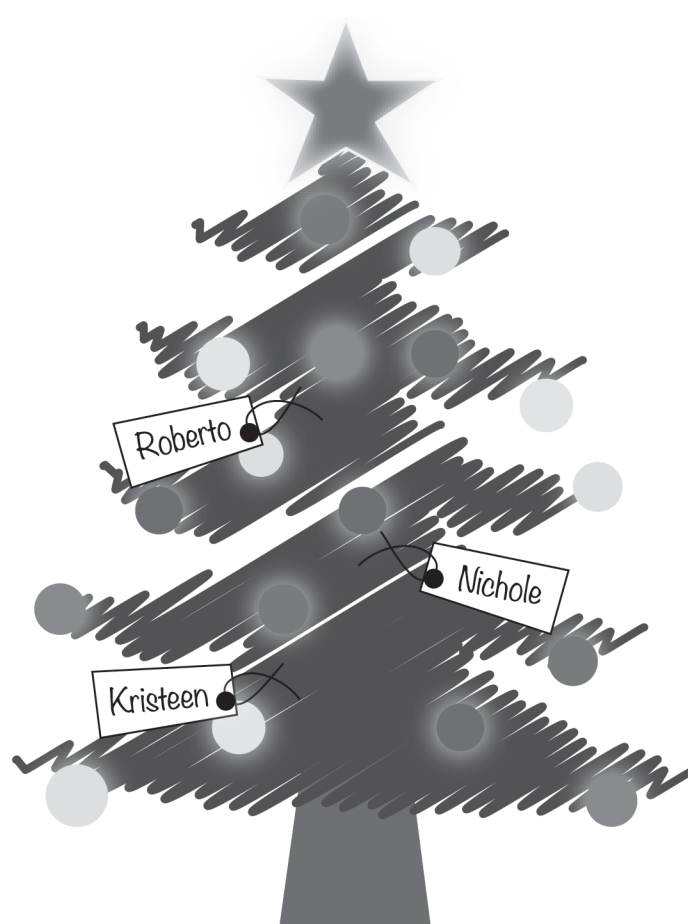
Eligible families include those that receive financial aid, while sponsors can be individuals, organizations, departments or another family.

Participating families propose a wish list of items they need.

"Anyone can sponsor," said Leticia Picon, one of the organizers of the Giving Tree, "and they can sponsor as many children as they want."

Sponsors detail what help they can provide and are then paired with a family in need.

The deadline for turning in gifts is Wednesday, Dec. 12.



Graphic by Krista Rhea

They are to be dropped off in Building 6 in the Women's Programs Office.

"Including wrapping paper

along with the gifts really helps out the parents since we don't actually wrap the gifts ourselves," said Picon.

Those interested in sponsoring a child, or for more information contact Leticia Picon at lpicon@highline.edu and

provide her with your name, phone number, email, and the number of children you would like to sponsor.

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Tim Vagen

Boot camp can be the answer to your lacking workout

By **MICHELLE VALDEZ**
Student Reporter

With the holidays coming up and plenty of opportunity to load up on fattening foods, the Highline Fitness Boot Camp is designed to help Highline community combat weight gain.

The boot camp targets students and faculty who want to lose or maintain their weight during the upcoming holidays with functional, metabolic and resistance training.

"People have a tendency to gain weight during the holidays," said Tim Vagen, Personal Fitness Trainer Program manager.

The boot camp's goal is for everyone in the Highline community to get some exercise. The goal is derived from an article from the Cleveland Clinic's website, 8 Steps to Surviving Holiday Weight Gain, "Get Moving" (Step 1). The article provides information on how to stay healthy during the holidays, said Vagen.

"The main focus is fat loss," said Maseree Butler, Personal Fitness Trainer (PFT) student, "Because that's where everyone's supposed to be at when they come to the gym."

There will be many kinds of exercise equipment as well as different exercises. The workouts will be high intensity which is a good way to burn fat, said Butler.

Students who are taking a Physical Education class who wish to attend will get one Physical Education credit.

Overall, the workouts will last for 30 – 45 minutes. The students will expect 10 – 15 minutes of a dynamic warm up at the beginning of the boot camp. The procedure then progresses to a power workout, then strength workout, circuit workout, activities to speed up metabolism, cool down and then stretching.

The personal trainers will be the PFT students and Vagen.

The boot camp will be in Building 27 at the Multipurpose Room every Wednesday as opposed to last year when the classes were on Fridays. The sessions run from 7 – 8 a.m. through Dec. 12.

For more information, contact Tim Vagen tvagen@highline.edu.

First Fridays stands against violence

By **REBECCA TRIPOLI**
Staff Reporter

There have been many great leaders in time who have changed society, but only few who have used the power of nonviolence.

The Power of Nonviolence was discussed with more than 50 people at this month's Leadership Institute, which was held in the Mount Constance Room of the Student Union last Friday.

"I've always been impressed with this concept of nonviolence," said the workshop speaker and Director of Multi-Cultural Affairs and Leadership Natasha Burrowes.

Mahatma Gandhi and Dr. Martin Luther King Jr. were the two key people discussed in the workshop. Gandhi had the concept that if one clings to the highest truth, it can never be destroyed. This concept is what inspired King and is what led the workshop to a deeper discussion on nonviolence.

Burrowes went to the white board and wrote the word "violence" on the right side of the board and "nonviolence" on the left side. She then had



Sherry Holt/ THUNDERWROD

Natasha Burrowes (below left and above) had First Friday attendees participate in an interactive game to teach them about communication.

everyone shout out words that first came to mind when seeing these words. Burrowes then had people share their thoughts on the results.

"On this side [right side] I see 'I' and on the other side I see 'we,'" said Highline student, Ahmed Ali.

Ali's statement then transitioned into the concept espoused by Gandhi: "You have to be the change you wish to see in the world."

Burrowes showed a video titled "A Force More Powerful" which cataloged a variety of nonviolent movements. A particular part was focused on the Civil Rights movement and efforts to desegregate lunchrooms and restaurant in the South.

The key point of the video was that people fought back with nonviolence, said Burrowes. The people in the video resisted the urge to use violence when being physically and verbally attacked and with

that, they actually made a bigger impact, said one discussion participant.

Burrowes had everyone stand up and go in the back of the room, where there was a long blue line taped across the room. She had each student pair up and stand facing their partner on opposite sides of the tape.

"The goal of the game is to get the other person on your side," said Burrowes.

Immediately after she said this, people started pulling and dragging each other, trying to get them on their side. After the fiasco was over, Burrowes had everyone sit down and discuss the activity.

Burrowes pointed out that everyone's first instinct was to physically get the person on their side, instead of talking it out with them.

"That's just how we've been raised to live," said one participant.

Burrowes ended the work-

shop with everyone discussing the six principles of nonviolence: nonviolence is a way of life for courageous people; it seeks to win friendship and understanding; it seeks to defeat injustice, not people; it holds that suffering can educate and transform; it chooses to love instead of hate; and it believes that the universe is on the side of justice.

"If you were to be violent, you would suffer more," said Highline student Latonya Brisbane during a discussion of one of the six principles. "Suffering can transform a person, so you have to except the suffering," said Brisbane.

"I didn't expect the group activities to have such a deeper meaning to it," said Glennalyn Domingo.

These leadership workshops are on the first Friday of every month. Participants who attend at least five workshops can receive a certificate of completion.



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Virginia Parenteau/THUNDERWORD
Highline Campus Safety officer jump starts a students vehicle, one of the many services they offer.

Security

continued from page 1

ing doors. No assistance will be provided for flat tires.

When a jump-start is requested, students are asked to have the hood up to help officers locate their vehicles.

"It was quick and easy, we only had to wait five minutes and then we could go," said student Sarah Perry on getting a jump-start.

If there is a non-injury accident, officers can take the students' statements and file an accident report if necessary.

"We also have security phones at each parking lot and in several buildings," Noyer said.

Blue emergency poles are found in each parking lot and "red box" phones can be found at buildings around campus.

Highline has four full-time and five part-time officers. Each officer attends or has attended the City of Des Moines police

reserve academy and maintains current first aid certifications.

"During the day and swing shifts, or night shifts, there are at least two to three officers on duty," said Noyer.

The security office also deals with lost and found items. Lost reports can be filled out there. Photo ID is required to claim an item. Items are stored for 60 days before being donated.

If campus security is needed, it is in building 6 on the lower floor, room 105 and can be reached at 206-669-6684.

want to have any trash mixed with the donated food," he said. "I'm really hoping, too, that people will be honest enough to not steal from the needy. That's pretty low."

Another worry the club officers had, Green said, was that the food drive wouldn't meet expecta-

tations and would be canceled.

"Nobody wants something to end under their leadership, and with all new officers we were worried about that," Green said. "But we've had some support so far, so it doesn't look like it's going to be a miserable failure."

Police Chief

continued from page 1

crime trends such as which types of people are committing crimes, what types of crimes they commit, and where they may strike.

Through the use of technology, "we're able to share crime trends," Delgado said.

The department shares intelligence and information with surrounding departments in the South King County area such as "Federal Way, SeaTac, Kent, Auburn, Normandy Park and Burien to be able to understand the challenges [in each area]," he said.

Officers who are on patrol can also access the database from their cars. His department also shares crime trends with Highline Campus Security.

"If they get the information, they share with us and vice versa," Delgado said of the cooperative effort.

In addition to responding to calls and sharing information with surrounding communities, the department also offers various services to the Des Moines community.

For instance, the department has a crime prevention staff that educates the community on ways to curb illegal activities.

"[The department] teaches citizens how to prevent burglary, how to mark possessions...how to identify crime trends," he said.

Additionally, "we have a school resource officer," said Delgado. The school resource officer educates students on crime prevention primarily at Mount Rainier High School



Chief of Police George Delgado

and sometimes in other Highline District schools.

As the new chief of police, his aim is "[to] understand what affects the people," Delgado said.

He believes in community policing, which he said is "the end result to effective communications and good partnership to deter crime..."

When the community is active and working with the police to stay safer, it can be rewarding on both sides, Delgado said.

"Community policing will be initiated by the police department but enhanced by the community involved," he said.

Besides trying to establish stronger bonds within and outside the Des Moines community, Delgado said he wants his staff to have healthy bonds, too.

"Family comes first," for a police officer, said Delgado, who has a wife and five kids.

Sometimes, it's hard to come home and be a parent or spouse, he said, which is why he wants his staff to be mentally healthy to maintain strong bonds with their families.

Overall, understanding community and bonding is important and can be rewarding if applied, said Delgado.

"I'm not going to be successful on my own," he said.

Food Drive

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in by the Nov. 16 deadline, Balkenende said.

"The donations need to be in by [Nov. 16] because they need to be given to Women's Programs, which then needs to have time to process them," she said.

"I've had several of my students donate during my classes, but if I get too much food it becomes too hard to bring to my office in one trip," Balkenende said.

The food will be donated to Women's Programs, which will distribute it to families in need, Green said.

"We get the food, and [Women's Programs] knows what to do with it," Green said.

PTK's officers were worried, Green said, that the donation bins would accidentally be used as trash bins.

"That's why we decorated them so much. We really didn't

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