When does racial humor go over the edge?

By KIYA DAMERON and HIEN HONG
Staff Reporters

The line between racism and humor is thin and hazy. Some people on campus said that humor with racial overtones could be acceptable under certain circumstances, whereas others said that it is never OK. “Racial humor can help us have positive discussions on race,” said Teela Foxworth, a communications instructor at Highline.

This is because “after the humor segues the topic, we may feel compelled to discuss the implications of that joke further,” said Foxworth. The key for Foxworth is to distinguish the difference between racial humor and racist humor. Racial humor is “humor that involves the subject of race; [it is] used to contrast stereotypes and create identification of common experiences within the in-group,” she said.

Racist humor is “when people of an out-group use humor to make fun of another culture. [When they are] trying to demean or hurt them, laughing at – not with,” Foxworth said. Foxworth said that racial humor works for a few reasons. Race is a taboo topic that people don’t necessarily talk about, out of fear of being politically incorrect. A reference that she uses to show this is a quote by Aristotle, “[a] joke reflects social attitudes and provides a vehicle through which people can voice feelings for which there is no socially acceptable or easily accessible outlet.”

Also she says that it can relieve tension, increase social awareness of issues, and can be a coping mechanism. “When we approach race with a humorous message we’re more open to engage with and hear what people have to say,” she said.

see Racial Humor, page 11

Home for good

Caretaker is leaving but Biology Lab animals get to stay

By REBECCA STARKEY
Staff Reporter

They finally found a home after years of neglect and abuse, but the many animals that populate Highline’s Biology Lab were facing eviction with the pending retirement of Donn Walter.

Now their security is certain, most of them will stay put.

The Biology Department had considered putting several of its animals up for adoption, however Walter, an instructional technologist, said that plan has been abandoned. “That option was there because my successor may not have had the time, or the ability, or the knowledge to take care of all the reptiles,” Walter said. “It is a hard job. If you have one or two pets it’s relatively easy; when you’ve got a dozen or two doz-en it gets a lot harder.”

Instead, the department will hire a part-time worker specifically to care of the animals. Only a few duplicate reptiles will be up for adoption.

“These animals, how they got here, a majority of them were either neglected, abandoned or abused,” Walter said. “This is the last place they will be; this is their home.”

However, his parrot and part-time resident of the Biology Lab – Squawky-Dude – will retire with Walter. “We’ve had him for eight and a half years, and he comes back and forth to home and work with us, but he has to stay in my office because his favorite hobby is biting people,” Walter said.

During the 11 years working with the Biology Department’s animals, Walter said they made his job fun. “I’ve had room to bring [the animals] in here and make that my hobby,” Walter said.

see Lab Animals, page 12

Women’s Programs tackles esteem issues

By EDDIE CERVANTES
Staff Reporter

Feeling comfortable in your own skin is an amazing feeling and the Women’s Program is hoping to help accomplish that goal for people of all kinds.

The Highline Women’s Programs will be hosting the Embrace Your Genes project at this year’s Health Fair. The Health Fair is Wednesday Feb. 27 from 10 a.m. to 1 p.m. in Building 8.

There is no entry fee for the Health Fair and it is free to participate in the Embrace Your Genes Project. The Embrace Your Genes project will be an opportunity to talk and release feelings about you, or someone else who may be insecure about their body.

Also, people can learn a few things about eating disorders, how to recognize them and also how to receive support by local partners.

These two topics of self-insecurity and eating disorders coincide with each other.

see issues, page 12

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Traffic slows down for fire and death

Many Highline students were caught behind emergency vehicles that attended the Sunset Motel fire on Feb. 19. Firemen put out fires and found a body at the scene of the fire in the motel, 25006 Pacific Highway S, just after 7 a.m. The coroner has yet to determine cause of death, said Public Information Officer Randy Droppert from the Kent police department.

Six units were significantly damaged," Droppert said, despite putting the fire out quickly. The cause of the fire is still being investigated.

Student stuck in elevator for an hour

A student was trapped in an elevator in the library for an hour on Feb. 14.

The elevator technician arrived and fixed the elevator and the student got out. The elevator was repaired and has been working fine since the incident.

Cardboard dumped illegally on campus

Cardboard was illegally dumped behind the print shop in Building 16 on Sunday, Feb. 10. The person was not caught but Campus Security found markings and numbers on the cardboard that might lead them to the perpetrator.

Student crashes into parked car

A student crashed their vehicle into an unoccupied vehicle on Feb. 14 in the East parking lot.

This incident happened in the morning. There were no injuries and the two owners of the cars exchanged information.

Security helps students with locked cars

Campus Security assisted two students by unlocking their cars on Feb. 14. One student needed their car unlocked in the East parking lot and another student needed their car unlocked in the South parking lot.

Security also helped another student get their car unlocked in the East parking lot on Feb. 15.

Compiled by Alex Chebotar

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It’s elementary, a fundraiser for food

By EMILY ARNOLD
Staff Reporter

With just a cookie, you could feed a child for an entire weekend.

That is, if you bought a treat at the Change for Change bake sale, your money would go toward feeding one of the 3,000 students in the Highline school district who are on free or reduced lunch and breakfast program.

For many of these children, the food they receive at school is all they’ll eat for the day. With no school on Saturdays and Sundays, there’s only hunger.

According to the 2010 US census, King County is the wealthiest in Washington.

Despite this, the superintendent of instruction website for Washington said 99,330 local students were eligible for free and reduced lunches in 2012. In one SeaTac elementary school alone, Madrona Elementary, 95 percent of students received these lunches.

A political science class at Highline is working to combat the hunger through a bake sale fundraiser in the Student Union on Feb. 26 at 8 a.m. to 1 p.m. From the second floor near the bookstore, students will be selling cookies, brownies, and cakes.

Fall Quarter’s top scoring student—Dr. Determan

Highline Volunteer Association and an ACHIEVE Service Learning Class are helping the Des Moines Food Bank by collecting food through donation boxes and bins set up around campus.

They will be collecting on campus from now until March 14.

Sort out your priorities with Dr. Determan

Dr. Sarah Determan from Highline’s counseling center will be speaking on how to balance life of work, school and relationships.

Determan will talk about strategies of how students can integrate each aspect of their life harmoniously. The workshop will run from 1-2 p.m., today in the Inter-Cultural Center, Building 8, room 204.

AMATYC reviews begin

Everyone is invited to take the AMATYC test, and reviews begin this week.

AMATYC stands for American Association of Two-Year Colleges.

Reviews will be in the Math Resource Center, Building 26, room 319 Feb. 26 at 2:30 p.m. led by math instructor Tim Greene and Feb. 28 at 3 p.m. led by Hyunwoo (Harry) Kim.

Oceanographer speaks on Puget Sound waters

Dr. Christopher Krembs, senior oceanographer of Ecology’s Marine Monitoring Program, will be talking about the monitoring program.

Krembs will share satellite images of Puget Sound as part of the program, March 2 from noon-12:45 p.m.

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Each quarter Highline’s MaST Center offers hands-on marine science laboratory classes. Earn your science credits with first-hand experiences.

WE OFFER:

BIOL 103 - Marine Birds & Mammals (offered occasionally)

BIOL 110 - Marine Biology*

OCEA 101 - Introduction to Oceanography*

ENVS 101 - Introduction to Environmental Science:

Marine Focus (spring & summer)

The MaST Center is located 4 miles south of the Highline Campus in Redondo. Our aquarium has 11 tanks with more than 100 local species on display.

*Many hybrid courses offered every quarter.

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Snap judgments can mislead, prof says

By NICK MASON  
Staff Reporter

People should not be so quick to judge others based on their appearance, a professor said here this week.

Professor Eric Davis, M.A., talked about social change and awareness within the African American community at Highline.

Davis was on Highline’s campus on Tuesday for a Black Student Union lecture on cultural awareness toward the African American community, but also within the community in general.

Davis holds a bachelor’s degree in African American studies from the University of California, Los Angeles as well as a master’s degree in student development from Seattle University.

Davis is a professor at Bellevue College and Tacoma Community College where he teaches sociology and ethnic studies.

His courses include race and ethnic relations, African American studies, sociology of sport, and popular culture.

“Part of what’s fun about doing these lectures is just hearing your thoughts and answering your questions,” said Davis.

“What this understanding of history teaches us is how we can critically solve issues of the next generation,” he said.

Davis emphasized critical thinking about culture from the very beginning of his lecture.

“We are lacking critical thinking skills,” he said.

“We are going to be a knowledgable and wise generation,” Davis noted, speaking of speaking of the race in the year 2013 is no big deal, which is much different than his generation.

He also said that we need to find ways to get past our disagreements.

Davis said that it is important to observe as you see it.

“I like to help you see this stuff through your own lens,” said Davis.

“If you don’t broaden your knowledge and understanding of the world, then you’ll end up in the same place where you started,” Davis said, complimenting Highline for its diversity.

Davis presented some statistics about the African American community in the United States.

There are 40 million people of African descent living in the United States.

Of those 40 million, 1.5-1.8 million are doctors, 1.3-1.4 million are dentists, and 3,500 are professionals.

“Why do most people think that there are more professional athletes than doctors?” asked Davis. It’s because the media tells us, he said.

Davis then went on to provide a sloppy slip diagram. The diagram depicted the steps of Bias, stereotypes, prejudice, discrimination, and the “isms” (racism, sexism, etc.)

Bias means you grew up in a certain place, and how you see yourself and others.

Prejudice leads you to think about people as their cultural stereotypes portray them to be.

The difference between prejudice and discrimination is that prejudice is an attitude, and discrimination is an action.

“It’s natural to have stereotypes, but don’t say them aloud,” said Davis. “We think we know people by how we first see them.” He emphasized that if you talk to someone, you don’t know them, no matter how much you think is known based on first impressions.

WiSE women host dinner

By ANGELA SUCHER  
Staff Reporter

A group of women at Highline hope to make female students aware of math, science, technology and engineering.

The Women in Science and Engineering Club will host a dinner event Feb. 28 from 6-9 p.m. to encourage women students entering these fields.

The dinner will provide immense networking opportunities as well as a guest list that includes numerous successful professionals from the industry, said Razmehr Faradad, faculty adviser for the club.

“We invite as many industrial people as we can. They’ll be there to share how they got to where they are and all of the benefits of their careers in the different industries.”

Highline’s Women in Science and Engineering Club meets weekly on campus to discuss different ways to encourage and support women in their fields which are dominated primarily by men, Faradad said.

“If you look at any upper level math class on most campuses, the ratio of men to women is very unbalanced,” she said.

“This is what the focus of the club is, to recruit women to enter these fields and to support those that are already doing so.”

The dinner is the club’s largest event and attended by numerous faculty members and students who are in the science, math and engineering fields.

“The club is really only a handful of women but the event is broader so all female students are invited. The focus of the dinner is to give them something to look forward to and their success,” Faradad said.

The event will host a keynote speaker Cathy Slater who is the vice president oriented strand board at Weyerhauser, one of the world’s industrial leaders in forestry research.

“I met Cathy Slater at the 50th anniversary dinner for MESA (Mathematics, Engineering, Science, Achievement) and instantly connected with her. She’s informative and very successful. I feel like she’ll really connect with the audience,” Faradad said.

The Women in Science and Engineering Club said in their flyer that they hope to bring together students, professionals and faculty in the fields of science, technology and math at the event.

Faradad also has additional hopes for the event.

“I want to encourage women students to attend and join the club and actually become a member. It’s so good for your resume, for future careers and college transcripts,” she said.

“As a member you can tell us what you need and how we can encourage and support more women in these fields,”

The dinner will be held in Building 2.

It is free to any who wish to attend, whether from Highline or not but requires preregistration as space is limited.

To register for the dinner go to wise.highline.edu and preregister the week before the event.

Foundation breakfast to raise funds for students

By KRIS DONOHUE  
Staff Reporter

Fill your stomachs and help Highline students pay for tuition at the Highline Foundation Breakfast.

The fourth annual Highline Foundation Breakfast will be held on Feb. 27 from 7:30-9 a.m. The breakfast is a fundraiser event to help raise money for general student scholarships.

Dr. T.M. Sell, an alumnus and instructor from Highline, will emcee the event.

Students who have benefited from scholarships in the past will share their success stories with others.

“The breakfast has been a success in the past, earning about $8,000 to $10,000,” said Rod Stephenson, director of Resource Development and executive director of The Highline Community College Foundation.

The Foundation is a private, nonprofit community organization that exists to raise funds and support college programs. The Foundation offers a number of scholarships to students.

The breakfast typically draws many local community and business leaders.

Tickets for the event are free, but an RSVP is needed to obtain one.

The deadline for reserving a seat was Feb. 14, but Stephenson said you are still able to reserve a spot, even though the deadline has passed.

“Along with the tickets being free, there is no minimum donation required; however it is highly appreciated.”

“We would like to continue to raise another $10,000 at the event,” said Stephenson.
Let paid leave help babies and your family

Washington state should adopt a bill that provides paid leave for workers with newborns.

Paid leave is something that would benefit workers, families, as well as businesses. In 2007, the Family Medical Leave Insurance law was passed and is supposed to take effect in 2015. The law would provide up to 12 weeks paid leave for employees with newborns or newly adopted children for up to five weeks.

However, funding hasn’t been provided and the Republicans in the Senate are currently trying to get rid of the program entirely. Although some think it is costly to implement, paid leave should actually save businesses money.

More importantly, Washington state should adopt the law because it would help workers take care of their families. In particular, it’s crucial for parents to be able to bond with their newborns. Studies have shown that paid leave has positive impacts on the development of newborns, resulting in lower child mortality rates.

In addition, paid leave doesn’t discriminate on what kinds of job people have and will benefit most.

A study revealed that 91 percent of workers with low-wage jobs reported a positive effect on caring for their newborns with paid leave compared to those without paid leave.

Furthermore, women who are able to take a paid leave are more likely to return to an employer, as their child grows older.

A study from employers in California, a state that implemented the Paid Family Leave law in 2004, reported that 83 percent of workers who were provided paid leave were likely to return.

Furthermore, the study suggests 85.5 percent of employers saw either a “positive effect” or “no noticeable effect” on productivity and 98.6 percent observes something positive or no change in morale in the workplace from paid leave.

Although some businesses feared that employees will abuse the program, 91 percent of employers who responded to a survey said “No” to being aware of any instances in which employees abused the program.

Paid leave can also help businesses, since 60 percent of employers surveyed reported that they combined their benefits for employees with the Paid Family Leave program. Moreover, 86.9 percent of employers reported that there weren’t “any cost increases” because of the program.

Sen. Karen Keiser, D-Kent, is working to expand the Family Medical Leave Insurance law to also provide paid leave for workers with a critical health condition or sick family members. The bill would be paid for by funding added payroll for employers with workers and employers paying 0.1 percent per week and also expand the leave up to 12 weeks.

The Family Medical Leave Insurance law will require a bit of sacrifice from both employees and employers, but it becomes a win-win situation in the long run.

Businesses are able to keep their employees and workers are able to take responsibility for their families. The law essentially helps more people think healthier and manage their responsibilities. So it should be encouraged, not completely shunned.

Have something to say?

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We’re accepting submissions in the form of letters and columns.

Letters to the editor should be about 200 words, columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Write to us!

Both men and women should try to show respect and act decent toward each other.

Maybe I’m just old-fashioned, but I wish more people acted like a gentleman or a lady. Unfortunately, it seems the majority of people from my generation just aren’t so keen on behaving gentlemanly or lady-like.

Being a gentleman or lady simply means making sure we maintain a pleasant, amiable appearance and remembering our manners around people. Yet as simple as it sounds, a lot of people don’t even try.

For instance, we could introduce ourselves with a handshake whenever we meet someone or put our cell phones down when people are talking to us.

However, people tend to sometimes ignore any chance to introduce themselves, choosing instead to fiddle with their cell phones.

Being disregaged from those around you makes you seem less friendly and it’s harder to seem civil that way. Furthermore, limiting the amount of talk and being polite is also a good idea. You risk putting people off when using profanity. However, it can be humorous when it’s unexpected and well-placed.

Remember that “Vulgar is no substitute for wit,” as noted by the Dowager Countess from the Edwardian-era drama Downtown Abbey.

It seems people are more likely to be interested in benefiting themselves or doing whatever is more convenient for them, than behaving well.

How did this generation become so uncaring about polite- ness? People tend to not take the time to offer small favors to others around them.

It horrified me to witness that and I felt very bad for the elderly lady. I also felt guilty to be a part of a generation that the older generations believe is disrespectful.

This type of self-entitled behavior needs to cease, because it isn’t always about you or even you. It should be about behaving politely and making interactions better for each other.

For starters, we can all say please and thank you with a smile more often if we want to become a gentleman or lady.

Be civil, be kind, say thank you

USA should not help illegal immigrants

Dear Editor: Let me first start by stating that I am not against immigration.

I understand and acknowledge the dream that people have in coming to America (not that this country is the only one desired).

On the whole the program sounds good for the children of what people are trying to call undocumented persons who are really illegal persons who broke the law getting here and to continue to break the law to re- side here in the states. What in return do we give them?

Well the USA gives them free medical, dental, education, free English classes, provide interpreter services for free, change our government forms to a lan- guage they can understand, re- ward their anchor children with these types of programs you talked about along with many other benefits.

My wife (who is Taiwanese) and I had to go by the book.

We did our interviews, paid fees, and did all the things required to get my wife a green card all the way to citizenship. Our kids don’t get this type of benefit. It pays to do things illegal as the illegals get all these benefits and then their anchor babies who grow up here get the same.

Thanks for creating another carrot for those to see and say lets go to America illegally and raise their children here, as there are so many programs that say yes to them for doing this. Yes I saw this rules.

My wife and I just don’t see how they get more rewards than those who do it legally. I am against this.

For the record I know its not the children’s fault, I know the argument we should not take it out on the children, right? Boo!!! I think we should redo the act that says if you’re born here you are automatically a citty.

We should deport the whole family to the government whose family broke the law and let the nation decide what to do with them and let the parents be held accountable to the children they are being deported.

Shame on the moms and dads who use their children to get here.

Yes I know there should be exceptions to the hardline, but they should be the exception not the rule. Just saying.

Another great program to encourage others to break the law.

No stay here long enough and look what you get.

Regards by one who understands the intent of the program, but opposes it.

–John Wide, Highline student
Highline Chorale will revive Grimm fairy tales through song and dance

By EMILY ARNOLD
Staff Reporter

Classic stories will be brought to life through song and dance at Highline’s Winter Quarter concert on March 14.

The concert, featuring Highline Chorale’s 15 vocalists as well as several instrumental accompanists, will be presented at 12:15 and 7:30 p.m. in Building 7 and is free to all.

Chorale instructor Dr. Sandra Glover said students, staff and faculty can look forward to hearing performers “tell them a...story sung to them.”

“The stories will be Grimm fairytales put to opera scenes and songs of the late 1600s to 1800s. Along with the music and acting, there will be dances of specific art periods such as Baroque, known for its drama and grandeur.

Accompanying the 15 voices will be advanced piano and guitar students, Madison Fortney on clarinet, and Tiana Ross and Kourtney Fullner on flutes.

Two pianists, staff accompanist Paula Mayfield and chorale member Micah Allred, will perform a single piano four-hand duet with the presentation of three poems by American composer Edward MacDowell.

“[It’s] very beautiful,” said Dr. Glover, “It adds such a texture to have four hands.”

Another piece that will be performed is Engelbert Humperdinck’s Hansel and Gretel.

“Humperdinck is as rich in texture and excitement as [Richard] Wagner, without the bombastic heaviness of Wagner,” Dr. Glover said.

Both Humperdinck and Wagner were German composers of the 1800s.

“Hansel and Gretel is challenging to sing,” she said, but the performers are “strong singers.”

The Highline Chorale is an auditioned group that accepts new voices every quarter, except for summer.

Dr. Glover said she enjoys “hearing the voices develop quarter by quarter, challenge by challenge.”

Students, experienced singers or not, are always encouraged to audition for Chorale.

“[Chorale members] will be prepared to audition at four-year baccalaureate universities based on their academic and vocal achievements,” she said. “Every quarter is a new quarter,” Dr. Glover said.

Dr. Glover earned a bachelor degree in music and fine arts at Pacific Lutheran University. At the University of Washington, she earned her master of music and doctor of musical arts.

As a soprano, Dr. Glover has performed in the United States, Canada and in various European countries.

She has also been a judge for statewide competitions and lecturer for a number of conferences at schools such as Jianghai University and Yangzhou University in China.

Rotary spins wine fundraiser

By JOSHUA WHEELDON
Staff Reporter

As Des Moines’ annual salute to the grape enters its ninth year, its sponsors are focused on raisin’ some big dough.

The annual Poverty Bay Wine Festival runs March 1-3, at the Landmark on the Sound Event Center at South 240th and Marine View Drive.

The Rotary Club of Des Moines has sponsored this event at the “Castle on the Hill,” for the past five years.

“The Poverty Bay Wine Festival is the main fundraiser for the club,” Catherine Carbone-Rogers, president of the Rotary Club of Des Moines, said.

“Proceeds from the fundraiser go towards all the projects of the Rotary Club of Des Moines, including scholarships for Mount Rainer High School students and returning Highline Community College students, as well as supplying dictionaries for third graders in the Des Moines area,” Carbone-Rogers said.

“Every year there are approximately 1,200 to 1,400 people who attend this event,” Carbone-Rogers said.

“This year we are expecting 2,000 people to attend the festival,” Ric Jacobson owner of Corky Cellars said.

Twenty-five Washington state premier wineries will be featured, along with two local craft breweries, several local food vendors, and live musical entertainment including: The Fabulous Roof Shakers, Meal Frog, Pearl Django, and more. As a bonus there will be three car shows including Triumphs, Corvettes and Mini Coopers.

Festival hours are Friday 5-10 p.m., Saturday noon to 7 p.m. and Sunday noon to 5 p.m. Tickets are available in advance for $25 at dmrrotary.org, brownpapertickets.com, and at Corky Cellars, 206-824-9462. Tickets are also available at the door for $30.

Due to limited parking at the Landmark, there will be free parking with shuttle service from the south end of the Des Moines Marina. Attendees must be 21 to enter and have photo identification.

The Rotary Club of Des Moines has a long history of aiding people in Haiti, the Philippines, Nepal, and many other countries through international projects.

“The Rotary Foundation gives back to the community and the world along with [helping] the Bill Gates Foundation in finding a cure for polio,” Jacobson said.
Des Moines kicks off talent show with auditions

By IPEK SADAY
Staff Reporter

Local talent scouts are searching for the next Susan Boyle as the second annual Des Moines’ Got Talent unfolds this summer. The frumpy Scottish spinner Boyle rocked the Internet in 2009 when videos of her performances on Britain’s Got Talent went viral and proved the maxim that you can’t judge a book by its cover.

On Aug. 7, the Des Moines Arts Commission will host the second annual Des Moines Got Talent show at the Beach Park in the community’s version of the search for surprising talent amongst seemingly ordinary people.

The search is now on with two weeks of auditions for the summer show. Musicians, dancers, poets, and spoken word artists of all ages are invited to audition between Feb. 28 and March 9.

“We had a lot of great talent last year,” said Shannon Kirchberg, who is the events and facilities coordinator for Des Moines. The initial response prompted the city’s arts commission to schedule the event again this year.

Although loosely patterned after the Britain’s Got Talent and America’s Got Talent television shows, no winners will be crowned, and no contracts will be signed by the commission. Contestants will be competing for simple audience adulation.

Auditions are at the Des Moines Activity Center, 22020 Cliff Ave. S. and then back to the Des Moines Activity Center on Friday, March 8 from 6 to 9 p.m. and Saturday, March 9 from 1 to 4 p.m. Anyone interested in auditioning should contact the Des Moines Parks and Recreation Department at 206-870-6527 or by email at: recreation@des-moineswa.gov.
Huyber leads T-Birds into nationals

By ISAIAH WELLER  Staff Reporter

Four Highline wrestlers hope to pin down All-American honors at the two-year college national championships this weekend at the other Des Moines in Iowa on Feb. 22.

In order to be an All-American you have to place in the top eight of your weight class.

Team captain Lucas Huyber will lead the charge after winning first place in his weight class of 184 pounds at the regional tournament. Huyber is ranked No. 3 in the country and boasts a record of 14-4.

He is a returning All-American after placing eighth at 174 in last year’s national tournament.

Huyber will be receiving a bye for the first match in his bracket and will face the winner of the match between Collins Nitcheu from Mercyhurst College of Pennsylvania and Michael Sumserville from Harper College of Illinois.

Nitcheu is favored to win and is ranked No. 7 in the country. Representing Highline at 174 is Cole Schwartz, who is currently ranked No. 7 in the nation. For his first match he will be facing No. 11 Ben Goodman from Minnesota West.

“The only person that’s ever beaten Cole is Cole. He needs to be a lot more aggressive and I can’t emphasize that enough. Aggression, urgency, and reality: that’s kind of the path for all our guys,” said Head Coach Scott Norton.

The winner will move on to face John Reddin from Niagara College. Brabon will be fresh on the mat to face the winner because he has a bye for his first match.

Fighting his way into the tournament is Wayne Swartz at 197, who got into the national tournament by a wildcard spot after losing to No. 1 ranked VJ Giulio from North Idaho College in the very first match at the regional tournament.

“It was just one of those things where there were some positions he wasn’t real familiar with and we’ve spent a lot of time working on it. So that’s going to make a difference this time,” said Norton.

Swartz is currently ranked No. 4 and will be facing No. 11 ranked Joe Bone from Rochester College of Michigan in his first match.

At heavyweight for Highline is Ben Tyan, who has been clutch all season for the Thunderbirds for stepping up in weight and facing opponents much larger then his size.

“Ben Tyan is probably my favorite member of the team. When you see Ben go out there, it literally looks like David versus Goliath because all the other heavyweights are so much bigger,” said teammate Max Welsh.

“Ben’s a real positive guy, he’s just one of those people who brightens up the room and he’s definitely going to be a threat,” said Welsh.

Tyan isn’t ranked, has a 10-10 record, and he will be going against the third best guy in the country, Zane Petersen from Ridgewater College of Minnesota in his very first match.

Second-half struggles cost Highline a victory

Thunderbirds finally notch first road win of the season

By ZACH STEMM  Staff Reporter

In a season where it almost seemed impossible to win away from Highline, the T-Birds finally managed to come away with a victory on the road last week.

The Highline men’s basketball team traveled to Grays Harbor to take on the 2-12 Chokers on Feb. 13.

Highline and Grays Harbor were already eliminated from the NWAACC playoffs coming into the matchup.

Pierce, Tacoma, Centralia, and Lower Columbia have locked up the playoff spots coming out of the division with Pierce clinching the top seed in the division.

Despite Highline winning 79-72, Grays Harbor came back from a 41-28 deficit at halftime and outscored the T-Birds 44-38 in the second half.

“We have very basic defensive principles that we rep from day one,” Head Coach Che Dawson said. “We haven’t been nearly as committed to them as we need to be. That includes finishing possessions, halves, and games.”

The T-Bird defense held Grays Harbor to only a 36.7 field goal percentage in the first half. That number rose to 51.5 percent in the second half.

Second half struggles was the theme of the week for Highline.

The T-Birds came back home for a game against Centralia last Saturday in which a 32-22 first half lead for Highline evaporated very quickly in the second half. Centralia got off to a hot start and outscored Highline 48-33 after halftime, on their way to a 70-65 victory.

As happened against Grays Harbor, Highline’s defense was able to hold Centralia to poor shooting in the first half, but Centralia improved their shooting in the second half.

For the T-Bird sophomores, Centralia was the last game they played at Highline, including RedDell Moore, Jeren Smith, Ira Haywood, and Terrick McGhee.

“The season went by so fast it didn’t even feel like it was the last game,” Moore said. “And just the realization that this is the last time that I’ll be able to play here.”

Moore had five points, two rebounds, a steal, and three assists.

Haywood led the T-Birds with 17 points.

He finished the game shooting 55 percent from the field, 67 percent from the three-point range, and 75 percent from the free-throw line.

“I think I played OK,” Haywood said. “I was feeling pretty good and had mixed emotions the whole night.”

McGhee was a starter in this game.

It was his first start in division play this season.

“I felt accomplished. These last three years has been a journey and to have a day dedicated to me and my fellow sophomores," McGhee said. "I was just happy.”

The T-Birds traveled to South Puget Sound for their last game of the season. The result was unavailable at presstime.

South Puget Sound came into the game ranked last in the West Division at 1-13.

They were a eight game losing streak and had not won a game since Jan. 19. This was the last game that the Highline sophomores have played at T-Birds.
Highline finishes home schedule at 5-3 with loss to Centralia

By KIMBERLY IBARRA
Staff Reporter

Centralia ended Highline’s chances of getting into the playoffs this year with a 64-53 win over the Lady Thunderbirds.

The Lady T-Birds needed to win their last two games, and Centralia had to lose their last two in order for Highline to move up to fourth place and make the NWAACC tournament.

“Our new game plan to beat those two teams was to penetrate with everyone around the perimeter and a post inside,” Highline forward Christina Fields said.

The Thunderbirds ended the season in fifth place in the NWAACC West Division.

Centralia, Clark, Lower Columbia and Tacoma all will advance to the postseason.

The Lady Blazers went strong on their turnovers during the game.

Centralia had 24 points off of Highline turnovers and the T-Birds had 13 points off of Centralia turnovers. The Thunderbirds had 22 total and the

Highline swingsman Sienna Pollard goes to the basket between two Centralia defenders.

Blazers had 16. The Thunderbirds fell short with their second chance points and their 3-pointers.

Centralia had 15 points off of their second chance points and 30 points off of their 3-pointers. The T-Birds only had one second chance point and 18 points off of their 3-pointers.

“It was really tough losing especially since we were only one game away,” guard Victoria Elleby said.

Tacoma had four games left. They won their two previous games, against South Puget Sound, 76-69 and against Clark, 93-87.

Tacoma remains in fourth place in the West Division and qualified for the playoffs.

Meanwhile, The Thunderbirds played a good game against the Grays Harbor Chokers on Wednesday, Feb. 13.

The T-Birds won 73-36. Highline led the first half of the game, 30-18 as they held the Chokers to 29 percent shooting.

The T-Birds then came back during the second half with a stronger defense holding the Chokers to a 17 percent shooting from the field.

Point guard Grace Beardemphl and guard Keana Magalei both led Highline with 14 points each. Sienna Pollard added nine points.

The Lady Thunderbirds out-rebounded the Chokers, 50-34. Pollard had 10 rebounds, Victoria Elleby had nine, and both Magalei and Brianna Fiso each had seven.

The Thunderbirds had 18 steals, 11 second chance points, and 37 points off the bench, whereas Grays Harbor only had eight steals, two second chance points, and 10 points off of the bench.

“We stuck to our game plan and got it done,” Fields said.

The Lady Thunderbirds took a trip to Olympia to play their last game on Wednesday, Feb. 20 against South Puget Sound. Results were unavailable at press time.

SHE’S GRACE UNDER PRESSURE

Highline player has not faltered under intense situations

By JOEY CASTONGUAY
Staff Reporter

Grace Beardemphl, a 5-foot-1 sophomore point guard for the women’s basketball team, said her experience at Highline has been great, and she has learned a lot from her coaches.

Beardemphl, a graduate of Bellarmine Prep in Tacoma, said she has been playing basketball since she was 5 years old.

However she has experience playing more sports than just basketball.

“I used to play soccer and fastpitch, but basketball seemed to take over,” Beardemphl said.

With basketball being her passion, Beardemphl said Highline was the right choice for her.

“It’s been really good [my time at Highline]. I am glad that I came here and it is a really good fit for me,” Beardemphl said.

Beardemphl also said her time at Highline has not only had a positive affect on her basketball ability but on her as a person.

“I’ve learned a lot while at Highline. I guess I have learned overall to be a better basketball player and a better person,” said Beardemphl.

When on the court, Beardemphl said her biggest advantage is her ability to see what is happening in front of her.

She averaged 10.2 points per game this year, with a season-high of 23.

She is also averaging 2.7 rebounds, 1.5 steals, and 2.3 assists per game in division play this season.

“I see the floor pretty well. Besides that I don’t have too many advantages because I am small,” said Beardemphl.

Beardemphl said her coaches have always pushed her to get to the next level and never become complacent with where she was.

“They have always pushed me to do better in school and they have pushed me in basketball as well,” Beardemphl said.

Beardemphl plans on finishing her associate of arts degree at Highline, and then transfer to dental school. She also said she enjoys writing and reading poetry in her free time.

Highline was eliminated from the NWAACC playoffs when they lost to Centralia last Saturday and a win by Tacoma.

They needed to win their next two games and needed Tacoma to lose their last two games.

The T-Birds are currently 8-7 in division play. They are 5-3 at home and 3-4 on the road.

Beardemphl and the Thunderbirds played their last league game last night against South Puget Sound. The result was unavailable at press time.
HOCUS-FOCUS
BY HENRY BOLTINOFF

A Bit Groovy
Across
1. Wine guy
5. Indica on a clock radio
9. One for the road
12. Crossword puzzle birds
14. French pal
15. Homer Simpson’s mum
16. Calm
18. Pen pals
19. Went alone
20. Horse sound effects
22. Small change
24. ___ Doo (cartoon dog)
25. Rob Roy, e.g.
29. “Lying thief,” e.g.
30. Vocalist Yoko
31. Idioted sight
32. Some take a licking
36. College V.I.P.’s
39. Prima donna problem
40. Pool employee
41. “Look out ___”
42. ___ I.R.A.
43. British ending
45. Tints
47. Like some melons
50. Artists’ headwear
52. Horse’s parent
53. Horse’s parent
55. Head coverings
56. Army docs
57. Brew brand
58. Army docs
65. What Leary tripped ___ to go (eager)

Down
1. Pix of minutes
2. Switch addition
3. Organic compound
4. Bolt the door again
5. Battery option
6. IV x DCL
7. Brew brand
8. Army docs
9. A gentle wind at the lake, e.g.
10. Bug
11. Blacksmith’s tool
12. Ghost costume?
13. Pool employee
14. Floor worker
15. Elevator firm
16. “___ Weapon”
17. VII x DCL
18. Hayride
19. Mad as a hornet
21. Pullover shirts
23. Floor worker
24. Baseball’s Georgia Peach
26. “My treat”

Even Exchange by Donna Pettman
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an i, you get MISTER. Do not change the order of the letters.

1. Newborn canine
2. One of the Spice Girls
3. Vapor
4. In a good mood
5. By word of
6. British capital
7. Brown, red, or brown
8. Arrogance
9. Air
10. Actress Field

1. ___ U ___ Red blossom
2. ___ G ___ Lag behind
3. ___ M ___ Take illegally
4. ___ E ___ Sundae topper
5. ___ U ___ June or April
6. ___ O ___ President Johnson
7. ___ J ___ Domesticates
8. ___ I ___ Well-mannered
9. ___ O ___ Work with acrylics
10. ___ L ___ Like seasoned popcorn

1. Newborn canine
2. El Salvador
3. Six
4. Millard Fillmore. Millard and Abigail Fillmore were only a couple of years apart in age.
5. Apartheid
6. Atalanta
7. Mathematics, specifically geometry
8. A hand-cranked string instrument
9. Dr. Mary Edwards Walker, for her medical work during the Civil War
10. It has two hulls

(c) 2013 King Features Synd., Inc.
Children are making less of an effort with the parent. This impedes a parent to reject a child, the child leads to more than just relations and complete strangers. Attachments are a result of tense viewpoints as intrusive. Attachment is a type of insecure. Stressed children show signs of extreme jealousy, frighten by their caregivers and are confused about how to react, rather than nothing to work on your end of the social exchange theory can come in a wide range of severity.

Last Friday was Frickle’s third time talking about the science of love at Highline, but she always takes time to reinvestigate before she speaks. "Science is always on the move," said Frickle. "It’s all about asking questions and finding out what we really know."

Frickle said love is usually the territory of poets and other artists, but when scientists identify something they can measure, they can begin to talk in scientific terms.

Oxytocin is a hormone released into a person’s blood stream when they are touched affectionately. It is widely known as the "cuddle chemical" and is mostly related to touch, but according to Frickle it is much more than that.

More recent research indicates that oxytocin influences everything from trust, to social behavior, to lactation. Oxytocin even promotes behavior that may lead you to get pleasure from another person’s pain.

Dopamine is another hormone that is crucial to understanding the science of love. Blood samples from people in new relationships have shown large amounts of dopamine, explaining the exciting, bubbly feeling people get when they first fall in love.

Dopamine can feel good, but can also disrupt sleep patterns, and cause people to act strangely and out of character. When new love fades and dopamine levels drop dramatically, the risk of depression comes into play.

Frickle said love is still a difficult thing for people to define. Affiliations are different in that they are shallow and short lived. In affiliations you know little about the other person and you do not put forth much effort to learn more.

According to Frickle, love involves long lasting social bonds and commitment from both parties. In love, Frickle says, people take in what others say about the other person and you do not put forth much effort to learn more. Whether you have a good relationship is always changing and you affect the environment as much as it affects your period of time.

For behavior, Frickle explained how the way you approach or avoid a situation influences other people in the environment, and even can bring joy or hurt to people without your direct intention.

Behavioral factors with our internal chemistry and how they influence our motivation to produce specific behaviors. Biological factors can cause you to act in a certain way, and even put you in a specific environment where you see the things you want to.

Personal factors affect everything else too. People’s thoughts, feelings, moods, and personality all come together and have a huge influence on the love experience.

The affects these different aspects of love can have might all happen up front when you first see and interact with a person or over a long period of time. Unfortunately, most people do not have the patience to wait and want immediate comfort. This causes people to return to previous partners or to seek relationships similar to the ones they previously had, even when they were unhappy.

"Being in a familiar situation does provide some comfort," said Frickle. "But this creates these situations when you never know what could have happened." Carla Whittington will host the next Science Seminar on Friday at 2:20 p.m. in Building 3, room 102. The discussion will cover geological risks facing the planet today.

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**By DANIEL JOYCE**  
Staff Reporter  

Whether you have a good love life could in part be determined by your childhood.

Ruth Frickle of Highline’s Psychology Department spoke about the science of love at the Science Seminar last week. She discussed how relationships from our past relate to the relationships we are in now.

The Science Seminar is a series of weekly presentations put on by Highline community members about topics from their areas of expertise. Seminars are held every Friday in Building 3, room 102 from 2:20-3:20 p.m.

The infant-caregiver attachment is the first close relationship people have. According to Frickle, these early relationships act as a blueprint for the relationships we experience as adults.

"As children our environment, behavior, biology, and personalities all revolve around our caregivers," said Frickle.

Studies have shown that when children have a secure attachment with their caregiver, they use their parent, or other caregiver, as a secure base of operations. With a secure attachment, children feel comfortable venturing off and exploring, but will frequently come back to the parent seeking some kind of assurance.

Children with insecure attachments will venture off and often not return to their caregivers. Abusive relationships between children and caregivers cause insecure-disoriented attachments.

Children in this category are frightened by their caregivers and are confused about how to respond to what their caregivers are stressed.

Most people in abusive relationships suffered some kind of childhood trauma and may still be resentful of their own attachment figure. An insecure-avoidant attachment is a type of insecure attachment in which the parent views the child as intrusive.

Frickle said these kinds of attachments are a result of tense or irritable parents. Children in these situations will show no preference between their caregivers and complete strangers.

"When a parent rejects a child, it leads to more than just relationship problems," said Frickle.

Frickle explained that when a parent rejects a child, the child often stops trying to interact with the parent. This impedes crucial development of motor skills simply because the children are making less of an effort to move around. These early relationships can teach people to appreciate cuddling, touching, and other different forms of affection.

"We are not huge animals. We aren’t very fast or strong and we don’t have sharp teeth," said Frickle. "Our social bonds are critical by nature. We need each other."

Children in foster care miss a very critical period in developing a social bond. It is not impossible to achieve these developments later in life, but it is very different and very difficult to do so.

Stepchildren are more likely to develop these necessary social bonds. Having something rather than nothing to work with is better, and they are able to lay some of the groundwork for these close relationships.

According to Frickle, 50 to 60 percent of adults experienced good attachments as children.

Studies have been able to very accurately predict adult love relationships from information about the parenting styles people encountered as children.

Those who experienced insecure attachments are likely to show signs of extreme jealousy, lots of highs and lows, and a certain awkwardness might be present in their relationships.

"These people often want complete immersion," said Frickle. "This is where we see the ‘don’t leave me, don’t leave me’ state of mind."

The best relationships are those that apply the social exchange theory, and it almost always happens subconsciously.

In a healthy relationship, people disclose personal things about their lives and trust the other person to return the favor. This usually works best with slow disclosure that is reciprocal.

"Reciprocal is key otherwise you find yourself just trusting and going further and further out on a limb," said Frickle. "If you find yourself out on a limb and you look back to see your partner holding a saw, it’s not going to feel good."

Frickle said studies have shown the golden ratio is five to one. This means that for every one negative interaction you have with your partner, you need five positive interactions to maintain a happy balance.

Unfortunately, human nature is to get the most with the least amount of effort. The punishments for coming up short on your end of the social exchange theory can come in a wide range of severity.

Frickle said love involves multiple interactions," said Frickle. "Elements of love all interact with each other and affect each other, making love a complicated subject to explore."

Frickle discussed how environment, behavior, biology, and personal factors all affect each other.

Frickle said the environment love happens in involves the sights, sounds, smells, and the who, what, when, and where of the situation. The environment is always changing and you affect the environment as much as it affects your period of time.

For behavior, Frickle explained how the way you approach or avoid a situation influences other people in the environment, and even can bring joy or hurt to people without your direct intention.

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The affects these different aspects of love can have might all happen up front when you first see and interact with a person or over a long period of time. Unfortunately, most people do not have the patience to wait and want immediate comfort. This causes people to return to previous partners or to seek relationships similar to the ones they previously had, even when they were unhappy.

"Being in a familiar situation does provide some comfort," said Frickle. "But this creates these situations when you never know what could have happened."

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**Science Seminar**

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Active Minds Changing Lives

AA/IEO Institution
Racial Humor
continued from page 1

Foxworth said if you know your company or are doing it for entertainment purposes (such as: stand-up comedians or TV shows such as Family Guy and South Park) these are successful and work because they take on various groups and are not just demeaning or putting down one group of people.

“This means a lot of people in regard to their race and you are not a part of that race, that is where the problem lies,” said Foxworth.

To stay on the safe side, “if you are not a part of the in group, of the culture that is the punch line of the humor, be careful. Proceed with caution. After all, we only see someone’s actions and don’t necessarily know their intentions,” said Foxworth.

Contrary to this, using racial humor to make fun of another race other than your own wouldn’t be acceptable, said Dr. Darryl Brice, a sociology professor at Highline.

“It’s both funny and dangerous,” Dr. Brice said.

Dr. Brice said that some from the younger generation finds it acceptable to use racial humor to make fun of various races because ‘they’re under the impression that we’re living in a post-racial society.’

A post-racial society means “race doesn’t matter,” Dr. Brice said.

However, “on the other hand, racial jokes are funny,” said Dr. Brice and it’s still “easy to identify somebody with [their] race.”

Telling “racial jokes means you see me as [a race],” Dr. Brice said, which means race definitely matters.

Furthermore, using racial humor “reinforces the social order,” Dr. Brice said, since racial humor was “encoded to keep people in place.”

Racial jokes are funny “because it’s attached to some kind of group,” Dr. Brice said.

However, “if you swap the racial group out [in a joke and replace it with an individual of another race], it’s no longer funny,” said Dr. Brice.

When people tell racial jokes to each other, they are usually on friendly terms. So using racial humor “doesn’t [always] bring you together,” Dr. Brice said.

Like Dr. Brice, students have varied opinions on the broad topic of using racial humor.

Some students believe that racial jokes shouldn’t be OK to use. Steffi Lee said they are not funny nor are they OK because “making fun of people for their race has a huge impact on the person’s life.”

Lee says that she has been at the receiving end of a racial joke and said it “hurt my feelings” and made her depressed.

“People use racial humor because people find it to be funny. [But] I don’t think it’s OK to use it because it puts stereotypes and puts down that race,” said Sydney Miyahara.

“I just don’t like people making fun of others,” said Tracy Norris.

“People can get offended and take it in a different way [than it was meant]...I don’t like when people are talking about different races like they are superior,” Norris said.

Other students said they think racial humor is OK to use under certain circumstances. It “depends what kind of joke,” said Ruweida Anmed, who said she uses racial humor among those of her same race.

Furthermore, “if the company that you’re with doesn’t think it’s funny then you shouldn’t [do it],” said Justin Taft.

Students said it’s especially important to be aware of their audience when using racial humor.

“It is not OK to use with people you do not know or have known for a short period of time, which can give the impression of direct racism,” said another anonymous student.

“I had a work-related issue where I almost quit because someone singled me out and cracked racist jokes,” the student said.

Some students said they are still figuring out what to make of racial humor.

“I really don’t think about it,” said Ruweida Anmed, who said she uses racial humor among those of her same race.

Using racial humor seems to be a “subconscious” action, said Anmed.

However, “in general, I wouldn’t say it’s OK,” Anmed said.

Puzzle Answers:

A Bit Groovy

S E E R  A M P M  C A R  E R N E S  A M I E  M O N A
C O O L  H E A D E D  C O N S  S O L D O E D  C L I P  C L O P
C E N T  S C O D D Y  C O C K T A I L  S L U R  O N O  S U L D  O M O C S
B S I G M A  E G O  S T E N O  B E L O W  R O T H  Z E D
H U E S  S E E D L E S S  B E R E T S  S I R E
P L A S T I C S  D I T T O S  A I D E  C O O L I T E
U S E S  K U R T  R A I I N  L S D  S T E S  L A S S

Even Exchange

2. Ginger, Lingar 7. James, Tames
4. Cheery, Cherry 9. Point, Paint
5. Mouth, Month 10. Sally, Sally

Weekly SUDOKU

Answer

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Lab Animals

continued from page 1

Walter first came to Highline in 1998 as a returning student. After graduating with an Associate of Arts, he went on to receive a Bachelors of Science in Analytical Chemistry from Evergreen State College. Eventually, Walter returned to Highline to work his current job of 11 years. “It’s almost like a retirement job for me,” Walter said.

“Donn is not only one of the best lab techs I’ve ever worked with, but he is among the best people I know,” Gerry Barclay, Life, Ocean and General Sciences instructor said. “We are the successful department we are today in large part thanks to Donn’s hard work, intelligence and innovation,” Barclay said.

Walter is looking forward to retirement. “I’m retiring at an early age,” Walter said. “There are just a lot of things I want to do.” Walter and his wife Sabine plan on traveling various places and snowbirding to Mexico. He also hopes to pursue his interest in woodworking, and eventually teaching the craft. “I’ll probably get myself a LLC license and make individual pieces for people.” Walter said.

Rus Higley, manager of the MaST Center, said Walter created an Adirondack chair that sold for $1,000 at a gala event for scholarship funds. “It’s not so much to make money, it’s more just to raise enough money to take care of my hobbies,” Walter said. “I’ve thoroughly enjoyed working here, it’s a fantastic job,” Walter said. “I wish all the luck to my successor.”

And he can rest easy, knowing that the bulk of his menagerie has a home for life.

Issues

continued from page 1

often, Highline’s program coordinator Jean Munro said. “It’s a difficult topic for people to talk about,” said Munro.

The Women’s Programs came up with the idea to host an interactive work shop where staff, students, and anyone attending could write on sheet of paper cut out in the shape of a pair of jeans. There will be many sheets of jeans put up, all of different shapes and sizes. The attendees have the opportunity to write whatever they wish in relation to eating disorders. “Everybody knows somebody,” said Munro. This activity will allow people to vent their feelings and write about topics that may not make them comfortable, whether it be about yourself or somebody you may know. “Society typically sees drug and alcohol addicts as more acceptable than a person with an eating disorder,” said Munro. Which is partly the reason some people are not comfortable talking about the topic, Munro said.

“Now everyone has the chance to throw away any negative self-esteem issues and start anew,” Munro said.

There will also be school counselors to assist those who need to talk. You can visit the booth and pick up a flier to set up an appointment for a future meeting with the counselors. The event is open to anyone who wishes to attend.

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