the THUNDERWORD

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When does racial humor go over the edge?

By KIYA DAMERON and HIEN HONG Staff Reporters

The line between racism and humor is thin and hazy.

Some people on campus said that humor with racial overtones could be acceptable under certain circumstances, whereas others said that it is never OK.

"Racial humor can help us have positive discussions on race," said Teela Foxworth, a communications instructor

at Highline.

This is because "after the humor segues the topic, we may feel compelled to discuss the implications of that joke further," said Foxworth.

The key for Foxworth is to distinguish the difference between racial humor and racist humor.

Racial humor is "humor that involves the subject of race; [it is] used to confront stereotypes and create identification of common experiences within the in-group," she said. Racist humor is "when people of an out-group use humor to make fun of another culture. [When they are] trying to demean or hurt them, laughing at – not with," Foxworth said.

Foxworth said that racial humor works for a few reasons.

Race is a taboo topic that people don't necessarily talk about, out of fear of being politically incorrect. A reference that she uses to show this is a quote by Aristotle, "[a] joke reflects social attitudes and provides a vehicle through which people can voice feelings for which there is no socially acceptable or easily accessible outlet."

Also she says that it can relieve tension, increase social awareness of issues, and can be a coping mechanism.

"When we approach race with a humorous message we're more open to engage with and hear what people have to say," she said.

see Racial Humor, page 11

Home for good

Caretaker is leaving but Biology Lab animals get to stay

By REBECCA STARKEY Staff Reporter

hey finally found a home after years of neglect and abuse, but the many animals that populate Highline's Biology Lab were facing eviction with the pending retirement of Donn Walter.

Now their security is certain, most of them will stay put.

The Biology Department had considered putting several of its animals up for adoption, however Walter, an instructional technician, said that plan has been abandoned.

"That option was there because my successor may not have [had] the time, or the ability, or the knowledge to take care of all the reptiles," Walter said. "It is a hard job. If you have one or two pets it's relatively easy; when you've got a dozen or two dozen it gets a lot harder."

Instead, the department will hire a parttime worker specifically to care of the animals. Only a few duplicate reptiles will be



Donn Walter may be leaving but his zoo will continue to find a home in the Biology Lab.

Women's Programs tackles esteem issues

By EDDIE CERVANTES Staff Reporter

Feeling comfortable in your own skin is an amazing feeling and the Women's Program is hoping to help accomplish that goal for people of all kinds.

The Highline Women's Programs will be hosting the Embrace Your Genes project at this year's Health Fair.

The Health Fair is Wednesday Feb. 27 from 10 a.m. to 1 p.m. in Building 8.

There is no entry fee for the Health Fair and it is free to participate in the Embrace Your Genes Project.

The Embrace Your Genes project will be an opportunity to talk and release feelings about you, or someone else who may be insecure about their body.

Also, people can learn a few things about eating disorders, how to recognize them and also how to receive support by local partners. These two topics of selfinsecurity and eating disorders coincide with each other

up for adoption.

"These animals, how they got here, a majority of them were either neglected, abandoned or abused," Walter said. "This is the last place they will be; this is their home."

However, his parrot and part-time resident of the Biology Lab – Squawky-Dude

- will retire with Walter.

"We've had him for eight and a half years, and he comes back and forth to home and work with us, but he has to stay in my office because his favorite hobby is biting people," Walter said.

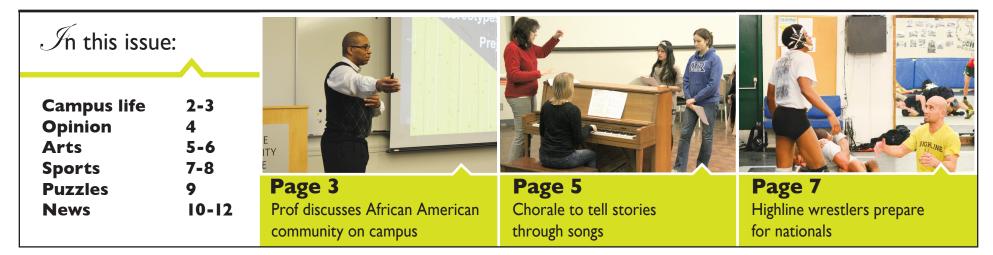
During the 11 years working with the

Biology Department's animals, Walter said they made his job fun.

"I've had room to bring [the animals] in here and make that my hobby," Walter said.

see Lab Animals, page 12

see Issues, page 12





Traffic slows down for fire and death

Many Highline students were caught behind emergency vehicles that attended the Sunset Motel fire on Feb. 19.

Firemen put out fires and found a body at the scene of the fire in the motel, 25006 Pacific Highway S. just after 7 a.m.

The coroner has yet to determine cause of death, said Public Information Officer Randy Droppert from the Kent police department.

"Six units were significantly damaged," Droppert said, despite putting the fire out quickly. The cause of the fire is still being investigated.

Student stuck in elevator for an hour

A student was trapped in an elevator in the library for an hour on Feb. 14.

The elevator technician arrived and fixed the elevator and the student got out. The elevator was repaired and has been working fine since the incident.

Cardboard dumped illegally on campus

Cardboard was illegally dumped behind the print shop in Building 16 on Sunday, Feb. 10.

The person was not caught but Campus Security found markings and numbers on the cardboard that might lead them to the perpetrator.

Student crashes into parked car

A student crashed their vehicle into an unoccupied vehicle on Feb. 14 in the East parking lot.

This incident happened in the morning. There were no injuries and the two owners of the cars exchanged information.

It's elementary, a fundraiser for food

By EMILY ARNOLD Staff Reporter

With just a cookie, you could feed a child for an entire weekend.

That is, if you bought a treat at the Change for Change bake sale, your money would go toward feeding one of the 3,000 students in the Highline school district who are on the free or reduced lunch and breakfast program.

For many of these children, the food they receive at school is all they'll eat for the day. With no school on Saturdays and Sundays, there's only hunger.

According to the 2010 US census, King County is the wealthiest in Washington.

Despite this, the superintendent of instruction website for Washington said 99,330 local students were eligible for free and reduced lunches in 2012. In one SeaTac elementary school



Angela Stone/THUNDERWORD Giving change can change the lives of elementary students with the Weekend Backpack Program.

alone, Madrona Elementary, 95 percent of students received these lunches.

A political science class at Highline is working to combat the hunger through a bake sale fundraiser in the Student Union on Feb. 26 at 8 a.m. to 1 p.m.

From the second floor near the bookstore, students will

have a variety of treats for sale along with ways to donate.

The proceeds will go to the Des Moines Food Bank's Weekend Backpack Program. Through the program, backpacks filled with food are sent to schools on Friday to be returned empty on Monday.

According to the Des Moines Food Bank, it takes just \$5 to feed a child for the weekend.

Last year, a political science class on campus raised \$1,100 for the program. That's 220 children fed.

If you're interested in helping local kids out even after the bake sale, you can find the Des Moines food bank at dwp.bigplanet.com/dmafb/door.

There, you can find the location, hours, and various ways to get involved. For now, there are brownies baking and cookies cooling for a cause. A sugary snack today can mean a child fed tomorrow.



Winter Quarter Health Care Fair is Feb. 27

Health care employers will be on campus Feb. 27, recruiting employees at the annual Health Care Job Fair.

Recruiters will be seeking part-time, full-time, on-call, and temporary help for positions within health care organizations and facilities.

"Many will also be recruiting for non-medical positions," Diana Baker of the Student Employment Office said.

Applicants are being sought or positions involving direct support professionals, clerical, administrative, facilities, allied health, wait-staff, medical assistants, housekeepers and more.

Admission is free for students, alumni, job seekers, and the public. The event is from 9 a.m. to 12:30 p.m. in the Student Union, on the second floor in the Mount Skokomish Room and balcony. "This is a great opportunity for anyone who is considering a job in the healthcare field, to get information about current jobs and to gather information about how to apply and what employers are looking for," Baker said. For further information, contact the Student Employment Office at 206-529-3350.

African American leaders today

Union, room 204. Icons such as Bill Cosby, and Barack and Michelle Obama will be discussed. Refreshments will be provided.

Volunteers collect food for Food Bank

Highline Volunteer Association and an ACHIEVE Service Learning Class are helping the Des Moines Food Bank by collecting food through donation boxes and bins set up around campus.

They will be collecting on campus from now, until March 14.

Sort out your priorities with Dr. Determan

Dr. Sarah Determan from Highline's counseling center will be speaking on how to balance a life of work, school and Fall Quarter's top scoring student. The AMATYC test will be given on March 7 in Building 7 from 2:30-4:30 p.m.

Pavilion and lockers to be renovated

Construction on Building 27 and 28 begins March 21.

Consequently, the buildings will be unavailable for events.

The lockers will have to be removed during the renovation. Thus faculty or staff with lockers must remove their items before the end of Winter Quarter on March 18.

Temporary changing areas and showers will be available during the renovation project, but there will be no lockers.

If you have questions, please feel free to contact Keith Paton at 206-592-3473 or Darin Smith at 206-592-3308.

Friday, watch 'Ted'

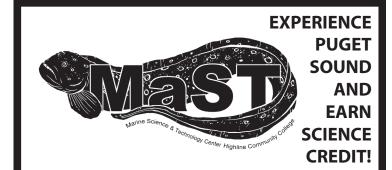
Ted, a movie staring an animated teddy bear that gets in between his owner and owner's girlfriend, will be featured Feb. 22 as part of Movie Fridays.

Ted will begin at 12:30 p.m. in Building 29 room 104.

Oceanographer speaks on Puget Sound waters

Dr. Christorpher Krembs, senior oceanographer of Ecology's Marine Monitoring Program, will be talking about the monitoring program.

Krembs will share satellite images of Puget Sound as part of the program, March 2 from noon-12:45 p.m.



from 11-1 p.m.

The presentation will be in the Inter-Cultural Center on the second floor of the Student

Security helps students with locked cars

Campus Security assisted two students by unlocking their cars on Feb. 14.

One student needed their car unlocked in the East parking lot and another student needed their car unlocked in the South parking lot.

Security also helped another student get their car unlocked in the East parking lot on Feb. 15.

-Compiled by Alex Chebotar

African American icons to be discussed today

The Black Student Union Club will discuss contemporary relationships.

Determan will talk about strategies of how students can integrate each aspect of their life harmoniously. The workshop will run from 1-2 p.m. today in the Inter-Cultural Center, Building 8, room 204.

AMATYC reviews begin

Everyone is invited to take the AMATYC test, and reviews begin this week.

AMATYC stands for American Association of Two-Year Colleges.

Reviews will be in the Math Resource Center, Building 26, room 319 Feb. 26 at 2:30 p.m. led by math instructor Tim Greene and Feb. 28 at 3 p.m. led by Hyunwoo (Harry) Kim,

Each quarter Highline's MaST Center offers hands-on marine science laboratory classes. Earn your science credits with first-hand experiences.

WE OFFER:

BIOL 103 - Marine Birds & Mammals (offered occasionally) BIOL 110 - Marine Biology* OCEA 101 - Introduction to Oceanography* **ENVS 101** - Introduction to Environmental Science: Marine Focus (spring & summer)

The MaST Center is located 4 miles south of the Highline Campus in Redondo. Our aquarium has 11 tanks with more than 100 local species on display.

*Many hybrid courses offered every quarter.

Snap judgments can mislead, prof says

By NICK MASON

Staff Reporter

People should not be so quick to judge others based on their appearance, a professor said here this week.

Professor Eric Davis, M.A., talked about social change and awareness within the African American community at Highline.

Davis was on Highline's campus on Tuesday for a Black Student Union lecture on cultural awareness toward the African American community, but also within the community in general.

Davis holds a bachelor's degree in African American studies from the University of California, Los Angeles as well as a master's degree in student development from Seattle University.

Davis is a professor at Bellevue College and Tacoma Community College where he teaches sociology and ethnic studies.

His courses include race and ethnic relations, African American studies, sociology of sport, and popular culture.

"Part of what's fun about doing these lectures is just hearing your thoughts and answering your questions," said Davis.

"What this understanding of history teaches us is how we can critically solve issues of the next generation," said Davis.

Davis emphasized critical thinking about culture from the very beginning of his lecture.



Jasmine Cawley/THUNDERWORD

Eric Davis discusses the perils of judging people by the way they look.

"We are lacking critical thinking skills," he said. "We are going to gain knowl-

edge and wisdom if we are thinking critically," said Davis. Davis encouraged people to always ask the question "Why

is that?" Davis said that we need to think critically and ask "why" if

something doesn't make sense. Davis provided a West African proverb to help get his message across. The proverb read "Not to know is bad; not to wish to know is worse."

Davis noted that speaking of race in the year 2013 is no big deal, which is much different than his generation.

He also said that we need to find ways to get past our disagreements.

Davis said that it's important to observe as you see it.

"I like to help you see this stuff though your own lens," said Davis. Don't see it through other's eyes, see it through your eyes, he said.

"What must it feel like to be in a culture that is so different?" asked Davis.

He said that obviously you will feel different when encountering differences in the world.

"You're not supposed to feel good about change at first," he said.

"If you don't broaden your knowledge and understanding of the world, then you'll end

up in the same place where you started," Davis said, complimenting Highline for its diversity.

Davis presented some statistics about the African American community in the United States.

There are 40 million people of African descent living in the United States.

Of those 40 million, 1.5-1.8 million are doctors, 1.3-1.4 million are dentists, and 3,500 are professional athletes.

"Why do most people think that there are more athletes than doctors?" asked Davis. It's because the media tells us, he said.

Davis then went on to provide a slippery slope diagram. The diagram depicted the steps of Bias, stereotypes, prejudice, discrimination, and the "isms" (racism, sexism, etc.)

Bias means you grew up in a certain place, and how you see yourself and others.

Prejudice leads you to think about people as their cultural stereotypes portray them to be.

The difference between prejudice and discrimination is that prejudice is an attitude, and discrimination is an action.

"It's natural to have stereotypes, but don't say them aloud," said Davis. "We think we know people by how we first see them," he said. He emphasized that until you talk to someone, you don't know them, no matter how much you think is known based on first impressions.

WiSE women host dinner

By ANGELA SUCHER Staff Reporter

A group of women at Highline hope to make female students WiSE in math, science, technology and engineering.

The Women in Science and Engineering Club will host a dinner event Feb. 28 from 6-9

"If you look at any upper level math class on most campuses, the ratio of men to women is very unbalanced," she said.

"This is what the focus of the club is, to recruit women to enter these fields and [to] support those that are already doing so."

The dinner is the club's largest event and attended by numerous faculty members and students who are in the science, math and engineering fields. "The club is really only a handful of women but the event is broader so all female students are invited. The focus of the dinner is to give them something to look forward to and their success," Fardad said.

her. She's informative and very successful. I feel like she'll really connect with the audience," Fardad said.

The Women in Science and Engineering Club said in their flyer that they hope to bring together students, professionals and faculty in the fields of science, technology and math at

Foundation breakfast to raise funds for students

By KRIS DONOHUE Staff Reporter

Highline students pay for tuition at the Highline Foundation Breakfast.

Highline Community College Foundation.

The Foundation is a private, Fill your stomachs and help non-profit community organization that exists to raise funds and support college programs. The Foundation offers a number of scholarships to students.

p.m. to encourage women students entering these fields.

The dinner will provide immense networking opportunities as well as a guest list that includes numerous successful professionals from the industry, said Razmehr Fardad, faculty adviser for the club.

"We invite as many industrial people as we can. They'll be there to share how they got to where they are and all of the benefits of their careers in the different industries."

Highline's Women in Science and Engineering Club meets weekly on campus to discuss different ways to encourage and support more women in these fields which are dominated primarily by men, Fardad said.

The event will host a keynote speaker Cathy Slater who is the vice president oriented strand board at Weyerhouser, one of the world's industrial leaders in forestry research.

"I met Cathy Slater at the 50th anniversary dinner for MESA (Mathematics, Engineering, Science, Achievement) and instantly connected with

the event.

Fardad also has additional hopes for the event.

"I want to encourage women students to attend and join the club and actually become a member. It's so good for your resume, for future careeers and college transcripts," she said.

"As a member you can tell us what you need and how we can encourage and support more women in these fields."

The dinner will be held in Building 2.

It is free to any who wish to attend whether from Highline or not but requires preregistration as space is limited.

To register for the dinner go to wise.highline.edu and preregister the week before the event.

The fourth annual Highline Foundation Breakfast will be held on Feb. 27 from 7:30-9 a.m. The breakfast is a fundraiser event to help raise money for general student scholarships.

Dr. T.M. Sell, an alumnus and instructor from Highline, will emcee the event.

Students who have benefited from scholarships in the past will share their success stories with others.

"The breakfast has been a success in the past, earning about \$8,000 to \$10,000," said Rod Stephenson, director of Resource Development and executive director of The

The breakfast typically draws many local community and business leaders.

Tickets for the event are free, but an RSVP is needed to obtain one.

The deadline for reserving a seat was Feb. 14, but Stephenson said you are still able to reserve a spot, even though the deadline has passed.

Along with the tickets being free, there is no minimum donation required; however it is highly appreciated.

"We would like to continue to raise another \$10,000 at the event," said Stephenson.

Let paid leave help babies and your family

Washington state should adopt a bill that provides paid leave for workers with newborns.

Paid leave is something that would benefit workers, families, as well as businesses.

In 2007, the Family Medical Leave Insurance law was passed and is supposed to take effect in 2015. The law would provide up to \$250 per week for employees with newborns or newly adopted children for up to five weeks.

However, funding hasn't been provided and the Republicans in the Senate are currently trying to get rid of the program entirely.

Although some think it'd be costly to implement, paid leave could actually save businesses money.

More importantly, Washington state should adopt the law because it would help workers take care of their families.

In particular, it's crucial for parents to be able to bond with their newborns. Studies have shown that paid leave has positive impacts on the development of newborns, resulting into lower child mortality rates.

In addition, paid leave doesn't discriminate on what kinds of job people have and will benefit most.

A study revealed that 91 percent of workers with low-quality jobs reported a positive effect on caring for their newborn with paid leave compared to the 71 percent without paid leave.

Furthermore, women who are able to take a paid leave are more likely to return to an employer, as their child grows older.

A study from employers in California, a state that implemented the Paid Family Leave law in 2004, reported that 83 percent of workers who received paid leave were likely to return.

Furthermore, the study suggests 88.5 percent of employers saw either a "positive effect" or "no noticeable effect" on productivity and 98.6 percent observes something positive or no change in morale in the workplace.

Although some businesses feared that employees will abuse the program, 91 percent of employers who responded to a survey said "No" to being aware of any instances in which employees abused the program.

Paid leave can also help businesses, since 60 percent of employers surveyed reported that they combined their benefits for employees with the Paid Family Leave program. Moreover, 86.9 percent of employers reported that there weren't "any cost increases" because of the program.

Sen. Karen Keiser, D-Kent, is working to expand the Family Medical Leave Insurance law to also provide paid leave for workers with a critical health condition or sick family members. The bill would be funded through payroll taxes, with workers and employers paying 0.1 percent per week and also expand the leave up to 12 weeks.

The Family Medical Leave Insurance law will require a bit of sacrifice from both employees and employers, but it becomes a win-win situation in the long run.

Businesses are able to keep their employees and workers are able to take responsibility for their families. The law essentially helps more people become healthier and manage their responsibilities. So it should be encouraged, not completely shunned.

Have something to say?

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice

Be civil, be kind, say thank you

Both men and women should try to show respect and act decent toward each other.

Maybe I'm just old-fashioned, but I wish more people acted like a gentleman or a lady.

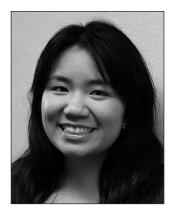
Unfortunately, it seems the majority of people from my generation just aren't so keen on behaving gentlemanly or ladylike.

Being a gentleman or lady simply means making sure we maintain a pleasant, amiable appearance and remembering our manners around people. Yet as simple as it sounds, a lot of people don't even try.

For instance, we could introduce ourselves with a handshake whenever we meet someone or put our cell phones down when people are talking to us.

However, people tend to disengage themselves and sometimes ignore any chance to introduce themselves, choosing instead to fiddle with their cell phones.

Being disengaged from those around you makes you seem less friendly and it's harder to seem civil that way. Furthermore, limiting the amount of



Commentary Hien Hong

profanity use is also a good idea.

You risk putting people off when using profanity. However, it can be humorous when it's unexpected and well-placed.

Remember that "Vulgarity is no substitute for wit," as noted by the Dowager Countess from the Edwardian-era drama Downton Abbey.

It seems people are more likely to be interested in benefitting themselves or doing whatever is more convenient for them, than behaving well.

How did this generation become so uncaring about politeness? People tend to not take the time to offer small favors to others around them.

One time, I was taking the bus home and an elderly lady came onto the bus. She asked a young woman, whom I knew attended Highline, to give up her seat near the front of the bus.

The young woman not only refused, she called the elderly lady a b-word.

In addition, nobody sitting near the front of the bus gave up his or her seat. Instead, one woman sitting near the front noisily lamented about how the younger generation is so disrespectful and awful.

It horrified me to witness that and I felt very bad for the elderly lady. I also felt guilty to be a part of a generation that the older generations believe is disrespectful.

This type of self-entitled behavior needs to cease, because it isn't always about you or even what I think. It should be about behaving politely and making interactions better for each other.

For starters, we can all say please and thank you with a smile more often if we want to become a gentleman or lady.

Letter to the editor

USA should not help illegal immigrants

Dear Editor: Let me first start by stating that I am not against immigration.

I understand and acknowledge the dream that people have in coming to America (not that this country is the only one desired).

On the whole the program sounds good for the children of what people are trying to call undocumented persons who are really illegal persons who broke the law getting here and to continue break the law to reside here in the states. What in return do we give them?

Well the USA gives them free medical, dental, education, free English classes, provide interpreter services for free, change our government forms to a language they can understand, reward their anchor children with these types of programs you talked about along with many other benefits.

My wife (who is Taiwanese) and I had to go by the book.

We did our interviews, paid our fees, and did all the things required to get my wife a green card all the way to citizenship.

Our kids don't get this type of benefit. It pays to do things illegal as the illegals get all these benefits and then their anchor babies who grow up here get the same.

Thanks for creating another carrot for those to see and say lets go to America illegally and raise their children here, as there are so many programs that say yes to them for doing this. Yes I saw the rules. out on the children, right?

Boo!!! I think we should redo the act that says if you're born here you're automatically a citizen.

We should deport the whole family to the government whose family broke the law and let the nation decide what to do with them and let the parents be held accountable to the children why they are being deported.

Shame on the moms and dads who use their children this way.

Yes I know there should be exceptions to the hardline, but they should be the exception not the rule. Just saying.

Another great program to encourage others to break the law.

their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be about 200 words, columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday. Write to us! My wife and I just don't see how they get more rewards than those who do it legally. I am against this.

For the record I know its not the children's fault, I know the argument we should not take it

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Just stay here long enough and look what you get.

Regards by one who understands the intent of the program, but opposes it.

> -John Wide, Highline student



This campus is getting weird, a squirrel just ran up my leg.

E-Mail: tword@highline.edu

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Highline Chorale will revive Grimm fairy tales through song and dance

By EMILY ARNOLD Staff Reporter

Classic stories will be brought to life through song and dance at Highline's Winter Quarter concert on March 14.

The concert, featuring Highline Chorale's 15 vocalists as well as several instrumental accompanists, will be presented at 12:15 and 7:30 p.m. in Building 7 and is free to all.

Chorale instructor Dr. Sandra Glover said students, staff and faculty can look forward to hearing performers "tell them a...story sung to them."

The stories will be Grimm fairytales put to opera scenes and songs of the late 1600s to 1800s. Along with the music and acting, there will be dances of specific art periods such as Baroque, known for its drama and grandeur.

Accompanying the 15 voices will be advanced piano and guitar students, Madison Fortney on clarinet, and Tiana Ross and Kourtney Fullmer on flutes.

Two pianists, staff accompanist Paula Mayfield and chorale member Micah Allred, will perform a single-piano four-handed duet with the presentation of three poems by American composer Edward MacDowell.

"[It's] very beautiful," said Dr. Glover, "It adds such a texture to have four hands."

Another piece that will be performed is Engelbert Humperdinck's *Hansel and Gretel*.



Dr. Sandra Glover rehearses with her Chorale class in Building 7 for their upcoming Winter Quarter concert, featuring songs from the Baroque and Rococo.

"Humperdinck is as rich in texture and excitement as [Richard] Wagner, without the bombastic heaviness of Wagner," Dr. Glover said.

Both Humperdinck and Wagner were German composers of the 1800s.

"Hansel and Gretel is challenging to sing," she said, but the performers are *"strong singers."* The Highline Chorale is an auditioned group that accepts new voices every quarter, except for summer.

Dr. Glover said she enjoys "hearing the voices develop quarter by quarter, challenge by challenge." Students, experienced sing-

ers or not, are always encouraged to audition for Chorale.

"[Chorale members] will be

prepared to audition at fouryear baccalaureate universities based on their academic and vocal achievements," she said. "Every quarter is a new quarter," Dr. Glover said.

Dr. Glover earned a bachelor degree in music and fine arts at Pacific Lutheran University.

At the University of Washington, she earned her master of music and doctor of musical arts.

As a soprano, Dr. Glover has performed in the United States, Canada and in various European countries.

She has also been a judge for statewide competitions and lecturer for a number of conferences at schools such as Jianghai University and Yangzhou University in China.

Enchanting ball invites students to a night of fashion, food, and fun

Rotary spins wine fundraiser

By JOSHUA WHEELDON Staff Reporter

As Des Moines' annual salute to the grape enters its ninth year, its sponsors are focused on raisin' some big dough.

The annual Poverty Bay Wine Festi-

son owner of Corky Cellars said.

Twenty-five Washington state premiere wineries will be featured, along with two local craft breweries, several local food vendors, and live musical entertainment including: The Fabulous Roof Shakers, Meal Frog, Pearl Django, and

By MEGAN PORTER Staff Reporter

If you're looking for an excuse to dress up and dance with friends this weekend, the Enchanted Winter Dance will be the perfect spot for you.

The International Leadership Student Council is hosting this year's annual winter dance Feb. 23 from 7-11 p.m.

These dance have been a yearly event since 2007, Mosaic Coordinator Matthew Wai Yam said.

Tickets are \$10 and will not be sold at the door so be sure to purchase your tickets ahead of time.

Tickets can be purchased from Student Programs on the third floor of the Student Union or on the fifth floor of the library at International Student Programs.

Although the International Leadership Student Council is hosting the

dance, everyone is welcome to attend. The dance will be held in the Student

Union and will have a spread of food and drinks. Along with the buffet, the company Freshest Roots will be providing a DJ at the dance that will be playing some up-beat tunes that the younger generation will love.

"They will be playing young people's music," ISP Associate Director Amee Moon said.

The dance is considered a semi-formal event, but in the past students generally dress as they choose.

"People usually like to dress up," Moon said.

Also, the council is looking for people to help chaperone, so if anyone is interested in taking pictures with friends and being in a fun social atmosphere please contact Amee Moon for more details.

You can find Moon in her office in Building 25 room 522.

val runs March 1-3, at the Landmark on the Sound Event Center at South 240th and Marine View Drive.

The Rotary Club of Des Moines has sponsored this event at the "Castle on the Hill," for the past five years.

"The Poverty Bay Wine Festival is the main fundraiser for the club," Catherine Carbone-Rogers, president of the Rotary Club of Des Moines, said.

"Proceeds from the fundraiser go towards all the projects of the Rotary Club of Des Moines, including scholarships for Mount Rainer High School students and returning Highline Community College students, as well as supplying dictionaries for third graders in the Des Moines area," Carbone-Rogers said.

"Every year there are approximately 1,200 to 1,400 people who attend this event," Carbone-Rogers said.

"This year we are expecting 2,000 people to attend the festival," Ric Jacob-

more. As a bonus there will be three car shows including Triumphs, Corvettes and Mini Coopers.

Festival hours are Friday 5-10 p.m., Saturday noon to 7 p.m. and Sunday noon to 5 p.m. Tickets are available in advance for \$25 at dmrotary.org, brownpapertickets. com, and at Corky Cellars, 206-824-9462. Tickets are also available at the door for \$30.

Due to limited parking at the Landmark, there will be free parking with shuttle service from the south end of the Des Moines Marina. Attendees must be 21 to enter and have photo identification.

The Rotary Club of Des Moines has a long history of aiding people in Haiti, the Philippines, Nepal, and many other countries through international projects.

"The Rotary Foundation gives back to the community and the world along with [helping] the Bill Gates Foundation in finding a cure for polio," Jacobson said.

TOO COOL FOR SCHOOL Students like Highline but they just won't show it

By JOSEPH PARK

Staff Reporter

he Highline bookstore has a palette of hot pink and cyan blue fleeces that could decorate the campus.

Yet all one can see is a splurge of gray, black, and more scholarly sartorial wear.

School spirit at Highline is not at all crazy either, and the sparse number of students wearing garments with the HCC logo demonstrates that fact.

Students may not go out of their way to express how great Highline is, but school spirit is present on campus nonetheless – behind an aloof façade of course.

Mingling in a sea of University of Washington or Central Washington University hoodies floats an occasional HCC hoodie.

"I see tons of UW jerseys everywhere at Highline," said Highline student Lisa Henry.

The bold white letters against the evergreen background is a simple and straightforward design that blends in, sometimes a little too well, with the Northwest forestry.

Compared to other schools' attire, Highline gear appears to fall behind the cleverand-fancy scale.

"It is lacking creativity," said Henry. "It's very basic."

Highline student Madison Fortney said she still loves it. "I think they could be more extravagant. It's a little simple, but I like it."

While Fortney expressed her love for Highline, she also said that there was not enough school spirit on campus.

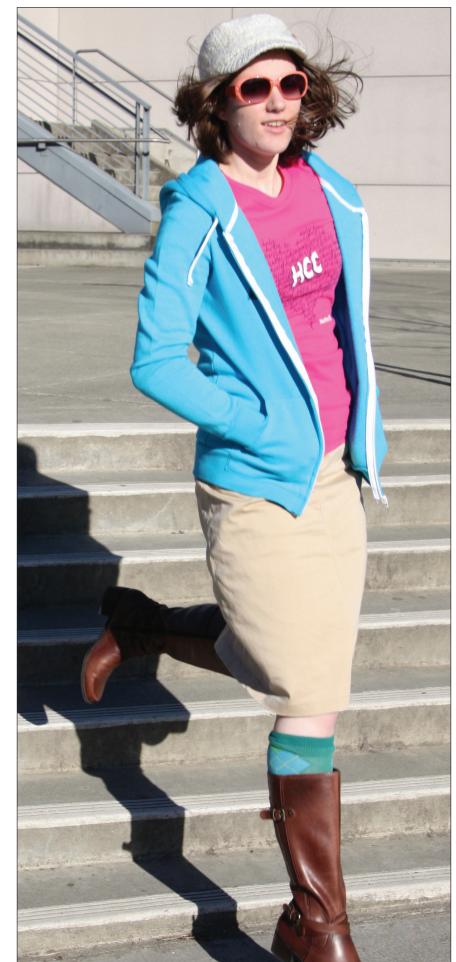
"I don't think there are enough people who are proud to be here. I think it's because [Highline] is a community college," she said.

"Some people come to a community college to take classes. They're here for the minimal college experience, whereas at UW people go there and they want the full experience and people go crazy," Fortney said.

The stigma of attending a community college seems to hinder students from enjoying the Highline experience to its full potential.

"Many are embarrassed to go to Highline," said Highline student Tina Bui. "They don't want to show their pride, because it's a community college."

Bui made it clear that she was not one of the students who are ashamed to attend Highline. She said that there is no other community college that is as diverse as Highline.



appeared less enthusiastic, said that the clothes are "all right."

He also measured Highline spirit as "average" in the exact tone.

"People seem to enjoy Highline enough," Taft said. "It's not overwhelming like a school that has a football team."

Highline student Kenneth Dampier said that there are other means of representing Thunder pride besides wearing a pair of \$22.75 sweatpants.

There are also gray and hot pink zip fleeces that have the HCC logo in the Highline Bookstore, which cost around \$50.

The filigree patterned black V-neck with the Highline HCC logo, which cost \$11.95, is more of an emergency garment rather than a fashion piece.

"Based off of participation in events, we have school spirit, even if we don't wear the clothes," Dampier said.

Highline student Jon Morda expressed similar views.

"I don't really care about the clothing because of the design; it is run of the mill. It looks like somebody made a whole bunch and plastered [HCC]," said Morda.

"I think there is school spirit. For me, wearing gear doesn't really represent your school spirit; it's what you do more than what you buy."

Perhaps the lack of Highline gear represents something more material than immaterial.

Highline student Amber Hartwig, who works at Highline Bookstore, said that the main reason students do not buy a lot of clothes form the Highline Bookstore is because they are spending money on books, gas and other necessary purchases.

"I think they're all good brands, but a little overpriced for students," said Hartwig.

Some of the brands the Highline Bookstore sells include well-known labels such as Nike and Hurley.

"The logos we use are the approved Highline logos. We cannot deviate too much from the official logos," said Laura Nole, manager of Highline Bookstore.

"I think there is school spirit at Highline. Every year we have a show your spirit sale and students purchase clothing and I see them wearing it on campus."

Joseph Park/Thunderword

Angela Stone sports a cyan blue fleece with front pockets, a hot pink HCC logo T-shirt, a wool cap, and sunglasses, in support of Highline. All of these products can be found at the Highline Bookstore in the second floor of Building 8.

Highline student Justin Taft, who



Des Moines kicks off talent show with auditions

By IPEK SADAY Staff Reporter

Local talent scouts are searching for the next Susan Boyle as the second annual Des Moines' Got Talent unfolds this summer.

The frumpy Scottish spinster Boyle rocked the Internet in 2009 when videos of her performances on *Britain's Got Talent* went viral and proved the maxim that you can't judge a book

by its cover.

On Aug. 7, the Des Moines Arts Commission will host the second annual Des Moines Got Talent show at the Beach Park in the community's version of the search for surprising talent amongst seemingly ordinary people.

The search is now on with two weeks of auditions for the summer show.

Musicians, dancers, poets, and spoken word artists of all

ages are invited to audition between Feb. 28 and March 9.

"We had a lot of great talent last year," said Shannon Kirchberg, who is the events and facilities coordinator for Des Moines. The initial response prompted the city's arts commission to schedule the event again this year.

Although loosely patterned after the *Britain's Got Talent* and *America's Got Talent* television shows, no winners will be crowned, and no contracts will be signed by the commission. Contestants will be competing for simple audience adulation. Auditions are at the Des Moines Activity Center, 2045 S. 216th St. on Thursday, Feb. 28 and Friday, March 1 from 6 to 9 p.m.; and Saturday, March 2 from 1 to 4 p.m. The following week auditions will begin March 7 from 6 to 9 p.m. in the Founders Lodge at the Des Moines Beach Park Event Center, 22020 Cliff Ave. S. and then back to the Des Moines Activity Center on Friday, March 8 from 6 to 9 p.m. and Saturday, March 9 from 1 to 4 p.m.

Anyone interested in auditioning should contact the Des Moines Parks and Recreation Department at 206-870-6527 or by email at: recreation@desmoineswa.gov.

Huyber leads T-Birds into nationals

By ISAIAH WELLER

Staff Reporter

Four Highline wrestlers hope to pin down All-American honors at the two-year college national championships this weekend at the other Des Moines in Iowa on Feb. 22.

In order to be an All-American you have to place in the top eight of your weight class.

Team captain Lucas Huyber will lead the charge after winning first place in his weight class of 184 pounds at the regional tournament. Huyber is ranked No. 3 in the country and boasts a record of 14-4.

He is a returning All-American after placing eighth at 174 in last year's national tournament.

Huyber will be receiving a bye for the first match in his bracket and will face the winner of the match between Collins Nitcheu from Mercyhurst College of Pennsylvania and Michael Summerville from Harper College of Illinois.

Nitcheu is favored to win and is ranked No. 7 in the country.

Representing Highline at 174 is Cole Schwartz, who is currently ranked No. 7 in the nation. For his first match he will be facing No. 11 Ben Goodman from Minnesota West.

"The only person that's ever beaten Cole is Cole. He needs



Head Coach Scott Norton coaches Deondre Sparks during practice.

to be a lot more aggressive and I can't emphasize that enough. Aggression, urgency, and really that's kind of the path for all our guys," said Head Coach Scott

Norton.

The winner will move on to face John Brabon from Niagara College. Brabon will be fresh on the mat to face the winner because he has a bye for his first match.

Fighting his way into the tournament is Wayne Swartz at 197, who got into the national tournament by a wildcard spot after losing to No. 1 ranked VJ Giulio from North Idaho College in the very first match at the regional tournament.

"It was just one of those things where there were some positions he wasn't real familiar with and we've spent a lot of time working on it. So that's going to make a difference this time," said Norton.

Swartz is currently ranked No. 4 and will be facing No. 11 ranked Joe Bone from Rochester College of Michigan in his first match

At heavyweight for Highline is Ben Tynan, who has been clutch all season for the Thunderbirds for stepping up in weight and facing opponents much larger then his size.

"Ben Tynan is probably my favorite member of the team. When you see Ben go out there, it literally looks like David versus Goliath because all the other heavyweights are so much bigger," said teammate Max Welsh.

"Ben's a real positive guy, he's just one of those people who brightens up the room and he's definitely going to be a threat," said Welsh.

Tynan isn't ranked, has a 10-10 record, and he will be going against the third best guy in the country, Zane Petersen from Ridgewater College of Minnisota in his very first match.

Second-half struggles cost Highline a victory

Thunderbirds finally notch first road win of the season

By ZACH STEMM Staff Reporter

In a season where it almost seemed impossible to win away from Highline, the T-Birds finally managed to come away with a victory on the road last week. The Highline men's basketball team traveled to Grays Harbor to take on the 2-12 Chokers on Feb 13.

"We have very basic defensive principles that we rep from day one," Head Coach Ché Dawson said. "We haven't been nearly as committed to them as we need to be. That includes finishing possessions, halves, and games.'

The T-Bird defense held Grays Harbor to only a 36.7 field goal percentage in the first half. That number rose to 51.5 percent in the second half.

Second half struggles was the theme of the week for Highline.

last game," Moore said. "And just the realization that this is the last time that I'll be able to play here."

Moore had five points, two rebounds, a steal, and three assists.

Haywood led the T-Birds with 17 points.

He finished the game shooting 55 percent from the field, 67 percent from the 3-point range, and 75 percent from the freethrow line.

game since Jan. 19. This was the last game that played as T-Birds.

the Highline sophomores have



Highline and Grays Harbor were already eliminated from the NWAACC playoffs coming into the matchup.

Pierce, Tacoma, Centralia, and Lower Columbia have locked up the playoff spots coming out of the division with Pierce clinching the top seed in the division.

Despite Highline winning 79-72, Grays Harbor came back from a 41-28 deficet at halftime and outscored the T-Birds 44-38 in the second half.

The T-Birds came back home for a game against Centralia last Saturday in which a 32-22 first half lead for Highline evaporated very quickly in the second half. Centralia got off to a hot start and outscored Highline 48-33 after halftime, on their way to a 70-65 victory.

As happened against Grays Harbor, Highline's defense was able to hold Centralia to poor shooting in the first half, but Centralia improved their shooting in the second.

For the T-Bird sophomores, Centralia was the last game they played at Highline, including ReDell Moore, Jerron Smith, Ira Haywood, and Terrick McGhee.

"The season went by so fast it didn't even feel like it was the

"I think I played OK," Haywood said. "I was feeling pretty good and had mixed emotions the whole night."

McGhee was a starter in this game.

It was his first start in division play this season.

"I felt accomplished. These last three years has been a journey and to have a day dedicated to me and my fellow sophomores," McGhee said. "I was just happy."

The T-Birds traveled to South Puget Sound for their last game of the season. The result was unavailable at presstime.

South Puget Sound came into the game ranked last in the West Division at 1-13.

They were a eight game losing streak and had not won a

a teacher by doing the job now.

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Lady T-Birds miss playoff shot

Highline finishes home schedule at 5-3 with loss to Centralia

By KIMBERLY IBARRA Staff Reporter

Centralia ended Highline's chances of getting into the playoffs this year with a 64-53 win over the T-Birds on Feb. 16.

The T-Birds needed to win their last two games, and Tacoma had to lose their last two in order for Highline to move up to fourth place and make the NWAACC tournament.

"Our new game plan to beat these two teams was to penetrate with everyone around the perimeter and a post inside," Highline forward Christina Fields said.

The Thunderbirds ended the season in fifth place in the NWAACC West Division.

Centralia, Clark, Lower Columbia and Tacoma all will advance to the postseason.

The Lady Blazers went strong on their turnovers during the game.

Centralia had 24 points off of Highline turnovers and the T-Birds had 13 points off of Centralia turnovers. The Thunderbirds had 22 total and the



Zach Nunberg/THUNDERWORD

Highline swingman Sienna Pollard goes to the basket between two Centralia defenders.

Blazers had 16.

The Thunderbirds fell short with their second chance points and their 3-pointers.

Centralia had 15 points off of their second chance points and 30 points off of their 3-pointers. one game away," guard Victoria The T-Birds only had one Elleby said.

> Tacoma had four games left. They won their two previous games, against South Puget Sound, 76-69 and against Clark,

Tacoma remains in fourth place in the West Division and qualified for the playoffs.

Meanwhile, The Thunderbirds played a good game against the Grays Harbor Chokers on Wednesday, Feb. 13.

The T-Birds won 73-36.

Highline led the first half of the game, 30-18 as they held the Chokers to 29 percent shooting.

The T-Birds then came back during the second half with a stronger defense holding the Chokers to a 17 percent shooting from the field.

Point guard Grace Beardemphl and guard Keana Magalei both led Highline with 14 points each. Sienna Pollard added nine points.

The Lady Thunderbirds outrebounded the Chokers, 50-34.

Pollard had 10 rebounds, Victoria Elleby had nine, and both Magalei and Brianna Fiso each had seven.

The Thunderbirds had 18 steals, 11 second chance points, and 37 points off the bench, whereas Grays Harbor only had eight steals, two second chance points, and 10 points off the bench.

"We stuck to our game plan and got it done," Fields said.

The Lady Thunderbirds took a trip to Olympia to play their last game on Wednesday, Feb. 20 against South Puget Sound. Results were unavailable at presstime.

SHE'S GRACE UNDER PRESSURE

second chance point and 18

especially since we were only

"It was really rough losing

points off of their 3-pointers.

Highline player has not faltered under intense situations

By JOEY CASTONGUAY Staff Reporter

Grace Beardemphl, a 5-foot-1 sophomore point guard for the women's basketball team, said her experience at Highline has been great, and she has learned a lot from her coaches.

guess I have learned overall to be a better basketball player and a better person,' said Beardemphl.

When on the court, Beardemphl said her biggest advantage is her ability to see what is happening in front of her. She averaged of 10.2 points per game. this year, with a season-high of 23.

She is also averaging 2.7 rebounds, 1.5 steals, and 2.3 assists per game in division play this season.

"I see the floor pretty well. Besides that I don't have too many advantages because I am small," said Beardemphl.



Beardemphl, a graduate of Bellarmine Prep in Tacoma, said she has been playing basketball since she was 5 years old.

However she has experience playing more sports than jus basketball.

"I used to play soccer and fastpitch, but basketball seemed to take over," Beardemphl said.

With basketball being her passion, Beardemphl said Highline was the right choice for her.

"It's been really good [my time at Highline]. I am glad that I came here and it is a really good fit for me," Beardemphl said.

Beardemphl also said her time at Highline has not only had a positive affect on her basketball ability but on her as a person.

Beardemphl said her coaches have always pushed her to get to the next level and never become complacent with where she was.

"They have always pushed me to do better in school and they have pushed me in basketball as well," Beardemphl said.

Beardemphl plans on finishing her associate of arts degree at Highline, and then transfer to dental school. She also said she enjoys writing and reading poetry in her free time.

Highline was eliminated from the NWAACC playoffs when they lost to Centralia last Saturday and a win by Tacoma. They needed to win their next two games and needed Tacoma to lose their last two games.

The T-Birds are currently 8-7 in divi-"I've learned a lot while at Highline. I sion play. They are 5-3 at home and 3-4

Zach Nunberg/THUNDERWORD

Grace Beardemphl spots up from 3-point range in a game this year.

on the road.

Beardemphl and the Thunderbirds played their last league game last night

against South Puget Sound.

The result was unavailable at presstime.

A Bit Groovy

5. Indicator on a clock

12. Crossword puzzle

15. Homer Simpson's

20. Horse sound effects

24. ___ Doo (cartoon

29. "Lying thief," e.g.

33. Some take a licking36. College V.I.P.'s

9. One for the road

14. French pal

18. Pen pals

19. Went alone

22. Small change

25. Rob Roy, e.g.

30. Vocalist Yoko **31.** Iditarod sight

39. Prima donna

40. Pool employee

44. British ending

47. Like some melons

50. Artists' headwear

53. Some Synthetics

52. Horse's parent

59. Page, for one

worn by Chinese

60. Head coverings

62. Milks, in a way

63. Author Vonnegut

64. to go (eager)

66. Canonized Fr.

65. What Leary tripped

55. " " " " "

laborers

on

women

41. "Look out _

42. ____ I.R.A.

problem

45. Tints

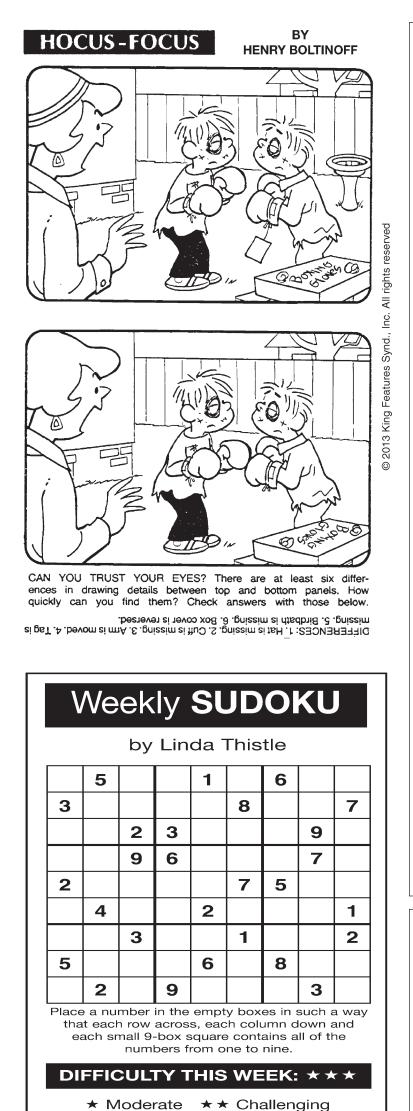
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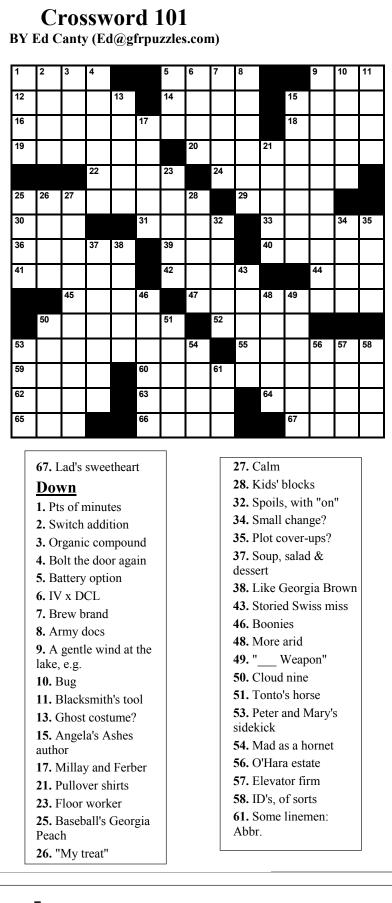
radio

birds

mom 16. Calm

dog)





Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

	 2. One of the Spice Girls 3. Vapor 4. In a good mood 5. By word of 6. British capital 7. Brown, Bond, or Brolin 8. Arrogance 9. Aim 	M E M U 0 J J	Red blossom Lag behind Take illegally Sundae topper June or April President Johnson Domesticates Well-mannered Work with acrylics Like seasoned popo	O L L R N Y T N T N Y T N N T N N N T N N N T N N N T N				
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gurdy?		2. El Salvado	or	geometry				
9. FIRSTS: Who was the first (and only) woman to win the Medal of Honor?10. GENERAL KNOWLEDGE: Why is a catamaran different from other boats?		3. Six	more. Millard	8. A hand-cranked string instrument				
		and Abigail F only a couple apart in age.	illmore were e of years	9. Dr. Mary Edwards Walker, for her medical work during the Civil War				
		5. Apartheid		10. It has two hulls				
Answers		6. Atalanta		(c) 2013 King Features				

$\star \star \star$ HOO BOY!

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1. LITERATURE: Who created the character of Walter Mitty?

2. GEOGRAPHY: Which Central American country has coastline only on the Pacific side?

3. GAMES: How many players are on a volleyball team?

4. U.S. PRESIDENTS:

Which president eventually courted and married a woman who was briefly his schoolteacher?

5. HISTORY: What was the name of the system of racial segregation used in South Africa in the second half of the 20th century?

6. MYTHOLOGY: Which Greek heroine refused to marry any man who could not beat her in a foot race?

7. ANCIENT WORLD: What field of study was Euclid known for?

8. MUSIC: What is a hurdy- 1. James Thurber

7. Mathematics, specifically

Synd., Inc.

Childhood sows the seeds of love

By DANIEL JOYCE

Staff Reporter

Whether you have a good love life could in part be determined by your childhood.

Ruth Frickle of Highline's Psychology Department spoke about the science of love at the Science Seminar last week. She discussed how relationships from our past relate to the relationships we are in now.

The Science Seminar is a series of weekly presentations put on by Highline community members about topics from their areas of expertise. Seminars are held every Friday in Building 3, room 102 from 2:20-3:23 p.m.

The infant-caregiver attachment is the first close relationship people have. According to Frickle, these early relationships act as a blueprint for the relationships we experience as adults.

"As children our environment, behavior, biology, and personalities all revolve around our caregivers," said Frickle.

Studies have shown that when children have a secure attachment with their caregiver, they use their parent, or other caregiver, as a secure base of operations.

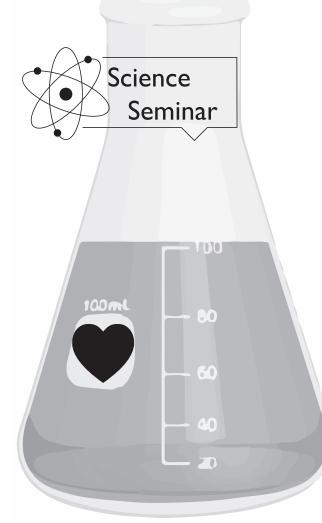
With a secure attachment, children feel comfortable venturing off and exploring, but will frequently come back to the parent seeking some kind of assurance.

Children with insecure attachments will venture off and often not return to their caregiver at all.

Abusive relationships between children and caregivers cause insecure-disoriented attachments.

Children in this category are frightened by their caregivers and are confused about how to respond when their caregivers are stressed.

Most people in abusive relationships suffered some kind of childhood trauma and may still be resentful of their own attach-



THUNDERWORD GRAPHIC

usually works best with slow disclosure that is reciprocal.

"Reciprocal is key otherwise you find yourself just trusting and going further and further out on a limb," said Frickle. "If you find yourself out on a limb and you look back to see your partner holding a saw, it's not going to feel good."

Frickle said studies have shown the golden ratio is five to one. This means that for every one negative interaction you have with your partner, you need five positive interactions to maintain a happy balance.

Unfortunately, human nature is to get the most with the least amount of effort. The punishments for coming up short on your end of the social exchange theory can come in a wide range of severity.

Last Friday was Frickle's third time talking about the science of love at Highline, but she always takes time to reinvestigate before she speaks. behavior, to lactation. Oxytocin even promotes behavior that may lead you to get pleasure from another person's pain.

Dopamine is another hormone that is crucial to understanding the science of love.

Blood samples from people in new relationships have shown large amounts of dopamine, explaining the exciting, bubbly feeling people get when they first fall in love.

Dopamine can feel good, but can also disrupt sleep patterns, and cause people to act strangely and out of character. When new love fades and dopamine levels drop dramatically, the risk of depression comes into play.

Frickle said love is still a difficult thing for people to define. Affiliations are different in that they are shallow and short lived. In affiliations you know little about the other person and you do not put forth much effort to learn more.

According to Frickle, love involves long lasting social bonds and commitment from both parties. In love, Frickle says, people take interest in their partner's problems and in their life. Concern for another person's family is an important factor.

"Love involves multiple interactions," said Frickle. "Elements of love all interact with each other and affect each other, making love a complicated subject to explore."

Frickle discussed how environment, behavior, biology, and personal factors all affect each other.

Frickle said the environment love happens in involves the sights, sounds, smells, and the who, what, when, and where of the situation. The environment is always changing and you affect the environment as much as it affects you.

For behavior, Frickle explained how the way you approach or avoid a situation influences other people in the environment, and even can bring joy or hurt to people without your direct intention.

Biology factor with our internal chemicals and how they influence our motivation to produce specific behaviors.

Biological factors can cause you to act a certain way, and even put you in a specific environment where you see the things you want to.

Personal factors affect everything else too. People's thoughts, feelings, moods, and personality all come together and have a huge influence on the love experience.

The affects these different aspects of love can have might all happen up front when you first see and interact with a person or over a long period of time.

Unfortunately, most people do not have the patience to wait and want immediate comfort.

This causes people to return to previous partners or to seek relationships similar to the ones they previously had, even when they were unhappy.

"Being in a familiar situation does provide some comfort," said Frickle. "But this creates those situations where you never know what could have been."

Carla Whittington will host the next Science Seminar on Friday at 2:20 p.m. in Building 3, room 102. The discussion will cover geological risks facing the planet today.

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teach people to appreciate cuddling, touching, and other different forms of affection.

"We are not huge animals. We aren't very fast or strong and we don't have sharp teeth," said Frickle. "Our social bonds are critical by nature. We need each other."

Children in foster care miss a very critical period in developing a social bond. It is not impossible to achieve these developments later in life, but it is very different and very difficult to do so.

Stepchildren are more likely to develop these necessary social bonds. Having something rather than nothing to work with is better, and they are able to lay some of the groundwork for these close relationships.

According to Frickle, 50 to 60 percent of adults experienced good attachments as children.

Studies have been able to very

ment figure.

An insecure-avoidant attachment is a type of insecure attachment in which the parent views the child as intrusive.

Frickle said these kinds of attachments are a result of tense or irritable parents. Children in these situations will show no preference between their caregivers and complete strangers.

"When a parent rejects a child, it leads to more than just relationship problems," said Frickle.

Frickle explained that when a parent rejects a child, the child often stops trying to interact with the parent. This impedes crucial development of motor skills simply because the children are making less of an effort to move around.

These early relationships can

accurately predict adult love relationships from information about the parenting styles people encountered as children.

Those who experienced insecure attachments are likely to show signs of extreme jealousy, lots of highs and lows, and a certain awkwardness might be present in their relationships.

"These people often want complete immersion," said Frickle. "This is where we see the 'don't leave me, don't leave me' state of mind."

The best relationships are those that apply the social exchange theory, and it almost always happens subconsciously.

In a healthy relationship, people disclose personal things about their lives and trust the other person to return the favor. This "Science is always on the move," said Frickle. "It's all about asking questions and finding out what we really know."

Frickle said love is usually the territory of poets and other artists, but when scientists identify something they can measure, they can begin to talk in scientific terms.

Oxytocin is a hormone released into a person's blood stream when they are touched affectionately. It is widely known as the "cuddle chemical" and is mostly related to touch, but according to Frickle it is much more than that.

More recent research indicates that oxytocin influences everything from trust, to social local opportunities.

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Active Minds Changing Lives



Racial Humor

continued from page I

Foxworth said if you know your company or are doing it for entertainment purposes (such as: stand-up comedians or TV shows such as *Family Guy* and *South Park*) these are successful and work because they take on various groups and are not just demeaning or putting down one group of people.

"Any time you are making fun of another person in regard to their race and you are not a part of that race, that is where the problem lies," she said.

To stay on the safe side, "if you are not a part of the in group, of the culture that is the punch line of the humor, be careful. Proceed with caution. After all, we only see someone's actions and don't necessarily know their intentions," said Foxworth.

Contrary to this, using racial humor to make fun of another race other than your own shouldn't be acceptable, said Dr. Darryl Brice, a sociology professor at Highline.

"It's both faulty and dangerous," Dr. Brice said.

Dr. Brice said that some from the younger generation finds it acceptable to use racial humor to make fun of various races because they're under the impression that we're living in a postracial society.

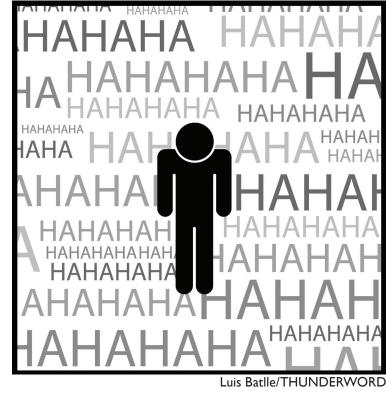
A post-racial society means "race doesn't matter," Dr. Brice said.

However, "on the other hand, racial jokes are funny," said Dr. Brice and it's still "easy to identify somebody with [their] race."

Telling "racial jokes means you see me as [a race]," Dr. Brice said, which means race definitely matters.

Furthermore, using racial humor "reinforces the social order," Dr. Brice said, since racial humor was "encoded to keep people in place."

Racial jokes are funny "because it's attached to some kind of group," Dr. Brice said.



race has a huge impact on the person's life."

Lee says that she has been at the receiving end of a racial joke and said it "hurt my feelings" and made her depressed.

"People use racial humor because people find it to be funny. [But] I don't think it's OK to use because it puts stereotypes and puts down that race," said Sydney Miyahara.

"I just don't like people making fun of others," said Tracy Norris.

"People can get offended and take it in a different way [than it was meant]...I don't like when people are talking about different races like they are superior," Norris said.

Other students said they think racial humor is OK to use under certain circumstances.

It "depends what kind [of joke], but yes [they are funny]," said Yelena Serbinenko.

She said that it depends on how they are used and if they are said about someone of the same culture or you know the person really well.

Serbinenko said that she has

had them directed at her before, but that they were funny and kind of a reality check to her about what people thought about her race.

She said that she has said them

herself in the moment and it just kind of went with the timing.

"You tend to do it without realizing it," said Serbinenko.

If it's using racial humor to make jokes about your own race and with people of your race, "it's easier for people to understand and know where you're coming from," said an anonymous student.

For other students, racial humor is OK to use simply around the right audience, even if they aren't of the same races.

"I feel like it's fine when you know it's true for the people around you, and that you know they won't get offended," said Abigail Cate.

"I have an African American best friend, we tell racist jokes all the time, but it's not in a mean way. It's [kind of] just our way of saying that we're comfortable together," said Cate.

"[Racial humor is] definitely OK with me," said Joe Meeker. "But if I'm trying to crack a joke, 95 percent of the time I will ask first." Furthermore, "if the company that you're with doesn't think it's funny then you shouldn't [do it]," said Justin Taft.

Students said it's especially important to be aware of their audience when using racial humor.

"It is not OK to use with people you do not know or have known for a short period of time, which can give the impression of direct racism," said another anonymous student.

"I had a work-related issue where I almost quit because someone singled me out and cracked racist jokes," the student said.

Some students said they are still figuring out what to make of racial humor.

"I really don't think about it," said Ruweida Anmed, who said she uses racial humor among those of her same race.

Using racial humor seems to be a "subconscious" action, said Anmed.

However, "in general, I wouldn't say it's OK," Anmed said.

Puzzle Answers:

A Bit Groovy

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		2	6	8	1	3	7	5	4	9	
		7	4	5	8	2	9	3	6	1	
		6	8	3	4	7	1	9	5	2	
		5	9	7	2	6	3	8	1	4	
		4	2	1	9	8	5	7	3	6	



However, "if you swap [the] racial group out [in a joke and replace it with an individual of another race], it's no longer funny," said Dr. Brice.

When people tell racial jokes to each other, they are usually on friendly terms. So using racial humor "doesn't [always] bring you together," Dr. Brice said.

Like Dr. Brice, students have varied opinions on the broad topic of using racial humor.

Some students believe that racial jokes shouldn't be OK to use.

Steffi Lee said they are not funny nor are they OK because "making fun of people for their

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Lab Animals

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Walter first came to Highline in 1998 as a returning student.

After graduating with an Associate of Arts, he went on to receive a Bachelors of Science in Analytical Chemistry from Evergreen State College.

Eventually, Walter returned to Highline to work his current job of 11 years.

"It's almost like a retirement job for me," Walter said.

> level is really low and the people we work with are great. love

> > seeing

"The stress

Walter

new students in here all the time and helping them out."

"Donn is not only one of the best lab techs I've ever worked with, but he is among the best people I know," Gerry Barclay, Life, Ocean and General Sciences instructor said.

"We are the successful department we are today in large part thanks to Donn's hard work, intelligence and innovation," Barclay said.

Walter is looking forward to retirement.

"I'm retiring at an early age," Walter said. "There are just a lot of things I want to do."

Walter and his wife Sabine plan on traveling various places and snowbirding to Mexico.

He also hopes to pursue his interest in woodworking, and eventually teaching the craft.

"I'll probably get myself a LLC license and make individual pieces for people." Walter said.

Rus Higley, manager of the MaST Center, said Walter created an Adirondack chair that sold for \$1,000 at a gala event for scholarship funds.

"It's not so much to make money, it's more just to raise enough money to take care of my hobbies," Walter said. "I've thoroughly enjoyed working here, it's a fantastic job," Walter said. "I wish all the luck to my successor."

Issues

often, Highline's program coordinator Jean Munro

continued from page I

said. "It's a difficult topic for people to talk about," said Munro.

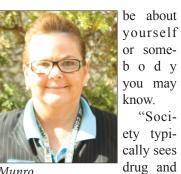
The Women's Programs came up with the idea to host an interactive workshop where staff, students, and anyone attending could write on sheet of paper cut out in the shape of a pair of jeans.

There will be many sheets of jeans put up, all of different shapes and sizes.

The attendees have the opportunity to write whatever they wish in relation to eating disorders.

"Everybody knows somebody," said Munro.

This activity will allow people to vent their feelings and write about topics that may not make them comfortable, whether it



Munro

alcohol addicts as more acceptable than a person with an eating disorder," said Munro.

Which is partly the reason

some people are not comfortable talking about the topic, Munro said.

"Now everyone has the chance to throw away any negative self-esteem issues and start new," Munro said.

There will also be school counselors to assist those who need to talk. You can visit the booth and pick up a flier to set up an appointment for a future meeting with the counselors.

The event is open to anyone who wishes to attend.



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