Campus exposed to pox

By Kaylee Moran
Staff Reporter

A Highline student showed up to campus on Monday with the chickenpox. Chickenpox (varicella) is a highly contagious infection caused by a virus, health officials say.

“The virus spreads in the air when an infected person coughs or sneezes. It can also be spread by touching or breathing in particles of virus that have become airborne from chickenpox blisters,” said Keith Seinfeld, public information officer for King County Public Health.

If you have signs and symptoms of the chickenpox, campus officials urge you to stay home and notify them.

If your medical provider has confirmed you have chickenpox, you should avoid contact with others who have not had chickenpox or who are not vaccinated against chickenpox, said Dr. Lisa Skari, Vice President of Institutional Advancement at Highline.

“We also ask you not come to campus or participate in campus activities until advised by your medical provider,” Dr. Skari said.

If you currently have symptoms that look like chickenpox, we encourage you to contact your medical provider to discuss the symptoms, she said.

If you have confirmed that you have contracted chickenpox, Highline would appreciate it if you could notify Dena Dillon, executive assistant for student services at (ddillon@highline.edu) so they can notify the campus community, said Dr. Skari.

“People with chickenpox should follow their doctor’s advice, stay home and avoid contact with others until all the symptoms are gone, and not return to campus until they have spoken with their healthcare provider,” Dr. Skari said.

See Chickenpox, page 11

Cadets may combat crime

By Cristina Acuna
Staff Reporter

Campus Security has a recipe to tackle crime at Highline—and students are the main ingredient.

The Security Cadet Program plans to implement a student-led safety patrol starting this spring.

“We are working with the administration to create a Campus Security Cadet program that gives students credit to patrol campus as part of their justice classes,” said Jim Baylor, Highline director of safety, security and emergency management.

Safety at Highline has been of utmost concern due to the wave of crime on campus, Baylor said.

“Some people tell me, ‘I never see the officers, where are they?’ But others, like front office staff, always rave about how much they appreciate having the officers around. With one Security Officer on patrol, and an Operations Man

See Cadets, page 12

Starfish losing life and limb at MaST

By Ryan Johnston
Staff Reporter

A starfish die-off that touched local waters has reached Highline’s MaST Center.

Many starfish are decomposing and survivors are being quarantined from one another as local officials work with scientists to determine the problem.

“We’ve seen, in this part of the Puget Sound, at least six or seven species [of starfish] have been affected,” said Rus Higley, manager at the MaST Center on Rondondo Beach.

The mortality rate at the MaST Center itself has reached between 80 and 100 percent.

“They basically fall apart within hours,” Higley said.

“For example, one of our big starfish’s arms stopped and he didn’t.”

Starfish’s arms and legs disconnecting from their bodies is a common occurrence in these incidents.

“Legs are all over the place,” Higley added.

“We’re concerned about the food chain crumbling,” said Jamie Woodward, who hosted a Science on the Sound presentation on Jan. 11. Starfish’s main predators are sharks, manta rays, Alaskan King crabs, and other starfish.

The MaST Center isn’t the first place where this has been seen.

“These incidents were noticed about two months ago in Canada,” Higley said. This has spread to Alaska, the Pacific Northwest region as far south as California, and the East Coast of the U.S.

Marine scientists can’t pinpoint these decompositions to one thing, but Higley is ruling out radiation.

The amount of radiation in

See Starfish, page 12

In this issue:

- Campus life 2-3
- Opinion 4
- Puzzles 5
- Arts 6
- Sports 7-8
- Science 9
- Health 11
- News 10, 12

Page 3: Scholars, doctors, and artists come to campus for MLK Week
Page 6: Burien theater catches fires, actors look for new location
Page 7: Prenovost to take athletic director position in Tacoma
History Seminar on hold until Spring Quarter

By Eric K. Helgeson
Staff Reporter

History Seminar will be taking a sabbatical for Winter Quarter due to scheduling difficulties, said organizer Dr. Tim McMannon.

But the series will return for Spring Quarter. “It’s really hard to schedule enough people to do it every quarter,” McMannon said.

The History Seminar for Spring Quarter has about three to four presenters lined up with more on the way, the Highline history professor said.

One person he said he hopes will do a presentation is Ed Morris, a former Highline math instructor who was also one of the first African-American members of the faculty and McMannon said he hopes that Morris will discuss that experience.

Another person McMannon has lined up is Rick Harkavy, who has been teaching in the Continuing Education department.

He will be doing a presentation on the Holocaust.

Others scheduled for Spring Quarter include Marina Tolmachyeva, who will be doing a presentation on the post-Soviet generation of Ukrainian youths.

Mike Vouris, who will be telling a story about two West Point graduates with Northwest connections choosing sides at the beginning of the Civil War. Susan Rich who will be doing a presentation on the photography of Hannah Maynard; and Ivan White, who will be looking at the 40 years of the Environmental Protection Agency.

McMannon has said that he may also host a seminar himself.

Mental health expert coming to campus Jan. 21

By Brenda Valenzuela
Staff Reporter

A local certified mental health expert will be coming to campus next week to provide information about their programs.

This event will take place next Tuesday, Jan. 21 from 10 a.m. to 4:30 p.m. where representatives of Valley Cities will be setting up an information desk right outside of Women’s Programs office in Building 6.

They will have information about their programs as well as answering any questions you might have about their certified mental health services.

Valley Cities has been around since 1965 and was put together by community members from South King County.

It offers licensed mental health to everyone including kids, adults, and veterans.

They provide counseling services to people with issues that involve domestic violence, homeless, housing, family support programs, and chemical dependency treatments.

These services are offered in Kent, Federal Way, Renton, Auburn, and Des Moines.

There is a minimum fee of $125 per session, but they also involve insurance including state programs, Medicaid, and private insurance.
MLK Week events show students how to change their community

By Michaela Vue
Staff Reporter

Scholars, experts and even a hip-hop artist have been invited to present at Highline’s annual Rev. Dr. Martin Luther King Jr. Week starting on Jan. 22.

“Keep it fresh, keep it current,” said director of multicultural affairs and leadership Natasha Rucks.

Burrows said she hopes that a week dedicated to MLK will remind students that Dr. King was once a student like everyone on Highline’s campus and that students can also make a difference.

“What mark do you want to make in your community?” Burrows asked.

Guest speaker Rev. Dr. Bernard Lafayette Jr., who worked alongside Dr. King during the Civil Rights movement, got involved with the movement while in college. He dedicated his life to Dr. King’s legacy.

“He [Dr. Lafayette] is living history,” Burrows said.

Dr. Lafayette will hold a discussion on Jan. 22 at 10 to 11:30 a.m. He will also have a book signing at noon for his new book, In Peace and Freedom: My Journey in Selma. The book is for sale in the Highline bookstore.

The improving economy will likely lead to an enrollment plunge, said a Highline administrator last week.

“I predict the numbers will be lower. When the economy is good and people return to work, like we have seen recently, our enrollment trends down,” said Lisa Skari, vice president of Institutional Advancement.

Over the past few years, Highline’s enrollment rate has dropped by the hundreds.

In the 2009–2010 school year—8,719 full-time equivalent students were enrolled.

The next year, the number of FTEs dropped by 273.

For the 2011–2012 school year, the amount of FTEs enrolled fell by 441.

More recently, for the 2012–2013 school year, the number of FTEs increased by 219, totaling to 8,324 FTEs.

When comparing recent Winter Quarter basic tuition students, there are 441 FTEs less than last year at this time.

However, FTEs for basic skills and Running Start students are on track to meet last winter’s numbers.

The data also shows that international FTEs are down slightly when compared to last winter. Highline needs to meet a state FTE target of 5,300. After the 45th day of registration, Highline has met 84 percent of its goal, compared to 83 percent at this time last winter.

Some Highline students don’t notice the declining enrollment, however.

Chance Martineau arrives at the East Parking Lot by 7:40 a.m. He will also have a book signing at noon for his new book, In Peace and Freedom: My Journey in Selma.

“Enrollment feels like it’s the same. I don’t think it’s changed much,” he said. None of the classes he signed up for were full, either.

Another student, Amin Has an, arrives at the east parking lot by 7:50 a.m. and has some difficulty finding parking.

“I wasn’t able to get into all the classes I wanted,” Hassan said. “It does feel like there are more students than there were last year.”

Another student, Amulya O’Browne, arrives at 10 a.m. and doesn’t have trouble finding parking.

She was able to get into the classes she wanted, but he would prefer if the classes weren’t as full.

Central Washington University’s Dual Admissions Program aims to offer a smooth transition for Highline students who wish to pursue a bachelor’s degree, its director said.

The relatively new Dual Admission program is open to Highline or any of the state’s 34 community and technical colleges. The program targets students who plan to transfer to CWU through streamlined admissions, advising, and reduced time and expenses associated with the transfer process.

The program has only been around for about three years now. However, last year was the first year that students were actually able to take advantage of the services.

“We know that people with associate of arts degrees are more likely to complete bachelor’s degrees,” Rucks said.

Not only is the Dual Admissions program helping carry out the request of the Legislature, but it is also helping provide a service to the local community; Rucks said.

“There is a niche of local workers that need higher education and skills. We are filling that niche,” he said.

Rucks.

During November, 14 students who were attending Central had participated in the Dual Admission process.

About 250 people going through it right now are expected to attend Central next fall.

In order to be eligible for the program, the student must be under 60 total credits, and must meet the Central admission requirements.

Running Start students or students who have previously earned a degree of any type are ineligible.

The one requirement that some students may find interesting is that they must be under 60 total credits to become eligible for the program. However, according to Rucks, "those students are in place to aim at newer students.

“My job is to identify you in your first year so you can be assisted. The program helps you get a faster degree, and if we get you early on we can help with counseling, and planning your schedule so that when you transfer you will have all the right credits,” said Rucks.

"Central is committed to increasing the number of baccalaureate degrees granted in Washington, regardless of the process students must undertake to enroll,” said Rucks. “These programs are only going to strengthen our communities and increase the number of opportunities for our students.”

For more information about the Dual Admission program, visit www.cwu.edu and look under the Admissions tab.

Winter enrollment expected to decline

By Josué Chavez and Ty Zumwalt
Staff Reporters

The number of students expected to enroll at Highline for the 2013-2014 school year is 8,224, a slight decrease from last year’s 8,268.

Financial aid for the 2013-2014 school year increased by 219, totaling $14,529,160 for the 2013 school year, the number of enrolled fell by 441.

FTEs dropped by 273.

In the 2009-2010 school year, the number of full-time equivalent students was 8,719.

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The program targets students who plan to transfer to CWU through streamlined admissions, advising, and reduced time and expenses associated with the transfer process.

The program has only been around for about three years now. However, last year was the first year that students were actually able to take advantage of the services.

“The program is about 3 years old, but my role is new. My job is to make connections with the 32 community colleges around the state,” said director of Central’s dual admissions program Lucas Rucks.

Several years ago the Washington state Legislature required all four year universities in the state to increase the number of undergraduate degrees, which is how this program got its start.

“We know that people with associate of arts degrees are more likely to complete bachelor’s degrees,” Rucks said.

Not only is the Dual Admissions program helping provide a service to the local community; Rucks said.

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Take advantage of the gift of college

Now that we all have had a chance to get back into the swing of things, it’s time that we take a moment to appreciate the fact that here at Highline we are given the opportunity to go to school.

At the beginning of the quarter there’s always a wave of groans - about how soon instructors are assigning significantly sized homework, or the fact that we have to get up early yet again for a class they have no interest in but had to enroll in because it fulfilled a degree requirement.

To these students we say, wait a minute - you actually get to go to college.

Far too often we forget that we have the opportunity to receive an education and learn every day.

Going to school is in fact a privilege.

It’s nothing to joke about, it’s a very serious environment where only those who are completely dedicated and driven will get the most out of their education.

There are many people who don’t have the opportunity to attend school, let alone college.

And we’re not even talking about other countries yet.

According to a study in early April of 2013 by the Department of Education’s National Institute of Literacy there are 32 million U.S. adults who are illiterate. That adds up to 14 percent of U.S. adults.

The reasons why they are unable to read are vast, but there are definitely some within that 14 percent who did not have the opportunity to attend school and learn how to read.

We aren’t saying that by complaining about having to go to school you will suddenly become illiterate and be grouped with those 32 million adults in America.

However, we are saying that you should think before you complain.

Every day these instructors and staff members wake up and come to school for you, to teach you and help you grow not only as a student but as an individual.

By giving you a somewhat large workload right at the start and maybe a quiz or two after the first week, they are already wanting to improve oneself, but should be about more than just resolutions, as well as the origin of the month of January, when the year came to an end. Their resolutions consisted of promises to be good to others.

It was the Romans who actually began resolutions. They would make promises to Janus, the god of endings and beginnings, as well as the origin of both the month of January, when the year came to an end. Their resolutions consisted of promises to be good to others.

After a while this tradition manifested throughout different cultures and parts of the world. And now in North America it has transformed into a drunk monster with giant sparkly glasses depicting the new year, and a mob gathering in Time Square.

It seems as though the resolutions have gone from caring for others to finding ways to make us feel better about ourselves.

Things like dieting, exercising and working harder for yourself are not necessarily bad resolutions, but I feel that we need to think outside of the box and outside of ourselves.

No longer do we resolve to be good to others. We only resolve to fulfill our ideal image, an image that has overlooked the importance of caring for others and what it means to be good to others.

The original goals that made up this world-celebrated holiday have been lost, drowned by our egos and suffocated by our cellulite, which we feel we must exercise away.

However, we should not forget about others. Regardless if you believe in making resolutions or feel that they should only be made before the new year, you should reconsider.

Make it a resolution as this quarter continues.

Make a list such as: smile at people more, offer help even when it’s not asked of you, or allow that car to go in front of you to make a right turn into your lane before entering the freeway.

While we have all heard the phrase about how it’s about the little things in life, this year take it to heart.

And put it in action.

Too often some of us make resolutions and then forget about them completely when it comes time to actually follow through.

I don’t often make resolutions, but if I did I would work on things like making sure I call my family more often, especially the members I don’t get to see very often.

Or I would resolve to allow the slow people walking in front of me at the mall to continue their laboring walk as I, ever so politely, make a trip around them without huffing and puffing.

I’m not too sure how this one will work out but at least I could say that I tried.

Most of all though, I would resolve to be especially nice to those who act otherwise towards me.

The resolution to be kinder to others, should be a rule of life, not just something you resolve to do because it’s that time of year again and you can’t think of anything creative.

Make it something you’ll live by because in the end, you’ll be glad you did.

—Ipek Saday is the opinions editor for the Thunderword Newspaper.
1. LITERATURE: Who wrote the sci-fi novel *The Time Machine*?

2. LANGUAGE: What English word is pronounced exactly like its first letter, even though it’s five letters long?

3. HISTORY: Which Russian leader introduced the policy of “glasnost,” a greater openness?

4. FOOD & DRINK: What is Bardolino?

5. SCIENCE: What is the focus of agronomy?

6. LAW: What is “voir dire”?

7. BIBLE: Which biblical character ascended to heaven in a whirlwind?

8. MUSIC: The 1980 remake of *The Jazz Singer*?

9. ANATOMY: How many wisdom teeth does an adult usually have?

10. MOVIES: Who played the devil-possessed child in *The Exorcist*?

***Answers***

1. H.G. Wells
2. Queue
3. Mikhail Gorbachev
4. Italian red wine
5. Crop production and soil management
6. Questioning of prospective jurors
7. Elijah
8. Neil Diamond
9. Four
10. Linda Blair

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The fire at the Burien Annex has left the Burien Actors Theatre on the lookout for a new space for their next production.

By Bailey Williams
Staff Reporter

A fire won’t extinguish these actors plans. At around 6 a.m. on Dec. 10, a fire was set in a portable toilet next to Burien Annex, which caused the building to catch fire.

There is a $10,000 reward offered for information that will assist in the investigation.

The city of Burien is currently waiting on estimates for the cost of repairs, said Michael Lafreniere, department director of Parks Recreation and Cultural Services.

"There are no plans to demolish the building. I heard that rumor, but there is no basis for it," said Lafreniere.

The building which used to be an elementary school is home to the Burien Actors Theatre, who have an upcoming show that requires "tall ceilings," said Maggie Larrick, managing director of the Burien Actors Theatre.

Everything from retail space to old schools are being considered, said Larrick.

“We want to keep it in the Burien area,” she said.

But, regardless of permanent space the show will continue, said Eric Dickman, the artistic director.

The group had their first reading earlier this week, but have been preparing for this place since last winter, said Larrick.

The Burien Actors Theatre had to move their production of Coney Island Christmas to the site of the Hope in Hard Times exhibit in downtown Burien, 216 S.W. 153rd St.

Noises Off, a comedy by Michael Frayn, runs Feb. 21 through March 23, but the location is unknown.

For more information visit burienactorstheatre.org.

The fire at the Burien Annex has left the Burien Actors Theatre on the lookout for a new space for their next production.

By Marcy Daniels
Staff Reporter

The Drama Department will be performing Rosencrantz and Guildenstern are Dead this Quarter.

They have had a shaky start to this Winter Quarter’s production due to students being unable to perform because of scheduling conflicts and specific racial roles for their first choice of production The Good Times are Killing Me by Lynda Barry, said Rick Lorig, head of Drama Department.

After considering play after play, the drama department has decided on Tom Stoppard’s Rosencrantz and Guildenstern, an expansion of William Shakespeare’s tragic play Hamlet.

“The students are very enthusiastic about the material,” Lorig said.

Rosencrantz and Guildenstern are Dead is a “smart and strong play,” Lorig said. With the newly renovated Building 4 to work in and preparing since Fall Quarter, this production should be a great start to the New Year, Lorig said.

Preview night will be on March 5. Opening night will be on March 6 and other showings will be on March 7, 8, 13, 14, and 15 at 7 p.m.

Tickets will cost $8 and $7 for students.

For further information, said Maggie Larrick, managing director of the Burien Actors Theatre.

Drama makes change for winter.

By Amy Sato
Staff Reporter

Three prominent local musicians will tell the story of a misguided soldier in Aubrn next week.

The Auburn Symphony’s Chamber Series will feature A Tale of Two Composers at St. Matthew Episcopal Church in Auburn Jan 19 at 4 p.m.

The series will be a shortened version of the original Stravinsky suite from L’Histoire du Soldat (The Soldier’s Tale), which was based on a story where a soldier sells his soul to the devil.

And will also feature Bartòk’s 1938 composition Contrans, which is based on Hungarian and Romanian dance melodies.

"Most of the pieces the symphony plays are classical pieces back a couple hundred years, but what is different about these pieces are that they are both fairly modern," said Aubrn Symphony General Manager Lee Valenta.

Both works were created for a trio, which include a violinist, clarinetist, and pianist.

“The three performers that will be playing are all professional musicians that earn most of their living by performing,” said Valenta. “So listeners get to hear great performers from the concert symphony orchestra.”

Brittany Boulding, the violinist and concertmaster of the series, is well known through- out the area since she regularly plays with the Seattle Symphony and Seattle Opera.

In addition to being the concertmaster for the Auburn Symphony Orchestra, Boulding will also be assisting Michael Jinsoo Lim as associate concertmaster for the “Works and Process” series for the Pacific Northwest Ballet Orchestra.

The other two musicians who will be playing have both played for the PNW Orchestra and are both noted performers.

Denise Lum, a professional clarinetist will be playing alongside Boulding and Tanya Stambuk, a well known concert pianist and professor of piano at the University of Puget Sound.

The Matthew’s Church in Auburn is a smaller facility than the normal symphony orchestra concerts places, like Benaroya Hall, which will help the listen- ers be closer to the performers and the music,” said Valenta. “This will also be a fantastic opportunity for people who want that Seattle Symphony experience, but don’t want to drive a long distance to get there.”

The performance will be held at St. Matthew Episcopal Church 123 L St. NE, Auburn on Jan 19 at 4 p.m.-5:30 p.m. just a few blocks from the Per- forming Arts Center in downtown Auburn.

Tickets are on sale now on the Auburn Symphony Orches- tra website, auburnsymphony.org. Ticket prices are $17 for a single adult and $15 for a single student.

The next concert for the Aubrn Symphony Orchestra is Musical Gems on Feb. 15-16.
Highline men split wins and losses

By Ryan Macri
Staff Reporter

Highline’s wrestling team had mixed results in their recent matches over the course of this last month.

Dec. 6, Highline wrestled Clackamas, losing 43-36. Clackamas is currently ranked No. 4 in the NJCAA rankings.

“Everybody looked scared to wrestle,” said Head Coach Elleby. “We need to work on not giving up big points,” Elleby said.

Sam Hong/THUNDERWORD

Jordan Armstrong and fellow T-bird players defend against Tacoma last week.

On Dec. 15, Highline had a double-dual meet against Southwest Oregon Community College and Pacific University. Highline wrestled SWOCC first, losing 21-20.

Andrez Tereza at 125 pounds, Josh Romero at 160 pounds, Anthony Yates at 184 pounds, Tyler Comer at 197 pounds, and heavyweight Edwin Torres picked up victories for Highline against SWOCC.

“When the match was a disappointment to be honest,” Luvaas said. “It was a match we should’ve won.”

Then they wrestled Pacific, winning 20-17.

Tereza, Josh Smith at 141 pounds, Romero, John Hedge at 157 pounds, Elias Mason at 174 pounds, and Torres picked up victories in the win over Pacific.

“They wrestled much better than we did against SWOCC,” said Luvaas. But the T-Birds should beat teams like Pacific by much more, he said.

“Andre Tereza was the only kid that wrestled well in both matches. He has improved drastically,” Luvaas said.

Prenovost leaves for Tacoma

By Bayonne Beninger
Staff Reporter

Highline men’s Head soccer Coach Jason Prenovost is departing to Tacoma Community College after 20 years.

Prenovost, who is also the college’s director of marketing, will be pursuing a career as an athletics director.

He said that leaving Highline was a hard decision to make but a great opportunity for a new challenge.

“I’m excited, it’s a great institution and Tacoma is a great city. This was a great opportunity at the right time,” Prenovost said.

Prenovost wishes to take the culture and environment that was built here at Highline to Tacoma with him.

“I’m going to miss my players and coaching staff at Highline. I was extremely excited about returners and recruits for next year,” said Prenovost.

Athletic Director John Dunn said he will most miss Prenovost’s daily friendship at the college after working together for 20 years.

“Jason is great at holding me accountable. He never worked for me; we always worked for each other,” said Dunn.

“Jason’s departure will leave a hole in IA [Institutional Advancement], and across campus in general,” said Lisa Skari Vice President of Institutional Advancement at Highline.

Dunn also said that Prenovost made him a better athletic director by always challenging him on ideas and providing him with support.

“We always had enough respect for each other to agree to disagree,” said Dunn.

“His greatest trait is his love for this place,” said Dunn.

Dunn emphasized that Prenovost truly cared about Highline. He was loyal to the college as well as the athletic department.

With Prenovost’s departure, the Highline athletic department’s No. 1 priority is to keep everything stable because of re-recruitment.

“[Yesterday was] the first day of signing,” said Dunn. “We’re very excited about what we have going on here, we have a great nucleus.”

Due to the nature of the situation, Stu Mohr will become the interim head coach for the men’s soccer team next season.
**Men's Basketball**

Highline’s men’s basketball is second in the West Division of the NWAACC with a 4-1 league record this season. (13-3 overall)

The Thunderbirds have been succeeding since Winter Quarter started with a four-game winning streak against Lower Columbia 76-57, Tacoma 72-67, Grays Harbor 84-63, and Monday’s game against Centralia 73-48. Highline has only had one loss since the beginning of the month against Pierce.

“Everyone is starting to come together as a team. We have more team chemistry now,” said Isom Brown, freshman forward.

Over winter break, the men’s basketball team played in two tournaments that consisted of three games each.

The first tournament they played in was the Walla Walla Tournament in Walla Walla where they beat Umpqua, 95-91, and Blue Mountain, 82-70, but took a loss against Bellevue, 59-49.

The Bulldog Classic in Bellevue was next up on the schedule, where Highline left with a record of 2-1. They lost against Pierce 90-85. They beat Chemeketa from the South Division 91-85 and Big Bend from the East Division 78-75.

The men’s basketball team didn’t win either of the tournaments they played over break.

“I felt good about the tournaments. I was happy with the way we played but I know we could have done better,” Brown said.

Both wins against Chemeketa and Bellevue were highlights of the break for the Thunderbirds, said Brown.

“They were in the NWAACC title game the previous season so they are supposed to be one of the best,” Brown said.

Brown said that the team was struggling with offensive continuity and turning the ball over.

“Focusing on the mental aspect at this point of the season is a certain skill development we could use. But a lot of the challenge in the middle of the season is staying focused, staying together, and staying enthusiastic. They are going to count. A lot of it will be that mental preparation,” said Che Dawson, head coach of the basketball team.

Despite the teams success, the Thunderbirds have lost two games to Pierce.

“They were two different games. First one we struggled against their zone. The second one we didn’t play together offensively,” Dawson said.

Dawson said he tells his team that any team can beat them on any night and that the next game is always the most important game of the season.

**Women’s Basketball**

Highline’s women’s basketball team played in two tournaments that consisted of three games each.

The first tournament they played in was the Walla Walla Tournament in Walla Walla where they beat Umpqua, 95-91, and Blue Mountain, 82-70, but took a loss against Bellevue, 59-49.

The Bulldog Classic in Bellevue was next up on the schedule, where Highline left with a record of 2-1. They lost against Pierce 90-85. They beat Chemeketa from the South Division 91-85 and Big Bend from the East Division 78-75.

The men’s basketball team didn’t win either of the tournaments they played over break.

“I felt good about the tournaments. I was happy with the way we played but I know we could have done better,” Brown said.

Both wins against Chemeketa and Bellevue were highlights of the break for the Thunderbirds, said Brown.

“They were in the NWAACC title game the previous season so they are supposed to be one of the best,” Brown said.

Brown said that the team was struggling with offensive continuity and turning the ball over.

“Focusing on the mental aspect at this point of the season is a certain skill development we could use. But a lot of the challenge in the middle of the season is staying focused, staying together, and staying enthusiastic. They are going to count. A lot of it will be that mental preparation,” said Che Dawson, head coach of the basketball team.

Despite the teams success, the Thunderbirds have lost two games to Pierce.

“They were two different games. First one we struggled against their zone. The second
China’s geoduck ban is traced to MaST Center’s back yard

By Ryan Johnston
Staff Reporter

China has banned the import of geoducks from the Puget Sound after a shipment containing arsenic was traced back to Poverty Bay near Highline’s MaST Center at Redondo Beach.

The ban started on Dec. 3 and hasn’t been lifted as of this week. The Puget Sound geoduck fishing area starts roughly at the Canadian border and ends in Olympia. China has also banned shipments of clams, oysters, mussels and scallops from Alaska, Oregon, and California.

“If you want a lot of geoducks, you’re going to come here,” said Rus Higley, manager at the MaST Center on Redondo Beach.

A geoduck is a species of large clam that doesn’t fit inside of its shell and digs under mud. China banned imports from Puget Sound because the contaminated shipment didn’t meet the animal’s environmental standards. However, Higley said it doubts that there was too much contamination.

“Most fishermen aren’t going to fish where an area’s contaminated, but something triggered [China],” he said. Even so, “geoducks live a long time and can accumulate [contaminants],” he added.

This ban is going to have an effect on some Washington fishers and on China, Higley said.

In April 2012, geoducks sold for between $100 and $150 per pound. In 2011, the geoduck fishing industry made $80 million in both Washington state and British Columbia. In 2009, a total of 4 million pounds of geoducks were sold from Puget Sound.

“The geoduck fishing industry, although financially significant, is a fairly small group of fishermen, with a significant tribal component. So it will hugely affect those fishermen, the involved tribes, and the overall economy to a small extent, but shouldn’t have significant direct repercussions on other fisheries,” Higley said.

However, “Asian markets have a huge demand for seafood,” he said. Eating geoducks is a status symbol in China, much like eating a ghost chili pepper would be in the U.S. China needs to import geoducks to match their demand and consumption, Higley added.

Stay away from stranded sea mammals

By Caitlin Berge
Staff Reporter

If there is a stranded marine mammal, stay away, a local marine biologist said.

Not following this rule and interacting with them is blocked, especially a threat.

Jamie Woodward, a marine biologist and volunteer at Highline’s MaST center, spoke about marine mammals on Saturday during the monthly Science on the Sound presentation.

Here is what people need to know, according to Woodward:

•Rule One: Keep a safe distance. This sounds obvious, but if the path of a marine mammal is blocked, especially a threat.

•Rule Two: Hands off. Touching marine mammals can make the animal prone to infection, or it could even discourage members of the same species from interacting with them.

•Rule Three: Never chase or harass wildlife. This disturbs the animals, and it is critical for their safety that people back off. Nobody wants to be chased down by a 600-pound sea lion.

If a stranded animal is spotted, the next step is to call a stranding team. The MaST Center has its own stranding hotline; they can be reached at 206-724-2687. Stranding teams will monitor the animal, and make sure no one disturbs it.

Reporting stranding is important because it provides an opportunity to track changes in stranding, which will lead to a healthier future.

Woodward is unsure if stranding has become more common in the Puget Sound.

“It’s a very hard question to answer. I really say it’s seasonal. For certain species it has gone up, like the Stellar Sea Lion. But for whales, we haven’t had a major stranding in several years.”

Little is known about why these animals become stranded, the more opportunities biologists have to investigate, the more they can learn, she said.

Dave Ortlund, the president of the Washington Kayak Club, will host the next Science on the Sound seminar, “Kayaking Puget Sound.” It will be held at the MaST center on Saturday, Feb. 1, from noon to 1 p.m.
Be wary of winter quarter crimes

By Ryan Johnston and Brenda Carrillo
Staff Reporters

Officials want the campus to be prepared for crime in light of the multiple thefts and assaults that took place last quarter.

Last quarter, crime was nearly a weekly event. Sixteen incidents of cell phone theft and robbery took place between Aug. 29 and the start of Winter Break on Dec. 14. One incident was an armed robbery, and two incidents involved assault. One attempted abduction also took place near campus.

With the help of the local community and the Des Moines Police Department, [this quarter] should be quieter,” said Richard Noyer, Campus Security supervisor.

Campus Security has changed its guidelines and patrol routes for this quarter. Security officers are more visible on campus and are working more with the Des Moines Police Department, [this quarter] reported the flier.

Students should be aware of their surroundings and report any suspicious activity, Noyer said.

A flier from Doug Jenkins, public information officer for the Des Moines Police Department, provides personal safety information.

The majority of property crimes are considered crimes of opportunity. It’s often reported that thefts of electronic devices (cell phones, iPods, iPads, laptops) and backpacks are stolen when they are left unattended or in plain sight, the flier reads.

Criminals will pay attention to people who leave their property out in the open and publicly available. This presents an easy opportunity for the property to be stolen.

Students should always report suspicious and/or criminal activity to Campus Security and the Des Moines Police Department, Noyer said.

Campus Security is in Building 6 on the first floor, and they can be reached at 206-592-3218.

Dream Act comes back to life in state Legislature

By April Pacheco
Staff Reporter

The American dream might become easier to achieve for undocumented students in Washington if HB 1817, otherwise known as the Dream Act, passes the State Senate this session.

The Dream Act, which would allow undocumented students to compete for state need grants, is being pushed by State Rep. Zack Hudgins, D-Tukwila, once again.

Rep. Hudgins, the prime sponsor of The Dream Act has not given up on the measure and on Monday The Dream Act passed the State House of Representatives.

Last session the bill passed the House on a bipartisan vote of 77 to 20, but was not brought up for a vote in the Senate Higher Education Committee by its chairwoman, State Sen. Barbara Bailey, R-Whidbey Island.

“She’s used a variety of excuses to try and stop it,” Hudgins said. “I think she didn’t bring it up to vote said Emily Murphy, the policy manager for the organization OneAmerica, which has lobbied for The Dream Act.

OneAmerica is an organization whose mission is to empower immigrant communities through fundamental principles of democracy.

Murphy also said that The Dream Act would boost Washington’s economy.

“With many bright students, pools of hardworking students who are going to contribute to the economy and add to the workforce,” said Murphy.

“It is important in terms of K through 12, if you’re a young person who finds out in seventh grade that they can’t go on then they have no incentive to try hard,” Murphy said.

On the other hand, Rep. Larry Haler, R-Richland, testified Monday on the floor of the House that currently Washington state has 32,000 students who are eligible for state need grants but were turned away last year for lack of state funds.

According to OneAmerica the Latino population in Washington state high schools grew by 492 percent since 1986.

Rep. Hudgins is on the same page as Murphy.

“Let’s start with the fact that this isn’t about immigration, it’s about our kids getting treated fairly,” said Rep. Hudgins.

“We’ve invested in these kids, we already spent a lot of money paying for their public schooling; it makes sense to let them compete [for need-based grant] like everybody else.”

“It is better to grow our talent then recruit talent,” Rep. Hudgins said.

Try to shop seasonally for the best retail bargains

There are patterns to saving money. Retailers discount merchandise at certain times of the year, and it only seems illogical until you consider it from their point of view: Merchants want to get rid of things that didn’t sell, and sell you things they perceive you’re going to want.

Consumer Reports magazine has come up with a list of the best times to buy a variety of items:

• You’d think GPS would be a summer travel and geocaching item, but no, merchants push sales in November and December. Take the opportunity to buy for holiday gifts or for yourself for travel.
• Stock up on your summer swimwear at the same time you buy discount home-gym equipment -- at the beginning of the year. If you’re not brave enough to try on swimsuits in the winter, wait until June and July when they’ll be on sale again.
• August is a funny month. You’ll be able to find deals on air conditioners (that you could have used all summer) as well as the snow blowers you’ll need in the winter. At the same time, outdoor furniture will be discounted, just in time for fall -- and having to store it away over the winter.
• Look for toys from November through January, and winter sports gear in March.
• Some items do go on sale just when you need them: digital cameras appear in March, in time for spring and summer photography. Lawn mowers come out in April, along with spring clothing.
• There are other ways to save money, and they also follow patterns.
• When it comes to summer camp for your child, you need to start considering options in the middle of winter. Slots in the best camps will go quickly, as will the assistance money if you need help paying.
• For carpeting and furniture, wait until after the year-end holidays.
• Shop at thrift stores just as everyone is doing spring cleaning.

Even Exchange

answers

1. Cape, Fargo 6. Pilet, Puit
2. Lookin, Lavik 7. Ahrens, Ahner
4. Ever, Lawal 9. Creek, Creed
5. Pocket, Pickel 10. Logar, Lodger

King Crossword

Solution time: 24 mins.

SODOKU "Weekly SUDOKU"

Answer

9 5 3 2 6 7 8 4 1
2 6 9 4 3 5 7 8 5
4 7 1 5 3 1 6 9 2
1 5 2 7 6 9 8 3 4
6 4 9 5 8 3 7 1 2
7 3 8 4 5 9 2 6 3
9 1 4 6 5 3 8 7 2
8 2 5 3 7 9 5 6 4

News | Highline Community College | January 16, 2014
Flu deaths raise local health concerns

By Kaylee Moran
Staff Reporter

Several recent flu related deaths have not been the best indicator of the severity of the flu this season, local health officials say. The flu is a disease that affects people's airways and lungs. It is caused by several different flu viruses that pass from person to person easily.

Symptoms include fever, tiredness, headache, cough, sore throat, runny or stuffy nose, muscle aches, nausea, vomiting and diarrhea. The severity of these symptoms depends on the person's age and health conditions.

Every year there are flu related deaths, however this year doesn't seem to be much different from the rest.

"Although flu deaths get much media attention, we have no evidence that flu is killing more people this year," said Keith Seinfeld, public information officer at King County Public Health.

"We are seeing a increased flu in the community at this time that is similar to peak levels in recent seasons. We usually see the influenza peak in January or February, and continue to circulate into the spring months," said Seinfeld.

It’s difficult to pinpoint the number of flu deaths, because there is no way to precisely track them.

"Flu deaths are vastly under-reported, so the numbers we are seeing so far don’t tell us anything about trends. The current total is five flu deaths reported to Public Health – Seattle and King County. The statewide totals reflect a delay of more than one week. Therefore, it's impossible to get a completely current list of reported flu deaths for the state," said Seinfeld.

Another issue is that flu testing is typically done on some patients who have died.

"Some deaths are suspected to be flu, but no testing was ever done. Based on a statistical model, there would be approximately 180 flu related deaths in King County in an average year, but we had only 24 reported last flu season. So flu deaths alone are not a good indicator of the severity of flu season," said Seinfeld.

The vaccine is the best way to protect yourself from getting the flu this year.

"This year's vaccine is very well matched to the flu strain that is currently circulating in the community," said Dr. Hilary Karasz, public information officer at King County Public Health.

The flu vaccine is recommended for people over the age of 6 months, including children, pregnant women, young and middle aged people and the elderly as well as people with underlying health conditions that put them at higher risk, like asthma, diabetes, and heart and lung problems, Dr. Karasz said.

But even people without these underlying conditions can get severe illness and even die from the flu, she said.

The flu shot isn’t 100 percent effective, however it can reduce the severity of the flu.

"Overall, in the past few influenza seasons, the flu shot has been about 60 percent protective, so you can reduce your risk by over half by getting vaccinated. If you are vaccinated and do get the flu, studies show that you have protection against severe illness," said Dr. Karasz.

If your flu symptoms are severe, you should seek medical attention right away.

"It’s important to call or see a doctor if you have flu symptoms and feel seriously ill or if you are pregnant or at higher risk for severe complications because of underlying respiratory, cardiovascular or neurological illnesses, have a weakened immune system, or are obese," Dr. Karasz said.

Children under 5 years of age and adults 65 years and older are also at high risk and they should be evaluated by a doctor if they have flu symptoms. There are antiviral treatments that can prevent severe illness and complications from the flu, and these are more effective when started early in the illness, she said.

If you don’t have insurance or aren’t sure how to get the flu shot, King County Public Health has some options for you.

"I also want to mention that younger people should know that lower cost, free, or subsidized health insurance is now available and will provide preventive healthcare services like flu vaccines or visits to the doctor for medicines to treat the flu," Seinfeld said.

"King County residents can text King and their zip code to 468311 to get information about how or where to sign up," he said.

The best prevention against the chickenpox is the vaccine, health officials say.

"Chickenpox is the best way to prevent chickenpox. The vaccine is highly effective and those people who do get chickenpox after being vaccinated typically get milder cases," said Seinfeld.

According to the CDC, chickenpox in a vaccinated person is generally mild with fewer blisters and mild or no fever.

The vaccine is the best way to avoid contact with those who are infected, health officials say.

"A person with varicella chickenpox is contagious from one to two days before onset of the rash until the sores have crusted," said Seinfeld.

If you have been exposed to the chickenpox virus, you may notice right away.

To reduce your chances of getting the chickenpox, it’s best to avoid contact with those who are infected, health officials say.

"To stop the spread of germs, wash your hands with soap and water or alcohol-based hand cleaners, cover your nose and mouth when coughing or sneezing, avoid touching your eyes, nose or mouth, and stay home for at least 24 hours after your fever is gone. Avoid close contact with others when sick.

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that crimes are often reported many hours or days after they have happened.

“We are trying to elicit much input from students. It is you [Highline students] who know more about what is going on in this campus than anyone else.”

“We envision getting several student organizations involved,” Baylor said. “If a club suggests something regarding public safety, we throw our total weight on it.”

Baylor encourages students to get to know Security Officers on a first name basis, claiming that building relationships with those in charge of safety will go a long way into making Highline’s concerns heard.

“I would say a lot of students are mainly concerned with parking,” said Officer Derek Dean, who according to Baylor, makes attempts to talk to students about security issues on a daily basis.

“Officers often talk to the students about how to protect themselves,” Baylor said. “Officers are doing a lot of problem-solving on campus. Each one if directly linked with a group on campus.”

Among the liaisons they keep in touch with are Childrend’s Program, ESL, Cultural Affairs, Facilities, the library, and Student Affairs.

The program will only include campus patrolling as part of the justice curriculum, which will make for a significant portion of the student’s final grade.

“The biggest difference with the cadet program is that students will keep a reflective journal to self-evaluate their competence and skills,” Baylor said, “which plays into their ac-creditation.”

However, the success of the program will depend largely on the students involved.

“Whether or not we’re going to have enough participants to take part in the program is one of the concerns,” said Baylor.

He thinks a major drawback is that this program is not an internship.

“When I was in college I made $300 a month with food and a place to live,” Baylor said. “We don’t have the funds to fund an internship. But the benefits [of the program] far outweigh the negatives.”

Baylor added that by inter-twining it as part of an academic course, getting students to remain on task and honest to the curriculum is one of his biggest concerns.

“Students need to be able to stick to the tasks involved,” he said. “When they give out a ticket, they can’t be letting their friends get away.”

Another of Baylor’s concerns involve the cadets’ safety. The cadets’ duty would be to witness and report.

“When they observe a crime, they can’t interfere,” he said. But reporting crimes in an effective and timely manner, Baylor added, would go a long way into resolving a vast number of safety issues on campus—noting