

Due diligence keeps identity thieves away

By Ed Hones
Staff Reporter

Identity theft is on the rise due to people's reliance on technology, but there are simple actions you can take if you become a victim.

About 7 percent of persons age 16 or older were victims of identity theft in 2012, according to the Bureau of Justice Statistics.

The best way to protect yourself from identity theft is to be mindful of your personal information said Michael Webb, the Social Security senior public affairs specialist for the Seattle region.

He said that identity thieves get your personal identifiable information by stealing wallets, rummaging through trash, collecting it from unsecured websites and posing as someone who legitimately needs information about you.

People can keep these risks at a minimum by remaining mindful of their personal identifiable information, he said.

"Keep your card and any other document that shows your Social Security number in a safe place. Do not routinely carry your card or other documents that display your number," Webb said.

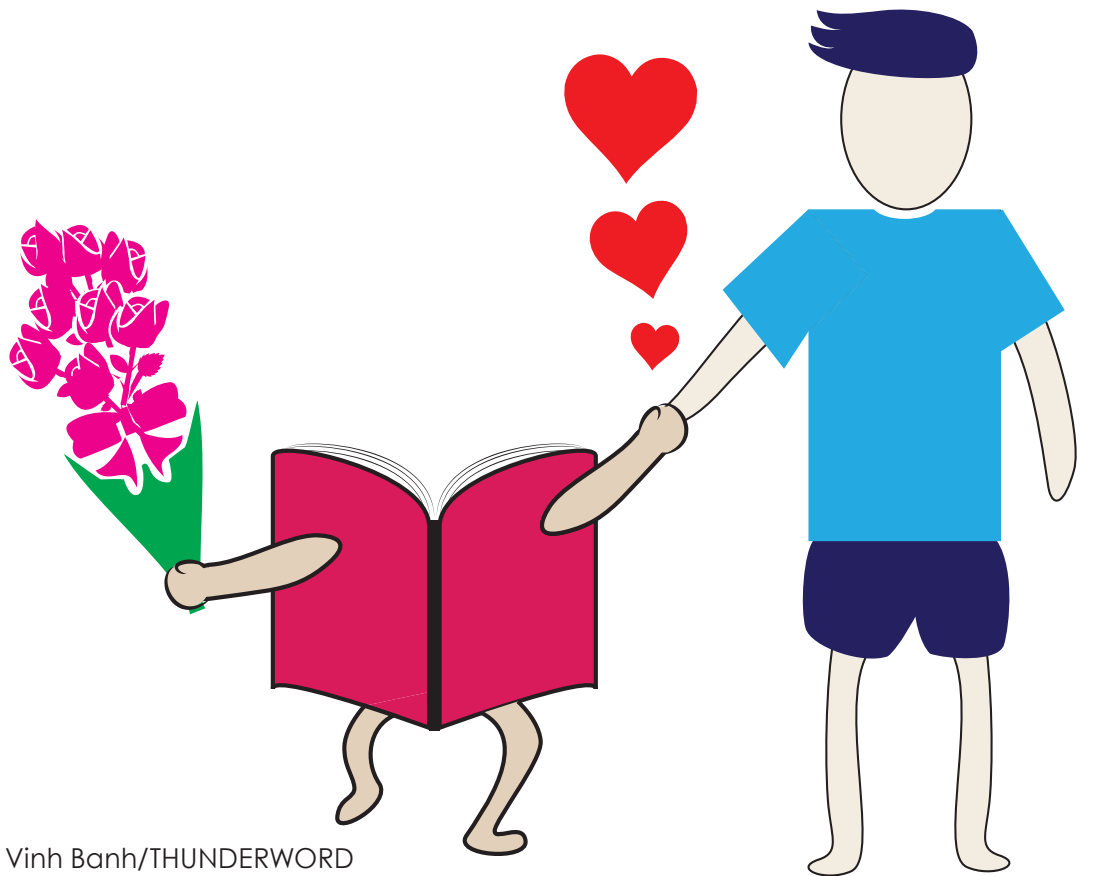
If you find yourself victim to identity theft there are a couple great resources available to help you, Webb said.

"Go to idtheft.gov and report the identity theft to the Federal Trade Commission. Or, you can call 1-877-IDTHEFT," he said.

People need to be actively aware of the threat of identity theft said Alison Dempsey-Hall, deputy communications director for the Washington State Attorney General's Office.

"Data flows freely in today's online world," said Dempsey-Hall. "Everyone — from home computer users to multinational corporations — need to be aware and vigilant about protecting personal data."

See Theft, page 19



Vinh Banh/THUNDERWORD

Relationships, college don't always mix well

By Thunderword Staff

Relationships combined with school can be as good as peanut butter with jelly, or worse than oil and water trying to mix.

Students at Highline try to balance love with school. But, being a college student can be a lot of work and time consuming.

"Finishing school is my No. 1 priority. I know that I wouldn't be a devoted boy-

friend, so I've chosen to stay single until I complete my degree," said Richard Meier, a student at Central Washington University.

A lot of students focus on school first, then their jobs, and then their relationships last.

"With work too, I wouldn't really have time," said Martel, a Highline student.

Johnny Kong-Rin is no longer in a relationship because, "I feel like I ended my

relationship and started a new one with school. I only have time for my classes and that has become my main priority."

Many students are single and the main reason behind this is time.

"If I really wanted to, I'd make it work, but my priorities right now are different," said Aline, a student. "It's possible, but I have so many classes."

See Love, page 19

Waterland making a splash

By Angie Gudjonson
Staff Reporter

Destination Des Moines is bringing back the three-day Waterland Festival this summer.

The Waterland Festival began in 1959 and included the

well-known parade through town and carnival at the Des Moines Marina.

After a long break the Waterland parade made an appearance for the festival's 50th anniversary, along with the classic cars and wooden boats show.

The festival will take place the July 18-20 weekend and is geared toward being more "family friendly," said Tony Hettler, president of Destination Des Moines.

See Water, page 20



Aaron Fields/THUNDERWORD

In this issue:

| | |
|-------------|--------------|
| Campus life | 2-5 |
| Opinion | 6 |
| Puzzles | 7 |
| Health | 8-9 |
| Arts | 10 |
| Sports | 11 |
| Business | 15-16 |
| News | 12-14, 17-20 |



Page 9

Spring season brings allergies, and ways to deal with them



Page 11

Lady Thunderbirds rebound with four wins in five games



Page 16

Couple opens new Des Moines grocery store near campus



Altercation in Building 10

Two students were involved in an altercation in Building 10 on Monday morning. The altercation was over a cell phone charger.

Both students were taken to the Security Office to make statements. The two students will be given sanctions for their inappropriate behavior.

Cigarette butt sparks grass fire

A cigarette butt may have started a grass fire at Highline last Tuesday on the south side of Building 29.

Campus Security thinks the cigarette was not properly disposed.

Local firefighters were called and came to extinguish the fire.

Items lost and found on campus

An iPhone was lost last week in Building 22, room 205 or in the Student Union.

The following items were turned into the Security Office last week:

- Gray watch
- White TI84 calculator.
- Black "Ross World" binder with contents
- Brown Coach purse with contents.
- Campus keys.

If any of these items belong to you please visit the Security Office on the lower floor of Building 6.

Be aware, stay safe on campus

Campus Security has some safety reminders for students at Highline.

-Be aware of your surroundings. Pay attention if you notice someone walking around a building for an extended period of time.

-If something or someone makes you nervous, go to the last place you felt secure and call the Public Safety Office at 206-592-3218 for a security escort.

-Watch those textbooks: Book thefts on college campuses are big business for thieves. You can help defeat these bad guys by keeping track of your stuff.

- Compiled by Antonio Foster

CWU organizes various spring events

By Kevin Kinghorn
Staff Reporter

Central Washington University-Des Moines will host spring events in order to bring more attention to its presence on campus.

The variety of events will include the CWU-Des Moines Grad Kick Off, student and faculty presentations, Sustainable Food Day, and a Veterans Appreciation Day, said Ashlee Norris, associate director for Central Washington-Des Moines student life.

All events will be held in the second floor lobby in Building 29.

On April 30, the Grad Day

Kickoff will be held from noon to 6 p.m. Highline students planning to transfer to the main Campus CWU can purchase college apparel that students could have only previously purchased in Ellensburg, she said. Graduating CWU-Des Moines students will be able to pick up their caps and gowns.

CWU-Des Moines offers its students a range of four-years degrees in Accounting, Education, Psychology, and Social Sciences, according to the CWU-Des Moines website. CWU-Des Moines has about 200 graduates and the graduation will be held at ShoWare Center on June 15. All students are welcome to come to the Grad Kickoff and

buy CWU gear, Norris said.

The Sustainable Food Day will be held serving locally made chocolate and brewed coffee, Norris said.

"We will be teaching people about sustainable sources, and kind of going to be talking about where you get your food, and how food impact those around you," said Norris.

"Talking about food deserts, and thinking about populations that may not have access to healthy foods, and how can we support them," she said.

The event will be held on May 6; the time has not yet been specified.

On May 13, student and faculty collaborative projects will

be presented from 2 to 6 p.m., said Norris.

Students that worked with faculty on projects based around their majors can present their poster or project in the lobby of Building 29 for all students to view.

A Veterans Appreciation event will be held to honor those who served, Norris said. The event will be for both those who have served to appreciate them and those who haven't and those who haven't served how to be appreciative.

Veterans will speak to the students in regards to thanks, Norris said. The event will be on May 21; the time has not been specified.



Women can find a voice at Y.E.L.L.

Highline will be hosting the first Y.E.L.L. (young educated ladies leading) female summit on May 17. Y.E.L.L. is the female equivalent to the Black and Brown Male Summit, and is aimed to inspire students of color to excel in education and life.

Tanya Moore, Ph.D., is the summit's keynote speaker. The summit will take place on Saturday, May 17, from 8 a.m. to 4 p.m. in the Student Union. Students can register for free, online at yell.highline.edu.



Moore

Watch 'The 11th Hour' this Friday

Highline's film studies program will be showing *The 11th Hour* for this week's Movie Fridays. *The 11th Hour* is a documentary created by Leonardo DiCaprio detailing the future possibilities of the earth's environment. The movie will be shown this Friday, April 25 at 12:30 p.m. in Building 29, room 104.

Apply to speak at commencement

Highline is looking for potential commencement speakers and is currently accepting applications.

The selected student will make a three to five minute speech about their time at Highline at the graduation com-

mencement ceremony. Applicants must have a minimum 3.0 GPA, be graduating in Spring or Summer quarter, and have a letter of recommendation from an instructor or staff member.

Applications should be turned in to the Center for Leadership and Service office on the third floor of the Student Union by Wednesday, May 7, at 4 p.m.

Win Foundation scholarships

The Highline Foundation is now accepting scholarship applications for the 2014-15 academic year.

Eligible students can apply for both the Foundation Scholarship and the Shirley B. Gordon Award for Academic Excellence by completing the applications at funds4highline.org/scholarships.

For the Foundation Scholarship applications are due at the Foundation office in Building 99, room 248 by Wednesday, April 30 at 4 p.m.

Applications for the Shirley B. Gordon Award for Academic Excellence is due by Thursday, May 15 and should be submitted at the Foundation office as well.

Break it down with Women's Programs

Women's Programs is hosting its 32nd annual celebration on Wednesday, May 7.

The celebration, titled Phenomenal Women: Break It Down will feature Climbing PoeTree, a poetry duo formed by Alixa Garcia and Naima Penniman.

The celebration will focus on women and social justice and will include elements of hip-hop and spoken word.

The celebration begins at 10 a.m. on May 7 in the Mt. Con-

stance room on the lower level of the Student Union.

Hear 'The Walk' at Wesley Homes

Dr. George Scranton will present his adaptation of *The Walk* by Murray Watts at Wesley Homes on April 28.

The Walk details the life of English abolitionist William Wilberforce and will be presented by Dr. Scranton, professor of speech at Seattle Pacific University.

The Walk will be presented this Monday, April 28 at 10 a.m. at the Terrace Auditorium of Wesley Homes, located at 816 S. 216th, Des Moines.

Clean up at the MaST Center

Highline's MaST Center is partnering with Americorps, CleanScapes, and the Des Moines marina to clean up the Puget Sound in honor of Earth Week.

Divers from the MaST Center will be cleaning up underwater waste, while volunteers can pick up waste on Redondo beach and the surrounding areas.

The clean up is this Saturday, April 26, and will take place from 10 a.m. to 1 p.m. at Highline's MaST Center, located at 28203 Redondo Beach Dr. S., Des Moines.



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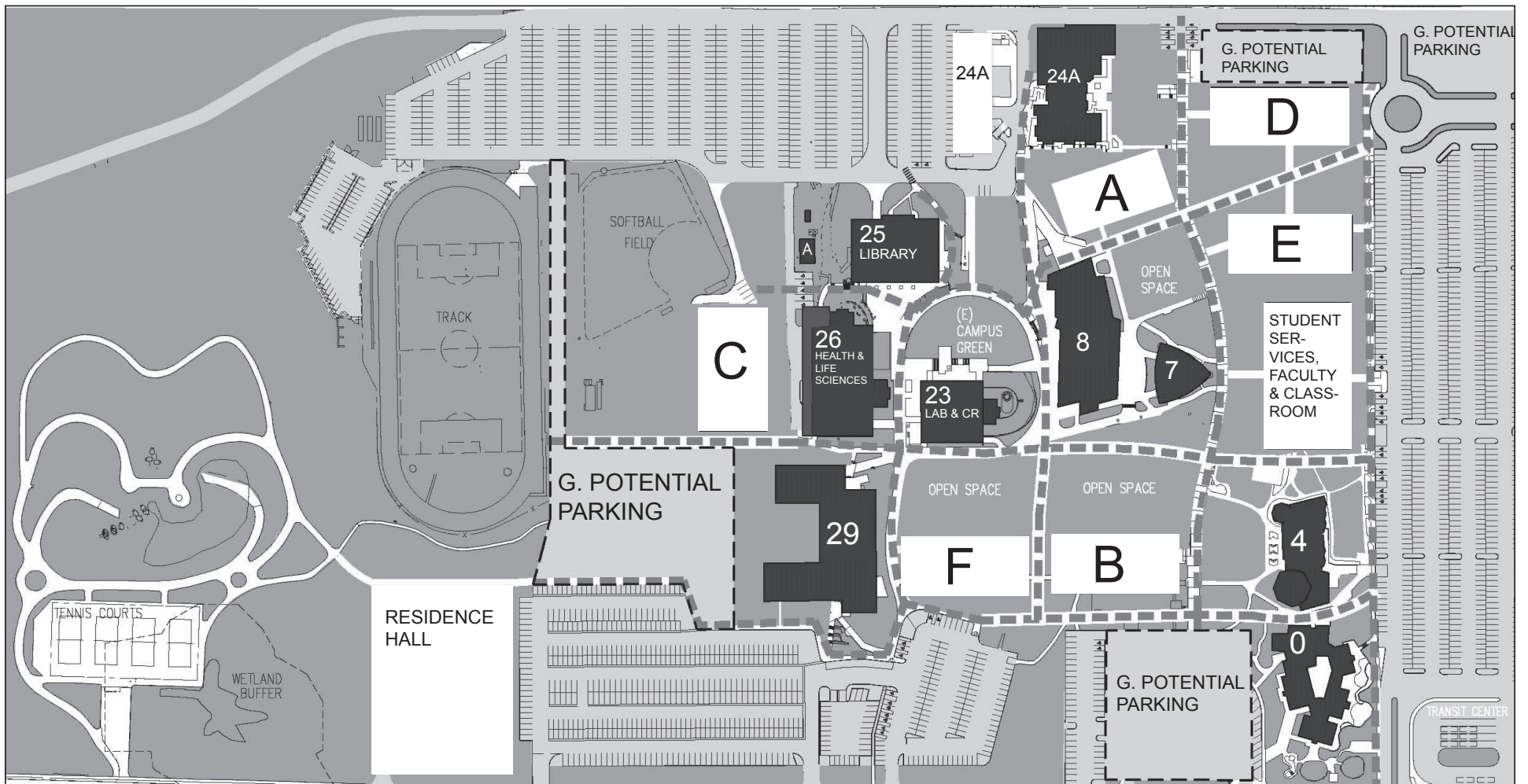
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Highline plans to renovate smaller, inefficient, older buildings on campus and construct buildings similar to Building 29.

College looks into the future

By Ty Zumwalt
and Ryan Johnston
Staff Reporters

The college is planning major changes to the campus in the next few decades.

"In a perfect world, we would take out all the small, inefficient, older buildings and build 60,000 foot buildings in their place," said Barry Holldorf, director of facilities.

There is a plan to do just that, and it starts at Building 26, he said.

"We have sent a proposal to the state," Holldorf said.

Building 26 would go through major renovations, with improved class-

rooms.

Ideally, Building 26 would be modeled after Building 29, which would add to the learning environment, Holldorf said.

Faculty buildings 5 and 11 would be taken down, and faculty would move into the renovated Building 26.

"These newer buildings would be designed to have faculty offices in the buildings that instructors teach in to promote student access to faculty," Holldorf said.

Highline will know if they were approved for the project within three weeks.

Even if the college is given approval, the project wouldn't start for a few years.

"We're asking [the state] to finance the Building 26 renovations," he said. "That project wouldn't happen until the 2017-2019 biennium."

The Building 26 renovations are expected to cost between \$22 and \$26 million.

Highline also hopes to renovate Building 24A, turning it into a maintenance shop. That project would cost about \$1.5 million and would be locally funded, Holldorf said.

This project would hopefully happen within the next five years. This puts both the Building 24A and Building 26 renovations in Facilities' short-term plan, Holldorf said.

Highline's midterm plan would be

within the next 10 to 20 years. Either Building 23 or Building 25 would be renovated.

The parking lots could also see some renovations, improving access to Highline via public transportation, Holldorf said.

"We might also tear down Building 6," he added.

The long-term plan would happen over the next 30 or 40 years.

"In a perfect world, you would see much larger buildings, but less of them," Holldorf said. The new buildings would also be similar to Building 29.

Facilities has planning maps that can be seen at facilities.highline.edu/masterplan/8_PlanDiagrams.pdf.

Program helps students succeed in college

By Caitlin Berge
Staff Reporter

Highline is a leader in helping students with disabilities achieve success in college.

Highline's ACHIEVE program helps students with intellectual disabilities have a college experience when they otherwise might not be able to.

Jenni Sandler is the coordinator of the ACHIEVE program, working with students and their families to accommodate particular disabilities.

In 2010, Highline received a five-year grant, totaling more than \$1 million from the U.S. Department of Education.

Only 27 schools in the country have ever received this grant, with Highline being the first.

Before 1970, students with intellectual disabilities had few options to continue their educa-

tion, Sandler said.

Now many schools have programs assisting students with disabilities. But few are like ACHIEVE.

ACHIEVE not only allows students to attend and succeed in college, but also assists students in finding employment.

"We actually find jobs for our students at various places in the community," Sandler said.

Students have the option to participate in either a one-year-fast track program, or a two-year ACHIEVE certificate.

The fast-track program focuses on helping students gain skills for employment. The employment consultants help students find their first job.

The ACHIEVE certificate allows students to explore career directions. And choose a focused study.

Students participate in Access classes in Building 99, and

in general courses on the main Highline campus, Sandler said.

"Students take courses at Highline not so much for the learning, but the practice. They practice being around new people, and doing things they aren't necessarily comfortable with," Sandler said.

Students are encouraged to participate in campus activities such as clubs, sports, and leadership opportunities.

Practicing these skills boosts students' chances for success, Sandler said.

Highline's ACHIEVE program serves as the model for postsecondary education programs throughout Washington, Sandler said.

On Jan. 30, Highline hosted more than 180 Federal Way School District educators in a post-secondary readiness event.

"We want educators to think



Jenni Sandler

college is an option for students with intellectual disabilities," Sandler said.

Breaking stereotypes is one of ACHIEVE's main goals.

ACHIEVE assists 30 students per year with general studies and job readiness, Sandler said.

The program give me more opportunities to be independent, and learn skills I will need for a job, an ACHIEVE student

said.

Students learn how to answer interview questions, basic computer skills, and other skills specific to the job they want in the future.

Students also work on appropriate work behavior, and appropriate interactions with coworkers.

Students can then apply for jobs on and off campus. Students are often directed toward the field they hope to work in, Sandler said.

The ACHIEVE program is committed to helping all students succeed in school, and achieve their employment goals, Sandler said.

If you are interested in learning more about the ACHIEVE program you can visit the Access Center in Building 99, room 180, or contact them at access@highline.edu or 206-592-3857.

Academic Boot Camp to teach students how to succeed in class

By Kevin Kinghorn
Staff Reporter

A boot camp that exercises your brain, not your body, comes back to campus.

An Academic Boot Camp is being held by Phi Theta Kappa, the campus honors society.

The spring boot camp will be held in Building 8 in the Mt. Olympus Conference room on May 15.

The Academic Boot Camp is a series of lectures on comprehensive and innovative ways to overcome obstacles many students face in their classes, said Dr. Terri Balkenende, a history professor.

Dr. Balkenende helped PTK to create the boot camp. PTK started this event last fall and she said the response has been positive.

Students are either orga-



Dr. Terri Balkenende

nized or unorganized, said Dr. Balkenende.

More often than not organization is the difference between maintaining a 2.0 GPA throughout the quarter or a 4.0, she said.

These lectures are used “to introduce [students] to resources on campus that are

available to help them get through their degree,” she said.

Each quarter, more students attend these lectures. During the Winter Quarter more than 100 students attended and this quarter more are expected, Dr. Balkenende said.

Students who attended winter quarter said they came away with extensive and positive advice on how to work through classes, she said.

Participating students are given a passport book that gets stamped at each lecture workshop.

Lectures are set up to tackle a particular student’s difficulty. Some instructors will award extra credit and all students can turn in their passport for a grand prize drawing at the end of the camp.

Last quarter the lectures covered how to write different styled essays, how to read a syllabus, how to cover time management, and other helpful tips, Dr. Balkenende said.

These lecture topics change every quarter so the topics stay fresh and helpful, she said.

“As an instructor, the difference between a student who struggles and a student that does really well is really a matter of organization and being primed and ready to sit down and learn,” Dr. Balkenende said.

“Have some strategies of organizing yourself and that’s what they are talking about,” she said.

Students who don’t come for the lectures and extra credit should at least come for the free cookies, Dr. Balkenende said.

Students of Color Conference focuses on big picture

By Kiki Turner
Staff Reporter

YAKIMA -- The black community is not focusing on the big picture on how to get ahead, a Highline official said last week.

Rashad Norris is the director of Community Engagement and he spoke at the 24th Annual Students of Color Conference April 17-19 in Yakima.

More than 50 students at the conference represented Highline.

The theme was “I am living social justice through creative resistance.”

The sessions revolved around five sub themes: identity development, awareness of others, skills development, social justice and social activism and personal development.

Norris spoke on African-American identity development.

“We can’t progress as a community when we’re focusing on the wrong issues, we’re not focusing on the big picture,” Norris said.

He said the wrong issues include questions such as why do black men leave their kids? What is good hair? How come most of the people in jail are black men? What skin colors are the love interests of black men? How are members of the black community perceived in the media?

He said that kids in the community need African-American adults in their schools as mentors, positive influences that will tell it to them straight about life.

“These kids need you in their schools,” Norris said.

“We’re complaining about how these kids are acting in these schools, but we’re not doing anything to change it,” Norris said.

Erin Jones, the director of Equity and Achievement for Federal Way Public Schools, was in attendance at Norris’s session and responded to a question from a member of the audience.

“How come there aren’t many black parents involved in their kids schools, but get upset when they are failing?” an audience member asked.

Jones said she works with the PTA statewide and always tells them they need to make it comfortable for African-American parents to join.

“Many times black parents don’t feel educated enough to attend the meetings,” she said.

She said that if black parents do not feel comfortable joining a mostly white PTA, to start an

Print Shop transitioning to all-digital

By Ryan Johnston
Staff Reporter

The Print Shop will be going all-digital in the near future, a Highline administrator said.

“The Print Shop is going to go through a transition,” said Dr. Lisa Skari, vice president of Institutional Advancement. “We’re shifting from digital/offset to [just] digital.”

“Our offset presses are going away,” said Tony Sittner, Print Shop manager. “[But] it should be a seamless transition.”

The Print Shop, which is in Building 16, will continue to print for the campus, but it will not take outside print jobs.

“Our revenue will be significantly affected,” Sittner said.

Much of the Print Shop’s revenue came from off-campus printing jobs, so staying on-campus will lose the shop some money, he said.

Printer Dave Weber will be staying at the Print Shop during and after this transition, managing the digital printers.

“He will be working on printing jobs,” Dr. Skari said.

The Print Shop may hire an additional person with experience with digital printers, Sittner said.

“We’re not going to be needing the staff that’s there now,” Sittner said. “[But] I’m the only one leaving.”



Tony Sittner stands next to one of the offset presses housed in the Highline Print Shop in Building 16. Sittner is retiring, and is planning on leaving the college sometime later this year.

“Tony (Sittner) is planning on retiring in 2014,” Dr. Skari said.

The Print Shop will complete its transition before 2015, Dr. Skari said.

Highline had a formal printing program for about 40 years, but it was closed a few years ago, Sittner said. Students won a significant number of awards for their work over the years.

“Its closure was a combination of low enrollment [and] big budget cuts,” Dr. Skari said. “We didn’t have the student demand to keep the program.”

Trio vies for director of advising slot

Rader offers to prepare for collaborative advising

By Kiki Turner
Staff Reporter

Promoting resilience and efficiency in students is a passion for one of the candidates for the director of advising and high school programs.

Deana A. Rader was born and raised in Idaho and worked for educational institutions.

She is currently the director of Women's Programs at Highline.

She previously worked as the director of Work First Services at South Puget Sound Community College.

The director for advising and high school programs is a full time administrative position.

They report to the vice president for Student Services, and serve on the Student Affairs Council.

She presented a Power Point on what she would do



Deana A. Rader, candidate for director of advising, stands with students (third from the left) at the Highline Seahawk rally several months ago.

if chosen for the director for advising and high school programs.

She was asked to answer

these questions in her presentation: "What is your vi-

sion for collaborative and integrated academic advising process? At an institutional level, how would you make advising seamless for students?"

"Student learning and support is very important," Rader said.

"Students learning from other students would be beneficial because they have been in the same position the student is in," she said.

Rader said she would prepare the student for faculty advising by helping them get an idea of what they want to do and start a game plan for classes in order to achieve that goal.

She said that efficiently preparing the student for faculty advising is the ultimate goal of the advising process.

The pathway between advising (general) and faculty advising should be "smooth and seamless," she said.

Cooke advocates for students

By Issachar Nistran
Staff Reporter

Academic advisers should be mentors and not just class schedulers, one of the three finalists for the director of academic advising said recently.

Jennifer M. Cooke was one of the three finalists who spoke last week at Highline.

Cooke has more than five years of experience implementing strategies to improve student success at Pierce College.

She has a bachelor's degree in psychology from the University of Texas at Austin and a master's degree in public administration from the University of Washington.

At a public forum on Wednesday April 16, Cooke said she wants to implement mandatory student advising and orientation, as well as a mandatory college success course.

A faculty member commented saying, "Whenever you make something mandatory, you create a road block."

Cooke's response was, "I want to show students that it is a valuable experience for their success."

"Let's prepare them while not putting up road blocks," Cooke said.

"I want advisers to be student advocates, and address concerns and unintended consequences," said Cooke. "I wouldn't want a student to be confused about



Andie Munkh-Erdene/THUNDERWORD
Jennifer Cooke speaking at a public forum on April 16.

where to go."

Advisers should be culturally competent and understand that they have their own biases that they need to assess, said Cooke.

"As advising director I would provide strategic planning and

structure," she said.

Faculty and advisers should support students while still being honest with them, she said.

"Advisers should show the students the ramifications of choices," Cooke said.

Maldonado leans towards mentorship

By Camille Grove
Staff Reporter

Faculty advisers should shift to faculty mentors, said one of the three competing candidates for the director of Academic Advising and High School Programs.

Esteban Maldonado appeared before faculty, staff, and students on April 16, to discuss his plan for helping develop a stronger academic advising program for students at Highline.

Maldonado's vision for a collaborative and integrated academic advising process was broken down into four parts.

"I envision the department as being a trendsetter, build on the strengths of staff, leverage technology, and use data to improve student success," Maldonado said. "Others are looking to us for ideas."

He went on to describe his steps, showcasing a model of a student's path from the beginning of education to the beginning of the students career as if it were a pipeline.

"I conceptualize this in terms of the educational pipeline of access," Maldonado said.

Maldonado wants to use social media for student feedback, and to inform students of the benefits of having an adviser.

"[Technology] can be efficient in terms of cost and also in terms of speed," he said.

He showed his compassion for helping students, by explaining how the faculty should be mentors instead of advisers. Later explaining how a mentor would have more of an impact on the student as opposed to just advising.

"I was thinking more in terms of maybe shifting from faculty adviser to faculty mentor," Maldonado said. "A mentor has a more trusting, and I guess long-term relationship with the student."

'A mentor has a more trusting, and I guess long-term relationship with the student.'

— Esteban Maldonado

Where art thou, Drama Department?

Say farewell to the Drama Department. As of next quarter there will be no more Drama Department after college administrators decided the department was too costly.

According to college officials, the money that was needed to keep the department running was just too much.

The money that was used for the department will now be going to the Music Department instead.

It is easy to disagree with the reasons the college based its decision on.

The reasons behind the decision may be far fetched when the college could have used the somewhat more valid argument that the Drama Department was lacking enrollments.

But, drama was an important program nonetheless.

Not only is drama is much more accessible to a wider range of students. In drama a student's instrument is their body and voice.

If money was a problem drama could have survived without it because drama is not all about the sets and costumes, it's about the actors and their words.

The next closest community college that has a drama department is in Shoreline.

This also limits the number of choices Highline students can use for their performing arts credits.

Most students who will float toward the Music Department already have prior experience with music, either they had private lessons growing up or did band in high school.

Dropping the Drama Department may have been a bad move by the college, affecting its students more than the college originally thought.

By abandoning the department, the college abandoned some of its students, who may have been centering their education on drama.

The college seemed to forget about the Highline graduates who now lead very active and stable acting careers.

The college could bring the department back, but the decision has been made for the moment.

If the college was serious about the community engagement they would be thriving for mentioned in last weeks meeting, shouldnt the college be keeping programs instead of getting rid of them?

Getting rid of an accessible department is not how you help students succeed.

When and if the college acquires more funds it should seriously look into reinstating the Drama Department.

Have something to say?

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

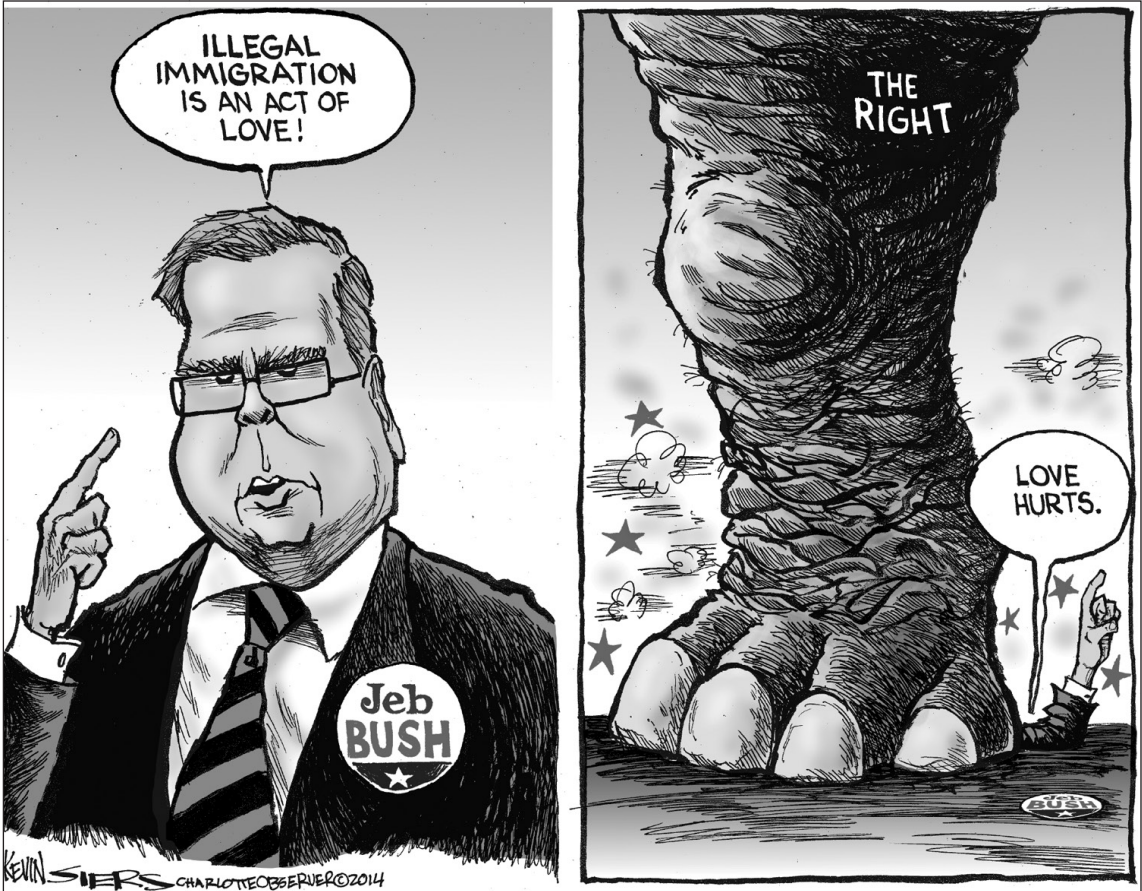
Students may submit thoughts, comments, concerns and complaints on what's happening on campus to articles written by the Thunderword staff reporters.

Letters to the editor should be about 200 words, columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Submissions will be published in the next issue of the paper.

Write to us!



You're never too old to miss your mommy and daddy

It's so easy to take those we love for granted.

I know. I do it everyday.

When my dad nags at me about going out too much, coming home late, and not doing the dishes, I often wish that he would quit caring so much and leave me alone.

But, I have recently learned to be careful of what I wish for.

For instance, for the past year and a half my mother depended on me for everything.

She doesn't drive or speak English, so—as is the case for many other immigrant students—I had to help run a majority of her errands.

From grocery shopping to speaking to her boss, it was left up for me to deal with it.

It was a nuisance having to do these things for someone else's benefit, especially because it often involved cancelling plans I had with my friends.

But just this March, my mother decided to take a three-month vacation to Peru.

Suddenly, my time belongs only to me. And suffice it to say that I have been thoroughly enjoying myself.

Nevertheless, as Spring Quarter progresses and I adapt to my relaxed schedule, I somehow can't help but feel unfulfilled. It's as if helping my



Commentary Cristina Acuna

mother gave me a bigger sense of satisfaction than I realized, and now that she is not here, I feel purposeless.

"I miss you, mama," I tell her over the phone as often as I can. But I can't seem to bring myself to say how I truly feel: "I wish I had appreciated you more when you were here."

My mother will return to the US in a couple of months, but she'll settle down in California when she gets here.

It is a normal part of life to separate from our parents, though this often happens when

the offspring moves out. It is regrettable, but it is only when we no longer have them around all the time that we truly start to appreciate their presence.

Though we often hate to do things for our loved ones, or answer their overbearing questions, we deal with these things because we care. If we didn't love these people, we wouldn't bother.

In return, they do things for us as well—like constantly worrying about our whereabouts and showering us with love and affection. It's an even exchange.

But how often do we acknowledge their love?

I know that if my mother were still here, I would do things for her without complaining. In fact, I would make a point of reciprocating her devotion.

Alas, she is gone, and my opportunity to further demonstrate my love for her left with her.

However, my dad is still here, concerned and unappreciated.

Perhaps next time that he expresses his love in the form of a lecture, I will respond with a meaningful embrace and a sincere promise to appreciate him more.

– Christina Acuna is the mom-deprived yet bubbly puzzle editor of the Thunderword

the Staff

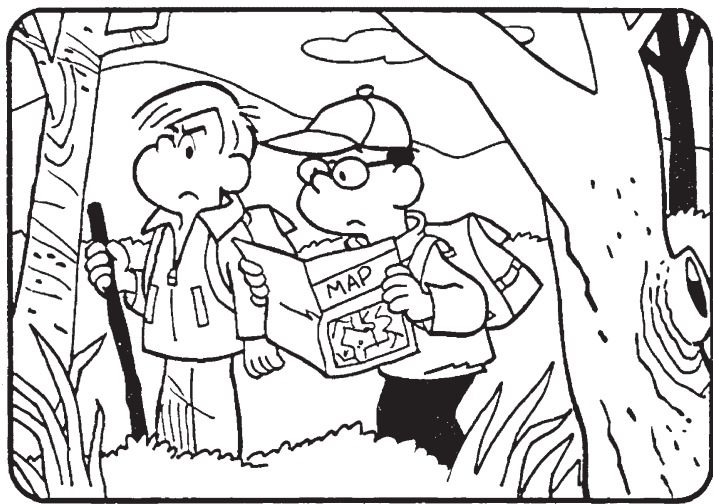
I told someone this weekend go stand in the corner and dont look at me.

E-Mail: tword@highline.edu

| | | | | | |
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HOCUS-FOCUS

BY
HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

Differences: 1. Stick is shorter. 2. Jacket is opened. 3. Flashlight is missing. 4. Cap is different. 5. Squirrel is missing. 6. Squirrel is missing.

Weekly SUDOKU

by Linda Thistle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 2 | | 7 | | | 6 | |
| 8 | 6 | | | | 2 | 9 | | |
| | 5 | | 4 | | | | | 2 |
| 7 | | | | 9 | | 5 | 1 | |
| | 9 | | 5 | | | | | 3 |
| | | 3 | | | 6 | 7 | | |
| 1 | | | 2 | | | | 3 | |
| | 4 | | 7 | | 3 | | | 1 |
| | | 9 | | 8 | | 4 | | |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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1. MYTHOLOGY: In Norse mythology, what is the name of the mischievous god who likes to play tricks?
2. GEOGRAPHY: Where is the island nation of Nauru located?
3. CHEMISTRY: What is the symbol for the

- element sulfur?
4. TRANSPORTATION: What is the name of France's high-speed rail service?
5. LITERATURE: Who wrote the Hollywood-based novel *The Day of the Locust*?
6. GEOLOGY: What kind of rock is marble?
7. ART: What outdoor school of painting was led by artists such as

King Crossword

ACROSS

1 United nations

5 Half (Pref.)

9 TV overseer (Abbr.)

12 Pearl Harbor site

13 Former mates

14 Carte lead-in

15 Honesty of purpose

17 Charged bit

18 Sudden rush of wind

19 Glossy alternative

21 Earth tone

24 Apiece

25 Hammer's target

26 As one

30 Web address

31 Melodic

32 Anger

33 Individuality

35 Error

36 Very dry, as champagne

37 Cock and bull

38 Figure of speech

40 Suitor

42 — canto

43 Nightstick

48 Ailing

49 Love god

50 Facility

51 Crafty

52 Info on a notarized document

53 Oodle?

DOWN

1 Cranberry territory

2 "7 Faces of Dr. —"

3 Discoverer's cry

4 Bat

5 Vast areas

6 Way out

7 Encountered

8 "Moby-Dick" narrator

9 Popular country singer

10 Coagulate

11 Walking stick

16 Bear hair

20 Performance

21 Burden

22 Give a darn

23 Backwoods dweller

24 "Zounds!"

26 Hit the horn

27 Yoko of music

28 Great Lake

29 Agents, for short

31 Hitched a ride

34 To and —

35 Pasta toppings

37 Has permission

38 Sacred Egyptian bird

39 Farmer's home?

40 Rorschach picture

41 Differently

44 401(k) alternative

45 Fond du —, Wis.

46 G8 member

47 Foundation

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Hang around

2. Pirate ship slat

3. Ordinary

4. Burr or Carter

5. Food server

6. Root for

7. Choir member

8. Large ocean fish

9. Battle

10. Enumerate

— I — — — —

— — — — K

— — — — — L

A — — — —

— — — — I — — —

C — — — —

— — — — G — — —

— — — — L — — —

F — — — —

— — — — N — — —

Extended

Factory

Mailer or Lear

Nobleman

Mr. Mitty

Transparent

Transgressor

Page border

Evening

Tennis game locale

— O — — — —

— — — — T

— — — — — N

B — — — —

— — — — L — — —

S — — — —

— — — — N — — —

— — — — G — — —

N — — — —

— — — — R — — —

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- Rousseau, Corot, Millet and Daubigny?
8. MOVIES: Which U.S. state was the setting for the 1971 film *The Last Picture Show*?
9. TELEVISION: What was Radar O'Reilly's mom's name on the TV show *M*A*S*H*?
10. PSYCHOLOGY: What is the abnormal fear represented in pedophobia?
- Answers
1. Loki
2. South Pacific Ocean
3. S
4. TGV or "Train a Grande Vitesse"
5. Nathanael West
6. Metamorphic
7. Barbizon School
8. Texas
9. Edna
10. A fear of children
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Please your palate with spring peas, please!

One of the best ways to celebrate the coming of spring is with a basket full of small, very fresh, sweet green peas.

You know that peas are fresh when their pods are firm and green, so avoid any that are yellowing or wilting.

Go for medium pods rather than large, thick-skinned ones, which are more mature and contain larger, tougher peas. Break open a pod and check the peas inside. They should be small, bright green and firm; if you taste one, it should be tender and sweet.

If all you can find are large, mature peas, opt for frozen peas instead. They're usually picked when they're young and tender and immediately frozen. Mature peas are not as tender and sweet as young ones, and they're less versatile. They need to be cooked longer and more slowly, and their firmer texture works well only in stews and braises.

Peas provide essential nutrients and are an excellent source of vitamins K and B6, and folic acid, all crucial to bone strength and cardiovascular health.

You'll probably find three types of fresh peas available at the market right now: English, sugar snap and snow peas.

English peas (also called shelling peas, green peas or garden peas) are the most common. Their pods are inedible, so the peas must be shelled before eating. "Petits pois" is the name given to very small English peas.

Sugar snap peas have a thicker, edible shell. As the name denotes, this variety is sweet like sugar and makes a distinctive sound when its shell is broken. Sugar snap peas can be eaten



both raw and cooked.

Snow peas, often seen in Chinese cooking, are flatter, thinner and more translucent than the others. They are eaten in their entirety, and no shelling is required.

Peas don't have much of a shelf life, so don't store them for long periods of time. Store pods in a plastic bag in the crisper drawer of the refrigerator. Use them within a couple of days.

Shelling peas is easy. To do it, remove the stem end of the pod, peel the stringy fiber from the seam, pry the pod open and run your thumb along the interior to detach the peas.

Once they're shelled, the best way to store peas is to freeze them. First blanch them for a minute or two in boiling, salted water, and then shock them in an ice-water bath until cool to help maintain their bright color. Drain and freeze in zip-top bags. They will keep for five to six months.

Peas lend themselves to almost any cooking method and mix well with a variety of flavors, such as cured meats. Bacon, pancetta, prosciutto, smoked ham and chorizo work wonderfully with peas, as their pronounced saltiness complements the peas' gentle flavor.

Fresh mint also is a classic flavor partner, but feel free to experiment with other fresh



Sweet peas are in season and especially tasty in a variety of recipes.

spring herbs such as basil, chervil, chives, dill and tarragon. Peas are a natural with onions, scallions and other alliums, and they pair well with other spring vegetables like asparagus, new potatoes, carrots and fava beans. They're delicious as a side dish with chicken, lamb or duck, and with any kind of fish, especially cod, salmon and scallops.

When they're small and tender, peas are great raw in salads. Try this delicious Sweet Pea and Asparagus Salad, and celebrate spring!

SWEET PEA AND ASPARAGUS SALAD

1/4 cup lemon juice
1 teaspoon lemon zest
1/4 cup canola oil, or ex-

tra-virgin olive oil
1 teaspoon sugar or honey
1/2 teaspoon garlic powder
1 teaspoon salt
1 teaspoon ground black pepper
1/8 teaspoon cayenne pepper
2 heads Boston or Bibb lettuce, torn into bite-size pieces
2 cups very thinly sliced fresh asparagus (about 1 bunch)
2 cups shelled fresh peas (about 3 pounds unshelled)
1 pint grape or cherry tomatoes, halved
2 tablespoons minced fresh chives, or scallion greens
Combine lemon juice and zest, oil, sugar or honey, garlic

powder, salt, black pepper and cayenne pepper in a large salad bowl. Add lettuce, asparagus, peas, tomatoes and chives or the top of a green onion; toss to coat. Serve immediately. Makes 8 servings.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is *The Kitchen Diva's Diabetic Cookbook*. Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook and go to Hulu.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Chicken fricassee is fast, healthy

My grandmother could make something out of nothing ... and often had to! She ran a boarding house during the Great Depression, and she was well-known as a great cook. This is a healthier (and easier) version of one of my favorites.

16 ounces skinned and boned uncooked chicken breasts, cut into 4 pieces

1 1/2 cups frozen sliced carrots, thawed

1 cup chopped celery

1/2 cup chopped onion

1 (10 3/4-ounce) can reduced-fat and -sodium cream of chicken soup

1/4 cup water

1/2 teaspoon dried marjoram

2 teaspoons dried parsley flakes

1. Spray a pressure cooker container with butter-flavored cooking spray. Evenly place chicken pieces in prepared container and cook uncovered over medium heat for 4 minutes on



by Healthy Exchanges

each side. Sprinkle carrots, celery and onion over chicken.

2. In a small bowl, combine chicken soup, water, marjoram and parsley. Pour soup mixture evenly over top. Cover and bring to low pressure. Lower heat to stabilize pressure and cook 12 minutes.

3. Remove from heat, wait for pressure to be released, remove cover and stir. For each serving, place 1 piece of chicken on a plate and evenly spoon about 1/2 cup vegetable mixture next to it.

Makes 4 servings. Freezes well. Each serving equals: 192 calories, 4g fat, 25g protein, 14g carb., 405mg sodium, 2g fiber.

Freeze lemon icebox cookies for later

This dough is wonderful to have on hand in the freezer so you can bake fresh cookies whenever you wish.

1 2/3 cups all-purpose flour
1 teaspoon baking powder
1/4 teaspoon baking soda
1/8 teaspoon salt
3 lemons
1/2 cup butter or margarine (1 stick), softened
3/4 cup sugar
1 large egg yolk

1. In medium bowl, combine flour, baking powder, baking soda and salt. From lemons, grate 1 tablespoon peel and squeeze 2 tablespoons juice.

2. In large bowl, with mixer at medium speed, beat butter and sugar until light and fluffy. Beat in egg yolk, lemon

Good Housekeeping

peel and juice until combined. Reduce speed to low; beat in flour mixture just until blended.

3. Divide dough in half. On waxed paper, form one piece of dough into 12-inch log. Repeat with remaining dough. Wrap each log and refrigerate overnight, or freeze until very firm, at least 2 hours.

4. Preheat oven to 375 F. Grease and flour two large cookie sheets, or line with parchment paper or foil. Cut one log crosswise into 1/4-inch-thick slices. Place slices 1 inch apart on prepared cookie sheets.

5. Bake until set and golden brown around edges, 10 to 12 minutes, rotating cookie

sheets between upper and lower racks halfway through baking. With wide spatula, transfer cookies to wire racks to cool completely.

6. Repeat with remaining dough. Makes about 96 cookies.

• Each cookie: About 25 calories, 1g total fat (1g saturated), 5mg cholesterol, 21mg sodium, 3g carbohydrate, 0g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

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Naturally relieve spring allergies

By Kaylee Moran
Staff Reporter

Allergies are a common nuisance for many people around this time of year. Fortunately there are some natural and effective ways to relieve your suffering, health experts say.

“Allergies are caused by our immune system attempting to protect the body from foreign substances,” said Dr. Teresa Goldsmith, a local naturopath.

“These substances can be found in plants, animals, dust, molds, foods - a body can have an allergy or sensitivity to almost any compound on Earth,” Dr. Katie Disharoon said, another local naturopath.

“Allergies appear more commonly in the spring and summer months because this is the time when plants produce lots of pollen and people are commonly allergic to pollens,” Dr. Disharoon said.

However, people can be allergic to indoor allergens as well, such as dust and mold, which can cause year round symptoms, she said.

Symptoms of allergies may be similar to a common cold, however they are easy to distinguish, health experts say.

“The most common symptoms of itchy, watery eyes, runny nose and nasal congestion are due to the body’s release of histamine after coming in contact with an allergen. The body essentially recognizes the allergen as an enemy and tries to flush it out by creating these symptoms,” Dr. Disharoon said.

The symptoms of allergies may be recurrent and predictable and the symptoms may come on extremely quickly and will go away with an antihistamine, Dr. Disharoon said.

A cold may take a few days to develop and you may experience body aches and possibly a fever, and you would not experience these with allergies. Secretions from your nose and eyes are clear and thin with allergies, whereas with a cold they can vary from thin to thick



Vinh Bahn/THUNDERWORD

to yellow or green, Dr. Disharoon said.

Although there is no proven method to completely prevent allergies, lifestyle changes can help minimize the occurrence and severity of allergies, health experts say.

“The primary option would be avoiding your allergens - which may be impossible this time of year. What you can do is make sure you make your bedroom a clean area to maximize your sleep quality,” Dr. Disharoon said.

For example, keep the window closed to reduce allergens coming in, get a HEPA air filter and make sure to run it before bed, keep pets out of the bedroom and take a shower before bed to remove pollen from your hair and skin, she said.

This can also include frequent hand washing, removing shoes while inside your home, washing linens in hot water at least once a week, and the use of

products like allergy proof pillow covers, and using a Neti Pot which is a nasal irrigation system that flushes out excess mucus and debris from the nose that can help kill bacteria and clear sinuses, said Dr. Goldsmith.

“In addition to reducing your exposure to allergens, a healthy immune system can minimize the occurrence and severity of allergies,” she said.

“To promote a healthy immune system, I recommend getting eight to 10 hours of sleep at night, regular exercise, healthful eating and stress management,” Dr. Goldsmith said.

There are many great natural ways to relieve allergy symptoms, health experts say.

“In general, it is best to avoid foods that are cold, sticky and promote mucous formation. For example, dairy products tend to worsen congestion in many people,” said Dr. Goldsmith.

“Cutting out dairy and sugar

from the diet can help reduce your reactivity to environmental allergens,” Dr. Disharoon said.

“Eating foods rich in vitamin C and quercetin [a flavonoid] can also help reduce your allergy symptoms as these plant compounds prevent the release of histamine in your body. Foods high in quercetin include dark red and purple fruits such as blueberries, red grapes, red apples and blackberries,” Dr. Disharoon said.

Some beneficial foods for allergy sufferers also include warming foods and seasonings such as garlic, ginger, onions and black pepper, Dr. Goldsmith said.

In addition to food choices, there are many effective natural remedies, she said.

Another specific nutrient that can help is hesperidin, which is from citrus bioflavonoids. “Herbs known for allergy and immune support include nettles, eyebright, ginger, guduchi [an

Indian herb, tinospora cordifolia],” Dr. Goldsmith said.

“In the herbal world, stinging nettles are known to help all allergy sufferers. I usually recommend a few cups of nettle tea daily to help decrease symptoms,” Dr. Disharoon said.

Homeopathic remedies for allergies are also commonly available, Dr. Goldsmith said.

Over the counter allergy medicines such as Claritin, Benadryl and Allegra, are commonly helpful for extreme allergy symptoms, however, natural remedies often have less negative side effects, natural health experts say.

When symptoms become unbearable, many people reach for over-the-counter medicines for relief, Dr. Goldsmith said.

“These medicines typically contain antihistamines and decongestants that can provide fast relief from symptoms, but may come with unpleasant side effects. These side effects can include drowsiness, headache, dizziness, constipation and rebound congestion,” Dr. Goldsmith said.

“I find that many people are able to achieve relief from allergy symptoms with natural remedies with a reduced risk of experiencing adverse side effects,” she said.

Natural treatments may have more benefits than your average over-the-counter medicines, health experts say.

“Some natural remedies provide fast relief of symptoms, while others provide long-term immune support that actually helps treat the cause and prevent recurrence,” Dr. Goldsmith said.

However, all medicines, including natural remedies, have the potential for side effects and interactions with other medicines, Dr. Disharoon said.

“Remember, this information is for general educational purposes only, and not meant to diagnose, cure or treat disease,” she said. “For safety, always consult your health professional before changing or starting any new medicine or natural product.”

Off-campus blood drive draws less

By Kaylee Moran
Staff Reporter

The blood drive last Wednesday at the Lowe’s parking lot was a success, but not as effective as an on-campus drive, a local blood center official said.

“We put a bus across the street [on April 16] and ended up having 25 people attend. We collected enough blood to help save the lives of 57 patients in the coming days,” said Maggie Xitco, donor recruitment representative at the Puget Sound Blood Center.

Highline was scheduled to

have a blood drive on campus on April 16, however it was canceled by administrators because an FDA policy that prohibits gay men from donating blood conflicts with Highline’s diversity policy.

The mobile blood drive was successful at potentially saving lives, however it will not help as many patients, the blood center official said.

“If the drive had been held on campus, we would have been staffed to register over 70 donors and potentially would have collected enough blood to help three times the patients,” Xitco said.

Even though there were a

low number of donors, it still makes an impact, she said.

“Every unit counts though, so we are very grateful to Lowe’s for hosting us and the 25 students who supported us,” Xitco said.

This may not be the last time you see Puget Sound Blood Center hosting a blood drive near campus.

“We may try to have the bus back next fall again and give the Highline students an opportunity to donate again,” Xitco said.

“My hope is the LGBT community on campus will encourage the executive leadership to change their mind in the future,” she said. “We could really



Andie Munkh-Erdene/THUNDERWORD

A mobile blood drive was held at the Lowe’s parking lot last week.

get attention on this cause by working with the gay community and bring awareness about this lifetime deferral.”

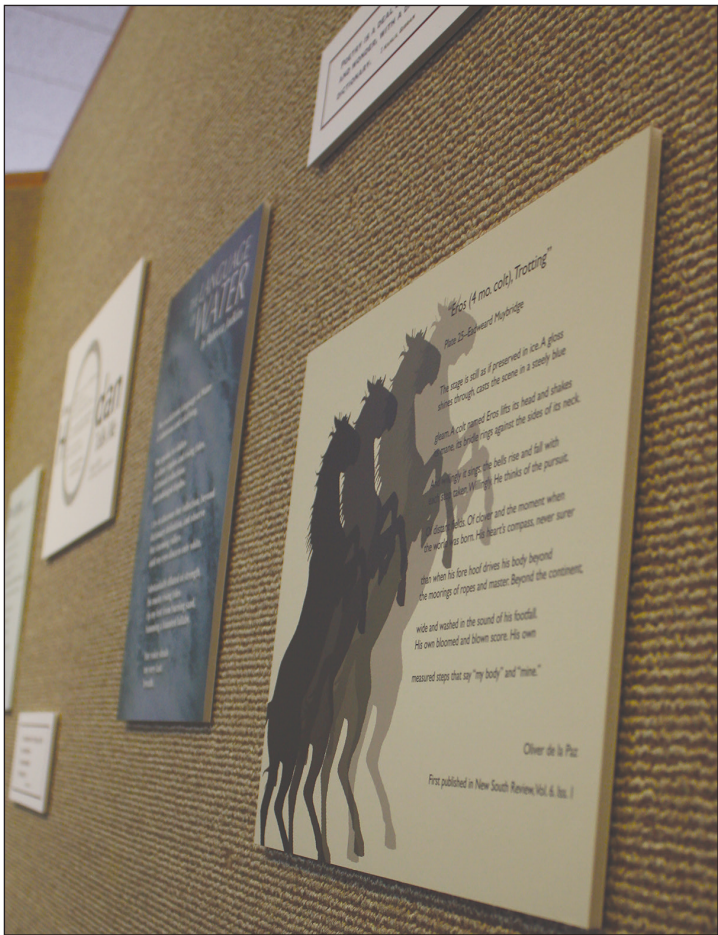
Poetry broadsides Highline

By Camille Grove
Staff Reporter

Poetry comes to life at Highline’s Broadside Poetry Gallery on the fourth floor of the library. Students, faculty and staff are welcome to come see the Broadside Gallery all through April until May 31. English instructors Sharon Hashimoto and Susan Rich, along with other faculty and staff members in the National Poetry Committee, took part in putting the gallery together.

Hashimoto’s writing has appeared in *North American Review*, *The Rambler* and *Crab Orchard Review*. Her first book, *The Crane Wife*, was published in 2003 by Story Line Press. Rich has published four books including, *The Alchemist’s Kitchen* (2010), *Cures Include Travel* (2006), *The Cartographer’s Tongue* (2000), and her latest book, *Cloud Pharmacy* (2014) through White Pine Press.

Rich was highly involved in this year’s gallery by influencing different poets to come to Highline. “As a poet in the community, I know a lot of poets and I’m the person who gets poets from outside of Highline to come and speak,” Rich said. This is Highline’s second year doing the Broadside Gallery in the library. This year they added music from Pablo Neruda for when students enter



Ipek Saday/THUNDERWORD
The fourth floor of the Library will be a poetry gallery til May 31.

the gallery, which was an improvement from last year, Rich said. The National Poetry Committee on campus has plans for next year’s gallery during poetry month, and would like to add commentary on poetry done by students, faculty and staff. “Sometimes it’s hard for people who haven’t heard poetry before to take it in all at once,” Rich

said. “Next year, I think one of the things we’ll have students do is talk about their winning poem.” The gallery consists of broadsides showcasing student, faculty and staff poetry, along with graphics from the Highline Print Shop. “There is a visual aspect to every one of the broadsides,” Rich said. Joseph and Marquita Green

of Peasandcues Press, hand pressed each broadside with a letterpress that is showcased for people to see at the gallery. “We had some really good established poets, whose broadsides are represented,” Hashimoto said. “Students will see posters of poems done by Highline’s students, staff and faculty, as well as our Washington state poet laureate, as well as Oliver de la Paz, a poet who teaches at Western Washington University,” Rich said. Broad­sides have been around for quite some time too, and can be defined as a piece of paper printed on one side only for the public to see. “A broadside during the Civil War, people would take printing presses and then they’d put graphics and words, and they would post them,” Hashimoto said. “It’s kind of evolved to letter presses and so now what they’ll do is poetry.” That’s how a broadside came to be, especially as it pertains to poetry. This helps to give an understanding to where the poem came from with the graphics involved as well. “We’re doing the best we can to get students involved,” Hashimoto said. “There are over 50 broadsides; the idea is that everyone will find something that speaks to them,” Rich said. Everyone is encouraged to come and see the gallery before it ends on May 31.



- The Auburn Symphony Orchestra will be performing “The Farewell” on Saturday, April 26 from 7:30 to 9:30 p.m. and Sunday 27 from 2:30 to 4:30 p.m. The performance will be featuring multiple pieces from some of the classical greats of music at the Auburn Performing Arts Center, 206 E St., NE For more information go to auburnsymphony.org/events/ and to purchase tickets please visit auburnsymphony.org/orchestra-series/.
- Centerstage! presents a new fundraising event, The Entertainment Explosion on Saturday, May 3. This will be an evening full of comedy, music and food to support the Centerstage! theatre. The event will be hosted by Stephanie Anne Johnson, TV star of The Voice and it begins at 6:30 p.m., the show begins at 8 p.m. at the Centerstage! theatre, 3200 SW Dash Point Rd. Federal Way. Tickets for adults are \$28, seniors 65 and older \$24, military \$24 and youth 25 and younger are \$10. For more information or to purchase tickets please visit centerstagetheatre.com or call 253-661-1444.

• The Taproot Theatre company will be presenting Cicely Hamilton’s Diana of Dobson’s May 14 to June 14. Performances will be Wednesday through Thursday at 7:30 p.m., Fridays and Saturdays at 8 p.m. and Saturday matinees at 2 p.m. The performance will be at the Taproot Theatre Company, 204 N. 85th St. Seattle. Tickets are available at www.taproottheatre.org/buy-tickets/ or through the Taproot Theatre’s box office by calling 206-781-9707. Prices range from \$15 to \$17 depending on the performance, students and seniors are offered a \$5 discount off regular priced tickets.

• The Rainier Symphony presents Brahms’ German Requiem in accompaniment with the Northwest Repertory Singers Conductor Paul Schultz on Saturday, May 17 and Sunday, May 18. The Saturday performance will be at 7:30 p.m. at the Lagerquist Concert Hall at Pacific Lutheran University at 12180 Park Ave. S Tacoma. Sunday’s performance will begin at 3 p.m. at the Foster Performing Arts Center, 4242 S. 144 St. Tukwila. Tickets for the Saturday performance are available at nwrs.org or by calling 253-265-3042, Sunday’s performance tickets are \$18 for adults, \$15 for students and seniors and children 12 and younger are free. Please visit rainiersymphony.org for more information.

Symphony ends season with soprano

By Monica Faasu
Staff Reporter

The Northwest Symphony Orchestra will perform its season finale concert at the Highline Performing Arts Center in Burien on April 26. “The season finale show is going to be big; the audience will love it,” said Music Director Anthony Spain. The orchestra will open its show with music pieces composed by Johannes Brahms, Giacomo Puccini and Gustav Mahler. The concert will begin with Brahms’ *Symphony No. 3* followed by another Brahms piece entitled *Wiegenlied (Lullaby)*. The concert will continue with other pieces, *When My Love Becomes a Bride* by Mahler, *For My Daughter* by Beyer, *O Mio Babbino Caro* by Puccini and *Festive Overture* by Shostakovich. Noted soprano Alexandra



Northwest Symphony Orchestra photo
The Northwest Symphony Orchestra in Burien will be finishing its season on Saturday, April 26 with a concert at the Highline Performing Arts Center.

Picard will conclude the second half of the show. She has performed both internationally and locally drawing rave reviews. “The end is going to be Alexandra Picard’s official release of her new CD. She’ll be debuting her new single that she recorded together with us,” said Spain. He said the concert is an official release party for Picard and looks forward to seeing the audience’s reactions.

The Northwest Symphony Orchestra has been performing for 27 years, and its shows have varied in themes. “All shows that we’ve performed have always had different themes. In February, we had a Valentine themed show and in October we held a show that was family themed. Our shows are always unique so audiences expect the unexpected,” said Spain. Spain said the overall production took 1½ months to plan and organize.

“The finale will be a crowd favorite,” said Spain. The show will open at 8 p.m. and tickets are currently selling for \$15 for adults and \$12 for senior citizens over 60. Tickets will be available for purchase at the concert venue and over the phone by contacting Brown Paper Tickets at (800) 838-3006. For any further questions email, lsparlin@juno.com. The Highline Performance Arts Center location is at 401 S 152nd St, Burien.

Lady T-birds soar to victory

By Richard Jensen
Staff Reporter

Highline women’s softball went three for four this past week, improving them to 3-5 in West Region play.

They swept their double header with South Puget Sound first with a 7-3 win followed by a 9-3 win .

In the following games against the Green River Gators, they lost a 6-5 game and then won 7-1 the following game.

“The defense was a lot tighter,” said assistant coach Jason Evans. He said that their defensive improvements have a lot to do to their recent turn around.

Pitcher Kayla Andrus allowed only five hits their first game against the Clippers.

Shortstop Paige Hughes connected on two of her four at bats, recording two runs and 3 RBIs.

Pitcher Hayley Craddock picked up where Andrus had left off the next game against South Puget Sound, allowing four hits and two runs in the following game.

Jessica Simpson connected on four of her five at bats, re-creating three runs and one RBI.

Between their two games with South Puget Sound, the Highline women only allowed a total of nine hits, while banging out 29 of their own.

The improved team play has also been a point of emphasis.

“They’re sacrificing their bats a lot more, more of a team playing together,” said coach Evans.



Bayonne Beninger/THUNDERWORD

Highline’s Kayla Andrus pitches against Green River’s Destiny McDonald last Monday.

“They’re not worrying about stats.”

Their game Saturday against Green River got rained out and was re-scheduled to Monday.

Early in their first game against the Gators the Highline women struggled. They had a hard time fielding the ball and didn’t string together their hits well.

They gave up four runs in the fourth inning and two more in the fifth.

Andrus pitched the first five innings, allowing seven hits, resulting in six runs.

At the end of the game they

attempted to mount a comeback, scoring all five of their runs in the last three innings, but the Gator women narrowly held onto their lead.

“We had a lot of momentum at the end of game one. When we saw the same pitcher walk out[for game two] it just continued,” said coach Evans.

The momentum was apparent at the start of the next game as the Highline women scored six runs in the opening inning.

Pitcher Craddock allowed only one run on eight hits.

Coach Evans said that when their team is confident, “they can beat anyone. They need to believe it just as well as the coaches do,” he said.

The Thunderbird women will play a double header this Friday, April 25 at 2 p.m. against Grays Harbor College.

This will be followed by two more games Saturday, April 26 at Curtis High School against Pierce College, starting at 2 p.m.

The Thunderbird women are now 9-16 overall and 3-5 in league play.

Scoreboard

WOMEN’S SOFTBALL West Region

| Team | League | Season |
|-----------------|--------|--------|
| | W-L | W-L |
| Centrallia | 6-0 | 14-11 |
| Grays Harbor | 4-0 | 4-12 |
| Pierce | 2-2 | 10-15 |
| Highline | 3-5 | 9-15 |
| Green River | 3-5 | 5-13 |
| So. Puget Sound | 0-6 | 0-18 |

North Region

| | | |
|---------------|-----|-------|
| Douglas | 7-1 | 14-4 |
| Everett | 4-1 | 10-13 |
| Bellevue | 7-2 | 18-11 |
| Olympic | 3-4 | 10-15 |
| Edmonds | 3-7 | 6-10 |
| Skagit Valley | 0-9 | 8-22 |

East Region

| | | |
|------------------|------|-------|
| Wenatchee Valley | 15-3 | 22-5 |
| Spokane | 15-3 | 21-11 |
| Treasure Valley | 12-6 | 22-10 |
| Columbia Basin | 10-8 | 13-15 |
| Walla Walla | 9-8 | 12-17 |
| Yakima Valley | 7-10 | 14-13 |
| Blue Mountain | 2-16 | 4-23 |
| Big Bend | 1-17 | 3-21 |

South Region

| | | |
|----------------|-----|-------|
| Clackamas | 8-0 | 27-1 |
| Mt. Hood | 8-0 | 26-0 |
| SW Oregon | 2-4 | 19-10 |
| Chemeketa | 3-7 | 18-14 |
| Lower Columbia | 2-6 | 16-8 |
| Clark | 1-7 | 7-16 |

Highline 7, S. Puget 3
Highline 9, S. Puget 2
Green River 6, Highline 5
Highline 7, Green River 1

T-birds recruit for another great season



Sam Hong/THUNDERWORD

Sophomore Jimmy Keum is among the Highline men’s basketball players planning to return for the 2014-2015 season.

By James Ford Jr.
Staff Reporter

The rigorous pursuit of success in the NWAACC counts on how well you can recruit locally and nationally.

Head Coach Che Dawson has experienced the ups and downs of recruiting in the past.

“Recruiting is always tireless, on an almost hourly basis you have to be in tune with what is happening with dozens of kids locally and out of state the whims of 18 year olds, the changing wants of the four year schools and the coordinating of schedules for visits make things constantly uncertain,” said Dawson.

Recruiting is a constant challenge in college sports, one day three kids are about to sign, then decide to sign somewhere else Dawson said.

Coach Dawson said recruiting at the community college level has different obstacles then a junior college or a four-year college.

“When I am dealing with a potential signee I might run

into a situation where the kid thinks he is better than what he really is,” Dawson said.

The other trouble Coach Dawson faces with recruiting is the threat of a kid committing to Highline and then getting an offer from a four year school.

“We want guys to come play for us, but it is hard to tell them to come here, when a four year wants them,” said Dawson.

The T-Birds can point their success of last season to the character of their players they finished the 2013 season 23-8 overall, and a third place finish in the NWAACC Tournament.

This was the best finish the team had since 2006 when they won the league title.

Dawson describes his teams in the past as having great talent but questionable character, but this past season he felt that his team had both and that is why the season was successful.

The T-Birds have a slew of young talent coming back this year to continue their work from last season the projected

returners are mainly sophomores with the exception of two redshirt freshmen.

The returning payers are Harold Lee, Madison McCafrey, Jalen McGruder, Xavier Johnson, Ben Tucakovic, Isom Brown, Doug McDaniel, Jimmy Keum, AJ Banks, Brenton McBride, Keeandre Rowland, and Brinsly Walker.

“The guys that we want to recruit, we want them to have high character as well as talent on the court,” said Dawson.

Dawson said that strong character and talent is the golden recipe to his team’s future success as well.

The new recruits that Dawson is seeking out must conform to the new culture the team established this past season.

“While our returners know nothing is guaranteed to them as far as minutes, newcomers will have to assimilate to our culture,” said Dawson.

Coach Dawson told his guys recently that they are as mature and low maintenance as any group we have had in awhile.

They're not just for kids

Local pools offering adult swimming lessons

By Amy Sato
Staff Reporter

Students can make a splash before summer starts.

If you are 18 or older with a fear of being in water, preparing for a competition such as triathlons, or just improving your skills in the pool, there are places for you to improve before the weather gets warm.

Since learning how to swim can be a daunting task for many adults, there are programs that have adult swim lessons that make it easy and more comfortable to learn. One local program from Federal Way has many options for adult swimmers across the board.

Blue Wave Aquatics head swim coach Wendy Neely has had a passion for coaching and teaching swim for many years and has helped develop a masters team, which consist of adults 18 and older, around the King County area.

"Blue Wave started because we originally had a Federal Way masters team that then grew into Blue Wave, since there are more pools associated with the team," Neely said.

There are class options for every type of swimmer or want to be swimmer at Blue Wave Aquatics.

"There were a lot of people that never learned or were held back because of their parents' fear of the water," Neely said.

Tri Time is for adults wanting to learn how to breathe, balance, and learn the foundational concepts of swimming for comfort, ease, and efficiency.

If swimmers would like to learn how to swim in deep water and be able to swim comfortably in it, the deep water level would be the next step.

There are also lessons for adults who know how to swim, but want to get better with their endurance, muscle memory, and speed. And for triathletes the swim lessons will be a one-hour swim class, which helps make over their stroke.

"I wanted adults to have the opportunity to learn by adults rather than kids," Neely said.

Ten years ago Neely life-guarded at a triathlon where many of the people that swim in it had no real understanding of what they were doing. At one point there were about 10 people holding onto her kayak because they were not able to make it to shore by themselves.

"That made me more aggressive on starting the adult swim lessons," Neely said.

"The governor of Washington declared April as adult learn



Bayonne Beninger/Thunderword

Many adults never learned to swim as children and are now participating in aquatic activities and find themselves in need of instruction. Local pools are now offering adult swim lessons.

‘There were a lot of people that never learned or were held back because of their parents’ fear of the water.’
— Wendy Neely, swim coach

to swim month, but we also received a grant from Swimming Save Lives and that's why we started doing free lessons," said Neely. "Swimming Saves Lives is a

swimming foundation out of Sarasota Florida. Every year they have \$20,000 that they give out to multiple teams. We received about \$5,000," Neely said.

"Goals for this summer would be to continue to develop adult swim lesson programs and open water programs," Neely said.

They have many options with how to do the lessons as well, which include private lessons, semi-private lessons, which include a friend at the same level as you. Along with group lessons that works on skills that the group wants to work on.

In addition to Blue Wave Aquatics, local pools around the area have adult swim lesson options, including the SeaTac YMCA pool, the Kent Meridian Pool, and the Federal Way Community Center.

The SeaTac YMCA has swim lessons two nights a week on Mondays and Wednesday from 6:30 p.m. -7 p.m. for eight weeks. The prices range from \$46-\$80. The address is 3595 188th St., SeaTac and the phone number is 206-244-5880 for more information you can go to www.seatleymca.org.

The Kent Meridian Pool's adult lessons are \$10.75 per lesson and are offered on Monday-Thursday from 9:30 a.m.-11 a.m. and Saturdays from 11 a.m.- 1p.m. The address is 25316 101st Ave. SE, Kent. For more information for lessons go to www.kentmeridianpool.com or call 253-854-9287.

For Blue Wave adult lessons the pricing ranges from \$40-\$80 depending on schedule and whether the swimmer wants it private or group lessons. For more information go to www.bluewave-aquatics.com where there are options to either email Blue wave at mail@bluewave-aquatics.com or call 206-793-9391.

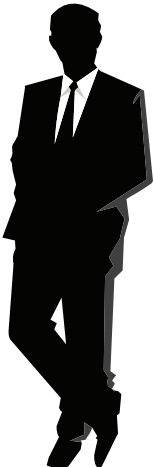
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Artist's conception of the Sound Transit Angle Lake station that is expected to be completed in fall 2016.

Sound Transit Link light rail will creep closer to Highline campus by 2016

By Angie Gudjonson
Staff Reporter

Sound Transit plans to expand Link light rail and other transportation services close to Highline.

Sound Transit is the leader in public transportation in King, Pierce and Snohomish counties. Their main focus is on the customers and accessibility.

A link light rail extension from Seatac Airport to Kent/Des Moines is in the beginning stages and expected to be completed by Fall 2016.

"Building more light rails, that's our main focus," said Mark Johnson, senior project manager with Sound Transit.

The next extension south of Seatac Airport will be located near Angle Lake off of International Blvd. It will include a seven level parking garage, supporting

over 1,000 vehicles.

The theme for this location will be "environment in motion," said Johnson.

The plain concrete parking garage will be surrounded with blue steel pipes, which are an "inexpensive, durable way to make the structure stand out," said Johnson.

Sound Transits "Clean and Green" theme is extended to the roof of the parking garage with solar panels that will be an energy source for the building.

"The greenest thing we are doing is getting people on the public transit and reducing their carbon footprint," Johnson said.

To add a community feel in the area, Sound Transit plans to have a retail space incorporated into the parking garage.

The area surrounding the parking

garage will eventually be used for future development. Sound Transit's goal is working on "how you preserve the maximum amount of space overtime and have it make sense," said Johnson.

The Angle Lake station is being strategically placed near the Federal Detention Center because that is where the most jobs are expected to be in the future.

Construction of the South Link Extension will create close to 2,000 jobs for the community.

Population in South King County is expected to grow 30% by 2025, which will put more people on the road.

The main controversy people have with the Link light rail is questioning whether or not it is faster than commuting via freeway.

Since traffic is an unpredictable fac-

tor in any commute, the light rail could in fact take longer if there isn't any traffic. However, "every year there are more people riding Sound Transit" which keeps more people off the roads, said Johnson.

Other extension plans for the Link light rail are to have it expand from Westlake up to Everett and well as on the Eastside through Bellevue.

The first installment in the North extension will be the University Link, opening in 2016. Stations are being placed on Capitol Hill and near Husky Stadium.

By 2023, Sound Transit plans to have the Link light rail extended up to Lynnwood.

The drafted construction plans will enter a comment period in July for the public review and additional comments.

Humans are damaging the earth, our job to help

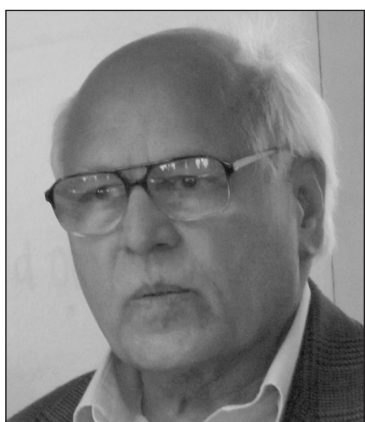
By Jessica Beck
Staff Reporter

Climate change is happening, and it's everyone's responsibility to change it, a physicist, and former Highline trustee told the Science Seminar audience last Friday.

Dr. Arun Jhaveri, who is also a former mayor of Burien, talked about the existing and impending threats of climate change, and challenged all – including himself – to examine what they can do every day to make a difference.

"What are the simple things that you can do in your home, in your office, at your workplace, in your community, or wherever?" he asked.

Jhaveri talked about the start of the environmental move-



Dr. Jhaveri

ment, 50 years ago, and covered major events for this movement throughout the years.

He said that the framework for development of this topic began with environmental stewardship, moved to sustainable development, and finally shifted to global climate change.

After providing this background information, Jhaveri then touched on the reality of climate change.

"People did not realize that we as human beings on Earth are damaging our own environment," Dr. Jhaveri said.

Although Jhaveri said that he doesn't want to alarm anyone, he also said that doing something to reverse climate change is crucial.

He said that if people don't become more aware of the damage that their polluting habits have on the environment, and then actually modify their behavior, the next 15 years might be the tipping point.

"During the last five years alone, the United States has spent \$112 billion – direct dollars – trying to manage this

devastation of climate change," he said.

Some of the simple energy saving strategies that Jhaveri discussed are things such as installing double-pane windows, using vanpools or carpools for transportation, recycling, installing solar panels, and replacing old light bulbs with fluorescent ones.

Although paying for new windows and investing in solar panels may sound expensive, he said that it definitely pays for itself and actually saves funds in the long run.

"If you save energy, you save the environment, and you save money. It's a win, win, win, situation," Dr. Jhaveri said.

Highline students can help make the campus more energy efficient by doing simple things

such as, turning off lights or power when they aren't being used. This will make a huge difference.

Jhaveri also suggested that Highline offer meals with different portion sizes. This way, people can order different amounts of food based on their personal appetite, which would help reduce food waste.

He said that having some sort of organic farming or pea patch on campus would also be a beneficial addition to the campus.

Highline currently is in the process of introducing new urban gardening classes.

Next week's Science Seminar covers the computations knowledge engine, Wolfram Alpha, with Neil Andrews. The seminar will be held in Building 3, room 102 at 2:20 p.m.

Alliance keeps Puget Sound sound

By Carly Bowen
Staff Reporter

Citizens play a larger role in community clean-up than most think, an environmental activist said here this week.

Chris Wilke of the Puget Soundkeeper Alliance came to Highline Tuesday, April 22 to discuss what they do in the community and how to clean up Puget Sound.

The mission of the alliance is “to protect and preserve the waters of Puget Sound by monitoring, cleaning up and preventing pollutants from entering its waters,” Wilke said.

They want to protect the sound for the animals and ecosystems such as orca whales, of which only 88 are left in the Sound. Not only that but also for humans’ sake — the sound is a very busy place for jobs and recreation.

“We’re working to protect the waters of Puget Sound now and for future generations,” Wilke said.

The Puget Soundkeeper Alliance “actively monitors Puget



Puget Soundkeeper Alliance
Environmental activist Chris Wilke spoke at Highline on Tuesday in honor of Earth Day.

Sound through kayak patrols and uses the Soundkeeper patrol boat on a weekly basis enlisting a network of trained volunteers to detect and report pollution,” he said.

“As a major environmental stakeholder, Soundkeeper actively engages government agencies and businesses working to regulate pollution discharges from sewage treatment plants, industrial facilities, construction sites, municipalities

and others. Soundkeeper actively enforces the Clean Water Act of 1972,” Wilke said.

“The WaterKeepers Alliance is the fastest growing water protection alliance in the world. We were the sixth group to join, now there are over 220,” he said.

Although there are so many water protection alliances out there, not every bad thing can be prevented — some bad things have to happen for new laws to

be passed and put in place.

“Sometimes it takes a minor disaster to prevent a major disaster,” Wilke said.

The state recently passed a law saying that all fuel barges must have a boom and a fabric to soak up oil and petroleum products around them when filling up a large ship. This law came into place after a fuel barge leaked gallons of gasoline into the sound when filling a large ship.

“The boom helps prevent the petroleum products from spreading too fast. It gives the clean-up boats time to get to the scene and clean up before anything can spread to fast,” he said.

Another semi-new thing on Puget Sound has gotten are the clean-up boats themselves. The clean-up boats are a special boat that has many things on board to clean up an oil or petroleum spill in the water.

“A clean-up boat we have here in the Puget Sound is the PumpMeOut. It goes around and helps prevent anything from spilling into the water and

can help when spills do happen,” Wilke said.

Although there are ways of keeping Puget Sound clean after the spills and run off, the best way is to just prevent anything from getting into the sound that can pollute it.

“We want you to get involved and help protect the Puget Sound. You can do this by coming to events and coming on a boat clean-up tour,” he said.

“The boat clean-up tour consists of going to marinas, boatyards, ships and boats, industrial sites, construction sites, and restaurants and seeing what we can do to protect the water from pollutants that come from these things,” Wilke said.

Other opportunities to help are located on the Puget SoundKeeper Alliance’s website: <http://www.pugetsoundkeeper.org/>.

Wilke asked that if anyone noticed pollution or a rainbow sheen on the water to notify them during office hours at 1-(800) 42puget, and after office hours or weekends at 1-(800) oils911.

Councilman urges Highline students to go green

By Carly Bowen
Staff Reporter

King County Councilman Dave Upthegrove is coming to Highline for Earth Day to speak about county and state environmental policies and how citizens can take action.

Upthegrove said he takes the environment into consideration when making his decisions.

Upthegrove has worked a long time in government.

“I started my career working as a clerk in the Washington State Senate in 1994,” He said.

“I then served as a legislative aide for then state Sen. Kathleen Drew [chair of the Senate Natural Resources Committee], then worked on the research staff of the state Senate primar-



Councilman Dave Upthegrove

ily on environment and natural resource issues before going to work for then Sen. Julia Patterson,” Upthegrove said.

“I was appointed to the House of Representatives in 2002 and represented this area

‘I hope to arm students with good information and to inspire students to get engaged in environmental and civic affairs.’

— Dave Upthegrove, King County Council

until 2013,” said Upthegrove.

Upthegrove is coming to Building 2 at 9 and 10 a.m., on Friday, April 25 to discuss issues about the environmental laws and how students can help and make change.

“I will be giving a quick overview of state and county environmental laws, then discussing how students can be effective in

creating positive environmental change and why it is important,” he said.

Upthegrove said he hopes students take away many positive things away from his presentation.

“I hope students leave with more knowledge about our environmental laws and more energized to participate in making a difference, I also hope to arm

students with good information and to inspire students to get engaged in environmental and civic affairs,” Upthegrove said.

Upthegrove said he thinks students at Highline can help make a change in environmental issues.

“I believe in the old saying ‘think globally, act locally,’” he said.

“Students can volunteer on local political campaigns to elect leaders who support positive environmental values,” he said.

“They can join campus student groups with environmental missions. They can send emails, make phone calls and send messages through other social media to contact elected leaders and companies. They can run for office,” Upthegrove said.

Make training your dog a part of daily life

DEAR PAW’S CORNER: Kudos on reminding people that they must be actively involved with their dogs if they expect to have good training results. As someone who is “owned” by an independent Siberian Husky, I can attest that nothing in life is free (NILIF)!

I have a great system your readers may like. It’s easy and it works. I have two senior dogs now, a German Shepherd, “Ralph,” who was a private res-



cue, and “Damian,” the Siberian who’s been here all his life.

I make both of them sit before they get their meal, and the

dish is on the floor. They have to lie down in the morning before they get a “snack” piece of plain toast. My husband and I also make them sit before putting their leashes on to take them for a walk.

This has worked great over the years and has been a win-win situation for our whole family.

We also have used the crate training method for years. I have a large crate in the kitchen

that “Ralph” knows is his den. He sleeps and naps in there, and I trained him to go into it when visitors come to the house or when I’m taking out the trash. It’s turned so that he can see out of it and get a view of all the activity in our home. -- Anita C., Rochester, N.Y.

DEAR ANITA: Thank you for passing this along! Working in basic obedience training as part of everyday life is a great

way to reinforce that training and encourage positive behavior. While not everyone agrees with crate training, it can be very effective when done correctly. The Humane Society of the United States has crate training tips at www.humane-society.org/animals/dogs/tips/crate_training.html.

Send your questions or comments to ask@pawscorner.com.

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Investing 101

Lecturer will tell students how to start nest egg

By Issachar Nistran
Staff Reporter

How to begin investing with just \$50 will be the topic at the next Highline Business Club event on April 29 from 1:30 – 3 p.m in Building 8, room 302.

Local financial adviser, stockbroker, and longtime Highline professor Bill Webster will take complex business topics and simplify them in layman’s terms so it will be easier for all students to understand.

The goal of the meeting is to help Highline students begin the process of having a healthy financial future.

“Time goes by very quickly, and many of us don’t realize that one day we will need to have some type of retirement plan,” said Business Club President Michelle Corrales.

“He will show our members how they can begin to invest with only \$50, which many of us college strapped people could use,” she said.

Business Club is an environment where individuals from



The new bussiness club will talk about investing money on April 29 from 1:30- 3 p.m. They invite all students to join their growing club.

all walks of life and all majors are welcome to come and learn about a variety of business topics, Corrales said.

“We are passionate about business and many of us are entrepreneurs at heart, sharing the dream to be a CEO one day of our own companies,” Corrales said.

Webster’s presentation is a continuation of the series of meetings called Basics of Business. Webster will be leading the meetings topic entitled Personal Finance.

“Real life skills are what we expect our members to gain from being a part of our club,” Corrales said.

Everyone is invited to attend the various meeting and events. Business Club is always looking for new members.

“I also like to stress, that with our schedules, I know it’s not always possible to stay the whole time, so come for as little or as long as you can,” Corrales said.

There are about 50 Business Club members. The executive team is comprised of Devi Acosta, the vice president; Haoran Lee, the secretary; and Romina Dominguez, the marketing manager.

“Our meetings usually average 15 members because of schedule conflicts, which we understand,” Corrales said.

Business Club is also working in collaboration with the Women’s Program and Hospitality Services for the professional clothing drive. Professional donated clothing will go to help new Highline graduates to transition to the professional work force.

Students will be able to pick out outfits on June 4 in Building 1 from 10 a.m - 4 p.m.

International business program keeps growing

By Antonio Foster
Staff Reporter

Highline’s International Business Program is expanding work opportunities for students, the program coordinator said.

The International Business Program started at Highline in 1996. The original name was Freight Forwarding, Reagan Copeland said.

Freight Forward wasn’t very popular with students as the class size started out being as few as three students, she said.

The name was changed to the International Business Program in 2004. The new name helped emphasize its goal and made it more noticeable to students, she said.

International trade includes logistics, global trade and business skills.

She said the knowledge being taught to students is “consistently modified” to fit today’s business needs.

“My first class was three students,” Copeland said. “Now I usually have 23 to 28 students.”

As the program continues to grow, changes will be made to enhance the universities’ side of the degree, Copeland said.

The program helps students develop skills for the jobs involved with this work field, she said. The International Business

Program also gives students interview tips and advise when it becomes time for you to explore the internship side of things.

“Forty percent of jobs in Washington state are related to international trade, so the more knowledge you have the more job opportunities will be available,” said Copeland.

Part of the program involves internships that require students to go out and explore their job opportunities.

When discussing the internship side of things, Copeland said, “Internships turn into jobs.” That means if you work hard enough, that internship could possibly turn into a career.

Copeland said, “The program is for everyone. We try to not have many barriers for student to get into the program.”

The diversity helps the students because in the work world, you work with people that come from many different types of backgrounds. Being able to communicate with people

of different races and beliefs is important, she said.

The biggest difficulty for students in this program is finding internships, Copeland said.

“The best internships are when the students find them on their own,” said Copeland. “Those that risk nothing do nothing.”

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New grocery store opens in Des Moines

Des Moines Grocery attracts customers of many cultures

By Jabril Ibrahim
Staff Reporter

Dinesh Kumar wanted to work hard but also wanted to work for himself.

He opened an Indian and Fijian grocery store on the east side of Pacific Highway South between Eagle Fitness and a dollar store.

The store is called Des Moines Grocery.

The store opened on Feb. 14 and has attracted customers of many cultures.

The store's merchandise varies anywhere from goat meat and Indian spices to Coca Cola and Twix candy bars.

Kumar immigrated to the United States in 1998 from India. He had visited the United States and decided it was where he wanted to live. His wife and two kids followed seven years later.

Kumar started the store after he saved up money from working many jobs. He runs the store with his wife Jaganjoti Kumar.

"I worked and saved up money for this store. I worked for 7-Eleven and drove a taxi," Kumar said.

The Kumars open up at 10 a.m. and close at 9 p.m. They start for the day together and

close together.

This is his first store in the United States, but he did run his own store in India.

Choosing a location wasn't challenging to Kumar; he was persistent about where he wanted to open a store.

"It's near my house, it's busy, and the store was wide and empty," Kumar said.

The space had been a drug store many years, dating back to the days when what is now the Dollar Tree was a grocery store and Eagle Fitness was a used book store.

The drug store relocated last year, however, leaving the space empty for several months.

Kumar sells lamb, goat, sausage, beef, and chicken. He also sells bakery goods from India and Samoa.

"We have all kinds of grocery and produce, all sorts of goods," Kumar said. "It's a family grocery store."

Kumar plans on building the store into the go-to place for Indian and Fijian food around the area. He says because the store is new, it's going to take time for it to gain attention.

"It gets better and better every day. More and more customers come in daily," Kumar said.



Bayonne Beninger/THUNDERWORD

Dinesh Kumar worked two jobs to save enough money to open Des Moines Grocery. The store's merchandise varies anywhere from goat meat and Indian spices, to Coca Cola and Twix candy bars.

Spend your tax refund money wisely, prof says

By Cristina Acuna
Staff Reporter

Tax refunds often turn into large tattoos or extravagant purchases, but Highline faculty and staff recommend that students invest that money on the future instead.

"I think students are putting their tax refunds into new tattoos," said accounting instructor Geoff Turck. "Like an education, no one can take your tattoos. Though, in 20 years you may wish someone could and would."

Turck said that students' tax refunds should find better destinations, like a debt-free future.

"Honestly, if a student uses credit cards and doesn't fully pay the balance each month, then the student should kiss the refund good bye and transfer it immediately to pay down the credit card," Turck said. "The credit card companies want to charge card holders as much



Cathy Cartwright

interest as possible. Don't let the credit card companies make money on you."

Highline Budget Director Cathy Cartwright agrees that paying off debt is a priority.

"First and foremost, pay down debt, especially credit card debt that is at a high interest rate," Cartwright said. "If you are credit card free, set up an automatic transfer that goes into a savings account that isn't

easily accessible, something that doesn't have ATM machines on every corner, and then forget the account even exists."

Cartwright said that saving money now will pay off later.

"The earlier you start saving for the future, the more resources that you will have when the future arrives," she said. "The time value of money tells us that a dollar today is worth more tomorrow."

An option to make tax refund money grow is using certificates of deposit or CDs.

"Certificates of deposit are savings instruments issued by banks or credit unions that are usually insured, so are practically risk free," Cartwright said. "You are penalized if you need your funds before the CD matures, typically for an amount equal to one to three months of interest earnings, but you can get to your money with relative ease so they are considered a cash equivalent."

Cartwright said that CDs are a good option because the investment is safe and the return is higher.

"If you don't plan on starting a family, then I can think of no better suggestion than the advice Warren Buffet gave just two months ago," said Turck. "One of the world's richest and most savvy investors suggested investing in a very low-cost S&P 500 index fund. Mr. Buffet even recommended VFINX [a Vanguard mutual fund]."

Turck said opening a Vanguard mutual fund is an easy process.

A mutual fund is an investment pool through which the fund manager buys stocks in behalf of the investors, while an index fund specifically buys all stocks in a given index.

The S&P 500 index fund consists of the 500 biggest companies in the US.

"If on April 15, 2013, I had gotten an \$850 tax refund and

invested it in VFINX mutual fund; then, one year later, on April 15, 2014 my account would be over \$1,000," Turck said. "Last year was a very good year for the companies included in VFINX (e.g., Google, Apple, and General Electric)."

According to Turck, this year's outcomes are less promising, but he personally continues to trust in VFINX.

However, some students have children and a family in the works, so their approach to money management should be different.

"If children are, or might be in your near future, then I recommend you put your refund in a savings account," Turck said. "Select a bank or credit union different from the one you use to pay bills. One day, money in the bank is going to start earning interest again. You might as well have some money in the bank for when that day arrives."

Visiting prof adapts to U.S. students

By Michaela Vue
Staff Reporter

New Professor An Xuan’s students here at Highline don’t speak Chinese as well as her former students, but they are more creative and interactive.

Highline and Shanghai Jiao Tong University exchange professors to teach English and Chinese. Xuan has taught English there for 30 years.

This exchange program is an opportunity to not only teach a language, but also learn a culture, Xuan said.

“Language and culture integrate,” she said.

The goal of learning a language is communication, Xuan said. She is most impressed with students who learn a language and go on to use it regularly.

“Language is something you need to learn and use,” Xuan said.

She understands how hard it is to learn and hold onto the language because she has also learned to speak Japanese and French. Without regular practice she admits she cannot re-



John Poore/THUNDERWORD

Professor An Xuan said American students tend to be more creative than her students in China.

member very much.

Unlike her students in China, students at Highline are very creative in their learning, Xuan said.

“They (students) are not eager to be perfect; they (students) are focused on how to create,”

she said.

Xuan also likes the smaller class sizes here in the United States and Highline.

“Back in China, we are trying to change the interaction [between students and teachers in the classroom],” Xuan

said.

Class size in China is around 40 students compared to about 20 here, she said.

Similar to students in the United States, students in China have a hard time learning a second language.

China may reform their education and the English language standards, Xuan said.

Some Chinese students are very interested in learning English while others feel it is a burden because of the difficulty in English testing, Xuan said.

Knowing two languages may be helpful in some careers, while not necessary in others, Xuan said.

“It depends what you’re interested in,” she said.

The circumstances of language differ between the two countries.

“America is different, [it’s] multicultural,” Xuan said.

In China, the universal dialect is Putonghua, more commonly known to westerners as Mandarin. Different regions in china speak a little different.

Xuan said the focus in learning English in Chinese schools has affected the amount of Putonghua young students know.

The most important thing about learning a language is living the language, Xuan said.

History Seminar takes road to Morocco

Geographer explores country’s rich, diverse culture

By John Poore
Staff Reporter

The diverse streets of Morocco came to life through the eyes and experiences of one of Highline’s geography professors last week.

Forty people attended the second of Spring Quarter’s History Seminars, as Dr. Jennifer Jones talked about the African nation.

Morocco is roughly the size of California, with a population of more than 32 million people, and is located on the northwest coast of Africa. Its terrain includes rich costal plains, bordering plateaus, intermountain valleys and a mountainous interior.

“Morocco is bright, beautiful -- in fact, I claim the word ‘muchness’ to describe it. Everywhere you look, there is so much,” said Dr. Jones, when referring to the vast diversity of Morocco’s cultural, political, architectural and physical landscapes.

“The Berbers were the first people to inherit the region of Morocco. They have occupied it for 4,000 years,” said Dr. Jones.



Jennifer Jones

While the ethnicity of Morocco is prominently Arab-Berber, the cultural lines continue to blur as a result of thousands of years of conflict.

“Berber people don’t call themselves ‘Berber,’ -- which means not our people, -- they call themselves ‘i-Mazigh-en’ (pronounced e-mag-in), meaning the people,” said Dr. Jones.

Morocco has endured invasions and occupation by the Roman, Spanish, French and Arabic peoples, due to the economic and strategic opportunities it presents, she said.

“One thing about Moroccan history is that periodically there are Berber uprisings. Whomever would come in and conquer [would have to overcome] a Berber uprising,” said Dr. Jones.

There is a Berber uprising going on right now, she said.

“The current Berber uprising

is cultural. They are tired of the fact that their language hasn’t been used on news channels. They want that changed,” Dr. Jones said.

Morocco was also utilized as a launching point for several invasions into Spain and Europe.

“Morocco became a cultural crossroads. It is the gateway to the Atlantic, and the doorway to the Mediterranean Sea,” said Dr. Jones.

Morocco gained its independence on March 2, 1956 from France, and implemented a mixed legal system of civil law merging French and Islamic law. Its chief of state is King Mohammed VI.

The people of Morocco often enjoy drinking mint tea, eating bread and tajin, a stew like soup, while conversing about world news and current events.

“They are perfectly in tune to what’s going on in the world,” said Dr. Jones.

Their interests tend to stem from European and Middle Eastern countries as many of their channels come from Bahrain.

“I was surprised [to learn] that people there weren’t [focused] on the United States. They’re thinking about France, Libya, Algeria, Spain, China and the whole rest of the world,” said Dr. Jones.

Moroccans typically use small Korean or European made

cars on their way to work in Morocco’s diverse, open, market-oriented economy, which includes agriculture, tourism, phosphates, textiles, apparel and subcomponents.

One political issue that Morocco is experiencing is troubles with its immigration.

“Spain still has two enclaves in northern Morocco. Those enclaves are considered Spain. One of the issues is that people of Morocco try to get into these enclaves in order to get asylum,” she said.

One interesting connection to Seattle involves the late rock-n-roll icon Jimi Hendrix.

In the ‘60s and ‘70s famous artists including Hendrix and the Beatles toured in Morocco, she said. There is even a restaurant dedicated to him.

“There are stories all over Morocco, with people saying ‘Jimi ate here,’ ‘he played there,’ ‘and he slept there.’ People have made a whole industry of marketing [based] on where he might have been,” Dr. Jones said.

Next week’s History Seminar titled “Hammering Hoover, Reinventing Roosevelt: A Reassessment of the Great Depression,” will be presented by Dr. T.M. Sell on April 30.

History Seminars are held each Wednesday through May 27, in Building 3, room 102, from 1:30-2:39 p.m.

Book review: ‘Dark Eden’

by Chris Beckett
(Broadway Books, \$15)
Reviewed by Ealish Waddell

The Family lives on a planet of darkness, where the only light comes from the warm luminescence of the native plants and animals, and the untouchable glow of Starry Swirl high above. Long ago, two travelers were stranded here, and generations later, their descendants are still waiting for rescue, content to live their small, orderly lives and wait obediently to be spirited away to the near-mythical homeland that none of them has ever seen: Earth.

But as food becomes scarce and the stagnant rituals of Family life seem more and more stifling, restless young John Redlantern can’t stop thinking about what could be out there beyond the cold mountains that ring their little valley. Gradually, grudgingly, he nudges his people’s awareness out of its long complacency, opening up minds and hearts to dangerous ideas and daring possibilities, setting in motion a momentous chain of events that will change the Family for good.

With inventive language and interesting characters, *Dark Eden* is a compelling and thought-provoking tale of human survival in a starkly non-human world. The planet of Eden is a simply gorgeous construction.

New club speaks to ESL students

By Angie Gudjonson
Staff Reporter

ESL Club is new to Highline and is welcoming students who want to learn more about other students from different backgrounds.

ESL Club, English as a Second Language, is open to anyone wanting to “interact and learn from other cultures,” said Laura Yanez, president of the club.

Since its start in Fall Quarter, ESL Club now has 10 to 15 regular members with backgrounds ranging from Columbia and Mexico to Korea and Japan.

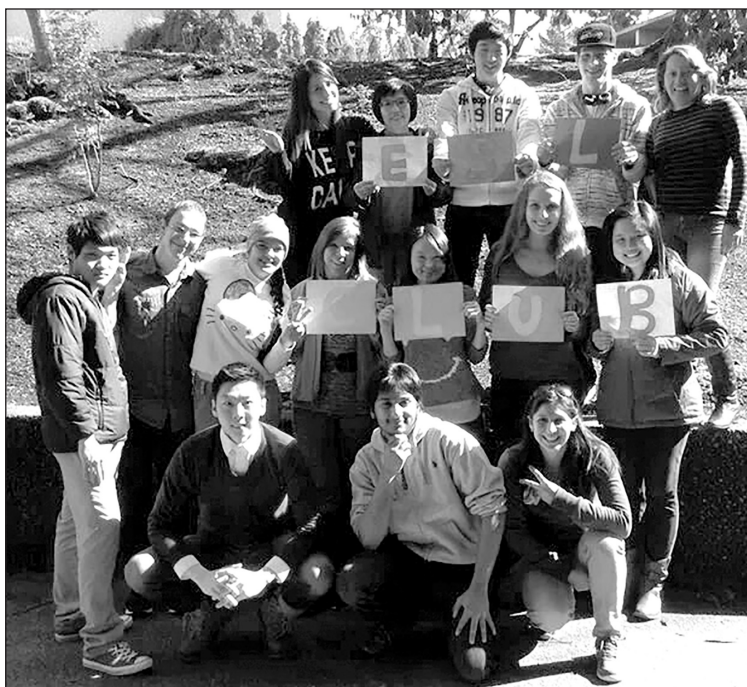
A number of members are from multiple levels of ESL classes as well as international students.

For students unsure or nervous about joining, this is not a class or a meeting but a fun atmosphere to “share experiences to help students relate,” Yanez said.

Students can also “learn from each other on the transition into college,” said Professor Angela Meyer, club adviser and Adult Basic Education instructor.

Some of the main reasons students join ESL Club are to “practice their English, make new friends, and learn about different programs they can be involved with on campus,” said Meyer.

The club’s goal for this quarter is to “try to build community and encourage students to be a part of events on campus,” Yanez said.



ESL Club is new to Highline and is welcoming students of all backgrounds to explore different cultures.

ESL Club will be participating in Global Fest, scheduled for May 10 at Highline.

For interested students, ESL Club meets on campus every Tuesday from 12:30 to 1:30 p.m.

in Building 10, room 105.

There are “fun ice breakers,” videos on leadership, activities and games to meet each other while learning about other cultures, Yanez said.

Club allows students to share ideas

By Carly Bowen
Staff Reporter

The Social Justice Club presents an opportunity for Highline students to freely share ideas on controversial topics, members say.

The club’s mission is “to support the belief through action and participating discussions, that everyone should have the ability and right to achieve self-actualization in life, regardless of anything that would traditionally hold them back in traditional society,” said Garrett Bull, the club leader.

“Highline is the most diverse college in Washington state, making [this] the perfect college to make a change and difference in the world,” said Bull.

Bull cites the description of diversity from the book *Beyond Inclusion, Beyond Empowerment*: “Diversity includes age; disability; social class; sexual orientation; religion; ethnicity; culture; native origin; and gender.”

“These are all the things that are different between us, that we help to come together in Social Justice Club,” said Bull.

“This club is a safe place to talk about the white in elephant the room,” said Passion Johnson, a member of the club.

“Things that may not normally be talked about or seem OK to be talked about are welcomed in the social justice club,” said Daniel Couch, a member of the club.

The goal of this club is to have many more people join so they can become a registered club.

“To make a bigger footprint on Highline is our overall goal,” said Bull.

Opportunities to volunteer and speak out will be given when attending a meeting.

The Social Justice Club meets on Tuesdays in the Student Union Building, room 302, from 11 a.m. to noon.

With further questions e-mail Garrett Bull at garrettb@student.highline.edu.

Museum takes flight into unknown

The realities of Area 51, the Air Force’s top secret air base in Nevada, will be brought to life during a day of lectures at the Museum of Flight on April 26.

Area 51 is the focus of numerous conspiracy theories regarding UFOs and secret government operations.

Peter Merlin is a historian for Dryden Flight Research Center in California he is one of the presenters and will speak for 11 a.m. to 12:30 p.m.

The event starts at 10 a.m. with a book signing by Merlin in the museum’s main lobby.

Following Merlin’s talk, there

will be a tour of the museum’s M-21 Blackbird in the Great Gallery from 1:30-2 p.m.

T.D. Barnes, president of the Blackbird Spy Plane historical organization and the author of several books about the A-12/SR-71, will speak at 2:30 p.m.

He will end the event with a signing of some of his books about A-12/-71.

The lectures are free with admission to the museum.

Admission is \$19 for adults, \$16 for seniors and active military, \$11 for youths, and children 4 and younger are free.

The Museum of Flight is at 9404 E. Marginal Way S.



Wiki Photo

Area 51 is a controversial Air Force base in Nevada.

Food Bank foraging for spring donations

By Daniel Taylor
Staff Reporter

Food donations are down, as family needs are high.

The Des Moines Area Food Bank is running low on canned, non-perishable, and dry goods.

The Des Moines food bank is, however, stocked with plenty of pastry and produce.

“We are always happy to take produce from people’s gardens,” said Kris Van Gasken, executive director of the Des Moines area food bank.

Though the food bank is bustling with activity, “there’s not as much as it looks,” said Van Gasken.

“It’s tough for families, right now, we live in a high instance, low income area,” said Van Gasken.

In fact, within several

schools in the area, 80 to 90 percent of the children have reduced price, or free lunches.

“Most of them are elementary school children,” said Van Gasken.

That is why the existence of the Backpack Program is necessary.

“We send the kids home with backpacks full of food. About 450 to 500 every week,” Van Gasken said.

Serving 63,000 meals last summer, the Des Moines Area Food Bank needs help.

“We need volunteers,” said Van Gasken.

Volunteer work happens to be a great boon to any college student’s resume.

United Way of King County is offering summer internships as part of the Million Meals program.

“These are actually paid in-

ternships, which is a rare opportunity,” said Van Gasken. “The time to apply is now.”

Working with other churches in the area, the Des Moines Area Food Bank provides 750 to 1,000 meals per day in the summer.

Major contributors to the food banks are Starbucks, Safeway, Costco and Trader Joe’s. Also represented is Food Lifeline and Northwest Harvest, which is the “Food banks for the food banks,” Van Gasken said.

Donations to local food banks are welcome throughout the year.

“It’s tough anytime outside the holidays,” said Van Gasken. “There’s no thought to the rest of the year. We can always use more food.”

In the past, certain departments at Highline have partici-

pated in local area food drives.

Students who wish to make donations may do so every weekday morning from 8:15 a.m. until noon. The Des Moines Area Food Bank is located at 22225 Ninth Ave. S.

“Students are always welcome to volunteer. If students need food they are always welcome, too,” said Van Gasken. “We do appreciate the support we get from students.”

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Theft

continued from page 1

There are five simple actions you should take if you are a victim of identity theft said Dempsey-Hall.

She said identity theft often occurs due to data breaches in which a large corporation holding many people's personal identifiable information has been compromised.

At the occurrence of a data breach, the company that's database has been breached will usually offer a free credit monitoring service to help the victims of the breach.

"Accept offers of free credit-monitoring services from the companies that experienced breaches, but don't consider these services foolproof. And note on your calendar when the free monitoring period ends, so that you aren't automatically charged for continuing such services," she said.

Dempsey-Hall's second tip is to place a hold on your files.

"Put a security freeze on your files at the three credit reporting agencies if there is a chance that a data breach includes your Social Security number. At the minimum, place a fraud alert," she said.

Her third tip is to monitor your data online.

"Monitor credit and debit card accounts online and report any unauthorized credit or debit transactions," she said.

Her fourth tip is about staying vigilant.

"Watch out for e-mail and phone scams that try to convince you to provide personal information," she said.

The final tip is to change passwords.

"Change user names and passwords on any accounts you know have been breached," she said.

Dempsey-Hall said that although identity theft can cause a lot of

damage, if you take action with her five tips, it will not be the end of the world.

Dr. Amelia Phillips, Highline's Pure and Applied Sciences division chair said there are distinct levels of identity theft, which victims need to be aware of.

"Cases of identity theft usually fall into one of three levels," Dr. Phillips said.

The individual can handle the first two levels while the third level usually requires a third party to intervene, she said.

The first level is when a credit card number or pin number gets stolen.

Target customers fell victim to the first level of identity theft in 2013 when credit and debit card information of as many as



40 million customers was compromised over three weeks of the holiday shopping season.

"The Target type break in is the first level. People's pins and credit card numbers got stolen," she said.

The first level is the least severe, she said.

"This is an easy fix," Dr. Phillips said.

If you are a victim of the first level of identity theft, Dr. Phillips said there are a couple simple actions you can take to solve the problem.

"Check with your bank, turn off any compromised cards and get a new card," she said.

She said there is even more at work to help victims of the first level.

"Most people don't read their credit card agreements. They state that the bank owns

said.

Even this more severe identity theft can be solved with simple steps, Dr. Phillips said.

"If you know your personal identifiable information has been compromised, notify your bank and credit reporting agencies and create a paper trail," she said.

She said creating a paper trail is important in this case to be used as evidence in the future if things escalate.

Dr. Phillips said the final and most severe level of identity theft, level three, is when the thief has taken hold of your identity and is doing things in your name.

"This is after the first two levels, this is when someone has actually stolen your identity and is now doing things as you," she said.

She said level three was the most severe level of identity theft because of the list of things these thieves do.

"When they take control of someone's identity often times they will take a loan or get a credit card in the name of the person whose identity was stolen," said Dr. Phillips.

"This is the worst case scenario."

She said level three identity theft can be similar to what you see on crime TV shows.

"Criminal Minds might just be a TV show but it is based on things happening in the real world. This is Criminal Minds level," she said.

In these cases victims need to be active.

"If this happens, you need to actively contact your credit reporting agencies with phone calls and letters," she said.

She said creating a paper trail becomes more important as the level of identity theft rises.

"Creating a paper trail is very important in this scenario. You want to create evidence and show that you took

action to fix the problem," said Dr. Phillips.

Dr. Phillips said it might be a good idea to get a third party involved.

"At this point you should think about seeking legal counsel," she said.

Dr. Phillips said there are a couple things people can all do right now to prevent identity theft from happening to us.

Checking your credit report allows you to see if another person has made major financial decisions in your name.

"Check your credit report at least once per year. It's easy to access and allows you to know if anyone is up to something with your identity," said Dr. Phillips. "Also take your birth year off Facebook."

Love

continued from page 1

Several students said they are forced to prioritize studies and put less effort into their relationships.

"I wouldn't talk to my boyfriend until I got my stuff done," said Christina Umali, a second-year student. "You are so involved with so many things that you don't have time to talk."

Along with time, the distance of a partner can cause strain on the relationship.

"I came to school here, so it was a distance thing," said a student named Zong.

Proximity is clearly an important factor in student relationships, and communication issues were a staple of long distance relationships. But people find a way to cope, and technology helps, students said.

"We're not close [in terms of physical distance]. It can be difficult, but we manage," said a student whose spouse is currently in California. "Just lots of phone calls and texts and lots and lots of pictures. I love it."

Technology seems to make distance much less of a strain on a relationship. Some students even find it preferable.

"It's not distracting," said a Highline student. "Since we're in different states we just text and call each other a lot."

However, for other students, long distance relationships come with a lot of distractions.

"Managing your time [is difficult]. You either give too much time to your significant other and get distracted from your studies or you focus too much on school stuff and neglect your significant other," said Hellen Zharshka, a Highline student.

For students who are involved in relationships, they often said that their biggest challenge was communication.

"I can't know what's happening unless he tells me. A lot of times he doesn't tell me what he's thinking until he's

got it figured out. By then, I know something's wrong, and I think it's me," said student Karine.

Regardless of school or distance, many Highline students say they are able to keep their relationships thriving.

"Everything needs balance," said a student, Raoul Luy.

Students also said that having a supportive significant other makes balancing their relationships and school much easier.

Students Laquisha Frank and Eli Villarreal said that their significant others are helping them with school.

"My boyfriend is helping me transfer to PLU," said Villarreal.

And Frank said that her boyfriend helped her get back into school.

Students such as Nicole Parris describe managing their relationship and school as "squeezing it in," meaning she squeezes in relationship time when they are not busy with school.

Not only is having a supportive significant other a bonus for the students at Highline, but having your significant other on campus is pretty popular as well.

Those who have a significant other on campus say they spend time together in class or during breaks from class.

"We study together and have some classes together," said Peter Pham.

However, some students said having a significant other on campus can be a distraction.

"My boyfriend and I took two classes together and it kind of complicated things. It became distracting," said Highline student Shaina Calacat. "I wouldn't recommend it."

Most of the students surveyed would agree with Xavier Porchia, who said, "Homework first, girls last."

Reporters Antonio Foster, D'Mario Davis, Mikel Abrahama, Richard Jensen, and Jessica Beck contributed to this story.



'Most people don't read credit card agreements. They state that the bank owns the credit card, not you. When fraudulent activity takes place the bank usually has to pay for it.'
— Dr. Amelia Phillips

the credit card, not you. When fraudulent activity takes place, the bank usually has to pay for it," she said.

Dr. Phillips said the bank wants to prevent level one identity theft from happening just as much as the victim.

"Banks track your usage and if something happens out of the norm they place a hold on your account," she said.

The second level of identity theft is when things start to become serious, Dr. Phillips said.

"The second level is when the thief gets your personal identifiable info, such as your Social Security number and birthdate," she said.

When an identity thief gets a hold of this information, they can do things in your name, she

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Water

continued from page 1

A Kids Fair at the Des Moines Field House will span all three days. It will include: 10 carnival rides, six to 10 arcade games, bounce houses and pony rides.

The festivities will continue Saturday at 8:30 a.m. with the first 5K Sun Fun Run. It is open to all ages and will start at the Beach Park Trail.

The fun run is a partnership with the Highline Schools Foundation and all proceeds will be donated to the foundation.

Before the parade begins, Waterlanders can enjoy other events such as the Farmers Market at the marina and an Old Fashioned Picnic and Ice Cream Social at Wesley Homes.

The Kid's Parade will start at 5:45 p.m. and will be followed by the Grand Parade at 6.

The Seafair Pirates and Seafair Clowns as well as other parade favorites are expected to attend.

"We are reaching out to local businesses trying to get more floats this year," Hettler said.



The Cossacks motorcycle troop rides in the Waterland Festival. Plans are for the festival to return to Des Moines this summer.

Following the parade, there will be dart tournaments at the Lighthouse Bar, All-Star Bar & Grill and possibly the Dragon Gate restaurant, as well as the Yardarm Pub. Winners from each bar will compete in a championship round.

Sunday activities will begin at 10 a.m. with the Wheels and Keels classic cars and wooden boats show. Vintage vehicles and vessels will be on display at the marina.

For the first time the Waterland Festival will have the Taste of Des Moines for visitors to sample the best that local restaurants have to offer.

Destination Des Moines wants to create an event the "community is truly involved in," said Hettler.

For entertainment, bands will be playing at the Des Moines Beach Park. Destination Des Moines is looking for acoustic bands to volunteer for this event.

Volunteers will also be needed to help with the Kids Fair over all three days.

Hettler said Destination Des Moines would love to get "Highline students and faculty involved."

Founded in 2006, the mission of Destination Des Moines is to bring awareness to what the City of Des Moines has to offer to the community.

Destination Des Moines has "expanded from nine to 15

members who are committed to volunteering to the foundation," said Hettler.

In the future the goal of the Waterland Festival will be to "benefit residents but also give visitors the opportunity to get to know Des Moines," said Hettler.

Contact Hettler at tonyh@johnlscott.com to volunteer or audition as a band.

"We want to get people excited about Seafair and the Waterland Festival," Hettler said.

Common Good brunch will feed money to Des Moines

The first Common Good Benefit Brunch will take place from 8:30 a.m. - noon on Saturday, April 26, at the Des Moines Activity Center.

Presented by the Des Moines Arts Commission and Destination Des Moines, the brunch will support free family-friendly activities and organizations in Des Moines.

Events that benefit from the proceeds include the Des Moines Waterland Festival, Fireworks Over Des Moines, Art on Poverty Bay Outdoor Sculptures, free summertime Beach Park Concerts, and the preservation and restoration of the Des Moines Beach Park Event Center.

The cost is \$10 for adults, \$7.50 for seniors (62 years and older), and \$5 for children younger than 12. There will also be a raffle for gift baskets and gift cards to restaurants and services in the Des Moines area.

Options on the menu are pancakes, scrambled eggs, sausage links, fresh fruit, coffee, tea and juice.

Metro's Prop 1 failing at the polls

A measure to provide road repairs and increased funding for transit, is failing in initial ballot tallies.

Voters across King County are deciding whether to pay increased sales tax and a \$60 license tab fee to fund transportation improvements in King County.

The latest release of election results indicates voters are rejecting Proposition 1 at 54.5 percent, with 45.5 percent approving.

The measure would raise about \$130 million a year for 10 years, with 40 percent going to

fix and maintain roads and 60 percent for bus service.

King County Metro said they would be forced to cut 16 percent of their current bus services, or about 550,000 hours, without the funding from Prop 1.

Opponents of the measure say passing it would relieve the Legislature of its responsibility to address regional transportation problems, and impose another regressive tax.

King County officials forecast a 38 percent final voter turnout. Updates are posted nightly at 4:30 p.m.



File Photo/THUNDERWORD

Proposition 1, which would increase transit funding and provide additional road repairs, isn't getting many votes as of April 23.

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