Local business approved to sell marijuana near Highline

By Ed Hones
Staff Reporter

A business in Des Moines has been approved to legally sell pot for recreational use, according to a report from the Des Moines Register. The approval comes after the Washington State Liquor Control Board held a lottery to award licenses to businesses that want to sell pot in the state.

The lottery was held in Des Moines, and one in Bellevue. We lucked out and got them both,” Simpson said of the outcome of the lottery. “Lots of people applied that don’t have any experience in the pot industry. They just want to make a quick buck. Many people that have been in this business for a long time applied and did not win,” he said. “It’s going to be very interesting to see how all these new shops do.”

Simpson said the outcome of the lottery is going to be interesting to watch. “First we had to pay $250 to set up and get applied into the lottery. The $250 goes to the state and they get you in. It pays for background checks and things of that nature,” he said. In order to be entered into the lottery, the applicant must hold a piece of real estate in the location they submit.

“We held a lease in the Bellevue location for over a year just to be entered [in the lottery]. It got really expensive,” he said. Simpson said the outcome of the lottery is going to be interesting to watch.

Granting businesses special rights based on a drawing is not very common in most industries. “This is the only business that has been approved to legally sell marijuana near Highline,” he said. “This is the only business that has been approved to do this.”

By Cristina Acuna
Staff Reporter

A public forum aims to bring awareness to the sex trafficking problem in King County.

The Highline Women’s Program and the Southwest Coalition Against Trafficking will host “Her Choice? Our Choice!” on May 20 to view the issue from the perspectives of both the victim and the buyer.

“Human trafficking is taking advantage of people by making them work without pay and under duress,” said Director of Women’s Programs and WorkFirst Services Deana Rader. “Sex trafficking does the same, but your work is sex.”

Rader is part of the Des Moines Coalition, whose main objective is spreading awareness. “We mobilize and try to get resources to get the word out about trafficking,” she said. “This is an awareness campaign. The most important goal is to get the information out to students.”

Rader said that the campaign hopes to get students looking for the signs of trafficking, which are very similar to those of domestic violence.

“When I was a student at Highline, books were $11 or $12. We were complaining because books were so expensive. It’s always been a problem, and unfortunately, it’s always going to be,” Dr. Bob Baugher said.

In fact, textbook prices have risen over 800 percent since 1978, according to a report from the American Enterprise Institute, dwarfing increases in medical services at 75 percent, and new home prices at 325 percent.

“Anybody could say, ‘they need to be cheaper,’ but it’s for education,” said student Priscila Marquez.

Dr. Bob Baugher, a professor in the Psychology Department, relates his own experiences as a student. “When I was a student at Highline, books were $11 or $12. We were complaining because books were so expensive. It’s always been a problem, and unfortunately, it’s always going to be,” Dr. Baugher said.

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Forum to combat trafficking

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Bike to work and school this month

By Collin Berge

Staff Reporter

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Fender is an analyst at High-
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Since the Highline locker rooms are under construction, mini deodorant sticks will be available too.

With Highline already low on parking space, alternative transportation is highly en-
couraged. Metro buses are also equipped with bike racks said Fender.

Fender encourages people to use a combination of biking and buses if biking all the way to Highline for work or school is not possible. Biking is not only less stress-
ful than finding a parking spot, but also better for the envi-
ronment, less expensive, and healthier for you.

The City of Seattle found that biking instead of driving could save people $340 a month on average.

Bicycle Magazine found that new bicyclists can expect to lose 13 pounds in their first year of biking. Seattle has many other Bike Month events planned.

The full list can be viewed at www.cascade.org/bikemonth.

Campus security finds fake permit

A car with a fraudulent Spring 2014 parking permit was found in the East Park-
ning Lot in the carpool area on Monday. It is the third oc-
currence this quarter. Campus Security issued the student a ticket and the inci-
dent was referred to the vice president for Student Ser-
vices.

Sports jacket found last week

A sports jacket was found on campus last week. If the jacket belongs to you, visit the Security Office on the lower level of Building 6.

Proposal for extra patrols

Between May 19 and June 1 extra police patrols across Washington will be looking for distracted or unbuckled drivers. Extra patrols are part of a statewide effort to elimi-
nate traffic accidents and deaths related to distracted driving.

Stay safe, alert while on campus

Campus Security has is-
sued the following safety messages:

• When you are out and about, beware of others in your area.

• If you see the same per-
son at different locations, take a mental picture of the person so you can describe him/her to security or the police if needed.

• Change your direction of travel to keep them off bal-
ance.

• Go to a safe location and call a friend to meet you or, if necessary, call Campus Se-
curity at 206-592-3218 or the police 911.

“Don’t be paranoid, be prepared,” said Jim Baylor
the director of campus safety and security.

Compiled by
Antonio Foster

Watch documentary at Movie Fridays

Highline’s film studies pro-
gram will be showing If These Halls Could Talk. This is a documenta-
ary about the college experience and will be shown this week for Movie Fridays, as part of Unity through Diversity week.

If These Halls Could Talk follows 11 college students as they attend different schools across the nation. The film documents their emotional and academic struggles in their pursuit of education.

The film will be shown this Friday, May 9, at 12:30 p.m. in Building 7.

Discover visual storytelling

Attend an art workshop and film presentation on refugee and immigrant experiences to-
day, at 10:45 a.m.

The workshop, Visual Sto-
rying, is hosted by Mul-
ticultural Affairs as part of Highline’s 17th Annual Unity day through Diversity week.

Participants of the workshop can share experiences through drawing and water color paint-
ing. Artistic experience is not required, and all supplies will be provided.

Following the workshop, the documentary The Dream is Now will be shown, starting at 11 a.m. The documentary dis-
cusses immigration reform and its affect on the young people of the United States.

The workshop will be from 10:45 a.m. to 12:50 p.m, and the documentary and discussion will begin at 1 p.m. Both will take place in the Mt. Constance and Mt. Olympus rooms in the Student Union.

Support Lady T-Birds fundraiser

The Thunderbirds women’s soccer team is hosting a fund-
raiser on May 19. It is a flipjack fundraise through Applebee’s at the Southcenter mall.

Pancakes, eggs, bacon, or-
ange juice and coffee will be served.

The fundraiser is Sunday, May 18, from 8 to 10 a.m. at Ap-
plebee’s, located at 17790 South-
center Pkwy, Tukwila.

Tickets are $10, $5 of which will go to support the Thunder-
birds.

Navigate CWU’s admission process

Representatives from CWU (Central Washington Univer-
sity) will be providing infor-
mation about admissions and CWU on certain days in May and June.

Representatives will be avail-
able to answer questions about CWU as well as important dates and details on the admission process.

The representatives will be at a CWU table in the Student Union on May 14, 21, 28, and June 4, from 10 a.m. to 1 p.m.

Learn about IT at CWU session

CWU (Central Washington University) will be hosting an information session on their ITAM, Information Technol-
y and Administrative Man-
agement program.

The information session will answer questions students may have about transferring, and also share information on how to earn a four-year degree in eight quarters and offer one-on-
one advising for students.

The information session is
on Wednesday, June 4 at 1:30 p.m. in Building 29, room 381.

For more information, visit cwu.edu/management or contact Brandi Harrington at harringtonb@cwu.edu.

Help educate girls with bake sale, film

A global health class will be hosting a bake sale and screen-
ing of the documentary, Girl Rising on May 19.

Girl Rising is a documentary that follows girls from around the world. The film details the effect of education on young girl’s lives.

Money raised in the bake sale will go to fund girl empow-
erment and education programs world wide.

The film screening and bake sale will be on Monday, May 19. The bake sale will be from 10 a.m. to 1 p.m in Building 8. and the film will be from 11 a.m. to noon in Building 7.

Vote for Student Government

Elections for Student Gov-
ernment are approaching next week.

Students will elect a new stu-
dent body president and vice
president.

The candidates for vice pres-
ident are Kiki Turner and Ruth Krizan and the candidates for president are Laura Yanez and Rachel Von-clus.

Each candidate spoke at a forum yesterday, May 7, about what they would do if they were elected as well as why they are suitable for leadership. They were also questioned by a panel.

Voting will begin Wednes-
day, May 14 and end Thursday, May 15.

Online voting information will be sent to students through email and also posted on High-
line’s main website at highline.
edu.

Voting booths will also be available in Building 8.

News Briefs

Campus security found a small bark fire last week. If the fire belongs to you, visit the Security Office on the lower level of Building 6.

The City of Seattle found that biking instead of driving could save people $340 a month on average.

Bicycle Magazine found that new bicyclists can expect to lose 13 pounds in their first year of biking.

Seattle has many other Bike Month events planned.

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Bike to work and school this month

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Fender encourages people to use a combination of biking and buses if biking all the way to Highline for work or school is not possible. Biking is not only less stress-
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The truth is we are so much more than anyone could ever define us as being. But stereotypes and labels can have a devastating effect when they are not unpacked and brought to a conscious level.

— Dr. Caprice Hollins
Metro is more than just transportation

Despite King County Metro’s efforts, it will now undergo major cuts in order to balance its budget, resulting in repercussions for Highline students.

The King County Metro had been trying to avoid this outcome but since they rely on sales tax, and the current economy remains soft, they had no other options but to cut more than 50 routes after voters turned down Proposition 1, which would have provided more money for transit.

Exactly how many Highline students rely on the Metro isn’t known, but it isn’t hard to notice the amount of students getting on and off buses at the college. These cuts will have a significant impact on Highline.

The routes that will be cut in question include 121, 122 and 156, which currently have stops at and around Highline.

Cutting these and possibly other routes will pose more challenges to daily commuters. Student commuters already have to get up early and walk to the bus stop to catch their bus.

The time it takes to plan these commutes to fit a schedule is already challenging enough. Planning ahead how long it takes to get ready, walking to the bus, and the time it takes the bus to get to their destination all together takes some major perseverance.

Now that these cuts will be made, students who use Metro will need to find either other means of transportation or reorganize their day by using another bus or just not go to school.

Students may not even be able to get to school. Suffering grades is bad enough, but not being able to get to school all together is even worse.

This is more than just an inconvenience. It could potentially lead students to quit school altogether. If students don’t have a reliable way to get to school the only logical thing to do is to drop school.

It’s the difference between receiving a college education, having a job or being able to pick up their children from childcare.

Students shouldn’t give up on school because of transportation issues, but just like the Metro has no other choice, students may be left with no other choice as well.

Students rely on the Metro system to get to and from their home, Highline, their jobs and many other places. These students’ lives essentially revolve around the Metro buses, its routes, and its schedule.

These cuts won’t just affect students, but it will affect anyone who uses the bus system. This could mean people won’t be able to go to work. People could potentially lose their jobs because they simply cannot get to work.

There is a reason why so many major employers supported Proposition 1, because they already know that many of their employees rely on the Metro to get to work and back to their homes.

This is why the defeat of Proposition 1 and now the budget cuts of the King County Metro will create another hurdle for Highline students and people throughout King County.

Hopefully the King County Metro will also be able to overcome their budget cuts in order to continue serving not only the Highline students, but also all other public transportation users.

It is now up to the state Legislature to step up for the 11.4 million bus passengers across King County who are using the bus system to provide a solution to this problem.

Remember to ask state Legislature candidates this fall: what will you do about the buses?
1. TELEVISION: What television sitcom family lived at 1313 Mockingbird Lane?
2. MATH: What is the square root of 169?
3. HISTORY: During the Great Depression of the 1930s, what were the makeshift camps of homeless people called?
4. LITERATURE: What was the name of the dog in the film and book with the subtitle, “Life and Love With the World’s Worst Dog”?
5. MOVIES: In what South American country were the bank robbers Butch Cassidy and the Sundance Kid believed to have been killed?
6. FIRST ACHIEVEMENTS: In what year were women officially allowed to run in the Boston Marathon?
7. GENERAL KNOWLEDGE: Where is the headquarters of NATO located?
8. LITERATURE: Which famous artist served as a correspondent for Harpers’ Weekly magazine during the Civil War?
9. GEOGRAPHY: What is the largest desert in the world, aside from the polar regions?
10. U.S. PRESIDENTS: Who served as the 16th president of the United States?

Even Exchange by Donna Petman
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Frighten
2. Piccolo’s larger kin
3. “Braveheart” Mel
4. Jagged
5. Become skilled at
6. Circus performer
7. Lure
8. Drive forward
9. Pepe Le Pew, e.g.
10. Fred Flintstone’s wife

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Spear some asparagus for spring recipes

Nothing says spring is here like a beautiful bunch of crisp asparagus. While asparagus is available year-round, it's much better when purchased locally.

Asparagus is easy to select and prepare, and comes in a variety of vibrant colors including green, violet, purple and white. It also grows wild and is commercially available fresh, frozen and canned.

The stalks range in size from colossal to small. Various types and colors of asparagus can be used without a noticeable difference in taste, so mix and match colors and sizes for visual interest. It tastes delicious hot or cold.

Asparagus should be crisp and firm, not limp or wrinkled, with tightly closed tips. Dull colors and ridges in the stems are an indication of a lack of freshness. The stalks should not be limp or dry at the cut and of uniform thickness.

If you’re planning to use the asparagus on the same day, rinse it under cool water and pat the stalks dry with a paper towel. Smaller stalks can be broken or cut at the point where the stem naturally snaps.

Peeling the end of thicker stalks with a paring knife or a vegetable peeler removes any woody stems and can be done up to 2 hours before cooking. Place the prepared asparagus in a plastic bag in the refrigerator to stay crisp.

Never wash or soak fresh asparagus before storing. If the asparagus is bound with a rubber band, remove it, as it will pinch and bruise the stalks.

Asparagus can be stored up to two days if the stalks are trimmed and placed upright in a jar with about an inch of water in the bottom.

Cover the asparagus with a plastic bag and store the stalks in the refrigerator. It also freezes well if blanched first in hot water.

Asparagus is a nutritional powerhouse. One-half cup of cooked asparagus contains significant amounts of folic acid, vitamin C, potassium and beta-carotene. It’s also a heart-healthy food, and a natural diuretic.

This versatile vegetable works well as a room-temperature appetizer, blended into a soup, as a flavorful side dish, the main ingredient in a color-ful salad or as part of a main course like my recipe for Lemon Chicken with Asparagus.

LEMON CHICKEN WITH ASPARAGUS

4 chicken breasts, about 3 pounds, washed and fat trimmed and removed 1 1/2 tablespoons olive oil 4 garlic cloves, chopped 1 red bell pepper, chopped 1/2 pound asparagus, stalks trimmed and cut into 1 inch pieces 1 teaspoon salt 1 teaspoon pepper 1 1/2 teaspoons poultry seasoning 1 teaspoon lemon zest 1/2 cup chicken stock 3 cups cooked rice

1. In a large non-stick skillet, heat the oil over medium high heat. Season the chicken pieces with the salt, pepper and poultry seasoning. Place the chicken skin-side down, and cook for 5 to 7 minutes. Turn the pieces skin-side up, and cook until golden brown and done, about 5 minutes.

2. Stir in the garlic and red bell pepper. Add the asparagus and cook for 1 minute. Stir in the zest and the chicken stock and bring to a simmer. Cover and cook for 3 minutes. Serve immediately over hot rice.

3. Bake for 20 to 24 minutes or until a toothpick inserted near center comes out clean. Place baking dish on a wire rack and let set for at least 5 minutes. Cut into 24 bars. Makes 12 (2 bars each) servings. Freezes well.

For a more traditional jambalaya, add 1/4 pound cut-up cooked chicken along with the shrimp.

To make a versatile side dish for easier scooping.

Vegan, salad tasty, nutritious

Try this mozzarella vegetable salad.

1 cup sliced carrots 1 cup chopped fresh broccoli 1 cup chopped fresh cauliflower 1 cup sliced fresh mushrooms 3/4 cup shredded reduced-fat mozzarella cheese 1/2 cup fat-free Italian dressing 2 tablespoons fat-free mayonnaise

1. In a large bowl, combine carrots, broccoli, cauliflower, mushrooms and mozzarella cheese. Add Italian dressing and mayonnaise. Mix gently just to combine.

2. Cover and refrigerate for at least 1 hour. Gently stir again just before serving. Makes 4 (1 cup each) servings.

Hello Dolly Snack Bars

1 1/2 cups reduced-fat biscuit baking mix 1/2 cup sugar substitute 2/3 cup fat-free milk 2 tablespoons non-fat sour cream 1 egg or equivalent in egg substitute

Teaspoon coconut extract 1/4 cup mini chocolate chips 1/4 cup chopped pecans 1/4 cup flaked coconut

1. Preheat oven to 350 F. Spray an 8-by-8-inch baking dish with butter-flavored cooking spray.

2. In a large bowl, combine baking mix and sugar substitute. Add milk, sour cream, egg and coconut extract. Mix gently just to combine. Fold in chocolate chips, pecans and coconut. Spread batter into prepared baking dish.

3. Bake for 20 to 24 minutes or until a toothpick inserted near center comes out clean. Place baking dish on a wire rack and let set for at least 5 minutes. Cut into 24 bars. Makes 12 (2 bars each) servings. Freezes well.

Jambalaya combines fascinating flavors

For more traditional jambalaya, add 1/4 pound cut-up cooked chicken along with the shrimp.

1 package (3/4 to 4 ounces) sliced chorizo sausage, cut into 1/4-inch-wide strips 2 garlic cloves, crushed with press 2 celery stalks, thinly sliced 1 medium onion, chopped 21/2 cups instant brown rice 1 teaspoon salt 1/2 cup chicken stock

1. In a nonstick 12-inch skillet, heat the oil over medium high heat. Heat the oil over medium high heat. Season the chicken pieces with the salt, pepper and poultry seasoning. Place the chicken skin-side down, and cook for 5 to 7 minutes. Turn the pieces skin-side up, and cook until golden brown and done, about 5 minutes.

2. In a skillet, combine the garlic and red bell pepper. Add the asparagus and cook for 1 minute. Stir in the zest and the chicken stock and bring to a simmer. Cover and cook for 3 minutes. Serve immediately over hot rice.

Angela Shelf Medearis is an award-winning children’s author, culinary historian and the author of seven cookbooks. Her new cookbook is The Kitchen Diva’s Diabetic Cookbook. Her website is www.divapro.com.

To see how-to videos, recipes and much, much more, like Angela Shelf Medearis, The Kitchen Diva on Facebook and go to Hulu.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Good Housekeeping

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Don’t let your locks lock you down

Hair is dead. At least that’s been the rumor.

It also happens to be where you can extract DNA and find out exactly who that strand of hair belongs to, which is always helpful in an intense police case.

It hangs off your head and mysteriously ends up in your mouth and up your nose when you’re sitting perfectly still.

Commentary
Ipek Saday

And it is the ultimate obsta-
course to avoid on a windy
day.

But sometimes hair is more
than that. It’s a way of express-
ing yourself and the way you
are able to recognize somebody in
a crowd.

However, contrary to popular belief, your hair does not define you.

When I was growing up, I always wanted to change my hair. Dye it, chop it off, put some layers and call it good. I was pretty much up for anything.

At one point in eight grade I had set my mind on getting a pixie cut. I wanted to have Audrey Hepburn’s cut from Sabrina. Of course I wanted to share my new exciting idea with just about everyone I knew, but when I told people they weren’t as excited as me.

Boys don’t like girls with short hair.” It was always some sort of variation of that phrase that I heard from everyone, including my own mom.

A first I hesitated and put off the haircut for at least a few weeks, but I wanted to get it so badly that I decided to do it anyway.

After I left the salon I felt proud that I had gone through with the haircut, only to show up at school the next day and be consumed by a wave of lesbian comments.

I found out that one boy had actually told people that he didn’t like me because he thought I was a lesbian.

Being called a lesbian didn’t offend me. In fact, it just showed how truly ignorant my peers were. I knew who I was and that was all that mattered so I held my head up high.

I have since grown my hair out but have chopped off a good few inches every now and again. I’ve also dyed it multiple times simply because I wanted to.

The comments may not have offended me but it made me realize that there are so many people in the world who truly believe that your hair is everything. They also believe that everyday things must be black and white, and that hairstyles put you into certain categories.

Girls have long hair and boys have short. If a girl has short hair then she must be a lesbian, and if a boy has long hair he must be an “emo kid” who’s plotting his school shoot out.

And if a younger person is bald or has a shaved head, then there must be something medically wrong with them.

How is it that something that is believed to be dead can be such a powerful factor in how people see you?

It’s been six years since I had that haircut and to this day I still can’t answer that question.

It truly horrifies me that we live in such a judgmental world and that something as simple as a haircut can define your fate.

Symphony ends season with Brahms

The Rainier Symphony, along with the Northwest Repertoire Singers, will bring a taste of Germany to its Classical Concert IV audience when it performs Brahms’s A German Requiem on May 17 and 18.

The Rainier Symphony, a community orchestra that reaches over 5,000 people a year, will perform its fourth and last concert of the season on May 18 at 3 p.m.

The performance will be at the Foster High School Performing Arts Center, 4242 S. 144 St. Tukwila.

They will also be performing the previous night, Saturday, May 17 at 7:30.

This performance will be at the Lagenquist Concert Hall at Pacific Lutheran University in Tacoma.

Brahms’s longest composition. Brahms was a German composer and pianist, and composed A German Requiem between 1866 and 1868.

The composition was inspired by the death of his mother, according to Nancy Thuleen, an adjunct faculty member teaching German at Palomar College in California.

Single tickets are $18 for adults, and $15 for students and seniors. Children 12 and younger are free.

Visit www.rsoarts.org or call 253-365-3042 for the May 17 performance and more information.
Highline’s Sydney Rothenberger bats in Wednesday’s doubleheader against Green River.

By Richard Jensen
Staff Reporter

Highline women’s softball has punched their ticket to the NWAACC tournament.

The lady T-Birds continued their late season surge this past week, winning five of their last six games, including a big win over the first place Centralia Trailblazers.

“They’re finally figuring out they can play with anyone,” Head Coach Jason Evans.

The Highline women started the weekend with a big win over Centralia 4-1, followed by a closely contested loss of 5-3. The following day South Puget Sound was no match for the Thunderbirds, resulting in a pair of wins, 15-2 and 7-1.

Then the Thunderbird women traveled into hostile territory and won a pair of games against the Columbia Basin Clippers for a second place finish in the regular season, Tuesday, 5-1 and 3-2.

In their first game against Centralia, pitcher Kayla Andrus allowed only six hits in her seven innings pitched. On the other side of the plate, the third baseman Hayley Craddock hit a double and had two stolen bases.

Centralia had been previously undefeated in league play.

The next game against Centralia, Hayley Craddock pitched the first three innings, and was relieved by Emma Seymour, who finished the game. The pair allowed 11 hits and five runs.

Rightfielder Sydney Rothenberger went three-for-three at the mound, with two RBIs and scoring two runs.

Hayley Craddock pitched the second game. The Thunderbird women dominated South Puget Sound on both sides of the plate. The Lady Thunderbirds came out and scored four runs in the opening inning and never relinquished their lead between the two games.

Pitcher Kayla Andrus didn’t allow a single hit in her five innings pitched, with five strike-outs the first game.

On the other side of the plate, she cranked out her second home run of the season bringing in two runners on base.

Center fielder Jessica Simpson went three-for-four from the plate with a pair of runs.

Hayley Craddock went two-for-four at the mound, with two doubles resulting in two runs and one RBI.

The next game against the Clippers their hot play continued, as they came out and scored six runs in the opening inning. Hayley Craddock and Emma Seymour shared the five innings pitched the second game. Allowing three hits each.

Third baseman Kylee Goodwin was walked once and connected on both of her at bats, resulting in three runs.

Andrus went two-for-four from the plate, with two RBIs and crushing her second home run of the weekend.

“It was just time,” said Kyle Goodwin. “We knew it was gonna happen, it was just about us believing in ourselves.”

Tuesday against Green River Andrus’ strong pitching continued, allowing only seven hits in her seven innings played, and only one run the first game.

Center fielder Jennifer Simpson was three-for-four from the plate with two RBIs.

The following game Andrus and Emma Seymour split the pitching duties, allowing only six hits between the two of them in the game.

Andrus also went two-for-four from the plate with a pair of doubles and one RBI.

“We’ve stopped worrying, we’re just focusing on cheering each other on,” said pitcher Renita Beale.

The Highline women will finish out their regular season play this Friday against Grays Harbor College, at 2 p.m. at Bishop Complex.

The Thunderbird women are now 10-8 in league play, clinching the third seed in NWAACCs.

“We can beat anyone if we play together," said Coach Evans.

And his team will carry this attitude going toward NWAACCs.

The NWAACC tournament will be May 16-19 in Portland.

Tips to swim with safety this summer

By Bayonne Beninger
Staff Reporter

As the summer is quickly approaching, local fire departments are sharing ways to keep you, your family and friends safe around water.

Both the Kent fire department, according to the Kent Fire Department, suggested that people need to become more familiar with the water before planning to swim in it. They need to take into consideration the temperature, depth and the swimming distance between shores.

“Everyone wears a life jacket, virtually no one would drown,” said Lt. Jeff Bellinghausen.

According to the United States Coast Guard on the King County public health website, in 2010 85 percent of people who drowned in boating accidents in the United States were not wearing a life vest.

And according to the Washington department of health, in 2012 there were six cases of children 14 years and younger who fatally drowned in Washington.

In 2010 though, the number was higher with 11 children deaths in the same age group.

To try to keep these numbers at a lower scale Officers Ohashi and Bellinghausen advise the public to swim with a buddy.

They also suggest for the public to not mix alcohol with water activities, according to the Center for Disease Control in 2012 alcohol was involved in 50 percent of “adolescent and adult deaths associated with water recreation.”

It is important to make sure you are supervising your children, you are aware of your swimming abilities and are wearing a life jacket.

People can find more information about water safety from the King County Public health department, the United States coast guard and watch the news for more information as it gets closer to the summer as well.

Fire department officials say their rescue boat is used more than wanted during the summer months.

SOUTH KING FIRE-RESCUE

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Students share their appreciation for the important women in their lives

By Michaela Vue and Amy Sato
Staff Reporters

A mother does not have to have the same DNA to make her a mom. Highline student Tori Snyder says her friend’s mother is a motherly figure to her.

“My favorite thing [about her] is I really admire her wisdom and her sense of self,” Snyder said. “She knows who she is and what she values and what is important to her.”

Snyder says her friend’s mother has been a great role model.

“Coming from the viewpoint of a 19-year-old girl, seeing someone who has gone through all the craziness of this stage in life and came out normal and on top,” she said. “It makes me feel like I’m doing OK.”

Sometimes Snyder just needs someone to lend an ear and she knows exactly who to go to.

“I appreciate her [friend’s mother’s] ability to just listen. I always feel like I am being heard and understood when I talk to her,” she said. This Mother’s Day, Highline students are reflecting on all the reasons why they appreciate their mothers.

“My favorite thing about my mom is that she is always there for me when I need her,” Highline student OluSola Amosun said.

Student Darleena Jara says she appreciates her mom for always looking out for her and “taking the extra mile.”

Moms can too be tough, but students agree that their moms know what’s best.

“I appreciate everything about her,” Pa Ousman Jobe said. “Even as a child when I was punished, I realized it was for my own good.”

“I was a stubborn child always getting into trouble,” he said. “In the past my kids have done chores for me on Mother’s Day. He will be taking his mom to Olive Garden. Other students will have a long distance Mother’s Day. Distance does not stop Jobe from loving his mother.

“I would thank her for being my rock, for being there for me, for believing in me when everyone did not,” he said.

Moms know what they want this year

By Ed Hones
Staff Reporter

Mother’s Day is coming up and students at Highline reflect on the important women in their life.

Moms can too be tough, but students agree that their moms know what’s best.

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Avoid crowded restaurants with home cooking

By Kaylee Moran
Staff Reporter

Show your appreciation this Mother’s Day by making her a delicious homemade brunch. Going out to eat on Mother’s Day can be busy and expensive, but cooking a meal at home for you and your mom to eat together will be a more personal way to show her your love and appreciation.

This brunch will include a healthy and simple vegetable quiche, fruit salad, croissants, and use your nice plates and silverware. Remember, this day is all about your mom, so feel free to adjust or add anything that you know your mom would enjoy.

Set up the table with a flower arrangement, juice and coffee, croissants and use your nice plates and silverware. Start preparing the quiche first, as it will take about an hour to serve. While the quiche is cooking, start preparing the fruit salad.

Broccoli Quiche:
• 2 tablespoons butter
• 1/2 cup chopped onion
• 1/2 cup diced green pepper
• 1/2 cup diced broccoli
• 1/2 cup diced carrot
• 1/2 cup diced zucchini
• 1/4 cup minced garlic
• 1/2 teaspoon salt
• 1/4 cup milk
• 2 large eggs, beaten
• 1/2 cup grated cheddar cheese
• 1/4 cup grated mozzarella cheese

In a large bowl, combine the diced vegetables and minced garlic. In a medium bowl, combine the eggs, milk, salt, and pepper. Stir the vegetables and cheese into the egg mixture. Pour into a greased pie plate and bake at 350 degrees F (175 degrees C) for 25 minutes, or until center has set.

Cook an easy broccoli quiche as part of a brunch for your mom.

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In Kent, Envision A Nu You Salon will be hosting a Mother’s Day Makeover which includes mini facials, hand and foot massages, manicures and pedicures and makeup makeovers. They will have complimentary drinks and appetizers at $25 per ticket.

The event is adults only and there will be live music and spoken word. The salon is at 25725 101st Ave. SE Kent. For more information call 253-859-2723.

“The main focus at our salon is hair, but we also do nails, mini facials, massages, and eyelash extensions,” Angela Williams said.

“We started our Mother’s Day event for fun and to promote our store. We have music and spoken word again this year since it went over really well last year,” Williams said.

In Federal Way, there will be a Mother’s Day Open House at PowellWood Garden where you can bring your mother or loved ones to explore the grounds and garden through a self-guided tour from 10 a.m. to 5 p.m.

There will also be tea, scones, lemonade, and cookies available for purchase from 10 a.m. to 4 p.m. on May 10-11. Admission is $5 and children younger than 12 are free.

PowellWood Garden is at 430 S. Dash Point Rd., Federal Way. For more information, call 253-529-1620.

Spend time with mom at local events this Sunday

By Amy Sato
Staff Reporter

If you are racing to find ideas for Mother’s Day this Sunday there are many local options to let your mom know you appreciate her.

In Auburn, Emerald Downs is hosting Mother’s Day at the Races. Moms may win special giveaways from sponsors at the raceway. Pony rides and a bouncy house are available. There will also be kids activities in the park, which include pony rides, face painting, and a bounce house (weather permitting) beginning at 1 p.m.

Mother’s Day is one of the biggest events here after Father’s Day at Emerald Downs. Families can reserve a table at the restaurant here and grab lunch and dinner at the track,” said Vince Bruun, director of media relations.

“There will be kids activities at the North Park area where there will be pony rides and a bounce house. We’ve been doing Mother’s Day since we opened in 1996,” Bruun said.

For more information call 253-288-7711 or go to emerald downs.com. Emerald Downs is at 12303 S.E. Auburn Black Diamond Rd. in Auburn, right off of Highway 18.

In SeaTac there will be a May Tea Celebration at Cedarbrook Lodge. Cedarbrook Lodge and its Copperleaf Restaurant and Bar will be offering a grand brunch buffet in the hotel’s Tamarack Hall. The Brunch Buffet costs $55 for adults, $25 for children ages 6-12, and is free for kids 5 and younger.

The Prix Fixe Mother’s Day Four-Course Brunch cost is $50 per person, with wine pairings available for an additional $25 per person.

The Brunch and the Prix Fixe will be from 11 a.m. to 3 p.m. For the full menu, you can visit cedarbrooklodge.com. Cedarbrook Lodge is at: 18525 36th Ave. S, SeaTac.

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Diver urges action against pollution

By James Ford Jr.
Staff Reporter

Polluted storm runoff from our driveways and neighborhoods is a huge problem in the Puget Sound, said a guest speaker this past week at Science on the Sound.

On May 3, videographer, underwater explorer and diver Laura James talked about seven simple actions to save the Puget Sound and what people can do to prevent pollution in the ocean, at Highline’s MaST Center at Burien.

James is an advocate of educating people on what they can do to stop pollution in the ocean. She travels around the world studying the ocean and filming marine life.

She started exploring shipwrecks in the early ‘80s, some of her work has helped pave the way for historical shipwrecks to be eligible for state registry of historical places.

James was diving in the Puget Sound, when she discovered what seemed to be a black piling, but as she got closer she realized that it was a storm outfall with road grime and other pollutants in it.

These pollutants were spewing a thick black cloud that spread all over the ocean, making it hard for sea life to breathe.

This waste is called a “toxic cocktail,” made up of excess rainfall that flows into the closest body of water, taking pollutants along with it.

After seeing this, James started filming the marine life that was being affected by the storm runoff, and while filming she captured images of sea life covered in toxic pollution from the storm runoff.

“People don’t realize how important it is to saving our marine life,” James said.

Salmons have been affected by this pollution as well.

Pre spawn mortality is an issue that comes solely from contaminated storm runoff.

The salmon have to migrate during the fall, the salmonids will pass through urban waterways, which have high amounts of pollution.

The pollution that the fish are exposed to kills them before they can spawn said James.

James said people need to know what to protect our water from.

Here are the seven actions that James presented.

1. Scoop the poop. “200 tons of pet poop is deposited in the Puget Sound region every day,” said James.
2. Use little or no fertilizers, herbicides or pesticides; compost and mulch is a healthier for your soil.
3. Wash your car at a commercial car wash. When you wash your car in the driveway soap and metals flow into the storm drains.
4. Walk, bike or ride the bus.
5. Plant and protect native evergreens and native shrubs.
6. Keep your car properly maintained. Oil leaks are a concern.
7. Keep water on site with rain gutters.

“Hammering Hoover, Reinventing Roosevelt: A Reconsideration of The Great Depression.”

During World War I, Hoover made a name for himself due to his success as an administrator charged with delivering food aid to Europe, Dr. Sell said.

“Hoover was the Col. Powell of his time. Everybody wanted him to run for president,” he said.

During his time as commerce secretary under presidents Warren G Harding and Calvin Coolidge, Hoover wrote that to counteract the effects of the next recession the country should engage in a program of public works spending.

“And had Hoover had the courage of his convictions, the world might have been a different place,” Dr. Sell said.

Before every depression there is a bubble, Dr. Sell said, and the Great Depression was preceded by the worst kind of bubble, a financial one, because it wiped out so much wealth.

“In the 20s, the bubble was in radios and automobiles. These were new technologies. They were booming. And as long as people were buying, everything was grand,” Dr. Sell said.

Eventually the market started to hit a wall, said James.

By John Poore
Staff Reporter

A common misconception exists that President Herbert Hoover was cold and strictly conservative and that President Franklin Roosevelt was a liberal genius, a political science instructor told last week’s History Seminar.

On April 30, Dr. T.M. Sell presented “Hammering Hoover, Reinventing Roosevelt: A Reconsideration of The Great Depression.”

“Roosevelt attempted to restore capitalism by ending it,” Dr. Sell said.

“Roosevelt operated un-successful programs such as the National Recovery Administration, and the Agricultural Adjustment Administration,” Dr. Sell said.

Roosevelt’s policies failed because they were implemented on the belief that if prices were raised throughout the economy, then employers would make more money and hire more workers. Dr. Sell said the problem was that people weren’t spending.

In one example of Roos- evelt’s involvement, his ad- ministration bought up pigs and slaughtered them in order to drive up prices, Dr. Sell said.

Roosevelt was able to get Congress to spend more on public works. He created the Re- construction Finance Agency, which lent money to large en- terprises, banks and railroads.

He created the Federal Home Loan Bank.

He supported the original Davis-Bacon Act, which mandated an eight-hour day on federal projects and prevailing wages. He supported the first Glass-Steagall Act, which allowed the Federal Reserve to create new banking reserves.

“Roosevelt’s commitment, his ad- diction reaped the benefits of good things, Dr. Sell said.

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“Roosevelt attempted to use the bully pulpit of the presidency to jawbone the economy into recovery,” he said.

But the magnitude of the economic collapse was massive.

“When Franklin Roosevelt ran for president in 1932, one out of the only actually coherent things he said about the econ- omy was ‘we should end these irresponsible Republican budget deficits,’” Dr. Sell said.

As one historian put it, ‘Roosevelt attempted to restore capitalism by ending it,’” Dr. Sell said.

Hoover got the grief, but FDR got the glory

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Hoover got the grief, but FDR got the glory
Nursing program is tough to get into

By Shrae Harris-Hogan
Staff Reporter

Getting into Highline’s most exclusive program isn’t just about grades. Having “experience in patient care” will boost your chances of getting into the Nursing Program, said Teresa Trillo, program coordinator. Patient care is anything that relates to certified nursing assistants or home health care aid. Being either one of these allows you to handle people in an intimate setting. “It’s a good way to determine whether or not you are nursing for you,” Trillo said.

The program accepts applications three times a year: fall, winter and spring. There are 60-100 applicants each quarter, but only 20 are accepted.

The smaller classes allow for more teacher-student interactions and hands on learning.

Applications are required complete 90 college-level credits before submitting their application.

Trillo also advises holding at least a 3.0 GPA in all sciences classes. Some of these classes include Introduction to Chemistry, Microbiology and finally Human Anatomy and Physiology. These are required to ensure that enough material is known so that instructors don’t have to reteach certain concepts to program participants.

Along with the application itself, applicants are required to attach their current nursing assistant certification and with the scores from the Test of Essential Academic Skill exam.

The test consists of 150 multiple-choice questions. It is designed to test an applicant’s knowledge at the basic level of nursing. Applicants must score a minimum of 75 to be eligible for admission to the program.

“We say we’re the best because we are,” said Trillo, but she doesn’t want that to discourage applicants from applying to multiple schools for the nursing program.

Trillo, though, does not decide who gets accepted into the program. If you meet all of the requirements you are automatically drawn into a computerized draw.

If you are not accepted into the program, applicants are allowed to push their application to the next scheduled drawing.

After completing the two-year program applicants can graduate with their registered nursing associate of applied science degree. With this degree, graduates will be able to practice nursing at hospitals, or private offices.

Domestic violence victim speaks out

By Shrae Harris-Hogan
Staff Reporter

Abuse or domestic violence is not always a physical act, a domestic abuse survivor told a Highline audience late last month.

Brenda Clubine suffered many injuries at the hands of her husband. She endured many broken bones and burns to her face and body.

Abuse of living in fear, Clubine killed her husband in 1983. She was charged with second-degree murder.

At the time of her sentencing, her claim of self-defense was not enough to keep her from going to prison. Clubine was given a 16-year to life sentence.

In her documentary Silence, Clubine gave her audience an inside look on her journey of release in October 2008.

Clubine is now an advocate for victims of domestic violence looking to get away from their abusers.

“I’m like a dog with a bone. I’m not going to let it go,” said Clubine.

If you are her client, she will help provide the necessary resources needed in order to separate the victim from the abuser.

“Abuse doesn’t discriminate,” Clubine said.

In abusive relationships, abusers often take advantage of the girlfriend or boyfriend by an over use of power and control.

Clubine said it’s important to recognize that there are many different forms of abuse.

These include extreme jealousy, possessiveness, or a controlling attitude. Statistics show that each year one in four teens experience abuse.

Clubine said if you know the warning signs of a domestic partner you would have a better chance of getting out of that relationship or not getting into one at all. 

Nursing program is tough to get into

News | Highline Community College | May 8, 2014

Deadlines for graduation loom

By Mikel Abrahma
Staff reporter

Commencement is rapidly approaching for the Highline students expecting to graduate this spring.

Graduation is a process that involves preparation, college officials say. Students were supposed to apply a quarter in advance in order to receive an official graduation evaluation.

The evaluation comes approximately 8-10 weeks after you apply.

After the application process, the ordering of commencement packets will be available.

The commencement packet includes cap and gown, tassels, tickets and directions to the commencement.

Students are advised to pre-order cap and gowns by Friday May 9 on the Highline bookstore website so the packet can be ready at graduation central in Building 8 by May 13. Although tickets are free, each graduate will be given five tickets, but there is a like-lihood of extra available tick-ets.

Tickets are only limited due to the limitation of seats.

“If you need more, you can sign up for an additional five tickets and you’ll be contacted June 2,” said hospitality services manager Rachel Collins.

The commencement will be on Thursday June 12 at the Kent Showare Center. Highline will be graduating approximately 500 students.

A student speaker will not be selected until Tuesday, May 13. Students will receive their degree two weeks after the
By Ryan Johnston
Staff Reporter

The gym and locker room won't be separated in Highline's long-term facilities plan.

In the plan, Buildings 27 and 28 would be put in a new physical education building, Building C.

“[Building C] would incorporate a gym and locker rooms,” said Barry Holldorf, Highline’s director of facilities.

This would mean that everything in Buildings 27 and 28 would be moved into Building C. Athletic faculty offices would also be in Building C.

Highline’s long-term plan is a proposed set of renovations and reconstructions that would dramatically change the way campus buildings look and are utilized some 30 or 40 years from now.

There are defined plans for Buildings A through D.

Building A would have administration offices and classrooms, Building B would have labs and classrooms and Building D would have the Facilities offices and classrooms.

Staff and faculty offices would also be in these buildings.

Buildings E and F are potential growth projects, and project G has several possible parking improvements.

Planning maps are available at facilities.highline.edu/masterplan/8_PlanDiagrams.pdf.

Des Moines would like to use Buildings 27 and 28 replaced by additional parking. However, that probably won’t end up coming true.

“These [parking spots] likely won’t happen,” Holldorf said.

The placement of future Light Rail stations will influence future parking plans, but the college doesn’t want to build more parking spaces if they can help it, Holldorf said.

Facilities does have other plans for athletics on campus.

“At some point, we’d love to astroturf the [softball] field,” Holldorf said.

Facilities also wants to improve the lighting so that softball games can be played at night.

No Deadlines
For Admission or Financial Aid

TRANSFER TO PLU FOR FALL 2014
Free online application at www.plu.edu/transfer

Scholarships: $10,000-$15,000 per year
Average transfer financial aid award: $28,857

Contact Anna Pacheco,
Transfer Admission Counselor,
253-538-6150 or anna.pacheco@plu.edu.

Angel heads back to the pearly gates

By Jabril Ibrahim
Staff Reporter

Highline will officially switch from Angel to Canvas on June 23.

Canvas is a course management system that was chosen for Highline after Blackboard discontinued Angel. Canvas is used as an electronic class management system that is teaching other faculty members how to use Canvas.

Sue Frantz, a psychology instructor, is a part of the faculty group that is teaching other faculty members how to use Canvas. She has been using Canvas since Winter Quarter and is a satisfied user.

“I was never a big Angel user. For years I had my own website, and that worked much better for me than Angel,” Frantz said. “There are some features in Canvas that won me over.”

Frantz said she enjoys two specific features on Canvas.

The first is how Canvas handles communication.

“Each student (and instructor) can decide how they want to get communication from Canvas,” Frantz said. “You, as a student, can decide how you want to hear about new course announcements and how often.”

Frantz also enjoys how Canvas handles assignments.

“Let’s say I have an assignment where a student is asked to write an essay. I can make several options available to students,” Frantz said.

Marc Lentini, director of Instructional Design, praised instructors who have been responding to many requests for advice.

“A tip ‘o the hat to faculty-in-residence, Matt Schwisow, Deb Moore, Tommy Kim, and Sue Frantz,” Lentini said.

Lentini says Canvas is going as smoothly as expected, but it still has a few problems.

“We knew we’d run into a few things that didn’t work the way we’d hoped, and we did, but overall Canvas has been performing well,” Lentini said.

A few students talked about concerns.

“Canvas is all right. It can get confusing sometimes, like I wouldn’t know where to drop assignments off sometimes,” Carly Mills said.

“The city of Des Moines is interested in what the campus can do on off-hours,” Holldorf said.

This means that local intramural sports could use the building in the later hours of the day, among other possibilities.

The long-term map shows Buildings 27 and 28 replaced by additional parking. However, that probably won’t end up coming true.

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“At some point, we’d love to astroturf the [softball] field,” Holldorf said.

Facilities also wants to improve the lighting so that softball games can be played at night.

In the long-term facilities plan Building 27 and 28 may be combined and renovated into a new physical education building called Building C.
Students find different paths to choosing majors

By Mikel Abraha
and Brandon Madsen
Staff Reporters

Choosing a major is not a problem for some students at Highline. In an unscientific survey of about 50 students, nearly 35 students said they have chosen their major or have an idea of what to major in. Kirubel Tamrat is a student who will be transferring to Washington State University in the fall. He is going to try to get a bachelors degree in business.

He was bitten by the business bug in middle school when he learned about DECA, a program that prepares students for careers in marketing, finance, hospitality and management.

“When I was in middle school some kids from the DECA program talked to us about DECA and I found it very interesting,” Tamrat said.

The following year he joined DECA at his high school. “If you plan on transferring to a university after Highline then you really need to choose a major. I would recommend finding one as soon as possible so you can try to get into programs that are part of your major that will help you get a job after college,” Tamrat said.

For some students, time seems to have played a big factor in the process of choosing a major. “I feel like I was supposed to have a major by this point,” said second-year student Quaylen Nelson. She has set her sights on majoring in biology.

“I knew I wanted to be a pharmacist when I got to Highline,” said Tommy Hoang.

Pressure has also had an impact on the decision making on campus. “I definitely did feel pressure because I didn’t want to take classes for no reason. It really helped me focus on what to go for,” said Shawn Miller-Jordan.

Another student, Seta Kotoisuva said, “I was pressured to get up and do something, and

Counseling center offers help in finding a career direction

By Richard Jensen
Staff Reporter

For students unsure about their major or career, Highline has resources available to help.

The Counseling Center has a multitude of resources available for undecided students, including a career planning and self-evaluation course starting this month.

Career 110 will be a two-credit course, starting Friday May 9, continuing Saturday May 10, and Saturday May 17.

“This is a fantastic opportunity for students in need of late credits and weekend flexibility,” said Dr. Allison Lau, associate dean for Counseling and Student Judicial Affairs.

The course is designed to help students evaluate their own strengths, work on interviewing skills, resume writing and an introduction to Highline campus resources.

If the Career 110 class isn’t an option for students, other help is available.

The counselors at Highline are here to help any student at any time, said Dr. Lau. “It’s free, confidential and painless,” she said.

The counselors work to explore a student’s strengths, interests, values and skills to help them find a good fit, she said.

Through testing, one-on-one counseling and use of other tools available at the Counseling Center, they will help a student feel more confident in their decision, she said.

The Counseling Center offers the Washington Occupation Information System website or woiss.org to help determine a student’s interest in different fields and set up a few possible career paths.

Along with these tools, counselors have a career assessment inventory available that will help give an even better understanding of possible interests and career paths.

“No one should navigate this decision alone,” said Dr. Lau.

“We also look at the other factors they need to weigh in,” Dr. Lau said. These other factors can be everything from family influence, financial situations and other outside pressures.

“More importantly than just helping you in this decision, we will help you develop life skills,” said Dr. Lau. “I see this as one step in a long process.”

For additional information about the class and general counseling, visit the Counseling Center on floor two of Building 9, or call or email the Counseling Center at 206-592-3535, counseling@highline.edu.

Transfer Students!
Planning to major in business or accounting at Central Washington University - Des Moines (on Highline’s campus)?

A Business advisor from CWU Des Moines will be here to give a presentation on how to transfer from Highline to CWU. Find out what classes and gpa you will need in order to apply.

Wednesday, May 14, 2014
12 NOON
Transfer Center, Building 6, 1st floor (Room 161)
No need to pre-register to attend. Just show up and get the facts easy!
Despite any promises from publishers to keep prices in check, the nature of the industry seems to have dictated otherwise.

“Publishers are now looking for ways to maintain revenue from the textbook market,” said Dr. James Peyton, a professor in the Economics Department. “A big change in the industry is e-books. They have become really important to publishers. Online subscription services are becoming more popular with publishers. It ensures their continued revenue,” Dr. Peyton said.

Offering e-book format sounds like a logical choice when seeking to increase revenue while lowering operational costs. The cost of developing an e-book is “negligible,” said Brent Beckley, marketing manager of Sci-Tech Publishing.

Sci-Tech, which began selling textbook-PDF bundles in the late 1990s, provides a digital view of textbooks by converting print files from a typesetter. This, in turn, can yield generous profit, as e-book prices continue to rise.

Since their introduction, e-books have seized market share from text and used books have decreased. This, in turn, can yield generous profit, as e-book prices continue to rise.

The days of the bookstore being a cash cow are long gone. That drives us to be competitive and customer-service oriented,” Nole said. “We are a self-sustaining non-profit. Proceeds go back to Highline in some form or another.”

“A one of the largest textbook employers on campus. Some are kids in high school, placed under high expectations, in a kind of learning lab,” Nole said.

“Among the bookstore employees are four full time employees, the rest are students. They come and go, and we work around their schedules. We train them in business aspects, primarily technology,” Nole said.

“Sustainability, working, studying together, it’s fun to watch. That’s what breaks down cultural barriers,” Nole added. “The book store is a perfect place for that.”

AAPI students find leadership at Highline

By Michaela Vue
Staff Reporter

In the spirit of Asian-Pacific American Heritage Month, Highline is starting its first ever Asian American Pacific Islander Student Leadership Institute.

“We’re leading the trend,” Ekk Sisavatdy, member of the AAPI Task Force said of Highline’s diversity leadership in the community. “It’s the first of its kind.”

Highline will host the free event open to any Asian American Pacific Islander students in the community interested in gaining skills with leadership. Students are also required to have a 2.0 GPA and be at least 18 years old.

“This year we [AAPI Task Force] wanted to focus on student development,” Sisavatdy said.

The event is on Saturday, May 31 in Building 2. Students who attend must be available for the entire program from 8:30 a.m. to 3 p.m. Breakfast and lunch will be provided.

Highline’s AAPI Task Force started AAPI Student Leadership Institute. The task force is a group of Highline staff. AAPI Task Force has been on campus for five years now.

“We [Highline] have leadership, but not for AAPI,” Siew Lai Lilley, a member of the AAPI Task Force said. “This year we have the funds to do that,” she said.

Sisavatdy said the AAPI Task Force work as mentors to students. Highline has partnered with Executive Development Institute to make this event possible. EDI is a local, non-profit agency that focuses multi-ethnic and cultural leadership.

The event’s keynote speaker will be Ekk Sisavatdy from EDI. There will also be two workshops. The first workshop will be on personal branding and networking for leadership success. The second workshop will be on speaking to persuade.

“This event was created to help students. “Students may not realize that this is really for them,” Sisavatdy said.

Sisavatdy said the idea for the event came about when he asked himself “If I was a student again, what would I want?”

Both Sisavatdy and Lilley said that students do not need previous experience for the event.

“Leadership is a skill, not something we are born to have,” Sisavatdy said. “We don’t have to have speaking skills to come,” Lilley said.

Certificate of completion will be awarded to students who attend the event.

“It’s going to look good on their resume, but also give them [students] confidence,” Lilley said.

For an application, email Ekk Sisavatdy at ekk.sisavatdy@ highline.edu. The application can be emailed back to Sisavatdy or handed to him at his office in Building 6 in the High School Programs/ Counseling Office.
Rader said. "Unfortunately, this is starting as young as middle school and high school," Rader said. "Young girls and boys are being groomed. The coalitions are going to the junior highs to help kids understand what the signs are and encouraging them to do research so they can be aware of local and national statistics," she said.

"Her Choice? Our Choice!" will be hosted in the Mt. Constance room in Building 8 from 11 a.m. to 2 p.m. Lunch will be provided.

The public forum will rely heavily on testimonies that will zoom in on the issue from distinct angles.

"We’re going to start by listening to Chief [George] Delgado from the Des Moines Police Department, who will provide local statistics," Rader said. "Then, we’re going to hear from a mother who lost her daughter to sex trafficking."

A victim and survivor of sex trafficking will also be providing testimony, Rader added.

"And we’ll listen to a [former] user, who now runs his own recovery program," she said. "We’re trying to show both sides."

The forum will also make use of documentary trailers centered around the Seattle area.

"This is right outside our door. This is on Pacific Highway. We live in a port city, so people can get in and out unnoticed," she said. "Research the internet for King County statistics because they are alarmingly high."

According to the National Human Trafficking Resource Center, there were 45 cases of sex trafficking in Washington State in 2013, and a total of 14,898 calls reporting trafficking.

Rader said that the more south one travels in King County, the more prostitution one sees.

"It happens in rich communities too," she said. "But it is more obvious in poor communities."

The website waengage.com offers further information about the history of sex trafficking, logistics, and ways to become involved.

Individuals planning to attend the forum must first register for the event on brownpapertickets.com. Everyone is welcome to attend.

"Getting the word out will prevent it from happening," Rader said.

"I’ve ever heard of getting privileges based on a lottery," Simpson said. "You would never pick a doctor via a lottery. It doesn’t take into account any previous work experience or knowledge of the industry. It doesn’t make a lot of sense to me."

He said he feels that people currently running medical marijuana dispensaries should receive first crack at the recreational marijuana market.

"I actually put myself out there in the beginning and could have gone to jail. I should have gotten first crack at this but instead I had to enter a lottery with people that don’t have any experience with this stuff," Simpson said.

Simpson said that having marijuana legal on the state level but illegal on the federal level adds complexity.

"People are still getting busted by the DEA. Pot is a schedule one drug with no medical benefit according to the federal government," he said.

He said that things get really confusing when it comes to taxes.

"Taxes get very complex with the legal gray area," he said. "We deal primarily in cash yet cash is very difficult for us to handle."

Simpson’s relationship with his bank is less than ideal, he said.

"We have a bank account but we can’t tell anyone where it is. We don’t even tell the bank that the account is with us. We have to go through all sorts of crazy things just to deposit money," he said.

He said the process of getting approved is still not over.

"People are still fighting for locations. It depends on the distributors and Liquor Control Board. We still have to be approved by them with a whole bunch of stuff," he said. "Once they are happy with what we give them, we hope to open."

He said he wants to open Greenside Medical’s Des Moines location as soon as possible.

"We want to open in July. That is the earliest date they gave us," he said.

The Washington State Liquor Control Board has begun processing applications, according to a press release issued earlier this week.

According to their press release, the agency expects to begin issuing retail licenses no later than the first week of July.

Choice continued from page 1

continue to practice this cycle of abuse, and victims are unable to escape.

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