

Graduating student wants to save lives for his family

By Ryan Johnston
Staff Reporter

Silvestre Aguilar wants to heal people.

"I'm interested in medicine," he said. "Both my parents are terminally ill, so I wanted to help them."

Aguilar is a tall but relatively quiet man. He talks calmly and directly, and his hard-working nature shows his determination.

"I spend a lot of my time studying," he said.

Aguilar didn't come to Highline at first to follow his interests.

"I originally went to Tacoma Community College," he said. "I wanted to be a radiology technician."

However, Aguilar couldn't get into the biology classes he wanted at Tacoma. So, he came to Highline and took the classes he was interested in.

After some time at Highline and some personal reflection, Aguilar realized that didn't want to work in radiology.

"I [now] want to be [either] a general physician or a pediatrician," Aguilar said. He will be attending the University of Washington before going to medical school.

"Technically, I'm done this quarter, but I won't be leaving



until after the summer," he said. Aguilar has to finish Biology 213 and Chemistry 163 before transferring.

His interest in the medical field stems from a desire to help his parents.

As a child, Aguilar lived in Mexico for a few years.

"My dad wanted to move to Mexico," he said. "[Mom and dad] tried to settle down." Aguilar's family moved in 1994 when he was 4 years old.

In 1999, Aguilar's father was diagnosed with kidney failure.

A few years later, Aguilar's mother had to go through chemotherapy, and currently has a ruptured lumbar disk.

In 2005, Aguilar's family moved back to the U.S. to find more qualified doctors to help his dad.

Because of his family's troubles, Aguilar had to act as

'[Having to grow up fast] made me a better person and showed me that all things are possible.'

— Silvestre Aguilar

the parental figure for his two youngest siblings.

"I was the oldest of three, so I had to grow up quickly and become a parent figure for them since both of my parents were ill," he said. "I had to miss out on a lot of the young 'being a kid' type of lifestyle."

Although Aguilar had to grow up fast, the experience was worthwhile in the end.

"I feel that it made me a better

person and it showed me that all things are possible," he said.

"I learned that obstacles are everywhere in life and you either have to let them stop you and keep you where you are in life, or you can find a way to get over those obstacles and have it be a positive factor in your life," Aguilar said.

Aguilar has learned that nothing worthwhile is easy.

"It takes a lot of hard work to get where you want to go."

Provisions in place to stop sexual assault at Highline

By Cristina Acuna
Staff Reporter

Though sexual assault is not a problem at Highline, college and community officials are taking measures to ensure that it doesn't become one.

Students Rachel Johnson and Daisy Watts said that sexual assault is not a pressing issue at Highline because students don't live at the school.

Nevertheless, sexual violence is a recurring issue affecting students in colleges across the nation.

In January, the White House established a task force to help students across the country deal with sexual violence. This was engendered by statistics that state one in five women will suffer attempted or complete sexual assault while in college.

The Task Force plans to boost federal enforcement and give schools the necessary instruments to battle cases of sexual violence on college campuses.

However, though Highline is not a residential campus, it is taking measures to protect students in cases of sexual violence.

"Highline is not exempt from the White House initiative to address sexual assault/education in higher education," said Vice President for Student Services Toni Castro. "It applies to all colleges and universities, not just those with residence halls."

See Assault, page 24



Inside Scoop

•For more stories and pictures of the class of 2014, check out Inside Scoop, the quarterly Thunderword magazine, Section B.

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Students suffer from sickness in the sunny spring weather



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Acrobatic Theatre presents culture and beauty with *Tewaz*



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Student Government president wants to serve Highline students



Laptop stolen

A laptop was stolen out of a Highline student's unattended backpack on the second floor of Building 25. Campus Security checked the area but found nothing. Campus Security took a theft report.

Tips for identity theft protection

Campus Security has issued the following safety tips on preventing identity theft: Identity thieves commit their crime in several ways.

- They steal credit card payments and other outgoing mail from private, curbside mailboxes.
- They dig through garbage cans or communal dumpsters in search of canceled checks, credit cards and bank statements, and preapproved credit card offers.
- They file a change-of-address form in the victim's name to divert mail and gather personal and financial data.

Be sure to keep your personal information in areas where thieves can't steal them.

Items lost, found

The following items were found on campus last week:

- Women's Nike running shoes.
- Blue demon purse with makeup inside.
- Ten items in Building 25.
- Sixteen items in the ICC building.
- Two items in Building 8.
- Two items in Building 4.

- Compiled by
Antonio Foster

'The Secret Life of Walter Mitty' shows Friday

The Film Studies program will be showing *The Secret Life of Walter Mitty* this week for Movie Fridays.

The Secret Life of Walter Mitty, starring Ben Stiller and Kristen Wiig, revolves around a day-dreamer who escapes dreary life through heroic fantasies, until one day he has to embark on a real-life adventure.

The Secret Life of Walter Mitty will be shown this Friday, June 6, at 12:30 p.m. in Building 29, room 104.



The MaST's "Summer on the Sound" was already paid for this year by a large donation.



MaST summer camp paid in full

Highline's MaST Center *Summer on the Sound* science camp has been fully paid for by a \$10,000 donation.

The camp allows young students entering grades fourth through sixth interested in science to explore Puget Sound marine life through hands-on activities. The camp runs from July 7-11 this year.

"The focus of the camp is to engage campers in a variety of science and math activities while they explore marine ecosystems and learn to care for the natural world," said Kaddee Lawrence, the executive director of the MaST Center.

"The hope is that after attending MaST Camp, they will see their surroundings as an important part of their lives and will act according to that ideal," she said.

The \$10,000 donation was contributed after Lawrence sent an email asking for donations for a scholarship fund for applicants who might not be able to pay the entire fee (approximately \$175 per camper.) Lawrence said the donor is known, but has chosen to remain anonymous to the public.

"This donation is incredible for the MaST Center," Lawrence said. "It allows us to offer camp without charging the families of attending children."

After covering this year's fees, the remainder of the \$10,000 will be saved to cover next year's fees, Lawrence said.

Cafe hours change for finals, summer

Highline will continue to serve food through finals week and Summer Quarter.

For finals week, the Bistro in the Student Union will be open on Monday, 7 a.m. to 3 p.m., Tuesday, 7:30 a.m. to 2 p.m., Wednesday, 7:30 a.m. to 2 p.m., and Thursday, 8 a.m. to 1:30

p.m. The Bistro will be closed on Friday.

During Summer Quarter, the Bistro will be open Monday through Thursday from 7:30 a.m. to 1:30 p.m. and closed on Fridays.

During finals week and Summer Quarter Highline will still have its normal food selection, but some changes will be implemented.

"We will be serving the regular food selection, things like sandwiches, salads, the grill and to-go foods," said Rachel Collins, Highline Hospitality Services manager. "Also we are going to be moving the espresso stand down to the first level, so we will be serving espresso those times as well."

Speakers needed for graduation

Highline is still looking for multilingual speakers to convey a welcome message in their native language at Commencement.

To participate, potential speakers must be eligible for graduation and be walking at Commencement. Speakers must also attend a training session tomorrow, Friday, June 6, at 1 p.m. in the Mt. Constance room of the Student Union.

Languages already represented at Commencement are: Amharic, Bosnian, Burmese,

English, Japanese, Khmer, Korean, Mandarin, Moba, Punjabi, Russian, Spanish, Tagalog, Taiwanese, Turkish, Ukrainian and Vietnamese.

If you or someone you know would like to say a welcome in another language at Commencement, contact Ameer Moon, the associate director of International Student Programs, at amoon@highline.edu.

Learn about mountaineering

Guest speaker Ryan Strong will be presenting at the MaST Center this Saturday.

Strong is an operations manager at the Seattle Bouldering Project and is the lead instructor for KAF Adventures.

He will present a photo journey that spans from the Midwest to Mount Rainer and will share his personal story and strategies for mountaineering.

Strong's presentation is Saturday, June 7 from noon to 12:45 p.m. at the MaST Center.

The MaST Center is at 28203 Redondo Beach Dr. S. in Des Moines.

AT and IC merge

Highline has made the decision to merge the Administrative Technology and Instructional Computing departments, said College President Dr. Jack Birmingham in an email yesterday.

Dr. Birmingham said that the two departments will be combined into a single, integrated department within Academic Affairs.

"By integrating our technology functions in Academic Affairs, we can even better ensure that, going forward, our technology resources will be aligned around student retention and completion, streamlined admissions and enrollment processes, and new tools that aid our faculty in the classroom," Dr. Birmingham said.

With this reorganization, Dennis Colgan, the execu-

tive director of Administrative Technology has announced his retirement. His position will be eliminated as of July 1.

"I would like to thank Dennis for his contributions to the college during his nine years at Highline," Dr. Birmingham said.

Current Director of Instruction Computing Tim Wrye will be leading the combined operation, Dr. Birmingham said.

"I believe this change will assist the college in implementing our vision and benchmarks as we move forward in our accreditation process," he said.

Correction

In the May 29 issue of *The Thunderword*, the "Sexual safety is healthy" article, the following quotes and paraphrases have the wrong attributions.

The paraphrase, "having sex can mean different things to different people. For most college-aged students, it means vaginal intercourse. To some it means anal intercourse and to a few it means oral sex," should have been attributed to Teri Tomatch, a human sexuality instructor at Highline.

The direct quote: "The health benefits of sex happen from an orgasm, which relieves stress, treats common sexual problems, relieves menstrual pain and can enhance sleep. Orgasm causes a surge in oxytocin and endorphins that may act as sedation," should have been attributed to Tomatch.

The quote: "Stress relief and deep intimacy with a partner are mental health benefits," should have been attributed to Dr. Michele Manber, a human sexuality instructor at Highline.

The paraphrase: "With stress relief, some may find it easier to sleep, which is an indirect benefit of sex," should have been attributed to Dr. Manber.

The quote: "It is also cardiovascular exercise, which is always healthy, assuming you are taking precautions to avoid [sexually transmitted infections] and pregnancy," should have been attributed to Dr. Manber.



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Students give teacher evaluation website an A, while their professors say: ‘no way’

By Thunderword Staff

An online instructor evaluation website may be popular with students but teachers aren’t impressed, an informal unscientific survey of the Highline campus reveals.

Students can post comments and rate their instructors online at ratemyprofessors.com, based on categories such as overall quality, helpfulness, clarity, easiness, textbook use, grading, and even hotness.

Users can post comments about what they thought of an instructor and their class. The comments can be either negative or positive—whatever the user wants to write.

A survey conducted at Highline showed that 45 out of 55 students use ratemyprofessors.com to guide them when they are choosing classes.

“Honestly, all I use is Rate My Professors. Every single class I’ve taken here, I look up the instructor and make sure they are good instructors,” student Beau Hepler said.

Highline student Braeden Chandler said that he has never chosen a class with an instructor with an overall rating of 2.5 or lower.


“If you wanted to take a math class and you look up all of the instructors who teach that course and an instructor has negative comments such as ‘too much work’ or ‘doesn’t care about students,’ then you’re most likely not going to take the class,” Madlin Backlin said.

Student Ed Torres said that he uses the site to see what kind of workload he is getting into.

Also, if a lot of people are

RATE MY PROFESSORS

Moe Skeeto



School: Highline Community College

Location: Des Moines, WA

Department: Science

3.5

Overall Quality

5.0

Helpfulness

4.0

Clarity

2.5

Easiness

Number of ratings 5 / Average Grade: B+

Aaron Fields/THUNDERWORD

Students can post comments and rate their instructors online at ratemyprofessors.com, based on categories.

saying negative things students won’t take the class, said Anna Vykhovanets.

However, one student hates the website and said it is full of flaws.

“It’s inconsistent to me. I have taken many classes in which Rate My Professor said it was a hard class and it ended up being fine or easy,” Garrett San Luis said. “I feel bad for the instructors who have bad comments.”

Nevertheless, instructors do not take negative comments on the site too seriously, said Jeff Wagnitz, Highline’s vice president of Academic Affairs.

Wagnitz said the administration doesn’t use website opinions in evaluation its fac-

ulty members’ performances.

“The information there is totally unscientific, with no controls on who does [or doesn’t] participate,” he said.

Each department at Highline is provided with a set of approved, official evaluation forms used to assess faculty effectiveness, Wagnitz said.

“There seem to be a lot of trolls on that site. I pay more attention at the end of the quarter evaluations from my students,” chemistry instructor Steven Marfiak said.

“All faculty get evaluated most quarters by students on official evaluations, not just rate my professors,” said Angi Castor, a writing professor.

“Student evaluations are a huge part of the tenure process and are also a part of the post-tenure process,” she said.

Although most professors don’t pay attention to the site, some do.

“I care about negative comments. I’m only human, after all,” said Avery Viehmann, an English instructor. “I always try to use the constructive commentary to improve my teaching.”

Anthropology instructor Dr. Lonnie Somer said that he would care if the negative comments were consistent or constructive. But, it’s not always easy to differentiate between that and the “sour grapes,” he said.

Instructors agree that the site

is unreliable and inconsistent.

“The voices in these public commentaries generally don’t reflect the actual views of most people,” film studies instructor Dr. Tommy Kim said.

“No one person can be all things to all people and no one can please everyone. There will always be students who simply do not like the class, text, teaching methods, exams or assignments. That has always been true and will always be true,” said Highline Instructor Bill Kohlmeier.

Staff Reporters Brandon Madsen, Jabril Ibrahim, and Keith Salo contributed to this story.

New financial aid director to lead technology change

By Daniel Taylor
Staff Reporter

Sherri Ballantyne has taken over as director of Financial Aid to prepare Highline for a change in software in 2016.

A lover of reading, gardening and cooking, among other things, Ballantyne comes to Highline with about 18 years of experience in financial aid, with about 15 years as director.

Hailing from Deerfield, IL, Ballantyne is a graduate of Spokane Community College and Seattle University.

Prior to her debut at Highline on March 17, Ballantyne served as director of Financial Aid at Bellevue College for 15 years.

“When the position for Financial Aid director first opened, I began to research the awards and accolades Highline has received,” Ballantyne said.

Highline is a college with a good reputation and there is a lot of collaborative work across campus, said Ballantyne.

“I’ve worked with people from Highline, and they have always had high opinions of the college,” Ballantyne said.

“I have heard, through the industry grapevine, that Highline is one of the champions of diversity and one of the great places to work in higher education,” she said.

Ballantyne revealed her strategy to ready her new department for the upcoming Summer Quarter.

“I learned to use a blend of ‘shake things up’ and ‘let it fly’ when beginning with a new department. No big changes,” said Ballantyne.

“There’s no point in throwing the ship upside down,” she said.

One big change that looms in the distance, however, is the upcoming CTC Link Project, which is a software and hardware conversion at Highline, scheduled for 2016.

“We’re moving to a new software called Peoplesoft. It’s going to be a big tech improvement,” Ballantyne said.

Changes around the Financial Aid office will center on the utilization of more technology, said Ballantyne.

“The Financial Aid depart-



Sheri Ballantyne

ment is looking to use new technology to reduce manual data entry and maintenance,” said Ballantyne.

Besides lowering operating

costs, the results of the CTC Link Project will show increased worker efficiency and allow extra time to increase services to students, said Ballantyne.

“We want students to achieve their dreams,” said Ballantyne.

Technology is Highline’s biggest obstacle to helping students, where software and hardware is concerned, said Ballantyne.

“Many campus computers are running a DOS-based program,” she said.

Approximately 40 percent of all Highline students receive financial aid services, and the Financial Aid Department is keeping track with decades old software, said Ballantyne.

“It’s going to be a tough conversion. I’m lucky to have such a great staff,” Ballantyne said.

This is not the end but a new beginning

This year has had its ups and downs but hopefully the college has taken away some wisdom from them as the year closes. Starting the year with a little bit too much crime on campus is never how a school wants begin its year. The crimes were just the beginning of what the campus was going to experience. Perhaps it was foreshadowing the rest of the year.

For example, in February when the campus was sort of shut down because there were threats made by an angry student. There was such a lack of information as to what and why it was happening that it left faculty, students and staff confused. The campus learned too late what the underlying cause was.

Although the root cause of the incident was sort of communicated, the lack of information left the campus guessing. That incident was the beginning of an information crisis around campus. Maybe at some point the college will leave behind its reliance on email and communicate more efficiently and, more importantly, more clearly.

Then the age-old parking at neighboring businesses issue came to a head. Lowe's had been threatening to tow non-customer vehicles for most of the year and, again, the college's attempts at alert students were insufficient. And when Lowe's did begin towing, the lack of sufficient notification by the college resulted in students' cars being hauled off for ransom.

If the college had used a system such as the emergency notification system, which is more direct than email, how many students would have gotten the message? Another example of the lack of communication occurred when the college's annual blood drive was canceled with no explanation. No one knew, no one was told, and until questions were asked the cancellation did not come to light. The administration was apparently protesting Federal Drug Administration policies regarding disclosure requirements for donors, but the act of protest never made sense because it wasn't explained.

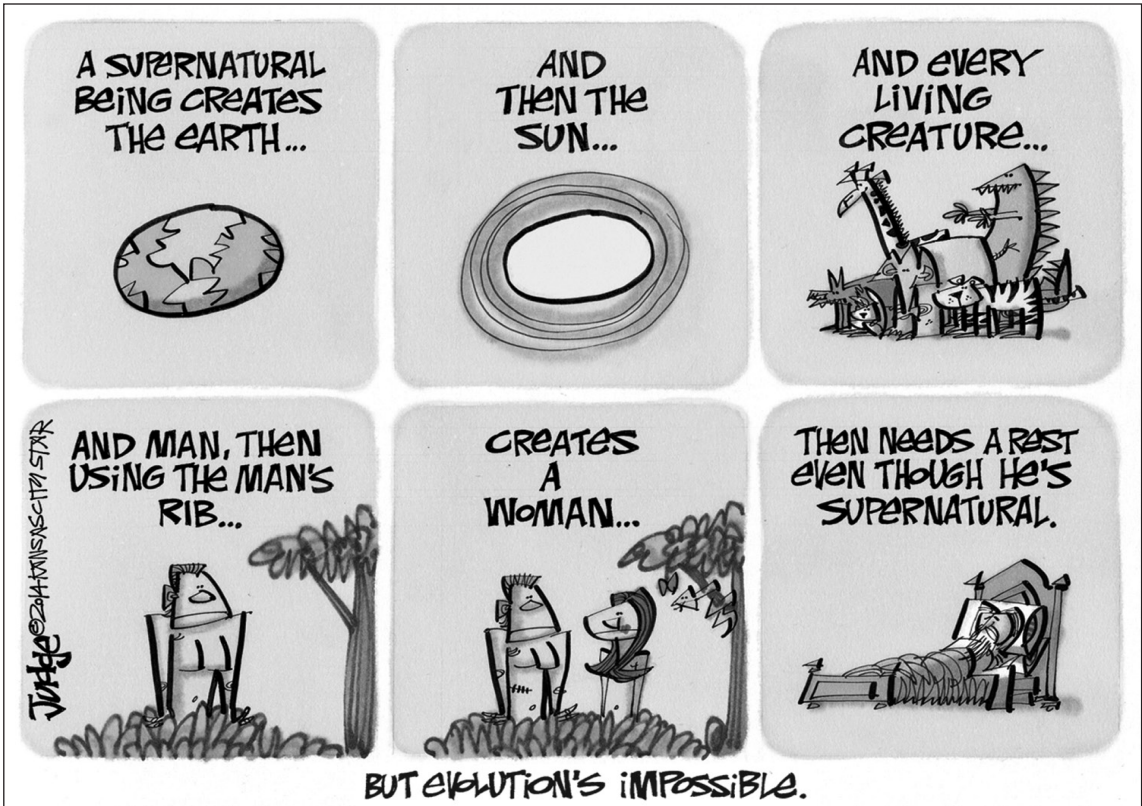
And finally at the end of this year the college officially closes the drama program, which potentially robs thousands of current and future students from a connection to education in the arts. The administration's lack of coherent explanation for any of these decisions leaves the campus confused and frustrated. Whether it was the campus safety issue, Lowe's towing or the blood drive cancelation, it all comes down to this: Highline administrators need to find a way to efficiently let the campus know what it is doing and why things are being done. No college is perfect and that's OK, but its not OK if the campus doesn't allow itself to communicate with its students. This is an institution of learning. Let's hope administration officials are good students.

Despite all this, the college still educated many students over the course of this year and even won a national diversity award.

Have something to say?

Have something you want to say to the student body? The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns. Students may submit thoughts, comments, concerns and complaints on what's happening on campus to articles written by the Thunderword staff reporters. Letters to the editor should be about 200 words, columns should be no more than 600 words. Send submissions to thunderword@highline.edu by Monday for print on Thursday. Submissions will be published in the next issue of the paper.

Write to us!



Make new friends but keep the old, both are silver and gold

I'm graduating soon, which means I will be moving on from high school to bigger and better things, leaving behind my mediocre and half-assed high school career and insignificant drama along with it.

The only thing I'm sad about is losing a part of me I won't ever get back. Once I leave high school I may be leaving a bigger part of me behind with it, my friends.

The only way to preserve and fully appreciate this part of me is to remain close to them.

This is why it will be important for me to keep the friends I've made through out these four years, even while I'm kicking the past under the rug.

The friends I've made along the way are a part of who I was, and keeping them with me, as I grow old will mean that somewhere I will still be the April that knew what adventure felt like.

I don't mind leaving behind most of high school but I fear losing the people that made these four short years magical.

The two people who have stuck with me through it all have changed so much but yet when I'm with them, I go back in time and turn 15 again.

I remember mobbing around Des Moines with no direction or objective, to just experience the small town around me and all it had to offer. I would have never thought about doing that if it wasn't for those two close friends of mine.



Commentary

April Pacheco

I've made friends, lost most, yet through it all I still see my best friend who I made cry the first time we met in fourth grade, Kristina Alvarez. I still see my giraffe of a best friend who couldn't care less of what people think of her, Sydney Hay.

I don't think I would be the same person with out these two girls having my back these years, and a bittersweet tear comes from the fact that I will only miss high school if leaving it means leaving them.

Everyone has those friends who can't be replaced, not by a boyfriend and not even by a sibling, because things that you've done with them are things that can't ever be recreated.

Like the times we would come into our first period science class high, only to be ecstatic that we would be watching the Cosmos with Carl Sagan for the rest of the period (I got

an A in that class, don't judge me.) Or the time during swim team when all that mattered was seeing each other beat our own times. I miss the times we spent hours playing Left 4 Dead on Xbox live screaming that the tank was coming our way. Or even simply hiding under the covers while Sydney braved the uncharted plot of Amnesia the Dark Descent.

Nothing will replace these memories and that in itself is a good thing. I don't want anything to be able to replace these memories because these memories made me who I am. But what is more important is that those memories wouldn't be possible without those two girls.

My friends will always be a home away from home, the girls that taught me the value of having best friends. The girls who taught me what friendship really is.

Kristina will be going to the University of Washington next year and Sydney will be off experiencing the world much like she adventured in small Des Moines. I will also have my own journey, but I will gladly await the day we get together for old time's sake.

As graduation comes closer and I reflect over my friendships, I advise not just the underclassman, but everyone to not take their friends for granted. Because taking them for granted is taking yourself for granted as well.

the Staff “

Congratulations class of 2012, I mean 2014.

” E-Mail: tword@highline.edu

Editor-in-Chief	Ryan Johnston
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News Editor	Rebecca Starkey
Arts Editor	Ipek Saday
Sports Editor	Bayonne Beninger
Opinion Editor	April Pacheco
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Living Editor	Kaylee Moran

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Photographer	Many fine people

Photo Editor	Andie Munkh-Erdene
Business Manager	Erica Moran
Advertising Sales	Now hiring
Advisers	Dr. T.M. Sell Gene Achziger

Farewell to the newsroom

Working for the Thunderword this past year has contributed significantly to who I am as a graphic designer today. It wasn't until I took my skills outside of the classroom and applied them to real life projects that I began to realize my full designing potential. The diversity of stories that I have helped bring to life visually has challenged me and molded me into a well-rounded person who can make just about anything look awesome. As I move on to other adventures in life I will forget many things learned in the classroom. Working for the Thunderword is one thing that I will never forget. Especially since I have hoarded a stack of papers to look through to remind me.

— **Aaron Fields,**
graphics editor

One day I will take over the world and I owe it all to the newsroom. I have gained the skills I need to take on any of life's challenges. I would not be the person I am today without the wonderful people I have worked with. I have met some of my best friends in the newsroom, Ipek and Bayonne, I will cherish you both forever, thank you for just being you. I took journalism in the spring of 2013 and I almost dropped the class in the first week. Thank you Uncle Gene for teaching me that I can do anything I put my mind to. And Dr. T.M. Sell for your wise words and encouragement. In the fall, I will transfer to Central Washington University-Ellensburg, and I am so excited and ready for the next chapter in my life. As I venture out into the world, I will always remember, "There are no problems, only opportunities."

— **Bailey Williams,**
managing editor

After an amazing, enlightening, and stressful 10 months at the Highline Thunderword, I'm sad to bid farewell to the newspaper. My first quarter as a journalism 101 student, I was also offered the position as sports editor. Hitting the ground running and clueless that first quarter, I am so thankful for my mentors T.M. Sell and Gene Achziger. You both were able to teach me, while allowing me to grow on my own along the way. I've made amazing friends with my coworkers and have had so many laughs along the way. I love you Rebecca, Ipek and Bailey. Although, many days our head honcho and boss T.M. referred to me as Bailey instead of Bayonne, I don't think there was a day without much laughter here in the newsroom. We're both taking on Central Washington University this fall, and nothing can



Andie Munkh-Erdene/THUNDERWORD
Ipek Saday, top left, Rebecca Starkey, Aaron Fields, left, Kaylee Moran, Bayonne Beninger, Bailey Williams and Ryan Johnston.

stop us. Look out Ellensburg.

— **Bayonne Beninger,**
sports editor

Before the newsroom I surrounded myself with fellow music lovers and nerds, but when I moved to Seattle, it wasn't starving musicians I came face to face with but sports addicts. Little did I know that when I signed up for Journalism 101 I would finally have my chance to befriend fellow weirdos. These people have taught me that you can actually have friends in college. It used to be hard to make friends because you spend 10 weeks together and then poof the quarter is over. Journalism was one of the only constants I had in the past year, so it's with a heavy heart that I say goodbye to the people who have restored my faith in humanity. That goes especially for Gene and T.M. Thank you to the people who made my day better simply by being there, Bayonne, Bailey and Rebecca you have all truly changed me for the better. Please do not forget me.

— **Ipek Saday,**
arts editor

Working for the Thunderword has been a great experience and I would recommend it to anyone, even if you don't plan on majoring in journalism. I've learned some really valuable life skills from working here and it has helped bring me out of my shell and push me out of my comfort zone. It's a fun and unique environment to work in and it's exciting to see your work being published. Being able to write about my passions in natural health and nutrition has helped me learn more about it and also gave me really good connections to professionals in those fields. I am thankful for Highline and everyone who has

supported me to become the person I am today.

— **Kaylee Moran,**
food/health editor

Over the past year, being in the newsroom has taught me to step out of my comfort zone. More like, fall face first out of it. The Thunderword introduced me to Dr. T.M. Sell and the people that would soon become my closest friends. My newsroom friends taught me to embrace the fun in life while T.M. taught me how to fall flat on my face, and then get back up with gusto. Oh, and I think he also taught me something about journalism and commas and grammar and stuff. Overall, my time with the Thunderword has taught me to be more comfortable with who I am as a person. I will miss you, my crazy, fun journalistic family.

— **Rebecca Starkey,**
news editor

College isn't an easy thing to adjust to. The amount of work increases, the type of instruction changes, and students are expected to be more self-reliant. And yet, despite these potentially intimidating standards, I've managed to come out the other side as an upcoming graduating student. I've absolutely loved my time here, especially in my year working at the Thunderword. Making new friends, learning how to talk to complete strangers and struggling through finals are just some of the funny, stressful, or outright awkward situations that will stick with me as I leave. I want to sincerely thank my parents, friends, coworkers, and anyone else who's made me who I am today. I could not have come as far as I have without your support.

— **Ryan Johnston,**
editor-in-chief



Closing drama is a very bad idea

Dear Editor:

Highline Community College is the oldest community college in King County, one of America's densest-populated counties in the Northwest, not a small thing.

And yet it doesn't seem so.

It seems more provincial than what it should be geographically. It's not because the address says Des Moines, and not Seattle, it's not the limited parking space, and it's certainly not the tuition.

It's the way that the heads of the school have decided to run the business of education.

In this complicated and tough economic dance of profit and loss, somehow you've stepped on your own feet, and the swelling might mislead us in the long run. Because it is a long dance my fellow dancers.

Yes, and I dance too.

You have ambitious goals, new bachelor programs are coming to Highline, the newest trends in the market of education are being followed and implemented, and just as the swing rumbles to the full chorus and the orchestra gets louder, you slow your steps like two diletantes afraid of being as bold as the music is.

It was the perfect time of for the theater department to find new ways to improve, maybe incorporate and strengthen with the other departments, promote itself, that is, its students and faculty to the community, generate funding, use the social networks, but no.

A whole department had to be shut down.

So how innovative is this future Highline?

Is it just going to follow the market trends?

Is it just going to merge in and act cool in the heat of the moments and hustle of the financial rhythm changes, and let the other colleges lead the way?

Or is it going to innovate, take those risks and bold steps, jump, twist, wink, provoke, and seduce the competing dancers?

But maybe I'm just dreaming.

Maybe I should stop talking artsy-fartsy, and realize that living in one of the densest populated corners of

the U.S., and attending one of its oldest community colleges, is nothing special.

Maybe I should just be a good student, continue with the routine, not ask too many questions, take notes, turn in the homework. and in no time I'll be outta here with an AA in my hands.

Because the heads of the school don't care, and it would be rude not to say so.

— **Mak Zuljevic,**
Highline alumnus

College not to blame for parking

Dear Editor:

I recently read an article in The Thunderword that brought about concern and anger to me.

I read the article "Students prefer efficiency nowadays" in your May 29 issue on page 4. My concern with this article is what I understand from the writer's point of view, is that Highline Community College has a responsibility for students who choose to park their cars illegally off campus in a neighboring business.

I can't understand how this would be a problem that belongs to Highline or a responsibility to the faculty or staff.

I am a full time student of Highline for the past seven quarters and in each of these quarters I have spent money to pay for a parking pass.

I can't understand how Highline can be held responsible if I had chosen to "save a couple bucks" and risk parking on another lot that is private property of a store.

If I was an owner or a manager of any of these businesses that neighbor our campus I would be angry if anywhere between 125-300 students parked in my lot during the day.

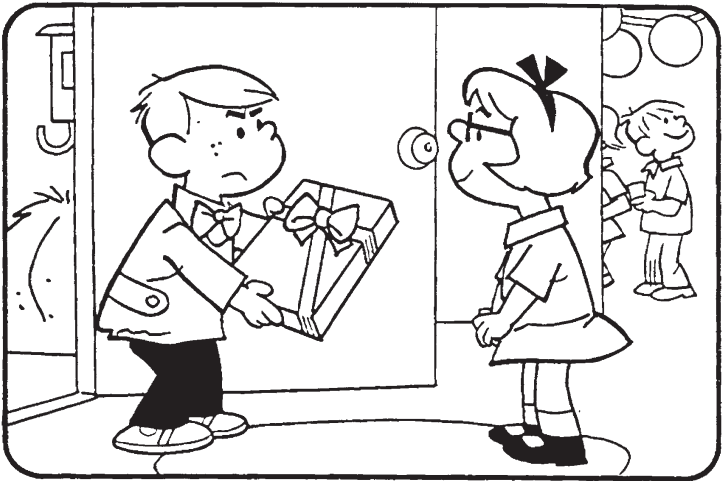
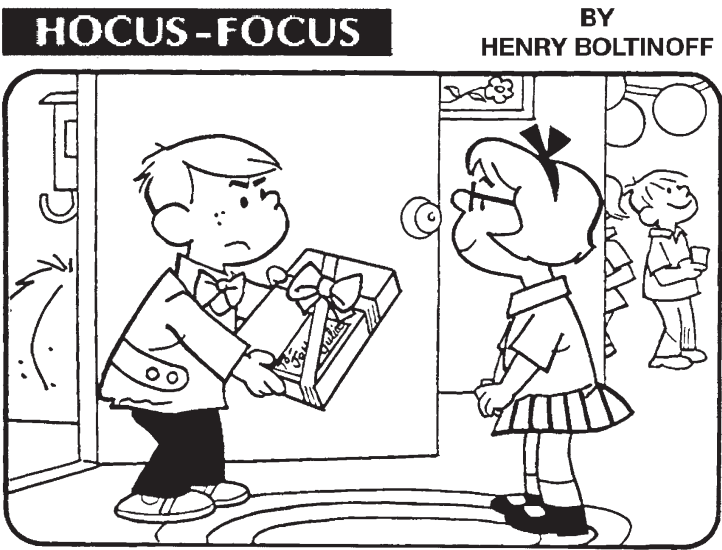
This takes away parking from my customers and give potential customers a false impression of how busy the store truly is.

As a consumer, if I pull up to the store and see 300 cars in the lot I will assume there is some kind of insane sale going on and I will forgo my visit for that day or I will find a different place to shop.

My main concern though is the common thought that this parking problem and subsequent towing of student's cars is the fault of Highline for not warning students. I disagree.

We are all adults on this campus and we must all learn to follow rules and be accountable for those rules that we blatantly disregard to "save a couple bucks."

— **Elouise Cassatt,**
Highline student



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

Differences: 1. Belt is shorter. 2. Card is missing. 3. Rug is different. 4. Picture is missing. 5. Skirt is different. 6. Boy is turned.

Weekly SUDOKU

by Linda Thistle

9			7				6	
	5	2		1				9
		4			9	8		
3				4			5	
	6		1					4
		5			6	2		
7			9					3
	2			3				1
		1			2	6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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1. TELEVISION: What was Shaggy's real name on the *Scooby-Doo, Where Are You!* animated series?
2. U.S. STATES: What is the only state that can be typed on a single row of a keyboard?
3. ANIMAL KINGDOM: What is a young swan called?

4. PSYCHOLOGY: What fear is represented in "lachanophobia"?
5. MUSIC: What musical instrument does the marimba most closely resemble?
6. FAMOUS QUOTATIONS: Which comic actor once said, "Tragedy is when I cut my finger. Comedy is when you fall into an open sewer and die"?

King Crossword

ACROSS

1 Honey-comb compartment
5 In earlier times
8 Pleads
12 Neighborhood
13 Sister
14 Chills and fever
15 Troop group
17 Unusual
18 Line
19 Strapped for cash
21 Apartment of a sort
24 Soccer legend
25 Shades
26 Aromatic
30 Donkey
31 "I don't give —!"
32 Shad offspring
33 Dweller
35 Cookware
36 Wagers
37 No liability
38 Silas in "The Da Vinci Code," e.g.
41 Crafty
42 Burden
43 Uncommuni-cative
48 Jab

DOWN

1 Gridlock participant
2 Before
3 Lower limb
4 Scottish landowners
5 From the beginning
6 Pistol
7 Precisely
8 Keg
9 "Zounds!"
10 Mentor
11 Leak slowly
16 Cow's comment
20 Scads
21 Burn somewhat
22 English river
23 Loch — Monster
24 Lowly workers
26 Orator's skill
27 Cupid's alias
28 Staff member?
29 Criterion
31 Mideastern gulf
34 In the same place (Lat.)
35 Hitchcock classic
37 — Baba
38 Heidi's range
39 Swag
40 Use a kiln
41 Undo a dele
44 One long time period
45 ... and another
46 Peacock network
47 Sock part

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Food morsel	— — — — P	Skedaddle	— — — — M
2. Tub user	— A — — — —	Irritate	— O — — — —
3. Steed	— — — — T	Pitcher's hill	— — — — D
4. Singing group	— — O — —	Rocker, e.g.	— — A — —
5. Might	— O — — —	Mockery	— A — — —
6. Bazaar	— — — — T	Pointer	— — — — R
7. Canoe oar	P — — — —	Equestrian chair	S — — — —
8. Kelly or lime	— — — — N	From Athens	— — — — K
9. Weeping tree	— I — — —	Flounder	— A — — —
10. Criminal	— — — — K	Sing like Bing Crosby	— — — — N

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7. MEASUREMENTS: What does a caliper measure?
8. GEOGRAPHY: Which one of Canada's provinces has the nickname "La Belle Province"?
9. MOVIES: In which movie did a girl gang called the Pink Ladies appear?
10. U.S. OLYMPICS: In which sport is a pommel horse used?
- Answers**
1. Norville Rogers
2. Alaska
3. Cygnet
4. A fear of vegetables
5. Xylophone
6. Mel Brooks
7. Diameter or thickness
8. Quebec
9. Grease
10. Gymnastics
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Changing seasons causes sniffles and sneezes

By Ryan Johnston
Staff Reporter

The sun gets brighter, the weather gets warmer, and people should be spending more time outside in the spring. Instead, many students are sniffing and coughing, too sick to enjoy the transition into summer.

There are some possible reasons for why this is happening.

“One thing that comes to mind is seasonal allergies,” said Dr. Teresa Goldsmith, a naturopathic doctor in Seattle.

With an increase in pollen and other allergens, people’s immune systems prioritize the allergens. This gives germs and other things that cause sickness an opportunity to get in people’s bodies.

“If there’s something being passed around and people’s immune systems are haywire,” then that could be why sickness is spreading faster, Dr. Goldsmith said.

Another possibility is the lack of sun exposure.

In the Seattle area, many people are Vitamin D deficient, she said. “Even when we are outside, we’re not getting enough sun.”

A third answer could be the change in the season itself.

When seasons change, “our bodies need to shift to the season,” Dr. Goldsmith said. “Bodies need time to transition.”

To keep yourself healthy, Dr. Goldsmith recommends some homemade remedies.

“Get plenty of sleep,” she said. “Making sure we get plenty of sleep [and] do something relaxing” can help reduce the potential for sickness, she said.

Students tend to stay up late and study, especially towards the end of the quarter when it’s close to finals week. This means that students undersleep, Dr. Goldsmith said.

Dr. Goldsmith also recommends that students eat regularly.

“[Don’t] skip on any meals,” she said.



Vinh Banh/THUNDERWORD

Students can find ways to cope with stress

By Kaylee Moran
Staff Reporter

Stress is a common symptom for college students, but luckily there are some ways to help.

“Prevention and planning is crucial,” for stress relief, said Dr. Gloria Koepping, a counselor at Highline.

Stress can impact you physically, cognitively and psychologically.

“There are a lot of symptoms that stress causes; not being able to focus or concentrate on your studies, or not being able to memorize your test material are just two,” Dr. Koepping said.

Stress also impacts your sleeping and may cause insomnia, and your ability to eat well, she said.

“You might find yourself staring at the wall or avoiding the things that caused you to feel stressed out in the first place,” Dr. Koepping said.

“You might be more irritable than usual or feel depressed too,” Dr. Koepping said.

Fortunately, students can do many things to help relieve stress in their lives.

Students can reduce stress by preventative planning and keeping up with work in classes, Dr. Koepping said.

“Only take as many credits as your work and home life will easily support. Make sure you have enough time to study and go over your notes each day,” she said.

“Use a paper schedule or put assignments in your phone so you have the time to do the work as well as the due dates recorded,” she said.

“Make sure you do a little studying every day. Put it on the weekly schedule and do it,” Dr. Koepping said.

Exercising daily, eating healthy and having a regular sleep schedule can also help, she said.

“If you start to procrastinate, come see a counselor or check out our web resources immediately. The quicker you get

unstuck, the less stress you will feel,” Dr. Koepping said.

If you find yourself in a stressful situation, consider your options. This will depend on the situation and what is causing the stress, she said.

“If you can figure out what is stressing you out and then think about what options you have to decrease the stress, that is a start,” Dr. Koepping said.

“If you have trouble figuring out your options or how to implement them, come see a counselor for help. Counselors help students look at all the possibilities and sort out what might work for them,” Dr. Koepping said.

The counseling center is located in Building 6, upper level and is available for appointments

Monday to Friday 9 a.m. to 4 p.m and also has same day drop in hours Monday to Friday at noon, first-come, first-served.

For more information, visit

their website at counseling.highline.edu.

“We would be happy to work with you, if you need some support or direction,” Dr. Koepping said.

The Garden Bug



Found throughout North America, this plant has had many uses in native American culture. Parts of it have been used

as a food source, to make medicine for skin ailments and insect bites, and to make face-paint for ceremonies.

The vigor of these plants in an area was seen as an indicator of whether the area sustained enough rainfall and could support crops.

- Brenda Weaver
Source: herb.umd.umich.edu

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It's not too early to think about first home

By Issachar Nistran
Staff Reporter

Three longtime real estate agents said it's never too early to prepare yourself for the real estate market.

You should buy a house because it's the moneywise thing to do, real estate agent Tammy Lundin said.

Lundin is an agent for Re/Max and has been working as an agent for 19 years.

"Everyone needs a place to live, shelter is a basic need, so why not own instead of giving potential equity to a landlord?" she asked.

"We did have a terrible housing crisis recently and are recovering now, but people that bought during that time do have options and many have come out from under the water during the improvement of the market," Lundin said.

There are many benefits to being a homeowner, she said.

"There are financial incentives such as the mortgage interest deduction which is a deduction homeowners are allowed to claim on their income tax for the interest that is paid on their primary residence," she said.

There is always the possibility of equity gain.

Equity is the increase in home value, which results in a value greater than the amount owed on a home mortgage.

"Potential equity gain is an incentive which is very real in this market," said Lundin.

Potential buyers should start saving for a down payment and closing costs.

"In this market, sellers are rarely giving concessions towards closing costs in many price ranges due to the lack of inventory and number of buyers



Real estate professionals say there are many good reasons for buying a home instead of renting.

for each home," Lundin said.

"Get connected with a mortgage lender that you trust and enjoy working with, they can help you get 'credit approved' meaning that credit has been approved, income/job verified, and funds to close verified," she said.

A common concern for young people is how much money they need to have for a down payment.

"Twenty percent down payment eliminates private mortgage insurance (PMI), which is an additional monthly cost. This lowers your overall monthly payment and provides a lower mortgage balance. However you can finance with an FHA loan for 3.5 percent down," said Sheri Goldman.

Goldman is a veteran real estate agent for Re/Max. She has been working as an agent for the

last 24 years.

"The cost to borrow money now is very cheap (low interest rates), so depending on your situation, you may want to put less down and finance more, holding on to the cash for other investments," Goldman said.

You should take the time to prepare yourself for a mortgage, said Windermere agent Mindy Brady.

Brady has been working as an agent for seven years.

"A mortgage is a big responsibility to take on, so a good way to make sure you can make this payment each month is to start making the payment now, to yourself," she said.

"Put aside 40 percent of your total monthly income into your savings account on the same day each month and don't touch it (this will also help you start

saving up for your down payment). Or, if you are currently renting, make sure you are making your rental payments on time and putting any extra money you have into savings," Brady said.

A mortgage lender can guide the first-time homebuyer on the best mortgage that will meet their individual needs, said Re/Max agent Lundin.

"This is critical in order to compete in this housing market," she said.

Good credit is vital for getting approved for a loan.

Without good credit and a stable income you can't do much in the real estate market.

Re/Max agent Lundin said "The most important thing is for them to get their financial and credit situation in order."

"Get a low limit Visa card

from your bank," said Re/Max agent Goldman.

"Your credit score is the most important number you will ever have; it dictates everything from the ability to buy a car, the rate you will pay on that auto loan to the ability to purchase a house and insurance."

Everything financial is based around your credit score in one way or another.

"It is very important to establish credit and very important to pay on time in order to retain a good credit score," said Goldman.

Mindy Brady said you should look for practicality in choosing a home.

"No matter what your budget, the first thing you want to do for any home you are considering purchasing is to make sure that the structure, foundation, and roof are sound and that the main working components such as plumbing, heating, and electrical are in good condition," she said.

Some other important factors are parking and the size and location of the home to make sure that your needs are met, Brady said.

"Depending on what your budget allows, you can accommodate personal preferences for the style and finishes of the home," she said.

When looking for a location it all "depends on your personal needs, but generally something that is in close proximity to your work or school, shopping and recreational activities are all things to keep in mind for location," said Brady.

A good real estate broker will be able to guide you through the process of searching for and purchasing the best home for you, Brady said.

Plan ahead to transfer for CWU business degree

By James Ford Jr.
Staff Reporter

If you want to transfer to Central Washington University-Des Moines for a business or accounting degree, a little planning can help, said Rebecca Nguyen, academic counselor.

Nguyen said making a feasible academic plan to complete your direct transfer agreement or your transfer credits is a good start.

Referring to the equivalency guide on the CWU website is another resourceful tool to use as well, said Nguyen.

Applying in advance is also a good idea; try to apply one to two quarters before you plan to start at CWU, said Nguyen.

The next step is filling out your FAFSA form for financial aid if needed.

Once this is done, fill out a

general scholarship application on CWU scholarship page. After these steps are completed, you will need to send your transcripts to the office of admissions at Central Washington University in Ellensburg to be processed.

The general academic requirements are 180 credits for a degree, 60 credits of upper division courses, 45 credits in residence at CWU, 2.0 minimum CWU cumulative GPA to graduate, and 2.25 minimum major GPA.

You can also satisfy all general education requirements outright or through a direct transfer agreement, said Nguyen.

She also talked about pre-admissions courses that need to be done before you transfer, and some advisory resources you

can reach out to for help.

"Students seeking information about the college of business pre-admission requirements should contact their Highline academic adviser," said Nguyen.

Nguyen also gave a power point on pre-course requirements and GPA requirements.

Your cumulative GPA will need to be 2.5 for all pre admissions courses said Nguyen.

In addition to these requirements accounting majors must have a C or higher in accounting 251/252, said Nguyen.

Highline also offers pre-admissions courses, including English 101, English 102 or English 205, Accounting 201, Accounting 202 and 203, Economics 201 Micro Economics, Economics 202 Macro Economics, Math 146 or Business 210-

Statistics, and Business 201.

Although business law is no longer a pre-requisite, students

will need to take this course at Highline to meet CWU requirements, said Nguyen.

Business Manager Help Wanted



Get a jump start on your business career.
Work on campus helping to run HCC's newspaper The ThunderWord.

Must be enrolled for at least six credits in Fall 2014.
10 hours a week/paid position

Email: tsell@highline.edu

DM Farmers Market opens Saturday

By Michaela Vue
Staff Reporter

The Des Moines Waterfront Farmers Market will give everyone a taste of summer when it opens this weekend.

Opening day is this Saturday and will continue through the summer. It runs from 10 a.m. to 2 p.m. at 22307 Dock Ave. S. in the Des Moines Marina.

The waterfront is a great place for everyone to enjoy the weekend, Market Manager Rikki Marohl said.

With more than 50 vendors, the market offers a variety of produce, value-added products, and craft.

For hungry marketgoers, there will be different food trucks throughout the summer serving a variety of food from wood-fired pizza to ethnic Filipino food to paleo dishes.

The Des Moines Farmers Market is the largest in the area with about 5,000 people attending each Saturday.

Farmers markets are becoming more popular in local communities, Marohl said.

"When we started, we hoped for 18 to 25 vendors a week and now we have more than 50 vendors from across the state," she said.

Marohl said farmers markets are growing because people are becoming more aware about where their food comes from.

"It's really important for you to speak to the farmer," she said.

The farmers market setting allows people to ask questions about where and how their food



Rebecca Starkey/THUNDERWORD

A vendor at last year's Des Moines Farmers Market arranges flowers. The market will open this weekend.

is grown, unlike a grocery store.

"We try to keep [the vendor ratio] at 70 percent farmers," Marohl said.

The market's vendors are all local, meaning they are all within the state. The closest come from Enumclaw and Car-

nation while the furthest hails from Sunnyside.

"We want to support local," Marohl said.

The difference from the grocery store and the market is that your money does not get divided with middleman across the country, Marohl said.

"The money you spend goes back to the farmer and your community," she said.

Another benefit of the farmers market is having in-season food.

"We save more because they [kids] finish their food," Marohl said of the more flavorful food.

Along with quality products, the farmers market also brings in people to the small businesses in the area, which again goes to the community, Marohl said.

There are also booths for community information. Last year, the King County's Master Recycler Composter program had a booth to teach people about reducing waste.

"We cut our garbage in half," Marohl said of how much she learned.

Marohl said they will be back this year on Opening Day.

The market hosts one event per month. July 19 is the Waterland weekend, Aug. 9 is Health and Fitness Day, Sept. 13 is Kids/Back to School/Safety day, and Oct. 25 ends the season with the eight annual Chili Cook-off.

"It's nice to see the community come together," Marohl said. "At the grocery store, you don't go to see your neighbor."

For more information about the market, visit dmfm.org/DMFM/Home.html or email Marohl at market@dmfm.org.

Beyond the Job Fair, students can seek jobs on campus

By Daniel Taylor
Staff Reporter

The Washington state unemployment rate is still at 6.1 percent as students rush to find jobs for the summer.

The Highline Job Fair crackled with energy as some 600 students met with prospective employers last week.

"It was phenomenal," said Diana Baker, employment specialist with the Student Employment Department.

About 50 employers attended the job fair and they were very satisfied. Many employers left very good comments, she said.

Among the employers were Menzies Aviation, seeking full and part-time entry-level ramp agents; Farmers Insurance, looking to fill administrative and office positions; and Smith Bros. Farms, offering seasonal work for the summer.

Some of these employers went on to say that "this was the best job fair," due to excellent

attendance and student preparedness, said Baker.

"Students at the Highline Job Fair were dressed appropriately and had resumes in hand. That's something other campuses could not match," said Baker.

Highline holds two general job fairs each year, with one field-specific job fair, as well.

Looking to capitalize on this year's success, Highline is looking to expand field-specific job fairs next year, Baker said.

"There has been some discussion about criminal justice and business job fairs," Baker said.

In addition to hosting various job fairs, student employment specialists post on-campus positions online.

Campus jobs can be found on interfase.com.

"There are about 12,000 jobs posted, in addition to the campus jobs that are available to students, though not that many students utilize it," Baker said.

Each year, various depart-

ments around campus employ more than 400 Highline students.

The vast majority of these students are qualified for financial aid and paid from Highline's general fund.

"Students are paid on top of what they receive from financial aid," Baker said.

Any student may receive up to six credits for their work within their respective department.

"Credits and wages are determined by the department for which they are working," she said.

Students employed by Highline may work up to 19 hours per week. Most students average about 12 to 14 hours per week, however there is no minimum.

"Supervisors know that students are students first," Baker said.

This is why schedule flexibility on part of the various departments is crucial, she said.

Also a crucial factor is the convenience of working at

school, Baker said.

"It is very convenient to be able to go to class, then work a few hours, then go to class again. It's also a great way to get a parking spot," Baker said.

Besides convenience, student employees benefit from attaining on-the-job skills. These skills are also transferable, and look good on resumes, she said.

"These students are learning to be employees. A lot of our staff started out as student employees," Baker said.

As former student employees, the student employment program specialists at Highline are always ready to help students with anything employment related, she said.

Students receive help with resume writing, interview techniques, and knowledge about life as an employee, Baker said.

"We teach the students about how to be an employee," she said.

As students become employees, they are expected to manage the obstacles and numer-

ous challenges that will present themselves.

Individual department supervisors handle employee recruitment differently. Some require students to post online, some prefer calls, others expect a resume and some will set up an interview, Baker said.

"Each one is different. Just like real life," she said.

Among the obstacles and challenges faced by student employment specialists are a severe lack of exposure to the student population at Highline.

The student employment specialists are tucked away within the Financial Aid Department in Building 6, and lack any student-accessible desk space.

"We have no desk out here," said Chris Panganiban, employment specialist. "It's hard for new students to know we exist and find us. We need help letting them know we are here and that help is available," she said. "We need to reach out to more students."

Jam on hump day in Des Moines

By Kaylie Bader
Staff Reporter

When the weather heats up this summer, cool down by the water at the 2014 Beach Park Summer Concert series brought to you by the Des Moines Arts Commission.

The summer concert series is a family friendly event celebrating local musical talent.

"The commission encourages everyone to come and enjoy the series," said Shannon Kirchberg, the Des Moines parks and recreation events coordinator.

The location of the concert series will be at the Des Moines Beach Park, 22030 Cliff Ave. S. Des Moines.

The concerts are free to adults and children. Anyone is welcome to make donations.

"The Des Moines Arts Commission is committed to bringing different cultural experiences to the City of Des Moines to help improve the quality of life," said Kirchberg.

"The concert series brings citizens together in a fun active diverse environment," said



The Fabulous Murphtones is just one of the many bands that will be performing during this year's Summer Concert Series in the Des Moines Beach Park.

Kirchberg.

"Families are more than welcome to bring their own picnic dinner and blanket. Commission will be providing a kids craft table," she said.

Different artists will be playing every Wednesday at 7 p.m. until 8:30 p.m.

The Castaways will be performing covers of modern rock and roll classics using ukuleles

on June 9.

The Fabulous Murphtones will be playing a diverse mix of popular dance, rock, classic rock and old school music drawing on hits from the '60s through the '90s on June 16.

Ted Vigil, who is a John Denver tribute artist, will be performing on June 23.

The Casacada will be performing with their passionate

and distinctive blend of instrumental Latin guitar world fusion on June 30.

The Coats will be performing their a cappella singing on July 6.

The Bitter Tonic will be playing their unique music. They have a diverse range of sources such as classical, metal, jazz and country. They will be performing on July 13.

Gallery seeks new artists for fall

By Daniel Taylor
Staff Reporter

The Highline Art Exhibit Committee is asking for art submissions for the months of August and September.

"Anyone can submit, we like to welcome all-comers," said David Johnson, technical services librarian.

Any student or artist wishing to have their work appear in the gallery on the fourth floor of Building 25 may submit examples to the committee for review.

"Give us some lead time on submissions, at least a couple of weeks before the exhibit opens," said Johnson.

Johnson explained his reasons for the extra lead-time.

"It's hard to keep up with submissions with every thing we have going on. Also, it is very time consuming to change exhibits every 30 days," said Johnson.

That is why this exhibit will encompass two months, rather than one, he said.

"The months of September and October are big months, as they are the beginning of the new academic year," said Johnson.

The art gallery does not receive as much foot-traffic as the other floors in the library, so the extra month will give the students' art more exposure, he said.

In addition to more exposure, students and artists have the option to have a reception before their show, as well as the option to sell their work.

Expanding on the concept of an exhibit reception, Johnson explained what is needed most by the Art Department at this time.

"What we really need is to provide the Art Department with a forum, or place for students to show their work. We need a place where we can establish student shows," said Johnson.

Detailed information and guidelines regarding the upcoming exhibit can be accessed at exhibits.highline.edu.

Prepare to attend 'Catechism' this summer with Sister

By Kaylie Bader
Staff Reporter

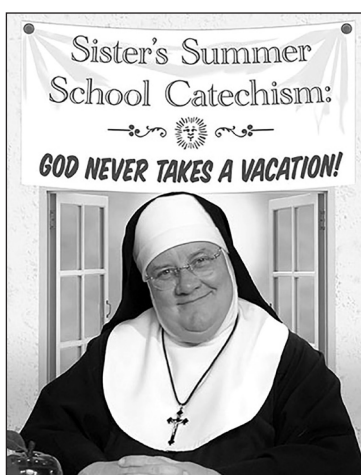
Catholic doctrine returns to Federal Way's old Sisters of the Visitation Convent when Centerstage presents *Sister's Summer School Catechism* until June 15.

Sister's Summer School Catechism is part of a series of shows based around the character of an old school nun and will be presented in the now repurposed nunnery that is known as Knutzen Family Theater and the home of Centerstage.

The first show in the series, *Late Nite Catechism*, ran at ACT Theater in Seattle for 10 years. ACT brought Late Nite to Centerstage a couple years ago and has followed it up with *Sister's Christmas Catechism* in 2012.

The latest show puts Sister to work on a summer school for "those students who weren't paying attention all year," according to Centerstage's website.

"Sister will discuss such questions as, 'Did Jesus have to go to summer school?' or 'What is an appropriate summer vacation for a practicing Catholic?'"



"The show is a comedy and does not have a profound message, except perhaps to celebrate the ways and traditions of the Catholic Church," said Alan Bryce, the artistic director of Centerstage.

Performances are Fridays at 8 p.m.; Saturdays at both 2 and 8 p.m.; and Sundays at 2 p.m.

Tickets prices are: VIP \$45; Adults \$28; Seniors (65+) and military \$24; and Youth (25 and under) \$10.

Knutzen Family Theater is at 3200 SW Dash Point Road in Federal Way.

For more information please visit centerstagetheatre.com or call the theater at 253-661-1444.



Goldy McJohn, formerly of Steppenwolf.

Fourth of July concert is going to get Wild

Things may get a little wild this Fourth of July for the Fireworks Over Des Moines Celebration.

The original keyboardist in Steppenwolf, Goldy McJohn, will be performing with Glen Bui in a band they formed called Born To Be Wild on July 4 at 6:30 p.m. with a concert in Des Moines Beach Park.

Steppenwolf was famous for such early metal anthems as *Born To Be Wild* and *Magic Carpet Ride*.

Born To Be Wild, a song originally performed by Steppenwolf, reached no. 2 on the U.S. Billboard Hot 100 in 1968 and 1969.

The band, Born To Be Wild, was originally known as "The Steppenwolf Experience"

and "Goldy McJohn and Friendz."

They will be performing some of Steppenwolf's greatest hits, which includes *Born To Be Wild*, *Magic Carpet Ride*, *Pusher*, *Rock Me*, and *Sookie Sookie*.

Moms Rocket, a hard rock band, and Chasing OZ, a female rock band from Emerald City will also be performing with Born To Be Wild.

Right after the concert Des Moines will start the fireworks celebration.

Concert tickets are \$15, and the concert will end at 10:15 p.m.

All proceeds will go to the local parks and recreation scholarships and to the Fireworks over Des Moines Fund.

Be in town for 'Urinetown'

By Angie Gudjonson
Staff Reporter

To pee or not to pee...that is the question!

The Renton Civic Theatre will be performing *Urinetown*, a comedic musical set in a time where people are charged to pee.

This outrageously funny musical takes place in a society where water is worth its weight in gold, and the public has to pay to use this amenity.

Author Greg Kotis came up with the idea for *Urinetown* during his travels in Europe. While running low on money, he still had to save enough to use the public toilets, said Alan Wilkie, director of *Urinetown*.

Wilkie started directing in high school and throughout undergraduate school.

"I started acting profession-



Alan Wilkie

ally three months after graduation and spent the next 20 odd years as a character actor in and around Washington," Wilkie said.

Over the past 10 years, Wilkie has made the switch back to directing. "I missed creating the whole show and hated learning lines," he said.

When suggesting *Urinetown*, Wilkie had many factors to take into consideration: cast size, set size, talent needs, audience and subscriber taste, etc.

"*Urinetown* hadn't been done in the area for quite some time," Wilkie said.

Since being chosen by The Renton Civic Theatre, *Urinetown* will be the first of three productions of this show in the upcoming year, Balagan Theater in the fall and Seattle Musical Theater in the spring.

This production will include the acting talents of: Buddy Mahoney, Tobias McCurry, Taylor Richmond, Jayln Green, Stephanie Graham, Lisa Wright Theroux, Edwin Scheibner, Matt Posner, Kristin Burch, Benjamin Cournoyer, Dale Bowers, Eric Hartley, Jeremy Force, Taylor Davis, Susan Echols-Orton, Krista Curry and Nick Watson.

Urinetown is "a musical that realizes it's a musical, so we can homage moments from other shows," Wilkie said.

The show will have moments of *Fiddler on the Roof*, *The Lion King*, *Les Miserables*, *Chicago* and a lot of *West Side Story*, he said.

"*Urinetown* doesn't play by the rules. It has the feel and style of classic musicals but just when you think you know exactly where it's going...it makes a right turn. You never know what's going to happen next in *Urinetown*," Wilkie said.

The show will run Thursday through Sunday starting June 6 to the 21st.

Ticket costs vary from \$15 to \$25 and can be purchased at www.rentoncivictheatre.org/urinetown

"It's a very 'something for everyone' little musical," Wilkie said.

Chorus group brings music to Burien

ChoralSounds Northwest will perform their Masterworks concert on Saturday, June 14.

ChoralSounds Northwest is a mixed chorus group based in Burien; currently it is under the direction of Dr. Brian J. Winnie. They are known for performing traditional choral pieces as well as new theatrical arrangements. Their concerts tend to be made up of sets, costuming, lighting, choreography and drama to have an authentic theatrical feel.

Their June 14 performance will feature *Scenes from the Bavarian Highlands* by Edward Elgar and *Serenade to Music* by Ralph Vaughn Williams.

Singers will be accompanied by the Northwest Symphony Orchestra during the concert.

Half of the concert will be performed by ChoralSounds Northwest while the other half will be performed by chamber ensemble VocalSounds Northwest.

This will be Dr. Winnie's final performance with the ChoralSounds Northwest before he takes on the position as director of choral activities at Southwestern College in Chula Vista, Calif.

The concert will be at 7:30 p.m. at the Glendale Lutheran Church, 13455 Second Ave. SW Burien, tickets are \$15 for general admission while audience members 17 and younger are free with a paid adult ticket.

For more information or to purchase tickets please call 206-246-6040 or visit nwassociatedarts.org.

Make way for the Pacific Rim

Highline's Chorale will present its Spring Quarter concert today at 12:15 and 7:30 p.m. in Building 7.

The performance will feature the sights and sounds of the Pacific Rim countries in honor of Asian-American and Pacific Islander Heritage Month.

Pieces from Australia, Korea and Japan will be performed today.

Chorale instructor Dr. Sandra Glover said that the groups of songs will be sung by four students with connections to the Pacific Islands. These students include Joel Jessen, who will be attending the University of Hawaii; Manny Gounder, who grew up in Fiji; Darius Villa, who was raised in the Philippines' and Alex Crawford.

Both performances are free for all who wish to attend.

Storytellers return to PowellsWood

By Amy Sato
Staff Reporter

Take a step back into the past art of storytelling at the PowellsWood Storytelling Festival.

The PowellsWood Garden in Federal Way is hosting its annual storytelling festival on July 18-19 with a new mix of storytellers. The festival includes Friday workshops on how to improve in story telling and a full day of listening to storytellers on Saturday.

"Monty Powell and Diane Powell have been appreciators of storytelling for a while and would travel to festivals in Utah and other states. They decided to put on their own festival since there were no other events like this in the area," said Kristine Dillinger, PowellsWood representative.

"The storytelling festival brings people into the garden from different areas of the community. It also increases the network support for the garden, which is what public gardens like PowellsWood thrive off of," Dillinger said.

"The festival is much like a concert where you are wholly in the moment, and the tellers grab you in that space of the moment," Dillinger said.

"All of these tellers will make you laugh and it will be a day filled with laughter," he said.

Dr. Margaret Read Macdonald, a retired librarian and now a storyteller, author, and folklorist, helped Monty and Diane Powell put together the festival.

"People see storytelling and think it's for children, but it's also for adults," said Macdonald.

Diane Ferlatte shares stories about her personal life, histori-



Ed Stivender is one of the few storytellers at PowellsWood.

cal stories, and African folklore.

"Diane is a very engaging teller who gets the crowd energized," said Macdonald.

Barbara McBride-Smith is an entertainer, historian, preacher and storyteller. She was born in Texas and serves up sweet truth with a side of southern grit.

Donald Davis is an Appalachian master teller who tells stories of growing up in North Carolina, and about coping with the world in his travels.

"Donald Davis is a very charming and heartwarming teller who has a voice that makes you want to listen to him forever," said Macdonald.

Angela Lloyd is a national sto-

ryteller with a braid of poetry story and song played on the Autoharp, tenor guitar, spoon and bell.

Ed Stivender tells stories from cultures around the world, whose themes of harmony, temperance, and fairness weave themselves throughout his tales, accompanied by banjo and harmonica.

Friday workshops will include Diane Ferlatte's session of "Bringing Stories to Life" which discusses storytelling techniques and guidelines, from 9 a.m. to noon in the Spring Garden.

Ed Stivender will have a story lab from 1 p.m. to 3:30 p.m. in the Spring Garden as well. His session will work on the craft of

storytelling and tips for preparing and presenting stories.

"One of the tents are designed for adults that has the longer stories by the tellers. There is also a family tent with shorter stories and another tent for all ages at the festival," said Macdonald.

"We want to have more people come to see the festival. Last year we had about 500-600 people and the event is inexpensive and relaxing, where people get to enjoy the garden and the storytellers," said Macdonald.

The last session on Friday will be the Tea with the Tellers, which will be from 3:30 p.m. to 4:30 p.m. in the garden room.

Saturday's program will include An Hour with a Teller, in the Woodland Garden Tent from 10 a.m. to 3:45 p.m.; Lively Pleasures in the Perennial Garden Tent from 10 a.m. to 3:45 p.m. There will also be Folk and Family Traditions in the Spring Garden from 10 a.m. to 2:30 p.m.

The storytelling festival will be on July 18 and 19 from 9 a.m. to 5 p.m. Advanced registration is required for the Friday workshops. The Friday workshops on July 18 will be \$60 for Diane Ferlatte's workshop, \$55 for Ed Stivender, and \$15 for Tea with the Tellers. There will also be optional boxed lunches on Friday, which are \$12.

The ticket prices for Saturday are \$15 for adults, children \$5, and for a family pass for six people are \$30.

The address for PowellsWood Garden is 430 S Dash Point Rd, Federal Way. For more information got to www.powellswoodfestival.com or go to www.powellswood.org.

Aerial troupe sails to Seattle stage

By **Monica Megan Faasu**
Staff Reporter

The Cabiri Acrobatic Theatre will open its 2014 Season with *Tewaz*, a mythical story that revolves around the evolution process of human culture and perception of beauty.

The show will take place on June 6 at Cornish Playhouse at Seattle Center.

The Cabiri Acrobatic Theatre is a non-profit organization that has been performing in Seattle since 1999 and recently celebrated their 15-year anniversary on May 1.

"This story in particular is really exploring a kind of critical phase in the evolution of human culture and their consciousness in terms of when humans began having conceptualization of beauty of the divine," said Cabiri Managing Director Charly McCreary.

She said the creation and thought process that went into the *Tewaz* production took longer than expected.

"Artistic Director John Murphy had this story in mind for over a decade and has been waiting to do this show ever since, but the actual production process has been about a year," said McCreary.

Altogether, there are 30 performers involved with the production process.

"We've been rehearsing about three times a week since January and before that we've had a bunch of production meetings.



The Seattle-based performance troupe The Cabiri will launch their 14th season at the Cornish Playhouse at Seattle Center on June 6.

In total we've had more than 100 rehearsals," said McCreary.

In preparing for the show, the cast faced various barriers.

"There were countless moments in the process where it felt very daunting. Unfortunately along the way we got dis-

couraged and so we began questioning whether or not we took on too much," said McCreary.

"I was mostly worried if we were honoring the historic story and work. Eventually everything began to fall into place about a month ago during rehearsals and we can't wait to show our history in the making," said McCreary.

The Cabiri performers eventually overcame all of their obstacles and challenges because they had one important goal in mind.

"Our goal from the beginning was to take up-stairs stories from mythology and create theatrical productions. We hope that it gets audience members more interested and also educate them about mythology and how our human culture has transformed throughout the timeline of our existence," said McCreary.

The show will astonish audience members with outrageous and colorful outfits, she said.

"We've luckily had the opportunity to have five designers involved with creating eye-catching outfits for our acrobatic performers," said McCreary.

"*Tewaz* will include scenes that go beyond our senses of touch, smell and feel in the moment. It's the beginning of religion, beginning of connection with spirits and beauty. It's a profound story and is a critical moment for human culture," said McCreary.

Even though the production

is family themed, it may not be suitable for younger audiences.

"This show is definitely family themed and kids about six-and up would be great. From a child's eye it's going to look like a really spectacular story. There are angels and hunters and archangels," said McCreary.

"I think in a child's imagination, it's going to look similar to a show about Warriors and Superheroes. They're going to love and be enchanted by the Taiko drumming which will be included as background sounds in some scenes. Younger audiences may find it too dramatic and terrifying," said McCreary.

She said *Tewaz* is the most complex and most expensive production we've ever put on stage compared to every other production.

"It's really just the manifestation of a vision that we've been caring and nurturing and trying to build for 15 years now, so for me I do feel like an accomplished parent. The work that we're about to put on stage is probably the best work we've ever done. The fact that we're going to pull it off would be my most proud moment," said McCreary.

The show will open on Saturday, June 6 at 7:30 p.m. Tickets prices range from \$20 - \$35. Tickets are currently available for purchase online at tewaz.brownpapertickets.com or over the phone by calling 206-321-3393. The address for the show is at Cornish Playhouse at Seattle Center, 201 Mercer St. Seattle.

Highline Garden Tour shows off green thumbs

By **Monica Megan Faasu**
Staff Reporter

Highline's Garden Tour presents beyond the lawns theme, which will showcase the talents and experiences of experienced gardeners in Washington state.

The tour will be held at major gardens in three different locations: Normandy Park, SeaTac and Burien.

"This tour is a real exercise at building communities. It's a chance for those who are interested in gardening. It's a chance to feel more excited and proud about your community. This is an amazing opportunity for people to interact and chat with others who care about creating wonderful green havens," said Tour Organizer Barbara McMichael.

McMichael said the tour will boost people's interest in gardening and will give them a chance to view the many talents

of the gardeners.

"This experience gives people a chance to learn and see what people are doing in their gardens. During the tour, visitors are able to take a look at how gardeners incorporate xeriscaping, creek beds and natural plantings as opposed to lawns into their backyard gardens," said McMichael.

This self-guided tour can be enjoyed and appreciated by all, but the environment may not be suitable for children.

"I don't think that kids under the age of 12 would find much to enjoy on the tour. When we sell our tickets, we generally advise the public that kids shouldn't attend the tour because they won't enjoy it as much. It wouldn't be worth their while," said McMichael.

She said finding gardeners who have the time to share their gardens with the tour.

"Scheduling times with our



Carol Lee built the garden trellis behind her, and her garden will be featured in the Highline Garden Tour.

gardeners was a bit of a challenge as well because we all live busy lives, but we eventually pulled it together. I'm happy about the finishing result," said McMichael.

For entertainment, attendees

can enjoy refreshments; music performed by harpists and can also enjoy some artwork by local artists.

"We'll be having our gardeners spread throughout the tour, so if the tourists have any

questions about their work and gardening, they'll be there to answer your questions," said McMichael.

She said Highline Garden Tour has a reputation for being a very friendly and helpful tour.

"I personally encourage those who want to learn about gardening and enjoys the sights of beautiful gardens to come out and attend," said McMichael.

The tour begins on June 14 from 10 a.m. to 4 p.m. Tickets are currently selling at \$12 a person.

Tickets will be available for purchase over the phone at 206-241-5786 with VISA or Mastercard or by mailing a check to PO Box 317, Seahurst, WA 98062.

Addresses for the gardens are: 819 SW 152nd for Burien Gardens; 801 SW 174th S. for Normandy Park Gardens and 13735 24th Ave. S. for SeaTac Botanical Gardens.

Bringing down the park with Shakespeare

By Jessica Beck
Staff Reporter

Shakespeare in the Park proves that artistic quality doesn't necessarily come with a cost, said the artistic director for the Seattle Shakespeare Company.

George Mount, who started the Shakespeare in the Park events 21 years ago, said that the goal of these productions is to be entertaining for a broad audience. However, they want to keep true to Shakespeare's original works.

"For over 20 years, what we've striven for, is to show that free theater doesn't necessarily have to be disposable, or cheap, or unprofessional," Mount said.

He said that the plays combine simple sets, detailed costumes, and the audience's imagination to make the stories come to life.

Mount said that the plays' audience ranges from families with small children to people who are frequent theatergoers, and that Shakespeare in the Park events bring communities together.

"It's a golden opportunity for [people] to meet on a micro level in their communities," Mount said.

He encouraged those who have any apprehension about coming to see a play – especially a Shakespeare play – to put their presumptions aside, bring family and friends, and go for a picnic in the park.

Mount said that the audience



Last season, GreenStage's Shakespeare in the Park performance was *A Midsummer Night's Dream*. This season they will be performing *Othello* and *Love's Labor's Lost* this July and August at Dottie Harper Park in Burien.

will be surprised.

Two Gentlemen of Verona will be performed outdoors at the Des Moines Beach Park Meadow on Saturday, Aug. 2 at 7 p.m.

This comedic play is believed to be Shakespeare's first play. It is the first of his works where a heroine dresses as a man. The play follows the lives

of two young men who are close friends as they venture into the world of love and infidelity.

Another performance of *Two Gentlemen of Verona* will be held on Friday, July 25 at 7 p.m. at Angle Lake Park in SeaTac.

There is also a performance of *Othello* by GreenStage on Saturday, July 26 at 7 p.m. at Dottie Harper Park in Burien.

Othello is a play that revolves around four main characters. It touches on extremely controversial themes such as racism, jealousy and betrayal.

A presentation of *Love's Labor's Lost*, also performed by GreenStage, will be at Dottie Harper Park on Saturday, Aug. 2 at 7 p.m.

Love's Labor's Lost follows

the King of Navarre and his three companions while they attempt to give up the company of women for three years. The characters believe this will give them more time to focus on studying and fasting.

There will also be another show of *Love's Labor's Lost* on Sunday, Aug. 10 at 4 p.m. at Marvista Park in Normandy Park.

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New T-Birds soar in for season

Basketball team signs eight new recruits

By Jabril Ibrahim
Staff Reporter

Highline has signed eight new student-athletes in the women's basketball program for the 2014-2015 season.

The recruits are Gabby Evans, a 5'3" point guard from Franklin Pierce High School; Amanda Young, a 5'8" guard from Britannia High School; Linae Myhand, a 5'7" point guard from Timberline High School; Erica Walker, a 5'8" guard; Chardonae Miller, a 5'11" forward from Tahoma High School; Alyson Ripplingham, a 5'9" guard from Reno High School; Vanessa Hasting, a 5'9" guard from Hutchison High School; and Alycea DeLong, a 5'7" forward from Kentwood High School.

Highline women's basketball season ended with losses to Lane, 71-68 and Bellevue 65-63. Their overall record was 19-11 in the NWAACC tournament, and they finished in third place in the West Division.

Head Coach Amber Rowe Mosley was satisfied with last season and hopes to move forward



New recruits, left to right, Gabby Evans, Amanda Young, Linae Myhand, Erica Walker, and Chardonae Miller sign their contracts for women's basketball next season at Highline.

with more talent this next season. "Our freshmen class was outstanding. The 2013-2014 team gave Highline our first ever No. 1 NWAACC ranking in my time at Highline," Mosley said. "We have five returners coming back from that team and all of them saw quality minutes and started at some point in the season." Highline's women basketball has had much fortune since 2003. They have sent every

graduating sophomore on to a four-year college to play. They have finished below third only twice in the NWAACC West Division, and sent multiple players to the all-star game. Mosley plans to get more accomplishments with the recruits next season. "We are super excited about each of the new players. They come in with a nice pedigree," Mosley said. "Chardonae Miller

from Tahoma was first team all league South Puget Sound League for 3A. Alyson Ripplingham from Reno, Nev. is a back-to-back state champion and was the state tournament MVP this year." There are five returning sophomores, including 5'10" guard, Jada Piper. "I am very excited for the new recruits because I believe they are all ready to play," Piper said. "I know and have seen a

majority of them and how they play. I can't wait to get on the hardwood and own it with my new teammates." Piper has high hopes for Highline this next season. "I am very confident going into the next season, with the incredible coaching staff, great leaders and talented returners," Piper said. "We are set to go and win us a championship for the Highline T-Birds."

Day camp keeps kids busy during break

By Kaylie Bader
Staff Reporter

Put hundreds of kids 4- to 15-years-old in camp and you've got pandemonium. Put them together in Des Moines and you've got Camp KHAOS, a summer program to keep kids busy while school is out. KHAOS stands for Kids Having An Outrageous Summer and combines field trips, swimming sessions, arts and outdoor activities. Camp KHAOS has several field trips this year for children, one being the Woodland Park Zoo.

"Camp KHAOS is a summer camp for kids with very energetic staff that are excited to see the kids from local area schools," said Ralph Thomas, the Des



Children at last year's Camp KHAOS keep busy while working on arts and crafts together.

Moines Recreation Coordinator. Camp KHAOS is for all children in the South King County area, especially for all children

in Des Moines. The summer camp will be at the Des Moines Field House at 1000 S. 220th St.

A mini camp will start on June 18-20 and will be in full force on June 23. The camp will run all through summer up un-

til school starts. "Camp KHAOS brings a fun and exciting summer for kids 4 to 15 years of age," said Thomas. "The purpose of the summer camp is to provide a fun and safe haven for students of working parents. We not only provide fun, physical and educational activities, we team up with the Des Moines Food Bank to provide lunches and snacks for everyone," said Thomas. Camp KHAOS has received a \$30,000 grant from Walmart. The Out-of-School Program grant is going to be used to provide two additional Des Moines sites this summer. One program will be at Midway Elementary and the second will be at Midway Park.

New president promises voice for students

Laura Yanez plans to get a head start for her job this fall quarter

By Mikel Abraha
Staff Reporter

Laura Yanez is excited and ready to start her presidency at Highline this fall.

"I recognize that although I have not started yet, I'm already excited to start working for Highline students," said Yanez.

She was elected Student Government president for 2014-2015 last week with 574 votes, 76 percent of the votes casted.

Although she must begin her term this fall, she plans on getting a head start.

"During the summer I will be trained for my position. I will assume my duties as president of the Student Government in the fall," said Yanez.

She has always been interested in being a leader.

"Since I was a little girl, I've always been motivated to help people in general. I started developing some of my leadership skills after I joined different events, and opportunities of-

fered by the Center of Leadership and Services," said Yanez.

She is pursuing an associate of arts degree with expected graduation of June 2015. She started her Adult Basic Education classes in winter of 2009 and in the summer of 2013 began taking college level classes.

She is currently president of the English as a Second Language Club and a member of the United Latino Association.

She also is a student employee in the Transition Center at Highline.

Her objective is to contribute ideas, unite students and resolve issues.

"I think the two main issues on campus are security and parking. I believe Highline wants to provide a safe environment for all of us, however, there needs to be a communal responsibility in all of us," Yanez said.

She said she believes that students should stay aware of the issues on campus and continue to take action.

"As students we should all contribute ideas to help and solve this problem. I plan to bring some ideas to the student government such as crime prevention and safety tips. I want to encourage students to keep reporting robberies, assaults, and thefts," Yanez said.

She said she wants to create a good environment where students can all share their experiences and create social justice.



Rebecca Starkey/THUNDERWORD

Laura Yanez will be taking over as Student Government president for Highline in the fall.

"We share a multicultural diverse campus and I love it," Yanez said.

"I plan to encourage faculty, staff and students to create an atmosphere for both learning and emotional development,"

Yanez said.

By creating strategies that develop mutual respect in classrooms, Yanez said this could provide an environment that could lead to increased academic achievement.

Yanez said she is excited to work with students and is driven by wanting to grow as a leader.

"I want to boost students' voices, promote leadership, awareness of social justice, and create events and activities that will help students to develop their integrity and self-confidence," Yanez said.

She said she has many different ideas on how to get students involved.

"I'm willing to challenge and motivate students to feel more empowered, be more capable to accept these challenges, and strengthen their will to persist in making a difference on campus and in the world," said Yanez.

Yanez said she wants to be a resource for students.

"I have realized that my heart is not only in it to encourage students to get involved in activities on campus, but also to help them to become more successful academically," she said.

Her advisers already have high expectations for her.

"I think she will do great. She is a committed student and has a lot of passion for Student Government," said Jonathon Brown, associate dean of Student Programs.

Brown was very impressed by Yanez's campaign.

"Laura had a large group of students working for her. It shows promise of her as a collaborator with her peers and was an early sign of success," Brown said.

State representative urges students to 'get involved'

By Carly Bowen
Staff Reporter

It is important for college-aged people to get involved in politics, a local legislator said.

State Rep. Mia Gregerson, D-33rd District, is seeking reelection this year.

In 2009 Gregerson was elected to SeaTac City Council where She continues to serve as mayor there.

In December of 2013 Gregerson was appointed to a State House of Representatives seat for the 33rd District to fill the term being vacated after Rep. Dave Upthegrove was elected to the King County Council. The district includes parts of Burien, SeaTac, Kent, Des Moines and Renton.

"I never imagined I would be a full-time politician. I was a surgical assistant and business manager in the dental field for over 16 years," said Rep. Gregerson.

She earned her dental assistant certification from Puget Sound Skills Center, associate of arts degree from Highline and her bachelor's degree in Euro-



Washington State Rep. Mia Gregerson works on the House floor in Olympia earlier this year.

pean History from the University of Washington Seattle.

She has lived in the for area the majority of her life and wanted to make changes for Washington so she decided to get into politics.

"I initially got into politics with the desire to help people and to give back. Now that I have been in office for a few years, I am also committed to

helping give a voice in the community to people who don't otherwise have one," she said.

"This journey for me has been helped by so many people. I really am just an advocate for many voices," she said.

When transitioning between mayor of SeaTac to a state legislator, Rep. Gregerson said she knew exactly what to do

and how she wanted to handle things.

"My work on behalf of all of the cities through Suburban Cities Association has given me the training on how to work on behalf of more than just the jurisdiction where I have been elected to serve. So working in Olympia on behalf of all people in Washington state seemed like a natural transition for me," she said.

Rep. Gregerson encourages college-age people to get involved in politics.

"All students are our future and they are seeing upfront how our decisions in Olympia are impacting the state. They are out in the communities when we cannot be, they are seeing

things that we do not see and understand the issues that must be resolved," she said.

"One way students can really be a help to government is by contacting their elected officials. Doing that allows us to truly hear what is important to you and what is directly impacting you and others in the community," she said.

Of major importance to Rep. Gregerson is that every college-age student is registered to vote and that they vote in every election.

To contact Rep. Gregerson, e-mail her at: mia.gregerson@leg.wa.gov.

"We'll make sure we work hard to try to resolve any issues or questions you have," she said.

'This journey for me has been helped by so many people. I really am just an advocate for many voices.'

— State Rep. Mia Gregerson, D-33rd District

Book bags don't hold just books

By Kayla Dickson
Staff Reporter

Calvin Byrd may not look like your average superhero with his black hoodie, baggy jeans and backpack, but underneath it all, Byrd has the potential to save lives.

So maybe he doesn't carry around any batarangs like Batman, but Byrd does possess something much more valuable in his backpack: a CPR safety mouthguard.

"It's never a bad idea to have one of these with you," Byrd said. "I'm getting trained in CPR for my class and they gave them out to us, so I kept it in my backpack. You never know when you might need to save somebody's life, or whose mouth you might have to touch."

Although some students rely on backpacks to transport their school supplies and valuables, others make use of the excess space differently.

A second year nursing student who asked to remain anonymous is known to carry up to 25 tubes of chapstick in her backpack at all times.

"I don't like having dry lips ever," she said. "It's just so bad for them. My mom used to tell me that if you didn't keep them hydrated, you would get lines and wrinkles and that's the last thing I want."

Although most would agree



Vinh Banh/THUNDERWORD

that it is vital to come to school prepared, over-preparation can lead to some serious organizational complications.

"It becomes a problem when I'm looking for a pen or pencil," the nursing student said. "It's really hard to find them with all of the tubes in my bag, so I

almost always end up grabbing a chapstick instead."

Pens and pencils are almost impossible to find for first-year student Nevada Meyering. Meyering doesn't carry any school supplies in his bag, instead he carries his clothes.

"My backpack is always

with me, so I carry what I'm going to need for the whole day," Meyering said. "Usually a spare jacket, and a different pair of shoes or something. But by the time I have all my stuff in it, I have no room for anything for school."

Although Meyering may be

prepared for the rest of the day, getting through his school day without school supplies is a mission.

"I'm always asking people for things because I just don't carry supplies. I don't even search my bag because I know there isn't anything in there."

Dominique Paco, a first-year student, doesn't have to search for anything in his backpack due to his good organization skills. Instead, Paco has difficulties with the overwhelming weight.

"My backpack is so heavy," Paco said. "I'm currently carrying around three textbooks in there and I need them all. Usually, if I know I don't need something I'll leave it home, but today I need everything so my back's going to hurt tomorrow."

Sore backs seem to be a recurring theme on campus. Out of 30 students surveyed, 25 stated that heavy backpacks were the primary cause of their back pain.

For Travis Sleeper, a first-year student, a heavy backpack could be fatal.

"I had heart surgeries when I was a baby, so I have a lot of heart complications," Sleeper said. "I'm not really supposed to lift anything over 50 lbs because it strains my heart, but sometimes I feel like my backpack pushes it. I guess it's not really that funny, but in a sense, school really could be the death of me."

New website provides help for ESL students

By Cristina Acuna
Staff Reporter

Highline faculty joined efforts in the development of a website for the benefit of immigrant, refugee and international students.

"A small group of us has just created a new, streamlined web link specifically for non-native English speaking students on our campus," said English instructor Monica Lemoine.

With help from Tony Johnson, Joy Smucker, Bevin Taylor, Kathleen Hasselblad, and Marc Lentini, Lemoine has put together a site with direct links to resources on campus.

The Resources for Immigrant,

Refugee and International Students website targets non-native speakers that might "struggling with language issues or college culture and etiquette," said Lemoine.

It also hopes to aid faculty and staff who advise, teach, or work with immigrant, international and refugee students by providing them with a list of college programs and resources to meet their students' needs.

The site is located at <http://precollege.highline.edu/ell-resources/>.

It is divided into three drop down menus titled Get Started, Get Academic Help, and Connect with campus.

The first menu offers degree and certificate help directed toward non-native speakers. Here, a student will be directed to websites regarding the Jumpstart Scholarship Program, the Welcome Back Center, Transition Success Center, International Student Programs, English as a Second Language (ESL) and ABE/GED, Highline English Department, and MESA (Math, Engineering, and Science Achievement).

The menu titled Get Academic Help provides a list of links to the Writing Center, The Tutoring Center, and Math Resource Center, as well as a link to English Fluency and Writing Tips, a

source of grammatical help.

The Connect to Campus menu promotes sources for involvement. It presents link to the Intercultural Center, the Center for Leadership and Service, Connect with Multilingual Faculty and Staff, and L@CHE, the Lat-

in@ Center for Higher Education.

"Now, in one easy click of the mouse, faculty and staff can refer students to this brand new ELL student support hub for assistance with language and academic help, social/emotional support, and advising," Lemoine said.


Amber Waves



by Dave T. Phipps

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S&A budget changes little

By Jessica Beck
Staff Reporter

The preliminary Services and Activities Budget for the 2014 - 2015 school year has introduced some changes in funding for new and existing student programs.

This budget supports student activities outside of the classroom, and pays for everything from athletics to the Thunderword.

The budget for next year is \$2.4 million, said Selene Poulsen, the committee chairwoman. Ten percent of Highline students' tuition pays for the budget account.

The S&A budget committee comprises of student, faculty and staff advisory positions.

The committee members are students Poulsen; Saka Raheem, Student Government president; Passion Johnson, Student Government vice president; Mike Shepherd; Chris Anardi; Michelle Corrales; Simon Uppal, alternate; and Jashan, alternate. Faculty and staff voting members are Jennifer Wascher, program coordinator; Noory Kim, leadership development coordinator; and Keith Paton, Health, PE and Education Division chairman.

For next year's budget, there is a proposed increase in funding for Tutoring, the Ethnic Cultural Program, Leadership Development, and Student Programs Support. The only reduction for the budget was to the Inter-Cultural Center.

Funds for tutoring would support more campus outreach and publicity events off campus.

The Ethnic Cultural Program would receive an increase due to needs in expansion of diversity events and travel (field trips for students).

Increases to the Student Programs Support would pay for a Multicultural Affairs leadership adviser's salary, and a new Multicultural Affairs program assistant position.

New accounts for the budget were the Counseling Center, which wants funds to support a series of workshops that promote mental wellness and awareness to students; and the Transition Center, which is seeking funds to hire student mentors to aid adult basic education students through their college experience.

A security guard who traveled the world now calls Highline home

Dean spends his days protecting campus, dreams of his degree

By Antonio Foster
Staff Reporter

A security guard at Highline who had an undirected childhood later found his way via the military.

Derek Dean is always alert to campus safety issues, but he also dreams of earning his associate's degree.

Dean said he experienced a lot of challenges in his childhood, like living in a house with no running water or electricity. While growing up, Dean traveled all over the country with his parents.

"I was a hippie type of kid," said Dean.

He was born in Ithaca, NY and graduated from Ithaca High School in 1983. Attempting to get his life together a year after graduation, he joined the military. Dean spent nine years in the Navy as a gunner's mate.

Dean worked on the electrical mechanical hydraulic gun system. He was also a small arms specialist and served on the USS Whipple FF1062, where he was a shipboard assistant.



Andie Munkh-Erdene/THUNDERWORD

Security guard Derek Dean has worked at Highline for the past 20 years.

Through the military, Dean was able to visit 20 countries. He said his favorite places he traveled to were Australia and Thailand. He also enjoyed most of Southeast Asia.

After being in the military, Dean came to Highline to be security officer and has patrolled the campus for the last 20 years.

In the Campus Security office, Dean does a lot more than just writing parking citations. His daily routine can consist of building checks, security escorts, medical emergencies, traffic accidents, lost and found and investigating suspicious activity.

As if that isn't enough, he can

be responsible for emergency evacuation, emergency response, boiler checks, fire panels checks and written and typed daily logs.

In addition to his security officer duties, Dean also sees himself as a role model who is proud of all students at Highline.

"If you become successful, you're going to become a role model whether you know it or not. Yeah, we're security officers, but we just want to guide you to correct a mistake. I'm proud of all students at Highline because they voluntarily come here to be better, productive people," said Dean.

While protecting students,

faculty and staff on campus, Dean is also working toward his goal of earning his associate degree. He plans to start taking classes again Fall Quarter and he only needs his math credits to finish his degree.

"It's all about time management. What you put into it is what you get out," said Dean.

But in the meantime, security is priority No. 1.

"Be aware of your surroundings," said Dean in giving advice to students.

"A student should be able to go from their car to class and not worry about things and spend more time learning," he said.

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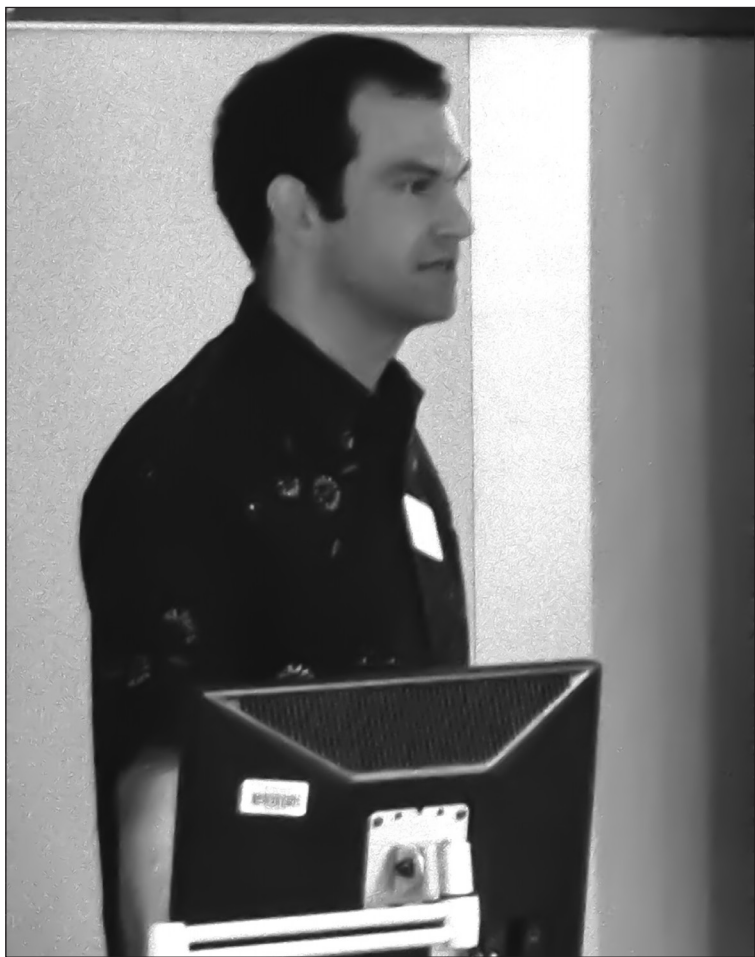
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Spice trade hurt people who grew them



By John Poore
Staff Reporter

The human race should learn to value life over natural resources, said one English as a Second Language instructor at last week's History Seminar.

On May 28, Christopher Foerstch talked about "The Spice Trade in Indonesia."

For thousands of years spices such as nutmeg, cloves and mace were grown exclusively from their native Maluku islands, located in what is now Indonesia, Foerstch said.

Because of their rarity, spices were expensive, and to conspicuously display them at social gatherings demonstrated your wealth, Foerstch said.

As well as being used to add flavor to food, spices were prescribed by medieval physicians to treat such ailments as stomach aches, excessive flatulence and sexual arousal, Foerstch said.

Trade routes were originally established by land. These

routes stretched from India to China in the East, and Portugal and England in the West, Foerstch said.

Due to the growing cost for European nations to import spices by land through Istanbul, they hoped to establish trade routes by sea.

During the Age of Exploration (15th -17th centuries A.D.), European nations such as Denmark, Portugal, Spain and England commissioned explorers such as Bartolomeu Dias, Vasco de Gama, Pedro Alvares Cabral and Afonso de Albuquerque to discover the location of the Spice Islands.

Later, those same countries would attempt to establish a monopoly in the spice trade, countries like Spain, Portugal and Denmark attempted to gain control of the islands through diplomacy, contracts and violence, Foerstch said.

In 1529, the Treaty of Zaragoza gave control of the Spice Islands to the Portuguese and control of the Philippines to Spain, Foerstch said.

After decades of control, the Portuguese claim to the spice trade gave way to new competitors.

In 1601, the British commissioned the first voyage of the British East India Company, then in 1602, Denmark chartered the Dutch East India Company.

These two competing nations then began a long game of cat and mouse, of which the biggest loser was the native people of the Spice Islands.

Under the leadership of Jan Pieterszen Coen (1587-1629) the Dutch went on to gain control of the many islands through the use of brutal tactics.

Eventually the Dutch ousted the other European powers, and occupied many of the islands until 1949, Foerstch said.

"Europeans' drive for wealth in the exotic East changed the world for better and for worse," Foerstch said.

"History Seminars will resume Fall Quarter of 2014," said Tim McMannon, director of the Highline program.

John Poore/THUNDERWORD
Professor Chris Foertsch discusses the spice trade during last week's History Seminar.

Cyber world remains the wild west

By Jessica Beck
Staff Reporter

If the Internet could be described as a vault of information, its main drawback is that it's not designed to be sealed, a computer science expert said here last Friday.

Dr. Amelia Phillips, Highline's Pure and Applied Sciences Division chairwoman, told the Science Seminar audience that the Internet's lack of security leaves everyone at risk for identity theft or invasion of privacy.

She said a recent example was the unintentional release of supposedly secure information was the data breach of the Target Corporation last year.

Dr. Phillips said that many security issues, including the Target incident, are due to simple human error – it only takes one person opening a scam e-mail to threaten the data of 40 million credit cards.

When credit card information is stolen, the consequences are damaging – however, knowledge of the danger doesn't seem to keep much of the population from using credit cards, Dr. Phillips said.

She explained that the reason why most people in America use credit cards is because of the extreme convenience of this form of payment.

Dr. Phillips also said that credit card companies have made some steps toward being more proactive in protecting their customers.

"They have monitoring methods. They create algorithms that are going to actually track your normal activities using their card. So, if you normally only go to Safeway in Federal Way, and maybe to the Trader Joe's, and you buy gas here – and then all of a sudden you're buying gas in Montana – they're going to turn



'God forbid, do not log into your bank or business email when you're on one of these [public networks] because they are completely insecure.'

— Dr. Amelia Phillips,
Highline professor

your card off," Dr. Phillips said.

"Because since they own it, they have the right to do that," she said.

She also warned that because credit card companies are monitoring suspicious activity on cards, it's necessary to contact them when traveling – especially overseas.

"The first time I had gone [out of the country], I didn't tell them and I didn't worry about it. The next time when I was getting ready to go, they're like 'Anytime you leave the country, you must notify us. You must tell us which countries you're going to be in, and during what time periods,'" Dr. Phillips said.

She said that people have to simply trust that credit companies are trying to protect their customers information as they claim, but she also pointed out that knowledge of peoples travel information could present an opportunity for a company employee to

break into someone's house.

Another security concern that Dr. Phillips said puts many people at risk, is the use of public Wi-Fi.

"If I'm on anybody else's Wi-Fi, I'm just going to go and look on general websites. I'm not going to log into anything. And God forbid, do not log into your bank or business email when you're on one of these [public networks] because they are completely insecure -- and they will tell you that," Dr. Phillips said.

She said that getting a hotspot is a more secure way of using the Internet when doing anything more than browsing.

Dr. Phillips also recommended changing passwords every six months, and using algorithms to make passwords more secure.

Examples of this would be replacing the 'a' in a password with the @ symbol, or writing zeroes to replace the 'o' in a word.

Marina market planned for the future

By Ryan Johnston
Staff Reporter

A local developer has plans for several projects at the Des Moines Marina.

Good Fit Development wants to build "a culinary market, a hotel and a mixed-use parking structure," said Stephen Monkewicz, the managing director of the firm. "We're looking to resurrect some industries and create some."

The culinary market would include a multivendor group of restaurants and "food and beverage retailers," Monkewicz said.

The market would also line up with the local Des Moines Farmers Market.

"We're also looking to create a return to commercial fishing" on a smaller scale than there was in the past, he added.

The parking structure would give more room for parking near the marina and would also provide boat storage and some small offices.

Good Fit Development is preparing to send its proposal to Des Moines, and hopes to start construction soon.

"Ideally, we'd like to start in the next 12 to 18 months," Monkewicz said. The project will take between three and five years to be completed.

Good Fit Development wants to involve the local community in this project as well.

"We very much want to partner with the community as much as possible," Monkewicz said.



Elevators get that sinking feeling

Photos by Andie Munkh-Erdene
/THUNDERWORD

A maintenance worker prepares to grease the Building 29 elevator last Friday. Several of the college's elevators have malfunctioned in recent weeks, leading to the need for maintenance work in buildings across campus.



Out with the old, in with the new

Facilities prepares for summer renovations

By Keith Salo
Staff Reporter

A new face-lift may be coming soon to a building near you.

During the upcoming summer months Highline will be doing several projects aimed at improving the campus.

Summer is a time when many campus projects take place, with fewer classes and people on campus.

One project that may impact students is the installation of a new fan in building 25.

The library, which is located in building 25, will be closed Aug. 18 – 23 for the installation, after the end of Summer Quarter.

"We will be lifting the fan by crane because it is too big for any of the doors," facilities and operations manager Barry Holldorf said.

"Starting June 16 buildings 25, 26, and 30 will be getting a fresh coat of exterior paint," Holldorf said.

"The kiosk in front of Building 10 is currently being replaced; this should be done before the end of June," Holldorf said.

"Parking lots will be getting some asphalt replaced and maybe some lines repainted," he said.

"We are removing the old, ripped and torn curtains from the 1960s in buildings 3, 10, 12, 13, and 21," Holldorf. They will be replaced with new solar sun shades.

"These new roll-down shades have holes in them that are small enough to let the sunlight through but not enough to affect the use of screens in the room," maintenance supervisor Gus Nyquist said.

Constitutional funding for colleges unlikely, experts say

By Kiki Turner
Staff Reporter

Highline's Student Legislative Action Committee wants to change the definition of basic education from K-12 to K-AA or K-14, to protect funding for community and technical colleges statewide.

However, a state legislator and the executive director of the Washington State Board of Community and Technical Colleges say it is unlikely this will happen.

The Washington State Constitution, Article 9, Section 1 says the state is required to provide funding for basic education.

"It is the paramount duty of the state to make ample provision for the education of all children residing within its borders, without distinction or preference on account of race, color, caste, or sex," according to the State Constitution.

Highline's representatives proposed the idea of changing the State's Constitution obligation to dedicate funding from basic education to include community and technical colleges at this year's Student Voice Academy, held at Seattle College.

"There are actually some good arguments for including CTC's in the basic education definition, but I suspect the cost would scare away many supporter," said state Sen. Karen Keiser, D-Des Moines.

Sen. Keiser represents the 33rd District, which includes parts of Normandy Park,

SeaTac, Kent and Des Moines.

"I have not really heard this proposal from anyone but you, and although it is interesting, the reality of changing the current law defining basic education is a huge proposal because it involves a large amount of the money in the state budget," she said.

"K-12 funding alone accounts for just about half of the state budget now, and many argue that preschool as well as post-high school should be

included in the continuum for successful educational outcomes," she said.

According to the general fund-state operating budget, K-12 schools receive 45.2 percent of the state's general fund expenditures. Higher education receives 8.2 percent of the same budget.

"We are currently facing a Supreme Court order, known as the McCleary Decision that mandates the Legislature to propose a five-year plan to achieve

the full funding of basic education. That mandate has not yet been met, and is most unlikely to achieve the goal if the definition of basic education changes to require even a bigger share of our state operating budget," Sen. Keiser said.

The state budget is spread thin already between basic and higher education. Adding higher education to the dedicated funding K-12 gets would only make it harder to provide fund-

ing for, she said.

"I think it is premature to consider changing the law to include us [CTCs] but I think the conversation about the possibilities and need is timely," said Marty Brown, the executive director of Washington State Board of Community and Technical Colleges.

He said right now is not the best time to require dedicating basic education money to community and technical colleges.

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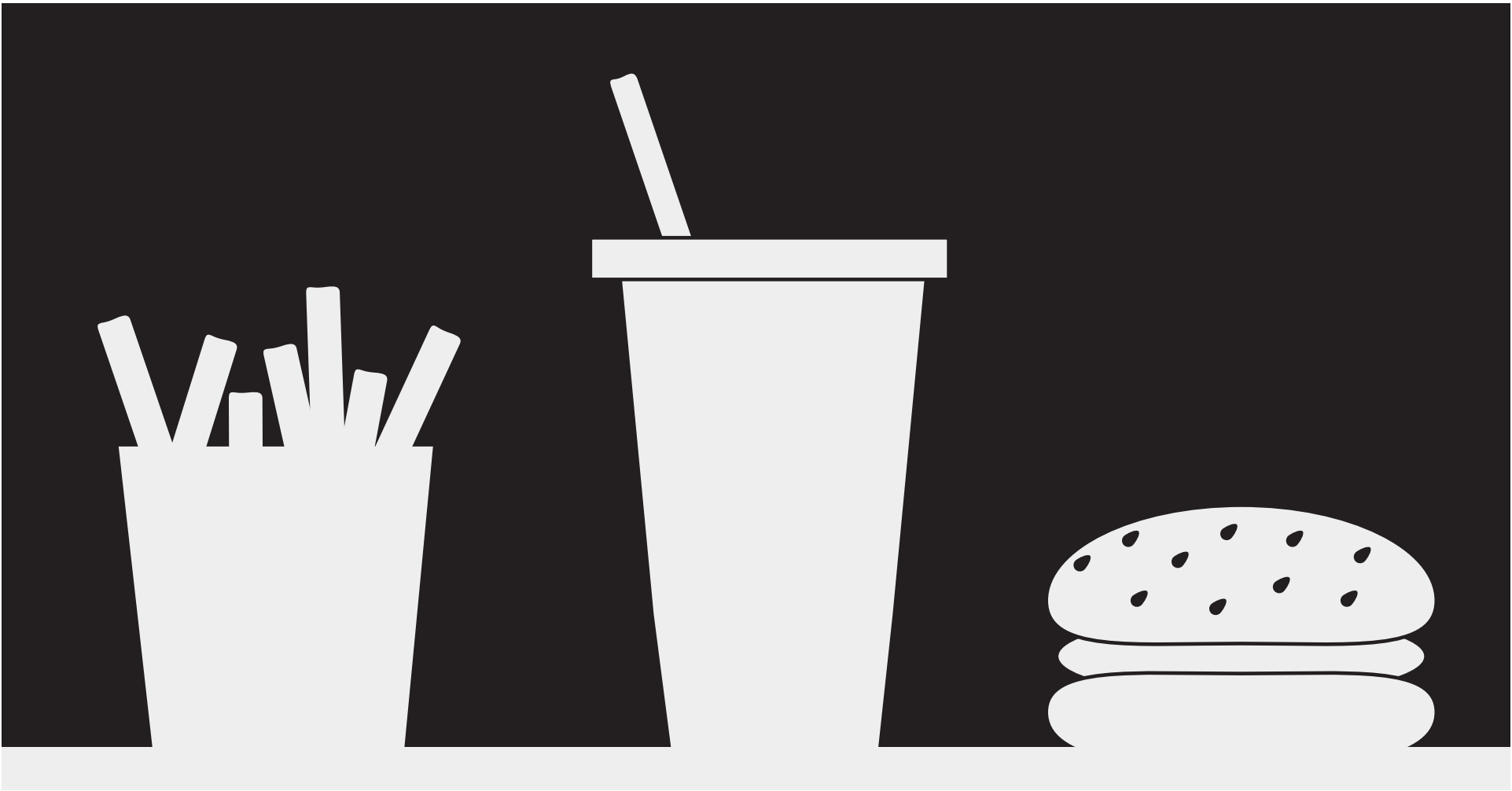
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Aaron Fields/THUNDERWORD

Students opt out of campus cuisine

By Thunderword Staff
Staff Reporters

When many students are hungry they fulfill their cravings off campus. A recent unscientific food survey found that 56 out of 80 Highline students ate at eateries off campus for lunch. Out of the 56 students who ate off campus, 13 said McDonalds', nine said Wendy's, 11 said they like to eat at home, seven of them said they ate at Subway, six said they like to eat at Taco Bell, five said Little César's Pizza, three chose Jack-in-the-Box, and two said Fred Meyer. Students who chose to eat outside of Highline did so more because of their budget and what they could afford. "I'm balling on a budget," Kirubel Tamrat said. "I can only spend a few bucks for lunch, and I make sure I get

the most out of it." Tamrat loves eating at McDonald's because of the dollar menu deals. "Wendy's is so convenient for me," Lili Guidel said. "It's cheap and it is really close to campus, so I'm not wasting any gas." "My favorite place to eat at for lunch is McDonalds. The food is good and is way cheaper than a lot of the stuff at Highline," David Olsen said. Olsen said all of his friends don't eat here because a lot of the food here is kind of pricy and most of them are on a college budget. "I like to eat at my house because I have healthier food than the food at fast food restaurant and at Highline," Kelsey Barret said. One particular student loves to grab a bite at Fred Meyer. "I love the chicken they have there,

and don't get me started on the potato fries," Abdi Mohamed said. "It's cheap, crispy, and delicious." The 24 people that like to eat at Highline all liked to eat here because of the convenience of the Student Union. The Student Union offers multiple places to eat at, including the Union Café, The Bistro, and the bookstore has food you can buy there. "I like to eat here at Highline because I am a Running Start student and need to eat quickly after class so I can head over to my classes at my high school," Hannah Scholl said. Scholl's favorite thing to eat for lunch is the turkey sandwich at the café. "I got three classes all lined up after each other. I don't have much time to lose my parking spot just to waste gas and get something around the area,"

Braeden Chandler said. "I tried to eat off campus once, and ended up being late to class by 15 minutes." Chandler loves the teriyaki bowl at the Union Café. "I eat lunch at Highline because I need to eat lunch in between two of my classes and I don't have that much time to go to other places," Katelyn Bird said. Bird said her favorite thing to eat here is the pizza because it's always warm and very cheesy. "The pizza is good for how much you pay," said one student. Some students even recommended things to try in the cafeteria like turkey croissants, and the breakfast burrito. *Reporters Bradon Madsen and Jabril Ibrahim, and Shrae Harris-Hogan contributed to this story.*

Cramming for finals isn't the way to go, profs say

By Kayla Dickson
Staff Reporter

Finals are next week and panicked students are fleeing to the library to cram in some last-minute study sessions. Although many people might agree that consistently studying for a class is the best way to reinforce the material in your head, it seems as though Highline students manage to get by just fine without hardly studying at all. Full-time student Chase Dumas only studies about two hours a week and still finds a way to maintain a good GPA. "I'm taking 15 credits this quarter and I never have time to study," Dumas said. "Between work and school and my social

life, there's hardly any time to buckle down and do it. Obviously I'm doing something right since I have a 3.5 GPA." Nikki Bain, a part-time student, also struggles with finding time for studying during the week. "I try to set aside an hour a night to study and do homework, but it's really difficult sometimes," Bain said. "I work a lot and whenever I do have some spare time, I just want to sleep." Sleep is precious to first-year student Lamare Cole. Cole works two jobs, goes to school full-time, and still seems to find an extra 10 hours a week to study for his classes. "Working two jobs, you learn to prioritize really quick-

ly. Sometimes, sleep doesn't always make the list, but school is always really important," Cole said. "Ultimately I'm going to school to make enough money that I won't need two jobs, so I always make sure to remember that when I'm organizing my time." Although 10 hours may seem like an adequate amount of time to study, according to Gateway to College program director Kao Saechao, it isn't. "The easiest way to decide how much you need to study is to double the amount of credits your taking," Saechao said. "Fifteen credits equates to roughly 30 hours of assorted studying and reading." Lucky for students, studying really isn't as difficult as many

are making it out to be. "The whole concept of studying is complex," Saechao said. "It's not about how many notes you take, or how much homework you complete. It's really about how often you think about your work. Some of the most successful scholars I've seen weren't necessarily stuck at a desk all day. They were actively talking about their studies and quizzing themselves every single day." Full-time student Samantha Miller has a completely different approach to her study regime. Miller only studies the day of her test. "Things stick with me better when they're fresh in my mind," Miller said. "Any other time

seems to be a waste." Unfortunately, Miller's outlook isn't entirely correct. Psychology professor Michele Manber stated that last minute cramming actually doesn't help students absorb information at all. "The human mind can't absorb all of that information at once," Manber said. "It can recall things much better if it's presented with little bits of information at a time." Overall, if you still need to study for finals, the sooner you start, the better. Some student's favorite places to study include the third floor of the student union, the computer lab, and the bottom floor of the Higher Education Center.

2014 Commencement

Corbett chosen as student speaker; Beard named Distinguished Alumnus

By Mikel Abraha
Staff reporter

Highline has chosen student Jerri Corbett to speak at this year's commencement.

Corbett is graduating with an Associate of Applied Science degree in data recovery, computer forensics and three professional-technical certificates.

She is a U.S. Army veteran, a Worksource student, and also the winner of a Highline Foundation academic scholarship.

Among her many achievements, Corbett has interned in Highline's Instructional Computing Center.

Corbett has also served as president of the Highline Col-



Jerri Corbett

lege Paralegal Association and chapter director of the Washington State Paralegal Association.

While achieving top grades



Ronald Beard

as a scholar, she also serves as a director and board member of Touch the Life of a Child organization, a Washington-based non-profit committed to

serving impoverished children worldwide.

Following the speech of the 2014 student speaker, Highline President Dr. Jack Bermingham will present the 2014 Distinguished Alumni Award to Ronald E. Beard.

Beard has an active litigation practice at Lane Powell Attorneys in Seattle.

After leaving Highline, Beard obtained his undergraduate degree at the University of Washington-Seattle in 1990.

Beard continued at the University of Washington School of Law and received his law degree in 1993. During his years in practice, Beard has represented several municipalities.

Municipalities including the

Port of Anacortes, the Port of Port Orchard and the City of Gold Bar as both plaintiffs and defendants in contract disputes and civil rights violations.

In addition to his law practice, he is a former U.S. Coast Guard licensed chief engineer and has a broad mechanical background.

Beard has also been named as a Washington Super Lawyer by Super Lawyers Magazine and Washington CEO Magazine ranked him a top lawyer in banking.

Commencement will be Thursday June 12 at the Showare Center in Kent.

Graduate check-in begins at 4:30 p.m. and the ceremony begins at 6 p.m.

Graduates should look fashionable in water-bottle gowns

Mikel Abraha
Staff reporter

Oak Hall Cap and Gowns will be supporting Highline's class of 2014 with gowns made from recycled plastic water bottles.

Laura Nole, the manager of the Highline Bookstore has come up with a way to go green and stay green.

"Highline will again be wearing gowns made from recycled plastic water bottles. Our vendor Oak Hall has recycled more than 41 million water bottles from landfills," said Nole.

Nole said she thought it was a great idea and didn't hesitate to go forward with her decision to choose Oak Hall.

Oak Hall plans to reduce plastic bottles in landfills, re-use those bottles to make green weaver fabric, and recycle the unwanted gowns into new fabric. It takes 23 bottles on average to make a new gown.

"I thought the gowns were beautiful. It was a no brainer," said Nole.

She wasn't the only one who thought it was a great idea. A few graduating students on campus agreed.

"I think that it's neat that these gowns are being made from plastic bottles," said Alex Kenovlen.

Another student said he believed that it is our duty to protect the environment anyway they can, and making gowns

'I think that it's neat that these gowns are being made from plastic bottles.'

— Alex Kenovlen

from recycled plastic bottles is a great place to start.

"This will just be another reason to help make our environment healthier and cleaner," Navjat Rar said.

Although students thought it was a good idea, they weren't inspired enough to recycle their own gowns after commencement.

"I plan on keeping my gown because it will be a memory of graduating here," said Rar.

"I want to keep my gown for the memory. Giving it back is like recycling your wedding ring after you get married," said Kenovlen.

A majority of students at commencement will be wearing the green weaver gowns.

"Last year there were about 591 students wearing the green weaver gowns. This year we will be expecting 525 to 560 students," said Nole.

Commencement will be Thursday, June 12 at the Showare Center in Kent.

Graduate check-in begins at 4:30 p.m. and ceremony begins at 6 p.m.

New VA health program draws praise from veterans

The spotlight on delayed medical care at a number of Department of Veterans Affairs medical centers has overshadowed some recent good news about the VA's PACT program, its method of providing personalized primary care.

PACT (Patient Aligned Care Teams) was started in 2010 as a team approach to the wellness of individual veterans by using health plans with care provided at clinics and online via eHealth. Teams are made up of nurse care managers, clinical associates, providers and administrative associates, in tandem with nutritionists, social workers and pharmacists. Appointments with specialists are easily arranged.

Sounds pretty good, doesn't it ... individualized medical attention. The veterans who receive these services like it, too, according to a VA news release.

Here are some of the stats:

- Using secure electronics such as telehealth video conferencing, email messaging, home-based monitoring, phone calls and group meetings, the



by Freddy Groves

number of interactions with veterans increased 50 percent.

- Of veterans asking for a same-day appointment with their personal provider, 65 percent got it. Of those who asked for a specific appointment date, 78 percent were accommodated. In the past year, care during non-business hours increased 75 percent.
- More than 70 percent of veterans who are discharged from the hospital are contacted within two days to make sure they understand their

instructions and to see how they're doing.

- Mental-health care services, also a component of PACT, increased 18 percent.
- As a result of PACT, there's been a 33 percent decrease in the number of veterans needing urgent care, and hospital admissions decreased 12 percent for acute conditions.

The bottom line? In a PACT satisfaction survey, over 90 percent of veterans had positive assessments of both inpatient and outpatient care.

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send emails to column-reply2@gmail.com.

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Program helps entrepreneurs find the Zone

StartZone helps people start their own businesses

By Binh Nguyen
Staff Reporter

StartZone is offering free training for people to develop the entrepreneurial skills to own their own businesses.

StartZone opened up in October 2008 and was funded by a King County block grant.

The block grant is obtained annually and funds community development. This grant also helps provide decent housing and expanding economic opportunities with programs such as StartZone.

This program specializes in helping low income minorities

START ZONE



Entrepreneurship for Immigrants, Minorities, Women and People of Disability in Southwest King County

to obtain knowledge to succeed in owning a business.

"StartZone walks all their clients step by step to the finish line and beyond," said Phon Sivongxay, program manager at StartZone.

As long as applicants are older than 18 and live in the South King County area (Des Moines, Burien, SeaTac, Tukwila, and Federal Way) they can apply to StartZone and learn to become financially self-sufficient.

Students at StartZone go through two classes per week and must complete the three important modules to get a business started. The three

modules consist of money, marketing, and management.

All StartZone students must complete a Reality Check series, which is a monthly workshop.

Reality Check is a free four-part workshop series to help applicants determine whether they're ready for business ownership, also if their idea will achieve their financial goals.

It is to see what a client knows before hand and what StartZone can offer them to make their skills better.

Whether it's financial, estimating sales, planning out how long a business will take to break even, and marketing a business.



Phon Sivongxay

"Attendance is crucial; students cannot miss any of the three modules because students won't be able to be able to make up the lost time. This will throw off the learning process if one step has not been acquired," Sivongxay said.

For students who struggle

with understanding English, StartZone is providing a translator for most languages or giving clients the option to bring a personal translator.

"How cool would it be to own a business and pursue your dream with guidance every step of the way?" asked Sivongxay.

For anyone who is interested in learning how to start and own a business, StartZone is offering free classes and workshops.

These classes will help you work with whatever amount of money a client has and use it efficiently.

StartZone classes are located in Building 99, room 101; office hours are Monday-Thursday, 8 a.m. to 5 p.m. and Friday, 8 a.m. to 4 p.m.

Or you can call 206-592-3388 to speak to the director of StartZone, Judy Perry, to set up an appointment to get started.

International students adjust to life in the NW

By Richard Jensen
Staff Reporter

Moving away from your family, changing the way you eat, and completely immersing yourself into a completely different culture is a scary thought, yet nearly 500 international students experience this every year at Highline.

And they all pull something different from this unique experience.

"I like the American food, pizza, big hamburgers, it's good," said Tomaki, who is a business major from Japan and plans to continue his education in Washington. "I also like the American culture, it's much more aggressive."

These students come from all over the world-Europe, Africa, and the majority from Asia. Vietnam, Korea, Japan, China, Taiwan and Thailand are just a few of the places that these students hail from.

"Everything was different, the food, people, the class and the school," said Zack, a Chinese student who has been here for nine months, and plans to continue his education in California.

Lucas, a student from Vietnam, said he just loves Starbucks.

Wyn from Vietnam said he loves the music, especially Kendrick Lamar.



Andie Munkh-Erdene/THUNDERWORD

Students gather to celebrate international students at Highline's annual GlobalFest.

Another student who asked to remain anonymous said he "likes the American girls."

Every student had an individual experience at Highline, and liked different parts of the experience.

"I never got to go out in my country,

now I get to go out and do events everyday," said Khue, a student from Vietnam.

Another student from Japan named Mayuka said that she really enjoyed "making American friends, and watching American movies."

Justin Alcalá from the Philippines

said his favorite part of Washington was the weather. Yes the weather.

"I don't like the weather in my country," he said. "I love Seattle."

But regardless of what students found enjoyable, they all seemed to agree that the change resulted in growth for them as people. Often time with a little bit of growing pains.

"We really want to make sure they're interacting with other people," said Amee Moon, who works directly with international students. She went on to say that one of their biggest focuses is to make sure the students maintain healthy social lives.

Some students said that finding work also helped with their social lives.

"I was kind of alone at first, I was pretty isolated," said Alcalá, the second-year student from the Philippines. "Working really helped me meet more people." Alcalá now says that he loves it here.

"I didn't know how to speak English or like the food at all," said Wyn. "But you learn to adapt to it." He went on to say that it has been a very worthwhile experience.

"Everything changes, and I was really shy. I probably would have run away from you a few months ago," said Khue.

Dr. Seuss is on the loose at Auburn Avenue Theater

By Carly Bowen
Staff Reporter

Auburn Avenue Theater will present *Seussical the Musical* a tribute to the late Theodor Seuss Geisel's work.

The show is based on many Dr. Seuss books, ranging from *Horton Hears a Who*, *The Lorax* to *Horton Hatches the Egg*.

The Cat in the Hat hosts the show telling the story of

Horton, an elephant who discovers a speck of dust containing Whos, including JoJo, a Who child send off to military school for thinking too many thinks.

"Horton faces a double challenge – not only must he protect the Whos from a world of naysayers and dangers, but he must guard an abandoned egg, left to his care by the irresponsible Mayzie La Bird,"

said Jim Kleinbeck the Auburn Avenue Theatre operations specialist.

"Although Horton faces ridicule, danger, kidnapping, and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family, and community are challenged and emerge triumphant," he said.

Many songs inspired by

Dr. Seuss are preformed in the show a few are *Green Eggs and Ham*, *How Lucky You Are*, and *Oh, The Thinks You Can Think*.

"The cast is comprised of 38 adult, teens and kids from Auburn and the surrounding areas," said Kleinbeck.

Pre-sale tickets \$15 general admission \$12 student & seniors, at the door Tickets are \$17 general admission \$15 stu-

dent & seniors. Pre-sale runs up until June 5.

The theater seats 230 people each show and seats are first-come, first-serve.

The musical is coming to Auburn Avenue Theater at 10 Auburn Ave.

Show dates are: June 6-7, June 13-14, and June 20-21. Show times are at 7 p.m. on June 8, June 14 and June 21 there will be matinees at 2 p.m.

Highline waits on competency-based degrees

By Ed Hones
Staff Reporter

Some colleges in Washington will soon be offering competency-based degrees, leading to an associate of arts degree in less than 18 months.

Competency-based degrees will allow students to earn credits without actually taking classes.

The program being proposed by the State Board for Community and Technical Colleges would be all-online.

“Our goal is to develop this competency-based degree so students can progress at their own pace,” said Connie Broughton, the project director of the competency business transfer degree for the state board of community and technical colleges.

She said cost of materials is another benefit students can enjoy.

“It’s all online and the content is completely open so there are no textbooks to buy,” Broughton said. “Instead of having to spend lots of money on textbooks, students can access the information freely online and focus on the content.”

Students pursuing competency based business degrees enroll for six-month terms. The student’s adviser determines the amount of credits required. To pass the course, students must pass an assessment. The assessment is available throughout the six-month term.

“We are trying to eliminate redundancies,” Broughton said. “If you already know most of the course content you can take the assessment when you are ready and move on instead of having to wait the whole quarter to pass.”

She said students don’t need to take the assessment before the quarter is over.

“We are also allowing students to take longer than the term set by the college,” she said.

As long as the student is currently enrolled in a six-month term for the competency-based degree, they can take their assessment whenever they are ready, regardless of when they attended the class.

The cost for a competency-based degree will be a flat fee of the equivalent of full tuition for the six-month term.

“The tuition cost covers as many courses as you would like to take per term,” she said.

The number of credits required to receive a competency-based degree is 90. Students must take 30 credits per six-month term to receive their competency-based degree in 18 months.

Broughton said she hopes to make the program widely avail-

able starting in 2015.

“We are still developing the program. We hope to roll it out January of 2015,” she said.

She said the program would fit needs not currently being met.

“I know the program is not right for all students but I do feel it will be right for many,” she said. “We have a lot of different students with a lot of different needs so we need to develop more ways to serve them.”

Highline will not be one of the schools rolling out the program in 2015.

“I never rule anything out at Highline,” said Jeff Wagnitz, Highline’s Vice President for instruction.

Wagnitz said he doesn’t

think Highline will be implementing the program in the immediate future.

“I don’t see an immediate priority on establishing a competency-based degree program right now, here,” he said.

“Currently, the community and technical college system is developing a statewide Associate in Business (DTA) degree in that format. Its courses will be shared by participating colleges, with Pasco’s Columbia Basin College acting as the lead institution. I’m inclined to wait to see how the Associate in Business start-up goes, before I would advocate for Highline to invest a lot of time and energy in replicating it,” Wagnitz said.

He said there is a possibility

Highline might offer the program at some point, but wants to see how it does elsewhere first.

“It’s important to add that I do see opportunities for Highline to explore competency-based education in a manner that fits with our local program strengths, community needs, faculty interests and institutional capacities,” Wagnitz said.

“We already have a strong Prior Learning Assessment program that we could build on. Our Hospital Employee Education and Training (HEET) program incorporates some of those elements, as do other departments across campus. I think we can figure out ways to expand

those initiatives — and add others — as we gain experience and insight on best practices,” he added.

Wagnitz said Highline currently offers comparable programs for students.

“We offer programs in weekends, evenings, and in hybrid formats that reduce the number of campus visits. I’d also encourage people to look into our Prior Learning Assessment program,” he said.

“For students who specifically want and need an opportunity like the system-wide Associate in Business, that degree will soon be available. Western Governor’s University is another option, already available, for a full competency-based degree,” he said.

URBAN AGRICULTURE

New 19 Credit Short Certificate



We have broken ground for our urban garden on the Highline campus. Seedlings are planted: lettuce, chard, kale, zucchini and more.



Come and get your hands dirty. Learn how to harvest crops and use plant based foods to improve your health.



The college provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

Two **NEW** Classes Offered Summer 2014

SUST 142: Summer Practicum: Urban Agriculture

This course prepares students to grow food sustainably and organically in an urban environment. The course places emphasis on crop production, field management, integrated pest management, and harvest practices. As much as possible, the course seeks to create a participatory environment driven by learning-by-doing models.

SUST 150: Food as Medicine

Nutrition based course focused on the healing properties of vegetables and other plant based foods. Learn how to identify the medicinal properties of plants and prepare recipes using locally grown, seasonal fruits, vegetables and herbs.

- 🌿 Credit option will be based on current tuition schedule.
- 🌿 Non credit option for summer quarter. Ask for details.



Contact:
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for more information



Assault

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In fact, Highline students or their friends and acquaintances may have already been victims of this problem.

According to The Rape, Abuse, and Incest National Network at www.rainn.org, 44 percent of victims are under 18 years old and 80 percent are under age 30.

“It’s happened to one of my friends,” said a Highline student named Katy, who did not provide a last name.

“Even though it didn’t happen to me, I feel just as affected because the guy didn’t even get in trouble, but my friend never seemed the same afterwards,” Katy said.

RAINN says that 97 percent of abusers are not sent to prison.

Katy said that her friend did not report the crime due to shame and misplaced guilt.

“She said that people would look at her as if she was to blame,” Katy said. “It’s sad but it’s true.”

As a matter of fact, the Justice Department’s National Crime Victimization Survey of 2008-2012 showed that 60 percent of sexual assault cases go unreported.

Castro said a task force has recently been created in Highline to address this type of issues.

“We established the Violence Against Women Act (VAWA) Task Force this year,” Castro said. Executive Director of Human Resources Sue Williamson said that the VAWA Task Force is a result of the Jeanne Clery Act.

The Clery Act is a federal law requiring institutions across the United States that benefit from financial aid to communicate information about crime on and around college campuses.

The act requires colleges to post an annual security report, maintain a public crime log and reveal criminal incident statistics that happen on campus and the surrounding areas.

Sexual offenses are one of the seven major categories in this report, and stalking is also regarded in this category.

According to Highline’s Annual Security Report, there were no cases of rape reported on campus on 2011 or 2009.

But there was one incident of rape reported on the main campus in 2012.

More information regard-

ing the Clery Act can be found on clerycenter.org/summary-jeanne-clery-act.

The Campus Sexual Violence Elimination Act (SaVE) was signed by President Obama in March of 2013 to further address violence against women on college campuses.

This act complements the Clery Act in hoping to create transparency, accountability, education, and collaboration.

King County and Pierce County also provide resources for victims and families in hopes to eradicate the issue of sexual violence from their communities.

For more information regarding the issue, visit the King County Sexual Assault Resource Center’s website at www.kc-sarc.org/ and the Sexual Assault Center of Pierce County at www.sexualassaultcenter.com.

Computer degrees approved for students

By Brandon Madsen
Staff Reporter

Highline’s proposal to offer a bachelor’s of applied science degree in cyber security and computer forensics was recently approved.

Cyber security is technological security that focuses on protecting computers, networks, programs or data from unauthorized access. Computer forensics is a branch of forensics tied to legal evidence found in computers or digital storage.

The new degree will expand the offerings of the college’s Computer Science and Computer Information Systems departments.

“Over 18 months of work went into this to ascertain

need and develop the curriculum. The universities that had agreed to accept this into their master’s programs reviewed it,” said Dr. Amelia Phillips Applied Sciences Division Chair member.

More than 50 schools nationwide are adding BAS degrees in computer security to meet industry demand.

To be accepted into the program students will need to have completed the associates degree in either Network Specialist or Data Recovery and Forensics, with a 2.5 GPA or higher to be admitted.

With the new degree come better facilities and more staff to the campus, Dr. Phillips said.

“We are upgrading the facilities. We are also now a Cis-

co academy and our courses map to the National Security Standards. The new ones will map to National Initiative for Cyber Security Education Framework” Dr. Phillips said.

“We just hired one new tenure-track [instructor] this year and are searching for a one-year [position] for this fall. We anticipate hiring another tenure-track soon,” Dr. Phillips said.

She also said Highline is actively recruiting industry professionals with specific credentials.

Some of the jobs this degree will prepare students for are computer programmers, network specialists, web/data base developers, data recovery, and computer forensics specialists.

The new degree program will begin this fall.

NON PROFIT MANAGEMENT

19 Credit Short Certificate

Make a Difference in Your Community



For people who would like to start a nonprofit organization or who are seeking a career in the nonprofit sector, and for those already working or volunteering for nonprofit organizations who want better knowledge of the legal, strategic, financial and marketing “best practices” for sustaining and growing their organization.

- Legal 120 Nonprofit Law - 5 credits
- ACCTG 128 Nonprofit Corporation Accounting - 5 credits
- BUSN 238 E-Marketing - 5 credits AND 4 credits in Fundraising for Nonprofit Organizations*
- HOST 109 Fundraising Event Planning - 2 credits
- BUSN 157 Grant Writing - 2 credits
- BUSN 158 Cultivating Individual Donors - 2 credits

All of the courses qualify as elective credits for the Associate of Applied Science Degree in Entrepreneurship. Legal 120 & Acctg 128 qualify as electives for an AAS in Paralegal Studies. The courses are also available to the public through HCC Continuing Education.

*The Fundraising part of the certificate consists of 3 options but only 2 of the 3 courses are required to earn the certificate.

Two NEW classes offered Summer 2014

Busn 157: Grant Writing:
Strategies for identifying government and private foundations from which to seek funding; how to research specific grants to apply for, how to write letters of inquiry and how to prepare grant applications to maximize the chances of receiving funding.

Busn 158: Cultivating Donors:
Finding and cultivating individual donors for non-profit entities. Relationship building and making the “ask” of the right person, for the right amount, at the right time. Maintaining a donor database.

- Credit option will be based on the current tuition schedule.
Register for Item# 2042 and Item# 2044
- Non-credit option for summer quarter will be as follows:
Busn 157 & Busn 158 = \$119.00
Register for Item# 8807 and Item# 8809



Contact:
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for more information

Good
luck with
finals

The college provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

