the THUNDERWORD

Highline College | September 22, 2014 | Volume 52, Issue 1

KING COUNTY PHOTO

King County resident asks a question during a community forum at the Tyee High School cafeteria.

King County forum talks racism in police

By Cristina Acuna
Staff Reporter

Tension between the community and the police is not isolated to a small town in Missouri.

"It is happening here," said Highline Board of Trustees member Sili Savusa. "We know the stories. We know the realities. We see the local stories that have just as much of an impact as what's happening nationally."

Savusa was one of the panelists gathered by King County Councilman David Upthegrove to answer the questions and concerns about institutionalized racism in local law enforcement raised by more than 200 hundred King County residents at a community forum held on Sept.10.

The other panelists were King County Sheriff John Urquhart; Prosecuting Attorney Dan Satterberg; President and Founder of Logos Life Network and Leadership Institute Dr. Edward Donalson; Executive Director of the Northwest Immigrant Rights

See Racism, page 15

Diversity awards rain on college

Highline won multiple awards over the summer.

Two of the awards went to Highline President Dr. Jack Bermingham.

For the second year in a row, Highline received the Higher Education Excellence in Diversity (HEED) Award from INSIGHT Into Diversity magazine.

"Highline is honored to receive this award for the second year in a row and to be recognized for the work we do every day on our campus with enthusiasm," Dr. Bermingham said. "Diversity is more than a program or an initiative at Highline; we want it to be our institutional identity."

The magazine gives the award to colleges that show outstanding commitment to diversity and inclusion. Highline was one of 82 schools to be honored nationwide.

Highline is the most diverse college in Washington and was the only community college in the state to receive the 2014 HEED Award.

Highline also won the Twenty-First Century Colleges' Na-

See Awards, page 15

Hardware store promises to tow

By Andie Munkh-Erdene
Staff Reporter

Lowe's will continue to tow cars left by Highline students in east end of its parking lot this fall.

The hardware chain's Kent store is kitty corner from Highline to the southeast. When the site was the Midway Drive-In, before Lowe's acquired the property early in the 2000s, it served as overflow parking for Highline.

However, since then, Lowe's officials have complained that Highline students have been filling up their lot, depriving customers of parking spaces. Lowe's has towed students' cars off and on since opening the store, but then stopped the practice until new quarters and school years brought new students who may not have realized they shouldn't park there.

The battle of the lots ended when Lowe's started towing student cars last spring in the middle of quarter.

"It's an inconvenience to our customers," said Ron Kaleberg, Lowe's manager.

In early 2013 Highline College and Lowe's tried to work together to resolve the parking problem. But neither came up with solutions after exploring the idea of designating some of Lowe's parking space for students.

By the spring 2013 students were warned that their cars

See Lowe's, page 16

Andie Munkh-Erdene/THUNDERWORD

Notices were taped on students' cars prior to towing last Spring.

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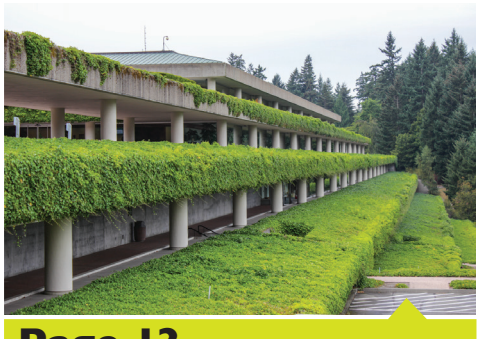

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Federal Way leaders push for new school

Crime & Punishment

Car in North lot won't leave

Suspicious activity was reported on Sept. 17.

A red four-door Chrysler with a man and woman inside was parked in in a carpool spot in the North lot.

When approached the man stated they were homeless and asked to stay. Security told them the campus was closed.

The vehicle then left the lot and was seen going north on 20th Avenue.

Shortly after the north gate was being closed the vehicle was seen heading south on 20th Avenue.

Staff injury

An Highline employee was injured on Sept. 10 on campus. No details were available.

Lost and found

A student reported his silver wristwatch lost in the library.

A math textbook was reported found.

Tips and tricks: Avoid tickets

Remember to purchase your parking pass this quarter.

Students can purchase parking permits online or at the cashiers office in Building 6.

Purchasing online requires you to register your vehicle, if your purchasing your permit at the cashiers office. Do not forget to register your vehicle online.

When you purchase your permit present the cashiers reciept or your online reciept to the Public Safety Office to recieve your tag.

When you purhase your parking permit online you are provided with a two-day temporary parking permit. This gives you time to let the parking permit traffic die down.

A part-time and motorcycle/scooter parking permit is $29. A full-time parking permit is $46.

Carpool permits are also available for only $10.

Parking and traffic citations are $58, exluding handicapped parking spots which are $250.

Citations may be appealed.

For more information about parking fees and regulations visit https://parking.highline.edu/index.php?page=home.

You can contact the Public Safety Office at 2065923218 or visit them in Building 6.

Andie Munkh-Erdene/THUNDERWORD

New lines for old lots

Campus parking lot safety markings were retouched to start the new school year fresh and crisp.The repainting took place on Tuesday Sept. 16 prior to beginning of Fall Quarter. The markings that were repainted include the directional arrows, stop bars, crosswalks, and speed bumps. The focus was mainly the markings in the East lot and North lot but some work was also done in the South lot.

Campus storm drains were also repaired prior to the beginning of Fall Quarter. The southeast corner of Building 19 was excavated to uncover below-grade elements. Storm drains by Building 14 and 15 were also excavated and repaired. A manhole at the storm water retention pond at the west end of campus was also excavated and repaired.

News Briefs

Get a new pal apply today

Conversation Pals is now accepting applications.

Conversation Pal is a program that gives student the chance to make friends from around the world.

Once a week, students will meet in groups to discuss their culture and values. The program lasts for one quarter.

The application is available in Building 25, room 506. The application deadline is Sept. 26 at 5 p.m. The orientation is Oct. 1.

For more information, contact Misaki Mori at ilsc@highline.edu.

Women only scholarship

Buildium, a leading property management software provider is offering a scholarship to outstanding women in the technological fields.

Buildium is looking for female students majoring in product design, UX design, Engineering, computer science or interaction design.

The winner will receive a cash prize of $2500.

The deadline is Nov. 28

For more details and qualification for the scholarship visit http://www.buildiu,.com/women-in-technology-scholarship.

Learn more about new BAS degrees

Dr. John Huber, the director of the bachelor of applied science degrees program, is hosting an informational meeting every Tuesday from 5 – 6 p.m.

Students interested in the new degree programs can learn about the classes and get their questions answered.

Meetings are held in Highline's Transfer Center, which is in Building 6, room 164.

Green Week starting Nov. 3

The Sustainability Task Force will be hosting Green Week starting Nov. 3 through 7.

Presentations will range from food justice, climate change and urban agriculture.

The event will take place in the Mt. Constance room in Building 8 between 9 a.m. and noon.

The Sustainability Ability Taskforce will have its first meeting on Monday Sept. 29 at 2:15 p.m. in the Bistro in Building 8.

For more information about the taskforce or Green Week contact Woody Moses at wmoses@highline.edu.

Highline Cares needs your help

Highline Cares is collecting donations for immigrants and refugees who are English-language learners.

Bring donations of clothing, shoes, and household items to Building 2 on Oct. 2.

Donations are being accepted between 8 a.m. and 2 p.m.

All donated items need to be in good shape and usable.

For more information, contact Sheelan Shamdeen at sshamdden@highline.edu.

Annual Student Success Fair

To welcome back students, the college is hosting the annual Highline Student Success & Involvement Fair.

There will be tables and booths to tell students about programs and the campus.

The fair is on Sept. 25 from 10 a.m. to 1 p.m. in Building 8, or on the Highline Student Union East Patio (between Building 8 and Building 7), if weather permits.

Voter registration drive Sept. 23-26

The Student Government is encouraging all students to vote by hosting a Voter Registration Drive.

The drive will be held Sept. 23 through Sept. 26 in Building 8 and Building 6. The drive will start at 11 a.m. and end at 1:30 p.m.

To register, you must be a U.S. citizen, a Washington state resident, and be at least 18 years old at the time of the election. To register online, you need you need a valid Washington state ID.

YOUNG ADULTS WANTED FOR RESEARCH STUDY

Young men & women are wanted for a study on health-related behaviors. Participants must be ages 18-20. Earn a $25 gift card of their choice of a select number of merchants. Visit http://depts.washington.edu/uwepic/ or email Project EPIC at UWepic@uw.edu or for more information.

Bermingham encourages listening

By Cristina Acuna
Staff Reporter

Listening to students will be key to the college's success this academic year, Highline's president said at an all-campus breakfast on Tuesday.

Future state funding will likely depend on students' academic progress, said Dr. Jack Bermingham.

"Part of being a learner-centered institution is [that] we have to find more effective ways, better ways, more ways to listen to students because they do have some valuable feedback that can guide us to being more successful," Dr. Bermingham told 300 faculty, staff and students on Sep. 16 in the cafeteria of the Student Union.

"Bringing Our Voices Together: Brains, Courage and Heart" was the theme of the breakfast, which marked the beginning of Highline's five-day opening week.

"We begin the year with lots of momentum coming off of a very successful 2013-2014," Dr. Bermingham said. "We were recognized with a few awards and we even won a national award. It's hard to say that it was anything less than an amazing year."

Recently, Highline received the 2014 Higher Education Excellence in Diversity Award from Insight Into Diversity magazine, and Dr. Bermingham himself received the Diversity Visionary Award after being named Regional CEO of the Year in August by the Association of Community College Trustees.

"We owe it all to you guys because it wasn't like the Legislature gave us a lot more money or a lot more resources," Dr. Bermingham said. "Your innovation, your energy, and your commitment made for a very successful year."

During the event, attendees watched a video that featured new and returning students expressing their opinions and needs, as well as faculty members' words of welcome and encouragement for the new academic year.

"We started a conversation about changing expectations and during Opening Week, you're going to participate in discussions about what that might mean for you as colleagues and for our campus," Dr. Bermingham said.

He also said that Highline is committed to provide clear pathways to satisfy students' needs with regard to their programs and degrees, with the ultimate goal of improving student attainment.

"This past spring I discussed the changing environment in higher education and the likely impact on us," he said. "It's likely that there is going to be more performance funding and those things that are about attainment in the broadest sense help us with our student achievement initiative accountability and in the end bring resources back to the college."

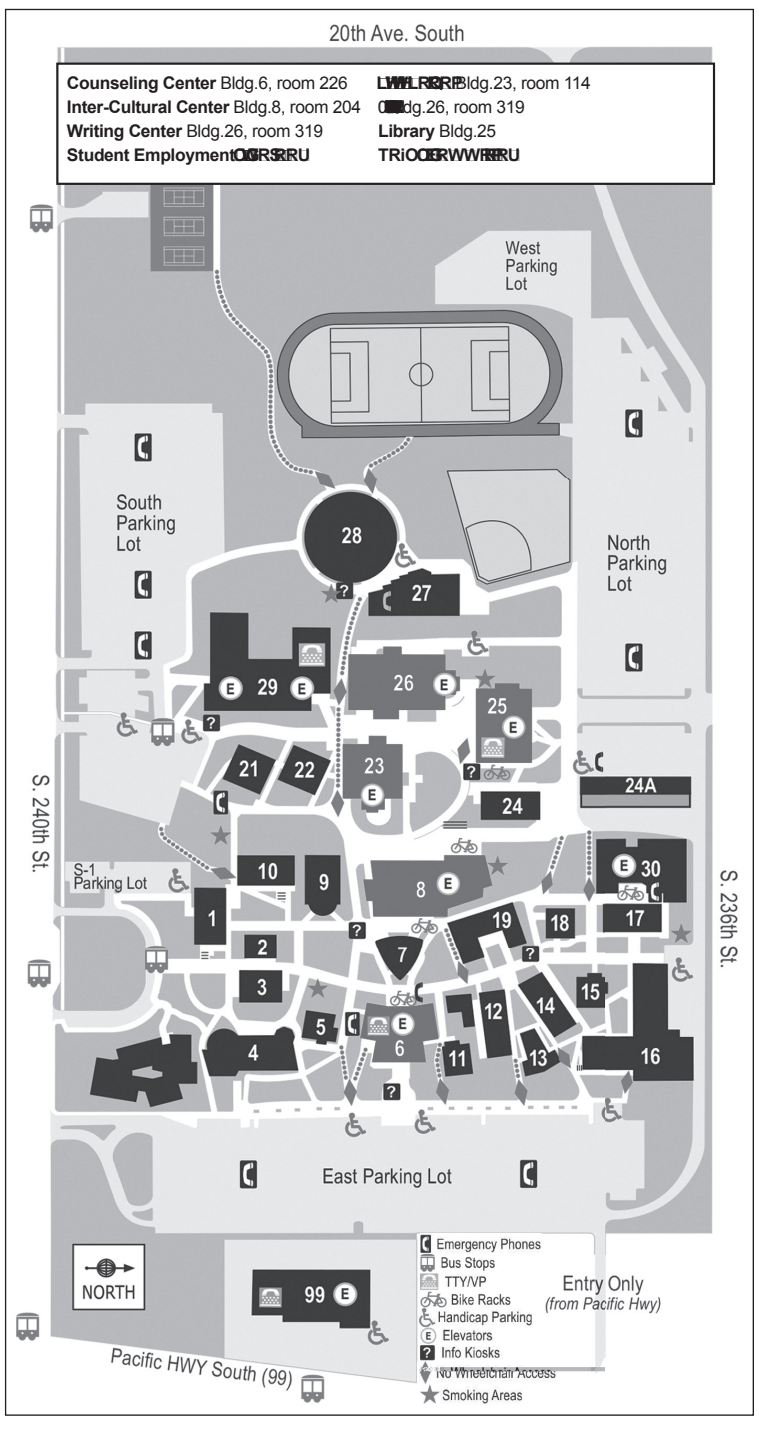
The president said that faculty, staff and students must consider themselves advisers and resources of knowledge.

"We need to be reflective and in a sense investigative about understanding barriers to success, identifying them and removing them if our students are going to be successful," Dr. Bermingham said. "We need to strengthen our asset-based approaches, building on the strengths of students, colleagues and our community."

Andie Munkh-Erdene/THUNDERWORD

Dr. Jack Bermingham welcomes staff, faculty and students during Opening Week festivities last Tuesday in the Student Union.

There's a bevy of help for all Highline students



By Sam McCullough
Staff Reporter

Highline is a mecca of opportunities and services geared to help students. The services range from personal counseling to help writing a paper.

Here's a list of resources:

• **Counseling Center**

Building 6, room 226 — The Counseling Center is here to help you with personal problems or questions about academics. Open five days a week, the counselors can help you with time management, choosing a major, and even getting connected with the community. The services are free and confidential.

• **Inter-Cultural Center**

Building 8, room 204 — The ICC has peer tutoring, social justice programming, computers for student use, scholarship information, and a multi-cultural library. It is a safe place for students to express their opinions on social issues.

• **Writing Center**

Building 26, room 319i — The Writing Center can give you advice, proofread, and help you structure your papers. You need to make an appointment in person or by calling 206-592-4364.

"The Highline Writing Center, staffed by experienced student writers who receive internationally certified training in writing consultation, provides a place for student writers at all levels and in all subjects to get one-on-one support in their writing processes," said Writing Center Director Rosemary Adang.

• **Student Employment**

Building 6, top floor — Student Employment Services are available to help students and alumni with career exploration, job searching, and resume writing. This service is free of charge. There are job fairs and workshops to help you even further. You could even get a job working on campus.

• **Quiet Reflection Room**

Building 23, room 114 — This is a room dedicated to personal reflection activities, like silent prayer and meditation. The Muslim Student Association provides prayer mats. No food or drinks are allowed in the room.

• **Math Resource Center**

Building 26, room 319 — Receive homework help or math tutoring from faculty or students. There are computers available to use and a space for study groups. The Math Resource Center is open five days a week. You can receive academic advising if you are a science, technology, engineering and mathematics student.

• **Library**

Building 25 — The library is open seven days a week, including every night except Saturday. It is a place where you can get expert help with your research, use their computers, borrow books, videos, and more, plus meet with friends and classmates in the group study rooms or open spaces.

Librarians are available to help you in person, via email, by phone, or through their 24-hour chat service. The Testing Center is on the top floor of the library. No fee is needed to receive the services.

• **TRiO**

Building 6, bottom floor — "The TRiO Student Support and Retention Services Program here at Highline provides one-on-one guidance, support, and prep for students who meet the eligibility requirements. TRiO-eligible students are those who are either first generation, low-income, or students with disabilities," said Susie Chavez, TRiO program assistant.

The program is free to join.

• **Highline Bookstore**

Building 8 — Get school supplies and textbooks needed to help you succeed. You can rent or buy textbooks. They do accept returns, but only for up to two weeks after your purchase and you must have the receipt. The Bookstore accepts personal checks and credit cards. Also, the Bookstore buys used textbooks for up to 50 percent of the original price.

Weekly SUDOKU

by Linda Thistle

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		5		3			9	
		1		7		8		
	3				1			9
2			8				4	
		4		5		6		
5			6				1	
	8				7			3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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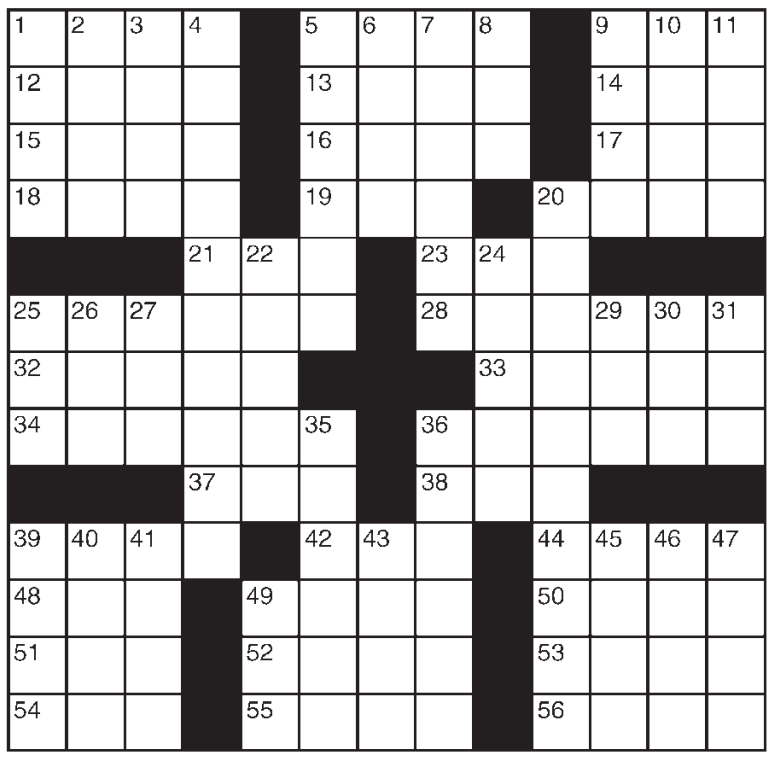
King Crossword



ACROSS
1 Trip to Mecca
5 Inauguration recitation
9 Vacillate
12 Birthright barterer
13 100 percent
14 Have a bug
15 Flowerless plant
16 Blueprint
17 Altar affirmative
18 London gallery
19 Peculiar
20 Leftovers recipe
21 IV measures
23 Ram's fan?
25 Esprit de corps
28 Automaker's nightmare
32 Accustom
33 Recipient
34 GI ID
36 Set off
37 Baseball stat.
38 Homer's neighbor
39 Source of Samson's strength
42 Scepter
44 Thin streak of smoke
48 Vacationing
49 Michigan, e.g.
50 Between jobs
51 Lummox
52 Shrek is one
53 Spruced up
54 Saute
55 Abacus piece
56 Spreadsheet fill

DOWN
1 Weight
2 Cruising
3 Pub missile
4 Mrs. Johnny Cash
5 Go against
6 "— Lang Syne"
7 Merchant
8 Coop dweller
9 Bide one's time
10 Staffer
11 Candlelight, e.g.
20 Renewed energy
22 Transparent
24 Shoe style
25 Central
26 Yoko of music
27 Bad hairpiece
29 Blackbird
30 Allow
31 Sheltered side
35 Parking space?
36 "Absolutely!"
39 Horse's foot
40 Somewhere out there
41 Uncertain
43 Gumbo item
45 Concept
46 Venetian blind part
47 Animal-rights org.
49 High-arc shot

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Puzzle answers on Page 7

Trivia test by Fifi Rodriguez

1. GEOGRAPHY: The Yakima River flows through which U.S. state?

2. TELEVISION: What was the theme song to the sitcom *Friends*?

3. MUSIC: What pop music group had a hit album in 1969 titled *The Age of Aquarius*?

4. COMICS: Which comic strip featured a character called "Dragon Lady"?

5. MEDICINE: How long is the average adult's spinal cord?

6. FOOD AND DRINK: What fast-food franchise featured the story of Jared S. Fogle, who lost a lot of weight eating their products?

7. LITERATURE: Where did the Grinch live in the Dr. Seuss story *How the Grinch Stole Christmas!*?

8. MOVIES: What was the name of the mad scientist in *The Rocky Horror Picture Show*?

9. GENERAL KNOWLEDGE: What is the significance of the acronym ROY G BIV?

10. FAMOUS QUOTES: What comedian and actor once said, "A day without sunshine is like, you know, night"?

Answers

1. Washington

2. *I'll Be There For You* (The Rembrants)

3. The 5th Dimension

4. *Terry and the Pirates*

5. 17 to 18 inches

6. Subway

7. Mount Crumpit

8. Dr. Frank-N-Furter

9. A mnemonic device to remember the colors of the rainbow

10. Steve Martin

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	−		×		12
÷		×		×	
	+		+		12
×		−		+	
	×		−		13
16		15		20	

1 2 3 4 5 5 6 8 9

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Salome's Stars

- **ARIES** (March 21 to April 19) Travel plans could be interrupted by the re-emergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

- **TAURUS** (April 20 to May 20) Aspects favor cultural activities for sensuous Bovines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

- **GEMINI** (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

- **CANCER** (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

- **LEO** (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later on.

- **VIRGO** (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

- **LIBRA** (September 23 to October 22) You might be tempted to employ the same tactics as your adversary, but that could backfire. Better to use the same balanced approach that has worked for you before and could again.

- **SCORPIO** (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

- **SAGITTARIUS** (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

- **CAPRICORN** (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

- **AQUARIUS** (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

- **PISCES** (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches to your new project and get it well and truly launched.

BORN THIS WEEK: You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.

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Fruit of the vine can help foods taste fine

By Angela Shelf Medearis and Gina Harlow

If you were to make a checklist of all the wonderful qualities one fruit could possess -- sweet, tart, tasty raw or cooked, fresh or dried, with delicious juice, various flavors, edible leaves and nutritious oil -- the grape and its vine would check every box.

It must be for that reason that no other fruit, no matter how glamorous its reputation, is grown and produced as much as the grape.

The cultivation of grapes dates back to the beginning of civilization on the Asian and European continents. In North America, when the Europeans arrived, they found almost countless varieties of wild grapes, many found nowhere else in the world. Most of those wild grapes were considered inedible by the early colonists, although they were an elemental food of the Native Americans.

Soon, however, the wild American grapes became hybridized with European varieties, and grapes became more widely consumed. One of the notable varieties is the super-delicious Concord grape.

The grapevine has a presence around the globe, and the fruit and the plant are used in a variety of ways. From the beginning, wine was made from grapes, but it wasn't long before it was discovered that grapes were wonderful dried, and there is even mention of raisins in the Bible.

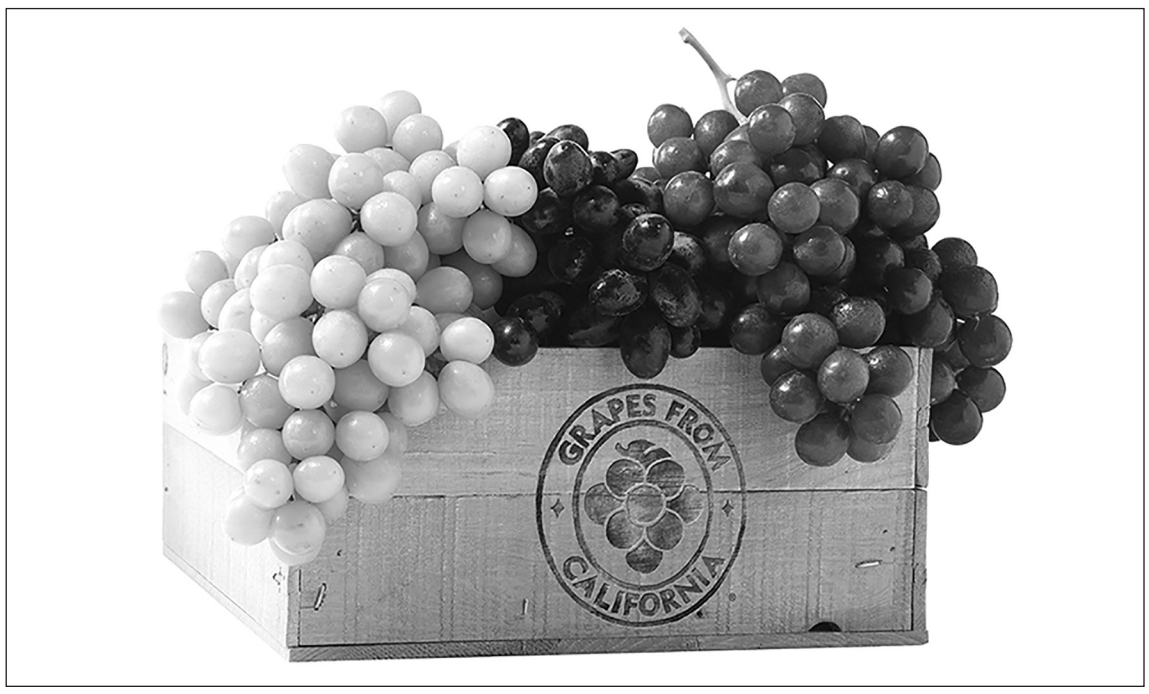
The practice of making oil from the seeds also is ancient and appears to have begun soon after cultivation began. The same is true for the leaves, which are eaten fresh or brined, and a version of stuffed grape leaves not only is integral to Greek cuisine, but found in the foods of almost every Middle Eastern country.

The fruit itself is a good source of vitamins A and C, and antioxidants. The leaves are especially high in vitamin A and minerals, while the oil or extract from the seeds also contain antioxidants that may be helpful in lowering cholesterol and fighting heart disease.

Keep grapes in the coldest part of the refrigerator wrapped in a perforated plastic bag to allow excess moisture to escape. Unfortunately, grapes won't ripen after they've been picked.

When it comes to cooking with grapes, most people think of jams or pies. But sweet grapes add an interesting dimension of flavor to savory dishes, and the more bitter grapes, take on a sweetness when sauteed or roasted. If you've never tried grape leaves, you are missing a tangy treat. They are the perfect receptacle for a wide variety of stuffings.

Try this recipe for Bacon Seared Pork Chops with Grape Sauce, which uses grapes in a uniquely savory way.



Grapes are nutritious and handy in a surprising number of recipes.

Seared pork chops with grape sauce

1 teaspoon Kosher salt
1 teaspoon black pepper
1 tablespoon poultry seasoning
4 pork chops, bone out, 1 1/2 inches thick
2 strips bacon, cut into small pieces
3 tablespoons extra-virgin olive oil
2 cups seedless red grapes
2 tablespoons flour
1 1/2 cups low-sodium chicken stock
1 tablespoon Worcestershire sauce
1 tablespoon butter
3 tablespoons chopped green onions, white and green parts, for garnish

1. Season chops on both sides with salt, pepper and 1/2 tablespoon of poultry seasoning, and let sit outside refrigerator for 10 to 15 minutes to to come to room temperature.

2. Add bacon and 1 tablespoon oil to saute pan, and cook over medium-high heat. Once bacon starts to render some fat, about 2 minutes, add grapes. Allow the bacon to continue to render and get crispy, and the grapes to split open and release their juices, about 3 to 5 minutes. Remove half of bacon and grapes and set aside.

3. Add flour and the remaining 1/2 tablespoon poultry seasoning to bacon fat; stir for 1 to 2 minutes. Stir in chicken stock and Worcestershire sauce. Turn temperature to high, and bring the mixture to boil. Turn heat to simmer, stirring occasionally, until liquid is reduced by half and thickens. Stir in butter, cover pan, and set aside.

4. To a cast-iron pan, add remaining 2 tablespoons olive oil and heat over medium-high heat. Add seasoned pork chops and sear. Cook pork for 6 to 7 minutes on the first side. Flip over and reduce heat. Cook for another 6 to 7 minutes until cooked through. Remove pork from the pan, and allow to rest for about 5 minutes prior to serving.

5. When ready to serve, add reserved grapes and bacon to sauce. Taste and re-season if needed with additional salt and poultry seasoning. Pour over the chops and garnish with green onions. Makes 4 servings.

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Farmers market fare can make a pretty fair stew

There's something almost magical about shopping at a farmers' market. I think it's because all the abundant produce spilling out of the baskets and containers takes us back to our roots.

by Healthy Exchanges

8 ounces lean beef stew, cut into bite-size pieces
2 cups diced raw potatoes
1 cup diced carrots
1 cup chopped celery
1/2 cup chopped onion
1 (10 3/4-ounce) can reduced-fat cream of mushroom soup
1 (2.5-ounce) jar sliced mushrooms, drained
1 tablespoon chopped fresh parsley or 1 teaspoon dried parsley flakes

1. Preheat oven to 325 F. Spray an 8-by-8-inch baking dish with butter-flavored cooking spray.

2. In prepared baking dish, combine meat, potatoes, carrots, celery and onion. Add soup, mushrooms and parsley. Mix well to combine. Cover and bake for 3 hours or until meat and vegetables are tender.

3. Place baking dish on a wire rack and let set for 5 minutes. Divide into 4 servings.

• Each serving equals: 261 calories, 5g fat, 22g protein, 32g carb., 594mg sodium, 4g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 1/2 Meat, 1 Vegetable.

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Simple spaghetti, pea dishes fit seasonal tastes

Good Housekeeping

Spaghetti with oil and garlic

This classic combination of garlic and oil gives this simple pasta its heady flavor. Serve with lots of freshly grated Parmesan cheese.

1 package (16 ounces) spaghetti or linguine
1/4 cup olive oil
1 large garlic clove, finely chopped
1/8 teaspoon crushed red pepper (optional)
3/4 teaspoon salt
1/4 teaspoon coarsely ground black pepper
2 tablespoons chopped fresh parsley

1. In large saucepot, cook pasta as label directs. Drain.

2. Meanwhile, in a 1-quart saucepan, heat oil over medium heat. Add garlic and cook just until golden, about 1 minute; add crushed red pepper, if using, and cook for 30 seconds longer. Remove saucepan from heat; stir in salt and black pepper.

3. In warm serving bowl, toss pasta with sauce and parsley. Makes 6 main-dish servings.

• Each serving: About 362 calories, 10g total fat (1g saturated), 0mg cholesterol, 361mg sodium, 57g total carbs, 10g protein.

Zucchini and Sugar Snap Peas

1 tablespoon vegetable oil
3 small (about 8 ounces each) zucchini, cut into 1 1/2-inch chunks
1/2 pounds sugar snap peas, stem and strings removed along both edges of each pea pod
2 green onions, cut into 1/2-inch pieces
1 tablespoon fresh oregano, chopped, or 1/2 teaspoon dried oregano leaves
3/4 teaspoons salt
1/4 teaspoons coarsely ground black pepper

In nonstick 12-inch skillet over medium-high heat, in hot vegetable oil, cook zucchini, snap peas, green onions, oregano, salt and pepper, 8 to 10 minutes, stirring frequently until vegetables are golden and tender-crisp. Makes 6 servings.

• Each serving: About 275 calories, 4g total fat (1g saturated), 0mg cholesterol, 295mg sodium, 47g total carbs, 17g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

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Music department plans events

Chorale needs singers

By Kayla Dickson
Staff Reporter

Victor Noriega will perform Oct. 16 at Highline.

Music will fill the halls this quarter as Highline begins making plans for its upcoming concerts. This fall, the Music Department has plenty of events to delight everyone from the musically inclined, to the music enthusiast.

"It's really important that students keep involved in the arts," said Dr. Ben Thomas, coordinator of the Highline Music Department. "Music not only helps students grow musically, but more importantly, it helps them grow intellectually and interpersonally. You use so much of your brain when you make music."

For those particularly interested in creating music, there will be upcoming auditions for the Highline Concert Chorale. All students interested in the Chorale are encouraged to audition.

"We incorporate as many students as we can into our curriculi, and learn from them," said Dr. Sandra Glover, head of the Highline vocal program. "The Chorale concerts tend to have more variety with the addition of drama students and other musicians."

The Chorale has three concerts planned throughout this school year, the first one occuring Dec. 4. All of the Chorale's concerts are free and open to the public.

Those interested in auditioning should contact Dr. Glover at sglover@highline.edu.

Those without musical skills will want to attend the world music concerts coming to Highline this quarter.

On Thursday, Oct. 16, at 12:15 p.m. in building 7, students can enjoy a concert by the Victor Noriega Jazz Trio, as a part of Filipino American Heritage Month.

Then on Thursday, Nov. 6, at be 12:15 p.m. in Building 7, the Seattle Colleges Faculty All-Star Jazz Band will perform, featuring Highline's own Dr. Ben Thomas.

Both of these concerts are free and everybody is encouraged to attend.

"The jazz band is actually comprised entirely of community college teachers," Dr. Thomas said. "And we will actually be playing some originals too, so it's definitely worth checking out."

Arts Calendar

- Burien Actors Theatre will present the comedy *Out of Sterno* by Deborah Zoe Laufer from Sept. 26 through Oct. 19. This zany comedy, comprised of colorful characters, is more appropriately suitable for ages 13 and older, due to occasional adult language. Tickets range from $7 to $35. For more information, call 206-242-5180 or go online to: BurienActorsTheatre.org

- Come enjoy the fun at Normandy Park's Third Annual Zombie Fest on Saturday, Sept. 27. With plenty of events for people of all ages, organizers say Zombie Fest makes a good group outing for the whole family. Admission to the event is free and will take place at Normandy Park Towne Center, 19900 First Ave. S., from 4-8 p.m.

- Hi-Liners is holding auditions for its youth production of *The King and I* on Sept. 29 and Oct. 2. The program, designed for ages 7 and older, meets three times a week until the final production during the holidays. Tuition for the program is approximately $240 to participate.

- *The Sound of Music* will be coming to the Auburn Avenue Theater Oct. 3-19. This musical classic will have both matinee and evening showings that range from $13 to $20 a ticket. For more information, call 253-931-3043 or order your tickets online at: brownpapertickets.com

- Blow your own one-of-a-kind glass pumpkin at Schack-toberfest Sept. 25 through 28. The Schack Art Center at 2921 Hoyt Ave. in Everett, is hosting this four-day event. Harvest-themed paintings, pottery, glass and gifts will be available for purchase, as well as activities for children. Admission is free.

- Auburn will celebrate its fifth annual Puppy Up! Walk on Sunday, Sept. 28. The goal of the walk is to help fund and raise awareness for cancer research in both humans and animals. The event is kid- and pet-friendly, as well as stroller, wheelchair and wagon accessible. Tickets are $20 in advance or $25 at the door. Children 14 and younger will be admitted free.

TeenTix offers bargains for young art lovers

By Kayla Dickson
Staff Reporter

Often college students find themselves in the same rut – high on life, low on cash. TeenTix, a program of the Seattle Center, offers teens ages 13-19 access to local events at a discounted price.

"TeenTix is great because it provides young people with safe, enriching activities that they can do with their friends," Executive Director Holly Arsenault said. "It motivates young people to get out of the house and participate in their community."

Members get entry to local exhibits and events like the Seattle Laser Dome, IMAX, EMP, and the Seattle Art Museum, for only $5 cash after showing their TeenTix identification.

"We think that art is for everyone and should be accessible to everyone," Arsenault said. "We want young people to be empowered to take control of their arts-going experiences, and to participate fully in the arts community not just as audience members, but as leaders, critics, patrons and influencers."

Teens had a chance to voice their opinion last Saturday, during the second-annual TeenTix Teeny Awards. The event at the EMP was a dinner fundraiser, followed by an awards ceremony.

"The Teeny Awards are like a Teen Choice Awards for local arts," Arsenault said. "TeenTix members vote on the favorite things they experienced during the past year and their favorite organizations, and then we give the awards out in a big, splashy ceremony."

The Teeny Awards may have already passed, but there are still plenty of events to participate in.

"Our website will give you a complete schedule of all of the events you can attend throughout the month," said Arsenault. "And with dozens of visual and performing arts events every day, it's really handy for helping spread equal awareness about each of them."

For more information on upcoming events or receiving a free TeenTix pass, visit their website at TeenTix.org

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bthomas@highline.edu

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Vocal Classes and Lessons
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SEE:
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answers

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1	+	6	+	5	12
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2	×	9	–	5	13
16		15		20	

Weekly SUDOKU
Answer

7	9	6	2	1	8	5	3	4
1	4	3	7	9	5	2	8	6
8	2	5	4	3	6	1	9	7
9	6	1	3	7	4	8	2	5
4	3	8	5	2	1	7	6	9
2	5	7	8	6	9	3	4	1
3	1	4	9	5	2	6	7	8
5	7	9	6	8	3	4	1	2
6	8	2	1	4	7	9	5	3

King Crossword
Answers
Solution time: 27 mins.

P	I	C		B	A	T	H		P	U	M	A
D	O	R		O	L	E	O		A	T	O	P
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A	C	A	I		Q	U	E	B	E	C	E	R
Z	I	N	C		E	S	P	Y		H	E	Y
E	D	I	T		D	A	T	A		E	K	E

Normandy Park unearths third Zombie festival

Ghouls come out Sept. 27 at Normandy Park Towne Center

By Kayla Dickson
Staff Reporter

Get out your fake blood and hide your brains for the third annual Normandy Parks Zombie Fest on Sept. 27.

Like Seattle's world famous Zombie Walk, Zombie Fest is a family oriented event for zombies, zombie hunters, and zombie enthusiasts alike.

"Zombie Fest features some fun activities," said Susan West, mayor and chairwoman of the Normandy Park Economic Development Committee. "Kids can visit a free pumpkin patch. There will also be a Zombie Zumbathon, a performance by the amazing Seattle Thrillers, live music, an arts and crafts booth for kids, business booths, a costume contest, and much more. Not to mention, admission is free."

Don't worry about spending any extra money on a costume either, because this year Zombie Fest will zombify you in the "Get Zombified" booth for free.

"We'll transform people into zombies within minutes thanks to talented face-painters and zombie clothing experts," West said.

"Value Village and Republic Services are sponsoring this booth. After visiting the make-up and clothing stations, each new zombie will receive an official "I Got Zombified" sticker and then a photo at our free photobooth."

Along with the fun and free things to do at the festival, Zombie Fest actually serves a much larger purpose: educating the public on emergency and disaster preparedness.

"Zombie Fest will feature a display of vehicles that would respond to a disaster, our sponsors will provide families with a wide variety of items for emergency kits, and experts will be available to speak with visitors about being prepared," West said. "It's all about helping our neighbors."

Besides being an educational event, Zombie Fest is a charity event as well. This year, the event will raise money for various charities with food, a charity beer garden, and a few raffles. The charities that will be affected are the Highline Schools Foundation Excel Grant program, the Highline Food Bank, the Des Moines Food Bank and the new Friends of Normandy Park Foundation.

Zombie Fest will be held at the Normandy Park Towne Center between the new Normandy Park Ale House and Normandy Park Market at 4 p.m. on Saturday, Sept. 27.

"The shopping center features a large amount of parking," West said. "Which is good because last year nearly 900 people attended, and we only expect it to increase from there."

Zombie Fest Handout

The Seattle Thrillers dance troupe will make an appearance Sept. 27 from 6-6:15 p.m. at the third annual Normandy Park Zombie Fest and will perform to Michael Jackson's Thriller.

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Andie Munkh-Erdene/THUNDERWORD

The Des Moines Farmers Market offers a feast for the eyes as well as the stomach.

There's truckloads of things to see at the Farmers Market

By Kayla Dickson
Staff Reporter

It was a picturesque scene at the Des Moines Waterfront Farmers Market "Back to School Truck-in" on Sept. 13. The bright September sun beautifully illuminated the flawless view of the Puget Sound, as over 5000 people, young and old, came together to enjoy good company and good food.

"The Back to School Truck-in was definitely a lot of fun," said market attendee Mark Torpha. "Not only is it a good time to try some of the local food trucks, but there were so many people there, it really felt like a community."

The Truck-in featured food trucks from El Animal, Ben & Jerry's, Grilled Cheese Express, Wicked Pies, Peasant Food Manifesto, Outside the Box, and Sam Choy's Poke to the Max, as well as other assorted food vendors.

"It never ceases to amaze me how many different people this market brings together," said Bill Magee, owner of the business Cutlery On Wheels. "I've been coming here for three full years now. I love how it's very diverse. It's definitely a lot of fun."

Cutlery on Wheels is not your average business trailer/cutlery studio.

"The idea is that I sharpen your knives, shears and scissors while you and your family go enjoy the farmers market," Magee said. "It's like killing two birds with one stone. It's definitely a cool concept."

Cutlery on Wheels wasn't the only stand at the farmers market with a sharp idea in mind.

"I'd have to say our most bizarre jelly is our Apple Garlic Pepper Jelly," Josh Pankanin from Aldrich Farms said as he handed over a tasting stick. The jelly was sweet and spicy and packed with flavor, while also staying pleasing and subdued.

"The Apple Garlic Pepper Jelly happens to be the most versatile of our jellies. A lot of people really enjoy it," Pankanin said. "But what you should really be looking at is our award winning mustards."

Behind him was a huge banner advertising Aldrich Farms' winnings of "The World Mustard Competition."

"It was four summers ago that we won the gold medal in Kentucky," Pankanin said. "There were competitors from all over the world and our little farm from Bellingham took home the gold. It was definitely a good time."

But it wasn't just vendors having a good time at the Des Moines Waterfront Farmers Market. Eleven-year-old twins Mia and Bekkah Black tickled their fancy at the Highline MaST Center's touch tanks.

"I really like that the starfish look squishy, but they're really hard like rocks," Mia said.

"Did you know squids have beaks?" Bekkah asked. "Turtles too. They were showing me how sea creatures are just like birds."

Consistent market attendee Sylvia Lopez was having a blast with her children as well during the back-to-school fun.

"The bounce house was a really nice touch," Lopez said. "I also liked that I got to be an embarrassing mom and take a bunch of pictures of them in the old Chevy fire truck. Not to mention I can get some shopping done along the way."

Shopping wasn't the top priority for everyone at the Market however.

Plenty of time to enjoy the market

If you haven't been to the Des Moines Waterfront Farmers Market yet, there is still time to enjoy the festivities.
For example, the Eighth Annual Chili Cook-off is on Oct. 25.

- **Dates: Open every Saturday until Oct. 25**
- **Hours: 10 a.m. until 2 p.m.**
- **Location: North side of the Marina at 22307 Dock St.**

High school seniors Anna Kim and So Park came to the market particularly for the food trucks.

"I went to this place called Charlie's Buns n' Stuff and had a really good cheesesteak and Tater Tots," Kim said.

"Yeah, I'll agree the food was delicious," Park said. "But I really wish that they had more seating. They had like six chairs so it sucked that we had to eat all of our food in the grass with the bees buzzing around."

Sitting in the grass probably won't be possible much longer as the weather begins to get chillier.

"Every week just seems to get colder and colder," Albert Carbajol from the produce stand Bautista Farms said. "We'll probably only be here for another week or two before it's time to wrap up our stand. "

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Highline women kick off season with wins

By Jimmy Keum
Staff Reporter

The Highline women's soccer team is off to a strong start, with a 4-0-1 league record and a 6-0-1 overall record.

"We have constructed a mentality of competing in everything we do," said Highline Head Coach Thomas Moore.

The Lady T-Birds have the best record in the Northwest Athletic Conference but trail Everett in total points by just two, 15-13.

Everett, 7-1-0 overall, is in first place in the North Division. Highline is in first in the west and is the last remaining undefeated team in the conference.

"We have quite a bit of talent and combined with our work ethic to this point, it has definitely paid off," Moore said.

That work ethic has come from a talented roster that consists of 26 players, which is the second largest team in the NWAC.

"With the amount of players and talent we have it's easier to hold people accountable," Moore said.

Accountability within the team comes easier with the possibility of any player's spot being taken by someone else on the team.

"They know that missing a game or training could ultimately mean that someone who is putting in the work and gets a shot may just take that role from a player who allows it to happen," Moore said.

Highline's talent has been evident in the early season with three freshmen in the top 10 of the NWAC in goals made at six a piece, including Jessi Beverlin, Madison Gale, and Serenity Grim.

"Those three have done a great job getting on the scoreboard, and I expect to see more names in that vicinity as we push forward," Moore said.

With only four returners from last year's team, Moore has attributed his talented freshmen personnel to his assistant coach, Chris Wells.

"He has done a fantastic job of reaching out to players from all different parts of our recruiting area and really made good contacts," Moore said.

Twenty of the 26 players are from out-of-state, ranging from Hawaii to Guam.

"I think the fact that the majority of the team is from out-of-area gives them something in common," Moore said.

With quite a bit of team bonding and training in the preseason, a strong team chemistry has been formed.

Andie Munkh-Erdene/THUNDERWORD

The Lady T-Birds practice in Federal Way last week in preparation for their next games.

"I think the combination of sophomore leadership as well as some strong personalities in a few freshmen have really started us off well," Moore said.

Personalities aren't the only strengths with this team, said Moore.

"I think we have many strengths. We are athletic, have good team speed, a very competitive desire, and genuinely good people are a part of this team," he said.

The Lady T-Birds have been displaying their strengths by allowing only four goals in seven games played.

With a great start, Coach Moore knows there is always room for improvement to remain atop of the league.

"We need to decrease the amount of time that we have lapses in games and also develop a style that we want to own," Moore said.

Highline has plenty of time to sharpen its skills and figure out its identity as a team.

"At this point, it's still early, and I'm very excited to see what we can accomplish this season," Moore said.

As far as defining a successful season, championship is not the only goal.

"Obviously winning the championship. But we want these ladies to be successful in the classroom, and on the field," Moore said.

Highline's most recent victory came Sept. 12 when they defeated Everett 2-0.

Highline scored twice in the first half and used a strong defensive effort to secure the victory.

Madison Gale scored her sixth goal of the season at 37 minutes with the assist from 5'8" freshmen Nanea Tavares.

Highline will face Grays Harbor at Starfire this Wednesday, Sept. 24 at 1 p.m.

Highline will then travel to Olympic this Saturday, Sept. 27 at noon and will face Peninsula at Starfire, Sept. 29 at 1 p.m.

The Lady T-Birds took on Whatcom last Friday, Sept. 19 with results unavailable at press time.

T-Birds need more runners

By Jimmy Keum
Staff Reporter

The Thunderbird men's cross country team celebrates a strong finish at the CWU meet recently.

The Highline cross-country team is still looking for three more men and a few women to field a full roster.

"Some of the recruits kind of disappeared over the summer and a couple are attending Highline this fall but not planning on running," said Highline Head Coach James Roach.

With only six men and one woman on the roster, there are still more athletes needed to fill the final roster.

Also, due to the small amount of people on the team, accountability among teammates will be key to their success this season.

"Every one of them is a self-starter, which is something you cannot really coach," Roach said.

Although Highline's team is currently small in numbers, they are not lacking in big aspirations.

"We have a good group of guys who share the common goal of taking their running to the next level," said Roach.

Highline's Cross Country team showed promise on Sept. 13 at Central Washington's XC Invitational, placing higher than Green River for the first time in three years.

Highline finished fifth in the race with a total time of 1:48:45 and average time of 21:45.

Freshmen runner Endallkachew Abebaw finished sixth in the race with a time of 20:26.

"I was impressed with how they ran," said Roach.

Highline's cross-country team will not be shortcutting anything in their quest to compete at the end-of-season championship race.

"There are no shortcuts to any place worth going," Roach said.

The next meet is Sept. 27 at the NWAC Preview in Battleground.

Highline volleyball team has lofty goals for new season

By Jimmy Keum
Staff Reporter

The Highline women's volleyball team hopes to build off a strong core of six sophomore returners.

"Having sophomores brings experience to the team," said Highline Head Coach Chris Littleman.

With many returners from last season's West Division leading 13-1 team, Highline is poised for another strong season.

"Our team is right up there with the best teams in the league," said 6'2" sophomore Outside Hitter Danielle Tabor.

Tabor is leading the Highline in the preseason with 23 kills in just four games, with 5'11" sophomore Outside Hitter Megan Smith trailing by three kills in eight games recorded.

While Tabor will be a key part to the Lady T-Bird's success, she isn't their only threat.

"All our players are well rounded with high volleyball IQ," said Littleman.

Coach Littleman had a successful off-season by recruiting four capable freshmen to round out the final roster spots.

"All four players come from strong volleyball backgrounds and can step in and contribute," said Littleman.

Head Coach Chris Littleman

Freshmen Libero Aliya Ranis is leading the team with 47 digs in eight games recorded.

With only 10 players on the roster, Coach Littleman believes this is actually beneficial to the team's growth.

"We have less players this year, which allows us to get more reps in during practice," said Littleman.

During those practices, Littleman is expecting leadership from his six sophomores on the team.

"They are built-in coaches to the program that help with teaching the little things that freshman have to learn," said Littleman.

Although winning is always the motive for Littleman and his team, his approach to getting the most out of players is unique compared to others.

"I tell girls every year that you will never practice so hard but you will have the most fun you have ever had playing in our program," said Littleman.

Sophomore OH Danielle Tabor reiterated her coach's point of emphasis.

"We love to hang out and have a lot of fun during practices," said Tabor.

Highline has been having fun this preseason with a 12-4 record, with league play yet to begin.

"We have great teamwork and we always have the drive to win," said Tabor.

Coach Littleman believes this team has the potential to win their sixth championship and claim the first NWAC championship with Highline being a four-year program now.

"This year's team is stronger than last year's team," said Littleman.

The Lady T-Birds finished fifth in the NWAACC tournament last season and are looking to finish first this season.

"We definitely can win it this year if we focus and continue to work hard as a team," said Tabor.

Highline's first league game will be at home this Wednesday, Sept. 24 at 7 p.m.

The Lady T-Birds hosted the Highline Crossover tournament this past weekend with results unavailable at press time.

Men's soccer team opens second in NWAC West

The Highline men's soccer team has started undefeated in league play, with a 3-0-1 record.

Highline's overall record currently stands at 3-2-1.

The team is currently in second place in the Northwest Athletic Conference West Division, trailing Peninsula by two points.

Highline's game against Everett on Sept. 12 resulted in a 2-2 tie.

The T-Birds trailed 2-1 heading into halftime but were able to rally back in the 87th minute with a goal from freshmen midfielder Alex Lewis.

Highline's other goal came from freshmen midfielder Colton Ronk at the eight minute mark.

Five players from Highline were given yellow cards while Everett only had three.

Highline will travel to Olympia this Saturday, Sept. 27 at 2:15 p.m.

Highline will then host Peninsula Sept. 29 at 4 p.m. in a game that could potentially determine first place in the West Division.

Highline faced Whatcom last Friday, Sept. 19 and Shoreline last Saturday, Sept. 20 with results unavailable at presstime.

Scoreboard

Men's soccer

	League Season			
	W L T	Pts	W L T	
North Division				
Whatcom	3-1-0	9	5-1-0	
Skagit Valley	2-2-0	6	4-2-0	
Edmonds	1-1-0	3	1-4-1	
Everett	0-2-1	1	1-2-2	
Shoreline	0-2-1	1	1-4-1	
East Division				
Spokane	5-0-0	15	7-2-0	
N. Idaho	4-0-0	12	6-0-0	
Walla Walla	4-2-0	12	4-3-2	
Wenatchee	3-1-1	10	4-1-2	
Tr. Valley	2-1-1	7	2-3-1	
Col. Basin	1-0-3	6	1-1-4	
West Division				
Highline	3-0-1	10	3-1-2	
Bellevue	3-3-0	9	5-3-0	
Peninsula	3-0-0	9	5-0-0	
Tacoma	2-2-0	6	5-3-0	
Olympic	0-4-1	1	1-4-2	
South Division				
Clark	2-0-2	8	5-0-2	
Pierce	0-4-1	1	0-6-1	
SW Oregon	0-5-0	0	2-5-0	
Chemeketa	0-4-0	0	0-6-0	
SP Sound	0-4-0	0	0-6-0	

Women's soccer

	League Season			
	W L T	Pts	W L T	
North Division				
Everett	4-1-0	12	6-1-0	
Shoreline	3-1-1	10	4-3-1	
Edmonds	3-1-0	9	5-1-0	
Whatcom	2-2-1	7	2-4-1	
Green River	2-3-0	6	4-3-0	
Skagit Valley	1-2-2	5	2-3-2	
East Division				
Spokane	4-1-0	12	7-2-0	
Tr. Valley	4-1-0	12	6-1-0	
Col. Basin	3-1-1	10	3-3-1	
N. Idaho	1-0-4	7	2-0-4	
Walla Walla	1-2-3	6	1-4-3	
Wenatchee	1-3-2	5	1-5-2	
Yakima Valley	1-3-0	3	2-4-0	
West Division				
Highline	4-0-1	13	6-0-1	
Peninsula	4-0-0	12	6-0-0	
Bellevue	2-1-4	10	3-1-5	
Olympic	2-3-1	7	4-3-1	
Tacoma	1-4-0	3	2-7-0	
Grays Harbor	0-4-0	0	1-4-1	
L. Columbia	0-6-0	0	1-6-1	
South Division				
Pierce	3-1-1	10	3-2-2	
Lane	2-1-2	8	2-1-2	
Chemeketa	2-2-1	7	3-3-1	
Clark	1-2-2	5	2-3-2	
Clackamas	1-3-1	4	1-5-1	
SW Oregon	0-4-1	1	0-6-1	

Volleyball

	League Season	
	W L	W L
North Division		
Everett	0-0	4-1
Olympic	0-0	12-5
Bellevue	0-0	2-4
Skagit Valley	0-0	3-11
Whatcom	0-0	2-8
Shoreline	0-0	0-3
Edmonds	0-0	0-8
West Division		
Tacoma	0-0	8-1
Highline	0-0	12-4
Green River	0-0	10-8
Pierce	0-0	4-4
Grays Harbor	0-0	5-7
Lower Columbia	0-0	2-6
Clark	0-0	1-10
Centralia	0-0	0-0
South Division		
SW Oregon	0-0	7-2
Linn-Benton	0-0	11-5
Chemeketa	0-0	7-5
Clackamas	0-0	8-6

Campus Security gets new name, new uniforms and a new outlook

By Cristina Acuna
Staff Reporter

The start of a new academic year is the perfect opportunity to don a new look, and Highline security officers have decided to take advantage of it.

Now called the Department of Public Safety (previously Campus Security), the eyes and ears of campus hope to turn heads and be noticed as they walk around Highline in revamped outfits.

"We have a new look," said Director of Public Safety and Emergency Management Jim Baylor. "It's a little bit more of a traditional security type of thing. It's for visibility."

Baylor said that when he arrived at Highline it was hard for him to tell who the security officers were because the uniforms did not stand out.

"If it was confusing to me, then I can imagine it was for the students," Baylor said. "Now from all directions of this person you're going to be able to say 'there's the security officer.'"

The officers will sport official badges, shoulder patches and heavy duty Kevlar vests with large, glow-in-the-dark words printed across the back that read Public Safety Officer.

"We want to be cautious for people who say this is going to be the police. It's not," Baylor said. "Our title is Public Safety Officers instead of [campus] security because it's all encompassing."

The officers all have a military background; they trained 40 hours a week and are required to attend a one-week refresher on basic campus security protocol before Fall Quarter begins, he said.

"They've been through Crime Prevention Training, Response to Active Shooter, Response to Barricaded Suspect [and] hostage situations," Baylor said.

This quarter, they will undergo training in accordance with the Violence Against Women Act.

"The VAWA addresses educational prevention and knowledge [about] domestic violence, dating violence, stalking and sexual assault," Baylor said. "I want our officers to be prepared for that."

The Department of Public Safety will also hire another full-time officer and two more part-time officers this quarter, Baylor said.

"I think the priorities [this quarter] are our new designation as Public Safety Officers, the new look and our initiative to doing outreach programs, particularly with student groups," he said.

Andie Monkh-Erdene/THUNDERWORD

Sgt. George Curtis models the new uniforms for the newly renamed Department of Public Safety.

Highline offering four-year degrees this fall

By Sam McCullough
Staff Reporter

Highline is offering four new four-year degree options, with two of the programs starting this fall.

The new programs are cyber security and forensics, and global trade and logistics.

A respiratory care program is set to start in Winter Quarter.

A youth development program is in process of starting, but no start date has been established.

"The classes are hybrid, which means that part of the class is done online. This is to accommodate students who work during the day or have families," said Dr. John Huber, the director of the bachelor of applied science program.

Demand for these degrees has gone up in recent years, college officials said.

"The main goal of adding the degrees is for workers to be able to move up into management positions," said Dr. Huber.

"If there is no market for these, we wouldn't have the programs," said Siew Lai Lilley, the director of Highline's Transfer Center. Lilley hosted an informational meeting about the newly introduced bachelor of applied science degrees on Sept. 9.

If you are interested in joining a program, go to www.highline.edu to get an application. The application fee is $43. Each program has different requirements and deadlines, but it's recommended to have an associate of applied science degree already in hand.

Financial aid is available. You need to submit the free application for federal student aid, otherwise known as FAFSA. You can get the forms in Building 6, on the upper floor, or by going online to: financialaid.highline.edu.

The application deadline for Fall Quarter has already passed, but you have until Oct. 9 to apply for funds for Winter Quarter.

The classes are elite, with only 24 people being admitted into each program.

"They are very nichey, job-focused programs we are already strong in," said Dr. Huber.

Federal Way dreams of new college

City officials say branch campus could draw firms

By Michael Glenn
Staff Reporter

Andie Munkh-Erdene/THUNDERWORD

Weyerhaeuser's Federal Way headquarters building is one possible site for a four-year college in Federal Way.

Federal Way city leaders are hoping to go to school to help boost the local economy.

More specifically, some local officials say they hope to attract a four-year college to locate in the city, perhaps at the soon-to-be vacant Weyerhaeuser corporate headquarters on the southwest side of town.

While state legislative have been warning the state's colleges and universities of budget cuts in 2015, city leaders remain optimistic that they can get the state – or a private university – to pony up the money to locate a branch campus in Federal Way.

At least one legislative candidate is pushing the idea. Shari Song, a Democrat who is seeking the 30th District Senate seat, said the state needs more four-year schools to meet student demand.

"The state has cut back on our four-year institutions so much that if we wanted to meet the needs of families around here we would have to expand the number of degrees awarded annually by 25,000. That's 25 percent larger than our existing capacity," she said.

City Councilwoman Kelly Maloney said a new campus could be a big step toward enabling students in Federal Way to pursue a four-year degree.

"Being able to offer higher education to our community, directly in our community, is a positive move for all Federal Way residents," she said. "For those who are interested in pursuing higher education, this offers the opportunity to do so and still live in their current homes."

City leaders also are hopeful that a four-year campus would attract new businesses to town.

Song said such a school would draw companies seeking employees with the skills a new school could offer.

"The initiative being explored in Federal Way is to include a significant amount of research and development across numerous sectors by the various participating institutions," Maloney said. "If this comes to fruition, it is believed it will attract multiple Fortune 100 and 500 corporations that would want to work with the institutions on industry-specific R&D, then hire the graduates from those programs."

Though talks of a new school have been under way for some time, Federal Way City Councilwoman Susan Honda said it's not clear yet when or where a new campus might open.

"We do not know yet if there is enough of a demand for a four-year campus here," Honda said. The key to determining that demand, she said, lies in conducting a needs assessment for the city.

"Once a needs assessment is conducted we will know how to plan a campus, how many schools might be involved, what degrees or programs offered, and how many students might enroll."

She also said that the size of the school would have to be determined "by the size of the project and the budget available from the state."

Last month, city leaders said they'd like to see a new campus at Weyerhauser's corporate headquarters after the company relocates in 2016. Weyerhauser is planning on moving to 200 Occidental Ave. in Pioneer Square sometime in mid- to late 2016 to reduce costs.

Federal Way Councilwoman Maloney said that while the City Council is open to the idea of turning the forest products company's facilities into a college campus, it's not the only location they're pursuing.

"The Weyerhaeuser site is one of several the city is considering as it explores attracting higher education to the community," she said.

Maloney said the council is considering both public and private universities, as well as university satellite campuses. She said the City Council is open to exploring multiple options in establishing a new school.

"One of the key aspects of the current concept is to mix both traditional and new ways of offering curriculum," she said. "Despite the value and success of online education, there will always be a need for 'bricks and mortar' campuses for certain degrees."

It may not be a foregone conclusion that if someone builds it, students will come. Highline had a branch campus in Federal Way for several years, but closed it due in part to low enrollment.

Meanwhile, the college has recently added bachelor degree programs in Cybersecurity, Respiratory Care, Global Trade and Logistics, and Youth Development.

Dr. Lisa Skari, Vice President of Institutional Advancement for Highline College, said these programs were added to "fill a need for advanced degrees demanded by employers, yet not readily available in our state."

While there are no plans at this time to add more four-year degree options, Skari said that the above programs are in high demand, and that they all build on current two-year programs available through Highline.

Meanwhile, Central Washington University has had a South King County presence for 40 years. CWU-Des Moines, located at Highline, offers a number of bachelor's degree programs on campus, as well as online. Local students also have fairly easy access to the University of Washington's Tacoma campus.

Dr. Skari said opening a new school in Federal Way could give students more options, but it's not clear whether the city can support such a move. She said that ultimately, "it would depend on the institution."

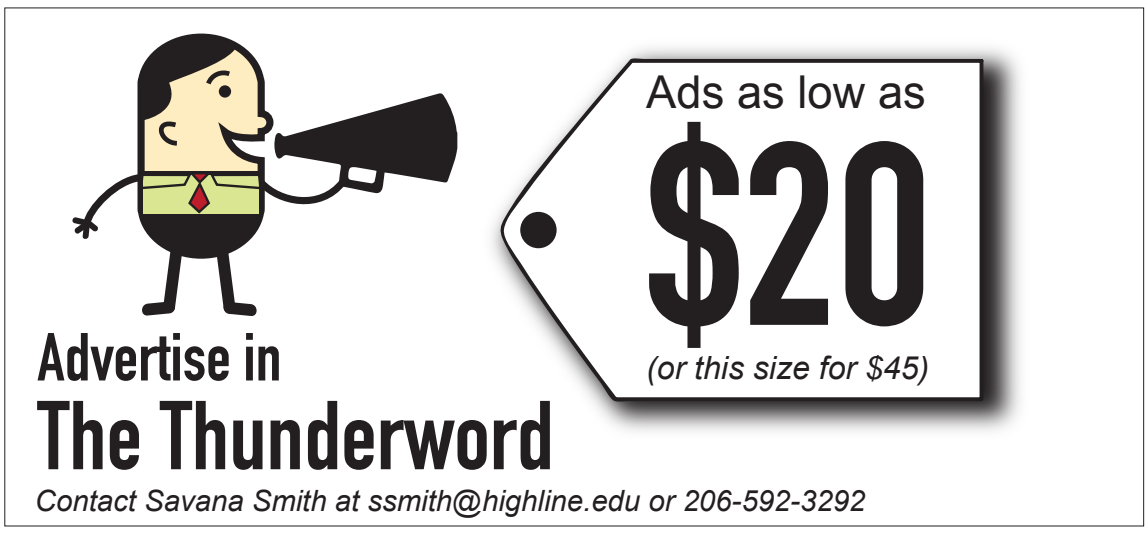
"DeVry University has been in Federal Way for over 10 years now, and is experiencing big decreases in enrollment. Does Federal Way have the capacity to support another institution? I'm not sure. If a state institution like WSU came in, there would be potential for research and community programming, which could be attractive. But, with the current challenges around the state budget, and the lawsuit against the state for adequate funding of basic education, it is unlikely the state capital or operating budget would have funds to support it," Dr. Skari said.

Jeff Wagnitz, vice president of Academic Affairs at Highline College, said that with proper planning, a new four-year school could be good for the community.

"If someone wanted to open another community college next door to Highline, I might be worried about over-supply," he said.

"But another four-year school nearby could increase our community's visibility, human capital, and cultural resources," Wagnitz said.

"That said, a critically important point, I think, would be to coordinate the initiative carefully with CWU-Des Moines and with UW-Tacoma to make sure that, if there's an expansion of four-year options in this area, it complements, rather than competes with, their offerings. Optimistically, with the right level of planning and collaboration, I think it could benefit everyone."



New students excited for new year

Andie Munkh-Erdene/THUNDERWORD

New students and faculty enjoy BBQ while exploring Highline.

By Thunderword Staff

The Welcome Fair barbecue brought students of all shapes, sizes and backgrounds to Highline, but one thing all incoming freshman couldn't avoid having in common was their drive to begin the school year.

New student Opeyemi Kolawole said she is excited for everything despite the fact she will be taking two buses from White Center to get to Highline.

"During winter it's going to be very terrible," she said.

Although Kolawole isn't looking forward to her bus ride to Highline, she is excited for what comes after Highline.

"It's [Highline] an excellent college, I'm in the family program so I can do two years here and transfer to a four-year," she said.

Some students have traveled farther than Kolawole to attend Highline, like new student Kelsey Altmayer.

"I'm from Colorado. My uncle lives down here so I get to live with him for free," said Altmayer.

Altmayer plans on majoring in hospitality and go through Highline's hospitality program.

Not all new students have decided what they want to do yet, like Connor Low.

"I'm not sure, I'm just going to get my general AA," said Low.

Another new student Azrael, who only gave his first name, said he is trying to get more involved.

"I'm trying to get myself out of my bubble," said Azrael.

Julian, another new student who also only provided his first name is looking forward to a whole new experience at Highline.

"[Looking forward to] a different atmosphere [and] the transition from high school to college," he said.

While Julian seeks transition, Tracy Dunn hopes for similarities between high school and college.

"I'm excited to hopefully see some of my old friends from high school. Any time you start a new school it's always exciting," said Dunn.

Dunn doesn't feel the same way about homework though.

"Everyone always tells me how hard the college workload is, it makes me nervous," Dunn said.

While some new students are fresh out of high school, others say it's never to late to get a degree, like Beulah Tyson.

"I'm kind of nervous because I've been out of school for so long," said Tyson.

"I just turned 55. My mom went back to school and got her AA at 52," she said.

Tyson chose to come to Highline because her daughter, Gerri Tyson, also attends.

"Well, she was going here and she's been trying to get me to come back to school for a while," Tyson said.

Tyson plans on majoring in computer science.

Devon Whittish is at Highline because it's the only school that offers the Gateway to College program.

"I'm excited to get my life stated and take the first step in advancing my career," said Whittish. "I want to leave knowing that I am getting at least a decent education."

Staff reporters April Pacheco, Cristina Acuna, Sam McCullough and Kayla Dickson contributed to this story.

City snuffs out unlicensed medical marijuana dispensary

By April Pacheco
Staff Reporter

An attempt to start a medical marijuana dispensary in Des Moines went up in smoke this summer when the owner failed to get permits for the business from the city.

Green Kiss had opened for only a short period this summer on Seventh Avenue South in downtown Des Moines before it was cited with a red tag by a building official. City Attorney Pat Bosmans issued the red tag.

Green Kiss owner Tigrova Gasparyan had not gotten the permits needed to operate his business.

"Let's put it this way, they hadn't gotten a business permit from the city," City Manager Tony Piasecki said.

Aside from the business permit, Green Kiss had also not gotten an electrical permit and building permit for a new wall they installed inside the building.

Had Gasparyan submitted applications for these permits, the city of Des Moines would still not have allowed Green Kiss to operate, Piasecki said. Dispensaries are not legal within the city of Des Moines, or any city in the state of Washington.

"That type of operation was not allowed in the downtown area. We told them they either had to close up shop or start getting citations," said Piasecki.

Gasparyn could not be reached for comment. He appears to own another dispensary in Lynnwood that is also named Green Kiss.

Although there is zoning in Des Moines for growing and selling marijuana there is none for medical marijuana dispensaries.

According to the Washington state Department of Health "Dispensaries are not allowed under either medical marijuana laws or I-502."

Although the city of Seattle has many medical marijuana dispensaries, they aren't technically legal. The city only tolerates them, Piasecki said.

Medical marijuana dispensaries are able to operate under the provisions that patients can grow in collective gardens but they are highly under-regulated, said Mikhail Carpenter, a spokesman for the Washington State Liquor Control Board.

In 2011 then-Gov. Christine Gregoire vetoed sections of Senate Bill 5073, which would have regulated all medical marijuana dispensaries, but in doing so left loopholes, which now leaves current dispensaries largely unregulated.

"Dispensaries were claiming they were community gardens and it has worked its way through the legal system," said Carpenter.

There is now much uncertainty over what is legal and what is not, Carpenter said.

Got news?

thunderword@highline.edu

Next edition: Oct. 2.

Deadline: Sept. 30

King County photo

A capacity crowd turned out to discuss police and community relations recently in SeaTac.

Racism

continued from page 1

Project Jorge Barón, and former SeaTac Chief of Police Jim Graddon.

"Sometimes subtle, sometimes even unintentional, we see institutional racism in our education system, in corporate America and even our political institutions," Councilman Upthegrove said. "It would be naive to think law enforcement is immune to these struggles."

Entitled Can Ferguson Happen here?, the meeting asked the question that entered the mind of many Americans a little over a month ago.

On Aug. 9, Michael Brown, an unarmed 18-year-old African American man, was fatally shot by Darren Wilson, a white police officer employed by the Ferguson Police Department.

The circumstances of the shooting and witnesses' reports, which claimed Brown had surrendered before being shot by Wilson, caused civil unrest in the streets of Ferguson.

"We value law enforcement and having a candid discussion about race and justice doesn't lessen our commitment to public safety and those who provide it," Upthegrove said.

Sheriff Urquhart thanked the councilman for organizing the event and said he welcomed the community's questions.

"I have to wonder, in Ferguson, Missouri did they ever have a community meeting like this?" he asked. "I doubt it. Would the events in Ferguson have happened if the police department there had listened to the community? I don't think so, and I don't think it would've been as bad if they did."

The panelists said they see a need for local law enforcement to establish an amiable presence in community spaces, such as churches and schools.

"The biggest detriment to community policing was the invention of the patrol car," Sheriff Urquhart said. "There is no way to interact with the public, I don't care what the race is, until you park that police car and you get out of your car and you walk around and you talk to people—that's how you have interaction."

Dr. Donalson agreed that reestablishing connectivity between cultural groups and local law enforcement would serve to lessen the tension and eradicate negative stereotypes on both ends.

"Stereotypes and false images of people of color, and particularly African Americans, have led to the demonization of our people that make relations with those commissioned to protect and serve problematic," he said. "The community feels terrorized and the myth of respectability has been debunked by continual hostile encounters with those commissioned to serve the community."

Members of the audience also questioned the sheriff's efforts to recruit more police officers of color.

"I was trying to get an understanding from the sheriff as to the programs that they have that allows the Sheriff's Department to partner with minority communities," said a King County resident who did not provide a name. "I do not understand what the program was, where it is, what it's called or any of that at this point."

"It's a policy of working with anybody who wants to become a Sheriff's Deputy to help them do better on the Civil Service Exam," Sheriff Urquhart said. "We reach out to the community. You can talk to our recruiter, and he will set it up with you."

When asked by Dr. Donalson to specify the name of the program in place to "pipeline" members of the African American community into the police force, Sheriff Urquhart said he didn't know it.

Among audience members of the forum, which was held at Tyee High School in SeaTac, was the Seattle King County National Association for the Advancement of Colored People [NAACP], led by President Gerald Hankerson and former President James Bible.

"We gave King County some time to clean up their mess because they indicated that they would actually be putting forth ordinances, rules and systems in place that would create accountability and something more than the illusion of fairness," Bible said. "At this stage I'm disappointed that we waited so long because at this stage I'm sure that there is nothing more than the illusion of fairness in the King County Sheriff's Office."

Bible said that their chapter of the NAACP evaluates actions, policies and conduct of law enforcement in the states of Oregon, Washington and Alaska but for the past five years has focused mainly on the behavior of the Seattle Police Department.

"I am tired of representing individuals who are beaten repeatedly by King County Sheriff Deputies and then charged with crimes later exonerated," he said. "The comments of the sheriff here today clearly outline the distances in our racial understanding. They clearly outline how racist somebody can be perhaps even when they think they're not. Ferguson is absolutely here. Let's not pretend it isn't."

Bible expressed his regret over the resignation of Charles Gaither. who became the first director of the Office of Law Enforcement Oversight in October 2011 and made the news earlier this month when he resigned from his position due to "conflict and political maneuvering."

But the NAACP is not alone in its skepticism of law enforcement.

"One of the experiences we've seen is this incredible distrust that has generated over time between immigrant communities and local law enforcement and the fact that, unfortunately, some of the federal policies have used local law enforcement as a way to channel people into deportation," said Baron, who has been working with the Northwest Immigrant Rights Project since 2008. "The good news is that the King County Council last year adopted an ordinance that is restricting the situations in which local law enforcement can hold people in jail and transfer them to immigration."

Among the King County officials who attended the forum were Des Moines Mayor Dave Kaplan; Kent City Council Member Brenda Fincher; Normandy Park Council Member Stacia Jenkins; SeaTac Council Members Terry Anderson, Dave Bush, Kathryn Campbell and Pam Fernald; SeaTac Mayor and State Rep. Mia Gregerson and State Rep. Tina Orwall.

"While equal treatment under the law and equal access to justice is the shared vision of everyone on this stage, we also all recognize that we have more work to do to make that vision a reality," Upthegrove said. "That's why today at the County Council, I introduced legislation to begin the process of equipping King County Sheriff deputies with body cameras."

The sheriff agreed to mandate their use as soon as the legislation is passed.

Awards

continued from page 1

tional Award of Excellence for Advancing Diversity in 2014 from the American Association of Community Colleges, and Dr. Bermingham was named as a Diversity Visionary by INSIGHT Into Diversity.

He was recognized for his vision for diversity, as well as what he has accomplished at Highline.

"A commitment to diversity, inclusion and social justice is at the heart of everything Dr. Bermingham does daily in leading Highline," said Vice President of Institutional Advancement Dr. Lisa Skari.

Dr. Bermingham came to Highline in 1994 as the academic vice president. Soon after he established a task force that recommended a new general education requirement for Highline, at a time when only 25 percent of the college were students of color and only 5 percent of the full-time teaching staff were faculty of color.

He supported the Faculty Senate in the creation of a Diversity and Globalism requirement and the Instruction Cabinet in initiating a Diversity and Globalism department.

Dr. Bermingham also was honored as the regional college CEO of the year by the Association of Community College Trustees.

Dr. Bermingham was named CEO of the year for the Pacific region.

Every year, five college presidents are given awards and become finalists to receive the national CEO of the year award.

"I have worked with and for Jack since 1997. One of the reasons I am able to do and enjoy my job is because of his leadership," said Dr. Skari. "I don't know anyone more deserving."

Highline also earned national recognition as one of the top 100 associate degree producers of 2014 from Community College Week.

Highline was ranked 48th in the Top 100 Associate Degree Producers for Asian- American students.

The college had a 9 percent increase in associate degrees awarded to Asian-American students in the 2012–2013 academic year.

"This recognition reflects our determination and commitment to support success for all students," said Dr. Bermingham. "While we are pleased with this ranking, we aspire to continue our improvement in degree completion."

Community College Week used data provided by the U.S. Department of Education for these rankings.

Reporter Kiara Turner contributed to this story.

Andie Munkh-Erdene/THUNDERWORD

An Airport Towing employee leaves a warning notice on a student's car last spring. Lowe's officials say they will continue towing students' cars from their lot this fall.

Lowe's

continued from page 1

would be towed. Lowe's did not go forward with the threat as students complied.

But by Winter Quarter 2014, more and more students took up spaces again, calling the towing warnings a bluff.

After being given the permission by its corporate headquarters, Lowe's started towing last Spring Quarter.

"Customers only" and Airport Towing company signs are posted visibly at various areas of the lot. Lowe's parking extends from the corner of South 240th and Pacific Highway South to the corner of Starbucks.

Exactly how many cars were towed last spring is not known. A spokesperson for Airport Towing said: "Can't remember how many cars were towed in, but there was quite several."

Highline has not come up with ways to warn new students about not parking at Lowe's.

"I will talk to Jim [Baylor] about how to inform students. Hopefully they told students at the orientation," said Department of Public Safety Sgt. George Curtis.

But no announcements were made at the Welcome Fair last week.

Students who have heard of the towing said they are avoiding Lowe's.

"No, no, I would never park there, I take the bus," said Tatiana Ramos.

Students say they will use other means of traveling to school, such as carpooling or bus, rather than risk been towed.

"I am carpooling with a friend," said Paul Tyson, who said he had heard that Lowe's will tow.

If your car gets towed, you will pay to get it back.

Towing costs $240 plus $60.75 a day to keep the car in impound. At Highline, a parking permit costs $29 quarterly for a part-time student, $46 quarterly for a full-time student and $10 for carpool.

To obtain a parking permit, go to parking.highline.edu.

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