the THUNDERWORD

Highline College | January 22, 2015 | Volume 52, Issue 13

Governor plans no higher ed cuts

By Sam MCullough Staff Reporter

Gov. Jay Inslee is not planning on cutting higher educa-

tion in his proposed budget.

The governor's office is required by law to produce a "book one" budget that includes no new revenue.

"This book one budget is basically a 'what-if' budget. This is what our budget would look like with no revenue," said Ralph Thomas, communications director for the Washington Office of

Financial Management.

After the "book one" budget is proposed, the governor will then release a "book two" budget. This final budget includes new revenue and more closely resembles what the biennial budget will look like, and what the governor really wants.

Every two years, the Legislature has to pass a biennial budget, which determines how much funding the state agencies will have.

Thomas, communications director for the Washington Office of slee proposed his "book one"

budget. In this budget, he proposed to cut higher education by 10 percent and cut services to 6,500 victims of domestic violence.

"This budget is not what we want to actually happen. This is a stepping stone. We don't want to cut education, we want to increase the education budget," said Thomas.

In his recently released "book two" budget, Gov. Inslee plans to help college students by maintaining the higher education budget at \$125.5 million. Also, this plan will freeze undergraduate tuition for the next two years, which means no increases.

Sen. Karen Keiser, D-Kent, thought that the idea of cutting higher education by 10 percent was outrageous, but agrees with the governor's "book two" budget.

"I think the governor's budget is just what we need," said Sen. Keiser.

The biennial budget will have to be voted on during the current legislative session, which will end April 26.



Judge Veronica Alicea-Galvan

Small town judge makes it big in the county

By Adam Horner Staff Reporter

A local judge who has been hearing cases in Spanish will soon be leaving for a higher post.

Des Moines Municipal Court Judge Veronica Alicea-Galván, graduate of the University of Washington Law School and former prosecutor for the city of Seattle, has been appointed to fill a vacancy on the King County Superior Court.

Judge Alicea-Galván has been hearing cases in Des Moines since 2007, sometimes entirely in Spanish.

"[I preside in Spanish] at least once a month," said Judge Alicea-Galván.

"It's primarily the infraction hearings."

Infraction hearings are held for traffic and parking tickets. Drivers may either contest or attempt to mitigate their fines. In Judge Alicea-Galván's courtroom, most cases are over within several minutes, more often that not with a reduced fine.

See Judge, page 12

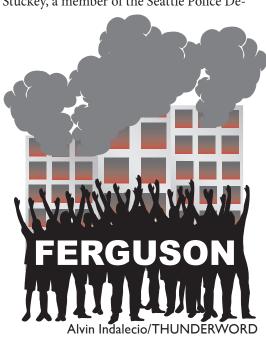
Race issues divide MLK week panel on Ferguson

By Adam Horner Staff Reporter

The racial issues that continue to divide the country were on full display at a panel on Wednesday in Building 7.

As part of Highline's week-long celebration of the works of Dr. Martin Luther King Jr., the panel gave a room filled with Highline students a forum to ask questions, and get answers, so long as they stuck to that broader topic of race.

On the panel of four were Officer Kevin Stuckey, a member of the Seattle Police De-









The artwork of Emory Douglas helps bring to life to one part of the civil rights movement. See story, page 10.

partment for 20 years and Community Police Commissioner; Rev. Harriett Walden, founding member of Mothers For Police Accountability, Dr. Nada Elia, former professor of Global and Gender Studies at Antioch University; and Mara Willaford, a community activist with the group Outside Agitator (206).

The panel touched on issues that have been much in the news, including the recent controversies over the deaths of Michael Brown and Eric Garner.

In spite of the openness of the forum, the atmosphere was sometimes strained.

A white student said that his thoughts on the acquittal of Darren Wilson often result in him being called a racist. He said that because of this, his opinion is reduced to irrelevancy.

Wilson, the Ferguson police officer

who shot and killed Michael Brown, was acquitted by a grand jury in September. The student said that the acquittal was the right decision, based on the available evidence.

Rev. Harriett Walden, who is African-American, explained that there is a broad history of white police officers avoiding prosecution after killing African-Americans while on duty.

"Brown was a modern-day lynching," she said after remarking that Brown's body was left out for four hours.

"I don't have time for apologists," said Mara Willaford, in reference to the student's stance

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Love, passion and heartbreak fuels play The Last Five Years



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Big Ben Tynan leads Highline wrestlers toward nationals



By Christopher Crisostomo

Staff Reporter

Students apparently continue find it a pain to find parking on campus, so they are parking illegally elsewhere.

Public Safety officials have been confronted by surrounding businesses and residents concerning students parking in their lots and clogging up roads in their neighborhood streets.

Both Lowes Baskin-Robbins are towing any non-customer vehicles in their lots. They have already posted prominent signs warning students not to park in their lots, but students still risk it and park illegally.

For the students who park in the residential areas along the perimeter of campus they are in danger of getting ticketed by the Des Moines Police Department.

Sgt. Doug Jenkins said that if the police department gets a complaint from a resident, they will ticket your vehicle for \$25. If a student continues to park in the residential-only parking areas they are in danger of receiving a citation with a higher cost. Both Public Safety and Des Moines Police Department encourage students to purchase parking permits and park legally on campus rather than racking up a lot of fines.

If students can't find parking available on campus, Public Safety encourages them to come a few minutes early or take the bus.

In another parking matter, the blue light emergency telephones in the lots have been updated. Students now are able to contact Public Safety directly from the call boxes located in the parking lots and elevators instead of 911. If necessary, Public Safety will notify 911.

Other incidents on campus last week include:

The campus was tagged with graffiti along the perimeter during the threeday weekend. Public Safety identified 13 tags on rocks, stop signs, speed limit signs, electrical maintenance boxes, and bus stops. Director Jim Baylor advises anyone who sees graffiti or sees anyone who appears to be suspicious and look like they are about to tag something to report it in immediately to Public Safety.

A suspicious vehicle was spotted in the East lot during the break on Jan. 19. The green four-door van was reported with two middle-age men in the front seats. When Public Safety approached, the van fled.

Murder trial begins for former student

Christopher Monfort accused of killing policeman

SEATTLE (AP) A man accused of killing a Seattle police officer in a Halloween ambush in 2009 was angry about what he saw as an increasing number of police-brutality cases in the Seattle-area, a prosecutor told jurors Tuesday.

Opening statements began Tuesday in the trial of Christopher Monfort, who authorities say was conducting a one-man war on police.

He's charged with aggravated murder and attempted murder in the shooting, and also arson for a fire that damaged police vehicles at a city maintenance yard.

Monfort has pleaded not guilty by reason of insanity. Prosecutors are seeking the death penalty if he's convicted, even though Gov. Jay Inslee has ordered a moratorium on executions as long as he is gover-

Monfort is accused of shooting Officer Tim Brenton and Officer Britt Sweeney as they sat in a patrol car. Sweeney sur-

King County Senior Deputy Prosecutor John Castleton said in court Tuesday that Monfort left behind a warning when he set off pipe bombs at the maintenance yard Oct. 22, 2009 - a national day of protest against police violence.

Castleton told jurors an American flag attached to a large knife was stuck in the roof of a new patrol car and a flier was attached, The Seattle Times

Castleton read the flier to the jury, and when he got to the part about the American flag, "our colors are the red, white and blue; our flag is the Stars and Stripes," Monfort yelled, "It's right there," and pointed to the flag behind the judge's

Castleton said Brenton and Sweeney were attacked "for one reason only, because they wore

A search of his apartment and storage area turned up guns, bombs and bomb-making materials, authorities said.

Monfort was wounded by officers about a week later during his arrest in Tukwila. He is paralyzed from the waist down and uses a wheelchair.

Monfort's attorney, Todd Gruenhagan, told jurors his client had a troubled childhood and was living in Los Angeles in 1991 during the Rodney King police beating case, which led to the famous Rodney King riots

Gruenhagan said Monfort is delusional about police misconduct. Monfort saw himself in line with the founding fathers who revolted against the British red coats under King George III, his attorney said.

"Christopher Monfort's brain went a little haywire," Gruenhagan said.



Celebrate Seahawks at rally

The campus is invited to a rally for the Seahawks before the Super Bowl on Jan. 29, from noon to 1:30 p.m. in Building 8. Food and prizes will be offered.

MLK events to come this week

Filmmaker Lee Mun Wha will speak on "A Promise Still to Keep" today, Thursday, as part of Martin Luther King Week.

He will present 11 a.m.-12:30 p.m. in Building 7.

Wah will follow with a workshop on "Walking Each Other Home: Finding Our Way Through Difficult Conversations About Race," 1:30-3:30 p.m. in the Mt. Constance room of the Student Union.

Friday's events will include a Veterans for Peace panel, 10-11:30 a.m., also in Mt. Constance.

The week ends with a Media Literacy workshop led by Highline professors Teela Foxworth and Susan Landgraf, 2-4 p.m. in

Mt. Constance.

Martin Luther King Week is Highline's annual exploration of the work of the late civil rights leader.

Improve your skills before testing

Improve your skills before taking the placement test.

Free workshops will be offered between Jan. 20 to March

Math practice is on Tuesdays from 6 to 8 p.m., Wednesdays from 3 to 5 p.m. and Thursdays from 1 to 3 p.m. in Building 29. Tuesday and Wednesday workshops will be held in room 308 and Thursdays in room 309. Also COMPASS Reading and COMPASS ESL preparation will be on Wednesdays from 2-4 p.m. in Building 29, room 309.

Learn about aliens at Science Seminar

Science Seminar plans to teach students about what's inside them and aliens.

Titled "ALIENS: What lives inside us," the Science Seminar will be hosted by Anne Whitson, a Highline professor.

Science Seminar is 1:30-2:35 p.m. each Friday in Building 3,

Beauty from around the world will be discussed

By Nasri Isaac Staff Reporter

A discussion of different interpretations around the world of what constitutes beauty is the topic for the Inter-Cultural Center's first Winter Quarter event next week.

The hour-long event happens at the Student Union, room 204 on Wednesday, Jan.

"Over the break, I was talking to my sister about the trending Facebook topics and one of them was beauty," said Jasmin Bravo, ICC student leader and facilitator of the event. "I was surprised to see that all the stuff being labeled as beauty were mostly women with a bunch of make-up. I told my sister that I thought being natural was beauty to me and she replied that other cultures view beauty differently than us."

Thus was the impetus of this week's Beauty Around the World discussion.

"That's why the Beauty Around the World event will be very educational for me and those who attend," said Bravo.

A week later, on Feb. 3, ICC sponsors a discussion revolving around the different cultures and what lessons they hold. The event is titled "Global village" and is facilitated by Rosemary Thairu, ICC Student Leader. This will be held at the ICC from noon to 1:15

Career Exploration and First Generation College Experience is the theme for ICC's next event. This includes counseling and guidance through career choices and interests. This is a part of Counseling Wisdom series that occur every quarter. This event runs from 11a.m. to noon in the Student Union room 204.

"We take topics the students are talking about and make sure we provide space for them to talk comfortably." Said Doris Martinez, Inter-Cultural Center Adviser

COLLEGE TRANSFER FAIR!

Tuesday, February 3 9:30AM - 12:30 PM **Highline Student Union** Bldg. 8 First Floor

START YOUR TRANSFER **PLANNING NOW!**

The Transfer Fair is YOUR opportunity to meet **ADMISSIONS REPRESENTATIVES**

from over 30 Washington state and several out of state four-year colleges and universities.

Come by and meet the admissions reps, pick up application materials & have your questions answered! This is a GREAT place to explore your transfer options!

> For a list of schools in attendance go to: http://transfercenter.highline.edu/



PAID RESEARCH STUDY AT THE UNIVERSITY OF WASHINGTON

We are looking for men and women aged 18 -20 years old in the Seattle area to participate in a study on health behaviors. Earn up to \$150 in amazon.com gift cards!

> Email: dartuw@uw.edu Visit: http://depts.washington.edu/dartUW

Highline draws more internationals

By Marco Rey Cudia and Sam McCullough Staff Reporter

The enrollment for Highline's International Student Program is up 5 percent this quarter as a result of increased recruitment, its director said last week.

"The ISP has about 480 students," said Mariko Fujiwara, program director, up from 459 in Fall Quarter 2013, in the most recent figures available.

Many students came to Highline because of family and friends.

"My Mom came here, so she recommended it," said international student Khue Tran.

"An agency told me about it and gave me information about Highline," said Misaki Mori, also an international student.

"My goal is to recruit students from other countries to diversify the student body," Fujiwara said.

"The International Student Program has staff members that are dedicated to marketing and recruiting all around the world," Fujiwara said.

Several organizations, organize U.S. education fairs all over the world in which Highline participates.

"We research for marketable countries before we go," Fujiwara said



Andie Munkh-Erdene/THUNDERWORD

International students Iman Ahmed (left), Lucas Do, and Otuma Kazelsusha hang out in the ISP office.

"The biggest challenged for international students is obtaining a student visa, she said.

"Not all students can obtain a visa to come to the U.S. as a student. They need to pass the interview at the U.S. Embassy/ consulate," Fujiwara said

Japan currently sends the most students to the Highline program, with a total of about 100.

With 90 students, China runs a strong second and South Korea is right behind with approximately 80 students.

"Compared to other colleges

in Seattle, we are the most diverse," Fujiwara said.

She said the services offered by Highline have resulted in increased enrollment.

"The key to build a successful program system is to work closely with the students with the help of the faculty and staff on campus," Fujiwara said.

"Compared to neighbor colleges, our service to the students is something that we are proud of. We prefer quality over quantity," she said.

That service includes helping students interact with both U.S.

and other international fellow students.

A team of International Student Program leaders plans events nearly every week during the academic year to help international students make those connections.

International Student Program holds a yearly event called the Global Fest. Global Fest gives international students a chance to share their cultures and talents with faculty, staff, community members and fellow students.

Another feature Internation-

al Student Program offers is the Mosaic, the International Student newsletter. It provides international students a voice on campus to share their culture and adventures with others.

"It is important to us that the students have a great experience. That's what makes us the International Student Program of Highline different from other schools," Fujiwara said.

"I like the ISP because it gets me involved on campus," said student Khue Tran. "It's the place where you can share anything."

The International Student Program offers international students customized schedule based on the time international student wants to study in the United States and what subjects interest them.

"The focuses of international students are to learn the US culture, improve their English skills and to gain knowledge to apply for future jobs they may acquire," Fujiwara said.

"We have a large number of students in the International Program who major in business," she said.

"Students who major in business take the class Business 139 or Host 139. These classes are internship seminar. After they finish these classes, the student get to do internships for the following quarter," Fujiwara said.

Stick with it for success, Highline graduate says

By Ashley Johnson Staff Reporter

Perseverance is the key to success in college and in a work environment a former Highline student told last week's Honors Program colloquy.

Every Wednesday the Honors Program hosts someone to share the story of their success, giving helpful tips in a forum any student can attend.

Tierney Kuhn, who studied at Highline from 2007-2009 as a Running Start student before transferring to Princeton, spoke last week. Today she is a program manager at Microsoft.

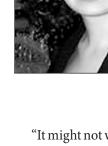
She said in order to transfer to Princeton she had to get scholarships, since her family couldn't pay for her education.

Kuhn said her biggest struggle in school came from thinking her teachers thought she was stupid. She said some teachers treated her in a way that made her feel inadequate.

One teacher made her feel like none of her work was right

'Professors and employers will like the person that spends 40 hours more than the one that has natural talent.'

— Tieney Kuhn



since he had only pointed out the bad parts of her work. But at the end of the class he said something she found surprising:

"At the end he told me that 'it was a pleasure to work with you and you are very talented'," she said.

Kuhn said that you should never go off what the teacher tells you about what is wrong with your work to determine how you are doing in the class. She said to ask instead how you are doing in the class. Kuhn said she thinks no one should ever give up. "It might not work today, but it will work in the end," she said. She said with most obstacles in her life she had to try many times and practice good habits to overcome her trials.

"Professors and employers will like the person that spends 40 hours more than the one that has natural talent," she said.

Next week's speaker will be Ellen Bremen, a Highline communications instructor, who will talk about communication subjects. The colloquy takes place at 12:15 p.m. in Building 10, Room 205.

Colloquy showcases 'growth'

By Renee Nelson

Staff Reporter

Honors Colloquy returns this quarter as a part of the Honors Program. However, it is also available for the entire Highline community to attend.

The course is a nine-week series of lectures by Highline alumni, faculty, and staff centering on the theme of "Growth Mindset: Developing an Outlook for Success." It is offered every Winter and Spring Quarter and is a credit/no credit course.

To gain credit for the course, a student must attend at least seven classes and participate in discussions on Canvas.

"Each quarter is a different theme," said Jacque Clinton, the Honors Program manager.

"This quarter's theme is growth mindset, which is the idea that intelligence is not fixed and can be developed over time," she said.

Clinton recruits various speakers to discuss their educational and professional paths and the obstacles they experience to achieve success while embracing the idea of mindset growth.

"I hope that anyone that participates in Honors Colloquy will be inspired by the stories and realize what they want to do without limitations," Clinton and the stories are stories as a stories are stories.

The Honors Program aims for students to enhance their academic experience as well as to prepare for transfer or career opportunities.

There is no sign-up process for this program, as students who complete the program's components are automatically a participant. However, to graduate as an honors scholar, the student must complete all of the requirements of the program.

For more detailed information on the Honors Program contact Clinton in Building 18, room 210, by email at jclinton@highline.edu, or by phone at 206-592-3277.

Also, you could visit the Honors Program web page at honors.highline.edu to find more information.

Honors Colloquy takes place every Wednesday in Building 10, room 205 from 12:15 to 1:20 p.m.

Eliminate the violence

Violence is never the answer.

We seem to believe that when we want to get a point across, violence is the way to go.

But that is only because of how we respond to violence.

Violence will make front-page news before a peaceful protest will.

The country has seen a lot of violence this past year.

And if we continue on this path of violence, we won't go anywhere but in a circle.

We have been dealing with the same problems over and over because we can't just sit down and talk things through.

Martin Luther King Jr. Day just passed and there were posts all over social media about what he has done and the inspirational things he has said.

We admire his work and appreciate what he has done, but has anyone followed his example?

It shouldn't be black people against white people.

We may never get to a point where color doesn't matter, but it shouldn't matter.

And black people can't blame white people for stereotyping when we fit the stereotype.

But white people can't believe every black person is the same. Be different, do something different and you'll get a different

The definition of insanity is doing the same thing and expecting a different result.

After the incident in Ferguson instead of destroying cop cars and starting fires that provoked the police to retaliate with riot gear, if we had taken the peaceful way it would have shocked America.

Just think if members of the community when asked how they felt about the incident, they said they were sorry that someone died and they hope the police officer is Ok.

Martin Luther King was successful because he had a noviolence policy.

Even when he was attacked first, he promoted non-retalia-

Even Malcolm X, who was all for violence in the beginning, finally realized that if he really wanted to make a change he had to get rid of the violence.

People don't take people who perform acts of violence seriously because it's reckless.

We really need to get to a point where we understand that we are all human beings.

We may have differences, but we live together on the same planet whether we like it or not.

The color of someone's skin color shouldn't affect the ability to peacefully resolve a conflict between two people or two cultures or two countries.

Peace is the only way we will move forward and grow as one. Violence isn't the answer.

Have something to say?

Have something you want to say to the student

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600

Send submissions to thunderword@highline. edu by Monday for print on Thursday.

Write to us!



I didn't mean to ruin America

As an undocumented immigrant I want to tell you all that you're right: I am ruining America.

Everything is true.

When I was brought to the country illegally, my parents wanted to give me opportunity.

Like many immigrants, my parents came to the United States of America because they heard it was the land of opportunity. Since then they've been working hard every day.

They stole jobs from the good American citizens and they've been making lazy people look bad ever since. Getting up at odd hours of the night to clean dirty toilets and stinky sinks. Obviously they are ruining America by working hard for my siblings and me.

And immigrants work really hard to get the things that need to get done, done. Even when they're being paid barely anything. We don't need those kinds of values.

Agricultural workers who usually come from Mexico get paid \$7 per barrel of produce they gather. That means they need to fill a barrel, that averages 90 pounds, in an hour to get paid \$7 an hour. Rather than being paid per hour they get paid for how productive they are. They must be really desper-



The lemon squeeze

Agatha Pacheco

ate. This country will only get more productive if we follow the values these desperate people working in our fields have.

An even more horrible side effect from immigrants is that they bring their gross food and culture into America.

I mean what even are "burritos" or "Pad Thai?" Who even likes tacos? We all know culture and diversity is a hindrance to

They should seriously take their "yummy" and "delicious" food out of this country.

Don't get me started on the taxes they pay. How dare undocumented immigrants contribute billions of dollars in taxes every year?

In 2010, according to the Institute on Taxation and Economic Policy, undocumented immigrants contributed an estimated total of \$10.6 billion in income, property and sales tax.

In Washington state alone, undocumented immigrants contributed an estimated \$292 million in taxes. We don't need that money. America is a pillar built to survive without it.

I think the biggest threat from illegal immigrants is that they capture the essence of what built this country. It's dangerous to remember history. Remembering that this country was founded and maintained by immigrants will interfere with the good American citizens' Facebook and Instagram time.

I am so ashamed of being a hard working, diverse, unique, and educated undocumented citizen. I don't deserve to be in this country.

So, I think I'm going to leave this country. I'm ruining this country. As soon as I finish paying and working hard for my education, contributing to society, becoming a millionaire, getting married and raising my family to be good American citizens, I'll leave.

the Sta

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Always blame the source.

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•Enjoy free entertainment by some of Seattle's finest musicians this Sunday at Benaroya Hall. Seattle Youth Symphony Orchestra and Seattle Symphony Orchestras will perform side-by-side on Jan. 25 at 2 p.m. to create a musical collaboration that is free to the public. The orchestras will be performing music from around the globe. The event is free to attend, but due to limited seating tickets are required. Tickets are available by contacting the Seattle Symphony box office at 206-215-4747 or by emailing tickets@seattlesymphony.org

•Indulge your inner thespian at the Lakewood Playhouse's production of Glenngary Glenn Ross. This play is centered around a group of real estate salesman attempting to make a living by pushing to sell plots of land to reluctant buyers. The play is shown on Fridays, Saturdays, and Sundays and tickets are \$25 for adults, \$22 with military ID, \$21 for seniors, and \$19 for students and educators with proper ID. Showings run until Feb. 1 at the Lakewood Playhouse. The Lakewood Playhouse is located at 5729 Lakewood Towne Center Blvd. in Lakewood.

 Speak up and join the show this weekend at Trapped in a Black Box: an Improvised Hip Hopera by Unexpected Productions. This comedic improv show is dependant on audience suggestions while keeping to a general hip-hop theme. The show takes place at 8 p.m. on Jan. 4 in the Edmonds Community College Black Box Theatre at 1428 Post Alley in Seattle. The show costs \$10 to attend, and tickets are available by calling the box office at (425) 640-1448 or online at unexpectedproductions.org.

•Brush up on your theater this weekend as the Tacoma Musical Playhouse presents the 25th Annual Putnam County Spelling Bee. This show, which runs Fridays through Sundays until Feb. 8, features six adolescent outsiders vying for the spelling championship of a lifetime. Showtimes are on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets cost \$29 for adults, \$27 for students, veterans, and seniors, and \$20 for children. They are available by calling 253-565-6867 or online at tmp.org. The Tacoma Musical Playhouse is located at 7116 Sixth Ave. in Tacoma.

Local theater travels time

By Jeff Rowden Staff Reporter

Act 1 Theater in Sumner is altering time to tell an agonizing story of love, life, and loss.

The musical The Last Five Years by Jason Robert Brown comes to Act 1 Theater Productions in Sumner in an intimate black-box theater setting this February under the direction of Petra Karr.

This musical explores the five-year relationship between Jamie, a rising novelist, and Cathy, an aspiring actress.

However contrary to the run-of-the-mill musical, their stories are told in differing timelines. While Jamie's timeline moves chronologically, Cathy's story is told in reverse.

This unorthodox musical is also set apart by its two-character cast and 90-minute run time, with no breaks or intermission.

"This show is just us for 90 minutes. It's one of the most emotionally and physically demanding shows because you There's no razzle-dazzle. I have to be 100 percent present," said actor Alex Gallo, who plays

"I think people are going Cathy. to be able to connect with the



Act I Theater photo

Painting the stage for The Last Five Years.

struggle, because any relationship is a struggle," Alex Gallo said.

The Last Five Years deals with very modern and relatable themes of the emotional roller coaster that is a succeeding and suffering relationship.

"This show is very real. mean, it's happened to everyone," said actor Arwen Dewey, who plays the role of

ly sounds broken, like an old Ct. E, Suite 104, Sumner. music box. I think those two ken, describe the characters' and hors d'oeuvres before the relationship and the whole show and dessert, champagne, Dewey said.

from Feb. 6 to Feb 15 with a 7 and military and \$15 tickets for This interesting and dynam- p.m. show time and matinee adults.

ic story is partnered together shows on Feb 8 and Feb 15 at 2 with an intricate and modern p.m. There will also be a special event on Valentine's Day, Feb. "The opening music is 14 at the Act 1 Theater Producbeautiful and immediate- tions studio at 5814 152nd Ave.

The Valentine's Day Event adjectives, beautiful and bro- will feature free champagne concept of the show," Arwen and an auction after the show. The price of admission includes The Last Five Years runs \$10 tickets for students, seniors,

There is too much 'drama' in theater

Good theater should always leave the audience with unanswered questions.

However, some theater companies are leaving audiences questioning the material they're presenting.

For instance, the Seattle Gilbert and Sullivan Society was under fire July of last year for their "yellowface" production of an openly racist opera, The Mikado. "Yellowfacing" is where white actors dress up and paint their skin to portray people of Asian descent.

Despite the backlash that theaters receive for presenting questionable material, many still attempt to make it work.

Theatre will be presenting its production of the highly controversial musical, Carousel. Carousel earned its bad reputation by being one of the only musicals to not only display domestic violence onstage, but to somehow encourage the violence after it occurs.

Stuck in a rough position, the theater company realized that they needed to make some vital decisions in order to keep this production from derailing.

"Thankfully, the domestic cerns."



Commentary **Kayla Dickson**

In February, the 5th Avenue violence in this show is referenced and not seen," said Bridget Summers, the public relations manager for the 5th Avenue Theatre.

> This isn't the first time 5th Ave has stirred the pot with controversy in their plays either.

> "In 2012, in our production of Oklahoma we used color-blind casting," Summers said. "The part of the villain was a black man and we had a lot of reactions. We had town hall meetings to discuss con-

Although there are obvious learned and the meeting of the starting controversy, the 5th Edwards said. also found that there are multiple benefits too.

that production, but we gained some too," Summers said.

Another local theater company pressing the boundaries with their controversial production is the Hi-Liners with their production of *The King and I*.

The King and I is considered an extremely disrespectful to the disrespectful and inaccurate portrayal of the king and their culture as a whole.

"We understand that controcreates turmoil for theater artists all around the world," said Kathleen Edwards, the artistic director from Hi-Liners. "I can't bear to watch Taming of treat Katherine in the play."

But because Hi-Liners is of minors, Edwards has been makes them reflect. grappling with keeping the kid-friendly as possible.

"For the kids, we're attempting to focus on the lessons they choose to do.

drawbacks to taking risks and minds of Anna and the king,"

"There was no attempt to yellowface in this production. "We lost some patrons for We also used the text as written and taught the children to speak that way without altering it or being disrespectful," she said.

> Despite the challenges they're faced with because of the plays roots, Edwards is determined to highlight the strengths in this production.

"The King and I is just an inpiece in Thailand culture due credible musical," Edwards said. "It needs to be balanced. Both sides need to open up their minds and I think that's beautiful."

However, when Edwards was versy in productions like these asked why she chose this controversial production instead of something more suitable for children, she simply replied "no comment."

The Highliners' production the Shrew because of how they is mercifully over, but Carousel will keep spinning until March.

Theater is important. It maa cast composed entirely out ters, it tells people about life and

But if what it teaches them show as politically correct and is that people are objects, then maybe it's time for theater companies to reassess the shows

Highline alumnus hits big time with rock band

By Kayla Dickson Staff Reporter

Highline alumnus Caleb Kallander hopes that this weekend's show will lift his band to the next level.

Studio Seven in Seattle will host an all-ages concert this Friday featuring Kallander's band Sons of the Sound along with other local bands including Cut the Felix, Galaxy, Static, and Godfish.

"Sons of the Sound can be described as progressive hard rock," Kallander said. "I started the band five years ago. Every single song of ours sounds absolutely different and unique, and can almost be a considered a different genre per song."

Kallander said he is especially excited for this weekend's upcoming show due to all the extra work that's been put into it.

"I am really looking forward to how kick-ass our set is going to be," Kallander said. "We are having a professional photographer come out, we have a guy doing video for us, and we have a professional lighting guy doing lights for our show specifically."

Although quality music is always on the forefront, Sons of the Sound is determined to make their showmanship unforgettable.

"To us, yeah, music is important. But this isn't a studio album, this is a goddamn rock show, and we make damn sure to make sure that we put on a good one," Kallander said.

"That's why our shows always excel in production. Lighting is better than anyone else at the show. Sound is scientifically crafted to produce every attractive nuance to the human ear.



Sons of the Sound photo Caleb Kallander of Sons of the Sound shredding his guitar onstage.

We entertain, it's what we do," he said.

Sons of the Sound is composed of Kallander on lead vocals and guitar, Tayler Meeks on vocals and guitar, Ben Nelsen on bass and Tyler Dahl on drums.

"This is one of three special shows we are playing to build hype for our new album that we are just about to drop," Kallander said. "This is the start of the campaign, and the most powerful show we'll have prior to the CD release."

In terms of the other acts

playing at the venue, Kallander is especially excited to see one band perform in particular.

"We have played with one band before, Static, and they also kick ass," Kallander said. "In terms of bands, I'm really stoked to see Static play again."

The doors will open at 6:30 p.m. on Friday, Jan. 23 at Studio Seven. Studio Seven is located at 110 S. Horton St. in Seattle.

Tickets are \$12 at the door or \$10 in advance and are available by calling Caleb Kallander at 253-353-9751.

Marc Cohn comes to Kent

By Jeff Rowden Staff Reporter

Award-winning Grammy singer/songwriter Marc Cohn comes to Kent tonight for an evening of music and storytelling.

As part of the Kent Spotlight Series, Cohn, popular for his 1992 Grammy-winning hit Walking in Memphis, will play a concert at Kentwood High School.

Cohn recently released a new single titled Coldest Corner in the World which was written as the theme song for Marc Cohn comes to Kent the upcoming documentary Tree Men, which tells the story of workers who come mainly from Canada to sell Christmas trees on the streets of New York during the holiday season.

"This new song reminds most people of my first record," Cohn said in an interview this week.

With a wide array of music in Cohn's discography, his upcoming concert will feature material spanning his music career in an intimate stage setting. In addition to his classics, Cohn will also feature two new songs on his set list.

"There will be a little bit of everything," Cohn said.

"I really like having a plan in place, but just letting it fly. I mean, the best nights are the ones filled with surprise," he said.

Cohn has three Seattle-area venues on his tour agenda, more than any other state. In addition to his show at Kentwood High School Performing



Arts Center, he has stops in Kirkland and Edmonds.

"I have a very strong connection to the area. My brother, who passed away this last year, lived on Bainbridge Island with his wife. So, Seattle is a special and bittersweet place to play for me," Cohn said.

"My earliest show was actually a free concert in Seattle,"

Cohn has seen many things in his musical journey, including winning one of the biggest awards in music.

"Grammys aside, the real journey is refining your craft; becoming a better artist," Cohn said.

The concert is at Kentwood High School, 25800 164th Ave. SE in Covington at 7:30 p.m.

Tickets are \$28 for general seating, \$25 for seniors, and \$15 for youth and are available online at www.KentArts.com, or at the door on the night of the show.

Make it a girls night out with 'Girls Night: The Musical'

By Jeff Rowden Staff Reporter

Centerstage Theater brings karaoke girls night out to theater audiences with a musical about friends and the lives they're living, and have lost.

Girls Night: The Musical, written by Louise Roche and directed by Sonya Carter, comes to Centerstage Theater in Federal Way in partnership with Entertainment Events Inc.

Girls Night centers around a group of five female friends reminiscing about the lives they've spent together, including Sharon, who died at the age of 17. Sharon has been watching over her childhood friends as they look after her daughter who was only two months old at the time of Sharon's death.

While this musical touches on very real topics, it also has its fair share of popular songs from



Girls Night Photo

The New York cast of Girls Night.

the 80's like It's Raining Men, I'm Every Woman, and We are Family.

"Every woman on stage is relatable, and what sets this musical apart is that it breaks the fourth wall with the audience," said director Sonya Carter.

Carter is based in New York, and travels with Girls Night for Entertainment Events Inc. Carter has been involved with this show since its opening in May of 2007 at the Scottsdale Center for Performing Arts in Arizona.

"We started out this show with large elaborate sets, and realized we didn't need it," Car-

Girls Night uses storytelling to travel to different times and locations with a static

While this show is a travelling title and production company based in New York, the talent features local actors.

"I connected to this show from the moment I first read the script," said Meg Mclynn, who plays the part of Carol, one of the five women.

"I had a hard time connecting to my role, but then the director told me to channel '80s movies, and then I totally got it," said Alicia Mendez, who plays the angelic narrative character Sharon.

"It was really fun trying to understand Liza because I'm normally very pleasant in real life, and she is not. So it was fun getting a chance to say what you can't in real life," said Anna Marie Clausen who plays Liza, another one of the five women.

The Centerstage cast of Girls Night had a performance before their official opening night in

"We even had the guys in the audience dancing," said Kate Alden, who plays a character also named Kate, one of the five women characters and younger sister of Carol.

Girls Night: The Musical opens Jan. 22 and runs through Feb. 8 at 8 p.m. with 2 p.m. matinees on Jan. 25 and Feb. 8. There is no show on Feb. 1.

Centerstage Theater is at the Knutzen Family Theater, 3200 S.W. Dash Point Road in Federal Way.

Tickets are available online at centerstagetheatre.com and at the door the night of shows. VIP Seating tickets are available for \$50, adult tickets are \$30, senior and military tickets are \$20, and youth tickets are \$10. There are also Thursday night specials where all tickets for people 26 and older are \$20.

Heavy duty performer

Highline's Ben Tynan is undefeated against two-year college foes

By Xavier L. Henderson Staff Reporter

Highline wrestler Ben Tynan is having a great season.

After taking time off last season, he wants one goal and one goal only, gold.

He has a record of 17 wins and 2 losses.

Despite being a big man -6'2" and 240 pounds -- Tynan's teammates describe him as kind and welcoming.

"Ben is a great leader, he's a great guy to be around, and he lightens the mood," said teammate Tyler Noon.

Tynan's wrestling story begins in his freshman year at Hanford High School, in Richland. and in his childhood when he would play around with his brother.

"I always kinda did everything my big brother did, " said Tynan.

Unlike many high school wrestlers who may go to one or two weights all of their high school careers, Tynan managed to go through four different weight classes.

As a freshman he started at the second weight class for high school wrestling, which is 112

In his final year as a senior, Tynan reached 182 pounds, where he was able to capture fifth in state before coming to Highline.

Tynan describes his path coming to Highline "nothing special", he said Head Coach Scott Norton called him after the state competition and asked him to come try out for the Thunderbirds.

Tynan walked on, beating the starter for the heavy weight class, but did not make it to na-



ANDIE MUNKH-ERDENE/THUNDERWORD

Heavyweight Ben Tynan is 17-2 this year for Highline, and is aiming for a national title.

tionals his first year.

Tynan rested last year before returning to the team this season.

"I have the body of a God", Tynan said with a laugh about what makes him a great wrestler. On a more serious note, he also said that he still wrestles like a smaller guy, taking a lot of shots, moving around, and wearing the bigger, slower guys down.

He said his weaknesses are not putting on the pressure, pushing as hard as possible, and nerves.

"Everyone gets nervous,

you get used to it though, I remember back in high school I'd get nervous and it felt like the worse feeling ever," Tynan said. "I still get nervous to this day, but I find being nervous a good thing."

Assistant Coach Brad Luvaas said "Ben has what it takes to win nationals this year. He works very hard, never misses practice, and he's a great leader."

Currently ranked No. 4 in the nation, Tynan wants to climb the ranking ladder to a better seeding at Nationals later in Feb. In order to do that, he must beat any opponents ranked higher them him.

"The No. 1 ranked North Idaho guy has been ducking me," said Tynan.

With his winning record of 17 wins and only 2 loses, Tynan has not lost to a single two year college opponent this season.

Tynan said he hopes to extend that streak all the way through nationals and reach his ultimate goal: "Taking gold."

T-Bird Wessels takes title at Boxer Open

By Xavier Henderson Staff Reporter

Highline's Josh Wessels won the Boxer Open Tournament on Sunday Jan. 19 at Pacific University in Forest Grove, Ore.

Highline had five wrestlers in the Boxer Open Tournament, and left with one champion.

Three Highline wrestlers were in the 197-pound bracket to wrestle off for the vacant 197 spot and make the starting spot for Highline's varsity line up.

"All glory to God. Everything that happened for me this weekend, he's the reason I accomplished everything," said Wessels, one of the 197 pounders.

In a bracket which was filled with two of his other teammates, Wessel's focus was on winning.

Wessel's matches ended by decision, by a pin in overtime, and 14-1 in his finals match.

"I feel pretty good. This shows me what I need to improve on and where I'm at right now," said Wessel's.

Assistant Coach Brad Luvaas describes Wessels and other wrestlers as candidates for nationals.

"Six to eight guys can be All Americans if they think they can," Luvaas said.

"They just have to believe in themselves," said Head Coach Scott Norton.

Tom Odneal, Highline 174pounder, took third place and Highline 197-pounder Sean McAlhaney took fourth place.

This tournament was for extra experience and mat time for wrestlers who aren't varsity. It was also preparing for regionals which will be held on Feb. 13 at North Idaho.

"Wrestling becomes very individual when we get closer to regionals and nationals," Luvaas said. "We will begin to taper down as the season ends, we'll practice hard until about a week before regionals."

Highline's next match is a home dual this Thursday Jan. 22. Thursday is also Sophomore Day for Highline wrestlers, a day where the team and coaches will acknowledge wrestlers who are in their very last year of wrestling eligibility.

The dual match will be held in the Pavillion tonight at 7.



MEN'S BASK	KETBALL League W-L	Season W-L							
West Division									
Highline	4-1	12-5							
Clark	4-1	11-5							
Green River	3-2	12-6							
Lower Columbia	3-2	11-7							
Pierce	3-3	7-11							
Grays Harbor	2-3	7-10							
S. Puget Sound	2-4	7-10							
Tacoma	2-4	5-12							
Centralia	1-4	2-14							
South Division									
Chemeketa	3-0	12-6							
Clackamas	3-0	11-7							
Umpqua	1-2	10-7							
Lane	1-2	9-8							
Portland	1-2	7-9							
Linn-Benton	1-2	5-6							
Mt. Hood	1-2	4-10							
SW Oregon	1-2	4-12							
North Div	vision								
Bellevue	3-0	16-2							
Edmonds	3-0	15-3							
Skagit Valley	2-1	10-5							
Everett	2-1	11-7							
Shoreline	2-2	7-10							
Peninsula	1-2	8-7							
Olympic	0-3	5-10							
Whatcom	0-4	2-13							
East Div	East Division								
Big Bend	3-0	15-4							
Wenatchee Valley	3-0	14-4							
Spokane	2-1	12-6							
Walla Walla	2-1	10-8							
Columbia Basin	2-1	9-8							
Blue Mountain	0-3	4-11							
Treasure Valley	0-3	4-11							
V 11 V II	0.0	0.45							

WOMEN'S BASKETBALL Centralia 16-2 Lower Columbia 12-7 Clark 4-1 9-4 S. Puget Sound Green River 6-11 Tacoma 3-11 1-5 Pierce **Gravs Harbor** 0-15 0-5 South Division Umpqua 3-0 16-2 Lane 2-1 15-4 SW Oregon 1-1 10-7 **Portland** 1-1 8-8 Chemeketa 3-12 1-1 Clackamas 1-2 12-5 Mt. Hood 0-3 3-14 North Division Peninsula 3-0 9-4 Bellevue 3-0 12-6 **Skagit Valley** 2-1 Everett 12-1 8-9 Whatcom 2-2 7-10 Olympic 1-2 9-7 Edmonds 0-3 1-13

Shoreline

0-4

0-12

Highline women try to rebound from tough loss

By Mikel Abraha Staff Reporter

The red hot Lady Thunderbirds used what they called a much needed bye week to regroup from their worst game of the season.

Until coming across a roadblock, the Lady Thunderbirds were on a roll, beating Grays Harbor by 49 points and winning seven of their last 10 games.

That road block happened to be at Centralia, with Highline losing 62-42 in an unfamiliar fashion. The team shot 28 percent and scored 30 points below the team's season average.

Centralia had three players who scored in double figures. Molly McIntyre led the way with 22 points and 12 rebounds, followed by 14 points from Courtney Kaupu and 12 points from Jamika Parker.

Sophomore forward Ionna Price was the only player from Highline to score in double figures. Price went 8 for 15, shooting 53 percent and finishing the game with 17 points.

"Centralia is one of the best teams not only in our league but in the NWAC. The fact that we held them to 17 points in the second half showed us what we are truly capable of," Price said.

The loss puts the Lady Thunderbirds back two places from third to fifth in the NWAC West Division standings. Centralia improved to 5-0 in league play and remains in first place.

While preparing for a championship run, it can be frustrating to play your worst game of the season right after playing your best.

However, the Lady Thunderbirds don't plan to dwell or worry about last week's loss any longer.

"We aren't worried at all. Us staying together will fix everything from that game. We don't even think about that game," sophomore guard Kayla Ivy said.

"We just keep moving forward because we know we're better than that."

"I believe we will continue on the climb to getting better as a team," said teammate Allie Weathersby, "we need to continue to push ourselves in practice and we will bounce back just fine."

Following Wednesday's game, the Lady Thunderbirds started their bye week. De-



Ionna Price

pending on how useful they can be, byes can either come too early in the season or too

Highline's toughest games have been on the road and this bye is in the middle of a threegame road stretch against league opponents.

The Lady Thunderbirds say that their bye week couldn't have come at better time.

Although rest and preparation is the main purpose of a bye week, Highline needed the extra rest time far more than they needed the extra preparation time.

"We have had a few little injuries that some of us needed to recover from. We also just needed a couple days for our legs to rest up," said Weathers-

"This bye week was more than important. We were all mentally drained. This bye helped us regroup both mentally and physically," Ivy said.

"It also gave us the time to focus on the little details to sharpen up both our offense and defense."

Following the bye, Highline played South Puget Sound on Wednesday, Jan. 21 with results unavailable at press time.

Up next, Highline plays at Green River on Jan. 24, before returning home to play Clark

The Lady Thunderbirds have been playing their best basketball at home this season.

"I think that playing in the gym we practice in every day and playing for a home crowd has a lot to do with our success," said Price.

"We get so excited to play for our family and friends at home and as a team, we just love to play on our home court," Weathersby said.

With one game left to finish up the road stretch, Highline will be looking forward to returning to the Pavilion where they are 4-0.

Thunderbirds head into home stretch in first place

By Charles Prater Staff Reporter

The T-Birds come out of the bye week to begin their second half season push toward the NWAC tournament.

Highline, 4-1 (12-5 overall) had six days off for prep and game planning to start their 11 remaining games.

Before the bye week, Highline beat Centralia, 74-64, on the road to stay in first place in the West Division.

Leading scorer for the Thunderbirds was sophomore guard Doug McDaniel, who scored 20 points and added 5 steals to his stat line.

Other key contributors for the T-Birds was freshman forward Remeake Keith, who scored 14 points and grabbed 12 rebounds to get his first double-double of the season.

Sophomore guard Jimmy Keum netted 13 points and sophomore guard AJ Banks dished out 9 assist for the

The top scorer for Centralia, 1-4 (2-14 overall), was sophomore guard Zach Carras with 23 points.

Headed into the bye week, Highline was 5-1 in its last six

"For the bye week, we worked on our mentality, we thought a lot about the close win against Centralia and the game we lost against Tacoma," said Co-Captain AJ Banks.

"At the beginning of the season we were sort of playing off ourselves and off skill level but now I think we're playing a lot better as a team."

"Our main thing for the bye week was just taking time off to get our bodies and minds ready because during the season things can get kind of fast," said Co-Captain Isom Brown

"For the second half of the season, I'm really excited. I think we're starting to peak and as a team and finding out our roles and what we're made of,"

Highline is 3rd in the league in field goal percentage and 10th in total points.

The team knows how important defense is to their success and tries to improve on it everyday.

The T-Birds are second in steals in the league and are only allowing 70.2 points to opponents, which is good enough to be sixth in the league for points against them.

"Team wise we worked on defense, details, and rebounding," said sophomore forward Ben Tucakovic.

"We face South Puget Sound on Wednesday and they're the No. 1 team in the league in re-



Andie Munkh-Erdene/THUNDERWORD

The Thunderbirds hope to have leading rebounder Ben Tucakovic back in action this week.

bounding, so really just getting the ball, and pushing it up the court quicker."

Tucakovic has been out the last two games with an injury. He is a key player to Highline as he is averaging 16 points a game and is first on the team in rebounding with 8.5.

"I pulled my left hamstring a couple of weeks back and Tuesday was actually my first day back of practice since the injury," he said.

"I'm supposed to play against South Puget Sound, but we'll monitor the hamstring and see what happens."

The T-Birds played South Puget Sound on Wednesday with the results of the game unavailable at press time.

Highline has an away game at 5 p.m. on Jan. 24 against Greenriver and then a home game at 8 p.m. on Jan. 28 against Clark.

Help wanted

The Thunderword needs a sports editor. This is a paid on-campus student position. You must be enrolled for at least six credits and have a 2.5 GPA. Send a resume and cover letter to Thunderword@highline.edu.

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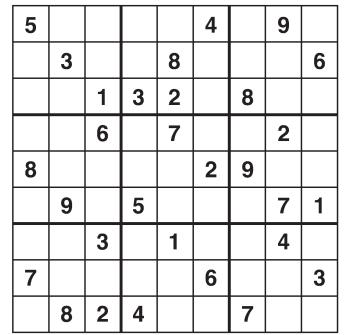
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Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★** HOO BOY!

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1. LITERATURE: What is Hagrid's first name in the Harry Potter book series?

2. HISTORY: In what modern-day country did the ancient Etruscan civilization once thrive?

3. U.S. STATES: What is the state capital of New Hampshire?

4. U.S. PRESIDENTS: Where was President Lyndon Johnson sworn into office?

5. MOVIES: What was the name of Roy Hobbs' baseball bat in *The Natural*?

6. ANIMAL KINGDOM: What kind of animals would a cryptozoologist study?

7. MYTHOLOGY: Who was Castor's twin brother?

8. INVENTIONS: Who is credited with inventing blue jeans?

9. TELEVISION: In what sitcom series was the character of Frasier Crane introduced?

10. WORLD GEOGRAPHY: What is the capital of Portugal?

Answers

- 1. Rubeus
- 2. Italy
- 3. Concord

4. Aboard Air Force One, following the assassination of President John Kennedy.

5. "Wonderboy"

6. Legendary animals like the Loch Ness monster or Bigfoot

7. Pollux

8. Levi Strauss

9. Cheers

10. Lisbon

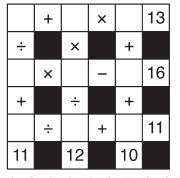
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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!



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King Crossword

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- 22 West **Pointers**
- 26 Dangles a carrot
- 29 Luncheonette order
- 30 Compete
- 31 "Time" founder
- 32 Jane's "Glee" role
- 33 Lo-cal
- 34 Tramcar fill
- 35 "Monty Python" opener
- 36 Traffic cone
- 37 Golf bag carrier
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- 41 Influenza
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- 45 Tarzan's Mrs. insignia

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- 53 Zinger
- 54 Unmatched
- 55 Crucial

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- glimpse of
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Puzzle answers on Page10

ARIES (March 21 to April 19) You need to be certain that all the right conditions are in place before you take that first step. It can't hurt to listen to good advice from those who have your best interests at

TAURUS (April 20 to May 20) Be careful not to get involved in other people's disputes unless you know the facts behind the disagreements. That's the best way to be assured of making wise and honest decisions.

GEMINI (May 21 to June 20) You still need to be careful about how you're going to spend those energy reserves you finally got around to restoring. Best advice: Avoid overdoing it. Let things take their course.

CANCER (June 21 to July 22) Your aspect continues to favor travel -- alone or with that special person. So if you've been putting off making those getaway plans, it's still a good time to get started on them.

LEO (July 23 to August 22) Those so-called golden opportunities that continue to dazzle the Lion still need to be carefully checked out. Be suspicious



about anything that looks like the "perfect" prospect.

VIRGO (August 23 to September 22) Changes at the workplace could make it more difficult to do things the way you prefer. But the wise Virgo who shows some flexibility could find it paying off in a big

LIBRA (September 23 to October 22) You might want to check out the explanation you were given for a sudden shift in your duties. There's a possibility that you haven't been told all the facts that you deserve to

SCORPIO (October 23 to November 21) Having confidence in your abilities is important, especially when you could be facing a new challenge, whether it's in the workplace or in a personal relationship. Good luck.

SAGITTARIUS (November 22 to December 21) A new work-related opportunity

might not be all that it seems. Before making any decisions, you might want to check with others who have had some experience in that area.

CAPRICORN (December 22 to January 19) A situation involving someone close could benefit from your timely intervention. Avoid being judgmental. There'll be plenty of time later for those "little talks" vou like to have.

AQUARIUS (January 20 to February 18) Travel could be a surprise element in that new project. Be prepared for other previously undisclosed aspects that also might come to light as you proceed with the work.

PISCES (February 19 to March 20) Try to balance your work-related responsibilities with the time you're spending on your recently revived social life. An old friend might be planning to return after a long

BORN THIS WEEK: Your sensitivity makes you aware of the needs of others. Have you considered a career as a coun-

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Black Panthers were really non-violent, speaker says

By Jimmy Padua Staff Reporter

The Black Panther Party was about helping people, not violence, said a former member of the group here on Wednesday.

Emory Douglas, the Minister of Culture for the Black Panther Party from 1967 up through the 1980s spoke today at Highline in a crowded Building 7.

Douglas spoke as part of Martin Luther King Week, Highline's annual exploration of the work of the late civil rights leader.

The 1960s were a time of intense racism, inequality and social injustice, he said.

The Black Panthers were a group that "transcended race," said Douglas.

Doing more than just protecting members of its community, the Black Panthers fought to help their community directly and Douglas did that with his art, which was featured in the Panthers weekly newspaper.

Douglas exposed these injustices to the people of America through his art, and through the efforts of the Black Panther Party, in their attempt to help their community.

The Panthers enacted programs to feed children, assist the elderly, offered free health clinics, free education, free medical testing while operating a free ambulance that would arrive on time, he said. Among one of the Panthers most recognized achievements was their introduction of the free breakfast program for school children.

The Black Panthers fed tens of thousands of children before school, because in doing so they were helping their community grow by strengthening learning with full stomachs, making full minds.

"If not for the Black Panther free breakfast program, we wouldn't have the free student lunch program," said Douglas.

Contrary to the popular perception of the Black Panther Party, the group was non-violent, and its main objective remained to help the people.

"What we hated was police murder, we hated police abuse, we didn't hate people, we hated what they were doing," said Douglas.

The Panthers were not out killing police, but trying to change their actions, as Emory did with his art.

Three spiritual men come together to teach how values affect everyday life

By Christopher Crisostomo

Staff Reporter

Spirituality, regardless of its source, can make the world a better place, a trio of holy men told an overflow gathering in Building 7 on Tuesday.

The three men, who call themselves the Interfaith Amigos, spoke as part of the Martin Luther King Jr. Week celebration. They represent three religions and all say they are inspired by Dr. King's work, dreams and dedication to non-violence.

Pastor Dave Brown is a Christian; Rabbi Ted Falcon is a Jew; and Imam Jamal Rahman is Islamic. Their theme song is: "It's all one, and I am as I am."

"We believe that the fruits of the spirit can be used to maximize and make the world better," the Interfaith Amigos said.

They have three different spiritualities, but a single vision of the world. Each of the Amigos has their own sacred text that they dedicate their lives to follow. For Pastor Brown, his sacred text is the Bible; for Rabbi Falcon, it's the Tanakh or Jewish bible; for Imam Jamal, it's the Quran.

The Interfaith Amigos each have their core beliefs:

The Jewish core is solely based on unity.

"The core of the Jewish faith is the concept of oneness. The idea is that one unites all. Not only in the heavenly realm but also in the human realm here on earth," Rabbi Falcon said.

The Christian core is primarily based on love.

"Christianity is based on what I like to call, a three-fold love: love of God and Jesus, love of neighbor, and love of self. This all adds up to radical love in the commitment to nonviolence," Pastor Brown said.



Interfaith Amigos web page

Spirtual men, all inspired by MLK, talked to students at Highline about how they lead their lives in faith.

The Muslim core is similar to the Christian core of love but with different moral characteristics.

"The secret to life is the practice of mercy, compassion and gentleness. A person who is gentle is life-affirming and life-bestowing," Imam Rahman said.

Throughout their talk the Interfaith Amigos compared their ideas of faith with the work and ideologies of Dr. King.

When describing the attributes of Jesus Christ, Pastor Dave used the Greek word

Agape. He also compared this self-sacrificial love to that of Dr. King.

"The word Agape is Greek -- meaning the love that binds people together and has their best interests in mind. MLK had the same idea as Jesus." he said.

All three of the Amigos said they believe that today's society has strayed from its core values.

"The paradigm has shifted. Our deeper values have been forgotten," the Interfaith Amigos said.

During their presentation, each explained the five stages of interfaith dialogue.

The purpose for interfaith dialogue is to make each person, no matter the faith or tradition, comfortable. This is so more people are willing to contribute to discussions.

The five stages of interfaith dialogue are:

Expect and honor that everyone has their own stories

Share your core teaching

Share both the easy and difficult parts of their faith and tradition

Be willing to be vulnerable -- bring up the elephant in the room (It is encouraged that the individuals are friends.)

Realize that everyone can listen to the beauty and wisdom of other faiths and traditions

To end their presentation and panel, each Amigo proclaimed their innermost value concerning their faiths.

"Each spiritual path is chosen and each person is chosen to be who they are," Rabbi Falcon said.

"Have a radical love for God and to others no matter what," Pastor Brown said.

"Quran 3:85: detach from yourself, your ego and follow Allah-God," Imam Rahman said.

Weekly SUDOKU —

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HELP WANTED

The Thunderword has two openings for Winter Quarter:

1. Sports Editor

The ideal candidate will have journalism experience but above all an interest in sports. The sports editor leads coverage of Highline basketball and wrestling teams; arranges assignments and photos; designs and edits pages. The sports editor participates in budget meetings on Monday and Thursday afternoons and works on producing the sports section on Tuesday and Wednesday afternoons.

2. Advertising sales representative

This position sells advertising space in the Thunderword to local and regional clients.

These are on-campus, paid positions open to students currently enrolled at Highline for at least six credits with a minimum 2.5 GPA. Both positions require your own transportation and time during the day to do the jobs.

If interested, send a resume and cover letter to thunderword@highline.edu

Water won't cool the heat in spicy foods

By Ferdaws Abbasi Staff Reporter

The next time you reach for a glass of water to wash down that spicy meal, you'd probably be better off using a glass of beer or milk, a Highline chemistry professor told last week's Science Seminar audience.

Capsaicin is responsible for the heat in chili peppers, Dr. Aaron Moehlig said. And how you dilute that heat is part of a chemical reaction.

The capsaicin molecule is detectable at one part per a million, and each chili pepper has a unique heat.

"There is difference in their heat based on a number of factors outside of my expertise, but where they are grown, conditions under which they are grown, and how much sunlight they get in a given season are factors," Dr. Moehlig said.

The scale for measuring heat was developed in 1912 by Wil-



Kayla Dickson/THUNDERWORD

Dr. Moehlig teaching at the science seminar.

bur Scoville and it is used to rate intensity of various peppers.

To demonstrate, the effects of capsaicin, Dr. Moehlig blended peppers with a sugar-water solution and then asked a panel of testers to taste the diluted concentration. They all felt the heat.

"Taste is the sensation when a substance in the mouth reacts chemically to a receptor," Dr. Moehlig said.

He explained that the taste receptors on the tongue are ca-

pable of detecting sugar, salt, sourness and bitterness. They all send messages to different parts of the brain, but for heat there is a different nerve receptor for that.

"Just like feeling your face when your face burns, your tongue burns from capsaicin," Dr. Moehlig said. "We are not tasting it, we are feeling it."

He explained that because of its molecular structure, water does not dilute the capsaicin molecules. That is why trying to lessen the spiciness from chili peppers with water is not a good idea.

A better idea, Dr. Moehlig said, would be a glass of beer.

"Beer is mostly sugar and ethanol. It probably does a slightly better job than the water sort of getting that capsaicin off your tongue," he said.

Capsaicin is also used in medicines. In these cases scientists want the benefits of capsaicin, but not the heat. One way to eliminate the heat of the capsaicin for medicines is to use high performance liquid chromatology to separate the heat producing properties.

Next week's Science Seminar is about "Aliens: What Lives Inside of Us?" by nursing professor Anne Whitson.

Future seminars will deal with:

- Jan. 30: "Amazing Avians: Birds are Everywhere!" by Evan Houston, biology professor.
- Feb. 6: "Life by the Drop: The Plankton of Puget Sound" by Woody Moses, biology professor.
- Feb. 13: "Understanding Suicide" by Bob Baugher, psychology professor.
- Feb. 20: "The Science of Being Sedentary" by Darin Smith, health professor.
- Feb. 27: "Big DATA" by Amelia Phillips, computer science professor.
- March 6: "Psychtrpics, Cognitive Functioning, and Academic Performance" by Paul Zarkowski, medicine professor.

It takes courage to exist in unfair world, Dyson says

By Nicole Martinson Staff Reporter

All Americans, but minorities in particular, need to "have the courage to exist" amidst a complicated world that is not always fair, a noted race and social justice scholar told an overflow crowd at Tukwila's Foster High School auditorium last week.

The Rev. Michael Eric Dyson, a best-selling author, social commentator, professor of sociology at Georgetown University, MSNBC political analyst, and Baptist minister, spoke in conjunction with the community's Martin Luther King Jr. Day observation.

Various incidents in the last year across America have sparked debates about social justice and race. Conflict over white police officers in black communities has come to the fore as a result of several high-profile deaths.

Dr. Dyson used pregnancy as a metaphor for the development of youth: the womb represents the community they grow up in and minorities grow up in a world that is prejudiced and unfair. The community in which they live should be embracing, he said.

He said the community's education system should be a welcoming place that teaches acceptance and equality.

He said teachers should be there for students as support in schools filled with possibility.

But blacks are automatically subjected to racism, Dr. Dyson said.

"[You've] already been charged before you show up...



Dr. Dyson

preconception of your body based on someone else's preju-

dice... [blacks] play a role [they] didn't audition for," he said.

The education of ignorant bigots also starts in the womb of school, Dyson said. He included racism, homophobia, sexism and (physical/emotional) abuse among those views learned in school.

He said police are raised in the same womb as everyone else. They reflect the education of their communities.

Dr. Dyson went on to explain that teenagers have more pressure on them than adults think, and often are dealing with adult problems from a young age.

The younger generation is often criticized.

"People end up comparing the best of the past to the worst of the present," he said.

Judgments should be based on where people want to go, not where they are now, Dr. Dyson said.

Dr. Dyson finished his speech by speaking about interracial relationships.

Marriage between black and white people was only finally legalized nationally in 1967 by a Supreme Court decision that outlawed anti-miscegenation laws, which had been used to enforce racial hierarchy and define racial identity.

He said the anti-miscege-

nation laws fed the theory that bi-racial peoples' existence "goes directly against the pureness of white... dirtying the pool."

During the concluding question and answer session, Dr. Dyson addressed the situation in Ferguson, MO. where an unarmed black man was shot last August by a white police officer.

He talked about how blacks are "demonized as thugs" and "blacks hate being black — this is problematic," he said.

The white police officer's choice of words for his victim, using such descriptions as "demon" and "it" — shows true feeling behind intent.

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Attorney General wants to raise smoking age to 21

By Derrick Nunnally **Associated Press**

OLYMPIA, Wash. — Washington state would become the first in the country to ban tobacco for everyone under age 21 under a plan announced Wednesday by Attorney General Bob Ferguson.

Ferguson and lawmakers from the state House and Senate said bills to raise the state's smoking age from 18 to match the legal ages for consuming alcohol and marijuana were inspired by the effectiveness of smoking bans in several cities nationwide. The first city to do so, Needham, Massachusetts, in 2005, saw a drop of more than 50 percent in its highschool smoking rate by 2012, Ferguson said.

Dozens of cities and counties have followed suit, including New York City, Suffolk County on Long Island, New York, and Hawaii County, which encompasses the "Big Island" of its state. However, bills to make the smoking age 21 failed in the last two years in New Jersey, Utah and Colo-

Four states — Utah, New Jersey, Alabama and Alaska and Washington, D.C., require tobacco users to be 19 or older.

Officials in Washington



Attorney General Bob Ferguson

state cited several studies showing most adult smokers started as teenagers as justification for the change.

"For me, it's really about helping these kids not have a lifetime of addiction, because that's what they face," said Rep. Tina Orwall, D-Des Moines, the lead House sponsor of the bill in that chamber.

The House version of Ferguson's bill has been referred to the Health Care and Wellness Committee, which is chaired by Rep. Eileen Cody, D-West Seattle, a co-sponsor of the bill. State Sen. Mark Miloscia, R-Federal Way, lead sponsor of an identical Senate bill, said he expects a tough, possibly multi-year fight getting the change through the Capitol.

"This is the start of a conver-

sation," Miloscia said.

If the change passed, it would cost state government an estimated \$20 million a year in tobacco-tax revenues, Ferguson said. Since tobacco's health effects are largely longterm, any savings to the state's healthcare system from reducing the number of people who take up smoking would take decades to add up. State government spends a fluctuating amount of money each year to fight tobacco use, particularly among teenagers, from tens of millions of dollars when the national tobacco lawsuits of the 1990s flowed into state coffers to no money at all in 2011 after recession-era shortfalls cut available funds.

Last year, the state spent \$3 million on the cause, which is \$40 million short of what a Centers for Disease Control and Prevention study recommended for an adequate effort, state Secretary of Health John Wiesman said.

"We obviously don't have that money," Wiesman said, calling the proposal a "fiscally conservative approach to that

An Olympia lobbyist for the Altria Group, a multinational tobacco company, referred calls to a Virginia office that could not be reached Wednesday evening.

Judge

continued from page 1

In order to give a defendant their due process, courts are required to provide translators for those who require it, usually over speakerphone, which are not known for their good audio quality. As a result of that poor audio quality, cases must be broken up into disjointed, often repeated statements so the translator and the petitioner can hear one another.

With Judge Alicea-Galván presiding, there is no need for the court to hire a translator for cases with a Spanish speaker, which reduces administrative costs.

Judge Alicea-Galván said that any financial benefits are far outweighed by the personal benefits.

"Beyond the fringe-benefit of saving money is the benefit to the individual who's able to communicate directly with the court instead of having this medium [translators] through which they communicate," said Judge Alicea-Galván.

Judge Alicea-Galván's last day presiding over the Des Moines Municipal Court will be Jan. 30. After which she will be moving to the Regional Justice Center in Kent as a Superior Court judge.

Judge Alicea-Galván was selected to fill Judge Gregory Canova's position on the bench. She was appointed directly by Governor Inslee's office, a process that involves extensive vetting by both local bar associations and the

governor's office itself.

Upon assuming her new Superior Court position, Judge Alicea-Galván will be required to run for election for the last year of Judge Canova's unexpired term in November 2015. This means that she will also have to run the following year, November 2016, to be elected into her own four-year term.

Having been through running for election in 2013, as Municipal Court judge had been a non-elected position previously, Judge Alicea-Galván said she feels good about running again, despite the prospect of running county-wide instead of just in the city of Des Moines.

Judges have very specific rules when it comes to running for a position.

Running to be a judge is a little different than running for another position. It has the normal prospect of expiring terms and being elected by the people except with the intention of being free of the partisanship and bias of regular politics.

"Judges cannot raise money [themselves], they actually have to rely, if you will, on the kindness of strangers," said Judge Alicea-Galván. "We are also not supposed to know who gives us money, in order to avoid any potential conflicts [of interest]."

"[It] can be a very difficult tightrope to walk," Judge Alicea-Galván said.

Judge Alicea-Galván said she is looking forward to presiding over a wider variety of cases in the superior court, but will miss the small one-courtroom courthouse in Des Moines.

Panel

continued from page I

The panel itself was divided on the role of police.

Officer Kevin Stuckey, an African-American himself, said several times that he was there to hear and respect the opinions of others. Officer Stuckey said that he is trying to be a good person and a good officer by being involved in his community, and that he is trying to fix the white-skewed police system from the inside

Mara Willaford said that she was sure that there were people in Nazi Germany, the Taliban, and police departments in Apartheid Africa that tried to help their community and fix the system from the inside.

Officer Stuckey was extremely calm and collected, and acknowledged Willaford's opinion.

"I, we, have a lot of work to do," he said.

The importance of community involvement was emphasized in the meeting.

"What is the most effective way of keeping me and my community safe?" asked Mara Willaford.

"How can you effect change here, not just Ferguson?" asked Rev. Walden.

Dr. Nada Elia touched on

the fact that people of color are afraid to call the police, for fear of arrest or bodily harm.

"I feel safe, safer than I am at the [given] moment, without a police presence," said Dr. Elia.

Dr. Elia, whose family fled Palestine, said the Israeli police have taught her to avoid police authority. She said American police are taught using videos from the Israeli police, which she said was confirmed by a contact in the Seattle Police Department.

Rev. Walden preached control when interacting with police.

"Somebody has to de-escalate, because otherwise someone's going to jail, or worse, end up dead," said Rev. Walden.

Rev. Walden said race issues have been a problem since before the inception of the United States.

"Since the first boats arrived," said Rev. Walden referring to the African slave trade.

Rev. Walden said that despite standing on the shoulders of giants such as Martin Luther King Jr., Malcolm-X, Sojourner Truth and many others, race is still a serious problem in our country, and it is up to the young people of the day to try to find a solution.

The panelists said they were extremely pleased at the number of students who turned out to see them speak, and to ask questions on the topic.



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