Man wants you to know ‘truth’

Anthony Alton Parish visits local campuses to save students’ souls

By Agatha Pacheco  
Staff Reporter

Anthony Alton Parish is here to save you from the fiery wrath of hell.

Parish, 27, has been preaching the gospel at Highline and other local colleges for the past four years. Until recently he worked as a carpenter in the Carpenters Union but took time off to study the Bible more and preach the word of God.

"I’m just out here telling people how they can get eternal life," said Parish.

Parish spends hours at Highline and other colleges preaching in between class periods. Depending on the day, he could be at a college for two hours or even four.

"I try to make an appearance on different college campuses," he said.

"I go to Green River, Bellevue, South Puget Sound and on Thursday I go to Renton Tech," said Parish.

Parish said he prefers to preach at colleges for several reasons. He said that a lot the curriculum students are being taught contradicts the Gospel and that atheists are mostly college kids.

"It’s reality. Some people don’t believe in God," he said.

Parish said he likes coming to Highline.

Legislator targets college suicides

By Adam Horner
Staff Reporter

A local legislator believes that the Legislature can do more to prevent suicide among college students.

State Rep. Tina Orwall, D-Des Moines, said that, after several years working on suicide prevention for K-12 students, she wants to focus more on college students, and is sponsoring a bill to that effect.

"There are a lot of untold stories out there," said Rep. Orwall. "It’s tragic that students who have so much ahead of them [commit suicide]."

House Bill 1138 is would convene a task force to determine what key steps can be taken to improve access to mental health care and to improve suicide prevention. The bill is scheduled to be voted on in the House Committee on Higher Education on Friday.

According to the Washington state Department of Health, in 2012 and 2013, more than 200 young adults between the ages of 18 and 24 committed suicide. In the same two years, more than 1,000 youths of that age bracket were hospitalized with non-fatal self-inflicted wounds.

According to the same department, suicide is the second leading cause of death for individuals between the ages of 10 and 24, putting suicide rates in Washington higher than the national average. Suicide, both completed and attempted, is also rather expensive for the fami-
Frank says good-bye to Highline

By Jordan Mellott
Staff Reporter

Dana Franks wants to go home. The New Jersey native and more recently Highline librarian, got her chance on Jan. 30, when she retired after 30 years. A graduate of the University of Vermont, Franks was hired in 1985 after moving to Seattle the previous year. Advancement came quickly. After three months of working as a library technician, she was promoted to reference librarian. Franks never intended to stay in Seattle for more than a few years, but her plans changed after her parents also moved here.

MaST hosts meet and greet for Redondo

By Enrique J. Montoya Siordia
Staff Reporter

The need to rebuild the Redondo Boardwalk is being used as an opportunity to attempt to build communication between the City of Des Moines, its Redondo residents, and Highline College. The boardwalk was heavily damaged during a storm in late November that caused an estimated $1 million damage to the 7-mile long promenade.

Correction

The Jan. 15 issue of the Thunderword ran an article on library art exhibit that is currently running photographs of artist Misty Gag. The walrus photo was picked in the daily dozen pic for National Geographic website. The photo was a second runner-up for the magazine and was not printed. The exhibit runs until Feb. 28.

How to write a personal statement

Transfer Students

Learn how to make your application come “ALIVE” with some excellent writing and content tips. Attend this session and you will learn how to submit a winning personal essay with your future transfer admission applications.

Don’t Miss Out

There is no need to sign up.
Wednesday, February 11, 12:30 – 1:30 PM
Writing Center, Building 26, Room 319

By Christopher Crisostomo
Staff Reporter

Reports of crime on campus have risen since last week and one Public Safety official is attributing it to student awareness. Public Safety Supervisor Richard Noyer said he thinks it’s because students play a huge role in preventing crime on campus. “If the community is informed about the steps being taken, then crime is prevented,” he said.

Public Safety Director Jim Baylor has been emphasizing student awareness since his arrival on campus last year and has promoted the effort through postings and outreach. With fewer reports regarding criminal activity, Public Safety officers are concentrating on vehicle assistance, escorting people to their vehicles, securing buildings, and surveillance.

Taking a nap in the bathroom

A man was found sleeping in a restroom stall in Building 19, on Feb. 3. He said that he was not in the stall all night. He told the Public Safety officers that he was waiting for a bus and got cold so he went into the restroom waiting for a bus and got cold. While talking with Public Safety officers, he was complacent and showed documentation that he was compliant and showed Public Safety officers that he was taking a nap in the restroom stall. While talking with Public Safety officers, he was complacent and showed documentation that he was compliant and showed Public Safety officers that he was taking a nap in the restroom stall.

Graffiti on traffic sign removed

Graffiti was found on the left turn only sign in the North parking lot, east of the left turn only sign in the North parking lot, east of the left turn only sign in the North parking lot, east of the left turn only sign in the North parking lot, east of the left turn only sign in the North parking lot.

Wallet stolen in library

A student’s wallet was stolen from the Library, on Jan. 28. When the student realized the theft she immediately notified Public Safety.

Frank was compliant and showed Public Safety officers that he was taking a nap in the restroom stall. While talking with Public Safety officers, he was complacent and showed documentation that he was compliant and showed Public Safety officers that he was taking a nap in the restroom stall.

Traveling to another city, Franks said she is really going to be missing connecting with students every day. “My interactions with students has always been the most important thing about my job,” said Dana, “especially the one-on-one interactions. I learn as much from students as they can from me.” She may be going back to the East Coast, but she’s enjoyed it here out west. Franks said one of her favorite things about Highline is her office, which overlooks Puget Sound. She enjoys “looking out my office watching the sunset over the Sound.” Along with students and her office, Franks said she is also going to miss her co-workers. “Dana is always willing to go the extra mile for students,” said Karen Fernandez, a fellow reference librarian who has worked with Franks more than 15 years. “She’s a really kind and caring person and there’s gonna be a hole in our department when she leaves.” Franks said that she hopes Highline continues to be the friendly and supportive place that it has been for her over the last 30 years.

She will miss Highline and the college atmosphere, but the East Coast and the chance to be with classmates is irresistible.
Highline Des Moines campus turns 50

By Tanner Post
Staff Reporter

Fifty years ago last month, Highline College took up residency at its current location. Unlike the 50th anniversary of the institution itself in 2011, the event passed with little fanfare.

“Highline was established in 1961, so our official 50th anniversary was in 2011,” said Vice President for Institutional Advancement Dr. Lisa Skari.

“We spent our first three years operating out of the former Glacier High School in the Highline School District.”

Originally named Highline College, the institution was built as part of the Highline School District but eventually transitioned into the state’s new community college system and added the word community to its name.

It was only last July that the college once again dropped the word community from its name to reflect the fact that it now offers four-year degrees.

From the start, Highline was devoted to serving the needs of the southwest King County communities, by providing educational opportunities that can lead to a diverse experience along with career advancement.

Highline has changed over the past 50 years, including the addition of new buildings, fields of study, technologies and the elimination of several of its vocational programs.

When the college was relocated in 1965, the first buildings were buildings 1-10.

Some of the functions of those original structures have changed. Building 6, for example, once housed the Library and later the Bookstore.

Building 8 has been replaced with the more modern Student Union and Building 6 is now devoted to the registration functions that were originally located in Building 1.

Until two years ago, Building 1 was the campus administration building, but those functions are now in Building 99 on Pacific Highway South as Building 1 awaits renovation.

Later campus expansions included first the additions of buildings 11-19 and then buildings 21-30.

Building 29, known as the Higher Education Center, was built after demolition of the former swimming center. Building 20, a faculty office building, was demolished and not replaced.

Along the way, Building 0 was constructed to house childcare services and is now leased for that purpose to Children’s Home Society of Washington as the Early Learning Center at Highline.

Dr. Skari said she is not aware of any special ways the 50th relocation anniversary is being celebrated.

Last month, Highline celebrated 50 years at its current location. Highline opened its campus doors in Des Moines in January 1965.

First Latino Summit features full schedule

By Cinthia Velez-Regaldo
Staff Reporter

Highline will host its first Latino Summit next week, targeting local high school students as well as current students.

“The Latino Summit was created to empower and motivate our Latino youth to excel in academics and social achievement, much like the success we have seen with the Black and Brown Male Summit, Young Educated Leading Ladies and the Southeast Asian/Asian American Access in Education Coalition,” said Dr. Lisa Skari, vice president for Institutional Advancement.

The summit will have multiple sessions, including speakers, panels and workshops for those who attend.

The two days will feature many Latino and Latina presenters, who will share stories of their struggles and successes.

The sessions will include “A Look at Sexual Orientation as an Identity in Latino Community,” presented by Career Development Manager Josh Magallanes of Human Services; “Change Our Future,” with political science instructor Dr. Benjamin Gonzalez; and “Being a Foreigner in the Classroom: How to Overcome It,” presented by Elizabeth Rangel, program assistant, Outreach.

Dr. Skari said she hopes the summit will encourage more Latino students to attend Highline.

“We expect the Latino Summit to expand Highline’s efforts to attract, enroll and support Latino students through understanding their needs and removing barriers they face,” she said.

The Latino Summit will be Feb. 10-11 from 9:30 a.m. to 2 p.m. in Building 2 and the Student Union Mt. Constance room.

Students will collect clothing for the homeless

By Agatha Pacheco
Staff Reporter

A group of Highline students will be clothing the homeless with your help this month.

A clothing drive that has been in the works for a month will take place Feb. 12 in Building 8 on the first floor from 10 a.m. to 3 p.m.

There will be an information table today on the first floor and donations will also be accepted.

Originally solely a women’s clothing drive, the group decided to expand on their efforts and include men too.

It was first focused on women but was changed to both genders because the shelters serve both male and female patrons. It didn’t make sense to focus it on only women, organizers of the event said.

Two homeless shelters, Mary’s Place and Hospitality House, will benefit from the event. The students will be distributing the clothes at the shelters.

Just this year, The Seattle/King County Coalition counted 9,294 homeless people.

“There are a lot of people in the community who have needs,” said Anna Stepczuk, a student organizer.

“If I was in that situation I would really appreciate the fact that people are willing to give me that, some hope,” she said.

Organizers said that any donations are good but that they mostly would like to see winter clothes.

“Anything that is warm. Jackets, sweaters, scarves, hats and pants,” said Apollonia Hall, another student who is helping organize the event.

“Just ask yourself; what would you be most comfortable in this weather?” she said.

The organizers said they encourage everyone to come by and donate some old clothes.

They said everyone should donate because many people act like the homeless are not important and get themselves in the situation by doing bad things, but the homeless are also human.

The community needs to help them get back on their feet.

‘Islamophobia’ paints all Muslims the same

By Pa’ana James
Staff Reporter

The news media and social media misinterpretations of the Middle East crisis are responsible for much of the Islamophobia in the United States, a Highline professor said recently during a Martin Luther King Jr. Week seminar.

Oussama Alkhalili, the Business Information Technology coordinator, described Islamophobia as the exaggeration of fear toward Islam and Muslims caused by stereotypes and uneducated statements made in news and social media.

Alkhalili said statements such as “Not all Muslims are terrorists but all terrorists are Muslims” made by Fox News are an example of incorrect statements by the media.

Islam is a peaceful, liberal religion that treats all creatures as equals, Alkhalili said. He said that terrorism has no place in Islam and is strictly forbidden in the Quran.

Throughout history in the Middle East there have been terrorist groups, as early as the 930s, but the media only chooses to talk about Muslim terrorists. There are terrorist groups all around the world, but somehow only Muslim terrorism is discussed in the news, he said.

The media shows the lost lives of a few white people at the hand of Muslim terrorist groups, but doesn’t often show the thousands of Muslim lives that are being taken daily by Islamic State in Iraq and Syria forces.

ISIS controls Iraq’s oil and gas infrastructure. This created a war over resources. Since ISIS has control of the resources in the Middle East, countries such as Russia trade resources and, in turn, fund ISIS, Alkhalili said.

Because of this, Syria, Iraq and Pakistan have been the most affected by ISIS. Thousands of Muslims have died at the hands of ISIS forces.

A recording of Alkhalili’s presentation can be found on his Facebook page.

Highline College photo

February 5, 2015 | Highline College | Campus Life
Raise the smoking age

Smoking is wrong in general, but definitely for anyone younger than 21.
Washington might be the first state in the U.S. to raise the smoking age to 21.
There is a bill before the Legislature sponsored by Tina Orwell, D-Des Moines, that would change the law to prohibit anyone younger than 21 from being able to buy or sell cigarettes.
Raising the smoking age to 21 would not only benefit for young people, but for everyone.
Smoking is damaging to one’s health, especially to those younger than 21.
It can lead to lung cancer, various skin diseases and dental problems.
Is a cigarette worth all of that?
Currently you can purchase and smoke cigarettes legally at age 18. Plenty of kids who are younger than 18 smoke, but they can’t buy cigarettes or get caught the police smoking them.
And just because they do smoke doesn’t make it OK. You are less likely to pick up smoking after the age 21 than when you are 18.
Kids smoke to be rebellious, to fit in, or because someone who is in their life smokes.
They think it makes them cool but instead just look young and misguided.
The stuff young people do to fit in can be dangerous and smoking is one of them.
Smoking, drinking, drugs and dangerous behavior are all harmful to your well being, no matter what age.
Raising the age to smoke won’t ensure kids younger than 21 or even younger than 18 will not or stop smoking.
But if it discourages some those kids, then it was worth it.
Less smoking leads to fewer deaths. That is a good thing.
Not everyone will agree with this bill because they may feel it infringes on their freedom.
If they are grown and want to smoke they should be able to.
However you can’t really call yourself grown until you can rent a car by yourself.
You can’t rent a car until you’re 25.
So really at 21 you’re not fully-grown, but you’re more grown than 18, which is what counts.
Many kids who are 18 will buy cigarettes for kids who are under 18, which is another problem.
You are less likely to buy minors cigarettes after the age of 21.
And smoking doesn’t just affect the smoker, it affects hem and anyone they have around them when they smoke.
Second hand smoking happens to many people because people don’t think about others when there smoking.
And second hand smoking causes health problems even if they don’t smoke themselves.
According to the United States Centers for Disease Control and Prevention, a government agency, “Tobacco use is the single most preventable cause of disease, disability, and death in the United States. Each year, an estimated 443,000 people die prematurely from smoking or exposure to secondhand smoke, and another 8.6 million live with a serious illness caused by smoking.”
Can we not learn from those who have already suffered this? I support everyone’s right to smoke, but you can’t say not to caching anymore.
One of the reasons they were going to make their cigarettes illegal was because they were necessary.
What she kept saying is that they were going to make their voices heard.
That is all well and good.
I support everyone’s right to speak, rally and protest as they see fit.
That being said it shows a problem.
What good is rallying against something you think is a problem without providing solutions.
It is not enough to just say makes this mistake.
In your editorial on tuition you say not to raise tuition.
You make a good case as to why it would be a bad thing.
What you do not do is say here is how we would do it. It is too easy to say to a legislator to this and do it now.
Take time.
Come up with solutions.
Make suggestions.
What would you do if you were a representative or a senator?
Would you raise taxes? Maybe cut somewhere else.
It is easy to complain about a problem.
But complainers really do not get anything done.
Fighters get things done.
Fighters do not say what the problem is, fighters fix the problem.
Matthew Renner is a student at Highline College.
Letters to the Thunderword are welcome.

Mathew Renner
Commentary

Don’t say no without providing an alternative

I was looking at a flyer for an upcoming rally to take place in Olympia. An organizer approached me and asked if I wanted to attend.
I said that I was not planning to attend.
I do not agree that the raises in tuition are a bad thing.
I support everyone’s right to speak, rally and protest as they see fit.
That being said it shows a problem.
What good is rallying against something you think is a problem without providing solutions.
It is not enough to just say makes this mistake.
In your editorial on tuition you say not to raise tuition.
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Mathew Renner

Commentary

Don’t say no without providing an alternative
Run, dine, watch on Valentine’s Day

By Jordan Mellott
Staff Reporter

It’s always exciting to see how people react when I tell them I was on television. The awestruck look that sweeps across their face is possibly one of my favorite experiences. However, the mood always seems to shift when I’m asked the ever-present question, “How much money do you make for that episode?” Despite the fact that it’s generally considered rude to ask someone about their earnings, this question is especially difficult for actors due to the nature of their jobs. The most prominent reason is that most actors don’t really make that much money. According to an actor’s union webpage, the average union actor makes roughly $40,000 a year. And that average is including all of the rich celebs such as Ashton Kutcher and Jennifer Aniston. This is because unlike ordinary jobs, acting isn’t consistently. As an actor, you aren’t paid weekly, you are paid per job. So when you finish a gig, but being an actor isn’t a nine-to-five job, and gigs may come around less often than you think. That’s why many actors hire agents and managers to help them find more work opportunities. Unfortunately, their services do come with a price. Although it remains true that you should never have to pay your agent upfront, usually agents and managers will take a portion of your earnings as a stipend for their work. The exact amount may vary depending on the agreement settled upon, but generally an agent and manager will take approximately 10-15 percent of the performers earnings, each. This may seem like much, but after both take their share and taxes are deducted, there really isn’t much left for the performer. One way performers combat this is by joining the SAG-AFTRA unions. Union dues are an annual amount that every performer must pay to remain a member of the union. According to the SAG-AFTRA webpage, it costs $3,000 just to join the union in the first place. Then, base dues are $198 every year. In addition, work dues are calculated at 1.575 percent of covered earnings and are due every year, as well. Union dues aren’t the only big expense in a performer’s career. In fact, actors have to also figure in the cost of professional headshots, printing, acting classes and transportation, before they even audition for a job. Despite all of the money that actors must pour into their careers, many find that the payoff isn’t exactly what they thought it would be. “I landed my first job in the summer of 2011 when I was 13,” said working Los Angeles actress Alyson Don. “It was as a featured extra in a Jason Mraz music video and I remember thinking it was gonna be my time to get rich and famous.” According to the SAG-AFTRA website, union members must be paid a minimum of $148 a day for background and extra work. However, at the time, Don was not a union member. “I remember being upset because I walked away with $50, which wasn’t even enough to pay for the gas my mom had used to go to the shoot,” Don said. Sadly, this is a very common scenario for new actors. Many performers are faced with the financial struggles that these starving artists are faced with. And that’s why you should always tip your waiter. Kayla is always acting up.
Catch Kent’s next hit musical

By Jeff Rowden
Staff Reporter

Broadway’s Next Hit Musical comes to the Kent and is casting its audience as the stars.

Broadway’s Next Hit Musical brings an improvised theatrical awards show to an audience who helps write the music.

Cast members collect made-up songs from the audience for the cast to perform at The Phenix, a play off of the annual Tony Awards. The audience will vote on their favorite made-up musical number, and the cast will perform it at the end of the show.

Deb Rabbai, original cast member, co-creator, and co-artistic director of the musical has been a fan of improvisation and performance from the beginning.

“Every note, lyric, melody, rhyme and line of dialogue is improvised in front of the audience’s eyes during the performance,” said Rabbai. “When we say we are a fully improvised musical comedy awards show we really mean fully improvised.”

The music is also another completely improvised aspect of the show, making each night different.

“We don’t have pre-written songs that we’ve practiced, or pre-writes musicals that we pretend to create in front of the audience. We really create the songs, stories, lyrics and melodies for the first and only time on the stage in front of our audience,” said Rabbai.

Broadway’s Next Hit Musical will be coming to the Kent Performing Arts Center on Feb. 6.

Show the community your literary talents

By Kayla Dickson
Staff Reporter*

Put your creativity on display today at the Writing Center’s monthly open mic.

On the first Thursday of every month from 1:30 to 2:30 p.m., Highline’s Writing Center holds an open mic for members of the community to come and share their different forms of artwork with an audience.

“Generally, we prefer to see original work,” said Lynn Bayless, academic success center program assistant. “But if the person has an idea to interpret, then we immediately encourage that they didn’t create, they create it on the spot and see their work come to life,” Kaur said.

“We also allow for some comments on works, but never criticism,” program assistant Lynn Bayless said. “We always keep it uplifting and encouraging, never negative.”

The Writing Center’s open mic happens every first Thursday of the month at 1:30 p.m. in the Highline Writing Center. The Writing Center is located in Building 26, room 319i.

The next open mic will take place on March 5.

Summer theater takes a trip to the land of Dr. Seuss

By Jeff Rowden
Staff Reporter

Dr. Seuss’s characters will be singing and dancing on stage in a musical performance that brings his famous stories to life for audiences of all ages.

Manestage Theatre Company is putting on Seussical: The Musical at the Summer Performing Arts Center.

Seussical is a musical story that uses the children’s books of nationally acclaimed author Theodor Seuss Geisel, as he is most commonly known.

This story follows Horton the Elephant and Jojo’s journey to save the town of Who from destruction, while featuring cameos of many other Dr. Seuss’s children’s story characters, such as Gertrude McFuzz, the Grinch, Yertle the Turtle, and The Cat in the Hat, just to name a few.

Manestage is staging their production to be as colorful and technical, utilizing moving set pieces and even black lights for one musical number.

“We try our best with our limited budget to be as professional as possible,” said Brenda Henson, director of Seussical and Manestage Theatre Company founder.

Manestage is a family community theater company that started running in January of 2008, and Seussical opens as their 47th production.

“Everything we do is family oriented. We welcome pro actors to first timers and strive to keep a positive atmosphere,” said Henson, “because process is as important as the product.”

Seussical: The Musical will be showing at the Sumner Performing Arts Center at 707 W. Main St. in Sumner on Feb. 6 through Feb. 15 with 7 p.m. performances on Feb. 6, Feb. 7, Feb. 13, and Feb. 14. Matinee showings at 2 p.m. will be available on Feb. 7, Feb. 8, Feb. 14, and Feb. 15.

General admission tickets are $20, student and senior tickets are $16, and children ages 10 and under are $8. Tickets are available online at broadwaysnexthitmusical.com or in person on the evening of the show for $25 for general admission, $22 for seniors; and $15 for youth.

Kent-Meridian Performing Arts Center is at 12593 S.E. 296th St.

*Kayla Dickson is a high school student in the class of 2015.
Thunderbird men are fit to be tied

Highline, Clark, Lower Columbia battle for top spot in the west

By Charles Prater
Staff Reporter

After suffering a loss last Wednesday, the T-Birds are in a three-way tie for first place in the West Division.

Highline, 7-2 (15-6 overall), faced off against Clark, 7-2 (14-6 overall), on Jan. 28 to determine the owner of first place in the west.

The T-Birds came into the game riding a four-game win streak that was abruptly ended by a 95-73 loss to the Penguins.

Both teams played well in the first half, with the two teams taking advantage from the three-point range.

Highline knocked down seven threes and Clark hit six, with the first half score ending 43-41, in favor of the Penguins.

Clark shot 56 percent from the field and bettered that in the second half by shooting 66 percent.

Clark also went to the free throw line 25 times to help their point total, knocking down 19.

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Clark also went to the free throw line 25 times to help their point total, knocking down 19.

The T-Birds struggled to find rhythm in the second half, shooting only 36 percent from the field and going 1 out of 13 from the three-point line.

“We lost focus, lost confidence, and lost our vision on who we are supposed to be,” said Highline Head Coach Che Dawson.

“That goes for me as much as the players,” Leading scorer for the T-Birds was sophomore forward Ben Tucakovic, who scored 18 points and grabbed 12 rebounds.

Sophomore guard Maddison McCaffrey scored 17 points and sophomore guard Doug McDaniel netted 14 for Highline.

“Getting three technical fouls in the first five minutes of the second half really took the spirit of fighting back out of us a little,” said Co-Captain A.J. Banks.

“We played a little more timid in the second half then we did in the first half.”

I felt like we came out of halftime pretty strong and focused, but we kind of lost our heads getting caught up in the technical fouls,” said McCaffrey.

“After that, we kind of focused on outside things that didn’t contribute to the game like the coaches, refs, and the other players.”

The Penguins had three players with 18 or more points, with Bryan Berg leading the way with 24 points, followed by teammate Hayden Hall who scored 20 and Evan Garrison with 19 points.

The next game for Highline was Saturday against Pierce, 5-4 (9-12 overall).

The T-Birds got off to a slow start to begin the game, going 8 out of 26 from the field, but got back to their regular ways outscoring the Raiders in the second half by 16 points and beating them, 68-55.

The Thunderbirds were red hot in the second half, hitting 18 out of 24 field goals.

“We told ourselves at halftime to not settle with outside shots, get the ball inside more, and move the ball around,” said McCaffrey.

I’ve been struggling early on in the year, so getting a couple of good games under my belt is a confidence booster as a shooter,” he said.

“We had to change the tempo and attack their zone more. We stopped settling for threes in the second half,” said Coach Dawson.

McCaffrey led the way for Highline with 20 points. Both Tucakovic and McCaffrey scored 14 points, with McCaffrey hitting four out of eight threes in the game.

Sophomore guard Jimmy Keum stepped into the starting point guard role due to an ankle injury to Banks.

Keum scored six points and dished out seven assist for the T-Birds.

Tre Benton was the top scorer for the Raiders with 20 points and teammate Jamell Willey helped out with 12 points.

Even with the loss against Clark, Highline still has a chance to be No. 1 in the west.

With Clark losing against Green River, Highline is now in a three-way tie with Lower Columbia and Clark.

Lower Columbia, 7-2 (15-7 overall), played Highline Wednesday at 8 p.m., with results unavailable at press time.

The T-Birds previously played the Red Devils on the road and won, 87-64.

The Red Devils come in winners of four in a row, led by sophomore guard Michael Dupree, who is fourth in the league in scoring with 20 points a game.

Lower Columbia also is the third-ranked three-point shooting team, with 206 threes and hitting 40 percent from beyond the arc.

“We need to stay consistent on offense and defense. Every time the game starts, we have to be the aggressor,” said Banks.

“We just need to take one game at a time and not look down the road,” said McCaffrey.

“I believe, if we’re prepared, we should win each game.”

With the season winding down and the NWAC tournament coming up, every game is as important as the next one.

“We need to act, play, and prepare like the team we are supposed to be,” said Coach Dawson.

The next game after Lower Columbia is an away game for the T-Birds against Tacoma, Feb. 7 at 2 p.m. and then a night game at 8 p.m. Feb. 11 at Grays Harbor.

Andie Munkh-Erdene/THUNDERWORD
Highline’s Remoake Keith goes to the hoop last week against Clark.

McCaflrey.
Lady T-Birds extend streak to four

By Mikel Abraha
Staff Reporter

Highbline’s Justina Laney (center) looks for an open teammate to beat Clark’s zone defense.

Andie Munkh-Erdene/THUNDERWORD

Former Highline wrestler pins MMA career

By Xavier L. Henderson
Staff Reporter

Trevor Smith now competes on the UFC circuit.

MMA Junkie.com photo

If you were to see Trevor Smith outside of the ring, he’s one of the nicest and most likable people you’d ever meet. But if you were to meet him inside of the ring, he is wild, crazy, and, in his own words, “spicy.” Smith is a former Highline wrestler who is now competing in the Ultimate Fighting Championship.

Smith was an All American wrestler at 197 pounds in 2002 for Highline. After graduating he left to wrestle for Iowa State University, where he placed top four in the nation, then later joined the UFC.

“Trevor is a very personable guy, he’s very social being,” said Dahlberg.

“Trevor can be as good as he wants to be. He’s a breakthrough away from being a guy everyone will notice,” said coach, Eric Dahlberg.

Smith has signed a new four-fight deal with the UFC, and said he expects to win them all.
1. MOVIES: What was Luna Lovegood’s “patronus” in the Harry Potter movies?
2. FIRSTS: Who was the first surgeon to perform a heart transplant?
3. FOOD & DRINK: In what country did the drink sherry originate?
4. GEOGRAPHY: What is the basic currency of Botswana?
5. ASTRONOMY: Ganymede is a moon of which planet in our solar system?
6. CHEMISTRY: What is the common use for the drug diphenhydramine hydrochloride?
7. HISTORY: Who was the second wife of Henry VIII of England?
8. MYTHOLOGY: Who was the Roman god of fire?
9. TELEVISION: What was the last name of neighbors Ethel and Fred on the “I Love Lucy” show?
10. GENERAL KNOWLEDGE: In what century was tea introduced to Europe?

Answers:
1. A hare
2. Dr. Christiaan Barnard, 1967
3. Spain
4. The pula
5. Jupiter
6. Antihistamine to treat allergies
7. Anne Boleyn
8. Vulcan
9. Mertz
10. Early 17th century

ARIES (March 21 to April 19)
All that flattery and fawning shouldn’t affect any decision you have to make. Keep your focus on the facts and ignore all the hyperbole, especially if it gets uncomfortably personal.

TAURUS (April 20 to May 20)
Your Bovine instincts are on the mark about that “favor” you’re being asked to do. Agree to nothing unless you get a full explanation -- which you would check out first, of course.

GEMINI (May 21 to June 20)
A somewhat unsettled recent period should give way to a smoother time going through the week. Use this quieter time to catch up on matters you might have had to let slide.

CANCER (June 21 to July 22)
Feeling a little confused is understandable with all those mixed messages. Take time to list the questions you might have had to let slide.

LEO (July 23 to August 22)
Cupid can be very helpful for Lions seeking a love connection. The chubby cherub also brings warm and fuzzy feelings to paired Leos and Leonas who already share a special

SCORPIO (October 23 to November 21)
Getting a boost in your self-esteem is one benefit that comes with a job well done. There are other pluses as well, including being noticed by all the right people.

SAGITTARIUS (November 22 to December 21)
Make time to deal with family matters, especially where they concern your elderly kinfolk. Being there for the butterflies from the start can help resolve problems sooner rather than later.

CAPRICORN (December 22 to January 19)
Getting a project started can often be difficult. But the good news is that you won’t want for lack of assistance from colleagues who would like to work with you. So, let them!

AQUARIUS (January 20 to February 18)
A lot of work-related issues might be raised this week, and you need to be prepared for whatever comes along. Things should be easier when it comes to matters in your private life.

PISCES (February 19 to March 20)
What might appear to be a very much unwanted change in your life right now could turn out to be a very welcome event after all. Give yourself a chance to see where it might take you.

BORN THIS WEEK: You exercise your strong leadership qualities well, which is why people believe in you and feel reassured by you.
Students learn that beauty is worldwide

By Nasri Isaac
Staff Reporter

Beauty is interpreted differently in every culture and is influenced by environment, family and religious beliefs, students learned at an Inter-Cultural Center event last week.

“For example, Germa- ny spends more money on make-up than other Euro- pean countries. The average woman spends $15,000 on make-up throughout her life,” said Jasmin Bravo, a facili- tator of the event.

“That’s more than my tu- ition here at Highline,” Isha Ahmed said. “It’s crazy to spend all that on something that isn’t even permanent.”

In Mauritania, people consider being over weight a sign of beauty, Bravo said.

“The bigger you are the more beautiful you are seen!” Elizabeth Mah said.

“It’s the same in my cul- ture,” Samy Halas said. “Ni- gerians love bigger women. Have you guys seen the movie Phat?”

“When a long neck and straight hair is considered beautiful in my culture,” said Ahmed, a Somali student.

The quest for beauty leads some people to extraordinary means such as plastic surgery.

Originally intended to help people with birth de- fects or disfigured from un- fortunate accidents, plastic surgery has evolved into a more cosmetic use.

“People with money started paying more and had the surgery. Paying more and had the surgery has evolved into a more cosmetic use,” Bravo said.

“People who are fortunate accidents, plastic surgeons fix them up,” Bravo said.

“For example, in Iran, re- structuring the nose, other- wise known as plastic rhinoplasty, is popular. The richer people in Iran get that surgery because having a narrower nose is considered beautiful,” Bravo said.

“It’s really crazy how beauty changes in every culture. That’s interesting,” Asa Isaac said.

Students watched a vid- eo titled Beauty Standards around The World. The video was about a cosmetician who sent a picture of herself around the world with the instruction “make me beautiful.” The re- sponses were noticeably dif- ferent. Every country had its version of beautiful.

“No matter what beauty means in your culture, every one was created beautiful,” Bravo said.

College plans Spanish tech class for spring

By Hayley Craddock
Staff Reporter

Despite an apparent high demand for workers who are fluent in Spanish, Highline’s latest effort to conduct some of its Business Technology classes in that language has hit a stum- bling block.

But it may just be a timing issue.

This quarter, BTECH courses were designed to prepare students for a variety of business- ness positions with the neces- sary knowledge and technical skills.

“There is a huge demand for Spanish-speakers in the business industry and in today’s society every job re- quires knowledge of how to work technology,” said Alma Meza, a BTECH instructor and Latina Outreach adviser at Highline.

Instruction is in Spanish, but all of the textbooks required for the course are written in En- glish.

She said the Spanish BTECH classes were offered at different hours this quarter to try to meet the needs of the students.

“We offered the course from 10 a.m. to noon because a lot of mothers who were students had no child care during school time,” Meza said.

That was the specific class that was canceled before the start of this quarter.

The class was also offered last quarter from 1 – 4 p.m. with 15 students registered and 6 – 8 p.m. with 22 students regis- tered.

For the future, Meza plans to offer the course from 1 – 4 p.m. Unfortunately even at that time, students often have to leave be- fore the class has ended in order to pick up their children from school.

Lack of adequate market- ing beforehand may have also played a role in the low en- rollment.

“There was not enough promotion,” Meza said. “The distribution of fliers wasn’t until late November, leaving Thanksgiving holiday and the month of December to pro- mote the course, which didn’t work well.”

She said that those months are often busy for people and it is a very short time to pro- mote.

Despite the cancellation, Meza said there have been successes.

One story she shared was of a family – a mother, her 20-year-old son and her 19-year-old daughter – who took the class at the same time.

“The mother worked as an accountant, giving her the experience of working in a fast-paced office setting with English speaking coworkers,” Meza said.

“The son had graduated from high school and didn’t know what to do next, and the daughter had recently dropped out of high school.”

Meza said it was interest- ing to see an example of three people, with three different levels of knowledge and skill, be extremely successful in the course.

“They pushed each other to do their homework and succeed in the course as a family,” she said.

Now, the mother is taking child development classes at Highline; the son is working and has a typing speed of 90 words per minute; and the daughter is now becoming a nurse.

For her part, Meza is not willing to let the cancellation deter her. BTECH in Spanish will be offered again during Spring Quarter.
Failing is not the end of the world, professor promises

By Renee Nelson
Staff Reporter

Choosing to be resilient will allow one to ‘follow through’ with their dreams even after setbacks such as failing a term of college, a Highline faculty member called Honors Colloquy last Wednesday.

Ellen Bremen, a communications instructor, shared her success story on how she was able to get to where she is today.

“When I was just 15, my parents divorced and it was messy,” Bremen said. “All I cared about was getting out of high school.”

She took courses that allowed her to graduate early.

“The summer before I turned 17, I went to the secretary for my diploma,” she said. “After graduating high school, Bremen said she needed to start working so she got a job at the circulation for a newspaper.

“I had no money and I was very irresponsible financially,” she said. “I did what I wanted, and it was totally mess.”

Bremen said she was encouraged by her father to get married at the age of 20.

“That husband wanted to have children right away, but I wanted to go to college,” she said. “I did what I wanted and I was a mistake getting married. I felt that I had shortchanged myself.”

Bremen and her husband agreed that she would go to school. However, three months into her marriage, her dad unexpectedly died from leukemia. She said he had been hiding his illness from her.

“My dad died during finals week, and I failed out,” she said. “I got divorced shortly afterward.”

With the money her father left her, Bremen bought a condo. She then started working as a medical transcriptionist and ended up with her own business.

“I knew now that wasn’t the life I was supposed to have,” she said. “I was super extra- verted, the work kept me in transit, but I did what I had to do.”

However, the College of Southern Nevada needed a speaker to talk to students about medical transcription. She got the job.

That’s when Bremen caught the teaching bug.

“When I was with the night classes, I knew I needed to change because I loved those kids,” she said.

She said she decided she would juggle teaching and go back to school, taking 20 credits at a time to get her masters to be able teach at the community college level. But her earlier academic failures came back to haunt her.

“Those F’s followed me,” she said. “I had to jump through hoops to get those off. It almost kept me out of grad school.”

During this time, Bremen was a member of Toastmasters, a club to improve one’s public speaking. When she needed to figure out her area of teaching, she said she knew to sign up for communications.

“I loved Toastmasters, and I loved public speaking,” she said. “When I made that choice, the universe opened up.”

Bremen has been teaching for 15 years, won three national awards, and wrote a book called “Say This, NOT That To Your Professor.”

“I had this dream to write a book,” she said. “I was writing it in and out. I did not stop. When you are in the game, do it every day.”

As for now, Bremen said she plans to take leave to update her book.

“Resilience is a choice,” she said. “I do think there is no way out but through.”

The next Honors Colloquy speaker is Susan Rich, a Highline writing instructor and published poet. It will be in Building 10, room 205 from 12:15 to 1:20 p.m. on Feb 11.

Transfer Students!
Interested in Public Health?

Come and find out what you need to have for admission to the UW Seattle Public Health major! An advisor from the UW School of Public Health will be here to give a presentation on the admissions requirements, including information about career opportunities in this fantastic field!

Tuesday, February 10
1:00 PM
Highline Transfer Center
Building 6, 1st floor, Room 164
The Volt is quite heavy, but its acceleration is a carnival ride," Lamb said when talking about test-driving another electric vehicle, the Tesla Model S. "You step on the gas and the speed immediately jumps, then gradually accelerates."

Lamb easily finds an open spot when he arrives on campus. "Two are always open when I arrive on campus. Last quarter there I saw one other vehicle in the other spot in the late afternoon" Lamb said.

Highline Public Safety Sgt. George Curtis said the college does not actively monitor how often the spots are used, but someone is always charging whenever he drives through the parking lot.

"I don't have an electric car, but plan on getting one," Sgt. Curtis said.

After hearing of other colleges installing charging stations, Highline obtained two Blink charging stations two years ago, according to ECOtality, an electric vehicle charging provider, said Barry Holldorf, director of Facilities and Operations.

"We approached us with a federal grant to help companies to install Blink stations. They would provide the stations, we supply the rest," Holldorf said.

The cost of the installation was $15,000 and the contract is a profit-sharing 50-50 split with a federal grant to help install two Blink charging stations, said Rep. Orwall, director of Facilities and Operations.

According to ECOtality, Blink charging stations are pre-paid cards, "The advantage of a Blink system is that people plug into private-use ports and recently has had to turn them off," said Curtis.

There are two other types of charging stations listed on Plugshare.com. These are residential and restricted use stations. Two residential charging stations are on South 288th Street and one restricted use charging station is at the Hampton Inn Seattle Airport Hotel off of International Boulevard in SeaTac.

Washington, California and Hawaii are the states with the highest electric car usage, having more than three electric cars per 1,000 registered vehicles in 2012, according to the U.S. Energy Information Administration.

Washington has some of the most affordable electricity in the country, in large part because hydroelectric power accounts for over two thirds of its electricity production," according to the Institute of Energy Research.

"The cost on average for an electric eGallon is $0.88, while regular gasoline costs on average $2.81, according to energy.gov. This is due to Washington's heavy production of hydroelectric power."

"Hydroelectric power generates 70.7 percent of the state's electricity, according to the Institute for Energy Research."

"Puget Sound Energy, which supplies power in much of South King County, generated 41 percent of its power via hydroelectric sources in 2013. An additional 7 percent came from wind sources," said Orwall.

"Gov. Jay Inslee recently proposed an extension of the sales tax exemption for electric vehicles, set to expire this summer."

"I've made the advancement of electric vehicles a top priority," said Gov. Inslee at the fifth annual Washington Future Energy Conference in November.

"My administration has been bold in addressing energy crunch," said Inslee. "I've pushed for fast-charging stations that enable some electric car models to receive an 80 percent charge in less than 30 minutes in hopes to boost the number of plug-in cars owned by urban drivers who cannot conveniently charge their vehicle at home."

"With nearly 10,000 of these vehicles now registered in our state, we are one of the national leaders in market share, and we ought to be proud of that," Gov. Inslee said.

"If Gov. Inslee's efforts to encourage electric car use are successful, Professor Lamb may end up getting zapped when looking for a parking space, just like the rest of Highline commuters."

The average cost for each completed suicide for young people between the ages of 10 and 24 is $5,000 in medical expenses. The average cost for each non-fatal suicide attempt that results in hospitalization is about $11,000 in work loss and $9,000 in medical expenses.

Rep. Orwall said that the problem of suicide among college students hasn't as much attention as K-12 students, and that they need as much, if not more help, due to the presence of United States military veterans in college.

According to the National Center for Veterans Studies at the University of Utah, close to half of all college students who are military veterans have had thoughts of suicide. Of that group, nearly 8 percent have said that they have attempted suicide, as opposed to slightly over one percent of other college students.

The task force itself will be put together by Forefront: Innovations in Suicide Prevention. The organization, which is based out of the University of Washington, specializes in suicide awareness and prevention, and has partnered with and endorsed Rep. Orwall's endeavor to sponsor bills pertaining to mental health.

"According to the bill, representatives from various agencies will join the taskforce, including the state Board for Community and Technical Colleges, the Independent Colleges of Washington, the Northwest Career Colleges Federation, and the Washington departments of Health, Veterans Affairs, and Social and Health Services."

Rep. Orwall also said she anticipates heavy involvement from campuses throughout the state, as students, counselors, and administrators will be invited to be members of the task force.

"She said she wants to see what steps in particular would have an impact on the statistics, be it more training for campus staff, counselors, and students themselves."

"Though you'll see in there, there is already bipartisan support, Rep. Orwall said."

In 2012, Rep. Orwall sponsored a bill mandating increased suicide prevention training for medical professionals, which passed overwhelmingly in the House and Senate.

"Rep. Orwall said she estimates the cost of the task force program at $70,000."