the THUNDERWORD

Highline College | February 12, 2015 | Volume 52, Issue 16

Stereotyping must end Latin@Summit, speaker tells audience

By Jordan Mellott Staff Reporter

It only takes five minutes for people to prejudge Latinos and stereotype them, a Highline educator said at one of the sessions at Highline's inaugural Latin@ Summit.

One objective of the summit was to teach Latinos how to break that cycle.

The Latin@ Summit is an effort to engage more students from the Latino community.

Susie Chavez, program assistant in the TRiO program at Highline, spoke during the "Five Minutes or Less" session about how to

For more Latin@ Summit, see pages 2, 12.

approach and overcome the stereotypes that people attach to Latinos on Tuesday. The session attracted Latino members of all ages from the community.

Chavez had everyone at the session draw themselves using only brown crayons. When people shared their drawings, they described their distinctive physical traits

Some people were known for their curly hair, others by the way they dress. Still others by their baldness or having a round face.

"I am more than just the color brown," said Chavez. She said that many people may see Latinos as just being brown, but everyone is much more than that.

Stereotyping is a lazy way

See Latino, page 12

Dying man wants to stop abortions

By Jeff Rowden

Staff Reporter

Facing his own mortality, John English walks the streets around Highline decrying death — not his own, but those of fetuses.

English is on a mission to make the public aware of the violence of abortion.

His tactics, though, are not always well received.

English has recently been diagnosed with amyotrophic lateral sclerosis, also known as Lou Gehrig's disease. It is a terminal illness affecting the brain and spinal cord resulting in involuntary muscle movement.

"I have five to 10 years left," said English. "When you look death in the eye, you have to ask yourself: How do I want to spend my time? I give back."

In the mornings on the way to campus, if you travel on Pacific Highway South and take the turn on South 240th Street, you may have seen English or his friend and colleague, Laura Burt, "giving back."

They are advocating their



Cinthia Velez-Regalado/ THUNDERWORD

John English is terminal with Lou Gehrig's disease and said he wants to save babies before his time comes.

anti-abortion beliefs with graphic signs of aborted fetuses and bloody limbs.

They stand on public street corners with signs meant to show what abortion looks like.

"It's meant to get the conversation going and getting people talking," Burt said.

People are talking, but the discussion is usually heated.

One of their signs wields the

slogan, "Don't hate the messenger, hate the violence."

"We are here to make people

See Abortion, page 12

Students join forces for higher education

By Adam Horner Staff Reporter

OLYMPIA — Highline students gathered with several hundred other college students at the Washington state Capitol in Olympia, attempting to reach lawmakers with messages of lower tuition and more state funding for higher education.

Numerous local colleges, such as Renton Technical and North Seattle College, attended the rally, which was organized by the Washington Community and Technical College Student Association.

For a period of one hour on Feb. 5, the normally sedate capitol building was comparable to a pep rally, with college students chanting, clapping, waving posters, shouting and otherwise trying making themselves heard.



Adam Horner/ THUNDERWORD

Students gather in the state Capitol rotunda to rally for lower tuition.

The chants of the students, such as "400,000 students say, remember us on budget day," echoed through the building.

State Rep. Zack Hudgins, D-Tukwila, said that there are rallies almost every day in the capitol, and though they do hear the chanting, legislators are often left wondering about the exact agenda of the assembled group.

Several state lawmakers showed up at the rally to pledge

support to higher education, including Rep. Hans Zeiger, R-Puyallup and Sen. Barbara Bailey, R-Oak Harbor.

Rep. Zeiger is the ranking member of the House Higher Education Committee. Rep. Bailey is the chairwoman of that committee.

"I want you to promise me that you'll work very hard to get through school," Rep. Bailey said after citing her own late start to higher education.

She said that legislators had been working very hard to make sure that students were not so deep in debt when they graduate.

State Rep. Linda Kochmar, R-Federal Way, Sen. Joe Fain, R-Auburn, and Rep. Hudgins opened their offices and each

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Teatro ZinZanni looks for 'Hot Spot' in new big-tent show



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Highline students talk about their best and worst Valentines



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Men's basketball wins twice to take sole possession of first





If snow shall fall, all alerts ready

By Christopher Crisostomo

Staff Reporter

It appears the threat of a substantial snowfall that could close campus this month is nominal, but if the snow gods get angry, Highline's Public Safety department has instituted new procedures to alert students, staff and faculty.

HC Alerts is a system that notifies the campus community concerning emergencies via text and email. Just recently, the alerts have been set up to also appear on Twitter and Facebook.

Using the elaunch system, Public Safety officials can edit messages regarding emergencies on campus. The emergencies covered include severe weather, evacuation, lock down and shelter-inplace. When such incidents occur, Public Safety sends out messages using the HC Alerts, classroom computers, staff and faculty telephones, and external speakers around campus.

When messages are sent out via loudspeakers, a monotone voice will sound the warning. This same message will be sent out to everyone in the system via text, email, or social media. The alert also pops up on all computers on campus, along with the electronic message boards in buildings 6 and 99.

Anyone can sign up for these alert messages on the Highline website. If any faculty, staff or students are interested in receiving these alerts, they can sign up at: https://hcctextalerts.highline.edu/index.php

Graffiti spotted in restroom

Graffiti was found on Feb. 5 on the full-body mirror in the women's restroom in Building 3. Within 24 hours the paint was removed. Public Safety Supervisor Richard Noyer said the incident appears to be unrelated to the previous recent taggings around campus.

Summit speaker teaches responsibility

By Adam Horner

Staff Reporter

With increasingly schedules, students have to make time management a top priority, said a Latin@ Summit presenter Wednesday.

Joe Aguilar, an academic adviser at Highline for Running Start students, addressed an assembly of mostly Latino middle school, high school and college students in the Mt. Constance room.

The Latin@ Summit is an effort by Highline to engage more students from the Latino community.

Aguilar posed a question to the students.

"What does it take to get through school while having crazy schedules?"

Several students responded, calling out effort, focus and consistency.

"Time management," Aguilar replied.

Aguilar played a video to help break down the concept of a finite amount of time.

According to the video, time is a bank that credits everyone's account \$86,400 each day, but empties at midnight. You must use the money while you can, or you lose it.



Cinthia Velez Regalado/THUNDERWORD

Joe Aguilar discussed hectic schedules with students at a Latin@

There are 84,600 seconds in one day, and much like the analogy, you either use the time or

To further demonstrate this fact, Aguilar used an on-line chart where users could plug in the duration of their daily activities that would show how much time they have free in a 24-hour

After plugging in the necessities, like sleeping, classes, eating, and personal grooming, Aguilar had 10 hours open for miscellaneous activities. This included studying and down-

"When we manage our time, it's crazy how much we actually have [free]," said Aguilar.

Moving on to the concept of having goals, Aguilar asked how many students had been told that their goals are impossible.

Quite a few hands were raised.

Aguilar broke down the word impossible into "I-M POSSIBLE."

He told the students about his time at Washington State University.

Aguilar was halfway through his bachelor's degree when he had a son, who he said was a blessing.

He said he had to work hard to support both himself and his newborn son. Between working part time, classes, studying, and caring for his son in the evenings, he was strapped for

Aguilar said that he was often asked if he wanted to take time off of school, or drop out altogether, but he always said

"We have the lowest completion rate in both high school and higher education," Aguilar said of Latinos. "We're going to change these statistics."

For Aguilar, that meant getting an education for the benefit

"I needed to set that foundation [my education], so that he can be successful," said Agui-

Aguilar said came up with ways to effectively manage his time in college. He prioritized his assignments, made deadlines and short-term goals, and made daily to-do lists. He also made it a point to utilize free time to study, particularly time while traveling by car or bus.

He also emphasized the importance of finding a dedicated study zone. During his time at WSU, the library was his place of study.

"I still use these [methods] even though I am done with school," said Aguilar.



Buy a treat to support students

Women's Programs is hosting a bake sale today, Feb. 12, from 10 a.m. to 1 p.m. in Building 8, second floor.

The bake sale is titled "Have A Heart Bake Sale". All proceeds made from the sale will go to Highline Students Emergency Funding, which helps students to continue their education through Highline.

The funding helps students pay their bills and class fees.

New class about women to start

For Spring Quarter, a new class called DGS 210: Women and Society will be available for students to take.

The class fulfills both diversity and globalism, and social studies requirements. It is scheduled to meet Tuesday and Thursdays from 1:30 to 3:50 p.m.

The course will discuss women's rights, self-esteem issues and body images, and global issues.

For more information, contact Rosemary Adang at radang@ highline.edu.

Improve grades at boot camp

Phi Theta Kappa is hosting an Academic Boot Camp event on Feb. 18, from 10 a.m. to 1 p.m., in Building 8, in the Mt. Constance room.

The event is designed to help students excel in their classes. Honors students will be giving seminars to help students develop skills and achieve their goals.

Anyone who attends each seminar will be eligible for a chance to win a \$50 gift card to the Highline bookstore.

Get a career boost at seminar

Alumni Relations is hosting a Career Connections event on Feb. 24, from 5 to 7 p.m., in Building 2.

Former Highline student Stephanie Falls, who is working at Filter Digital, will be teaching students about employment opportunities at Filter Digital and how to get into a technology-based career. She will talk to students about the current job-market and tips to get the perfect job.

Filter Digital is a Seattle-based business that works with individuals to help them advance their career.

Watch a fun flick at movie event

The Inter-Cultural Center is presenting the movie "Pitch Perfect" for their Flick Friday event this Friday, from 10 a.m. to noon.

The movie will be shown in Building 8, room 204.

"Pitch Perfect" is a 2012 movie about a college singing group and stars Anna Kendrick and Rebel Wilson.

Dinner to inspire young minds

The Women in Science and Engineering students and faculty will be hosting their annual dinner on Feb. 25 from 6 to 9 p.m. in Building 8, in the Mt. Constance/ Mt. Olympus rooms.

The keynote speaker is Shari Brown who works at Weyerhaeuser's Cellulose Fibers. Weyerhaeuser's makes car seats, clothing, and more.

At the dinner, she will speak about her journey into a science-driven career and give tips to interested students.

If interested, register for the dinner at www.wise.highline.edu.



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Visit: http://depts.washington.edu/UWstarr

Conference plans to inspire youth

The 25th annual Student of Color Conference will help students develop key skills through seminars

By Cinthia Velez-Regalado

Staff Reporter

Organizers of the Students of Color Conference are hoping to have a serious discussion about difficult issues in Yakima, this spring.

"[At the conference we will be discussing] various issues with gender, class and color," said Doris Martinez, Inter-Cultural Center leadership adviser.

These issues will be discussed in a safe and welcoming environment.

The goal of the conference is to help students develop as leaders no matter what color they are and to connect with MOMENTS TO MOVEMENTS



TUDENTS OF COLOR CONTRIBUTION

#25yearsofpeoplepower

other students from different colleges.

Martinez shared that when she was a student at Highline, she went to the conference.

"It was life changing for me," said Martinez. "It challenged me to find my social identity." "Learning to find language in being that I'm a Latina from African dissent," said Martinez.

Another goal of the conference is to connect with other students from different colleges, to come together and relate.

The organizers also hope that after students go through the conference, students greater appreciate who they are, said Martinez.

"With the goal that they bring it back to the community here," she said.

The conference is on April 23-25.

Applications for the conference are due Feb. 27 by 5 p.m.

All current Highline students can apply.

The application has two mandatory essay questions: How do you define identity, and how does your identity impact you as a student at Highline College? And what do you hope to gain from attending the Students of Color Conference?

Highline hopes to take 40 students to the conference.

Students who are accepted will have all costs paid for by Highline.

The applications are available at the Center for Leadership and Service in Building 8, room 310 or online at http://multiculturalaffairs.highline.edu/SOCC.php.

Applications for LGBTQA workshops due soon

By Sam McCullough Staff Reporter

Highline is participating in an LGBTQA leadership summit next month at South Puget Sound Community College.

The summit, titled Queer I Am, will feature a range of workshops in a safe space to allow students to develop leadership skills.

"We will finalize the workshops in the next two weeks. The topics that will be discussed are culture, race, and skill-building," said Noory Kim, part of the summit's planning committee.

The summit is free to all students who are admitted. To be admitted, students need to fill out an application and have a cumulative GPA of 2.5.

Applications are due Feb. 20. The application is on-line at www.multiculturalaffairs. highline.edu.

"We prioritize students who identify as LGBTQA, but we encourage everyone to apply. This is a great way to learn if you don't know anything about the LGBTQA community," said Kim.

The event will take place at South Puget Sound's campus on March 28.

"I think it will be a great opportunity for students," said Kim.

Alum doesn't let mistakes define her

By Renee Nelson

Staff Reporter

Struggles with alcoholism, anxiety, single parenthood and three divorces did not stop Nicole Tedrow from changing her

Tedrow, a Highline alumnus, shared her story at the Honors Colloquy on Feb. 4.

"I've had a checkered past," she said. "I was not set up to go to college."

She came to Highline via the Running Start program. At one point, she was going to drop out of school to try to get a management job at Sears.

However, she was influenced by her instructor, Wendy Swyt, who became her mentor.

"I took a couple writing classes and I had people tell me I was a really good writer," she said. "I remember Wendy said 'keep writing' on the end of my paper."

With that motivation, Tedrow said she found her inspiration. She transferred to Washington State University, but later transferred again to the University of Washington to be with her boyfriend.

"Your personal life is not separate from your academic life," she said. "Be aware. Pay attention to where you're putting your energy."

After graduating from UW, she moved onto law school at Seattle University. She got married and got her first job as a lawyer. Neither was what she expected.



'Your personal life is not separate from your academic life.'

-Nicole Tedrow Highline alum

"I was inexperienced, and it was scary," she said. "I started drinking. I got put on probation and I felt pretty bad about myself."

Tedrow got sober. But her anxieties got so bad that she had to reach out to get them under control. Even so, she said her mindset was still in the same negative place as before.

"One reason I was not successful in that job was because I was acting like someone I'm not," she said. "I tried to be an old white man lawyer with a briefcase."

After eight years at that job and two failed marriages, she became very depressed and vulnerable.

"I got married for a third time with a guy I knew for 17 days," she said. "That's me making the same mistakes. That's me not growing."

Immediately into that marriage, she got pregnant. Her husband left two years later and threatened to take their daughter. That was the turning point for Tedrow. She hired a lawyer and got custody of her daughter.

"I'm so proud of what I did because I don't know if everybody could handle that the way I did," she said. "That's growth."

Ten years into her job, she was fired because of the drama from the divorce. She found a new job within days.

"When I got to this new firm, I stopped trying to be an old white man," she said. "I [also] stopped feeling shame. That's not who I am anymore."

With her new mindset, she was able to quit after a year at that firm. She said she realized that this firm wasn't the right place for her. She is now an attorney at Eims Graham, practicing workers compensation and employment law.

"For so long I just lived in my mistakes, I lived in my past," she said. "That was something I

fidence you cannot grow."

The next Honors Colloquy

could grow from. Without con-

speaker is Highline nursing instructor Steve Simpkins. It will be in Building 10, room 205 at 12:15 to 1:20 p.m. on Feb 18.

Are you looking for tips on how to do better in your classes?

Then come to the Academic Boot Camp, sponsored by Phi Theta Kappa! Honors students will be giving a series of short seminars designed to help students set clear goals, develop study skills, take advantage of campus resources, and achieve their goals! In addition, those who listen to every seminar will be entered into a drawing for a \$50 gift card to the Highline Bookstore!

The Academic Boot Camp will be held Wednesday February 18th, open 10 AM to 1 PM in Building 8, Mt. Constance Room. Food and refreshments will be provided to students that complete the Boot Camp.



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We are looking for men and women aged 18 - 20 years old in the Seattle area to participate in a study on health behaviors. **Earn up to \$150** in amazon.com gift cards!

Email: dartuw@uw.edu Visit: http://depts.washington.edu/dartUW

If you fail, try try again

Failing isn't the end of the world.

If you fail an assignment, it doesn't mean you're going to fail

If you fail a test, it doesn't mean you're going to fail the class. If you fail a class, it doesn't mean you won't get your degree or become successful.

It all depends on what you do after the fall.

Instead of saying you failed, say you fell.

Because when you fall you can get back up and try it again. You only truly fail when you stop trying.

It doesn't matter how long it takes you, eventually you will reach your goal

As long as you keep trying.

Ellen Bremen, a communications professor here on campus, said she failed multiple times in school.

Her failures almost kept her out of grad school. But did that stop her?

No.

And now she teaches here at Highline, and has traveled and speaks about failure and perseverance.

She didn't give up, even when it seemed as though her failures in high school would keep her from continuing her education. If she could do it, so can you.

What do you think would have happened if she accepted her failures from high school and hadn't continued her education? She wouldn't be able to tell her story and inspire others.

It has nothing to do with if you believe in yourself or if anyone else believes in you. You just have to do it.

Don't procrastinate. Stay on top of assignments. And study

Don't study to pass the test, study to understand the information.

If you understand the information, passing is that much easier.

The whole point of an exam is to measure how well you understood the information that was taught to you.

So knowing the information is your best bet to passing. But why just strive to pass?

Why not strive to ace an exam?

If you shoot for mediocre you may fall and land in failure. But if you shoot for top, you may fall short, but you'll aspire to do better.

This principle doesn't just apply in school, this applies in life. Let's say you apply for a promotion at your job but get de-

Don't take it as a failure.

Learn from what you did wrong. Work on bettering yourself and try again.

The point is to never give up.

You only truly fail when you give up and stop trying.

Have something to say?

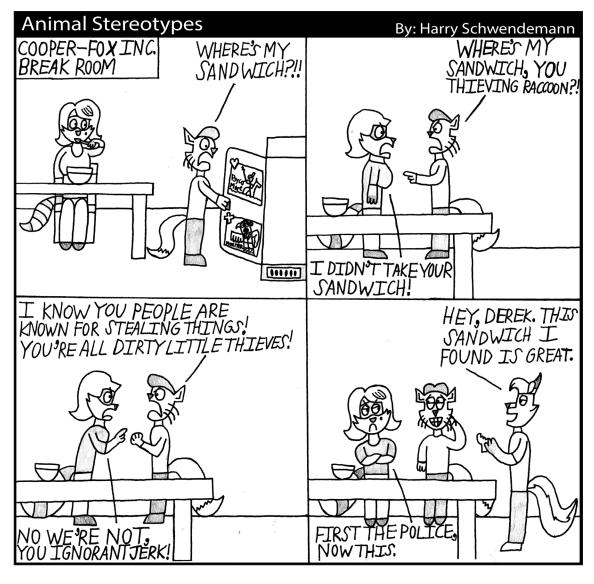
Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Write to us!



Sex is a necessary part of life

Sex is sex and some people need to come to terms that it's a natural and necessary human function.

The current attitude in schools toward sex is that it's a hushed topic and generally should not be done because it makes you "promiscuous" or a "slut."

Even in the 21st century, one sees people shaming others for having sex or being "too sexualized."

There is nothing wrong with sexuality. On the contrary, there is strong evidence that sex is really beneficial not only to yourself but in relationships.

Sex releases hormones such as dopamine and oxytocin. Dopamine helps you relax and relieves stress because it triggers the "reward system" of your brain. Dopamine shoots to high levels and lowers quickly, inducing sleepiness, enabling a good night's sleep.

Oxytocin is known as the love hormone. It stimulates bonding between two people while acting as a painkiller, relieving pain for a short time. What better way to solidify the relationship between you and



Commentary

Agatha Pacheco & Sam McCullough

your significant other?

Sex is also known to lower the risk of prostate cancer in men and breast cancer in wom-

Don't take this as advice to "have sex all the time; it's good for you" but rather to not treat sex as a sin. If it were, there wouldn't be all these evolutionary benefits to it.

Some people still believe that treating sex as a taboo will help keep people on the righteous

path and away from sinful acts, i.e.: sex. This demonization affects how or whether sex education is taught in schools.

Many schools teach a strict abstinence-only curriculum. They do nothing to teach students about condoms and safe contraception methods for women. According to them, the only way to not ruin your life is to not have sex.

In a study recently done by the Society for Adolescent Medicine, it was found that abstinence education and programs are more harmful than effective.

Not giving students the knowledge to have safe sex leads to unprotected sex, which can lead to sexually transmitted infections... and babies.

Also, more than 80 percent of the information being taught in abstinence-only education was either false or distorted.

The love is a plus to having sex. The next time you have sex, remember that your sexuality doesn't define who you are and that there's nothing wrong with having sex.

And most importantly: Don't forget to wear a condom.

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I'm allergic to headlines.

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Arts Calendar

•Take a ride with the 5th Avenue Theatre during their production of Rodger and Hammerstein's Carousel. Carousel is a love story about a carnival barker named Billy Bigelow and mill worker Julie Jordan. After his untimely death, Billy is allowed to return to earth for just one day for a chance to redeem his life and make peace with the wife and daughter he left behind. Carousel is set to run from Feb. 5 to March 1 at 1308 5th Ave. in Seattle. Tickets cost between \$29-\$100 depending on the seat and are available online at 5thavenue.org

beautiful Enjoy classic music from the Northwest Symphony Orchestra during their Valentine's Concert tomorrow. The Orchestra will be performing works such as Scheherazade by Nikolai Rimsky-Korsakov, Romeo and Juliet by Piotr Ilyich Tchaikovsky, and Valse sur le Boulevard by Brent Irwin, a NW Composer. The performance will take place at 6:30 p.m. at the Highline Performing Arts Center tomorrow, Feb. 13. Tickets are \$15 for adults and \$12 for students and seniors and can be purchased online at northwestsymphonyorchestra.org.

•Federal Way's Knutzen Family Theatre is pairing with Rebel Belly Productions this Valentine's Day to bring you Crazy Little Thing Called Love. Dancers will "take you on a journey from the dark side of love to the light side of love" through belly dancing and bollywood dance The show takes place at 7 p.m. on Feb.14 at the Knutzen Family Theatre. The Knutzen Family Theatre is located at 3200 S.W. Dash Point Road in Tacoma.

•Experience a production straight out of a story book this weekend at Book-It Repertory Theatre's presentation of Dog of the South. Book-It Repertory Theatre is a theater company that performs books instead of traditional plays. Dog of the South was a novel written by Charles Portis, the same author of True Grit. The show will be running until March 8. Tickets are \$25 per person and available online at book-it. org. Book-It Repertory Theatre is located at 305 Harrison St. in Seattle.

Local theater laughs at love

By Kayla Dickson Staff Reporter

Whether you find romance regal or wretched, you might enjoy Burien Actors Theatre's opening of their production, *I Love You, You're Perfect, Now Change.*

To honor the fact that this is Burien Actors Theatre's 35th season, the theater decided to bring back the fun musical comedy that it had performed in 2008.

"Every production at BAT is unique," said Eric Dickman, artistic director of the Burien Actors Theatre. "This musical comedy is a wonderfully good time."

Although reviving old material is always exhilarating, there are a lot of other aspects that Dickman also finds exciting.

"This show has brought



This witty musical covers taboo subjects about love, sex, and marriage.



Gary Wigle photos

Burien Actors Theatre last performed I Love You, You're Perfect, Now Change, in 2008.

together a great cast, who are clearly having fun," Dickman said. "Joining them are skilled designers and directors. So it's hard to pick any one thing I am most excited about, but I am very excited to hear the crowds laugh out loud during the show."

Like most shows at Burien Actors Theatre, this one isn't particularly aimed toward children.

"[It is] not suitable for children due to adult themes and sometimes language," Dickman said. "However, anyone over 12 who has been in relationship or is in one now will enjoy I Love You, You're Perfect, Now Change."

Despite high stress levels

due to midterms, Dickman believes that this show is the perfect way for students to relax.

"If anyone at Highline has been in relationship, or is currently in a relationship, this show is for them," Dickman said. "I am an adjunct at Highline, so I understand the need of students to take a little time out to laugh, and this show is full of laughs."

"Burien Actors Theater understands that Highline has closed its Drama Department," Dickman said. "To help students retain access to live theater, BAT lowered its ticket prices for students.

"New this year, and throughout this run, all student tickets are just \$10 with a valid student ID," he said.

Cheaper tickets aren't the only way Burien Actors Theatre is trying to reach out to students.

"For students who miss working in live theater, BAT offers a number of volunteer opportunities too," Dickman said.

I Love You, You're Perfect, Now Change will be showing at the Burien Actors Theatre Friday through Sunday nights from Feb. 13 to March 22. Tickets are \$20 for general admission, \$17 for seniors, and \$10 for students with valid ID, and are available online at burienlittletheatre.org.

Burien Actors Theatre is located at 14501 4th Ave. S.W.

Earn \$\$\$ for your literary talents

By Kayla Dickson

Staff Reporter

Earn cash for your poetry this month during Highline's annual National Poetry Month competition.

The Highline National Poetry Month committee is holding a contest for short poems written by students and alumni to display at Library's Exhibit and Art Gallery.

Unlike most competitions, this one doesn't have a theme.

"Submissions can be on any subject," said Sharon Hashimoto, a Highline professor on the National Poetry Month committee. "Winners will have their poems featured as broadsides designed by the art department and print shop. These broadsides will hang next to work by January O'Neil and Brian Turner who are featured poets that will have readings and workshops during the month of April, which is National Poetry month," she said.

Although there may not be any guidelines for the subject of submissions, applicants are restricted to poetry as the type of art.

"Prose poems, formal poetry, free verse are all welcome," Hashimoto said. "The text

needs to be limited to 20 lines to fit the broadside and allow for design. Please submit no more than three poems."

Aside from the satisfaction of having their work on display, Highline is offering cash prizes for poets with the top ten entries.

"This is the third year that we've run the student poetry contest," Hashimoto said. "We're offering more money and more chances to have student work celebrated."

The winner of the poetry competition is entitled to \$125, second place gets \$100, third place gets \$75, and seven finalists will receive \$25.

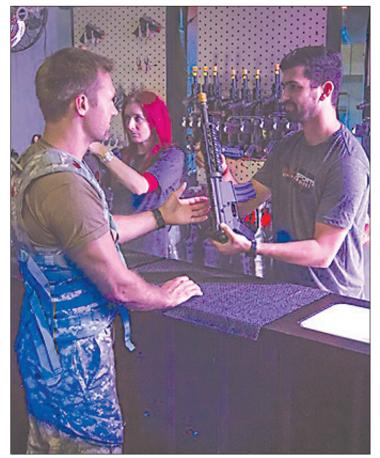
Although National Poetry Month doesn't begin until April, the deadline for submissions is Feb. 20 at 4 p.m.

"We strongly encourage everyone to submit their poems," Hashimoto said. "Sometimes students are their own worst critic. Oftentimes, there is much to value that the writer doesn't see."

Poems should be typed and include contact information such as email and phone number on each poem.

Submissions can be delivered to Building 5 or emailed to shashimoto@highline.edu with Student Poetry Contest 2015 in the subject line.

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Virtual Sports

Virtual Sports in Tukwila gives competitors military-grade weaponry for a more realistic shooting experience.

Guns and roses:

Star in your own rom-zom-com for Valentine's Day

By Jeff Rowden Staff Reporter

Nothing says "I love you" like military-grade weapons and slaughtering the undead.

This Valentine's Day, Virtual Sports in Tukwila is hosting an Apocalypse Zombie Hunt event with special pricing for couples.

Virtual Sports is a new, 30,000-square-foot laser tag facility with multiple levels, a maze, and the same equipment that the military and FBI use for training exercises.

grade, all-metal M4 assault ri- an kill zombies with an M4," fle, zombie hunters will walk said Deller. through a post-apocalyptic set
The event will start at of the streets of Seattle, slaying 7 p.m. and could last until more than 30 actors playing zombies, done up with full undead garb and makeup.

"It's similar to a haunted house, but with guns," said Brian Deller, co-owner of Virtual

The game is set up as a real-life, first-person shooter game, but you are fully immersed in the experience.

"It's set up like an Xbox Live account; saving stats, leveling up, and getting achievements," said Deller.

For the zombie apocalypse event at Virtual Sports, hunters will be taken through a set designed to look like you are going through Pioneer Square, through the Seattle under-

ground, across the Port of Seattle, through Pike Place Market, and ending up in the aerospace warehouse district for a grand finale of zombie slaying.

Hunters will also be equipped with a proximity sensor that will count the hunter as dead if a zombie gets within three feet of them.

The Apocalypse Zombie Hunt experience will allow groups of four to work as a team with each game lasting 30 minutes.

"It's not every day you can Equipped with a military walk through an apocalypse

> about 1 a.m. or until all parties have gotten a chance to go through.

> There are two different levels of action for zombie hunters as well. Tickets to the easier level, recruit, is \$25 per person. Their harder level is called Black Ops, and runs for \$35 per person.

> Special pricing for the event features two people for the price of one for their Black Ops, or top-tier experi-

> Virtual Sports is located at 17600 W. Valley Highway in Tukwila. Reservations and pricing are available online at www.virtualsports.net or by phone at 425-970-1330

Teatro Zinzanni aims for entertainment 'Hot Spot''

By Kayla Dickson

Staff Reporter

Experience the magic of the circus up close and personal at Teatro ZinZanni's production of The Hot Spot.

The Hot Spot is a modern and comedic three-and-a-half hour circus act running at Teatro ZinZanni until June 7.

Although many people have experienced the circus before, Teatro ZinZanni founder Norm Langill said that his productions are unlike anything you've

"The audience is onstage with the performers," Langill said. "The 'fourth wall' common in theater is nearly transparent."

Although Langill's love for the performing arts has always been prominent, circus acts weren't always his focus.

"I produced a musical for the Barcelona Olympics Arts Festival called Gumbo Ya Ya with split cast - Japanese and Louisiana Cajun performers - about rice farming in Louisiana," Langill said. "While I was in Barcelona, I walked into a Speigeltent on the Ramblas and I got the epiphany to do Teatro ZinZanni."

Passion isn't the only thing that drives a good performance



Teatro ZinZanni

Featured performers Frank Ferrante and Dreya Weber headline Teatro Zinzanni's new show, The Hot Spot.

however. Langill said a talented cast is another huge factor in the success of a production.

"We cast the best of ZinZanni's favorite and funniest performers [for this show]," Langill

Cast members include actor and impressionist Frank Ferrante, actor and aerialist Dreya Weber, as well as a new chanteuse, Lady Rizo.

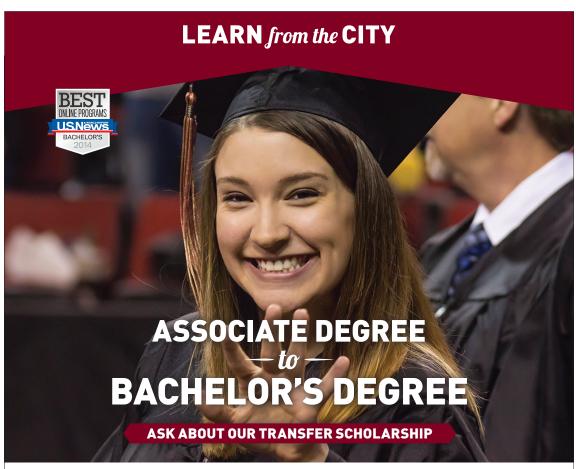
Although this production has no age restrictions, Langill said that he believes this show will be a hit particularly with young adults.

"I think they will have never seen or heard anything like it," Langill said.

"A great, wild, and elegant date night. At its core, it is the nightclub of your dreams," he

Aside from a riveting show, tickets also include a fivecourse meal with meat, seafood, and vegetarian options.

Tickets range from \$99 to \$173 per person and are available online at zinzanni.com, or in person at their box office. Teatro ZinZanni is located at 222 Mercer St. in Seattle.



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The language of love

Highline students find varied ways to celebrate Valentine's

By Sam McCullough and Kayla Dickson

Staff Reporters

Jessica Raskoso is planning on being treated like a queen by her doting boyfriend this Valentine's Day.

"My boyfriend is taking me to Palisade in Seattle. He really likes to spoil me, especially on holidays," said Raskoso, a Highline student.

Some students are choosing to celebrate elaborately as well by going to the movies and out to dinner.

"I'm taking my girlfriend out to dinner in Seattle. It's by the waterfront," said a student who refused to give his name to keep the date a surprise.

"We're going to go see Fifty Shades of Grey," said Lindsey McMan, a Highline student.

Some students are deciding to celebrate casually by just hanging out with their significant others.



"My boyfriend and I will probably just watch something on Netflix," said Alexis Smith, a Highline student.

"We'll probably order takeout as well," said Smith.

"I'm not sure what we're going to do. Maybe we'll play video games," said student Maxwell Gamez.

Valentine's Day is generally thought of as a lovely holiday, but some students will beg to differ.

"One time, I got stood up. I waited for two hours before I just went out," said student Mack Streeter

"I've never really had a bad experience, but then again I've never had a Valentine date," said student Ben Ramirez.

"One year I dumped a guy on Valentine's Day thinking it would make things easier. Needless to say, I was very wrong. One word of advice: never do Mai Lam/ THUNDERWORD

that," said Raskoso.

But not all Valentine's Day stories are horror stories.

"My boyfriend and I kissed for the first time on Valentine's Day last year. This is kind of our anniversary," said student Makayla Long.

Valentine's Day will be celebrated this Saturday, Feb. 14, but some students remain clueless.

"It's almost Valentine's Day?" asked student Brendan Newell.

Local cafe can feed your need for magic

By Kayla Dickson

Staff Reporter

Anyone can game, and a cafe in Normandy Park is proving it.

Lotus Coast Gaming Cafe has been allowing gamers of all ages to compete and eat since their opening as "Card Advantage" in 2010.

"In the beginning it was just Magic: the Gathering and role-playing games," said Olivia Greenwood, the current owner of the cafe. "Although our primary focus is still Magic, now we also host games of Warmachine, Pokemon and Pathfinder, to name a few."

Greenwood and her husband Samuel purchased the business from family friends in August.

"I started going there because I played Magic and they were the only place hosting Friday night Magic tournaments on Christmas Eve," Greenwood said. "Since owning the place, we've been really busy putting together new events for potential gamers."

Lotus Coast Gaming Cafe has different tournaments near-



Kayla Dickson/THUNDERWORD

A player struggling against his opponent in Magic: the Gathering.

ly every night of the week, and every tournament has prizes.

On Tuesdays starting March 1, the cafe will be hosting Star City Game Night, a sponsored tournament that offers additional prizes.

Lotus Coast also sells gaming equipment such as cards, dice, mats, card sleeves, and more.

"Generally we know that gamers aren't the richest audience, so we also have a lot of things here people can borrow," Greenwood said. "But we do not lend cards. We have cards to purchase, but you must have your own deck."

All games aside, Lotus Coast

Gaming Cafe also doubles as a casual-dining restaurant.

"We try to keep all of our foods relatively mess-free," Greenwood said. "They all tend to be finger foods and served in baskets. Regardless, the people that come in are very respectful, and careful not to make messes."

Lotus Coast places a lot of emphasis on respect during their gameplay as well.

"We like to build a community for gamers, a safe place," Greenwood said.

"We want gamers of all ages to feel comfortable and safe. This means we don't tolerate negative language or behavior," she said.

Lotus Coast caters to gamers of all age groups.

"We have a wide variety of people walk through the doors," said Greenwood. "The age varies. We have kids as young as 7 coming in to play Pokemon on Thursdays, and we have middle-aged magic players. It really depends."

Greenwood said that face-toface gaming such as Magic and Dungeons and Dragons is best suited for young adults, particularly for this generation.

"Games like these are great because they appeal to social gaming," Greenwood said. "You get to come out and play with your friends and build a community.

"Everybody these days is so used to computers that they forget how much more fun it is to be social," she said.

Their hours noon-9 p.m. on Tuesday 3-9 p.m. Wednesday and Thursday, noon-11 p.m. Fridays, and noon-5 p.m. on Saturday and Sunday. They are closed on Mondays. The store is at 17851 1st Ave. S. in Normandy Park.

Troupe brings love to life via dance

By Jeff Rowden

Staff Reporter

Celebrate Valentine's Day by exploring all the facets of love through the art of dance.

Rebel Belly Productions brings *A Crazy Little Thing Called Love* to the Knutzen Family Theatre in Federal Way.

A Crazy Little Thing Called Love is a love-themed dance event that features professional dancers performing pieces that will delve into many different facets of love.

"From the sadness of a broken heart, to everlasting love, we will bring it all to the stage," said Christina McKie, director, producer, writer, and dancer for Rebel Belly Productions.

McKie grew up in Federal Way and is excited to bring her show back to her hometown.

"I focus most of my dance productions in Seattle because there's so much going on there, but I'm super excited to be bringing *Crazy Little Thing Called Love* to the south end to my roots," McKie said.

"I went to Federal Way High School and, coincidentally, attended Highline for a bit too."

The show will feature professional dancers from the Seattle area, performing works ranging from belly dance to hip-hop.

"The cast is made up of some of the Pacific North West's most beloved dancers, and there is a mix of belly dance, modern dance, hiphop, and more," said McKie.

"Each of the girls in the Rebel Belly company brings something special to the crew," she said. "They are all good friends of mine, and they are all amazing ladies, talented dancers, professional people, and fun to work with."

The show is being held on Valentine's Day, Feb. 14 at 7 p.m. at the Knutzen Family Theatre in Federal Way at 3200 S.W. Dash Point Road.

The show is all-ages, and tickets are \$15. You can buy them online at brownpapertickets.com or pay at the door

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Thunderbirds lead West Division

By Charles Prater Staff Reporter

The T-Birds have sole possession of the No. 1 spot in the West Division after wins against Lower Columbia and Tacoma.

Highline, 9-2 (17-6 overall), came into the game against the Red Devils with a chance to separate themselves from the rest of the teams eyeing the No.

The T-Birds previously faced Lower Columbia, 8-3 (16-8 overall), winning 87-64, and this time was no different as Highline went on to win, 84-81.

The Thunderbirds have been a great second half team, but in this game, they showed they could start off strong.

The T-Birds shot 46 percent from the field in the first half, and added five threes to go along with it.

Highline also held Lower Columbia to 35 percent from the field and shot only 25 percent from the three-point line.

With everything clicking, the T-Birds ended the first half up 49-34.

The Red Devils used halftime as a chance to make some adjustments and raised their field goal percentage to 50 percent, but were outmatched by Highline's teamwork and 55 percent shooting from the field, which helped them close out the game.

"We jumped on them early then lost focus offensively and let them back in the game," said Highline Head Coach Che Dawson.

"Our guys did a nice job of sticking together during the second half adversity."

A trio of T-Birds led Highline, with sophomore Ben Tucakovic scoring 20 points, sophomore Doug McDaniel adding 17 points, and sophomore Madison McCaffrey netting 16.

"Coach told us that they would probably sag off us like last time to force us to shoot



Andie Munkh-Erdene/THUNDERWORD

Highline's Ben Tucakovic jumps through Lower Columbia's Red Devils to score. Highline beat Lower Columbia last Wednesday, Feb. 4 and also beat Gray's Harbor on Saturday, Feb. 7.

jump shots. So we just attacked the baskets a lot more this time," said sophomore guard Harold Lee.

"I think in the first half we executed everything well, but the momentum swung in their favor, making it a very close game in the second half," said freshman forward Remeake Keith.

Freshman Caden Rowland scored 10 points and sophomore Jimmy Keum dished out seven assists.

The next game for the T-Birds was a rematch against the Tacoma Titans, 3-7 (6-15

The previous game against in the second half shooting 37

Tacoma was a doozy for the T-Birds as they were unable to stop the Titans from raining down threes.

The Titans went 14 out of 16 from three-point range, shooting 87 percent.

The T-Birds learned from those mistakes and held the Titans to a mere 30 percent from beyond the arc and won a close one on the road, 67-61.

It was a low scoring affair due to both teams struggling to shoot the ball.

Highline hit seven three pointers in the first half and shot

The same can be said for Tacoma, as they never found the shooting touch they had in the previous match-up, going 30 percent from both the field and the three-point line.

"We had to play hard and earn the win," said Coach Daw-

"That should help our expectations of what we are supposed to do for the rest of the season."

Ben Tucakovic recorded a double-double for the T-Birds, scoring 20 points, grabbing 10 rebounds, and knocking down 50 percent from the field, but four threes, while Doug Mcstruggled finding their rhythm Daniel hit five three pointers to score 19 points.

"It felt real good to get a win against the team that gave us our first loss in division play," said Keith.

"Beating Tacoma put us in a position to finish first in the West Division, so that was a pretty big win for us, especially since they beat us at home," said

The T-Birds had a chance to extend that lead on Wednesday, when they went on the road to face Grays Harbor, 4-5 (9-12 overall), with results unavailable at press time.

The Chokers will be led by sophomore guard K.C. Harrison, who is seventh in the league in scoring with 19 points a game.

Not only would a win increase their lead on first place, but it will give the T-Birds a four-game win streak.

"It's not so much about the wins, but staying focused, positive and purpose driven," said Dawson.

"We've done a nice job of that, but need to stay driven on all three of those fronts."

"I feel like we are doing everything fine, just a couple of pieces missing to get us really going," said Keith

"We're playing as a team again," said Harold Lee.

"Sometimes in our losses we aren't sharing the ball a whole lot, so I feel like we have gotten back to that to go on this run,"

"Just moving the ball around a lot more and quickly," said

"We're getting more opportunity buckets because our defense is causing more turnovers and a lot of missed shots, so it's easier for us to get on the fast break."

After Grays Harbor, the T-Birds have a date at home with Centralia on Valentine's Day this Sat at 2 p.m. and then another home game at 2 p.m. Feb. 21 against South Puget

B-ball teams raise breast cancer awareness



Natorous Ezell

By Xavier L. Henderson Staff Reporter

The Highline's Women Program is teaming up with T-Bird's men and women's basketball teams to raise awareness of

Highline's men and women will play rival Green River College in the Pavilion on Feb. 25.

"We want more people to become aware and involved," said Natorious Ezell, event coordinator. "I don't want people to go

through losing someone in order to become involved."

Cash donations are welcome and all proceeds will go towards the Susan G. Komen Foundation, and breast cancer exams for people who need or want to see if they have early signs of cancer.

Representatives from the Healthpoint Midway clinic will also be at the game.

Booths will be set up around the gym. Free popcorn, free resources, and a free selfie station will be provided.

"Last year was a nice turn out, but the

Seahawks rally took away a lot of people from us," said Ezell.

Basketball players say they are excited to play the rival college to help raise aware-

"Green River is our rival for a good cause. That rivalry will uplift us. This should be fun. Plus my grandmother survived breast cancer," said Highline's men basketball player Doug McDaniel.

The women's game against Green River will start at 6 p.m. and the men's game starts at 8.

Lady T-Birds jump into third

By Mikel Abraha Staff Reporter

The resilient Lady Thunderbirds avoided back-to-back losses to keep their playoff hopes alive.

In Highline's quest to climb the NWAC West Division standings, they stumbled upon league leader Lower Columbia.

The Lady Thunderbirds suffered their first home loss of the season, losing, 80-63 on Wednesday, Feb 4.

Highline struggled early and were up against a 19-point deficit at the half.

Head coach of the Lady Thunderbirds Amber Rowe Mosley said they were not ready to play.

"We did not begin the game with enough intensity and dug too deep of a hole," said Mosley.

"We played better in the second-half but they made some big shots down the stretch when they were needed."

In the second half, Highline outscored Lower Columbia 39-37 but that wasn't enough to overcome their rough start at the beginning of the game.

The Lady Thunderbirds shot 28 percent while Lower Columbia shot 48 percent.

Highline's Chardonnae Miller racked up 18 points and 11 rebounds while Ionna Price pitched in 14 points and 7 rebounds.

Kaylea Knox led Lower Columbia with 24 points on 7 of 12 shooting to help lead the Red Devils to victory.

Throughout the season, the Lady Thunderbirds have taken advantage of their games fol-



Andie Munkh-Erdene/THUNDERWORD

Highline's Charddonae Miller (middle), rises up for a jumpshot in Wed. loss against Lower Columbia.

lowing a loss.

After taking on Lower Columbia, Highline had the opportunity to bounce back against the Tacoma Titans and they did just that.

Despite shooting 36 percent, Highline still managed to beat the Titans by 41 points and pull out the 79-38 win.

Price led Highline with 14 points and 5 blocks while Miller contributed 12 points and 11 rebounds.

Calli Remitz had 10 points for Tacoma.

Although the Lady Thunderbirds won by big margin, it

didn't impress Coach Mosley and her focus remained on her team's flaws.

"We did not shoot great at TCC but played really well in the second half again," she said.

Highline has made it a habit to start slow and finish strong, but Coach Mosley said she hopes that will change.

"I am hoping come March we can put two half's together and be really hard to beat," says Mosley.

Highline's win improved them to 8-3 in the league and third place in the NWAC West Division.

Highline played Grays Harbor on Wednesday, Feb. 11,

with results unavailable at press time.

Following that game, the Lady Thunderbirds will enter their last bye of the season.

Coach Mosley said the bye would be used to rest her players and focus on details.

"The bye week will focus on getting healthy and fresh as well as details, just trying to get the details down," She said

Up next, Highline plays the next two games at home. They will host Centralia on Saturday, Feb.14, and South Puget Sound Wednesday, Feb. 21.

Scoreboard

MEN'S BAS	KETBALL	
Team	League	Season
West Di	W-L	W-L
Highline	9-2	18-6
Lower Columbia	8-3	16-8
Clark	7-3	14-7
Pierce	7-3 7-4	11-12
Green River	6-4	15-8
Grays Harbor	4-5	9-12
Tacoma	3-7	6-15
S. Puget Sound	2-9	7-15
Centralia	1-10	2-20
South D		2 20
Chemeketa	7-1	16-7
Clackamas	6-2	14-9
Umpqua	5-3	14-8
Lane	4-4	12-10
Portland	4-4	10-11
Mt. Hood	4-4	7-12
Linn-Benton	1-7	5-13
SW Oregon	1-7	4-17
North D	ivision	
Bellevue	8-0	21-2
Edmonds	7-1	19-4
Skagit Valley	4-4	12-8
Everett	4-4	13-10
Peninsula	3-5	10-10
Shoreline	3-5	8-13
Whatcom	3-5	5-14
Olympic	0-8	5-15
East Di	vision	
Big Bend	6-2	18-6
Columbia Basin	6-2	13-9
Spokane	5-3	15-8
Treasure Valley	5-3	9-11
Wenathchee Valley	4-4	15-8
Walla Walla	4-4	12-11
Blue Mountain	1-7	5-15
Yakima Valley	1-7	3-19

WOMEN'S BASKETBALL

ream	League	Season
	W-L	W-L
West Di	vision	
Lower Columbia	11-0	18-7
Centralia	10-1	21-3
Highline	8-3	14-10
S. Puget Sound	6-5	8-10
Clark	5-5	10-8
Green River	3-7	8-14
Pierce	3-8	4-19
Tacoma	1-9	3-15
Grays Harbor	0-9	0-19
South Di	vision	
Umpqua	7-0	20-2
Lane	4-3	18-6
Clackamas	4-3	16-6
SW Oregon	4-3	13-9
Portland	3-4	10-11
Chemeketa	1-5	3-16
Mt. Hood	1-6	5-17
North Di	vision	
Bellevue	8-0	17-6
Peninsula	7-1	13-5
Skagit Valley	6-2	16-8
Everett	4-4	10-12
Olympic	3-5	11-10
Whatcom	3-5	8-13
Edmonds	1-7	2-17
Shoreline	0-8	0-16
East Div	vision	
Walla Walla	7-1	16-4
Columbia Basin	6-2	14-8
Wenatchee Valley	5-3	14-7
Blue Mountain	4-4	11-8
Big Bend	3-5	12-12
Treasure Valley	3-5	11-11

Spokane

Yakima Valley

13-11

5-17

2-6

Wrestlers prepare for tough matches

By Xavier L. Henderson Staff Reporter

Highline wrestlers expect the fight of their lives in this weekend's Region 18 Championship.

The tournament will be on Saturday, Feb.13, in Coeur d'Alene, Idaho.

This tournament features six teams including five of the top 20 in the country. This list includes No. 1 Clackamas, No 3. Idaho, No. 10 Southwestern Oregon, No. 16 West Wyoming, and No. 17 Highline College.

Assistant Coach Bradley Luvaas has high hopes for Highline's wrestlers.

"I believe all our wrestlers can make it to nationals," he said

Head Coach Josh Rhonder of No. 1 Clackamas said every one of his wrestlers will advance to nationals as well. Clackamas has every single wrestler ranked in the top 10 in their weight di-

"We've been preparing our heavyweight for Ben Tynan. We



Andie Munkh-Erdene/THUNDERWORD

Wrestler Justin Weiding practices for his upcoming match this Saturday at the Region 18 Championship.

lost to him by only one point in our last meeting with him," said Rhonder. "Our goal as a team is nationals. So for regionals we just tell everyone to qualify, so there's no pressure for them to win."

Highline heavyweight wrestler Ben Tynan has a huge target

on his back as he moves into this tournament as the new No.1 ranked wrestler in the country.

Tynan said he's ready for the competition.

"I don't care how much they prepare. I have my own game plan," said Tynan. "I'm a much different wrestler then I was last year and I'm the No. 1 guy everyone's looking to take down. I will do what I normally do to win."

For some wrestlers who are not ranked in their divisions, there is still hope. Wrestlers who place top four in the tournament in their weight classes will advance to nationals in Des Moines, Iowa, no matter their record.

"You only have to be on three days of the years -Regionals and nationals," Luvaas said earlier this season

Highline 184 pounder Connor Rosane said he believes he can walk away as No. 1.

"I feel good, I feel pretty confident. I feel I can compete with anyone in my bracket," said Rosane.

Rosane said that he only isn't ranked because he has been injured or sick when it has come time to face a ranked opponent.

Rosane said he is fully recovered and ready to make a statement at The Region 18 tournament.

Weekly **SUDOKU**

by Linda Thistle

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3				7		8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: **

★ Moderate ★★ Challenging ★★★ HOO BOY!

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- 1. GEOGRAPHY: What city is the home of Marco Polo Airport?
- 2. MAGAZINES: Who was on the cover of the first Rolling Stone magazine?
- 3. FOOD & DRINK: What are the two ingredients in a Black Russian cocktail?
- 4. LANGUAGE: What does the Greek suffix "gamy" mean in English?
- 5. MUSIC: What are the first names of the Blues Brothers (Dan Aykroyd and John Belushi)?

6. HISTORY: In what year did test pilot Chuck Yeager break the sound barrier?

- 7. TELEVISION: What is the name of the dog on Family Guy animated series?
- 8. U.S. PRESIDENTS: Who was the first president to be born in a hospital?
- 9. SCIENCE: What would an entomologist study?
- 10. MOVIES: What are the names of the siblings who had acting roles in Sixteen Candles?

Answers

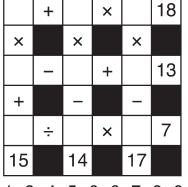
- 1. Venice
- 2. John Lennon
- 3. Vodka and coffee liqueur
- 4. Marriage
- 5. Jake and Elwood
- 6. 1947
- 7. Brian
- 8. Jimmy Carter
- 9. Insects
- 10. John and Joan Cusack
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by Linda Thistle GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

* Moderate * * Difficult ★★★ GO FIGURE!



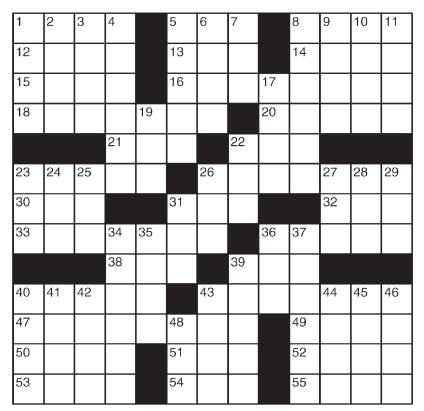
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ACROSS

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- 13 I love, to Caesar
- 14 Lotion additive
- 15 Beige
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- 49 Facility
- 50 Rainout

King Crossword



- cover 51 Sapporo sash
- 52 Legal claim
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- 55 Herr's wife

DOWN

- 1 Dregs 2 Need to scratch
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- grad 5 Silky material
- 6 Melville novel
- 7 Stir-fry pan

- 8 Vast sandy expanse 9 Verve
- 10 Show up
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- 19 Greek
- consonants 22 Feedbag
- morsel 23 Homer's
- interjection 24 Historic
- period
- 25 Jewel 26 Prohibit
- 27 Oktoberfest souvenir
- 28 Fire residue 29 Perched
- 31 Plead
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- 34 Marshy tracts
- 35 Pack down
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- 39 "Sesame Street" Muppet
- 40 Perform ances
- 41 Siamese
- 42 Deserve
- 43 Sailors 44 Locks
- 45 Cruising 46 Carte
- 48 Chit

Puzzle answers on Page 11

ARIES (March 21 to April 19) There could be some negative reaction to your tough stance when making a recent deci sion. But overall, your efforts result in well-earned recognition forthcoming about what the

TAURUS (April 20 to May 20) Your financial situation seems confusing, even for the fiscally savvy Bovine. Maybe it's the conflicting advice you're getting. Check it out before things get too tangled to unknot.

and all that can follow from that.

GEMINI (May 21 to June 20) A relaxed attitude goes a long way in helping you deal with any of life's irritants that might be popping up this week. You're also a reassuring role model for others in the same situation.

CANCER (June 21 to July 22) Your aspect favors creativity, which should persuade you to work on your artistic projects. If time is a problem, prioritize your commitments so that your work isn't compromised.

LEO (July 23 to August 22) Scrutinize all the job offers that interest you. Most are honest and worth considering. But a few might not be completely



job is and what the salary and

benefits are. VIRGO (August 23 to September 22) An unexpected snafu could delay the completion of a project you're eager to finish. Find out what's causing it, fix it, and if you need help, don't be shy about asking for

it. Good luck. LIBRA (September 23 to October 22) An idea that could be helpful to you comes from an unlikely source. Listen to it. Discuss it. If necessary, adjust it. If it looks as if it might work out quite well, go ahead and use it.

SCORPIO (October 23 to November 21) Be careful about allowing someone to share a very personal secret with you. This could cause problems down the line with others who are involved in that person's private life.

SAGITTARIUS (November 22 to December 21) A cooling

down of a relationship could be the result of neglect, unintended or not. To save it from icing over, you need to warm it up with a large dose of hot Sagittarius passion.

CAPRICORN (December 22 to January 19) This is a good time to get involved with a number of family matters that involve money and other issues that might jeopardize the closeness between and among family members.

AQUARIUS (January 20 to February 18) Cheer up. That difficult person who appears to be deliberately stalling your project might just need to be reassured of the value she or he brings to it.

PISCES (February 19 to March 20) Good news! Expect to feel re-energized now that you've gone through that stressful energy-depleting period involving a lot of changes. Now, go out there and show them what you can do.

BORN THIS WEEK: You have a warm, giving nature that inspires many to follow your example.

King Features Synd., Inc.

It's all about the plankton

Moses parts waters on tiny marine organisms

By Ferdaws Abbasi Staff Reporter

Plankton are at the base of the Puget Sound food chain. Without them, higher forms of life could not exist, a Highline professor said at last week's Science Seminar.

"A plankton is anything in the water that cannot swim against a current," marine biologist Woody Moses said. "They go wherever the motion takes them. They cannot choose their own direction."

The name plankton refers to two types; plant or animal and their shapes and sizes range from 20 micrometers to two meters.

Sargassum is a phytoplankton, a plant that can be seen floating on water. It uses photosynthesis to live off of. Animal plankton, called zooplankton, consume them.

Animal plankton includes krill, copepods and micro plankton.

They all are common prey for small fish, and serve to feed whales as well.

"All this stuff here we can catch using nets," said Moses.

"One thing that is known about the plankton is that they are tiny. They don't sink as much," Moses said. "The bigger you are, the heavier you are, the more you sink."

The average depth of the

— King Crossword — Answers Solution time: 21 mins.

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Professor Woody Moses teaching about Plankton at Science Seminar

hatch they either develop to be

a regular snail with a shell, or

grow wings and float around

Either way, plankton are

Some plankton come up at

"Zooplankton move up at

night to sea level to feed and

some come up during the day-

night to feed and hides down

low during the daytime to

avoid predators," Moses said.

During WWII, submarines

would observe huge masses of

plankton moving up and down

This week's Science Semi-

nar is about "Understanding

Suicide" by psychology profes-

sor Bob Baugher. It takes place

on Friday, Feb. 13 at 1:30-2:30

p.m. in Building 3, room 102.

in the water column at night.

with other plankton.

constantly in motion.

ocean is 4,000 meters, but zooplankton only sinks 50 meters -- just enough to get phytoplankton nutrients, micro plankton, jellyfish eggs and sunlight.

Newly hatched babies of fish and crab are larvae. They, too, can't swim against a current the first part of their lives, so they are called Meroplankton.

"There are two basic classifications: zooplankton are plankton their whole lives while Meroplankton spend the first cycle of their lifes not being able to swim against a current," Moses said.

And then there are Pteropoda, which are a unique group of snails. When the larvae

Weekly SUDOKU ___

Answer

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Get your taxes done for free at Highline

By Gary Narwal Staff Reporter

Highline is offering free help in preparing federal income tax returns for anyone making \$60,000 or less in a single household.

There are accounting students who volunteer to help file tax returns. They complete two days of training that makes them IRS advanced certified. A tax site manager is also there on site to run the tax service.

United Way of King County manages the program.

"Volunteers come from all different backgrounds and professions. However, a number of volunteers at the Highline tax site are accounting students at Highline College," said Jenny Walden, the Basic Needs Program coordinator for United Way of King County.

The manager makes sure all returns are done correctly and that clients get the credits they are eligible for.

"Basically every return has two people checking for accuracy and completion- one is the volunteer tax preparer and the other is the site manager quality reviewer," Walden said.

Highline is the only college that offers the free tax service from January to April. Last year the tax site here filed 491 returns alone.

"People pay up to \$300 to get their taxes done and if they want to get more credits they are eligible for, they have to pay more," Walden said.

"Our campaign is based around anti-poverty, we want to help the community," she said.

The tax site usually gets really busy in February due to people filing as soon as possible so they can get their refunds, and again in April for people who have more complicated returns, may owe taxes, or those who have procrastinated. The Highline tax site has extended its service.

"April does get busy again, which is why we have extended our tax sites to be open until April 18 so people who missed the deadline, can still come in and file their taxes with us" Walden said.

Weekends are typically really busy, so if you are able to go to a tax site on a weekday evening that would be the best time especially between mid- to late March.

"March is a lot slower at the tax site, so chances are you would get helped right away if you stopped by in mid- to late March," Walden said.

The Highline tax site is in Building 99 on the second floor.

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HIGHLINE

Rally

continued from page 1

met with a small group of students.

As not every student got to meet with the legislators, there was opportunity to reach them in the form of pre-printed cards supplied by the Highline Student Government, each with the same message of increasing state funding of higher education, upon which students could write their names and legislative districts.

Three students got the chance to meet briefly with Rep. Hudgins.

Rep. Hudgins is the chairman of the House Committee for General Government and Information Technology, and is a member of the House Committee for Appropriations, both of which heavily involve the state budget.

On the status of the 2015-

2017 budget, he said the document only gets finalized in the last few days of a 105-day legislative session.

In the past, Washington lawmakers have had to hold emergency sessions beyond that session because they failed to pass

Rep. Hudgins also answered some questions from the stu-

"If we can legalize marijuana, why can't we fund higher ed?" asked a student.

Rep. Hudgins said that college students could use the power of voter initiatives to get their goals in the spotlight, though they would need 246,000 signatures to get one on the ballot.

Rep. Hudgins told the students that they could come back and shadow him for a day.

He said his only requirement was that they watch TVW, the state equivalent to C-SPAN, so they know what awaits them in the endless committee meet-

Latino

continued from page 1

of thinking, she said. When someone stereotypes, they don't use their own reasoning to figure things out, they just assume, Chavez said.

She gave examples such as "all Latinos speak Spanish" or "all Latinos have brown eyes" as false stereotypes that many non-Latino people believe.

Negative stereotypes are something that people in the Latino community deal with every day, Chavez said.

Different types of negative stereotypes include judging people by their economic value, intellect and prejudice that is race based. There are tons of stereotypes about Latinos surrounding poverty, lack of education, immigration and much more that Chavez touched on in her presentation.

"Stereotypes do not define us," Chavez said. "I am who I am. Believe me or not."

When addressing people who stereotype, Chavez said to "be smarter than that person, but do not be arrogant. Ask follow-up questions on why they think that way or how they came to that reasoning and state your feelings."

Chavez wants Latinos to stand up and not brush off stereotypers when confronted by them. She also suggests that when you are talking to that person to "not become sensitive, aggressive or violent."

"You can't make people think in a certain way," Chavez said. "There is no formula to not be perceived stereotypically."

Chavez advised everyone to be open minded about others' differences.

"It's OK to be different, that's what makes us unique. That's what makes us beautiful," she said.

Latinos are more than stereotypes

By Renee Nelson Staff Reporter

It's time to break the negative stereotypes about Latinos, a Highline alumnus told the Latin@ Summit on Tuesday.

Jessica Rangel addressed how Latinos contribute to society in positive ways, even though popular belief often portrays the opposite.

All Latinos work low-income manual labor jobs. All Latinos are immigrants. These are a couple well-known stereotypes about Latinos that need to be disproved, Rangel said.

Singer Ricky Martin was identified in a 2011 poll by

Forbes magazine as the No. 1 image of Latino success in the United States, Rangel said.

"[But] there's more out there than the music and film industry," she said. "There are also people in suits. There are CEOs."

There are Latinos who have made history, but they are sometimes overlooked.

"[Former Attorney General] Alberto Gonzales. [Former US Ambassador to the United Nations and New Mexico Gov.] Bill Richardson. [Argentinian] Pope Francis. [Former astronaut and current Director of the Johnson Space Center] Ellen Ochoa. [Nobel Prize-winning chemist] Mario Molina,"

"All these people molded us and have contributed to what we have today," she said.

Rangel said the hardest step to breaking the stereotype of Latinos only aspiring to low-income manual labor jobs is convincing young Latinos to consider college.

She said school will teach you skills you can use in your personal life.

Rangel advises Latino students to take advantage of all the resources she didn't have available to her when she was in college, such as financial aid.

"There's a bunch of resources here. If we don't use them, they are useless."

Abortion

continued from page I

aware of the violence of abortion," said Burt. "It's ugly, but it's truth."

Both English and Burt are not directly affiliated with any church or organization, and use their own money to finance the travel and signage expenses, with each color sign costing more than \$90.

English and Burt have primarily visited abortion clinics and Planned Parenthood locations from north Seattle down to Tacoma. Only recently have they begun standing outside of high schools and colleges.

"They [the students] are the ones who are most sexually active, having sex with anyone they meet without thinking of the consequences," said Burt. "There is protection you can use, but they're not fail-safe. Condoms can break. The pills could not work. There are better choices. Abortion is being used as birth control and that's not OK."

English said he has personally faced the abortion issue with his own daughter. He took her to an abortion clinic when she was 15 years old.

"It hit me hard when I realized what I'd done. It took 20 years to get over the grief," he

The reactions to their message runs from both the positive to the negative end of the spectrum, reaching as far as an assault against English.

"A 38-year-old man came up behind me. I didn't hear him. He pushed me hard to the ground and into the road. I still have whiplash and bruises from it," said English.

While English and Burt do report such incidents to police, law enforcement officials haven't approached them about their campaign.

Not that those opposed to their anti-abortion message haven't complained.

The public outcry against English and Burt, claims the abortion images are being seen by school buses full of children from local elementary schools.

Parents are claiming on a local online community blog that the images are obscene and negatively impacting their children and they have called on the City of Des Moines for action.

The Des Moines city attorney's office issued a statement as to why law enforcement has not intervened.

In a memo posted to the blog, Assistant City Attorney Tim George said it's a matter of expressing free speech and does not quite fall into an actionable category of obscenity.

"The United States Supreme Court has held that citizens in public debate must tolerate insulting and even outrageous speech in order to provide adequate breathing space for the freedoms protected by the First Amendment," said the memo, "the photograph of what appears to be a dead fetus is not sexual in nature and therefore would not meet the definition of lewd matter or obscene matter under state law."

Despite the uproar, Burt and English welcome conversations from both pro-life and prochoice views and are open to the idea of visiting Highline's campus to talk with students.

"I'd love to talk with people. Negative reactions are challenging, but that's OK," said Burt. "We are people with a purpose and to me, there's nothing more important than life."

