

## Transportation budget could derail other programs

By Adam Horner  
Staff Reporter

OLYMPIA — In an act that could heavily influence the 2015-2017 state budget, a \$15 billion transportation package passed with a provision that could cost state programs as much as \$1 billion.

In addition to funding transportation throughout the state, SB 5987 establishes an increase in the state gas tax of 11.7 cents over the next three years in order to pay for highway infrastructure projects. It also devotes any sales tax revenue collected on

future state or federal transportation projects be devoted solely to the transportation fund.

Currently, sales tax revenue goes into the general fund, where it is distributed into various areas funded by the state, including education,

Should the provision pass, state Sen. Karen Keiser, D-Kent, said that the state could take a \$1 billion hit, and that she wouldn't support the bill. The bill passed 27-22. Sen. Keiser was one of 22 senators to vote against the bill.

Such a loss would further convolute an already messy state budget, in a year when the Leg-

islature already has an \$8 billion obligation to fund education.

The McCleary Act, which amounts to \$4 billion, mandates the ample funding of K-12 education by the Legislature. I-1351, a \$2 billion voter-approved initiative, requires radical decreases in class sizes throughout the state. \$2 billion is required just to maintain current levels state funding.

Despite these challenges, a recent decision could make the budget a little easier to frame.

Washington Lt. Gov. Brad Owen declared unconstitutional a state Senate rule requiring at least two-thirds majority ap-

proval on any legislation regarding taxes last Monday.

The removal of the two-thirds requirement may make finding these funds easier for the Legislature.

In January of this year, the Republican-controlled state Senate moved to create a new rule for any legislation regarding taxation.

The result was Senate Rule 64, which, in part, specified that, "any bill that creates a new tax shall require the affirmative vote of two-thirds of the senators elected or appointed to advance to third reading." This meant

that unless 33 senators voted for a bill, it would not continue any further in that body.

As 2015 is a budget year, the rule put serious constraints on the ability of the Senate to call for new taxes to pay for the two-year state budget, the focus of 2015's legislative session.

Sen. Annette Cleveland, D-Vancouver, raised a point of order, a matter for consideration by the president of the Senate, concerning the number of votes

See Budget, page 16

## Faculty diversity doesn't mirror students

By Nasri Isaac  
Staff Reporter

Although Highline boasts the greatest diversity within its student population for the state's 34 community and technical colleges, faculty diversity lags behind.

Highline has the highest percentage of immigrant and refugee/temporary legal resident students among community and technical colleges in the state at 30.8 percent. The system total is 8 percent, according to the State Board of Community and Technical College's Fall Quarter Report.

The college's executive director of Human Resources says she believes that better diversity within faculty is needed to serve students efficiently.

"We didn't do much hiring in the past four years because of budget reductions, but we like the qualifications we put out to reflect our ability to hire the best candidates," Human Resources Director Sue Williams said.

Thirteen percent of faculty affected by the 2009 staff reductions were people of color.

Five of the 40 faculty members who retired and were not replaced, laid off, or whose positions were eliminated, were people of color. As 28 percent of faculty on campus are people of color, this means the reductions did not impact people of color disproportionately, Williams said.

"Data doesn't completely show the numbers that we have," Williams said. "We provide an opportunity for people to complete a background [profile]. It's voluntary so sometimes people don't complete it and other times they [check] unknown, so we don't know exactly."



Alvin Indalecio/ THUNDERWORD

According to the state's analysis of availability of faculty of color, Highline raised its percentage of African American faculty from the previous report to 9.03 percent, while continuing to underutilize Latino faculty at 1.39 percent.

Underutilization is defined as having

fewer racial or ethnic minorities in a particular job group than would reasonably be expected by their availability.

"We have had some colleges come to us and ask 'You guys are doing so well, what are you doing? We'd like to mirror that,'" said Lori Miller, a Highline human resources manager.

"So I think we are making some headway," she said.

To promote greater diversity in hiring, the college has established a Faculty and Staff of Color Recruitment and Retention council. Its mission is to support interpersonal and group relationships that go beyond mere civility and extends to celebrating and respecting diversity.

"We changed a little bit about how we set up our website. When people first look at the website, we talk immediately about where we are located – how we serve a diverse population," Miller said.

"What we hear over and over from people is that a very big reason of why they come to work at Highline is they are impressed with the culture and the inclusive-ness we have," she said.

At 17.1 percent, Highline has surpassed seven other colleges since 2007 in the percentage of part-time faculty of color, but several colleges have higher percentages including Cascadia at 24.4 percent and Seattle Central at 25.5 percent. Overall, the percentage of part-time faculty of color across the state has dropped since 2007.

"A diverse faculty and staff provides a visible testimony to our commitment to

See Diversity, page 16

## Human trafficking hits close to Highline

By C. Crisostomo  
Staff Reporter

Five hundred women and children in the Puget Sound area will be sold into the sex trade this year and Highline College borders possibly South King County's most prominent portal to that world.

Pacific Highway South is ground zero for the sex trade industry in South King County. Other prominent sex trafficking areas are in the city of Seattle, the port, around the airport and along Pacific Highway North and South.

The victims are among the 300,000 women and children sold annually into sex trafficking in the United States.

There are 27 million people trapped in slavery around the world today. Currently, there are three types of slavery: Bonded labor, forced labor and human trafficking.

See Slaves, page 16

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Candidates for vice president of Administration speak at forum



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St. Patrick's Day Lucky 2015 rave unfolds on Friday the 13th



**Page 9**  
Men's basketball shares West Division title with Clark College





## Student nabbed for bothering women on campus

By C. Crisostomo  
Staff Reporter

One down, one more to go.

Public Safety officials have successfully identified one of the suspects in the harassment case when two males harassed female students last week.

They discovered that he was a student here on campus and brought the case to the attention of Toni Castro, who is the dean of students.

"We were able to identify him, and since he is a student, disciplinary action will be executed," Noyer said.

## Graffiti was seen in parking lot

Graffiti was discovered on campus on March 1. The tagging was found on the light pole coming into the North parking lot via 20th Ave. South.

Facilities Department staff was immediately notified and the graffiti was removed.

## Cell phone stolen on campus

A student's cell phone was reported stolen from the bus stop on March 2.

After the theft occurred, the student immediately notified Public Safety officials.

However, very little information was given and officials have little to work with, but they are still on the case.

## Money taken from aquarium

Twenty dollars cash was reported stolen from the Highline MaST Center office in Redondo on Feb. 28.

MaST staff notified Public Safety after they realized the money was gone and an investigation is underway.

# Plaza honors departed employees

By Jimmy P. Padua  
Staff Reporter

Highline's new memorial plaza, constructed in the summer of 2013, may be close to getting its first inductees.

The plaza, between buildings 10 and 21, was constructed to consolidate all future commemorations into a single location, as well as to reduce maintenance and to increase campus appeal, said Barry Holldorf, director of Facilities and Operations.

Designed by John Fulford, president of Turnstone Construction, the plaza cost \$15,000 and was financed by the college.

Part of the overall cost included importing special cactus green gravel from Texas representing Highline's school colors which was spread throughout parts of the campus.

"Traditionally, Highline planted trees throughout campus as memorials but over time [the significance is] lost or forgotten, along with their history and locations," Holldorf said.

To reduce maintenance and



Andie Munkh-Erdene/THUNDERWOOD

Highline's new commemorative plaza between buildings 10 and 21 is designed to consolidate the college's memorials to staff and faculty.

to avoid accidentally cutting down a memorial tree, the commemorative plaza was installed on campus, he said.

With the death of two professors last quarter, all that is needed to memorialize them are the procedures that are being determined by Stephenson and the Foundation, Holldorf said.

In about a month's time, the

Highline Foundation will have the details and the guidelines for honoring people at the new memorial, said Rod Stephenson, executive director.

Once the rules are determined, the current stepping stones at the memorial will be removed and sent to be engraved for professors Nancy Warren and Terry Nuzzo. The

stones will then be re-installed, he said.

Warren was a professor at Highline for 15 years. She managed the college's Hotel and Travel program where she increased enrollment and built relationships with businesses and organizations throughout Seattle. More recently, she was developing and delivering customer service training programs and facilitating curriculum development for colleges all over Washington.

She died of cancer on Dec. 6, 2014.

Nuzzo was a part-time accounting professor at Highline for 33 years. In 1982 he began teaching an evening class every quarter while working for the Defense Contract Audit Agency. He later taught three to four classes a quarter at Highline after his retirement from the DCAA in 2008. He also recently taught classes at other Puget Sound area colleges.

Nuzzo died on Dec. 15, 2014 due to complications from liver and autoimmune disease.



## News Briefs

dondo Beach Dr. S. Des Moines.

## Honors 299 work on display

Check out what Highline's Honors 299 class was working on all quarter at the Poster Session in Building 8 in the Mt. Constance and Mt. Olympus rooms on Wednesday, March 11 from 10:30 a.m. to noon.

The projects are researched and, or service learning projects.

The project topics range from food justice, affordable health care and ethics of organs donation.

The Honors 299 students will be available to answer questions

about the project they have been working on all quarter.

The students will be able to answer questions about the Honors Program and Phi Theta Kappa.

## Discover your leadership side

Come to First Fridays on March 6 from 2 to 4 p.m. at the Highline Student Union, Building 8, in room Mt. Constance.

Come learn who you are as a leader and the skills you have with working with other people.

As leaders change from within they start to change the world around them.

The presentation is being

hosted by Brain Hooks and Janet Nava.

## Donations are being collected

Highline Cares group is collecting donations for Highline students that are ABE/ESL immigrants or refugees.

You can bring your donations to Building 19 in room 109.

If you can't bring your donations to Building 19, then stop by Building 2 from 9 a.m. to 2 p.m. on Thursday March 12.

All the donations will be given out on March 12 to the immigrants and refugees.

# HELP WANTED

The Thunderword has two openings for Winter Quarter:

## 1. Sports Editor

The ideal candidate will have journalism experience but above all an interest in sports. The sports editor leads coverage of Highline basketball and wrestling teams; arranges assignments and photos; designs and edits pages. The sports editor participates in budget meetings on Monday and Thursday afternoons and works on producing the sports section on Tuesday and Wednesday afternoons.

## 2. Advertising sales representative

This position sells advertising space in the Thunderword to local and regional clients.

These are on-campus, paid positions open to students currently enrolled at Highline for at least six credits with a minimum 2.5 GPA. Both positions require your own transportation and time during the day to do the jobs.

If interested, send a resume and cover letter to [thunderword@highline.edu](mailto:thunderword@highline.edu)





# Bean promises to help students enjoy college

## Candidates for vice presidency visit campus this month

**By Agatha Pacheco**  
Staff Reporter

Shirley Bean said that as vice president of administration, she would help students get the most out of their experience at Highline.

On Tuesday, one of four candidate forums was held in Building 2 for Shirley Bean, the director of Finance and Auxiliary Services

Last quarter, Vice President Larry Yok announced that he would be retiring this quarter after nine years with Highline. His last day is March 20.

The new vice president of administration will be determined by President Jack Bermingham with the advise and recommendations of the hiring committee and feedback from the executive staff.

At the forum Bean was asked: “What do you see as the three most important characteristics of Highline?” and “How would you work with the departments



Andie Munkh-Erdene

*Shirley Bean was the first candidate for vice president to speak at the public forum.*

that report to the vice president for Administrative Services to promote those characteristics for the college as a whole?”

“The things I came up with are our commitment to student success, our community and how we define it and our thoughtful commitment to diversity,” said Bean.

She went on to elaborate on these three characteristics. She said that as the current director of Finance and Auxiliary Services, she impacts student lives

everyday.

“In finance we go through budgets every day and find resources,” Bean said.

She briefly touched on the reality of Highline’s current budget, referencing the state’s priority to fund K - 12 and the plateau in student enrollment.

“The fiscal realities are a real challenge,” she said. “How are we going to continue doing things we do without the funding?”

“You can look at them as

challenges or opportunities,” she said.

Bean said she definitely does not advocate raising tuition to balance the budget and that it’s necessary to look for funding without forgetting to serve the community.

The surrounding community was also something Bean said was an important characteristic.

“We provide support to surrounding communities,” she said.

Bean also said that events are aimed at getting the communities around us involved with the school and provide support for them.

“The people we serve are very diverse and we welcome our diverse community,” she said.

She said that because Highline is also a diverse campus she wants to make sure that when students come to Highline they see themselves here.

Bean said she wants to take the core values of the college and institution and make them a daily part of life.

She also said that one of her priorities is to make sure that money from activity fees only be used for student activities.

“It’s something students pay and I really believe that it should be students who decide what that money is spent on,” said Bean.

The other candidates include Michael Pham, who presented Wednesday in Building 2; Janice Strohs, whose forum will take place today, Thursday, March 5 in Building 8, in the Mt. Constance and Mt. Olympus room at 1:30 p.m.; and Bruce Riveland, who will present Tuesday, March 10 in the Library boardroom at 1 p.m.

# Club helps students learn to cook

**By Enrique J. Montoya Siordia**  
Staff Reporter

Cooking is not part of the curriculum, but one Highline staff member is determined to help students excel in the kitchen.

Tetyana Matsyuk, a part-time Achieve Program worker, was inspired by her students to start the Cooking Club to teach students how to prepare simple meals.

The Achieve Program helps students with intellectual disabilities navigate and get involved with the college. The program also advises these students about classes and involvement in campus activities as well as helping them get jobs and internships.

Matsyuk said she feels close to her students and tries to help them as much as she can.

“I saw that Achieve students really need help navigating the campus. I understood that my job is really important to them. They trust me and rely on me,” she said.

Matsyuk’s students asked about the possibility of forming a cooking club when they were invited to join any club at the campus. The students said they wanted to learn how to cook on their own.

“I was interested in baking and cooking because I feel that is an essential skill to know,” said club member Liz Chang.

Fidel Antonio Montoya was interested in learning how to



Enrique J. Montoya/THUNDERWORD

*Cooking club is a place where students can cook and socialize.*

cook so he can impress his family members who spend their workdays in the kitchen.

”Most of my family works at restaurants, so I wanted to learn how to cook and show them I can do it too,” Montoya said.

There wasn’t a Cooking Club at Highline at the time, so Matsyuk decided to start the club and open it up to the student body.

So far, eight people attended the first meeting and 14 showed up for the second session. She says more students are welcome to join.

Cooking is just part of the fun. Club members said making new friends and interacting with others is a big reason why they decided to join and or stay in the club.

“Cooking is fun, but meeting new people and cooking together is what I like the most about the club,” Jasmin Plair said. “Ev-

eryone is so friendly.”

Isabel Flores agrees that working with others can be fun.

“I met all these people who are now my friends and I love to cook and have fun with them,” she said.

Members said they are proud of their progress and have posted pictures of cupcakes made and decorated by the club on the club’s Facebook page: Cooking Club Highline College.

At the Cooking Club you get to meet new people, learn food recipes and eat the finish product.

The club provides all the cooking supplies and food.

“My favorite part is eating the food after we are done,” Anatoliy Voznyarskiy said.

Cooking Club meets every Friday except for the first Friday of the month from 2 to 4 p.m. in Building 22, room 104.

# Highline equips for possible earthquakes by preparing campus

**By Pa’ana James**  
Staff Reporter

Earthquakes can happen at any time and Highline personnel are concentrating on being prepared.

The college’s emergency management team is asking the whole campus to participate in this year’s earthquake drill on Oct. 15.

Instead of just a few buildings participating in the drill as happened last year, the emergency management team is involving all of the buildings.

“For the upcoming drill in Fall 2015, it will be a campus-wide drill,” said Francesca Fender, executive assistant for administrative services.

Highline has been sending out mass emails to the faculty and staff about resources and information about earthquakes and what to do in an emergency.

The college’s earthquake procedure is to “Drop, Cover and Hold.” When a quake strikes, people should try to avoid areas with glass and doorways, the team said.

If outside during an earth-

quake, people should move to an open area away from buildings, trees and light poles.

After the earthquake, people inside a building should evacuate and not go back into the building.

While exiting, people should keep away from buildings and anything that could potentially fall during aftershocks and walk to the athletic fields, said the team.

As a matter of personal survival, it is recommended that people put together an emergency supply kit that includes a three-day supply of water and non-perishable foods, first aid kit, glasses and medications, a battery-powered radio, and a cache of traveler’s checks.

Highline also may include events about earthquakes leading to the drill.

“Dr. Eric Baer will probably give some lectures about earthquakes that have happened in the area that students will be encouraged to attend,” said Fender.

Fender also predicts that Public Safety will hand out brochures to promote ways to stay safe during an earthquake.



# Net neutrality keeps Internet a public utility

Internet service providers shouldn't charge smaller businesses more for fast access.

Net neutrality is defined as equal access to the Internet.

It essentially prevents Internet service providers from playing favorites and charging some companies more than others for access to their websites.

Without net neutrality Internet service providers can charge smaller businesses more money for fast customer access.

Charging money for fast service is how Internet service providers make money.

The FCC (Federal Communications Commissions) voted on rules for open Internet, also known as net neutrality because making smaller businesses pay more for fast access is unfair.

The Internet is used enough to where it is more of a public utility, and with any public utility, everyone pays the same amount for the same service.

Net neutrality keeps Internet as a public utility where everyone pays the same for the same access speed.

Kind of like sewage and garbage.

Everyone pays the same amount for garbage and sewage services. Because it's a public utility.

The numbers of small businesses going out of businesses, for the first time in 30 years, outnumber the amount of businesses starting up, according to the U.S. Census Bureau.

This means that people are losing their businesses faster than people are making them.

Less small businesses means fewer jobs for the people in the community.

Less people with jobs in a community

Most businesses use the Internet to advertise their business, and have a business websites that anyone can access from on the Internet.

If smaller businesses don't have the money to pay Internet service providers for fast access to their website, then less people will go to their website which results in less business.

Less business leads to a business shutting down.

A business can't thrive without any costumers.

We want smaller businesses to get bigger.

If big businesses stay big then smaller businesses will stay small.

The rich stay rich and the poor stay poor.

We need less rich and poor people, and more people in between.

We need more middle class.

If smaller businesses stay open, more people stay employed which helps the economy.

Having net neutrality would help smaller businesses stay open.

## Have something to say?

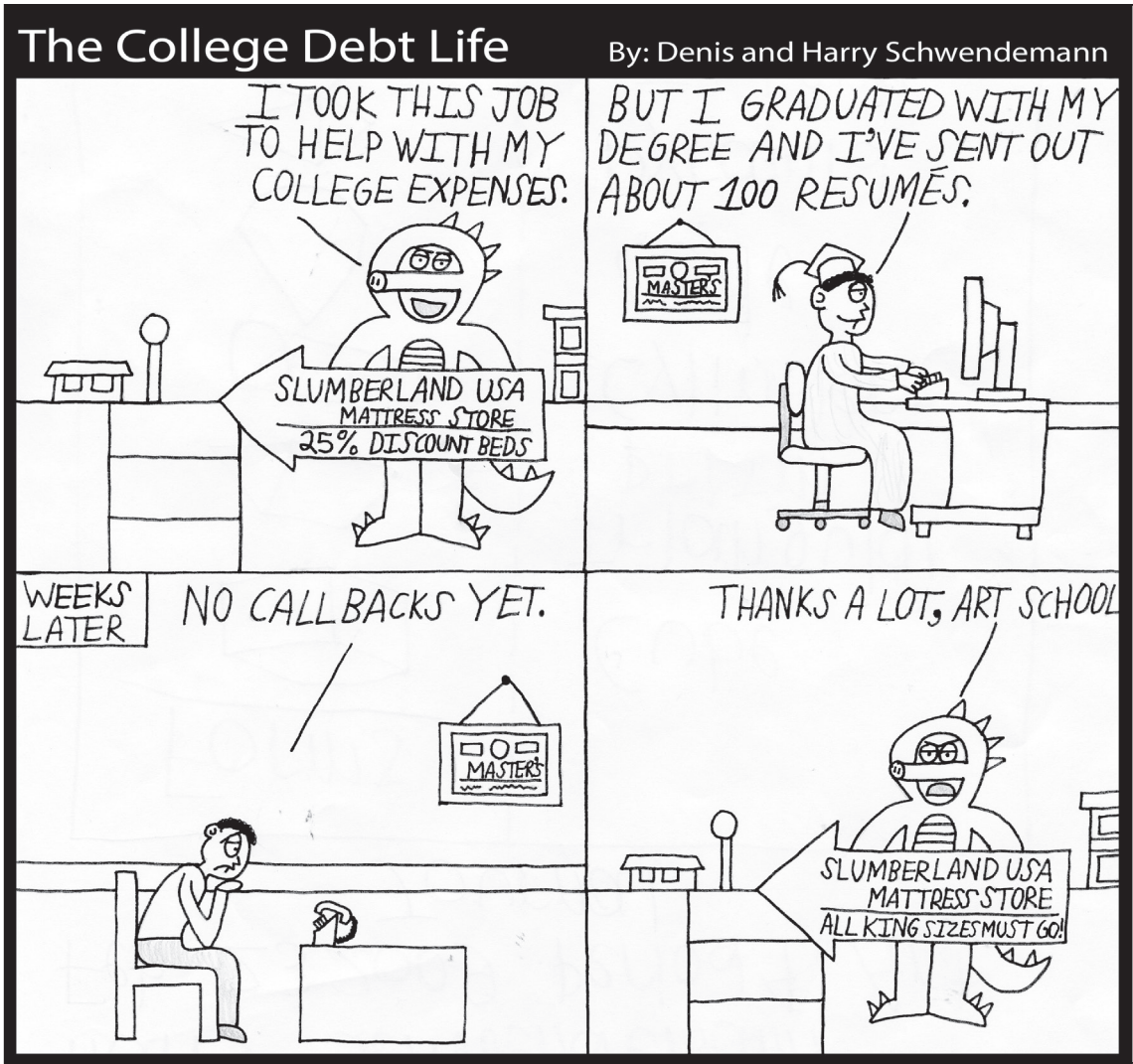
Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to [thunderword@highline.edu](mailto:thunderword@highline.edu) by Monday for print on Thursday.

Write to us!



## Letter to the Editor

### Bond threshold should remain high

Dear editor:

The Thunderword published an article on Feb. 26, 2015 called, "Bill would alter bond voting threshold."

This article talks about how the threshold of passing bonds by vote would be reduced from 60 percent to 50.1 percent.

This is House Bill 1941, (HB 1941).

This is not a good thing.

Let me explain why.

First, we are told that this is bad for our democracy.

Bill sponsor, State Rep. Mia Gregerson, D-Sea-Tac, said "Why is 54.6 percent a landslide for a politician, yet a failure for public schools?"

The majority of voters in the Highline School District said yes to a new school construction bond. Yet it will not happen."

What she says sounds reasonable. The majority voted and in a democracy what the majority voted for should be law.

The problem with that statement is this: The United States is not now nor has it ever been a democracy.

In a democracy everything is subject to 50 percent plus one; we are a republic.

You cannot be a republic and a democracy at the same time. In a republic, representatives are used to run government at all levels.

We choose our representatives through democratic means. That is great.

That is how we should do that. It is the best form of government man is capable of.

This also means that the majority does not automatically rule.

In a democracy everything is subject to the majority. This is called tyranny on the mob.

Think about this.

Which of your rights would you like subject to the whims of the majority?

Majority rule does not mean majority right.

Second, these bonds are for property taxes.

Property taxes are expensive.

Homeowners sometimes struggle to pay them.

When you cannot afford to pay bad things can happen.

It is easy for some who would not be affected by a property tax to vote for an increase. The supermajority is a check to make sure that it is not just those do not pay overwhelm those who do.

Third, Property taxes are the most unjust form of taxes. One thing that America has stood for is the chance to own your home outright. It is yours no one else owns it.

No landlords anymore.

Oh wait, you still have to pay rent to the government.

Pay or we may take your home. You have no choice.

How is this just?

No one should be subject to a tax that can wipe you out and take away everything.

I understand schools need funding. I am not calling for property taxes to just go away without being replaced.

We would need a more just tax.

People try and dismiss what I write by saying, "It is for the children." Or maybe "Why do you hate schools?" This is arguments made by people who have no argument. All forms of funding, even for schools, need to be just. If not than they need to go. After all, the tax on tea went for good things

— Mathew Renner,  
Highline student

# the Staff “ I'm not going to wear a pocket protector, there's no recovery. ” E-Mail: [tword@highline.edu](mailto:tword@highline.edu)

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# Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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- 1. ASTRONOMY:** What former planet in our solar system was downgraded to a “dwarf planet” in 2006?
- 2. GEOGRAPHY:** Where was Shakespeare’s Globe Theater located?
- 3. LITERATURE:** What was the name of the character in *A Midsummer Night’s Dream* who had a donkey’s head as a result of a spell?
- 4. TELEVISION:** What was the name of the agent played by Efrem Zimbalist Jr. on *The FBI* series?
- 5. LANGUAGE:** What five-letter word contains five personal pronouns?
- 6. MYTHOLOGY:** Who was the Greek goddess of the

moon?

- 7. RELIGION:** What is the first of the seven sacraments in Christian theology?
- 8. MOVIES:** What was the home planet of Luke Skywalker in *Star Wars*?
- 9. GEOGRAPHY:** Where are the Faroe Islands located?
- 10. HISTORY:** What type of gun was used to assassinate President Abraham Lincoln?

### ANSWERS

1. Pluto
2. London
3. Nick Bottom
4. Lewis Erskine
5. USHER (us, she, he, her and hers)
6. Selene
7. Baptism
8. Tatooine
9. Halfway between Norway and Iceland
10. A derringer pistol

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## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate    ★★ Difficult  
★★★ GO FIGURE!

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1 2 3 4 5 6 6 7 8

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# King Crossword

### ACROSS

- 1 — Alamos
- 4 Colorado Springs org.
- 8 Incite
- 12 Sternward
- 13 Lump
- 14 Beatle or apostle
- 15 Render immobile
- 17 Do in
- 18 Met melody
- 19 Carillon components
- 20 “Rocky Horror” heroine
- 22 Duel tool
- 24 Early birds?
- 25 Protective walls
- 29 Earlier than
- 30 Goof
- 31 Pinch
- 32 Sun-shades
- 34 State with certainty
- 35 “— and the Tramp”
- 36 Suspicious
- 37 Big-time glitch
- 40 Groovy
- 41 Serve tea
- 42 Overly fearful
- 46 Shrek, for one
- 47 Highlander

1	2	3		4	5	6	7		8	9	10	11
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49					50					51		

- 48 Thickness
- 49 Loathsome sort
- 50 Pruritus
- 51 — out a living
- 9 Bar
- 10 Sea flier
- 11 Right angles
- 16 War god
- 19 Tolerate
- 20 Military vehicle
- 21 Taj Mahal city
- 22 Not merely prompt
- 23 Arguments in favor
- 25 Incite
- 26 Academy Awards prop
- 27 Layer
- 28 Agile
- 30 Birthright
- 9 barterer
- 33 Bruce Wayne’s butler
- 34 A long time
- 36 Disinclined
- 37 Name for a Dalmatian
- 38 “Forget it”
- 39 Emanation
- 40 Gator’s cousin
- 42 Omega preceder
- 43 Don’t just sit there
- 44 Sort
- 45 Easter purchase

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Answers on Page 14

**ARIES** (March 21 to April 19) Disappointed about something that didn’t go your way? Cheer up. Look at the reasons it happened, and you could find a valuable lesson about what to do (or not do!) the next time.

**TAURUS** (April 20 to May 20) It’s a good time to do some reassessing of plans and goals — even how you considered redoing your bathroom. The point is to be open to change if change can improve things.

**GEMINI** (May 21 to June 20) Take some time to learn who is the right person (or persons) to approach and discuss your ideas with for your new project. Also, reserve time to prepare for an upcoming family event.

**CANCER** (June 21 to July 22) Dealing with a demanding situation, as you recently did, could drain much of your own emotional reserves. Take time to relax and indulge yourself in some well-earned pampering.

**LEO** (July 23 to August 22) The regal Lion might feel that she or he is above emotional displays. But showing your



feelings can be liberating for you, and reassuring for someone who has been waiting for you to do so.

**VIRGO** (Aug. 23 to Sept. 22) An emotionally needy person might make more demands than you can cope with. Best to ask for some breathing space NOW, before resentment sets in and makes communication difficult.

**LIBRA** (Sept. 23 to Oct. 22) An unexpected spate of mixed signals could cause serious schedule setbacks. Best to focus on straightening everything out as soon as possible and get everyone back on track.

**SCORPIO** (Oct. 23 to Nov. 21) Be aware that someone in the workplace could try to use a disagreement with a colleague against you. If so, be prepared to offer your side of the story with the facts to back you up.

**SAGITTARIUS** (Nov. 22 to

Dec. 21) An unexpected challenge to a previous decision can be unsettling. But your reservoir of self-confidence — plus your loyal supporters — should help carry the day for you. Good luck.

**CAPRICORN** (Dec. 22 to Jan. 19) While the idea of making some sort of major move in the near future continues to interest you, don’t overlook a new possibility that could be emerging closer to home.

**AQUARIUS** (Jan. 20 to Feb. 18) Be careful not to base an upcoming decision on gossip or anything you might hear if it can’t meet provable standards. That’s true regardless of whom the source might be.

**PISCES** (Feb. 19 to March 20) You might still need to do some solid reassessing early in the week before you can close that sensitive situation. A new job-related opportunity could present itself later in the week.

**BORN THIS WEEK:** You are extraordinarily sensitive to people’s feelings, and you’re always ready to offer comfort if necessary.



# Cool spring weather means green goodness

By Angela Shelf Medearis and Gina Harlow

If you’ve embraced the idea of cooking seasonally, or if you’ve found a farmers market that makes you happy, then you know there are seasons that are somewhat barren. When eating seasonally, sometimes there’s not a cornucopia of choices when it comes to fresh, locally sourced produce.

The whole idea of cooking and eating seasonally is to adapt our menus accordingly. But as spring approaches and the weather thaws, we know that soon there will be stalls and stalls of delicious food. While we’re waiting for spring peas and new potatoes, we still can enjoy some cool-season delicacies.

Greens of all kinds thrive best in cooler weather. Many also mature quickly. That’s why in early spring you’ll find them almost everywhere. From lettuce and spinach to collards and chard, these leafy foods are at their best when in-season and fresh-picked. They are tender and sweeter, and often hardly resemble the same vegetable you find in the grocery in the middle of summer.

The greens family of cruciferous vegetables also includes



Collard greens can make an excellent addition to pasta.

broccoli, Brussels sprouts and cabbage. They’re a great way to add antioxidants to your diet, and contain significant amounts of vitamins A and C, as well as potassium and fiber.

If you’re planning a vegetable garden, planting greens is an easy way to get it started. In the coldest regions, some varieties of greens can be planted after the threat of frost and will be ready by late spring. In more temperate regions, they can be planted in the fall. Once the plants are established, they can take a few days of freezing temperatures. You can even plant them in already established perennial beds. Some, like chard and kale, are quite lovely to look at.

When cooking with greens, the sky’s the limit. They can be sauteed, pureed, steamed, and tossed in salads. With many varieties to choose from, now is

the time to replace the spinach in your standard recipes with collards, turnip greens or kale. You also might want to liven up your salads by adding dandelion greens, endive or mache. Many greens can replace fresh basil to make a delicious and interesting pesto.

For a twist on a traditional spaghetti dish, try my recipe for Collard Green Ribbons with Garlic, Lemon and Pasta. Cutting tender collard greens into ribbons and tossing them with olive oil, garlic, lemon and pasta transforms it into a delicious and hardy new dish.

## COLLARD GREEN RIBBONS WITH GARLIC, LEMON AND PASTA

2/3 package or more of whole-wheat, thin spaghetti  
16 ounces fresh collard greens (about 20 big leaves)

1/4 cup pine nuts  
3 tablespoons olive oil  
1/4 teaspoon red pepper flakes  
5 small cloves garlic, minced  
1 teaspoon lemon zest  
1 1/2 teaspoons sea salt  
1 teaspoon black pepper  
1/2 teaspoon agave syrup or honey  
3 ounces Parmesan cheese  
2 lemons, cut into wedges

1. Bring a big pot of salted water to a boil, and cook pasta according to package directions. Drain quickly, reserving a bit of cooking water, and set aside.
2. Cut out center rib of each collard green. Stack a few greens at a time and roll them up into a cigar-like shape. Slice across the roll as thinly as possible (1/8 to 1/4 inch). Shake up the greens and give them a few chops so

the strands aren’t so long.  
3. Heat a heavy-bottomed 12-inch skillet over medium heat and toast pine nuts until they start to turn golden and fragrant. Pour nuts out of skillet and save for later.

4. Return skillet to medium heat and pour in 2 tablespoons of olive oil. Sprinkle in a big pinch of red pepper flakes, garlic and lemon zest, and stir. Once oil is hot enough to shimmer, toss in all the collard greens. Sprinkle greens with salt, pepper and agave or honey. Saute greens for about three minutes, stirring often to keep from clumping.

5. Remove pan from heat. Scoop greens into pasta pot and toss with another drizzle of olive oil, adding pasta water if necessary. Divide onto plates, top with pine nuts and Parmesan shavings, and serve with two big lemon wedges per person. Serves 4.

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Angela Shelf Medearis is an award-winning children’s author, culinary historian and author of seven cookbooks. Her new cookbook is *The Kitchen Diva’s Diabetic Cookbook*. Her website is [www.divapro.com](http://www.divapro.com). To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Read Gina Harlow’s blog about food and gardening at [www.peachesandprosciutto.com](http://www.peachesandprosciutto.com). Recipes may not be reprinted without permission from Angela Shelf Medearis.

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## Stew up a hearty meal in a jiffy

### BEEF STEW WITH RED WINE

1 pound red potatoes (about 4 medium), cut into 1-inch chunks  
2 teaspoons vegetable oil  
2 large garlic cloves, sliced  
1 medium onion, cut into 1-inch pieces  
1 bag (10 ounces) stringless snap pea and carrot blend  
1/2 cup dry red wine  
1 package (17 ounces) fully cooked beef roast au jus, cut into 1-inch chunks, juices reserved  
1/8 teaspoon ground black pepper

1. Place potatoes in microwave-safe pie plate or medium bowl. Cook in microwave on High 4 minutes or until fork-tender.
2. Meanwhile, in 12-inch skillet, heat oil over medium heat. Add garlic and onion and cook 5 minutes or until tender and lightly browned. Add snap peas and carrots and 1/4 cup water; cover and cook 5 to 6

## Good Housekeeping

minutes or until carrots are tender, stirring occasionally.

3. Add wine to vegetables in skillet; boil 1 minute. Stir in beef with its juices and pepper, and cook 2 minutes or until heated through. Gently stir in potatoes just before serving. Makes about 6 cups or 4 main-dish servings.

### ALMOND THINS

2 cups all-purpose flour  
3/4 cup cold butter or margarine (1 1/2 sticks), cut up  
1/3 cup plus 2 tablespoons sugar  
1 large egg, separated  
1 teaspoon almond extract  
1/8 teaspoon salt  
3/4 cup sliced almonds

1. Preheat oven to 375 F. In food processor, with knife blade attached, blend flour, butter and 1/3 cup sugar just until mixture forms coarse crumbs. Add egg yolk, almond extract and 2 ta-

blespoons water, and blend until mixture just begins to form a ball (do not overmix).

2. With hand, press dough onto bottom of 15 1/2-by-10 1/2-inch jelly-roll pan. For easier spreading, place sheet of plastic wrap over dough and smooth dough evenly over bottom of pan. (To help make an even layer, use bottom of 8- or 9-inch square pan to press dough.) Discard plastic wrap.

3. In cup, with fork, beat egg white and salt; brush some over dough. Top dough with almonds; sprinkle with remaining 2 tablespoons sugar.

4. With knife, gently cut dough lengthwise into 6 strips, then cut each strip crosswise into 8 bars.

5. Bake cookies about 20 minutes or until golden. Transfer cookies in pan to wire rack to cool 5 minutes. While cookies are still warm, cut cookies again following cut marks. Cool cookies completely in pan.

## Beef up burgers with extras

Take ordinary burgers into the realm of extraordinary with the simple addition of a few carefully selected ingredients.

### MUSHROOM AND ONION BURGERS

16 ounces extra-lean ground sirloin beef or turkey breast  
1/2 cup finely chopped onion  
1 cup finely chopped fresh mushrooms  
6 tablespoons dried fine breadcrumbs  
1 teaspoon dried parsley flakes  
1 tablespoon Worcestershire sauce  
2 tablespoons water

1. Plug in and spray both sides of a double-sided grill with butter-flavored cooking spray.
2. In a large bowl, combine meat, onion, mushrooms, breadcrumbs, parsley flakes, Worcestershire sauce and wa-



ter. Mix well to combine.  
3. Using a 1/2 cup measuring cup as a guide, form into 6 patties. Evenly arrange patties on prepared grill. Close lid and grill for 5 to 6 minutes or until burgers are cooked to desired doneness.

4. Serve hot as is, or place on hamburger bun with lettuce and tomato slice. Makes 6 servings.

• Each serving equals: 137 calories, 5g fat, 16g protein, 7g carb., 133mg sodium, 1g fiber; Diabetic Exchanges: 2 Meat, 1/2 Vegetable.

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- Enjoy great wine and great company at the 2015 Poverty Bay Wine Festival. The 11th annual Poverty Bay Wine Festival will return to Des Moines Beach Park on Friday, March 6 from 5 to 10 p.m., and on Saturday, March 7 from Noon to 9 p.m. The Wine Festival features wines from 22 different wineries, great food and live entertainment. Wine Festival Tickets are \$35 and include ten tasting tokens. Additional tasting tokens are available for \$1. Designated Driver tickets can also be purchased for \$15 at the door. There will be free parking and a free shuttle service running from the Des Moines Marina to the Wine Festival on both days. All attendees must be 21 or over to attend and IDs will be checked at the door.
- Experience a production straight out of a storybook this weekend at Book-It Repertory Theatre's presentation of *Dog of the South*. Book-It Repertory Theatre is a theater company that performs books instead of traditional plays. *Dog of the South* was a novel written by Charles Portis, the same author of *True Grit*. The show will be running until March 8. Tickets are \$25 per person and available online at [book-it.org](http://book-it.org). Book-It Repertory Theatre is located at 305 Harrison St. in Seattle.
- Artists will take over next month when Artists United takes over the entire Burien Arts Gallery for their Annual Juried Art Show. Members of the group work in a variety of art forms, including watercolor, acrylic, oil, pastel, mixed media, photography, pottery, printmaking, glass and jewelry. Visitors can vote for the People's Choice award throughout the run of the show, March 4 to March 29. There is also a meet the artists event at the opening reception on Friday, March 6, from 5 to 8 p.m. The Burien Arts Gallery is located at 826 S.W. 152nd St. in Burien. They are open

Wednesday through Saturday from noon to 6 p.m. and Sunday noon to 4 p.m. The Gallery is closed Monday and Tuesday.

- Tap your toes to the beat this Sunday with Jazz LIVE at Marine View Church. This performance will feature numbers from The Stephanie Porter Quintet. The quintet is composed of vocalist Stephanie Porter, pianist Darin Clendinin, bassist Dan O'Brien, saxophonist Mike West and drummer Steve Yusen. The show is running from 5 p.m. to 7 p.m. on March 8 at Marine View Church. Marine View Church is located at 8469 East-side Dr. N.E. in Tacoma. For more information, please contact Jim Foster at 253-229-9206.
- Dance the night away at the biggest St. Patrick's Day party of the year at Lucky. Lucky is a rave hosted by USC events that will take place at the WaMu Theater on March 13. The event is for ages 18 and older and will feature electronic and dance music from famous artists such as Zeds Dead, Steve Angello, and Cedric Gervais to name a few. Lucky will take place at 6:30 p.m. at the WaMu Theater. The WaMu Theater is located at 800 Occidental Ave. S. in Seattle. Tickets start at \$85 and are available at select Ticketmaster locations and online at [ticketmaster.com](http://ticketmaster.com).
- Get your giggle on at Renton Civic Theatre's one night comedy special starring Brian Moote. Moote is known for his work as an actor and comedian on television shows such as USA Network's "Characters Welcome," Nickelodeon's "Nickmom's Nite Out," MTV's "Money From Strangers," and AXS TV's "Gotham Live." The show will feature comedy acts from other local artists such as Justin Hayes, JR Bernard and Matt Black. The show will begin at 8 p.m. on March 7 p.m. with doors opening at 6:30 p.m. The show is \$17 and tickets are available online at [rentoncivictheatre.org](http://rentoncivictheatre.org). Renton Civic Theatre is located at 507 S. Third St. in Renton.

## Chorale students inspired to perform for Highline

By Ashley Johnson  
and Jeff Rowden  
Staff Reporters

The Highline Chorale will be performing pieces of history, storytelling and triumph on campus and free of charge next week.

Dr. Sandra Glover and the Chorale have been rehearsing pieces from Mozart's *The Magic Flute*, Humperdinck's *Hansel and Gretel*, and Verdi's *La Traviata* since Jan. 5.

Duets, trios and choruses from *Hansel and Gretel*, and *The Magic Flute* will be performed.

Dr. Glover said she wanted to gather material for the performance while keeping in mind the setbacks that may occur during Winter Quarter.

"Because of severe absenteeism during Winter Quarter [due to illness], a performance of solos, duets and trios allows for an absence to not hurt the overall effort," Glover said.

After a trip to the Tacoma Opera to see a performance of



Cinthia Velez-Regalado/THUNDERWORD  
Students rehearse for their March 12 musical performance in front of Dr. Glover.

*The Magic Flute*, Dr. Glover's students felt inspired to perform select numbers, known as arias, in their own small operatic variety show.

"This is a symbolic show, with a lot of symbolism of character," Glover said. "*Hansel and Gretel* has melodies that are archived in the histories of Germany, meaning that snippets of German folk songs appear throughout the piece."

The performance will end with a triumphant piece titled *Brindisi* from the opera *La Traviata*, which is written as a toast drinking song at a midwinter ball.

The performance will be the last for the quarter for the Chorale students as well as the final grade for the class.

The hour-long concert is on March 12 at 12:15 p.m. and 7:30 p.m. in Building 7.

## Symphony brings Chopin to life

By Ashley Johnson  
Staff Reporter

The Federal Way Symphony will present an organ concert featuring Christopher Son Richardson and Michael Plagerman at St. Vincent de Paul Catholic Church on March 28.

Special guest Richardson was the grand prizewinner of the 2015 Northwest Chopin Foundation Piano Competition and he will preform *Chopin's Piano Concerto No. 1 in E minor*,

*1st movement*.

Plagerman is the director of music and an organist at Prince of Peace Lutheran Church in SeaTac. He is also a music major at Pacific Lutheran University in Tacoma and will preform *Camille Saint-Saen's Symphony No. 3 in C minor, Opus 78*, the Organ Symphony.

Maestro A. Brian Davenport has directed the symphony more than 30 years. He will be conducting the 8 p.m. concert.

A performance is made possible by contributions from the

Burgess Artistic Endowment, Susan and Gene White and St Vincent de Paul Parish. It is not part of the symphony's subscription series.

Ticket prices for adults are \$25, for seniors (60 and older), for students (19 and older) \$15, youth younger than 18 get in for free.

Tickets are available by calling 253-529-9857 or going to <http://www.federalwaysymphony.org/20150328.html>.

The concert is at 30525 8th Ave. S., Federal Way.

## MUSIC NOW!



**AUDITION** for an entry code to the Highline College CHORALE  
by contacting Dr. Sandra Glover in Building 4, Room 103.  
[sglover@highline.edu](mailto:sglover@highline.edu)







## Highline wrestlers smartest in the nation

By **Xavier L. Henderson**  
Staff Reporter

Highline’s wrestling team won the Academic National Championship award for the highest grade point averages in the country.

Although none of the T-Birds won a national championship, three placed in the top 12 this past weekend at the NJCAA National Championship.

Ben Tynan became an All American by placing sixth place.

Connor Rosane placed in the top 12, as did Brad Reddaway.

Justin Weiding went two and out and did not place.

In this tournament, if you

lose two matches then you’re eliminated from the bracket. This tournament included over 61 of the best colleges in the country.

Iowa Central won the national tournament with a team score of 158, Clackamas finished second with a team score of 131, North Iowa Area finished third with a score of 113, North Idaho finished fourth with 109, and Northeastern Oklahoma A&M finished fifth with 95 points. Highline placed 22 out of 61 colleges.

Highline is the only team to win the Academic National Championship award back-to-back, and the only team to win it four times.

“We do have the smartest kids in the country. We just need to work hard in the off season on wrestling,” said Assistant Coach Bradley Luvaas. “They all wrestled well. You just have to win the close matches and our guys didn’t.”

Highline heavyweight Tynan won his first two matches by major decision, and then got pinned in the semi finals to Richard Black III of Neosho County Community College.

Tynan’s teammate Elias Mason said that Richard Black was clearly 270 pounds and was a very big guy.

“Ben was just caught by a throw he didn’t see coming,” said Luvaas.

Tynan won his way back into the fifth place bracket match, losing to John Morin from Clackamas to take sixth place.

Brad Reddaway at 133 pounds placed in the top 12, one win away from All American status.

Reddaway lost his first match against last year’s national champion, Mizam Tamaradze from Springfield Tech College.

Winning the next three matches, Reddaway injured his knee against Clay Stine from Iowa Western and lost by two points.

“If Reddaway didn’t hurt his knee in the previous match against Stine, he would have placed top eight,” said Coach

Luvaas.

Connor Rosane, at 184 pounds, placed in the top 12.

Rosane was only one win away from being an All American wrestler, winning three matches and losing two.

“Connor was one match away from placing top eight as well,” said Luvaas. “They all need to do some off season work to come back stronger for next year.”

Justin Weiding went two and out at the national tournament.

Luvaas said there was just a lot of experienced wrestlers in the 157- pound weight class, and that Weiding needs to use this loss as a tool to get better for next season.

## Men’s hoops shares West Division title

By **Charles Prater**  
Staff Reporter

The Highline men’s basketball team ended the regular season over the weekend as Co-Champions of the West Division.

After beating Green River at home on Wednesday, the Thunderbirds suffered a loss on the road at the hands of Clark.

Along with being co-champions, three T-Bird players were honored with awards for their play on the court.

Sophomore forward Ben Tucakovic won West Region MVP. Tucakovic averaged 18 points per game, eight rebounds, and shot 43 percent from the three-point line.

Sophomore forward Isom Brown was named Defensive Player of the Year for the west.

Highline sophomore Doug McDaniel became a first team West Region player by averaging 19 points per game and was fourth in steals in the league with 2.5 per game.

Saturday’s game was a showdown of the top two teams in the West Division.

Clark, 13-3 (21-6), is the reigning west champion and definitely played like it despite five Highline players in double figures.

Down nine points at the end of the first half, the T-Birds tried to fight their way back into the game, but the Penguins’ high volume shooting put Highline away, losing 92-81.

This game was a tale of the free-throw line with both teams committing 20 or more fouls and both of them going to the



Andie Munkh-Erdene/THUNDERWORD

Highline freshman forward Caden Rowland goes up for a layup in a win over division rival Green River.

line 25 or more times.

What kept this game in reach for Highline were the seven threes and 11 free throws they hit to keep it close in the first half.

Unfortunately for the T-Birds, the threes are what might have done them in in the second half.

The Thunderbirds went five out of 18 from the three-point line, while the Penguins continued to display their shooting ability, going almost 60 percent from the field in the second half.

Leading scorer for the game was Clark’s Orlando Vance, who managed 24 points and six blocks.

Top scorers for Highline

were sophomore Madison McCaffrey and freshman Remeake Keith both with 15 points.

Sophomores Tucakovic and McDaniel both scored 11 points and freshman Caden Rowland netted 12 points for the Thunderbirds.

With the loss, the T-Birds lost the chance to be in sole possession of the West Division trophy, but will share it with Clark due to both teams finishing with the same record in the division.

“We played a more complete game with regard to effort the second time against Clark, but we have to be much better defensively,” said Highline Head Coach Che Dawson.

“Every team at the tourna-

ment can score. The team that is most consistent defensively maximizes its chances over there.”

Last Wednesday, the Thunderbirds, 13-3 (21-7 overall), played their last home game of the season against Green River, and the T-Birds delivered.

The Gators, 10-6 (20-10 overall), came into that game as the third ranked team in the west, fighting to move up to the No. 1 spot in the division.

Highline was not going to make it easy for the Gators as the T-Birds were coming in on a six-game win streak.

With a huge lead in the first half, Highline was able to stave off a second half comeback from the Gators, winning 84-61

From jump ball Highline was on point, offensively and defensively, for a majority of the first half, shooting 58 percent from the field and keeping the Gators to only 38 percent.

With everything clicking for the T-Birds, the game was well in hand with a, 46-22, lead at the end of the first half.

The second half saw better play out of the Gators, who came out shooting threes to try and get back in the game, but with too much of a deficit in the first half and the effort by Highline, Green River never had a chance to get back in the game.

With such a big lead in the first half, starters like Highline captains A.J. Banks and Isom Brown only played the first half and a little bit in the second half.

“I’m sure that it had a positive impact”, said Coach Dawson when asked about the sophomores’ emotions during the game.

“Our sophomores have invested a lot in the past two years. It’s easy to commit to playing that way when you have invested a lot.”

Leading scorer for the game was sophomore guard Madison McCaffrey with 19 points, going five out of seven from the three-point line.

Followed closely by Tucakovic with 14 points and freshman forward Remeake Keith also with 14.

Highline has a couple of more days off before they travel to Kennewick to play in the NWAC tournament March 7, where they will be the No. 2 seed from the west.



# Women's hoop tourney up for grabs

**By Mikel Abraha**  
Staff Reporter

NWAC coaches say that this year's tournament is up for grabs.

The women's basketball NWAC tournament is only days away and it is surrounded by the excitement and expectation of winning it all.

The tournament will take place this Saturday, March 7 at the Toyota Center in Kennewick and will end on Tuesday March 10.

This is a 16-team tournament that will include four teams from the NWAC North, East, West, and South.

The No.1 seeds will play the No.4 and the No.2 seeds will play the No.3 of the opposing division.

This year, the North will matchup with the South while the West will have to go at it with the East.

The South Division participants include Umpqua, Lane, South West Oregon and Portland.

Each of these four teams has a player ranked in the NWAC's top 10 in scoring.

In every tournament there is a clear favorite based on rankings and performances throughout the season.

Umpqua is entering the tournament 24-4 and 11-2 in the South Division. Many coaches believe that they are the clear favorite to win it all.

After last year's second place finish, they have six returning players with enough experience to reach their high expectations.

"I consider Umpqua the favorite. They have everyone back from their second place finish last year and have been ranked number one the entire

year," Columbia Basin Head Coach Daron Santo said.

Although many have picked Umpqua as the team to beat, other coaches say that they think that everyone has a chance. "I think it could be anyone this year. This year I think the league is more balanced," said Peninsula Head coach Allison Crumb.

"I still think that Umpqua is probably the favorite going into the tournament, but a lot can happen in four days and I expect this to be a pretty exciting tournament," she said.

Highline Head Coach Amber Mosey also thinks every team has an even chance.

"This year's tournament is wide open. Umpqua has been playing well of late but I truly think it is anyone's game," She said.

Umpqua will be playing Whatcom from the North Division.

The North Division participants who will be matching up against the South Division, include Peninsula, Bellevue, Skagit Valley, and Whatcom.

Peninsula is the No. 1 one team coming out of the north with a 13-1 division record and a 19-5 overall record. They will be playing against Portland.

"We need to just stay very competitive and confident. I think we have the skill and the team makeup to win it all. We believe we can beat anyone, but we can also be beaten, so we need to show up and bring our absolute best every game," said Coach Crumb.

"If we do that we always think we have a great shot at winning that game. Free throws will be critical and being able to use our depth is also an obvious strength getting into post-season," she said.



Chris Vann/Thunderword

*The Lady T-Birds practice ahead of this weekend's NWAC tournament.*

Lower Columbia, Centralia, Highline, and Clark will represent the West Division in the tournament.

Lower Columbia is the No. 1 seed coming out of the west with a 15-1 division record and 22-8 overall record.

They are entering the tournament as one of the most efficient teams with the No. 2 rankings in the NWAC in terms of field goal percentage and field goals made.

Lower Columbia will face Blue Mountain from the East.

The West also has a team that believes that they are one of the dark horses.

Highline Head Coach Amber Mosley knows the potential that her team has and she's been working to get them to play their best basketball over the course of the season.

Coach Mosley said she believes that her team can be unstoppable when playing within their strengths.

"When this team wants to work and do what we are supposed to do, we are unbeatable. However, we tend to get down on ourselves when things do not go right," she said.

"If we play our defense, we can win it all. We also need to stick together when it gets hard. I think our conditioning and ability to outrun teams down the stretch will play a big part in the tourney," said Coach Mosley.

The Highline Thunderbirds are the third seed and will go head to head with second seed Wenatchee Valley from the east.

The East Division competitors include Walla Walla, Wenatchee Valley, Columbia Basin, and Blue Mountain.

Walla Walla is the No. 1 seed from the east with a 12-2 division record and 21-5 overall record.

Walla Walla will matchup with Clark from the West Division.

## Lady T-Birds end season at third in division

**By Mikel Abraha**  
Staff Reporter

The Lady Thunderbirds have ended their regular season on a high note.

Highline went head-to-head last Wednesday with Green River in their last home game of season, winning 77-58.

Green River gave Highline a run for their money in the first half; they held Highline to just 28 percent shooting and forced 10 turnovers to possess an 11-point lead at half time.

Highline's second half heroics came into full affect after bursting out a 12-2 run to take the early lead.

The Lady thunderbirds never looked back and outscored the visiting Gators 48-21 in the second half.

Highline Head Coach Amber Mosley said this was a game filled with expectations and emotions.

"I think everyone especially the sophomores had high expectations for Wednesday's game," Coach Mosley said.

"With that being said we fell a bit short. But we did calm down and put in a very impressive second half effort. I was



Andie Munkh-Erdene/Thunderword

*Highline's Ionna Price shooting against Green River on Wednesday, Feb. 25.*

pleased with the way they responded at half time."

With emotions riding high, sophomore guard Brittany Barrington carried the Lady Thunderbirds and scored 24 points.

Chardonnae Miller contributed 12 points and 7 rebounds while Justina Laney added 11.

Green River's Jessica Norlander led all scorers with 27 points while Gina Mitchell added 13 for the Gators.

That win extended Highline's win streak to five until losing to Clark in their season finale, 69-62.

Highline won the rebounding and turnover battle but managed to shoot 31 percent for the game while Clark shot 35 percent.

Taylor Howlett led the Penguins in scoring with 17 points and was the only player to manage double figures.

Highline kept themselves in the game with the help of Barrington and Miller.

Barrington recorded 17 points, 6 rebounds and 6 steals while Miller recorded a double-double with 13 points, 10 rebounds. She also pitched in 5 steals.

Not the exact way they ex-

pected their season to end but Coach Mosley said she thinks that they can only go forward from the results of this game.

"I think the loss at Clark could be beneficial for us as we enter the tournament. It was a hard fought game and the girls stuck together and fought to the end," she said.

"That is something we haven't done well this season. The ability to do that will help us in the tournament."

Highline completed their season with a 12-4 record in the league and assured them a play-off berth by placing third in the NWAC West Division.

The Lady Thunderbirds will prepare for the NWAC tournament in Kennewick this upcoming weekend from March 7-10.

Coach Mosley said she will look to her sophomores to help lead the team through the NWAC tournament.

"The four girls from last year's team, Allie Weathersby, Ionna Price, Calli Remitz and Kayla Ivy put in so much work over the off season," she said.

"It is amazing how much better they have all gotten. They will need to lead the way at the NWAC tournament."



# Men have high hopes for tourney

By Charles Prater  
Staff Reporter

The Highline men’s basketball team will need to win four games against tough opposition in order to be crowned league champions in this year’s NWAC tournament.

The tournament will be held in Kennewick at the Toyota Center from Saturday, March 7 to Tuesday, March 10.

The tournament will have four teams from each of the four divisions, North, South, East, and West, all with a chance of winning the championship.

“The team that’s playing its best basketball come March 7 has a chance,” said Clark Head Coach Alex Kirk.

“As of right now, I would think that is Bellevue College. They’re on a roll and they have won 14 in a row,” said Columbia Basin Head Coach Rolando Garcia.

“All of the teams in the tournament are tough,” said Highline Head Coach Che Dawson.

“You have to beat four good teams to win it. You should stay home if that isn’t your goal.”

For the first round, all the No. 1 seed teams will face a No. 4 seed team and all the No. 2 seed teams will face a No. 3.

If a team loses in the first round they are then put in a consolation bracket, for a chance at third, fourth, our fifth place. If a team loses again, they are eliminated.

Representing the north is No. 1 seed Edmonds, followed by Bellevue, Everett and Peninsula.

Edmonds, 12-2 (24-5 overall) ended the regular season with the second best record in the league behind Bellevue, 12-2 (25-4 overall), who lost to Edmonds for a chance to be the No. 1 seed in the north.

Bellevue allows the fewest



Highline’s Jimmy Keum takes control of the ball against Green River last week.

points in the conference with 66 points a game and Edmonds led the league in rebounding and made field goals.

All the teams in the north will face a south team in the first round, represented by No. 1 Clackamas, followed by Lane, Umpqua, and Mt. Hood.

Lane, 10-4 (18-10 overall) is a No. 2 seed and is leading the league in blocks per game and three point percentage with 40 percent.

For the west, both Highline and Clark finished with the same record in the division, but due to Clark winning both matchups, they were awarded the No. 1 spot for the west.

Highline is the No. 2 seed, then Pierce and Green River.

The east teams consist of Big Bend, Columbia Basin, Wenatchee Valley, and Treasure Valley.

Columbia Basin guard James Lopez leads the league in scoring and assists, with 25 points per game and six assists a game.

Wenatchee Valley forward Aar-

on Ward leads the league in rebounding with 12 per game.

“Our team’s strengths, in my opinion, is our ability to share the ball and have a number of players that could lead us in scoring on any given game,” said Columbia Basin Coach Garcia.

“We also like to run and shoot the ball from the perimeter, which stretches out defenses, allowing for dribble-drive penetration.”

Some NWAC coaches say depth and experience will be the key to their teams’ success.

Highline Head Coach Che Dawson said teamwork and his veteran players will be his team’s key.

“We share the ball pretty well most of the time,” said Coach Che Dawson. “We have some experienced sophomores who are very competitive.”

Highline has seven players from last year’s team that finished third in the tournament.

“On the court, Ben Tucakov-ic’s versatility and willingness

to fight through tough times by getting things done inside the paint has been a huge factor this year,” said Dawson.

“But I’m proud of all of the sophomores and their increased maturity in the last year.”

All the coaches agree that in order to win, they need to play every game with constant effort.

“Toughness, discipline, depth, a good draw and some luck wouldn’t hurt,” said Coach Kirk.

“To win it all, I believe that a team must be able to play at their highest level for four and doing so against really good opposition,” said Coach Garcia.

“This conference is very difficult and on any given night, any team can beat another team.”

“You have to defend and rebound. Every team over there can score,” said Coach Dawson.

The T-Birds kick off the tournament, being the first team to play, on Saturday, March 7 at 8 a.m. against the No. 3 Wenatchee Valley Knights.

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Scoreboard

MEN'S BASKETBALL		
Team	League	Season
	W-L	W-L
West Division		
Clark	13-3	21-6
Highline	13-3	21-7
Pierce	10-6	14-14
Green River	10-6	20-10
Lower Columbia	10-6	18-12
Grays Harbor	6-10	11-17
Tacoma	6-10	9-18
S. Puget Sound	2-14	5-23
Centralia	2-14	4-23
South Division		
Clackamas	11-3	19-10
Lane	10-4	18-10
Umpqua	10-4	19-9
Mt. Hood	9-5	12-13
SW Oregon	7-7	10-17
Portland	5-9	11-15
Linn-Benton	4-10	7-20
Chemeketa	0-14	0-29
North Division		
Edmonds	12-2	24-5
Bellevue	12-2	25-4
Everett	8-6	17-12
Peninsula	7-7	14-12
Skagit Valley	6-8	14-12
Shoreline	6-8	11-16
Whatcom	4-10	6-19
Olympic	1-13	8-18
East Division		
Big Bend	11-3	23-7
Columbia Basin	10-4	17-11
Wenatchee Valley	9-5	20-9
Treasure Valley	8-6	14-13
Spokane	8-6	10-11
Walla Walla	5-9	13-16
Yakima Valley	3-11	5-23
Blue Mountain	2-12	6-20

WOMEN'S BASKETBALL		
Team	League	Season
	W-L	W-L
West Division		
Lower Columbia	15-1	22-8
Centralia	14-2	25-4
Highline	12-4	18-11
Clark	10-6	15-9
S. Puget Sound	8-8	10-13
Green River	6-10	11-17
Pierce	5-11	6-22
Tacoma	2-14	4-20
Grays Harbor	0-16	0-26
South Division		
Umpqua	11-1	24-4
Lane	8-4	22-7
SW Oregon	7-5	16-11
Portland	6-6	13-13
Clackamas	6-6	18-9
Chemeketa	3-9	5-20
Mt. Hood	1-11	5-22
North Division		
Peninsula	13-1	19-5
Bellevue	12-2	21-8
Skagit Valley	9-5	19-11
Whatcom	8-6	13-14
Everett	7-7	13-15
Olympic	5-9	13-14
Edmonds	2-12	3-22
Shoreline	0-14	0-22
East Division		
Walla Walla	12-2	21-5
Wenatchee Valley	10-4	19-8
Columbia Basin	10-4	18-10
Blue Mountain	9-5	16-9
Spokane	5-9	16-14
Treasure Valley	5-9	13-15
Big Bend	3-11	12-18
Yakima Valley	2-12	5-23

# Highline hopes it’s Miller time at tournament

By Hayley Craddock  
Staff Reporter

The Lady T-Birds’ hopes for a Northwest Athletic Conference basketball championship may be dependent on the performance of one of their freshmen teammates.

Chardonae Miller stands 5’10” and plays forward or a post. She averages 10 points and eight rebounds per game.

She’ll be seeing her first NWAC Championship action this Saturday night when Highline squares off against Wenatchee Valley in the 10 o’clock nightcap.

Born in California, she moved to Auburn when she was 3. She eventually attended Tahoma High School in Maple Valley.



Chardonae Miller

“I started playing basketball when I was in the fourth grade,” Miller said. “All of my siblings played, so I started and I thought it was fun.”

When it was time for Miller to choose a college, her visit to

the Highline campus sealed the deal.

“I liked the coaches and the way they coached, and I liked the people at Highline. It felt like the right place,” Miller said.

Miller has gained recognition in her initial collegiate season and is concentrating on upping her game.

“I’m good at rebounding and running the floor, but I should probably work on my shot and dribbling,” Miller said.

Her teammates also appreciate the height she brings to the squad.

“Her long arms make her so good at rebounding, blocks, and steals. She’s just so long,” said point guard Kayla Ivy.

Miller’s teammates are happy to have her on the team for her playing abilities as well as

her personality.

“She’s so fun to laugh with, her laugh is contagious,” said shooting guard Calli Remitz.

Miller is equally upbeat about the squad.

“I think the biggest thing is communication and trusting each other, when we know we can do well and play as a team, we do better.”

Miller is undecided on where she would like to transfer after her two years at Highline, but she knows she wants to continue playing basketball and possibly pursue a degree in business.

But business this weekend is bringing home a league championship and as far as where she’ll get that degree, recruiters from various four-year schools will be in attendance.



# Women can win in science, math

Degrees can open doors, engineer explains to students

**By Nasri Isaac**  
Staff Reporter

Work in science, technology, engineering and math careers have traditionally been difficult for women to pursue, but for those who do persevere and gain a STEM degree, the career options can be endless, a speaker told Highline students last week.

Shari Brown, New Products and Technical Solutions director at Weyerhaeuser, spoke about her journey and the importance of experiences at the annual Women in Science and Engineering dinner last Friday.

Brown advised the audience to use their STEM degrees to explore other careers and not to limit themselves.

"STEM degrees can open up a lot of doors if you pay attention," she said.

Brown has been working for 20 years at Weyerhaeuser.

"I have been really lucky in my career," Brown said.

"I had the opportunity to work at 10 different positions with the same degree and develop more and more skills," she said.

Brown has worked as a project manager, chemical engineer and in environmental awareness.

"I have done strategic plan-



Kayla Dickson/THUNDERWORD

Shari Brown of Weyerhaeuser tells students about finding their way to a STEM career at last week's annual WISE dinner.

ning, cross-functional team work and so on," she said.

As a mother of two, Brown said that it is not always easy.

"It is always hard being a working mother but there are a lot of resources for working mothers these days," she said.

She said that the way to have a successful career as a working mother is to let people know the expectations.

"Tell people what to expect," Brown said.

"Let them know that you

have to be home by 5 p.m. but you could come in at 6 a.m. to take up that project. Communicate so there are no surprises," she said.

Students had an opportunity to ask questions at the end of the lecture.

"How do we deal with the lack of confidence?" asked student Karen Anguang.

Brown said to make relationships with professors and fellow students.

"Don't rely on validation

from other people and make sure to make lasting relationships," she said.

She advised the students to believe in themselves and enjoy the journey.

"Don't ignore the ability of communication and learn from all experiences because that will be what keeps you going," Brown said.

"Communication is what will keep that interest and dream alive when you work at the same place for 20 years," she said.

Flu winds down as FDA aims for better vaccine next winter

**By Lauren Neergard**  
AP Medical Writer

WASHINGTON — The miserable flu season is winding down but not quite over yet, health officials said Wednesday, even as the government picked what it hoped would be a better vaccine recipe for next fall and winter.

If it seems early to worry about the next flu season, well, producing 140 million doses of vaccine requires starting months in advance.

It's a process that's part science, as researchers track what flu strains are spreading in different parts of the world to predict what may come here. And it's part luck, as this year showed when a surprise new version of an aggressive flu strain — one that arose too late to be added to the vaccine — swamped the country.

Wednesday, advisers to the Food and Drug Administration urged the government to explore ways to improve how each year's flu vaccine is created.

"It's hard for me to believe that we cannot do better," said Dr. Pedro Piedra of Baylor College of Medicine in Houston.

Meanwhile, the panel recommended that next winter's flu vaccine be sure to include the new H3N2 strain, as influenza cases around the world suggest it's still spreading.

The flu season peaked in January and is steadily declining but there's still a lot of illness around the country, Dr. Lisa Grohskopf of the Centers for Disease Control and Prevention said Wednesday.

The vast majority was caused by a nasty version of Type A flu, the so-called H3N2 branch of the viral family that tends to trigger more pneumonia and other complications than other forms of influenza and is particularly risky to seniors. Indeed, this winter's flu-related hospitalizations of people 65 and older were at their highest since the government began tracking that in 2005, Grohskopf said. And while it's too soon to know the death toll, the CDC does closely track flu-related child deaths, now at 92, close to the yearly average of 100.

Part of the problem: This year's vaccine was only about 18 percent effective against that H3N2 strain, Grohskopf said.

Why? Flu viruses constantly mutate, and the vaccine is changed yearly to keep up based on what scientists see circulating in other countries.

# Big data is a big deal in the Internet world

**By Ferdaws Abbasi**  
Staff Reporter

Every time you've sent an email, every Google search you've conducted, you've created a mound of data that can be mined to track your interests, habits and possibly predict your future actions, a Highline professor told last week's Science Seminar.

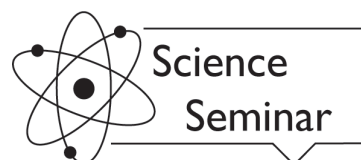
Science Seminar is a weekly series of presentations on topics of scientific interest by members of the campus community.

Computers, which utilize data for functionality and communication, collectively hold more data than there are people on Earth.

Data is the variety of information stored in computers and servers throughout the world, said Dr. Amelia Phillips, chairwoman of the Pure and Applied Sciences Division.

And databases are the amassed data and information organized into tables related to one another, Dr. Phillips said.

A database can contain in-



formation such as Facebook's chat history, pictures, friends lists and history of timeline posts. Email history and associated links are also stored in databases.

A server is a data storage device, which stores information and makes

it available for other uses through applications.

Collected information is stored in a file and can be accessible anywhere using a cloud server.

There are two levels of server clouds, public and private.

"Private clouds are used by corporations and companies to keep confidential information in an infrastructure," Dr. Phillips said.

Other people use public clouds to present data to the public, such as Facebook posts.



Dr. Amelia Phillips

And airlines use public data to present flight statuses.

"One of the things we'll look at is flight cancellation. There is actually a lot of data that's available to the public like flight cancellations," Dr. Phillips said.

A majority of data collected on a person or place is considered data analytic, Dr. Phillips said.

Companies and corporations

use data analysis to track people's interests in products.

Data mining reveals details about a person's activity, interests and behavior model.

"Data mining lets you look at hidden trends, any patterns and relationships," Dr. Phillips said.

How to track where data came from is called Meta-data.

"Meta-data is used to find data about data," Dr. Phillips said. "If you send an email, I know what email address you were logged into and the way the message got routed."

Somewhere at some place, data is collected about a person and stored, regardless of whether they thought it was deleted or saved. It can be used to track someone or find documents about a person's activities and interests, she said.

This week's Science Seminar is about psychotropic drugs, cognitive functioning, and academic performance by Dr. Paul Zarkowski. It takes place on Friday, March 6 at 1:30-2:30 p.m. in Building 3, room 102.



# Federal Way continues with plans for downtown

By Sam McCullough  
Staff Reporter

Federal Way is proceeding with plans to revitalize its downtown by creating a bustling town center. They are looking for a private firm to develop a mixed-use retail and residential complex near the planned Performing Arts and Conference Center.

In 2014, the city announced plans to build the arts center at the intersection of 20th Avenue South and South 316th in Federal Way.

The \$32 million building will be 41,000 square feet at the end of construction.

Federal Way then purchased an adjacent 7.5 acres of property for \$8.2 million. This property is located across the street from the arts center, south of South 320th Street. The site currently hosts a former Target store.

This property is now home



*Federal Way has big plans for a booming downtown, which includes an arts center and a park. In this artist's conception, the complex includes a performing arts center as well as retail and residential development.*

to Town Center Park, which was built in late 2014. The city plans to add water-park attractions to the park, which will be completed in April.

Federal Way has sent out re-

quests for proposals to develop the commercial and residential portion of the site.

"There will be a mix of retail spots and residential areas," said Mayor Jim Ferrell,

who visited Highline on Tuesday.

These requests give developers the chance to apply to work with Federal Way. They have not found a developer yet, but

are still looking for the right fit. "We acquired the property with the intent to work with developers," said Chris Carrel, communications director for Federal Way.

"We're planning on working with developers to expand the space. Most developers have contracts with retailers, who would eventually move in to the retail spots," said Mayor Ferrell.

Last week, Mayor Ferrell hired the executive director of the arts center, who is coming from Lancaster, Calif.

Teresa Yvoe will be working with the developers and arts teams to build the arts center.

"We hired her a year before the arts center opening because we want her involved through the entire process," said Carrel.

Mayor Ferrell predicts that the construction of the arts center and town center will be finished mid-2016.

## Students learn at conference how to handle religious discussions

By Nasri Isaac  
Staff Reporter

Highline students were trained on how to create a platform for religious discussions at the Interfaith Youth Core Conference in Los Angeles, Calif.

Interfaith Youth Core is a Chicago-based organization building a movement of people of all faiths and traditions to bring about change in the world.

The conference identified the divisive nature of public conversation about religion as a major problem facing America today. The organization seeks to promote a different narrative that instead emphasizes cooperation among different religious and secular communities.

Approximately 20 colleges attended the conference, including eight students from Highline.

Students were encouraged to make their own rules for facilitating the discussions.

"We are going to learn how to make our own rules and what it takes for each one of us to feel comfortable enough to discuss religion," said Kristi Del Vecchio, the facilitator of the workshop.

Students were asked to explore three steps: Voice, Engage and Act.

"One skill everyone should feel comfortable exploring is using the 'I statement'. This is so we all feel comfortable to share our own experiences and not have to speak for a whole

religion or culture," Del Vecchio said.

Voice was defined as speaking about religious/non-religious experiences and identities.

Engage was defined as going outside one's comfort zone and engage others across lines of religious differences in meaningful conversation about shared values.

The Act part of the workshop represented acting together on shared values to make an impact on issues important to the campus and surrounding community.

"We need honesty about our own experiences so we can work through misconceptions and such," Del Vecchio said.

Students were asked to discuss what the three steps meant on their own campuses.

"I guess it means that we do the voice part of it at our campus because I haven't seen much engaging going on," said Malaki Elm, a student from Georgia State University. "We kind of glaze over religious/non-religious differences at our campus."

"We are at 70 percent students of color at my college and we deal with a lot diversity related topics," said Pa Usman, a student leader from Highline.

"We do so well dealing with issues that come-up with race, but we barely talk about religion. These steps don't really relate to my campus because we need to start the voice aspect of it," he said.

During a session labeled

'Speed Faithing', students were given the opportunity to learn about other religious/non-religious beliefs. At the Atheism workshop, students received information of what atheism is and the experiences of the workshop facilitator, Adam Garner.

"Atheism to me is the rejection of the belief in the supernatural. It is the reliance on empiricism as the primary means of understanding the world," he said.

He said he believed that the best conversations happen in interfaith dialogue.

"Everyone deals with questions relating to religion and the unknown. What better way to deal with them than talking about them and seeing others' perspectives?" Garner asked.

The objective for the Speed Faithing workshop was to understand why action/service is an important component in building interfaith cooperation.

"Explore what it looks like to act on campus. If you have a shared activity with one person, it is likely to have a positive view on the people of that particular group," Garner said.

"As interfaith leaders we must lead with the idea of building relationships with those who disagree with us about deeply important issues," said Tanya Lane, a conference leader.

"Whether it's religion, race or culture, you get to connect, human to human heart to heart," she said.

## Suicide prevention bill passes in the House

By Sam McCullough  
Staff Reporter

OLYMPIA — A bill to help prevent suicide in colleges was passed earlier this week by a vote of 91 to 6.

HB 1138 would convene a task force to determine what key steps can be taken to improve access to mental health care and to improve suicide prevention.

"There are a lot of untold stories out there," said Rep. Tina Orwell, D-Des Moines. "It's tragic that students who have so much ahead of them [commit suicide]."

The task force itself will be put together by Forefront: Innovations in Suicide Prevention.

The organization, which is based out of the University of Washington, specializes in suicide awareness and prevention.

According to the bill, representatives from various agencies will join the taskforce, including the State Board for Community and Technical Colleges, the Independent Colleges of Washington, the Northwest Career Colleges Federation, and the Washington departments of Health, Veterans Affairs, and Social and Health Services.

In other legislative action:

- A bill that will ensure that all rape kits taken at the time of a sex crime was passed in the House of Representatives earlier this week.

House Bill 1068, which will require law enforcement agencies to submit all rape kits to the Washington State Patrol lab for testing, was passed on March 2 82 to 15.

Rep. Orwell was the prime sponsor of this bill.

"Victims endure horrific trauma when they are sexually assaulted and going through the evidence collection process is also traumatic," said Rep. Orwell.

"This bill ensures their voices are heard and their ordeal, as well as their willingness to collaborate with law enforcement, are validated by ensuring the rape kits are tested."

Rep. Orwell started working on this bill last summer after touring evidence rooms and learning that many rape kits had not been tested.

"This bill is about justice. What we're learning from other states, such as Ohio, Texas and Michigan is that by testing all kits they see patterns of serial rapists. In Ohio alone they've arrested 229 serial rapists thanks to testing every kit," said Rep. Orwell.

- House Bill 1052 was passed by a unanimous vote on March 2.

HB 1052 would require institutions of higher education to make an early registration process available to spouses of military members.

Rep. Dave Hayes, R-Camano Island, is the prime sponsor of the bill.

"This Legislature has passed many bills that honor our military. But this bill helps their spouses. It goes a long way to support them while getting their education," said Rep. Hayes.

With any of the aforementioned bills, once they are passed through the Senate, they will go to the governor to sign.



# With sunny skies, spring break plans are sprouting as campus nears finals

By Daysha Filipe and Hayley Craddock  
Staff Reporters

Second-year student Kylie Evans will be soaking up the sun playing beach volleyball over spring break.

Like a lot of Highline students, the week between winter and spring quarters gives students an opportunity to escape the Puget Sound’s gray skies and, more often than not, rain. More so, it’s a period to recharge one’s batteries before heading into the final 10 weeks of the academic year.

This year, spring break is March 20-30.

“This year I’ll be spending my spring break playing in a beach volleyball tournament in San Diego. I’m originally from there, and one of my former coaches asked me if I will play in it,” Evans said. “I’m so excited because I’m going to see my friends and family while I am there, and who wouldn’t want to get out of this weather? I’d probably be doing the same thing I am doing if money weren’t an option. I would go on a shopping spree though.”

While some students are simply looking at sleeping in, others have more specific plans.

For those for whom money isn’t a problem, a trip to the beach in Cabo, or going on a week-long shopping spree are definite options.

“I am excited for spring break. My birthday is over the break and I will be turning 20,” said Hayley Lusher, second-year student. “I will be coaching a volleyball team during the break in Spokane. Other than that, I am going to relax, and sleep in. If money wasn’t an object I would probably go to Disney World in Florida with my sister.”

Second-year student Christian Kemp has plans spending his break in the colder weather.

“I will be spending his break in New York visiting family and shopping for high-end brands,” said Kemp. “A couple of my favorite brands are Bape and Fear of God.”

Colder weather may be right as the Northeast is shivering under record lows this winter.

Warmer temperature should await student Daniel Barham who plans to head south for spring break.

“I am going to San Diego and check out some of the gyms and San Diego State’s campus,” Barham said. “If money wasn’t an option I would go to Monaco because it is one of the richest countries, and it’s all five-star over there.”

First-year student Austin Barakavich will be spending his spring break in Vancouver, BC



Agatha Pacheco/THUNDERWORD

Many students are feeling excited for spring break and making plans to travel to warmer destinations.

to celebrate his 19th birthday with family and friends.

“If I had a lot of money I would use it to take my friends with me to celebrate,” Barakavich said.

Resmond Taulelei will be heading back home to California.

“If money wasn’t an option I would go to New Zealand, and try out for the All Blacks rugby team there,” said Taulelei, first-year student.

Second-year student Braxton Bagely will be heading to Florida.

“I just turned 21 so I want to do it big this spring break and get crazy,” Bagely said.

Second-year student Joshua Bodily is off to the desert for his break.

“I’ll be spending my spring break in Arizona this year. I have a lot of friends that go to Arizona State University and they know how to have a good time,” Bodily said. “If I had a lot of money, I would go to Panama City Beach because they have a lot of fun out there.”

Stephanie Meyers, a student as well as a parent, will be spending her spring break with family for some bonding.

“I am really excited for spring break because I’ll get to spend a lot more time with my kids. I will probably end up taking them to Portland to spend time with their grandma,” said Meyers. “If money wasn’t an option I would take my kids to Disneyland and show them around California.”

Other students will be spending the break here in the Pacific Northwest.

“I am really excited for spring break, I’m going back home to Olympia to see my family and friends,” said Jordan Kuniqk, second-year student. “I can’t wait because I have a lot of plans with my friends. We like to go on hikes and all sorts of outdoorsy stuff. If money wasn’t an object, I would take all of my friends out for the whole week

of spring break.”

Second-year student Sarah Hamilton and her friends will head to Eastern Washington.

“I am excited for this break because I get to go visit my friends in Spokane,” Hamilton said. “They go to Eastern Washington University, so I am sure we will be going to a few frat parties. If I had a lot of money I would go to Paris. It has always been something I wanted to do.”

While some students are partying over the break, second-year student Jayden Sievert will be using his days off to relax from the overwhelming quarter he has had.

“I am going to spend my spring break relaxing and sleeping. I need a mental break from what this quarter has been like. I am taking 20 credit hours and it has been draining me,” said Sievert. “If money didn’t matter, I would probably go to Hawaii and go surfing.”

Student Julian Romero isn’t as excited about the way his break will be spent.

“I don’t really care about spring break this year. I have to babysit my little siblings while my parents go out of town, Romero said. “If money wasn’t an object I would pay for a babysitter. Then I would probably go to Canada so that I could legally party.”

Second-year student Radel Crawford will be getting a break from school, but not from work.

“I’m excited about not having school, but I’m not excited that I work the graveyard shift that whole week, which ruins all of my plans to have fun,” said Crawford. “If money wasn’t an issue I would go back to Colorado and snowboard while there is still snow there. I’ve been into snowboarding for about 10 years now, and it’s one of my favorite hobbies to do.”

Student Eva Samson will be enjoying her break by catching

up on her favorite movies and television series on Netflix.

“I’ll be enjoying my Netflix and sleep over the break,” Samson said. “If money wasn’t an option I would probably go and visit my family back in Texas. We have a lot of fun going to the rodeo’s back home.”

“I don’t really know what to do for spring break. I’m only 17 so it’s not like I can go spend spring break out at the clubs. I will probably just hang out with some friends for the most part,” said Karla Chavez, Running Start student. “If money wasn’t an issue I would go to Quebec because my best friend goes to school out there and I would hang out with her and go to some parties.”

Student Jorge Cervantes will be spending his break at the beaches here in Washington.

“Yeah, I am excited for the break. I’m not going anywhere warm. I’ll probably go hang out at Alki Beach a few days since it’s the closest thing we have to a Cali beach,” Cervantes said. “If money didn’t matter I would definitely go to Cali, and visit some of my family. I’d spend the whole break on a warm beach.”

First-year student Jenna Manners is excited about the way she will be spending her break.

“Duh, who isn’t excited to sleep in and not go to class? I’m going to be doing a lot of sleeping over the break. I want to maybe go kayaking with some friends too,” Manners said. “If money didn’t matter I would want to go on a cruise with my friends to Mexico.”

Student James Holman plans to party hard with his friends.

“I’m going to have a huge party over the break because all of my friends are going to be home from college that week,” said Holman. “If money wasn’t an object I’d be on a beach somewhere sipping on a margarita.”

First-year student Bailey Arbor will be taking her best friends to explore her hometown in Idaho.

“I’m going on a road trip with two of my best friends to Idaho. I’m from Boise so I want to take them to see my hometown,” Arbor said. “I’ll probably take them to a few of the clubs downtown and show them how different it is compared to here. If money didn’t matter then I would go to the Caribbean with my best friends. I wouldn’t actually care where we went, as long as it was warm and there was a beach.”

Emily Parker will be reunited with her brother over the break.

“I’m excited because my brother is going to fly in from Nevada. I haven’t seen him since last summer and we’re like best friends,” Parker said. “He’s never been to Washington, so I’ll probably take him downtown and show him Capitol Hill, and all of the other tourist stuff. If money weren’t an object, I would fly to Australia. That’s the one place I really want to travel to.”

Regardless of how students spend their coveted weeklong break, come March 30 it’s back to the grindstone for 10 weeks of Spring Quarter.

## Go Figure! answers

3	×	6	+	1	19
+		÷		×	
8	−	6	×	5	10
×		×		+	
2	×	7	−	4	10
22		7		9	

## King Crossword

Answers

Solution time: 27 mins.

L	O	S		U	S	A	F		U	R	G	E
A	F	T		N	O	D	E		P	A	U	L
P	A	R	A	L	Y	Z	E		K	I	L	L
		A	R	I	A				B	E	L	L
J	A	N	E	T		E	P	E				
E	G	G	S		P	A	R	A	P	E	T	S
E	R	E		E	R	R	O	R		N	I	P
P	A	R	A	S	O	L	S		A	V	E	R
				L	A	D	Y		L	E	E	R
S	N	A	F	U					C	O	O	L
P	O	U	R		P	A	R	A	N	O	I	D
O	G	R	E		S	C	O	T		P	L	Y
T	O	A	D		I	T	C	H		E	K	E

## Weekly SUDOKU

Answer

9	8	7	1	4	6	5	3	2
4	5	2	9	3	8	1	6	7
1	6	3	5	7	2	9	8	4
6	9	8	4	2	3	7	5	1
7	2	1	6	8	5	4	9	3
3	4	5	7	1	9	6	2	8
8	1	6	2	5	7	3	4	9
2	7	9	3	6	4	8	1	5
5	3	4	8	9	1	2	7	6



# Local pot shop thrives in changing market

By Gary Narwal  
Staff Reporter

The stacks of cash from Des Moines’ first recreational marijuana outlet that opened last fall keep getting higher and higher.

“It’s making good money. When we got the advertising out there and got a sign spinner, [business] picked up,” said David Ahl, owner of Greenside Recreational, just down the street from Highline. “Last month we did \$377,000 in sales.”

Ahl said he hasn’t had any trouble opening his shop in Des Moines.

“Des Moines has been fantastic. The City Council has been good, and all the people that represent the city have been very supportive,” Ahl said.

The business is doing well because it is a monopoly right now in Des Moines, he said. The neighboring cities don’t permit recreational marijuana sales so it is an advantage for Greenside.

“We are in the middle of an area that either doesn’t allow it or people haven’t found different locations,” Ahl said. “For now it is a monopoly.”

Because it is located so close to SeaTac International Airport,



Agatha Pacheco Flores/THUNDERWORD

Seth Simpson (left) and David Ahl are the owners of Greenside, which is Des Moines’ first pot shop.

Greenside Recreational gets a lot of first timers who fly in.

“We are really pushing the airport here,” Ahl said. “We are thinking about if a shuttle service is worth it in future.”

Other locales haven’t been so accepting.

Ahl plans on opening shops in Bellevue and Seattle, but Bel-

levue is giving him some trouble.

“With Bellevue we are still suing the city and the trial is set for July,” Ahl said. “We are just demanding a business license because we were unfairly disqualified from getting one while somebody across the street was given one.”

Ahl said he is planning on expanding his business by franchising.

“We have five more licenses right now and we are in the talks with more people about getting more licenses,” he said. “As a company you are only allowed to have three, but we are thinking of franchising out. We

are planning on having more than three and have a handful with the same name.”

He is able to transfer a license over to his business partners, which allows him to open more than three with the same name, but each would be under different management.

“The state only allows you to have three per person, but I can transfer a license over and my business partner has three,” Ahl said. “And we would have six under the same name, but would be separately owned.”

Ahl and his business partners have previous experience with the pot business.

“The licensing process was very easy for us because we all have clean records and live here; we’ve all sold pot before so we knew how to design and who to contact to make sure we have the proper legal advice and just advice in general,” Ahl said.

Greenside has many different products in the store besides just marijuana.

“There are various products in the store from concentrates, hash, hash oils; we also have vaporizer pens to put the waxes in, along with edibles and topical lotions,” Ahl said.

# Legislature considers changes to marijuana laws

SEATTLE (AP) With the state Senate passing a bill to regulate medical marijuana, Washington’s House of Representatives is preparing its own version of a pot-market overhaul, one that could cut prices at licensed recreational stores.

The measure, sponsored by Rep. Reuven Carlyle, aims to make the state’s legal marijuana stores more competitive with the black market. It calls for eliminating the three-tier tax structure voters approved in Initiative 502 and replacing it with a single excise tax of 30 percent at the point of sale.

But Carlyle’s bill would take effect only if the Senate’s medical marijuana bill also becomes law. That’s to encourage a coordinated approach to the recreational and medical systems, the Seattle Democrat said Tuesday.

“If a strong medical bill doesn’t pass, my bill self-destructs,” Carlyle said Tuesday. “We’ve got to do both, and we’ve got to do both right.”

Washington’s voters adopted a medical marijuana law in 1998. It allowed patients to grow their own or designate a caregiver to grow it for them, but the state has never had a regulated medical marijuana system. Commercial sales remain illegal except at licensed I-502 stores.

Dispensaries have nevertheless proliferated, and they have been largely tolerated by law enforcement. But pressure has

been increasing to rein in the medical stores and direct recreational users into the new, heavily taxed system set up by I-502. Seattle officials say they plan enforcement actions against about two dozen medical dispensaries this month.

Many of the medical dispensaries insist that they’re good actors, would welcome state oversight, already test their products for impurities, and

pay taxes. But others don’t, and prices at the medical shops remain lower than in legal stores.

“The legislature finds the implementation of Initiative Measure No. 502 has established a clearly disadvantaged regulated legal market with respect to prices and the ability to compete with the unregulated medical dispensary market and the illicit market,” Carlyle’s bill reads.

Under the measure, which faced a hearing Wednesday evening in the House Finance Committee, authorized medical marijuana patients would get a tax break: They would not have to pay the regular state sales tax, which is otherwise imposed on top of marijuana excise taxes.

To encourage more cities and counties to allow marijuana businesses, the bill would direct the state to share pot revenue

with jurisdictions that do so. It would also cause them to adopt more flexible zoning laws for where pot grows and stores can be located.

Licensed pot businesses would be able to hire other companies to transport their product -- currently they have to do it themselves -- and the bill specifies that those companies would be allowed to have armed guards.

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# Slaves

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The biggest one is human trafficking, also known as sex trafficking.

The Seattle Police Department has a special division to bring justice to the offenders and captors of the trade. Capt. Eric Sano is its head official.

“Human trafficking is the act when an individual is sexually abused for commercial pur-

poses,” Capt. Sano said.

“This trade is happening right under cities’ noses,” he said. “It happens in houses, hotels, motels and strip clubs.”

When women and children are introduced into the destructive trade they are quite young. “The average starting age into the trade is 12 years old,” Capt. Sano said. “The youngest my unit has encountered is 11.”

In 2006, Capt. Sano introduced a new philosophy into his specific division. He decided to treat the women and children affected by the trade as victims

not criminals. Now the division’s goal is to rescue victims and put the perpetrators out of business.

“Our mission is to go after the men, and save the victims,” Capt. Sano said.

Victims of this trade rarely escape with their lives. They are beaten, bruised, raped, forced into substance addiction, and are destined to die. However, there are people who escape either by themselves or with the help with local authorities.

Locally, the abundance of inns, motels and hotels along

Pacific Highway South in Des Moines and SeaTac make the area attractive for sex traffickers.

Dr. Steven Lettic, a Highline Criminal Justice professor and retired Des Moines Police officer worked undercover along the highway. His unit would perform sting operations to catch the forced prostitutes along with the pimps and take them off the street.

“We would use a female officer and place her on along the street,” Dr. Lettic said. “Then we would strategically place a team of officers in a nearby mo-

tel room where they would then make the arrest when they enter the room.”

Citizens are fighting back too. A local group that works to curb sex trafficking is the Genesis Project. Based out of Seattle it boasts members in both Federal Way and Des Moines.

The Genesis Project is a Christian non-profit organization that provides restoration and rehabilitation for sex trafficking victims. They have a system of stages for doing so, including basic necessities, shelter, medical care and education.



AP PHOTO

The Senate Transportation budget would put more money toward projects like the 520 bridge.

# Budget

continued from page 1

required to pass SB 5987 and specifically whether Rule 64 applied. As the bill calls for an 11.7-cent increase in the state gas tax, as well as an increase vehicle fees, Lt. Gov. Owen deemed that it was subject to the rule.

Sen. Steve Hobbs, D-Lake Stevens, directly challenged the constitutionality of Rule 64.

Using a 2013 state Supreme Court decision as a precedent for his finding, Lt. Gov. Owen declared the rule unconstitutional. Lt. Gov. Owen has the authority to make rulings on matters of the Senate.

With Lt. Gov. Owen’s decision, any legislation regarding taxes will no longer be subject to a two-thirds supermajority, and revert to a simple majority.

In 2013, the Washington state Supreme Court struck down a 2012 voter initiative as

unconstitutional. The initiative was identical in nature to Rule 64.

In its decision, the court said that “article II, section 22 prohibits either the people or the Legislature from passing legislation requiring more than a simple majority for the passage of tax legislation-or any other ordinary legislation.”

The article II, section 22 of the Washington state Constitution specifies that, “No bill shall become a law unless on its final passage the vote be taken by yeas and nays ... and a majority of the members elected to each house be recorded thereon as voting in its favor.”

The court further elaborated that the only way to institute a two-thirds majority rule regarding tax legislation would be to amend the state Constitution.

Supporters of the two-thirds rule have already dropped hints at a push to amend.

Amending the state Constitution requires two-thirds majority approval in both cham-

# Diversity

continued from page 1

each student regardless of their educational background or cultural experience,” states the recruitment and retention council’s mission.

“What we do is look at the baseline to do a comparison. There is always room for improvement,” Williams said.

“We want to be able to serve the community and students,” she said. “Look at the barriers that people may be having with coming to Highline for work. Sometimes it’s language, and so we do what is best.”

But Miller isn’t ready to rest on her laurels.

“Just because we are doing good doesn’t mean we can’t do better,” Miller said.

# Washington House votes to retake tuition-setting power

OLYMPIA (AP) The Washington House of Representatives has voted to revoke tuition-setting power it previously gave to the state’s universities.

Wednesday’s unanimous vote sends to the Senate a bill that would reverse a 2011 law that gave institutions the power to set their own tuition rates.

At the time, then-Gov. Chris Gregoire said allowing the universities to set tuition prices themselves would prevent the quality of education from eroding due to a lack of money.

But after subsequent tuition hikes meant 2013 state college tuition was nearly double the 2009 level, lawmakers in 2013 ordered universities to freeze the tuition level.

The House bill now headed for the Senate would take effect this year.

Without it, state universities’ ability to set tuition would end in 2019.

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