College may levy new parking fee

By Karina Abramchuk
Staff Reporter

For students, staff and faculty frustrated with the parking on campus, help may be on the way, but at a cost.

Administrative Services is thinking of adding a $5 fee for all students to fund another transportation option in order to reduce congestion and traffic on campus.

The fee will cover the costs of a shuttle service from the Federal Way Park and Ride and will allow a higher rate of bus pass subsidy for students who take the bus.

Francesca Fender, the analyst and executive assistant for Administrative Services, said her office would like to research the opinions of students before going through with the plan.

She said that they haven’t received student feedback because the proposition was not presented to students yet. “It’s a theoretical idea that we’re trying to get some opinion and ideas on,” she said. “We’re anxious to like see how people feel about this.”

The reason for adding the fee for all students is to persuade more students to take the bus instead of a car to Highline.

She said that the higher rate of reimbursement would be a collective way of supporting bus users.

Some students live by bus stops but chose not to ride the bus because of financial and safety reasons, Fender said.

By reimbursing bus users and charging all students regardless of whether they ride the bus or drive a car, more students are expected to take the bus and thus free parking spots.

“Parking is a problem,” she said. “We blatantly sell more parking permits than parking spaces available.”

See Fee, page 12

Beauty ain’t what it used to be

By Mai Lam
Staff Reporter

Women from all around the world are always facing the perennial pressure of meeting beauty standards, a Highline professor said here recently.

Almeta Pitts, Communications Studies professor, started off the seminar with a YouTube video titled “Dermablend Professional: Cheri’s Camo Confession.”

Cheri first got vitiligo when she was a sophomore at college. Vitiligo is a disease that creates blotches of skin color and loss of pigmentation.

Seeing the transformation of vitiligo on her skin was shocking at first, but she quickly accepted the change and embraced who she was. With a positive outlook and attitude on life, she didn’t let her condition dictate her career and success.

After the video, Pitts asked the audience “What is beauty? How would you describe beauty?”

Two members of the audience “What is beauty? How would you describe beauty?”

ence broke the silence by calling out attributes, which they thought described beauty.

One of the audience members said “confident,” and the other member said “intelligence.”

Pitts continues to define beauty with an example that showed the modern globalization of beauty. “A person who seems often happy and secure isn’t going to be a good consumer. Because that person isn’t going to be looking for products to shore up the self image or to feel better about one’s self,” said one source on a documentary called The Illusionists, about body image and advertising.

Pitts said when she was a teacher in Korea, “many of my students from middle school say ‘Seonsaengnim [teacher], your eyes are so beautiful! Your eyes are so big! We love big eyes!’ Some people also talked about their friends and what is so beautiful about what they see.”

See Beauty, page 12

Staff to start traffic training

By Bryce Sizemore
Staff Reporter

Highline staff are receiving training on how to direct traffic on and off campus.

After problems in evacuating campus emerged on Oct. 26 due to a power outage, the college has been taking steps to improve upon its response to emergencies.

After consulting with the Des Moines Police, it was determined that Highline staff would be qualified to direct traffic if they received traffic flagger certification, said Sgt. George Curtis of Public Safety.

See Traffic, page 12

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Mai Lam/THUNDERWORD

Jessica Str and THUNDERWORD
Man hits the wall over late forms

By Paul King-Sanchez
Staff Reporter

A would-be student apparently upset at not being able to enroll punched a hole in a wall of Building 9 on Nov. 25 at approximately 12:05 p.m.

He had been told that because he didn’t finish his paperwork he couldn’t get into the Gateway to College program.

The college is trying to get the man to pay for the hole to be repaired.

Woman breaks up fight

A woman told Public Safety officers that she broke up a fight between two men approximately 17 years of age in the South Parking Lot on Nov. 24 around 11:55 a.m.

The men had left the scene by the time Public Safety officers arrived.

Graffiti on found on campus

Graffiti has been found on the north wall of Building 16, the west wall of Building 99 and on the 10 mph sign next to Baskin Robbins.

The Des Moines Police Department is investigating whether the graffiti gang related.

Facilities has not yet been able to remove graffiti from Building 99.

Student falls near campus

A 55-year-old student slipped on ice north of campus injuring his right ankle on Nov. 30 at approximately 10:23 a.m.

When the student arrived to class, his instructor called Public Safety.

They advised the student to receive medical attention.

The student was transported to Highline Hospital in Burien.

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Sales are down at the Highline Bookstore, due in large part to the success of the textbook rental program.

The Bookstore, located in Building 8, offers textbooks for nearly every class, stationery supplies, school paraphernalia, snacks and other items important to a college student’s survival.

“We are behind in our revenue generation almost $70,000,” said Kristi Dopp, Bookstore manager.

In the bookstore business for 12 years, Dopp credited the revenue loss to the rental program the Bookstore provides, as well as to a changing market.

“Rentals saved students almost $88,000 [in Summer and Fall Quarters],” Dopp said.

The Bookstore is owned and operated by Highline. It is designed to be a self-sufficient entity. Any profits go back to the college.

“It [the Bookstore’s annual revenue] is in the ballpark of $3 million,” Dopp said. “It goes to cover all our costs. We pay for all of our own inventory and payrolls.”

The Bookstore’s projected revenue for this fiscal year is about $2.64 million. The projected cost to run the Bookstore this year is about $2.54 million.

Revenue generation is not the primary focus of the Bookstore, and college officials are not overly concerned.

“I would like to be in the black, but I want to continue to provide those services,” Dopp said.

“We are the masters of the information. We have the books available and in-stock,” Dopp said. “We do this three to four times per year.”

Dopp said that college bookstores were once the primary textbook providers for students, but that the Internet changed all that.

“College bookstores are in a state of flux,” Dopp said.

Dopp said that revenue generation for the Bookstore is not consistent throughout a quarter.

“On a quarter system, we have peaks and valleys,” Dopp said. “The first week can be an entire month’s worth of revenue.”

The Bookstore does not just provide students directly with textbooks.

“We offer all these services plus the option to compare prices online,” Dopp said.

The Bookstore’s website (highlinebookstore.com) offers a price comparison tool that allows students to see which venues have a textbook for the best price.

“Some students want to get a jump on things,” Dopp said.

The Bookstore also offers a buy-back program. Students may sell their books back to the Bookstore from Dec. 15 through Dec. 17.

Dopp said students interested in participating in the program should check to make sure they actually own a book, as opposed to renting it, before they try to sell it back.

For students who would prefer to use electronic textbooks, the Bookstore does offer devices.

“We rent iPads and tablets. We almost always have a waitlist,” Dopp said.

Dopp said the program especially benefits students who cannot afford a device of their own.

The relationship between the Bookstore and the campus is a very need-based one, Dopp said.

“We work with the art faculty,” Dopp said on providing art supplies.

“We do really listen to our students.”

Dopp said the Bookstore really tries to be a part of the campus community.

“People just think college bookstores are set up to rip them off, and that couldn’t be further from the truth,” Dopp said.

The Highline Bookstore provides not just textbooks, but also school supplies, Thunderbird paraphernalia, snacks and beverages.

### Student bake sale to benefit low-income children

A group of Highline students is raising money to help feed local low-income children with a bake sale.

The bake sale will be on Monday, Dec. 7, from 8 a.m. to 1 p.m. on the second floor of Building 8, the Student Union.

Proceeds from this year’s bake sale will go toward food for children in the Highline School District.

Students learn better if they’re not hungry, organizers say.

“If you don’t eat, you can’t concentrate. If you can’t concentrate, you can’t learn. If you can’t learn, you will always be poor,” said an organizer for the event.

The goal for this year’s bake sale is to raise $1,000.

The program is called Change for Change, the idea being that a lot of people giving a little can make a big difference for somebody.

“Most of the kids [70 percent] in Highline School District are on free and reduced-price lunch. Even though their parents are working, for a lot of them, it’s the only meal they get for the week,” said Nicholas Bell, a student participating in the event.

Students, staff and faculty on campus are free to donate any kind of baked goods to the sale.

“All food must be home-made. It can’t be instantly perishable. It must be packaged and it helps to know the ingredients list,” he said.

Change for Change will use the donations to help the Des Moines Area Food Bank’s Feeding America Backpack Program.

The Feeding America Backpack program packs nutritious and easy-to-prepare foods that children can take home every Friday. On Monday, children bring back the emptied backpack and continue to bring it home on Friday when food is prepared.

Steven Luksan, coordinator of the Food Bank children’s program, said around 300 backpacks are prepared each week, each containing 20 to 30 food items.

“The program takes a lot of resources. We are always accepting donations of food. People can also stop by and drop off foods at the Food Bank or donate money to the Food Bank website at myfoodbank.org.”
Hate speech is dangerous

The Republican presidential candidates reach millions of Americans every day through television, radio, the internet and the news.

With that much power, the harmful and hateful rhetoric many Republican candidates are using in the media has a real negative effect on their viewers. These people are supposed to be a source of information and legitimacy, and instead people are bombarded with an array of racist and hateful ideas.

In last week’s tragic mass-shooting at a Planned Parenthood in Colorado Springs, a man killed three people, and wounded nine others while apparently using the phrase, “no more baby parts.”

This quote is a reference to falsified videos released by an anti-abortion organization showing highly edited footage of people selling fetal tissue for profit. This was then followed by an absurd and discredited claim by Republican candidate Carly Fiorina that Planned Parenthood makes a profit from selling fetal tissue.

In actuality, of all the Planned Parenthood’s services, only 3 percent a year are abortions and they could not and have not sold fetal tissue.

However, these misleading videos and exaggerated rhetoric are driving people to destructive action. Meanwhile, Republican candidate Donald Trump is quoted saying that he saw on television thousands of Muslims cheering and celebrating in New Jersey on 9/11.

Despite television stations saying this footage has never existed, Trump insists that he saw it on television on the day of the attacks, and that 15 years ago most news stations just “threw away” their old footage.

However, Trump’s claims are false, and are damaging to the people who don’t know any different, and to the people he’s targeting.

Republican candidate Jeb Bush said that he wants Syrian refugees to take a “religious test” to prove that they are Christian, and not Muslim, before they enter the United States.

Muslims are not dangerous; it’s the people who want to inflict terror on the U.S that are dangerous, and that’s starting to look a lot like the Republican Party.

By victimizing an entire group of people like this, they are singling out for irrational and violent behavior from overzealous and angry people.

The harmful and exaggerated rhetoric used by the Republican candidates is causing a wave of domestic terrorism in the U.S. that is causing people to feel insecure and unsafe.

Have something to say?

Have something you want to say to the student body?
The Highline Thunderword is asking for students to voice their opinions on what matters to them. We’re accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Write to us!

Throughout life, you’ll come across numerous obstacles that you will need to overcome and conquer.

Whether it be difficulties at home, work, or in your education, things in life won’t always come easy. But that doesn’t mean that you should quit, or that you’re failing.

Life is full of experiences, both good and bad.

You need bad things in life to make the good things feel that much better. Likewise, you need to experience and face some hardships in life to truly feel success.

Last quarter, I failed one of my midterms.

I was doing fairly well in the class, but I wasn’t my strongest suit. I would do all right on the assignments where I could remind myself of the formulas, but I had a lot of trouble when I took the tests.

Usually, I would mix up a number here or there, or may be forget to make my answer negative instead of positive. But this test, I did that on every problem.

It was really frustrating because most of my answers were close to being correct, just not entirely there.

I started thinking about my future as a pre-med student, and I could practically hear my dream schools and potential scholarships get sucked down the drain.

Frantic, I arranged a meeting with my professor.

I tried my best to explain myself, but I’m sure it really just ended up sounding like, “Hey, I don’t like my grade on this, even though I earned it, so please change it for me.”

He kindly apologized to me, and told me there was nothing he could do, because math is such a particular subject and my answers were simply wrong.

I left his office in even worse shape feeling like I would never be a doctor, or even get into a medical school.

In my mental blizzard of negative emotions, my mom told me something that soothed my mind that I’ll never forget.

“It will be OK,” she told me.

Before I could protest, she continued, “It’s one class. If you don’t do well, you can always try again.”

“‘This one test grade doesn’t reflect your intelligence, your worth, your potential,” she said.

And she was right. Each assignment, exam and class is here to teach you. They are in place to be learning experiences to help you grow and develop your craft.

When you learn something, that doesn’t guarantee you’re going to be great at it right away. But you’re meant to learn from your mistakes and imperfections, so you know what to do next time around.

I ended up passing the class with a 3.2.

After that exam, I made sure to study more and even visited the Math Tutoring Center on campus, and did much better on the following tests.

Although a 3.2 isn’t as great as a 4.0, I am proud of my grade because it shows I can overcome my struggles, and keep pushing forward.

Kayla Dickson is the opinions editor for the Thunderword.
Chorale concert to create cheer

By Jacqueline Kemp
Staff Reporter

Come experience music culture at Highline College next week.

The Highline College Music Department will present their Chorale Concert on Thursday, Dec. 10 and Friday, Dec. 11. There will be vocal and piano soloists as well as a choir performing various genres of musical literature.

The Highline Chorale is a graded class for any student with musical interest.

Though some of the participants plan to pursue music at baccalaureate institutions, others take the class simply for the enjoyment of learning music in the best way possible: performing it.

"Chorale literature is accessible 'master composer' level music, much with solo opportunities that well-prepared students can accomplish," said Dr. Sandra Glover, the Chorale teacher.

Students in the Chorale learn to sing four to eight part choral music. A "part" in choral music is a melodic set of notes designated to a certain vocal range within a group of singers. Besides this, they learn the history behind each of the pieces they practice.

"This stage of learning is crucial to student success, as the challenge is professional but the environment is safe and affirming," said Dr. Glover. "The performances will be held in Building 7 on Thursday, Dec. 10 at 12:15 p.m. and again at 7:30 p.m., as well as 12:15 p.m. on Friday, Dec. 11. Tickets are free and the performance is open to the public. If you are interested in joining the chorale, sign up for the two-credit class next quarter. "Interested singers, including adult singers, are warmly encouraged to join," said Dr. Glover.

The class (Music 230) takes place Monday, Tuesday, Wednesday, and Thursday from 12:15 p.m. to 1:05 p.m. in Building 4, room 104.

Knead gifts? Pottery sale returns

Advanced ceramic students are fired up about tomorrow’s pottery sale from 9 a.m. to 2 p.m. on the first floor of Building 8.

Everything from pots to cups, to coasters and bowls will be for sale.

"Prices will vary depending on the pottery and creator. [Prices will] probably be $5 and up," said Rob Droessler, a ceramics professor.

"All work will be way underpriced compared to other all original, all handmade pottery," he added.

Each piece for sale was created in an advanced pottery class.

"Each [piece] is painstakingly created in the Highline ceramics studio. It’s a very time-consuming task just to create one little bowl," Droessler said.

"From a wet lump of clay to a finished piece is about three weeks plus years of trial and error," he said.

New art fills gallery on campus

By Jessica Strand
Staff Reporter

From fine art drawings to digital photography -- all the way to graphic design and ceramics -- the new art exhibit in the Building 16 Student Art Gallery showcases the best of the best from present and past Highline artists.

The current display opened on Nov. 30 and will run through the end of Fall Quarter and into Winter.

"There were a lot of entries, and we only have a certain amount of space so we had to pick the best of the best, and I’m really proud of it," said Art and Design Professor Tracy Carrera.

The exhibit displays art from both current and a few former Highline students.

The stipulation was they had to create the work while being in one of the art and design courses here at Highline at some point, so it could have been five years ago," Carrera said. "We certainly did have some entries from people who aren’t necessarily [art students]."

One of the reasons for this diverse display of mediums is for students who view the gallery to get an understanding of the artwork created by the different classes, and hopefully get more students attending art classes, Carrera said.

The gallery is open for viewing between noon and 2 p.m. Tuesday and Thursday. Sofiya Yakubovskaya, the Art Gallery assistant is there to answer any questions you might have about the artwork while the gallery is open.

Yakubovskaya was involved with the whole process of building the exhibit, and said it took about a month to get the exhibit up and running.

"First we have to make the flyers to inform people that they can start submitting, and usually we give them about a two-week window," Yakubovskaya said. "Once we get enough submissions we start choosing... and then we’d decide where everything went. We’d decide color would go here, the black and white would go here."

Printing, mounting and hanging also took several days as well, Yakubovskaya said.

"Me and Tracy were actually here on Friday after Thanksgiv... until 7 o’clock finishing this up," Yakubovskaya said.

Pieces of art displayed may be purchased as well. Anyone interested in purchasing prints or originals can leave their information at the gallery for the artist to contact them with prices.

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Arts news? thunderword@highline.edu
There’s a light over at the Admiral place  

By Sam McCullough  
Staff Reporter

Do the time warp again and return to Transylvania at the Admiral Theater in West Seattle, which shows The Rocky Horror Picture Show the first Saturday of every month.

The Rocky Horror Picture Show is a 1975 film that stars Tim Curry and Susan Sarandon. The film follows Janet and Brad as their car breaks down and they seek refuge at an eerie mansion, owned by a mad scientist and transvestite, Dr. Frank N. Furter. The young couple has arrived at the mansion on the night that Dr. Frank N. Furter is attempting to create a man, complete with blonde hair and a tan. The film is a parody of 1950 science fiction films.

The Rocky Horror Picture Show started out as a stage production in London. Richard O’Brien wrote the entire thing, and Jim Sharman produced and directed it. The show debuted at the Royal Court Theatre in London in June of 1973.

In 1973, it won the Evening Standard Theatre Award for best musical. The award is presented for outstanding achievements in London and is sponsored by the Evening Standard newspaper.

In 1974, The Rocky Horror Picture Show debuted in Los Angeles.

In 1975, the musical was adapted into a movie. O’Brien, Quinn and Nell played their original parts.

Tim Curry, Patricia Quinn and Little Nell perform together during a scene in the film.

McMann said that the audience is encouraged to participate with the actors. "If you come, you should bring newspapers, rice, party hats, and toast. The rice is to throw in the wedding scene. The newspapers are for the party hats are for the party scene, of course. Lastly, the toast is for when the extras are yelling 'toast',' McMann said. Since coming out 40 years ago, the film has garnered a cult following, which keeps the film popular. "I don’t know if anyone really relates to or even likes Rocky Horror. The first two-thirds of the film are fun, but it’s actually not that good of a film, especially the last one-third,” said Highline film professor Dr. Tommy Kim. Dr. Kim said that the following is related to the interactive aspects of the film. "I’ve seen the film more than 30 times and I think the appeal is definitely in the interactive nature of the film. It also helps that the music is fairly catchy," Dr. Kim said.

Dr. Kim said that The Rocky Horror Picture Show is like seeing a play live. “People obviously don’t go to the live theater like they used to. Even without all the special effects and explosions, there’s something special about the live experience that a regular movie cannot give you,” Dr. Kim said.

Rocky Horror then is kind of a compromised version of seeing live theater," he said.

The show starts at midnight on the first Saturday of every month. Tickets cost $6, and are purchased at the theater.

The Admiral Theater is at 2343 California Ave. S.W., Seattle.

There’s a light over at the Admiral place  

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Professor lives on through donated instruments

By Jacqueline Kemp  
Staff Reporter

The bequest of musical instruments by a deceased professor will help the Highline Music Department, other professors say.

Nancy Warren, a business and music professor, died of cancer last December at the age of 52. She specified in her will that her instruments should be used in her department.

Accordingly, a cello, ukulele, electric keyboard, amplifier, two guitars, and a Knabe grand piano were donated to the college this fall.

The instruments hold a sentimental value with some faculty members because all of them were of Warren’s life, on campus. “Nancy taught advanced piano classes and helped with concerts on campus. The fact that it’s from Nancy means a lot,” said Dr. Ben Thomas, music department coordinator.

Warren also was a performer and composer who gave benefit concerts on campus. Dr. Glover expressed her gratitude for the donations by explaining how she can put these instruments to use in her department. This [donation] means that when ensembles want to play certain types of music, we have instruments to help them,” said Dr. Glover.

More importantly, she said, donations to the music department help the education process. “We are able to support world learning through our Chinese drums, African drums, our new German Knabe piano, and many other such instruments,” she said.

Other teachers (and anyone who has seen the dilapidated state of the instruments in Building 4) are very grateful for the new instruments that they otherwise would not have been able to obtain. “We, like a lot of departments, are restricted by the budget. Musical equipment is expensive, so this piano is a huge upgrade for our music department,” said Dr. Thomas.

Since the math, science, and nursing departments are most popular among donors, these instruments are a rare and appreciated gift, said Rod Stephenson, executive director of the Highline foundation.

"Equipment donations [software, musical instruments, books] are donated to the department to which they relate, while money donations go to wherever the donor specifies,” said Stephenson.

Donations to Highline can be made year-round by visiting Building 99 on Pacific Highway or by calling the Foundation department, 206-592-3774. You can also visit www.funds4highline.org to make a money donation.
Men’s basketball wins at home

By Charles Prater
Staff Reporter

The season has just begun for the men’s basketball team, and the team has started on a good note.

After losing their home opener to Whatcom by 14, the T-Birds have won their last two games, beating Peninsula in a close one and, most recently, beating Wenatchee Valley at home, 76-62.

The T-Birds took command of the game in the first half shooting 53 percent in the first half and holding the Knights to 46 percent from the field and a mere 16 percent from beyond the arc.

Highline took advantage of the great shooting half going up by 15 and ending the first half up 47-33.

“We have been working on the mental aspect of shooting and trying to make sure we get more quality shots,” said Highline Head Coach Che Dawson.

“We have also done a better job of shooting game shots, at game spots at game speed in practice.”

The second half saw a dip in the T-Birds percentage, going from 53 percent to 40. The Knights didn’t fare any better, shooting 37 percent.

Regardless, the T-Birds still executed and extended the lead to 22.

With less than 15 minutes left in the game, the Knights pulled themselves together and went on a run and cut the lead to eight with six minutes left in the game.

Fortunately for the T-Birds, they kept their composure and held off Wenatchee to win the game.

Highlines’ Jamie Orme led the way for his team with 21 points, 10 rebounds and two blocks.

Teammates Alex Meyerhof- fer scored 13 points and Jared Murphy scored 12, along with Coby Myles, who put up 10 points.

“These are great kids. They are coachable and they play to- gether,” said Coach Dawson.

“We can continue to play harder and smarter every day we have a chance to reach our potential,” Bryan Micheals and Easton Driessen were the leading scorers for the Knights. Micheals netted 20 points and nine reboudns, while Driessen dropped 17.

With the win, the T-Birds are currently in second place in the West Division and are surren- dering only 64 points to opposing teams, No.1 in the league.

“We have to learn how to compete intelligently everyday,” said Coach Dawson.

“Most people have no idea how hard they can work. We have to find that, individually and collectively.”

The men’s next test was on Wednesday, Dec. 2 when they traveled to Skagit Valley to take on the Cardinals.

The T-Birds will get a chance to test just how good their de- fense can be, as the Cardinals are averaging over 100 points a game.

The results of the game were unavailable at press time.

Highlines next game after the Cardinals is at Shoreline on Saturday, Dec. 5 at 4 p.m.

Lady T-Birds win first game of season

By Olivia Sullivan
Staff Reporter

The Highline Lady T-Birds broke their losing streak by winning their first game of the season over Shoreline.

Playing at Shoreline, Highline beat the Dolphins 62-52 on Wednesday, Nov. 25.

Highline pulled out the win despite only having eight players available. The lack of players was due to recurring injuries taking a toll on the team.

“We knew we had to give it all we had during the game,” said sophomore team captain Alyson Rippingham. “It also made us stronger and mentally tough together because there were no subs. We couldn’t give up.”

Three Highline players added double digits to the scoreboard.

Rippingham led the team with 15 points and seven re- bounds. She also had two steals and four assists.

Rippingham hit four of her eight free throws, contributing to Highline’s 64 percent shooting from the line.

From beyond the arc, the Lady T-Birds achieved 40 per- cent shooting – a big improve- ment compared to the 15 per- cent three point shooting rate in Highline’s last game against Columbia Basin.

The Lady T-Birds have al- located practices dedicated entirely to shooting and begin every practice with 10 minutes of partner shooting. Players said this is helping every player with their shots.

Senior Holly Suggs scored 12 points with six re- bounds and fellow freshman teammate Chantal Hill racked up 10 points and four assists.

Freshman Jasmine Hangen had a block and also secured a team high of 10 rebounds.

The Lady T-Birds hit 34 per- cent from the field, as Shoreline struggled at 28 percent.

Highline nabbed 52 rebounds compared to Shoreline’s 50.

Last year, the Lady T-Birds finished third in the NWAC West Division. Rippingham said her major goal for this sea- son is to help the team make it further in the tournament than they did last year.

She also plans to play hard on the court for her teammates who are injured.

“We’re a very young team, but there’s so much potential that hasn’t shown yet,” said Rip- pingham. “As the season goes on, that potential will start to show more.”

The team’s record is 1-3 as they head into the Bellevue Classic tournament this week- end, on Dec. 4-6.

The Lady Thunderbird’s first opponent of the weekend is Skagit on Friday at 1 p.m.

New Winter PE Class!

PE132 (Item #3175)
Introduction to Swimming

An introductory level swim class primarily for beginners that focuses on basic water safety and swim techniques that will en- hance fitness and build confidence and enjoyment for aquatic activities. Get 1 PE credit and learn how to swim!

Class meets 12:30 - 1:20 PM
Mondays/Wednesdays off-campus
@ Mt. Rainier Pool

Contact instructor Natalie Hughes (nhughes@highline.edu) for more information.
Crack open an egg for holiday brunch

Christmas brunch is a holiday tradition at our house, and eggs are always the star of the show. Year after year, eggs have been my choice for a healthy and inexpensive way to feed a crowd.

My Oven-Baked Omelet recipe is quick and easy to make, and is a crowd-pleaser for breakfast, brunch or a light suppers.

I love providing my guests with their choice of different types of pre-cooked meats, diced vegetables and a variety of cheeses to personalize their omelets. The savory tomato topping and the ingredient selections can be cooked the day before, refrigerated and re-heated to save time. It’s an easy, creative way to serve breakfast or brunch for a crowd.

OVEN-BAKED OMELETS

The pre-cooked toppings can be set up buffet style and quickly reheated in the microwave, with an electric skillet or on the stovetop in a sauté pan.

Cooking oil spray, butter or vegetable oil for sauté and baking pans
8 large eggs, separated
1 teaspoon salt

1 teaspoon pepper
1 tablespoon grated onion
3 tablespoons flour
2 tablespoons Italian Seasoning
1/2 cup each, pre-cooked meat and vegetable toppings
Cheese for sprinkling or hot biscuits or rolls. Serves 12.

The outfitting of shrimp boats with refrigeration in the early 20th century made it possible to transport fresh shrimp to more American cities.

Shrimp cocktail served with spicy Remoulade Verte.

Shrimp cocktail can still pack a big, tasty punch

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The outfitting of shrimp boats with refrigeration in the early 20th century made it possible to transport fresh shrimp to more American cities.

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8. AD SLOGAN: What company's product was featured in ads with the slogan “the ultimate driving machine”?

9. FOOD & DRINK: What flavor is the liqueur Cointreau?

10. LANGUAGE: What is a courgette?

Answers
1. From Here to Eternity
2. Building containing an indoor swimming pool
3. Thomas Edison
4. Cu (Latin “cuprum”)
5. Captain Nemo
6. Rupert Holmes
7. Mount Mitchell, North Carolina
8. BMW
9. Orange
10. Zucchini

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Puzzle answers
Page 11

GO FIGURE!
The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the given numbers only once.

DIFFICULTY: **

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ARIES (March 21 to April 19) Don't feel sheepish about looking to spend more time with that special person during the upcoming holidays. Do it because it's the right thing to do.

TAURUS (April 20 to May 20) Never mind letting misunderstandings repair themselves. Consider speaking up while the healing process can be shorter and sweeter and leave fewer scars.

GEMINI (May 21 to June 20) Romance is easily awakened in the Geminian heart, especially around the happy holiday season. So go ahead and make those plans with that special someone.

CANCER (June 21 to July 22) Moon Children can glow with their own inner light as the holiday season magic takes hold. It's a very special time for Cancers and Libras together. Enjoy.

LEO (July 23 to August 22) It's a good time for you fabulously fortunate Felines to take pleasure in your special gift for, well, taking pleasure! Look for this holiday season to give you every reason to purr.

VIRGO (August 23 to September 22) This is a good time to let others who are in your life get a little closer to you. You'll both find out what you've been missing for far too long.

LIBRA (September 23 to October 22) Open up your eyes and see some welcome surprises you've missed or overlooked for too long. What you find can lead to other favorable changes.

SCORPIO (October 23 to November 21) What you expect to be potentially troublesome some might simply be especially challenging and well worth your efforts to check out. Good luck!

SAGITTARIUS (November 22 to December 21) A friendship might not seem as trustworthy as you'd like. OK. Ask your questions, get your answers and settle the matter once and for all.

CAPRICORN (December 22 to January 19) A family situation moves into a new area because of (or, maybe, thanks to) some decisions you might have felt you could not avoid making.

AQUARIUS (January 20 to February 18) You could be cutting it very close if you hope to make those holiday plan changes in time to avoid problems. Get a friend or family member to help.

PISCES (February 19 to March 20) Friends show how important you are to them. Keep these precious relationships thriving. They affect much that will happen to the fabulous Fish in the new year.

BORN THIS WEEK:

ARIES

TAURUS

GEMINI

CANCER

LEO

VIRGO

LIBRA

SCORPIO

SAGITTARIUS

CAPRICORN

AQUARIUS

PISCES

HANNUKAH BEGINS

SUNDAY, DECEMBER 6
Canines run free in remodeled park

By Michal Litowitz
Staff Reporter

What was once a place dedicated to the defense of the nation is now dedicated to dogs running free.

Grandview Off Leash Dog Park at 3600 S. 228th St. in SeaTac is just north of Military Road and Veterans Drive, about five minutes northeast of Highline. It is open dawn to dusk.

Formerly a Nike missile launch location, Nike missiles were used in Project Nike, a U.S. Army project created during the Cold War.

When the launch site shut down, the land was deeded to King County, where it was decided that whoever the property belonged to, it must remain a public park.

The park then became a series of soccer fields until they were shut down in 1999.

Very quickly the abandoned park became a makeshift dumpsite, homeless shelter, and drug and prostitution ring.

The 34-acre park was like that for about five years until the group Serve Our Dog Areas asked King County if they could take over. King County gave SODA the park for free, but would not fund or maintain it.

SODA is a group that main-

tems off-leash dog parks in the King County area, including Marymoor Park in Redmond, one of the largest dog parks.

“Marymoor was like SODA’s baby, and Grandview was just the ugly sibling that no one cared about,” said Elynn Clayton, president of Dogs of Grandview Supporters.

Although Grandview had a lot of space, the park was not well maintained, and very little of SODA’s donations went to Grandview, compared to Marymoor.

At the end of 2014, SODA decided not to continue their contract with the park anymore. Many regulars were saddened and decided to try to form their own group to maintain it.

A SeaTac City Hall meeting was held about the park and drew the cities largest city hall meeting ever.

A new group of dog owners and walkers formed and called themselves Dogs of Grandview Supporters, and the city gave them the land and funded them for a year’s worth of garbage pick up, dog bags, and restrooms.

Grandview is now running under the care of DOGS, and runs solely off of donations and the work of volunteers.

While the park was being remodeled with different fences and new grass, workers found remnants of the old missile silo still in the ground. This wasn’t a huge deal, it just meant that the fencing wouldn’t fit perfectly in some areas, since the posts can’t be sunk all the way into the ground.

“I’m sure you’ve seen that giant rock on top of the hill. I’ve heard it’s covering up a staircase that was used to move things from the top of the hill to the bottom,” said Clayton. “We’ve thought about moving the rock and finding the staircase, but I’m sure it would be bolted up.”

At a DOGS fall work party, dog owners came to volunteer to help clean up the park, give donations, buy t-shirts and have a free lunch.

The work party was a success. Many donations were made and over half of the DOGS merchandise was sold.

DOGS will host a Christmas party on Dec. 5, where dog owners can buy 55 photos with Santa. When dog owners come to Grandview Off Leash Dog Park, they can expect a mostly fenced in area, aside from the parking lot, for dogs to run free. There are several play fields, community toys, doggy drinking fountains, poop pick up bags, and a great view of Mount Rainier on a clear day.

“It’s a great place for dogs to get socialized,” said Sylvia Gange, a regular at Grandview. “And it’s free.”

“My girlfriend and I meet up at Grandview a few times a week with our dog. There is a ton of room for the dogs to play and not become territorial or aggressive,” said Erick Lopez, a regular at Grandview.

“I also like that there are walking trails and that there are people there even on the rainiest days.”

There are usually people at the park before dark, despite weather conditions like rain and snow. Peak hour this time of year is about four o’clock when people get off work. Since the park is so big, even at peak hours owners can decide if they want to socialize with other owners and dogs, or find a place by themselves.

Many owners and regulars are very relaxed about the dogs and are always willing to help out new owners. The park is full of friendly dogs, and aggressive dogs are not welcomed. The park is very clean and has ponds for the water dogs. During the hot seasons, kiddie pools are put out for water dogs to play and relax in.

AANAPISI candidate wants program to last

By Jacqueline Robinson
Staff Reporter

Ekkarath Sisavatdy plans to engage both students and the community if chosen as the director of a new diversity program here at Highline. And he wants to make sure the legacy of the program outlives the grant that created it.

If selected he would supervise the use of the $1.5 million Asian American, Native American, Pacific Islander - Serving Institution grant that created it. He would like the legacy to live on.

He said at there is a need for educational persistence at this institution to change the game. We want students here,” he said. “We want enrollment numbers up. We want graduation rates up.

The AANAPISI grant will last for five years, but Sisavatdy would like the legacy to live on.

“Toward creating a structure that will serve Asian Americans, Native Americans, Pacific Islanders, low income, and other underserved [populations] that won’t just last the next five years but will continue for years to come.”

PROFESSIONAL CODING CERTIFICATE

• Review medical documents and assign medical codes for diagnoses, procedures and services performed.
• Work in physician offices, clinics, hospitals, etc. to analyze clinical statements & assign standard codes using a classification system.
• Direct path to the AAS Certification Health Information Technology (Tacoma Community College) and Bachelor of Applied Science - Certification Health Information Management (Tacoma Community College).
• Start working right away in a respected profession where there are plenty of jobs available. Livable wages at entry level.
Another way to give back to the community is by volunteering time. There are many jobs available to volunteers at the Des Moines Area Food Bank, such as “sorting food, greeting clients, restocking the food line, breaking down bulk items, sorting produce, unloading trucks, office filing, etc.” according to the Des Moines Area Food Bank website at myfoodbank.org. “We can use volunteers any weekday morning and we have jobs for volunteers of all skill levels,” Luksan said. “Additionally, we get a large order of food delivered every Thursday morning and are always looking for some strong volunteers to help us unpack pallets of food. We also appreciate extra help any weekday throughout the summer and on the weekends leading up to Thanksgiving and Christmas.”

Food bank works with college to feed needy

By Brittany Jenkins
Staff Reporter

The giving season is here, and although holiday sales and the latest technology is on the minds of many, the less fortunate dream of new socks, a warm coat, or food on the table.

The Highline College community participates in many drives throughout the year, and the focus is high during the holiday season there is a need year-round and Dave Weber, Highline Print Shop manager, is trying to expand that focus by bringing a year-round donation drop off at the Print Shop.

“Instead of the community building a pathway to the college, we want the college to build a pathway to the community,” said Weber about the volunteer efforts of Highline staff and faculty.

Weber said there is a high demand for socks in the homeless community as well as donations of gently used clothing.

“As people clean out their closets or are shopping, grab some socks...bring it here we will make sure it gets to the Union Gospel Mission,” Weber said.

For example, Highline partners with Des Moines Area Food Bank for multiple donation events throughout the year, but the food bank is also open to volunteers and donations year-round. Donations of food and cash can be made on a daily basis from 8:30 a.m. to 4:30 p.m. The Food Bank is at 22225 Ninth Ave. S. in Des Moines United Methodist Church.

Highline is raising money for the food bank’s BackPack Program that helps low-income children who are eligible for free and reduced lunches through their schools have food for the weekend. Often the winter break means many events revolving around food but for many kids that break from school means a break from regular meals. The BackPack Program sends backpacks with food home during school breaks.

“Additionally, summer is a time of high need. With kids out of school, parents do not have school breakfasts and lunches to help make sure their kids are getting the nutrition they need,” said Steven Luksan, Special Programs Coordinator for the Des Moines Area Food Bank.

“The food bank runs a summer meal program for kids where we prepare fresh breakfasts, lunches, and snacks, and serve them in local parks, apartment complexes, and community centers. This program requires a lot of extra resources (food, funds, and volunteer hours); last year we served some 57,000 meals to kids in the Des Moines/SeaTac area.”

APPLICATION DEADLINES

Applicants must complete and pass a Washington State Patrol (WSP) Background check. Applicants must also be at least 18 years old at the time of acceptance to the Academy and pass a WSP physical examination. Once accepted, new Academy members will be required to register for and attend all Academy classes on the Highline College campus.

APPLICATION MATERIALS

All applicants must submit a completed application. The application is available online at: http://ce.highline.edu.

Private Security Academy

The Private Security Academy (PSA) is designed for individuals either currently employed or seeking employment in the private security field, loss prevention, assets protection and other police functions. Students who successfully complete the Private Security Academy will earn 8 college credits, applicable toward the Associate of Applied Science degree in Criminal Justice at Highline College. Students will also receive First Aid/CPR certification.

ACADEMY DATES AND TIMES FOR WINTER

QUARTER 2016
First day of class Tuesday, January 26 at 6 p.m.
(No class January 27–February 10)

WHAT IS INCLUDED IN THE COST?

• 100 hours of paid on the job training
• Course supplies and materials
• CPR/First Aid Certification
• Full Gear Package

ACADEMY COSTS

$1,150.00 per person* (funding may be available—please see Workforce Education Service (WES) information)

CAREER PATHWAYS

Upon completion of the Private Security Academy, students will be able to find potential career paths through a variety of private security companies that service:

• Retail Loss Prevention
• The Entertainment Industry
• County, City and State Fairs
• Maritime Infrastructure
• Casinos and Card Houses

• Trademark and Piracy Investigations
• Unformed Static Posting
• Loss Prevention Apprehension
• Internal Theft Investigations

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W

www.uwb.edu  425.352.5000
The Clark Doll Experiment. The Clark Doll Experiment, which was conducted in the 1940s, involved comparing the attractiveness of a black doll and a white doll. The experiment was designed to assess the impact of skin color on perceived attractiveness.

Experimenters, who were trained to avoid any conscious or unconscious bias, were asked to rate the attractiveness of the dolls. The results showed that the white doll was rated as more attractive than the black doll, regardless of the skin tone of the experimenter. This experiment highlighted the social and psychological factors that contribute to the perception of beauty.

In a more recent experiment, the attractiveness of a model called Lupita Nyong’o was discussed. Nyong’o is a Kenyan actress known for her diverse roles and her ability to convey a range of emotions. The experiment compared the attractiveness of Nyong’o with other models and showed that her attractiveness was not limited to a particular skin tone. This supports the idea that beauty is not confined to a single standard and can be appreciated across different skin tones.

One of the key messages from these experiments is that beauty is subjective and multifaceted. It is influenced by cultural, social, and psychological factors, and it can vary depending on the context and the individual's perspective. The experiments also underscore the importance of diversity and inclusivity in beauty standards.

In conclusion, the Clark Doll Experiment and the more recent experiments on Nyong’o demonstrate that beauty is not a fixed concept but rather a dynamic and evolving one. As society becomes more inclusive and diverse, it is important to recognize and appreciate the beauty of all skin tones and body types.

In the next section, we will explore the concept of beauty in the context of body image and self-esteem, and how it can be fostered and maintained in a positive way.