# the **THUNDER**WORD

Highline College | April 14, 2016 | Volume 53, Issue 21

## Students suffer sexual assault

Highline students say no, but national statistics say otherwise

**By Olivia Sullivan** Staff Reporter

Many Highline students say they have never experienced sexual assault. National statistics suggest otherwise.

Type "sexual assault" into an Internet search bar and one of the first links is to the statistics on college campuses.

In February, the City of Des Moines joined a national movement by declaring April as Sexual Assault Awareness Month.



According to the proclamation issued by the City Council, every one out of five women and one out of 16 men are sexually assaulted on campus during their time in college. Overall, one out of three girls, one out of five boys, and 23 percent of women in total are victims of sexual assault.

are most likely to experience sexual assault, but about 80 percent of college students do not report sexual assault.

Sexual assault, as defined by RAINN, the Rape, Abuse and Incest National Network, is "a crime of power and control. The term sexual assault refers to sexual contact or behavior that occurs without explicit consent of the victim."

Highline students agreed when it came to the definition of sexual assault: it is the unwanted attention of a sexual manner in physical touch or verbally that is without consent and makes one uncomfortable.

"I think that sexual assault is prevalent among all age groups, and is underestimated

People of 18 to 24 years old on how offend it occurs," said Kyle Chilton, a female student. "Statics are incredibly high for women who experience sexual assault, men less so, although both sexes have to deal with it."

At university level, a survey by the New York Times found 27 percent of female college seniors have experienced some sort of unwanted sexual contact during their four years at school.

Another female student added: "It's scary because sexual assault is everywhere, whether people know it or not."

Such assaults are very common in society, although not particularly here at Highline, students said.

See Assault, page 15

## Enrollment drops as economy improves

#### **By Thunderword Staff**

Enrollment traditionally declines during good or improving economic times and that continues to be true for Spring Quarter, Highline's registrar says.

Highline's enrollment has fallen for nearly the sixth year in a row as the U.S. economy continues to recover from the worst economic downturn since the Great Depression. The downward trend in enrollment appears to be tied to an improving economy. Unemployment in the Seattle metro area fell to 4.4 percent in February, and Washington state added 10,600 non-farm jobs since January, according to the state Department of Employment Security.

"We see enrollment increase when unemployment increases and experience a decrease in enrollment when unemployment is low," said Lorraine Odom, dean of Registration.

However, this may not be the only correlation.

"There's so many reasons for college enrollment to fall," said Katie Rose communications and marketing associate for the Washington State Board for Community and Technical College. "There's a number of factors."

From a peak of 8,719 fulltime equivalent students in 2010, enrollment at the college has declined for five of the last six years.

Registration is measured in terms of full-time equivalents, by supposing that every student at Highline is taking 15 credits this quarter, and then counting upwards until one reaches the total number of credits being

## Highline kicks off new parking policy

#### **By Jessica Strand** and Mike Simpson Staff Reporters

Highline College will be giving unpaid parking violators the boot.

Highline has the authority to tow repeat offenders who have racked up a number of parking tickets. However, in an effort to be more diplomatic, Public Security is applying the boot to vehicles instead.

The boot is a heavy steel device that sits flush against the ground and immobilizes a vehicle when tightened onto a single tire. Parking violators won't be able to miss its bright orange paint job.

"I feel that [towing] might be a little heavy handed," said Vice President of Administration Michael Pham. "Once we impound the vehicle, then of course there's the money the student has to pay the impound company. ... And you still have to pay the unpaid parking citations."



Mike Simpson/THUNDERWORD

Highline Public Safety Officer Richard Noyer demonstrates the use of the new parking boot. The boot policy went into effect at the beginning of the Spring Quarter.

If three or more unpaid parking tickets accrue, the vehicle will be booted.

"We can say, 'You know what, you have incurred several parking tickets and you need to go in and buy a parking permit and pay for whatever number of parking tickets that have been

issued to you, and then we'll remove the boot," said Pham.

A parking permit is \$46 a quarter. One parking citation will run a student \$29 for not having a valid parking permit. Other violations, such as parking in the wrong area of the lot, or parking in a fire lane, cost \$58. Vehicles parked in a handicapped spot without a

See Boot, page 14

See Enrollment, page 15



# Frisky students caught in the act

**By Ani Miller-Wells** Staff Reporter



A pair of students were caught performing sexual acts in the

backseat of their car in the North Parking Lot on April 4 at 4:30 p.m. The female was caught with her shirt above her chest and the male on top of her.

The security officer who caught them took down their information and sent it to the Office of Student Conduct, so that the school may determine how to deal with the student's public lewd behavior. The Public Safety department opted not to call the Des Moines police in order to press public indecency charges against the pair.

#### Backpack stolen under student's nose

A student's backpack was stolen as the owner stood 3 feet away from the bag on April 2 around 4:15 p.m. The students were outside the front of the library in the rockery/seeded area.

The suspect was described as a black male adult in his 20s. The victim of the theft saw the suspect via a surveillance video and positively identified him.

#### Snoozing woman booted from building

A female was caught sleeping on the third floor of Building 8 on April 2 at 8 a.m. The building was hosting a private function at the time so Public Safety officers asked her to vacate the premises.

She did not respond kindly and accused the officers of only asking her to leave because of her race. She eventually got in the elevator and left the building.

#### Woman relieving herself asked to stop

A female was caught sleeping on a bench outside of Building 26, room 213 on April 2 around 2:30 p.m. A Public Safety officer heard yelling and witnessed her about to relieve herself in some bushes next to the walkway by Building 26. The officer advised her to stop and she did.

#### **Reckless driver cited by Public Safety**

A Public Safety officer witnessed a gold Hyundai Elantra Sedan driving recklessly in the South Parking Lot and followed it on April 3 at around 3:15 p.m.

The car sped down the south side walkway of building 28 and sped between buildings 27 and 28 entrances, after which the driver parked and got out with a passenger. They ran into Building 28. The officer cited the driver.

#### Backpack stolen from south lot car

A student parked in the lower South Parking Lot discovered that an unknown person stole a backpack out of his unlocked car while the student was in class on April 5 sometime before 8 p.m. There is no current suspect or word from the Des Moines Police Department on the whereabouts of the backpack.



#### Green Week starts next week

Highline will be celebrating Earth Week starting next week.

Highline's Earth Week will consist of many enjoyable, hands on activities that will teach students about environmentalism and sustainability.

• On April 18, the Environmental Club will host a showing of the documentary Cowspiracy, which discusses sustainable eating and living at 11 a.m. to 1 p.m. in Building 7. The Permaculture Club will teach attendees about how to revitalize large cement planters at 1:30 p.m. to 3 p.m. in front of Building 25.

• On April 19, the Environmental Club will show two TED talks discussing the importance of sustainability in business at 9 a.m. and 10 a.m. in Building 7.

On April 20, the Sustainability Task Force will be hosting a bird walk to the lower end of campus, starting at 9 a.m. in front of Building 8.

• On April 21, the Environmental Club will host a campus cleanup event from 9 a.m. until 2 p.m. Signup will be located on the second floor of Building 8. The Sustainability Task Force will teach about the damage the ivy plant causes, and allow attendees to assist in removing ivy from campus at 11 a.m. to 12 p.m. next to Building 12.

• On April 22, Dr. Adrienne Cochran will host a seminar on environmental ethics at 10 a.m. until 10:50 a.m. in Building 2. The Cooking Club will explore recipes that use vegetarian ingredients from the Urban Agriculture Program's garden at 2 p.m. to 4 p.m. in Building 22, room 104.

• On April 23, there will be an opportunity to clean the area surrounding the MaST Center from 9 a.m. to 1 p.m. in Redondo. Students interested in participating must RSVP jmayer@ highline.edu.

Earth Week is sponsored by the Sustainability Task Force and Environmental Club, contact sfreeman@highline.edu or call 206-592-3639.

#### Action Award.

Highline is accepting nominations until April 22 at 5 p.m. for women who deserve recognition for their achievements in academics, teaching, community service, and overcoming obstacles.

To nominate someone, visit www.highline.edu/event/women-in-action-award-ceremony/ to download the nomination form, then submit it to Jean Munro at jmunro@highline. edu.

The Women in Action Award Ceremony will be on held May 4.

#### Learn about Highline programs

The Academic Success Centers will be hosting a Spring Open House today.

Students, Staff, and Faculty are invited to attend this open house and learn about the Academic Success Centers.

Iced tea, lemonade, treats, and tours will be provided at no charge to attendees.

The Academic Success Centers Spring Open House will be today from 10:30 a.m. to 3 p.m. in Building 26, room 319.

#### Highline to host Special Olympics

Highline will play host to a Special Olympics Unified College Invitational soccer tournament on April 16.

The T-Birds will be fielding two teams for this tourney.

The tournament will be taking place on April 16 at 9 a.m. on the soccer fields west of campus.

If you are interested in volunteering to help, contact ACHIEVE Adviser James Bermingham at Jaberingham@ highline.edu

#### Attend Spring Picnic Potluck

Meet faculty and staff, and other students at the Spring Picnic Potluck on April 15.

Bring food to share at this MESA hosted event.

inations for the 2016 Distinguished Alumnus Award.

Highline began the award in 1990, and it honors former students who have made notable achievements in their profession or community.

Former students who attended Highline prior to the 2011-2012 academic year are eligible for nomination.

The person chosen will be recognized at commencement exercises on June 16.

To download the nomination form at alumni.highline.edu/ distinguished/nominate.php and submit it to Laura Rosa at lrosa@highline.edu.

## Zamora scholarship accepts applications

The Pedro Zamora Young Leadership Scholarship Program is now accepting applications for the 2016-2017 academic year.

The scholarship honors Pedro Zamora, an AIDS educator and activist who passed away more than 20 years ago from AIDS. It is dedicated to support the education of individuals involved in HIV-related work in school and the academic field.

Scholarships range from \$2,500 to \$5,000 and will be awarded in August.

Applications are being accepted until May 2 and can be downloaded at www.aidsmemorial.org.

## Learn about the jobs open to majors

The Transfer Center and Counseling Office are teaming up to teach students about how majors work in a workshop on April 26.

The workshop will answer questions about different majors and which jobs are available for a major a student might be considering.

Highline Counseling Psychologist Dr. Gloria Rose Koepping will be teaching students skills for being successful in the workforce no matter which major is chosen.

There is no registration required and the workshop is on April 26 at 12:15 to 1 p.m. in Building 6, room 164.

#### Man, tired from burrito, found asleep

The Public Safety Office received a call on April 7 regarding a man passed out in the courtyard in front of Building 25.

The officers conducted a wellness check and the man stated that he had eaten a large burrito, which had made him tired, and he had fallen asleep. The man stated he was fine and didn't need medical assistance.

#### Visitors continue to urinate on campus

A female was found standing by the first center island next to the South 240th Street trail access point on April 9 at 6:35 p.m. A Public Safety officer approached her and found she was standing with her pants half pulled down and appeared to be about to urinate in the bushes. The officer asked what was going on and she replied "Going to the bathroom."

The officer informed her it was not allowed and that she needed to get dressed. The woman complied.

#### Science Seminar starts this Friday

The Science Seminar is kicking off its Spring Quarter this Friday. Anne Whitson is discussing ways to feed your brain, and stay sharp in a whirlwind of stress, tests and lack of sleep. Join Whitson in Building 3, room 102 at 1:30 p.m. April 15.

## Nominate a very exceptional woman

Nominate exceptional Highline women for the Women in The picnic will take place on April 15 at noon until 2 p.m. in the MESA Center, Building 26, Room 319D.

#### Nominate notable Highline grad

Highline is accepting nom-

#### News briefs

Send news brief items to Thunderword@highline.edu. Items should be received by Tuesday of each week.

#### Sharing Apartment in Federal Way

- Use of 1 bedroom and 1 bath exlusively
  - Sharing living room and kitchen
  - \$610 / month plus electric bill

#### Contact Loretta at

206 - 432 - 0869 or nkwontal@yahoo.com

# **CAMPUS**LIFE

April 14, 2016 | Highline College | Campus Life | Page 3

## **TRiO program helps Highline succeed**

Federally funded initiative provides help to low-income, first generation college students

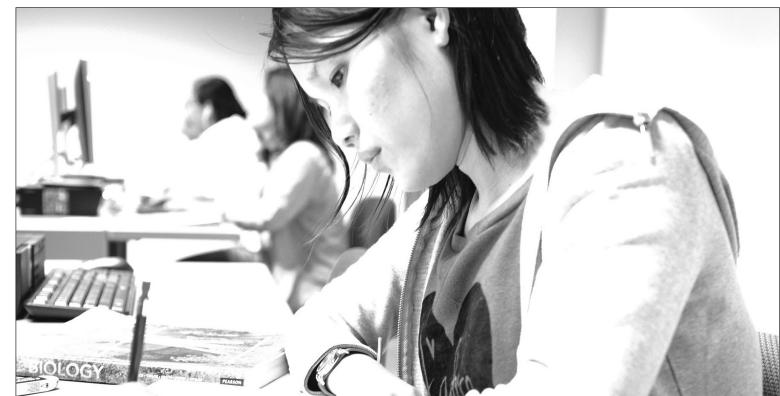
#### **By Taylor Lee** Staff Reporter

Gaythoo Thaw came to Seattle in 2008 as a Burmese refugee with her family.

"When I came here, my goal was always to be able to attend college and get my degree," Thaw said. "I started attending Highline in 2009, but took mainly basic job skills courses."

Thaw was able to find a job helping other Burmese refugees receive health care and housing, she said.

"I could then help provide for my family, but I hadn't earned the degree I wanted yet," She said. "I came back to Highline in 2013, but was able to only



*Gaythoo Thaw plans to attend UW Seattle, if accepted and is set to graduate in the summer.* 

Mike Simpson/THUNDERWORD

take one class at a time because of my work schedule."

"I tried deciding what classes to take on my own by using degree audit," Thaw said. "Before I knew it, I had 20 unused credits towards the degree I really wanted."

Thaw was then referred to a program called TRiO by her sister.

TRiO is a federally funded program that assists first generation, disabled and low income students succeed in their studies. It was created in 1965 by the Higher Education Act and has been at Highline since 2010.

"TRiO helps students succeed in all areas of their education," said Blia Xiong, program assistant. "Tutoring, advising and study classes are just some of the services we offer."

TRiO students can also write an essay to enroll in a book loaner program, Xiong said.

"TRiO has given me a much better grasp on school," Thaw said. "Math and English were very hard subjects for me. TRiO has given me tutoring to make these much easier."

TRiO has also helped Thaw write applications to University of Washington Tacoma and Seattle, she said.

"I have already been accepted to UW Tacoma and I'm waiting to hear back from UW Seattle," Thaw said. "I want to earn a degree in social work."

"TRiO helps provide students with the tools they need to be successful," said Ay Saechao, director of TRiO.

Last quarter, 21 students were able to take a TRiO class, he said. Students learned how to apply for college applications, adopt new study skills and be successful in school.

"The final project for the class is for the students to earn \$500,000 in scholarships as a group," Saechao said.

"So far, we have raised

\$125,000 and I am confident we will reach our goal by June," Saechao said. "The students are working incredibly hard, it's amazing to see the progress."

Graduation rates for TRiO students are more than double that of normal first generation and low-income students, he said.

"We are sucessful because we get so much support," he said.

"To date, 48 percent of our Highline TRiO students graduate to transfer to a four-year college," Saechao said. "TRiO is also present at UW, WSU and many other universities in Washington."

"If UW Seattle accepts me, I plan to be a TRiO student there as well," Thaw said. "TRiO has made school so much easier for me. They have helped me reach my goals."

"TRiO helps provide students with the tools they need to be successful."

> — Ay Saechao, director of TRiO



## Highline hopes to get a RISE out of new grant

#### **By Ariana Thomas** Staff Reporter

Students pursuing higher education who are facing barriers such as unemployment, unstable housing, transportation obstacles, physical and mental health problems, or other hindrances may qualify for a new program.

A pilot program, named Resources to Initiate Successful Employment, utilizes a grant from the Federal Department of Agriculture through the state Department of Social and Health Services.

The program is designed to provide support services through employment and training. The people of King County are welcome to apply and do not have to be a student. It targets those who want to start school, a training program or want to start a new career, but do have barriers to manage.

The program is administered by Workforce Services in Building 1. The first year of the threeyear grant totaled \$150,000. Funding for the next two years has yet to be determined.

RISE also offers a free "Strategies for Success" course that is not credited. It helps prepare participants for training and employment. The sessions are Monday through Thursday from 12:30-3:30 p.m. in Building 10. This class is also available at select community based locations. It is connected with the basic food program, which encourages people who are receiving federal basic food assistance.

Participants must be receiving food stamps, and have to meet specific qualifications. It grew out of the Basic Food Employment Training Program, which also provides employment and training services.

"It was noticeable to me that students facing barriers like physical and mental health problems, being unemployed for more than a year, unstable housing, and other barriers, have not been as successful in the BFET program as others have," said Marty Sanders, Highline's RISE case manager. RISE offers another way for these participants to achieve their goals. They may gain experience for receiving their professional technical program, or certificate.

As a pilot program, 50 percent of participants will be placed in the RISE program, and the other 50 will receive existing services from the BFET program. This is to evaluate the RISE services.

"Future BFET and RISE recipients will benefit from this program because we are evaluating how these services benefit people. We can carry them forward in the future in a way that is most beneficial. This benefits the future," Sanders said.

There are internships, job experience, and GED assistance that include help with transportation and childcare available. English as a Second Language students may also qualify for RISE.

Those who are unsure of which program they want to pursue, or already have a high school diploma and want to pursue a professional training program, can do so as well. But participants cannot be enrolled in a professional training program already.

"RISE is a pathway, and we haven't gotten to the end of the path yet," Sanders said.

# Free college isn't all that it seems

Free college for all seems like a great idea on the surface, but the idea has some challenges.

There is no doubt that college has gotten too expensive for the ordinary person. Cheaper tuition would allow for more people to attend college, and for more students to graduate college while accumulating less debt.

Proponents of free college education point to countries such as Germany and Norway as an example of where such a system is in place. Others look to the United States prior to World War II, where financial assistance consisted primarily of government grants.

However, these examples do not take into account that a significantly greater percentage of Americans attend traditional colleges than any other country except Finland. Americans are also attending at a higher rate than they did in the past, with 4.9 million more students attending college in 2015 than in 2000.

Funding such a proposal will prove to be expensive.

Assuming that every student is attending an in-state, public four-year college, which costs an average of \$9,139 in tuition, with 20.2 million students attending college in 2015, free college tuition would cost at least \$184.6 billion.

Tuition does not cover the entire cost of a student's education, in Washington for example.

The state covers half of the cost of a student's education.

The influx of new students from free tuition would require colleges to expand their facilities, program offerings, and hire additional professors and staff.

This would require a tax increase that would be incredibly unpopular in today's political climate.

If, somehow, the U.S. was able to raise the funds for free tuition, with the states and federal government agreeing on jurisdiction and funding models, where will this money be going?

The wealthy attend college in the U.S. at by far the highest rates out of any group in the United States.

This is in part because attending college is more than about tuition; it's about navigating standardized tests, admissions, and having the money to delay entering the workforce for however long a college education takes.

If college tuition is free for everyone, it allows people with plenty of money to attend college for free along with the people who truly need help with tuition.

Free tuition doesn't address many of the reasons people drop out of college, nor does it make high school students more prepared for college.

It would be much cheaper, and be a more effective use of taxpayer money, to help potential students get what they need to get into college, and provide the support they need to graduate.

This can be through income related grants, and additional advising, counseling and mentorship programs for disadvantaged students.

Meanwhile, if tuition was totally free, it is very possible that some students wouldn't take college as seriously.

With no personal investment in college, it becomes less important to pass every single class, or to do your best work.

Portions of college are a grind, and some students need more motivation than others.

When the going gets tough, it is harder to drop out when you have invested both time and money into something. A more affordable tuition rate will be able to bring more students into the fold, and decrease student debt while keeping students literally invested in their education. College is often out of reach for many Americans due to tuition and other factors; simply making college free is both expensive and doesn't fully address the barriers to achieving a college degree.

"



## Poetry is important for students

"A tough life needs a tough language and that is what poetry is. That is what literature offers a language powerful enough to say how it is. It isn't a hiding place. It is a finding place."

#### Jeanette Winterson, poet and writer

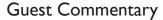
During April, poetry celebrations will be everywhere on campus, from the new Highline Student Art Gallery featuring Poetic Visions to featured poet and Pacific Lutheran University professor, Rick Barot, who will teach a workshop and read from his award-winning collection, *Chord.* But do students need a month of poetry? Highline students are busy people, what does poetry have to offer them?

One student, new to Highline, recently arrived from the Democratic Republic of Congo, told me that poetry is his hobby—he fell in love with words at a young age but has only just started writing poems in English.

"I'd lost my confidence," he said. "Poetry is helping me get it back."

Another student who attended last year's broadside exhibit in the Highline Library was so moved by what she saw that she volunteered to work on this year's National Poetry Month events. "This is something I want to be part of," she offered.

I had a dream about bagpipes last night, and the queen.





Susan Rich  $\wedge$ 

In creative writing classrooms, at campus open mic events, and in private journals, students investigate their lives through image and sound, syntax and sense.

#### Have something to say?

Poetry offers all of us a strong anchor for the wild emotions that course through our days.

"Poetry is news that stays news," the poet Ezra Pound once said. It also promotes literacy and fosters community. Poetry requires a deep listening and offers students a more expansive worldview.

We know each other better once we've shared our work.

Susan Rich teaches creative writing and film studies at Highline. She is the author of four books of poetry; Cloud Pharmacy (White Pine Press, 2014) is her most recent collection.



Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Write to us!

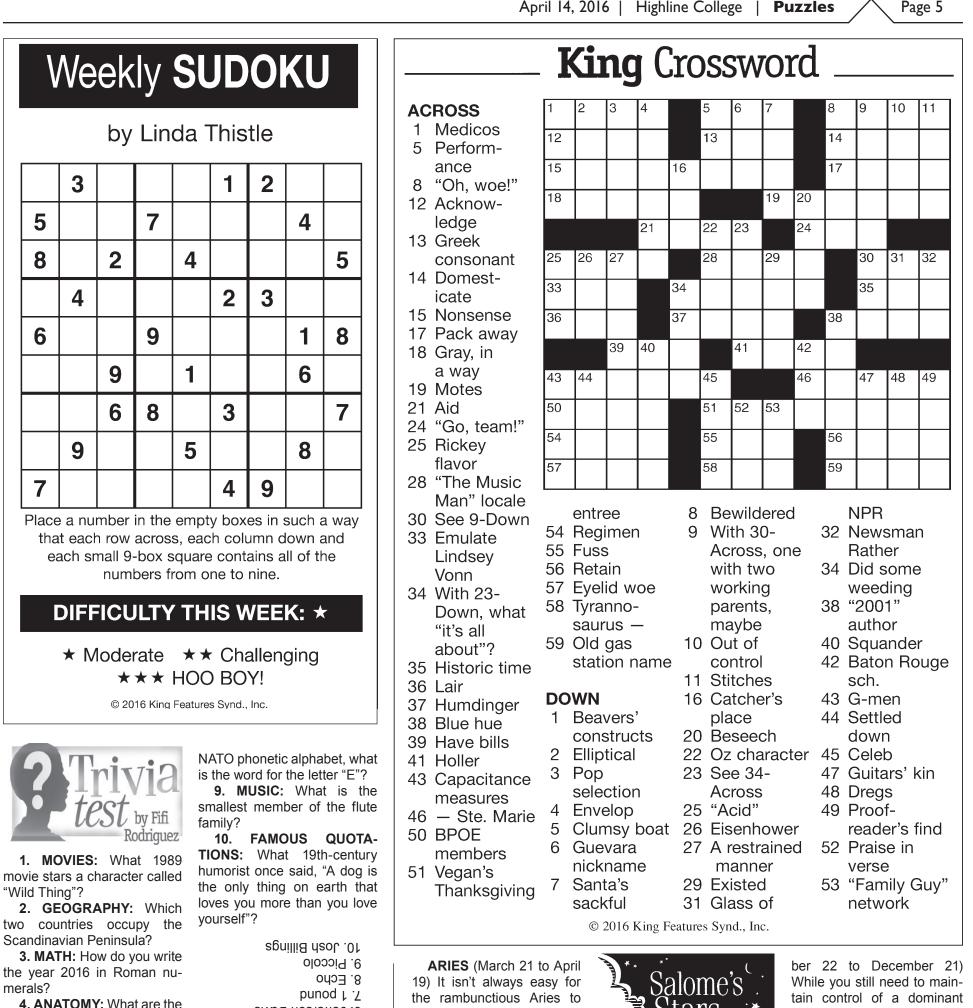
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4. ANATOMY: What are the small bones of the middle ear called collectively?

"Wild Thing"?

merals?

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5. GENERAL KNOWL-EDGE: Which company makes the Testarossa sports car?

6. HISTORY: Who was president of the Confederacy during the American Civil

20. Josh Billings
9. Piccolo
8. Echo
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6. Jefferson Davis
5. Ferrari
4. Ossicles
3. MMXVI
2. Norway and Sweden
1. Major League
Answers

2016 King Features (C)

**Puzzle answers** 

on Page 14

Synd., Inc.

give a second thought to their often spur-of-the-moment choices. But aspects favor rechecking a decision before declaring it final.

TAURUS (April 20 to May 20) Information emerges for the business-driven Bovine who feels ready to restart a stalled project. Be prepared to make adjustments as needed at any time during the process. GEMINI (May 21 to June 20) Part of you wants to complete plans for an upcoming event, while your other self wants to see how things develop first. Compromise by moving ahead with your plans while being open to change. CANCER (June 21 to July 22) An unexpected change in a relationship could open up a problem or could lead to a much-needed and toolong-delayed reassessment of a number of matters. The choice is yours to make.



ing from recent personal and/ or professional decisions. See what worked, what didn't and why, and base your next big move on the results.

VIRGO (August 23 to Sep-

situation, a new development emerges, making the task easier and the outcome potentially more rewarding.

**CAPRICORN** (December 22 to January 19) New factors might have a positive effect on a still-pending matter, but only if the information

War?

**MEASUREMENTS:** 7. What is the U.S. equivalent of .45 kilograms?

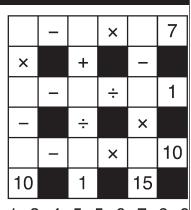
8. LANGUAGE: In the

#### by Linda Thistle **GO FIGURE!**

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

#### DIFFICULTY: \*\*

★ Moderate ★★ Difficult \*\*\* GO FIGURE!



1 2 4 5 5 6 7 8 9

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LEO (July 23 to August 22) Time for the Lion to total the plusses and minuses resulttember 22) The clever Virgo can make persuasion work by presenting a case built on hard facts. Sentiment might touch the heart, but it's good, solid information that invariably wins the day.

LIBRA (September 23 to October 22) You usually can win over the most stubborn skeptics on your own. But this time you can benefit from supporters who have been there, done that and are willing to speak up on your behalf.

SCORPIO (October 23 to November 21) You win admiration for your determination to do the right thing. Don't be distracted from that course. despite the offer of tempting alternatives that might suddenly turn up.

SAGITTARIUS (Novem-

proves to be credible. Trusted colleagues might be able to offer needed advice.

AQUARIUS (January 20 to February 18) The week favors moderation, especially if a health problem is involved. Resist the impulse to do more than might be good for you at this time. You can catch up later.

**PISCES** (February 19 to March 20) You could feel more than a mite upset by someone or some people who might be creating problems for you. Find out why they won't change their ways. Their reasons might surprise you.

BORN THIS WEEK: You know how to inspire others to do their best by setting a persuasive example of your own.

# THUNDERARTS

## Highline waxes poetic in diverse April events

#### **By Cierra West** Staff Reporter

You might be a poet, you might not even know it, but there is something for everyone at this months National Poetry Month celebration at Highline.

Winners of the college's student poetry contest will be honored by displaying their poems alongside published ones in the Library, as well as being hosted at a reception.

Numerous published writers will be coming in for poetry readings and writing workshops. There will also be art inspired by poetry, made by students, on display all month long.

Of 113 entries in Highline's student poetry contest this year (almost double last year's total), Rebekka Paulsen's poem, Hello Kidney Disease, won her \$120.

The poem, written about her father's hereditary kidney disease, moved the judges.

"Its knockout punch caught us off guard as the speaker addressed the illness that curtails her father's life. The poet's skills are most evident in the controlled voice and the final epic leap," said Susan Rich, faculty and judge for the competition.

Eighteen-year-old Paulsen said that her father only has 10 percent kidney function and is currently awaiting his second transplant.

Second place was given to Kelvin Hernandez, who wrote The Truth of The Bicycle.

Third place went to Tatyana Byrd for Golden Beauties.

There were also several honorable mentions, including Shari Douglass, Kim Huynh, Braxton James, Sam Mc-

Cullough, Vivian Ngo, Harper S. Villian, and Yelena Voronin.

In honor of National Poetry Month, winning poems, along with favorite poems selected by staff will be on display on broadsides on the fourth floor in the Library until May 31.

The winners were honored with a reception and poetry reading Tuesday

The poetry exhibit will include published poets as well as the poetry contest winner poems, and be open until May 31 on the fourth floor of the Library.

Published poets such as Leija Farr, Claudia Castro Luna, and Rick Barot will be visiting Highline for poetry readings and after will teach free writing workshops for anyone who wants to join. Additionally, Poetic Visions an exhibition of students artful depictions of published poetry, will be on display in Building 16 in the student gallery starting today.

Leija Farr, Seattle youth poet laureate, will visit for a poetry reading and writing workshop today from 12:30–1:30 p.m. at the Student Union, Building 8 in the Intercultural Center.

Claudia Castro Luna will visit Highline for a poetry reading and writing workshop on April 20, 11 a.m.–1:15 p.m. in the Student Union, Mt. Constance room.

The Poetic Visions Reception for poets and artists will be on April 20, 2-4 p.m. in the Student Gallery in Building 16. Regular hours for the gallery are Tuesdays and Thursdays, noon-2 p.m.

Rick Barot will have a poetry reading and writing workshop on April 26, 11 a.m.–1:15 p.m. in the Student Union, Building 8, Mt. Constance room.



Mike Simpson/THUNDERWORD

Students Savannah Heruska and Lessy Radmacher use chalk to create art for National Poetry Month.

## Students chalk one up for National Poetry Month

#### **By John Van de Ven** Staff Reporter

As National Poetry Month begins, a different take on the written word has appeared around Highline's campus.

To help kick off National Poetry Month, Art Department head Tracy Carrera had her students out in full force, instructing them to create art on the very ground students walk upon. Armed with chalk and their imagination, students had free reign over the large concrete canvas surrounding the Student Union.

The students were able to take full advantage of the season's first sunny day, enjoying the warmth while they colored, adding designs to poems that were scrawled on the ground.

"This is our first major project as a class," said Carrera, as she coordinated students with lettering to spell out National Poetry Month. "It's a very fun thing."

Carrera is enthusiastic about what she does, and shows it as she runs around directing her students about what they should do and then leaving them to draw what they saw fit.

"As an art educator, you have to have that whimsy," Carrera said, referring to her style of teaching.

The poems the students were beautifying were picked by some of Highline's clubs. The clubs that participated in the project were The Empowered People Club, Women in Science and Technology, Campus Crusade for Christ, Video Game Club, Honors Leadership Team and Latinxs Unidxs club.

The color added to the poems, contrasting with the charcoal black lettering of the words written on the ground, making them stand out and drawing the eye downward.

The students were enthusiastic about the project, eagerly doodling flowers and other various filigree.

"We complete [them]," said student Valerie Listsyna about the poems. "[And] it was fun."

Another student, Vince Belfield, said they used the poems as inspiration for their drawings, using it as a base for their art.

However, the poems were not the only source of inspiration. Students took their cues from the things around them, the sun and the weather, the plants and flowers around them, someone even drew the different phases of the moon.

The chalk art project has added some color to student's trips across campus, and the poetry offers inspiration to those students who happen upon them and look down.



MIke Simpson/THUNDERWORD

Student Boomer Lusink reads poetry on display in the Highline Library art gallery.

#### Gallery displays poems, artwork

#### **By Taylor Johnson** Staff Reporter

Examples of paintings, watercolors, charcoal drawings and poetry are on display starting today as part of the Highline Art Department's Poetic Visions poetry themed exhibit in the Building 16 art gallery.

Students have the chance to exhibit their artwork on a range of mediums including graphite, watercolor, prisma-colored pencils and oil paintings.

The artwork has been conceived from the poetry of famous artists, as well as students. This is the Art Department's third show of the year, said event organizer Sofia Yakubovskaya.

"I'm excited to see the students share their art work that they have worked so hard to produce with their fellow classmates and people of the community," Yakubovskaya said.

On April 20 there will be a reception for visiting poets and artists from 2 to 4 p.m.

The next art gallery will be the annual Portfolio Show on June 6 and 7, going from 9 a.m. to 8 p.m. where the students will get to display artworks they have worked on all quarter. **AND EVER** THE TWAIN SHALL MEET

## College professor brings famous author to life

#### **By Ryan McCandless** Staff Reporter

Michael Mauldin spends his days as a faculty member at Cleveland State University. But by night, he transforms into a reincarnation of perhaps America's most beloved humorist.

This weekend, local theatergoers are invited to meet Mauldin and spend An Evening with Mark Twain at Federal Way's Centerstage Theater.

Twain is considered by many to be the quintessential American author. At one point, author William Faulkner described Twain as being "the father of American literature." His two most famous novels, The Adventures of Tom Sawyer and its follow-up, The Adventures of Huckleberry Finn, both depict two young men coming of age in the 1800s South. Beyond his novels, Twain was known for the witty and unfiltered opinions on a variety of topics from politics to religion.

In this production, Twain will be presented through various writings from his career, from his short stories to his articles. The topics brought up could range from Twain's well-known social satire to his darker opinions on the human condition.

Mauldin said that he was very interested in finding something beneath the basic image many people have of Twain.

"The whole white suit, it was all pure marketing, absolute marketing," Mauldin said. "And his real name was Samuel Clemens, so even the idea of Mark Twain is a product that he created."

The actor, instead, wants to focus on a lot of the writings that went unseen in Twain's career.

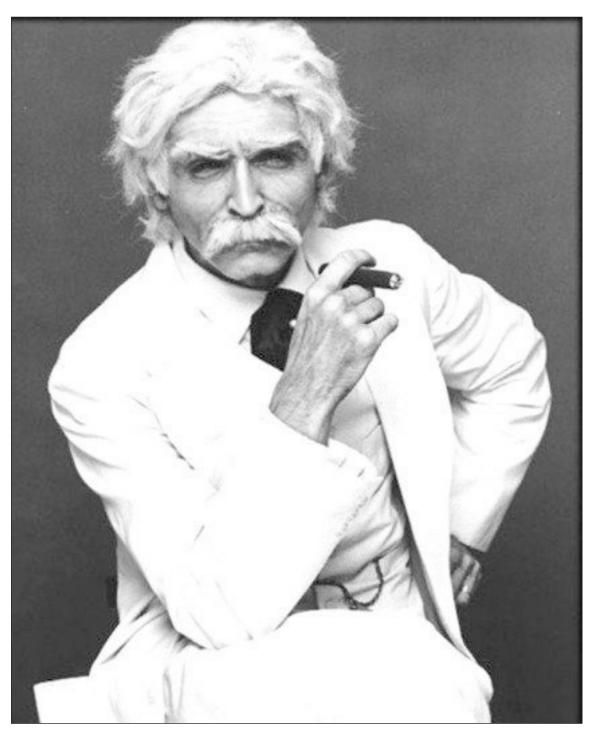
"It was really in a lot of the stuff he didn't allow to be published in his lifetime, some of which I had decided to put in show because it's just too good not to. We know what he had to say about politics, and about religion, and about mankind in general."

Mauldin is currently the head of the Department of Theater and Dance at Cleveland State University. He has also appeared on Broadway in Les Miserables and The Tempest.

Beyond that, he has directed multiple productions such as Showboat, Dracula, Macbeth and The Laramie Project.

For 40 years and across 35 states, Mauldin has become well-regarded for his portrayal of Twain. The process of turning into Twain takes three hours and the transformation Mauldin goes through has changed heavily for him throughout the years.

"When I was first starting out, I would do a whole field of warm ups and preparations



Michael Mauldin as the title character in An Evening with Mark Twain.

and things like that. But the makeup and props have themselves become really my ritual now and by the time I put on the costume and especially put the shoes on it...in fact I remember we did a television airing of it for ABC many, many, many years ago and that meant standing around a lot between takes and things like that and the director said 'you know, when you're in the costume you walk and stand like him.' And

I wasn't doing it consciously but that's where I can't help it now. I just physically become him," Mauldin said.

The actor said there is one final thing that he wants the audience to get out of the production.

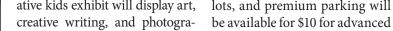
"I think that audiences are generally surprised about how relevant [Twain] still is when he talks about politics, when he talks about religion, when he talks about the human condition and I think that audiences are going to be surprised when they hear that he could be our contemporary, which probably says a lot about the human condition that we just haven't changed that much."

An Evening with Mark Twain plays on April 16 at 8 p.m. and April 17 at 2 p.m. at the Centerstage Theater. Adult tickets are \$20 and youth tickets are \$15.

The theater is at 3200 SW Dash Point Rd.

## Washington State Spring Fair is going to the ducks

By John Van de Ven Staff Reporter



ative kids exhibit will display art, lots, and premium parking will

The Washington State Spring Fair begins a three-and-a-half-day run today, offering a variety of entertainment for the whole family.

This year's fair will have a rubber duck theme with a scavenger hunt accompanying it. A prize will be given to individuals that find nine duck umbrellas and their passwords, and those 18 years or older will also be entered into a drawing to win two tickets to a Washington State Fair concert in September.

Other new events are also scheduled including a Dancing Horses show, Kids Can Cook demonstrations, a Mother Goose Magic Show and a Timberworks Lumberjack show.

An Outdoor Adventures exhibit will inform families about



Washington State Fair Spring Fair photo Child enjoys meeting a new friend at a pervious Spring Fair.

various outdoor activities including boating, archery, hiking and gardening.

A KMPS radio concert featuring Jordan Rager is scheduled for Friday at 7:30 p.m., and an assortment of Latino entertainment unfolds Sunday at 4:45 p.m.

The fair will also have Four Acres in Sillyville, which will feature a giant slide, a train and wildcat rides for the kids. A crephy by children up to 15 years old. And if that isn't enough for your ducklings, there will also be face painting.

For the big kids, a variety of monster truck activities is also planned, with a monster truck show with a preshow pit party on Friday, and monster truck rides being given Thursday, Friday and Saturday. A Slamfest demolition derby is scheduled on Saturday at 7:30 p.m. and Sunday at 4 p.m. with a pit party immediately following Sunday's derby.

Friday and Saturday evening will feature a fireworks show set to music for all fairgoers. And if all this just isn't enough, there will be free swine races and a free water duck run.

There will be plenty of free parking in official fair parking

reserve, or \$15 the day of.

Friday offers free admission for active duty military, retired and reserve military and their families, as well as disabled veterans, when they show valid military ID.

The Washington State Spring Fair begins Thursday and runs through Sunday, with gates times of 2 p.m. - 10 p.m. on Thursday, 10 a.m. - 10 p.m. on Friday, 10 a.m. - 10 p.m. on Saturday, and 10 a.m. – 8 p.m. on Sunday.

Ticket prices are \$10 for adults, \$8 for Students aged 6 -18, and kids 5 and younger are free. Kids 0 - 18 years get in free on Thursday with a recommended food donation for the Puyallup Food Bank. The fair is located at the Washington State Fair Events Center, 110 Ninth Ave. SW, in Puyallup.

# THUNDERARTS



Michael Brunk/Burien Actors Theatre Michael Mendonsa and Devin Rodger in The Letters.

# 'Letters' tells a tale of mystery

#### **By John Van de Ven** Staff Reporter

As she nervously paces back and forth in the Director's office, Anna Borisovna pulls a cigarette from a small case she removes from her pocket. Timidly, she attempts to light it, as a look of concern is painted on her face.

All of a sudden, steps can be heard outside getting closer. The look of concern on Anna's face deepens.

This is the foundation that *The Letters* builds the rest of its story on, a psychological thriller by playwright John W. Lowell.

*The Letters* is currently running until May 1 at the Burien Actors Theatre.

Set in a ministry in a 1930s Soviet Union, the play explores the paranoia and struggle to control information under the Stalinist government.

The Letters features only two actors, unfurling the story through dialog between Anna (Devin Rodger) and the Director (Michael Mendonsa), the head honcho in charge of controlling the Ministry and the many secrets imprisoned within its walls. Lowell excels at captivating the audience by feeding into their natural distrust of the unknown. The interactions between Anna and the Director become a cat and mouse game, as the Director toys with Anna's emotions with his cruel jokes and magisterial personality. The set, created by Maggie Larrick, acts as a time machine, taking the audience back to 1931. A couple of pictures hang on the Director's wall, one of Lenin and one of Stalin. Everything from the rotary telephone, to the small box-shaped intercom, to the plain wooden chairs around the desk become almost ancillary characters to the story, by creating tense and slightly uncomfortable situations.

The costumes are era-appropriate, mostly drab with a hint of color that helps breathe more life into each character.

The acting is excellent and both characters were believable. Rodger plays the timid and vulnerable Borisovna, and Mendonsa is prefectly meancing, leaving no minute mannerism out.

The play was directed by veteran Beau M.K. Prichard. Prichard said the story parallels the present day world, because of how much surveillance of citizen is allowed these days in the name of national security.

Live piano and percussion music by composer Allan Loucks is played before the show starts and during the intermission. Loucks' music matches the tone and theme of the story. Overall the show is highly entertaining and will keep you on the edge of your seat, and the story is appropriate for teens around the age of 16 and up. There were some adult elements but nothing over the top. Definitely a must see for fans of suspenseful thrillers. The Letters is running now through May 1 at the Burien Actors Theatre, 14501 4th Ave. S.W. in Burien, Fridays and Saturdays at 8 p.m. and Sunday at 2 p.m. at the Burien Actors Theatre. Tickets are available online at buirienactorstheatre. org or by phone at 206-242-5180. General admission is \$20, seniors are \$17, and students are \$10.



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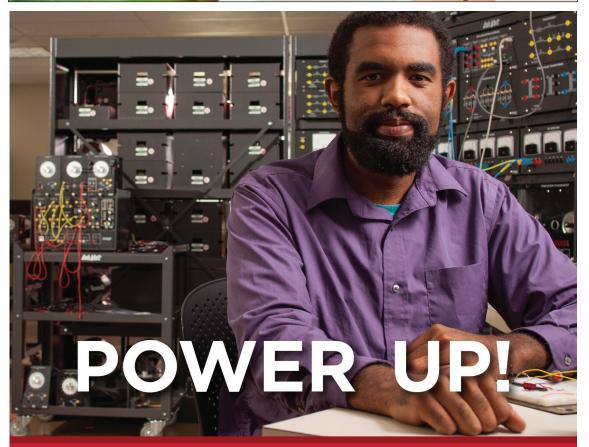
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## THUNDERSPORTS

## **Despite struggles, Lady T-Birds improve**

#### **By Samuel Biehn** Staff Reporter

Highline began to show off its potential at the start of division play, putting up solid numbers offensively and playing well rounded, going 2-4 over their first six games.

The Thunderbirds currently are fourth in the NWAC West Division with a 2-4 division record, 5-15 overall.

"The mental aspect of the game is so crucial. Individually and as a team we have to find motivation and courage in ourselves," Highline pitcher Stefani Gollin said.

An inner push might be all Highline needed. The Lady T-Birds opened up against with their first divisional opponent Pierce with a 4-3 win in the first of a two game series on April 2.

The Thunderbirds had four runs off of 11 hits.

Second baseman Taylor Poe led the way for the Thunderbirds, with three runs batted in to add to her season total of 11.

Highline finished the game with only two errors.

"Defensively we were solid, very few errors," shortstop Megan Chan said. "We were brick walls."

Gollin struck out two and gave up only three runs off of 10 hits. All three runs for the Pierce Raiders came in the second inning. From the third inning on, Highline didn't give up a single run.

Unfortunately, Highline wasn't able to carry this production into the second game against the Raiders, as the Thunderbirds fell 5-2.

"The difference between the two [games] would have to be energy level," Highline third baseman Cheyanne Haas said. "I believe there was more fire and fight in the first one."

Highline pitcher Kayla Higa allowed five runs off of five hits while giving up four walks.

Highline put together nine hits, four more than Pierce, but couldn't push enough runs across the plate.

"Honestly, there isn't any-



THUNDERWORD/Michael Simpson

*Highline shortstop Megan Chan attempts to make a play on the ball.* 

hits and five walks.

"As a team I think we held together OK. We definitely showed a glimpse of what we can do," Gollin said. "We just have to make our effort and enthusiasm genuine and I think that as a team we will definitely produce the results we are wanting."

Those results didn't come for the T-Birds in an 11-5 loss in the second game of the series against Centralia.

Highline pitcher Precious Tabangcura gave up eight runs off of six hits, and fellow Thunderbirds pitcher Maggie Victor finished with three runs off of nine hits. Highline walked six Centralia batters, and finished the game with five errors.

Thunderbirds second baseman Poe showed up big on the stat sheet, leading the team with five runs batted in.

Highline got back on the right track in a 14-6 victory over Grays Harbor on April 10.

Rippingham led the way with three RBIs.

Thunderbirds pitcher Higa allowed six runs off of 11 hits, striking out one and walking two. "We've seen flashes of what we can do, and it's good," Gollin said. "So if we can find a way to keep the consistency at the plate I think a lot of those issues will dissolve."

#### batter's box.

Even though the beginning of Highline's divisional games schedule had some ups and downs, it was a big improvement in contrast to the Thunderbirds' games over spring break.

The Highline ladies struggled over spring break, going 0-4 over their two series stretch against Clark and Lower Columbia.

In the March 26 series opener against Clark, the Thunderbirds lost 6-2. and 2-0.

"We got runners on base, but couldn't score them," Rippingham said.

"Offensively we need to produce more, we hit the ball we just aren't placing it right. We need to read the field and enter the batters box with a fire and a swagger to us," Haas said.

Against Lower Columbia, Highline fell 9-4 and 9-0.

"As a pitcher I need to work on staying focused and making sure I throw every pitch like it's my first," said Gollin, who took the loss in the second game. "Having a plan and making sure I execute it when I'm on the mound is very important to me."

Following spring break and flashes of solid play over recent divisional games, Thunderbird players are staying confident.

"Over the break I think that we had some moments where we showed our potential, showed what we are capable of," Gollin said.

"Our defense is strong, we just need to figure out how to manufacture runs when we get them."

Highline hosted Grays Harbor in a doubleheader on Wednesday, with results unavailable at press time.

Highline plays three games this weekend in a crossover tournament in Yakima, opening with Edmonds on Saturday.



thing mechanically that we can work on. We are a very solid team that can throw and field fairly well," left fielder Alyson Rippingham said. "And hitting is solid too. It's just a mental game which isn't something you can fix. It has to come from inside of you to fix it."

"We need to want it way more and know that we could rather than guess upon ourselves," Haas said.

The T-Birds were better at bat but gave up too many runs in an 11-10 loss to Olympic on April 9.

Highline had 16 hits and six walks, but couldn't hold of the Rangers defensively.

Highline pitchers Higa and Gollin gave up 11 runs off of 19

The Thunderbirds were also able to overcome their 10 errors in the game in order to get the win.

Highline followed up the high scoring victory with a disappointing 8-0 loss to Pierce, also on April 10.

"We are better than we give ourselves credit for, we really just got to believe it," Haas said. "And put to action what we say we can do."

Meanwhile, Gollin gave up eight runs off of 14 hits as Highline struggled to get things going on the mound or from the

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## Highline's golf team still looking for players

#### By Michael Simpson Staff Reporter

This school year marks the inaugural season for the women's golf team at Highline who are recruiting players to build a team of six to become more competitive.

It's a small team of Hailey Johnson, Megan Martin and Jasmine Hansgen.

Aimee Chomngarm of Kentridge High School will join next season.

By mid-May they will have played six college tournaments in seven weeks. Three tournaments remain in the season.

Johnson has been golfing since age 15, but wasn't planning on playing at Highline until Athletics Department Academic Advisor Damien Crump asked her after noticing her golf sweatshirt.

Hansgen also plays basketball for Highline.

Martin joined the team after PGA Head Golf Professional Marti O'Neil of Riverbend Golf Complex, where she works, told her that Highline was looking for players.

They had been placed close to last for all their tournaments because they need more players to improve their score said Highline Head Coach Steve Turcotte.

Highline Women's Golf placed last at the Olympic Col-



Highlines' Jasmine Hansgen stares down her shot while practicing at the Twin Lakes Golf and Country Club.

lege Invitational at Gold Mountain on March 31 - April 1.

Highline placed 10 out of 12 Highline's first invitational on April 10 and 11 scoring 660.

Martin improved by 19 points between the first and second day at the Highline invitational from 120 to 101.

"I had fun today," Martin

said after the tournament.

Hansgen scored 106 on the first day but scored 122 the next due to allergies said Turcotte.

Johnson scored consistently between day 1 at 107 and 2 at 104.

"The girls keep getting better. We'd like to see them shoot under 100 next time we go out," Turcotte said.

Martin wants see her score break into the 80's she said.

Turcotte wants to give the current team as much tournament experience as possible.

"Playing... practicing and playing," he said, counting down on his fingers as he explained his goals. Highline currently practices one or two days a week at Twin Lakes and at the driving range at Riverbend Golf Complex in Kent, where Hansgen and Martin both put in extra time four to five days a week.

Highline will play at the Apple Tree Invitational this April 17 and 18.

38 35 514 Scc	orebo	ard							
Woman's Softball									
Team	Conference W-I	e Season W-L							
West D		VV-L							
Olympic	6-0	9-15							
Pierce	4-2	11-4							
Centralia	2-2	11-9							
Highline	2-4	5-15							
Grays Harbor	0-6	0-14							
South D	ivision								
Lower Columbia	4-0	18-4							
Clackamas	2-2	18-5							
SW Oregon	2-2	16-5							
Mt. Hood	2-2	15-5							
Clark	1-2	10-7							
Chemeketa	0-3	5-12							
North Division									
Bellevue	5-1	21-4							
Shoreline	4-2	8-6							
Everett	4-2	9-9							
Douglas	3-3	8-5							
Edmonds	1-5	10-8							
Skagit Valley	1-5	4-7							
East Di	vision								
Columbia Basin	13-3	21-7							
North Idaho	12-4	18-6							
Treasure Valley	10-4	13-13							
Walla Walla	9-5	11-13							
Wenatchee Valley	9-7	11-10							
Spokane	8-8	16-10							
Big Bend	5-11	6-16							
Yakima Valley	2-14	3-21							
Blue Mountain	2-14	4-24							

## Run side by side with your four-legged friend

#### By Samuel Biehn Staff Reporter

Pet lovers and running enthusiasts may have found their perfect match.

The annual Petpalooza will take place at Game Farm Park in Auburn on May 21 that runs from 10 a.m. to 5 p.m. also includes the annual Dog Trot 5K/3K fun run.



Which run participants choose is up them, as the event includes both a 5K or 3K run path.

However, the real fun begins with bringing along your pet to join in on the challenge.

Special Events Coordinator for the City of Auburn Kristy Pachiarz says that the 5K/3K Dog Trot is typically run by humans and their dogs, however, there is likely to be more animals than just dogs or cats, such as birds, reptiles such as snakes, goats, ducks and even roosters. Participants can bring along up to two dogs or other pets for the fun. "Leashed, licensed and well behaved pets are welcome at Petpalooza," Pachiarz said.

Those who are looking to not over exert themselves and just have a fun and slightly chal-

Auburn Parks Photo

Participants from previous Petpalooza enjoy the marathon with their pets.

lenging run won't have to look far. Pachiarz said both the 3K and 5K paths are "very similar," and that "the course is flat, easy, and enjoyable for all ages and ability levels."

Petpalooza and its Dog Trot run seem to have become a staple for the local pet and human community alike.

"Petpalooza is the Pacific Northwest's biggest and best pet festival," Pachiarz said.

Including the 3K/5K Dog

Trot, visitors can expect many attractions that Pachiarz said will include live entertainment, animal entertainment, animal races, a children's area, art projects, adoptions, and more.

This year's festival will also include a visit from Border Collie International, rescued canines who have a knack for Frisbee tricks, as well as the CityDog Magazine Cove Dog Model Search, which benefits the Auburn Valley Humane Society.

"Petpalooza is a favorite event of mine. It's unique and offers unlimited, inexpensive fun," Pachiarz said.

Pachiarz said that pet owners should keep in mind to only bring pets that will work well in the Petpalooza environment.

Those who aren't interested in signing up for the 5K/3K Dog Trot can still take part in the festival, as the main event and parking are both free.

# THUNDERFOOD

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## Tasty spring lamb is not too baaaad

In America, lamb is often served in the spring. Lamb is the meat from young sheep that are less than 1 year old. Americans eat far less of this delicious meat than people in other countries. This is often a case of not knowing how to select the best cuts of lamb, or misinformation about the meat having a strong "gamey" flavor.

Labeling laws often allow a confusing number of packaging terms as it pertains to lamb – including "natural," "pasture-raised" or "grass-fed." These terms are permitted even though the animal may spend little or no time in a natural setting, in a pasture or grazing on grass. The label to look for to purchase the best-quality lamb meat is "100 percent grass-fed." This type of lamb has a buttery, tender quality.

Lamb is usually available in five different cuts, including the shoulder, rack, shank/breast, loin and leg. "Rack of lamb" usually refers to a rib cut that includes nine ribs and can be split into rib roasts. Lamb "chops" can come from several different cuts, such as "rib chops" and "loin chops." You also might see "blade" and "arm" chops in the meat section of the gro-





Asian-style lamb loin chops offer lots of flavor and easy preparation.

cery; these chops come from the shoulder. Sirloin chops are another type; these come from the leg. Additionally, many stores sell ground lamb that is used to make burgers, meat loaf or sauces.

Grass-fed lamb is a significant source of B vitamins and niacin. It also is an excellent source of omega-3 fats, depending on the diet of the mother and the lamb. Grass-fed lamb has been shown to average at least 25 percent more omega-3s than conventionally fed lamb. Consumption of omega-3 fats has been associated with decreased risk of inflammation and heart disease. In Australia, where lamb is raised in abundance and eaten regularly, recent studies show it as the top omega-3 food in the daily diet. In regions of some countries without easy access to fish, lamb sometimes has been shown to provide more omega-3s than any other food in the diet.

My recipe for Asian-Style Lamb Loin Chops uses these tender chops, infuses them in a flavorful marinade and then quickly roasts them. Lamb loin chops are similar in cut to a beef T-bone steak. The chops should be at least an inch thick and contain a portion of the loin and tenderloin. They cook quickly on the grill or under the broiler, and are best when allowed to develop a caramelized crust with a pink, juicy center.

#### Asian-style Lamb Loin Chops

This lamb dish could be served at an elegant dinner for company or as a simple, weeknight meal. Prep, cooking and cleanup are easy because the chops are marinated in the dish they bake in. Lamb loin chops are best when medium-rare, which takes about 20 minutes in the oven. The Asian flavors of the marinade bathe the chops as they cook and create a delicious sauce for rice or noodles.

8 (1-inch-thick) lamb loin chops

1/2 cup fish sauce 1/2 cup honey 1/2 cup water 1/4 cup apple or pine

1/4 cup apple or pineapple juice

1/4 cup vegetable oil

3 tablespoons soy sauce 6 medium garlic cloves, finely chopped

1 tablespoon ground coriander

1 tablespoon fresh lime juice 2 teaspoons freshly ground black pepper

1/8 teaspoon cayenne pepper 3 stalks green onions, roots removed and discarded, white and green parts chopped

8 lime wedges, optional

2 cups brown or white steamed rice or noodles

1. To marinate the lamb: Mix the fish sauce, honey, water, juice, oil, soy sauce, garlic, coriander, lime juice, black pepper and cayenne pepper together in a 13 by 9-inch baking dish. Lay the lamb chops in a single layer in the marinade and turn to coat. Cover, refrigerate and marinate at least 4 hours and up to 24 hours, turning the lamb at least once during the marinating time.

2. Heat the oven to 425 F, and arrange a rack in the middle of the oven. Remove the lamb from the refrigerator and allow it to sit at room temperature for about 30 minutes. Roast uncovered about 15 minutes. Turn the chops over and continue to roast until they register 130 F on an instant-read thermometer, plus another 5 minutes for medium rare or 5 to 6 additional minutes for medium.

3. Remove the dish to a wire rack and let the chops rest for 5 minutes. Garnish with the green onions and lime wedges. Serve with the sauce, steamed rice or noodles. Makes 4 servings.

## Stir up an appetite with lunchtime ham and bean soup

We may still have a cool day in April when a bowl of soup will taste good!



## Make some magnificent macaroons

These cookies are delicious on their own, but a good thing gets even better when you sandwich two together with a gooey layer of kosher-for-Passover chocolate spread. Try Ha-

## Good Housekeeping

3. Remove blade from processor. Drop batter by rounded teaspoons, 2 inches apart, on cookie sheet. If necessary, with moistened fingertip, push batter from teaspoon. Bake cookies 10 minutes or until tops feel firm when lightly pressed. Cool cookies completely on cookie sheet on wire rack. (If you want to reuse cookie sheet right away, let cookies cool slightly, about 5 minutes, then slide parchment or foil, with cookies attached, onto wire rack and let cookies cool completely.)

ple, decadent desert.

10 ounces coconut macaroon cookies

1 cup boiling heavy cream 1 pound finely chopped

1 cup finely diced celery 1 cup shredded carrots 1/2 cup chopped onion 1 (15-ounce) can diced to-

matoes, undrained

3/4 cup water

1/2 cup reduced-sodium ketchup

2 (15-ounce) can Bush's great northern beans, rinsed and drained

1 cup diced Dubuque 97 percent fat-free ham or any extra-lean ham

1 teaspoon dried parsley flakes

1/8 teaspoon black pepper

1. In a medium saucepan sprayed with butter-flavored cooking spray, saute celery, carrots and onion for 5 minutes. Stir in undrained tomatoes, water and ketchup. Add by Healthy Exchanges

great northern beans, ham, parsley flakes and black pepper. Mix well to combine.

2. Bring mixture to a boil, stirring occasionally. Lower heat, cover and simmer for 30 minutes, stirring occasionally. Makes 6 (1 full cup) servings.

\* Each serving equals: 198 calories, 2g fat, 13g protein, 32g carb., 344mg sodium, 74mg calcium, 10g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Vegetable, 1 Starch; Carb. Choices: 2.

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shachar Special Cocoa Spread, available at ShopRite (or use Nutella post-Passover)!

1 cup hazelnuts, toasted 1 cup sugar 1/4 cup unsweetened cocoa 1 ounce unsweetened chocolate

1/8 teaspoon salt
 2 large egg whites
 1 teaspoon vanilla extract

1. Heat oven to 350 F. Line large cookie sheet with kitchen parchment or foil.

2. In food processor with knife blade attached, blend toasted hazelnuts with sugar, cocoa, chocolate and salt until finely ground. Add egg whites and vanilla, and process until blended. 4. When cool, carefully peel cookies off parchment or foil. Store cookies in tightly covered container up to 2 weeks.

#### Chocolate-Macaroon Tart

Three ingredients make this chocolate macaroon tart a sim-

semisweet or bittersweet chocolate

Raspberries Slivered orange peel

1. Press coconut macaroon cookies into a greased 9-inch pie plate, then pour boiling heavy cream over semisweet or bittersweet chocolate in heatproof bowl and stir until smooth.

2. Pour into crust, chill 6 hours, and top with raspberries and slivered orange peel. Serves 12.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/ recipes/.

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## Guitars can resonate for veterans with **PTSD**

Sometimes it takes more than a prescription and behavioral therapy to control the symptoms of PTSD. The answer to the struggles with stress and depression faced by too many veterans may be as simple as a guitar lesson.

Guitars For Veterans was started in 2006 by a guitar teacher and one of his stu-



by Freddy Groves

dents. Co-founder Dan Van Buskirk was a Vietnam Marine with PTSD, and Patrick Nettesheim had taught guitar for 30 years.

It was a perfect match, and for Van Buskirk, a way to find peace.

After taking some instruments to a Department of Veterans Affairs rehab unit to hand around, and seeing the positive reaction, the pair started going back to give lessons. Guitars for Vets was born and has grown to include 60 chapters in 30 states. G4V has given more than 20,000 lessons to veterans and over 2,000 new guitars.

Veterans who want to take part in the guitar-lessons program need to be referred by their local VA. They'll be loaned a guitar and given free weekly lessons.

Once the 10-lesson program is over, the veteran will receive his or her own new acoustic guitar and accessories. Monthly group meetings follow.

G4V's growth has been phenomenal, but they haven't done it alone. If you can teach guitar (and can pass a VA background check), consider volunteering or even starting a new chapter in your area. Or you can donate to this very worthy cause. Consider this: \$200 will send a veteran through the whole program. To learn more, check the website at www.guitars4vets.org. If you (or a veteran you know) are in need of the kind of healing that pills don't provide, look into joining. For more information, scroll down the website for a list of local chapters.

## Planning is taking off for airline-themed Global Fest

#### **By Whitney Barrera** Staff Reporter

When the 2016 version of Global Fest lands in the Student Union on May 7, festivalgoers will be treated to a global jaunt with a distinctly aeronautical feel.

Highline Airlines is the theme of the annual cultural celebration designed to introduce the Highline community to the foods and customs of students who attend the college from around the world.

Following an attempt recently to take the festival outdoors to accommodate the overflow crowds that made the festival a runaway success, the event returns to the confines of the Student Union.

Departure time for the nonstop adventure will be 1-5 p.m. And once again the tickets will be free.

But before the event takes off, the organizers are seeking volunteers to man the booths and promote the cultures through song and dance. Volunteers will be divided in booth and performance teams to represent their homelands.

So far however, only students people from Asian countries are on board, but organizers expect representatives from other parts of the world to also embark on the journey.

International Leadership Student Council members say they believe that Highline students will be able to get a rich mixture of cultural voices from different countries and inter-



Jessica Strand/THUNDERWORD

Planning has already begun for this year's annual Global Fest, which celebrates the rich and varied cultures of Highline's international students. This year's event will have an aeronautical theme.

act with others, learning more about intercultural communication.

"We are living in an era where people want to promote communication and tolerance. The best way is by learning and watching about all the different cultures we have," said Koto Haramiishi, leader of the International Leadership Student Council. "I just want a more just and humane world."

Moreover, Haramiishi said "I think Global Fest is such a unique event that can only be made in this diverse college."

"I think the purpose of this event is to provide a place for people to gather and talk about their own culture with confidence," she said. "We want everybody to be proud of their own culture. That is why I feel this event is important and special for everybody."

Students who want to volunteer at Globalfest, can send an email to ILSC ilsc@highline.edu kharamiishi@highline.edu or with their personal information including their nationality.

## **Trustees and president singled out by** national two-year college association

By John Van de Ven Staff Reporter



consider there are over 1,000 press release. community colleges."

"Of course, it's the great accomplishments of our faculty and staff that made this honor possible for Highline College," Dr. Bermingham said. The American Association of Community Colleges was founded in 1920, and has been advocating for the nation's community colleges ever since. The association represents almost 1,200 associate degree-granting schools, including a number of international members in Puerto Rico, Japan, Great Britain, Korea and the United Arab Emirates. Dr. Bermingham said he is proud to accept the award because the relationships are authentic, the achievements are shared, and the aspirations are genuine within the school.

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Highline's Board of Trustees and president have been recognized nationally for their effective governance of a community college.

On Monday, for only the second time since the school first opened its doors in 1961, Highline earned national recognition from the American Association of Community Colleges.

The award also recognizes Highline's commitment to its community, by promoting economic and social vitality, and its ongoing commitment to the success of its students.

"I am proud that the success of the working relationship between the Board and me merited national distinction," said Pres-



Highline President Dr. Jack Bermingham has been cited for good leadership.

ident Dr. Jack Bermingham. "It is a special moment to receive AACC's recognition when you

The award given to Highline was one of only seven given out nationwide.

Other considerations for the Highline award include the teamwork between Dr. Bermingham and the Board of Trustees, proving by their actions their united vision, mission and goals.

"From the perspective of faculty leadership, Dr. Bermingham has created and the trustees have supported a highly effective learning and teaching environment where faculty, staff and students are inspired and enabled to do their best work," said tenured faculty member and Highline College Education Association President Ruth Windhover, in a

## Candidate makes case for safety job

#### **By Ani Miller-Wells** Staff Reporter

Preparation to respond to an active shooter incident would be the top priority of one candidate for Highline's top security post.

Jeff Lamoureaux, a patrol sergeant with the Burbank, Calif. Police Department, spoke during an open forum on April 6, regarding his qualification to head up Highline's Public Safety detail. He has a plan to make sure the campus is as prepared as possible if that level of tragedy were to strike at Highline.

Lamoureaux graduated from California State University in Chico with a degree in Public Administration and Criminal Justice. At more than 6' tall with a shaved head and football player stature, he cuts an intimidating figure. But Lamoureaux said "I'm a teddy bear" because of raising his three daughters.

He's been involved with law enforcement for 16 years, being hired by the Burbank Police Department for their SWAT team, and as a detective who worked with homicide and sexual assault.

Lamoureaux said the top three most important things he believes Public Safety should focus on are emergency response, sexual assault and community policing. "One common issue is responding to active shooter situations" he



Olivia Sullivan/THUNDERWORD Pulbic safety candidate Jeff Lamoureaux answers questions from the audience during the public forum.

said. Lamoureaux said campuses should always be prepared for these types of events. He stressed that communication was key on all sides of an event like this, and "being able to recognize where there is a problem." That, he said, can be achieved by quick, solid communication between students, teachers and Public Safety staff.

Regarding sexual assault on campus, Lamoureaux said "it needs to be documented and investigated." He seemed very passionate about the topic and received many head nods from the audience of 19 people. He also said he would "make sure we're diligent and transparent if any of those problems come up." Finally, he addressed com-

munity policing.

Community policing is a practice numerous law enforcement agencies have been using lately, where they go out into the public to build positive relationships in the community. An example of this at Highline was the recent Coffee with a Cop event on February 16. Lamoureaux spoke about having good relations between the staff and the Public Safety, as well as between students and the Public Safety staff. He said he would make sure his staff is accessible and he also said that "we are going to listen" when it comes to students and the issues they're seeing on campus.

Steve Lettic, head of the Criminal Justice Department, asked what Lamoureaux's thoughts on less-lethal weapons are when it came to arming the Public Safety staff.

"The best tool I've had in my career was my Taser", Lamoureaux said.

He said that if the school had the budget, he would work on getting the public safety staff Tasers or pepper spray only "as long as there's time for the training to back it up."

Another faculty member asked how Lamoureaux would build relationships with students who come from countries or communities where the cops aren't to be trusted.

"A lot of it is just getting to know somebody", and that he would "talk to them and get coffee" so that he might build good relationships with the whole student body, Lamoureaux said. He said Highline's diversity was one of the many reasons he applied for the position. He worked in a jail earlier in his career and said that he "learned in the jails how to deal with different diversities," but then said that "I haven't learned a lot of different languages."

When asked if he'd be willing to start internships or Work Study opportunities, he said "Absolutely, that would be excellent. If we had the opportunity to offer an internship, I would absolutely be for that."

Vice President for Administration Michael Pham said the college is continuing to recruit for the position, but could make a decision at any time.

## Bees come to Capitol

OLYMPIA (AP) – About 30,000 European honeybees will arrive at the Washington state Capitol next week as part of an effort to raise awareness about the decline of bee populations across the country, as well as to boost pollination of plants at the governor's mansion and on the Capitol campus.

\_\_\_\_\_

Beekeepers from the association will be responsible for the care and upkeep of the hives.

Bees are critical to the food supply because about one-third of the human diet comes from insect-pollinated plants, and honeybees are responsible for 80 percent of that pollination. Concern about bee health is growing, with federal officials considering whether to protect two species of wild bumblebees. On Tuesday, garden care company Ortho said it would stop using a class of chemicals that is believed to harm bees. The company said it has already removed neonicotinoids from the majority of its products used to control garden pests and diseases. It plans to remove it from all the rest in two to five years. A United Nations study released in February said that neonics and other pesticides, along with disease and declining diversity in gardens and landscapes, are among the causes of declining bee populations worldwide.

## Job fairs on campus to offer employment opportunities

#### Michael Muench Staff Reporter

Students will have a chance to impress employers and find work at the upcoming job fair.

Such employers as Airport Jobs, First Transit, Food Services of America, Frito Lay, Lile International, Oak Harbor Freight Lines, Prologistics, Thyssen Krupp and U.S. Foods will attend the April 19 fair. Every student who attends the fairs will have a fair chance at making it to the interview. However attendees should expect competition. "Last year over 500 students attended, 86 were offered interviews," Carrancho said. "Of course there's 500 students attending so there's a lot of competition."

employer," Carrancho said.

Students should also bring resumes to share with potential employees, she said.

Among the many things that Carrancho recommends that

The Department of Enterprise Services announced in a news release Wednesday that on April 20, the Olympia Beekeepers Association will be placing the bees in two hives that will be set up on the front lawn of the governor's mansion.

"There's a lot of buzz about our new honeybee neighbors, and Trudi and I are looking forward to meeting them next week," Inslee said in a statement.

The hives, which will be installed this week, before the arrival of the bees, will initially consist of a stand and a single large box where the queen bee will lay her eggs. Later in the spring, smaller boxes to store excess honey will be stacked on top. The April 18 fair will be held from 2 p.m. until 5 p.m. The April 19 fair will be held from 11 a.m. until 2 p.m.

There will be two consecutive job fairs in the Student Union next week, which will be held on April 18 and 19.

The April 18 fair, which is being coordinated by Highline program manager Chantal Carrancho, will be attended by more than 60 different organizations seeking employees.

"They are coming from every single field from medical to administrative," Carrancho said.

The April 19 fair will focus on promoting employment in the transportation, distribution, and logistics fields. Students are advised to come to the job fair prepared.

They should think about "[learning] more about the company, of course speaking well and being professional," Carrancho said.

Students should "wear what you wear to a job where you really, really want to impress the students do at the job fair is "securing that handshake."

Students who would like to know more about the April 18 job fair (including a full list of attending employers) can visit https://studentemployment. highline.edu/jobfair.php.

Students who would like to know more about potential jobs at Highline can visit Myinterfase.com/highline/student.



## Video gamers drawn to Highline

#### **By Jesse Brand** Staff Reporter

Video gamers from around the world are coming to Highline in two weeks to compete for about \$25,000 in total cash prizes in a fighting games tournament.

Fighting games are either 3D or 2D competitive character-based video games involving two to four players at a time.

The eighth edition of the Northwest Majors fighting game tournament will be hosted, for the fifth year in a row, at Highline from April 29 through May 1, in Building 8.

GameClucks, a LAN center for gaming in Lynnwood, is coordinating the tournament.

"The event is getting bigger each year," Conference Services Manager Rachel Collins said.

More than 700 participated in last year's tournament and at least that number are expected this year, said tournament coordinator Chris Anderson.

Street Fighter V, Super Smash Bros. Melee, and Tekken 7 are the most registered for games this year, Anderson said.

More than a dozen other games will be featured during the three-day tournament.

Winners of the tournament are determined through "dou-



Jessica Strand/THUNDERWORD

Last year's contestants drew players from around the world to play games like Super Smash Bros. More than 700 gamers were present last year.

ble elimination pools, leading into a double elimination final bracket," Anderson said.

That allows each participant one loss before being knocked out of that game's tournament or finals bracket.

Dozens of world-renowned players are participating such as Justin Wong, Ricky Ortiz, "PR Balrog," and "Silent Wolf."

There are too many to name them all, Anderson said.

Registration is \$55 by April 23 and \$70 at the event. Casual players not participating in the tournament can sign up for \$30. The event is free for spectators.

Registration for the tournament is still open at northwestmajors.com.

"Red Bull will be on-site with free energy drinks," Anderson said.

Other food and beverage services have not been confirmed, he said.

## Washington jobless rate holds steady at 5.8 percent

OLYMPIA (AP) - Washington state added 9,000 new jobs from February to March, but its unemployment rate remains at 5.8 percent for the fourth straight month.

Numbers released Wednesday by the state Employment Security Department show that during the one-year period ending in March, about 98,200 jobs were added.

The national unemployment rate for March was 5 percent. Unemployment in the Seattle-Bellevue-Everett area dropped from 5 percent in February to 4.9 percent last month.

Eleven industries expanded for the month, with the biggest gains seen in professional and business services, retail trade and wholesale trade. The only losses were seen in education and health services.

Washington's labor force, or number total number of people over the age of 16, increased over this period. More than 13,000 people were added to the labor force.

## earn about how race and music meet

#### **By Ryan McCandless** Staff Reporter

Highline's weekly history seminars will start up again next Wednesday with Professor Cisco Orozco's Chicano Soul: Dismantling the Racial Binary in US Music.

sists of a qualified guest speaker or Highline faculty member presenting on a historical topic they are knowledgeable about.

Orozco teaches music classes at Highline that cover a variety of musical genres from hip-hop to folk.

Beyond that, he has spent Each history seminar con- years researching the Chicano

Soul style of music originating from San Antonio in the 1960s.

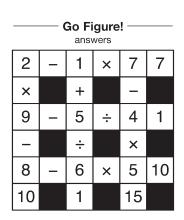
Orozco was involved in the creation of the Seattle Fandango Project, a group that uses the 400-year-old Mexican musical celebration called the Fandango to help unite communities and transcend national borders.

Students who attend every

history seminar in the series will be able to receive one history credit.

Details on how to sign up to receive credit will be available at the first history seminar.

The lecture will take place on Wednesday, April 20 in Building 3, room 102 from 1:30 to 2:40 p.m.



— King Crossword — Answers Solution time: 25 mins. DOCS ACT ALAS

Boot

continued from page 1



"Since we've had the parking kiosks, the

of \$20 to have the boot removed, plus paying the [original] fines," and buying a parking permit.

Once the fines are paid, the

valid handicap permit will be charged \$250, and may be towed, as well as have Des Moines Police involved.

In the past, Highline has enforced parking citations by sending them to collections, and putting holds on registration and records, Pham said. When a hold is put on a student they won't be able to register for classes, and won't be able to get their transcripts even if they no longer go to Highline.

The college is trying to deal with citation issues right away, instead of having it affect the student later on, Pham said. Students have been known to request transcripts years down the road and are unable to obtain them until citations are paid.

"There are 20 or 30 vehicles with seven or more parking tickets," said Program Manager for Parking Rich Noyer. Tickets can be easily avoided by using the parking permit kiosk in front of Building 6.

"Since we've had the park-

parking citations have dropped by two-thirds. The 10 weeks we had it [the kiosks] last quarter, we had 5,000 people buy a ticket."

-Michael Pham

ing kiosks, the parking citations have dropped by two-thirds," Pham said. "The 10 weeks we had it [the kiosks] last quarter, we had 5,000 people buy a ticket."

"Twice [the boot has been applied], and both times the individual has decided to pay," Noyer said. "There is a booting fee device can be easily removed.

"The process should take a couple of minutes," said Noyer. Noyer said he expects to place one to two boots a day on cars when the quarter gets into full swing, although he said he hopes he won't have to.

Right now two boots are available for use, but the college may explore buying more, said Public Safety Sargent George Curtis.

An individual with a number of parking tickets might be able to set up payments but it is on a case-by-case basis, Pham said. "We do allow for people to come talk with our parking manager and discuss the situation," he said. "The bottom line is we would like our students to follow the rules."

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### **Enrollment**

#### continued from page 1

taken at the college. Enrollment for the second week of Spring Quarter was 4,026, down from 4,191 from this time a year ago.

However, those figures remain fluid because enrollment numbers tend to increase over the quarter as students add late-start and Adult Basic Education/English as a Second Language courses. ABE/ESL students alone can be as much as a quarter of Highline's population.

For example, enrollment in Spring 2012 started at 7,000 and ended up at more than 10,000.

Offsetting some of the current losses has been an increase in the number of Running Start

students enrolling from nearby high schools.

Running Start enrollment has jumped up to 1,204 students from 1,026 at this time last year.

"we're seeing record numbers in these programs like Running Start," Rose said.

Still, this doesn't make up for the downward trend of 1,114 fewer FTEs.

The college also tracks international students separately. Currently, Highline has 469 international students, down from 518 at the same time last year.

Many Highline students and teachers agree that the most important element of registration is timeliness to get prerequisite classes such as traditional instructor-led English 101 and books they want.

Ten of 14 instructor-led English 101 classes are full accord-

appropriate for another."

ing to the Highline website. Three early morning classes that end before 9 a.m. and a 50-minute 9 a.m. class remain open.

"Classes fill up fast. Especially English," said student Someya Ahmed. English classes are in high demand at Highline and budgetary restrictions make it hard for the school to create new 101 classes said English Professor Shon Meckfessel.

"When there is a shortage of classes we can't have gigantic classes," said Meckfessel.

"It is painful to create a new 101 class for students to get their classes. We need money to get students into classrooms," said Meckfessel.

Many students agree that landing on a waitlist is bad news.

"Never be on a waiting list

because I might get a teacher that I don't like," said student Djiby Barry.

"The time they open my registration it's too late," said an anonymous student who can't get the classes she wants.

Despite the lower enrollment numbers, congestion on campus, both in the classrooms and the parking lots continues.

With declining enrollment comes a decline in sections of classes offered. Classes adjust by as much as an hour to reach the most students possible.

"We look at registration early to determine what students want to take and when," said Dr. Eric Baer, physical science professor.

The top five departments enrollment-wise are Math, English, History, Life Sciences and Communications. Math professor Terry Meerdink said that sections 81-98 fill up every time for students.

So some students are still experiencing long waitlists for classes.

Teachers and experienced students both recommend signing up classes as soon as possible.

"I always sign up for classes early to avoid waitlists," said Dinh Chungs, a community resource consultant with Student Government.

Several students echoed this idea.

A biology student named Shawn who was heading off to the MaST Center and declined to give his last name, put it this way: "Waitlists suck."

Staff Reporters David Moran, Michael Simpson and Olivia Sullivan helped contribute to this story.

#### Assault

#### continued from page 1

"It depends on the type of campus," said Jackie Sellers, a Highline student. "It's common here [at Highline] in a mild sense, but happens more at universities and places where people live on campus."

Out of 100 people contacted in the non-scientific survey, a majority said they have not seen sexual assault in any form on Highline's campus. Schools that offer dorms and live-oncampus options or schools with a "party" atmosphere have a greater problem with sexual assault, Highline students say.

This is because of the freedom and sense of liberation at universities, where there are virtually no rules or regulations about what students can and cannot do once class is over, students say.

Some students agreed that Highline's campus is extremely safe and they've never had to worry about sexual assault, but instead concern is generated from stories in the media.

"I've never heard about or had it personally or seen it at Highline, but I know [sexual assault] is a major problem in cities and all over the world," said an anonymous student. "I feel safe here, despite the negativity shown on the news." While the commuter college environment is a reason many students in the survey said they do not see sexual assault as a concern on campus, other students disagreed. As the most diverse community college student body in all of Washington, the different cultures contribute to the ideas surrounding sexual assault Highline's campus. "A lot of different cultures don't have the same boundaries," said Millah Turneur, a Highline student. "What is OK for one culture could be completely intypes of verbal compliments. Also, cultural ideas about gender roles may lead to sexual assault, some students said.

These boundaries may in-

clude a multitude of things, like

amount of personal space or

"In our society, there is expected social and cultural roles for each gender," said student Harley Howland. "This model is a superior male."

Another student added: "People who do cat-call or do even more intense degrees of sexual assault like abuse or rape, I think they are trying to make themselves feel superior or in power. I think it's mainly men because deep down inside they still feel like the upper."

This belief is common among Highline students, but men also spoke up against what they see as unjust blame.

"A lot of the time its the girl's word against a guy's," said Max Henry, a Highline student. "Guys can catch the blame when they were completely innocent because it's just how society views it. They see men as attackers instead of giving equal understanding to everyone involved."

"It doesn't just happen to women, it happens to men, too," said a Highline student who asked to remain anonymous. "But there's a double standard for sure, in society and culturally. Even if both genders did the same thing, one of them [the genders] is bashed more for it."

Males tend to joke in a way that could be considered assault, but label it as "just joking," students said.

"It's not funny, and even I joke about it too much at times," said Andrew Ramirez.

Some students still have a hazy definition about sexual assault.

"It doesn't count as a rape unless she says stop," said one student.

Another student said it is the woman's fault, especially as the weather heats up. When women wear less clothing, like dresses for example, they're more likely and at fault for the sexual assault, they said.

Others said that kind of attitude just puts the victim at fault.

"It has to stop being a case where people blame the victim or make excuses for the other," said Jackie Sellers. "It can and needs to be stopped. We need more awareness about what the limits are."

Very few of the men interviewed admitted they have been sexual assaulted as well; the negative stigma surrounding males and the topic is what keeps them quiet about the whole issue.

"People, especially guys, don't report or talk about being [sexually assaulted] because they're afraid of getting judged," a Highline student said.

"Or people are ashamed it happened to them, or they're embarrassed, or they just don't

want to accept that it happened," said Emilee Moreno, a Highline student.

Students generally agreed that what defines sexual assault is consent or the lack thereof.

"People should only get sexually assaulted when they're tied to the bed by their significant other and they're playing prostitute and bad cop," said Kelly Rivera. "Other than that, no one should be touched in places without knowing exactly what's going on, who's doing it, and without permission granted."

The best way to put an end to sexual assault will be to start talking about it, students say.

"There's a lack of ability to have an open dialogue about sexual assault," said Harley Howland. "Everyone has to be willing to talk about it in order to lessen the problem."

*Reporters Taylor Johnson and* Phynehas Grib contributed to this report.



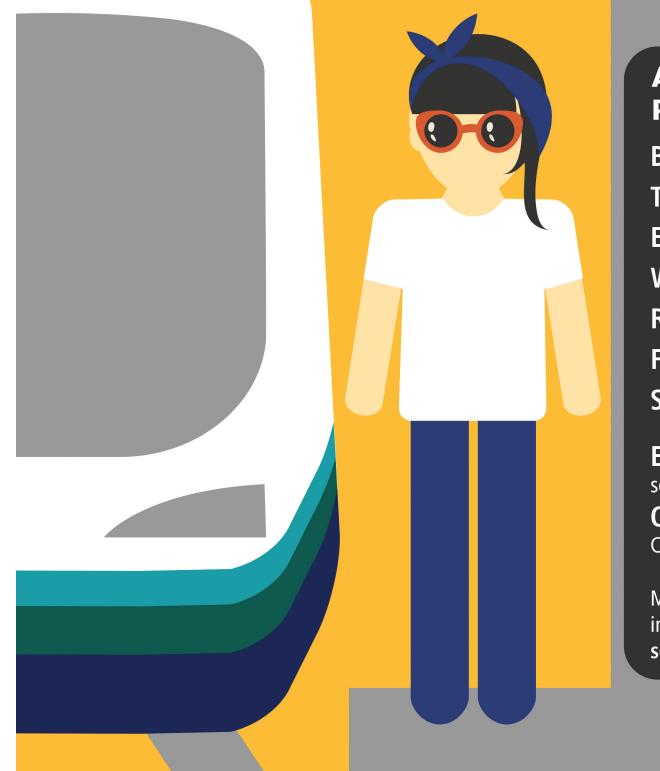


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