Highline College | October 20, 2016 | Volume 54, Issue 04

# Earthquake drill shakes things up

### **By Joey Gomez**

Staff Reporter

Get ready to Stop, Drop, and Hold On at exactly 10:20 this morning.

That's when Highline joins hundreds of institutions across the state for the Great Washington ShakeOut earthquake drill. The event will be the largest earthquake drill ever, with people from all over the world taking cover.

This internationally recognized event will involve more than 53 million participants globally.

It is estimated that there will be more than one million participants in Washington, and more than 160,000 of those participants will be college and university students.

The drill is approximately two minutes long, but is of paramount importance for all individuals to be informed and prepared of an earthquake situation, said Francesca Fender, Highline's Emergency Management coordinator.

This is Highline's third year participating in the drill.

"Of the quarterly safety drills



we do, this is one of the easier drills we do on campus," Fender

Students should have been notified of the drill already if they are signed up for automatic text alerts from Highline's emergency notification

The drill will be directed through a multilayered communication strategy so that all students, staff, and faculty will be notified through the college's Emergency Alert Systems.

"An emergency message will broadcast over indoor and outdoor loudspeakers, desktop

See Drill, page 16

## More dollars in your pocket



Wangari Muranga/THUNDERWORD

The current minimum wage is \$9.47 and Initiative 1433 aims to increase wages to \$13.50 by 2020.

## Minimum wage hike on ballot

By Michael Simpson Staff Reporter

Supporters of a statewide minimum wage increase say it will boost the economy by putting more money into a worker's pocket.

Opponents say it will harm Washington because it would be unaffordable for business owners.

Washington economists grapple to figure out what the higher minimum wage would

Initiative Measure 1433, if passed, would raise Washington's minimum wages to \$13.50 by 2020. The increase would come in four 50 cent increments from \$11 in 2017. Also, employees would earn one hour paid sick leave per 40 hours worked.

Approximately one million workers will receive paid sick

statewide economic impact of a leave and 730,000 will earn a higher minimum wage, according to Raise Up Washington, a pro-1433 group.

> The current minimum wage in Washington is \$9.47 per hour, or for someone working 40-hour work-weeks, approximately \$19,697 per year before

Raise Up Washington, a coalition endorsed by Hillary

See Wages, page 16

# Highline helps to create safe place for survivors

### By Jacqueline Robinson Staff Reporter

Highline student Shemara Lakin looked surprisingly serene and calm despite the darkness of the events she was describing.

"They will apologize, they will say I'm so sorry, they will promise to change, they say they will get counseling and enter programs," said Lakin. "But they won't."

A domestic violence survivor, she sat and painted a t-shirt at one of Highline's Domestic

Violence Awareness events last Thursday. She bared a small smile as she described her painful experience with her ex-hus-

"I went through domestic violence 17 years ago," said Lakin.

"The counselors said it usually takes about eight times to try to leave before victims can actually leave their abuser, but I said no to that," she said.

Lakin prepared herself and her children and left her abuser during her first escape attempt. Then she educated herself.

Education was one of the themes stressed during Highline's observation of Domestic Violence Awareness month.

On Wednesday, Oct. 13 and Thursday, Oct. 14, Women's Programs hosted a two-day Clothesline Project event, a national event in which participants decorate t-shirts to spread awareness about domestic violence.

In conjunction with the clothesline event, a seminar called Domestic Violence 101 was presented Wednesday.

The events were meant to be a safe place for survivors to feel

comfortable enough to share their experiences.

Domestic Violence is a hard thing to talk about, but painting allows people to let their guard down and people are more comfortable opening up, said Maria Toloza-Meza, one of the Women's Programs event coordinators.

"We talked to so many people and so many survivors," Toloza-Meza said. "All day long little groups of people were sharing their stories with each other. It was really amazing."

At Wednesday's Domestic



Violence 101 seminar, Kayla, a representative of from D.A.W.N.

See Violence, page 15

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**Page** Pokémon is still a Go for some Highline students



Page 10 Men's soccer clinches spot in NWAC playoffs



Page II ST3 proposes railway expansion from Everett to Tacoma



Olivia Sullivan/THUNDERWORD

A two-car collision outside of the South Parking Lot on Monday disrupted traffic and resulted in one car losing it's bumper.

## Vehicle and medical incidents keep Public Safety busy



**By Kori Spencer** Staff Reporter

Public Safety officers didn't have to look for long last week to find a stolen vehicle, it turned up on campus, but minus some key content.

Officers located the vehicle in the South Lot, but the stereo was missing and the glove compartment was cleaned out.

Highline's video surveillance cameras were able to capture footage that the vehicle moved from the East Lot by a male individual.

Des Moines Police was contacted and investigated the incident.

### Honda hits and departs parking lot

Public Safety officers were dispatched to the West Lot section A regarding a Highline student who had witnessed that a black four-door Honda hit an unoccupied four-door Toyota Prius and had damaged the driver's side rear door pan-

The Honda then departed the parking lot.

### **Student reports** hit and run

A student reported a hit and run on Oct. 17.

She parked her vehicle in



Konner Hancock/THUNDERWORD

The collision resulted in a car crashing into a fence across the road.

the East lot along the fence line behind Building 99 at 10 a.m.

She returned to her vehicle at 1 p.m. and found her passenger side bumper had been dented and separated from the

There was white paint on the bumper.

### **Stormy weather** knocks tree down

A tree fell across the fire lane and onto the side of building 29 during the stormy weather on Oct. 14.

There was no damage to the exterior of the building. Public Safety officers informed faculties and the tree was removed.

### **Student declines** medical attention

A person attending the Washington Library Media Association even on campus

complained of chest pains in Building 8 on Oct. 15.

Public Safety Officers contacted 911 and EMTs evaluated the individual.

The individual declined further medical attention and the EMTs stated that the individual was medically cleared but recommended to follow up with a personal doctor.

### Student suffered chest tightness

Public Safety officers were dispatched to Building 6 around 4 p.m. for a medical emergency on Oct. 17.

A student worker in Financial Aid was having tightness of the chest and some feeling down her arm.

South King Fire and Rescue emergency medical technicians advised the individual to get checked out and the individual then went to the hos-



### **Transfer Center** hosts events to assist students

The Transfer Center has several events to help transfer students succeed.

The Writing Center will host a workshop to help students write their personal statement essay for transferring.

Visit the Writing Center in Building 26, room 319 on Nov. 2 from 1-2 p.m. to get tips on brainstorming ideas and writing effectively, organize your essay, and what to include.

### Transfer Fair is set for Nov. 16

Highline will host a Transfer Fair on Nov. 16.

Representatives from more than 20 four-year colleges and universities will be available to answer questions on topics such as the transfer process, admission requirements, application deadlines, scholarships and majors.

There is no need to register and the event will be in the Student Union on the first floor. Students can attend any time between 10 a.m. and 1 p.m.

The Transfer Center will host a portfolio review event for transferring students on Nov.

A transfer portfolio may include your transfer application, personal statement, academic resume, letters of recommendation, college transcript and relevant test scores.

Four-year college representatives will be available to give personalized attention and feedback about students' transfer portfolios.

Registration is required, and must be done by Nov. 8. To register, pick up a form from the transfer center. The event will be in the Student Union, Mt. Constance and Mt. Olympus rooms from 1:30-4 p.m.

### **CASE** offers help finding employment

Career and Student Employment is hosting weekly events in Building 6, room 214.

- On Mondays students can meet with a career consultant to help you find a job and get started on a resume from 9 a.m. to
- On Tuesdays you can attend a workshop and learn about interviewing, job search skills, resume help, and other career related skills from 1 to 2 p.m.
- On Wednesdays students can attend a Work Study orientation and learn about the requirements and steps to find a job on or off campus from 1 to 2 p.m.

• On Thursdays students can attend a workshop on specialized career related topics from 1 to 2 p.m.

Registration is required to attend these weekly events. You can register online at www.studentemployment.highline.edu

### **Highline Job Fair is** next Wednesday

On Wednesday Oct. 26, the CASE Center will host a fall job fair where more than 60 employers from a wide variety of industries come together with students, alumni and community members.

Positions include full time, part time and temporary opportunities.

The event is free for all to attend and will be held in the in Building 8, on the lower level in the cafeteria.

### **Social Media** Workshop to aid job seekers

On Thursday, Oct. 27, the CASE Center will host a social media/Linkedin workshop.

Students can learn why it is important to have a Linkedin account and how social media can help with a job search.

The event will be held in the CASE office in Building 6, room 214.

### **Award recognizes** students helped by 2-year colleges

Highline is seeking applicants for the \$500 Transforming Lives award, which recognizes current or former students whose lives have been transformed by attending a Washington state community or technical college.

Applicants must submit a 500 word or less personal story, contact information and a photo that is limited to head and shoulders with a plain, light background.

Send materials to Dr. Lisa Skari, http://lskari@highline. edu by 5 p.m. Friday, Oct. 21. For more information, email Dr. Skari, or call 206-870-3705.

### Women's **Programs hosts** financial workshop

Women's Programs is hosting a Financial Literacy seminar Thursday, Oct. 27 from 10 to 11 a.m. in Building 8 in the Mt. Olympus room.

Katrina Roy from the Department of Financial Institutions will be doing a presentation about making a positive financial change in your life and how to be connected to Department of Social and Health Services funding and resources. The event is free and everyone is welcome.

# Saving souls and sinners

Local man chooses Highline for mission

By Michael Simpson

Staff Reporter

If you do not repent for sins you will go to hell, said the man under the totem pole.

Chris Dickinson is an electrician from Bothell who spends his free time preaching about Jesus on college campuses, outside of sports games and at political rallies.

"Wherever the fish are, so I can go fishing," Dickinson said. This was his first time at Highline.

He said people are sometimes verbally and physically abusive toward him, ripping his Bible away, because of his message.

"People get hostile, but it's worth it for Jesus," Dickinson said, as he held his weathered black Bible in his left hand.

He dressed simply. A bright white t-shirt, jeans and construction boots.

He said that someone who spends a lifetime sinning, but asks for Jesus' forgiveness and no longer sins, will go to heaven. On the other hand, someone who spends a lifetime free of sin, but sins on the last day of his or her life and doesn't ask for forgiveness, will go to hell.

"God hates rainbow flags," Dickinson said.

"That's pretty shitty," a passerby said in response.

Jesus Christ wants to give you a new heart if you atone for your sins, Dickinson said.

He spoke slowly and his calm voice could be heard from across the lawn.

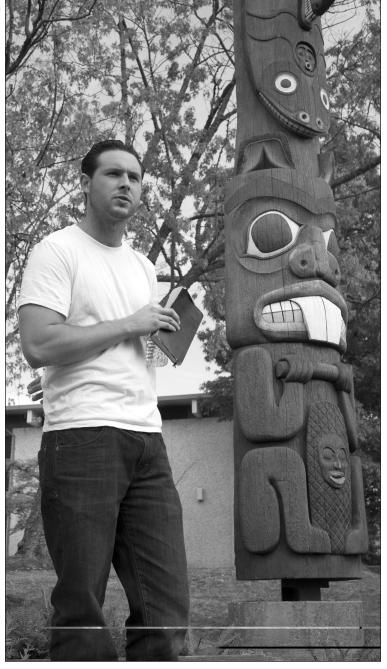
A Highline student stopped to listen.

He asked: If a slave owner keeps slaves for his entire life, does he go to hell?

If he asks for forgiveness and no longer continues to sin, no, Dickinson said as he walked back and forth on top of the benches near Building 6.

The student asked: What about Muslims? Do they go to hell? Their religion preaches goodness toward others and forgiveness similar to Jesus.

Yes, they go to hell, because they are members of the wrong religion, Dickinson said. "It is a beautiful thing to know Jesus."



Teelake Ancheta/THUNDERWORD

Chris Dickinson preached to passerbys on campus earlier this week.

## COMPASS tests get new direction

By Dylan You Staff Reporter

The COMPASS reading and writing tests, the bane of all unprepared college applicants, are no more.

For years, high school graduates, Running Start, international students and English Language Learners took the COMPASS test to determine their eligibility on placement classes at Highline.

But before anyone starts rejoicing about the COMPASS tests' demise, they've been replaced with the Directed Self Placement Assessment for high school graduates and the Accuplacer Reading Test for Running Start, international students and English Language Learners.

Shannon Waits, director of Academic Assessment and Placement, said high school graduates may continue to use other measures of class placement such as high school transcripts, GED transcripts and the transfer of placement test scores from a previous college, but the testing option is no longer the COMPASS tests.

transcripts are a better way to see if they're ready to be placed in a specific class. If they have a GED, why have them take another test?" Waits asked.

Waits said the Directed Self Placement Assessment will be much more interactive than the COMPASS in that it lets students explain how they feel about their own English skills.

"We don't want to call it a test," Waits said. "Anytime you use a one-shot standardized test, you can't see the depth of a student's abilities."

She said the Directed Self Placement Assessment not only promotes self-reflection on their reading and writing skills, students also learn more about Highline's expectations.

the COMPASS score, they didn't learn anything about the classes. They didn't give their own insight into their strengths and weaknesses," Waits said. "But with the Directed Self Placement, they're much more of an active participant in the placement process," Waits said.

She said the Directed Self "For some students, their Placement assessment offers much more of an educational process for students.

> "For example, students are given sample assignments similar to the ones they'd expect to see in their future English class, so what class they're placed into is more of an informed decision," Waits said.

> She said the new test is not something to be afraid of and students shouldn't worry that they'll pass or fail.

"We heard that so much from students and I don't want students to start out their college experience thinking they're going to fail," Waits said.

Others will take the Accuplacer Reading Test. These students will still have to reach a specific score in order to determine what class they can get in, so high schoolers can't enroll with a third grade reading level.

"Because they are students who have yet to graduate, they need to get a specific score on the test because being at college level is one of the requirements to get into the program," Waits said.

She described the Accuplacer as similar to the COMPASS.

"It's multiple choice and untimed but different from the COMPASS because it's a bit shorter."

Waits said the COMPASS was inconsistent in determining the English capabilities of students and often left students unprepared for the classes they were placed in.

"There's been a lot of data over the last 10 years showing the COMPASS has been [placing] students into development classes that they didn't need," Waits said.

To fix this problem, Waits said the Directed Self Placement and Accuplacer test will be monitored from now on, in an attempt to find a correlation between the scores and the students' classroom performance.

"Highline is a leader in the way we do placement and assessment. We've been recognized for our work," Waits said. "The state is looking to us as an example for how you provide multiple measures to students for placement and how you implement that on campus."

# Summit explores barriers

By Zico Dumo Staff Reporter

A summit to critique the social structures that keep Southeast Asian American students from being successful will be at

Highline on Oct. 29. Resources for academic help, opportunities to speak about struggles that such students face, and highlights on achievements will be presented at the Unite event, which will take place in Building 8 from 9 a.m.-4 p.m.

"Thirty-two percent of students in Washington state have a bachelor's degree and only nine percent of that is AAPI students," said Ekkarath Sisavatdy, director of the AANAPI-SI program.

AANAPISI stands for Asian Americans and Native American Pacific Islander Serving Intuitions. AAPI students stands for Asian American Pacific Islander students.

Highline is the most diverse college in the state, with 70 percent students of color and more than 20 percent of whom are Asian-American or Pacific Islander.

Highline's program aims to raise the rates of graduation for such students.

"We strive to bring equity," Sisavatdy said.

A summit at Oct. 8 addressed the needs of Native American Pacific Islander students.

This upcoming summit will focus on conflicts specific to Southeast Asian students, which include those from The Philippines, Malaysia, Laos, Thailand and Vietnam, and will provide resources particular to their issues.

AANAPISI also offers a multitude of classes and programs at the college that can help give AAPI students a leg up.

Classes that are offered include Math 91, Communication 200, and College 100. Advising geared toward AAPI students is also offered and study halls as

Another way students can access AAPI resources is through the AANAPISI website: AANAPISI.highline.edu.

"We have all these programs, but they can't help if nobody knows about them," said Sisavatdy. "That's why it's important to share out and talk about the resources we offer."

This is the third year AANAPISI has been holding these summits and Sisavatdy said they're a great way to get the word out.

## **Highline needs** attractive rides

Parking at Highline is annoying. Everyone around campus seems to always have something to say about parking, and it's never anything good.

Rush hour for parking at Highline is between the hours of 10 a.m. and noon. Some would suggest arriving at school earlier, however, not everyone can get here earlier. Even then, if everyone got to school early there would still be a problem with parking.

Highline has come across an issue that can't be resolved by building a parking garage. The state will not give Highline money to do that. Building a parking garage is very expensive. Students often ask "why doesn't the school building a parking garage?" A parking garage at Highline would cost \$20 million, if not more.

Now there's another interesting fact about Highline. Highline has been trying to be more green. Being more green partly involves encouraging students to ride public transportation. Riding the bus is far more green than driving your own individual car.

Highline could address the chaos of parking and being more green by encouraging students to ride public transportation more. They could do this by reimbursing students with more money for riding the bus.

Student parking permits fees vary depending on the number of credits you take. For a part-time student that is taking five or less credits it's \$29. For a student taking six or more credits the fee is \$46.

But public transportation can be more expensive. If the student is over the age of 18, they have to pay on average \$2.50 per bus ride. If the student rides the bus twice in a day, their spending on averages \$5 per day. Now if the student rides the Monday through Friday and pays \$5 per day, their total comes out per week to be \$25. On average there are 10 weeks per quarter. So the student is spending \$250 per quarter just on public trans-

Students at Highline who ride public transportation are paying on average far more then students that get a parking permit, at least up front.

ORCA cards are offered by Metro and other local transit agencies. ORCA has the ORCA Lift, which is for low-income riders. The card of cost little to nothing at all if the riders qualify. With ORCA Lift, riders get to ride for 50 percent or less on the different types of transportation.

ORCA also offers one-month passes that cost anywhere from \$18 to \$207, with which you could ride the bus as many times as you want without getting money deducted like in using the E-purse. To get more information on the monthly pass go to https://orcacard.com/ERG-Seattle/p1\_001.do. In the E-purse the minimum amount you can store is \$5 and the maximum amount you can store is \$300.

Highline offers to reimburse up to 15 percent but not to exceed \$17.55 per month for students who are using an ORCA card. In order to receive your reimbursement, you must fill out a reimbursement form. The reimbursement form can be found at https://safety.highline.edu/student.orca.php, along with the instructions of where to drop off the form and how long it will take for you to receive your check.

Nonetheless getting a parking permit is currently cheaper than riding public transportation. Highline needs to make it more attractive to ride the bus by raising the amount of money students get reimbursed.

The main point of all of this is that riding public transportation is expensive.

Highline should encourage students to ride public transportation but at the same time reimburse students more money than they give right now.

## Abuse cycle is tough to break

There he was. After being missing in action for three days, my husband was back. Instead of begging me to forgive him for leaving, he was sitting in the driver's seat of his car accusing me of being unfaithful.

He had left in my car three days earlier, and left it broken down and undrivable miles away. I didn't answer his calls the two times he called that day - I was angry - and because I didn't answer his call on the first ring like I normally did, I must have been cheating on

I sat in the passenger seat of his car, astonished that he would accuse me of being unfaithful when he was the one who always left. If he was around, I would spend all of my free time with him. I was astonished that he didn't understand what he had done by taking my only car and destroying it, and why I would be angry about it.

The more I tried explaining myself the more enraged he got until somehow - it happened so fast I can't really say exactly what happened -- he had hit me in the nose and then gotten his hands around my throat. As I struggled for air beneath his grip around my throat, it wasn't air flooding my sinuses, but the coppery tasting blood gushing from my nose.

As I choked and spattered and fought for air I thought, "Is this the day I die?"

I didn't die.

His grip loosened as he yelled at me that I would get him thrown in jail – someone would call the police. He assured me that he would never forgive me if I caused him to go to jail.

He left me standing in the rain with blood coating my clothing as he disappeared for another few days.

Family and friends would tell me to leave. They would see the bruises and look at me with such pity. But what they didn't understand is the scars ran so much deeper than the marks on my skin. The abuse started long before he laid a hand on me.

It started out small. He would throw temper tantrums until he got his way. He would tell me how controlling I was being by not giving in - he always got his way with that line.

### Commentary



Jessica Strand

He would jokingly accuse me of cheating on him if I was home 10 minutes late from work -until the joking was no longer a joke and had turned to anger.

It's like boiling a frog. The frog sits at the bottom of the pot, happy and healthy in lukewarm water. Occasionally a bubble or two float to the surface around the frog -- just like the occasional fit or accusation -- but the frog doesn't realize the water is slowly getting warmer and warmer around it until it's boiled alive.

The accusations turned to name calling, and made me question who I was. He would call me a narcissist, and every other name he could think of to diminish my character. I had to prove that I wasn't what he called me by giving him his way. He would get angry at me when I was optimistic about a situation because I "wasn't taking it serious" that he was upset.

Before I knew it, I felt worthless, and if I had no worth, then there was really nothing to fight for. This man had become like a drug to me because somehow he gave me worth in those moments of approval I saw in his

What my family didn't understand was that this man had done such a good job at reshaping who I was by his words. When he started becoming

physically violent I was only a shell of the woman I once was, and no longer had the strength to fight for myself. What they didn't understand was that the physical abuse would heal, but the emotional abuse would leave deep scars.

The old saying is "sticks and stones may break my bones, but words will never hurt me." I once heard it reworded as "sticks and stones may break my bones, but words will destroy me." This rewording rings so true to me.

As time went by he would leave for longer and longer. Fortunately, I'm stubborn, and there was enough of a spark left inside of me to finally walk away. But too many women end up not surviving abusive part-

Abuse comes in many forms, and often the abuse starts out as emotional abuse.

According to womenshealth. gov/violence-against-women, emotional abuse can come in the form of your partner monitoring what you do, accusing you of being unfaithful, and getting angry in a way that frightens you.

They may discourage you from seeing family or friends, or from going to work or school. They may try to control how you spend your money, or humiliate you in front of people. They may threaten to hurt you, people you care about, or themselves, all to control you, or try to make decisions for your life that you should be deciding yourself.

Both women and men can experience abuse. Abuse is about control, and when they have control, they leave you with none. If you think you may be experiencing any form of abuse, seek help. You're worth it.

Jessica Strand is the managing editor of the Thunderword.

### Have something to say?

Write to us!

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

## the Staff

Don't hurt each other. There's no point.

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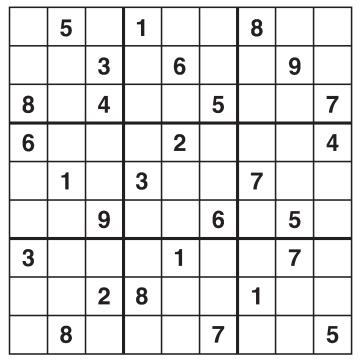
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## Weekly **SUDOKU**

### by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### **DIFFICULTY THIS WEEK:** ◆◆

◆ Moderate ◆◆ Challenging

♦ ♦ ♦ HOO BOY!

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- 1. HISTORY: Where did Lyndon Johnson take the oath of office following President Kennedy's assassination?
- 2. **LANGUAGE**: What does the word "gesundheit" mean when it follows a sneeze?
- 3. MUSIC: What singer's life was portrayed in the autobiography Lady Sings the Blues?
- 4. TELEVISION: Where was The Untouchables drama set?
- 5. ANATOMY: What is a more common name for the sternum?
- 6. SCIENCE: What is the unit that is used to measure sound level?

- 7. INVENTIONS: What was demonstrated for the first time on Dec. 31, 1879, in Menlo Park?
- 8. GENERAL KNOWL-**EDGE**: What are the colors of Israel's flag?
- 9. MYTHOLOGY: In mythology, what do theriomorphic gods represent?
- 10. **GEOGRAPHY**: What is the only Northeastern U.S. state that borders Canada but not the Atlantic Ocean or a **Great Lake?**

10. Vermont

9. Animals

8. Blue and white

7. Incandescent light

6. Decibel

5. The breastbone

4. Chicago 3. Billie Holiday

"dooq pealth"

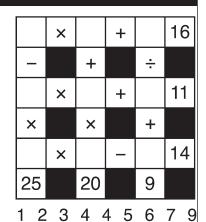
2. A wish in German for 1. Aboard Air Force One

#### by Linda Thistle GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

### **DIFFICULTY:** ★

**★** Moderate ★★ Difficult \*\*\* GO FIGURE!



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### Got news? Thunderword@highline.edu

## King Crossword

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### **ACROSS**

- 1 Coincide
- Orbiter until 2001

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**DOWN** 

- Massachusetts cape
- 12 Marshmallow treats for Easter
- 13 Rhyming tribute
- 14 Gorilla
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- 16 Rids of impurities
- 18 Summertime quaff
- 20 Give a darn
- 21 Gridiron org.
- 23 Stocking woe 24 Take it easy
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- 27 Center of emotions
- 29 Brawn
- 31 Pipsqueaks
- 35 Silent film brother
- 37 Infamous lyre 56 and outs player
- 38 Luxurious fabric
- 41 Curved line
- 43 "Family Guy" network
- 44 Actress
- Penelope 45 Faux gold
- 2 "Holy cow!"
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- 1 Spring mo. 5 Perfumery

33 34 43 45 46 49 50 51 54

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- Side Story" offers Notion 33 Expert 8 Ump 34 Chi squad 9 36 Analyzes Panama or grammar Suez 10 "Turandot" or 38 "Git!" "Tosca' 39 Gladiatorial 11 Neuter venue 17 Hockey play- 40 Massachuers setts universi-19 Potato, e.g. ty 21 "Platoon"
  - locale
- 22 Winter bug
- 26 Prefix for "phrenic"
- 42 Charmer's snake 45 Portent 46 Den 48 Bat stat 28 Rage
  - 50 Swelled head 51 D.C. honorific

April 19) Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to be keeping you from getting

**TAURUS** (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proforget to buff up that Bovine self-confidence.

your heart's content.

ARIES (March 21 to

**GEMINI** (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.

CANCER (June 21 to July 22) You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.

**LEO** (July 23 to August 22) Your Leonine pride might a later time.



to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.

VIRGO (August 23 to September 22) It's a good posals in shape. And don't time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.

LIBRA (September 23 to October 22) This is a good week to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.

SCORPIO (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at

**SAGITTARIUS** (November 22 to December 21) This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.

**CAPRICORN** (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to

**AQUARIUS** (January 20 to February 18) Aspects favor relationships, whether platonic, professional or personal. On another note: Be a mite more thrifty. You might need some extra money very soon.

PISCES (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can

> **Puzzle answers** on Page 12

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## Turkey soup 'bowls' are one of a kind

I once produced and hosted an Internet cooking show called The Kitchen Diva! After we finished one of the shows, I had a large amount of leftover turkey pieces, an abundance of acorn squash and several small containers of cooked vegetables.

I didn't want anything to go to waste, so I decided to turn the turkey and vegetables into a soup and use the acorn squash as "bowls." No matter what leftover vegetables you use or how you decide to serve this soup, the results are spectacular.

### **TURKEY SOUP IN ACORN SQUASH TUREENS**

6 acorn squash, each about 1 to 1 1/2 pounds

2 tablespoons olive oil, plus extra for oiling squash

1 cup finely chopped onion 2 cloves garlic, minced

1/2 cup diced celery

1/2 cup diced red bell pep-

1 teaspoon poultry season-

1 teaspoon salt

1 teaspoon black pepper

1/2 pound cooked turkey





An acorn squash can be a tasty bowl for turkey soup.

meat, diced into bite-size piec-

1 1/2 cups cooked orzo or other small pasta, such as riso 1 1/2 cups turkey or chicken

2 cups cooked vegetables (corn, peas, carrots, potatoes,

1/2 cup shredded Parmesan cheese

1. Heat oven to 375 F.

2. Cut a small amount off the bottom tip to allow squash to stand upright, but don't cut a hole in the bottom. Cut a lid

off the top of each squash and scoop out the seeds and fibers. Scrape away some of the flesh, especially around the top, to form a large, smooth inner cavity. Make sure to leave the shell at least 1-inch thick all around, without piercing it. Oil the squash inside and out, and season the inside with salt and pepper. Replace the lid.

3. Place the squash on a baking sheet and bake until mostly cooked, but still firm enough to stand and act as the soup container, about 30 minutes. Do not over-bake. If a good deal of liquid gathers in the bottom, spoon it out and discard. Set the shells aside; they will stay warm on their own for a good while.

4. Heat 2 tablespoons of the olive oil in a large pot over medium-high heat. Add the onion and cook for 2 to 3 minutes. Add the garlic, celery, bell pepper, poultry seasoning, salt and pepper. Stir in the turkey, cooked orzo, broth and cooked vegetables.

5. Place the reserved acorn squash shells on a saucer or in a small bowl and fill them with the soup. Sprinkle with cheese and replace the lids. Serve immediately. Makes 6 servings.

### **SOURDOUGH BREAD BOWLS**

If you don't have any acorn squash on hand, a bread bowl made from a freshly baked, round loaf of sourdough bread is a wonderful substitute.

6 (about 6 inches wide) round loaves of sourdough bread

1/2 cup olive oil

1 teaspoon minced garlic or garlic powder

1 teaspoon minced parsley

1. Heat oven to 400 F. Using a serrated bread knife, slice off the top of the bread loaves. Using your fingers, pull the soft center of each loaf away from the shells. Leave a 1-inch thickness of soft bread dough around the inside of the crusts. Reserve the bread dough centers and freeze to use for breadcrumbs or croutons.

2. Mix together the olive oil, garlic or garlic powder and parsley. Brush the inside of the bread bowls and the dough sides of the lids with olive oil mixture. Place bread bowls and lids on a baking sheet. Bake for 5 to 10 minutes until golden brown.

3. Let bread bowls cool, and fill with the soup. Sprinkle with cheese and top with lids. Serve immediately.

## Reel in the flavor with tasty seafood bake

In this recipe from our sister publication Woman's Day, succulent fish and seafood become a decadent dinner when mixed into a creamy sauce topped with a crispy, shredded potato crust.

- 1 cup lowfat sour cream
- 1 tablespoon cornstarch
- 1 tablespoon Dijon mustard
- 2 teaspoons lemon zest Kosher salt

Pepper

- 1 1/2 pounds mixed seafood (such as salmon and shrimp)
- 1 package frozen leaf spinach 2 cups frozen shredded hash
- 1. Heat oven to 425 degrees F. In a large bowl, whisk together the sour cream, cornstarch, mustard, lemon zest, and 1/2 teaspoon each salt and pepper.
- 2. Add the seafood to the sour cream mixture and toss to coat. Squeeze the spinach of excess moisture, roughly chop, then fold into the seafood mixture. Divide among 4 shallow 1-cup baking dishes and place on a rimmed baking sheet.
  - 3. Sprinkle the hash browns

## **Good Housekeeping**

over the top and lightly brush with olive oil or coat with cooking spray. Bake until bubbling, 20 to 25 minutes. (For an extra golden-brown top, broil for 1 to 2 minutes.)

TIP: To use up the potatoes, make crispy potato fritters: In a medium bowl, combine 4 eggs (beaten), 2 cups frozen shredded hash browns (thawed), 3 scallions (thinly sliced) and 2 ounces ham (sliced into thin strips). Heat 2 tablespoons olive oil in a large skillet and cook spoonfuls of the mixture until golden brown, 3 minutes per side. Serve with a green salad.

### Pecan Lace Cookies

These perfect special-occasion cookies are very delicate and elegant. If you like, they can be given a graceful shape by quickly molding them, while still warm, over a rolling pin. Store, layered between waxed paper, in a large shallow container. They're heavenly with ice cream or sorbet.

1/4 cup packed brown sugar 1/4 cup light corn syrup

3 tablespoons butter, cut into pieces (do not use margarine)

1/2 cup pecans, finely chopped tablespoons all-purpose flour

1/4 teaspoon vanilla extract

- 1. Heat oven to 375 F. Grease large cookie sheet.
- 2. In 2-quart saucepan, combine brown sugar, corn syrup and butter; heat to simmering over medium heat, stirring, until butter has melted and mixture is smooth. Remove saucepan from heat. With wooden spoon, stir in pecans, flour and vanilla.
- 3. Drop batter by level teaspoons, 3 inches apart, on prepared cookie sheet to make 6 to 8 cookies (depending on size of cookie sheet). Bake until lightly browned, 5 to 7 minutes. Cool on cookie sheet on wire rack about 1 minute to set slightly; with wide spatula, quickly transfer cookies to wire racks to cool completely.
- 4. Repeat with remaining batter. Makes about 36 cookies.

### Pig out on pork tenderloins

1 cup finely chopped celerv

1/2 cup finely chopped

2 1/4 cups unseasoned dried bread cubes

3/4 cup frozen whole-kernel corn, thawed



by Healthy Exchanges

1 teaspoon dried sage

1 1/2 teaspoons dried parsley flakes

1/4 teaspoon black pepper

1 (10 3/4-ounce) can cream of mushroom soup 1/2 cup water

4 (4-ounce) lean tenderized pork tenderloins or cutlets

- 1. Heat oven to 375 F. Spray 8-by-8-inch baking dish with butter-flavored cooking spray.
- 2. In a large skillet also sprayed with cooking spray, saute celery and onion 6 to 8 minutes. In medium bowl, combine bread cubes, corn, sage, parsley flakes and black pepper. Add sauteed vegetables, mushroom soup and water. Mix well to combine. Evenly spoon half of mixture into prepared baking dish.
- 3. Lightly re-spray skillet with cooking spray. Evenly arrange pork tenderloins in skillet and brown 3 to 4 minutes on each side. Arrange browned meat evenly over stuffing mixture. Lightly spray top with butter-flavored cooking spray. Spread remaining stuffing mixture over meat.
- 4. Cover with foil and bake 20 to 25 minutes. Remove foil and continue baking for 10 minutes or until stuffing is hot and meat is cooked through. Place baking dish on wire rack and let set for 5 minutes. Divide into 4 servings.

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# Arts Round up

 Vision 20/20 Art Sale and Gala - On Nov. 19, the Burien Community Center will host its ninth annual art sale and gala. This event will feature over 500 works from 50 regional artists. The event will include refreshments from 20 local restaurants, raffle prizes, and music. The event will run from 6:30-10 p.m. and will be at 14700 6th Ave. S.W. For more information, visit www. burienarts.org.

· NW Symphony Orchestra Concert - On Oct. 28, The Highline Performing Arts Center in Burien, will host the Northwest Symphony Orchestra. At this event, five of the most promising and talented composers in the area will perform. Ticket prices are \$15 for adults, \$12 for seniors, \$12 for students, and \$10 for group rates (when 10 or more tickets are purchased). The show begins at 7:30 p.m. and will be at 401 S. 152nd St. For more information, visit www.northwestsymphonyorchestra.org.

• Fear on the Pier - On Oct. 29, the Highline MaST Center will host a Halloween-themed event. The event will feature "creepy and cool critters of the Puget Sound, skeletons, slime, and more." Activities will include underwater pumpkin carving and games. Underwater pumpkin carving will be projected live on a big screen. The event is free and will run from 10 a.m. - 2 p.m. The event will be at 28203 Redondo Beach Drive S. For more information, visit www.mast.highline.edu.

· Night of the Living **Dead** – On various days in October, the Auburn Avenue Theater will present the Night of the Living Dead, a "terror-ific" production. This play is a combination thrilling and black horror that captures the audience and leads to a shocking ending. Show dates and times are Oct. 21, at 7 p.m.; Oct. 22, at 6 and 9:30 p.m.; Oct. 28, at 7 p.m.; Oct. 29, at 6 and 9:30 p.m.; Oct. 31, at 7 p.m. Shows on Oct. 22 and 29 at 9:30 p.m. and Oct. 31, at 7 p.m. will comprise "more gore." Pre-sale ticket prices are \$15 for regular, \$13 for students and seniors, and \$18-20 at the door. The show will be at 10 Auburn Ave. For more information, visit www.auburnwa.gov/arts or call 253-931-3043.

# Planting the seeds of art

### Former students cultivate community with fresh roots

By Kelsey Par Staff Reporter

Two former Highline students are trying to get more people to create art.

Freshest Roots is a community based organization that was founded at Highline by Tony Innouvong and Edward Martinez, and is now partnered with Seattle's Langston Hughes Performing Arts Institute.

"Initially, Freshest Roots provides a space for the arts and under-represented communities specifically in South King County," Innouvong said.

Freshest Roots features a monthly "expresso" open mic club where people are encouraged to come share their writing, poetry, art, comedy, music and love.

The expresso open mic is the longest-standing open mic in Seattle that is free and open to all ages, Innouvong said.

"Freshest Roots strives to share and inspire creativity and originality; to create awareness of social issues through art; to establish a sense of belonging and community; to celebrate



**Eddie Martinez Photo** 

Eddie Martinez speaking at Freshest Roots' open mic club.

culture and diversity; and to share our hearts and message with the world while making a difference," Martinez said.

Like anything else, it started with an idea, Innouvong said. The pair brainstormed and then founded Freshest Roots in 2009.

Before Freshest Roots partnered with Langston Hughes, it held its open mic's at local coffee shops and soon after, they named their open mic "expresso."

"The organization makes

me really happy and fortunate to work with amazing and talented people and groups in the community, greater Seattle has some of the most talented artists in the country and having the opportunity to work with them is more than what I can ask for," Martinez said.

People with nothing to share are encouraged to come listen and support local talent.

"Our goal is to provide the youth and community members a platform to express themselves through the arts," Marti-

Freshest Roots has been a success with a five-year's-running open mic at the popular Langston Hughes Performing Arts Center in the Central District of Seattle.

"I believe Freshest Roots has been so successful for two reasons; there aren't many platforms like Freshest Roots in Seattle and what we stand for really resonates with the community," Innouvong said.

Freshest Roots' open mic runs the first Friday of each month and welcomes people of all ages.

The event is free. However, donations are appreciated.

Freshest Roots also presents an annual Freshest Voices competition where contestants compete for a chance to win a crown, a performance slot at the following year's competition, a professional photo shoot, and a cash prize.

The next Freshest Voices competition is tentatively scheduled for next spring.

Doors open for the open mic events at 7 p.m. and are at 104 17th Ave. S., Seattle.

For more information, contact keeptherootsalive@freshestroots.com, or visit www.freshestroots.com.

## Cheap tickets for teens in King County

By Kelsey Par Staff Reporter

Teens in King County can get steeply discounted tickets to major arts events through a program called TeenTix.

TeenTix gets young people ages 13-19 into events such as theater, dance, visual art, movies, music and more for just \$5.

TeenTix is a free program that enables teenagers to participate in local arts by making events affordable and accessible. Teen-Tix was founded in 2004 by the Seattle Center and partners with 64 other local arts organizations.

These include Seattle Symphony, Seattle Opera, Pacific Northwest Ballet, Seattle Art Museum, Seattle International Film Festival, 5th Avenue Theatre, ACT Theatre, and EMP.

"Essentially, our mission is to empower teens to make change through their arts community," said Monique Courcy, executive director of TeenTix.

TeenTix is available to those in King County, but is in the process of expanding statewide.

"We are looking at who we are not already reaching that we could be reaching, and how we



Seattle Symphony photo

Sign up for TeenTix and get a \$5 ticket to see the Seattle Symphony.

could do better," Courcy said.

Twelve years ago, the Seattle Center heard about a program in New York called High 5, where tickets to arts events were only \$5, and wanted to try it out. TeenTix began as a rush ticket program, but has evolved into much more.

Courcy said since its establishment, over 70,000 arts tickets have been sold to teens using their TeenTix passes.

After signing up for a free Teen-Tix pass, teens will be permitted to purchase \$5 day-of-show tickets for any partner organization.

"In addition to the \$5 pass, we offer a New Guard program and youth leadership board that helps TeenTix members develop goals for themselves for the year

and work on planning events," Courcy said.

New Guard is a teen arts leadership society that allows 13- to 19-year-olds the opportunity to get involved and help guide TeenTix.

Members of New Guard also have the opportunity to learn leadership skills through an "ever-deepening" curriculum, Courcy said.

TeenTix also provides the Teen Press Corps, which is a program that allows teens to write for TeenTix's blog, participate in workshops and develop arts criticism skills.

If interested in joining Teen-Tix, start by filling out an online form at www.teentix.org/

sign-up. If eligible, one will receive a temporary paper pass until the hard copy arrives in the mail.

TeenTix's website provides a calendar that shows upcoming events that are partnered with the program.

Tickets for events can be purchased at the venue with the TeenTix pass and school ID or driver's license.

The program offers promotional days known as 2 for \$10 day, on Sundays and Thursdays, where one can buy a second \$5 ticket and give it to anyone of any age.

The program allows you to buy tickets only on the day of the show, no reservations.

One must have their TeenTix pass with them to purchase a ticket.

"By nature, art is something that allows people to better understand culture and makes you think twice as an individual. For me as someone who grew up in the arts myself, I hope to provide knowledge to youth through the arts community," said Courcy.

For more information, visit www.teentix.org or call 206-

# **Hello Pikachu**

# Pokemon creatures lurk about campus

By Thunderword Staff

etween the books, bodies and backpacks on campus, a world only visible through the screen of your cellphone exists.

Although the peak of the game may have passed, many Highline students remain in pursuit of the colorful characters of Pokémon Go.

Whether you've never played it, or still have a penchant for Pikachu, you might be surprised to learn that the college is filled with Pokéstops, Gymnasiums, and tons of critters to catch.

"I was just playing the other day," Abi Colmenares said.

"I like to play before school and during breaks," said Jack Connor.

While the initial craze has died down, during the height of the frenzy many people were playing unsafely, students say.

"I went to Bellevue square and people were crazy — and one guy even jumped on a car to get to a squirtle," Peyton Hatlen said.

She and many other students said they have experienced nearly getting run over by mobs of Pokémon Go players.

"I remember one time I almost ate gravel because Snorlax was like two blocks down and hella people stampeded, and jaywalked, and I was being dragged for my life," Esbeanita Dumo said. "My soul left my body. It felt like I was running a marathon."

Most students say they are pretty responsible about playing Pokémon Go. Many agree that their safety is more important than a video game and you should always hunt with a buddy and stay off your phone in places where you need to pay attention.

"I don't play when people aren't around," Abi Colmenares said.

For the small group of faithful Highline Pokémon Goers, they said they feel safe catching Pokémon and don't use the app while driving.

While students say they still play the game, for the most part they rarely play Pokémon Go on campus. Many spoke about not having time to play, or participating in other extracurricular activities instead.

"I don't have time for that anymore," said Sophia Munoz. "I have too much on my plate now, between school and work."

Pokémon Go is an augmented reality app for your smart-



Bao Tran/THUNDERWORD illustration

## The Pokémon Heritage

While Pokémon Go is relatively new, the Pokémon franchise has been around for some time. The Pokémon franchise was created in 1995 by Satoshi Tajitr, from Japan. It started as a videogame for Game Boy, where humans known as "Pokémon trainers" would catch and train Pokémon to battle.

It quickly grew into a franchise that contains videogames, trading cards, television shows, comic books, Pokémon merchandise, and now 20 years after the first video game release, a mobile app to catch and train to your heart's desire.

phone. Augmented reality integrates digital information into your surroundings. This creates an overlay on top of the world around you.

Whereas virtual reality creates a whole new world for the user to see, augmented reality, as the word "augmented" suggests, just makes the world around you "greater."

Pokémon Go was created by a company called Niantic Labs. Niantic started out as an internal startup within Google, and created their first augmented reality game called Ingress very similar to Pokémon Go - back in 2012. Since then, the company has stepped out on its own with backing from companies associated with the Pokémon franchise.

"The Pokémon Co., Google and Nintendo are investing up to \$30 million in Niantic Inc.," said Niantic's founder and CEO John Hanke in a statement on Niantic's website. "[This] includes an initial \$20 million upfront and an additional \$10 million in financing conditioned upon the company achieving certain milestones."

The app was released this past July, and broke downloading records on iTunes, according to Polygon, a videogame news website.

The app makes money for the company when players spend real money on digital items to help them play the game.

In Pokémon Go, users explore the real world in search of Pokémon, and travel to local attractions that digitally contain Pokéstops and Gyms.

When you download the app, you will be prompted to create your avatar, and catch your first Pokémon.

Once you've created your character you will be given the choice of three Pokémon to catch: Bulbasaur, Charmander, or Squirtle.

However, if you want to start the game with the most iconic Pokémon of the franchise — Pikachu — you need to take a few

To catch Pikachu, you must walk away from the three starter Pokémon that pop up in front of you on the app. This is done by physically walking away from the location you are currently at. Once you've got-

ten far enough away down the block - they will pop up in front of you once again. This will happen a few times, but if you walk away enough times, Pikachu will pop up as a fourth option.

After you've caught your first Pokémon, you can explore the world around you in search of more Pokémon, and visit Pokéstops to collect items that will help you in your quest to find and train Pokémon.

You can easily catch a handful of Pokémon by just walking across campus. There are 151 Pokémon to find in the game.

However, not all Pokémon are available in all locations. Some Pokémon are water monsters, and can be found in areas close to bodies of water. While others might be electric Pokémon — such as Pikachu and can be found in areas that draw a lot of electricity, such as big cities. From bugs to flying creatures, there are a host of Pokémon found in all corners of your community.

In addition to catching Pokémon on campus, there are 15 Pokéstops here. They can be found at many art structures, such as the totem pole outside of Building 7, or the Pillar of Learning sculptures that stretch around the grassy area near the Library.

At each Pokéstop you can find items such as incense and lures which will draw Pokémon to your location so you can potentially not have to search for them. Incense will draw them to any location, but lures will draw them to the specific Pokéstops of your choice.

You can also pick up more Poké Balls —which are essential to catching Pokémon — and potions and revival medicines that

help to heal and restore Pokémon after battle.

In addition to these items, you might also find eggs, which you can place in incubators to hatch new Pokémon

There are also four gyms on campus. However, if you're new to Pokémon Go, you will need to reach level 5 in order to battle other Pokémon there.

Once you reach level 5 the

next time you visit a gym you will be given the choice to choose a team. There are three teams to choose from: Team Instinct — the yellow team; Team Mystic — the blue team; and Team Valor — the red team.

Once you have chosen your team you will be able to start battling your Pokémon.

While the game aims to get people active and having fun, it doesn't always have the most positive effects on the community.

The Des Moines Marina has seen an increase of foot traffic, along with more litter, vandalism and drug use. Summer evenings at the marina often featured dozens of people wandering in the night, illuminated by the dull glow of their phones.

Students were very vocal about not approving of the problems the marina has faced.

"I think that's really gross. I don't get why they would do that at all. It ruins the fun for everyone," said Demetria Doly.

"I feel like people just need to learn how to clean up after themselves. No one wants to clean up someone else's garbage, it's disrespectful and gross," said Juliana Hernandez.

One student had a lot to say about how Niantic, the company in charge of Pokémon Go, and how they could've made the situation better.

"I think that's pretty messed up. I mean Niantic has so much influence but they aren't utilizing it," said Vo Travis.

"They could've put in [a message such as] pick up trash, or actually make a Reddit post-like movement, to see which community could clean up the most in their city. If Niantic used that opportunity people would actually do it," Travis said.

At one point, Pokémon Go had more daily users than Twitter and Facebook respectively. Even though multiple students claim to have never used the app, a few have learned from experience that this particular movement did not serve them as a leisure activity.

"I played for one week and then I lost interest," said Tre, an 18-year-old student.

It became "too repetitive and I wasn't a big user," said one student, who whished to remain anonymous.

"The tracking system update was unenjoyable," the student

But whether you're a Pokémaniac, or a recovering Pokéholic, the little monsters are here, hoping you'll snatch them up.

Reporters Jessica Strand, Zico Dumo and Joey Gomez contributed to this story.



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# T-Birds shut out all opposing teams

By Konner Hancock Staff Reporter

The Highline women's soccer team recorded two big shutout wins last week.

Highline raised its record to 9-0-1 while holding onto first place in the NWAC West Division.

The first win was at home against the 0-9-0 Grays Harbor Chokers and then the second victory was at home against 1-8-1 Lower Columbia Red Devils.

On Oct. 12, the T-Birds destroyed the Chokers with an 8-0 victory.

Six of the eight goals were scored in the first half.

Freshman forward Madasin Jennings and sophomore midfielder Angelique Deittrick each scored twice in the first half with sophomore defender Maya Gray assisting them both

Then, freshman defender Bianca Acuario and sophomore defender Chentay Warnes each scored and had an assist.

"We have been attacking a lot more which puts teams on the defensive hence they can't attack us as much," said the head coach of the women's soccer team, Thomas Moore.

In the second half of the game two more goals were scored.



Bao Q. Tran/THUNDERWORD

Highline player Dakota Grim advances the ball up field against the Lower Columbia Red Devils.

Grays Harbor scored an own goal and then Jennings scored her third goal to complete her first hat trick of the season.

"It was good confidence for [Jennings]. We hope she can continue that as we move into these more competitive games ahead," said Moore.

Highline's sophomore goalkeeper Rachel Thompson had one save on the game.

Then on Oct. 15, at home Highline faced off against the

Red Devils, defeating them with a score of 7-0.

"We finished a better percentage of our opportunities," said Moore.

Before "we have left a lot of good scoring chances out there with no result. It's something we need to improve upon before the end of the season."

The game started with Warnes scoring twice in the first 25 minutes, with both goals assisted by freshman for-

ward Tea Lopes.

The punishment continued with Jennings, Gray, freshman midfielder Mackenzie Rivera, freshman forward Sara Orlando and Acuario all scoring.

The first two assists came from Rivera and Lopes, then Acuario had two assist one right after the other, and then final assist coming from Gray.

"I think [we have been winning by such big portions is because] it's a combination of us being a very talented team and our opponents struggling a bit at this point in the season," he said.

Highline next travels to Auburn for a revenge match against 5-31 Green River, who handed the Lady T-Birds their only loss of the season. The game is at 7 p.m. Saturday.

They travel to Centralia (6-2-2) on Oct. 26. Scores from yesterday's home game against Bellevue were unavailable at press time.

# Rodriguez hopes to score pro career

**By Konner Hancock** Staff Reporter

Jason Rodriguez is a 19-yearold who has pursued becoming a professional soccer player most of his life.

Rodriguez started playing soccer at the age of 3 in his town home, Los Angeles.

He learned to play the sport from his family. His dad especially had an effect on him. him, he said. "I also pla fire A, Eastside"

His father always wanted Rodriguez to continually pursue his dreams and in that way he was always encouraged to get better and better at soccer, Rodriguez said.

Once he was old enough, he began playing on his elementary school team.

Then, at the age of 11 his family decided it was time for a change in scenery, so they moved up to Washington, which is where his soccer journey really began to take off, he said.

Once he and his family moved to Washington, he began playing club soccer, joining a local team the, Kitsap Pumas.

"I played for the Pumas for three years and won state [my second year] there too," Rodriguez said.

He started as a forward most of his time with the Pumas club.

Soon after his time with the Pumas, Rodriguez began to branch out to other clubs and select teams in the area. He wanted exercise his full potential with a solid team around him he said

"I also played a bit for Crossfire A, Eastside A then I played a tiny bit for Sounders and Crossfire Academy," Rodriguez said.

All the while he kept playing soccer with the teams at his school. While playing for the Interlake high school Saints, Rodriguez said he felt he performed at his best, having won multiple awards and eventually trained at some U.S. national training centers to better his abilities

"I won the 3A League Championship and State Player of the Year for Interlake High School. I also won state two of the four years at Interlake with one of my teammates at Highline, [freshman midfielder] Ivan Castillo," Rodriguez said.

In his last year of high school, he began hunting for colleges



Jack Harton Photo

Jason Rodriguez, No.8, lines up to take a free kick against Tacoma.

where he could continue to play.

That is when Highline coach
Steve Mohn came in, Rodriguez

Mohn recruited him heavily. "I have been watching Jason for a couple years leading up to this year. I've always known he could put the ball in the back of the net," he said.

Currently Rodriguez is a freshman and is going through his first quarter at Highline.

"I plan on getting my AA here at Highline, then transferring to a division one school. Possibly UW, Seattle U, or any college that offers me a scholarship," said Rodriguez. "I like business, that's my major."

On the field Rodriguez has been a powerhouse at the forward position. He is the top striker on the team, having scored nine goals so far on the season.

He also is ranked among the top 10 players in the Northwest Athletic Conference.

"I like to attack when I'm on the field. I'm just hungry to score because I like to win. Winning the title has been my No.1 goal ever since coming to Highline," Rodriguez said. "I think our team has the talent and motivation to get it."

Rodriguez and the rest of the men's soccer team are currently No.1 in their division.

"What I like most about the team are my teammates, because it feels like a brotherhood, and we are all cool with each other," he said.

Rodriguez also said the coaches know what they're doing, whether it's coaching him one on one or the whole team.

"Jason has had a big influence in several of our games this year. He is a very competitive player and has consistently scored goals this season," said Mohn.

Rodriguez plans on continuing his soccer career for as long as possible, he said.

"Becoming a professional soccer player has always been a dream for me," Rodriguez said.

# T-Birds kick it into overdrive, burn SPS

Highline clinches playoff berth, faces rematch with Tacoma next week

### **By Konner Hancock** Staff Reporter

The T-Birds men's soccer team clinched a playoff berth with their latest win.

On Oct. 15, Highline improved to 8-1-0 on the season, against the last place 1-8-0 South Puget Sound Clippers.

The T-Birds won against the Clippers at home with a 4-0 win.

With the win Highline is the first team in its division to grab a playoff spot.

Getting the playoff spot was a milestone for the team, but "we aren't really thinking about the playoffs right now. We have three games left so we want to take it game by game until [the playoffs come]," said sophomore forward Jandja Maharero.

Maharero was the first player to start the scoring onslaught against the Clippers, scoring in the first four minutes of the game.

"The first goal took a lot of the pressure off of us. It helped us relax and not rush anything but [to just focus on] playing," said Maharero.

Five minutes later Highline scored again. This time freshman midfielder Tucker Davidson was the one to strike and the assist came from Maharero.

"The second goal, [which] Tucker scored was the one that dictated the game. It put us in the driver seat and we were so much more comfortable," he said. "That goal set us up on how well we really did



Bao Tran/THUNDERWORD

South Puget Sound players chase Highline's Jandja Maharero.

that game."

Two minutes later freshman forward Jason Rodriguez scored the third goal of the game.

"I mean it felt good, just because scoring is always fun. But it's like every other game nothing too special," said Rodriguez.

Then, in the 33-minute mark Rodriguez scored a second time, assisted by freshman midfielder Mohamed Jeylani.

No goals were scored in the sec-

In the second half of the game, "we had a majority of the possessions. A lot of chances were created throughout the game, but unfortunately we couldn't finish on their [side] of the field," said Rodriguez.

A week before the Clippers game, the T-Birds had an unfortunate loss to the second place, 5-1-2, Tacoma Titans, 3-0.

"It feels good to come back [from the loss]," said Highline men's soccer Head Coach Steve Mohn.

The T-Birds had a bye in between the loss against the Titans and the shutout win over the Clip-

"We had a week to prepare for this game and worked on a couple things we lacked in the game against Tacoma. We played as a team this game and created several good chances [to score] and did a great job to finish four of those," said Mohn.

"Losing to Tacoma was a wakeup call for us, it made us realize we have to work harder," said Maharero. During the bye week "we worked on our weaknesses and playing as a team, playing simple and playing faster."

The team's next games are going to be on Oct. 22, away, against the 3-4-1 Peirce Raiders at 2:15 p.m. and on Oct. 26, away, against the 5-1-2 Tacoma Titans at 4:15 p.m.

Scores from Wednesday's Oct. 19 Bellevue home game were unavailable at press time.

## Lady T-Birds leave Grays Harbor dry after shutout win

### By Aleyah Bennett

Staff Reporter

The Highline women's volleyball team defeated Grays Harbor Oct. 12 in Aberdeen

The T-Birds were back in form with this match, winning a shutout game of 3-0.

"If we start off strong and don't lose our lead as much, it should be a lot easier and smoother to win matches," said Taylor Alicuben, the T-Birds setter

Grays Harbor played the T-Birds close in the first set losing only 25-20.

"In the first set Grays Harbor came off strong and we really had to play together as a team to win," Alicuben Said.

"Since the Lower Columbia match the team has learned that they cannot just step on the court and win. They need to continue to work hard and do their individual jobs each play to make the team successful," said Head Coach Chris Littleman.

In the second set the T-Birds won 25-10.

Megan Van Martin had three kills in the second set adding on to the T-Birds' success.

"I think we did well on sticking with our main hitters. We would always call it out so we were aware of who to really keep an eye on," Alicuben

The T-Birds took the match winning the third set

"The second and third sets were a lot easier because we played steady and minimized our mistakes, I think as a team we can work on starting off strong and finishing strong, we tend to make in the end," Alicuben said.

Lindsey Nein played very consistent throughout the match setting up Alicuben for many assists.

Once again, the T-Birds were without the help of Pumehana Nedlic, the starting libero.

"It's been a bit of a struggle playing without Pumehana, but I think we're working on being more in sync without our best passer. We didn't only lose Pumehana's passing skills but her leadership as well," Alicuben said.

"Losing Pumehana was a big loss. We are fortunate to have Lindsey Nein be able to step into the libero role," Chris Littleman.

The T-Birds record is now 25-4 (6-1 in league).

They played a home match against Tacoma yesterday, but results were not available at press time.

The team's next match is Oct. 21, against Pierce at Pierce.

**NWAC Men's Soccer** 



### NWAC Volleyball

WEST		
Team	League	Season
Highline	6-1	25-4
Lower Columbia	6-1	20-6
Pierce	5-2	11-16
Tacoma	4-3	14-12
Grays Harbor	4-3	16-16
S Puget Sound	2-5	6-25
Centralia	1-6	4-18
Green River	0-7	2-23
EAST		
Team	League	Season
Walla Walla	9-0	21-6
Spokane	8-2	21-11
North Idaho	8-2	13-12
Blue Mountain	5-4	16-14
Columbia Basin	5-5	15-22

4-6

3-7

10-9

9-19

Team

Highline

Yakima Valley

Wenatchee Valley

#### **NWAC Volleyball** Treasure Valley NORTH League Bellevue 6-0 31-8 Shoreline 5-2 13-12 21-12 Edmonds 2-3 Skagit Valley 14-9 Olympic 3-3 16-21 11-13 Whatcom 2-4 0-7 3-21 **Everett** SOUTH Season Team Linn-Benton 7-0 32-0 Clark 6-1 21-8 Chemeketa 5-2 11-8 Umpqua 3-4 19-17 SW Oregon 3-4 13-16 **NWAC Women's Soccer WEST**

League

9-1-0

11-2-0

#### **NWAC Women's Soccer** 8-2-0 10-5-1 Tacoma Centralia 10-3-2 Green River 8-3-2 Bellevue 5-4-0 5-6-0 Peirce 1-6-2 3-7-3 Lower Columbia 1-8-1 3-12-1 Grays Harbor 0-9-0 1-11-1 **EAST** League Seasor 9-0-1 13-0-4 North Idaho 9-0-1 11-1-1 Walla Walla 7-2-1 11-3-2 4-5-1 8-6-2 Treasure Valley Wenatchee Valley 3-0-6 5-2-6 3-7-0 Yakima Valley 4-8-1 2-8-0 Columbia Basin 3-11-1 Blue Mountain 0-10-0 0-13-0 **NORTH** Team Season League Peninsula 11-0-0 12-1-1 7-4-3 Whatcom 6-3-2 6-5-0 8-6-0 Everett Shoreline 4-3-4 6-3-4

Edmonds	1-8-2	1-10-2		
Skagit Valley	0-9-2	0-10-3		
SOUTH				
Team	League	Season		
Clark	9-0-0	12-2-0		
Lane	7-1-0	9-3-2		
Rogue	4-3-1	4-5-1		
Clackamas	4-4-1	4-7-2		
SW Oregon	4-5-0	5-8-0		
Portland	1-0-5	1-2-6		
Chemeketa	0-0-5	0-0-10		
NWAC Men's	Soccer			
NWAC Men's	Soccer			
	Soccer  League	Season		
WEST				
WEST Team	League	Season		
WEST Team Highline	League 8-1-0	Season 9-1-1		
WEST Team Highline Tacoma	League 8-1-0 5-1-2	Season 9-1-1 8-2-4		
WEST Team Highline Tacoma Peirce	League 8-1-0 5-1-2 3-4-1	Season 9-1-1 8-2-4 4-6-2		
WEST Team Highline Tacoma Peirce Bellevue	League 8-1-0 5-1-2 3-4-1 2-5-1	Season 9-1-1 8-2-4 4-6-2 2-7-1		
WEST Team Highline Tacoma Peirce Bellevue S Puget Sound	League 8-1-0 5-1-2 3-4-1 2-5-1	Season 9-1-1 8-2-4 4-6-2 2-7-1 1-10-2		

**NWAC Women's Soccer** 

Walla Walla	5-4-2	8-4-3
Wenatchee Valley	5-5-1	6-6-1
North Idaho	5-5-1	5-7-3
Columbia Basin	2-5-4	4-5-5
Treasure Valley	2-8-1	3-10-2
NORTH		
Team	League	Season
Peninsula	10-0-1	12-0-2
Whatcom	8-1-2	9-2-2
Edmonds	4-4-3	7-5-3
Shoreline	4-7-0	5-8-0
Skagit Valley	1-7-3	3-7-3
Everett	0-8-3	1-8-5
SOUTH		
Team	League	Season
Chemeketa	8-2-1	8-4-3
Portland	7-3-1	7-4-3
Clark	7-3-1	7-6-2
Rouge	4-6-1	6-7-1
Lane	4-6-0	6-6-0
SW Oregon	0-10- 0	0-13- 1

30TH DISTRICT LEGISLATURE

## School funds divide FW candidates

By Michael Simpson

Staff Reporter

The race for two seats in the 30th district Washington state House of Representatives has entered into the final weeks and fully funding K-12 public schools is every candidate's priority. But they disagree on how to pay for it.

When elected, the legislators will be responsible for proposing and enacting public policy, setting a state budget and representing the interest of constituents to state government.

The Legislature is under court order by the Washington Supreme Court to meet the state Constitution by amply funding K-12 education.

Republican candidates say they want districts with strong tax bases, such as Seattle, to pay more property taxes to cover education. Districts such as the 30th, that collect less property tax, would pay less. This is known as a levy swap.

Democrats say they want to close tax loopholes and create a strong tax base through economic development. They say a levy swap would not cover the estimated \$2 billion price.

State Rep. Linda Kochmar, Republican incumbent, and Mike Pellicciotti, Democrat, face off for position 1.

State Rep. Teri Hickel, Republican incumbent, and Kristin Reeves, Democrat, vie for position 2.

### **POSITION 1**

For Position 1, Rep. Kochmar has been the 30th District representative since 2013.

In Federal Way, she was the mayor, deputy mayor, city council member and community council member.

She was the risk manager and program administrator for the Lakehaven Utility District for 33 years.

She said her extensive elected, professional and community experience help her get work done.

"I've helped secure \$10 mil $lion\ in\ capital\ improvements\ and$ over \$180 million in transportation improvements," she said.

She said she wants to attract living-wage jobs by bringing in business and industry, minimize low-income housing and reduce traffic.

Pellicciotti has been assistant attorney general of Washington since 2013 and was a law clerk to the associate chief justice of the Washington Supreme Court

He said he wants to crack down on predatory lenders, combat health-care fraud, bring in industry and business, and support statewide minimum wage increases.

His ability to serve has been questioned by Rep. Kochmar supporters who say that he hasn't lived in Federal Way long enough to understand the issues.

Pellicciotti disagrees.

# **ELECTIONS 2016** ★







### **POSITION 1**







Mike Pellicciotti

### **POSITION 2**



Teri Hickel

Kristine Reeves

fund basic education," he said. "And as your legislator, I will agree to terms in which the state funds basic education. Not using our levy dollars sending it to Olympia and having that money simply come back."

"We can't keep electing the

same politicians and expect im-

proved results on public safety,

government waste and education,"

He said that, as a King County prosecutor, he returned

\$30 million back to taxpayers

from corporations that would

any corporate money contribu-

tions to his campaign because

he wants to operate in the public

didates are divided on how to

swap," Rep. Kochmar said. "It

will produce \$2.7 billion of

money that we can share across

Pellicciotti said that he dis-

"The state has obligation to

On school funding, the can-

"What we do need is a levy

interest, not special interest.

pay for it.

the state."

agrees.

He said that he will not accept

"knowingly commit fraud."

he said. "It's time for a change."

Rep. Kochmar said that Pellicciotti wants to fund education through a capital gains tax.

"It's not enough," said. "We need \$3 billion and it's a very unstable source of funding.

"We need to solve the problem, but not on the backs of the people that are providing the jobs," she said.

On state income tax, both said they oppose.

"I don't care if you're democrat, republican or independent," Rep. Kochmar said. "We all say no."

On public safety, Rep. Kochmar said she has always voted yes on funding to support

### Candidates debate here Wednesday Candidates from the

30th Legislative District will come to the Mt. Constance room of the Studention union on Oct. 26 at 11 a.m. Students will be invited to ask questions.

the police department and the Washington State Patrol.

"What we need to do at the state level is provide more slots in the community program for our police officers," she said.

Pellicciotti said that he has been fighting gangs for over a decade and that it is a developing issue in the 30th district.

He said he wants to re-institute probation and that the Legislature denied the opportunity to re-institute it for a small amount of funding.

"The Legislature has been asleep at the wheel for the last four years," Pellicciotti said.

### **POSITION 2**

For Position 2, Rep. Hickel has been the 30th District representative since 2015 and was executive director at the Advancing Leadership Foundation since 2000.

"As your state representative, I have prioritized four important areas: fully funding basic education, creating and sustaining jobs; transportation and reduced congestion; and public

safety," she said.

She said that her 27 years in the community helped her hit the ground running when she became representative.

Reeves is currently associate director of the industry sector economic development program at the Washington State Department of Commerce, a partner at the Truman National Security Project, and executive director of the Washington Military Alliance.

"The reason I got into this race is because, as a mom, I'm really concerned about the fact that my kids are going to start school next year and the Legislature was mandated four years ago to figure out how to fully fund education, i.e. K-12," she said. "You don't want to spend thousand and thousands of dollars only to end up in lots of student debt and no job prospects."

She said she is strongly in favor of improving transportation via light rail in the 30th district by supporting the ST3 ballot measure.

On school funding, Reeves and Rep. Hickel do not agree.

Rep. Hickel said she is in favor of a levy swap because 28 percent of local dollars are being used to fund basic education.

Rep. Hickel said she wants cities with a large business tax base to pay more.

"I am fully in favor of a levy swap," she said.

"I'd like us to go from \$4.33 down to let's say \$3," she said. "And Seattle is at \$1.31. I'd like them to come up to \$3 to make it even and fair across the state."

Reeves said that she is primarily concerned with fully funding education by growing the business tax base, using her experience in economic development, in the 30th district.

She said she wants to close tax loopholes that are no longer necessary, or beneficial to corporations.

She said that Rep. Hickel wants to "fund education first," but at the expense public services such as public safety.

On state income tax, Rep. Hickel and Reeves said they oppose.

On public safety, Rep. Hickel said she often meets with police officers to come up with laws.

Gangs that use the internet and cell-phones as a tool for their operation are becoming an issue in the 30th district, she said.

"We need to be able to access those phones, so police officers can actually arrest some of these kids," Rep. Hickel said.

Reeves said that she wants to build a strong economic base in order be able to fund police officers and community oriented

The last day to vote is Nov. 8.

## Presidential hopefuls get dissected at forum

By Jessica Strand

Staff Reporter

Your opportunities may be limited by the candidates that get elected into office, and if you don't vote you have no say in that, a professor said during a forum on Oct. 5.

The forum was presented by political science professors Dr. Ben Gonzalez and Dr. T.M. Sell, aiming to inform students about the election this November.

"In all likelihood either Donald Trump or Hillary Clinton is going to be president," Dr. Gonzalez said. "Regardless of whether you love or hate either of them one of them is actually going to play a pretty significant role in helping to define the opportunities you have down the road."

Trump and Clinton have very different backgrounds and qualifications to

Clinton was the First Lady to President Bill Clinton from 1993 to 2001. Since then she been a New York senator, a presidential candidate in 2008 against Barack Obama, and Secretary of State for the first term of the Obama administration, Dr. Gonzalez said.

"She's one of the most experienced candidates in U.S. presidential history," Dr. Gonzalez said.

On the other side of the aisle, Trump was born into a wealthy family and inherited a construction and real estate firm from his father, Dr. Sell said. Trump claims to be worth \$10 billion, but there are questions as to whether this is true.

Trump's lack of experience in politics is at least something to question.

"Can you think of another line of work where saying 'I have absolutely no experience in this' can somehow be a virtue? I can't," Dr. Sell said.

Clinton and Trump have very different stances on the way the government should be run in many areas including the way the United States should tax, environmental issues, and immigration.

"She [Clinton] wants to reform the tax code so that wealthy Americans actually pay a greater share of taxes," Dr. Gonzalez said. "Specifically she wants to add what she calls the 'fair share surcharge' that would ... add an additional 4 percent in taxes to incomes above \$5 million."

Trump wants lower taxes and less regulation, Dr. Sell said. "Tax cuts have a really bad record for economic stimu-

Clinton has plans to reduce oil consumption by a third, reduce energy waste, and create enough renewable energy to power every home in America, Dr. Gonzalez said.

Trump appears to have a much different stance on environmental issues.

"The easiest way to sum up Trumps energy policy is 'Drill baby drill, but protect the environment," Dr. Sell said.



Donald Trump



Konner Hancock/THUNDERWORD

Dr. Ben Gonzalez discusses Clinton and Dr. Stein during a political forum.

"There should at least be some conflict there – it will be a challenge to do both."

Where immigration is concerned, Clinton wants comprehensive immigration reform, Dr. Gonzalez said.

"That's a bit of a fuzzy term - usually what that means is you favor some combination of increased border security, usually some kind of process or path to citizenship for undocumented immigrants who are already in the United States," Dr. Gonzalez said. "Because despite what Donald Trump may say ... you can't really deport the estimated 12 million people who are in the United States right now it's not economically feasible."

Clinton also plans to invest in low-income communities, Dr. Gonzalez said, as much as \$125 million.

"This would be to increase business investment to help build up the educational opportunities and job opportunities in these communities," Dr. Gonzalez said.

Both Trump and Clinton plan to invest money into education, however, those planes are targeted towards very different groups of students. Trump wants to federally fund charter schools to the tune of \$20 billion, Dr. Sell said. Clinton wants to allow for student loan refinancing, and to make undergraduate school debt-free for everyone, Dr. Gonzalez said.

While it is likely that either Clinton or Trump will win the presidency, there are other candidates to choose from as well. The other two highest polling candidates are Dr. Jill Stein who is running for the Green Party, and Gary Johnson for the Libertarian Party.

"The problem with third parties in this country is because we assume that they have no chance of winning nobody votes for them or bothers looking at their platforms," said Dr. Gonzalez. "[This] insures that they can't win."

Other problems facing third party candidates are a lack of money available to their parties, a less polished policy plan, and the fact that candidates with low polling percentages don't get invited to the presidential debates, Dr. Gonzalez said.

Dr. Stein is only polling at 2.6 percent, which makes it hard to see her as a viable candidate, Dr. Gonzalez said. However, she ran in 2012 and to date she is the female who has received the most votes in a presidential election, with a total of 396,684 votes. But Clinton is bound to steal this title from Stein in November.

"She has run for multiple state and federal offices in the past," Dr. Gonzalez said of Dr. Stein. "She hasn't won any of those elections. She is an activist and a former medical doctor, and ... she is to the left of Hillary Clinton."

Dr. Stein has put renewable energy, environmental issues, medical, education, and minimum wage on her agenda.

By 2030 Dr. Stein wants to transition the United States to 100 percent renewable energy, Dr. Gonzalez said. She also wants to end fracking, oil extraction and offshore drilling.

"She wants a single payer health care system, this would be Medicare for all, so government funded, automatic -- everybody would have health care," Dr. Gonzalez said.

On top of her stances on environmental issues, she also has plans for changes that could potentially improve the lives of many low income individuals.

Dr. Stein wants to make kindergarten through undergraduate school free for everyone, and to increase the federal minimum wage to \$15 an hour, Dr. Gonzalez said.

"She also wants to create a truth and reconciliation committee to address the legacy of slavery in the United States," he said. "And you could even say that even



just addressing the legacy of segregation and Jim Crow would be a good start."

"This is something that we really haven't done in the United States," Dr. Gonzalez said. "In terms of having that reckoning - having that conversation about what is owed the black community for the injustices it suffered under both slavery and segregation."

Unlike Dr. Stein, Johnson, the other third-party candidate discussed, who is running for the Libertarian Party, has served in public office.

"In 2000, Gary Johnson started a construction company that became the largest construction firm in New Mexico," Dr. Sell said. "[He] used that to catapult himself into the governorship of New Mexico."

"Libertarians believe in the least amount of government possible," Dr. Sell said. "To their credit they extend that to social issues by and large."

"On the other hand, they espouse an economic philosophy that we tried in the 1800s which is when we had no 40-hour work week, no overtime, no workplace protection – we had child labor," he said.

Johnson wants to see a more balanced budget, which is something he strived for through a record number of vetoes while he was governor, Dr. Sell said.

He supports rights for the LGBTQ community, including gay marriage, Dr. Sell said.

"[He] wants criminal justice to reform including endings mandatory minimums and decriminalizing the war on drugs, because the war on drugs has been a failure," he said.

Johnson wants to do away with Common Core and national school standards, and like Trump, he supports charter schools, Dr. Sell said.

He also wants to do away with income taxes and replace it with a sales tax, Dr.

"Sales tax affects the poor more than the rich, so it would shift the tax burden onto lower income Americans," he said.

Johnson takes a pro-choice stance, but doesn't want the government to pay for abortions, Dr. Sell said.

"Libertarians don't think we should be the world's policemen," he said. "They're fairly consistent about that."

Johnson said it should be easier to become a U.S. citizen, but doesn't support amnesty, and doesn't think we should focus on the effects of climate change, Dr.

"The chances of Johnson or Stein winning the election would basically be premised on the democratic party and republican party ceasing to exist this election, but that doesn't mean you shouldn't look at them," Dr. Gonzalez said. "Regardless of who you want to vote for, please vote."



Bao Tran/THUNDERWORD

Angle Lake Station opened on Sept. 24. It now connects the railway from the University of Washington to Seattle-Tacoma International Airport.

# WAITING FOR THE TRAIN

## ST3 would push rail to Federal Way; opponents prefer more buses

### By Olivia Sullivan

Staff Reporter

Supporters of the Sound Transit 3 project say it is the best option to cut down on the traffic congestion many commuters face daily.

Opponents say the money should be spent on improving the bus transit system by implementing more routes, more buses, and more bus-only lanes.

Sound Transit 3 is the third phase of the regional light rail system and will appear as Proposition 1 on the Nov. 8 ballots.

The expansion will cost an estimated \$54 billion and is expected to be completed by 2040.

ST3 will extend the light rail system north to Everett, east out to Kirkland and Issaquah, south to Tacoma with stations at near Joint Base Lewis McCord and also in Federal Way, and out west to Ballard and West Seattle.

Along with the railway system, the Sound Transit 3 project will include two new Bus Rapid Transit lines, infrastructure and signal upgrades, as well as creating additional parking with the new stations.

The main problems Sound Transit 3 is trying to solve are population growth and congestion," said Geoff Patrick, spokesman for Sound Transit 3. "Sound Transit 3 is designed to try to enable people throughout the counties to travel faster and flow past some of the worst congestion in region."

The ST3 expansion will make the transit system five times larger than the existing railway. The project will in part be paid for by to several increases in taxes.

Sales tax on items increase 0.5 percent, motor vehicle taxes on tabs will increase 0.8 percent, and there will be a \$0.25 increase on property tax for each \$1,000 of assessed valuation, according to the website.

As a whole, the taxes will cost each adult an estimated \$169 per year, or \$14

Funding for the project will come from \$11 billion in bonds, \$8.6 billion



Bao Tran/THUNDERWORD

ST3 proponents say transit stations such as Angle Lake will spur development nearby.

from existing taxes, \$4.7 billion from federal grants, \$27.7 billion from the new taxes, and \$1.8 billion from other funding organizations.

The new development will include 62 miles of new light rail track, 37 new stations, and is estimated to serve more than 60,000 riders daily, according to the Sound Transit website.

When completed, Sound Transit will total 116 miles and have more than 80 stations, according to the website.

Opponents say all that still doesn't justify the cost.

"Sound Transit 3 spends an extreme amount of money for very little return," said Maggie Fimia, a steering committee member for Smarter Transit, the No ST3 campaign. "The main problems are not addressed."

Commuters face problems such as congestion, traffic, and lack of viable transit alternatives, Fimia said. These will not be solved by expanding the railway.

"It's a gold-plated option that we won't see for another 20 years," she said. "The message from Smarter Transit is that we have much better options."

The subway system and Amtrak are examples of heavy rail systems, she said. Light rail does not actually refer to a lighter transportation car, but instead due to the lighter capacity.

"When they say 16,000 passengers, it's a myth," Fimia said. "That's crush capacity, where people are pushed up against the windows. The actual capacity is about 12,000 in best case scenario. That's a false comparison because it's an unrealistic capacity. It won't be packed like that every trip."

Our region is 12th in the nation for transit ridership per capita, Fimia said.

The better option is to continue building on our bus system," she said. "Buses are flexible. You have to run that train whether its full or empty. You don't have to run empty buses."

Buses are the better transportation system alternative because they provide more accurate planning abilities and it is easier to match the service to the demand, Fimia said.

"We need to do this now. The reality is this is not anti-transit or pro-roads, it's about spending taxpayer money wisely,"

The ST3 plan is essentially just moving people off of buses and onto trains, Fimia said.

"We could have much better bus services if we had the state and the cities improve the HOV and carpool lanes," she said. "The beauty of buses is that it can be done incrementally."

"We're on the brink of a transporta-

tion revolution," Fimia said. "Why would we lock into a 19th century model? It's a streetcar."

On the other hand, those who support the ST3 development do not see any other options that compare to light rail.

"It will really connect our region with mass transit," said Abigail Doerr, the campaign manager for Mass Transit Now. "This is the only way to deal with the population growth."

Within 20 years, our region is projected to grow by more than 800,000 more people, Doerr said. Although population growth is something we're not able to control, we can make sure we are prepared for the future.

"Access to reliable transportation is the single biggest barrier moving up the economic ladder," Doerr said.

ST3 is also environmentally friendly, more so than buses or single vehicles, Doerr said. The transit system reduces the amount of vehicles on the road, which ultimately leads to less air pollution, she said.

"This is a once-in-a-generation opportunity," she said. "If we don't approve, I don't want to be in a position years from now where we say 'what if?""

In 2008, ST2 was approved but due to the national recession, the project lost funding, she said.

"We really haven't made up for that," Doerr said. "We were only able to go as far south as we are now, but ST3 ensures [the light rail] will expand further."

As part of ST2, Angle Lake Station, located at the intersection of South 200th Street and 28th Avenue South in Seatac, opened in late September.

The project's total cost was \$343 million and includes 1,120 parking spaces, according to the Sound Transit website.

In 2024, there will be a station developed at Highline, Doerr said.

Over 40,000 people shared their input with Sound Transit, she said. Although the cost for ST3 means implementing new taxes, people mainly expressed concerns about getting the project finished faster.

"I think everyone will benefit from Sound Transit," said Doerr.

## Long time Highline professor passes away

By Jessica Strand Staff Reporter

Memorial services will be held on Oct. 30 for a former Highline art professor who died last spring.

Former art Professor James Gardiner died at home last spring after a battle with Parkinson's Disease.

Gardiner was raised in Detroit, Mich. and studied at Wayne University, where he earned a master's degree in fine arts.

While in Detroit he became a very active rower.

"His family ... had a cabin in Rondo park in Ontario just north of Detroit," Welsh said. "They would go there for summers and in his 20s he was a summer lifeguard there and he was recruited by some of his friends to begin his rowing career at the Detroit Boat Club."

Gardiner's friends were looking for a group of guys to try out for the Olympics, Welsh said. Gardiner and his friends joined the Detroit Boat Club and prepared themselves for tryouts.

"They tried for the '52 [Olympics] but they didn't qualify," Welsh said. "Then at the '55 Pan-American games with that same coach from the Detroit Boat Club, they won a gold medal."

On the steam of winning gold in the Pan-American games, they tried out for the '56 Olympics and qualified.

"He won a silver medal and the Russians won the gold medal," said Highline Art Professor Bob Stahl. "They almost beat the Russians but the Russians were heavily favored and they came in second in the double sculls event."

He tried out for the next Olympics in 1960, but didn't qualify, and co-coached the '68 Olympics rowing team.

"He started at Highline in '66, so he was working at that time," said Welsh.

Gardiner moved to Seattle in 1963 and became a Highline professor in 1966. He taught art at Highline from 1966-2007 and had a hand in choosing some of the art professors who teach at Highline today.

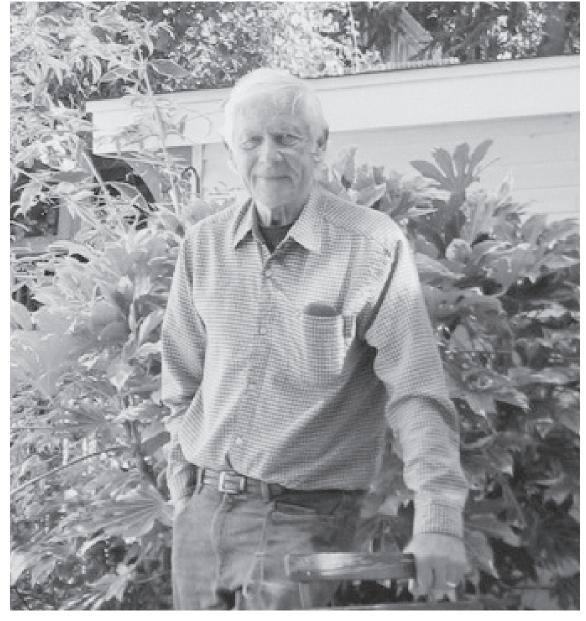
He became a single parent to his three young girls early on.

"My mom was an alcoholic and took her own life, and so dad raised the three of us girls, my sisters and I from 9, 11, and 13 to adulthood," Welsh said.

"He's actually the one that hired me," said art Professor Rob Droessler. "If it wasn't for Jim, who knows where I'd be right now."

"He loved teaching," Welsh

"When my older sister was about 7 or 8, dad needed to take her to school," she said. "And



Jim Gardiner taught at Highline in the art department for more than 40 years.

so he took her with him and she told him afterwards 'Dad, you're so different in the classroom than you are at home.' I think the classroom was really his element."

He had a love for learning, providing information to others, and learned from teaching, Welsh said.

"That was his love was hoping that people could build on whatever he brought to them. And that he would learn from that whatever [learned]," she

"So he as an instructor, could do it all," said Stahl. "He was very popular with his students — he had a good, easy-going manner about him — and had a great passion for his field of art and that communicated to his students I think rather well."

Not only was he very influential in the development of the arts program at Highline, he was also very influential to the students he taught.

"He was very laid back, very patient, and he seemed to have a pretty good rapport with students," Droessler said.

"They were pretty successful, you know, he had a lot of students that came through that actually went on and are doing their own art now," he said. "It wasn't just people taking the class because they needed art credits, it was a lot of people who were genuinely interested in becoming art-

He was dedicated to his craft, and was able to take trips partially funded by Highline — where he studied ancient art and brought what he learned back to the classroom.

"He did a three-month tour in the English isles and just looked at symbolism," Welsh said. "Like the spiral type symbols and found it in a variety of places from, looked at ruins and also looked at rock outcroppings that were very old. He infused that into his art, his personal art as well as taking that back to the classroom and teaching about that."

One of Gardiner's biggest inspirations was nature, which was an inspiration to both him and his second wife, who he met at Highline.

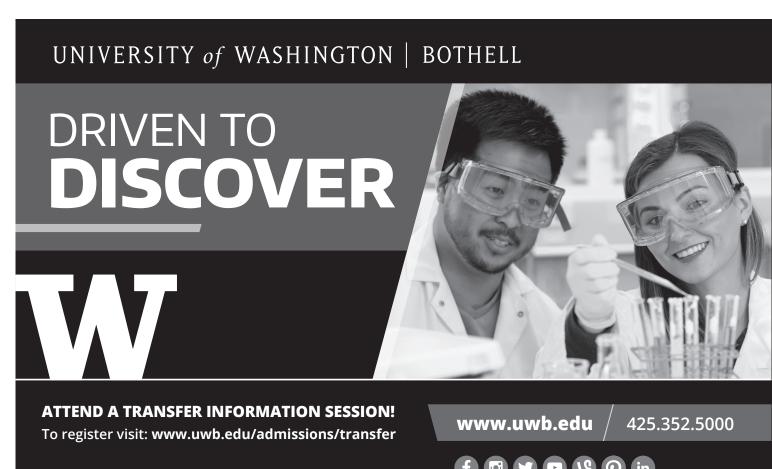
"[He] wanted people to know that there's more to life than just the four walls we sit inside of," Welsh said. "Nature I think was a big muse for him and Paula [his wife], who was a poet and she wrote a lot of nature."

Gardiner taught at Highline until he was 78, when he retired due to Parkinson's Disease.

"One day in class he described that [while] he was teaching all the sudden everything went black and as far as he knew he kept talking because he kept standing," Welsh said. "He didn't fall over and then he came back on line."

Shortly after Gardiner retired his wife, Paula died from breast cancer.

For more information on the Memorial services contact his daughter, Katie Welsh, by phone at 206-723-6390, or by email at katalyst10@gmail.com.



# Eugenics are not an act of the past

### By Jacqueline Robinson Staff Reporter

The echoes of the eugenics movement are still with us today, a Highline professor said here last week.

Wednesday, Oct. 13 Ivanovna Smith was the guest presenter at the campus History Seminar, a weekly event that is open to students and the community.

Smith is an autistic educator and advocate who works with the Highline Access program, where she teaches advocacy skills.

Smith discussed the history of eugenics, which is an early 1900s social movement that criminalized and institutionalized people with intellectual disabilities, and lead to the sterilization of thousands of people.

She also spoke about how the American eugenics movement effected the world and how current day policies are in some ways still practicing eugenics.

Sir Francis Galton, a first cousin of Charles Darwin, was the pioneer of the eugenics movement.

Galton believed that there was an optimal, superior race of people, said Smith.

"The dark part of this is he was actually very racist. He supported white supremacy and the



Ivanova Smith

idea that white, educated people were optimal race," she said. "The history of eugenics is tied to imperialism and industrialism, she said.

"Instead of working on farms and land, where it was OK for someone with IDD [intellectual/developmental disabilities] to work a little slower than everyone else," she said. "Jobs were now factory jobs where it was all about speed and precision."

People with disabilities were not able to keep up with the changing workplace.

"I would not be able to do factory work," said Smith. "Our slowness was now a problem."

Imperialism and industrialization was fueled by money, production, efficiency. It was all about more, faster, and optimization.

"The idea was the strongest will survive and the weak will die off and we don't have to deal with them anymore," said Smith.

A big aspect of the eugenics movement was race.

"Europeans were coming in through Ellis Island and were almost immediately given an IQ test. 50 percent of them failed, because they did not speak English," said Smith.

America's view of people with disabilities changed.

"People with IDD started to be hidden away and put in institutions," she said.

After widespread institutionalization, where people with disabilities would have to live in horrible conditions away from society, Smith said the situation grew even worse.

"When you think of the 1920s you probably think of music and partying at speakeasys, but really it was a time when thousands of people were being sterilized," she said.

Those with intellectual and developmental disabilities, black people, and criminals were sterilized for years, said Smith.

As an undergraduate student at Central Washington University, Smith was especially affected by her findings on this topic.

"As an autistic person, as a person with IDD, it was not a good feeling to find out all of the horrible things that happened to people with IDD," she said.

"I was in the Central Washington library reading a book about eugenics, about how people with IDD should be locked up," said Smith. "In 1924, I wouldn't have been able to be in public or even in this library."

Buck vs. Bell in 1924 went all the way to the U.S. Supreme Court. A girl had a baby while in an institution for the feeble minded. Her doctor sued to forcibly sterilize her to prevent this from happening again. Smith said Dr. Bell won the case.

This case was used in the argument for sterilization in the state of Virginia until it was repealed in 1974.

"Washington's first eugenics sterilization laws were passed in 1909," said Smith.

Eugenics had an echo heard around the world. Germany looked at the American eugenics movement and took that as part of their inspiration for own ideas on creating a better race said Smith.

"They took things a step further and killed people," she said. "Gas chambers were first

used on people with IDD."

After World War II, America changed its tune.

"We tried to separate ourselves from the eugenics movement after the war," she said. "Sterilization slowed down, eugenics literature stopped being made. We were still institutionalized though."

The effects of eugenics linger.

"There was the Ashley case in 2002 where a girl's parents decided to have their daughter go through a treatment that forced her body to stop growing," said Smith.

This procedure prevented her from maturing and stopping her body from every reaching the ability to bare children. That's sterilization, said Smith.

"People with IDD are discouraged from sexual activity and not supported in their choice to start a family," she said.

Medical staff call Child Protection Services on mothers with IDD sometimes at birth and they never get a chance to prove they have the capability to parent, said Smith.

Next week's History Seminar will be Wednesday, Oct. 26 from 1:30 to 2:40 p.m. in Building 3, room 102. Dr. James Peyton will present Politics and Environment: A Recent History.

## Violence

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(the Domestic Abuse Women's Network) had a presentation about what type of interactions are classified as domestic violence and what people can to stop the cycle of abuse.

"When people think of domestic violence they usually think of a man physically beating a woman," said Kayla. "In actuality, it is so much more than just that."

Domestic violence is all about power and control. It can nappen in every relationship family, friendships, work, dating, marriage and more, she

Kayla used a diagram of a tire to show how abusers use power and control on victims.

"On the outside of the wheel, - the black tire part you will see physical and sexual violence. Just like a tire on a car that is usually the only part people can see," said Kay-

"But inside of the wheel - the spokes - the part of the wheel people can't see, you will find things like intimidation, isolation and economic abuse," she said. "And at the center of the wheel keeping everything together, keeping the wheel going, is power and control."

These pieces of the power and control wheel make it hard for victims to leave, Kayla said.

"If someone is abusing you and for example not giving you access to bank accounts and funds or is isolating you from your friends and family so you have no support system to help you escape," she said. "Things like this make it very hard to

Leaving an abusive relationship is very complicated for the victim for a number of reasons,

"As an advocate 'why don't you just leave?' is the worst question to ask a victim," she

The D.A.W.N organization has been helping people in abusive relationships for 36 years.

They offer a 24-hour crisis hotline, emergency shelter assistance, support systems, safety planning, counseling, legal advocacy, community outreach and awareness and many more resources for victims of domestic violence.

The D.A.W.N. agency also welcomes anyone who would like to volunteer.

"Domestic Violence Aware-

ness Month is about spreading the word and saying we are not going to condone violence in our community," said Kayla.

While adding decorations to her t-shirt, Lakin said the

"People think it's none of my business, I don't want to step in. It's not my place to say something," she said. "But domestic violence is everyone's business."



Drill

continued from page 1

computers, the office phones speaker system, text message, digital signage (TV screens), e-mail, and Highline social media sites," Fender said.

Upon hearing the emergency earthquake message, everyone on campus should stop, drop, and hold on, Fender said.

Then, "resume normal activities once the message has stopped playing," she said.

Students outside should move away from nearby and overhead structures, Fender said.

"Do not hesitate," she said.

The ShakeOut drill doesn't take a lot of time away from the classroom, and it is at the discretion of the staff and faculty to participate.

The drill may involve further precautions, including evacuating the building.

Building 29 is the only building known to be practicing this step of the drill, which was a decision made by staff and faculty.

According to the Great Shake-Out website, most of Washington state is prone to earthquakes. In 2001, the Nisqually earthquake was a magnitude 6.8. The damage of that earthquake on the Highline campus alone, was around \$5 million, said Geology Professor Eric Baer.

"The top floor of the Library was a wreck, there were books everywhere," Dr. Baer said.

The Nisqually earthquake was a deep earthquake caused by the subduction of the Juan De Fuca plate 30 miles underground and its epicenter was located near Olympia, about 50 miles south of campus.

"We will have more earthquakes," Dr. Baer said.

During the earthquake in 2001, he witnessed a lot of unprepared people. The small earthquakes from the Seattle Fault, can be more devastating because it is only six miles deep and Highline is sitting on top of it.

"[Magnitude five] and magnitude six on Seattle Fault would bring serious damage to Highline," Dr. Baer said.

The Great ShakeOut drill could be the difference between someone being safe and getting seriously injured.

"Do not stand in a doorway, run out of a building, and be prepared to take care of yourself," Dr. Baer said. Standing in doorways or running out of buildings are old precautions that can give people a false sense of safety. Once all the shaking has stopped you should evacuate the building, just in case there has been structural damage is not seen.

For more information about the ShakeOut drill, visit http:// www.shakeout.org. There are also tips and guides for those with disabilities.

## **Wages**

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Clinton, small business owners, social justice groups, unions and workers in the grocery and health care professions, wrote a statement supporting the initiative on the Washington voter guide.

They have been knocking on doors, airing television ads and calling voters on a daily basis to raise awareness of the benefits and to get people vote yes.

No one, especially families and minorities, should struggle to make ends meet, said Raise Up Washington spokesman Jack Sorensen.

Minimum wage workers will earn \$600 more per month by 2020, Sorensen said.

"When low wage workers earn more, they spend more in their local communities," he said.

Every time the federal minimum wage is raised, except during a recession, it resulted in job growth, he said.

"People should be able to live comfortably," said Safeway manager and UFCW Local 21 executive board member Ariana Davis.

She was among the authors of the pro-1433 argument in the Washington voter's guide and said she has been encouraging fellow union workers at Safeway, QFC and Fred Meyer to vote yes.

She said she's tired of seeing employees being underpaid

and going to work while sick, out of fear of losing their job or a day's wages.

She has been talking to several small business owners in the Seattle area and they have met her with enthusiasm over minimum wage increases, she said.

"People are going to adapt," Davis said. "It's going to be great."

Keep Washington Competitive, a coalition endorsed by the Washington Farm Bureau, the Association of Washington Business, unions and small business owners, wrote an anti-1433 statement in the Washington voter's guide.

They say that a higher minimum wage would decrease the economic competitiveness of Washington and be hard on small business owners.

"They wake up every day wondering 'how am I going to pay my workers?" said Yvette Ollada, spokeswoman for Keep Washington Competitive.

Minimum wage workers won't benefit because their hours will be cut, Ollada said.

"The reality is prices are going to go up," said Bob Battles, the director of government affairs for the Association of Washington Business.

Businesses would "close up shop" and move out of state to Nevada and Wisconsin, where the labor market would be better, he said. And 30 percent of firms will reduce the number of worker hours.

In the case of hospitality, businesses such as hotels may no longer be able to expand, or include restaurants, he said. The food would have to be made somewhere else and brought in to be sold.

There still isn't enough data about minimum wage increases to make a conclusion about the economic impact for urban and rural Washington, said the Regional Labor Economist Anneliese Vance Sherman.

A full-time minimum wage worker could support a family of three in 1968, according to the US Department of Labor.

Today, a family of three in Washington supported by a minimum wage worker would be under the Federal Poverty Level of \$20,160, according to the Department of Health and Human Services.

Some anti-1433 campaigners say that minimum wage is not meant to support a family, or be a career, but is an entry level job for teenagers.

"Minimum wage is intended to be an entry-level workforce wage," said John Stuhlmiller, the CEO of the Washington Farm Bureau. "It's a way to learn a good work ethic."

He was one of the authors of the anti-1433 argument in the Washington voter's guide

Wages are meant to stay low, so one is encouraged to gain soft skills, seek new work and "move up the ladder in hard work and diligence," Stuhlmiller said.

Sorensen of Raise Up Washington said he disagrees.

"It's a Leave it to Beaver idea" and a "corporate campaign against Washington families," he said.

We live in a "modern family world" and there are systematic barriers towards Latinos and African Americans who often rely on minimum wage,

Approximately 45 percent of Latinos and 41 percent of African Americans make less than \$13.50, he said.

Regardless of Initiative 1433's passage, Washington State Department of Labor and Industries will increase minimum wage by six cents on Jan. 1 because the Consumer Price Index for Urban Wage Earners and Clerical Workers rose by 0.7 percent.

This is calculated by the federal Bureau of Labor Statistics, based on a measure of goods needed for everyday living in urban environments.

It includes food; sales and excise taxes; housing, such as rent, furniture and fuel oil; clothing; transportation, including new vehicles, insurance and airfare; medical care, such as prescription medicines, physician care and hospital care; recreation; education, including college tuition, telephone services and computer software; phone costs; and goods and services, including haircuts, cigarettes and funer-

Federal minimum wage is \$7.25 and has not been raised by the U.S. Department of Labor since 2009, when it increased by 70 cents.

### Weekly SUDOKU -

Answer

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### King Crossword Answers

Solution time: 27 mins.

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#### Go Figure! answers

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