

Business ablaze



Bao Tran/THUNDERWORD

Firefighters from all over South King County raced to put out the Dollar Tree fire on Sunday night.

Fire destroys Dollar Tree near Highline

By Cris Romero
Staff Reporter

A 64-year-old Des Moines woman has been charged with first degree arson for a fire Sunday afternoon that heavily damaged a strip mall just east of the Highline campus.

Linda Katherine Poplawski made a second appearance in court yesterday, charged with setting the blaze in the Dollar

Tree in the 23400 block of Pacific Highway South. She is being held on a bail of \$225,000.

Poplawski remains in custody at the Seattle Correctional Facility.

The fire also destroyed or damaged a neighboring smoke shop, gym, salon and a specialty food store, plus the Midway Post Office. All establishments remained closed yesterday afternoon.

Dispatchers received a call just before 3 p.m. and the status quickly grew to three alarms, drawing more than 75 firefighters from multiple fire agencies to assist Kent Regional Fire Authority crews.

According to the case summary filed with the superior court, Polawski was upset due

See Fire, page 11

Mixture of grief and jubilation over election

By Kelsey Par
Staff Reporter

Reaction to Donald Trump's victory in the 2016 Presidential Election has progressed beyond shock and denial to outright anger, a Highline psychology professor said.

"Another grief reaction besides shock and denial is anger and you see that today, you see people marching on the streets and protesting," said Psychology Professor, Dr. Bob Baugher.

Thousands of people have been protesting and rioting

Trump's recent victory across the country. Hundreds of people have been arrested in major cities in Washington, Oregon, California and New York.

"I think for many people today, even though it's been a week since the election, their brains are 'still dealing with the fact that this happened. I think even the supporters of trump are thinking 'wow this really happened,'" Dr. Baugher said.

But beyond anger, it has

See Protest, page 10



Jessica Strand/THUNDERWORD

Hundreds of people parade the streets in Seattle on Sunday night to protest against President-elect Donald Trump.

New Urban Agriculture program starts to bloom



Bobby Butler

By Joey Gomez
Staff Reporter

Highline's new Urban Agriculture program is enabling students of multiple disciplines to help resolve the lack of quality fresh food in areas of south King County.

Food deserts occur in urban areas where food becomes unaffordable and there is a scarcity of quality fresh food.

In spring 2014, the college's campus garden was created. One of its greatest boosts has been an \$80,000 grant from the King Conservation District Regional Food Systems program to help individuals of food desert communities to create a crop plan that is appropriate for the northwest region.

The laboratory for eventually flooding the community with fresh veggies is Highline's

campus garden, a modest 60 by 70-foot area, near buildings 21 and 22. Along with a green house near Building 6, there is also a newly planted orchard in the most westly part of campus, said Bobby Butler, Urban Agriculture program manager. The orchard consists of pear, apple and frost peach trees. More fruit trees are also anticipated.

"The crops in the garden live and die by the hands of the stu-

dents," Butler said.

Activity in the garden is liveliest during the Spring and Summer quarters, although it is continuously used year round, he said.

"Each crop has a different life cycle," Butler said.

Seasonal changes greatly influence what is being grown

See Urban, page 12

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Ten in Ten reaches out to Highline alumni



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Highline volleyball No. 1 in division, heading to playoffs



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Syrian students discuss the misconceptions of war

HC to coordinate honors program

By Kori Spencer
Staff Reporter

Central Washington University is now offering an Honors Program that allows community college transfer students to more easily segue into its upper division program.

Highline's program and the Central program are not shared, but the intention is to make transferring into the Central program easier.

"Highline's Honors Program is still a separate institution but the benefit to this agree-



ment is that you don't have to go through the application process in order to get into Central's Honors Program," said Jacque Clinton, director of Highline's Honor's Program.

"Often it's difficult for transfer students to participate in a university honors program because, typically honors pro-

grams start the freshman year of attending a four-year college," Clinton said.

She said she is interested in similar agreements with other colleges but nothing is yet in place like it is with Central.

This will make it easier for students who are transferring who still want to retain the significance and the effort required to be in an honors program.

"Students completing their degree [at Central] will graduate with honors. Formerly, the requirement was to attend to CWU for [all] four years but

now Highline Honor's students can transfer to CWU and still maintain this distinction," said Lucas Rucks, the regional director of Central on Highline's Campus.

For the Juniors and Seniors, the classes will be held in Building 29 in the Winter and Spring, Rucks said.

He said he also wants to have this honors program available to other community colleges as well, but nothing is official.

This connection between Highline and Central is official and an articulation agreement

has been signed.

"Highline honor's student will automatically be accepted into Central's Honors Program when they transfer after earning their Direct Transfer Agreement degree," Rucks said.

Before this wasn't even possible because of the Centrals 4-year program requirement.

Rucks said he is hoping by Fall of 2017 that the new honors program will be more fully developed with more honors classes and undergraduate research possibilities beginning that quarter.



Student has a seizure on campus

A student needed medical attention on Nov. 10 after having a diabetic seizure in Building 21.

Two South King Fire and Rescue vehicles arrived and the student received medical care right away.

He declined further medical attention and told officers and medics he would be seeing his doctor later.

Storage locker is broken into

Someone broke into the athletic department programs storage locker over the last four or five days.

John Dunn, the athletic director, made contact with Public Safety officers on Nov 10 and indicated that it is unknown if anything was actually taken.

The locker is locked most of the day and night.

ACHIEVE student reports bullying

An ACHIEVE student's father reported to Public Safety that his wheelchair-bound daughter is being bullied.

The father stated he doesn't have much of a description of the female who was bullying his daughter.

He was advised that his daughter should come in with someone who works with her to provide a statement.

He was also informed by officers that the two women should attend the Counseling Center's Student Assessment and Information Team program on campus to work out their differences.

— by Kori Spencer



Placement and Testing Center closes for move

The Placement and Testing Center will be closed for all services on Thursday, Nov. 17.

The center will re-open on Friday, Nov. 18 in its new location in Building 1 (east entrance). If you have any questions, contact Director of Academic Assessment and Placement Shannon Waits at (206) 592-3607.

Transfer Center to host UW-Seattle Public Health rep

The Highline Transfer Center will host Liz Shriver, an adviser from the School of Public Health at the University of Washington-Seattle.

She will discuss admissions requirements and answer questions about the major.

The event is today, Nov. 17 from 12:15 to 1:15 p.m. in Building 6, room 164.

Poli Sci to host 2016 presidential election forum

The Political Science Department will hold an open forum on the 2016 presidential election.

This is to provide a safe space for students to ask questions and offer their own reflections about the election.

There will be a brief presentation as well as a student question and comment session.

Students can express their selves on mic or via a comment card in which a student can remain anonymous.

The forum will be Monday

Lots of paving



Bao Tran/THUNDERWORD
Puget Sound Pavement workers touch up repair work in the East Parking Lot on Nov. 10.

Nov. 21 from 10 to 11 a.m. in Building 7.

HC Foundation seeks scholarship applications

The Highline College Foundation is now accepting scholarship applications for the Winter and Spring 2017 quarters.

The deadline is Sunday, Nov.27 at 11: 59 p.m.

Several scholarships are being offered. To be considered make sure to fill out the application completely.

To apply visit <https://highlinecollegescholarships.award-spring.com/>

If you have any questions, contact the Foundation Office at (206) 592-3774.

Latinx Summit hosts competition for new logo

Highline is planning the third annual Latinx Summit, and holding a competition for students to design the new marketing logo.

Students can send samples of an original photograph, paint-

ing or drawing that represents one of the following questions: What are the pressing concerns at this moment in time for the Latinx community? What does Intersections of Familia mean to you? How does art engage the

community?

For more information or questions about how to submit your work email Joshua Magallanes at jmagallanes@highline.edu

The deadline to apply is Dec. 2.

HELP WANTED



- The Thunderword has an immediate opening for a business manager
- This position takes care of advertising requests, coordinates billing and payments, and assists in the general production of the newspaper. Work Study eligible!
- Time: 10 hours per week
- Requirement: You must be taking at least six credits to qualify for this job. Afternoon hours. Business-area majors preferred

Send resume and cover letter to Dr. T.M. Sell at tsell@highline.edu

Building 26 to get makeover this summer

By Joey Gomez
Staff Reporter

The Facilities and Operations Department is planning big changes on campus in the coming year.

Building 26, which is more than 40 years old, on Highline’s campus is scheduled for a \$25 million renovation and a 15,000 square foot expansion, scheduled to start next summer. The old Building 26 will have an improved nursing facility, fitness center and wellness center.

“A lot of these buildings are overdue for a face lift,” said Karen Herndon the facilities Project Manager.

“This a huge project,” she said.

The last big project that the campus has seen was in 2004, the construction of the Higher Education Center, Building 29. After more than four years of planning already and multiple rejections, the buildings projected finish date is fall of 2018.

“It will be a really great fit-



Teejake Ancheta/THUNDERWORD

Medical classrooms currently in Building 26 will be completely renovated.

ness center,” said Herndon.

“The building will look well lit and attractive,” she said.

This major project will have a nice student lounge, in high hopes that the legislature doesn’t cut the project budget,

Herndon said.

“Labs are expensive,” she said.

The FF&E — furniture, fixture, and equipment — budget will cover all of these components that go into these life science laboratories. This takes

account for every bench, light switch, outlet, lights, etc.

“This will really be a wonderful place to get an education in nursing, respiratory care, and other life science curriculum,” Herndon said.

To enable the construction in Building 26, classes will be moved to other locations on campus. A few of those will be Building 23 and Building 25 on the sixth floor. These buildings will undergo improvements to accommodate Building 26 occupants, Herndon said. The construction for buildings 23 and 25 should be done by May 2017.

“There are a lot of dominoes around Building 26,” said Herndon.

The new building will also have two gender neutral restrooms, along with shower rooms; for those that need to clean up after a hard work out.

There are multiple projects planned for Highline, most are minor compared to Building 26. The old building has been maintained since the 70s’, and after its construction it should have a lifespan of a minimum of 20 to 30 years. With other projects to keep in mind, building 23 is the most likely candidate for the next big project.

Alumni Relations envisions helping students and alums

By Jessica Strand
Staff Reporter

Highline’s Alumni Relations is challenging alums to give back to the Highline community.

Alums are being challenged to give \$10, volunteer 10 hours, or offer an internship to Highline students just entering the workforce — of which they hope to have 10 within the next 10 months.

The challenge is called the 10 in 10 Challenge, and is aiming to define Alumni Relations — which is fairly new to Highline — as more than just a club.

“We wanted to really have a vision and mission for what this organization is going to look like,” said Laura Rosa, Highline’s alumni coordinator.

“There’s sort of a longstanding image that alumni associations are social clubs and we wanted to make sure we’re making a clear step away from that right in the beginning.”

The idea of being more than just a club garnered much discussion on how to accomplish that goal.

“That led to a lot of conversations with alums both recent and longstanding — and staff that are alums — in figuring out what it is specifically we want to do,” Rosa said.

Alumni Relations wants to service the Highline community in three main ways, Rosa said. The three ideas for service are volunteerism, career support, and philanthropy.

“We took those three pieces



and we said ‘OK, so how do we tie them together?’” Rosa said.

“Rather than focusing on one — because the initial idea was for the first year we would just focus on one of those — we said let’s boldly take on all three.”

The simplest way to give back if by donating as little as \$10.

“We have 300,000 plus alums in the world — if we could reach them all and get them to donate just \$10 we would have a \$3 million endowment,” Rosa said.

“The beauty of how many students we could directly support with that is overwhelming.”

There are two ways to donate. The first way is to text HIGHLINE to 80077 which will charge a one-time donation directly to your cellphone bill.

The second way is to visit the Highline Foundation donation page and selecting “Alumni” from the “Fund” drop-down menu, and donate any amount.

“The goal is to find and reach 300,000 T-Birds and asked them to reach back and recognize

someone who help them along the way and in turn reach back and help the next one along,” Rosa said.

Another way for alum to give back is through volunteering 10 hours of their time over the next 10 months.

“Our volunteer piece became trying to reach as many alums and encourage them to volunteer 10 hours during these 10 months in their community,” Rosa said.

“Whether that be here at the college — whether that be there in their own church. ... Whatever inspires you go do it then tell us about it so we can use that to inspire other alums.

“So if you’re a T-Bird what are you doing in the world to make it better?” Rosa asked.

The last piece of the challenge is to create career support by providing internship opportunities for alumni just entering the workforce.

“An alumni sponsor would be anyone who has their own

business or who works for a company that does internships,” Rosa said.

The goal is to have 10 internships offered through the 10 in 10 Challenge before the end of the 10 months, she said.

There are two internships already being offered through the 10 in 10 Challenge — both through Highline, Rosa said. One is offered directly through the Alumni Association. The other one is for a Sports Outreach intern.

“We want to be the role model ... and offer an internship, and we’re trying to encourage others to do the same with the goal of having 10,” she said.

“These are two that are directly from the college that we’re offering, but I have an accounting firm that’s ready to take on an intern,” Rosa said.

The internship part of the challenge is very cyclical.

“So we’re serving our alums by helping their business — by helping them find an intern — but we’re also at the same time mutually serving our recent grads. Which is the beauty of it,” she said.

To get involved in the challenge visit: <https://www.highline.edu/10-in-10>

With the Alumni Association being fairly new, figuring out how to reach alums is a challenge.

“It’s very grassroots — so we are doing quite a bit on social media and were working on building our database on membership,” Rosa said.

“We actually have a membership that’s open

to anyone that’s taken a class at the college — you don’t have to be an associates graduate.”

If Highline has served you in any way, you are now considered an T-Bird forever, Rosa said. Students are encouraged to sign up for the Alumni Association now as well.

“[Finding alumni] is very grassroots — it’s folks telling each other and sharing it on their social media pages. ... Its faculty and staff — faculty and staff that are alums, that at some point attended here are our ground zero people in this,” she said.

“So we are encouraging anyone that’s even taken a class to join.”

Joining the Alumni Association is free, and members receive a membership card, discounts on athletic events, newsletters and other benefits.

In December alumni will have another chance to give back during Highline’s annual alumni casino night reception.

Alumni will gamble with fellow alums, and at the end of the night winners will put their winnings into a scholarship endowment to help current students.

“We are creating scholarship funds so those that are of the highest winners of the night can dedicate their winnings toward specific scholarship funds,” Rosa said.

Alumni and students are welcome to attend. The event is on Dec. 15 from 6-8 p.m. Tickets will be available on Highline’s website in the events section soon.

Peaceful is the way to go when protesting

People protesting the election of Donald Trump as president have been going too far.

Nothing is being achieved with people breaking windows or setting trees on fire.

These violent protests are doing more harm than good.

Everyone is granted the freedom of speech in the United States.

However, violent protests over the weekend in Portland have resulted in people being injured and businesses having to pay for damages they didn't cause.

Use your right of freedom of speech wisely.

Peaceful protesting can make an impact, or a point if done right.

For example student walkouts have been successful.

Teachers know that students have the right to voice their opinion.

Plenty of students at universities and high schools have shown they are capable of showing they disagree with the election results without disturbing the peace or causing harm in their communities.

Injuring police officers and getting arrested isn't as successful because people are just showing their rage instead of sending a clear message.

Showing rage isn't going to make a difference.

Spray painting buildings with racial slurs is just costing money to remove and is an inconvenience to the owner of the building - it's not achieving a clear goal.

Bullying people who are part of minority groups, whether they be a person with a disability, a Muslim, or an immigrant is not OK.

Donald Trump has legitimized this with his campaign rhetoric, but think of it this way.

What if you were that person?

Or what if the roles changed and the majorities were being the bullies?

Everyone would stand up and say something, fight against what they thought was wrong.

No one should feel uncomfortable or unsafe.

This is a basic human right.

People need to show right now that they are wise.

Choosing wisely means you don't put people down just because Trump made it OK.

Everyone has their own brain; use it wisely.

This moment is when the people have to unite and protest peacefully in order to get a clear message across.

Remember there are other ways people can make an impact. One ironically enough is voting.

Voting for presidential candidate is not all there is to it. There are plenty of other important things to vote for.

About one third of the United States senators, and all of the U.S. House of Representatives, are up for election every two years.

Even though the presidential election is perhaps one of the most intense elections of the cycle, voting for members of Congress is also important because they are part of the process of making bills into laws.

This is a small action that can make a huge impact.

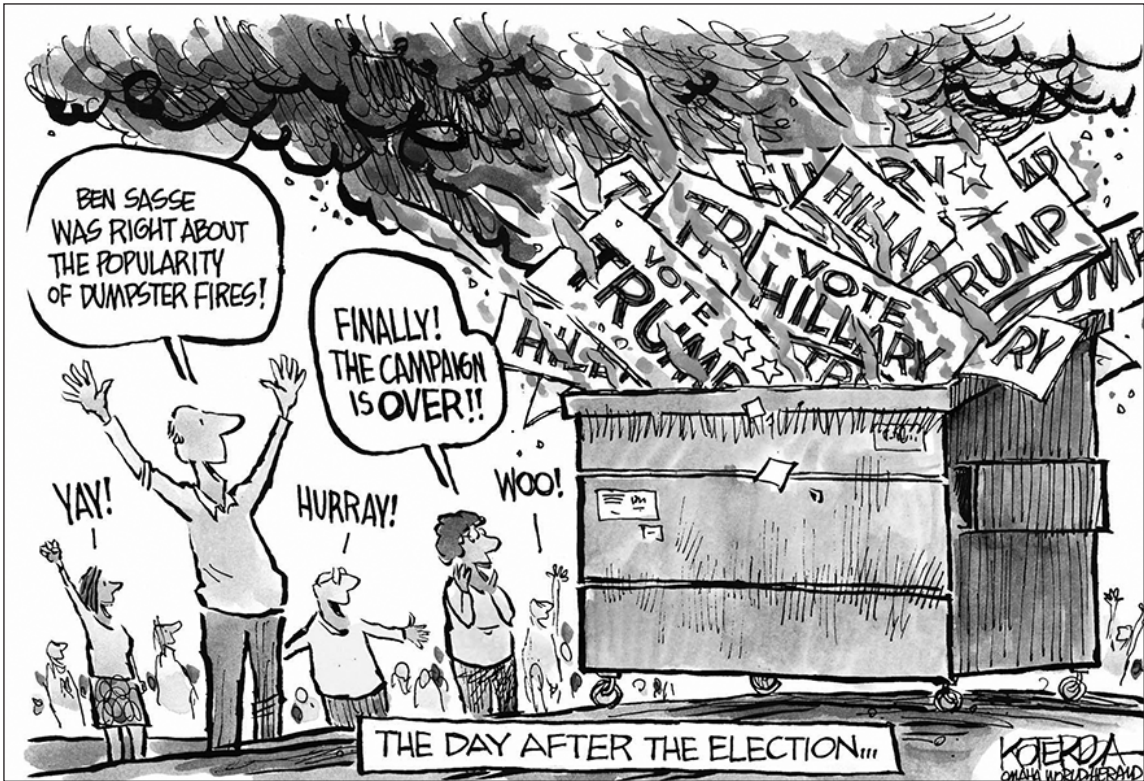
The impact is less harmful than the violent protests happening.

The small action of voting is also sending a clear message of what you want.

The main point is to be actively voting whenever you get the chance not just when there is something major on the ballot.

Showing rage and destroying property is only a problem and hurts those around these violent protests.

It's OK to voice your opinion, but do it in a manner where no one is getting hurt or hurting yourself.



The glass ceiling was chipped

In the concession speech Hillary Clinton gave last week, she said "I know we have still not shattered that highest and hardest glass ceiling..."

The term "glass ceiling" refers to the advancement barrier that women and minority groups often face in their careers; a barrier that is unseen, but also unbreakable.

While I was looking forward to seeing the first female president get elected, that is something I'll have to wait a few more years to see in any history book.

Although the presidential glass ceiling remains intact, several states across the nation shattered their own glass ceilings in other government positions.

Starting locally, Washington state elected the first Indian-American woman ever to the U.S. House of Representatives, Pramila Jayapal.

Not only is Jayapal the first woman to be elected for Washington's Seventh congressional district, she is also the first South Asian person ever elected to a U.S. House seat.

In our neighboring state, Oregon elected the first openly LGBT governor in U.S. history. Kate Brown took over the state's governor position in 2012 when Oregon's previous governor stepped down. This year, she had a proper campaign and won.

California Attorney General Kamala Harris is the current senator-elect and a triple threat with her Jamaican-Indian heritage. As a mixed race woman, she is the first Indian-Ameri-

Commentary



Olivia Sullivan

can senator, the second woman of color elected as senator, and also California's first black senator.

The transparent boundaries didn't faze ladies from the West Coast, and also could not stop other women throughout the country.

In Nevada, Catherine Cortez Masto won her race, making her the first - ever Latina woman to be a U.S. senator.

In Florida, Stephanie Murphy is the first Vietnamese-American woman elected in Congress. Murphy is the second Vietnamese-American person to serve the Congress, after Joseph Cao in 2009. Cao was the U.S. representative for Louisiana's Second district.

Minnesota elected Ilhan Omar, the first female Somali-American legislator. Omar is a Muslim and also a refugee from Somalia.

Tammy Duckworth, a military veteran from Illinois, is the second Asian-American senator and the first ever female senator

to have been in combat. Duckworth is also a double amputee; she lost both of her legs during the Iraq war in 2004.

With so much focus on the presidential race, we don't pay attention to history that is being made right in front of us, and even right in our home state.

We cannot ignore these victories and milestones because these are the small chips in the glass, which eventually will lead to entire demolition.

More than 70 million people tuned in to watch the presidential election. These viewers included mothers, daughters, sisters, aunts, nieces, and girlfriends.

Of these viewers, I believe the first female president was watching, too - wherever she may be and however old she is right now.

This election sparked a fire in an endless number of people across the nation. There are various reasons for the passion behind each protest.

My passion for protest is this: as a woman, you should never stop working to educate yourself as much as you can and never let an imaginary obstacle restrict you from reaching your fullest potential.

Because after all, that's what it really is - imaginary.

As Hillary Clinton said in her concession speech last week, we haven't yet broken the highest glass ceiling, but we need to take a look at the wreckage taking place a few floors down.

Olivia Sullivan is the editor-in-chief of the Thunderword.

the Staff “

The news is not sexy.

” E-Mail: tword@highline.edu

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦♦ Challenging
♦♦♦ HOO BOY!

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by Marilyn Monroe in *Some Like it Hot*?

8. LITERATURE: What famous ghost story was penned by Henry James?

9. TRANSPORTATION: What is the world's oldest airline still operating under its original name?

10. LEGAL: Witnesses who would prefer not to incriminate themselves might refuse to answer by citing which amendment to the U.S. Constitution?

1. HISTORY: Who was the first woman to be prime minister of the United Kingdom?
2. GENERAL KNOWLEDGE: What U.S. city's nickname is The Mile-High City?
3. MEDICAL: What does the Greek suffix "-algia" refer to in medical terms?
4. BIBLE: Noah was the grandson of what biblical character?
5. ADVERTISEMENTS: Which fast-food restaurant chain urges patrons to "eat fresh"?
6. MUSIC: Bebop is a style of what kind of music?
7. MOVIES: What was the name of the character played

- Answers
1. Margaret Thatcher
2. Denver
3. Pain
4. Methuselah
5. Subway
6. Jazz
7. Suagar Kane Kowalczyk
8. The Turn of the Screw
9. KLM
10. The Fifth

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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King Crossword

ACROSS

- 1 Like a snail
5 Biblical verb suffix
8 Venomous vipers
12 Swearing-in utterance
13 Extinct bird
14 Actress
15 Acolyte
17 Gruesome
18 More indigent
19 Runs off to wed
21 Soar
22 Croon
23 Possesses
26 Thither
28 Scratch-and—

- 31 Canyon phenomenon
33 Scale member
35 Great Lake
36 Mall unit
38 Wrong (Pref.)
40 "Ben-Hur" author

- 41 Volition
43 Denials
45 Game with lettered cubes
47 Put into cipher
51 Met melody
52 G.I. of WW I
54 Bacterium

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- 55 Hiatus
56 Telegram
57 One's performances
58 Speech hesitations
59 \$ dispensers

DOWN

- 1 Cleanser
2 Composer
3 "Beetle Bailey" dog
4 Harbor structure
5 Early life forms
6 Also
7 19th presi-

- dent
8 French forest region
9 2005 Steve Martin movie based on a novel he wrote
10 Father (Fr.)
11 Emulates Simon?
16 Depend (on)
20 Fleur-de—
23 "— a real nowhere man"
24 Do something
25 Vegas troupe member
27 — de plume

- 29 "A pox on thee!"
30 A handful
32 Folding art
34 Police methods
37 Right angle
39 Composition
42 Sill
44 Unstressed vowel
45 Luggage
46 Sandwich cookie
48 Last write-up
49 Campus quarters
50 Spud's buds
53 Rowing need

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ARIES (March 21 to April 19) This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.

TAURUS (April 20 to May 20) Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings.

GEMINI (May 21 to June 20) That long-delayed commitment begins to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of.

CANCER (June 21 to July 22) Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a workplace issue. Move on with the help of more steadfast allies.

LEO (July 23 to August 22) Relationships enter a brighter period, both at home and in the workplace. Prospects also look good for single Leos and Leonas,



who can expect a welcome visit from Cupid.

VIRGO (August 23 to September 22) Those mixed signals that were complicating your life are giving way now to clear, definitive guidelines. This makes it easier for you to weigh your options and make decisions.

LIBRA (September 23 to October 22) Ask your partner for an explanation of what seems to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.

SCORPIO (October 23 to November 21) A new challenge in the workplace holds an exciting promise for the future. But be aware of the fact that you haven't been told about all the demands you might have to meet.

SAGITTARIUS (November 22 to December 21) Your financial picture brightens as you get

into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword.

CAPRICORN (December 22 to January 19) You're deep into your new project, and that's just fine. But don't neglect your family and friends. Spending time with people you care for is always a wise investment.

AQUARIUS (January 20 to February 18) Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.

PISCES (February 19 to March 20) You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.

BORN THIS WEEK: You're gifted with both natural wisdom and wit -- a good combination for success as a writer or teacher and, most importantly, a parent.

Puzzle answers on Page 12

Got news? Thunderword@highline.edu

Arts
Round up



Des Moines Tree Lighting
Destination Des Moines will host its annual Tree Lighting and Pajama Party at Big Catch Plaza on Dec. 2. John L. Scott will offer free cookies and hot chocolate for all attendees. The event will include festive caroling, photos with Santa and Mrs. Claus, face painting by Anthony's Homeport and a musical performance from the Des Moines Elementary School band. Guests are encouraged to bring a new set of pajamas for those in need and non-perishable food items for the Des Moines Area Food Bank. The event runs from 6-8 p.m. and is at the corner of Marine View Drive and 218th. For more information, visit destinationdesmoines.org

Holiday Tree Lighting
The Federal Way Arts Commission will host its annual Holiday Tree Lighting event led by Mayor Jim Ferrell at Town Square Park. The event will include musical performances from local elementary schools. Santa Claus and his live Reindeer will arrive by fire truck to greet the public. The event is on Dec. 3, from 4-6 p.m. and is at 31620 Pete Von Reichbauer Way S. For more information, visit itallhappenshere.org

Normandy Park Winterfest
The Normandy Park Economic Development Committee will host their 4th annual Tree Lighting Ceremony at Normandy Park Market on Dec. 3. The Manhattan Village will host cookie decorating at QFC, Santa and carolers from 11 a.m. to 1 p.m. The Normandy Park Towne Center will offer its tree lighting ceremony, choirs, arts and crafts, games, prizes, hot beverages and treats from 5-6:30 p.m. The Normandy Park Towne Center is at 19900 1st Ave. South. For more information, call 206-818-6945

Argosy Christmas Ships and Bon Fires on the Beach
The Des Moines Parks and Recreation and Argosy Cruises will host their annual Christmas Ships and Bon Fire events on Dec. 7, and Dec. 15. On Dec. 7, the ship will sail out of the marina and pause in front of Beach Park for a bonfire and choral performances for the community. The bonfire is presented by Des Moines Parks and Recreation. On Dec. 15, the Christmas ship returns for a voyage to Browns Point for a bonfire before returning to Redondo for a bonfire sponsored by the Redondo community. Highline's MaST Center will also host an open house that night in conjunction with the Christmas ship event. Guests can enjoy the event from land for free, or book passage on the Christmas ships. Ticket prices range from \$21-\$35. For more information, visit argosycruises.com

‘Little Red Riding Hood’ returns to Centerstage in a pantomime fashion

By Zico Dumo
Staff Reporter

For the past 10 years, Centerstage Theatre has hosted a holiday-themed English pantomime version of *Little Red Riding Hood*.
An English pantomime is a musical that's part of a Holiday tradition in Great Britain. It typically involves a man dressed in drag, slapstick comedy, and local references all integrated into a classic story.
Little Red Riding Hood will follow the traditional story of a girl with a red hood that discovers her grandma in the clutches of the Big Bad Wolf. However, it follows the pantomime formula



Centerstage Photo
Centerstage hopes you'll take a bit of their holiday pantomime.

which includes an ugly "Dame" who'll be played by a man, verbal comedy routines and political references.

Angela Bayer, the managing director of Centerstage, said that each year the attendance

ranges from 1,500 to 2,000.
"It's our biggest selling show," she said. "A lot of families have made it a family tradition."
The musical will premiere from Nov. 26, to Dec. 22. Showtimes are 7 p.m. on Fridays, 2 p.m. and 7 p.m. on Saturdays and 2 p.m. on Sundays.
Ticket prices are \$35 for adults; \$30 for seniors and military; \$15 for ages 18 to 25; and \$12 for ages 17 & younger. Tickets can be purchased online at centerstagetheatre.com or by calling 253-661-1444. Tickets will also be available for purchase at the Knutzen Family Theatre's box office an hour before the show.

‘Pageant,’ ‘Messiah’ top weekend music offerings

Symphony and musical lovers have two productions to look forward to this week.
Grammy award winning composer Mateo Messina presents his 19th annual benefit concert for the Seattle Children's Hospital.
Benaroya Hall will host *The Pageant*, a new-style musical, symphony and film on Nov. 18. The concert features an 11-year old boy who is given the chance to sing in a worldwide televised Christmas Pageant after he shows his full potential and saves the show.
This concert is the 19th in its series and has raised millions of dollars for Seattle Children's Hospital Foundation.
The show will feature musical performances from the Northwest Symphony Orchestra, Total Experience Gospel Choir, Bells of the Sound, 32nd Street Singers and

Columbia Boys and Girls Choir.
Ticket prices vary and are donated directly to the Children's Hospital. Tickets can be purchased online at seattlesymphony.org or call 206-215-4747.
The show is at 8 p.m. and will be at 200 University St. Seattle.
St. Vincent de Paul Parish in Federal Way will host another annual tradition, *Handel's Messiah* featuring the Federal Way Symphony Singers and the Federal Way Chorale
Ticket prices are \$33 pre-sale for adults (\$36 at the door); \$29 pre-sale for seniors (\$32 at the door); \$15 for students 19 and older; and free for youth ages 18 and younger.
Show times are 7:30 and 9:30 p.m. and will be at 30525 8th Ave. S. Additional information can be found at federalwaysymphony.org

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Lady T-Birds fall in finals

By **Konner Hancock**
Staff Reporter

The Highline women’s soccer team lost in the Northwest Athletic Conference Championship.

The Lady T-Birds first faced off against the Spokane Sasquatch in the semifinals and won 1-0. Then they advanced into the finals where they battled No. 1 Peninsula but eventually lost 1-0 in overtime.

Spokane and Highline last met back on the first game of the season, where Spokane came away as the victors, 2-0.

Both of the defenses improved since that early season game. The teams went into the semifinals ranked No. 2 (Highline) and No. 3 in goals allowed on the season.

The T-Birds defeated the Sasquatch and moved on to face the Peninsula Pirates for the NWAC championship.

“One team had to lose, and on this day it was us. There was no special circumstance that led to the loss. That’s the nature of this game and any competition there is a winner and a loser that’s where tremendous growth happens. It helps us become better people,

regardless of the outcome,” said Thomas Moore, Highline



Bao Tran/THUNDERWORD

All-Star midfielder Destiny Guerra charges up the field against the Peninsula Pirates.

head coach.

This is the second consecutive year that Highline has made it into the finals and came up just shy of a first place trophy.

“I thought Peninsula did a great job of coming out with a lot of energy and sustaining that for the first half. Once we were able to regroup at halftime, I think you got to see a better game from us that more suits who we are,” said Moore.

Before this game both teams

had only given up nine goals all season with the bulk of Peninsula’s allowed goals coming from their two friendly games. They allowed only two goals in the regular season.

Both teams played the first and second half completely scoreless, moving them into overtime where in the 103rd minute Peninsula’s Bri Vallente scored a point blank shot.

The Pirates were able to break through the T-Birds defense. It was bound to happen that one

team’s defense would slip up at some point, said Moore.

“I can go back and think of a thousand things that I could have made different decisions on. But that is the life of a coach after a big game, especially a loss,” he said.

Highline had six players voted onto the South West region All-Star team, forward Chentay Warnes, forward Bianca Acuario, midfielder Destiny Guerra, defender Sierra Leach, defender Maya Gray and goal-

keeper Rachel Thompson.

“I’m unbelievably proud of this group. They have achieved things that most teams can only dream of,” said Moore.

“We set records, we came together during times of adversity, and we did what we always strive to do in a game compete and give ourselves a chance to win at the end. It was a remarkable year, one that I can only hope the girls can appreciate even with a tough loss at the end,” he said.

Men’s wrestling gets toppled by a flu virus

By **Konner Hancock**
Staff Reporter

The Highline men’s wrestling team was taken down by a flu virus last weekend.

The team was scheduled to wrestle in tournaments in Oregon on Nov. 6 and California on Nov. 12, but most of the squad missed out due to being sick.

Out of the wrestlers, only six starters were able to compete in Oregon.

Most of those starters, Jacob Zocor, 174, Kyle Croneman, 125, and Ilai Wilson, heavy weight and Andrew Ramirez at 141, wrestled well and improved since the last time they were on the mat, said Highline Head Coach Scott Norton.

“The team was led by returning All-American Andrew Ramirez. Andrew defaulted in the semifinals due to a back in-

jury. However, he was wrestling pretty well all the way up till that point,” said Norton.

Ramirez was the only one to place in the top four of his weight class.

“There are others on our team that could make an impact, but they need to come around and figure out what works when they’re competing. Miguel Morales at heavyweight is one example,” he said.

The team ended up canceling their spot in the California Duals because so many injured and sick wrestlers were not able to attend.

The next meet will be against Grays Harbor on Nov. 17 at 7 p.m. at the Highline Pavilion.

Highline matches up very evenly with Grays Harbor. Everyone should be feeling well and able to compete, Norton said.



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 **SOUNDTRANSIT**

Sports news?
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Volleyball team opens playoffs today

By Aleyah Bennett
Staff Reporter

The Highline women's volleyball team opens Northwest Athletic Conference tournament play today at the Greater Tacoma Convention and Trade Center, coming off a first place finish in the West Division of the league.

Highline's record is 30-5 for the season and 12-2 in the NWAC West.

The lady T-Birds are set to play in the post season tournament in Tacoma starting at 2 p.m. Their first match is against the East No. 4 Blue Mountain.

Highline defeated Grays Harbor 3-1 in the last league match on Nov. 9.

The Chokers took the first set as the T-Birds struggled with receiving service.

"As a team we just need to work on staying consistent throughout the match, over communicating and connecting on the court after every play.

The T-Birds came back and tied the set 21-21, but it wasn't enough and despite four kills by Eneliko the Chokers won 22-25.

Eneliko had five kills, Zoe Gains had four kills and Megan Van Marter contributed three more as the T-Birds bounced back to win the second set 25-17.

The Chokers had a lot of serves go into the net.

The T-Birds controlled the third set and won 25-20 before taking fourth set, 25-16, and match with a score of 25-16.



Jack Harton photo

Highline outside hitter Lehua Keka goes for a kill against Grays Harbor in the final league match.

"It felt good taking home the win against Grays Harbor, especially since they are a really good team," Apryll Eneliko said.

There was a prematch ceremony to celebrate the sophomores' last home and league

match. Taylor Alicuben, Emmy Freed, Lehua Keka, Kathleen Ly, Megan Van Marter and Pumehana Nedlic were all honored for their play for Highline over the last two years.

"I felt excited and honored

to be recognized on sophomore night. I honestly did not feel like a true sophomore since I am a transfer student, but it was a great experience to have my family and friends come out to support me and to receive gifts

from the freshmen," Ly said.

She called the tribute "bittersweet feeling," in that she will not be able to play and possibly never see some of her teammates again.

But I am so happy that I have gained so much from this season and am very grateful to be given the opportunity to play volleyball for Highline," Ly said.

And while the sophomores were the focus of the pregame festivities, it was freshman Eneliko who stole the spotlight during the match. Eneliko had 22 kills while Alicuben had 40 sets, Gains had 15 kills and 16 digs and Nedlic had 18 digs.

The focus now turns to the NWAC Championships and the team is pumped.

"I think the team will do great. I am so excited for NWACs and I hope that my teammates are just as excited as I am. It all comes down to consistency and which team can be more consistent, as said throughout the season from my coach," Ly said.

As the team prepares for the championship, Ly said the team is very aware of the need to work on playing smarter and more consistent.

"We are very aware that these two things are what we need to work on. We are continuing to work very hard at practice to prepare for NWACs," Ly said.

"If we come out and play how I know our team is capable of playing I think we should do well in NWACs," Eneliko said.

Men's soccer loses in semis

By Konner Hancock
Staff Reporter

The Highline men's soccer team had a heartbreaking loss in the semifinals against Spokane, 2-1.

On Nov. 11, the T-Birds took to the field against the Sasquatch in pursuit of a win that would give them a chance at the Northwest Athletic Conference championship title. The majority of the game was a defensive battle with most of the goals being scored in the later moments of the second half.

"However it wasn't just the defense, it was everyone's lack of focus that causes us to make simple mistakes," said forward Jandja Maharero.

The team was tired and worn out. That is a major reason to why the T-Birds lost it later in the game, said Maharero.

The first goal was scored by a Spokane defender Kelly Kyll early after half time.

"We made a couple tactical changes at halftime and it switched the momentum our

way. We were contemplating switching in the first half but waited to make sure everyone was on the same page," said Steve Mohn, the Highline head coach.

After the first goal, the game went scoreless for 30 more minutes before another goal was notched.

The Sasquatch Player Hector Magana struck, scoring in the last four minutes which seemed to secure the win.

However, a minute later freshman midfielder Mohamed Jeylani rallied and quickly scored to give Highline a fighting chance. But it proved to be too little, time ran out and the game was called.

Spokane moved on to the finals where they met the underdog Tacoma Titans. The No. 6 Titans ended up besting the No. 3 Sasquatch, 2-1.

Both teams had major sophomore power with Spokane's 14 and Tacoma's 12, they had the most sophomores on their rosters of any other team that was in the tournament.

But in the end Tacoma's All-Star goalkeeper Evan Munn

made the difference with five saves and only letting one ball get past him.

"Although we didn't reach our ultimate goal of winning the NWAC championship, we still accomplished great things. We won the western conference title for a third year in a row, and had the lowest goals against average in the NWAC," said Highline's Mohn.

The T-Birds also had five players voted on to the NWAC South West All-Star team: defender Marco Monzon, midfielder Tucker Davidson, Jeylani, midfielder Brandon Gonzalez, and Maharero.

The All-Star game was played two days after the semifinals where North East dominated, 5-1.

Mohn said that there will be lots of returning players next year from this year's team and that they will be ready to make another try at the trophy.

"I'm sure all of our guys are going to be fired up to make another playoff run next year," he said.

Women's tennis squad finds success at Wenatchee

Highline's women's tennis team found success in its first jamboree.

The Fall College Jamboree kicked off on Nov. 5 at Wenatchee Valley College, where the T-Birds competed against Skagit Valley, Spokane

and Bellevue colleges.

T-Birds Kenzie Hawkins and Megan Hagerty secured second place in the doubles tournament while Hagerty and Sierra Silva took 1st in both flight A and flight B of the singles tournament.



Jack Harton photo

Mary Ahmed and Sierra Silva of the Highline women's tennis team practice for doubles tournament on Nov. 2.

T-Day sides for friends and family to gobble

A beautifully browned turkey is typically the centerpiece of the Thanksgiving holiday table. The presentation and carving of the bird and the distribution of the crispy skin and white or dark meat is a central part of the meal. While I can appreciate turkey, it's the side dishes that I look forward to.

Thanksgiving is one of the only times of the year that my sister, Sandra, makes her delicious fried corn. My mother's buttery cornbread dressing has been my "after-gluttony-day" breakfast for as long as I can remember. Here are the recipes for my family's sensational side dishes. Happy Thanksgiving!

FRIED CORN

- 1 stick butter, plus 2 tablespoons
- 4 cups fresh or frozen corn kernels, thawed
- 1 cup sugar
- 2 teaspoons salt
- 1 teaspoon pepper

Melt the stick of butter in a



Depositphotos.com

Thanksgiving sides so good, they'll eat themselves.

large, heavy-bottomed skillet. Add the sugar and salt, stirring well until the sugar melts. Add the corn and black pepper. Dot with the remaining 2 tablespoons of the butter. Simmer over low heat for 15 minutes, stirring frequently until kernels are tender. Serves 8.

CORNBREAD DRESSING

- 6 cups crumbled, day-old cornbread
- 3 cups seasoned, dried bread-crumbs
- 2 cups sauteed vegetables (see recipe below)
- 3 to 4 cups seasoned broth (see recipe below)

- 1 tablespoon poultry seasoning
- 1 teaspoon salt
- 1 teaspoon freshly ground black pepper
- 2 eggs, lightly beaten
- 3 ounces unsalted butter, softened for greasing pan
- Cooked turkey neck meat, chopped gizzards and livers, optional (see recipe below)

1. Heat oven to 400 F. In a large mixing bowl, combine cornbread and dried bread-crumbs. Combine sauteed vegetables with bread mixture. Stir in the cooled, seasoned broth and any vegetables, using enough to moisten the bread

mixture, without making it too wet or soupy. Reserve the rest of the broth.

2. Mix in the poultry seasoning, salt, pepper and beaten eggs, blending well. Add in the diced turkey meat, livers and gizzards, if desired.

3. Lightly grease a large shallow baking or roasting pan measuring about 10-by-15 inches with the butter. Spread the dressing mixture in the pan. Bake for 20 to 30 minutes until the top is lightly browned and a crust has formed around the edges of the pan.

SAUTEED VEGETABLES AND SEASONED BROTH

This seasoned broth is a delicious way to moisten your dressing mixture. It also makes a wonderful base for gravies, soups and sauces.

- 3 to 4 cups chicken broth
- 4 ounces unsalted butter
- 2 cups onion, chopped, divided
- 2 cups finely chopped celery, divided
- 2 tablespoons poultry seasoning
- Turkey neck, gizzards and liver

1. In a saucepan over medium heat, melt the butter. Add onion, celery and poultry seasoning. Saute the vegetables in the butter until tender. Do not brown. Remove half of the vegetables from the pan and set aside to cool.

2. Add the chicken broth, turkey neck, gizzards and the liver to the pan. Bring the mixture to a boil and then reduce heat to simmer. Simmer for 15 to 20 minutes until the meat is done and tender. Set the broth aside to cool.

3. Remove the neck, gizzards and liver from the broth. Pick the meat from the turkey neck and dice the turkey meat, the gizzards and livers. Use the cooled broth and the diced turkey mixture in the Cornbread Dressing recipe above.



What you can do with leftover Turkey

Moo Shu Turkey

Wondering what to do with your leftover Thanksgiving turkey? Saute it Chinese-style with a mix of veggies, fragrant ginger and hoisin sauce.

- 1 tablespoon (plus 1 teaspoon) olive oil
- 1 package (10-ounce) sliced mushrooms
- 4 green onions, sliced, green and white portions separated
- 1 teaspoon grated peeled fresh ginger
- 1/4 teaspoon crushed red pepper
- 1 clove garlic, crushed with press
- 1 bag (16-ounce) shredded cabbage mix for coleslaw
- 1/3 cup water
- 2 cups shredded leftover cooked turkey
- 3 tablespoons reduced-sodium soy sauce
- 3 tablespoons hoisin sauce
- 8 (8-inch) flour tortillas, warmed

1. In 12-inch skillet, heat 1 tablespoon oil on medium-high until hot. Add mushrooms and cook

Good Housekeeping

6 to 7 minutes or until tender and lightly browned. Transfer mushrooms to plate; set aside.

2. In same skillet, heat remaining 1 teaspoon oil on medium-high. Stir in white portion of onions, ginger, crushed red pepper and garlic. Add coleslaw mix and cook 2 minutes or until cabbage begins to soften, stirring constantly. Add water and cook 1 to 2 minutes or until water evaporates and cabbage is tender-crisp, stirring frequently. Stir in turkey, soy sauce, 3 tablespoons hoisin sauce and mushrooms; cook 3 minutes or until turkey is hot, stirring constantly.

3. If you like, spread additional hoisin sauce on tortillas to serve; top with turkey mixture and sprinkle with green portion of green onions. Roll up to eat out of hand. Makes 4 servings.

* Each serving: About 510 calories, 12g total fat (2g saturated), 34g protein, 70g carb., 54mg cholesterol, 10g fiber, 1,290mg sodium.

Fresh Cranberry Relish

This easy, no-cook relish will have your guests fighting over who will take home the leftover relish!

- 1 bag (12 ounces) cranberries, (3 cups)
- 1 medium Granny Smith apple, peeled, cored and cut up
- 1 medium Gala apple, peeled, cored and cut up
- 1 small navel orange, unpeeled and cut up
- 2/3 cup sugar

In food processor, with knife blade attached, pulse all ingredients until coarsely chopped. Spoon into serving bowl; cover and refrigerate until well-chilled, about 3 hours or up to 4 days. Makes 4 cups.

* Each serving: About 200 calories.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipes/.

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Maple ice-cream pumpkin pie

On Thanksgiving Day, more pumpkin pies will be served than the rest of the year combined! Well, we can't let that tasty tradition pass us by without a new twist to an old standby, can we?



by Healthy Exchanges

- 2 cups (one 16-ounce can) pumpkin
- 1/2 cup sugar-free maple syrup
- 1 (4-serving) package sugar-free instant butterscotch pudding mix
- 2/3 cup nonfat dry milk powder
- 1 cup fat-free whipped topping
- 1/2 cup chopped walnuts
- 1 (6-ounce) purchased graham cracker pie crust

1. In a large bowl, combine pumpkin and maple syrup. Add dry pudding mix and dry milk powder. Mix well using a wire whisk. Blend in whipped topping and 1/4 cup walnuts. Spread filling evenly into pie crust. Evenly sprinkle remaining 1/4 cup walnuts over top of filling.

2. Cover and freeze for at least 4 hours. Remove from freezer at least 15 minutes before serving. Cut into 8 pieces. Freezes well.

* Each serving equals: 225 calories, 9g fat, 4g protein, 32g carb., 378mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 Fat, 1/2 Fruit.

Syrian refugees share their stories

By Olivia Sullivan
Staff Reporter

While many people only see the bombings in Syria on the news, some Highline students have experienced those attacks firsthand.

On Tuesday, Highline held a film and discussion forum about the war in Syria. Several Highline refugee students from the Middle East spoke about the war and its effects on their lives.

The discussion portion of the event began with a moment of silence to honor those who have died because of the war and also to take a moment to pray for the people who are still living in the Syrian nightmare.

A panel of seven men sat before the crowd, all of Syrian descent. Some of the men have lived in the United States for years; some had only been here for as little as four months.

Over the next hour, the men spoke about the misconceptions of the Syrian war and their painful experiences living through it.

“As many of the Syrian student refugees have stated, the Syrian revolution was a spin off of the Arab Spring, revolutions and tumbled governments in Egypt and Libya,” said Highline Professor Oussama Alkhalili.

Alkhalili is Lebanese and left Lebanon at the age of 21. He lived through the Syrian invasion of Lebanon for six years and has been in the United States for 35 years.

Although there was a slight language barrier, there was a clear understanding of the emotional impact this film and discussion had.

Between the audience and the speakers in the room, many people teared up at moments during the presentation due to the emotionally intense subject.



Bao Tran/THUNDERWORD

The panel of Syrian men answered questions from the audience about the war.

“War is trouble, I do not wish people to see the death,” said Ahmen Abdul Ghafor, a Highline student.

Ghafor lived in Syria for seven years and has been in the United States for four years. He is studying computer science at Highline.

“When I was there, I was waiting the death because I [did] not know what would happen to me and my family,” he said. “During the war, we stayed at home, not a lot of food, no power. [There were] so many bad things – fear, worry, depression, death. One thing gave us the hope is God.”

A graph projected onto the screen showed who is responsible for the deaths of Syrian civilians.

Russia is credited for 1 percent, with 1,984 deaths. Isis is 1.1 percent, totaling 2,196 deaths. The Syrian Rebels are responsible for 1.5 percent of deaths, 2,959 in total.

The Al-Assad Regime is responsible for 94.7 percent of the total civilian deaths, which is more than 183,827 people between 2011 and 2016.

“For a long time, the regime has been synonymous with torture,” said Shon Meckfessel, an

English professor at Highline.

The the Al-Assad regime, the rebels, and Isis are political groups that are fighting for power within the Middle East.

There are conflicting ideas about how the war began.

“The president [Bashar al-Assad] was appointed; it was a mock election,” said Alkhalili. “He was not elected, the people had no say. It is a dictatorship.”

Due to the tight control of the government, Syrian people have little to no freedom, the panel said.

The three demands that sparked the Syrian protest were to have freedom, social justice, and dignity, said Meckfessel.

“When we say we want freedom, we mean freedom of choice,” said Alkhalili.

The first six months of the Syrian protests were peaceful, said Osama Shams Eddin, a Syrian speaker. Then the regime sent intelligence agents into the protests to pretend to be a part of it, but these spies had ulterior, violent motives.

In March of 2011, this violent protesting steadily grew into more severe attacks nationwide that carried on for the next five years.

The government wants to portray these attacks as a civil war between [political] groups, said a Syrian speaker.

“The war in Syria did not start violently,” Alkhalili said. “The government blamed it on the protesters. The government was successful in making it seem like this is a civil war.”

More than 5 percent of the population is employed as “secret police” said Meckfessel. These people are hired by the government to be spies. The spies look for any signs of disrespect or disloyalty from the citizens toward the government.

“It makes you second guess all of your relationships and intimacies,” said Meckfessel.

A member from the audience asked the panel if they would return to Syria one day.

A few of the men said yes, they would absolutely go back to Syria once there is a new government in place.

“I truly believe the fabricated civil war in Syria would come to a quick end if Iran, Hezbollah, United States, and Saudi Arabia stop meddling in Syria’s domestic affairs,” Alkhalili said. “I honestly believe the people of

Syria are peaceful people where they had lived together in peace for hundreds of years.”

But a few of the speakers disagreed and said there is no way to go back to Syria, there is no hope for the country after the war.

“Who made that jet? Who made that bomb? It was America and Russian. No one else,” said an Afghan student from the crowd.

In the first half of the event, the film *The White Helmets* was shown. This documentary about Syrian civil defense volunteers shows the heartbreaking reality of rebel-controlled Syria during the war.

“What we saw on screen...that is what happens almost every day,” said Syrian speaker, Osama Shams Eddin, about the devastating damage by the bombing.

Although people have access to information about the war, it is not always correctly portrayed, Ghafor said.

“I believe that the social media doesn’t cover the reality over there. The government kills a lot of people every day and no one stops it,” he said. “In my opinion, If one human [is] killed, there is no humanity in this world.”

“I only hope that you make them feel welcome and let them be part of our community,” Alkhalili said. “With the outcome of the recent US elections, many Muslims and Arabs, in particularly Syrian refugees, feel that they become a target for backlash of racism and hate.”

Students need to know the truth and not just the media’s representation, Ghafor said.

“People over there do not need food or money, they only want [their] voices and words [to be heard],” he said.

For more information about the war, how to donate, or for documentaries similar to *The White Helmets*, visit syriasources.org.

Protest

continued from page 1

also instilled fear amongst minority communities. Immigrants, the LGBTQIA community, and Hispanic and Muslim communities are reporting they have been directly targeted with hate crimes since the election.

A group of Muslim women at the University of Washington campus in Bothell were allegedly harassed and demanded to remove their hijabs by a group of men yesterday.

This is just one of the hundreds of hate crimes that have been reported since the election. According to a new FBI report, there has been a 6 percent overall increase in hate crimes across the United States., and a 66 percent increase in Mus-

lim hate crimes. Hate crimes against Muslims are the highest they have been since after the 9/11 attack in 2001.

Highline President Dr. Jack Birmingham reaffirmed the colleges’ commitment to diversity and civility in an email sent to staff and students: “As I said last fall, Highline College remains one of democracy’s colleges in the best sense of the word. We believe that the richness of our cultural (including religious) and political differences strengthens our bonds of understanding and community. We do not fear discourse and contention, but we do demand civility and respect in engaging each other and the range of views that we hold. We strive for social justice that includes all and an accountability that is true to our College’s values and to U.S. constitutional principles.”

Students who have been affected by the 2016 Presidential Election have an array of on- and off-campus recourses to turn to.

On-campus resources that can help individuals cope are available through the Counseling Center and other departments.

The Political Science Department will host an open forum on the 2016 Presidential Election on Monday, Nov. 21 for staff and students. The forum is in Building 7 and will run from 10-11 a.m.

“The Counseling Center provides therapy and it’s free and other students on campus are a great resource as well,” said Highline Counselor Josh Magallanes.

“In the last two weeks, 80 percent of my sessions have been processing the election and a lot of people are feeling hurt and betrayal,” he said.

However, these aren’t the only feelings students say they

have experienced.

“When I found out that Donald Trump won the election, I was in shock, mostly because of what was said in his debates,” said student Nicole Sam. “I didn’t know if things were going to be OK, I was speechless, angry and frightened.”

Not only are some students fearing for the country, but some say they are disappointed that so many people voted for Trump.

“More than half of America was able to overlook who he is and what he says and it’s terrifying that our country would stand for him,” said student Jenn Tran.

Although Hillary Clinton won the popular vote by an estimated 1.5 million, Trump won the election with 290 Electoral College votes, to Clinton’s 232.

The United States does not directly elect its president.

Rather, a weighted system involving the population of each state determines the winner.

With the election results as close as they were, some students say they are remaining hopeful that the Electoral College will change its mind.

“The Electoral College is outdated and I’m not happy, but I’m trying to remain positive,” Sam said.

Aside from the on-campus resources, there are many off-campus resources as well.

Magallanes said people who are suffering from high anxiety and distress can visit Valley Cities Mental Health or Sound Mental Health.

Immigrants can learn more about the Northwest Immigrant Rights Project at nwirp.org and the LGBTQIA community can learn more about the Gender Justice League at genderjustice-league.org.

The start of something green

'70s paved the way for environmental awareness

By Jacqueline Robinson
Staff Reporter

A lot happened in the '70s that set the stage for the political reality of the world, a Highline professor said.

Dr. James Peyton, an economics professor, presented his lecture titled Politics and Environment from the '70s to Today, during the weekly campus History Seminar on Oct. 26.

He talked about events that led to a rise in environmental concern in the '70s, environmental laws and policies, as well as the balance of power between corporations and law.

"One of the big ideas in the 1970s was Earth Day. During the first celebration more than 20 million people observed this in America and in other countries," Dr. Peyton said.

People were starting to see the globe as one unit, not separate countries, he said. Space technologies aided in this shift.

"In 1968 and 1969 we started to get these images from of



Highline economics professor Dr. James Peyton

earth from space. People started appreciating the beauty of earth as a whole," he said. "And realizing that if we don't take care of it, it could really end up a mess."

Disasters in the '60s led to the growing concern that the planet couldn't take the stress people were putting on it, Dr. Peyton said.

"Smog primarily from transportation, factories and pollution emissions was going into the air and just hanging out over the cities," he said. "It was actually physically painful to breathe in big cities in America and in big cities around the world."

Because of water pollution, recorded fish kills were astonishingly high, said Dr. Peyton.

"41 million fish were estimated to have died because

of pollution in 1969," he said. "The worst single case was in the Thonotosassa River, where 26 million fish were killed from the discharge from four food processing plants."

Environmental effects were felt harder when more desirable destinations were affected.

"Oil spills have been a thing since the beginning of oil production," said Dr. Peyton. "What was different was the Santa Barbara oil spill put 200,000 gallons of crude oil on a beach that people actually wanted to go to."

Events shocked people into caring about the earth, he said.

"In 1969, in Cleveland, an oily residue leaked into the Cuyahoga River. The actual river caught fire," Dr. Peyton said. "People

could not believe everything that was happening."

President Nixon signed the National Environmental Policy Act on Jan. 1, 1970, as a symbol that the '70s would be the "pro-environmental" decade after so many disasters, he said.

"The processes of enforcing environmental procedures were now open for public view and public comment," said Dr. Peyton. "This empowered government and citizens in new ways as a counter balance to traditional power and business practices."

Nixon had won his first presidential election by a very small margin, he said. His political rivals had huge environmental agendas. Nixon adopted a pro-environment attitude to attract voters and to distract people from the Vietnam War backlash.

"Another reason some politicians in the '70s were concerned with the environment is they had lived through things like the 1930s dust bowl drought and the atomic bomb," said Dr. Peyton.

Processes were put in place to research and regulate potentially hazardous chemicals, but business banded together in efforts to avoid the new red tape, said Dr. Peyton.

"In 1970 the Environmental Protection Agency was established to do research on environmental pollution and oversee environmental pollution

statements submitted by business," he said.

In opposition to the Environmental Protection Agency, industries in manufacturing, agriculture, automobile, power and extractive collectively paid for magazine ads to promote the need to protect economic growth, said Dr. Peyton.

Federal laws were also needed to counterbalance powerful industries, like Boeing or automotive companies. Also to assist in local issues that cross state lines, said Dr. Peyton.

"A month before re-election Nixon vetoed the clean water act. He needed business and party backing more than he needed support from environmentalists," said Dr. Peyton.

Despite this, in 1972 a lot of legislation was being passed involving clean water, he said.

"Among all of this, citizens were granted the right to sue in court for clean water. This was huge," said Dr. Peyton.

Laws were passed on paper but in actuality things were not being followed through on, he said.

"In 1969-1977 18 major pieces of legislation are passed," Dr. Peyton said. "Yet 60,000 chemicals were in inventory and only four were regulated."

Public view and public attention have been a major factor in the shift in current day environmental issues, he said.

Fire

continued from page 1

to the lack of available shopping carts at the store. She then left the store, returned and went to the cards and party supplies aisle, then left the store and told employees the store was on fire.

Employees found a fire in that aisle.

Workers from all establishments in the mall were immediately evacuated and no injuries were reported.

Firefighters arrived to find thick, acrid smoke belching from the complex and snarled traffic along nearby Pacific Highway South. Kent firefighters would remain on scene monitoring the fire more than 12 hours after the fire started.

"The fire lasted over 24 hours," said Eric Peterson, Kent RFA arson investigator.

He said Wednesday that the fire is still being investigated and authorities have yet to determine the estimated loss resulting from the fire.

With the total destruction of the Dollar Tree, an undetermined number of employees are facing a holiday season without a job.

"[We] will look for opportunities to transfer them off to different stores around the area," said Randy, a spokesman for Dollar Tree who declined to give his last name.

He also said that a determination as to whether or not a new Dollar Tree will be built in the

same location or nearby is pending.

Ernest Swanson, the spokesman for the Postal Service, said that only one person was working during the time of the fire and she is now working at an office in Kent.

"We are awaiting word from the landlord and from

there we will decide if we will remain in the same place," Swanson said.

Mail from the damaged post office was salvaged and is now available for pick up at the Kent Post Office 216 W. Gowe St.

Yesterday, debris from the fire remained scattered

throughout the property and beyond. Crews are working on cleaning the property to ensure a proper investigation is conducted. The Smoke Shop is completely boarded up.

Polawski's arraignment is scheduled for Nov. 28 at the Regional Justice Center in Kent.

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W

Urban

continued from page 1

and harvested in the garden. Last summer the students grew kale, strawberries, raspberries, garlic, potatoes, lettuce, and tomatoes.

“We make [produce] available to the students and whatever the students don’t take, we bring to the Des Moines Food Bank,” he said.

The students can consume the produce for their dietary needs, but can also find a way to earn money through business skills.

The Urban Agriculture program is also negotiating a collaboration with community garden enthusiasts working through the Daisy Sonju Community Garden and Pea Patch operated at Des Moines’ Sonju Park.

The program focuses on providing resources to refugees, immigrants, and under-resourced individuals. The collaboration with Daisy Sonju could give the program the potential of more garden space, but the details are still to be determined.

“Every quarter we seek to improve the program,” Butler said. “This year we will be offering a 46-credit certificate in the program as well as the original 19-credit certificate.”

The program is continually improving, but even with the efforts to better serve the South King County area, various age demographics have been a challenge. It can be difficult for breadwinners



Olivia Sullivan/THUNDERWORD
Highline students plant in the garden on Nov. 3 during a Green Week presentation about how to grow your own food in the city.

to find time to take the classes.

“I would like to find a time for the classes that work well with all members of the community,” Butler said.

In Winter Quarter, Butler is offering two classes about sustainability. Food as Medicine (SUST 150) will be held on Mondays and Wednesdays at 11 a.m. and Indoor Growing (SUST 152) will be held on Mondays, Wednesdays, and Fridays at 9 a.m.

Go Figure!

answers

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Weekly SUDOKU

Answer

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8	2	5	4	7	9	1	6	3
3	6	9	1	2	8	7	5	4
2	5	3	7	4	6	9	1	8
9	1	6	8	5	2	4	3	7
7	8	4	3	9	1	6	2	5

King Crossword

Answers

Solution time: 25 mins.

S	L	O	W		E	T	H		A	S	P	S		
O	A	T	H		M	O	A		R	H	E	A		
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