the THUNDERWORD

Highline College | November 23, 2016 | Volume 54, Issue 09

Students told to climb higher at Summit

By Dylan You Staff Reporter

Young black and brown men can be ambitious, respectful and responsible members of a united community despite of the low expectations society has set for them, said the keynote speaker at this year's Black and Brown Male Summit.

The seventh annual gathering took place in the Student Union last Saturday. The goal of the eight-hour event was to empower and motivate the black and brown young men to excel in academics and exceed in whatever they put their minds to. More than 700 high school and college students from all over Washington attended the summit.

Kevin Powell, a political activist and author of 11 books, started from the bottom: the only family he knew was his financially struggling mother, who lived in one bedroom with two families.

Despite harsh living conditions, his mother was vehement: he must go to college and live

See Summit, page 12

Uncertain future for Weyerhaeuser site



Kelsey Par/THUNDERWORD Weyehaeuser is a 425-acre campus located in Federal Way. People are torn about the idea of a seafood company moving in next door.

Neighbors say something's fishy about new Federal Way business

By Michael Simpson Staff Reporter

Neighbors of the former Weyerhaeuser headquarters are fighting a seafood factory that wants to move in next door. The 425-acre park-like campus has been open to public use since the 1970s and is larger than Dash Point State Park.

Its 109 acres are being sold off in three pieces.

Orca Bay Seafoods plans to move into a

seven-acre, 72-foot tall structure and parking lot within a 19-acre forest that backdrops the main Weyerhaeuser building.

See Fish, page 12

Students, staff, faculty count their blessings

"[My daughter] is a miracle baby," Of-

ficer Mckeever said. "She only had a 30

percent chance of survival the day she was

By Thunderword Staff

Turkey, stuffing, and pie are not the only thing on people's mind right now. With Thanksgiving being this week,

With Thanksgiving being this week, Family was on the minds of other peopeople at Highline are reflecting on what ple as well.

"I am thankful for my mom, we just found out she has cancer and that has changed my perspective on everything," said Amelia Stumph, a Highline student.





"I had my first kid this year, Aniyah Rose, she is what I am very most thankful for," said Rodderick Hall. "Everything I do is for her and I feel so blessed to have her in my life."

they are most thankful for this year.

Campus security officer Frances "Frankie" Mckeever emphasizes immense gratitude for her child as well. This illness has changed her view. "I have always known how lucky I am to

See Thankful, page 11



born."



By Kori Spencer Staff Reporter

Hit and run in the East parking lot goes unseen

A hit and run incident that occurred on Nov. 16 in the East Parking lot.

It left damage to the driver's side door of a red 1996 four-door Volvo.

The incident occurred between 8:20 and 10:45 a.m.

There is no suspect vehicle or witnesses.

Vending machine gets broken into in Building 22

Someone attempted to break into a vending machine on the first floor of Building 22 on Nov. 20.

The vending machine door and area surrounding of the lock was damaged.

It is unknown if any cash or vending machine food was missing at this time.

It's undetermined when this incident occurred.

False alarms in the MaST **Center ring**

Faulty hardware or software issues involving the alarm system at Highline's MaST center are causing headaches for both the manager and local police.

MaST Center Manager, Rus Higley received a notification that the alarm had gone off and asked Public Safety to check it out on Nov.18.

All the doors were secure and the alarm was reset.

Later that day the alarm went off again and this time Des Moines Police was dispatched.

No definitive cause has been determined

Saying goodbye to a Puget Sound view



The Testing Center moved to the refurbished Building 1 late last week, meaning the staff no longer will enjoy a lovely view of the Sound from the sixth floor of the Library.



HC Foundation offers scolarships

The Highline College Foundation is now accepting scholarship applications for the Winter and Spring 2017 quarters.

The deadline is Sunday, Nov. 27 at 11:59 p.m.

Several scholarships are being offered. To be considered make sure to fill out the application completely.

To apply visit https://highlinecollegescholarships.awardspring.com/

For more information, contact the Foundation Office at 206-592-3774.

Latinx summit looks for a logo

Des Moines food bank donations

Donation barrels for the Highline Classified Staff and Foundation food drive have been placed around campus.

The food received will benefit the Des Moines Food Bank.

In previous years Highline staff and faculty have donated an average of 1,000 pounds of non-perishable foods.

Donation barrels are located in the following buildings: 1 (Testing and Placement Center), 6, 16 (Print Shop), 25 (Library), 29, 30 and 99.

Food donations for this drive will be accepted until Dec. 16. But the print shop collects Des Moines Food Bank donations vear round.

For more information contact the Print Shop Manager Dave Weber at daweber@highline.edu

Placement Center

pable of anything." The center is open to all.

Building 26 undergoes work

Structural testing associated with next year's Building 26 renovation will occur Tuesday, Nov. 29 and Wednesday, Nov. 30.

This work consists of drilling small concrete cores from the building's larger concrete structures.

The testing work is both noisy and messy and will likely to generate some vibration.

Please be cautious of trucks, barricades, and hoses while walking in the area of Building 26.

Contact Facilities at 206-592-3260 with questions or to report any issues or concerns.

Everyone welcome to presentations

Instructor Miranda J. Gardner invites everyone to attend her English 101 students' social justice presentations.

Every quarter her students present on various social justice topics.

"In wake of the election the students are much more driven to have their voices, hearts, concerns and ideas heard," said Gardner.

The event will be held on Dec. 7, 8, and 12, from 11 a.m. until 12:30 p.m. in Building 7.

Everyone is welcome to attend. If you have any comments or questions do feel free to email Gardner at mgardner@highline.edu



Public Saftey has lost and found items unclaimed

Public Safety has collected quite a few items in their lost and found collection that remain unclaimed.

Items that are reported found anywhere on campus are logged and kept in the Public Safety office on the bottom floor of Building 6.

After 60 days of unclaimed items are destroyed or donated.

If you are missing something contact Public Safety at 206-592-3218 for assistance.

Highline is planning the third annual Latinx Summit, and holding a competition for students to design the new marketing logo.

Students can send samples of an original photograph, painting or drawing that represents one of the following questions:

What are the pressing concerns at this moment in time for the Latinx community? What does Intersections of Familia mean to you? How does art engage the community?

For more information, or questions about how to submit your work, email Joshua Magallanes at jmagallanes@highline.edu

The deadline to apply is Dec. 2.

moves buildings

The Placement and Testing Center is now located in Building 1, on the east side entrance. Students are encouraged to stop by and check out it out.

"Please come by and check out our new space where we will continue to affirm students' college readiness as they navigate the early enrollment steps at Highline," said Shannon Waits, the director of Testing and Placement.

This center will give students the encouragement and support they need.

"We want this space to be a sanctuary for our community, a place that students know they are intelligent, valued, and ca-

 The Thunderword has an immediate opening for a business manager

• This position takes care of advertising requests, coordinates billing and payments, and assists in the general production of the newspaper. Work Study eligible!

• Time: 10 hours per week

 Requirement: You must be taking at least six credits to qualify for this job. Afternoon hours. Business-area majors preferred

Send resume and cover letter to Dr. T.M. Sell at tsell@highline.edu

Three professors say canyon is really grand

By Michael Simpson

Staff Reporter

Three Highline professors say they want to present climate change and geology in a tangible sense.

Woody Moses, Russ Higley and Dr. Eric Baer took a rafting trip down 280 miles of the Grand Canyon last summer and found evidence of ancient civilizations and extinct species that changed their perception of the world.

Science Seminar is a weekly series of presentations by faculty, staff and experts on science, technology, medicine, mathematics, health and topics that are relevant to current events.

The Grand Canyon is a 10-mile wide and mile-deep canyon carved through more than 200 miles of northwest Arizona over millions of years.

It is the major source of water for the southwest, despite receiving less than 10 percent of the amount of water received by the Columbia River, Moses said.

Ancestral Puebloans relied on its waters for 12,000 years and left because of a 300 year drought, Moses said.

"Folks were sort of on the edge as it was," he said.

Moses saw evidence of their civilization through building foundations and pottery.

Currently, the reason the river can sustain life is because of dams such as the Hoover Dam, Moses said.

Rus Higley warned the audience of the consequences of water loss due to climate change.

Due to a drought in the summer of 2015, Washington citizens were asked to cut water consumption by 10 percent,

While rafting down the Grand Canyon, three Highline professors found evidence of ancient civilizations.

Higley said.

Longstanding drought conditions in Washington would create devastating impacts on agriculture, drinking water, wildlife populations and risk for wildfires.

The dams of the Colorado River, while benefiting populations that depend on it, also harm the natural variability of the area, Higley said. These include natural factors, such as floods, that cause the environment to change over time.

Dams don't flood, resulting in loss of fine sediment, fish and wildlife.

As a result, dams have begun to practice trial fake floods in attempts to restore the river canyon.

Dr. Eric Baer said he was awestruck by the geology of the Grand Canyon.

He saw mud-cracks from hundreds of millions of years ago, preserved sand dunes and fossils of squid and worm burrows.

"You go through time," Dr. Baer said. In the next Science Seminar, Highline's Dr. Savio Pham will discuss the data science of shopping.

It will be on Dec. 2 at 1:30 p.m. in Building 3, room 102.

Umoja provides students with a different way to learn

By Michael Simpson Staff Reporter

All students in Highline's Umoja group have a personal definition of what the program means.

"A lifeline. When you're down you need someone to save you," Melanie Williams said.

"Acting locally, thinking globally," Mackenzie Tinsley said.



outside of the classroom instead of hiding their emotions.

• "Manifesting," in which students are expected to teach back what they learned from the classroom with their community outside of school.

Word said she wants the program to spread to colleges across the state and for Highline to adopt Umoja's core practices throughout the entire institution.

Currently, a new cohort is in-

and move on to be a lawyer in New York.

"I want to take the practices, whatever we learned, the family to the other colleges that I go to."

Breanne Smith said she wants to transfer to UW to become a speech pathologist.

"I'm always going to remember this experience, because it's a great opportunity to take. I made a lot of new family in here. No matter where I am, I'll still always have this Umoja in my heart."

<image>

"That someone understands and is willing to act," Jo Robinson said.

"The missing piece that we never knew was missing," Haley Cummins said.

Umoja means unity in Swahili and the program is attempting to close the achievement and opportunity gaps between African Americans and students of different racial and socioeconomic backgrounds.

Test scores are rising among African American students, but the historical opportunity gap remains, compared to whites and Asians, according to the Washington state Commission on African American Affairs.

Umoja is open to all and offers required and elective classMike Simpson/THUNDERWORD

Umoja students say the program has made a positive impact on their lives that will stick with them.

es, such as math, English, science and ethnic studies, which degree seekers take as group throughout the entirety of the one-year program.

This is the first Umoja program in Washington public higher education, entering its third year at Highline.

It was modeled after California Umoja groups.

It features a community center, classroom and study hall in Building 25, which students and professors call "the village."

Here, students take classes, help each other with assign-

ments, celebrate personal and group achievements, and offer support systems for personal hurdles outside of school.

Umoja Program Coordinator Liz Word said the cohort operates by three principles, called heartbeat practices:

• "Raising intentional and deliberate purposefulness," in which all classroom material must be presented to students in a tangible sense that is relatable to everyday life.

• "Ethic of love," where students and teachers share their stories of joy and adversity from troduced once a year.

Word said she wants to see a new cohort of 25 students added per quarter.

"Umoja meets students where they are, whether it's straight out of high school or making a midlife change," Word said.

Students in the program said they will use Umoja principles throughout life.

Mackenzie Tinsley said she wants to transfer to an historically black college or university, to continue to contribute the Umoja principles that she learned in her new community. "Umoja has helped me get

on the right track," Tinsley said.

Destiny Ezell said she wants to transfer to a four-year college Chalisa Thompson said she is going into nursing and hopes to be a brain surgeon.

"I've always had a thing for helping people," she said.

Jo Robinson said he wants to be a general surgeon with Doctors Without Borders.

"I intend to be a pillar in my community as far as a representation of what is the best that I can do. And the color of my skin should be very much prevalent," Robinson said. "I've had a lot of brothers and sisters who have shown me how intelligent and amazing I could be, so I want to do that to other people as well."

Fact check everything before believing it

Social media is constantly around us and telling us what the news is.

We constantly believe and form our opinions based off of what social media tells us.

We don't take the time to do more careful research.

As a society we have learned to accept what is told to us and not question whether it's true.

We tend to listen to what we want to hear and forget or ignore the opposing side's argument because it doesn't match our morals and values.

We have learned to close our minds into thinking our belief is the best and only belief.

We seek news sources or social media outlets to back up what we believe.

But just because it's a news outlet or it's on social media doesn't mean it's credible.

As a society we need to relearn to question the sources or social media that back up our beliefs.

We need to be open to other opinions and other sources. Take for example the presidential election.

A day after the presidential election a Twitter user took a picture of some buses, adding that the buses were being used to transport paid protestors against president-elect Trump.

Except it was not true.

Another example from before the election is Pope Francis endorsing Donald Trump.

This however is not true. But people ran with it.

Much fake news is posted online.

Much of the fake news is posted to make fun of something or to make money out of it.

Either way people are just believing all the lies being posted. We as a society need to start fact checking everything we read or see on social media.

We can't just accept what is going around on social media. Facebook is one of the way fake news has been spreading.

Mark Zuckerberg, co-founder of Facebook, says they're looking to crack down on ads for fake news.

This is only one source in the which people get their news from. There's also Twitter.

While we read and agree to what the fake news is telling us, we forget to fact check anything.

We forget that people are paid to create fake news. We forget that some people just like making fun of things that are happening around us.

But if we take it seriously, we forget the importance of the truth.



Stop and listen to one another

Politics is a touchy subject.

Nothing else can threaten to harm a person's way of life or moral standards quite like the elected officials we choose. It's understandable that emotions run hot when politics are involved.

Unfortunately, some of the rhetoric that was spewed on the campaign trail has given merit to the beliefs of some unsavory individuals. And in turn it has put other individuals on the defensive.

This election season has shined a glaringly bright spotlight on just how divided our nation really is.

Many people feel disenfranchised by the government. So much so they have chosen to elect an individual whose rhetoric threatens to unravel the strides our nation has made in matters of equality, because the other option was viewed as "more of the same."

Not only is our government not listening to the public's needs, they no longer listen to each other — especially at a federal level. With the constant stalls in Congress, the give-andtake in politics that makes government tick like a Swiss watch is becoming scarce.

When our elected officials plant their heels and are unwilling to work across the aisle give a little to get a little — the whole thing falls apart just like the gears in a watch becoming entangled.

It's no wonder people feel dissatisfied. And it doesn't matter which side is to blame, the party in the Whitehouse is to blame in the public's eyes.

I went to a talk last week put on by the Association for Women in Communications titled After the Election: Notes from the Field. In this talk KING 5 political reporter Natalie Brand spoke about the election.

Brand spoke about the urban-rural divide between communities. She said that bridging the divide starts at the local level with local city leaders.

What's needed for one community isn't always right for the next. The common ground needs to be found. She spoke about the media having a responsibility to get out farther into rural communities.

Commentary



Jessica Strand

I think this would be a great step forward. This would not only help those communities feel like they have a voice and are seen, it would also help the rest of the urban city residents understand where they're coming from.

I took a day-trip to the mountains this last weekend and on our way through the miles of fenced pastures that we passed I noticed Trump-Pence signs attached to several gates. Us city dwellers sometimes don't realize that we live in a well-insulated liberal bubble.

We the people don't understand one another, and we're not stopping to listen to each other.

It's understandable for people to see it as the responsibility of our elected officials, or the media to burst that bubble because really, that's what they have signed up for. But I think bridging the gap starts at an even more local level than our city officials.

If we want to see change it starts in our homes, with our neighbors. Talking to the people around us who we might not agree with. several protests since Donald Trump was named president-elect. On Nov. 13 — the weekend after the election — I photographed a rally at Cal Anderson Park that turned into a protest march.

The information for the rally said it was open to everyone — Clinton supporters and Trump supporters — to come together in love and heal with each other.

It was a noble idea, but when a Trump supporter showed up wearing his Trump-Pence shirt with a sign reading "free hugs" he wasn't welcomed with open arms. There were a few individuals who were noticeably upset and who confronted him in anger.

Again, politics is a hard subject to come together over because of how it affects people on a personal level. And it's easy to think that because someone voted a certain way they must subscribe to everything that candidate stands for.

The truth is, there are several reasons why we vote for the candidates we vote for, and not all our views are aligned.

The election of Trump has given rise to an extremely racist, sexist, and bigoted minority who feel as if he validated their beliefs. That leads to justified fears.

But not all Trump supports fit in that category, just like not all undocumented immigrants are criminals and rapists.

In order to bridge the divide, we must be willing to let down our defenses and listen to one another. We need to not judge one another on who we voted for before really listening to the reason why. Everyone wants their feelings validated.

Jessica Strand is the managing editor of the Thunderword.

Our city streets have seen

Have something to say? Write to us!

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

| tho | Staff | 66 | Happy Birthday Jenee! | 99 E-Mail: t | word@highline.edu |
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THUNDERARTS

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The Ultimate Christmas Show (abridged)

The Burien Actors Theatre will host a Christmas-themed comedy by Martin and Austin Tinchenor. Much different than a typical Christmas Carol or Miracle on 34th Street production, The Ultimate Christmas Show features three actors presenting every thinkable Christmas show. The show runs from Nov. 25 to Dec. 18 at various times. Ticket prices vary and discounts are available on specific dates. The theater is at 14501 4th Ave. S.W. For more information, visit burienlittletheatre.org

Santa Parade and Tree Lighting

The City of Auburn will host a free holiday-themed parade and Christmas tree lighting in Downtown Auburn on Dec. 3. The parade line-up begins at 4 p.m. on E. Street. N.E. The parade is followed by community caroling and lighting of a Christmas tree by Santa at City Hall. All ages are welcome and registration is required. One can register online or by mail. For more information, visit auburnwa. gov

Yule Be Rockin' Concert

The Auburn Avenue Theater will host Yule Be Rockin', a holiday-themed family concert on Dec. 3. The concert will be performed by Eric Herman and the Thunder Puppies. Ticket prices are \$8 and the show is at 6:30 p.m. Auburn Theater is at 25 W. Main Street. For more information, visit auburnwa.gov

Holiday Sip n' Shop

Downtown Kent will host a Christmas shopping and wine, beer and spirit tasting event on Nov. 26. The event will include gifts from small businesses, local artists and toy shops. Tasting tickets are \$20 and can be purchased at downtownkentwa.com. The event runs from 3-6 p.m. and is at 200 1st Ave. S.

Help for the holidays

Local groups offer meals for those in need this holiday season

By Kelsey Par Staff Reporter

Local food banks, businesses and organizations in South King County are working hard to ensure that no one goes hungry this holiday season.

The Des Moines Area Food Bank will distribute a full holiday meal for those who are eligible. Eligibility is based on income and household size.

The distribution will take place through the United Methodist Church today from 9 to 11:45 a.m. The church is at 22225 9th Ave. S. For more information, visit myfoodbank. org or call 206-878-2660.

The Maple Valley Food Bank will provide Thanksgiving food baskets including turkey, fixings, and pie for those eligible. The service area includes the Tahoma School District, Maple Valley, Covington, Ravensdale and Black Diamond.

Photo ID and proof of current address is required. The food bank is open today from 10:30 a.m. to 1 p.m. and is at 21415 Renton Maple Valley Rd. For more information, visit resourcehouse.info or call 425-432-8139.

The St. Leo Food Connection in Tacoma has been giving to families for more than 35 years and plans to continue the tradition this holiday season.

St. Leo Food Connection School District bounds. is partnered with the St. Leo Catholic Parish and is one of at 1200 S. 336th St. For more inthe largest food banks in the formation, visit resourcehouse.



Jessica Strand/THUNDERWORD Community members filling their bags with food at the Des Moines Area Food Bank last year.

state. It is regularly open Tuesday through Thursday, but that is subject to change for the holidays.

The hours are 10 a.m. to 5:30 p.m. today and it is closed for the rest of the week. The food bank is at 1323 S. Yakima Ave.

For more information, visit foodconnection.org or call 253-383-5048.

Federal Way's Multi-Service

Center is offering Thanksgiving food bags for those in need. Eligibility is based on income and household size. The center is open today from 10 a.m. to 2 p.m. and is closed on Nov. 24 and Nov. 25.

The Multi-Service Center also will distribute holiday food on Dec. 12, Dec. 14, and Dec. 15-16. The Multi-Service Center offers both supplemental and emergency food for residents who live in the Federal Way

The Multi-Service Center is

info or call 253-838-6810.

The REACH Center of Hope in Renton will host a free meal for the community of Thanksgiving day. REACH also provides a free meal for anyone in need on Christmas day.

The dinner is from 1-3 p.m. at Luther's Table, 419 S. 2nd St. For more information, call 425-277-7582.

The New Freeway Hall in Seattle will host a Thanksgiving Feast Tribute to Native Americans on Thanksgiving day that is open to the community.

A buffet of smoked salmon, salad, turkey, pies, and other dishes will be available from 3-5 p.m. followed by games and movies. The dinner donation is \$15 for adults and \$7.50 for children 12 and younger.

Reservations are preferred and the dinner is at 5018 Rainier Ave. S. For more information and to RSVP, call 206-722-2453.

For those wanting to donate

and luncheons that are now accepting donations to serve the local community.

The Des Moines Area Food Bank is now accepting canned food from through Dec. 16, at various locations on the Highline campus.

Barrels for canned food donations will be in Building 1 at the new Testing and Placement Center; Building 6 upstairs and downstairs near the stairwell; Building 16 at the Print Shop; Building 25 on the Library's main floor; Building 29 on the second floor; Building 30 near the main entrance; and Building 99 by the main entrance.

The Highline classified staff and Highline Foundation will co-sponsor a raffle during the annual Winter Luncheon for staff and faculty on Dec. 15, that will benefit the Des Moines Area Food Bank.

Kent Winterfest

This year's Kent Winterfest will include an array of holiday-themed family events. Activities include cookie decorating, storytime reading, live chorale performances, and a tree lighting ceremony hosted by Santa. The event runs from 3:30-7:30 p.m. at Towne Square Plaza and Kent Station. The event is free and will offer popcorn, hot cider and hot chocolate. For more information, visit visitkent.com

this holiday season, there is an array of upcoming food drives



Des Moines Area Food Bank Photo

King 5 and Northwest Harvest will work together to host this year's largest food drive at various locations in Washington. Local locations include the U.S. Bank in Tukwila, the Northgate Mall and Tacoma Mall.

Staff and volunteers will collect food for Northwest Harvest on Dec. 3, from 7 a.m. to 7 p.m. For more information, visit northwestharvest.org.

The Auburn Food Bank is accepting donations and is in need of hygiene items, peanut butter and pasta.

Donations are accepted Monday, Tuesday, Thursday and Friday from 9 a.m. to 1 p.m. The food bank is at 930 18th Place N.E.

Staff members at the Des Moines Area Food Bank passing out food to those in need.

Participation in the arts makes a difference

When many school boards face tight budgets, there almost always seems to be enough funding for sports, even if it means depleting all arts funding.

The arts are as equally important as sports, so it makes one wonder why the arts continue to take the back seat.

In a perfect world, all extracurricular activities in schools would be fully funded. However, that's not the case.

There are many proven positive social and emotional benefits of participation in the arts. According to 2015 research by the National Endowment for the Arts, access to activities such as music, song and dance; drama and theater; and visual arts and crafts can allow children to practice communication, social and emotional regulation skills.

The research also states that children who participate in visual arts such as drawing, painting or sculpting experience improvements in their fine motor skills.

"The arts are important because they are part of the human experience. The arts address other crucial aspects of a child's learning that they don't receive throughout the school day and allows for higher engagement," said Stefan Nelson, Highline School District's cultural specialist.

Unfortunately, there is a significant number of students who don't have access to the arts.

"Only 60 percent of our students have access to the arts which leads to a tremendous in-

Par for the Course



Kelsey Par

equality. One third of students doesn't get to participate in the arts and most of these students are those who have low standardized test scores," Nelson said.

Students with learning disabilities or low test scores are required to replace their art classes or elective for another academic class, he said.

Such limiting of access to arts education then leaves students with a gaping hole in their education.

"It's important to embody creation and creativity while learning skills that are worthy of the 21st century work world," Nelson said.

According to recent research from the University of Wisconsin, the skills that are experienced through the arts are applicable to an endless array of career options.

People who participate in the arts gain communication skills, a better understanding of the human behavior, creative thinking and problem solving skills, time-management skills, commitment to deadlines, leadership skills, and more.

These skills are very transferable and will benefit them later in life, regardless of the career they choose to pursue.

Many of these skills can also be gained through sports and used later in life, but there needs to be more options for those who are unable to participate in sports.

The problem isn't that there is a lack of teachers to instill the arts, it is that there is a lack of funding for art programs.

"I'm not afraid to admit that sports are well funded no matter what and the arts aren't given the same amount of funding," Nelson said.

Both sports and arts participation are important because they require discipline and focus.

Growing up, I participated in soccer, basketball, track, choir, band and orchestra and can confidently say I wouldn't have made it through school without those activities.

For me, sports were a way to clear my mind of all thoughts and worries while pushing my body to the limit.

The arts allowed me to rid my mind of negative thoughts and anxiety while working toLucas Phung/THUNDERWORD

wards something that would ultimately make me feel better about myself.

These are just some of the many benefits of sports and arts participation.

There are proven benefits to both sports and the arts, and it's unfair to choose one over the other.

While a large group of people find joy and can express themselves through sports, a large group of people also experience the same through the arts. To fund sports over the arts is discriminatory.

Kelsey Par is the arts editor of the Thunderword.

Symphony offers festive holiday music

St. Luke's Lutheran Church in Federal Way will host a unique performance with a mix of holiday-themed entertainment and traditional symphonic music from the Federal Way Symphony.





The first half of the performance will feature artists K. Lee Morris on the violin and Shannon Cassady on the piano.

Morris is just 17 years old and has been studying the violin for more than seven years. Morris will perform Ravel's rhapsody for violin, *Tzigane*.

Cassady said she has been passionate about the piano since the age of 7 and has performed twice as a soloist at the Ten Grands gala concerts at Benaroya Hall. She will perform Ravel's *Piano Concerto in G*.

The second half of the performance will consist of a collection of holiday-themed music performed by pop artists Rachel DeShon and Michael Nim.

DeShon has performed both

Miller Design Photo

The Federal Way Symphony performing a festive holiday concert.

nationally and internationally and was awarded "Seattle's Littlest Diva" by the Seattle Fine Arts Examiner.

Nim frequently performs with Lyric Opera Northwest and been in several well-known productions including *Carmen*, *Oliver* and *Madama Butterfly*.

Music in the second half of the performance is scored by Avi Lasser and Garrett Overcash, members of Seattle's Hevanti Productions.

Tickets are \$33 in advance for adults (\$36 at the door); \$29 in advance for seniors ages 60 and older (\$32 at the door); \$15 for students 19 and older; and free for youth ages 18 and younger.

The show is Dec. 4, at 2 p.m. St. Luke's Church is at 515 S. 312th St.

For more information, visit federalwaysymphony.org or call 253-252-2693.



Arts news? thunderword@highline.edu

THUNDERSPORTS November 23, 2016 | Highline College | Page 7 T-Birds claim first dual victory

By Konner Hancock Staff Reporter

The Highline men's wrestling team defeated Grays Harbor and then their trip to the Spokane Open was ended a bit early.

The T-Birds faced off against the Grays Harbor Chokers last Friday where they won.

"The guys did a good job coming out to the mat prepared," said Scott Norton, Highline men's wrestling head coach.

Highline wrestled hard and matched up well with Grays Harbor, he said.

Then the team competed in Spokane last Sunday to wrestle against 16 others squads from colleges in Washington, Idaho and Oregon.

"Highline is currently ranked 17th in the nation as a team. However, we are definitely not wrestling at that level," said Norton.

The tournament started at 9:30 a.m. and was put on by the Spokane Sasquatch, however the tournament wasn't run well, said Norton.

"Some guys would have byes on the brackets which meant they weren't supposed to wrestle, and they would get called to wrestle and would be completely unprepared. It was a frustrating," he said.

The tournament ran until



Highline's Claudeus Laude grapples with Grays Harbor wrestler.

11:30 p.m. but Highline had to forfeit their spot early in the tournament to make it back home because of their classes the next morning.

Because of the abrupt departure, most of the wrestlers were not able to compete for the top four spots in their weight class. "Mario Luevano wrestled well at 184 as did Justin Weiding

well at 184, as did Justin Weiding at 174 who made it to the semifinals. Those were really the guys that surprised me," said Norton.

Although a majority of the Highline wrestlers were kept from having the chance to place, some of the wrestlers still rank among the top competitors in the nation. Andrew Ramirez ranked No. 4 in the nation at 141, while Miguel Morales is the No. 5 heavyweight.

The squad has started 1-1 in with duals, however they have yet to place top five in any of their tournaments they have attended.

"I think the problem is I expect our guys to win almost every time they step out there but they don't. That is something they are going to have to work through. I have several starters who are not making the transition from high school to college," said Norton.

The Highline wrestling squad is made up of 65 percent freshman.

"I think our team has a long way to go. I have some guys in the lineup that I expect to win every time but aren't. Thus far I feel our team has wrestled at about 25 percent of what we're capable of doing," he said.

The team's next dual is after Thanksgiving break on Dec. 2 in Clackamas Oregon. against the 1-1 Clackamas Cougars.

Highline and Clackamas match up well and the T-Birds wrestlers aim to be completely healthy before their time on the mat, said Norton.

Highline loses at home to start new season

By Konner Hancock Staff Reporter

The Highline women's basketball team lost their first preseason game of the year, 60-43 to Wenatchee Valley.

The Lady T-Birds played at home against the Knights last



ing 43 percent while Wenatchee shot 82 percent from the line. The Knights almost scored 15 to Highlines 8 off free throws.

Offensively the team did not perform like they should, rebounds were another major point of struggle, she said.

Defensive and offensive rebounds were all mostly grabbed by Wenatchee. The Knights leading rebounder was forward Makenna Faulkner with 7 grabs, and three of her teammates each notched 5 rebounds, guard Devenee Villareal, forward Treasure Farnmer and Taylissa Swan.

Friday, where they were behind the entire game.

"They outplayed us in most categories. Defensively they rattled us and made it hard for us to make shots," said Amber Mosley, Highline women's basketball head coach.

Highline wasn't ready for that kind of competition this early in the year, but it was good for the team to be challenged, she said.

The Knights totaled 17 points off Highline's turnovers and stopped Highline's offense 38 times throughout the entire game.

However, the T-Birds were able to create 18 points off the Knight's turnovers and stopped Wenatchee 45 times, but that was not enough to stop the other team's offense.

"We spend a lot of time on defense. Yes, we now need to shift Bao Tran/THUNDERWORD

Forward Theyoung Puoy attempts to block a Wenatchee player.

our focus to offense," said Mosley. The T-Birds offense shot 33 percent from 2-point range and 19 percent from the 3-point line. T-Bird forwards Theyoung Puoy, Talisha Snyder and Jasmine Hansgen all shot at or above 50 percent. Puoy shot 6 for 12 and led the team in scoring with 14 points, while Hansgen scored 9. Highline was also behind in the free throw category shoot-

Highlines Ariel Miller led the team with 6 rebounds.

Wenatchee grabbed 55 percent of all the rebounds, 62 percent of the defensive rebounds and 51 percent of the offensive rebounds.

"We should be able to crash the boards harder," Mosley said. The team's next action is in the Bellevue Tournament, Dec. 2, 3 and 4. The tournament starts at 5 p.m. when the T-Birds will face the Lane Titans.

T-Birds fall in first game

By Konner Hancock Staff Reporter

The Highline Men's basketball team fell short on their first preseason game to the Clackamas Cougars, 89-83.

The T-Birds faced off against the Cougars, in Clackamas, this past Friday. Although the team was behind a majority of the time, Highline played well for their first outing, said Che Dawson, Highline men's basketball head coach.

"We did a nice job of running the floor and attacking the basket offensively. We played together but didn't always execute as well as we needed to on the road against a good team," he said.

Clackamas outrebounded Highline 49-38, giving the Cougars six more shots from the field. Moreover, Clackamas notched 28 assists to only 16 for Highline, indicating better ball distribution.

Highline only hit 10 of 27 from the 3-point line.

"I think we can shoot the ball even better from the 3-point line," said Dawson.

Ryun Gibson led Clackamas with 20 points, 13 rebounds and seven assists.

Jamie Orme led the T-Birds with 21 points, 13 rebounds and four assists.

Austin Anderson added 19 points for Highline, and Jared Murphy had 12.

On defense the T-Birds were able to produce eight steals,



Jamie Orme makes a layup in a scrimmage against Christian Faith on Oct. 28.

three blocks and create 18 total turnovers. However, the team was only able to turn eight of those turnovers into points.

"Defensively, we're also good, not great. We have to be more disciplined in our positions and rotations," he said.

Orme had four of Highline's eight steals and Malik Townsend had two of the T-Birds' three blocks.

"Our effort on the glass and for loose balls has to improve. We also need to execute and become more disciplined in the nuances of our offensive and defensive schemes," said Dawson.

The team's next game is another non-division match, Nov. 26, against the Shoreline Dolphins at Highline in the Thunderdome, 7 p.m.

Shoreline opened its season with a 65-64 win at Wenatchee Valley.

Highline is trying to build on a sixth-place finish in last year's NWAC championships.

"I expect all of our guys to get better individually for the sake of the group," said Dawson.

Highline stumbles in playoffs

By Aleyah Bennett Staff Reporter

Highline women's volleyball team dropped two matches and did not place in the NWAC tournament at the Greater Tacoma Convention and Trade Center last weekend. The T-Birds stumbled out of the starting blocks, losing their first match Friday to Blue Mountain 3-0.





Page 8

Women's Basketball

WEST

| WEST | | |
|----------------|--------|--------|
| Team | League | Seasor |
| Green River | 0-0 | 1-0 |
| Lower Columbia | 0-0 | 2-1 |
| Tacoma | 0-0 | 2-1 |
| Grays Harbor | 0-0 | 1-2 |
| S Puget Sound | 0-0 | 1-2 |
| Centralia | 0-0 | 0-1 |
| Highline | 0-0 | 0-2 |
| Pierce | 0-0 | 0-3 |
| | | |
| | | |

EAST

| Team | League | Seaso |
|------------------|--------|-------|
| Walla Walla | 0-0 | 3-0 |
| Columbia Basin | 0-0 | 2-0 |
| Spokane | 0-0 | 2-0 |
| Big Bend | 0-0 | 1-0 |
| Treasure Valley | 0-0 | 2-1 |
| Wenatchee Valley | 0-0 | 2-1 |
| Yakima Valley | 0-0 | 1-2 |
| North Idaho | 0-0 | 1-2 |
| Blue Mountain | 0-0 | 0-2 |

NORTH

| North | | |
|-----------|--------|--------|
| Team | League | Season |
| Bellevue | 0-0 | 1-0 |
| Edmonds | 0-0 | 0-1 |
| Shoreline | 0-0 | 0-1 |
| Whatcom | 0-0 | 0-1 |
| Olympic | 0-0 | 0-2 |
| Everett | 0-0 | 0-2 |

SOUTH

| Team | League | Season |
|-----------|--------|--------|
| Lane | 0-0 | 3-0 |
| Mt. Hood | 0-0 | 2-0 |
| Clackamas | 0-0 | 1-0 |
| Clark | 0-0 | 1-0 |
| SW Oregon | 0-0 | 1-1 |
| | | |

Men's Basketball

WEST

| Team | League | Season |
|----------------|--------|--------|
| S Puget Sound | 0-0 | 2-0 |
| Lower Columbia | 0-0 | 1-0 |
| Pierce | 0-0 | 1-0 |
| Grays Harbor | 0-0 | 0-1 |
| Highline | 0-0 | 0-1 |
| Tacoma | 0-0 | 0-1 |
| | | |

EAST

Pumehana Nedlic had five aces, Gaines had eight kills and Eneliko contributed six kills in the losing efforts.

Satuerday night Highline boomed back to defeat Shoreline 2-0.

Gaines had six kills, as did Lehua Keka.

Eneliko chipped in five kills to send the Spartans packing.

Lehua Keke had six kills.

The T-Birds advanced to Sunday night play but lost to Clark 0-2.

Gaines had eight kills.

The Lady T-Birds finished 12-2, landing them the No. 1 spot in the Western Division.

Eneliko had six kills, and both Marter and Alicuben had five kills.

Highline finished the season 12-2 in league and 30-5 overall.

Although they didn't bring home top honors, various teammates did collect a lot of awards. Megan Van Marter was awarded West Region Most Valuable Player, Taylor Alicu-

ben was awarded West Region first team All-Star, Zoe Gaines was awarded West Region second team All- Star, and Apryll Eneliko was awarded West Region Second Team All-Star.

| Team | League | Season |
|------------------|--------|--------|
| North Idaho | 0-0 | 2-0 |
| Treasure Valley | 0-0 | 2-0 |
| Walla Walla | 0-0 | 1-0 |
| Blue Mountain | 0-0 | 0-1 |
| Columbia Basin | 0-0 | 0-1 |
| Wenatchee Valley | 0-0 | 0-1 |
| | | |

NORTH

| Team | League | Seasor |
|-----------|--------|--------|
| Shoreline | 0-0 | 2-0 |
| Peninsula | 0-0 | 1-1 |
| Edmonds | 0-0 | 0-1 |
| Olympic | 0-0 | 0-1 |
| | | |

0-0

0-0

0-0

0-0

Seasor

2-0

1-0

1-0

0-1

| SOUTH |
|-----------|
| Team |
| SW Oregon |
| Umpqua |

Clackamas

Lane



Weekly SUDOKU

by Linda Thistle

| 2 | | | 5 | | | 6 | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | | | | 7 | | | 5 |
| | | 1 | | 6 | | | 7 | |
| | 7 | | | 2 | | | 4 | 9 |
| | | 3 | 4 | | | 8 | | |
| 5 | | | 9 | | 1 | | | 2 |
| | | 9 | | 5 | | | 8 | |
| 8 | | | | | 3 | | | 7 |
| | 4 | | 1 | | | 5 | | |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: •

Moderate A Challenging ♦ ♦ ♦ HOO BOY!

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1. TELEVISION: The company of Dunder Mifflin was the location of which television comedy series?

2. GEOGRAPHY: In which U.S. state is Lake Shasta located?

3. MOVIES: What World War II miniseries' title came from a phrase in Shakespeare's Henry V?

4. INVENTIONS: What was the 20th-century bathysphere used for?

5. MUSIC: What Beatles' song contains the lyric, "La la how the life goes on"?

6. BUSINESS: At what convenience store can you buy a

7. FAMOUS QUOTATIONS: What 19th-century Dutch painter once said, "I put my heart and my soul into my work, and have lost my mind in the process"?

8. GENERAL KNOWL-EDGE: When did Apple release the first Macintosh computer?

9. U.S. STATES: What is the state of Alaska's nickname? 10. SCIENCE: What is absolute zero in Celsius?

| 10273 degrees C |
|------------------------------------|
| 9. The Last Frontier |
| \$. 1984 S |
| ია Vincent Van Gogh |
| 6. 7-Eleven |
| £. Оb-La-Di, Оb-La-Da |
| 4. Undersea exploration |
| Band of Brothers |
| |

- 2. California

ARIES (March 21 to April 19) Keep those sharp Sheep eyes focused on a hazy situation. As things begin to clear up, you'll find a sharper picture emerging, showing something you will need to

know. TAURUS (April 20 to May 20) Watch your expenses through the end of the month. Later, you'll be glad to have extra money to pay for something that will make an acquisitive Bovine's heart beat faster. **GEMINI** (May 21 to June 20) You're now ready to make that oft-deferred commitment, if you still believe it's what you want. Don't be afraid to change your mind if you feel you should go in another direction. CANCER (June 21 to July 22) Now that you are moving on with your life after that recent disappointment, how about reactivating your travel plans and taking someone special along with you. LEO (July 23 to August 22) Many new friends come into your personal life, which suits all of you social Lions just fine. However, one new



friend might make demands that you could find difficult to deal with.

VIRGO (August 23 to September 22) Communication doesn't exist unless it's twoway. So if you're getting no replies to the signals you're sending, it could be time to caused problems recently will soon be repaired, and life can return to normal. A colleague has a surprising message to deliver.

CAPRICORN (December 22 to January 19) Your partner might feel that you haven't been as open with him or her as you should be. Deal with this now, before it turns into something more difficult to handle.

AQUARIUS (January 20 to February 18) Good news: Many of the stumbling blocks that affected the progress of some of your career projects are fading away. Things also start to look up on the home front. PISCES (February 19 to March 20) You'll need that strong Piscean pluck to get through waters that will be turbulent for a while. A more positive aspect soon emerges, along with some welcome news.

Page 9

Big Gulp?

1. The Office **S**19WSNA

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: **

★ Moderate ★★ Difficult *** GO FIGURE!



Got news? Thunderword@highline.edu

look for someone more receptive.

LIBRA (September 23 to October 22) A workplace complication that you thought was ironed out develops new wrinkles that need attention. Meanwhile, expect continuing improvement in your home life.

SCORPIO (October 23 to November 21) A tense personal problem needs to be talked out before someone decides to walk out. Resist making decisions until full explanations are offered from both sides.

SAGITTARIUS (November 22 to December 21) A technological glitch that

BORN THIS WEEK: You are zealous in the pursuit of truth. You would make an excellent research scientist.

Puzzle answers on Page 12

Students fear Trump regime

By Olivia Sullivan Staff Reporter

From climate change to hate crimes, Highline students had a lot to say at a political forum on Monday morning.

The open, student-driven conversation and question forum focused on the 2016 elections and president-elect Donald Trump.

More than 175 students, faculty, and staff attended the forum to discuss Trump's campaign promises and ask questions about what is in store for the future of the United States.

The forum also created a space for students to share their first-hand experiences with hate crimes.

Erica Juarez-Ramos is a first-year Highline student. Both of her parents are undocumented immigrants and since the election of Trump, many of her family members have been the victims of hate crimes.

While working at a cosmetics store, Juarez-Ramos was helping a Caucasian client. The client continually asked her who she had voted for and wanted to discuss politics.

After resisting for a while, Juarez-Ramos told the woman her voting decision and about her family life.

"The woman said she refused to be touched by someone whose parents were undocumented," Juarez-Ramos said.

Another time recently, Juarez-Ramos was walking in her neighborhood when a group of men began to yell things at her, such as "Go back to Mexico."

Not only are the hate crimes happening to her, but also to her family members.

Her little brother is in fifth grade, and at just 10 years old, he is facing discrimination from classmates.



Students from the crowd ask questions about Trump's presidential plans during a political open forum on Nov. 21.

"His classmates harassed him and told him that him and his family were going to have to go back to Mexico," Juarez-Ramos said.

When he came home, the little brother asked his parents if this was true, she said. The parents were in tears as they tried to reassure their son and explain why he should not talk about those things.

Paper, envelopes, and pencils were passed around the crowd to encourage students to express their comments or questions, if they did not feel comfortable speaking in front of the crowd. Although Hillary Clinton won by popular vote, nearing 1.5 million more votes than Trump, he won due to electoral college votes.

"Hillary did not reach out to blue-collar voters in rural areas," said Dr. T.M. Sell, a political science professor at Highline. "Trump did better than expected."

The Electoral College is the current system and it won't change without a constitutional amendment, Dr. Sell said.

Throughout his campaign, Trump was infamous for his absurd comments regarding minorities and women, among other groups.

Dr. Ben Gonzalez outlined some of Trump's promises made during the campaign and his position on the matters now.

Trump said the idea to build a wall between the U.S. and Mexico is still in the works, Dr. Gonzalez said.

"Trump talked himself into a corner in many circumstances," Dr. Gonzalez said.

As for removing undocumented immigrants from the country, Trump has shifted his focus onto the removal of criminal immigrants.

"[Trump] remains dedicated to deportation," Dr. Gonzalez said.

In areas such as Muslim registration and health care, Trump seems to have unclear definitions and visions of his plans.

"The difficulty with Trump's presidency is that we don't know a lot of these things," said Dr. Gonzalez. "We don't know but "They're not really in a position to wave a wand and remove [women's rights] overnight," Dr. Sell said.

There is little to no chance of electors changing their minds, he said.

Trump has recently been in hot water over a pending rape trial, controversy over his tax records, and for his Trump University fraud case.

The accuser in the trial withdrew, Trump has used the tax law to his advantage, and he agreed to pay a settlement of \$25 million for the fraud case, Dr. Sell said.

"So far, he's dodging those bullets," he said.

Despite the new government leaders, everyone must be wary of the information they take in, said Jennifer



Konner Hancock/THUNDERWORD Jennifer Ritchey, Dr. T.M. Sell, and Dr. Ben Gonzalez (in top photo) teach political science at Highline. there does seem to be resistance growing."

Students questioned whether Trump will apologize for the things he's said.

"There is no requirement for him to apologize," Dr. Gonzalez said. "And he doesn't seem inclined to."

Another Highline student asked if Trump and the Republican-dominated congress have the ability to take away women's rights.

A predominately Republican House of Representatives does increase the likelihood of Trump's administration passing more bills, said Jennifer Ritchey, a political science professor at Highline. It will be harder to strip away human rights, she said. Ritchey. It is important to check the creditability.

"Social media played a very big role in this election," Ritchey said. "We all have to be guardians of the information we take in."

If the word "truth" is in the URL, it is probably in fact false, Dr. Gonzalez said.

"If you look around this room, this is what America looks like," Dr. Gonzalez said in the forum. "This country is for all of us. Stand up for your fellow Americans, or just stand up for your fellow human beings."

If people stay silent and ignore the mistreatment, it breeds hate, he said.

"We have much more in common than we have differences," Dr. Sell said.

Summit

continued from page 1

a better life than hers, Powell said. Although she had peers saying that that her son would "end up like the rest of them."

"My mom didn't tell me this until I already had a job and graduated college because she didn't want me to be negative about my future," Powell said.

Powell shared the hope and determination his mother gave him with the future generation of black men at the summit by constantly reinforcing positive messages.

"Repeat after me: I am a genius," Powell said. The participants repeated this mantra over and over. Their voices grew louder and more united with each repetition.

Powell engaged his audience by stimulating discussion about their aspirations and opinions on leadership and masculinity.

"It's boring if you just have one guy stand up here and talk, so I want this to be a conversation," Powell said.

Much of the cafeteria was filled with young men who share similar dark skin tones. But after hearing their stories, it was clear they all held different hopes, dreams, backstories and values.

"I want to study engineering," a participant said.



'The people around you are all your brothers. They'll face the same struggle and discrimination as you.' — Kevin Powell

"I want to be a psychologist because I want to help people," said another.

"I want to go to the NFL," said yet another.

Each participant had different ideas of what it means to be a man. A man is defined by his ability to persevere through adversity, one person said. Another said he believed a man was someone who is not afraid to cry and show his emotions.

Powell challenged his audi-

ence to question certain aspects of their lives.

"I'm sure many of you guys are into hip hop," Powell said. "Just like you guys, I'm a huge hip hop head."

But Powell doesn't find modern hip hop artists to be something young black and brown men should aspire to. Young men should not accept the drug-glorifying, sexist and violent themes that run rampant in modern hip hop music, he said.

Some jeered at Powell's request, but many saw eye to eye with him.

"Bro, who cares?" asked one audience member.

"Well people think of us in a bad way because of those people who rap about stupid things," said a different audience member.

Although various attendees had unique aspirations, opinions and stories, all of their stories shared a theme: they are trying to fight the racist attitudes held against them by uniting as one community.

"There's a lot of hatred going on within the black community right now," Powell said. People of color committing violence against each other was too common for a group of people who should be united as one community, he said. This, especially during a time when the prevalence of racist attitudes against people of color are rising.

"The people around you are all your brothers, they'll face the same struggle and discrimination as you," he said to the audience.

After Powell wrapped up the keynote, the participants were split into 16 groups for roundtable reflections.

Each person had his own reason for attending the summit. Many of the attendees woke up early on a Saturday to simply learn how they can impact their community.

"I think it's not just about the black and brown community," said 15-year-old Ethan Wilson. "I feel that even though I'm Asian, I can still impact my community."

"I wanted to get more educated," said 16-year-old Diego Martinez. "They don't teach stuff in school like this."

During lunch, hip hop music was blasted through the Student Union. Many young men of color went to the front stage along with 34-year-old volunteer Loyal Allen Jr. so that they could dance.

"As long as I'm current with the latest trends I know we can connect," Allen said.

As more and more people joined those who were dancing on stage, the once divided group of strangers had quickly turned into a united community full of smiling faces.

After lunch, the crowd heard various additional speakers. Clinton Taylor taught his group how to change their negative attitudes on life.

Brendan Nelson, the president of Nvision Professional Services, taught his group to reflect on the societal messages, concepts and stereotypes of masculinity.

"This gives us a sense of brotherhood," 16-yearold Ramon Abeyta said. "It makes us realize that we the people of color will face the same struggles in life and that we can go through it together," he said.

Thankful

continued from page 1

have a mom that is caring and always there for me. The things you take for granted every day are more apparent after something like this," she said. "I appreciate every moment with my mom. She is my world."

Another student reflected on her family.

"I'm thankful for my sisters and my mom," said Juliana Reneè. "They offer so much

the only thing I can control is a good milestone," Alex Ryding myself," she said. "My thoughts, my reactions, my actions and the way to show love to others. I'm thankful to find peace in remembering that.

Another student reflected on the recent election.

"Things can get chaotic in life, especially with this recent election, but it's good to give thanks to your friends and family that will hold your hand through that chaos," Cindy Greyson said.

Some people reminisced on the past.

said. Life is a true blessing, too said one student.

> "I have a lot of medical problems, diabetes and bad kidneys to name a few," said Troy Hutchison.

> "I have been in and out of the hospital for years," he said. "At one point the doctors said I would not make it another five years. That was eight years ago. I am blessed. Every day I am thankful."

Highline faculty and staff seemed to be thankful for their jobs.

Programs, said that she was grateful for having a staff that's dedicated to making a change and staying passionate about their work.

She said she's thankful that they were able to help abused women move on and grow.

"Women's Programs is all about helping the community and finding ways to make things better," Toloza said. "That's the community that we have at Highline. We give because we know it's going to give back."

A Highline faculty member commented on her job as well.

"I'm grateful for having a job that I like, traveling, and being financially stable," said Cyrille Piton, a Highline French instructor.

Piton said that she will be spending Thanksgiving with her daughter and a former student who she taught more than 20 years ago, who she recently reconnected with.

Reporters Jacqueline Robinson, Zico Dumo, and Cris Romero, contributed to this story.

support and great advice."

Some people cherished friendships in their life.

"I'm grateful for finally establishing a friend group that is supportive and persistent," Alyda Marincovich said. "I finally have that group of friends whom I feel close with, and will be there whenever I need them."

One student was grateful in the peace she found, despite recent stressful times.

"In a world filled with so much hate I am thankful for love. Right now it's hard to not be frustrated with everything that's going on in America," said Marquetta James.

Her perspective helped her find solace.

"The way I view things is

"I'm just really glad and thankful that I have friends that accept me for who I am, I didn't really have that growing up," said a student who asked to remain anonymous.

Another student was inspired by her growth.

"Last year I was in such a bad place, I could hardly get out of bed, let alone live day-to-day life," Lessy Radmacher said.

"Now, a year later, I may still be reluctant to leave my comfy bed in the morning, but I'm getting things done. I want to live, and I'm thankful for that," Radmacher said.

Simply being alive was one student's reason to be grateful. "I'm thankful I've lived past 18. A lot of people don't make it

Derek Dean, a Public Safety officer, said that he is thankful for a positive work environment.

"I'm really thankful that I work in an environment where people are constantly supporting each other and feeding into each other's growth," Dean said. "It creates a positive atmosphere."

He said even the positivity of the students is uplifting.

"Highline College [students] are motivated to better themselves with learning, and in turn will grow to contribute to the world and give back to the community."

Another Highline staff member talked about her job.

Maria Toloza, the events past those years, and I think it's coordinator for the Women's

Be a Journalist -- or just look like one



and earn that all-important second writing credit Beginning Newswriting: Item no. 4181, 11am News photography: Item no. 4183, 1:30 pm

Fish

continued from page 1

They will not be taking over the old Weyerhaeuser facility.

It will house their corporate headquarters, food processing center, cold storage facility, parking lot and distribution hub.

The space will also be rented to area food companies as a cold storage facility and distribution hub for their products.

Save Weyerhaeuser Campus, a group of 460 neighboring homeowners and activists from South King County, said they oppose the development on environmental and safety concerns.

They say they want "high quality" jobs, like tech and research and development, similar to what the former occupant provided, not industrial jobs, which may come with noise, pollution and trucks.

Earlier this year, Weyerhaeuser, a wood products company and one of the largest owners of timberlands in the world, moved its headquarters to Pioneer Square in Seattle.

They sold the property to Industrial Realty Group, LLC, a firm specializing in developing and managing real estate earlier this year.

IRG says they are going through all environmental checklists before selling plots and have more in common with their opponents than they think.

They renamed the property the Greenline.

The campus was built in 1971, and celebrated for its hanging gardens style concrete modernist buildings, planted with low-lying plants that blend the five level structure with its surroundings.

Federal Way annexed the campus into its city limits in 1994.

The two signed a concomitant agreement, which required Weyerhaeuser to only build low-density structures, while preserving the open landscaping.

Together, Federal Way and IRG can change the agreements through amendments, according to a Federal Way request for information letter sent in October.

Lori Sechrist, president of Save Weyerhaeuser Campus, said Orca Bay would set the tone for future development in Federal Way. "We've gotta stop that first one," Sechrist said. "Because if the first one comes in, then it sets precedent." The property is zoned CP1 and OPI.

This is not industrial zoning and Orca Bay Seafood is, Sechrist said.

In order for Orca Bay Seafoods to qualify, they would need a CE zone, which doesn't exist in Federal Way, Sechrist said.

"With the concomitant agreement, there's very specific rules and laws of what can really be built in that area and it is not an industrial zone," Sechrist said. "A fish processing plant clearly is industrial."

"Even as an accessory use, food processing is not allowed," she said.

"It could very well be a warehouse, but it needs to be in the content of the zoning agreement that is unique for the property," Sechrist said.

Save Weyerhaeuser Campus wants "high-quality jobs," such as tech, research and development, "not warehouses, which have few jobs and lots of trucks," according to a Save Weyerhaeuser Campus spokesman.

Weyerhaeuser made \$7.1 billion in net sales in 2015, according to their 2015 U.S. Securities and Exchange Commission annual report.

Information technology positions within the company paid upwards of \$100,000 in the Federal Way campus.

Orca Bay Seafoods is a \$160 million food processing and distribution company of 200

employees in blue-collar and white-collar capacities, according to Orca Bay Seafoods.

Food processors on the factory floor tend to make minimum wage, an anonymous employee said.

Dave McGee, Orca Bay Seafoods the chief finance officer, said the move would be an exciting opportunity for his company to expand production capabilities.

He said Orca Bay Seafoods would sponsor youth activities and support the Rotary Club and Chamber of Commerce.

"We want to immerse ourselves in the community," he said.

Sechrist said Federal Way City Council members frequently thank her and the Save Weyerhaeuser group for voicing their concerns.

Councilmember Susan Honda said her experience is different because her husband worked for Weyerhaeuser for 38 years.

"We were pretty relieved that they weren't leaving the state," she said.

She wants the main building to be rented before more buildings are built and opposes the Orca Bay Seafoods move, she said.

"I don't think it belongs there," Honda said.

Councilmember Martin Moore said he wants to see "healthy growth" and shares the traffic concerns of many Federal Way citizens.

"We have a community of people that are rightfully concerned," Moore said.

The Federal Way City Council can advocate and push IRG to make decisions about the property, but at the end of the day, they are free to do what they want within the limits of the law.

"We're working with them in a fair capacity," Moore said.

IRG says they want what's best for Federal Way.

Tom Messmer is the vice president of special projects for IRG, responsible for due diligence on purchases of new properties.

"I'm trying to do the right thing and bring the city jobs and tax base," Messmer said.

The people who oppose the development want zero development, and while IRG will redevelop the wooded flanks of the property, the picturesque core around Northlake will remain the same, Messmer said.

IRG has no plans to disturb the popular bonsai and botanical gardens on the property, Messmer said.

"We're not proposing to cut down one tree on the lakefront," Messmer said. "Our visions aren't that different."

He said IRG is required by law to build to the 2016 King County stormwater standards, and to complete required air quality, noise and transportation studies.

"It's zoned for industrial; we still have to comply with everything," Messmer said. "Traffic, noise, air quality, trips, height regulations, coverage requirements, stormwater, I mean, all of it.

The entire property is valued at \$110 million, he said.

Because of the high cost to build a cold storage facility, the building that Orca Bay Seafoods would occupy will be valued at \$55 million and support 300 jobs, he said.

"That'll be the second most valuable building in Federal Way and the second biggest taxpayer in Federal Way after the Weyerhaeuser property," Messmer said.

Approximately \$450,000 would go to schools, \$65,000 to fire, \$35,000 to libraries and \$65,000 would go to the city for services such as police officers, Messmer said.

In contrast, a regular warehouse that Save Weyerhaeuser Campus said they would prefer over Orca Bay Seafoods would pay \$50,000 to schools and provide 40 jobs, Messmer said.

The main Weyerhaeuser building sits empty and IRG is attempting to get large corporate tenants from Asia, the Northwest, or technology companies from the Bay Area to fill the space and the additional two plots that are for sale, he said.

"We're trying as hard as we can to get these people and if we don't get them we'll get the next best thing and the next best thing may only be a warehouse. I don't know," Messmer said.



— Weekly SUDOKU — Answer





MESA

ALOE

Lawyers, foresters and civil engineers from the group drafted a comment letter to Federal Way.

The group showed up to a Federal Way City Council study session on the IRG proposal, and discussed effects of delivery trucks, destruction of urban forest, building height and potential ammonia leaks, on the nearby community until late into the night, she said.

"There's churches, there's schools. It's just unacceptable," Sechrist said.

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CAREER AND STUDENT EMPLOYMENT PRESENTS

Make It Happen Mondays!

Visit the Career and Student Employment Center and meet with a Career Consultant to help you find a job and get started on a resume. Reoccurring every Monday 9AM-4PM.

Tips For Success Tuesdays!

Visit the Career and Student Employment Center and attend a workshop to learn about interviewing, job search skills, resume help, and other career related skills. Reoccurring every Tuesday 1-2PM.

Work Study Wednesdays!

Attend a Work Study Orientation to learn about the requirements and steps to find a job on or off campus. Reoccurring every Wednesday 1–2PM.

Special Topic Thursdays!

Visit the Career and Student Employment Center to attend a workshop on specialized career related topics. Reoccurring every Thursday 1–2PM.



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