

the THUNDERWORD

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AP Photo

Port-a-potties are lined up in anticipation of Inauguration Day crowds in Washington, D.C. The vendor is Don's Johns, and tape has been applied to try to cover that fact.

Students wary of Trump

By Thunderword Staff

Donald Trump's ethics and morals are of concern to a number of Highline students on the eve of his inauguration tomorrow, but some say they feel his business background may be beneficial.

Trump is scheduled to take the oath of office on Friday, Jan. 20.

Jake Gibbs, a first-year student and political science major, said that from the fourth grade through now, the only primary recollection and experience of a president he has is of Barack Obama. He said he was never concerned about any ethical or



Donald Trump

character issues with Obama. But with President-elect Trump it's a different story.

"I want to say that Donald Trump [was] a great candidate and president-elect [who] represents and views all the people equally, but it's hard for me to say that after his comments about how Mexicans are thieves and rapists and his plans to ban

Muslims," Gibbs said.

Mohammed Sessay, who just started school again after a few years off, said that Trump's election is a step backwards for America regarding equal rights for women and minorities.

"Maybe these allegations of sexual assault were lies just to sway the election, but in any case, you at least have to wonder what type of person even gets accused. That type of person is rarely a person who will lead a nation," Sessay said.

Aaron Smith, a student who aspires to be in the political arena, said that he's very upset

See Trump, page 12

UW-Tacoma + Highline = Federal Way?

By Jessica Strand and Cinthia Velez-Regalado
Staff Reporters

Highline and the University of Washington Tacoma have agreed to work together to bring higher education to Federal Way.

The agreement is intended to move higher education to Federal Way, said Lisa Skari, Highline vice president for Institutional Advancement.

"We've been working on this for several years and there has been quite an effort on

the part of the city to create a higher education initiative in Federal Way," said Mayor Jim Ferrell.

Highline has had a plan to bring higher education to Federal Way for a long time as well, said Dr. Jeff Wagnitz, acting president of Highline.

"We used to rent space in Federal Way but we pulled out in the budget cuts of '07, '08, and we promised once we had the resources we would try to come back in," he said.

See UWT, page 11



Federal Way Mirror photo

Federal Way Mayor Jim Farrell, center, and acting Highline President Jeff Wagnitz, far right, were among the officials noting an agreement to explore putting a Highline/UW-Tacoma campus in Federal Way.



Dr. Jack Bermingham

Highline president undergoes open-heart surgery

By Jessica Strand
Staff Reporter

Highline President Dr. Jack Bermingham is recovering from open-heart surgery.

Dr. Bermingham was feeling unwell in the days prior to the holidays and sought medical attention.

"Dr. Bermingham ... de-

cided to go to his local hospital emergency room," said Dr. Patti Rosendahl, chief of staff for the president's office. "A series of tests were conducted to determine what the underlying issues might be, which took several days."

Once determining that surgery was required, his doctors created a plan for going forward.

"We understand that the initial plan was to replace a stent which was part of a procedure that was performed on Dr. Bermingham many years ago," Dr. Rosendahl said. "The surgical team revised their plan, and open-heart surgery was then performed."

While Dr. Bermingham is recovering, Vice President for

Academic Affairs Dr. Jeff Wagnitz is stepping into his shoes as acting president.

"So far, with winter break, it's been do-able to find time for both roles," Dr. Wagnitz said.

With the Winter Quarter

See Bermingham, page 12

IN THIS ISSUE

Campus life	2-3
Opinion	4
Puzzles	5
Arts	6
Sports	7-8
Food	9
News	10-12



Page 3

Enrollment down, despite crowded classrooms



Page 8

Men's basketball starts West Division play I-I



Page 10

Protests planned around the region for Inauguration Day



Hit and runs are on the rise here

This would provide additional lighting and will serve as a deterrent for car prowlers, which is one of the biggest crimes at Highline, said Highline Director of Public Safety and Emergency Management David Menke.

**Got news?
thunderword
@
highline.edu**

Campus safety forum open to all

Highline Public Safety officials and representatives from the Des Moines Police Department will be available for questions about safety in general.



Each week a guest speaker hosts a discussion on a science topic open to the campus. Seminars are in Building 3, room 102, at 1:30 p.m. each Friday. This Friday, Jan. 20,

The Inter-Cultural Center is accepting applications for the 27th annual Student of Color Conference until Jan. 20 at 5 p.m. Students from higher education institutions across the state will come together and have the opportunity to develop leadership skills. This years conference will take place in Yakima from April 6 to April 8. Applications can be picked up in the Inter-Cultural Center in Building 8, room 204. For more information, visit multiculturalaffairs.highline.edu or call 206-592-4350.

TRANSFER STUDENTS



**Worried about writing that personal statement for admission to your four-year school?
Attend Highline's TRANSFER PORTFOLIO REVIEW DAY! This is an opportunity to have your personal statement reviewed and receive valuable feedback from four-year Admissions experts!**



Wednesday, February 8th
Afternoon sessions
Register online: www.tinyurl.com/wi17tprd by January 31.
First come, first served!
Questions: transfer@highline.edu

Enrollment low even though it's crowded

By **Olivia Clements**
and **Jessica Strand**
Staff Reporters

Even though Highline seems crowded, Winter Quarter enrollment is down for the fourth straight year.

Students say there is still no parking, crowded lines, and classes are full.

"Highline is as busy as it always is to me. The parking situation has just gotten worse," said Anthony Martinez, a third-year student.

Savy My from the Public Safety agreed with the students. All 250 carpool parking passes have been sold out, she said.

The college measures enrollment by FTEs, or full-time equivalents. One student taking a class and another student taking two classes equals one full-time equivalent.

Even though enrollment is down, some categories are up. The Running Start FTE increased by 6 percent and the international students FTEs increased by 7 percent.

The full-time equivalent enrollment for Winter Quarter 2016 is 4,451. This quarter it is 3,882. That's a 12 percent decrease from last year.

"[The FTE number] may be a little misleading," said Dr. Jeff Wagnitz, acting president. "If you're looking at day-to-day en-



Jessica Strand/THUNDERWORD

Highline students patiently wait for their turn at the cashier in Building 6 on the bottom floor.

rollment numbers you have to remember that all of our adult basic education enrollments come in all quarter long."

Non-credit classes, such as GED diploma classes, don't start and end when credit classes do, so the FTE numbers at the end of the quarter will be higher than they are today, Dr. Wagnitz said. Taking that into account the numbers are proba-

bly down between 2 and 5 percent in state-funded students from last year, he said.

The state expects Highline to enroll at least 5,300 FTEs and bases its funding of the college on that number. About half the funds for Highline come from the state. The rest comes from tuition and fees.

"Really, the reason [FTE numbers are down] is that in the big picture our enrollment

cycle is countercyclical to the economy," Dr. Wagnitz said. "So we're now at a point where unemployment in King County is so low that anybody who can be working instead of being in school is working instead of being in school."

Around 2010, when unemployment rates were high, Highline was around 10 percent over-enrolled, Dr. Wag-

nitz said. The college knew to expect numbers would fall after the economy improved, he said.

The state has also increased restrictions for what is considered a state-funded student, Dr. Wagnitz said.

Although the state-funded numbers are down, the increased Running Start and international number increases offset the loss, he said.

Prepare for Transfer Fair and portfolio review next month

By **Katie Cummings**
Staff Reporter

If you want to transfer to a four-year college, you can attend two events to get information about colleges and their admissions/transfer programs next month.

The College Transfer Fair is on Wednesday, Feb. 8, in the first floor of the Student Union from 9:30 a.m.-12:30 p.m.

Transfer Portfolio Review Day is on Wednesday, Feb. 8, in the Mt. Constance Room, first floor of the Student Union from 1:30-4 p.m.

More than 25 four-year colleges will be attending the Transfer Fair to answer your questions and provide information about their admissions and transfer programs, ranging from Central Washington University, to Hawaii Pacific University, to the University of Phoenix.

"I believe four-year colleges are looking for students who can bring diverse perspectives and contribute positively to the college and to its student body," said Siew Lai Lilley, the director of the Transfer Center.

The best way to prepare for



Siew Lai Lilley

transferring to a four-year institution is to start early.

"[Students] should get connected to a faculty adviser early and also take the initiative to do some research on their own regarding the colleges they want to transfer to as well as their major," said Lilley.

After the Transfer Fair, the Transfer Portfolio Review Day will give students an opportunity to get their portfolios reviewed by college admissions representatives from colleges such as Central Washington



Highline students ask questions at a recent Transfer Fair.

File Photo

University, University of Washington, Pacific Lutheran University, and Saint Martin's University.

These representatives will be able to give you personalized feedback on your portfolio and

your transfer material.

"We host two portfolio events per year — during fall and winter quarters. Last fall, we had 35 student participants," said Lilley.

Registration is required. Stu-

dents can register for free in the Transfer Center or the Advising Front Desk, located on the first floor of Building 6 or online at www.tinyurl.com/wi17tprd.

Deadline for registration is Tuesday, Jan. 31.

Make America respect again

Racism, homophobia, and hate are still very much alive. President-elect Donald Trump will be officially inaugurated into office tomorrow. This tradition, in a way, will legitimize those hateful actions and words he is infamously known for. When the election results came in this past November, a majority of the world was shocked.

How could someone who sexually harassed women become a leader of our country? This is the person the country elected – a man who publicly mocked a handicapped reporter. A man who says climate change is a Chinese hoax. A man who openly uses racial slurs with no remorse.

While it seems as though this is a nightmare unable to wake up from, people must take the responsibility upon themselves to begin an active effort to make all people feel respected.

It is up to us, as a society, to model the treatment we would like to see reflected by our government leaders. Be the examples of love and acceptance, rather than falling into the traps of injustice.

Often times, people explain they did not vote this election because they are “just one person” and nothing could change due to one individual.

But in actuality, the one individual brave enough to show respect to another amidst a time of hate, could strike a societal change. Think of it as a chain reaction – someone does something kind to you, therefore you are likely to spread the kindness to another person and so on.

Since the election, President Obama has been a pillar of respect. Not one hateful word has come out of his mouth about Trump. On multiple occasions, he has silenced the crowd when they began to “boo” Trump’s name.

If you want to see a positive outcome of this presidency, it is up to us, we the people of the United States, to make America love again.

Just because our new leader has questionable morals does not mean every person must adopt those morals, too.

Highline is one of the most diverse colleges in Washington. We pride ourselves on the vast collection of ethnicities and nationalities here.

While this is an excellent place to practice and maintain a respect for anyone and everyone, you must take that respect beyond our campus boundaries.

When you decide to take that respect into your home to teach your family, or into your daily routines as you pass by strangers on the street, then we will be making a change.

Laws could be created and rules could be enforced, but there will never be a difference until people are seen as humans, not just labels or skin colors or stereotypes.

Our democracy only works if our politics reflect the decency of our people, President Obama said.

If it collectively takes a society to show the government how to be decent, then so be it. Society should be willing to work to correct the ethical lapse that has developed over the past few months.

It is tiring to see hate filling the news, ears and hearts of America. Do not turn a blind eye to the mistreatment. Put in effort to step out of your safe bubble of similar political beliefs and do what is right for mankind – not just for the person who votes the same as you.

Have something to say?
Write to us!

thunderword@highline.edu



Resolutions take some time

All I want for New Year’s is a better me.

As the last few days of December transformed from post-Christmas sadness into New Year hopefulness, I compiled a list of resolutions for myself. My main goals were to read one book per month, and to maintain a regular workout schedule.

While there are plenty other areas of my life that probably deserve more attention, I chose these resolutions because they encourage me to distribute my energy in positive outlets.

They are also incredibly attainable. I did not want to choose goals that were truly impossible because I would just be setting myself up for failure.

While physical health is important, your mental health makes a large contribution to your overall well-being, too.

When I don’t go on runs or lift weights often, I find myself to be overly stressed and ready to snap over small problems. As for my growing library, I genuinely enjoy spending hours with my nose buried in a book, but have not made reading for fun a major priority in recent years.

Whether your New Year’s resolution is to lose weight, quit a bad habit, or to save more money, you must remember what you have – a whole new time span of 365 days to better yourself.

It’s important to realize that you have all year to accomplish these goals.

For the over-achievers out there, you could set a different goal for each month. For people like me, you could set a couple



Olivia Sullivan

goals to last you the year and call it good.

The fiery inspiration of January can continue all year if you let it; do not be defeated by the lack of progress in the first month.

You must allow yourself time to better yourself. Better yet, allow time in between your goals. For the first few months, focus on one goal and dedicate yourself to it. Ace that class. Save your money. Quit smoking. Whatever it may be, remember that you can take it slow.

You could even set up resolutions for each season. For example, I live about two miles away from my job, so another one of my goals is to bike to work in the spring and summer. By including this physical activity into my schedule, I’ll also be maintaining a regular workout routine, and saving the environment while I’m at it.

Dr. Bob Baugher, a psychology professor at Highline, said the self-modification process of New Year’s resolutions requires certain steps in order to create, maintain,

and achieve your goals.

Anyone with a spark of inspiration for change must first define their goal in measurable terms, Dr. Baugher said.

If your plan is to lose weight, determine how much weight, how many days a week you will work out, and by what time you want to achieve a goal physique.

By defining the resolution, you give yourself a more explicit set of directions to follow rather than a vague idea that is likely to turn into a failed dream.

Along with your definitions, you need to write down the reasons why you want to accomplish this resolution. Be sure to write down the negative consequences that may arise if you do not meet your goal.

If you post these reasons in an obvious place, such as your bathroom mirror or as the lock screen of your phone, the visual effect of seeing your reasons makes your brain uncomfortable. Your actions are then more likely to follow in line with your goal, Dr. Baugher said.

A group of positive supporters should be there to congratulate you when you meet a milestone, or to offer encouragement when you stray from your path, but they should never bash you for any reason.

Your resolutions are for you and your life, not for others to criticize. Make yourself a priority, make your goals to better yourself a priority, and do not rush your goals. After all, you have a whole year.

Olivia Sullivan is the opinion editor of the Thunderword.

the Staff

Oh my God, she is a gorgeous woman.

E-Mail: tword@highline.edu

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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1. **MOVIES:** What animated movie featured *The Siamese Cat Song*?
2. **TELEVISION:** In the 1960s sitcom *Family Affair*, what was the name of Buffy's doll?
3. **GEOGRAPHY:** Ardennes Forest in Belgium was the site of what major World War II battle?
4. **HISTORY:** What leading figure in America's Revolutionary War took the pseudonym *Poor Richard* in his earlier writing?
5. **GENERAL KNOWLEDGE:** What is the more common name for the flower whose scientific name is *papaver somniferum*?
6. **BUSINESS:** How long

did the New Coke formula last after it was introduced in 1985?

7. **LITERATURE:** What mystery writer created the character of Kay Scarpetta, medical examiner?
8. **ASTRONOMY:** Where is the Lowell Observatory located?
9. **FOOD & DRINK:** What grated cheese is named for the capital of Italy?
10. **LANGUAGE:** What is a more common name for an apiarist?

1. *Lady and the Tramp*
2. Mrs. Beasley
3. Battle of the Bulge
4. Benjamin Franklin
5. The opium poppy
6. Less than three months
7. Patricia Cornwell
8. Flagstaff, Ariz.
9. Romano
10. Beekeeper

Answers

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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King Crossword

ACROSS

- 1 Aid
5 Verse
9 Wander about
12 Neighbor-hood
13 Fairy tale baddie
14 — de Janeiro
15 Coup in bridge or baseball
17 Moreover
18 Release
19 Patchwork horse
21 Mad
24 Roe provider
25 Golfer McIlroy
26 Haughty, strutting sort
30 Ms. Gardner
31 Bluefin and albacore
32 Oft-chanted initials
33 Round Table member
35 Smile
36 Transaction
37 Skin-covered craft
38 Stimulant
40 One who's gonna get it?
42 Address for 33-Across
43 Extensive treat for

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" — That a Shame"
Old foggy
Parched
Author Fleming
Fast-shrink-ing sea
PBS science show
International auto race
Expectorated
Tug
Yoko of
continent
Tug
Anti-riot chemical
Bee follower
Type of snake
Tease
Cold War abbr.
Toll road
Revolutionary War hero Nathan
Tackles' teammates
Regret
Bullring bravo
Actress

DOWN

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3 Meadow
4 Saute
5 Sit for a snapshot
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9 Courtroom group
10 " — That a Shame"
11 Old foggy
16 Parched
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21 Fast-shrink-ing sea
22 PBS science show
23 International auto race
24 Expectorated
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27 Yoko of
29 Tug
31 Anti-riot chemical
34 Bee follower
35 Type of snake
37 Tease
38 Cold War abbr.
39 Toll road
40 Revolutionary War hero Nathan
41 Tackles' teammates
44 Regret
45 Bullring bravo
46 Actress

ARIES (March 21 to April 19) Your batteries should be fully recharged by now, making you more than eager to get back into the swing of things full time. Try to stay focused so that you don't dissipate your energies.

TAURUS (April 20 to May 20) You're eager to charge straight ahead into your new responsibilities. But you'll have to paw the ground a little longer, until a surprise complication is worked out.

GEMINI (May 21 to June 20) Rival factions are pressuring you to take a stand favoring one side or the other. But this isn't the time to play judge. Bow out as gracefully as possible, without committing yourself to any position.

CANCER (June 21 to July 22) Reassure a longtime, trusted confidante that you appreciate his or her words of advice. But at this time, you need to act on what you perceive to be your own sense of self-interest.

LEO (July 23 to August 22) You need to let your warm Leonine heart fire up that new relationship if you hope to see it move from the "just friends"



level to one that will be as romantic as you could hope for.

VIRGO (August 23 to September 22) There's still time to repair a misunderstanding with an honest explanation and a heartfelt apology. The sooner you do, the sooner you can get on with other matters.

LIBRA (September 23 to October 22) Expect a temporary setback as you progress toward your goal. Use this time to re-examine your plans and see where you might need to make some significant changes.

SCORPIO (October 23 to November 21) Some missteps are revealed as the cause of current problems in a personal or professional partnership. Make the necessary adjustments and then move on.

SAGITTARIUS (November 22 to December 21) Jupiter's influence helps you work through a pesky problem, allowing your naturally jovial at-

titude to re-emerge stronger than ever. Enjoy your success.

CAPRICORN (December 22 to January 19) Set aside your usual reluctance to change, and consider reassessing your financial situation so that you can build on its strengths and minimize its weaknesses.

AQUARIUS (January 20 to February 18) Some recently acquired information helps open up a dark part of the past. Resolve to put what you've learned to good use. Travel plans continue to be favored.

PISCES (February 19 to March 20) Act on your own keen instincts. Your strong Piscean backbone will support you as someone attempts to pressure you into a decision you're not ready to make.

BORN THIS WEEK (Jan. 16- Jan. 22): You embody a love for traditional values combined with an appreciation of what's new and challenging.

Puzzle answers on Page 11

Got news? Thunderword@highline.edu

Arts Round up



Hard Travelin' With Woody

Centerstage Theatre will be featuring an award-winning show about American folksinger Woody Guthrie. Randy Noojin will be putting on the solo show which will include artwork and music, all packed with songs and stories surrounding Woody's life and spirit. General admission ticket prices are \$35 for adults, \$30 for seniors (ages 65+), \$30 for military, \$30 for youth (25 and under), and VIP tickets are \$50. The show continues through to Jan. 22 at 3200 SW Dash Point Road, Federal Way. For more information, visit centerstagetheatre.com.

The Peking Acrobats

The Kentwood Performing Arts Center is hosting The Peking Acrobats; they will be celebrating 30 years of performances with their 2016 North American Tour. Ticket prices are \$28 for seniors (ages 60+), \$15 for youth (25 and under), and \$30 for everyone else. The show is on Jan. 27 at 7:30 p.m. The show is at 220 Fourth Ave. S., Kent. For more information, visit kentwa.gov.

Federal Way Symphony

St. Luke's Lutheran Church will host the Federal Way Symphony Swing Band. These "classical tunes in a swinging style" will be led by Lonnie Mardis and Highline's own Todd Zimberg, and violinist Quinton Morris. Tickets are \$33 pre-sale for adults and \$36 at the door, \$29 pre-sale for seniors (ages 60+) and \$32 at the door, \$15 for all students (ages 19+), and free for youth (18 and younger). The performance is at 2 p.m. on Jan. 29 at 515 S. 312th St., Federal Way. For more information, visit federalwaysymphony.org.

The Pajama Game

5th Ave Theater will be showing the award-winning and critically acclaimed musical, The Pajama Game. Ages 10 and older are recommended, and ticket prices range from \$29-\$53. The show will be at 1308 5th Ave., Seattle on Feb. 10- Mar. 5. For more information, visit www.5thavenue.org.

Rainier Symphony: Courage and Freedom

The Foster Arts Performing Center is hosting the Rainier Symphony, they will be performing their concert, Courage and Freedom. Music director Jeffery Lund will lead the symphony. Tickets are \$17 for general admission, \$12 for students (ages 13+) and seniors (ages 62+), and free for ages 12 and younger. The show will be on both Feb. 11 at 7:30 p.m., and Feb. 12 at 3:00 p.m. at 4242 S. 144th St., Tukwila. For more information, visit rainiersymphony.org.

Home is where the film is

Highline students shine in film festival

By Izzy Anderson
Staff Reporter

Highline's first film festival in more than 10 years brings home four short films created by students.

The festival takes place on Jan. 25 at 1 p.m. in Building 7, featuring student films that all used the theme of "home."

These films are the work of the top four contestants from the Highline Film Festival competition this last October. Their challenge was to not only center the films on a "home" theme in seven minutes or less, but also to include an art piece, landmark, or location from campus.

Multimedia professor and contest judge Sean Puno said "It was a challenge trying to make a simple idea of 'home' into a

compelling story, some touched on it, but these select few could really drive a story around it."

It was interesting to see the varying styles such as suspenseful, heartfelt and animated, he said.

First place winner was High-

line student Kelsey Par. Her short film *The Home Within* won her this spot, as well as the first-place prize of \$250.

"I'd say my favorite part of creating this film has been the reaction. I've never made a film be-

fore and to see the support from all my friends and family has been great. It makes me happy to know that people felt they could connect with my film," said Par.

In second place was Nina Releford, a multimedia student. She achieved this place with her short, *Holiday Video*.

"I was just thinking what to do to make the school feel like home, at home you're safe and feel happy, people love that you're there. I wanted to bring that feeling to Highline," said Releford.

Alumni Highline students Lisa Lopez and Samantha Mortes de Oca will have a short featured at the film festival. They received third place for their short film, *Home Is Where the Heart Is*.

"I love telling stories, I've got a lot of them, and really did it for the experience," said Lopez.

Highline student Matthew MacDonald came in fourth place, with his film *Second Identity*.



A scene from Kelsey Par's film, *The Home Within*.

Contest aims to prompt more poets

By Roseline Collins
Staff Reporter

Highline's fifth annual poetry contest is an effort to shed light on the importance of poetry and will award students cash prizes for the best submissions.

Poetry is more relevant than ever, said a Highline instructor.

Students, both current and recently graduated, can win prizes.

The contest serves as an introduction to National Poetry Month, taking place throughout April of each year, which was brought together in 1996 by the Academy of American Poets, a non-profit organization that supports poets and poetry.

"We need poetry now more than ever. Poetry is a way for



Susan Rich

someone to express themselves freely," said Professor Susan Rich, who is a published writer and who teaches creative writing.

"Everything is changing about poetry today. Poetry today is diverse. It is open to any-

one who wants to explore," said Rich.

She said that each year the poetry contest gets stronger as more than 100 students submitted their works last year.

The deadline for submission this year is Friday, Feb. 17 at 4 p.m. Poems are submitted through email to Highline reference librarian Deborah Moore.

Submissions must be typed and cannot exceed more than three submitted works and works must be unique, open to any subject, and not previously published. The work cannot exceed more than 20 lines and must be able to fit on an 8 1/2-by-11-inch sheet of paper. Final drafts of all poems are only to be submitted to Moore's

email at dmoore@highline.edu to be considered for judging according to the guidelines posted on Highline's website regarding the poetry contest.

Ten individuals will be chosen for a prize. The first prize winner of the contest is granted \$125, the second winner is awarded \$100, the third-place winner is prized with \$75 and there are seven finalists whom win \$50 each.

Winners of the contest and selected poets will have their poems displayed in the art exhibit in the library at Highline beside the works of previous winners and published writings of other poets. A free reception will also be hosted in April for students to read their poetry and explore the works of others.

T-Birds place top 10 in tourney

By Konner Hancock
Staff Reporter

The Highline men’s wrestling team fell short on their only match of the winter break and placed in the top ten for the Boxer Open tournament.

The T-Birds were toppled in Coos Bay OR. by the Southwestern Oregon Raccoons in a 32-9 defeat on Jan. 7.

Highline gave up majority of the points in three weight classes 157 lbs, 165 and 174. A total of 18 points were lost in those weights alone.

“The wrestler at 157 weight became ill a couple of days prior to the match. Our guys at 165 and 174 just did not wrestle well down there,” said the Assistant Head Coach Bradley Luvaas.

Although the team lost, they have been much more motivated and seem well rested from the break, he said.

“Luis Callen got us on the board at 125 with a solid decision over Ryder Mckee 13-7. Returning All-American Andrew Ramirez, at 133, added to the score with an 11-5 decision over Marcus Martin who he has wrestled 3 times this year. Cole Morrison, at 149, also added a victory over Cody Greene 5-2,” said Luvaas.

Then the squad traveled back to Oregon. the following Saturday to compete in the Boxer Open where they competed against 23 other colleges from Washington, Oregon, Idaho and Canada.

Highline placed seventh with only two wrestlers landing in the top three in their weight class, Andrew Ramirez placed



Konner Hancock/THUNDERWORD

Asistant Head Coach Bradley Luvaas talks with two Highline wrestlers during practice yesterday.

third in 141 weight division and Jacob Zocco placed second in the 174 class.

The guys came rested and have been wrestling so much better than the beginning of the season, said Luvaas.

Despite losing majority of their dual meets so far this year Luvaas said, “It doesn’t matter how rough the year is the only thing that matters is how we do at the national tournament. Last year we did not win a dual

meet in our region either but we finished with four all-Americans and a top-12 finish in the country.”

The squad’s next action is the Clackamas Open Jan. 22. “I have no idea how our team will do. Each wrestler will con-

trol their own destiny. So, it really comes down to who shows up to compete,” said Head Coach Scott Norton.



Konner Hancock/THUNDERWORD

Claudeus Laude and another Highline wrestler practice their single leg take down.

5

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Highline moves into league play

By Thanavin Chum
Staff Reporter

The Highline womens basketball team started league play at 1-2.

The lady T-Birds are in a tie for third place in the Western Division with Green River, Grays Habor and Lower Columbia.

Highline started league play on Jan. 6, where they lost to the Whatcom Orcas 71-61 and then lost the following week to the Centralia Trailblazers 62-45.

The team came back after their league losses on Jan. 14 and won a nail biter against South Puget Sound, 57-56.

Over the winter break Highline only won two of their seven games, defeating George Fox Junior Varsity 58-47 and Mt. Hood 58-43. They lost to North Idaho 63-62, Yakima Valley 73-54, Big Bend 70-63, Mt. Hood 54-42 and with a final loss to Olympic 67-66.

Despite their losing drought over the winter break, Head Coach Amber Mosley said she has confidence in her group to move forward with better over-

all play.

Even though they didn't do well during in those games, Mosley said she believed her team found their best chances to be successful and encourage her players to work even harder to overcome the tough competition.

The hardest thing the coach has had to deal with thus far is "keeping moral, it's tough to continue to work hard when you are losing," said Mosley.

Turning the ball over was huge, the team turned the ball over 187 times in the total seven games that they had over the break, that is about 20 on average per game and more than any other team in their division.

Another contribution to their loses was not making their shots count, "We are getting the shots we want but they are not falling," she said.

Mosley said her and her staff will continue to emphasize on making improvements with turning the ball over as well as putting the ball through the basket and she expects the improvements to carry into future games.

On the other hand, one of



Jack Harton photo
Keyara Brooks drives to the hoop against Nicole Peterson of George Fox Junior Varsity.

the team's top scorers Alicia Westbrook has been seeing less time on the court, her average went from 20 minutes per game to five and eight minutes in their last two games. This is due to an injury and change in team rotation. Westbrook was the top scorer for Highline until the drop in her minutes occured.

Their next game is at home on Jan. 18, tip off at 6:00 pm.

T-Birds aim to rebound after poor preseason

By Chentay Warnes and Konner Hancock
Staff Reporter

The Highline men's basketball team won five of their ten games over the winter break and started their regular season with a 93-61 win over Centralia.

The T-Birds competed in several games over the course of the winter break starting with the Highline crossover tournament on Dec. 16-18 where they defeated the Chemeketa Storm, 65-42.

However, they went on to lose to the Peninsula Pirates, 71-48, and to the Yakima Valley Yaks 67-64.

Then they moved on to play five preseason games, winning against the Olympic Rangers 60-57 and the Bellevue Bulldogs 70-56. Finally, the T-Birds capped off the break and kicked off the regular season with a win over the Centralia Trailblazers.

"We wanted to get better every game and develop a foundation of consistency that would get us ready for league," said Head Coach Che Dawson, about the preseason

In the first league game, against the Trailblazers, five of Highlines players scored 12 or more points. Jared Casey, Val Wilson, Shakwel Vincent and Jeremi Hanks all scored 12 points and starting guard Austin Anderson led the team in scoring with 14 points.

The T-Birds led the game



Jack Harton photo
Highline wing Jamie Orme takes on Dartavious Young of Everett in a preseason game on Jan. 4.

in rebounds as well as assists. Players leading these categories were wing Jared Casey grabbing 10 boards and guard Jared Murphy earning four assists.

Despite the recent efforts the

team still has lacked constant consistency and has also had a lack of urgency during games, Dawson said.

Improving these things will be "A game by game and prac-

tice by practice proposition," he said.

The following Saturday the team faced their second league opponent only to fall short 72-51 to the South Puget Sound Clippers.

Highline's score of 51 was their second lowest all season.

The team was only able to generate two players to score double digits, forward Shakwel Vincent with 14 points and guard Jeremi Hanks with 11.

The five preseason games that Highline competed in spanned from Dec. 22 to Jan. 7, where Highline duked it out with the Olympic Rangers 60-57 and then toppled the Bellevue Bulldogs 70-56.

However, the T-Birds had also lost to three teams during the break, the Skagit Valley Cardinals 86-61, the Whatcom Orcas 83-82 and the Everett Trojans 77-76.

Since these games the main focus for the team is "raising our intensity level while at the same time playing smarter offensively," Dawson said.

Next Highline will hit the road to compete against the 2-0 Lower Columbia Red Devils on Jan. 24.

Results from the Jan. 18 home game against the 1-1 Grays Harbor Chokers were unavailable at press time.

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DON'T
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Put a fresh, tasty spin on a PB&J

Peanut butter and jelly sandwiches are a lunchtime favorite. Although Dr. George Washington Carver invented more than 300 uses for the peanut, peanut butter wasn't one of them.

Edson created his version of peanut butter by milling roasted peanuts between heated surfaces until the peanuts reached "a fluid or semi-fluid state and a consistency like that of butter, lard or ointment." Health and cereal guru Kellogg called the pasty substance he created "nut butter."

Making a peanut butter sandwich using organic products is an easy way to create a healthy lunch. Peanut butter contains high levels of monounsaturated fats and resveratrol, which help to protect against the risk of cardiovascular disease. Peanut butter is packed with protein and contains vitamins B-3 and E, magnesium, folate and dietary fiber.

Peanut allergies affect about 2 percent of children in the U.S. Many schools now have a "peanut table" or forbid trading lunches at school, so check your school's peanut policy before packing your child's lunch. In some good news, recent studies show that snacking on nuts during the first year of life may reduce the risk of a nut allergy in children.

These recipes for Apple Peanut Butter on Cinnamon Raisin Bread and Grilled PB&J Sand-



wiches are great for breakfast, lunch or as an after-school snack.

Changing the type of bread you use for your peanut butter sandwiches adds variety and nutrients. For children who prefer white bread, try white whole-grain wheat bread, which is made from an albino or white variety of wheat. The albino wheat is lighter in color and has a sweet, mild flavor.

You can make the Apple Peanut Butter on Cinnamon Raisin Bread the night before and store them, wrapped, in the refrigerator. Grilled Peanut Butter and Jelly Sandwiches also make a deliciously easy-to-make breakfast or snack.

APPLE PEANUT-BUTTER SANDWICHES

When sliced apples are exposed to air, they start to turn brown from oxidation. Dip the apples in a mixture of water and fresh lemon juice to keep them beautifully crisp.

1 small organic apple, unpeeled or peeled, cored and sliced or shredded

1/2 cup organic peanut butter



Deposit photos

The venerable peanut butter and jelly sandwich can be livened with new varieties.

2 tablespoons organic honey
8 slices whole-grain cinnamon-raisin bread

In a small bowl, mix together the peanut butter and honey. Spread about 2 tablespoons of the peanut butter onto one side of each slice of 4 pieces of the bread. Place an equal amount of the sliced or shredded apple on top of the peanut butter. Place the remaining slice of bread on top of the apple to make a sandwich. Serve immediately or wrap in plastic wrap and refrigerate overnight. Makes 4 sandwiches.

GRILLED PB&J
3 teaspoons butter, softened
4 slices whole-wheat white bread
2 teaspoons organic peanut butter
4 teaspoons, any flavor, fruit jelly

1. If using a toaster oven, heat oven to 450 F. Spread a teaspoon of butter on one side of two slices of the bread. Spread the peanut butter and then the jelly on the remaining two slices of bread. Top with the buttered slice of bread, so that peanut butter and jelly are in the middle.

2. If using a skillet, melt the remaining teaspoon of the butter on high heat. Place the unbuttered slice of the bread down in the skillet. Cook for 4 minutes, and then turn and cook the bread on the buttered side until golden brown and heated through.

3. If using a toaster oven, butter one side of the bread and spread the peanut butter and jelly on the other. Toast the slices and then place one slice on top of the other to make a sandwich. Makes 2 sandwiches.

Choose a chowder to warm up winter

Winter Vegetable Chowder

With our freeze-now, serve-later vegetable chowder, you can give your family a comfy meal on even the busiest weeknight. This thyme-scented chowder boasts a creamy finish thanks to a dose of half-and-half (or light cream, for the calorie-watchers).

- 6 medium leeks
- 2 tablespoons olive oil
- 4 medium stalks celery
- 3 medium parsnips
- 2 medium red potatoes
- 1 butternut squash
- 2 can vegetable broth
- 4 cups water
- 1/2 teaspoon chopped fresh thyme leaves, plus thyme sprig for garnish
- 1 teaspoon salt
- 3/4 teaspoon coarsely ground black pepper
- 1 cup half-and-half or light cream

1. Cut off roots and trim dark-green tops from leeks. Discard any tough outer leaves. Cut each leek lengthwise in half, then crosswise into 1/2-inch-wide slices. Rinse leeks in large bowl of cold water; swish to remove sand. With hands, transfer leeks to colander, leaving sand in bottom of bowl. Repeat rins-

Good Housekeeping

ing and draining, several times, until all sand is removed. Drain well.

2. In 6-quart saucepot, heat oil on medium-high until hot. Add leeks, celery and parsnips, and cook 10 to 12 minutes or until all vegetables are tender, stirring occasionally.

3. Add potatoes, squash, broth, water, thyme, salt and pepper; heat to boiling on medium-high. Cover; reduce heat to medium-low and simmer about 10 minutes or until vegetables are tender. Stir in half-and-half and heat through, about 13 minutes. Spoon half of soup into tureen and garnish with thyme sprig; then spoon remaining into freezer-safe containers. Yields 15 cups, or 8 main-dish servings.

To reheat after thawing:

Top of range: In covered saucepan, heat to boiling on medium, about 25 minutes, stirring often.

Microwave oven: Heat in microwave-safe bowl, covered, on Low (30 percent) 10 minutes, stirring once or twice, then on High 15 to 20 minutes, stirring once.

Corn and Tomato Chowder

- 2 teaspoons olive oil
- 1 medium green pepper, chopped
- 1 medium onion, chopped
- 1 teaspoon Cajun seasoning
- 1 can (14 1/2 ounces) diced tomatoes with green chiles
- 1 can (14 to 14 1/2 ounces) chicken broth (1 3/4 cups)
- 1 cup water
- 1 can (15.25 ounces) whole-kernel corn, drained
- 2 packages (6 ounces each) roasted chicken-breast pieces (about 2 cups)

1/4 cup heavy or whipping cream

1. In 4-quart saucepan, heat oil over medium heat. Add pepper and onion, and cook, covered, 4 to 5 minutes or until tender, stirring occasionally. Add Cajun seasoning; cook 30 seconds, stirring. Add tomatoes with their juice, broth and water; cover and heat to boiling over high heat.

2. Stir corn, chicken and cream into broth mixture; heat through. Yields about 8 cups, or 4 main-dish servings.

Option: Toss 1 pound green beans or Brussels sprouts with 1 tablespoon olive oil and 1/4 teaspoon salt. Spread in 15 1/2-by-10 1/2-inch jelly-roll pan and roast at 450 F for 15 to 20 minutes or until tender.

Beer bread brews up nicely in bread machine

If you love to make homemade bread in the bread machine, this one is a keeper.



by Healthy Exchanges

- 3/4 cup non-alcoholic beer
- 1/4 cup water
- 2 tablespoons Dijon Country mustard
- 2 tablespoons I Can't Believe It's Not Butter Light Margarine
- 1/2 teaspoon table salt
- 3 cups bread flour
- 2 tablespoons Splenda Granular
- 1 1/2 teaspoons (one 1/4-ounce package) active dry yeast
- 1/2 cup Oscar Mayer or Hormel Real Bacon Bits
- 1/4 cup chopped green onion

1. In a bread machine container, combine beer, water, mustard, margarine and salt. Add bread flour and Splenda. Make an indentation on top of dry ingredients. Pour yeast into indentation. Follow your bread machine's instructions for a 1 1/2-pound loaf. Add bacon bits and onion when "add ingredient" signal beeps. Continue following your machine's instructions.

2. Remove loaf from machine and place on a wire rack to cool. Cut into 12 slices. Makes one 1 1/2-pound loaf. Serves 12.

Trump inauguration

Protesters to flood streets in opposition

By Jessica Strand
Staff Reporter

With the inauguration of President-elect Donald Trump just a day away, several events are happening around the Pacific Northwest.

Many people are voicing their protest for the inauguration of the 45th president, with demonstrations happening across the country.

Here's where you can get involved in the Pacific Northwest:

• **J19 Guerrilla Art School: Night of Resistance**

Spend tonight getting creative in preparation for inauguration. All ages and skill levels welcome.

The event will take place at the Rainier Valley Cultural Center, Located at 3515 S. Alaska St. in Seattle. Doors open at 5 p.m. this evening.

From 6-8 p.m. individuals can take part in workshops and skill sharing to create artistic signs. Individuals can participate in button and sticker making, and stencil tables will be set up for sign making. Legal advice, street theater and music will also



Jessica Strand/THUNDERWORD
A woman holds a sign during a protest held in Seattle, after Donald Trump was elected as the 45th president of the United States.

be available.

From 8-9 p.m. attendees will break into interest groups to plan for the upcoming weekend.

From 9 p.m. onward teams of attendees hit the town with maps. The teams will set up art stations in neighborhoods around the area for individuals from those neighborhoods to get involved.

For information, visit the

Facebook events page facebook.com/events/397542417304419

• **Inauguration Day Student Walkout**

Students in several high schools and colleges around the country are planning a student walkout to protest inauguration day.

"A huge national student strike will send a clear message to Trump, the billionaire class, and the Republican Party that

we reject their agenda of bigotry, hate, and division," according to the Socialist Students website.

For information, visit socialiststudents.net/student-walkouts/

• **Resist Trump: Occupy Inauguration - Seattle**

Individuals will band together to protest the inauguration of President-elect Donald Trump, as well as social and economic inequalities.

The event will take place at Westlake Park, 401 Pine St. in Seattle from 5-8 p.m. Jan. 20. The event is likely to turn into a march, as the Facebook event page says "join us in the streets again."

For more information, visit the events page at: facebook.com/events/335996453442603

• **Women's Marches**

Individuals in both Seattle and Olympia will be marching in support of the Women's March on Washington D.C.

The Women's Marches are intended to send a message to the new administration about the importance of women's rights.

"We stand together, recognizing that defending the most

marginalized among us is defending all of us," said the Women's March website.

Women's March On Seattle:

The Seattle march will start at 10 a.m. in Judkins Park, at 2150 S Norman St in Seattle where there will be a rally until 11 a.m. At 11 a.m. people will begin to march. The end location is at the Seattle Center, at 400 Broad St. in Seattle.

Women's March On Olympia:

Olympia marchers will meet at 10 a.m. by the Tivoli Fountain on the Legislative Building grounds, at 416 Sid Snyder Ave. SW in Olympia. Marchers will march to Heritage Park and back.

For information visit womensmarcholympia.wordpress.com

• **Beer Trumps Hate**

Local brewing company Rooftop Brew has a new beer called Beer Trumps Hate IPA.

All proceeds from the sale of this beer will be donated to the American Civil Liberties Union, and the Anti-Defamation League.

For a list of locations with the beer on tap, visit: rooftopbrewco.com/about-beer-trumps-hate

Students urged to work past fears of Trump presidency

By Brooks Schaefer
Staff Reporter

Students should not let the fear arising from the recent presidential election hold them back, a noted civil rights activist said in a lecture Tuesday as part of the college's Martin Luther King Jr. Week observance.

Dr. Maxine Mimms said students should instead move forward and use their apprehension of the upcoming Donald Trump presidency as an opportunity to better themselves. She encouraged students to continue the dialogue about race, ethnicity, and gender so that dialog can further evolve.

Martin Luther King Jr. Week is Highline's annual celebration and exploration of the work of the late civil rights leader.

Mimms also referred to the election as an illusion to make us fearful. Crazy people can't control you unless you let them, she said.

"Fear is something we must get rid of because your images designed by someone else will make you fearful," she said.

Dr. Mimms, founder of The Evergreen State College Tacoma branch, spoke on "Fear, Falsehood and Freedom," to a full house in Building 7.

"Be careful with your dreams because if you become complacent you will wake up in a nightmare," Mimms said, referring to the current election.

After President Obama was elected, Dr. Mimms said she became complacent, only to wake



Dr. Maxine Mimms

up in a nightmare eight years later on Nov. 9, 2016.

Dr. Mimms offered a solution to complacency, this being to "keep some internal agitation" as to not become complacent. That will help you stay awake, she said.

Dr. Mimms urged the audience to appreciate who they already are.

"Be creative. See yourself as elegant and exotic," she said.

Society is making progress in that regard, she said.

"We're not giving focus to ethnic beauty," Dr. Mimms said. "We're giving beauty to



ethnic struggle."

Upon reflection of the outcome of the election, Dr. Mimms asked "What's there to be afraid of? I've been through it all."

She said she finds hope in the diversity exhibited by Highline and said such institutions reflect the dream of Dr. King.

"Dr. Martin Luther King would have walked into this turtle building, he would have burst into tears of joy. Because this is the dream," she said.

Dr. Mimms expressed sadness that Martin Luther King wasn't alive to see such wonderful a crowd.

She said the diversity of this campus is a model of Dr. King's dream that MLK had.

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continued from page 1

In the early 2000s Highline had classes available in the city of Federal Way. The difference between this time and the last time there was a building in Federal Way is there are more partners, said Dr. Skari. Plus, last time Highline was renting the building they were in on its own. This time Federal Way may provide some help.

“We’re looking at what is sustainable,” said Skari.

Although Highline and Federal Way have been wanting to bring higher education to the city for quite some time, the pieces didn’t come together until UW-Tacoma came on board, Dr. Wagnitz said.

“Once they said, ‘Hey, we might be interested in helping,’

then that’s when the pieces fell together,” he said. “Now you have a four-year reputable institution who wanted to work with us because we can provide the lower division courses to prepare students for their upper division study at that site.”

Highline and UW-Tacoma intend to use the two-plus-two model which is the first two academic years will be done by students at Highline and the second two years of the students’ academic career would be finished at UW-Tacoma, said Dr. Skari.

There isn’t a big concern of Highline competing with itself since it will provide targeted courses in Federal Way, Dr. Wagnitz said.

“We would choose programing to place there deliberately, so we would deliberately avoid competing with ourselves,” he said. “And there are unserved populations in the community based on distance from the

campus.”

As a case study, the addition of first the University of Puget Sound Law School in Tacoma, and then the addition of UW-Tacoma had a positive effect on the economy and growth of Tacoma, said Mayor Ferrell.

“That [the University of Puget Sound Law School] was there for 20 years and really revitalized the downtown. And then ... UW-Tacoma moved in on the other side of town, and that is really a great example of the multiple benefits, if you will, of a higher education presence,” Mayor Ferrell said.

Having higher education in a community serves as a catalyst for economic development, Mayor Ferrell said.

“Just think all that infrastructure, and all the attraction of the people from university professors and educators to administrators, students and that sort of vitality.”

“We initiated a need assessments study in October of 2015 – the cost of that study was \$75,000,” Mayor Ferrell said. “Then there was a concerted effort over the course of the past year to interview stakeholders – educators, students, Highline, the business community, to assess the need in Federal Way.”

Federal Way had initially been in talks with several other universities, but Highline and UW-Tacoma made the most sense, Mayor Ferrell said.

“The discussion on the physical ‘What is it going to look like?’ is very preliminary,” Dr. Wagnitz said. “One idea, and I stress this is one idea, that was thrown out was that the school district might host classes in space that they have in the district offices, rather than in a school building.”

The Federal Way School District, Highline and UW Tacoma would all work together to pro-

vide a high school through college pathway for members of the community, Wagnitz said.

The next steps in this process is to form two committees, Mayor Ferrell said. The first committee would talk about curriculum, while the second would discuss physical location, he said.

The city will help with location and funding because both Highline and UW-Tacoma have indicated that they don’t have the funding for the campus, said Dr. Skari.

Weekly SUDOKU

Answer

3	4	6	9	1	8	7	5	2
2	7	9	6	4	5	1	8	3
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7	6	2	1	8	4	9	3	5
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1	3	8	5	9	6	2	4	7
6	2	5	4	3	7	8	9	1
9	8	3	2	6	1	5	7	4
4	1	7	8	5	9	3	2	6

King Crossword

Answers

Solution time: 21 mins.

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Go Figure!

answers

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6	–	4	×	7	14
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9	×	2	–	8	10
10		10		13	

Possible paid family leave for Washington

By Associated Press

A decade ago, Washington state created a paid family leave program that required many employers to offer five weeks of paid time off for new parents. But the law that once offered hope to working parents quickly turned into an empty promise because state lawmakers never came up with a way to pay for the benefit, resulting in an indefinite delay of its implementation.

Now lawmakers from the state where companies such as Microsoft and Amazon already offer the benefit to their workers are gearing up to consider a host of bills in a bid to replace the dormant law with one that gives more time off for new parents and people who need to care for sick relatives — plus a higher weekly benefit than originally envisioned and a steady funding stream. Legislative hearings on the various proposals start Thursday.

If any of the measures pass, Washington would be added to the list of four states that guarantee paid family leave: California, New Jersey, Rhode Island and New York, though New York’s program doesn’t take effect until next year. Seven other states will consider legislative proposals this year for paid family leave measures, according to The National Conference of State Legislatures.

Like many other Washington state employees, Jessup Cofin cobbled together vacation time with sick time and unpaid leave from his job when his daughter was born nearly three year ago. The Seattle resident is now self-employed and could

take off the time he needs but hopes lawmakers will approve paid leave.

“It puts everyone on a level playing field,” he said.

The original 2007 law exempted businesses with 25 or fewer employees and was supposed to go into effect in 2009, paying people who went on leave \$250 weekly.

California’s offers up to \$1,067 weekly for six weeks off to care for a new child or sick relative; New Jersey gives up to \$524 for six weeks; Rhode Island’s maximum benefit is \$752 weekly; and New York’s paid leave program will be based on a percentage of the state’s average weekly wage.

But all of the new Washington legislative proposals would

be more generous than the original 2007 law.

Democratic Rep. June Robinson and Democratic Sen. Karen Keiser want 26 weeks of paid leave for the birth or adoption of a child, for a family member’s serious health condition or for leave needed for a military reason, starting on Oct. 1, 2019. And a year later, people could take off up to 12 weeks of paid leave for their own serious health conditions.

Benefits would be based on a percentage of the employee’s wages and the state’s weekly average wage — which is currently \$1,082, though the weekly amount paid out would initially be capped at \$1,000 a week.

“I think our constituents,

the workers of the state of Washington, are really way overdue and the call for paid family leave is just getting stronger and stronger,” Robinson said.

The program would be paid for with a 0.255 percent payroll tax on all employers, who would be allowed to deduct up to one half of the amount from employees’ pay.

It would be phased in, starting with eight weeks of paid family leave in 2020 and a weekly benefit of no more than about \$541, based on employee wages, and maxing out with 12 weeks of time off in 2023.

“Government has a role to provide this kind of a safety net for families,” Rep. Matt Manweller said.

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Former student found dead in prison

By Associated Press

SEATTLE — The man convicted of killing a Seattle police officer in 2009 has died in prison. The Seattle Times reports that Christopher Monfort was

found dead in his cell Wednesday morning at the Washington State Penitentiary in Walla Walla. Jeremy Barclay, a Department of Corrections spokesman, said Monfort was found

in his single-person cell at 7:45 a.m. Prison staff began CPR but Monfort was pronounced dead by medics. Barclay said there was nothing suspicious in Monfort's cell and there were no indications of

self-harm. Monfort, who was convicted in summer 2015 of aggravated first-degree murder for the ambush killing of Seattle police Officer Timothy Brenton on Halloween night 2009, was

serving a life sentence. Paralyzed below the waist by a gunshot he suffered during his arrest in Tukwila, Monfort's health had deteriorated by the time he stood trial in King County Superior Court.

Trump continued from page 1

with the results of the election. He said he couldn't believe how, when the *Access Hollywood* tape of Trump bragging about sexually assaulting women was released. Trump brushed it off and said that it was "locker room talk."

"Locker room talk? Anyone who isn't shocked or concerned by this disrespectful and abusive language should take a look at themselves and question their personal values," Smith said.

Elizabeth Sath said that she feels Trump doesn't know how to behave with people and that can be very damaging for America in the future.

"He's a racist, sexist, liar, hypocrite. I just hope he doesn't aggravate any foreign affairs," Sath said.

Student Mariah Collier said she believes there are chances of protest after Trump's inauguration.

"Since I have seen a lot of hate on social media, I would not be surprised if there is a protest," she said.

"There are a lot of angry people who disagree with how he runs," Thuy Truong said.

Several students said that Trump should prioritize reforming the education system.

"Schools need to be funded properly because that is where change starts," said Micah L, who asked that his full name not be used.

Many students found Trump's lack of experience in politics disturbing, as well as how he frequently handles media stories regarding his use of Twitter.

"His priorities should be to remove his social media presence and focus more on America's problems and how to fix it rather than the news regarding him about Russia and other unimportant topics having to do with his presidency," said student Joseph Schacher.

Schacher went on to say that Trump will get rid of Obama Care without a real strong solution to it and is going to move the health care industry backward.

Another student agreed, "He needs to sit down and think for a while about what his health care plan will be after he takes away Obama Care," said a student who identified himself as James.

Trump isn't the man she wants representing America as a people and as a country, said student Maddie Johnsen.

Because there's so many people in Congress who don't like Trump and don't think he's fit for office, he will be impeached, said a student named April.

Five students said that they think it's possible he will actually be assassinated. "It's going to get very scary to live in the United States, especially for minorities like myself," said student Danise Pham.

Some students say they are concerned about the inauguration because of what it means for students with Deferred Action for Childhood Arrival status. This program gives undocumented children of illegal parents "protection to not get deported," said student Vianey Garcia.

Another student, Rosa Garcia, said that she believes Trump will use the DACA program lists to identify and deport illegals.

Not everyone is unhappy about President-elect Trump being sworn in.

"I'm excited because I think his background in business will help our economy," Russell Owen said.

However, he also said he is concerned with Trump's inexperience in politics.

Several students are intrigued by Trump's positions regarding the economy. Many were fascinated and in a sense, grateful for the president-elect's non-political background and financial success.

R'montay Walker, a second-year student, said that he's anxious to see what Trump does for the economy.

"Outside of him claiming to build a wall, I'm looking forward to how he deals with the economic situation in America. That should be one of his

main priorities," Walker said. Many students agreed that Trump's financial background could prove to be beneficial to the American economy.

The inauguration is scheduled for this Friday, Jan. 20. The ceremony begins at 10 a.m. and will be roughly three hours long.

Staff Reporters Wangari Muranga, Roseline Collins, Barinder Sandhu and Shawn Lehn contributed to this story

Birmingham continued from page 1

With the Winter Quarter underway, it has required a little more juggling, Dr. Wagnitz said. But many staff members have been a great support and have picked up the slack, including Dr. Rosendahl, executive staff members and Aca-

demic Affairs staff members, he said. "Though the timing was out of his control, Jack couldn't have picked a less-impactful time to be out," he said. Dr. Birmingham is recovering at home with family. "Dr. Birmingham continues to improve and gain strength," Dr. Rosendahl said. "On a personal note, he has certainly not

lost his sense of humor." "I expect Jack to be back soon, and I see my job as keeping things moving, to the best of my ability, in the same direction that he'd set," Dr. Wagnitz said. It is too early for a projected return date since every individual recovers from major surgeries at their own rate, Dr. Rosendahl said.

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