

Police have a new approach for gangs

By Brendan Myrick and Krystal Robbins
Staff Reporters

Police across South King County hope to show younger gang members that they might not be on the best career path.

Police across South King County have seen a decrease in overall crime, but an increase in gang related crimes and activity. One area of focus is with the younger gang members, some as young as 13, by trying to open up new and better paths for them to follow.

Before turning toward arrest, the first method police across South King County use to combat gang activity is by positive social interaction with young gang members. Police say it is a step to help repair trust between the police and the communities where the majority of gang members come from.

"We have smaller outreach teams to go out and learn more about the gang members," said Sgt. Victor Masters, Tukwila police spokesman. "We get to know them; we let them get to know us."

By communicating with suspected gang members, police will have a better understanding of connections with Seattle gangs, where gangs are

most present, and who should be arrested, he said.

In Tukwila, police have seen an increase in misdemeanors from gang members.

"Most gangs are involved in minor crimes such as graffiti, theft and vandalism. The bigger cities are where more major crimes occur, such as homicides and burglaries," Sgt. Masters said.

Federal Way Mayor Jim Ferrell and Auburn Mayor Nancy Backus recently convened a meeting with South King County mayors, police chiefs, the Seattle Police Department, and other city officials to look at and talk about how to minimize the issue of gang violence.

Federal Way and Kent have both experienced multiple shootings recently. One example is of Arturo Marcial-Alvarez of Kent, who died due to a drive-by shooting in Federal Way in mid-April.

Another gang related shooting also took place in Federal Way that injured two men. The shooting was believed to be retaliation from rival gang members over an incident in Seattle.

"There have been 16 gun homicides, 48 other shootings

See Gangs, page 16



Micheal Simpson/THUNDERWORD

Walter Heyman volunteers at a local food program in addition to being a student at Highline.

Student fights his way back from addiction

By Michael Simpson
Staff Reporter

Walter Heyman pulled stacks of plastic milk crates, bread pallets and Dole banana boxes from the back of a former moving truck that was loaded to the ceiling.

Heyman, 42, in a coverall jumpsuit, black rimmed glasses and work gloves, was among a group of volunteers handing out food at a building that houses senior citizens in Kent.

"Why are you being so nice? You don't even know me," a woman asked him as she filled her bags with groceries.

The answer is the story of a drug dealer's redemption.

He sold drugs to do drugs, which took him in and out jail and finally, after a religious awakening, into Highline's program to train counselors to help the chemically-dependent.

Twenty-nine years ago, when Heyman was 13, he moved to the Seattle area from Cleve-

land. His father thought it was a better environment for a teenager. Heyman enrolled at Renton High School. But his dad worked nights, he was estranged from his mother, and left on his own in the evenings, Heyman said. "I was basically raising myself, but not really raising myself. So I turned to the streets."

He did weed rather than

See Heyman, page 12

Mexico, U.S. endure complicated relationship



Luis Mingo

By Joselin Alcantara
Staff Reporter

The relationship between Mexico and the U.S. is very complicated, a Mexican consular official said here Wednesday.

Luis Mingo works in the political and economic affairs office in the consulate of Mexico in Seattle and has degrees

in international relations, public diplomacy and political and economic affairs.

"If I can leave you with one message it is that the history between Mexico and the U.S. is much more complicated than the past 150 days," Mingo said.

Mingo's presentation focused on six main points: a brief overview of Mexico, short history of

Mexico and U.S. relationship, the shift between Mexico and the U.S., where Mexico is going, what it means to be a Mexican diplomat in Washington State, and what the consulate does.

Mexico's size is equivalent to Germany, Spain, France and Sweden put together, Mingo said.

"Mexico gained indepen-

dence in 1821 and the U.S. was the first country to recognize this," Mingo said.

However, the U.S. later pressured Mexico to give up about half of their country (California, New Mexico and Texas), Mingo said.

Mexico went from thinking

See Relationship, page 16

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Highline students have a craving for fast food



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Festival of Sail is coming to Tacoma this June



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Highline Bears open season Friday, June 2



Learn all about Safe Zones

Allies of the LGBTQIA community along with faculty and staff will be hosting a Safe Zones training program, next month.

Safe Zones is a program identifying individuals in the school community who are safe and supportive allies of LGTBQIA students and faculty.

The Safe Zones training is put on by Highline’s Multi-cultural Affairs organization.

The program is about learning more about the queer community and to build skills to use on the Highline campus and out in other communities.

The LGBTQIA Taskforce has been working on creating a basic curriculum for the Safe Zones training that not only provides information that may seem basic or simple.

Anyone is welcome to the Safe Zones training.

The training will be June 2, 11 a.m. to 1 p.m. in the Writing Center, Building 26 room 319i.

Annual Vicom Portfolio Show is next week

Highline is hosting its annual portfolio show next week.

Design students will show off their work and achievements on June 5 - 6.

The show is in Building 8, Mt. Olympus room from 9 a.m. to 4 p.m. and 5 to 8 p.m.

Faculty awards nominations due

The annual vote for Highline’s Outstanding Faculty Awards has been extended June 5.

The Highline College Foundation provides two \$1,500 awards to be presented to Highline College’s Outstanding Faculty of the Year.

Nominations can be made by any student, staff member, faculty member or administrator of Highline. A person may make only one nomination for each award.

Further detainominations need to consist of written statements from both the nominator and then a second reference that gives specific emphasis to the nominee’s contribution to education at Highline.

Nominations need to be submitted to the Selection Committee in the Office of Instruction, Mailstop 9-2, by 5 p.m. on June 5.

A spike in outdoor fun



Yuki Yamauchi/THUNDERWORD

A streak of clear weather has been giving students an opportunity to enjoy some time outside.

Man thwarted in attempt to kill himself on campus

By Brendan Myrick
Staff Reporter



An alert Highline staff member and local public safety officers helped stop a potential suicide on campus last week.

While a staff member was working, he noticed a suspicious male wandering the East Lot around 6:25 a.m. May 25. The staff worker called Highline Public Safety who responded to find the individual running around with a rope in his hands, looking for a place to possibly hang himself.

This prompted Public Safety to contact Des Moines Police and South King County Fire and Rescue. By the time first responders came to the scene, the distraught man climbed into a tree near Building 99, ready to use the rope on himself.

First responders talked to the man, successfully convincing him to come down from the tree. After the turmoil settled the individual was transported to a nearby hospital for an evaluation.

Sgt. George Curtis of Public Safety said this was the first time he has encountered someone attempting to endanger their own life on campus.

Staff member passes out

Public Safety said the actions of the staff member who

reported the incident is an excellent example of how “see something, say something” could potentially save a life. A staff member was reported to have passed out in Building 4 at 8:10 a.m. The person was sitting in their chair when they lost consciousness, then fell out, hitting their head on the ground. Public Safety arrived but the staff member refused any medical treatment.

Late night fast food runs a no-no

A suspicious car was spotted on campus at 1:35 a.m. on May 28 by a Public Safety officer. The car was occupied by two students and parked between buildings 29 and 22.

The two students had gone to Jack in the Box and decided to eat the fast food on campus.

They were told by the officer to leave because campus was closed.

Wash your tobacco elsewhere

Man is found washing cigarette butts in bathroom.

Officers made contact with a non-student who appeared to be washing cigarette butts in

the third-floor bathroom sink in Building 26 on May 25 at 10:40 p.m.

The man was told to clean up and leave campus. He complied and took his cigarette butts elsewhere.

Disheartening Public Safety call

Public Safety received a medical emergency call that a student was having heart problems on campus at 10:45 a.m. on May 24. Both Public Safety and South King County Fire and Rescue showed up on scene to find out the individual was hav-

ing a panic attack.

The student was advised by the EMT to go see their personal doctor for further treatment.

Get off my lawn

Public Safety made contact with two non-students loitering around Building 99 at 1:15 p.m. on May 30. Public Safety officers confronted the pair and asked them to leave campus.

One of them proceeded to argue with officers but backed down when they told him they would contact Des Moines Police.

The two individuals then left campus without further incident.

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Highline students love fast food

By Sophia Latifyar
and Krystal Robbins
Staff Reporters

Highline students have a broad spectrum of tastes when it comes to fast food.

Eight of 10 young adults report eating fast food monthly, while half of them eat fast food on a weekly basis.

Fast food restaurants in America serve 50 million customers a day. On average, Americans spend \$1,200 a year on fast food.

An informal survey of Highline students showed a greater preference for McDonald's. Burger King and Wendy's were other choices, but McDonald's still holds down the No. 1 spot locally. That ranking reflects the number of stores each chain has internationally.

As of 2016, McDonald's was the world's largest fast food joint with 35,000 locations, followed by Burger King with 14,000 locations and Wendy's with 6,500 locations.

Results showed 23 of 113 students preferred McDonald's, whereas 10 of 113 students chose Burger King, and lastly 9 of 113 students favored Wendy's.

Some students had one favorite spot while others had a couple that they go to.



Tiffany Ho/THUNDERWORD

Student responses for their particular fast food preferences included:

"Chick-fil-A's spicy buffalo sauce is my favorite," a student who identified as Baby said.

"I love Wendy's spicy chicken nuggets," Savannah said.

Students such as William Otto and Kevin Horne said they

love Wendy's burgers.

"I don't like McDonald's because of the taste it has. I like Jack in the Box because of the taste, more crispier and good quality," said Marina, a Highline student.

"Taco Time has new fish tacos and I love them," Jocelyn said.

"Love how Starbucks have multiple coffee drinks to choose

from. You can get anything," Sarah said.

Some students choose a fast food joint that is close to their culture:

"I choose taco trucks because it draws me into my heritage because I am Mexican. Better than burgers and more authentic," Carlos said.

Still, McDonald's has its loy-

al fans:

"I am a vegetarian so McDonald's offers a variety of salad bowls that I can choose from," student Araceli said.

"I like McDonald's chicken nuggets because they are my favorite. The barbecue chicken sandwich is really good too," said Han, an employee at the Bookstore.

"McDonald's is my go to," Stacy Acorda said.

For at least one student, there is a perceived difference in freshness between burger joints.

"I like Wendy's because the food is more fresh and natural than other fast food places," Jasmine said.

"Wendy's Frosties are bomb," Esmeralda said.

Other students disagreed.

Kham Siam, Courtney Cecil, and Ayuka chose Burger King as their favorite fast food joint.

"I like Burger King's \$1.49 chicken nuggets," Randy said.

"I go to Burger King because it is closest to my house," Khoa said.

For most students, distance is not a factor.

No one chose the only fast food joint near Highline — Church's Chicken.

Students said they travel a little farther to other fast food joints around the neighborhood for a wider variety.

International Programs seeks more diversity

By Chikako Murakawa
Staff Reporter

Highline has many students from Asia and now it wants more students from Europe and Africa.

There are 557 international students in Highline College this quarter. Most of them come from China (172), Japan (146) and Vietnam (82) with additional representatives from other countries such as Cambodia, Mexico and Kenya.

The goal is to not only maintain the college's diversity, but to grow and diversify the student body even more.

Christian Villasenor is the manager for recruiting international students. He recently went to Sweden and South Korea to recruit new students. Now he is going to six more countries such as Denmark, Norway and Hong Kong, among others.

He will travel 51,188 miles this year to recruit international students, he said. This is more than twice the circumference of the Earth. He is going to travel to recruit at least five more times this year.

Among the assets that make Highline a popular destination, he said, is that Washington state has many fun places, businesses and beautiful views.

But even with those assets, attracting new students has become harder after the election because of President Donald Trump's positions on foreign peoples.

It is having a big impact on recruit-



Yuki Yamauchi/THUNDERWORD

Highline hopes to attract more students from Europe and Africa and plan to send a recruiter 51,188 miles to entice more international students next year.

ing, Villasenor said.

For many international students, the benefit of studying in America instead of staying in their home countries is the opportunity to get higher paying jobs and have a greater knowledge of the world and diversity, said Michael Pham, Highline vice president of Administration who recently returned from a recruiting trip to Vietnam.

America is one of the top countries for business careers, making it a major educational destination for international students, he said.

Beside the long-term benefit for international students in getting an asso-

ciate degree at Highline, they have the option of transferring to a university.

Another benefit of studying in America is the opportunity to volunteer and possibly an internship. International students can also go back to their countries and continue to study there.

Although there are many advantages in getting an education in America, physically getting to schools such as Highline can be a difficult task.

Highline offers a conditional letter of acceptance. Once offered, it is up to the student to satisfy the necessary visa requirements.

Many international students find

it easy to get a student visa to study in America, especially those from Japan. Yet, international students who come from other parts of Asia, such as Vietnam and Myanmar, find it hard to get a visa to study abroad in America.

Some students need to apply over and over again.

Once here, though, Highline offers good support for foreign students through programs such as International Student Programs and International Leadership Student Council, said several students.

Also, there are a lot opportunities to socialize and have fun on weekends, such as BBQs and trips.

"Highline has one of the best international student programs in Washington state," said Narith Ning, a student from Cambodia. "They take care of a lot of international students — more than other schools."

International students taking classes here often prefer to major in business, engineering or hospitality, especially hospitality because Highline has a good program.

The Hospitality Program has some trips and eight kinds of internships involving hotel and resort operations.

"I want students to get meaningful connection and to have the skills they really need to work, such as an accounting and finance in hospitality major," said Justin Taillon, a professor of hospitality.

Responsibility shouldn't be hindered

Birth control is important. But according to the Trump Administration, women don't deserve the right to have it covered under insurance. The administration plans to make it a whole lot easier for employers to get an exemption from having to provide birth control to their employees, according to a document that was leaked yesterday by the news site Vox. The Affordable Care Act already provided a more narrow ability to obtain an exemption, but this change will allow for much looser rules. The exception would allow employers to receive an exemption for religious or moral reasons. Birth control has played an important role in the ability of women to enter the workforce. Women are now able to choose when they get pregnant, which increases their ability to be competitive in their careers. It makes it possible for women to even have careers. But to benefit from the ability to choose, you have to be able to afford it. Taking away birth control coverage will only raise the likelihood that women will have unwanted pregnancies. Birth Control pills can cost between \$20 to \$50 a month. That might not seem like much to the middle and upper class, but to low-income women, that \$20-\$50 could make a big impact. Low-income women will be the ones to suffer. When women have to choose between birth control and buying food or paying bills, the pregnancy rate is bound to rise. Which in turn will lead to more women needing assistance from the state. Birth control coverage is much cheaper than the amount of welfare that will be spent on low-income mothers. And without birth control coverage, more low-income women will be faced with the question of whether to have a child, or to have an abortion, and abortion rates are bound to see an increase. This country should be applauding women's ability to make responsible choices for their future, not making it harder for them to be responsible. The shame that has long overshadowed women and sexuality should be a thing of the past.

Have something to say?

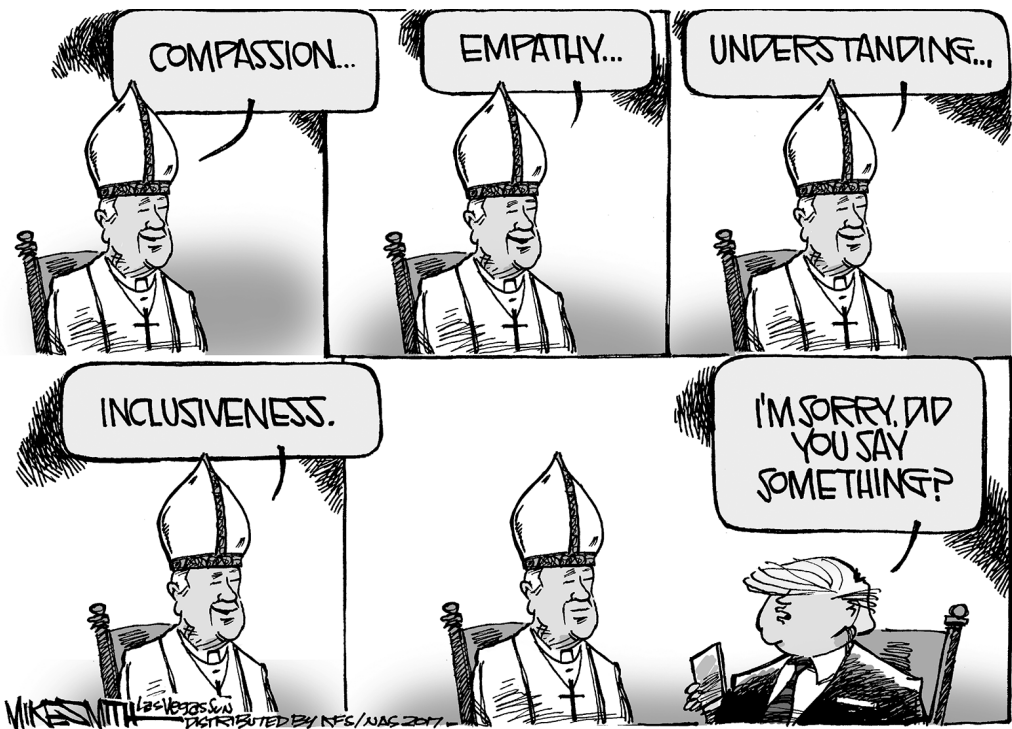
Write to us!

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.



Be a part of Arcturus

Have you ever seen your work in a Highline journal? Every year, Highline prints and publishes a journal of artwork, photography, poetry, and prose that comes from students, staff, and alumni.

This journal is titled Arcturus, but even if you can be published, a definite portion of the Highline community isn't aware of this annual opportunity and what it can provide. For 40 years, Arcturus has been an outlet to publish, meaning a physical recognition within its pages, and more than once it has been a first publication for some of Highline's students.

However, the importance of Arcturus goes beyond just publication. By compiling the creative works in our community, we're building the continuity for future literary writing and artwork at the college. It's from printing students work that the journal serves to instill confidence but also give motivations and inspiration to anyone who picks up the journal.

It is also an opportunity to create a bond with the campus and be more involved with our community. By being a part of Arcturus, whether by submitting or being an editor, you're taking steps to getting to know your community and what it has to offer for you. From there, you establish a bond with our campus and can take that to where ever else you may go when you leave for another.

You can also step away with an experience from the publish-

Guest Commentary



Cindy Ngo

ing world. Just the simple act of submitting your work and hearing back from the editors is you opening the doors to being published for probably the first time. Something that you may be interested in continuing even after your time here at Highline.

As an editor for Arcturus you partake in two three-credit classes, and learn the steps to creating a literary and art journal. The knowledge you gain will be endless, and if you're interested or have taken an interest in publication, Arcturus is an experience you are guaranteed to learn from. Nevertheless, both look great on cover letters and resumes and something you can do to be more involved with Highline.

Personally speaking, being an editor for this year's Arcturus was an eye-opening experience for me. When I started

at Highline I didn't think being involved would be important. I never even heard of Arcturus until I picked it up for the first-time last Spring.

I was amazed; the artwork, photography, poetry, and prose were all things that sparked a curiosity inside that made me wonder if I could do something like this too. What I learned as my time as editor, the people I encountered, and the feeling that I'm adding onto Highline's history was something I never would have experienced if I didn't go out of my way to seek it.

Arcturus is a journal that was made to serve the Highline community, and it strives to do that today. But it's also done by students, staff, and alumni. As much as the journal serves you, it also needs your support to keep it alive. Such as being an editor for next year, liking our Facebook page, or just coming to our launch party.

The journal's theme for this year is "Northern Lights", inspired by the beauty in natural phenomena.

Our launch party is on June 8, in Building 2, at noon and 6 p.m. Refreshments, music, and speakers will be there to celebrate Arcturus's 40th Anniversary. For more information, please visit our website: <https://arcturusliterarymag.highline.edu/>. Come by for your free copy, and join in with the rest of our community. We hope to see many of you there.

the Staff

Don't hate me because I'm beautiful.

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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1. **MOVIES:** Which 1974 movie featured a character named Jake Gittes?
2. **LANGUAGE:** What are three letters of the Greek alphabet that begin with the letter "p"?
3. **HUMAN ANATOMY:** What part of the brain regulates body temperature and controls the autonomic nervous system?
4. **GENERAL KNOWLEDGE:** What is a hussar?
5. **MYTHOLOGY:** Which figure in Greek mythology possessed the gift of prophecy?
6. **GEOGRAPHY:** What artificial structure connects the Mediterranean Sea and the Red Sea?

7. **TELEVISION:** Who played the lead role in the drama *Columbo*?
8. **MUSIC:** What Barry Manilow song started with the line "Her name was Lola"?
9. **GOVERNMENT:** What amendment to the Constitution authorized federal taxes on income?
10. **FOOD & DRINK:** What shape is the pasta called farfalle?

11. **MOVIES:** Which 1974 movie featured a character named Jake Gittes?
12. **LANGUAGE:** What are three letters of the Greek alphabet that begin with the letter "p"?
13. **HUMAN ANATOMY:** What part of the brain regulates body temperature and controls the autonomic nervous system?
14. **GENERAL KNOWLEDGE:** What is a hussar?
15. **MYTHOLOGY:** Which figure in Greek mythology possessed the gift of prophecy?
16. **GEOGRAPHY:** What artificial structure connects the Mediterranean Sea and the Red Sea?

Answers

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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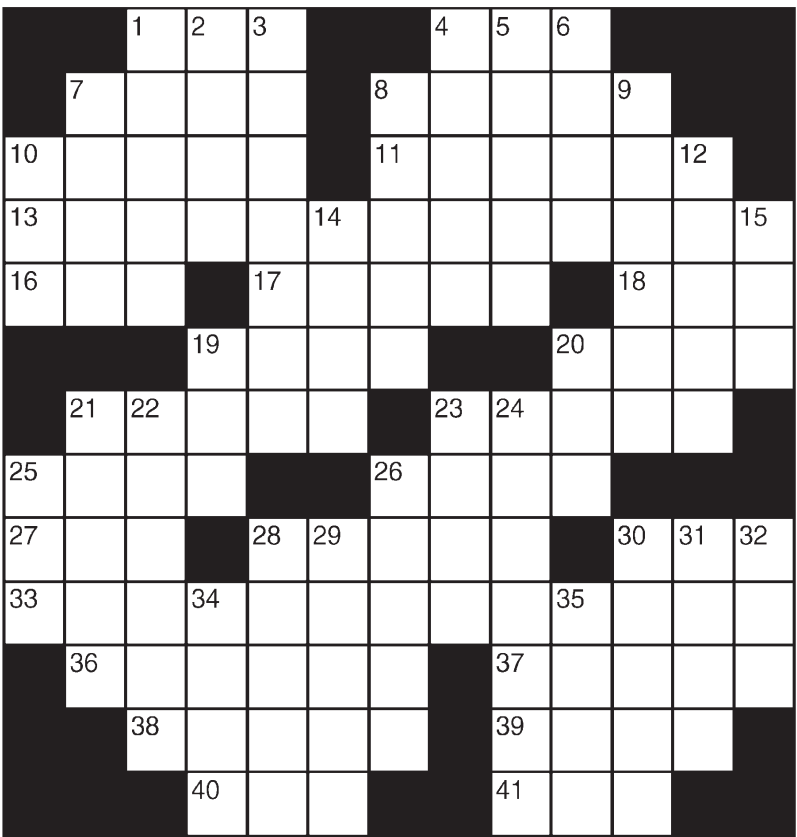
1 2 3 5 6 6 7 8 9

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King Crossword

ACROSS

- 1 Space
- 4 Recipe meas.
- 7 Lass
- 8 Luster
- 10 Calcutta's land
- 11 High, wispy cloud
- 13 Orphan Annie's benefactor
- 16 Really messy place
- 17 Frogs' hang-outs
- 18 Whopper
- 19 Crooked
- 20 Witnessed
- 21 Representative
- 23 Dervish
- 25 "Two and a Half Men" role
- 26 Oodles
- 27 Cacophony
- 28 Colorado tribe
- 30 Chum
- 33 Spider's cousin
- 36 Certain winner
- 37 Assessed
- 38 Tittles
- 39 Iowa State's home



- 40 Scepter
- 41 Scratch
- 8 Meager
- 9 Centers
- 10 Egos' counterparts
- 12 Downhill athlete
- 14 Refuse to
- 15 D.C. fig.
- 19 Stiller or Affleck
- 20 Firmament
- 21 Rap sheet entry
- 22 Best Picture of 1982
- 23 Bambi, for one
- 24 28-Down, to Tokyo
- 25 Toss in
- 26 Io and Gany-mede, e.g.
- 28 Japanese city
- 29 Homeric epic
- 30 Heavenly gate keeper St. —
- 31 Census stats
- 32 1960s hallucinogen
- 34 Entrance
- 35 Dalai —

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ARIES (March 21 to April 19) A recent spate of confusion regarding decision-making begins to clear up. But caution is still advised. Continue to check details. An old friend has important news.

TAURUS (April 20 to May 20) You're anxious to see your ideas move from concept to development. But trying to force the issue right now could backfire. Wait for movement to resume shortly.

GEMINI (May 21 to June 20) Keep your thoughts focused on the positive as you deal with an unexpected turn of events in a personal or professional relationship. This could be the start of a welcome change.

CANCER (June 21 to July 22) Health matters take on added importance at this time. Deal with them before they interfere with your summer plans. A relationship that cooled off could soon warm up again.

LEO (July 23 to August 22) While a few details involving upcoming decisions still need your attention, you fun-loving Felines can begin to spend more time enjoying your lively



social life again.

VIRGO (August 23 to September 22) That long-sought-after career change could require you to move to another city. Weigh your decision carefully before either accepting or rejecting the offer out of hand.

LIBRA (September 23 to October 22) A workplace situation can be awkward for Librans who prefer to keep their problems private. But you might have to "tell-all" if you hope to see it resolved in your favor.

SCORPIO (October 23 to November 21) Although your financial situation starts to improve this week, you still need to be cautious about money matters. Avoid major obligations, for now.

SAGITTARIUS (November 22 to December 21) Your overall aspects continue to brighten, allowing you to tackle long-deferred challenges. A change in travel plans could

work to your benefit.

CAPRICORN (December 22 to January 19) Things seem to be slowing down for the usually restless Sea Goat. But wouldn't a bit of respite be just what you need right now? Activity picks up by the weekend.

AQUARIUS (January 20 to February 18) Personal relationships take a positive turn for both married and single Aquarians. Professional commitments, however, could be complicated by newly emerging events.

PISCES (February 19 to March 20) A decision you thought was final might be reopened as new facts are discovered. This could lead to a short-term problem, but ultimately might prove beneficial.

BORN THIS WEEK: Your keen interest in pursuing global events could lead you into a career as a politician or journalist.

Puzzle answers on Page 12

Got news? Thunderword@highline.edu

Summertime means get your grill on

Here in Texas, we have a special love affair with smoke, heat and meat cooked on a grill. It has taken me years to get my “grillin’ game” on, but today, I’m totally comfortable using a grill. I love the special flavors, textures and aromas you can get only from the right combination of smoke and flame.

Here’s my recipe for beautiful, spice-marinated and butterflied Australian Leg of Lamb into a Middle Eastern Shawarma, a dish similar to a Greek gyro.

GRILLED AUSTRALIAN LAMB SHAWARMA (Serves 8)

The first 10 ingredients are the perfect spice mix for lamb, chicken or fish.

- 1/2 cup plus 2 tablespoons extra-virgin olive oil
- 6 garlic cloves, minced
- 1 tablespoon ground cumin
- 1 tablespoon ground cardamom
- 1 tablespoon paprika
- 1 tablespoon allspice
- 1 tablespoon ground ginger



Summerset Grills photo

A quality grill makes cooking easier and food taste better.

- 1/2 teaspoon crushed red pepper
- 2 teaspoons freshly ground black pepper
- 1 teaspoon Kosher salt
- Zest and juice of 2 lemons
- One 6- to 7-pound butterflied leg of lamb
- 4 orange or yellow bell peppers, cut into 1/4-inch strips
- 3 medium red onions, thinly sliced
- Yogurt sauce, recipe below
- 10 to 12 pieces of pita bread

To prepare Spice Mix Marinade:

1. In a small bowl, mix 1/2 cup of the olive oil with the garlic, cumin, cardamom, paprika, allspice, ginger, crushed red pepper, 1 teaspoon black pepper, 1 1/2 tablespoon salt, and the zest and lemon juice. Reserve 1 tablespoon of spice mix marinade and set aside.
2. Place lamb on a rimmed baking sheet and coat completely with the marinade. Cover and refrigerate overnight or, preferably, for 2 or 3 days, turning it each day.

To prepare the Shawarma:

1. Prepare the grill and light it. Toss the bell pepper strips and onion with 1 tablespoon oil and the remaining tablespoon of spice-mix marinade. Place the bell pepper mixture in a grill pan or foil pan.
2. Cover with foil, place it on the cooler side of the grill and cook over moderately low heat, stirring occasionally, until tender, about 10 minutes. Remove from heat and set on the warming rack, or remove from the grill and keep covered to keep it warm.

3. Grill the butterflied lamb over moderately high heat, turning and shifting often, until an instant-read thermometer inserted into the thickest part of the meat registers 130 F for medium-rare, about 25 minutes. Transfer lamb to a carving board and let rest for 10 minutes. Thickly slice the lamb across the grain and serve with the peppers, onions, yogurt sauce (recipe follows) and pita bread.

Yogurt Sauce

- 2 green onions, minced, roots removed and discarded, white and green parts
- 1 garlic clove, finely minced
- 2 tablespoons chopped parsley
- 1 cup plain Greek yogurt
- 1 tablespoon olive oil
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1 tablespoon lemon juice

Combine green onions, garlic, parsley, yogurt, oil, salt, pepper and lemon juice until well-combined. Cover and refrigerate.

THE KITCHEN DIVA! is sponsored by Summerset Professional Grill, offering a complete line of commercial grade, stainless steel gas grills, freestanding grills, BBQ islands, Fire Pits and island components, and the American Muscle Grill. For more information visit www.americanmusclegrill.com

‘Tis the season for strawberry shortcake

No seasonal dessert is more luscious than strawberry shortcake, and this biscuit-based version is the classic.

- 2 cups all-purpose flour
- 3/4 cup sugar
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1/3 cup cold butter or margarine, cut into pieces
- 2/3 cup milk
- 2 pints strawberries
- 1 cup heavy or whipping cream

1. Heat oven to 425 F. Grease an 8-inch round cake pan.
2. In medium bowl, combine flour, 3 tablespoons sugar, baking powder and salt. With pastry blender or two knives used scissor-fashion, cut in butter until mixture resembles coarse crumbs. Stir in milk just until mixture forms soft dough that leaves side of bowl.
3. On lightly floured surface, knead dough 10 times. With floured hands, pat evenly into cake pan and sprinkle with 1 tablespoon sugar. Bake until golden, 20 to 22 minutes.
4. Meanwhile, reserve 4 whole strawberries for garnish; hull remaining strawberries and cut in

Good Housekeeping

half or into quarters. In medium bowl, toss strawberries with remaining 1/2 cup sugar until sugar has dissolved.

5. Invert shortcake onto surface. With long serrated knife, cut shortcake horizontally in half. In bowl, with mixer at medium speed, beat cream just until soft peaks form.
6. Place bottom half of shortcake, cut side up, on cake plate; top with half of strawberry mixture and half of whipped cream. Place remaining shortcake, cut side down, on strawberry mixture. Spoon remaining strawberry mixture over, then top with remaining whipped cream. Garnish with reserved whole strawberries. Makes 10 servings.

Grilled Steak Salad

- 4 medium sweet potatoes
- 4 pints cherry tomatoes
- 3 tablespoons soy sauce
- 2 tablespoons balsamic vinegar
- 1 tablespoon maple syrup
- 1 pound beef flank steak

2 bags romaine lettuce

1. Prepare outdoor grill for direct grilling on medium-high. In a large microwave-safe bowl, combine sweet potatoes and 1/2 cup water. Cover with vented plastic wrap and microwave on high 10-12 minutes or until tender. Drain.
2. Meanwhile, fold 30- by 12-inch sheet of heavy-duty foil crosswise in half. Place tomatoes on double thickness of foil; bring long sides of foil up and fold several times to seal well. Fold over ends of foil to seal in juices.
3. In small bowl, whisk soy sauce, vinegar, syrup and 1/8 teaspoon freshly ground black pepper.
4. Sprinkle 1/4 teaspoon each salt and pepper all over steak; place on hot grill grate with tomato packet and sweet potatoes. Grill steak and tomatoes 10 minutes for medium-rare steak (140 F), turning steak over once; grill sweet potatoes 5 minutes, turning over once.
5. Toss one-third of dressing with lettuce. Divide lettuce among plates. Top with steak, tomatoes, sweet potatoes and remaining dressing. Makes 4 main-dish servings.

Meatless miracle lasagna

Miracle Lasagna: Here is a meatless main dish that will satisfy any appetite.

- 1 (15-ounce) can diced tomatoes, undrained
- 1 (10 3/4 ounce) can tomato soup
- 1 1/2 teaspoons Italian seasoning
- 6 uncooked lasagna noodles
- 1 1/2 cups fat-free cottage cheese
- 2 cups shredded mozzarella cheese
- 1/4 cup grated Parmesan cheese
- 1 cup finely chopped onion

1. Heat oven to 375 F. Spray a 8-by-12-inch baking dish with butter-flavored cooking spray.
2. In a medium bowl, combine undrained tomatoes, tomato soup and Italian seasoning. Evenly spread 1 cup tomato mixture in prepared baking dish. Top with 3 uncooked lasagna noodles, cottage cheese, 1 cup mozzarella cheese, Parmesan cheese, 1 cup tomato mixture and onion. Evenly arrange remaining 3 uncooked lasagna noodles and remaining tomato mixture. Cover with foil.
3. Bake for 45 minutes. Uncover. Sprinkle remaining 1 cup mozzarella cheese over top and continue baking for 15 minutes. Place baking dish on a wire rack and let set for 5 minutes. Divide into 6 servings.



Arts
Round up

• Centerstage is back with a new musical, *Cardinal Sins*, written by John Forster and Centerstage's own Alan Bryce.

The show is currently running until June 4 at 8 p.m. on Thursday, Friday and Saturday, and at 2 p.m. on Sundays.

Tickets are \$35 for general admission. For more information, visit centerstagetheatre.com.

• The annual Highline Portfolio Show is coming up on June 5 and 6 at 9 a.m. to 4 p.m., and again at 5 p.m. to 8 p.m. on both days in the Mt. Constance and Mt. Olympus rooms in the Student Union, Building 8. This show will feature the works created by design students here at Highline.

• The Arcturus release party is occurring on June 8 in Building 2. Arcturus is Highline's official arts magazine, featuring students' artwork and written pieces. The event will take place from noon to 1 p.m. and again the same day at 6 to 7 p.m.

• The Renton Civic Theatre hosts the musical *Company*, a tale surrounding a bachelor who ponders over the pros and cons of his last days as a single man. The showings are from June 9 to June 24 on Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. at 507 S. third St.

Tickets range from \$20 to \$25.

For more information or to order tickets, visit rentoncivictheatre.com.

Kent festival celebrates diversity and culture

By Izzy Anderson
Staff Reporter

Experience a variety of cultures through music, food, entertainment and dance at the Kent International Festival this Saturday.

The ShoWare Center is hosting the 9th annual Kent International Festival on June 3 at 625 W. James St., Kent.

It is an all-day event, going from 9:30 a.m. to 8 p.m.

The purpose of this festival is to immerse yourself in and celebrate cultures from all across the globe, said Festival Director Nancy Skipton.

As of last year, Kent has been officially ranked as the 18th most diverse city in the U.S., with 40 percent of its population speaking a language besides English.

"Many cultural festivals celebrate one culture, or they celebrate a series of different cultures separately. We bring all cultures living in Kent and South King County together all in one place and on one day," said Skipton.

You can do this through the many events they have set up for the day.

These include crafts, booths, concerts, a food court, several stage performances, and the World Wide Walk.

The World Wide Walk is a walk that anyone attending this festival can participate in.

The meaning behind this walk is to show the unity represented by people of many different ethnicities and backgrounds, strolling side by side.

The walk starts at 9:30 a.m. and begins at the Town Square Plaza, which is at the opening of the Kent Farmer's



Melanie Mosshart photo

Attendees from all kinds of cultures and backgrounds participate in one of Kent International Festival's previous World Wide Walks together.

Market.

"Attendees have told us that they feel more a part of the Kent community after participating in our festival. They say they have a greater understanding and respect for other cultures around them," said Skipton.

Booths are also covering a large array of information and introductions to cultures from all around such as Japanese, Norwegian, African, Ethiopian, Iranian, Chinese, and more.

An art exhibit will be present too, with pieces entered by art students and their teachers in the Kent School District, all given the theme "Learn from Each Other."

Of course, music and dance will also accompany the festival.

Performances will cover the Arena stage from 10 a.m. to 4:30 p.m., the Concourse stage from 10:20 a.m. to 4 p.m., and the Plaza stage from 10:30 a.m. to 4:35 p.m.

These performances include

belly dancing, Irish step dance, live K-Pop, Taiko drums, a fencing demonstration, and much more.

The World Dance Party is going from 5 to 6:35 p.m. and the finale concert is from 7 to 8:30 p.m.

The Kent International Festival is completely free, the only exception being if you would like to buy food, which is \$5.

For more information on the festival and its events, visit kentinternationalfestival.com.

Grab some popcorn and a pick of the week

PICKS OF THE WEEK

A United Kingdom (PG-13) – A young African prince studies law in 1940s London. He meets his soulmate, a clerk for a local law firm. But the prince, Seretse Khama (played masterfully by David Oyelowo) is destined to be king of Botswana, and the clerk, Ruth Williams (an effervescent and unflappable Rosamund Pike), is a white woman. What follows is a lesson on what love can overcome. *A United Kingdom* takes us through the deep and complicated real-life



story of Seretse and Ruth as they battle racial and political pitfalls while remaining true to their own virtuous, passionate humanity. The story is uplifting, and director Amma Asante's crisp delivery and pacing unfold without bashing the viewer over the head with mo-

reality.

Beauty and the Beast (PG) – The tale as old as time returns with a live-action reboot starring Emma Watson as Belle and Dan Stevens (of *Downton Abbey*-fame) behind an exquisite re-creation of the Beast. When Belle's father (Kevin Kline) is incarcerated by the ghastly Beast, Belle replaces him as prisoner. With a little help from the castle's enchanted staff (Emma Thompson, Ian McKellan, Ewan McGregor, et al.) and a few nostalgic songs, the two learn the true meaning of love. Watson

soars as the bookish beauty and, as in her portrayal of Hermione Granger in the *Harry Potter* series, her bricolage of brains, spunk and soft vulnerability is perfection. Josh Gad serves up a hilarious and memorable Le Fou, while Luke Evans kills as the gorgeous but vile Gaston.

The Last Word (R) – Shirley MacLaine once again dons the mantle of cantankerous crank (with a well-hidden heart of gold) that she wears so well. In "The Last Word," she plays Harriet, exacting control freak of a busi-

nesswoman who cannot leave even the writing of her obituary to chance. Enter Anne (Amanda Seyfried), the local newswoman tasked with writing Harriet's life story. In pursuit of a legacy worth publishing, the two women overcome adversity, make lasting memories, touch the lives of others and change the world. Yes, the clichés are there. Fortunately, MacLaine is a treasure in any vehicle she chooses, and the "feels" come often enough to make this film tolerable, especially when taken with heavily buttered popcorn.

Sail away with Momma Duck

Tall ship festival sails into Tacoma

By Winter Dorval
Staff Reporter

Join Momma Duck and her line of tall ships for a day of fun on Tacoma's Thea Foss Waterway.

The Festival of Sail will feature 22 tall ships, tailed by an inflatable duck made of the same material as bouncy houses.

The Festival of Sail is from 11 a.m. to 7 p.m. on June 15 and 9 a.m. to 5 p.m. on June 16 and 18.

All attending ships have at least three sails, some sport up to five.

One of the attending ships, The Thane, was the first ship to travel around the world with a one-man crew, from 1895 to 1898.

Another is the Adventuress. She sailed the West Coast for the Coast Guard in 1913. Today the ship is operated out of Port Townsend by a non-profit organization called Sound Experience that emphasizes environmental education on Puget Sound.

Schooner Freda B was built and launched in 1991. She was intended to transport between New England and Key West. People can enjoy the sights on this ship, or help the crew sail.

The Hawaiian Chieftain was built in Maui in 1988. She hosts cruises with Lady Washington, and is an educational sailboat for new sailors.

Lady Washington was launched in 1989, in the Washington State Centennial Celebration. She is a full-scale replica of the original Lady Washington, which was built in the 1750s. She was the first ship to visit Honolulu, Japan and Hong Kong while flying an American flag.

With a height of six stories, Momma Duck is hard to miss.

"She is on a pontoon of seven joined pieces, so that she can



Chad Whaley Photo

Momma Duck has been a staple in the Festival of Sail ever since her arrival.

travel by land or water. It takes six dock workers to inflate her," said Madeline Wold, the director of Draw Events, which is managing the festival.

"It can take up to six hours to inflate her, and she is accompanied by continuous air pumps throughout the day. Between events, she travels in an 18-wheeler truck," Wold said.

Since her integration into the group "she has been a great draw for families, and provides a lot of joy and fond memories to all who see her," Wold said.

The ships will sail into the Foss Waterway from the direction of Vashon Island, and will later visit Victoria and Richmond, B.C. before going to San Francisco and eventually Southern California.

There will be balloon artists, magicians, pirate entertainers and local bands during the festival too.

"Food trucks and local vendors will be providing food," Wold said.

The Tacoma Symphony will perform in conjunction with the festival on Saturday, June 17.

The proceeds fund the festival, the ships, the entertainers,

and future events.

Tacoma Symphony will perform from 2 to 3:30 p.m.

The orchestra is about 70 people and is holding a free concert at the Thea Foss Waterway.

"We like to make the symphony available to the community for free concerts whenever possible," said Andy Beulow, assistant director.

"It's a good opportunity to give back to the community, and to play outdoors. We can have a themed program that includes nautical music."

The concert is 2 to 3:30 p.m.

The program will include Russian Sailors Dance by Gliere, Victory at Sea by Rodgers & Bennett, music from the film *Titanic*, and more.

Parking is available in the city, but a shuttle will be dropping people off at stops in the city too.

A one-day pass is \$9, a one-day tour pass is \$12, a multi-day pass is \$20, a day sail pass is \$95, a fast-pass is \$59, and a Parade of Sail day pass is \$150. For more information on tickets and the other 17 ships, visit festofsailtacoma.com.

Duck raffle to benefit youth swim programs

By Winter Dorval
Staff Reporter

The Mount Rainier Pool will raffle off tickets to the Festival of Sail the next two weekends at the Des Moines Waterfront Farmers Market.

The Festival of Sail on Tacoma's Thea Foss Waterway will display tall-masted ships from all over the country and include tours and associated events. The world's largest inflated rubber duck will be on display as part of the event. The Festival of Sail will run June 15-18.

The raffle on June 3 and June 10 will be for two multi-day pass tickets for the Festival of Sail, plus a Momma Duck T-shirt.

The raffle proceeds will go to support the pool's youth swimming programs.

"We will be having a raffle to raise funds for swimming scholarships," said Gene Achziger, outreach coordinator for the pool.

"Proceeds go to the scholarship fund to get disadvantaged youth into the pool for lessons," he said.

Raffle tickets are \$5 each.

"You generally don't see the tall ships here. And the duck is as tall as some of the tall-masted ships," Achziger said.

The raffle is called "Feed the Ducks," and donations will go into duck-shaped collection bins at the market.

Amazon Studios producing new version of 'The Tick'

CELEBRITY EXTRA
By Cindy Elavsky

Q: I have been hearing about a new version of *The Tick* being produced. I loved the Patrick Warburton version. Can you give me any information? – Billy B., via email

A: Amazon Studios announced a premiere date for its original series *The Tick*, which

stars Peter Serafinowicz as The Tick, as well as Griffin Newman, Jackie Earle Haley, Valorie Curry, Scott Speiser and Brendan Hines. The superhero comedy centers on an underdog accountant with zero powers (Newman) who comes to realize his city is owned by a global supervillain long thought dead. As he struggles to uncover this conspiracy, he falls in league

with a strange blue superhero. *The Tick* will premiere Friday, Aug. 25, on Amazon Prime Video. The seven-episode series was created, written and executive-produced by Ben Edlund (*Gotham*, *Supernatural*, *The Tick* [1994]).

Q: I saw a commercial on TNT for a new series about William Shakespeare. Do you know

anything about it? – DeeDee F., via Facebook

A: As an English- and theater-degree holder, I can say unequivocally that I am excited about this one. *Will* premieres Monday, July 10, at 9 p.m. ET/PT on TNT. This new original series takes viewers back in time to Elizabethan England to tell the wild, rowdy story of young William Shakespeare.

Newcomer Laurie Davidson plays the title role in this period drama told in a bold, contemporary style and played to a modern soundtrack that exposes all of Shakespeare's recklessness, lustful temptations and tortured brilliance. Also starring are Olivia DeJonge, Ewen Bremner, Colm Meaney, Mattias Inwood, Jamie Campbell Bower and Jasmin Savoy Brown.

Semi-pro baseball

Highline Bears open new season

By Keiona Trimmer
Staff Reporter

College baseball comes back to the Northwest this summer. The Highline Bears baseball team will be continuing their season this summer in the Pacific International League. The team will be hosting 18 different colleges from around the area this season. The Bears are a summer collegiate baseball team in the PIL league, a league founded in 1992. This league allows former professionals and college baseball players to participate. Most of the players in the PIL are NCAA eligible, and have to be unpaid to be eligible to participate. The league's season starts in May and ends in July. Since this league was created by the Northwest Amateur Western International League in 1992, there have been more than 40 players from the PIL that have played in a major league baseball game. One thing different about the Highline Bears compared to some of the other teams in the PIL is that the whole team managing board is made up of local community members. General Manager Justin Moser, who is also Highline alumni, said he wanted to bring baseball back to the White Center Stadium. The stadium was remodeled in 2008.



Highline Bears photo
A Bears pitcher uncorks a pitch last season, when the Bears set a league record for attendance.

The stadium has been used for multiple college teams, little league games, and select baseball programs. The Bears had brought back life to the semi-pro baseball community in 2015 at the White Center Stadium. The team averages about 250-400 fans in the stadium every night they have a game, sometimes even getting about 600 fans a night.

“This year on top of our normal between inning games, we plan on having give-a-ways as we reach milestones towards 10,000 fans,” said Moser. He said they will have surprise giveaways at 2,500 fans, 5,000, 7,500 and of course 10,000 fans. “We have quite a few promotional nights on top of that as well, including Military Appreciation Night, kicking off

National Ice Cream Month with an Ice Cream Eating contest,” Moser said. The team has been working with local community groups through the years. Some are The Yes Foundation, West Seattle Little Leagues, White Center Food Bank, and Highline Schools Foundation. The Bears have recently hired Josh Evans as their new

manager. Evans was a special assistant for the team last year. “I’m looking forward to bringing a very talented group of ballplayers together in the Pacific Northwest,” said Team Manager Evans. Evans said that the team wants to give the community something to be excited about over the summer. “We have planned out many community events such as food banks, local parades, summer school programs, a partnership with local businesses in the community, and much more,” Evans said. He said he’s more excited about the positive impact the team will be having off the field, in the community over the summer. “The coaching staff and I have prepared this team with the mindset that we’ve got to find some good talent,” said Evans. “Most importantly they’ve got to have a great head on their shoulders.”

Season tickets are \$70 online, and \$5 per person if you pay at the field. “It’s a high level of baseball for a cheap family friendly price,” said Evans. The Bears opening night is Friday, June 2 at the Mel Olsen Stadium in Seattle at 7 p.m. They will be playing against the Northwest Emeralds from Seattle.

T-Birds working to rebound from last season

By Colin Phan
Staff Reporter

The Highline men’s basketball team must overcome losing nearly half of their roster in order to compete for an NWAC championship next season. The T-Birds finished fifth in the NWAC West Region last season, with a 13-15 overall and 7-7 in division record under Head Coach Che Dawson. Seven sophomores were key contributors to Highline’s record, but they are all set to leave



Che Dawson

Highline, including their leading scorer, forward Jamie Orme (19.09 points per game) and a key contributor in guard Austin Anderson (11.04 points per game). Orme also led the T-Birds in rebounds last season, grabbing 10.77 boards a game. “We had seven sophomores, all of whom brought something different to the program,” Dawson said. “Their contributions will be missed.” The leadership the sophomores had in the locker room will be missed, but this creates an opportunity for the returning freshman to come into their own, Dawson said. He had a couple in mind who could step up for the T-Birds. “Neil Green does a very nice job of providing vocal leadership,” Dawson said. “Desmond Hudson does a great job of showing the others how things need to be done.” Green, a 6’4” guard, averaged 6.56 points a game for the T-Birds last season. Hudson, a 6’8” forward, averaged 2.19 points.



Travis Rice

Last season some freshmen weren’t able to see the court much, but Dawson says they all have a chance to compete for more playing time. “They all have an equal opportunity,” Dawson said. “They are all working hard this offseason to maximize that opportunity.” The returning players won’t be competing against just themselves this season, but will also have to fend off a recruiting class featuring eight players. “We have signed eight players for next year,” Dawson said.

“Some of them transfers, and some are high school seniors.” Headlining the transfers set to arrive at Highline next season is North Arizona’s Travis Rice (6’2”). Rice was rated a two-star guard coming out of Bishop Gorman High School in Las Vegas. At Bishop Gorman, Rice was teammates with former Gonzaga center Zach Collins, and competed against NBA caliber talent, Lonzo Ball, expected to be a top-three draft pick. Rice also picked up three national titles with Bishop Gorman. Also expected to join the team is Central Catholic High School (Portland) guard Amari Hale (6’1”). Hale earned second team all-Mt. Hood Conference honors with Central Catholic as a junior. With Rice, Hale, and the rest of this year’s recruits in the fold, Dawson said he can see Highline rebounding from a subpar season last year, and continue competing for a title. “We had a season this year that did not meet our expectations,” Dawson said. “We have

Name	Pos	Ht	Previous School
Travis Rice	G	6’2”	Northern Arizona University
Amari Hale	G	6’1”	Central Catholic
Steffun Singleton	G	5’9”	Todd Beamer
David Harris	F	6’4”	Lincoln
Coby Rothwell	G	6’3”	RA Long
Malik Sanchez	F	6’5”	Kentwood
Weston Vandenhazel	F/C	6’10”	Tumwater
Connor Kelley	G	6’3”	Eisenhower
Tristan Miguel	C	6’10”	Western Oregon University

worked hard to try and get back to competing for a league and NWAC championship.”

Citizenship not as simple as it sounds

By Leticia Bennett
Staff Reporter

Citizenship is like a marriage or adoption, a professor said at last week's History Seminar.

Dr. Jennifer Jones, a geography instructor, spoke last week about the history of citizenship.

History Seminar is a weekly series of presentations on different historical topics of significance.

The word citizen comes from the old french "citeain," coming from the Latin word meaning city.

"When I was in grade school, part of our grade was good citizenship," said Dr. Jones.

"You had to show that you were a good citizen. That meant you were polite, obeyed the teacher, were neat, and shared crayons."

But being a citizen is more than just hanging up your coat in the cloak room or sharing

crayons with your neighbor, she said.

"A citizen is counted in the census as someone who is distinct from a foreigner," Dr. Jones said, "Citizens pay taxes. Of course, lots of people pay taxes, but a citizen is expected to pay taxes. A citizen serves in the government, either in the military or in some other civic meeting ... a citizen supports the country, protects it, and is loyal to it," she said.

People have been debating what it means to be a good citizen for a long time, she said.

The earliest records from the ancient Sumerians, dating 4,000 years back, contain concepts of citizenship. These concepts included census and military records.

The ancient Greeks connected the concept of citizenship to belonging to a physical place.

Today, there are two basic forms of citizenship.



Yuki Yamauchi/THUNDERWORD

Jennifer Jones discusses what being a citizen entails.

One of these forms is birthright citizenship, also known as Jus Sanguinis, meaning of the blood.

Birthright citizenship, "...has to do with who you were born to. Usually older and more homogeneous societies have that. Who your parents were is really

important," Dr. Jones said.

One of the second basic forms of citizenship is Jus Solis, meaning that a person automatically becomes a citizen in the country they were born in.

This type of citizenship is more common in the Americas and other recently established

places.

Most countries in the world do not grant automatic citizenship.

"You get a bundle of rights as a citizen. If you're not a citizen, you can't be on a jury. You cannot get financial aid in certain circumstances. There are things you can't do. You can't run for public office and for certain offices. You can't vote if you're not a citizen. So basic rights and privileges are not granted if you're not a citizen," Dr. Jones said.

"Being a citizen is like joining the family of a country. [It's] a way of legally binding people together who don't have genetic ties," said Dr. Jones.

There will be no History Seminar next week. The Fall Quarter History Seminar series will start October 4, and be on Wednesdays, and take place in Building 3, room 102, from 1:30 to 2:40 p.m.

New bubble tea store offers a taste of Asian cuisine

By Ao Hsing-Yi
Staff Reporter

A new bubble tea store has been catching students' attentions and offering a taste of Asian culture to those willing to brave crossing busy Pacific Highway South.

Goatea has opened in the Lowe's parking lot near Starbucks, just south of the college.

"We named it Goatea because it sounds like Got tea? or go-at-tea," said owner Thanh Luong. "So come and get tea."

Luong is Vietnamese and a bubble tea lover. Instead of opening a Vietnamese restaurant in the United States, he decided to go with his first love.

"I've been drinking bubble tea ever since my high school years," Luong said. "It has been 10 years already."

He's determined to make sure his costumers have access



Yuki Yamauchi/THUNDERWORD

Patrons enjoy bubble tea at Goatea, which is in the Lowe's parking lot on Pacific Highway South.

to real bubble tea. It originates from Taiwan, and Luong is very careful about where his ingredients come from.

"My suppliers import their

products from overseas because they have more options when it comes to flavors," he said. "And the quality is better."

Bubble tea typically comes

in two distinct types, either fruit-flavored teas or milk teas. Goatea, however, combines the two and specializes in a hybrid fruit-flavored milk tea.

Mana Satogawa, a Japanese international student at Highline, prefers hybrid fruit milk tea over regular milk tea.

"I really love bubble tea. Milk tea is good, but I prefer the pineapple one," she said. "It is the best, I think."

The menu, though, is not limited to bubble tea. Customers can also dine in or out on Vietnamese sandwiches and also try Thai tea.

Highline student Kade Majjala, praised the sandwiches at Goatea.

"People should try the grilled pork one. It's better than Subway," he said.

Shop hours are Monday-Thursday 11 a.m.- 9 p.m.; Friday, Saturday 11 a.m.- 11 p.m.; and Sunday 11 a.m. - 9 p.m.

During the grand opening, customers can get a 10 percent off discount.

For more information call 206-223-6969.

Burien will show its pride

Town Square Park to host city's first-ever celebration of LGBTQ+ community June 3

By Joselin Alcantara
Staff Reporter

Gay pride will be on display when Burien hosts its first Pride Festival on June 3.

The festival will take place at Burien Town Square Park from 10 a.m. to 10 p.m.

Admission is free and open to everyone of all ages.

All money raised will be

donated to Burien C.A.R.E.S, a non-profit Animal Shelter and Control and to Camp Ten Trees, which provides residential camping programs for LGBTQ+ youth and youth from LGBTQ+ families.

The motivation behind starting this event was to, "come together and celebrate and acknowledge the LGBTQ+ community," said committee mem-

ber Debra George.

Activities are still in the making but there will be a kids area, yard games, music, a drag show and a beer garden, George said.

Unfortunately, there will not be a parade this year but maybe in the future, said committee member Robert Johnson.

The drag stage will be hosted by Tru St. James, an award-win-

ning salon based in St. James, NY and DonnaTella Howe, a principle performer for Team Diva Real Estate and a local Seattle performer.

The committee putting together this event is made up of local Burien residents and business owners who are both gay and straight, George said.

Both Johnson and George said they feel that the LGBTQ+

community in Burien has increased and expect around 1,000 people to attend.

The message the community should take away is, "that Burien is a welcoming city to the LGBTQ+ community and that we embrace diversity," George said.

"Love is love, mean people suck and diversify yourselves," Johnson said.

Ditching Paris agreement could cost jobs

WASHINGTON(AP)—President Donald Trump has declared that abandoning the Paris climate agreement would be a victory for the American economy.

Many economists have big doubts.

They say the agreement would likely help create about as many jobs in renewable energy as it might cost in polluting industries. Should the United States pull out of the pact and seek to protect old-school jobs in coal and oil, it would risk losing the chance to lead the world in developing environmentally friendly technology—and generate the jobs that come with it. What’s more, over the longhaul, climate change itself threatens to impose huge costs on the economy.

“Withdrawing from the Paris agreement is hardly going to create jobs in the U.S.,” says Cary Coglianese, professor at the University of Pennsylvania and editor of the book *Does Regulation Kill Jobs?* “While specific environmental regulations can sometimes lead to job losses, they also can and do lead to job gains—with the result being roughly a wash.”

The Paris agreement has drawn surprising support from major companies, from oil giants like Exxon Mobil and Royal Dutch Shell to other corporate giants like Walmart and Apple.

“We need a framework like that to address the challenge of climate change, the risk of climate change,” Darren Woods,



AP photo

President Trump said that his plan to end the Paris agreement would be beneficial to the American economy. However, pulling out of the agreement could cost many environmentally friendly jobs.

CEO of Exxon Mobil, said Wednesday.

Likewise, Shell CEO Ben van Beurden told NPR earlier this month that talk of leaving the Paris accord risked creating the “unpredictability” that makes business decisions harder.

A White House official said Wednesday that Trump was planning to pull out of the Paris deal, although a final decision had not been made. And Trump has reversed himself before on major policy pledges, including on whether to abandon the North American Free Trade Agreement, a step the president no longer favors.

“There’s no doubt that regulations have costs, but they are

not the primary driver of employment,” says Michael Greenstone, an economist at the University of Chicago.

Polluting industries such as oil and coal are highly automated and are unlikely to embark on a major hiring spree even if the United States dropped out of the Paris agreement, experts say.

“The potential number of jobs you can create in fossil fuels is limited, while the potential number of jobs in green technologies—in principle the sky is the limit,” says Bart van Ark, chief economist at the Conference Board, a business

research group.

Already, the United States employs more people in solar energy (nearly 374,000) than in coal (a little over 160,000), according to the U.S. Department of Energy.

Many big companies say they must make long-term investment decisions based on the assumption that most countries will stiffen environmental standards. Accordingly, they are increasingly investing more in green technology.

“The business sector is moving ahead anyway,” van Ark says. “Businesses that are into

this are into it for the long haul. Not just for four years, the term of a president.”

General Electric, for instance, plans to invest \$25 billion in clean technology research and development by 2020.

“We believe climate change is real and the science is well accepted,” GE’s chief executive, Jeffrey Immelt, wrote to employees in a blog post in March. “Our customers, partners and countries are demanding technology that generates power while reducing emissions, improving energy efficiency and reducing cost.”

Economists also warn that climate change could inflict a devastating impact on the global economy. Drought and water shortages could sap growth. Rising sea levels could swamp low-lying cities and farmland. A 2015 report by Stanford University’s Marshall Burke and the University of California, Berkeley’s Sol Hsiang and Ted Miguel found the climate change could slash 20 percent from global economic output by 2100, more than five times previous estimates.

“Global climate change is a threat to the economy,” says Mark Zandi, chief economist at Moody’s Analytics. “Anything that we do that works to curtail global warming is an economic plus.” Anything that delays the fight against climate change is “an economic negative.”

Climate change will pour some rain

By Cameron Boosman
Staff Reporter

Climate change may make the Puget Sound’s winters a bit less frigid, but meteorologist Dr. Mike Warner says that many won’t like the effect it has on Seattle’s trademark rain.

Warner will conduct the Marine Science and Technology Center’s monthly Science on the Sound Seminar this upcoming Saturday. The lecture will cover topics on climate change and how it relates to the local Seattle climate.

Warner is a meteorologist for the U.S. Army Corps of Engineers in Seattle. He works with engineers to help develop risk management systems throughout the Pacific Northwest. His lecture, however, will focus on research he conducted prior to his work with the Army.

Warner spent years conducting research at the University


of Washington both as a graduate student and as research scientist. His research has focused on “extreme precipitation events in the Pacific Northwest and the effect of climate change on those events.”

Warner said he believes that climate change will not only increase the frequency of these events but also their intensity.

Warner’s lecture at the MaST Center will discuss what exactly will cause these events to become more extreme, and what the effect on the Puget Sound’s climate will be.

He published his first peer-reviewed paper on the subject in the Journal of Hydrometeorology in 2015, and has another paper in the final review stage before publishing.

The free seminar will be at the MaST Center at Redondo Beach on Saturday, June 3, and will begin at noon.



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Heyman

continued from page 1

homework. His grades were mediocre. Then, as he entered the final semester of his senior year, he impregnated his girlfriend. Instead of buying a cap and gown, he rented an apartment at 28th Avenue and South Jackson Street to share with her and their baby daughter.

He took a job as a carpet cleaner, but sold marijuana on the side.

“Easy fast money is what it really is,” Heyman said.

He knew the lifestyle because he grew up watching close family who lived it.

And as he sold more, he used more. On any given day, he drank a six-pack to twelve-pack of beer, a pint to 1.5 pints of hard liquor, cocaine, heroin, or all.

“Drinking and drugging,” Heyman said. “That was the life.”

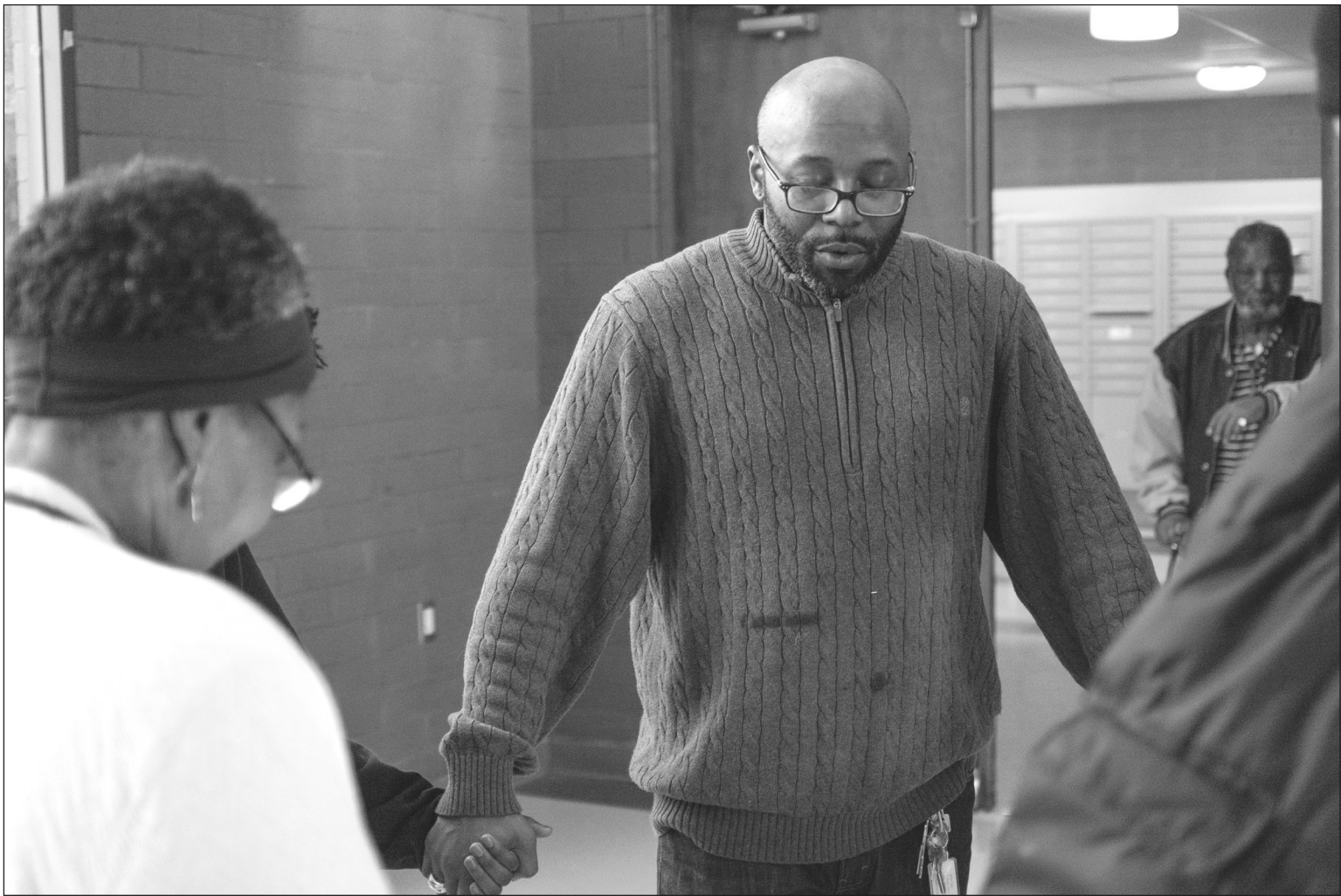
His father was concerned as Heyman stepped in and out of the lifestyle throughout his 20s and 30s. When his son came home for visits, it came with repeated lessons on how his choices held him back.

But the lectures that Heyman had memorized didn’t stop him. Only close-calls and family obligations slowed him down. He finished his high school diploma after a bullet ricocheted off his collarbone during a drug deal, and wired electrical boxes for construction vehicles after he married the mother of his son.

And challenges set him back. He served six months in jail in connection to a drug offense after a head-on-collision left him with a back injury, and slept on buses and couch-surfed after he was laid-off from his union job.

Heyman knew his life had changed after three surgeries to save his leg failed. A break caused by a jump down a flight of stairs while showing off at a family party became a bone infection that persisted for two years.

“If it don’t work this time, then cut it off,” he told doctors after the third attempt.



Micheal Simpson/THUNDERWORD

Walter Heyman says it is a constant battle against addiction, but he hopes to help others will be helping people in the summer as an intern at Valley Cities health care center.

He now walks with an artificial leg.

Heyman got into religion as he recovered. He continued to fight his addictions, selling his prescription medication for drugs, but studied a Bible that his father, now pastor of his own church, gave him after the accident.

Then every Saturday, he volunteered in a food ministry, delivering produce to local community centers along with people receiving treatment from Praisealujah, a faith-based drug rehabilitation center in Burien.

Heyman was inspired by the volunteers to enter Praisealujah’s 90-day recovery program. By this point, he was sober. He wanted to change and saw the three-phase program as a step to cutting ties with his past.

“Now that I’m stable, now I can get back to who I’m supposed to be,” Heyman said. “I finally came to the realization that without God I ain’t gonna

be able to do it.”

He enrolled last May and began the 30-day blackout period. No phone calls. And no visits to the house that he and 20 men shared.

“More leave than make it,” Heyman said. Some left to get high and some came back after regressing.

Those who remained did everything together including Bible classes, homework, meals, household chores and church on Sunday. By sharing their experiences, they got close and offered encouragement when temptations to fall back into former lifestyles came up.

To graduate, all had to find full-time employment, or vocational training. Heyman chose the chemical dependency professional program at Highline with the goal of becoming a state Department of Health certified counselor, because he wants to approach patients from a place of shared experience.

Students in the program study the history of addictions treatment and the effects that drugs including alcohol has on people and society. And they learn counselling techniques practiced through internships.

Here he found out he was one of the majority of students who have encountered addiction first-hand.

Ken Pimpleton, adjunct professor in Highline’s chemical dependency program, said in 11 years of teaching classes of 36 to 40 students, 25 to 30 have overcome addiction, or have family that have.

“They want to give back what was given to them,” Pimpleton said, adding that they tend to be strong caregivers because a counselor helped them through their recovery.

Some patients prefer to be treated by chemical dependency professional who has overcome addiction, said Brad Burnham, a program manager at the state

Department of Health.

Heyman, with a 4.0 grade-point average and a member of the Phi Theta Kappa Honor Society, says chemical dependency is an incurable disease and he will always struggle with temptation. Because of his studies at Highline and Praisealujah he said he understands the triggers to relapse and how to avoid them through his support systems of family, counselors, teachers and friends who say they recognize his dedication to remain sober.

This summer, Heyman is set to intern at Valley Cities, a behavioral health care provider, and on successful completion of his certification at Highline, Heyman wants to work in a faith-based recovery program such as the one that helped him.

“That’s the front line of addiction,” Heyman said. “It’s my purpose to be that example for those that are still out there struggling.”

Husband of Mary Kay Letourneau files for separation



Mary Kay Letourneau

SEATTLE (AP) — The man who married his former sixth-grade teacher after she was jailed for raping him has filed for legal separation from her.

King County court records show 33-year-old Vili Fualau asked the court for a legal separation from 55-year-old Mary Kay Letourneau on May 9.

Letourneau is a former Des Moines-area teacher who be-

came tabloid fodder when she was convicted in 1997 of raping the then 12-year-old Fualau. She was 34 and a married mother of four when the relationship began.

The couple married on May 20, 2005, in Woodinville, Washington, after she served a seven-year prison term for child rape.

They have two daughters together.

Seattle City Council removes diet pop from proposed tax plan

SEATTLE(AP)—Seattle City Council members have advanced a proposal for a soda tax but have changed the plan to exclude diet pop.

The Seattle Times reports Seattle Mayor Ed Murray sent the measure to the council in April, calling for a tax of 1.75 cents per ounce on distributors of beverages such as Pepsi and Coke, diet sodas and other drinks.

But the new version of the recommended tax excludes diet drinks, exempts small manufacturers and would have medi-

um-sized manufacturers pay a reduced rate.

The council’s finance committee made the changes before voting 6-2 to move the ordinance toward a final vote, which will likely happen Monday.

Murray had added diet drinks to his plan after a racial-equity analysis showed their popularity among wealthy people and white people.

Revenue from the tax would be spent on programs that support healthy eating.

New VA app links to your phone

Have a smartphone? You might want to keep an eye on a new app being designed for the Department of Veterans Affairs that will help you get medical appointments and care more quickly.

As part of the Faster Care for Veterans Act of 2016, the VA awarded a pilot program contract to design an app you



by Freddy Groves

can use on a computer, smartphone or tablet to get primary or specialty care, as well as mental-health appointments. You'll also be able to manage your in-person and telehealth appointments, see what appointments are available and get reminders or prompts about follow-up appointments.

The designer, Document Storage Systems, has been in the business for 25 years and has run a successful scheduling program at Roudebush VA Medical Center in Indianapolis. The pilot program will last for 18 months at three Veterans Integrated Service Networks.

The VA currently has an app for booking primary-care appointments at 99 VA facilities. The Mobile Veterans Appointment Request has good reviews, but this new app has a specific feature the other doesn't: With the new app you can schedule your own specialty-care and mental-health appointments and see real-time appointment availability slots, instead of leaving a text message for a scheduling clerk to help set up an appointment. (They have five days to reply under the current app.)

Do I sound hopeful? I am. Granted, there's always the chance of a glitch, but tapping in an appointment choice seems better than waiting five days to learn whether you have your preferred appointment time and date.

Let's hope the new app can notify you if lab work is needed before your scheduled appointment. The current app doesn't do that.

Keep an eye on mobile.va.gov to see if your area is part of the pilot program.

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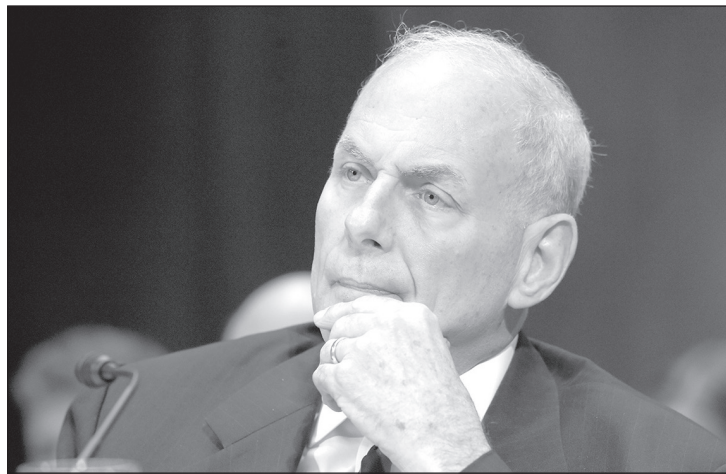
U.S. weighs ban on airplane laptops

WASHINGTON (AP) — Homeland Security Secretary John Kelly said Sunday he's considering banning laptops from the passenger cabins of all international flights to and from the United States.

That would dramatically expand a ban announced in March that affects about 50 flights per day from 10 cities, mostly in the Middle East. The current ban was put in place because of concerns about terrorist attacks.

The ban prevents travelers from bringing laptops, tablets and certain other devices on board with them in their carry-on bags. All electronics bigger than a smartphone must be checked in.

Kelly was asked on *Fox News Sunday* whether he would ex-



AP Photo

Homeland Security Secretary John Kelly said he is considering a ban on laptops on aircraft on international flights to the U.S.

pand the ban to cover laptops on all international flights into and out of the U.S.

His answer: "I might."

The current U.S. ban applies to nonstop U.S.-bound flights

from 10 international airports in Amman, Jordan; Kuwait City, Kuwait; Cairo; Istanbul; Jeddah and Riyadh, Saudi Arabia; Casablanca, Morocco; Doha, Qatar; and Dubai and Abu Dhabi in the United Arab Emirates. About 50 flights a day, all on foreign airlines, are affected.

Earlier this month, there were reports that the Trump administration would broaden the ban to include planes from the European Union, affecting

trans-Atlantic routes that carry as many as 65 million people a year.

U.S. officials have said that initial ban was not based on any specific threat but on longstanding concerns about extremists targeting jetliners.

"There's a real threat," Kelly said, adding that terrorists are "obsessed" with the idea of downing a plane in flight, "particularly if it's a U.S. carrier, particularly if it's full of mostly U.S. folks. It's real."

Kelly said that the U.S. is going "to raise the bar for, generally speaking, aviation security much higher than it is now, and there's new technologies down the road, not too far down the road, that we'll rely on. But it is a real sophisticated threat, and I'll reserve making that decision until we see where it's going."

While Kelly referred to "a real sophisticated threat," the Trump administration's spending plan for the budget year that begins Oct. 1 would make significant cuts to airport security programs.

Trump budget could wilt Washington wheat exports

SPOKANE (AP) — Wheat experts from Washington and Idaho say the agriculture cuts in President Donald Trump's budget proposal would have a devastating impact on U.S. wheat exports.

U.S. wheat farmers are already facing historic competition from overseas producers, and experts say Trump's budget would only make things worse, The Spokesman-Review reported.

The Trump administration has proposed slashing conservation programs, food aid, crop insurance and trade programs that help sell American wheat to foreign buyers.

Michelle Hennings, executive director of the Washington Association of Wheat Growers, said those cuts would be especially painful for many farmers in the U.S.

Northwest.

Many Washington growers need about \$6 per bushel to break even, yet prices have been hovering below \$5 for months, she said.

"It's so important to trade our wheat," she said, "because otherwise we sit on it and the price goes down."

Trump's budget would completely defund the Market Access Program and the Foreign Market Development Program, which are overseen by the U.S. Department of Agriculture.

The programs, created in 2002, provide funding to organizations like U.S. Wheat Associates, which has offices in 15 foreign countries. Specialists in those offices work with potential buyers and develop flour blends that suit their products.

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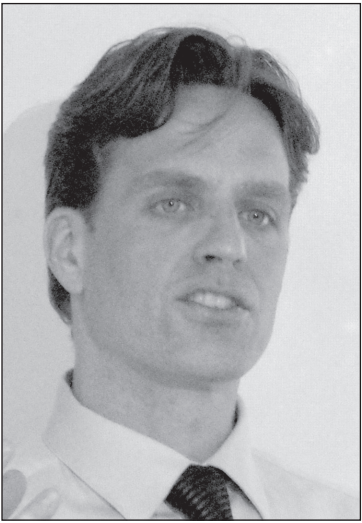
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Darin Smith

Exercise can be fountain of youth

By Cameron Boosman
Staff Reporter

The fountain of youth may not exist, but a treadmill may be the next best thing, said Highline professor Darin Smith.

Smith spoke at Highline's weekly Science Seminar on Friday about the numerous health benefits that can be gained from even moderate regular exercise.

One of the primary benefits of healthy living and regular exercise is a longer life, he said.

"Exercise can lower the risk of premature death by 20 to 40 percent," Smith said.

If you remove accidents from the list of leading causes of death in the United States, Smith said the remaining top five are: Heart disease, cancer, respiratory disease, strokes, and Alzheimer's and related degenerative brain diseases.

Regular exercise has been shown to reduce your risks to develop each and every one of these conditions, Smith said.

It isn't just a longer life, he said, but a better one. Studies have shown a link between keeping your body in shape and keeping your mind in shape.

Seniors who are physically healthier often perform much better on cognitive tests than those who do not get any regular exercise.

"If we make positive lifestyle choices," Smith said, "we can hold onto our functionality a lot longer."

While age related cognitive delay is inevitable, individuals can work to stave off its effects by getting 30 minutes of light cardio five times a week, or 30 minutes of moderate cardio three times a week, he said.

This week's Science Seminar will be in Building 3, room 102, and will run from 1:30 to 2:30 p.m. Dr. Savio Pham will discuss Data Science and women in STEM careers.

Marijuana effects: some truth, some smoke

Good for pain, not for lungs

By Malcom Ritter
AP Science Writer

NEW YORK – A new marijuana study joins a limited record of scientific knowledge about the harms and benefits of pot.

The research published Wednesday is the first rigorous test of a marijuana compound in treating a certain form of severe epilepsy. It found that an ingredient of marijuana •one that doesn't give pot smokers a high •reduced the number of seizures in children.

In the U.S., more than two dozen states allow medical use of marijuana. Federal drug regulators have not approved marijuana itself, but they have allowed man-made, chemical-related medicines to treat loss of appetite in people with AIDS, and nausea and vomiting caused by cancer therapy. A marijuana extract is sold in Britain for nerve pain and other problems from multiple sclerosis.

In January, a U.S. advisory



AP photo

Marijuana appears to have some medical benefits, but use also carries some risks, according to the latest research.

committee concluded that the lack of scientific information about marijuana and its chemical cousins, called cannabinoids, poses a risk to public health. The experts called for a national effort to learn more.

In a report from the National Academies of Sciences, Engineering and Medicine, they also rounded up what is known. Here are some of its conclusions.

There's strong evidence that marijuana or cannabinoids:

- Can treat chronic pain in adults
- Can ease nausea and vomiting from chemotherapy
- Can treat muscle stiffness and spasms in multiple sclerosis as measured by what patients say, but less strong evidence if the changes are measured by doctors

On the other hand, it also found that pot smoking may be linked to:

- Risk of developing schizophrenia and other causes of psychosis, with the highest risk among the most frequent users
 - Risk of a traffic accident
 - More frequent chronic bronchitis episodes from long-term use
 - Lower birthweight in offspring of female users
- There's some evidence that pot or cannabinoids may:
- Improve short-term sleep in people with some medical conditions
 - Boost appetite and ease weight loss in people with HIV or AIDS
 - Ease symptoms of post-traumatic stress disorder and improve outcomes after traumatic brain injury

Similarly, some evidence suggests pot use may be linked to:

- Triggering a heart attack
- An increased risk of developing a lung condition called chronic obstructive pulmonary disease
- Pregnancy complications when used by the mother
- Impaired school achievement and outcomes
- Increased suicidal thoughts and suicide attempts, especially among heavier users
- Risk of developing bipolar disorder, especially among regular users.

There's not enough evidence to know if marijuana or cannabinoids can:

- Treat cancer
- Ease symptoms of irritable bowel syndrome
- Help with movement problems associated with Parkinson's disease
- Improve mental health outcomes in people with schizophrenia

Similarly, there's not enough evidence to know if marijuana is linked to:

- Increased risk of heart attacks over time from chronic use
- Development of post-traumatic stress disorder
- Changes in the course or symptoms of depression disorders
- Development or worsening of asthma
- Accidents or injuries on the job.

Strange BUT TRUE

By Samantha Weaver

•In France, writing a bad check is not just bad form – it's illegal. Violators of the "cheque sans provision" law are subject to criminal fines and can be banned from writing checks for up to five years.

•You might be shocked if you came across the term "lust-house" in, say, a newspaper. You shouldn't be, though – it doesn't mean what you think it means. The term comes to us (unsurprisingly) from German, where the word might refer to either a country house or a tavern with a beer garden.

•There was a time when the game of checkers was commonly – and condescendingly – called "chess for ladies."

•Avian veterinarians agree: One of the main health problems faced by pet parrots is obesity. Evidently, Polly wants more than just a cracker.

•It's interesting to speculate whether American singer, songwriter and record producer Kid Rock would have met with as much success had he kept the name he was given at birth, Bob Ritchie.



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President’s budget won’t trump ST3 plans

By Lezlie Wolff
Staff Reporter

Sound Transit officials say they can complete the light rail line to Federal Way even if they lose federal funding, Rachelle Cunningham, Sound Transit public information officer said.

Federal funding for Sound Transit expansion could be eliminated in President Trump’s 2018 budget. The president’s budget would block \$500 million for the extension of light rail to the Federal Way Transit Center.

Sound Transit officials are working with members of Congress to secure that funding, Cunningham said.

“Whether or not that happens, we’re still moving forward and it doesn’t jeopardize the project,” she said.

“We’ve got our other funding,” Cunningham said.

The money comes from a lot of different places and the federal funding is just a portion of it, Cunningham said.

Additional taxes approved by voters in 2016 for the extension include 0.5 percent sales tax, new vehicle renewal registration, and property tax of \$0.25 per \$1,000 of assessed valuation.

Because the funding is happening over many years, “just because this part of it doesn’t come through, it may be possible in the future that the funding would be restored,” Cunningham said.

The light rail will be a huge benefit to people throughout the region, connecting Federal Way to Lynnwood and to Bellevue, said Cunningham.

“It’ll be much easier and hopefully that will improve the lives for people who need to get to places without the inconvenience of traffic, or the expense,” Cunningham said.

The extension project has been in planning since 2012, with lots of public input, she said.

Construction is expected to start in 2019 and completion in 2024, she said.

The 7.8-mile light rail extension from SeaTac’s Angle Lake Station at South 200th Street to Federal Way will cross Pacific Highway South to I-5 running south along



Sound Transit map Under cuts outlined in the Trump Administration’s proposed federal budget, Sound Transit may lose \$500 million toward ST3, but still plans to complete the expansion.

the west side of the freeway.

It will stop at a station on the west side of 30th Avenue South, near Highline, then continue south to a stop at Star Lake Park and Ride and then south again before it curves west at South 317th Street, completing its run at Federal Way Transit Center.

Because the light rail route runs through the Mark Twain Elementary School’s playground, and would be disruptive to students, Sound Transit, Federal Way Schools, and King County Metro worked together and agreed to pursue building a new Mark Twain School in an alternate location.

Funding is one consideration and displacement of residents and businesses is another.

Running down I-5, Cunningham said, there will be a lot fewer displacements than if the route had gone along Pacific Highway South.

As many as 200 residents in apartment complexes and 42 businesses could be displaced, she said.

“Those folks will be notified and they’ll be able to take advantage of our relocation process,” Cunningham said.

“For the most part, people are pretty happy,” she said of light rail riders.

Making the new stations pleasing to riders is important to Sound Transit.

“The art program is some-

thing that we’re very proud of. All of our stations have art incorporated into them,” Cunningham said.

“I work closely with the cities and the artists to make sure that their installations are in keeping with their philosophy and the overall plan for their neighborhood,” she said.

Ridership is strong, putting parking at the present stations at a premium, Cunningham said.

The latest ridership report shows that an average of 3,194 people ride each week-day to Angle Lake in the first quarter of 2017.

As Sound Transit attracts more riders some issues inevitably crop up. The garages at the new stations will expand the amount of parking that’s available to the region, she said.

“There will be some improvements to encourage folks to get there in ways other than cars,” Cunningham said.

“Parking is one of the problems that comes up,” she said. So are crowded buses and trains during peak hours.

Rider etiquette can also be an issue for riders. People having long, loud phone conversations or music coming out of ear buds that other riders can hear are disturbing to riders.

“It is a common courtesy thing,” Cunningham said.

“If there were trouble, we would take care of something that was very disruptive,” she said.

“We had a campaign about etiquette,” she said.

People can “stay informed by signing up for alerts to let them know what’s going on in their neighborhood,” she said.

For more information, contact Zac Eskenazi, outreach specialist, at 206-903-7178 or Zachary.eskenazi@soundtransit.org.

From the Sound Transit website <https://www.soundtransit.org/>, you can click the Projects & Plans tab and scroll down to click the outreach team link to your community outreach specialist.

“In a few years’-time, it’s going to be much easier to get around the whole region,” Cunningham said.

Employers may no longer have to provide no-cost birth control

The Associated Press

WASHINGTON — Women’s groups are threatening to take the Trump administration to court after a leaked, draft regulation revealed a plan to let employers opt out of providing no-cost birth control to women for religious and moral reasons.

The White House refused comment, calling the 125-page document posted online by the news site Vox an “alleged draft.”

A government website shows that a rule on preventive services under the Affordable Care Act, which includes birth control is under final review by the White House Office of Management and Budget.

The share of women employees paying their own money for birth control pills has plunged to under 4 percent, from 21 percent, since contraception became a covered preventive health benefit under the Obama-

era health law, according to the Kaiser Family Foundation.

Research has shown that contraception promotes maternal health by allowing women to space out their pregnancies, among other findings.

But the mandate has drawn strong and sustained opposition from social conservatives, who see it as an infringement on freedom of conscience.

The Obama administration

exempted houses of worship, and set up a workaround for religiously affiliated nonprofits, such as hospitals, universities and social service organizations. The Supreme Court later ruled that closely held private companies were also eligible for the workaround, through which the government arranges contraceptive coverage for the affected women employees.

The leaked draft from the

Department of Health and Human Services would allow any employer to opt out of providing birth control as preventive care at no cost to women employees for religious or moral reasons.

Immediately upon taking office President Donald Trump said his administration would work to loosen health care regulations seen as infringing on religious conscience. There’s no timetable for a final regulation.

Relationship continued from page 1

Mexico went from thinking of the U.S. as a bully, to a neighbor, to a partner, Mingo said.

In the '80s and '90s Mexico decided to start sending product into the U.S. instead of people, and this was the big shift between their relationship and presented a new way to work with the U.S., Mingo said.

"Every year about \$480 billion are traded with Mexico and the U.S.," Mingo said.

However, the U.S. has a bad trade deficit with Mexico but the level of exports between both Mexico into the U.S. and the U.S. into Mexico has increased, Mingo said.

"So this situation with both parties can win, without discussing who wins more and who wins less, it's about win, win, win," Mingo said.

"The way we address the situations, such as the war on drugs, is jointly not separately," Mingo said.

When borders are opened, it brings good and the bad and this is when the relationship between Mexico and the U.S. needs to become stronger instead of trying to beat each other, Mingo said.

"Mexico has the biggest consulate network of any country in this country. We have 50 consulates in the U.S.," Mingo said.

The consulate in Seattle takes care of Washington, Alaska and Northern Idaho and the consulate is divided into four sections: protection, general, community and culture, Mingo said.

General section takes care of passports, visas and registering houses and children in Mexico, the protection helps those who are in jails and need help with their documentation status, Mingo said.

"Whenever you hear news about Trump building a wall, NATO taking jobs, go a bit deeper, think about from the Mexican perspective, think about from your perspective as living in a very diverse and rich community. How does this affect us?" Mingo said.

Advertising deadline for the last issue of the Thunderword will be Tuesday, June 6. Last chance before fall!

Thunderword @highline.edu

Gangs continued from page 1

with wounded victims, and 100 incident reports on shots fired these past few months," Mayor Backus said.

"Gun violence is mobile," said Renton Mayor Denis Law. "What encourages them and how do we get in front of them?"

The Valley Enforcement Gangs and Narcotics task force was formed by the mayors and police chiefs of South King County. Their goal is to team up and tackle gang and gun violence together.

"Bringing law enforcement and mayors into the same room, that doesn't happen that often so we can all hear the same thing," said Mayor Backus. "It's just not right and we

want to take our cities back."

The recent increase in gang-related violence has also attracted the attention of several federal agencies. Those agencies are the FBI, DEA, and Bureau of Alcohol, Tobacco, Firearms and Explosives.

Federal Way Mayor Jim Ferrell said those federal agencies will be aiding the Valley Enforcement Gangs and Narcot-

ics task force.

"We've got shootings, multiple in Seattle, Renton, Kent, Burien, and all over, and many of these are connected," Ferrell said.

"It is absolutely required of us as elected leaders and police chiefs to get together and really figure out ways to coordinate information and streamline this information sharing," he said.

Europeans trash Trump over climate change

BRUSSELS (AP) – The European Commission president on Wednesday said that it was the "duty of Europe" to stand up to the U.S. if President Donald Trump decides to pull his country out of the Paris climate change accord.

Jean-Claude Juncker said that "the Americans can't just get out of the agreement," adding that "it takes three to four years" to pull out.

Juncker went on to say that the Group of Seven leaders "tried to explain this in clear simple sentences to Mr. Trump" at a recent summit in Italy. He said that even though "it looks like that attempt failed" ... the "law is the law".

In a jibe at the U.S. administration, Juncker told the audience at an event of the Confederation of German Employers in Berlin that "not everything that is written in international agreements is fake news."

Juncker said: "If the U.S. president pulls out of the Paris agreement, and he will in the next days or hours, then it is Europe's duty to say that that is not how it works."

A White House official said earlier in

the day that Trump was planning to pull out of the Paris deal, although a final decision hadn't been made.

Trump on Wednesday declared that abandoning the Paris climate agreement would be a victory for the American economy.

The European Union and China, meanwhile, will reaffirm their commitment to the Paris climate change accord this week regardless of whether the U.S. pulls out of the pact, a senior EU official said.

The official told reporters that the EU and China will also "spell out" how they plan to meet their commitments to the landmark international accord to fight global warming at talks in Brussels on Friday.

The official is involved in preparing the meeting between EU Council President Donald Tusk, Juncker and Chinese Premier Li Keqiang, but can't speak on the record because their meeting statement wasn't finalized. Li and a major Chinese delegation are due to arrive in Brussels late Thursday following talks in Berlin.

"The EU and China are joining forces to forge ahead on the implementation of the Paris Agreement and accelerate the global transition to clean energy," EU climate commissioner Miguel Arias Canete said about the upcoming EU-China summit, stressing they remain committed to Paris.

A White House official said Wednesday that there could be "caveats in the language" announcing a withdrawal, leaving open the possibility that his decision isn't final.

That possibility was met with derisive howls from EU lawmakers when a session of the European Parliament was informed about it.

"Climate change is not a fairy tale. It is a tough reality which affects peoples' daily lives," European Parliament President Antonio Tajani said in a statement. "People die or are obliged to leave their homes because of desertification, lack of water, exposure to disease, extreme weather conditions. If we don't act swiftly and boldly, the huge human and economic cost will continue to increase."

Weekly SUDOKU

Answer

7	3	6	9	2	4	1	5	8
4	8	2	1	5	3	6	9	7
1	9	5	7	8	6	4	2	3
6	1	9	3	7	5	2	8	4
2	5	7	4	1	8	3	6	9
3	4	8	2	6	9	7	1	5
9	6	4	5	3	1	8	7	2
8	2	3	6	9	7	5	4	1
5	7	1	8	4	2	9	3	6

King Crossword

Answers


Solution time: 25 mins.

	G	A	P		T	S	P	
	G	I	R	L		S	H	E
I	N	D	I	A		C	I	R
D	A	D	D	Y		W	A	R
S	T	Y		P	O	N	D	S
		B	E	N	T		S	E
A	G	E	N	T		F	A	K
A	L	A	N			M	A	N
D	I	N		K	I	O	W	A
D	A	D	D	Y		L	O	N
S	H	O	O	I	N		R	A
	I	O	T	A	S		A	M
	R	O	D				M	A

Go Figure!

answers


9	-	2	x	3	21
-		x		+	
6	x	6	-	1	35
x		+		x	
8	+	7	÷	5	3
24		19		20	




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