

OUT OF THIS WORLD HIGHLINE GRADUATES



INSIDE
SCOOP
PLANET URANUS

Our salute to
interesting
graduates of
the Class of
2017



Yuki Yamauchi/THUNDERWORD

Vanessa Primer

She may be graduating, but she's not going away

By Izzy Anderson
Staff Reporter

Vanessa Primer has cooked up a new education and career for herself in cyber forensics.

After becoming legally disabled due to multiple injuries to her ankles, Primer went back to school to pursue something new.

"I could no longer work as a professional chef. I couldn't run around for 16 hours, six or seven days a week anymore. Because of that I knew I had to make some changes," said Primer.

Primer explored her options on campus and found the digital forensics program, which she

For more stories on the most interesting graduates of the class of 2017, see **Inside Scoop**: The Thunderword magazine, inside in Section B.

fell in love with.

"Yeah it sucks, but I'm alive. And ultimately it's given me the opportunity where I went from carving meats to carving data. ... I'm just going to take it as this is where I'm meant to go," said Primer.

See Primer, page A23

First Youth Development grads walk next week

By Joselin Alcantara
Staff Reporter

The first-ever bachelor's degree recipients for Highline's Youth Development Program will graduate next week.

It is one of the four bachelor programs offered at Highline and will be graduating 15 students this spring.

One of the leaders and instructors of this program is Human Services Coordinator Dan Drischel.

"Students in the Human Services department have always demonstrated an interest in advocating and supporting youth," Drischel said.

Which is why when the opportunity to create this into a bachelor of applied science degree came, the committee applied right away and worked with the other three programs that were also becoming bachelor of applied science degrees, Drischel said.

One student from the program, Lorena Seipen, said she waited a year to apply to the new program after receiving her Human Services associates degree from Highline.

She said she felt comfortable with Highline and liked the support from Drischel.

Another student from the program, Marianne Carreño, said she would definitely recommend the program because it is very well-rounded and the instructors are very helpful and supportive.

Even after looking at other schools for the same program, both students said they chose Highline because of the supportive instructors and the opportunities it offers.

"The program got off to a good start and experiencing steady growth," Drischel said.

Drischel said he is also very excited for the future of the program.

See Youth, page A24

Homelessness hasn't stopped Purnell

By Ellie Aguilar
Staff Reporter

Dr. David Purnell knows a thing about what students might be facing.

New communication professor at Highline has been homeless four times, lost his wife in a fire, and has faced a career collapse during economic recession.

Purnell, 53, was born in San Diego but was raised on a farm in Virginia where he and his family were very poor. Since then Dr. Purnell has lived in 30 states, has visited all 50 states, and visited 50 countries.

"I want students to know that I'm approachable and I know what struggle is. Not everyone is able to just come to class and go home, have security and have



David Purnell

someone be there to support you," said Dr. Purnell.

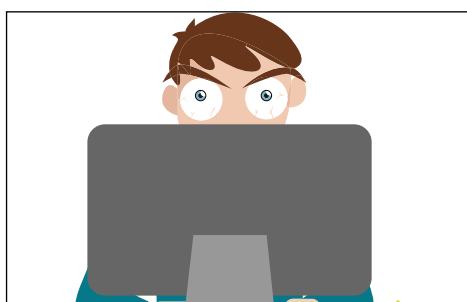
At the age of 14, Purnell faced homelessness for the first time.

"My mom had just left my dad and she wasn't allowed to

See Professor, page A23

IN THIS ISSUE

Campus life	A2-3
Opinion	A4
Puzzles	A5
Food	A6
News	A7
Arts	A8-9
Sports	A10-11
Market	A12-13
News	A14-24



Page A3
Highline students get
ready for spring finals



Page A8
Madaraka Festival is
coming to Seattle June 24



Page A11
Wrestling team reloads
for next season



Car takes the cake for its parking job

By **Brendan Myrick**
Staff Reporter

Public Safety received a report that an individual smeared cake and other food and left a derogatory note on the windshield of a student's car on May 5 at 3:15 p.m.

Public Safety believes the reasoning behind the vigilante act is because the car was taking up two parking spaces.

No word if the person responsible for the incident was caught.

Parking in the wrong spot fires up Public Safety

Two individuals who were attending the GameClucks videogame tournament, parked their two vehicles in the fire lane in front of Building 8 at 4 p.m. on June 3.

When asked by Public Safety, the individuals said that they were bringing in computers and other electronic devices inside, and that the event would only last a few hours.

Public Safety reminded them that the parking lot was not too far away.

The two individuals complied and drove their cars off campus.

Individual lights up on campus

A non-student in his early 20s was discovered smoking what appeared to be a marijuana cigarette.

The incident was near the Building 26 elevator on June 3 at 5 p.m.

The suspicious man was confronted by Public Safety officers, he complied and left campus.

Witness reports car accident

A witness reported an accident involving a parked car to Public Safety on June 1 at 11 a.m.

The driver at fault was driving a dark green two-door Honda Civic and struck a white Volvo. The driver then left their personal information on the parked car.

According to Public Safety the witness also provided information to the driver of the white Volvo.

Gull soars over the marina



Yuki Yamauchi/THUNDERWORD

Gull flies over the boardwalk at the Des Moines Marina during a sunny tuesday afternoon.

Honors students show their work



Highline honors students will be presenting a series of research and service learning

projects related to local Homelessness, Cross-Cultural Communication along with other topics.

The honors students will be available at their posters to answer any questions or expand on the topic of their poster. The students will also be prepared to answer questions about the Honors Program and Phi Theta Kappa more generally.

The Poster Session will take place on June 9, 11:30 a.m. to 1 p.m. in the Mt. Constance room, Building 8.

Barefoot dance takes over cultural center

The Inter-Cultural Center will be hosting students to experience barefoot dancing.

Student dancers will teach all about cultural wealth, and cultural appropriation versus cultural appreciation through the art of barefoot dance.

Participants are allowed to experience the dances barefoot along with the performers, so come prepared to dance.

The event will take place on June 8, from 9:30 a.m. to noon in the Inter-Cultural Center.

While you kick back, crime kicks up

By **Brendan Myrick**
Staff Reporter

As warm weather and sunny days increase, so does crime.

Citizens in Washington may see an increase in a variety of crimes due to the warm weather that summer brings. Some of the crimes that increase include home burglaries, car break-ins, theft, aggravated assault and sexual assault.

According to the U.S. Department of Justice, summer crime rates are linked to higher temperatures and better weather. The nicer the day, more people are going to be active and out of their homes.

The higher number of unattended homes gives thieves a better opportunity to break into them. According to the DOJ, during the summer home burglaries can rise by 10.5 percent when compared to the other seasons.

"People tend to leave their windows open while they're out back in the garden," said Commander Jarod Kasner of Kent Police. "Also people will leave their garage door open while they are out at the store or in back, allowing people driving by to take what they

can."

Also, social media can be used to see who is away from their homes, letting robbers know which houses to burglarize.

The increase in summer temperatures can also raise people's tempers. The DOJ says the heat can cause some folks to become more irritable. The discomfort of the elevated temperatures has been linked to an increase in aggressive behavior.

The Bureau of Justice Statistics website states that the aggravated assault rates increase by 12 percent in the summer over the winter, spring and fall.

Another factor that works in the favor of thieves is when people leave their car windows rolled down.

"Make sure your car is locked and valuables are unseen," Highline Public Safety Officer Frankie Mckeever said. "Leaving the windows cracked is asking to get broken into."

"Vehicle prowls will go up. When people go to the lake or park they think it is safe to leave their purse or other valuables in the car, but criminals know better," said Lindsey

Sperry a spokeswoman for the Federal Way Police.

Sperry also said she recommends people should buy a water proof plastic container for their phones and wallets. This prevents your valuable from leaving your side as you enjoy the water.

Even when you are away from your home or car, it does not lessen your chance of being robbed.

"When you're at the beach

or lake, keep an eye on your belongings when you're in the water," Sgt. George Curtis of Highline Public Safety said. "Just stay aware of your surroundings, because there are a lot more people around."

Also, school is out for teenagers.

"Accidents increase as well as distracted driving because kids are more likely to be out on the roads," Commander Kasner said.

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Highline students employ diverse strategies for study

By Sophia Latifyar and Krystal Robbins
Staff Reporters

Highline students say they use a variety of techniques to get ready for finals.

Students say they create flashcards when studying terms, and use applications such as Quizlet to test themselves.

They also rely on study guides for the material on tests while summarizing and memorizing the material.

Some students relied on memorization as their strategy in doing well for their finals.

“Yes, studying my notes and what my professor gives me in class. I study about two-three hours,” said Kaden Lusink.

Another student, Phloy Kaslasky said, “Not much to it, old tests are good to rely on. I study about five-10 hours for Chemistry 131.”

“Reviewing handouts and study guides every other hour, breaking it into chunks,” said Natalie Stephens.

“I prepare by studying a week

THE FINALS SOLUTION



Tiffany Ho/THUNDERWORD

before, everyday about three hours, pacing myself,” said student Mary Rabua.

“Studying for about two days, reviewing exams, and note cards helped me,” said Daisy Estrada.

Highline students have also realized that studying with more than one person actually

impacted their grades well because they were able to remember more information.

A group of friends who have similar classes say they created a study group, in which they use applications such as Quizlet and flashcards to test one another.

Their key necessities to a final are having a good breakfast

and eat well, exercise for about an hour or two, and sleep for about seven to eight hours.

According to the University of Lafayette in Pennsylvania, as of 2017, 55 percent of first-year students spend more than 15 hours per week preparing for class while 45 percent spend five hours or less.

Cool off after finals

By Ao Hsing-Yi
Staff Reporter

The entire campus community is invited to join ISP overnight trip to Silverwood Theme Park on June 16 to 18.

Students can beat the heat and wash off the sweat of finals.

Silverwood Theme Park is an amusement park, in Northern Idaho, north of Coeur d’Alene.

It is the largest and the northernmost theme and water park in the United States, about 47 miles east of Spokane.

The International Leadership Students Council will provide any assistance for students during the trip.

The first day, students will meet up in Building 29 at 8:30 a.m.

A bus will pick the students up, and then is expected to arrive at Triple Play Resort Hotel and Suites around 4 p.m.

Students can enjoy time on their own on the first day — in the leisurely confines of the Triple Play Resort.

“The hotel is really nice. It has a Family Fun Center inside, a bowling alley, laser tag, an indoor water park, go kart, and an arcade,” said Danny Nguyen, an ILSC member.

The next morning, after breakfast, students will meet up in the hotel lobby.

A bus will pick up students at 10:30 a.m. and transport them to the theme park, where they will arrive at 10:50 a.m.

Students will have more than 10 hours of free time to enjoy at the theme park — either having fun with the aquatic attractions, or with the theme park.

At the third day, ILSC will give each student a ticket for the Fun Center inside of the hotel.

The same trip was held by ISP last summer and drew 40 participants.

There is room for 51 guests this year.

Nguyen said that he is ready to make more memories there this year.

“It was great. I had a lot of fun last year,” he said.

Students can sign up for this three-day trip in the International Students Programs office.

The total cost of it is \$175 for each person. It includes two-night hotel, tickets of Silverwood Theme Park and fun center and transportation.

For more information contact Meng Lee at lmeng@highline.edu

Citation style will change for summer

By Jo Robinson
Staff Reporter

Highline will be changing its preferred form of citation for research papers beginning this summer.

MLA 8 is the latest version of the writing format recommended by the Modern Language Association. MLA format is commonly used by students writing papers within the liberal arts and humanities majors.

There are a few main differences that you should watch out for, which Highline Librarian Karleigh Knorr highlights in Highline’s MLA8 Library Guide at www.libguides.highline.edu/citesources/MLA8.

They include such things as:

- Spelling out vol. and no. in the citation as well as the type of contributor (Edited by instead of Ed.).
- You no longer include the place of publication.
- Page numbers are designated with pp.
- Including the date of access

is now optional.

- The medium of publication is no longer included (the previous format used to include print or web to indicate where we got the information).

- Permanent URLs (web addresses) for electronic sources are included.

MLA states that the main reason for the switch is to adapt to a reliance on digital publishing which has become more frequent. MLA believes the new style makes it easier to cite both printed and electronic sources.

“Having the guidelines means that a writer can more easily adapt the style to fit whichever type of source they are trying to cite,” said Highline Librarian Debra Moore.

“For example, if a student wants to cite a web page that has no author, they could simply skip the first item in the list of guidelines (author) and start with the title of the source (web page) instead,” Moore said.

The eighth edition of the MLA style actually came out

in 2016; however, since it came out during the middle of the academic year, not all instructors moved immediately to the eighth edition.

This past year, some instructors at Highline have been assigning MLA8 to their students, some instead have continued to use MLA7, and a couple even let the students decide which version to use.

“The Highline College Library and the Writing Center have been prepared to help students with either version, but this quarter we have done some joint planning to make the move from MLA7 to MLA8,” Moore said.

“We had meetings and training sessions with each other to learn more about the changes. The library also created the Library Guide. In addition, we have print handouts available at the reference desk in the library,” said Moore.

“We will continue to work closely with the Writing Center, including some upcoming drop-

in sessions for students who have questions about citing sources (for any style: APA, MLA7, MLA8, etc.),” said Moore.

Together, the Library and Writing Center decided that summer 2017 would be the time to make the permanent switch to MLA8. This means that tutors and librarians will focus on MLA8 when helping students who are required to use MLA style in their papers, but we will still help someone with MLA7, if their instructor is requiring it.

As of Spring Quarter 2017, a few Highline instructors were already requiring MLA8 for student papers. The Library and Writing Center have been in communication with faculty about the switch to MLA8.

They are also offering informational sessions for faculty to learn more about the differences between the two editions. The classes which use MLA style most frequently are English and communication studies; however, it may sometimes be used in other classes as well.

Congratulations to this year's graduates

Congratulations to the class of 2017. The school year is coming to an end, and many of you will be leaving Highline to move on with your lives. No matter what your next step is, we wish you all the best. Some of you will be going on to a university for your bachelor's degree, or maybe getting one here, and some will be joining the workforce. Others of you will be traveling back to your native countries after spending time separated by oceans from your families. No matter what your story is, and future holds, we hope your journey at Highline has been a good one that you will cherish forever.

It has been a long road for many of you, and you should be proud of everything you have accomplished. The community college four-year completion rate is well below 50 percent, so your accomplishment is no small thing.

However, students graduating with associate degrees aren't the only students who need recognition.

Whether you are graduating with your associates degree, bachelor's degree, a certificate, high school diploma or GED, it was an important step for your future, and you deserve to be recognized for it.

Even though you are leaving Highline and moving on to bigger and better things, you will forever be a T-Bird, and part of the Highline community. Once a T-Bird, always a T-Bird.

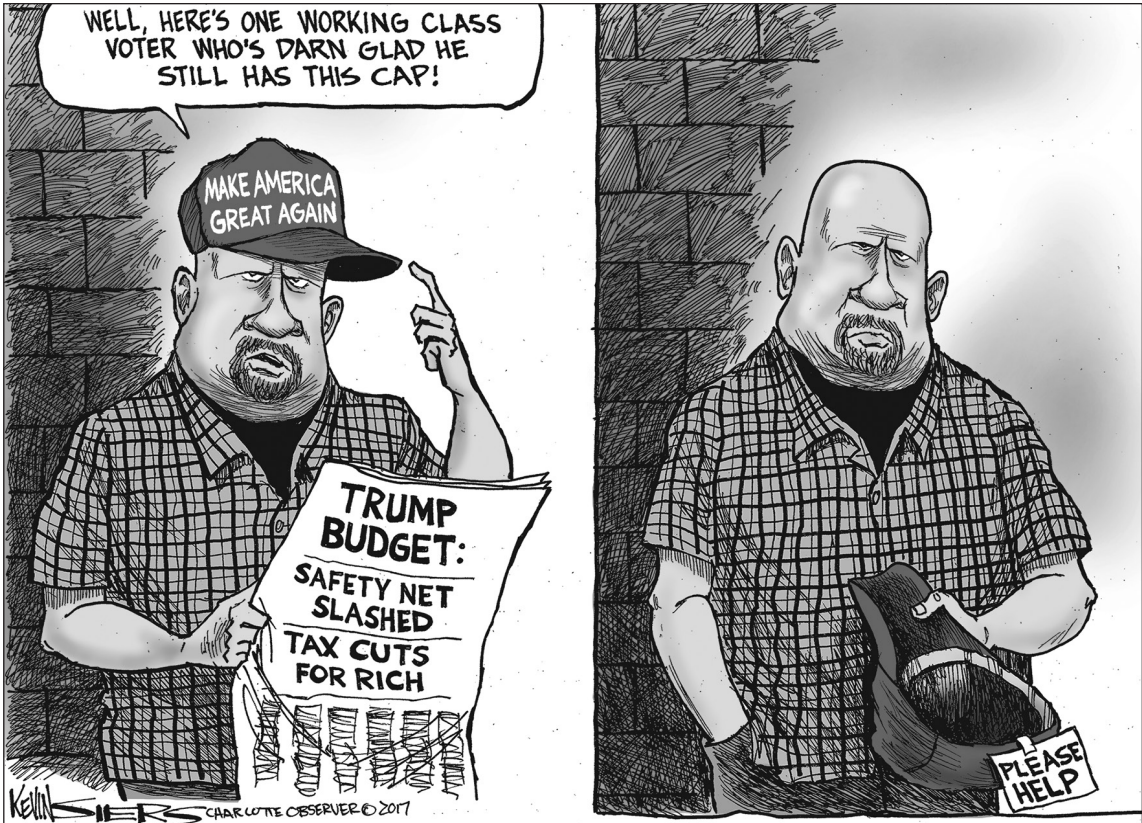
With that said, don't forget to join the Alumni Association to remain connected to your fellow T-Birds. You can join at alumni.highline.edu to receive discounts on Highline sporting events and memorabilia, along with quarterly newsletters, as well as opportunities to give back to future T-Birds.

Congratulations to you all, and good luck.

Have something to say?

Write to us!

Have something you want to say to the student body? The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns. Letters to the editor should be no more than 200 words; columns should be no more than 600 words. Send submissions to thunderword@highline.edu by Monday for print on Thursday.



Goodbye is bittersweet

It has been a long road, but I finally must say goodbye.

I started at Highline in the Winter Quarter of 2015. I knew exactly how my years at Highline would look early on.

But I didn't know that Highline, the college I had taken a quarter of classes at years earlier, would end up being the perfect college for me. I didn't expect to find a place in the newsroom that felt more like a second family than a class or job.

In the Fall Quarter of 2006, as a single mother trying to make a future for me and my 2-year-old daughter, I took my first quarter in college at the age of 22. I chose Highline because it was close to where I lived at the time. As is common in most young adults' lives, my plans changed quite drastically very quickly.

By the end of that quarter I was pregnant with my second child which sent my life in a totally different direction.

Not wanting to be a single mother of two children by two different fathers, I married my son's father and tried to dedicate my life to being a wife and mother.

After years of troubled marriage, part of which my husband spent in prison, the verbally and physically abusive marriage finally ended in the summer of 2013.

Over the next year I was diagnosed with Post Traumatic Stress Disorder and spent time

Stranded Thoughts



Jessica Strand

focusing on my mental health.

And finally, after focusing on myself, I decided I wanted to write. I wanted to tell people's stories. Truth, integrity and learning new things has always been important to me, and after spending years having my integrity questioned by a compulsive liar — my ex-husband — I decided journalism was what I wanted to do.

I had moved from Federal Way to South Seattle, and applied to a few different community colleges. But ultimately, I settled on Highline because of the quarter I had attended years earlier.

Toward the end of my first quarter, I went to talk to my adviser, Dr. T.M. Sell, for the first time to get advice on which classes I should take next.

Since I was taking photography in my first quarter, Dr. Sell

suggested photojournalism for spring, and so started my journey at the Thunderword. By Fall of 2015 I was the photo editor, and have since traveled up the chain to almost every position, learning so much along the way.

My journey was quite a bit different than I expected it would be when I began. I pictured most of it being like the first quarter — from my car to class, then back to my car.

I had no idea how many wonderful people I would meet working on the paper — the largest group project Highline has — for the last two years.

So many people have come and gone, and I have learned a great deal from every single one of them, and will be eternally grateful for knowing them.

It seems like just yesterday when I was saying "I'm going to be here forever."

Sadly, forever is now coming to an end.

I will be taking next year off to spend time with my children. Then I will be going to the University of Washington for my bachelor's degree in journalism.

I will always be grateful for everything I have learned and all the guidance I have received from my journalism professors, Dr. Sell and Gene Achziger.

Thank you Highline for the last few years. I'll miss this amazing college, filled with amazing people.

the Staff

“It looks like a green eagle. It looks like it's growing moss in its armpits.” E-Mail: tword@highline.edu

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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1. **HISTORY:** Who was the first female prime minister of India?
2. **GEOGRAPHY:** Mainland Australia is divided into how many states and territories?
3. **ENTERTAINERS:** What actress was born with the name Demetria Guynes?
4. **MUSIC:** What band was singer Peter Gabriel lead singer of before he went solo?
5. **AWARDS:** Which organization won the Nobel Peace Price in 1944?
6. **PROVERBS:** What is the ending of this famous proverb: "There is nothing new ..."?
7. **U.S. CITIES:** What U.S. city is often called Little Cuba?

8. **ANATOMY:** What are the names of the arteries on either side of the human neck that supply blood to the brain?
9. **LITERATURE:** Who wrote the 1962 book *Silent Spring*, which revealed the dangers of pesticide use?
10. **U.S. PRESIDENTS:** Which president's administration was involved in The Teapot Dome bribery scandal?

- Answers
1. Indira Gandhi
2. Six states and two territories
3. Demi Moore
4. Genesis
5. The Red Cross
6. ... under the sun.
7. Miami
8. Carotid
9. Rachel Carson
10. Warren Harding

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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1 2 3 4 4 6 7 8 9

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King Crossword

ACROSS

- 1 Slender
- 5 Cribbage scorer
- 8 Pinnacle
- 12 Defense acronym
- 13 Yon maiden
- 14 Capricorn
- 15 Portent
- 16 Yoko of music
- 17 Juli Inkster's org.
- 18 Lament
- 20 Sea greeting
- 22 Complete win
- 26 Coral structure
- 29 Allow
- 30 24 horas
- 31 Bear lair
- 32 Rowing need
- 33 Obsolescent letter opener?
- 34 PC file extension
- 35 Jewel
- 36 Silences
- 37 1967 Lee Marvin movie, with "The"
- 40 Ms. Moore
- 41 Not alfresco
- 45 Teeny bit
- 47 Spot on a domino
- 49 — -European
- 50 Padlocked fastener

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53					54				55			

- 51 Ref
- 52 Many
- 53 Help in a heist
- 54 Agent
- 55 Bard's instrument
- 8 Radiant
- 9 Work on manuscripts
- 10 Periodical, for short
- 11 Greek vowel
- 19 Every iota
- 21 White House monogram
- 23 Texas mission
- 24 Green land
- 25 Just say no
- 26 Scored 100 on
- 27 Urban transport
- 28 Take too much medicine
- 32 Solver of the Riddle of the Sphinx
- 33 Old timer?
- 35 Workout locale
- 36 Chaps
- 38 Entice
- 39 Very quick
- 42 Sans siblings
- 43 Stench
- 44 Memorization method
- 45 "Eureka!"
- 46 Bill
- 48 Devil's minion

ARIES (March 21 to April 19) Recently obtained information could open a new opportunity for a career change. But temper that Arian impatience and act on it only when all the facts are made available.

TAURUS (April 20 to May 20) You're moving into a more active cycle. So put your ideas back on the table, where they'll be given the attention they deserve. Expect a favorable change in your love life.

GEMINI (May 21 to June 20) A friend might ask for a favor that you feel would compromise your values. Best advice: Confront him or her and explain why you must say no. A true friend will understand.

CANCER (June 21 to July 22) A relationship continues to develop along positive lines. Meanwhile, a brewing job situation could create complications for one of your pet projects. Look into it right away.

LEO (July 23 to August 22) Your interest in a co-worker's project could lead to a profitable experience for you both. But before you agree to anything, be sure to get all your legal I's dotted and T's



crossed.

VIRGO (August 23 to September 22) Be careful whose counsel you take about a possible long-distance move. Some advice might not necessarily be in your best interest. Stay focused on your goals.

LIBRA (September 23 to October 22) Someone might try to complicate efforts in an attempt to work out that confusing job situation. But don't let that keep you from sticking with your decision to push for a resolution.

SCORPIO (October 23 to November 21) A disagreement on how to handle a family problem could create more trouble for all concerned. Look for ways to cool things down before they boil over.

SAGITTARIUS (November 22 to December 21) An unexpected change in long-standing workplace procedure and policy could provide a new career target for the Archer to aim at. Start making inquiries.

CAPRICORN (December

22 to January 19) You're finally able to get back into the swing of things, as those temporary doldrums begin to lift. Expect some surprising disclosures from a new colleague.

AQUARIUS (January 20 to February 18) Rely on your innate sense of justice to see you through a dilemma involving a family member. Other relatives who've stood back soon will come forward as well.

PISCES (February 19 to March 20) A new friend seems to be pushing you to take risks -- financial or otherwise. Best advice: Don't do it. They might have a hidden agenda that hasn't surfaced yet.

BORN THIS WEEK: You love to see new places and meet new people. Have you considered working for an airline or cruise-ship company?

Puzzle answers on Page 24

Got news? Thunderword@highline.edu

Make new traditions for Father’s Day

Father’s Day is near, and that means we’ll be feeding a crowd and firing up the grill! My dad and my husband both love beef, so I’ve decided to do something different for their special day and create a delicious menu that will feed a crowd.

I discovered the versatility of using inexpensive and tough cuts of meat like chuck roast on the grill quite by accident. I had a roast in the freezer that I needed to cook. I’d never thought about using a cut of meat like a chuck roast in the summer. A chuck roast -- seared in a skillet, placed in a sauce, and then cooked low and slow in an oven -- usually was reserved for winter meals.

Chuck roasts come from the muscular shoulder of the cow. It’s the beef equivalent of the pork butt – tough, flavorful, easy to shred and perfect for a large group. My secret summer weapons for grilling a chuck roast are using a flavorful marinade, and preparing it on the perfect grill.

Try my recipe for Grilled Spiced Chuck Roast with a side

of Grilled Smashed Rosemary Potatoes! It’s an inexpensive and flavorful way to feed a crowd!

GRILLED SPICED CHUCK ROAST

- 1 (3 to 4 pound, 2-inch thick) chuck roast
- 3 tablespoons five-spice powder
- 1/2 cup reduced sodium light soy sauce
- 1/2 cup rice wine vinegar
- 1/2 cup toasted sesame oil
- 2 tablespoons fish sauce
- 2 tablespoons agave syrup, honey or sugar
- 1 tablespoon vegetable oil
- 5 slices (nickel-sized), unpeeled ginger
- 2 red Thai chilies, sliced, or 2 tablespoons Sriracha
- 3 cloves garlic, smashed

1. Rinse meat and pat dry. Season chuck roast with five-spice powder on both sides.
2. Combine the soy sauce, vinegar, sesame oil, fish sauce, syrup, honey or sugar and oil together in a zip-lock plastic bag. Add the meat, ginger, chilies or Sriracha and garlic. Open the bag slightly and squeeze it to remove excess air and to combine the flavors and press them into the meat. Close the bag and place on a plate or rimmed baking sheet. Let the meat marinate in the refrigerator for 30 minutes or up to 8 hours, turning frequently.
3. Heat gas or charcoal grill.



Natalia Livoskaya photo

Tougher cuts such as chuck roast can be tenderized on the grill.

When grill is heated, remove roast from marinade; reserve and refrigerate marinade. Place roast on gas grill over medium-low heat, or if using charcoal, place roast 4 to 6 inches away from medium-low coals. Cover grill. Grill the roast over indirect heat (the cooler zone of the grill) at approximately 250 F for 2 hours.

4. Place two sheets of heavy foil inside of a disposable aluminum pan. Place the roast on the foil and pour the remainder of the marinade over the roast.

Double wrap the roast and continue to cook for another two hours or until the core temperature reaches 195 F.

5. Allow the roast to rest for 20 minutes. Slice beef against the grain and serve it with Grilled Smashed Rosemary Potatoes (see recipe below) and any remaining meat juices. Serves 6 to 8.

GRILLED SMASHED ROSEMARY POTATOES

- 1/2 cup olive oil

- 2 tablespoons minced garlic
- 1 1/2 teaspoons chopped fresh rosemary
- 2 pounds (1 to 2 inches each) baby Red Bliss potatoes, scrubbed
- 1 teaspoon kosher salt
- 1/4 teaspoon freshly ground coarse black pepper

1. Combine the olive oil, garlic and rosemary. Set aside at room temperature for at least 15 minutes to infuse flavors.
2. Place potatoes in microwave and cook on high to 7 to 8 minutes or until tender when pierced with the tip of a knife.
3. Using a towel wrapped around the palm of your hand or a wide spatula, gently smash each potato until the skin breaks, while trying to keep the potato whole (leaving it about 1 inch thick).

4. Transfer potatoes to a baking sheet. Generously brush both sides of the potatoes with the olive oil mixture, and season both sides with the salt and pepper.

5. Place potatoes on the grill and cook until grill marks appear and the potatoes are nicely caramelized, 3 to 4 minutes per side.

THE KITCHEN DIVA! is sponsored by Summerset Professional Grill.
(c) 2017 King Features Synd., Inc., and Angela Shelf Medearis



Homemade salsa was made for summers

Our fresh, tomatoey chip dip will be a big hit at your backyard barbecues this summer. And it provides wallet relief: Store-bought salsa is almost three times the price. This one’s ultra-quick to make and has just a tenth the sodium of the jarred stuff. Plus, you can easily dial up the heat.

- 15 sprigs cilantro
- 1 serrano chile, ribs and seeds discarded
- 1 small clove garlic
- 1/2 small white onion, cut in quarters
- 6 plum tomatoes, cored and cut into quarters (1 pound total)
- 2 tablespoons fresh lime juice
- Salt

1. In food processor, with knife blade attached, pulse cilantro, chile and garlic until very finely chopped. Transfer mixture to large bowl.
2. Place onion in food processor; pulse until finely chopped. Transfer to fine-mesh sieve; rinse with cold wa-

Good Housekeeping

ter and drain. Transfer to bowl with cilantro.

3. Place tomatoes in food processor; pulse until chopped. Transfer to bowl with onion. Add lime juice and 1/4 teaspoon salt, and stir until well mixed. Serve immediately or cover and refrigerate up to 6 hours. Makes 3 cups.

Tip: This version is mild. For medium salsa, use 2 chiles; for spicy salsa, use 3 (or even more).

* Each 1/4 cup serving: About 10 calories, 0g total fat (0g saturated), 0mg cholesterol, 55mg sodium, 3g total carbs, 1g dietary fiber, 1g protein.

Huevos Rancheros

Spice up Father’s Day brunch with this zesty Huevos Rancheros recipe.

- 1 can (19-ounce) black

- beans, rinsed and drained
- 1 1/4 cups (about 11 ounces) mild or medium-hot salsa
- 4 large eggs
- 3 ounces shredded Mexican cheese blend
- 3/4 cup chopped fresh cilantro or parsley leaves, for garnish
- Warm flour tortillas (optional)

1. In 10-inch skillet, mix black beans, salsa and 1/4 cup water. Heat to boiling over high heat, stirring frequently.
2. Break eggs, 1 at a time, into custard cup and slip into skillet on top of bean mixture. Reduce heat to medium-low; cover skillet and simmer 5 minutes or until whites are completely set and yolks begin to thicken or until eggs are cooked to desired firmness.
3. To serve, sprinkle bean mixture and eggs with shredded cheese. Garnish with chopped cilantro. Serve with warm tortillas if you like. Serves 4.

(c) 2017 Hearst Communications, Inc.

Bake Dad a blueberry cake

Here is a special treat you can serve to Dad on his special Sunday.



- 3 cups frozen unsweetened blueberries
- 1 cup Splenda Granular
- 12 (2 1/2-inch) graham cracker squares
- 2 (8-ounce) packages Philadelphia fat-free cream cheese
- 1 tablespoon all-purpose flour
- 1/2 cup no-fat sour cream
- 2 eggs or equivalent in egg substitute
- 1 teaspoon vanilla extract

1. In a medium bowl, combine 2 cups frozen blueberries and 1/2 cup Splenda. Set on counter until blueberries thaw, stirring occasionally.
2. Heat oven to 325 F. Spray a 9-by-9-inch cake pan with butter-flavored cooking spray. Evenly arrange 9 graham crackers in prepared cake pan.
3. In a large bowl, stir cream cheese with a sturdy spoon until soft. Add remaining 1/2 cup Splenda, flour, sour cream, eggs and vanilla extract. Mix well using a wire whisk. Fold in remaining 1 cup frozen blueberries. Evenly spread batter over “crust.” Crush remaining 3 graham crackers. Evenly sprinkle crumbs over top of filling.
4. Bake for 45 minutes or until a knife inserted in center comes out clean. Place cake pan on a wire rack and allow to cool for 15 minutes. Refrigerate both cheesecake and thawed blueberry mixture for 2 hours.
5. Cut dessert into 8 servings. For each serving, place 1 piece cheesecake on a dessert plate and spoon about 1/4 cup blueberry mixture over top.

In touch, all the time

Highline students don't let class get in the way of social media time

By Sophia Latifyar and Krystal Robbins
Staff Reporters

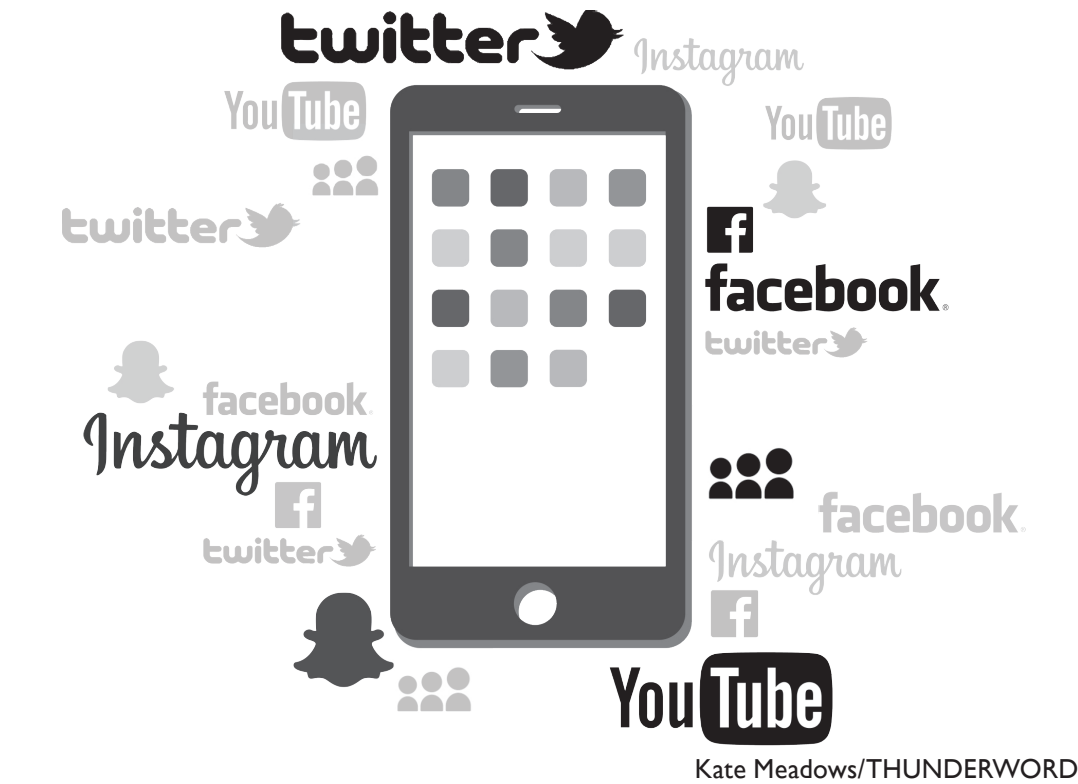
Highline students rely on social media, even in classrooms.

Students say they rely on social media in communicating with peers and friends. It is also a way for staying on top of trends, celebrities, memes, and posts.

"Yes I use social media, Facebook, Instagram, and Snapchat. I use it a lot and during class especially if it gets boring," said Natalie Stephens.

Mary Rabua, another student, said, "I use Facebook, Instagram, Snapchat, and Twitter for about four hours a day. Yes, I use it in class. The reason I go on social media is to make friends and see other post things."

Friends such as Daisy Estrada and Fabiolo Aispuro agreed on using Snapchat, Instagram and Twitter. They both are on it all the time while keeping updated on other friends' posts.



Estrada and Aispuro both have one account each and usually use their laptops or phones to access their media.

"I use YouTube for educational purposes. I do not use social media during class. Usually I use YouTube on my laptop," said Shawn Meyer.

On the other hand, Isaiah Umagat likes to use Twitter and Snapchat for 30 minutes a day in order to communicate with friends on his phone. He does not use it in class.

"Yes Snapchat, Instagram, and Facebook are my go-tos. I am on it about two hours daily. I do use it in class sometimes. I don't have multiple accounts but I use my phone. I use social media for entertainment and for keeping up with friends," said Madi Combs.

Other students said they communicate with each other through Instagram, MySpace, Snapchat, Twitter, and Facebook by laptops, iPhones, and Apple watches.

Instagram and Snapchat tied in being the top social media across Highline's campus.

The majority of students interviewed said they do use social media during class.

About 75 percent students use Instagram and Snapchat. While the remainder of 25 percent resulted to Twitter, Facebook, Youtube, and MySpace.

As of June 2017, the most popular social media nationwide are Facebook, Youtube, Instagram, Twitter, and Snapchat according to DreamGrow.

Privacy law bars student directory

By Khalil Johnson
Staff Reporter

Highline staff and faculty members have a directory online where anyone can access their contact information at any time. Meanwhile, students don't have anything provided.

"Student contact information is defined as non-directory information," said Tim Wrye, executive director information technology services. "It's a policy not to do that, that's why there's no directory."

Lorraine Odom, who is the associate dean of Highline and head of enrollment services said it's simply because of the privacy policy that they have for students.

"Students attending Highline College are protected under the Family Educational Rights and Privacy Act (FERPA). FERPA was enacted in 1947, to protect the privacy of student educational records and personally identifiable information," she said.

This means that any information such as student email addresses, phone numbers, and/ or class schedules would be in violation of FERPA.

Staff and faculty of Highline aren't protected under FERPA. However, the information provided online is their work email, phone number, office location, etc. Staff and faculty members have a choice whether or not they want to give their personal information out for people to see.

Legends in league to have adventure

By Khalil Johnson
Staff Reporter

These legends are in a league of their own.

A group of Highline students have formed a League of Legends club, to play one of the most popular games on the internet.

The purpose for this club is to bring together and develop a community revolving around League of Legends. They want to create new friendships with one another and build appreciation for the game itself.

Maelynn De Los Angeles is the president of the club and their vice president is Nicklaus Garces. The club was already created in November 2015 by Heon-sang You and Liz Kim. However, De Los Angeles was handed the presidency by Kevin Burton, the previous president of the club. She has been the president of this club since fall 2016.

De Los Angeles has been attending Highline for almost two years now, and her goal is to keep the club going and bring together the League of Legends community.

"I am really into the video game and it's cool to have people with similar hobbies and interests join together in the same environment," said De Los Angeles.

The objective of the game is to battle with your team to fight the opposing team to destroy their base.

Some of the members found this club



Tech Crunch photo

through previous members who play the game as well. "I started going because my friends started to come," said club member Savannah Heruska. "I have played league before, and I was trying to look for this club."

Another club member said the goal for this club is to, "bring the community together and for people to play games. It's fun, and it gets very competitive," said Joshua Witt, another club member. "It's a good way to end the week since it's on Fridays."

Vice President Nicklaus Garces said that the main reason why he joined the club was because his friends played it and it was a way to connect with them. "The club makes me feel like there's a lot more people that share the same hobbies as me," said Garces. "It is really fun to play with everyone instead of playing by your-

self."

"Some people just love the fun of the game and the social part of it," said De Los Angeles. "Some students like the competitive aspect of it."

There are 10-15 members in the club, but there are 80 members in their online group. Anyone and everyone can join the club. They encourage people to come and try out the game.

The game is free and there's no experience needed if you're interested. "Some people get intimidated because they think they have to be a certain rank in the game, but we don't judge or discriminate by that either," said De Los Angeles.

Meetings are every Friday in Building 30, room 317 from 1:30 until 4:45. This may change for future quarters.

For more information, contact De Los Angeles at maelynn@outlook.com.

Arts Round up



- The Arcturus release party is occurring today in Building 2. Arcturus, Highline's official arts magazine, features students' artwork and written pieces. The event will be from noon to 1 p.m., and 6 to 7 p.m.

- The ShoWare Center is featuring singer-songwriter Maxwell on June 20 at 8 p.m. for his 2017 summer tour.

Known for helping shape the subgenre neo soul, he is performing alongside special guests Common and Ledisi at 625 W. James St., Kent.

Tickets range from \$56 to \$96, and \$1 from every ticket will be donated to Artists for Peace and Justice. For tickets, or more information, visit showare-center.com.

- The Renton Civic Theatre hosts the musical Company. It is a tale about a bachelor who ponders the pros and cons of his last days as a single man.

Showings are June 9 to June 24 on Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. at 507 S. third St.

Tickets range from \$20 to \$25.

For more information or to order tickets, visit renton-civictheatre.com.

- Des Moines Waterland Festival & Parade at Des Moines Beach Front Park, 22030 Cliff Ave S, will be July 21-23.

Visit destinationdesmoines.org/waterland-festival to find events that will be there.

- The Taste of Tacoma is on June 23-24 from 11 a.m.-9 p.m., and June 25 from 11 a.m.-8 p.m. The free event will be located at Point Defiance Park, 5400 N Pearl St. Tacoma. It will include cook-offs, live music, and more. For more event information visit tasoftacoma.com.

- Visit Seattle's Urban Craft Festival from June 24 at 11 a.m. to June 25 at 5 p.m. It includes demos, book signings, and more. It will be located at the Seattle Center Exhibition Hall, 301 Mercer St.



GreenStage photo

GreenStage performs Shakespeare in the Park at one of their previous events.

Free shows bring Shakespeare to life in the park this summer

By Winter Dorval
Staff Reporter

Spend a night in the park this summer with free performances of Shakespeare's work.

Wooden O has performed Shakespeare's works in the Seattle area since 1994.

"Wooden O started out as an independent theater organization, and merged with the Seattle Theater company in 2008," said Artistic Director George Mount.

Outdoor theater comes with challenges, one being weather.

"We deliberately schedule our season during what is usually the Seattle area's driest time of year," said Mount.

"Fighting for the audience's attention can also be a challenge. There's dogs, airplanes, Frisbee

players and difficult acoustics."

Sound amplification is used, and the script is kept dynamic and clear, so audiences can follow the action, said Mount.

"The cast is paid professional actors. Some members of the cast are also members of the professional actors union, Actor's Equity," said Mount.

Donations to support the company are welcome online, when they pass the hat, or at the information table before or after performances.

"I've always believed Shakespeare is great entertainment. You might even say complete entertainment. The stories are full of emotion, humor, danger, and even a little bawdiness," Mount said.

"There's action and adven-

ture, romance, seriousness, and silliness. The language and the ideas are intellectually stimulating."

Audiences range between 200-500, so that the people on the outskirts can hear.

"They are not stuffy, museum pieces that you should see because they're good for you. They are actually fun, entertaining, generally easy to follow when done well, and a great way to spend a summer night in a park," said Mount.

The performances are under two hours on average, to keep the audience engaged.

"Since we perform at various locations, we require flexibility in the set, and actors movement," said Mount.

To decide on the locations of the plays, "often we have been

invited by the local parks and rec or arts commissions to perform and they suggest the parks. However our first venue, Mercer Island's Luther Burbank Park, was picked because I grew up there and loved the amphitheater," Mount said.

This summer marks year 24 of these productions.

"Most of Shakespeare's plays were originally written to be performed outdoors. It's a great way to experience those larger-than-life elements of the plays. Indoors, we get the nuance, subtlety and intricacy of the plays. Outdoors we experience the grander scale and depth of the stories," said Mount.

Wooden O will perform *Much Ado About Nothing* on Aug. 6 from 5 to 7 p.m. at Des Moines Beach Park.

Another local troupe, GreenStage, will perform *Richard II* at Lake Burien School Memorial Park on Aug. 5 at 7 p.m., and *Lake Wilderness Park* on August 13 at 5 p.m.

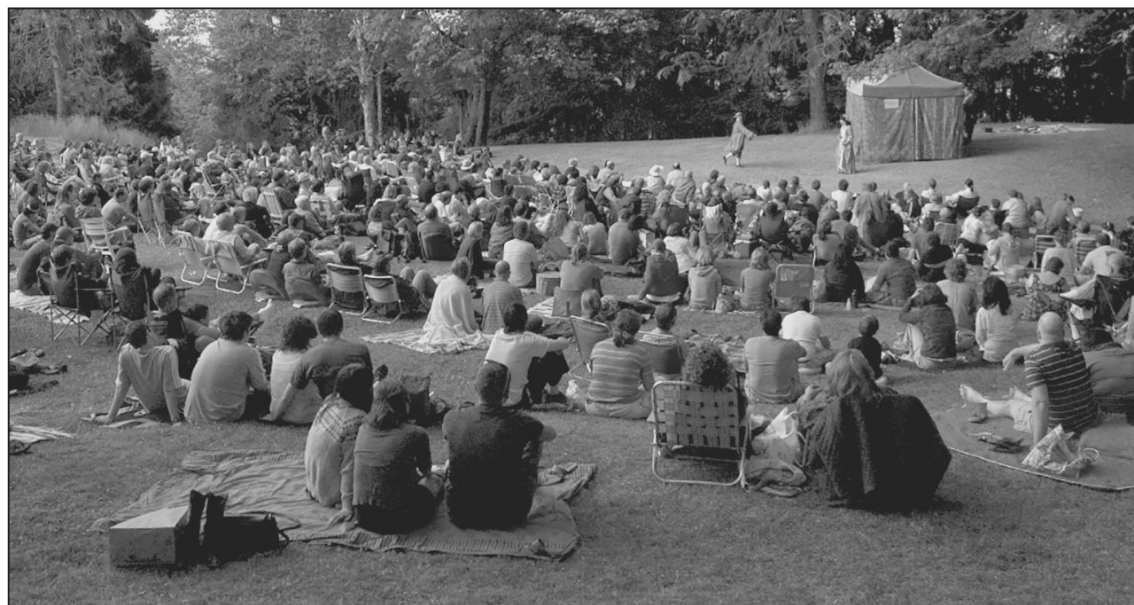
The *Comedy of Errors* will be performed at Lake Burien School Memorial Park on July 29 at 7 p.m.

Des Moines Beach Park is at, 22030 Cliff Ave. S., Des Moines.

Lake Burien School Memorial Park is at 1620 SW 149th St., Burien.

Lake Wilderness is at 22500 SE 248th St., Maple Valley.

Lake Burien School Memorial Park is at 1620 SW 149th St., Burien.



GreenStage photo

Shakespeare in the park means sitting on the grass, so bring your blankets and chairs.

Rock out at the Madaraka Festival

By Izzy Anderson
Staff Reporter

Donate to Kenyan arts programs while enjoying African music, a fashion show, and a documentary premiere at the Madaraka Festival on June 24.

The festival is going for its fourth consecutive year led by the Seattle-based, non-profit organization One Vibe Africa.

Madaraka Festival is being hosted by the Museum of Pop Culture at 325 5th Ave. N., Seattle.

The evening events start at 8 p.m. and doors open at 7:30 p.m.

All net proceeds from the festival are being donated to One Vibe Africa's music education and to youth art programs in Kisumu, Kenya.

"Over the last four editions, One Vibe has been able to raise at least \$100,000," said Kenju Waweru, a Highline student and member of One Vibe Africa's organizing



The Madaraka Festival celebrates Kenyan culture through music, fashion, and film.

and outreach team.

"Around 500 students have benefitted [from these festi-

vals]," he said.

One Vibe Africa has been reaching out in the U.S. to en-

courage others to get involved in the Kenyan culture, and also to promote and support arts programs in Kenya.

"A great thing about this is I get to share my culture with people in Seattle too," said Waweru.

Madaraka sets out to educate and include people of all backgrounds into the African culture.

One of their main missions is for youth to gather, connect, and realize their potential and skills, he said.

"It was through education that I got to where I am today... so I wanted to be part of an organization that will help other people get that platform and opportunity," said Waweru.

The runway fashion show will be featuring current African trends.

The benefit concert will have artists such as Dynamq, Otieno Terry, Meklit Hadero, Rocky Dawuni, Pyramid, Big World Breaks, Chimurenga Re-

naissance, and special surprise guests.

One Vibe Africa is also hoping to portray African culture in a new light, free of stereotypes through the concerts and fashion show.

Madaraka The Documentary will also be premiering at the festival.

This short film is about empowering communities through the arts, and the work that One Vibe Africa has been doing back in Kenya.

The evening is being hosted by Njunuga WaGishuru of the music group The Physics and Rhonda Lee of King 5 News.

"It's just a lot of good vibes and good energy at the Madaraka Festival," said Waweru.

Tickets for general admission are \$25 and are available now.

For tickets or more information on the Madaraka Festival, visit mopop.org.

Go to onevibeafrika.org to learn more about the non-profit organization.

Listen to ensembles from across the globe

By Kenai Brazier
Staff Reporter

An ensemble of six will be singing seven stories from around the world today in Building 7.

The students in the chorale class have been preparing for this concert throughout the duration of the entire Spring Quarter.

"The chorale class holds concerts at the end of each quarter excluding Summer Quarter. The theme changes every quarter based on the personnel in the class and their respective singing experience," said Dr. Sandra Glover, instructor of the chorale class.

"During Spring Quarter we normally try to follow the theme of global diversity, so the musical selections that will be performed all exude a variety of different sounds," said Dr. Glover. "Over the course of the concert different selections will be performed all reflecting on various moods and emotions."

Some of the selections include a traditional Zulu folksong from Africa, a Japanese folksong medley, a traditional Hebrew song, a gospel song based on a Quaker text, and an upbeat Jamaican folksong that tells the story of a lost love.

"The students also play a role in selecting the songs and the decisions made regarding the songs are not arbitrary. The performance will travel from a more clamorous sound into a soft and mystical setting foraging its way into a joyous ending," said Dr. Glover.

"One of the selections that we will be performing links two beautiful Japanese folksongs, forming a medley. Remtaro Taki wrote the words to accompany the haunting melody that the two songs already naturally formed together," she said.

The songs Dr. Glover and the chorale picked to perform have a variety of tempos and themes to them.

"Another class favorite is, the almost ironic, Jamaican folksong that we will sing. Normally a song about a lost love would be sad but this song is very upbeat and fun to perform," she said.

"We look forward to the concert every quarter and hope people come to share in this experience with us," said Dr. Glover.

The two different performances will take place at both 12:15 to 1:00 p.m. and 7:30 to 8:15 p.m.

Both performances are free of charge.

Students show their artistic sides



Yuki Yamauchi/THUNDERWORD

Nearly 60 students participated in the 2017 annual portfolio showcase earlier this week. The students showcased work from multiple programs at Highline including Multimedia, Ceramics, Graphic Design, Interior Design, Drafting, and Photography after two years of preparation.



Fawzi Belal photo
Fawzi Belal coaches the Unified Soccer team at Highline.

Unified Sports unites many different athletes

By Keiona Trimmer
Staff Reporter

The Highline Unified Sports Program has helped students on and off the field this year.

“Our goal is to create and develop relationships beyond the classroom for the students with and without disabilities,” said Fawzi Belal.

The Unified Sports Program helps students become evolved in a team environment no matter their playing abilities.

For this program teammates are not required to be of similar abilities. Teammates of higher abilities are mentors to help assist the teammates of lower abilities in developing sport-specific skills in a team environment.

Athletes and partners should be of similar age, but a greater variance in age is allowed in specific sports. The program has equal number of athletes and partners of similar age.

Teammates’ skill levels are so widely varied that the rules are utilized to ensure a safe and competitive sport training atmosphere.

The program also has a partnership with the Special

Olympics of Washington. Sports Outreach Coordinator Fawzi Belal at Highline has been a part of the Unified Program by being the Unified Soccer Coach.

The Unified team at Highline currently has two soccer teams, a flag football team, and a basketball team. They’re currently working on having a tennis team added to the program. The students in the Unified Program have a 3.8 cumulative GPA. Team member Madison William, who also plays soccer and basketball, has a 4.0 GPA.

“Our unified GPA of 3.8 has been a huge accomplishment for us,” said Belal.

During the 2015 year, the Unified Soccer team at Highline won gold during a unified tournament.

The Unified Program wants to continue to be a part of the community by adding more sports to the program. The program wants to grow and continue to get local community members involved, he said.

Belal said the program has had a successful year of fundraising and putting together multiple community events. They have a lot to look forward to as they start their season again during the fall.

A Boston sports fan was born

I’ve been watching football since 2007, and I’ve been a Boston sports fan for just as long.

I’m a Seattle native, but I never really liked the Seahawks. Maybe if I had started watching when the “Legion of Boom” was a thing I might have been a “12”, but the mid-2000’s Seahawks teams just weren’t exciting for a pre-pubescent child to watch.

In fact, I don’t have any family in Boston and I’ve never been there. I just consider myself a drunken Bostonian in spirit.

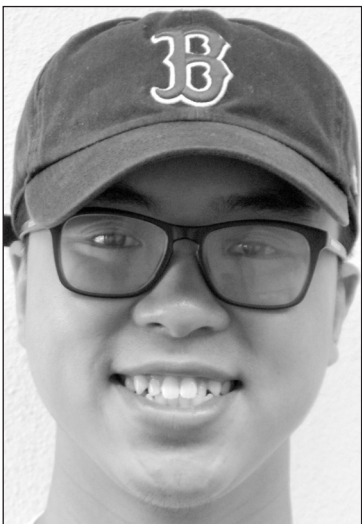
Football was what really made me take the deep dive into the sports world, and it was an eventful game against the division doormat Jets that lit the fire in me.

I remember it like it was yesterday – hell the highlights from that game are played on Sports Center all time, but a Sunday morning game on Sept. 9, 2007 made me a die-hard Patriots fan.

When Randy Moss burned Darrelle Revis for a spectacular one handed touchdown grab in the third quarter, I was like a drug addict who had found his drug of choice.

That 2007 season was the beginning of the apex of Tom Brady’s career, and the team was an offensive juggernaut – and that’s exactly what captivated me. It featured a revived Moss, tiny dynamo Wes Welker, a slightly motivated Dante Stallworth, and the reliable Kevin Faulk, to name a few.

Super Phan



Colin Phan

It was like watching an all-star team play 16 regular season games. Bill Belichick even got Hall of Fame linebacker Junior Seau to come to the team in free agency.

The Patriots went undefeated that season, and I was along for the ride. Comparatively for those who don’t understand, it was like watching last year’s Golden State Warriors go 73-9.

It was unbelievable watching Brady toss 50 touchdowns and Moss catching a staggering 23 of those. After that 2007 season, I was hooked on football – and with Boston sports.

At the same time the Patriots were shattering records, the Boston Celtics were making major moves. In 2007, the

Celtics made two block buster moves to assemble the NBA’s late 2000s super team.

Boston acquired Seattle’s star shooting guard, Ray Allen, and Minnesota’s super star power forward Kevin Garnett. At the same time, the local Seattle Supersonics had just stumbled out to a franchise worst 20-62 season.

The Celtics won a title in 2008, and were a force to be reckoned with in the Eastern Conference until a couple years ago.

See a common connection here? The Celtics and Patriots had something Seattle sports didn’t have at the time, and that was sustained excellence.

Especially being a young child diving into the world of sports, my tolerance when it came to mediocrity was not high.

Even the Boston Red Sox were dominant at the time, winning a title in 2007 behind David Ortiz and Dustin Pedroia.

It really could’ve been any city’s sports. I was just looking for any sense of thrill and excitement that Seattle sports wasn’t providing.

If for example, the Cleveland Browns had won a championship in 2007, I might be a Cleveland sports fan today.

I feel extremely blessed to say that I was able to become a sports fan during a dominant run by Boston sports. I wouldn’t have it any other way.



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For more information email Steve Lettic at slettic@highline.edu

The ThunderWord returns Sept. 25 for Fall Quarter

Wrestling team grapples with turnover

By Colin Phan
Staff Reporter

The wrestling team's starting line-up will feature many new faces as the team hopes for a championship next season.

Last season, the team finished 18th nationally with two All-Americans and a national finalist. However, those wrestlers will not be returning to Highline next season, along with a bevy of others.

Head Coach Scott Norton said we will be disappointed to see them leave, as the team's heart and soul will be moving on.

"I think there are three that we will lose and will be missed quite a bit," Norton said.



Scott Norton

"The first is Andrew Ramirez who was a national runner-up at 141 pounds. It's tough to replace a kid who was second in the nation. The next is Josh Wessels who was a national qualifier at 197 lbs. The last is Cole Morrison. Cole would be in practice 365 days a year if we had practice every day."

Norton said he relishes the opportunity to retool the roster from the ground up.

"We don't have a lot of guys returning," Norton said. "I have to rebuild the entire team. We start nine freshman."



Jack Harton photo

All-American Miguel Morales on his way to win the heavyweight title at the 2017 West Regional championships.

Despite the major overturn the team faces, Norton still said he expects good things from returning wrestlers – namely Miguel Morales.

"We do have a returning all-American at heavyweight in Miguel Morales," Norton said. "He has a ton of talent. I'm ex-

pecting big things from him."

In addition to returning wrestlers, Norton said he expects to also see some contributions from this season's recruiting class. Atop of the list of hefty recruits for this season are San Francisco State's Mitchell Owen (184), and Clackamas' Austin Lister (133)

who was a state champ.

Both will transfer to Highline respectively, with Lister being an in-division transfer.

"Almost all of these kids can make an immediate impact," Norton said. "Mitchell [Owens] will be a great addition."

With the new additions to

the roster, and the expectations Norton has for the returning players, he said that he hopes the team can pin down a championship next season.

"The goal is to attain as many all-Americans as possible next year," Norton said. "Hopefully we can win nationals next year."

Lady T-Birds retool roster for championship chase

By Taylor Poe
Staff Reporter

The women's soccer team is reloading in hopes of another shot at a championship.

The Thunderbirds won the NWAC West Division, finished at 17-3-0 for the season, and had six players chosen as All-Stars. They lost in the championship finals, however.

For the 2017 season, they have 17 new players (16 incoming freshmen, and one D-1 transfer).

The women will also see many of their key contributors from last season graduate and move on.

Goalkeeper Rachel Thompson who earned South/West All-Star keeper honors will be moving on to Division 1 Washington State. Thompson recorded 13 shutouts for the T-Birds this past season.

Mid fielder Destiny Guerra, defenders Maya Gray, Chente Warnes, and Sierra Leach, will all be leaving the team as well. Each of those players earned All-Star honors for the T-Birds.

Guerra took home West Region MVP honors for Highline.

All but two of the 17 freshmen from last season are returning.

Defender Bianca Acuario is set to return to the team after earning All-Star honors as a freshman.

Expected to fill Thompson's void at goalkeeper will be Jocelyn Hanrath.

That may seem like a lot of players, but Head Coach Tom Moore is realistic about the team.

"Some returners drop off, some recruits don't show, others don't put the work into the preparation for the year very well," Moore said. "All of these things determine what we will need this upcoming season."

The coaches recruit for all positions each year.

"I don't think there is a magic number when recruiting. We have tried many different combinations. I think it's up to our staff to make sure we are meeting the needs of our players regardless of the amount," said Moore.

"We always make it clear to all returning players and incoming players that the work they put in between November and the following August will determine who plays," Moore said.

They will begin preseason on Aug. 1. The women will be training twice a day, five days a week during preseason, and only four days a week during season.

A typical practice entails going through a warmup that ranges from 15-20 minutes, a technical piece, some pattern movement, conditioning, and a scrimmage/shoot at the end.

"I feel like most of our sophomores were leaders in one aspect or another. Since it's a two-year school, leadership is hard to come by because there isn't that much experience while here for that short duration," he said.

"We normally will have a few sophomore captains, and potentially a strong leader out of the incoming class," said Moore.

Coach Moore said he wished he knew what it would take to win the championship and to



Thomas Moore

get the ring, then they would have been champions for his 11 seasons with the women's soccer program.

"I think, as a staff, we understand what it takes to get to the playoffs. At that point it's any team on any day," Moore said. "We have to believe that we have prepared our team with the knowledge and tools to be successful in that moment."

They expect to compete for the championship, he said.

"Our goal is always to com-

pete at the highest level possible," said Moore. "We want to get to the final four and give ourselves a chance to win it. First and foremost, we need to make the playoffs."

He said the team's past success helps them in the present.

"The teams prior to this upcoming season have done a great job in laying the groundwork for the success of the teams coming after them, and the number of players we have sent on is a direct reflection of the standards that we hold for ourselves," Moore said.

The T-Birds do not just focus on winning on the field, however.

"We will continue to push each student-athlete in the classroom, and on the field. These two must go hand in hand for total success of our program," Moore said.

"I think the dedication and commitment the players and coaching staff have had in the past six years has really positively set us apart from many programs in the NWAC," Moore said.

Yuki Yamauchi/THUNDERWORD photos



Fresh from the Farm



A sure sign summer is about here is the opening of the Des Moines Waterfront Farmers Markets where local shoppers meet local farmers and local commerce ensues.

Customers can gorge themselves on fresh veggies and fresh snacks; have their faces painted; pick through pretty bouquets; picnic with the family; prance about; or haggle over lettuce prices.

The market runs through Sept. 29.



Local goods and produce attract salt-air-loving crowds to the Des Moines Waterfront Farmers Market

By Izzy Anderson
Staff Reporter

Students with a hankering for fresh locally grown produce, pastries from Snohomish County or who just want to drink in the salt air and entertainment each Saturday at the Des Moines Marina, its your time of year.

The Des Moines Waterfront Farmer's Market is back for the summer, and it's bigger than ever. This year's market opened on June 3 and ends on Sept. 30. The market hours are from 10 a.m. to 2 p.m. every Saturday, and in July and August organizers will add an early evening session that goes from 4 to 8 p.m. on Wednesday nights. The Wednesday events are known as the Sunset Market. Since its start in 2006, the Des Moines Waterfront Farmer's Market has grown in attendance, number of

vendors, and revenue. The vendors offer fresh produce, bouquets of flowers, art pieces, jewelry, soaps, clothing, and more. "We've had an increase every year that we've been open," said market manager Rikki Marohl. This has allowed them to now use market tokens, where you can exchange money via your credit card for tokens that can be spent on anything at the farmer's market, she said. "We [also] now accept EBT cards. When someone

uses EBT, we can match up to \$10. So when someone brings \$10 through EBT to the market, we can give them another \$10," Marohl said. The market has remained true to its origins as a place where people from all over the county can purchase fresh seasonal crops, great food, homemade crafts, and listen to free live music. "I like the variety of vendors, the food, and people watching. Not to mention the Marina is gorgeous," said Traci Espeseth, a market customer.

The variety of food available comes from all around the globe, with food trucks and stands selling Indian, Japanese, Southern, Chinese, Mexican, and Greek treats. Some customers and vendors have been coming to farmer's markets for as long as they can remember. "My mom started selling at farmers markets 31 years ago [which was] a year after I was born, and I would come with her," said Scott Chang, a flower and produce vendor. Many people say they come to support local farmers

and meet the community around them, too. "I like coming down here to support our Washington locals," said Alyssa Hughes, a farmers market customer. "It's much better than supporting national grocers." "We've been vending here for four years now, [and] our favorite part's been the people here," said Thang Do, a vendor for ice cream shop Sweet Bumpas. "That, and the dogs," he said. For more information on the Des Moines market, visit dmfm.org.



Younger vets can learn from older ones

I'm writing here to the younger generations of veterans: When is the last time you went to a meeting of the American Legion? Probably never, right? Or maybe you went once.

Yeah, I know ... lots of the posts are filled with really old guys, and you think you don't have anything in common. That's partly true. Here are some of the differences between you and the older veterans:

- Many of them were in wars where mail call was a once a



by Freddy Groves

month. There was no email.

- Many of them went years without a phone call to or from home. There was no video chat putting them right in the action at home.

- Many of them came back with PTSD because it wasn't even acknowledged as being a problem ... except for the ones called "coward" because they had "shell shock."

- Many of them got sprayed frequently with Agent Orange because nobody knew (unless it was the chemical manufacturers) that the stuff was carcinogenic.

Here are just a few reasons to join the American Legion:

- They advocate for you. They're all over Congress, pushing for decent budgets and benefits.

- They hold job fairs, have transition services, provide scholarships, raise money for children, provide help with benefit claims and appeals, volunteer at medical facilities, help the homeless, bestow honors at funerals, take care of families of deployed service members and so much more. Check the website at www.legion.org or on Twitter @AmericanLegion.

- They've been helping you for years behind the scenes. If you're not there for the Legion now, it won't be long before they're not there for you. They'll be gone.

So, grab a couple buddies and go see what they're up to. You'll be supported and appreciated – and understood – and you'll know it the minute you walk in the door.

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A survivor's story

Highline officer honored for persevering amid challenges

By Ellie Aguilar
Staff Reporter

A Highline Public Safety officer served a tour in the US Army, but her real war zone was at home.

Frankie McKeever, 33 years old, is also a student at Highline. She was honored at the Women in Action Awards hosted by the Women's Program recently for her service on campus.

She was born in Missouri but raised in Tennessee. At the age of 10, she and her family moved to New York. She again moved at the age of 12 to Arizona. Her final move was to Washington at the age of 19, where she has lived since.

"My family was always trying to find better jobs. I am one of four kids, so six mouths to feed. We were constantly struggling to finding the next meal, basically," McKeever said.

She grew up poor and her family constantly struggled to make ends meet. But this wasn't the only struggle McKeever faced.

McKeever decided to move to Washington to be with her new husband, who was in the military. She also was in the military at the time.

McKeever said that is where her real struggle started.

"He was very controlling, manipulative. He made me feel so inhuman, he made me feel like the most worthless piece of nothing to exist," said McKeever. "It started to get to the point where I was so isolated I couldn't even talk to my own family."

Her relationship with this man lasted for six years.

"This event in my life didn't define me but it did take a toll on me. I'm an artist and my art suffered drastically. That's probably the one thing I'm battling the most," said McKeever.

She also said that she had an award-winning piece destroyed. He reversed the door knob on the door to lock her in her studio to "dictate" her artistic expression, she said.

During the time she was with him, they were both deployed to Iraq.

"He could write me so many letters saying that he missed me and couldn't wait to see me. He would get so upset because I



Yuki Yamauchi/THUNDERWORD

McKeever reminds Highline students to find someone they can trust, and to never give up.

wouldn't write him back," McKeever said.

With shaking hands, McKeever explained that she didn't want to go back home because being in Iraq was more "serene" then being where he was.

"I sometimes remember Iraq and it's very calming, because it was when I felt safe. I know that sounds crazy because it's a war zone, but it was worse at home with him," McKeever said.

After her efforts to stay on deployment had failed, she returned to the same emotional and physical abuse.

"The final straw for me was when he beat me on the right side of my head and strangled me until I was unconscious. I completely blacked out and I don't know how long I was out for," said McKeever.

She says that at the moment she realized that if she didn't leave he would kill her.

She waited until he was at a training and left everything behind.

"He did find me a couple times, he knew everything about me. I had to be very careful with what information I updated in the system because he had my Social Security number and could track me. He was in the military and could easily find me," she said.

McKeever said when the military intervened, he stopped looking for her.

She tried to file police reports so that he could be charged but she was told the statute of limitations had expired as well as that the abuse crossed state lines. However, the state of Washington granted her a divorce.

"I'm in counseling and I'm not ashamed to say it. I have what they call complex PTSD (post-traumatic stress disorder). It's more commonly found in people that have been prisoners of war," McKeever said.

She is now in a long-term relationship of seven years. They however have known each other for 15 years. She also has a 5 year old daughter with her partner. They hope to make it official soon.

"I can't express, I can't say hard enough how important it is to report it when it happens. He pretty much got a slap on the wrist because I didn't report it on time," McKeever said.

She encourages students of Highline to not give up.

"There are people out there that love you, even if it is just one person," said McKeever. "Find someone you can trust to talk to and don't ever give up."

VA introducing new system of electronic health records

WASHINGTON (AP) – The Department of Veterans Affairs will be overhauling its electronic health records, adopting a commercial product used by the Pentagon that he hopes will improve care for veterans and reduce wait times for medical appointments, Secretary David Shulkin said Monday.

Shulkin made the an-

nouncement at a news conference following a promotional tweet by President Donald Trump that it will "be a big day for our veterans."

The system would replace the VA's aging information technology system, known as Vista, which has been in use for decades.

"It's time to move forward, and as secretary I was not will-

ing to put this decision off any longer," Shulkin said.

Under the proposed change, the VA will work immediately to sign a contract with Cerner Corp., which designed the Pentagon's system known as MHS Genesis. Shulkin says because all the VA's patients as former service members originate in the Pentagon system, the VA would be better served

if it could "trade information seamlessly."

To expedite the process, Shulkin said he intended to bypass competitive bidding in favor of Cerner, noting that it took the Pentagon 26 months to finalize its contract. He expects it will take the VA about three to six months to negotiate pricing and work out a time-frame for full implementation.

Solving for diversity

Highline searches for diversity in STEM fields

By Jo Robinson
Staff Reporter

STEM fields today are gaining in diversity, but there are mixed reviews at Highline on whether programs here are diverse enough

Highline received the HEED [Higher Education Excellence in Diversity] from INSIGHT Into Diversity magazine in 2014 for the second year in a row. According to INSIGHT this award is based on catering to the diversity of gender, race, ethnicity, ability, veterans, and members of the LGBTQ+ community.

Although Highline has made strides in diversity, STEM (science, technology, engineering, and math) fields historically present a challenge to diversity.

The National Science Foundation has done research into diversity of STEM fields pertaining women, minorities, and persons with disabilities in science and engineering. According to the official website the reason is that the representation of certain groups of people in science and engineering education and employment differs from their representation in the U.S. population. Women, persons with disabilities, and three racial and ethnic groups—blacks, Hispanics, and Native Americans or Alaska Natives—are underrepresented in science and engineering fields.

Highline students say the college's STEM programs do feature some diversity.

"I would say STEM classes at Highline are pretty diverse, even though STEM fields haven't really been. And by diverse I would say that here we have differences in not just culture," said Aysha Richardson, a pre-nursing student.

"To me I see diversity as a group, with a little bit of everything included into it. I would say for Highline's STEM classes, it's diverse in students and even with teaching styles," Richardson said.

"To me diversity is like a place where every country can enjoy and participate in," said Truc Do, a biology major.

"Highline is very diverse, because there are a lot countries here. Because of that I don't feel alone here, but that we all belong together," Do said.

"Yeah also I would say my STEM classes are diverse, we all study about facts from ev-



erywhere. In one of my classes the professor talks about everything, and it's not just things in the U.S. but other countries too," said Do.

The facts gathered by the National Science Foundation support this trend.

In 2014, underrepresented minority women earned more than half of the science and engineering degrees awarded to their respective racial and ethnic groups. White and Asian women earned nearly half of the S&E degrees awarded to their respective racial and ethnic groups. In most S&E fields of study, the share of bachelor's degrees earned by underrepresented minority women is larger than their shares of master's or doctoral degrees.

Underrepresented minority women earn a higher share of science and engineering degrees than do underrepresented minority men at each degree level, particularly at the bachelor's level. In the past 20 years, the share of underrepresented minority women earning science and engineering degrees more than doubled at the master's and doctoral degree levels.

Although these facts show diversity and inclusiveness as a positive trend, there is a still a drastic difference in educational attainment that is currently separating underrepresented minorities from whites and Asians.

Some Highline students said they have experienced that here.

"How would I view diversity is looking around in the room and seeing no one looks the same, and I see the STEM class-

es at Highline as having less diversity," said Loreah Mayranan, a pre-nursing student.

"I see the STEM classes as having less diversity with a few African Americans, a few Middle Eastern people, but the classes were more Caucasian and Asian oriented. We see more diversity in age than in race," Mayranan said.

"To me diversity is like being in a large group but you have a little bit of everything like a large variety," said Lydia Tiruneh, computer science major.

"I've noticed that in most of my computer science classes there are a lot of men, so it isn't necessarily the most diverse, but yeah that is about all I have noticed," Tiruneh said.

According to the National Science Foundation, underrepresented minorities are still less likely than whites and Asians to graduate from high school, enroll in college, and earn a college degree. Among underrepresented minorities who do graduate from college, the overall degree patterns are similar to those of whites.

Asians are also more likely than whites and underrepresented minorities to earn a college degree in a science and engineering field. Although Whites' share of STEM degrees has declined over the past two decades, Whites continue to earn a majority of degrees in all broad science and engineering fields.

Highline math Professor Katherine Skelton said professors have to continue to work to accommodate all students.

"Encompassing diversity as an educator to me looks a lot like asking ourselves about how to better engage with our students. Every class we have is different not just in content, but also student dynamics and honestly you've got to be so flexible," Skelton said.

"It looks like gauging what's working and what's not. What I find odd is that the STEM track doesn't ever really teach students a way to speak to each other in STEM. That's odd to me because in STEM field who works alone? No one," Skelton said.

"I do believe anyone can have success in STEM. It is about passion. But whether you look at it from a moral or logistical point of view it still is not the most encompassing field," said Skelton.

"There's the pay gap that affects women. Then the fact that there's such a small percentage of people of color in the field. It takes asking ourselves to question how do we change that, to make an actual difference?" Skelton said.

"As a professor it is my job to be fostering that in a classroom and it helps you in a lot of different ways," Skelton said.

One of the ways in which she has done that is utilizing the "discussions" feature in Canvas.

"Canvas gives me an opportunity to build community not just in class but also outside, as we don't have a lot of time in class. But using canvas to still build support and community has been important and critical," Skelton said.

Additionally there are a couple of different programs on campus that assist with encompassing diversity in the STEM fields, particularly MESA [mathematics, engineering, science, achievement] and TRiO. TRiO refers to a number (originally three, now eight) of U.S federal programs to increase access to higher education for economically disadvantaged students.

Oceans face plastic danger, UN chief says

UNITED NATIONS (AP) – Secretary-General Antonio Guterres opened the first U.N. conference on oceans Monday with a warning that the seas are "under threat as never before," noting one recent study warns that discarded plastic garbage could outweigh fish by 2050 if nothing is done.

The U.N. chief told presidents, ministers, diplomats and environmental activists from nearly 200 countries that oceans – "the lifeblood of our planet" – are being severely damaged by pollution, garbage, overfishing and the effects of climate change.

The five-day conference, which began on World Environment Day, is the first major event to focus on climate since U.S. President Donald Trump announced Thursday that the United States will withdraw from the 2015 Paris Climate Agreement – a decision criticized by Bolivian President Evo Morales and other speakers Monday.

Guterres said the aim of the conference is "to turn the tide" and solve the problems that "we created."

He said competing interests over territory and natural resources have blocked progress for too long in cleaning up and restoring to health the world's oceans, which cover two-thirds of the planet.

"We must put aside short-term national gain to prevent long-term global catastrophe," Guterres said. "Conserving our oceans and using them sustainably is preserving life itself."

General Assembly President Peter Thomson, a Fijian diplomat, said, "The time has come for us to correct our wrongful ways."

"We have unleashed a plague of plastic upon the ocean that is defiling nature in so many tragic ways," he said. "It is inexcusable that humanity tips the equivalent of a large garbage truck of plastic into the ocean every minute of every day."

Guterres cited a 2016 World Economic Forum report on "The New Plastics Economy," which said the best research estimates there are over 150 million tons of plastics in the ocean.

"In a business-as-usual scenario, the ocean is expected to contain 1 ton of plastic for every 3 tons of fish by 2025, and by 2050, more plastics than fish (by weight)," the report said.

"There's the pay gap that affects women. Then the fact that there's such a small percentage of people of color in the field. It takes asking ourselves to question how do we change that, to make an actual difference?"

–Katherine Skelton,
Highline math professor



The U.S. is not the cleanest, studies say

By the Associated Press

WASHINGTON — President Donald Trump said the United States “will continue to be the cleanest and most environmentally friendly country on Earth” as he announced a U.S. pullout from an international accord designed to curb climate change.

But facts muddy that claim. Data show that the U.S. is among the dirtiest countries when it comes to heat-trapping carbon pollution. One nation that has cleaner air in nearly every way is Sweden.

“The U.S. is well behind other countries in having the cleanest and most sustainable environment,” University of Michigan environmental scientist Rosina Bierbaum said in an email.

The U.S. emits more carbon dioxide than any other nation except China. In 2014, the U.S. spewed 237 times more carbon dioxide into the air than Sweden, according to figures by the U.S. Department of Energy’s Oak Ridge National Laboratory.

“On pretty much any climate-related indicator, the U.S. will not look good,” said Glen Peters, a Norwegian climate scientist who is part of the Global Carbon Project that ranks worldwide emissions.

The U.S. is No. 2 in per person carbon dioxide pollution, behind Luxembourg, among 35 developed nations plus China, India and Brazil, Energy Department data show. That’s 19.1 tons (17.3 metric tons) of carbon dioxide per year for the average American, compared with 4.9 tons (4.5 metric tons) for the average Swede.

Taking into account economics, the U.S. ranks 10th highest in carbon pollution per gross domestic product behind China, India, Russia, Estonia, Poland, South Korea, the Czech Republic, Mexico and Turkey, according to the International Energy Agency . The U.S. spews almost five times more carbon dioxide per dollar in the economy than Sweden.

Because carbon dioxide stays in the atmosphere for more than a century, scientists and regulators say it’s more important to look at historical emissions. Since 1870, the U.S. has produced about one-quarter of the world’s carbon dioxide — twice as much as China — and that makes it the biggest polluter in the world by far, Peters said.

Swallowing pills just got a whole lot easier

Dr. Roach writes: A while back, I asked readers for suggestions on swallowing pills, and I got many helpful answers. I particularly liked this pharmacist’s advice, since it combines physics and common sense:

“Because capsules FLOAT and tablets SINK, two ways are helpful. For capsules this works for me: Place the capsule on your tongue, then take a big swallow of water through a straw, keeping your chin neutral. For tablets, put water in your mouth first, then tilt your head back and drop the tablet into your mouth and swallow.”

Using a straw was the most



frequent advice I heard. Thicker liquids were the key for other readers, while one reminded me that an inexpensive pill crusher can turn a pill to powder, which can then be mixed into yogurt or applesauce. However, always check with your phar-

macist, since some pills, such as long-acting formulations, should not be crushed, and a few should not be mixed with foods. Another person found that swallowing some ice chips for a few minutes prevented the gag reflex that kept her from swallowing medicines.

Dear Dr. Roach: My father read your recent column pertaining to kidney stones. He recently passed a kidney stone and was wondering if there is a lab that he could send his stone to directly to be analyzed? Unfortunately, he prefers not to visit an internist or urologist.

Answer: It depends on the

state, but most laboratories require a professional’s order to perform testing. I have mixed feelings about this; however, I generally agree, since a physician or other provider should provide individualized recommendations on the appropriate changes in diet, medication and fluid intake, based on the stone type, medications taken, diseases or conditions present and other factors. There are services available on the Internet that will perform laboratory testing without an order (by having a medical director in a given state order the lab), but I don’t recommend it for the reasons above.



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Student’s long road leads to Highline

Umoja scholar plans to continue at WSU

By Jo Robinson
Staff Reporter

Kelly Ngigi has a lot to smile about. She has been accepted to four different universities, has won awards, and represented her program before the Board of Trustees.

Ngigi was born in Nairobi, Kenya but raised in Birmingham, Ala. until her high school graduation, where she once again was relocated. Ngigi said that when she considered the different places that she had been, she found her greatest joy while living in Birmingham.

“I loved it growing up in Birmingham man, that good southern food is something that will never leave me,” said Ngigi. “I would honestly take a flight back there right now, just to get some of it.”

Ngigi’s favorite meal was a dish called “ratchet wings.” This meal consisted of six lemon pepper wings, Cajun fries, and a drink called Kickapoo punch.

“Mmm, just thinking about it all, I might have catch a flight,” said Ngigi with a smile.

That smile is something Ngigi’s friends describe as one of the most memorable things you notice when you see her.

“Oh, that smile, girl,” said Haley Cummings.

“Man, how can I describe this thing? It’s like her smile can literally light a room, that expression is corny but the only way I can really describe it,” said Chalisa Thompson, a student at Highline.

“When you see it, you will understand what I mean, it forces you to smile back,” said Thompson.

Ngigi and Thompson met around the time Ngigi arrived to Washington and started classes here at Highline. The decision to come to Washington was made around the time Ngigi was graduating and because her father received a job opportunity in the Seattle area. Within just two weeks of being in Washington, Ngigi decided to enroll in college.

“June 9 is when I got to Washington, and I realized by June 15 that college was a good plan for me. At first I thought about the fact that I didn’t really have any set plans, then I decid-



Yuki Yamauchi/THUNDERWORD

Kelly Ngigi chose Highline over Green River and says that things have worked out well for her here.

ed to apply to community colleges,” said Ngigi.

“The problem was I just didn’t know which one to enroll in,” she said.

After researching many different schools, Ngigi said she ultimately had to decide between Highline and Green River.

“Honestly I wanted to attend Green River first, but nothing stood out to me there,” said Ngigi.

“But then when I got to Highline, there was such a connection here that was different from all the rest. I chose to attend Highline because of the good impressions I had with the faculty and staff. From the moment I stepped foot on campus to the first day of class I received a lot of help, which encouraged me to stay at this institution,” said Ngigi.

Ngigi said that the most help she received during her time at Highline was during her first quarter when she met her friend, mentor, adviser, and

professor, Elizabeth Word.

“She is by far the most impactful and influential person I have encountered here at Highline, and she helped navigate me throughout my time here,” Ngigi said.

Word first met Ngigi as faculty coordinator for the Umoja Scholars program, which tries to help diverse groups of students through the college process. This is where the pair’s bond first really started, Word said.

“I first met Kelly when she applied for the Umoja Scholars program and she immediately struck me as a young woman that was serious about her education and prepared to take full advantage of what college had to offer. I quickly grew to admire her compassion and dedication to her community,” Word said.

Word said that their relationship continued even after Kelly had completed the courses associated with the program.

“Although Kelly is no longer

in my classes, she and I maintain contact, as one of my advisees and Umoja family members. Kelly is like the trusted older sister. When something needs to get done for Umoja or I need someone to represent the Umoja Program, I know I can call on her,” said Word.

“When our program had an opportunity to present in front of the Board of Trustees, I asked her to present. She had no idea who the BOT were but agreed to do it,” said Word.

“Following the presentation I explained that the BOT were the people that the governor appoints to govern Highline College. She told me she was so glad she didn’t know that before the presentation. Priceless,” said Word.

It was also in the Umoja Scholars program that Ngigi met her now boyfriend, Jorden Calloway.

“The positive impact she’s had in my life speaks volumes to the man I am today. Although she is younger than I am her maturity exceeds mine in many areas,” said Calloway.

Ngigi will be graduating with a cumulative grade point average of 3.56, a student award for Outstanding Program Contribution as a Student Resource Consultant, semi-finalist for the National Jack Kent Scholarship, and an acceptance letter from every school she applied to.

“Honestly it is all pretty funny looking back at my process to this point and what I have achieved. It feels weird to say all of these things belong to me,” said Ngigi.

“Like for the awards, it was just nice to be recognized for the effort I put in. As for the national scholarship, it was a little disappointing not getting it, but, out of the 3,000 applicants, it was an honor just to belong there,” said Ngigi.

The four schools she applied to were Howard University, Hampton University, Seattle University, and Washington State University. She decided on WSU because it offered her full tuition and she could graduate debt free, something she said is a goal.

Ngigi plans on majoring in psychology with the plan of being a clinical psychologist working with communities of color, when she transfers to Washington State University.

“I couldn’t have done this all without the awesome support I found here at Highline. Highline has had a huge impact on my future. My experience on this campus has led me to find my passion, as well as taught me how to navigate higher education,” said Ngigi. “The things I have learned have ultimately prepared me for my future endeavors, so honestly just thanks, Highline.”

“I couldn’t have done this all without the awesome support I found here at Highline.”

–Kelly Ngigi



Meckfessel fights through activism

Highline professor practices activism as a teacher and an author

By Lezlie Wolff
Staff Reporter

English professor Shon Meckfessel says people need spaces which to communicate and learn from each other. Highline can be one of those places.

"I've been really interested in social justice movements and youth movements for my whole life," he said.

It was the high school missionary trips to Mexico that opened Meckfessel's horizons to connecting with people he encountered in unfamiliar situations.

"I feel like a lot of us Americans have a limited imagination about things because we don't travel that much," Meckfessel said.

After high school, he went backpacking around Europe. It took him seven years to complete college as he'd go to school, then drop out to travel, back to school, and travel, he said.

"I hopped freight trains," he said.

A lot of people hop trains following the agricultural circuits, Meckfessel said. He knew some who had lost their legs doing it.

While travelling in the US, "a lot of the political tension and polarization that we're really seeing openly right now, I think I saw back, in the '90s," he said.

Connecting with people is obviously a motivator for Meckfessel. He was constantly waving and smiling to people passing by in the Campus Bistro.

"I have been studying languages because it's a way to connect with people," Meckfessel said.

Because writing is so time consuming and such a "pain in the butt," Meckfessel said.

"My first book, *Suffled How It Gush: A North American Anarchist in the Balkans*, was when I was traveling in in the Balkans," he said.

"The US and NATO had a bombing campaign in response to the Kosovo War, and I thought it was a very bad idea," Meckfessel said.

He said when the war started he realized that the people protesting it were siding with the side the US was attacking.

"I found that people felt like they had to support that because it was the other side," Meckfessel said.

"I wrote this whole book trying to get people to think beyond that. It's a lot of crazy travel stories and human interactions that I had," he said.

"I had friends who were being tortured, when I was there," Meckfessel said.

"I was trying to push people to realize that these are human



Shon Meckfessel photo

Shon Meckfessel fights for social justice as an author and a teacher at Highline.

beings in the situation. And that maybe their government wasn't their spokesmen anymore that ours is for us a lot of the time," he said.

"I'm also an anarchist," he said.

"Anarchism is a political idea that goes back hundreds of years that believes in freedom and equality," Meckfessel said.

"One of my favorite quotes from Bakunin, the granddaddy of anarchism, is 'Political Freedom without economic equality is a pretense, a fraud, a lie; and the workers want no lying,'" Meckfessel said.

Meckfessel's book, *Nonviolence Ain't What It Used To Be: Unarmed Insurrection and the Rhetoric of Resistance*, explains why people could be violent in a protest.

"I spent five years interviewing about 50 people and reading a couple hundred books to give a theory of why I think that happens," he said.

"People like what I have to say about it," Meckfessel said, having recently come back from an East Coast book tour. "A lot of different sorts of people sort of agree," with his theory on violence, he said.

"One of the things like May Day is they're showing a public disrespect for corporate property. And at the same time, actually, a respect for people and bodies. I think the point they're trying to make is the system we have does the opposite. They're trying to suggest another arrangement of things," Meckfessel said.

In Baltimore, during a big riot around Black Lives Matter, the police had taken into custody this guy they killed in the

back of a police van by breaking his spine, Meckfessel said.

"It wasn't remarked on," he said.

Then they rioted and businesses like CVS were set on fire and smashed up, he said.

"People in Baltimore were spray painting on the walls, 'Why do you care more about broken windows than broken spines?'" Meckfessel said.

Meckfessel is concerned about the economic divide in the Northwest.

"King County has the highest racial segregation in the country if you index it by wealth," he said.

"It's that the computer industry has brought in so much money for a particular demographic. And a lot of the populations that we have down in the Highline area, are left out of that investment," he said.

"You have to grow up in a rich neighborhood to get a sufficiently funded education," he said.

"I think what we're seeing is that we're taking from people who have had a better public education in Bangladesh than in South King County," he said.

"This ties to what I teach, rhetoric and I teach how to make meaning when we're writing," he said.

A lot of people don't understand how protests work and so they mock them, he said.

Protests shines the light on issues and get people to talk about them, he said.

"Like the women's march," he said.

"Maybe the biggest march in US history, was a very clear way of saying there are many people who are not OK with the policies that Trump is talking about

and with the kind of personal behavior that was validated by him getting elected," Meckfessel said.

"Change happens when people decide to do something in their daily routine instead of something else," he said. It also happens around the dinner tables when families are fighting with each other, Meckfessel said.

"I believe that the way that poor and marginalized people have a say is in how things work, if their interests are not being represented, traditionally the only means that such people get leverage is through disruption," he said.

The squeaky wheel gets the oil, he said. "Especially if the wheel stops turning."

Meckfessel found out how important it is to know where you are hiking in foreign countries.

In 2009, Meckfessel and three friends, Joshua Fattal, Sarah Shourd, and Shane Bauer were studying Arabic in Damascus. To get out of the city and experience nature, Fattal, Shourd, and Bauer went hiking.

Meckfessel stayed back, nursing a fever.

The three hikers unintentionally crossed into Iran and were arrested for illegal entry.

"We were all activists in the Middle East and I am sure that if we'd emphasized those things that would have embarrassed Iran into releasing them much, much, sooner," he said.

He thinks if he'd been with his friends, they would have been killed as, "it was an intense situation." The captors were very threatening, Meckfessel said.

Meckfessel said he felt a huge responsibility to get his friends out.

"In these situations, there's always different approaches and I ended up feeling a lot of frustration about the official approach taken to getting them out."

Today, he said, his friends are doing amazing stuff.

"I'm in touch with all of them, and they're leading happy, amazing lives. But it was a hard time," he said.

Teaching, Meckfessel said, is the No. 1 way he practices his activism at present.

"I think the same exact things that make for good academic writing are the same things that make for good, empowered citizens. Critical thinking, ability to question authority, and established positions," he said.

Teaching the world about Syria, Meckfessel runs a resource website that informs readers about what's happening there. For more information, go to syriasources.org.

Meckfessel said, we're going to look back on Syria and realize that was at the center of all this stuff happening, including the right-wing swing.

The tragedy he said, is that "the original Syrian revolution was some of the most amazing beautiful ideas about human freedom and dignity that we've seen," he said.

When he's not working on his website, writing books or traveling, Meckfessel is making music.

He plays bass, both electric and some upright.

He was in the band Cake and wrote a lot of Cake's bass lines that they still use, he said.

"They're nice people, but I've taken a different direction," he said.

It's easier to make music on his own, than to have to schedule with people, he said.

Writing, he said, like music doesn't just happen, it comes from talking to people and generating ideas from that.

"It's hard to find each other in spaces like this [Des Moines] because we don't have a lot of cultural and public spaces," he said.

"I think Highline has a place in that already and has a lot of potential," he said.

"It sounds like this [Federal Way Performing Arts and Events] center could be a really great place for the area because we're the people who are going to be doing the interesting stuff," he said.

"Especially communication across differences," he said.

"The important part is that we're all participating," Meckfessel said.

Student housing project set to begin

By Chikako Murakawa
Staff Reporter

Nearly a year after the initial groundbreaking ceremony, construction on the college's first-ever dormitory is set to begin this July.

The new building will face Pacific Highway South at South 236th Lane, next to Baskin-Robbins and across the highway from the proposed location of Sound Transit's new Highline Link Light Rail station.

The land-use and grading permits are awaiting pickup at Des Moines City Hall, said David Steen, permits coordinator for the city. According to the quarterly City Manager's Report the main structure permit is ready to be issued once fees are paid and bonds are posted.

The project had been on hold since last October, but Imad Bahbah, principal architect with IHC Architects in Kent, said construction will begin in July and Phase One should be complete by August next year, just in time for Highline's 2018 Fall Quarter.

Groundbreaking for the two-building, mixed-use project took place last Aug. 8 to much fanfare with representatives of the city, King County, project partners, college officials and officers of the Highline College Foundation in attendance.

The role of the Highline College Foundation is particularly significant as it will be the leasing agent for the dormitory units, Bahbah said. Although



Artist's conception of what Highline Place will look like when it opens in 2018.

college officials envision the new facility as primarily housing international students, Bahbah said the units will actually be available to anyone.

"You can't discriminate," he said.

He said construction is ready to begin.

The project is a public-private venture between the college foundation and Eastern Link Capital Management, a Chinese investment firm with local offices in Kent.

Highline Vice President of Administration Michael Pham said the new housing could benefit the college's efforts to recruit international students.

More than 520 international students attend Highline each quarter and they come from 25 countries. The college is ac-

tively recruiting more, with college recruiters broadening their search to Europe this year.

"Our location in Des Moines is somewhat of a challenge, because we don't have on-campus housing like other colleges," he said. "Having this housing will be very attractive – it could definitely help with recruiting."

Pham also said the location of Highline Place should be particularly convenient for students wanting to use Sound Transit light rail.

Sound Transit has started work to extend light rail service from its current terminus at South 200th Street to Highline College and then eventually on to the Federal Way Transit Center and Tacoma.

Pham said the new housing would be particularly welcome

for the many international students who attend the college and who have had trouble finding suitable places to live. The five-story structure is expected to house 160 students in two and four bedroom apartments.

The top floor will have a community room and deck overlooking Puget Sound and every apartment will have a kitchen and living area. The building will also have washers and dryers on each floor.

The first floor is expected to house retail space for possible tenants such as Starbucks, Subway and a fitness center.

Sierra Construction of Woodinville is scheduled to build the new dormitory and the leasing agent for the retail space will be Montoure Real Estate Corp. of Kent.

City hopes center will jumpstart downtown

By Cameron Boosman
Staff Reporter

Federal Way is betting big on a revitalized downtown area and its ability to reverse the city's downward economic trend.

The city began its work by updating the Federal Way Town Center Park back in the summer of 2016. That project took just over two years to complete and cost the city more than \$2 million.

The city also purchased an abandoned retail store and a warehouse locations across the street from the park, intending to expand its city center and convert it into a source of revenue and job creation for Federal Way.

The next step in the project is the Federal Way Performing Arts Center. The city demolished an abandoned building and began a \$32 million project to construct a performance venue.

In addition to a venue, the PAEC will "provide over 8,000 square feet of event space," said Theresa Yvonne, the center's executive director.

"The Performing Arts Center will bring people to Federal Way and serve as an important source of revenue in the future," Yvonne said.

The city also has plans to make use of the warehouse located on the same block as the PAEC, Yvonne said, but would not comment on what the city might place there.

These expansions by Federal Way are planned to coincide with the expansion of the Link Light Rail south through Des Moines and to the Federal Way Transit Center in the heart of Federal Way's up and coming downtown.

The Federal Way extension was added when King County residents passed ST3 last November. Sound Transit currently claims that the extension will be completed sometime in 2024.



Theresa Yvonne.

Des Moines Marina to charge for parking

By Brendan Myrick
Staff Reporter

A new parking fee will be charged at the Des Moines Marina and Des Moines Beach Park this summer for residents and visitors.

The aging marina bulkhead is in need of significant maintenance and repairs in order to keep it safe and open to the public. The repairs are expected to cost \$12 million, city officials say.

"The city expects the fee to generate \$200,000 a year," said Joe Dusenbury, the Des Moines Marina harbormaster. "We have been operating with [paid parking at] Redondo for a few years, so we know what to expect."

Des Moines has also requested outside help to repair the marina seawall from other public sources, but it is not guaranteed, which is why they are relying on parking fees. Seventy percent of visitors to the marina are non-residents, meaning support will come from visitors across King County.



The Des Moines Marina soon will charge for parking.

There are 725,000 people in South King County, but only five public accesses to Puget Sound. Three of them are in Des Moines at the marina/Beach Park, the state-owned Saltwater State Park and the city-owned Redondo Waterfront Park. The state charges a parking fee of \$10 per day at Saltwater State Park.

The other two public accesses are at Seahurst Park in Burien and Dash Point State Park in Federal Way. Dash Point has a parking fee, but Seahurst does not.

Besides money from parking fees, the marina is also being

financed by an enterprise fund paid for by mortgage fees, city officials say. Neither sales taxes or taxes on property within the city contribute to the maintenance of the marina.

The new parking fee will begin Monday, June 12 and will support the upkeep of the marina. Paid parking fees are \$1 per hour until they reach \$5, which will cover a whole day at either the marina or Beach Park.

For frequent users there are other payment options.

Des Moines residents can opt to purchase a \$30 parking pass that can be purchased at the marina office. For non-residents,

the price for a parking pass goes for \$90.

Visitors to the popular Saturday Des Moines Waterfront Farmers Markets or the Wednesday nights Sunset Markets will be able to get two hours of free parking if they validate at one of the markets booths.

Besides for repairing the marina bulkhead, the parking fees will also help deal with crime at the marina and at the nearby Beach Park.

"We have a certain amount of low level crime at the marina," Dusenbury said. "We want to cut down on all of that."

Crimes that occur at the marina and the parking lots include drugs, prostitution, prowling, theft and more. The paid parking system allows for a better regulation of vehicles and off-hour visitors who may be looking to engage in illegal conduct.

For more information regarding the marina, go to the City of Des Moines website, under departments-Marina, <http://www.desmoinesmarina.com>, or call 206-824-5700.

Abramchuk sisters thrive off competition

By Konner Hancock
Staff Reporter

Karina and Elizabeth Abramchuk have been hard at work during their time at Highline.

The two sisters have created quite a reputation for themselves in the Highline community, they have been competing with each other in every aspect of their lives since they were young.

But this healthy competition didn't start at Highline.

"It started for me when Karina won her very first plaque for being the student of the year in 8th grade. I wanted to be the student of the year because I saw how proud my parents were of her. Next year, I got the award and ever since then it's been this non-stop healthy competition with her," Elizabeth Abramchuk said.

The Abramchuks said their parents didn't put too much focus on grades, but they did expect the girls to practice and excel with any talents they might have.

"They were always taking us to private lessons for art and music," Elizabeth Abramchuk said.

Although there was not much of a push to excel in school, their parents expected greatness in all aspects of their lives, the Abramchuks said.

The women's parents immigrated from Belarus when Karina was just an infant, and Elizabeth had not yet been born. Their parents expected Karina and Elizabeth to take advantage of every opportunity they could in the United States.

"I've trained myself to become used to putting in everything I've got into everything," said Karina Abramchuk. "I like to remind myself that I always have and I always will strive for the best with the hardest. I



Konner Hancock/THUNDERWORD

Karina (left) and Elizabeth Abramchuk have both been stellar students at Highline

don't like to set myself up for the minimum. And I've noticed that if I put in all my effort and then some, my grades will eventually reflect that."

The women both came to Highline as Running Start students, where they sought to earn associate's degrees while simultaneously graduating high school.

"I wanted to come to Highline, do my work, pass the exams and go home," Elizabeth Abramchuk said.

However, she along with her sister Karina learned that Highline held multiple opportunities for them to expand their hori-

zons.

Karina Abramchuk quickly became involved on campus, earning a position at the Writing Center as a writing consultant.

Through her position on campus she has gained leadership as chair of several committees on campus.

"I'm currently head of the Multilingual Initiative, a mission to represent Highline's inclusiveness of all languages and cultures. I've done a ton of work in that area revising policies to meet the colleges standards, and I've started several projects never done before in writing centers," Karina Abramchuk said.

Karina Abramchuk is fluent in Russian, Spanish and English and is continuing to learn more languages, including Greek.

Throughout her education she has been one of the most decorated students in the state. She is a five-time President's Honor Roll student and currently has a 3.97 GPA.

Her sister Elizabeth Abramchuk has accomplished just as much throughout her academic career at Highline.

Elizabeth Abramchuk eventually earned the opportunity to work at Highline's literary magazine, Arcturus.

She has worked as the arts

editor for the magazine for a little over a year now.

"I became so much more involved with the school," said Elizabeth Abramchuk. "Arcturus made me come out of my shell and become part of something that will last."

She has also maintained a 4.0 GPA.

Elizabeth Abramchuk most recently won first place in Highline's 2017 Student Poetry Contest.

She submitted a poem called *Imaginative*.

She said she has only been writing poetry for a little over a quarter now and it was a talent she never knew she had.

"It was validation that I can actually write. I was surprised when I won. I stared at the email in disbelief for a good five minutes before jumping up and down, squealing," Elizabeth Abramchuk said.

The two sisters have been competing with each other for a long time now and it has certainly paid off with each of them graduating this quarter, earning their associate degrees along with their high school diplomas.

Karina Abramchuk plans on attending the UW Seattle Foster School of Business.

"I love working in three different languages, Russian, Spanish, English, with diverse students from all over the world and want to have a career that has a blend of business, writing, languages and foreign studies. I really am hoping to study abroad sometime during my time at UW," she said.

Elizabeth Abramchuk will be attending Cornish College of the Arts in Seattle.

"I don't know what exactly I want to do in the art field because it is so big but I know that that's the general direction I'm headed for. Who knows, maybe I'll design illustrations for Boeing planes or be a children's book illustrator," she said.

Bhutanese-Nepali club unites students through culture

By Ao Hsing-Yi
Staff Reporter

Highline has the largest concentration of students from Bhutan and Nepal of any campus in the United States, and yet many of them didn't know each other.

That was until Sabin Kafley decided to do something about that.

Today, about half of the Bhutanese-Nepali students are able to share their culture and academic success skills with the entire campus through the Bhutanese-Nepali Student Club.

Bhutan and Nepal are both

land-locked countries in South Asia. They are located in the mountainous eastern Himalayas and bordered on the north by China and the south by India.

There are 50-plus Bhutanese students attending Highline, which has the highest number of Bhutanese students attending any college in the nation.

Kafley is no stranger to organizing his fellow countrymen. The founder of the Highline club, created a similar Bhutanese Club at Foster High School in Tukwila.

He graduated from Foster in 2013, and the club is still running.

Kafley said that when he discovered how many Bhutanese and Nepali students there are on campus, he needed to act.

"I felt I should open a club that will bring people together. This creates a helpful support for our friends," Kafley said.

The club was formed to assist Bhutanese and Nepali students in achieving academic success and to encourage them to get involved in extracurricular activities.

Students can improve their communication, reading, writing and leadership skills by joining the club, he said.

"We have tutors from our

community who come to help us. Some of those are graduate students from UW and CWU," Kafley said. "We mainly focus on building writing and reading skills."

Club members meet every Thursday from 12:30-1:30 p.m. in Building 10, room 103.

There are around 25 members in the club, Kafley said.

In addition to the on-campus meetings, the club holds off-campus activities as well. These include meetings at the Tukwila Library to discuss community issues.

Club members are expected

to speak out about their community and share their culture during the meetings.

Students from other countries are welcome to join the club.

"Anyone can get involved in the club," Kafley said. "It's a way for people to know us and share our identity, culture and we can learn from them."

Application forms are available on the third floor of Building 8. Students can ask for more information from club leaders there.

For more information, contact Kafley at 206-981-1161 or bnschighline@gmail.com.

Brits imported Chinese for WWI labor

By Leticia Bennett
Staff Reporter

The Chinese laborers who signed up to be a part of the Chinese Labor Corps did so because they needed jobs, not because they were feeling patriotic, a professor said at last week's History Seminar.

Bob Nylander, a professor of legal studies, spoke last week about the Chinese Labor Corps recruited for the French and the British during World War I.

History Seminar is a weekly series of presentations on different historical topics of significance.

In 1917, the Allies forces were running out of manpower. In order to keep fighting, the British decided to hire foreign workers.

They promised the Chinese a seat at the negotiating table after the war ended and payed \$10 to each family of the laborer. They also payed them if they survived the training.

"This was the inducement for signing up," Professor Nylander said.

"There was no such thing as patriotism or fighting for their country. They signed up for a job," he said.

The British recruited 94,000 laborers and the French recruited 37,000. There was also a significant number recruited in Russia, but due to the country leaving the war early, the exact numbers are unknown.

"The recruits were generally young, vigorous, and ready to set out on the adventure of their lives," said Professor Nylander.

The laborers learned British style military training along with basic commands to turn left, right, and be at attention.

Each Chinese had a brass bracelet riveted to their arms and had a number associated to them for identification.

The laborers were then transported aboard locked trains and taken to wherever they were needed.

"They [the British] didn't want anyone to know that they were bringing in the Chinese," said Professor Nylander.



Yuki Yamauchi/ThunderWord
Nylander spoke to how difficult being a World War I laborer was.

"There was a lot of anti-Chinese sentiment in Canada And they didn't want the enemy to know about the labor corps," he said.

The labor corps' main duties consisted of building roads and trenches, unloading war materials, repairing tanks, and creating gravestones.

The Chinese were also involved in some of the preparations of the last German attack in 1918.

Under the British system, the

laborers were kept in barracks that were completely surrounded by barbed wire.

Under the French, the laborers were able to go to the French village and have a drink. Some of them even married French women.

"Nothing like that happened on the British side," Professor Nylander said.

The laborers were allowed free time and had Chinese holidays off.

After the war ended, the

Chinese laborers were assigned post-war jobs between 1918 and 1920.

A big part of their job was finding and reburying the dead. They built cemeteries, and cleared the front lines of barbed wire in order to make land available to farm.

Another post-war job was to collect unexploded shells. Many laborers were wounded or killed by the old shells.

When the war ended, the Chinese did not get a seat at the Treaty of Versailles negotiating table as promised.

After that, there was a major anti-western social movement in China for 50 years, said Professor Nylander.

"Many people say this was what drove the wedge that started China toward communism," he said.

There will be no History Seminar next week. The Fall Quarter History Seminar series will be on Wednesdays, and take place in Building 3, room 102, from 1:30 to 2:40 p.m.

K-12 budget in a pickle

By Roth Leahy
Staff Reporter

Washington legislators are in double overtime, still trying to figure out how to fund K-12 education.

The Legislature is in a second special session and under a Supreme Court mandate to fully fund the K-12 education system. The mandate is the result of the 2012 McCleary Decision that sanctioned the lawmakers for failing to meet their constitutional duty to fully fund education.

"We are doing a four-corner negotiation," said State Sen. Sharon Nelson, D- Vashon Island.

At the table are two House Republicans and Democrats, and two Senate Republicans and Democrats,



Sen. Nelson

she said.

The group meets three days a week, with meetings lasting five to six hours a day, she said.

"How do we pay for it?" is the issue, Sen. Nelson said. "The sticking point is, is that is it very expensive."

"The Republicans' only source of funding would be through a property tax. It would be assessed by a \$1.55 per \$1,000 evaluation of a home value for Washington state homes," Sen. Nelson said.

"The Republican proposal is to cut safety net programs," Sen. Nelson said.

The Democrats proposal would get rid of local levies.

With teacher salaries in the state being very low, "We cannot even get certified substitute teachers," Sen. Nelson said.

Republicans disagree. With regard to the court mandate, "It is a myth. No one is being fined. There is no appropriations budget or account for this money to go into," said State Rep. Matt Manweller, R- Ellensburg.

"The Democrats proposal is not accurate. The governor is abandoning the capital gains tax," said Rep. Manweller.

"Negotiations have been taking place within the range of \$0.60 to \$1.17 per \$1,000 evaluation of a property tax of a home in the state."



Rep. Manweller

The state Supreme Court and governor have not given the Legislature a number on how much to define what amply means in context to funding K-12, he said.

June 30 is the end of the fiscal year for the state and the state government could go into a shutdown on July 1 if a budget is not in place.

"I am hoping that a budget will be in place," Sen. Nelson said. "It is time to get that done."

Highline school district is facing large budget cuts

By Roth Leahy
Staff Reporter

With the Legislature's inability to form a budget, the Highline School District is facing a budget shortfall for next year.

Since 2012, the Washington state Supreme Court has been penalizing the Legislature \$100,000 a day for not fully funding K-12. Legislators in Olympia are attempting to hammer out a new two-year budget that will meet the court order and increase school spending.

The state budget pays for about 70 percent of a typical school district's budget. Without a budget, the school districts will be left on their own.

"The Highline School District is facing a shortfall of \$7.9 million in its budget for next year," said Duggan Harman,

chief of staff and finance for the district.

The Highline School District covers cities of SeaTac, Burien, Normandy Park and Des Moines. It is not affiliated with Highline College.

"Eleven coaches and specialist jobs will be eliminated from the Teaching and Learning Department," Harman said. "And \$5 million would go toward teacher pay raises."

Although there is no revenue behind the \$5-million-dollar teacher pay raise, the district wants to match the pay of neighboring school districts, he said.

"The cost of labor is going up and the state is not paying its part into K-12," Harman said.

The administration of the Highline School District has already eliminated \$2.5 million in jobs.

An additional \$1 million

will be cut from school supplies.

This will also make it harder to reduce class sizes, Harman said.

"We are in a tough position," he said.

About 7 percent of a typical school district budget comes from federal funds, with the remainder covered by local, voter-approved property tax levies. In the McCleary decision, the state Supreme Court ruled that local districts were being forced to rely too much on the levies, which are supposed to be for extras.

Overall, 20 positions will be eliminated to close the budget gap.

"I am a little worried, with the portion of impacts," Harman said. "If there is not a McCleary resolution next year in place, school districts could go broke."

Washington to have two tiers for ID

OLYMPIA (AP) — Even though Washington state officials asked for an extension from compliance from enforcement of federal requirements for state driver's licenses and ID cards through October 2020, they said Tuesday federal officials have informed them that

at this point their extension will only be granted through the middle of next month.

Washington state lawmakers passed a measure this year creating a two-tiered licensing system that was signed into law by Gov. Jay Inslee last month.

Residents will have a choice

of which license they want. Those with the non-compliant licenses will need additional documentation such as a passport, permanent resident card or military ID, to board domestic commercial flights and for other federal purposes, most likely starting in October 2020.

Bill would cut state funding for Evergreen

By Roth Leahy
Staff Reporter

A new bill now before the Legislature threatens to strip funding from The Evergreen State College and privatize the institution within the next five years.

Evergreen has been racked with protests and racial strife.

The unrest came in response to a professor's objection to a call that all white people should leave campus during a day of discussions about race.

Reactions to the professor's comments have sparked public outrage from both ends of the political spectrum, and twice

led to a campus closure due to threats.

Those threats have caused the college to transfer its June 16 commencement ceremony to Tacoma.

House Bill 2221 would strip funding from Evergreen for college purportedly not being respectful of students' political party affiliations.

State Rep. Matt Manweller, R-Ellensburg, is the main sponsor of the bill.

"It is the Legislature's job to provide oversight, especially with colleges that are in violation of civil rights laws," Rep. Manweller said.

The bill would require the Evergreen Board of Trustees to create a plan by July 1, 2019 for the college to transform into a private institution.

"State taxpayers do not want to fund policies that come out of 1950 Jim Crow laws," Rep. Manweller said. "It is unacceptable behavior in the 21st century."

Funding from the state for Evergreen would decrease 20 percent per year within the span of five years.

In the end, the college would no longer be able to receive funding from the state.

"With the state reducing funding 20 percent each year,

the college would have to increase their tuition 20 percent every year," Rep. Manweller said.

The college will be offered for sale at the end of five years.

If there is no buyer or the college does not go back to control of the state, the college would come under the governance of Eastern Washington University.

Rep. Manweller met with George Bridges, the president of Evergreen. "He is firmly committed to changing the culture at Evergreen," Rep. Manweller said.

A Democrat leader in the House said Manweller's bill is going nowhere. "We are not going

to end public funding of Evergreen, or any other public university, because of student protests," said State Rep. Drew Hansen, D-Bainbridge Island. Hansen is the chairman of the House Higher Education Committee.

Financial aid will still be given to students at Evergreen from the state, to help pay for tuition.

"This would not likely pass the Legislature, but it is having its affect, withholding \$24 million from the state capital budget for Evergreen, they could receive their funding back in 2018," Rep. Manweller said. "It has started a very important conversation."

Evergreen classes resume after protests, threats

OLYMPIA (AP) – Classes have resumed at The Evergreen State College after protests on the progressive campus attracted national attention – and threats.

Evergreen announced on its website that it reopened its campus as of 3 p.m. Monday. Administrators didn't immediately provide further explanation.

The college had been closed for the third consecutive weekday Monday. Officials said police were reviewing new "external threat information" received over the weekend.

Protests followed a white professor's decision to oppose an optional event in which organizers asked white students to leave campus for a talk about race. The event was a reversal of the college's longstanding annual "Day of Absence," in which minorities attend programs off campus.

Biology professor Bret Weinstein, who has taught at Evergreen for 15 years, wrote an op-ed piece in the Wall Street Journal saying he was called a racist because he had "challenged coercive segregation by race."

Some students called for Weinstein to resign. Conservative media pointed to the furor as an example of intolerance on college campuses, where protests have derailed multiple appearances by contentious figures.

The University of California, Berkeley, was criticized for canceling an appearance by conservative commentator Ann Coulter in April and another by right-wing provocateur Milo Yiannopoulos in February. The



AP photo

Hundreds of students gathered to protest college policies on May 24.

university canceled Coulter's speech amid threats of violence, fearing a repeat of the clashes ahead of the Yiannopoulos event.

Evergreen officials abruptly closed the college Thursday after someone called the Thurston County Communications Center claiming to be armed and on the way to campus.

The call was made from an unknown telephone number to the communications center's regular business phone line and not their 911 lines, they said.

Police searched and found no one posing a threat, but Evergreen remained closed Friday.

Administrators had said they would determine when to re-open the campus as soon as

possible.

"Even though we had planned to be back in class on Monday, it's important to give law enforcement an opportunity to evaluate their new information," Sandra Kaiser, vice president for college relations at Evergreen, said in a news release.

Evergreen moves grad ceremony

OLYMPIA (AP) – Officials say The Evergreen State College has moved its venue for graduation in the wake of recent threats directed at the campus.

The Olympian reports that college President George Bridges told students in an email that "in consideration of recent events" he and the board of trustees have decided to move the June 16 commencement to Cheney Stadium in Tacoma.

Bridges in the email describes the stadium as centrally located and secure.

Student protests related to race, equality and free speech have taken place all year and in May garnered widespread media attention.

On Thursday, a phoned-in threat forced a campus evacuation, and the school remained closed on Friday and for much of the day Monday.

It returned to a regular schedule Tuesday.

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Professor continued from page 1

work because the man is supposed to take care of the house. We did stay in a basement at my mom's friend house so we did have shelter. We were sleeping on the floor and we were still displaced," Dr. Purnell said.

After their time of struggle and bad home situation, Dr. Purnell was the first on both sides of his family to graduate from high school. He then decided to go to college at Tennessee Temple University in Chattanooga, Tenn.

"No one in my family was religious but I went to church very regularly and somehow decided I should be a pastor," Dr. Purnell said.

While at the four-year private Christian university he changed his major a couple times, he said, but the biggest change that happened to him had nothing to do with his studies.

"I was in a house fire. I lost my wife in that fire and I went to the school to say 'You know this is what happened, I need a place to stay.' They told me that for some amount of dollars I could stay in a dorm. I was really pissed because that's not a very Christian thing to do," said Dr. Purnell.

He then left the school and the church and was once again homeless at the age of 19.

"This shook my faith pretty hard because already having suffered a great tragedy than not having any type of help from the church. I stopped going to church for a long time," he said.

Dr. Purnell said that in the early '80s there was only one church that had any kind of assistance and that was a soup kitchen. That soup kitchen would be his one meal of the day during the time he was homeless.

"I would go during the middle of the day just to sustain myself because I had lost everything in that fire," Dr. Purnell said.

It was then that Dr. Purnell had a what he said was an epiphany. He said that he couldn't feel sorry for himself because there were people that had bigger struggles than he did.

"It just struck me that half the world would want to trade places with me. I decided then that I was never going to allow myself to get that down emotionally again," said Dr. Purnell.

To get back on his feet, Dr. Purnell joined the military and served one tour in the U.S. Air Force. He was stationed in Washington, D.C.

"While I waited to go to the military I moved back home but again, I didn't like being there so I moved to Virginia Beach and that's the third time I was homeless," he said.

Dr. Purnell, now 20 years old, had a job but couldn't

afford to pay rent for a house or apartment by the beach he said.

"I had money and ate at the nicest restaurants in town but I slept on the beach. It was actually kind of a good time to be homeless. I was able to do a lot of things I wouldn't have been able to do if I was trying to pay rent every month," said Dr. Purnell.

Shortly after Dr. Purnell left the military he moved to Florida and found a job.

"I was like a nomad or gypsy, I went from job to job. One year I had 16 W-2 forms. But later somehow, luck I guess, I settled with this optician and then from there they trained me to start taking patient history, assisting him with surgeries," he said. With hands-on training and experience, Dr. Purnell went from being paid \$8 per hour to \$120,000 per year.

During the rise of Dr. Purnell's career in ophthalmology at the age of 28 he faced another sudden turn of events.

"I was moving from Georgia to California for a job. This was before phone and all that stuff and once I get there they tell me that they couldn't afford to hire me. I had already sold everything put a few belongs in my car and drove," said Dr. Purnell.

While his money was running out, Dr. Purnell decided to go to a bar.

"I went to a bar to get drunk and I said I'll figure it out tomorrow. When I walked into the bar these two guys were arguing and I heard one of them say 'You're fired'. So, I walked up to him and asked if he was looking for a bartender. I didn't know how to bartend but he hired me right there and I started working. I slept on that pool table of that bar for about two months until I raised enough money to get an apartment," Dr. Purnell said.

After two months of home-

lessness, Dr. Purnell eventually got back to his ophthalmology career and again started making money.

"With the job I had I ended up with an executive position where I was making really good money for the first time in my life, my nice six-figure income. I was training people that worked in surgery centers to use the equipment that the company I was working for was selling. I ended up doing all the international training so that's how I travelled so much," Dr. Purnell said.

This six-figure salary didn't last forever. During the 2008 financial crisis, the company that Dr. Purnell worked for started to lay employees off.

"Because I didn't have a degree I couldn't make a lateral move to another company. I didn't want to start at ground zero and work my way up, so I went back to school," Purnell said.

He finished his studies at the University of Southern Florida in Tampa. He got a bachelor's degree, a master's degree in English, and a doctorate in communication with an emphasis in interpersonal communication.

Dr. Purnell was hired at his alma mater as a visiting professor which was a one-year position. After the year was over he was hired at a full-time tenured position at Mercer University in Georgia.

"I then moved to Washington because my partner got a job here and we said whoever got a job first we'd move. He obviously got the job first," Dr. Purnell said.

But Dr. Purnell had been to Washington and said he loves the state. He has been with his current partner for 17 years.

"I visited out here for eight years every summer and winter. I knew what I was getting into with the winters being gray and rainy but I love that weather. It was a little long this year but I

figured because this is my first winter here that it's nicer just to get it out of the way," he said.

Dr. Purnell looks forward to what the future holds for him in and outside of Highline.

"I'll continue to use all this experience and information to help my students stay in school," Dr. Purnell said. "I'll try and encourage people to believe in their self and I think my story helps people believe that they will overcome whatever it is they are going through."

Primer continued from page 1

After starting at Highline, Primer soon became involved in Student Government. She will be the student body president this upcoming fall.

"[As a] student body president, it's your job to make sure the students' voices are heard,"

Primer said.

"It's a lot of work, but I felt like not all of the students' voices [were being] heard here," she said. "I think it's important that there be a student voice that is willing to listen to what our students want."

Primer is walking with the class of 2017 and will officially graduate with her Associate of Applied Science in digital forensics after this summer.

She will then continue her education and go for a four-year degree in the Bachelors of Applied Science program for cyber forensics at Highline.

"If Highline wasn't the community it is, I wouldn't be able to be where I'm at now," she said.

"When I leave here with my four-year degree, I'll leave with more knowledge and experience... it's all because of the environment we foster here," said Primer.

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Student expands his horizon at Highline

By Ao Hsing-Yi
Staff Reporter

An international student came to Highline focused on just making the grades. Along the way he fell in love with learning. Junichi Inami, a long-term international student from Japan, has expanded his focus to include both on and off-campus activities. “When I decided to come to the United States, I just wanted to get an accounting degree,” Inami said. “I tried to get credits by choosing easy classes without a lot of thinking,” he said. “But right now, I just want to take those classes which I can learn something from them, not just for credits.” He said he was inspired by geography professor Yen-Chu Weng in Geography 100. “She is really kind. She always gives me quick response when I send email to her,” Inami said. “I guess she understands the feelings of the international students.” Weng inspired him to expand his focus. “Before I took this class, I volunteered in some activities, but I didn’t know how exactly my volunteering could help our society,” Inami said. “But my professor showed us how our society, living and the environment are related

to something we are doing.” He began to volunteer more. “I attended two activities, Green Kent Partnership and Northwest Harvest,” he said. “I realized that I can contribute by volunteering for some activities to help make society better.” Green Kent Partnership is a community of people who care about the environment such as forest and wetlands. People help the environment by planting trees and other projects. Northwest Harvest is Washington’s own statewide hunger relief agency. Anybody can sign up to volunteer on its website. “Both of them help our society and environment,” Inami said. He said he will continue to volunteer next year, but first he will take a trip home. “I have never gone home since I came here last August,” Inami said. “I need a break and to refresh,” he said, “to get ready to fight with fall quarter.” “I will take Accounting 202 and English 205 in fall,” he said. “It is the requirement for transfer.” He is planning to transfer to UCLA, UW-Seattle or UC Berkeley, or any universities where he can get scholarship. “I want to get more higher educational opportunities,” Inami said. “And save money.”

Homelessness has risen in the state

The Associated Press

SEATTLE — Rough tallies of Washington’s homeless population showed an increase in the number of people living outdoors or in shelters and transitional housing, despite efforts to reduce homelessness. The Seattle Times reports that surveys conducted in five of the six most populous counties in January showed a jump of 3.5 percent over last year. Especially troubling was a rise of 10 percent in the

number of people sleeping on the streets or in tent encampments, from almost 8,500 in 2016 to more than 9,300 this year. An additional 12,543 were counted in shelters and transitional housing. Tara Lee, a spokeswoman for Gov. Jay Inslee, said the numbers “starkly demonstrate that while parts of the state are booming economically, the growth is not shared by everyone.” One bright spot was a 25 percent decrease in Pierce County after two years of sharp increases.

Youth

continued from page 1

gram because they will be working with more King County youth-serving agencies, and that will establish more internships and employment opportunities. “We are gradually adding adjunct instructors who lead agencies themselves to take advantage of their expertise,” Drischel said. “Our goal is to have the program continue to grow and continuously improve in its ability to provide an authentic and applicable

learning experience.” Both students said they are excited and proud to be a part of one of the first graduating bachelor of applied science degrees at Highline.

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King Crossword

Answers
Solution time: 25 mins.

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Answer

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