

Students don't want to vote

By Mitchell Roland
Staff Reporter

A majority of Highline students surveyed say they don't intend on voting in the upcoming local elections.

Out of 60 students surveyed, only 24 of them are registered voters.

With local elections for things such as mayor and city council members being the big-ticket items on the ballot, students said that they are not as inclined to show up to the ballot-box.

In Des Moines, four city council positions are up for election. In Kent, four city council seats as well the mayor are up for vote. In Federal Way, four city council seats and the mayor are also up for vote.

To be eligible to vote, you must be a citizen, lived at your current address for at least 30 days before the election, be at least 18 years old, and not have committed a felony.

One popular reason for not voting on campus was the lack of information about the candidates.



Tiffany Ho/THUNDERWORD

"I'm not aware of who are the candidates," Highline student Fernanda Mejia said.

Student Kyla Cleveland said that she is not registered to vote, is unaware of what's on the ballot, and does not plan

on registering in time to vote in the election.

"I don't know how to do all of that," Cleveland said.

Still, others aren't voting because they believe it is a lost cause.

When explaining why he is not registered to vote and why he doesn't plan to, one Highline student said "Democrats are going to win everything anyway," (The elections this year are non-partisan.)

Although some students are registered voters, they haven't yet made up their minds about the local elections.

"I haven't given it much thought," said one student, who is a registered voter.

Highline student Thomas Aeilly said he is registered to vote, but does not currently know what is up for vote in this year. He plans on voting "If I have time to look into who's on it."

Students who aren't registered are mixed on if they are planning on registering in time for this election.

"Most likely not," one student said.

"I'd say yes," said student Michael Nalivaysko, whose 18th birthday is actually on

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Events take aim at violence

By Rachael Horath
Staff Reporter

October is widely known for Breast Cancer Awareness, but it is also dedicated as Domestic Violence Awareness Month.

In recognition, Highline's Women's Programs has a series of events coming up to help educate students about the signs, symptom, and resources available to all students about a plethora of issues affecting women.

The following events are for the week of Oct 16-21:

The Clothesline Project is a way to promote awareness, and for students to have a voice about domestic violence.

"The objective of the Clothesline Project is to bring awareness, and for students to have a voice about how they feel about domestic violence. It's in support of students who have experienced domestic violence or going through it," said Program Assistant Alycia Williams.

This is an opportunity to let students know what resources are available to them. For the event, students are asked to write motivational messages, or express how they feel about domestic violence on plain T-shirts.

Once all the shirts have been decorated, they will be displayed around campus for the entirety of the month of October. T-shirt decorating will take place right outside the Women's Programs office in Building 6, on Oct 17-18 from 10 a.m. to 2 p.m. both days.

Domestic Violence 101 is a presentation by representatives of the Dawn Rising program and the King County Sexual Assault Recourse Center.

This is an opportunity for

See Violence, page 12

Coffee with cops sparks discussion

By Chase Carvalho
Staff Reporter

Local law enforcement and Highline hosted Coffee With a Cop on the first floor of the Student Union from 11 a.m. to 1 p.m. on Thursday, Oct 5.

Roughly a dozen officers from Des Moines Police Department, King County Sheriff, and Washington State Patrol were in attendance.

At first the officers were bunched up around a single table in the south end of the Student Union. Students were slow to interact with police and many seemed confused as to why the police were there.

After roughly 10 minutes,

police officers and some intrigued students broke the ice. Quickly students and staff became engaged and conversations took off.

The atmosphere became light-hearted and constructive.

"This is the largest participation so far out of the three times this event has been hosted," said Sgt. George T. Curtis III officer from the Department of Public Safety.

Most departments involved were from around the Kent-Des Moines area.

"It's good to see more young people getting involved each time," Sgt. Curtis said.

Many of the officers attending said students were asking



Izzy Anderson/THUNDERWORD

Police officers sat down with students on Oct. 5 and had conversations over cups of coffee.

questions about the daily life of a police officer and how to begin a career in law enforcement. Many of the officers said they felt welcomed and were

pleased with the opportunity to interact with those they are sworn to protect.

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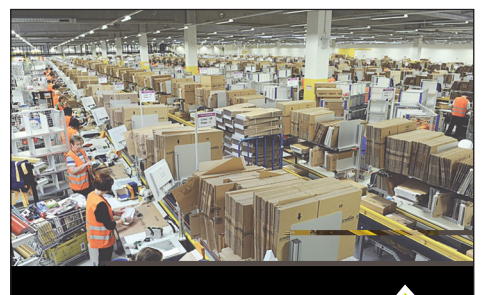
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Public Safety offers tips to avoid stalkers

By Chase Carvalho
Staff Reporter

Highline public safety officials received a report of a student being stalked on campus. Further investigation found it to be a case of unwanted attention from another student. The victim was walking from her class when another student began to follow alongside her and give her attention and say things that were not welcomed. She told the student to leave her alone as she went to report it to Public Safety, and the following student went on his way. There are ways and resources for staying safe if you feel you are being stalked or given unwanted attention through a progression of measures, Public Safety Officials say. The first step is to tell the individual no or to leave you alone. Other steps are:

- Switch up your routine.
- Don't park in the same spot or take the same routes.
- Walk in groups.

More serious resources are making arrangements with instructors to allow students with valid concerns for accommodations to mitigate or avoid further problems.

Women's Programs are available in Building 6 on the first floor next to the Public Safety Office, along with counseling. Individual safety plans can be made with Public Safety officers, for severe cases restraining orders can be sought. Public Safety escorts can also be arranged. "All students should feel safe on campus and resources are available. Be aware of your surroundings and ask for help if it's needed," said Director of Public Safety and Emergency Management David Menke.

Seattle University nursing visits

Seattle University's Nursing program will be having an information session at Highline. An adviser from Seattle University's Admissions Office will be at Highline to give a presentation on how to plan for and apply to the Bachelors of Nursing program. No registration needed. The session will be held on Oct. 18, from 1 to 2 p.m., Building 10, room 103.

T-word ads
get results

Black and Brown Summit seeks help

By Jo Robinson
Staff Reporter

Young men of color will be able to embrace their heritage and explore their futures at the Eighth Annual Black and Brown Male Summit next month at Highline. At this event young men of color who are attending high school or college are able to hear the stories of fellow men of color who are also students, professors, business owners, etc., and are able to share their own experiences in open dialogues, facilitated discussions, and identity workshops. "We want you all to create your own narratives, social media has had enough of a say in how we, as black men, react to situations, how we are as students, not who we can be if we aren't just entertainment as sports players, actors, or rappers," said Rashad Norris, director of community engagement and Outreach Services at Highline. In previous years, 400 to 500 have attended the summit, including students and adult chaperones. To help facilitate open dialogue, this year's summit will continue the tradition of separating adult chaperones and students during the event. "How we've usually had it, is adult chaperones will be in a



Rashad Norris

different building, getting their own education. This has worked wonders in the past, and made it so everyone involved can speak their minds without fear," Norris said. Every year the summit has changed its style of the keynote speech. This year there will be a featured keynote by Jason Chu, a rapper and self-proclaimed storyteller. Chu has performed at over 170 colleges and around the world, including a 2015 Asia mini-tour around Hong Kong and Beijing. Chu said that he is very excited about this and that you should be too. "As a rapper, artist, and man of color, I owe a great deal to the black and brown voices who have guided me patiently towards my identity and craft," Chu said. "I'm excited by the opportunity presented by the Black and Brown Male Summit

to engage with young leaders on their own journeys as men of color and character in America." This is a free event, but coordinators are looking for people willing to be panelists, volunteers, and facilitators. The coordinators are looking to diversify their panel with more men of color who are making a positive impact in the world, Norris said. All are expected to have had experience in creating their own narrative, and a great message about excelling beyond high school and college, he said. Volunteer duties are by sign up and include helping with registration on the day of event, ushering students to and from workshops, bus greeting, and handing out event swag. Facilitators will be in the larger discussions helping to move and encourage dialogue. Both volunteers and facilitators are expected to stay for the entirety of the events. There will be two volunteer/facilitator sessions prior to the event, one of which is mandatory. These sessions will be held on Nov. 7, from 3:30 to 5 p.m., and Nov. 9, from 5:30 to 7 p.m. Both sessions will be held in Building 2. There will be a light snack provided for those attending the

volunteer sessions. Faculty and staff are also encouraged to get involved in any way. "It means a lot to these kids that you would take the time to show up for events like these," Norris said. "My one hope is that you all genuinely receive the message that the young students will be giving on this day." For more information and to get involved, volunteer, facilitate, or to be a panelist, visit bbsummit.highline.edu. "On a last note, at the end of the event reading over our messages, it never ceases to amaze me or the committee what the students are truly seeking and asking for. I truly believe this is an event that lets the community know that we, as the Highline body, are committing ourselves to serving them, as black and brown male students," said Norris. This event will be held on Nov. 18, from 8 a.m. to 4:30 p.m., at Building 8 in the Student Union. There will be breakfast and lunch included. If any students will be attending with an adult chaperone, both are required to register. Registration opens Oct. 27 and closes on Nov. 13, or until capacity is reached. You can register at bandbsummit.highline.edu.

LGBT Week events continue

Today's event will be a discussion on the importance of resistance in the transgender community against political threats targeting the transgender community's basic rights. This discussion will be facilitat-



ed by Dean Spade, an associate professor at Seattle University School of Law, and will explore

the impacts of contemporary movements, and how to increase the mainstream visibility of the transgender community. This event will be held today, from 1:30 to 3 p.m., in Building 7. Friday's event will be a performance by Syd Emmanuel Arrojo, a local artist who using instruments, colorful sketches,

spoken word, and creative writing to share their story. This event will be Friday, from 9 to 10:30 a.m., Building 25 on the sixth floor.

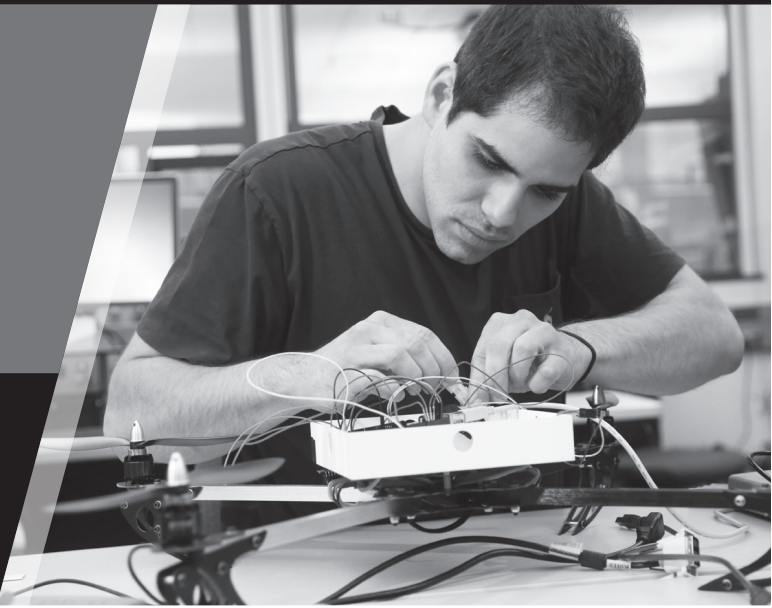
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Local employers will recruit at job fair

By Izzy Anderson
Staff Reporter

Fall in love with a new career at the 2017 Fall Job Fair on Oct. 18.

The Career and Student Employment Center are hosting their quarterly job fair that goes from 10 a.m. to 1 p.m. in Building 8. The event is completely free.

Local attending employers will be looking for part-time, full-time, and temporary employees.

“I’ve been at Highline College for two years and hosted all the job fairs so far,” said Career Development Program Manager, Chantal Carrancho.

Carrancho provided a couple tips for students looking for employment.

“Understanding how to approach an employer is the main skill that is needed. This includes dressing professionally, creating a great introduction, and working on cover letter and resumes,” she said.

This fair is bringing more than 60 companies and employers from a wide range of industries, such as American Family Insurance, UPS, Macy’s, Amazon, BECU, the Northwest Hospital and Medical Center, and more.

“Students have an opportunity to network with employers to find part-time, full-time, internships, or volunteer work by asking questions to learn about their company,” Carrancho said.

Aside from searching for potential jobs at this event, students can also attend workshops put on by the Career and Student Employment Center.

These workshops will show students how to write a resume, help refine their networking



Amazon will be coming to Highline to look for temporary, part-time, and full-time employees at the Fall Job Fair.

skills, and can all around better prepare them for future careers. They are offered on Tuesday

and Thursday from 1:30 to 2:30 p.m. all quarter at the Career and Student Employment Center.

For more information on the 2017 Fall Job Fair or the Career and Student Employment Cen-

ter, visit the Career and Student Employment page at studentemployment.highline.edu.

Indigenous People’s Day

Muckleshoot Tribe seeks to reclaim its heritage

By Sophia G20
Staff Reporter

Changing Columbus Day to Indigenous People’s Day was the first step in restoring the Native American sovereignty, Muckleshoot tribal leaders said here Monday.

The tribal leaders spoke as part of Highline’s observance of Indigenous People’s Day to a crowd of about 80 people.

The Muckleshoot Tribe has about 3,000 members, making it one of the largest tribes in Washington state. Its lands are southeast of Auburn.

Leading the presentation was Dr. Denise Bill, the current Execu-

tive Director of Higher Education at Muckleshoot Tribal College.

“I have been a teacher at heart since I was a little girl,” Dr. Bill said.

Growing up, said Dr. Bill, she was subject to attacks for her very firm stance on her roots.

Now she and others are trying to build understanding of the Muckleshoot Tribe, both in schools and in the community, tribal leaders said.

“We are more than a casino,” Dr. Bill said. “And more than people who fish.”

However, the income from the casino has given the Muckleshoot people one of the best tribal educational packages in



‘We are more than a casino. And more than people who fish.’

— Dr. Denise Bill

the nation, she said.

Meanwhile, the tribe is working on preserving its indigenous language. The Muckleshoot language went from three peo-

ple employed to preserve it in 2013, to 17 today, teaching a new generation of schoolchildren to speak it, a tribal leader said.

Currently their work, plus with grants and allies throughout the community, has led to the development of smartphone apps to help with learning the language.

University of Washington communications professor, Dr. Jonathan S. Tomhave said one of the great themes through the culture of the Muckleshoot is repairing the great suffering and to turn it into something positive.

Dr. Tomhave said the Muckleshoot people need to “repair the circle,” overcoming past efforts by others to take the Muckshoots’ language, identity and suffering away from them.

Bump stocks circumvent gun law

To ban or not to ban guns—that is not the question here.

In the wake of the Las Vegas killing of 58 concertgoers, America is again reeling and scrambling for answers.

But this hasn't quieted the gun debate, which has been renewed in proposals to ban bump stocks.

This special style of gun stock is used to circumvent current laws to keep fully automatic firearms out of the hands of regular citizens.

The stocks use the force of the weapon's recoil to continue to actuate the trigger, simulating the fire rate of an automatic weapon.

While some argue that an outright gun ban is the most sensible answer to the question of gun violence, opponents argue for less gun regulation.

With the divide in politics, nobody is taking passage of either of these suggestions seriously.

In order to ban guns outright, there would need to be a constitutional convention that requires two thirds of Congress and two thirds of state legislatures to ratify a new amendment.

Banning guns outright would be next to impossible to pull off.

What is on the table at the moment is banning bump stocks.

Bump stocks currently remain legal because they technically don't alter the rifle they are used on.

When it comes to banning bump stocks, there is one question that needs to be asked: would banning these stocks be reaching farther than the intent of current gun control?

The answer is no.

Closing a loophole that allowed a domestic terrorist to rain an automatic stream of hot lead into a crowd of 22,000 people is common sense and shouldn't be a partisan debate.

In fact, at the constituent level, Gallup polling from 2016 shows that 55 percent of Americans believe that laws covering the sale of firearms should be more strict, as opposed to 34 percent that think they should be left as they are and 10 percent who think the sale of guns should be less strict.

What has become a common theme in American politics, constituents' opinions seem to not line up with the actions of their representatives.

No matter where you stand when it comes to guns, it is plain to see that the citizens want stricter regulation on the sale of firearms, and obviously, our current legislation did not prevent the horror unleashed on Oct. 1.

Have something to say? Write to us

The Thunderword asks for students and all members of the campus community to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send all submissions to thunderword@highline.edu by Monday for print on Thursday.



Las Vegas shooting hits home

It's beyond difficult to find words to describe how it feels to be personally connected to a place that has been plastered in national news headlines.

Even though the Las Vegas shooting happened just a week ago, it is simply surreal to see the place I call home try to recover from such a tragedy: 59 deaths and 527 injured, not to mention the thousands of lives that have been affected.

What people don't understand is that a whole 22,000 people were at the Route 91 Harvest Music Festival. I know the media likes to talk about the statistics of the dead and injured, but this shooting has also impacted thousands of people who made it out alive and physically unscathed.

That number does not even begin to describe the number of hotel staff, first responders, and tourists who had to endure the trauma and aftermath of that night.

The Mandalay Bay is on the very south end of the Las Vegas Strip, and it is one of the closest hotel and casinos to the University of Nevada, Las Vegas campus where most of my high school graduating class is attending. The pulse of the city dictates that life must go on, but it is a bit unnerving that there was little time for pause, so little time for its residents to collect their breaths.

UNLV administrators expected students to attend class like normal the next morning, even though the students were separated by only a few hours and a few

Guest Commentary



Rachael Horath

blocks from the worst mass shooting in our nation's history.

The people of Las Vegas have never dealt with mass tragedy so close to home, nor have I. There was little chance to pause and contemplate the magnitude of the event.

For me, the attack brought up a lot of new emotions; I have never had to worry about my friends and family being in such a dangerous situation.

I have never felt the dread of waiting for status updates of friends/family to confirm their safety.

Or then afterwards facing a sense of guilt knowing that I will not have to experience the feelings associated with losing someone.

The individuals injured during the shooting were routed to the nearest hospitals, each of which

were not really prepared for the number of traumas they would encounter.

As blood supplies began coming up short, it was not long before the hospitals needed more blood donations.

With civic pride, the community of Las Vegas responded quickly, and blood takers actually became overwhelmed and began to turn people away or scheduled appointments for weeks later.

Despite the level of tragedy, it was amazing to witness the amount of love and support my community has for one another.

Vegas has a long way to go to rebuild itself, but luckily with the amount of support circulating, the process won't be too drawn out.

But we should all take time to consider just what happened.

This can't be the end-all-be-all.

The mass shootings over the last few years have been consistently growing in numbers of deaths and injuries. Based on statistics alone, something should be changed with our current gun laws.

How many other shootings are going to happen before we demand change?

How many other innocent lives need to be lost?

These questions demand answers.

And although I may not be there physically, I'm rooting for the people of Vegas, and hope they're given a chance to heal.

Rachael Horath is a Highline student.

the Staff “

No food page? That's the only thing I read.

” E-Mail: tword@highline.edu

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Symphony comes to Des Moines

By Winter Dorval
Staff Reporter

A chamber music ensemble from the Seattle Symphony will join the Mt. Rainier High School Orchestra for a concert in Des Moines, Friday, Oct. 13.

The Mt. Rainier High School Orchestra will open for the Seattle Symphony with Concerto Grosso op. 3 No. 1 by Handel. They will begin performing at 6:30 p.m. on Oct. 13, led by conductor, Jordan Beckman.

“The director of the Des Moines Park and Recreation

reached out to the Mt. Rainer High School Orchestra,” said Shannon Kirchberg, events and facilities coordinator for the Beach Park Events Center.

There will be 19 chairs for the high school Orchestra, and 15 for the Seattle Symphony.

The Seattle Symphony will begin performing at 7 p.m.

Pablo Rus Broseta is the Seattle Symphony conductor.

“It’s not very often you get to see such an outstanding orchestra for free,” said Kirchberg.

“It’s a good place to bring your children. I think a lot of



Seattle Symphony photo

A chamber ensemble from the Seattle Symphony will play Friday night in Des Moines.

kids think music just comes out of the radio, and it doesn’t.”

The Seattle Symphony will play Coyote Turns by Alexandra Gardner, and Septet in E-flat major by Beethoven.

The performance is free, but donations are encouraged. They go to the Des Moines Arts Commission.

Parking is \$1 per hour, with a maximum of \$5.

The concert will be at the Des Moines Beach Park Auditorium, 22030 Cliff Ave S.

New director takes over at Highline Chorale

By Winter Dorval
Staff Reporter

Highline’s Chorale is singing a new tune this fall.

Dr. Janene Nelson is leading Chorale this year.

“I was contacted in September to teach Class Voice. I started talking to the head of the music department, Dr. Ben Thomas, about teaching choir in the Winter,” said Dr. Nelson.

“During our conversation he asked me if I wanted to teach Chorale this year as well and I said yes.”

Chorale is a course that ex-



Dr. Janene Nelson

plores a wide array of musical styles, and genres from around the world.

“Initially, I would like to do something that gives the students exposure to a diverse range of different types of music, and genres (such as classical, and jazz),” said Dr. Nelson.

“The student makeup is quite diverse, with a wide range of backgrounds,” said Dr. Nelson.

“My favorite part about this is that every student brings in-

dividual experiences.”

A goal for Chorale is to gain recognition within the college and the community, said Dr. Nelson.

“Dr. Thomas and I are both recruiting in the greater community. I have connections in Federal Way and Auburn. I’m hoping to connect with them, and branch out to the outer communities too,” Dr. Nelson

said.

The two-credit course is offered Mondays and Wednesdays 12:15-3:05 p.m. in Building 4, room 104.

Dr. Nelson said she is hopeful that the Choral may perform on campus before the end of Fall Quarter.

Chorale has historically performed once a quarter on campus.

Snuggle up with a movie and friends this Halloween

By Dylan You
Staff Reporter

You don’t have to be scared alone this Halloween.

A Halloween movie night and pajama party will be hosted by the International Leadership Student Council members this Friday.

Leadership Council member, Aya Tanaka said the five-hour-party will consist mostly of watching movies and playing icebreakers.

“We’ll be wearing pajamas, and we’re planning to watch two horror movies. Between those movies we want to be playing games and talk about Halloween,” Tanaka said. “I think if they have fun they will bond.”

Another member of the Leadership Council, An Vo, said that students may also bring blankets or pillows for more comfort.

“We will all be sitting, but students can bring sleeping bags, pajamas, blankets and pillows,” Vo said.

She said students should wear costumes to the party.

“Students are advised to bring costumes as it’s a costume party,” Vo said. “Pajamas will help people bond by talking about it.”

Vo said that around 80 students are expected to attend the event. Both international and domestic students are encouraged to join in.

“Halloween is an American thing. We want international students to have the experience of Halloween,” Tanaka said. “We want domestic students to come to our events and show Halloween to them.”

The party will be located at Building 7. The party will begin at 6 p.m and end at around midnight.

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Wednesday, November 1st

- ❖ Individual 20minutes sessions are available in the afternoon starting at 1:40 pm. First come, first served!
- ❖ Register online: bit.ly/2tTsu1v by October 17.
- ❖ Questions: jheckler@highline.edu or ksteinbach@highline.edu



Carpinito Brothers in Kent grew out of a love of pumpkins and four generations later the family still has an



Thomas Carpinito

Orange Crush

By Winter Dorval
Staff Reporter

Take kids, add pumpkins, blue skies, a corn maze and you've got the recipe for a fun day at the Carpinito Brothers U-Pick Pumpkin Patch and Corn Maze.

Fun is how it all began for the farming operation that is now a Kent institution.

"Back in the '60s on the family farm, the Carpinito brothers used to grow squash. They'd enter it in the Puyallup Fair competitions to be judged on quality, and size," said Thomas Carpinito, a fourth-generation descendant from the original Carpinito brothers.

Adam, Thomas's sibling, said the original brothers grew pumpkins in their backyard.

"Their hobby led them to start sell-

ing them on the side of the road, and it grew into a full retail business that's been around for over 50 years," Thomas said.

Today, the Carpinito Brothers produce

business boasts that it is the closest pumpkin patch to Seattle.

Pumpkin season has always been a huge part of the operation, they've always sold pumpkins at the main store north of downtown Kent, Thomas said.

"Unlike some of the other pumpkin patches, this one is on most people's way, and they don't have to drive the extra few miles because we're so close," Adam said.

The original backyard patch has grown into a U-pick Pumpkin Patch which includes a corn maze at South 277th and the West Valley Highway. Tractor-pulled hay rides are also being offered.

Lately it has expanded to include the former site of the Smith Brothers Dairy and now features a Farm Fun Yard.

There, kid-friendly activities, such as Rodeo Ropin' Cows, an area with sidewalk chalk, and a water feature for rubber duck races, with water pumps at either side of the PVC pipe so kids can send the ducks back and forth.

Oh, yeah, and young farm animals: ducks, chickens, pigs, a cow, a kangaroo, goats, and a tortoise.

The kids also get their own maze.

"The hay maze is the perfect height for kids to run around in all day since they can't see over the sides," Adam said. "We really saw a demand for it, because the corn maze is too big for kids. They get scared, and lost so we wanted to fill the need for something catered towards them."

The brothers, though, want people to know that Carpinito Brothers is more a fall phenomenon.

"October is a very important month



for us. Pumpkins are one of the larger crops we grow, along with the corn," Adam said.

But Thomas quickly explained: "This is a working farm, as well as a pumpkin patch. We also sell wholesale and retail crops."

"We organize our year by seasons. Spring and summer, we have the seasonal flowers, fall is pumpkins, winter is Christmas trees," Thomas said.

And, of course, there is the produce. The Kent Valley was once one of the biggest lettuce growing regions, and Kent once set a record for the world's largest salad.

But still, pumpkin season reigns supreme.

"I think everybody loves fall, the turning of the seasons. They love to celebrate, and all of the festivities," Adam said. "You can involve the whole family, a lot of times I'll see grandparents with their kids and grandkids. Coming here is a great tradition."

The U-Pick Pumpkin Patch and Corn Maze is at 27508 West Valley Highway N. Admissions for the Corn Maze are \$10 for adults (ages 13 and older), \$7 for children (ages 5-12), and free for kids 4 and younger.

The Farm Fun Yard is across the street at 6720 S. 277th St. Admission is \$5 per person (2 years and older). Hayrides are \$3 each, ages 4 and older.



Sendy Nguyen/THUNDERWORD photos



Trips to Carpinito Brothers each fall are not only a tradition for families throughout South King County, they are a tradition for the Carpinito family.

An early love of pumpkins and experience showing them at the annual Puyallup Fair eventually turned into a seasonal celebration with the advent of the Carpinito Brothers U-Pick Pumpkin Patch and Corn Maze.

With the addition of the Farm Fun Yard, kids can now enjoy close-up encounters with young barnyard creatures.

The annual event runs through the end of the month of October.



Men’s soccer has firm grasp on first

By Andrew LaChapelle
Staff Reporter

The Thunderbird men’s soccer team continues to roll off the wins, deep into the season.

The Thunderbirds’ latest game was a 2-1 nail biter victory at home vs the Tacoma Titans this past Saturday.

Tacoma has played the T-Birds tough all year but T-Birds have won both matchups by a margin of five goals to two.

The Titans struck first in the 40th minute with a goal by Tresor Kadima with the assist going to Duvan Vaca-Trujillo for a 1-0 lead. More frustration would follow for the T-Birds as Jinoh Bae, a freshman from Japan, received a yellow card in the 53rd minute of play.

The T-Birds persevered and stuck to their game plan as Adam Kante tied it all up in the 56th minute with a goal to add to his season total of seven.

The T-Birds were not done there, however, as Ryley Johnson gave the Thunderbirds the lead with just seconds remaining to give Highline a signature clutch victory.

The men’s team also played last Wednesday at Pierce College of Puyallup, a team they have dominated in two games this year. Pierce is second in the west region behind Highline yet that did not faze the T-Birds as they dismantled the Raiders 3-0.

Dane Evanger a freshman from Lynnwood, started off the



The men’s soccer team meets during practice on Tuesday afternoon.

Tayah Farmer/THUNDERWORD

scoring with a goal in the 22nd minute. Meanwhile, Johnson and Kante once again both had goals for the T-Birds. The star of the game however was goalkeeper Akili Kasim, who had five saves in a perfect game preserving the shut out.

With the Season winding down, the T-Birds know that play-

offs are well within their grasp. However, the men are trying to keep the right mindset, Tyler Black, a freshman mid-feilder said “I would say definitely not cocky but confident,” Black said.

Coach Steve Mohn has reiterated the importance of confidence to his team, but said that come playoff time certain guys

will be called upon to step up.

“Some guys accept it, while some guys shy away from it” Mohn said.

The Thunderbirds return to action this Saturday in a road game vs South Puget Sound of Olympia at 2 p.m. South Puget Sound gave the Highline men all they could handle in their

last match which ended in a 1-1 tie. The T-Birds then play Wednesday, Oct. 18 at Bellevue. Both matchups are critical league games that the T-Birds must be victorious in to secure first place in the West region. The T-Birds sit in first with 22 points, 11 ahead of second place Pierce.

Women’s Volleyball

Lady T-Birds best reigning champs, but slip to third

By Bryce Fecarotta
Staff Reporter

As the weather gets colder, the Highline women’s volleyball team continues to heat up.

After scorching three of their first four conference opponents, they were primed to blast their divisional rival and reigning NWAC champions, the 15-5 Lower Columbia Red Devils.

Coming into the game, the Red Devils have been steaming past conference opponents, as they are undefeated in conference play, but the Thunderbirds came prepared to bring the heat, and they did just that. They beat Lower Columbia 3-2 in a hotly contested five sets.

The Red Devils exploded at the start and won the first two sets 25-19 and 26-24. After their lukewarm start, the Thunderbirds turned up the heat and won, scoring 25-22, 25-22 and 15-9 in the final set.

They say defense wins championships, and that was certain-



Bianca Haggerty and Lindsey Nein

ly the case in this crucial comeback. Lindsey Nein’s 43 digs

cooled Lower Columbia’s stand-out Nina Bailey and the swel-

tering Lower Columbia offense. Meanwhile, Adrienne Haggerty was red hot on offense.

Haggerty was on fire in this key victory, registering a staggering 18 kills with a .333 kill percentage. As a team, their offense progressively improved in efficiency, with their kill percentage getting better each set.

The victory advanced Highline’s win streak to three games and moved them to 4-1 in conference play, and second place in the division moving into their next divisional match against the Grays Harbor Chokers.

Unfortunately, the Thunderbirds momentum had cooled from the Lower Columbia game and they fell to the Chokers 17-25, 22-25, 25-16, 25-18 and 23-25.

They almost had their second comeback victory in a row, but had their hearts broken in a thrilling tie-breaker fifth match.

Grays Harbor nearly lived up their name of Chokers when

they let Highline tie the set at 2-2 after a 2-0 start, but held on to win the fifth set.

For the second game in a row, Haggerty was Highline’s offensive bonfire. This time, Nein’s 25 digs paired with Zoe Gaines’ 20 digs fired the defensive end of the court, but it was all for naught.

The bitter loss ended Highline’s three-game win streak and moved them back to third in the division, but they have a crucial opportunity to make a statement against the top team in the division, the No. 8 Pierce Raiders.

Results for the Thunderbirds’ game against the Raiders were not available at press release time.

The T-Birds’ will be on the road against Green River Oct. 13, and their next home game is Oct. 18 against the South Puget Sound Clippers at 7 p.m. in the Pavilion. Admission is free for students with a Highline ID and \$6 for general admission.

3835
14514
2114

Scoreboard

NWAC Volleyball

WEST

Team	League	Season
Pierce	5-1	22-8
Lower Columbia	5-1	16-6
Highline	4-2	11-16
Grays Harbor	4-2	9-24
S.Puget Sound	3-3	9-20
Centralia	2-4	13-8
Green River	1-5	6-14
Tacoma	0-6	1-19

EAST

Team	League	Season
North Idaho	8-0	18-5
Columbia Basin	8-1	16-5
Spokane	7-2	23-5
Walla Walla	4-3	19-13
Yakima Valley	4-5	19-17
Wenatchee Valley	3-5	11-10
Blue Mountain	2-6	7-14
Treasure Valley	2-7	6-12
Big Bend	0-9	0-20

NORTH

Team	League	Season
Bellevue	5-0	22-10

NWAC Women’s Soccer

WEST

Team	League	Season
Highline	8-0-1	11-0-1
Tacoma	6-1-2	9-4-2
Bellevue	5-2-0	6-2-1
Pierce	4-4-0	6-5-2
Lower Columbia	3-3-2	5-5-3
Centrailia	3-5-1	3-8-1
Green River	1-6-0	1-10-1
Grays Harbor	0-9-0	0-11-0

EAST

Team	League	Season
Walla Walla	9-0-0	13-0-1
Spokane	7-1-1	9-3-1
North Idaho	7-2-0	9-4-0
Columbia Basin	3-4-2	4-4-3
Wenatchee Valley	2-6-2	4-7-2
Treasure Valley	1-6-2	1-7-3
Blue Mountain	0-9-0	0-11-0

NORTH

Team	League	Season
Peninsula	9-0-0	12-0-0
Whatcom	5-3-1	8-3-1
Skagit Valley	5-3-1	7-5-1
Shoreline	3-5-1	3-6-2
Everett	3-5-1	4-9-1
Edmonds	0-9-0	1-9-0

NWAC Men’s Soccer

WEST

Team	League	Season
Highline	7-0-1	10-0-1
Pierce	3-2-2	5-7-2
Tacoma	3-3-1	7-5-1
Bellevue	1-5-1	2-6-1
S. Puget Sound	1-5-1	3-6-2

EAST

Team	League	Season
Spokane	6-1-1	9-2-2
Columbia Basin	5-1-1	7-1-1
Walla Walla	5-2-0	8-3-0
North Idaho	3-3-2	4-6-2
Treasure Valley	2-5-1	2-8-1
Wenatchee Valley	2-5-1	3-6-1

NORTH

Team	League	Season
Whatcom	7-0-2	10-0-3
Peninsula	5-0-4	7-1-4
Everett	5-4-0	7-6-2
Skagit Valley	2-5-2	2-7-2
Shoreline	1-5-3	3-6-3
Edmonds	1-7-1	1-9-1

Johnson leads Highline to first

By Donnie Moore
Staff Reporter

Ryley Johnson is off to a fast start on the Highline men’s soccer team.

Johnson, a freshman forward, leads the team with 11 goals and was named NWAC player of the week earlier in September.

He’s helped lead the T-Birds to a 10-0-1 record and first place in the West Region.

Johnson said he is dedicated to soccer, watching as much film as he can and always looking for things he can improve.

He goes to a field near his house when he feels his touch is off to see how he could better himself.

He said he first became interested in soccer through his parents, who both played the game, and watching them pushed him



‘We’ve come so far it would be disappointing not to go to the championships’

— Ryley Johnson

to want to do the same.

While growing up, he really Johnson drew inspiration from his father, who was his greatest mentor he said. As a senior at Lynnwood High School, he helped lead the team to the state tournament for the first time in 31 years.

Johnson and several of his teammates had played together

since they were freshmen, which allowed them to “grow together as a team,” and taught them what they needed to do to win.

Johnson said when he first joined Highline’s team, he had to “earn the respect of his teammates,” Scoring a goal in every game but one helped with that process, he said.

Johnson said he feels some

pressure to perform, “but I like the the extra motivation that comes with that,” he said.

He was ranked among the top-100 high school players in the state, and headed to play at Portland State before academics derailed those plans.

Johnson said he is a more serious student now and is “very confident about my ability to perform in the classroom.”

Johnson said was recruited by Head Coach Steve Mohn.

“I saw it as a good opportunity,” he said.

He is currently majoring communications /broadcasting journalism, because he wants to stay near sports and soccer.

Johnson has hopes for the post season.

“We’ve come so far it would be disappointing not to go to the championships,” he said.

Women’s soccer re-takes first in the west

By Aileen Kaye
Staff Reporter

After scoring four goals and only allowing Tacoma to score once, the Highline women’s soccer team took the lead in the Western conference, sending the Titans home with their first loss of the season.

Highline played two games in the past week, one at Pierce and another against Tacoma.

On Oct. 4 the T-Birds got their seventh win in league play, 5-0 over Pierce.

Highline sophomore Bianca Acuario was the first to score a goal and 13 minutes later freshman Taylor Capuzzi scored another for the team.

In the second half Neo Van

de Loo, Valeria Rios, and Acuario all scored.

On Oct. 7 the Tacoma Titans traveled to Starfire to battle Highline for first place in the West Region.

Nearly 17 minutes into the game Acuario scored for Highline and the game remained 1-0 until in the second half, when Isabelle Creighton from Tacoma scored and tied the game.

“It was an aggressive game but I felt that our girls stayed composed and focused,” said Acuario.

Valeria Rios put Highline in the lead 2-1 with an assist from Bella Keane.

Freshman McKenzie Buell scored the last two goals of the game for Highline. The first



Bianca Acuario

was a penalty kick and the second was off an assist by Fiona Dawson to make it 4-1.

“We started out the season on a really high note,” Acuario said. “And then we hit a wall.”

The first game against Tacoma on Sep. 20 “was a reality check, we knew if we stayed at

that rate we wouldn’t progress this season,” Acuario said.

“We started to get our rhythm back and we knew that this time against Tacoma was the time to put them in their place,” she said.

Yesterday Highline had an away game facing Grays Harbor for the first time. Results from this game weren’t available at press time. Grays Harbor hasn’t won a game in league, putting them at the bottom of the conference at 0-8.

Highline will be on the road for its next couple of games. Oct. 14 they play at noon against Lower Columbia, (3-3-2).

On Oct. 18 at 1 p.m. they will face the Bellevue Bulldogs, who are 5-2 in league, putting them in third just behind Tacoma.

SEATTLE UNIVERSITY NURSING PROGRAM Information Session at Highline!



- An Admissions representative from Seattle University will be on campus to give interested students a step-by-step overview of the Nursing application process.

- Find out about: required prerequisite courses and GPA, application deadlines and some GREAT tips on being a successful applicant!

WEDNESDAY, OCTOBER 18

Bring your questions about the admissions process! No need to sign up.

1:00PM -2:00 PM

Highline College - BLDG 10, Room 103

Weekly SUDOKU

by Linda Thistle

	6		4			7		
2					7	1	5	
	5	8		1				9
3			8			6		
		2			6		4	1
	1			2				7
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		5	9	3				6
1		6		8			9	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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1. MYTHOLOGY: The Roman god Cupid was known by what name in Greek mythology?
2. GEOGRAPHY: Mount Fuji is found on which island in Japan?
3. BIBLE: The proverb “the writing is on the wall” can be found in what book of the Bible?
4. LITERATURE: Who wrote the novel *Fifteen*?
5. ASTRONOMY: What is a parsec?
6. BIRTHSTONES: What is the official birthstone for those born in June?
7. U.S. EXPLORERS: What U.S. flying pioneer was nicknamed “The Lone Eagle”?
8. MONEY: Prior to the euro, what was the common currency of Greece?

9. FOOD & DRINK: What kind of tree produces bay leaves, which are used in cooking?
10. MUSIC: How many strings do most violins have?

- Answers
1. Eros
2. Honshu
3. Book of Daniel, Chapter 5
4. Beverly Cleary
5. A parsec is a unit of length, approximately equal to 3.26 light years
6. Pearl
7. Charles Lindbergh
8. Drachma
9. The bay laurel tree
10. Four

Puzzle answers
on Page 11

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		÷		2
÷		+		-	
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	+		-		3
8		2		6	

1 3 4 5 6 7 7 8 9

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King Crossword

ACROSS

- 1 Stroller
- 5 Goya subject
- 9 Playwright Levin
- 12 Emanation
- 13 Press agent?
- 14 Affirmative action?
- 15 Stormy, as weather
- 17 IRS employee
- 18 Dwell
- 19 Bygone anesthetic
- 21 "Monopoly" corner
- 22 "Car Talk" medium
- 24 Clone
- 27 Solidify
- 28 Coconut provider

- 31 Many millenia
- 32 Lubricate
- 33 Afternoon social
- 34 Ness or Lomond
- 36 Whatever number
- 37 Membership
- 38 Takes a break
- 40 Roker or Yankovic
- 41 Brother of Curly
- 43 Public celebration
- 47 Extinct kin of the kiwi

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
18								19	20			
			21			22	23					
24	25	26			27				28		29	30
31					32					33		
34			35		36				37			
		38		39				40				
41	42						43			44	45	46
47				48	49	50						
51				52					53			
54				55					56			

- 48 April payment
- 51 Boom times
- 52 Twice-monthly tide
- 53 String instrument
- 54 "Holy cow!"
- 55 Recedes
- 56 Gaelic

DOWN

- 1 Twosome
- 2 Mysterious character
- 3 Curved paths
- 4 Speak evil of
- 5 Marceau's specialty
- 6 Exist
- 7 Stewart of

- Comedy Central
- 8 Chipped in a chip
- 9 Not fully developed
- 10 Lasso
- 11 Hebrew month
- 16 Tokyo's old name
- 20 Gratuity
- 22 Jockey's handful
- 23 Partner
- 24 Aviv preceder
- 25 Court
- 26 Grow
- 27 Capricorn
- 29 Meadow

- 30 Wrestling surface
- 35 Height of fashion?
- 37 Record holder
- 39 Backbone
- 40 Intent
- 41 Self-satisfied
- 42 Crosby pal
- 43 Dandies
- 44 Use a tea-spoon
- 45 New Mexico art colony
- 46 Wheelbase terminus
- 49 Kan. neighbor
- 50 Taxi

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ARIES (March 21 to April 19) You're eager to Ram headfirst into that new project. But before you do, find out why some of your colleagues might not appear to be as gung-ho about it as you are.

TAURUS (April 20 to May 20) All that dedicated hard work you've been putting in pays off better than you expected. So go ahead, reward yourself with something befitting a beauty-loving Bovine.

GEMINI (May 21 to June 20) It's a good time to take on that new challenge. And if your self-confidence is sagging, instead of telling yourself why you can't do it, list all the reasons why you can.

CANCER (June 21 to July 22) This is one time when you might want to put some distance between you and the job at hand. It will give you a better perspective on what you've done and still need to do.

LEO (July 23 to August 22) Resist that occasional lapse into Leonine laziness that sometimes overtakes



the Big Cat. Don't cut corners. Do the job right at this time, or you might have to redo it later.

VIRGO (August 23 to September 22) You know how you like to do things. And that's fine. But watch that you don't impose your methods on others. A current financial crunch soon eases.

LIBRA (September 23 to October 22) Someone might try to take advantage of your generosity. But before your sensitivity toward others overwhelms your good sense, check his or her story out carefully.

SCORPIO (October 23 to November 21) Your strong Scorpion sense of fairness lets you see all sides of a dispute. Continue to remain impartial as you help each person work through his or her particular grievance.

SAGITTARIUS (Novem-

ber 22 to December 21) Trust your keen Sagittarian insight to help you see through an offer that might not be all it claims. A closer look could reveal disturbing elements.

CAPRICORN (December 22 to January 19) With the Goat exhibiting a more dominant aspect these days, you could find it easier to make your case in front of even the most skeptical audience.

AQUARIUS (January 20 to February 18) Take things nice and easy as you continue to build up your energy reserves for a big change that's coming with the full Hunter's Moon on Oct. 29.

PISCES (February 19 to March 20) Recent news from someone you trust could help you make an important decision. Also, be prepared to confront an upcoming change in a personal situation.

BORN THIS WEEK: You can be firm in your own views, but also flexible enough to welcome the views of others.

Don't put off overcoming procrastination

By Kaylee Moran
Staff Reporter

Procrastination is really just a trick of the mind and is possible to overcome, said psychology professor, Dr. Bob Baugher, at last week's Science Seminar.

Science Seminar is a weekly set of presentations by Highline faculty about an area in their field of expertise pertaining to scientific interest.

Do you often put things off or avoid doing important tasks? Don't fret, it's a common effect of our brains' functioning.

"One function of our brain is that it attempts to reduce pain," Dr. Baugher said. "Our brains do not like discomfort."

When people begin to start doing a task that we perceive to be boring, difficult, uncomfortable, tedious, painful, or dull, they avoid it by finding other things to focus their attention on, he said.

Dr. Baugher said that in psychology, this is seen as a form of avoidance behavior. In avoidance behaviors, we leave the unpleasant situation before we have even entered it, in contrast to escape behaviors, where we leave while we are in the situation. In both cases, you've put it off.

What happens is, when you avoid an unpleasant task, your brain thanks you for avoiding the pain, he said.

"Our brain kind of tricks us into finding little teeny ways to escape, to avoid from those situations. It does anything to look for a way out, and at the instant we move away from the task, our brain registers relief," Dr. Baugher said.

This is called a negative reinforcement, a response or behavior that is strengthened by stopping, removing or avoiding a negative outcome or situation.

You can overcome this natural brain function of avoidance by self modification, he said.

Another important function of our brain is to make sense of things, he said.

"The exception to this [pain avoidance], is if you can come up with a lot of good reasons why you should put up with this pain, you can put up with a lot of pain," Dr. Baugher said.

Dr. Baugher's recommendations for setting up a self-modification project involves 10



Dr. Bob Baugher

steps.

When attempting the self-modification process to overcome procrastination, "the first step is to define the behavior in measurable terms," he said. Being specific in your goal is important.

The second step in behavior modification is to list all the reasons you must absolutely change this behavior.

"This is critical because you are fighting against your brain that hates pain, so you need reasons to come up with pain. The more reasons, the better," Dr. Baugher said.

A way to do this is to think of how you will feel if you achieve your goal in comparison to how you would feel if you did not reach your goal. Use these feelings as reasons for motivation.

The third step is to keep records of your progress. "When you first are starting a behavior, it can be helpful to keep a journal on how you're doing," he said.

If you fall off the wagon, don't beat yourself up, dust yourself off and try again.

"We are human, we screw up at times... That's all right because now we can wake up tomorrow and try it again," Dr. Baugher said. If you fail, that's where the journal comes in, so you can see that you've done it before and can do it again.

The fourth step is setting up your environment for success. For example, "when you come home at night, where do you put your backpack?" Dr. Baugher asked. If you set up your books/homework on your desk and tell

yourself "I don't have to do this now, I'm just setting it up," every time you walk by, it will be a reminder to do that task, he said.

Splitting up our task is a useful trick to getting things done. If you tell yourself to start with just a few homework problems, rather than the whole thing at once, you are more likely to start sooner.

Another tip in creating a successful environment is not having temptations around that will divert your attention and disrupt your progress.

"Speaking for most psychologists, we do not believe in will power," he said. So don't rely on your own willpower to resist temptations. Make it easier for yourself by not having them around in the first place.

The fifth step is rewarding yourself for good behavior. You want to use little rewards that you can have now and apply the Premack Principle. The Premack Principle states that "in order to have something I want, I must first do something I'm supposed to do, and then I can have what I want," Dr. Baugher said.

For example, write the first few paragraphs of your essay or finish a quarter of your homework problems before you reward yourself with your favorite snack or checking your Facebook page.

Another way to reward your-

self is with tokens, for example putting a dollar in a jar for every time you get something done, then using that money to buy something you've always wanted, he said.

The sixth step is punishment for unwanted behavior by depriving yourself of something you like. The purpose is to motivate yourself to stick to your new, wanted behavior.

The seventh step is having support.

"It's important to have people around you who are going to support you in what you do," Dr. Baugher said.

"But, a key feature of support is they can only reward you when you do OK, they cannot punish you," he said.

This is because you know when you have messed up and punish yourself enough already. You don't need others doing it as well.

The eighth step is getting through the plateau phase, in which your progress seemingly flatlines or may even start declining.

Dr. Baugher says that quite often for the first couple weeks things will go well, then people hit the deadly plateau in which most people are likely to quit.

"One of the ways of getting through that plateau is reviewing your reasons," Dr. Baugher said.

Ask yourself why you are doing this. Although it's hard,

remind yourself of the reasons you started and how you would feel if you achieved or failed this goal can help prevent quitting, he said.

The ninth step involves an allowance for cheating, but only up to 10 percent. If you are cheating less than 10 percent, it shows that people do make mistakes sometimes, but keep working on it, Dr. Baugher said.

The final step is the contract, which lists steps one, two, four, five and six for you to fill out in agreement with yourself and have signed by two witnesses who will support you.

"I'm not saying you have to commit to this rigid contract and so on, but it's using these little things to make this happen," Dr. Baugher said. The contract reminds you of your reasons for committing to this self-modification project and how you plan to do it.

If you would like a copy of the contract Dr. Baugher used in his presentation, you can email him at bbaugher@highline.edu.

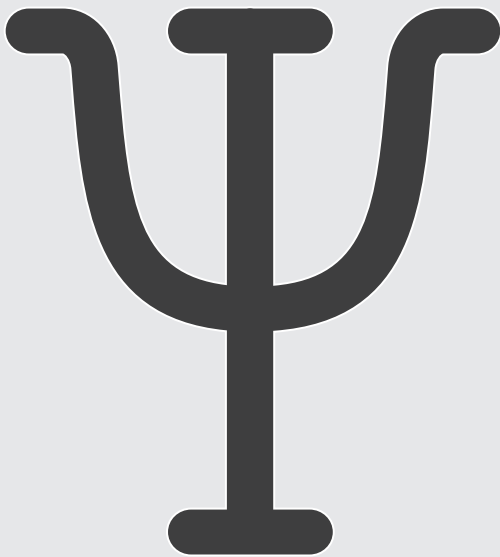
The next Science Seminar will be Oct. 13 with the topic of "Recent subduction-related earthquakes: What/Why/How in Mexico, and similarities with the Pacific Northwest," presented by Jacob Selander, a geology professor at Highline, from 1:30-2:35 in Building 3, room 102.

ARE YOU A PSYCHOLOGY MAJOR?

- Interested in majoring in psychology at **UW Seattle** or **UW Tacoma**?
- Find out about admissions requirements, GPA, pre-requisite courses, etc. Bring your questions!
- Meet the UW advisors here on campus!

UW TACOMA PSYCHOLOGY
Info Session
Tuesday, October 17
1:30 PM -2:30 PM
Building 21, Room 206

UW SEATTLE PSYCHOLOGY
Info Session
Tuesday, October 24
1:30 PM -2:20 PM
Building 21, Room 206



** No need to pre-register to attend.*

King Crossword Answers Solution time: 25 mins.

P	R	A	M		M	A	J	A		I	R	A	
A	U	R	A		I	R	O	N		N	O	D	
I	N	C	L	E	M	E	N	T		C	P	A	
R	E	S	I	D	E				E	T	H	E	R
		G	O		R	A	D	I	O				
T	W	I	N		G	E	L		P	A	L	M	
E	O	N			O	I	L		T	E	A		
L	O	C	H		A	N	Y		S	E	A	T	
		R	E	S	T	S		A	L				
S	H	E	M	P			F	I	E	S	T	A	
M	O	A		I	N	C	O	M	E	T	A	X	
U	P	S		N	E	A	P		V	I	O	L	
G	E	E		E	B	B	S		E	R	S	E	

Go Figure! answers

9	+	7	÷	8	2
÷		+		-	
3	-	1	+	7	9
+		÷		×	
5	+	4	-	6	3
8		2		6	

Weekly SUDOKU Answer

9	6	1	4	5	8	7	3	2
2	4	3	6	9	7	1	5	8
7	5	8	2	1	3	4	6	9
3	9	7	8	4	1	6	2	5
5	8	2	3	7	6	9	4	1
6	1	4	5	2	9	3	8	7
8	3	9	1	6	5	2	7	4
4	7	5	9	3	2	8	1	6
1	2	6	7	8	4	5	9	3

Violence

continued from page 1

students to learn about resources available to them, how to prevent domestic violence, and signs/symptoms of domestic violence. The event is on Oct. 18 in Building 7, room 101.

The Human Trafficking Documentary will delve into issues related to sex crimes. The open panel will have guest speakers Clinton Watanabe from the Department of Homeland Security,

and Margaret Scott from SW King County Against Trafficking on Oct. 19 from 1 to 2:30 p.m. in Building 8.

The Women's Program have countless other events this quarter to raise awareness about issues relating to women's health.

"If a student walks in through the door, we try to give them a contact to help them," said Maria Toloza, Event Coordinator for the Women's Program.

Roughly 75 to 100 students are expected to be involved, but as always, all students are welcomed

and encouraged to attend, or stop by the Women's Program on the first floor in Building 6.

Elections

continued from page 1

Nov. 7, election day.

Nalivaysko said that he did not know what was on the ballot this year, but "I could look into it." He said he is just starting to get into politics.

"Not yet," said another Highline student, who is registered to vote and plans on voting, but is unaware of what is on the ballot this year.

The online and mail-in dead-

line to register for the election was Oct. 9, so students will need to register in person at their local election office by Oct. 30 if they would like to vote. The address for the King County Election office is 919 SW Grady Way, Renton.

Reporters Stephen Springer and Jennifer Barrera contributed to this story.

Cops

continued from page 1

"People are doing a great job communicating with us," Des Moines Chief of Police George Delgado said.

"We have more women and

people of all different backgrounds and ethnicities engaging with us. Events like these are beneficial to everyone because in our daily work the circumstances and atmosphere don't normally foster productive dialogue between the citizens and police," he said.

Other topics included the recent tragedy in Las Vegas, active shooter threats on campus, National Anthem protests, and car burglaries.

Highline officials agreed that this was a successful event.

"We are looking at the possibility of hosting it twice a year in the fall and spring, so that we can interact with new students from each quarter," Officer Curtis said.



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