the THUNDERWORD

Highline College | April 12, 2018 | Volume 55, Issue 21

Attend out of this world events for Earth Week

By Krista Gaines

Staff Reporter

On-campus Earth Week activities this year will range from a seminar on the history of plastic to a German gardening tech-

Earth Week will take place from April 16-19.

A Campus Cleanup will kick off Monday's activities at 11 a.m. on the east side of the Student Union.

Participants are advised to "dress to get dirty," according to the Earth Week flier.

adviser Rick Shultz and the Permaculture Club will plant a fruit tree in front of the Library at 12:15 p.m. and educate attendees about Hugelkultur.

gardening technique that does not require digging.

Instead, by using raised beds, the technique provides more moisture for plants and improves soil fertility.



Francis Sum/THUNDERWORD

Climate Reality Project and a History Seminar titled A History of Plastic.

The Climate Reality Project

will be hosted by retired attorney Carmen Rumbaut at 10

See Earth Week, page 16

On Tuesday, ACHIEVE Hugulkultur is a German Wednesday will include the

Dr. Skari takes up Mt. Hood College presidency in July

By Chloe Wilhelm Staff Reporter

Dr. Lisa Skari, vice president for Institutional Advancement at Highline, will be leaving Highline this year to become president of Mt. Hood Community College.

Mt. Hood, which is in Gresham, Ore., is currently served by president Debra Derr, who will retire in June.

Dr. Skari will begin her duties as president on July

Dr. Skari, who has worked at Highline for 26 years, has served as vice president for 12 years.

She said that her work at Highline has prepared her for the presidential position at Mt. Hood.

"From teaching and curriculum development, to budget development and funding, to fundraising and advocacy, I honed my skills at Highline," Dr. Skari said.

"I appreciate the fact this institution gave me the support and freedom to pursue my interests, for the betterment of students and the college," she said.

Dr. Skari said that she hopes to accomplish a variety of goals at Mt. Hood.

"I was drawn to Mt. Hood Community College as it shares some similarities with Highline," she said. "It serves an increasingly diverse, increasingly less affluent community, and it is resource-challenged, even though it does amazing things in the community.

"I am hoping to work with the campus and community to leverage assets for better student outcomes and greater community impact. I [also] hope to pass the first bond since the 1970s."



In Washington, community colleges rely on the state to receive funding. However, Oregon community colleges rely on a combination of state funding and local property tax revenue.

When bonds are passed, they provide funding for capital projects, which includes buildings and facili-

Mt. Hood has not passed a bond since 1974, and currently needs funding to make repairs and upgrade their fa-

Tamie Arnold, chair of the Board of Education at Mt. Hood Community College, said that they are looking forward to having Dr. Skari as president.

"Dr. Skari brings to Mt. Hood Community College over 26 years of community college experience," she said.

Arnold said that as a board, they wanted to engage everyone in identifying the qualities that are important for a college president to have.

Arnold explained that faculty said it was important for a president to have classroom teaching experience,

See Skari, page 16

TRiO program assists students who are in need of a little help

By Jo Robinson Staff Reporter

For some people the joys of college start when you enroll in your first 15 credits, for others it starts when you've joined

TRiO is program designed to help a variety of students who have disadvantaged backgrounds.

Ahmed Wafai said he really started to enjoy college after his first two quarters at Highline. That was when he'd started to invest more in

"The first two quarters here,

didn't do so well because I didn't know how hard college level classes would be," Wafai

However, this was not due to his lack of preparation for col-

In high school Wafai was involved in plenty of challenging extracurriculars, which he said helped him prepare for the amount of work a regular student would endure throughout college.

"I seriously did so much. I was on the debate team, student government senator, did Key Club. I wanted to do it all

I felt like I was drowning. I to learn more English and get involved," said Wafai.

> It was due to this hard work, preparation, and his drive, that he had ended up getting accepted to different universities during his senior year of high school.

> He turned them all down though, to support his family

"I stayed to help my mom get better with English and be there for my family. Just to help and support them too," said Wafai.

It was for those reasons that

See TRiO, page 15

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Page 9 Women's tennis travels to California for matches



Page 10 Jenna Muller finishes fifth at Highline invitational



Four vehicle collision injures one

By Krista Gaines Staff Reporter

An accident involving four cars took place at the entrance of Highline's East parking lot and landed one person in the hospital.

"We were dispatched to the incident at 1:37 p.m. on April 4," said Officer Chad Stillwagon of the Des Moines Police Department.

A brown Honda Accord rushed to turn into the parking lot and was t-boned by a GLC 300 SUV Mercedes. The impact was so hard that it shattered most of the windows in the Accord. The Honda was thrust into a black Toyota Camry, which pushed back into a white Acura.



Andrew Jokela/THUNDERWORD

A collision involving four vehicles left one injured last Wednesday.

This catastrophic fender bender left the Mercedes and Honda totaled.

The entrance and exit to the east lot on South 240th Street were blocked off for more than an hour.

Being at fault, Stillwagon said the owner of the brown Honda was given two citations. One, for failure to yield; the second ticket was for not having insurance.

The Honda driver was transported to the hospital for injuries from the accident.

Backpack theft

A backpack containing a laptop was stolen from the Library on April 4 while the student was in the bathroom.

Sgt. George Curtis said theft is the number one issue on cam-

Because Highline is an open campus, it is very easy for thieves to come onto campus,

"Some thieves walk around with backpacks to blend in on campus," Sgt. Curtis said.

He advised students to not leave their things unattended.

As the days grow longer and the rain subsides, he said he expects crime to increase.

"Criminals are too lazy to commit crime when it's dark and rainy out," Sgt. Curtis said.

This case was referred to the Des Moines Police Department.

Spring break joy ride with HC van

A maintenance cart was stolen from Building 99 over spring break. The vehicle theft occurred at 10 p.m. on March

"The maintenance trucks normally have push-start buttons," said Sgt. George Curtis.

This joyrider didn't go too far, as the vehicle was recovered at the New Alaska Trailer Park on South 240th Street, south of campus.

A public safety officer recognized the cart the next morning while patrolling International Student housing.

The thief was not identified.

Science Seminar starts this spring

This quarter, Science Seminar brings speakers covering topics from dark matter to fit-

On Friday, April 13, Dr. Aaron Moehlig, a Highline Chemistry instructor, will lecture about alpha-synuclein, a naturally occurring protein which is linked to Parkinson's disease.

Scientists and disease experts are well versed on the effects of the disease, but do not fully understand the root causes or reasons for progression.

The talk will cover the history of Parkinson's disease, its treatment, and how far research has come to identify a cure.

Students and the general public are invited to attend these free seminars which occur every Friday at 1:30 p.m. in Building 3, Room 102.

Other presentations on the schedule this quarter include:

- Principles of EKG, which will be presented on April 27 by Emil Dela Cruz.
- What's Going On with the Flu? will be presented by Collen Sheridan on May 18.
- Fitness Myths and Misconceptions will be presented by Darin Smith on May 25.

Science seminars will also be held on April 20, May 4, May 11, and June 1.

Topics for these presentations have yet to be announced.

Learn about the housing crisis

Learn about the housing crisis by attending a Highline event on April 16.

The event, which will be



in Building 7 from 1:30 to 3 p.m., will be sponsored by Dr. Bob Baugher and will discuss the housing crisis and how the community can organize and advocate for housing.

The event will also feature Teresa Clark from the Washington Low Income Housing Alliance, and will include a panel discussion from leaders of the Resident Action Project, including Highline student Belinda Springer.

For more information, contact Belinda Springer at belle@ students.highline.edu or Nick Wood from the Washington Low Income Housing Alliance at nickw@wliha.org.

Get free tax help

Students and community members are able to receive free tax help until April 19 thanks to a partnership between Highline and United Way of King Coun-

Households that make less than \$66,000 a year are eligible as long as tax returns do not involve business taxes, rental income, or the sale of property

To attend, participants should bring their photo ID, all tax statements, such as W-2, 1099, and SSA-1099 forms; health insurance forms 1095-A, 1095-B, or 1095-C; and social security information for everyone listed on the tax return.

Tax help will be available Tuesdays, Wednesdays and Thursdays from 1:30 to 4:30 p.m. in the Highline College Outreach Center, Building 99, room 291.

Time to nominate important alumni

Nominations are now open for the 2018 Distinguished Alumnus Award, which is given annually by Highline. The award honors former Highline students who have made notable achievements in their career or community.

For nominees to be eligible, they must have attended Highline five or more years ago. Highline is looking for alumni who have made significant contributions through community service, leadership, and/or professional achievement.

Nominations may be submitted by faculty and staff, students, alumni, and friends of Highline.

To nominate an alumnus, visit https://alumni.highline. edu/recognition/nominate.php and send the nomination form by email to abhaga@highline. edu by May 4.

Learn about financial skills

Learn financial skills by attending Highline's Financial Literary Program on April 17.

The event is a collaboration between the Inter-Cultural Center and Mariela Barriga, a student success coordinator.

Students will have the opportunity to gain knowledge and build financial skills. There will also be a discussion on the idea of wealth and financial success.

The event will be in Building 8, room 204 from 1 to 2:30 p.m.

Learn to become a physician assistant

Learn more about the University of Washington's ME-DEX Northwest Physician Assistant Program by attending an information session on April 17.

The event will give attendees the opportunity to learn about the admissions and application process, and ask questions about education and employ-

Admissions for the 2018/2019 program opens on May 1 and closes on Sept. 1.

The event will be at Highline in Building 2, room 101 from 2 to 4 p.m.

Get involved in nursing programs

Learn about Highline's nursing programs and pathways by attending the Nursing Degree Info Session on April 18.

The event will cover admissions requirements, start dates, prerequisites, and what students should expect if they are admit-

The information session will be in Building 23, room 307 from 1:30 to 2:30 p.m.

Know your rights

A free workshop with information on immigrant rights will be held at Highline on April

The event, which will be held in Spanish, is a collaboration between Colectiva Legal Del Pueblo and Highline's LatinX

Student Association.

Attendees will be able to receive information on immigration rights, and will also be able to register for a brief legal consultation with immigration lawyers for free.

To register for legal consolation, complete the document available at https://tinyurl.com/ yavoycky.

The event will be in Building 1, West from 9:30 a.m. to 2 p.m.

Help search for sandwich boards

Three sandwich boards belonging to the Center of Leadership and Service are missing, and help is needed to locate

Highline departments will need these boards to promote various programs.

Boards will have the letters SP or SPO written on them near the handle, and may have a number written on them as well. The Center for Leadership and Service are looking for boards 11, 12, and 15.

If you have a sandwich board or know the location of one, contact Beatriz Vera at bvera@ highline.edu or call 206-592-

Discover careers

Learn about different career options by visiting the Career and Student Employment Center on April 16.

A Career Coach representative will be on campus to show students how to explore different career options.

The event will be 1:30 to 2:30 p.m. To register, visit https:// studentemployment.highline. edu/events/registration/.

Spring Quarter brings out variety of issues

By Peter Brooks and Mayia Matlaschuk **Staff Reporters**

Highline students wrestled with morning parking, and adjusting to classes at the start of Spring Quarter.

"It's already really difficult. I have to read an entire chapter every day, but it makes sense because it's an advanced course," said Kaz Seko. "And finding parking requires a carpool permit during certain times, and I couldn't get one this quarter, so I just walk. But I recommend the lot behind the library."

Several students had things to say about parking at High-

"Around 8:30 a.m. there is much less congestion, but it's still horrible around noon," said Charles Bowman.

One student did have a the-

"I get here at 9:45 to 10 a.m. and park in the north lot," said J.J. Depano. "Walking up the hill and back and forth to all of my classes takes time, and I think it's the reason why most students are late to class. It's also hard for me because one of my classes isn't on campus."

"There are no parking spots and I'm afraid of being towed if I park anywhere else," said Doug Hobbs.

Some students have had other woes.

"One of my professors set the due date to an assignment in Canvas to p.m instead of a.m., and another posted all the modules except for Module 1," said John Kannin.

"The first two weeks are stressful for kids with financial aid because of deadlines," said Jared Whidden. "There's no inter-department communication in Building 6 as well."

Students say navigating college gets easier with experience.

"The more time I'm in school, the less it's a struggle," says Eileen Petrie.

"It's been interesting to come back in my final quarter," said Charles Bowman.

"I'm excited to be back to get my certification in AAS for chemical dependency," said Amy Goo.

One student had two words for the first week at Highline.

"Nap time," said Nicholas Doyle. He said the first week is basically just going over syllabi.

Another student expressed disappointment concerning socializing.

"Highline seems antisocial to me since no-one has talked to me," said Dee Shreya.

"I've checked out the clubs and they seem unvaried. The people also seem like they're in their own clique, so it feels like I'm not wanted or accept-

Another student loves the experience of Highline, but there's always one problem.

"It's really great," said Arsh Kaur. "Sometimes the parking sucks, though. I get to school around 9:30 a.m. so it's bad timing for parking here."

More students seem to enjoy the experience, even if mildly.

"All around good," said Cristian Cadena. "It's school, you know, but I like my class."

"It feels like high school but with more freedom," said J.J. Depano.

And then less mildly.

"Everything's great, and I like my teachers," said Alex

"I like the people the most," said Jonah Hays. "I have more friends here than anywhere else, and I like the diversity of personality."



Stefanie Gomez/THUNDERWORD

Students had to wait in line at the bookstore again this quarter.

With Spring Quarter en route, spirits are ready to be brighter.

Amy Goo offers motivational advice:

"Keep an open mind, use all the resources you can and stay connected to other students. Keep going for what you're passionate about."

As students and staff see shorter lines at the Bookstore, it is still hard to get from place to place.

Even though fewer people have enrolled for Spring Quarter, there are still waiting lists with full classrooms.

"Most of my classes are full, and I have a couple of friends that are on the waiting list," said Vlad Oleinik, a full-time student.

"I have classes that are full and have waiting lists, but most of [students] get in," freshman Alex Jabusch

Thu Ho, a worker in the Bookstore, said "There are less people but its still crowded. Not as many people are in line trying to buy books."

"It's kind of surprising. You would expect to see less students, since most people are most likely to enroll in the fall," Bogdan Chmil said.

Though enrollments fluctuate, complaints about parking never seem to change.

"I take the bus when I have later classes, because I know that there usually won't be any more parking spots later in the morning," Chmil said.

Knowing about the parking situation, freshman Jennifer Rubin said she takes the bus.

"Most of my friends get here by a car, but they always complain about parking and I don't want to deal with it."

Parking permits cost \$46 for full-time students and \$18 for carpoolers.

Student Miya Slobodyanyuk, has also faced parking challenges and decided to carpool with her friends.

"I've been struggling to find a parking spot for my later classes," she said. "If I had a class that started at 10 in the morning I would come around 9, because I've had times where I would be late looking for a parking spot."

Victoria Briggs has also found carpooling to be more efficient.

"Carpooling is more convenient. It fits my schedule and I don't have to wake up as early," she said.

Carpool tickets are sold to the first 250 people, but the driver and passenger have to be present to be able to purchase the pass. There are around 2,200 total parking spaces on campus.

Richard Noyer, Public Safety's project manager for Parking Enforcement, said that in a couple of years things will change."

In two years, there will be a light rail transit across Pacific Highway South from Highline with 1,500 parking spots. Students may make the decision use light rail to come to college and to avoid the parking problems.

In an effort to alleviate the parking situation, Highline also provides Orca cards with student discounts.

"Highline already sells rapid ride passes with students' discounts," Nover said.

Highline president's chief of staff to retire

By Faith Elder

Staff Reporter

One of Dr. Patti Rosendahl's favorite parts of working at Highline is hearing students' stories, a joy she will miss when she retires at the end of Spring Quarter.

"I love the individual success stories, anything about students getting scholarships or winning awards," Dr. Rosendahl said, sitting in the president's office. She beams, glad to listen to any

Dr. Rosendahl came to Highline in 2007 as executive assistant to the president after

working in higher administration in the community college system and the University of Washington.

For Dr. Rosendahl, it was a natural choice.

"It was a perfect continuation of what I'd done," she said.

After being promoted and serving as chief of staff in the office of the president, Dr. Rosendahl is planning for re-

"I'm leaving in late May, early June," Dr. Rosendahl said. "We'll see what happens."

As chief of staff, Dr. Rosendahl is responsible for supporting the president and

acting as liaison between the administration and the Board of Trustees.

Dr. Rosendahl said the key to the job is flexibility.

"The office usually has shifting priorities," she said

Dr. Rosendahl's smile wavered when talking about the lows in her career.

"Working through the budget cuts of 2008-2009 was a difficult time," she said. "It required the loss of some staff members through lay-offs, which weighed heavily on the administrative staff at that time."

carries a heavy weight, Dr. Rosendahl chooses to see the silver lining.

"I have been most fortunate to work with such dedicated and thoughtful administrative staff and faculty," she said.

For Dr. Rosendahl, the choice to retire now came down to the change in administration and needing more time to conduct research.

"The new president will want to choose who supports them," she said, acknowledging Highline's continuing presidential

In 2017, Dr. Rosendahl was But while this experience granted her doctorate in devel-

opment studies from Nelson Mandela University in South Africa, a degree she intends to use during new qualitative research studies. "Retirement gives me the freedom to pursue other projects," Dr. Rosendahl said. "I just can't give any details yet."

Beyond future studies, Dr. Rosendahl's retirement plans include resting and seeing more of the country. "I want to get up and read the paper entirely, from beginning to end," said Dr. Rosendahl. "My husband and I also hope to do more traveling in the national

Don't get lost in spring

Let's face it: Spring Quarter is the hardest to focus on. The weather is nice, the days are longer, and there are simply more things to do. After a long and dreary winter, the last thing anyone wants to do is stay inside and study for their quiz when it is 80 degrees with a slight breeze.

Western Washington during the spring time offers beauty and a whole host of activities and procrastinating is a lot easier to do when there are actually more enticing options. You can count down the number of weeks until summer on your fingers.

But this quarter still counts. You are still investing your time, money, and resources into school. This grade will still end up on your transcripts. Colleges won't look at a 2.0 any differently just because it was Spring Quarter.

Considering you will still have to be here, shouldn't you at least get something out of it?

Take your classes seriously and put in effort. Find motivation to try in your classes like you did in fall and winter. Summer will be here soon enough.

While it will be no doubt tempting to ignore school for a short-term benefit, in the long run taking your classes seriously will pay off more.

After you finish school and have landed a job, they will fire you if you do not actually do your job. They will not care what the weather was like outside, or what your friends invited you to do. All that they will care about is that you did not accomplish what you said you could.

College is meant to prepare you for the real-world. In the real-world, sometimes you have to do something even if there is an option that you find more appealing. Part of growing up is learning how to handle responsibilities.

In the real world you still have to go to work even if it is the first nice day in months.

This doesn't mean you're not allowed any fun. After all, you're in college. These are supposed to be some of the best years of your life, and they can be.

You do not have to be a complete book worm and have no social life. Nobody has to spend every waking moment in the library. But in life, everything is about moderation. An extreme on either end of the spectrum is not healthy.

So you have time to hangout with friends and still take your grades seriously. There is no reason you have to pick whether you want to hang out with friends or if you are going to study for an exam. Sometimes plans may not work out because you have an assignment due the next day, and that is okay.

Just be mindful and aware of your school responsibilities while you are enjoying one of Western Washington's few sunny

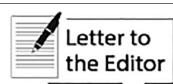
Response was good

Dear editor:

The Executive Council of The Associated Students of Highline College would like to thank everyone involved for their response to the incident on Friday, February 16th, 2018.

Our security staff, and all of our local law enforcement responded to the situation and treated it as a possible serious breach of our campus. Had the situation been dire, we would emergency response protocols have been very lucky that the response was made the way it

We are lucky because we can rest assured, knowing that the security on our campus



and local law enforcement are prepared to respond appropriately to any and every occasion that could arise.

The Associated Students of Highline College would like for the voice of students to be actively represented and involved in development of the for Highline College.

- Endorsed in Council by The Associated Students of Highline College on Feb. 27,

Faith and intellect can add up

Dusty Wilson spent years of his life looking for the answer to one question: "What does it mean to be a Christian intellectual?"

The Highline math professor spent two to three years asking around, hoping for an answer. He asked his fellow professors; he asked his friends; he would even ask strangers that he saw walking around on campus. But he never got a satisfactory

The thing that led him to ask this question was the first line of a book written by Mark Noll, which says that "The scandal of the evangelical mind is that there is not much of an evangelical mind."

This sentence led him to question his surroundings, including the church he was a part of. As an evangelical, Wilson said that education at his church was "discouraged."

Wilson had a long path to becoming an evangelical. His childhood was spent living in Olympia with parents that he describes as hippies.

"I grew up the first 10 years of my life in a log cabin," said Wilson.

He really started to turn to religion in high school, when an adviser asked Wilson if he had ever asked God what he should do. Wilson hadn't.

While he was Christian as a child, he did not read his bible daily. Wilson said there is a big difference when he started to practice his religion.

He said "it's a totally different thing," and likened to the difference between knowing a lot about baseball and actually

Growing up, he loved read-



Dusty Wilson

Roland Along



Mitchell Roland

ing. He loved it so much that his parents put him on a book restriction, limiting him to read one book a day.

It was this thirst for knowledge that partly led him to be become a professor of mathe-

Wilson said that "Jesus was a teacher and his words, methods, and teachings are immensely relevant to my profession."

Wilson arrived on campus in 2001, soon becoming the adviser for Cru, which is a Christian organization on campus.

Wilson said Cru has had a "huge influence," and that it has "radically impacted his life."

"It has taken us around the globe," said Wilson.

But Wilson still did not have an answer to his question, about what it meant to be a Christian intellectual.

In 2007 or 2008, Wilson was in Portland with Cru members at a conference. While listening to one of the speakers, he heard someone that he thought could give him an answer.

After the speaker finished, he asked him if he was available to meet to talk about a few things. The speaker was flying out the next morning, which meant that the only time he was available was for breakfast. The next morning Wilson met with him to ask the same question he asked everyone

"What does it mean to be a Christian intellectual?"

The man paused from eating, looked at Wilson, and said "The fact that you are asking the question means that you are

Wilson had finally found the answer he was looking for. After years of asking, he knew what it meant to be a Christian intellectual.

But Wilson said he still felt somewhat out of place. Wilson was stuck in a gray area, feeling too religious for Highline but too educated for his church.

A year later at the same conference in Portland, he got answer. While in an elevator having a typical elevator conversation, the lady Wilson was talking to said that he should meet her dad. Politely, he agreed.

The meeting was nice, with the man giving Wilson a gift bag full of books and other religious items. One of the items was a CD, with a talk on it from professor Walter

Driving back from the conference, Wilson popped the CD in to pass the time and listened to a lecture by Bradley about what means to be to be a Christian professor. And then he listened to it again.

Bradley explained how to talk about faith with students, how to interact with coworkers, and how faith can impact research. Bradley was saying everything that Wilson had wondered about.

Finally, all of his questions had been answered. He finally felt confident with his religion and knew how to interact with others.

Often it can seem people are either religious or educated, and that they are two separate worlds that never cross. But Wilson doesn't see it that

He said that his faith motivates his desire to "understand the source and nature of mathematics as one of God's great mysteries."

Wilson said that his faith in God impacts everything he does in life, and that everyone can interact with God the way that he does.

"Jesus changes everything, but you have to know what he says to be able to know what it means for you."

Wilson hasn't forgotten his upbringing, and has kept some of the hippiness he learned from his parents.

"I still have some of that counter-culturish hippie style,"

Mitchell Roland is the opinion editor of the Thunderword.

the Staff

Don't you podcast me!

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Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging

♦ ♦ ♦ HOO BOY!

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- 1. SCIENCE: What vitamin did scientist Linus Pauling advocate as having health benefits when taken in high doses?
- 2. GENERAL KNOWL-**EDGE**: Where is Arlington National Cemetery located?
- 3. U.S. PRESIDENTS: How many children did President Franklin Roosevelt and first lady Eleanor Roosevelt have?
- 4. TIME & MEASURE-**MENTS**: If the military hour is 1600, what is the time to civilians?
- 5. ASTRONOMY: What was the first planet to be dis covered using the telescope?
- 6. THEATER: Who wrote the 20th-century play Private
 - 7. GAMES: What color is

the No. 1 ball in billiards?

- 8. MOVIES: What kind of creature is Thumper in the Disney movie Bambi?
- 9. **TELEVISION:** What was the name of the club where husband Ricky worked on the show I Love Lucy?
- 10. **GEOGRAPHY:** What is the world's largest active volcano?

10. Hawaii's Mauna Loa

9. Tropicana

8. A rabbit

7. Yellow 6. Noel Coward

5. Uranus

4. 4 p.m. infancy

3. Six, although one died in 2. Arlington County, Virginia

> 1. Vitamin C Answers

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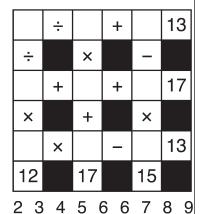
Puzzle answers on Page 14

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***

* Moderate * ★ Difficult * * * GO FIGURE!



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King Crossword

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ACROSS

- 1 Old
- 5 Always
- 9 "See ya"
- 12 Took the bus

12

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- 13 Anger
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- 15 Pyrite
- 17 Anger
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- 21 English composition
- 24 Behave
- 25 Cookware
- 26 Both ways
- 30 Equal (Pref.) 31 Bichon —
- (dog breed) 32 "- the fields
- we go" 33 Reins
- 35 Metal refuse
- 36 Actor

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- 37 How one says "alas"
- 38 Georgia city
- 40 Leaves
- 42 Past
- 43 Absolute dominance
- 48 Web address
- 49 Teeny bit
- 50 Soon, in verse 7 Right angle
- 51 Pop
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"Bow-wow!" 2 Sticky stuff

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- 3 Tokyo's old
- name 4 River-mouth
- regions 5 Therefore
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- ment
- 8 Claret, for one 27 Lubricant
- 9 "Pin the tail
 - © 2018 King Features Synd., Inc.

- 29 Wild party on the donkey" prop
- 10 Play area
- 11 Rams fans?
- 20 Conclusion 21 Grand tale
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- 26 1982 movie with a 2010
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- "Talking Mule"
- 34 Pair
- 16 Sauce source 35 Strut about
 - 37 Witness
 - 38 Tennyson poem
 - 39 City of India
 - 40 "- match?" 41 Fine
 - 44 Explanation
 - 45 Yoko of music
 - 46 Journal
 - 47 "CSI" evi-
 - dence

ARIES (March 21 to April 19) You easily handle your tasks this week, thanks to those high energy levels that never seem to run down. But pace yourself, Lamb, for no doubt, will meet with the

the demanding week ahead. TAURUS (April 20 to May 20) With the arts dominant this week, you might want to pick up any of those creative projects you've neglected. A workplace situation benefits from some fresh insight.

GEMINI (May 21 to June 20) Music helps replenish your energy levels. Stream your playlist if you must. But a live concert could prove more rewarding, especially if you go with that very special someone.

CANCER (June 21 to July 22) Close friends reach out to help perk up your lagging social life. That workplace situation also eases, leaving you time to do more fun things by week's end.

LEO (July 23 to August 22) A revelation clears up that perplexing job-related problem. Some changes will have to be made, which,



Good luck. VIRGO (August 23 to September 22) Reaching out to someone in need is the noble thing to do. But try to restrain the temptation to add a lecture -- no matter how well-intended -- to your

Big Cat's roaring approval.

good deed. LIBRA (September 23 to October 22) There could be another tough challenge to face before the month is over. But all that hard work is winning you lots of important recognition from your peers.

SCORPIO (October 23 to November 21) Keeping to your work schedule could prove difficult with all those personal distractions. Best advice: Stay with it. There'll be time later for socializing.

SAGITTARIUS (November 22 to December 21) Jumping hurdles this week might be vexing for most,

but not for the sage Sagittarian, who recognizes that meeting a challenge can open up opportunities.

CAPRICORN (December 22 to January 19) More obstacles might be thrown in your path as you try to finalize a new agreement. But the sure-footed Goat ignores the stumbling blocks and stays the course.

AQUARIUS (January 20 to February 18) We know the Water Bearer takes pleasure in giving to others. But why not let someone else enjoy the experience too by accepting that offer

PISCES (February 19 to March 20) You might find that you need to ease up on your hectic schedule this week. Don't fret about it. It could be helpful to take a break and replenish your energy supply.

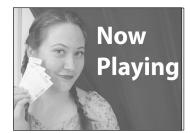
BORN THIS WEEK: You have a way of finding practical solutions to complex problems, and you do it with

(c) 2018 King Features Synd., Inc.

Tigers, persimmons and puppets

• Bring the whole family to see Thistle Theater Puppets perform The Tiger and The Dried Persimmon.

The puppet show will be fun for kids of all ages.



Winter Dorval

In the show a lion in search of food overhears a mother giving her daughter dried persimmon to stop her crying. Thinking the Persimmon must be frightening, he hides in a barn where he discovers a thief in hiding as well.

Tickets will be \$12 for general admission, and \$8 for kids 17 and under.

The theater's address is 3200 S. W. Dash Point Rd., Federal Way.

For more information and to purchase tickets visit www.centerstagetheatre.com/EventDetails. aspx?EventID=208.

• Experience timeless jazz with The Duke Ellington Orchestra on April 13-14.

The Orchestra will play his compositions on April 13 and 14 at 8 p.m., and April 15 at 2 p.m.

Tickets will be \$34-96 depending on the section chosen.

The concert will be held in the S. Mark Taper Foundation Auditorium

The address is 200 University St., Seattle.

To purchase tickets and for more information visit www.seat-tlesymphony.org/concerttickets/calendar/2017-2018/symphony/pops5.

• Nothing springs you into the season like the Puyallup Spring Fair.

The fair will be from April 19 to 22.

Motorsport Mayhem will feature monster trucks and a demolition derby for a fun-filled weekend event.

All weekend Brad's World Reptile Show, and Fun on the Farm will be open.

The address is 110 9th Ave. S.W., Puyallup.

Pre-fair tickets will be \$10 for adults, \$8 for students ages 6 to 18.

Tickets at the gate will be \$12 for adults, and \$10 for students ages 6-18.

Kids 5 and younger receive free admission.

Visit www.thefair.com/planyour-trip/hours-pricing to purchase tickets.



Five dancers performing a group act in Crystal Pite's Emergence.

EMERGENCE

PNB joins three dances into one

By Winter Dorval Staff Reporter

Pacific Northwest Ballet's Emergence welds together three different shows in its newest production, Emergence.

The trio of dances includes *Emergence*, by Crystal Pite; *RAkU*, by Yuri Possokhov; and *Little Mortal Jump*, by Alejandro Cerrudo.

First performed at PNB in 2013, Pite's *Emergence* features 34 dancers performing to Owen Belton's original score. It explores the "hive mind," or the connection between living things at multiple levels.

"Our artistic director, Peter Boal, was a great admirer of choreographer Crystal Pite and her work," said Gary Tucker, media relations manager. "Crystal does not usually work with ballet companies and dancers on pointe, but she had recently choreographed Emergence for National Ballet of Canada, where it was a big hit, so she agreed to stage it on our company."

This will be PNB's premiere of *RAkU*. This show tells the story of a princess who is sent to live with a monk while her husband is at war.

The three women dancing the part of the princess are Lindsi Dee, Noelani Pantastico, and Lesley Rausch, each performing the role on different nights.

"Even just in subtle movements, you can feel [her] love and passion for him," Dee said on PNB's blog.

"To be the vessel to portray a woman unraveling is something I take very seri-

ously," Pantastico said.

Rausch said "the ballet is exhausting, both physically and mentally."

The final performance that will be included is *Little Mortal Jump*.

It features the use of different shapes, couples, and contrasting music to explore relationships.

Show times are 7:30 p.m. on April 13, 14, 19, 20, and 21.

It will be at 2 p.m. on April 14, and 1 p.m. on April 22.

The address for the McCaw Hall is 321 Mercer St., Seattle.

Tickets will be \$57-187 depending on which section is selected.

To purchase tickets and for more information www.pnb.org/season/17-18/emergence/.

Local studio releases new TV series

By Winter Dorval

Staff Reporter

Lionhound Productions is releasing their new show *The Write-In, So You Want to Go to Washington*.

"The American people are fed up with the two-party system. The only way to do it is to let the American people decide with citizen candidates," said Michael Wilson, president and CEO of Seattle-based Lionhound Productions.

Wilson is also a film and television producer and director with Lionhound.

There would be no corruption because "with write-in candidates every

ballot would be hand counted," he said.

The show will be streaming on platforms such as Amazon, Netflix, and Hulu.

"It's my belief that millennials are going to be the ones to turn this mess around," said Wilson.

The show caters to millennial audiences, he said.

"It is a peaceful revolution with humor to set this country back where it needs to be," said Wilson.

Although he is more into film than TV, he put film on the back burner to work on this series, he said.

The second season will be called *So*

You Want to Go to Have a Party, and the third will be So You Want to Be President.

"It will have SNL- and The Tonight Show-type humor with the look of American Idol," said Wilson.

"Both the left wing and right are in agreement with what we're doing.

People tend to rally towards truth when they hear it."

The show is expected to air in mid-summer.

It will be a yearly show.

"With casting we were looking for people from all walks of life, former news people, actors, doctors, teachers, and more," he said.

Kratos takes on Norse Gods in 'God of War 4'

•God of War 4, published by Sony Interactive Entertainment. Action-adventure, single-player, over-the-shoulder free camera. Available on PlayStation 4. \$60 standard edition.

By Reuben Gonzales

Staff Reporter

The Gods will feel your wrath in Santa Monica Studio's God of War 4.

God of War 4 is the eighth game in the franchise and the sequel to God of War 3.

Sony aims to reset and rebuild one of its biggest franchises with God of War 4, as Kratos, the main protagonist, sets his sights on the Norse gods.

The game takes place many years after Kratos fought Zeus in the previous games in the series. He now lives with his young son Altreus. They live in the lands inhabited by the Norse gods, who are taking steps to be ready if he was to attempt anything like his actions on Olympus.

Kratos is trying to live a nor-





Playstation.com Photo

Kratos and Altreus fighting together to take down a fire troll in the new 'Gods of War 4'.

mal life but finds himself thrust back into the life he just left for some unknown reason.

Altreus is barely learning of his father's dark past, while figuring out who he wants to be as he grows up.

Kratos will not be using his double chain blade in this game, as he lost it in a previous game. Instead he will be using an axe called the "Leviathan Axe" that has been shown on cover art and multiple trailers.

Kratos will also have the use of a shield that can be used for both offensive and defensive moves.

This iteration in the series will not just be adding weapons but also the camera angle will be slightly different. The camera angle will no longer be third person cinematic (lockedin view of the screen) but third person free-roaming (ability to move the camera around), allowing the player a better viewing capability.

The game will also will also be open but not completely open-world, in the sense that players will have both storyline bosses and quick-time events.

The stun meter, once filled, will allow the player to grab the enemy and perform a special move on them. Enemies will now have two meters above their heads-one for health and the other for stun.

Santa Monica the developer, also got rid of the multiplayer option that was introduced in previous installments. The entire game was shot in a single shot, eliminating load screens and fading to black.

Pre-ordering any edition of the game gives you three ingame shield skins. The game comes in four different editions, Standard, Digital Deluxe \$70, Collector's \$130, and Stone Mason \$150 editions.

The Standard edition comes with just the game and can be digital or physical copy and nothing more.

The Digital Deluxe comes with the game, God of War #0 by Dark Horse Comics, Dynamic theme, Death's Vow Armor Set, and Exile's Guardian Shield Skin.

The Collector's edition comes everything from the Deluxe edition, plus a 9" Kratos and Altreus statue, a cloth map of the game world, and 2" Huldra brother carvings.

The Stone Mason edition comes with everything listed above plus Defender of the chosen shield skin, Stone Mason ring, Mimir's head talking keychain, and 2" horse and troll carvings.

The game is set to release April 20, so grab your mead and get your Rokt Fisk and take down the Norse gods.

Poetry month returns with artists, workshops

By Winter Dorval Staff Reporter

Celebrate poetry month at Highline with poetry readings and writing workshops.

Today from 11 a.m. to 1 p.m. Lena Khalaf Tuffaha will have a poetry reading on campus.

"Lena will read from her two new books Water and Salt and also, Arab in Newsland. Both books will be available for sale and she is happy to sign books, too," said Susan Rich, an English professor at Highline.

Tuffaha lives in Seattle and "has just returned from a reading tour spanning several countries in the Arab world including Jordan, Palestine, and Syria," said Rich.

This will be followed by the writing workshop The Self (Re) Imagined in Building 2.

"The workshop is designed for everyone - from someone who has never written a poem to a person who writes regularly," said Rich.

A National Poetry Committee invites poets to participate in the readings each April.

The committee consists of faculty, staff, and a student representative, she said.

Next in the series on April 18 is Aimee Nezhukumatathil.

She is the author of Lucky Fish, Oceanic, Miracle Fruit and

Afterward, attend a writing workshop titled The World Is Full of Paper: Writing The Letter Poem in Building 2.

The following reading will be on April 20 from 11 a.m. to noon with Nikkita Oliver in Building 7.

She is an attorney, teacher, and recognized across the region for spoken word poetry.

Last in the series on April 25, Claudia Castro Luna will have a reading from 11 a.m. to 1 p.m.

She wrote two books Killing Marias and This City.

She writes and teaches in Seattle. The workshop after her reading is Of Dreams and Fables We Tell Ourselves in Building 2.

"Last year, New York-based poet Terrance Hayes came to campus and the students who took his workshop are still talking about it," said Rich.

For more information visit www.highline.edu/event/lena-khalaf-tuffaha-poetry-reading-and-writing-workshop/.

New play probes but doesn't preach

By Winter Dorval Staff Reporter

Have a laugh and get your mind going with the new play *Church & State*.

Burien Actors Theatre will be showing the Northwest premiere of Church & State next

Church & State was put in the current season "because it is a wonderful script. The language and storyline draw you into the story, and it covers hot-button topics without taking a side or preaching. When we read it, we knew we had to produce it," said Eric Dickman, the artistic director.

Church & State was a Best New Play Nominee by the Off Broadway Alliance, and was a Best new Play Nominee for the L.A. Ovation

"The Burien Actors Theatre announced it as part of its season before it was published," Dickman said.

"Church & State was included in BAT's season because it is a great script, it is a comedy and a drama put together. The author calls it a dramedy," Dickman said.

The story is about Republican Senator Charles Whitmore's re-election campaign. In the last days, he is interviewed about a shooting at his child's school.

In light of his comments on God and gun control, he must deal with the after-effects of

"In light of Parkland, it is easy to focus on the gun control aspect of the show, but it is about much, much more," Dickman said.

Church & State sends the message "that if you are authentic, you can touch the lives of those around you in a very positive way," he said.

This show "tells a story of our time, made more pressing by the Parkland shooting and the #Enough Movement. Even Highline College has been touched by the scare of a possible on-campus shooting," he said.

"Church & State looks at the issues surrounding those events. But it also looks at much more, all through the lens of situational comedy and hope."

Burien Actors Theatre conducts open auditions, and had no lack of takers for this show.

"We could have cast this show many times from all of the great actors who showed up,"

Senator Charlie Whitmore will be played by Gianni Truzzi, and Sara Whitmore will be played by Brynne Garman.

Alex Klein will be played by Caitlin Gilman, and Tom/Marshall/Reporter will be played by Max Lopuszynski.

"People should expect to laugh and also see the horror of a shooting through the eyes of a parent. Church & State is both a comedy and a drama. It tells the complex story of peoples lives following a life-changing event,"

Maggie Larrick and Rochelle Flynn will be

"I do expect this show to sell out. The show runs about two hours with an intermission," said Dickman.

Tickets are \$10 for students, \$17 for seniors and active military, and \$20 for general admission.

The address for the Burien Actors Theatre is 14501 4th Ave. S.W. in Burien.

For more information and to purchase tickets visit burienactorstheatre.org/.

New club hopes to help you be somebody else

By Reuben Gonzales Staff Reporter

Samantha Bartlett isn't always herself. Sometimes she is Vanellope von Schweetz. Sometimes she is Miraculous Ladybug.

Bartlett likes cosplay, and is starting a new club at Highline to share her passion with the rest of campus.

Cosplay is the practice of dressing up as character from pop culture or literature that the person enjoys, costumes can either be built or bought. The love of the character or the creation can be the main reason most people get into cosplay.

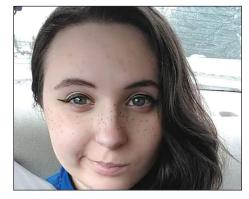
Bartlett, who has been cosplaying for six years, has a real passion for it.

"My confidence went way up because I ran five photo shoots during the last convention and that made me believe I can run a club here," Bartlett said.

"There is a real need for this on campus," said Bartlett. "I want to create an inclusive community for introverts, for people who don't feel they have people to go with."

The idea behind the club is to help people with brainstorming and with small tips and tricks on "builds". Builds are just a way of saying your created costume.

"It wouldn't be straight up building costume meetings. We would also show members where to buy the better materi-



Samantha Bartlett



als and pre-constructed costume pieces,"

Cosplay is only part of the whole idea, as she wants to make sure awareness of the smaller conventions is made available.

"It's where the real community is built," said Bartlett. She uses North West Convention League to keep up with all the smaller conventions.

The cosplay community draws inspi-

ration from every part of culture and everyday life.

"I have 10 anime and 10 movie characters," said Bartlett. "I also have two video game characters. I once went as Peach after playing a lot of Mario Odyssey."

"I once made a Cruella Deville because I saw a dress at store that was closing and thought I could totally pull this off," said Bartlett.

Henry Nguyen/Thunderword

The list of costumes she has made ranges from Disney's Merida and, Ursula, and anime characters such as Totoro.

"I use anything I can get my hands onto," said Bartlett.

If you interested in learning more about the club or the convention community, Samantha Bartlett can be contacted at SBartlett148@students.highline.edu.

Ace Comic Con coming in June

By Reuben Gonzales Staff Reporter

Seattle, and the WaMu Theater are about to be a bit more Marvelous this June.

Ace Comic Con makes its return to Seattle with some big names from the Marvel cinematic universe.

Chris Evans (CPT. America), Chris Hemsworth (Thor), and Tom Hiddleston (Loki) will be present for photos, group, singles and duos. They will also be present for Avengers Q&A Panel and autograph signings.

The photo ops will range in price from \$600 for all three of them to \$200 for just one of them. If you want a dual photo op it will cost \$420. You can buy an admissions, photo op package, autographs and the Q&A panel for \$1,386.

This event will be after the latest installment of the Avengers series and if rumors are to be believed, one of these men could possibly not be in the franchise after this film. They will be there for Saturday and Sunday only.

This is one of the main selling points to the convention but by far not the only part of the convention. This convention will host more than "Sixty of the top writers and artists from around the world," according to Ace Comic Con web site "with over 100 vendors and exhibits and thirty hours of programing."

Artists in attendance will include:

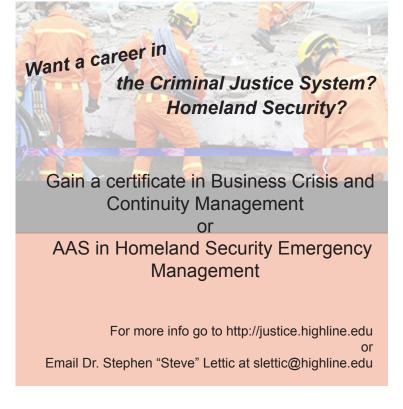
*Billy Martin with work ranging from The Avengers, Amazing Spider-Man, and Deadpool.

*Tom Hodges who has worked on Star Wars, The Simpsons, Lord of the Rings, and Transformers.

*Cosplayers Abi Sue and Sara Moni will also be there.

The convention will take place at the WaMu Theater & CenturyLink Field Event Center June 23-24. Doors open Friday at 4 p.m.-9 p.m., 10 a.m. - 7 p.m. Saturday, and 10 a.m. - 5 p.m. on Sunday. Advance tickets are on sale now with 3-day weekend tickets for \$96, Friday \$46, Saturday \$56, and Sunday \$56. Tickets typically sell out before the event, and prices will go up as the event gets closer. Up to two kids can get in for free if they are under 10.

If you would like more information or to purchase tickets, visit aceuniverse.com.



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Dyanamic duo key part of tennis team's success

By Donnie Moore Staff Reporter

Highline freshman Amila Gogalija and captain Celeste Andreotti have had a great start to the tennis season, earning NWAC Player of the er's strengths and we work Week for weeks one and two, respectively.

Gogalija has gone undefeated in her singles matches all season so far. She has dominated her opponents all season long.

"All-court player, amazing shot selection, point construction and just simply knows how to win," said Highline tennis head Coach Laura Rosa. "Gogalija is smooth and confident in both her footwork and strokes. She brings up the game for everyone on the team. [She's an] absolute delight to coach and committed to improving every time she steps on court."

Coach Rosa said she feels strongly about both players, recognizing their talents.

"Celeste is a crafty, smart player who simply does not give up in points; the longer the rally the more focused she becomes," said Coach Rosa. "She is a lefty who physically will do whatever needs to happen to walk off the court with a win. Celeste is the T-Bird team captain and an outstanding student who is currently dually enrolled at both Highline College and Central WU where she is working on a bachelor's degree in elementary education."

Andreotti and Gogalija are utilized in different doubles teams, but as a duo they have done very well, going 6-1 on the season.

"We complement each othwell on and off the court together. Communication and trust is key in doubles and that is something we both have in each other," Andreotti said.

Andreotti and Gogalija have been able to establish a real bond with one another both on and off the court.

"I think that Andreotti and I have been really great in doubles because we have great communication, we're very adjustable, and we have a great bond and friendship that I think is very hard to find in doubles partners. In fact we even have a nickname known as 'amillieotti'," Gogolija said.

Andreotti and Gogalija try their hardest to have a healthy lifestyle to make sure they are in prime condition to perform in the matches. "To stay at the top of my game every week I do my best to fuel my body. I try to get the proper amount of sleep, eat like an athlete, take care of academics so there is less stress to worry about," said Andreotti. "This really affects my game in a positive way and allows me to play to my fullest po-

> Andreotti was named

NWAC player of the week, for the week of March 29, while her counterpart was named for the week of March 22.

"Being named NWAC player of the week is such an honor. I am so proud of myself. It means so much to me and proves to me [that] when you put a lot of effort into something, dreams do come true," said Andreotti. As the team captain, Andreotti pushes herself to make sure she is being in command of her play and ability to win.

"My motivation to win is hitting every shot as if it is my last shot. To have fun hitting every ball. No matter what, I trust in my self to get the ball back and thatis one of my biggest strengths, consistency," said Andreotti. She not only cares about how she plays, but her teammates too, making sure that everyone knows to be the best they can be.

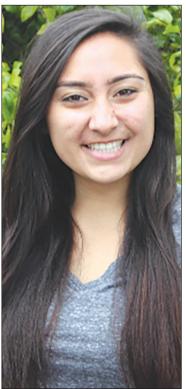
"Our motto is out play, out last, out win and that's what we do. Our focus is to be the fittest team and that's how we practice. Intensity and focus driven every day," said Andreotti. "With the help of coach Laura Rosa and our team, we work together in a way that complements each individual for complete success. Even if it doesn't mean a direct win against the team. We take it as a personal win because we all work together to outplay, outlast, and out win," said Gogalija.



Highline Athletics photo

Amila Gogalija (back) and Celeste Andreotti getting ready to send back a volley in a doubles match.





Izzy Anderson/THUNDERWORD

The dynamic duo of Amila Gogalija (left) and Celseste Andreotti(right) have been off to a great start for the Highline women's tennis team this season. Celeste is a team captain while Amila is an up and coming freshman.

Women's fastpitch struggles through rough patch

By Donnie Moore Staff Reporter

The Lady T-Birds softball team started spring break with a few wins but find themselves in a six-game losing streak heading into spring quarter.

The T-Birds had a great start to their break, winning both games in a double-header against Shoreline. They took the first game 9-2. The second game was more competitive, with Highline only winning 6-5.

Rosie Delrosario had a great game, giving up only six hits and two runs with zero

Highline then went into a double-header against Olympic, where they broke even. Highline lost the first game, falling 5-2. Then redeeming themselves with a 10-8 win in the second game.

got off to a strong start go-ing up 6-1 in the first two in-six in the first three. Highline nings. Highline then allowed Olympic to get three hits, making the score 6-4 after five innings. Both teams were able to score four more in the last two innings.

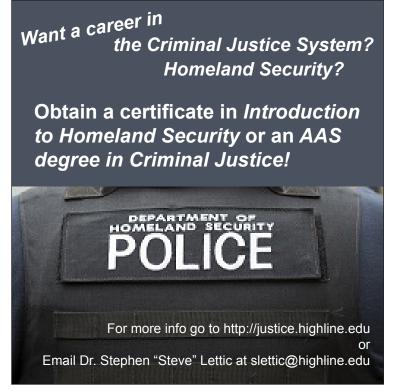
The T-Birds struggled against a strong Edmonds, who sits at 25-5 on the season. In their double-header, Highline fell 17-2 in the first game and 20-0 in the second game. The only two to get hits for Highline were Alexis Morrow and Alexis Royal.

Highline continued to struggle against Bellevue, again losing both games of the double-header but staying competitive, keeping it close losing the first game 16-9 while falling 16-10 in the second game.

The T-Birds had three runs In the second game they in the first three innings, came back to score four in the fourth inning making the score 7-6. In the last three innings Bellevue averaged three hits a inning scoring four in the last inning bring it to 16-7. In the bottom of the seventh Highline scored two runs to bring it to 16-9.

April showers started strong, raining out two double-headers against Skagit Valley and Pierce.

Highline, 4-8 in conference play and 10-13 on the season, will head into a double-header tomorrow, April 13 against Everett, 5-7 and 13-11, at 2 p.m. and 4 p.m. in



Got sports news? thunderword@highline.edu. We have lots of space. We want to tell your stories. All submissions should be no more than 500 words.

Women's golf gets in the swing

By Colin Phan

Staff Reporter

Highline women's golf resumed its season this spring with a fifth place finish in the Columbia Basin Invitational.

The invitational was on March 23-26, at Canyon Lakes Golf Course in Kennewick. Highline placed last with a score of 898 in three rounds, shooting 250 above par.

Highline's strongest performance came from Jenna Mueller, who finished with a score of 287, having shot 71 above par. Mueller finished tied for 17th overall.

Head Coach Steve Turcotte said that the team fought hard, but left some shots on the course.

"They didn't play as well as they wanted," Coach Turcotte said. "They kept battling, and didn't give up. We have four tourneys left, so hopefully they can see their hard work pay off."

The Lady T-Birds had their next outing in Federal Way, hosting the Highline invitational on April 1-2 at Twin Lakes Golf Course. Highline saw improvement, finishing third overall with a score of 564 in two rounds, 132 shots above

Turcotte said that the women are all aiming to improve on



Highline Athletics Photo

Jenna Muller lines up a shot.

multiple things, but have the same end goal in mind.

"They're all working on different parts of their games," Turcotte said. "They all talk about having one of those rounds where everything just comes together.

Highline was again led by Mueller, this time finishing fifth overall. Mueller finished with a score of 176, 32 shots above par.

Turcotte said that he wasn't surprised by Mueller's performance, heaping praise on his

"Jenna played very well. She had left a few strokes on the course," Turcotte said. "She could've finished as high as third place. She's our No. 1 player. All the parts of her game are solid. These types of finishes are something I expect to see a lot this season."

Highline's next three matches are league matchups, and Turcotte said he wants the women to aim for higher fin-

"Our next three matches our league matches," Turcotte said. "We hope to finish top five in each of those."

Highline's next outing will be away at Avondale Golf Course in Hayden Lake against North Idaho on April 15 and 16.

Scoreboard

NWAC Women's Softball North Region

•		
Team	League	Season
Edmonds	15-1	25-4
Douglas	12-2	3-3
Bellevue	9-5	8-0
Everett	5-7	10-2
Highline	4-8	12-1
Skagit Valley	3-7	3-1
Pierce	3-7	6-5
Olympic	3-9	2-2
Shoreline	2-10	3-7
East Region		
Team	League	Season
North Idaho	15-1	24-2
Wenatchee Valley	9-2	13-6
Walla Walla	10-4	21-7
Treasure Valley	10-6	10-12
Big Bend	7-6	16-11
Spokane	7-7	13-9
Yakima Valley	3-11	6-17
Columbia Basin	3-11	7-19
Blue Mountain	0-16	0-26
South Region		
Team	League	Season
Lower Columbia	10-2	18-6
Mt. Hood	10-2	17-7
Centralia	9-5	15-12
SW Oregon	8-5	18-11

NWAC Women's Tennis

ream	League	Season
Spokane	3-1	3-6
Bellevue	2-1	2-2
Highline	2-1	4-6
Treasure Valley	1-3	1-3
Skagit Valley	0-2	0-2

Women's tennis faces tough competition over break

By Lukas Bachmann Staff Reporter

The Thunderbirds tennis season is well underway. With only five conference games left, the T-Birds currently sit in third place with a record of 2-1 led by team captain, Sophomore Celeste Andreotti.

Head Coach Laura Rosa said she doesn't like her team to focus on the numbers too much.

"The record is only that, a record," she said. "It does not reflect that we have taken on much tougher competition than anyone else in the conference, nor does it reflect how close we were in the losses we did have."

"We are exactly where we need to be to make a strong push for the Championship title. The team is getting better and more confident every match."

The Thunderbirds have taken on some stiff competition this season, playing against multiple four-year schools, and putting up quite a fight all along the way.

Rosa said that experience is invaluable.

"The T Birds know they can



Highline Athletics Photo

compete with anybody. We are so much more match ready this year as compared to last. We don't fear losing and we are learning how to win," she

Miriam Cabrera hits a return.

Despite close losses to fouryear schools this season, Rosa said that they were not heartbreakers in any sense of the

"It wasn't a heartbreaker, that would imply somehow that we thought a win was nearly unachievable. It is my firm belief that this team can compete with and beat any of our local NCAA D3 teams,"

The Thunderbirds just got back from a trip to the Golden State, where they went 2-2 against four southern resident schools with wins against Santa Rosa Junior College and Solano

With the championship right around the corner, Rosa said she is keeping her team focused on getting better every day.

"We are focused on one match at a time and hitting the goals we set individually for players as well as for the team as a whole," she said. " There is still a lot of season to play and it is our intention to always step on the court better than we were the day before."

Rosa says her team needs to work on a few things to be prepared for the championship mid-May.

"We are focused on attacking points," she said. "Our lineup is still evolving so the perfect doubles combinations are still a bit elusive."

"We need to find partnerships that balance in doubles, steadiness versus attack, intensity versus court composure. The great thing about this team is that from the top of the lineup to the bottom they trust each other and are loyal to the team goals above their own individual ones," she said.

Rosa said she expects tough competition at the champion-

"Spokane is much improved since last year, they will certainly be in the hunt at the end of the season," she said. "Bellevue is always tricky; we never know what to expect with their lineups. We are focused on one match at a time."

The Thunderbirds have five conference games left this season before the championships. They play against fourth seed Treasure Valley, Friday, April 13 at 8:30 p.m. at the Boeing Employee Tennis

Got sports news? thunderword@ highline.edu we have plenty of space.

April 12, 2018 | Highline College | Page II

Aztec chili adds hint of cocoa for flavor

I absolutely love all things chocolate! I particularly enjoy using cocoa in savory dishes from barbeque spice rubs and sauces to pots of fiery blackbean chili.

The story of chocolate begins with cocoa trees that grew wild in the tropical rainforests of the Amazon basin and other areas in Central and South America.

The Maya Indians and the Aztecs recognized the value of cocoa beans hundreds of years before cocoa was brought to Eu-

It was the Maya Indians, an ancient people whose descendants still live in Central America, who first discovered the delights of cocoa as long ago as 600 AD.

The Mayan people lived on the Yucatan Peninsula, a tropical area in what is now southern Mexico, where wild cocoa trees grew. At first they harvested cocoa beans from the rainforest trees, then cleared areas of lowland forest to grow their own cocoa trees in the first known cocoa plantations.

A drink called "chocolatl" made from roasted cocoa beans,



water and a little spice - was their primary use, but cocoa beans also were valued as currency. An early explorer visiting Central America found that four cocoa beans could buy a pumpkin; 10 could buy a rabbit.

Because cocoa beans were valuable, they were given as gifts at ceremonies such as a child's coming of age and on religious occasions. Merchants often traded cocoa beans for commodities such as cloth, jade and ceremonial feathers.

Mayan farmers transported their cocoa beans to market by canoe or in large baskets strapped to their backs.

Wealthy merchants traveled further, employing porters to carry their wares, as there were no horses, pack animals or wheeled carts in Central America at that time.

Some ventured as far as Mexico, the land of the Aztecs - introducing them to the muchprized cocoa beans. The Aztecs were an ancient nomadic people who founded a great city in the Valley of Mexico in 1325 -Tenochtitlan.

"Chocolatl" was consumed in large quantities by the Aztecs as a luxury drink. The Aztec version of this much-prized drink was described as "finely ground, soft, foamy, reddish, bitter with chilli water, aromatic flowers, vanilla and wild bee

Because of the dry climate,



Depositphotos

Chocolate gives Aztec chili its special flavor.

the Aztecs were unable to grow cocoa themselves, so they obtained supplies of cocoa beans from trade or "tribute," a form of taxation paid by provinces conquered by the Aztecs.

By the time the Spanish invaded Mexico in the 16th century, the Aztecs had created a powerful empire: Their armies were supreme in Mexico. Tributes in the form of food, cloth and luxury items such as cocoa beans flowed into Tenochtitlan.

When the Spanish defeated the Aztecs, they destroyed much of Tenochtitlan and rebuilt it as Mexico City, the capital of modern-day Mexico.

The legacy of the highly civilized and sophisticated Aztecs remains, however, in the form of their indigenous language, Nahuatl – which is still spoken

by more than 2 million people - their archaeological ruins and extraordinary temples and cities, skilled and sensitive art, an advanced calendar, and their inventive use of cocoa beans.

AZTEC CHILI

- 1 tablespoon olive oil
- 1 1/2 pounds ground beef
- 2 medium-large yellow onions, chopped
- 1 large green bell pepper,
- 6 large cloves garlic, minced
- 1 (28-ounce) can crushed, fire-roasted tomatoes
 - 1 cup water
- 1 1/2 tablespoons instant espresso powder
 - 1 tablespoon brown sugar
- 1 tablespoon unsweetened cocoa powder
- 2 tablespoons ancho or regular chili powder

- 1 tablespoon dried oregano
- 1 1/2 teaspoons Kosher salt
- 1/4 teaspoon smoked sweet
- 1 teaspoon ground black pepper
 - 1/4 teaspoon cayenne pepper 2 bay leaves
- 2 (15.5 ounce) cans no-saltadded black beans, rinsed and drained

Optional garnishes: avocado, chopped parsley or cilantro, shredded or crumbled cheese, sour cream

- 1. Heat the oil in a 5-quart pot over high heat. Add the beef, onion, bell pepper and garlic. Cover the pot and cook until the meat is browned, about 8 to 10 minutes, stirring occasionally.
- 2. Add the crushed tomatoes (with juices), water, espresso powder, brown sugar, cocoa powder, chili powder, oregano, salt, paprika, black pepper, cayenne pepper and bay leaves. Cover the pot and bring up to a boil, then turn the heat down and simmer 10 minutes. Stir in the beans during the final 3 minutes of cooking. 3. Serve topped with garnishes. Makes 6 servings.

TIP: You can freeze this fabulous chili in an airtight container for up to 3 months.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks.

Comfort foods

by Healthy Exchanges

Made fast

and

healthu

Corkscrew pasta with spring veggies

Toss sauteed asparagus and leeks with pasta and creamy goat cheese. Yum!

- 1 bunch (about 1 pound) leeks
- 1 package (16 ounce) corkscrew or bowtie pasta
 - 1 tablespoon margarine or butter
- 1 pound asparagus, trimmed and cut diagonally into 2-inch pieces
- 1 package (4 ounces) soft goat cheese, cut into small pieces
- 1. Cut off roots and leaf ends from leeks. Discard any tough outer leaves. Cut each leek lengthwise in half, then crosswise into 1/4-inchwide slices. Place leeks in large bowl of cold water; with hand, swish leeks around to remove any sand. Transfer leeks to colander. Repeat process, changing water several times, until all sand is removed. Drain well.
- 2. In large saucepot, prepare pasta in boiling salted water as label directs.
- 3. Meanwhile, in nonstick 12-inch skillet, melt margarine or butter over medium heat. Add leeks and cook until almost tender, about 5 minutes, stirring often. Stir in asparagus, 3/4 teaspoon salt and 1/4 teaspoon coarsely ground black pepper; cook 5 minutes longer, stirring often. Add 1/3 cup water; cover and cook 3 to 5 minutes, until asparagus is tender-crisp.
- 4. Drain pasta, reserving 3/4 cup pasta cooking water. Return pasta to saucepot. Add asparagus mixture and pasta cooking water; toss well. Spoon into large serving bowl; sprinkle

Good Housekeeping

with goat cheese and coarsely ground black pepper. Serves 4.

Spring ramen chicken soup

- 5 cups water
- 2 packages (3 ounces each) chicken-flavor ramen noodle soup mix (substitute Oriental-flavor)
 - 2 cups (about 6 ounces) snow peas
 - 2 green onions
 - 1 large carrot
- 1 pound chicken breasts, skinless and
 - 1 teaspoon Asian sesame oil
- 1. In 4-quart saucepan, heat water with seasoning packets from ramen soup mix to boiling over high heat. Meanwhile, remove strings from snow peas and cut each diagonally in half. Slice green onions and shred carrot. Cut chicken into 3/4-inch pieces. Break ramen noodle block into 2 layers.
- 2. When water mixture boils, add snow peas, green onions, carrot, chicken and noodles. Cook 3 to 5 minutes over high heat or until chicken just loses its pink color throughout. Remove saucepan from heat. Stir in sesame oil.
 - (c) 2018 Hearst Communications, Inc.

Chicken with Caribbean pecan sauce

April is National Pecan Month, and it's one of the good-for-you nuts. The pecan lends this recipe some real tropical magic.

16 ounces skinned and boned uncooked chicken breast, cut into 4 pieces

1/2 cup unsweetened orange

2 tablespoons cornstarch 1/3 cup Splenda Granular

- 1 (8-ounce) can crushed pineapple, packed in fruit juice, undrained
- 1 (11-ounce) can mandarin
- oranges, rinsed and drained
 - 2 tablespoons chopped pecans
 - 1 1/2 teaspoons dried parsley flakes
 - 1 1/2 teaspoons dried onion flakes
- 1. In a large skillet sprayed with butter-flavored cooking spray, brown chicken pieces for 4 to 5 minutes on each side. Meanwhile, in a covered jar, combine orange juice, cornstarch and Splenda. Shake well to blend. Pour mixture into a medium saucepan sprayed with butter-flavored cooking spray. Stir in undrained pineapple. Cook over medium heat until mixture thickens, stirring constantly.
- 2. Remove from heat. Add mandarin oranges, pecans, parsley flakes and onion flakes. Mix well to combine. Evenly spoon sauce mixture over browned chicken pieces.
- 3, Lower heat and simmer for 5 minutes. When serving, evenly spoon sauce over chicken pieces. Serves 4.
- * Each serving equals: 253 calories, 5g fat, 24g protein, 28g carbohydrate, 61mg sodium, 26mg calcium, 1g fiber; Diabetic exchanges: 3 Meat, 1 Fruit; Carb Choices: 2.
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Saving the

coast worth the cost

Scientist says condition of coastline is important to local environment

By Andrew Jokela Staff Reporter

Restoring natural coastline is hard work.

Dr. Tish Conway-Cranos, nearshore science manager for the Washington Department of Fish and Wildlife, spoke about coastline restoration efforts at Highline's Marine Science and Technology (MaST) Center on Saturday, April 7 as part of the Science on the Sound speaker

The Puget Sound Nearshore Ecosystem Restoration Project embarked on a nearly 15-year project to identify all areas of coastline in need of restoration in the Puget Sound area. During this time, several locations presented immediate need for action.

"There was no reason to wait to start restoration,"Dr. Conway-Cranos said.

The Puget Sound area has 16 giant river deltas (places where the river meets the ocean) and more than 800 individual sections of coastline, called shoreline units. These areas provide habitats, or homes, for sea creatures, plants, and wildlife.

Sadly, these habitats are being destroyed. Over the years, industrial advancement and



Tish Conway-Cranos

human-led shoreline modification has decreased the amount of habitat for natural flora and fauna significantly, particularly in places like Whidbey Island, she said.

For example, Nisqually River Delta has seen natural habitat shrink to only 2,000 acres in 2004, down from 4,000 acres in

Without this vital habitat, plants and wildlife are not able to flourish in the area. The Nisqually Delta has seen a 95 percent decline in the total amount of freshwater and a 77 percent decline in vegetative habitats.

In Washington state, nearly one third of beaches have rock armor or seawalls installed to prevent erosion. These abate-

Spring remains on break



Hailey Small/THUNDERWORD

Campus is lovely on those rare early spring sunny days, but weather forecasters are predicting rain for the Seattle area for most of the next week.

ments are typically installed on private property to prevent coastline erosion. However, such measures often interfere with the flow of sediment, tides, and detritus (decaying plant material), Dr. Conway-Cranos

"Sometimes, detritus is picked up in one place and deposited in another," continued Dr. Conway-Cranos. For example, a saltwater marsh near Olympia may produce plant matter which gets picked up by the tide and strewn along a beach near Bremerton. If coastal armor was installed, flora would not accumulate on the shoreline, and microorganisms would be unable to use it as a

The goal of restoration is to create self-sustaining ecosystems, which can function indefinitely with minimal human intervention. To achieve this, natural processes such as tidal flow, sediment transport, and detritus transport must be allowed to happen.

According to shorefriendly. org, a website run by the United States Environmental Protection Agency, most counties in Washington offer tax breaks as incentives for private landowners to remove coastal armor on their property. The website offers several alternatives to traditional rock armor that mitigate erosion while still allowing for natural processes to occur.

Even once armor is removed, one of the hardest parts of the process is waiting to see how intervention affects the habitats, and consequently, the inhabi-

"We don't just build our thing and walk away," said Dr. Conway-Cranos, smiling. "We measure everything we can." Sometimes, this involves counting the number of tiny invertebrates and determining if the intervention caused a change in the population.

"Go see a restoration project in action," Dr. Conway-Cranos said.

Active restoration projects can be seen at the Nisqually River Delta near Olympia, or Leque Island and Smith Island Estuary, which are both north of Seattle.

For more information, please visit the Puget Sound Nearshore Ecosystem Restoration Project's website, www.pugetsoundnearshore.org

Financial literacy is an important tool for life success

By Peter Brooks Staff Reporter

are key life skills, students attending Spring Quarter's First Friday's event last week were

First Fridays is a regular series of leadership development workshops offered through the Center for Leadership and Service and Multicultural Affairs. The purpose of the workshops are to build practical leadership skills and the sessions take place on the first Friday of each month. Sessions also include free food.

"Financial literacy and the knowledge students learn is a tool they'll have for the rest of their life," said Jade Chan, CLS Programming and Promotions leadership adviser. "It's not just a financial skill, it's a life skill."

The bulk of the discussion was led by Mariela Barriga, a student success coordinator Understanding and pro- here at Highline. She led aptecting your financial affairs proximately 40 students in a discussion about building and managing financial credit.

All students are on a spectrum in terms of wealth and privilege, or woes in life, Barri-

"Acknowledging what isn't in our control helps remove social stigma for financial woes," she said. "Working hard doesn't necessarily equate to financial stability. I don't see success as moving up the ladder, but more towards our goals."

Achieving those goals requires an understanding about credit. Barriga described how credit reports and credit scores are different.

A credit report details a person's credit history and is prepared by a credit bureau.

Individuals are then assigned a credit score based on the report,

loan applicant's credit worthiness, but they may look at the report as well, Barriga said.

Your credit score is determined by certain percentages. Fifteen percent is from your length of credit history (older is better), 30 percent is your income and debt ratio, 35 percent is from your payment history, 10 percent is new credit, and the final 10 percent is based on your types of credit.

Barriga advises to make sure your income and debt ratio is always balanced, since this can affect your score in a major way.

Everyone has one credit score with each of the three credit reporting bureaus (Equifax, Experian, and TransUnion). Each score can differ depending upon

what information the credit bureau used in its assessment.

Types of credit used in de-Lenders typically only look termining your credit score inat your score to determine a clude secured credit (car, home loans), installment accounts, revolving credit, and unsecured credit (credit cards).

The best way to improve your credit score is to never go over 80 percent of your credit card limit, and spend around 30 percent in order to ensure your score will rise over time. Going over 80 percent lowers your credit score by 30 points each time, Barriga said.

Although they all claim to offer you a free credit report online, Barriga said the only truly free reports are available through www.AnnualCredit-Report.com.

Knowing your credit score prior to making a major purchase such as a car can be help-

In-store financing offered by car dealerships often have high loan interest rates.

"Make a plan before buying a car. It's very rare that someone will walk out without a car," Barriga said.

Free financial help is available for Highline students through the Inter-Cultural Center and free financial advising from coaches at Highline. Check the Highline staff directory and look for these advisers: Deana Rader, Laquita Fields, Jean Munro, Nou Lee, Michelle McClendon, Loyal Allen, Tawnya Lee, and Mariela Barriga to schedule an appointment.

"Our support center is highly motivated, dedicated and caffeinated," Barriga said.

An upcoming financial workshop will take place in the Inter-Cultural Center in Building 8, room 204 on April 17 from 1 to 2:30 p.m.

Big changes ahead for Department of Veterans **Affairs**

David Shulkin is gone. No matter how he came to exit the building, whether he quit or was fired, he's gone.



by Freddy Groves

Now the president has nominated his own personal physician to head the Department of Veterans Affairs.

No matter who ends up being the new VA Secretary, he will need to clean house. He should call a powwow with leadership in the VA Office of the Inspector General and ask for summaries on all of the VA regional medical facilities. If there are facilities that keep getting bad inspection reports, maybe that's where the first heads need to roll.

Non-management ployees need to be given a voice. Whether it's a clerk who is instructed to fiddle with appointment times, or an accounting assistant who sees funny business with the numbers, they all need the means to point out what is wrong. Even if it's nothing more than a suggestion box read daily by high-ups, the people down in the trenches need a way to make fixes without fearing for their jobs.

It was whistleblowers who first brought to light the serious problems at the Washington, D.C., VA Medical Center. I suspect they were nursing staff who couldn't properly care for the patients when supplies kept running out. Whistleblowers are our first line of defense when it comes to suffering shoddy care. They need to be encouraged to come forward more often.

The new secretary needs to send out a strong message from Day One that sneaky and entitled employees should head for the doors. That will include the secretary's personal staff.

Most of all, the new secretary needs to be personally sharp enough not to do things like accept freebie Wimbledon tickets and assume that no one will ever find out.

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Dick's now serving scholarships

By Chloe Wilhelm

Staff Reporter

Scholarship and employment opportunities may be available to Highline students with the upcoming opening of a new Dick's Drive-In restaurant in Kent.

Dick's Drive-In, which was founded in 1954, is a local fastfood restaurant chain based in Seattle. The new restaurant, which will be located immediately south of Lowe's on the east side of Pacific Highway South, had its groundbreaking event on April 3, and is expected to open in mid-October.

Dick's chose to expand south of Seattle for its seventh location after an online competition eliminated a possible Eastside expansion. The race was then on between South King County cities to host the latest restaurant. Interest was expressed by communities from West Seattle to Federal Way. Kent won out in part because of its proximity to the busy crossroads of Pacific Highway South and Kent-Des Moines Road, plus the 18,000 student Highline campus.

Jim Spady, president of Dick's Drive-In Restaurants, said that the new location will provide employment and scholarship opportunities for students.

"We're really excited about the 50 new jobs we'll create here," he

Employees at Dick's Drive-In receive a base wage of \$14 an hour and free health insurance. Spady said that Highline students will be able to apply for positions at the new location.

He said that future employees who will work at the Kent location will be able to work and train at one of the Seattle restaurants to become prepared for the opening.

There is also a \$25,000 scholarship available to employees.

Spady said that employees who work 20 hours a week for at least six months and continue to work at least 20 hours a week during school can apply for the scholar-

He said that this scholarship can be used for any college, vocational, or self-improvement pro-

Jeanne Miller, director of operations support for Dick's Drive-In Restaurants, said that the \$25,000 scholarship will be provided over four years. During the first two years, employees are eligible for \$3,000 each year, with \$9,000 available during the last two years.

"The idea was to help with community college the first two years, and then a four-year college the next two years," Miller said.

She said that employees must have a 2.0 GPA to be eligible for the scholarship.

Job applications for the Kent location will be available online in

For more information, students can visit www.ddir.com or call 206-634-0300.



Lezlie Wolf/THUNDERWORD

Jim Spady said that employees who work 20 hours a week for a minimum of six months and continually work 20 hours a week might qualify for a \$25,000 shcolarship.



UW PHYSICIAN ASSISTANT PROGRAM Info Session at Highline!

Want to become a physician assistant (PA)? Come to this session and learn about the admissions process! Find out what pre-requisite course and other admissions requirements are needed for applying. An advisor from the UW PA program will be on our campus to give a presentation. Feel free to bring your questions!

> Tuesday, April 17, 2018 2:00 to 4:00 pm

Highline College, Building 2, Room 101 No need to pre-register to attend.

Show and tell comes to spring History Seminar

By Matthew Thomson Staff Reporter

History Seminar a nearly 10-year staple at Highline.

History Seminar was started by Dr. Tim McMannon in Spring Quarter of 2009, running continuously to now.

Dr. McMannon said the reason for History Seminar's success is "I copied Science Seminar," finding a model that worked and repurposed it to suit his goals.

One new thing Dr. McMannon will be adding this quarter is something he calls "History show and tell," a segment where



Dr. Tim McMannon

people would bring in family heirlooms or anything that could connect us to periods in history.

For exampled, Dr. Mc-Mannon has a letter sent to a family member from Wiemar Germany. Due to hyperinflation this letter was covered in postage stamps; Dr. McMannon counted 80 stamps on the letter.

Dr. McMannon said he has no trouble getting people to come to History Seminar. His trouble comes when he needs a presenter's topic.

Dr. McMannon said the most popular History Seminar sessions tend to be those that cross disciplines. Average attendance is around 20 or 30 people, whereas a multidisciplinary subject may bring in as many as 75 persons.

Examples of cross disciplinary subjects this quarter include The History of Plastics, by Dr. James Peyton on April 18, and World of Cruisers, Seattle 1924, by Jules James on May 16.

History Seminar is at 1:30 p.m. on Wednesdays in Building 3, room 102. All presentations are free and open to the public.

Other presentations this quarter include:

Married....ish, THE Place and Purpose of the Royal Mistress in the European Royal Courts of the 16th-19th centuries, by Rachel Bledsaw on April 25.

Dr. Ben Gonzalez O'Brien, TBA on May 2.

Yarinid Valez-Hernandez will be presenting "They said make it look prosperous so we put cement all over it," about Puerto Rico's infrastructure on May 9.

History show and tell on May 23.

Magna Carta, by Highline history professor Dr. Teri Balkenende on May 30.

ASHC applications are still open to all

By Byron Patten and Peter Brooks Staff Reporters

Students interested in running for student government can learn more about two elected positions at an information session today on campus.

The Center for Leadership and Services recently released applications for staff positions, including president and vice-president.

ASHC president and vice-president are student hourly paid jobs at 15 hours per week with flexible scheduling.

The president is the primary advocate for the student body and government; and a direct liaison to the administration and Board of Trustees. The vice-president administrates ASHC internal affairs and facilitates sessions and projects.

Current Vice President Mahlet Tiruneh and President Vanessa Primer will host the event in Building 8, room 320 from 1:30 to 2:30.

The two will share their experiences before answering questions from the audience.

"With this event, we want to help students gain a better understanding of what it is like to be in student government," Tiruneh said. "Hopefully, it will get more people interested or help reassure students that this is the right path for them."

An elected official on campus has many responsibilities throughout the academic year, Tiruneh said.

"One of the more significant responsibilities for vice president is that you would serve on the faculty tenure committee," Tiruneh said. "The vice president is the student representative and reviews all applicants."

Tenure is an indefinite academic appointment that cannot be withdrawn for unjust reasons.

Along with their various individual responsibilities, the current officials will also go over some of the challenges they've faced and advise potential applicants.

"Making sure I represent the students the way they want to be represented has been the hardest part for me," said Tiruneh. "With over 17,000 students it can be hard to know the student body, especially with so few active on campus."

Despite challenges, Tiruneh said she has been grateful for the experience.

"We are learning to be leaders and know how our campus operates," Tiruneh said. "We're receiving skills that we can take with us wherever we go."

Both positions will be elected later this spring for the 2018-1019 academic year. Applications can be picked up in Building 8, floor 3 and are due April 27.

Applicants will answer several questions, including: Why are you interested? What contributions will you bring to the ASHC? What personal qualities and experience make you a good representative for students and how do they relate to this position? How do you hope to serve others as a student leader by giving back to Highline in areas like building communities, developing leaders, and social justice?

Candidates who turned in a packet will go to the ASHC Mandatory Candidates Meeting, April 30 from 1 to 2 p.m. to learn more about the election process.

Model U.N. gives experience

By Chloe Wilhelm

Staff Reporter

Jump-start your career in international relations or learn more about the world by getting involved in Highline's Model United Nations Program.

Professor Jenn Ritchey, coordinator for Highline's Global Programs, is trying to get more students involved in the program, including participation in the Model United Nations Conference.

The Model United Nations Conference is a yearly event focused on increasing college students' understandings of the working of the United Nations.

Through this conference, students act as delegates for an assigned country and debate a range of current issues while collaborating with other students.

Participating students were able to attend the Seattle conference in November 2017 and the Portland conference in February. Ritchey said that in the future, they hope to attend a conference internationally.

Ritchey said that participating in Model United Nations helps with the development of academic and professional skills

She explained that students who attend are also able to gain professional skills by networking, researching, and making presentations.

"One of the best things about participating in this conference

is the connections the students made to people from other colleges," she said. "Being able to connect with people from a variety of backgrounds helps our students to see new opportunities for their life now and for the future."

Ritchey said that she encourages students to get involved in Model United Nations, and said there is a club planned to start this quarter for students who are interested in getting involved.

"To students who aren't sure how interested they are about participating in Global Programs, I invite them to attend one event," Ritchey said.

"I believe that all students can benefit from understanding more about what is happening in the world, and being more closely connected to fellow students on campus," she said.

For more information, students can contact Jenn Ritchey at jritchey@highline.edu.

UNIVERSITY of WASHINGTON \mid BOTHELL



ATTEND A TRANSFER INFORMATION SESSION!

To register visit: www.uwb.edu/admissions/visit/transfer













continued from page 1

Wafai ended up coming to Highline.

He had heard about TRiO during orientation, but had too much going on to fully participate.

He had anxiety about the difficulty of college-level courses, and was also holding down two jobs.

This was what he said led to him to his doing poorly his first two quarters.

"I just wasn't able to focus on my school work, class participation, and all of that stuff," Wafai said.

Wafai said on top of school and work he'd also battled internally with being shy, not knowing many people, and finding out what he wanted to do for a major.

"When I came to the U.S. in 2010, I was culture shocked. In the Middle East, like Pakistan where I'm from, parents are really strict with their children. Here, when I first arrived, kids did anything and everything," Wafai said.

Wafai said he just did what he was supposed to, and worked.

Business was what everyone expected him to do, which is where he said he had the conflict, as in his heart he had really wanted to do mechanical engineering.

"That's what TRiO really helped me. With guidance, getting involved on campus, knowing people and breaking out of being shy, giving me speaking opportunities to improve my English, and with more resources," he said.

This is the sort of guidance is advertised by TRiO on their website and in their pam-

TRiO is a national college and transfer success program structured for DACA, low-income, first-generation, students living with disabilities, former foster students, and undocumented students.

At Highline TRiO is a little different as it doesn't only get funding federally, but also receives from institutional funding allotted by Toni Castro, vice president of Student Services, as part of Highline's policy of commitment to serving undocumented and DACA students.

Their core services include: advising in academics, degree planning, transfer, financial aid, and scholarships.

TRiO has four pillars that are designed to help students gain academic skills as well as map out an educational pathway for



Jo Robinson/THUNDERWORD

Highline student Ahmed Wafai has received guidance from the TRiO program, which gave him opportunities to reach out and become involved on campus, as well as practice his English.

students.

These also help the students become well versed in financial literacy by helping students apply for scholarships, lead in community engagement of communities that students are a part of, and prepare each student for their transfer to a four-year college or university.

"I'm proof that it works," said Eileen Jimenez, program manager and academic advisor at TRiO.

Jimenez is a former TRiO scholar and has been an adviser for even longer.

"My mom immigrated from Mexico, and she couldn't speak English. So, I knew that I needed some sort of help to

navigate through college," Jimenez said.

"TRiO was the one who helped me get to UCLA, for my bachelor's degree," Jimenez said.

"My mom worked three minimum wage jobs, and my whole family really got to do TRiO, and they helped me understand I could get financial aid while going through college," she said.

Her mother only made \$16,000 a year, and through TRiO she learned that she still had the opportunity to receive financial aid and even to study abroad in Paris, which she's

Her sister has just earned her doctoral degree, also as a TRiO scholar, and her younger brother has finished his bachelor's

"They've really just helped me change my life, and I think TRiO really helped me believe in myself," Jimenez said.

Ahmed Wafai was accepted into University of Washington-Seattle last year.

He is currently pursuing a degree in mechanical engineer-

"TRiO has made me a better person. Now I communicate my story with other people, and I've made stronger bonds with my community," Wafai said.



Graduation Fair

You can pre-order your caps, gowns, tassels, and honor cords starting April 16th

Pre-orders can be picked up starting May 22nd during the graduation fair

Highline College

Class of 2018

May 22nd 8:30am-5pm

Mt. Constance & Mt. Olympus

HIGHLINE BOOKSTORE

Graduation Fair

Photographer Class Rings **Cap Decorating** Regalia Pick Up

Commencement Pre-check

Earth Week

continued from page 1

a.m. in Building 7.

She will describe climate change, how society has contributed to it, give examples of recent weather events related to it, and educate on ways to help decrease it.

A History of Plastic will be hosted by Dr. James Peyton in Building 3, room 102 and will go from 1:30 to 2:35

Attendees will learn about plastic's role in modern society and the problems that have come with its increased use.

Earth Week will close on Thursday with the Student Sustainability Showcase, hosted by business professor Shawna Freeman and English professor Rhiannon Hillman, in Building 7 at 9

At this event, students will present sustainability projects from the past to the present, as well as showcase ways to encourage the use of sustainable practices in people's daily

Earth Week is sponsored by the Sustainability Task Force and organized by science professor Woody Mo-

Moses has planned Earth Week for the past 15 years. He said the earth is a passion of his.

"I think it's important for people to understand the issues more in depth. Take time to learn about issues we face and find solutions," Moses said.

"Earth Week is also a great community bonding activity to make a difference and a change," Moses

He said that he hopes to have the Student Environmental Club start back up next year.

"Though, the club must be student driven," he said.

Moses invites students interested in the Environmental Club to contact professor Shawna Freeman through email at sfreeman@highline. edu.

All events are free and open to the public.

Weekly SUDOKU

Answer

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Skari

continued from page 1

community members wanted someone who was visible and engaged with them, and the board wanted an innovative and bold leader.

"We believe that Dr. Skari possesses these qualities and more," Arnold said.

Arnold said that in addition to this, Dr. Skari's experience with diversity and leadership "will be vital to ensuring the growth and viability of Mt. Hood Community College into the future."

"We are proud and are honored to have Dr. Skari lead our college into the future," Arnold said.

While Dr. Skari said that she is looking forward to her work at Mt. Hood Community College, she said that she will also miss working at Highline.

"Everything I know about being a leader in higher education I learned at Highline," she said.

"I have had some many wonderful opportunities, and made so many great friends," Skari said.

"It's the people I will miss the most," she said.

Advertise in the Thunderword - it's good for you!

Thunderword @highline.edu

King Crossword **Answers**

Solution time: 21 mins

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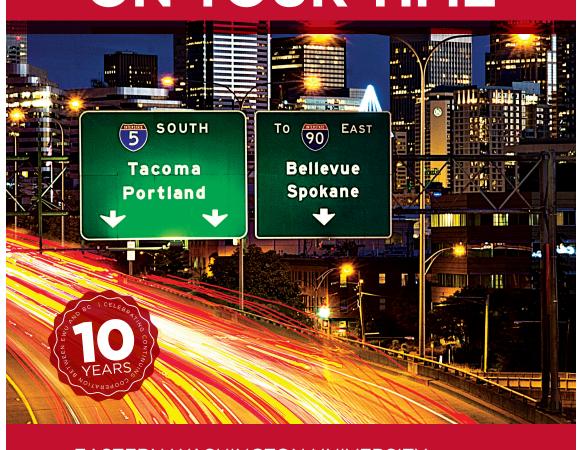
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