

## Airport expansion plan leads neighbors to make some noise

By Mitchell Roland  
Staff Reporter

Neighbors around Seattle-Tacoma International Airport are concerned about expansion plans and potential extra noise that will come from them.

At a recent open house event at Highline, citizens had an opportunity to voice their displeasure with the plan.

As more and more people move to the Puget Sound area, SeaTac airport is going to get busier and busier. To alleviate some of the problem, the Port of Seattle is in the process of building projects to expand the airports capacity.

The Port of Seattle, which runs the airport, projects that by the year 2027 nearly 300,000 more people will move into the Seattle Metropolitan area, and 56 million people will use SeaTac Airport annually.

To alleviate some of the problem, the Port of Seattle is proposing a number of proj-

ects to try to make the airport streamlined.

This proposal includes things that are already under construction such as the new international arrival and departures terminal, but also projects that have yet to be started such as an off-airport cargo handling facility. Thirty projects in total are apart of the Ports near-term plan, and all of them will either be completed or started by the year 2027.

According to the website that the Port of Seattle set up for the proposal, these projects are intended to "improve operational efficiency, accommodate future growth, and to provide more capacity for fuel, including sustainable aviation fuel."

But not everyone is happy about the proposal.

Concerns over traffic, noise, and impact on the environment

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Jasmine Spence/Highline College

President Dr. John Mosby addresses a crowd of faculty and staff last week at the opening day event.

## President greets campus with message of inclusion

By Izzy Anderson  
Staff Reporter

Like many people, Dr. John Mosby has struggled to belong at times. But he feels that he belongs here at Highline, he said.

Dr. Mosby gave his first presentation to the wider campus community as college president last Tuesday, at Highline's Opening Week breakfast.

Dr. Mosby was announced as Highline's new president last Spring Quarter.

Former President Dr. Jack Birmingham retired from the position on July 27, 2017.

Dr. Mosby talked about the reception he has received since coming to Washington, and to Highline.

"Thank you for welcoming me to the Pacific Northwest and the Highline College community," he said.

From his first interview for the position, "I felt very much

at home [here]... That's not common."

While all the change in Highline leadership can be scary, it can also give way to opportunities, Dr. Mosby said.

"I want to take the time to thank the college, everyone, for your work during the transition," he said.

"This is a little scary, but an amazing opportunity to succeed," he said.

Dr. Mosby also shared a moment that has stuck with him, of a time when he felt vulnerable.

"Change makes folks vulnerable. I understand these concerns, so I want to be vulnerable with you," he said.

As a 4-year-old, Dr. Mosby was playing in a sandbox with another child. This child started rubbing his arm, and after Dr. Mosby's grandmother asked what he was doing, the child said he was trying to rub the black off of him because he was "dirty," Dr. Mosby said.

"All of us have these sandbox moments," he said. "[Where we ask ourselves] 'Should I really be here? Do I belong?'"

Nonetheless, "striving to belong brought me to education," he said, despite being told he would not achieve his goals.

At Highline, however, Dr. Mosby said that he has found a community of inclusiveness and growth.

"This is a place of community, [a place] that changes lives," he said.

But growing up, Dr. Mosby said that people doubted his abilities to thrive and further his goals in education.

"Well, look at me now," he said.

And as a whole, Dr. Mosby said that he is excited to begin his career as Highline's seventh president.

"This is the only place I want to serve as president," Dr. Mosby said.

## Students may face new fees in winter

By Mitchell Roland  
Staff Reporter

Newly proposed fees for the upcoming year could have students reaching for their wallets.

The plan has not been finalized, and these fees are still under discussion.

The board is currently looking at a plan that would charge students \$10 for receiving a copy of their electronic transcript.

Currently, an unofficial copy of your college transcript

is available for free. But if you want to receive a official copy, it costs \$6.05.

Highline processes more than 9,000 electronic transcript requests a year, and Registration and Records said this fee is needed for the amount of time and energy it takes to fulfill those requests.

Another proposal that is currently being discussed is adding

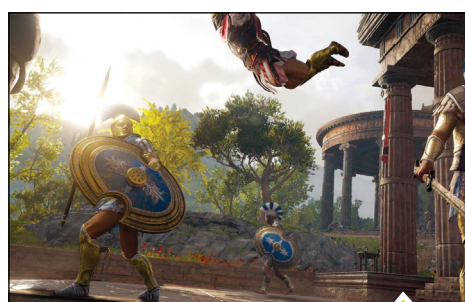
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Community leaders commend Highline for cooperation



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Venerable video franchises drop new versions for fall



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Men's soccer off to fast start in defense of title



## Assault mars quiet summer at Highline

**By Nanyab Rai**  
Staff Reporter

An assault was reported on campus in July, but otherwise Highline had a relatively quiet summer.

The assault happened on July 6 at around 1 p.m.

Further information is not available because the incident remains under investigation, Public Safety officials said.

In other incidents this summer:

- Public Safety received a report of a “female drug user” on campus on July 19. The person was also found to be trespassing as she was not a student at Highline. She was reprimanded and escorted off of the premises.

- A disorderly conduct incident was reported on July 23.

“A student was unhappy with their grade and became verbally loud enough that we had to step in,” said David Menke, director of public safety and emergency management.

“The student has been properly dealt with and hopefully such an incident will not happen again,” Menke said.

- A couple of thefts and graffiti incidents had also occurred over the summer.

“We take pictures of the graffiti and send them to the Des Moines PD to find out if the art is gang-related. Then, we have the paint cleaned up,” Menke said.

- With Fall Quarter starting, chances of more criminal activity on campus have increased.

“The biggest thing that we would like students to do [to] help them against crime is awareness,” Menke said.

Make sure to keep your belongings with you no matter where you are, and just know that things can happen no matter how careful you are, he said.

**We're hungry for news**

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# College names new advancement VP

**By Izzy Anderson**  
Staff Reporter

Highline’s new vice president of institutional advancement wants to help students succeed in any way he can, he said.

Josh Gerstman is taking on the role of vice president at Highline this quarter, after 19 years at Green River College.

Dr. Lisa Skari previously held this position.

After Dr. Skari left Highline last July to take the role of Mt. Hood Community College president, the college commenced a search for a replacement.

Gerstman emerged from three finalists, and was named to the position on Sept. 19 by Highline President Dr. John Mosby.

Gerstman received his bachelor’s degree at the University of Michigan, and his master’s later at Wayne State University in Detroit.

During his college years, he found the career paths he wanted to take.

“While I was in college, I



Josh Gerstman

identified three areas I wanted to work: higher education, community building [and] youth engagement, and sports,” he said.

Gerstman has been working at the Green River College Foundation in several capacities.

He will make the official switch over to his new role on Oct. 16.

“I began here [Green River College] in 1999 as a community development coordinator, working with a mentor pro-

gram for students and building relationships with local business owners and professionals in South King County,” Gerstman said.

He later moved up the ladder.

“In 2005 I became development director, and later director of philanthropy,” he said.

As vice president, Gerstman will be in charge of Highline’s division of Institutional Advancement, as well as the Highline College Foundation.

“My work is focused on creating opportunities for students, whether that is through scholarships and financial support, or helping the college expand its reach through marketing, outreach to community and alumni, and building effective relationships with funders and government leaders,” Gerstman said.

During his time at Green River, Gerstman has excelled in raising funds for their scholarship program.

“We more than tripled our scholarship program from awarding 100 scholarships and

\$100,000, to annually awarding more than 320 scholarships worth over \$520,000,” he said. “We introduced several new resources such as the VET Fund and Gator Pledge, which help remove financial barriers student face in pursuit of their education.”

Working for Highline next felt like a natural progression, Gerstman said.

“Highline and Green River have similar values and are committed to educating our diverse community, so the opportunity to move into a leadership role feels like a natural next step,” he said.

Overall, Gerstman is excited to begin his new journey at Highline, he said.

“For almost 20 years, I’ve observed Highline from across the valley and seen the amazing teaching and student support offered on this campus,” he said.

“I’m looking forward to bringing my experience in devising and implementing effective resources to help students, and [to blend] in with Highline’s strong history and future vision.”

## StartZone plans fall workshops

The Small Business Development Center and StartZone have teamed up to help community members and Highline students learn how to create and run their own business.

There will be free workshops where students can learn everything they need to know about owning a business.

It will help students determine if having a business is what they truly want and if they are ready for it. The workshops are broken up into four parts and are meant to be taken consecutively. Apply online at [startzone.highline.edu/apply/apply.php](http://startzone.highline.edu/apply/apply.php).

There is also a Marketing Workshop where students can



learn how to advertise their business. The dates are Oct 2, 4, 9, and 11. To apply, go online to [startzone.highline.edu/calendar.php](http://startzone.highline.edu/calendar.php)

## Food Pantry to feed campus again

The Highline Food Pantry is starting up again for fall.

The pantry is in Building 16, room 180.

The hours are: Tuesdays

2-5 p.m., Wednesdays 10 a.m.-noon, Thursdays 2-5 p.m.

The Community Pantry is open to all students, faculty, and staff with a valid ID number. The pantry offers a selection of meat, vegetarian, and vegan options that are completely free.

## Women's Programs gives school supplies

The Highline College’s Women’s Programs is holding their 10th Annual Supply Give Away Event.

In order to help students with their academic and employment goals, the program is helping low income students by providing free school supplies to start the year off.

Items needed are: note books, highlighters, erasers, calcula-

tors, and markers.

Students are also in need of household and hygiene items such as: laundry soap, diapers/pull-ups, and socks.

Please bring donations to the Women’s Programs Office in Building 6.

## Business training sessions set

Workforce Education Services is holding a worker retraining program for anyone who is unemployed, vulnerable to a layoff or already received the notice, displaced homemakers, formerly self-employed, and veterans who discharged in the past four years.

The CAT/TB orientation will be held on Tuesdays at Building 10, room 204 at 1:30-3:30 p.m.

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If you are interested in applying, please email:  
Lisa Voso (Public Speaking Center director)  
[lvoso@highline.edu](mailto:lvoso@highline.edu)

by Friday, October 5th.

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**P U E N T E**

To apply go to [puente.highline.edu](http://puente.highline.edu)

# Need help? College has you covered

**By Faith Elder**  
Staff Reporter

Highline offers a variety of services for students on campus.

- The Advising Center, which can help you choose classes and plan your degree, is open Monday through Thursday from 8 a.m. to 5 p.m. and Friday 9 a.m. to 5 p.m. in the lower level of Building 6.

- For first-generation and low income students, the TRiO Program provides more specific advising, as well as access for mentoring, coaching, tutoring, and classes.

“Students should not think of TRiO as an extracurricular,” said program manager Eileen

Jimenez. “It is a support program that helps them achieve the goals they already have.”

TRiO applications are available in the TRiO Center, which is open Monday through Thursday from 8 a.m. to 5 p.m. and Friday 9 a.m. to 5 p.m. in the lower level of Building 6.

- Advising is also available to Veterans through the Veteran’s Services office.

“We try to be a one stop,” said Kendall Evans, program specialist. “Veterans already have to deal with me to get their education benefits.

“We try to stay connected with the community around us because it helps them transition,” said Evans.

- For students looking for academic help, the Tutoring Center is a free, on campus resource with one on one peer tutoring in a variety of subjects.

The Tutoring Center is drop-in only but tutor schedules are available on the Highline website ([tutoring.highline.edu/schedules](http://tutoring.highline.edu/schedules)).

- Math, Science, and Engineering students can also receive tutoring and advising from the MESA Program.

“The program is for STEM students,” said program ambassador Caitlian Anderson. “We can help them with classes, but also find scholarships and internships in STEM fields.”

MESA Program eligibility re-

quirements and applications are available on the MESA website ([mesa.highline.edu](http://mesa.highline.edu)).

“The MESA Center is not just a place to study,” said program ambassador Aby Colmenares. “We try to create a sense of community, as many STEM students feel isolated.”

- The Writing Center is the place to go for any sort of assignment.

“We help with any task for any class,” said writing center director Dr. Shon Meckfessel. “I always say never write alone.”

Writing Center help is by appointment but walk-ins are usually accepted. Appointments can be made at the Writing Center’s website ([writingcenter.highline.edu](http://writingcenter.highline.edu)).

highline.edu).

“We recommend that people make appointments so they find a tutor that they work well with,” Meckfessel said.

Tutoring Center, MESA Program, and the Writing Center are all found on the sixth floor of Building 25, and they are open Monday through Thursday from 8 a.m. to 7:30 p.m. and Friday from 8 a.m. to 1 p.m.

- For clubs and activities, visit the The Center for Leadership and Service and Multicultural Affairs on the third floor of Building 8. The office is open Monday 8 a.m. to 4 p.m, Tuesday through Thursday 8 a.m. to 5 p.m, and Friday 9 a.m. to 5 p.m.

## Students get lively campus introduction at Thunderweek

**By Nayyab Rai**  
Staff Reporter

Highline’s annual Thunderweek will offer food, friendship and activities beginning today through Sept. 28.

“Highline has the most diversity and cultures than any other college in Washington, therefore we have the responsibility to help everyone build their sense of belonging,” said CLS Leadership Adviser Jade Chan.

“The theme this year is Bring the Thunder, Own Your Superpower. We hope that people will come to Highline with their own kind of superpower so that they can grow that power,” she said.

- Thunderweek will start with the Center for Leadership and Service and the Multicultural Affairs Open House in the Student Union on the third floor. The event will start at 11:30 a.m. and go until 1:30 p.m. Students can go learn about Inter-Cultural Center programs and enjoy free food.

- Tuesday will mark the Highline Official Welcome where Dr. John Mosby, the new college president, and the new members of Student Government will join to welcome students back to campus.

The event will begin at noon and go on until 2 p.m. at Building 8 on the first floor. Free food will be offered for the first 200 students.

- To help highlight and celebrate the diversity at Highline, food trucks will be coming in on Wednesday. The event will be from Building 2 at 11:30 a.m. to 2 p.m., with free food for the first 1,000 students.

Three food trucks will be

present: Roll Ok Please (Indian), Off the Rez (Native American), and Bean Fish (Japanese).

“We definitely tried to keep in mind students who for some reason, religiously or otherwise, cannot eat certain foods, therefore all the trucks have vegetarian options,” Chan said. “In order to feed as many people as we can, students must take one ticket of their choice and they cannot have seconds.”

- The Thunderweek Involvement Fair will be on Sept 27 at 11 a.m. to 1:30 p.m. on the second floor of the Student Union.

“The Involvement Fair is great for new and returning students to learn about the clubs and resources Highline has to offer,” said CLS Club Leadership Adviser Thomas Bui.

“It is a way for students to come and connect with other people and find a place for themselves to interact and grow as a person,” Bui said.

More than 20 resources organizations will be at the fair, including Metro, to help students.

“At the end of the day, students need to want to come and explore their options and find out what resources they want or need,” Bui said.

- The Kickstarting Your Best Life Workshop will conclude Thunderweek on Sept. 28 at 10 a.m. at Building 8 on the second floor.

Bring your student ID in order to participate.

If you need special accommodations due to a disability, contact Access Services at 206-592-3857 (voice) or 206-870-4853 (TTY).



Jasmine Spence/Highline College

Dr. Tammy Campbell, left, Kurt Ikemeier, Rebecca Martin, Sherri Keller, Lupita Torres and Michael Matthias discuss cooperation with the college at a forum last week.

## Leaders call Highline ‘good partner’

**By Mitchell Roland**  
Staff Reporter

Highline is an important community partner, a panel of local leaders said here last week.

For the most part, panel members said their relationship with the college is very positive, and expressed hope that together they could make progress in a range of areas.

Sherri Keller, a senior manager at BECU, said that Highline and BECU are a perfect fit together. Keller said that over the past 12 years BECU has donated \$35,000 to TRiO, AN-NAPISI, and emergency fund programs on campus.

“It’s about people helping people to help themselves,” Keller said.

She went on to say that BECU planned to continue with the scholarships and donations, but that it was bigger than that.

“Our goals are greater access and completion of post-secondary education,” she said.

Lupita Torres, the executive director of Para Los Niños, said that the partnership not only benefited students but also their parents.

“Over 16 years, 50 parents

have come to Highline through Student Leaders of Families programs,” Torres said.

Torres said that she would like to see this continue and show students that their parents can go to college too.

“If you start in elementary school, teaching kids and parents that they can go to college, they have that in their heads, so later they can see the possibility to go to college,” she said.

Des Moines City Manager Michael Matthias said that the city and college interacted on a number of levels from the development of Highline Place to the new link light rail station that is opening near campus and that the city was “honored that this college is in our city.”

“This is a center for learning and a center for moving the economy forward,” he said.

Matthias said that going forward, the college needed to “pay attention to the calling of the community.”

Matthias said that the city expects to have 4,000 to 5,000 new job openings at the business park on the north side of town, so the college will need to prepare students for those jobs.

Dr. Tammy Campbell, who

is the Federal Way School District superintendent, said that the district wants to send fewer and more qualified students into the Running Start program on campus.

“We want to be sure that the scholars we send here are going to succeed here,” Dr. Campbell said.

She went on to say that there needed to be more dialogue between professors at the college and teachers at Federal Way High Schools.

“Put teachers in the room together and they can work to find solutions,” she said.

Kurt Ikemeier, the regional director for the Central Washington University-Des Moines, said that biggest thing was to find new and different programs to serve the community on campus.

“We serve a very different community than the one Central serves in Ellensburg,” he said.

Rebecca Martin, the CEO of the Federal Way Chamber of Commerce, said that Highline’s collaborative efforts were beneficial to the community and hoped they would continue into the future.

“When you talk about collaboration, I just expect it to continue,” Martin said.

# Take advice from successful students

Welcome to Fall Quarter 2018 at Highline. Starting a new year can be stressful, especially for students who are beginning their college experience. Between classes, jobs, and other commitments, students can be overwhelmed. Here are some ways to relieve stress and find success at Highline.

- Show up to class. Make sure to leave enough time to get to class on time. If you drive to campus, invest in a quarterly parking pass. While the pass saves time by skipping the line to buy a parking pass every morning, the quarterly parking pass is more affordable, as daily parking pass prices have doubled this year. For bus riders, Highline provides route information and ORCA reimbursement. ([adminservices.highline.edu/public-safety/commuting-to-highline/#orca-card](http://adminservices.highline.edu/public-safety/commuting-to-highline/#orca-card)).
- However, attendance isn't enough to learn course content. Take responsibility for your education and come mentally prepared to learn. Try to get a good night's sleep and do what it takes to stay awake in class. The Fireside Bistro is an excellent place to study and get caffeinated.
- Read the syllabus. Understand the demands of each class and look for time conflicts. Typically, the syllabus will contain a rough assignment schedule which due dates of major projects. Use this information to plan your time use and never put off what could be done early.
- There is no shame in choosing to drop a class, especially early in the quarter. Students change classes for many reasons; time conflicts, curriculum difficulty, and lack of interest are fairly common. The bottom line is if the class isn't a good fit, drop it and try something else.
- Ask for help, both in and out of class. Professors are required to be available to answer student questions, either in class, -during office hours, or online. Highline also provides a variety of programs to assist students. A list of these programs can be found on the Highline web site under "Academic Support" ([highline.edu/academic-support/](http://highline.edu/academic-support/)).
- Do the reading. The reading is there for a reason, so not doing it is a great way to miss important information. Plus, most professors require details from the reading in assignments, so you would need to read to complete other work. Try to break the habit of procrastination early in the quarter. Reading a couple pages daily keeps the content fresh and saves you from the panic of trying to do five weeks of reading in the couple of days before finals.
- Have an academic plan. Each degree requires different types of coursework, and not everyone is on the same degree path. Making a plan to reach your particular requirements helps keep you on track for graduation. Meet with an academic adviser to decide what degree or certificate program is right for you, and make a plan of courses that meet the degree requirements. Degree Audit is a great online tool to track what degree requirements you have met ([registration.highline.edu/student-records/degree-audit](http://registration.highline.edu/student-records/degree-audit)).
- Get involved on campus. Highline has 56 recognized clubs, nine athletic teams, and numerous student job opportunities. These organizations are excellent chances to meet like-minded peers and make new friends. Being part of the campus community makes it easier to enjoy your time here.
- Take care of yourself. Stress to complete work can put pressure on the mind and body. However, staying healthy, mentally and physically, takes priority over grades. Highline provides free access to counseling, quiet rooms, and gym facilities, where you can relax in a variety of ways.
- Finally, go for it. Know that you belong here, even if you don't feel like it at the beginning. Everyone has felt that way at some point and it will get better with time. Nothing should be holding you back from enjoying your college experience. Participate in the Highline community and work towards your academic goals.



## Highline wants you to succeed

### Dear Highline College students:

I hope everyone had a nice and relaxing summer. This is always my favorite time of year – seeing students walk across campus, chatting with fellow students and meeting with our wonderful staff and faculty. Seeing community come together always warms my heart.

And as your new President, I'm humbled and proud to welcome everyone to the 2018-2019 academic year.

Our institution attracted me for a variety of reasons.

First it was the beauty of the campus. Yes, the trees, views of the sound are quite lovely and often breathtaking.

But I saw the beauty in the diverse makeup of our students, staff and faculty. I feel so fortunate to be surrounded by thoughts, beliefs, traditions, voices and communities that represent our entire world.

Highline is a unique, special place that guides and transforms communities, giving voice, power and pride to all its members.

I hope as we follow this journey together over the next academic year you allow Highline to challenge your views and perspectives through your learning and achievements.

I urge you to learn about the numerous programs and opportunities here at High-

### Guest Commentary



Dr. John Mosby

line College. Clubs, services, events, sports, amazing staff and faculty and the best stu-

dents in Washington – Highline College defines community and opportunity.

I want to hear from you throughout the year. I want you to be bold, lead throughout kindness, respect and commitment and find your voice here on campus.

It's necessary and welcomed as Highline College remains driven to student advocacy and creating clear and powerful pathways for our students to succeed and soar.

And to guide us, I'm reminded of James Baldwin, my favorite writer, who said "Not everything that is faced can be changed. But nothing can be changed until it is faced."

I'm excited and proud of you. And above all, I'm committed to your success.

*Dr. John Mosby is the president of Highline College.*

### Have something to say?

Write to us!

Have something you want to say to the student body?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Letters to the editor should be no more than 200 words; columns should be no more than 600 words.

Send submissions to [thunderword@highline.edu](mailto:thunderword@highline.edu) by Monday for print on Thursday.

## the Staff “

I'm like a dad at heart.

” E-Mail: [tword@highline.edu](mailto:tword@highline.edu)

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## IT'S ALIVE!

### Dr. Frankenstein's a woman in Burien's season opener

By Winter Dorval  
Staff Reporter

The Burien Actors Theater hopes for a monstrous success with its new production *Frankenstein*.

"Over the years the Burien Actors Theater has done a number of versions of *Frankenstein*. BAT commissioned a version that we produced in 2011, and we produced the musical version *Young Frankenstein* in 2013," said Eric Dickman, artistic director.

This version takes a new look at *Frankenstein*, he said.

Selma Dimitrijevic, author of this adaptation of *Frankenstein*, imagines the main character as a woman. This makes sense, given that the original had a female author, Dickman said.

"It is the story of Dr. Victoria Frankenstein. While it is closer to Mary Shelley's book in many ways, it is also a new look at this Gothic tale."

The book *Frankenstein*, by Mary Shelley, was first published in 1818.

In Selma Dimitrijevic's version, "Victoria Frankenstein and her articulate Creature tell a thought-provoking story that follows Mary Shelley's book more closely than other productions, but with wonderful new twists and an exploration of what happens when we don't

try to understand 'the other' and what happens when we do," Dickman said.

He felt compelled to add this play to the season once he saw the script, he said.

"*Dr. Frankenstein* is a cautionary tale about the consequences of our actions. But it is also a heartfelt story about how when we face those who are different, we can grow in strength and understanding," Dickman said.

"Differences do not make the other evil, but confronting the differences makes us more human."

"The cast is highly qualified. BAT was looking for actors who seemed to understand the stakes for their character. What did that character want?" Dickman said.

"In the audition processes BAT also looked for actors who could take direction and mold their role in ways that would fit directors Beau Prichard and Barbara Cawley's vision of the show."

The actors had to keep the humor while including the serious parts that make it a drama, he said.

"The Creature is not a creature made of parts of other people with scars and bolts sticking out of his neck. The Creature in this production is very real and very much a person, who was



Russ Kay played the monster in a 2011 production of *Frankenstein* at Burien Actors Theatre.

brought back from the dead without an understanding of what had come before," Dickman said.

"He has to deal with the reality Dr. Victoria Frankenstein created for him. So, special care was taken to find an actor who could portray the complexity of the character."

The cast includes Skyler Gahley as Dr. Victoria Frankenstein, Phillip Keiman as The Creature, and Erin Sullivan as Elizabeth.

Kayleah Lewis plays Justine, Nikolai Mell plays Henry, James Snowden plays the Father, and Vera Werre plays Mary.

"By far the most significant accomplishment was to find an amazing cast and creative team to work on *Dr. Frankenstein*. BAT is confident we have done justice to Ms. Dimitrijevic's wonderful script," Dickman said

"The Northwest will be treated to an excellent production in this premiere of *Dr. Frankenstein*."

The BAT has had a steady increase in ticket sales and sell-outs each season, he said.

"This is not your parents' *Frankenstein*. I am very confident audiences will love it, and the seats will be full," Dickman said.

This production at the Burien Actors Theater will be this play's second performance in the United States, he said.

"Every show has many challenges, but theater people find creative solutions, and that is the case with *Dr. Frankenstein*," Dickman said.

"Not to give too much away, but the artist who builds props for the magicians Penn and Teller helped BAT with one complicated scene."

The show will be two hours long.

"People should expect to be entertained. BAT's actors, directors, and creative team have pulled together to make this a wonderful night of theater.

Like all good theater, you should expect to be moved, to laugh, and to think on the way home or over a drink after the show," Dickman said.

The show runs from Oct. 5 to 28, Fridays and Saturdays at 8 p.m. and Sunday matinees at 2 p.m.

The address for the Burien Actors Theater is 14501 4th Ave. S.W.

Tickets are \$20 for general admission, \$17 for seniors, \$10 for students, and \$12 for groups of 10 or more.

For more information and to purchase tickets visit [burienactorstheatre.org](http://burienactorstheatre.org).

## Mysterious deaths highlight Renton's new show

By Winter Dorval  
Staff Reporter

The Renton Civic Theater opens its next season with a mystery that will bring your curiosity to life.

Their next performance is "a fun show that has an intriguing premise and plot twist," said Curt Hetherington director of *The Death of Me by Christine Foster*.

"Renton Civic Theater does, or tries to do, at least one murder mystery a year," said Bill Huls, artistic director.

The show follows a recently deceased married couple who are in limbo. Through reliving the night of their deaths, they try to figure out how they died.

"This show confirms the traditional response that you will get your just desserts," Hether-



Curt Hetherington

ington said.

However, there are always some difficulties when producing a show.

"The challenges we faced were creating the correct char-

acters and then the relationships between them," Hetherington said.

"The next challenge was balancing the tension with the proper comedic breaks to keep the production from becoming overbearing."

The last challenge was coordinating the effects, he said.

"I was able to cast five actors who play well with each other. We have created a fun show that I think people will enjoy," Hetherington said.

"We also created believable characters who elicit a proper response from the audience. And the show is a lot of fun to watch."

The cast includes Robert Alan Barnett, Jane Martin, Sharon Yamada-Heidner, Peter Cook, and Marleyne Hernandez.

"I was looking for people who would have fun on stage and have fun with each other. Then I look to see who has some talent to meet the challenge of the role," Hetherington said.

"And finally, I look to see who will listen to my ideas and direction."

The show runs about two hours.

"I highly recommend that people interested in a good time and a good mystery come out to see the show. They won't be disappointed," said Hetherington.

The show opened Sept. 21 and will continue through Oct. 6.

Showtimes are Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m.

The address for the Renton Civic Theater is 507 3rd St.

Tickets are \$26 for adults,

\$21 for students and seniors (ages 60 and older).

Their season continues with *It's a Wonderful Life* Dec. 7-22, then *Moon Over Buffalo* Feb. 8-23.

*Twelve Angry Men* will run from April 5-20, and their season will close with *Nunsense* from June 7-22.

There are four options for season ticket subscriptions.

A five-show subscription gets you tickets to all five shows, and two complimentary tickets. The four-show, and three-show subscriptions get you one complimentary ticket, and you can pick which performances you want to attend. The FLEX pass includes two complimentary tickets and the choice of any six shows in the current season.

For more information visit [rentoncivictheatre.org](http://rentoncivictheatre.org).

# Kill and drive your way to adventure

The leaves are falling, signaling the mass fall title drop for games.

Every year, game developers drop their latest installments of their franchises in autumn in hopes of cashing in big as consumers head towards the holiday shopping season.

Three games highlight this fall's releases:

**Assassin's Creed Odyssey**  
Published by Ubisoft. Action role-playing, Stealth, Single-Player. Available on Nintendo Switch, Windows, Xbox One, PlayStation 4. \$60 standard edition.

Complete your own great odyssey in Ubisoft's latest installment of *Assassin's Creed*.

The player will choose between Alexios or Kassandra as their character. Both of them are descendants of King Leonidas I. The player has inherited Leonidas' spear, that is then forged into a new weapon.

The weapon will give the player access to new special abilities while in combat.

*Odyssey* will feature a franchise first with role-playing elements such as dialogue options.

The dialogue and mission choices will shape the player's story and this gives *Odyssey* multiple endings.

The game will also feature a skill tree, where the player will be able to advance their attributes in three categories.

These skills will give the player increased abilities in three trees: hunter to increase archery; warrior to increase combat; and assassin to increase stealth.

*Odyssey* will see the return of the hitbox system introduced in *Origins*, as well as naval combat.

*Odyssey* will feature a mercenary system, meaning if the player starts to get notoriety for the wrong reason, the hired swords will hunt you down. The player can choose a variety of ways to deal with them, but each choice has repercussions.

The game takes place in 431 BCE, 400 years before the events of *Assassin's Creed Origins*. It will deal with a fictional history like the previous titles, this time dealing with ancient Greece.

The modern-day portion of the game will see the player in control of Layla Hassan, who was introduced in *Origins*.

The game comes in multiple collectible versions, featuring some interesting digital and physical content:

- Deluxe Edition, \$80, will give players experience and drachma (in game money) boosts, the Kronos Gear pack, Herald of Dusk pack, and the Capricornus Naval pack. If pre-ordered, you will also get early access to The Blind King Mission.



- Gold edition, \$100, will allow you to play the game three days before anyone else, plus the season pass for the game along with the Secrets of Greece pass.

- Gold Edition Steele Box \$110, comes with all the same things from the Gold Edition, but also includes the pre-order mission The Blind King and a metal case for the game. This edition also includes a remastered *Assassin's Creed III*.

- Ultimate Edition, \$120, will give everything from the Deluxe Edition as well as the Gold Steel Box.

- Spartan Collector Edition, \$160, will give the player everything from the Deluxe Edition as well as the Gold Steel Box; the Spartan Leap statue, a 64-page art book featuring the original designs and concept art from the Ubisoft Quebec artists; an exclusive lithograph by Hugo Puzzuoli from Ubisoft Quebec; a printed version of the game's hand-drawn world map; and the selected game soundtrack.

- Pantheon Collector Edition, \$220, comes with all the above listed items and two statues forming The Nemesis Diorama.

You will be able to begin your own *Odyssey* when this game drops Oct. 2.

**Mega Man 11**  
Published by Capcom. Action, Platforming, Single-Player. Available on Nintendo Switch, Windows, Xbox One, PlayStation 4. \$30 standard edition.

Dr. Tomas Light's Mega Man returns to destroy Dr. Wily and his cohorts.

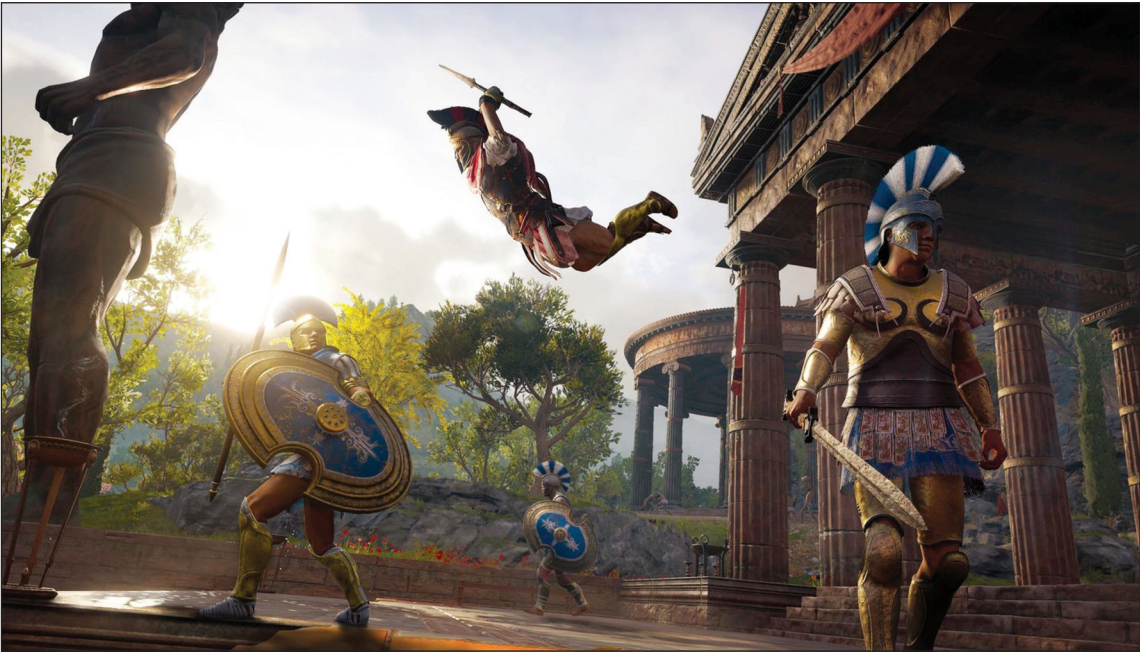
*Mega Man* was introduced by Capcom in 1987 and has continued to stay true to its 2D-platform - style gameplay.

*Mega Man 11* was announced December of last year as part of the celebration of the series' 30th anniversary.

*Mega Man* and its nonlinear story, along with the ability to steal the powers of your fallen foes, made the game an immediate hit. The games have all had a simple yet elegant look and feel, with music and sounds that helped drive the pace of play.

This game has spent decades as a top-tier game, even though it hasn't changed much. The simplicity of the game is what has made it fun and enjoyable, even now.

It will feature the same side scrolling platforming action



Ubisoft is set to release its newest version of a long-running franchise: *Assassin's Creed: Odyssey*.

that fans have grown accustomed to, along with hand-drawn art and new vibrant colors.

The game will have eight unique bosses who will try to stop the player from defeating Dr. Wily, Dr. Light's old assistant. The game will take players across eight maps that can be completed in any order.

As you defeat the other bosses you can use their powers to move through the levels faster.

There will be one new game mechanic called the Double Gear system, which grants the player two extra abilities.

Make sure you are fully stocked up on Life Energy – the game is set for release Oct. 2.

**Forza Horizon 4**  
Published by Microsoft Studio. Racing, Single-Player, Multiplayer. Available on Windows, Xbox One. \$60 standard edition.

Microsoft Studios' latest installment in their *Forza* series will soon be arriving.

This will be the 11th game in the series and the fourth by this name.

The series has focused on gameplay mechanics that felt

more realistic and features real-life cars.

The *Forza Horizon* games have been open-road games that were different from the basic race-track style games that were out at the time. The new game aims to take that open world concept to a whole new level.

The game was announced at this year's E3 and it showed some interesting graphics and how interactive the world will be for the players. The weather effects the movement of the cars and how breakaway the environment can be. There will also be the other cars and players you will need to watch out for while racing to be the best.

Like most shared - world games the game will feature servers that can support up to 72 other players.

The developer, Playground Games, says there will be more than 450 different cars and two expansion packs. The game will take place in a fictionalized United Kingdom, where players can race with either their friends or people from around the world.

The game can be played offline so if people don't want to be bothered by other drivers.

It will also allow for creation of custom races thanks to a route creator tool.

*Forza* will come in a variety of editions that will include a variety of extra add-ons.

- The standard edition comes with the drift car pack (seven drift cars for the player to collect).

- Deluxe Edition comes with the Drift Pack and a car pass, which unlocks two new vehicles every week for 21 weeks.

- The Ultimate Edition will give players both the Car Pass and Drift Pack as well as Best of Bond pack (adds 10 iconic cars from 50 years of Bond films); VIP pack (a membership that gives the player access to cosmetic skins as well as a home and three exclusive cars); Expansion 1 and 2 (This gives the player access to the first and second added download content set for this winter and early next year).

Cost is \$60 for the Standard Edition, \$80 for Deluxe Edition, and \$90 for Ultimate Edition.

Hurry fast and get your copy; this game will slide into stores Oct. 2.

Highline Concert  
Chorale (MUSC 210)

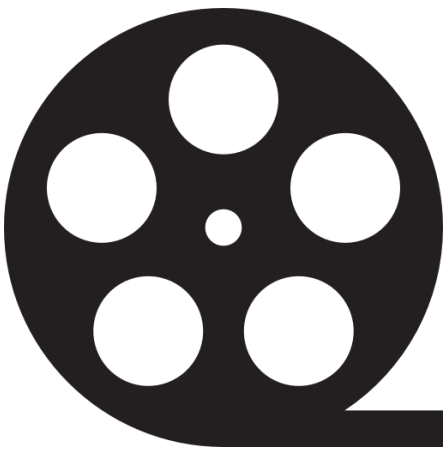
FALL 2018  
2 Credits



## MUSIC ON FILM

Mondays & Wednesdays  
12:15p.m. - 1:45p.m.

Students in the course will study, practice, and perform choral arrangements of music from popular films. Repertoire covered during the term includes music featured in *DIE HARD*, *THE FAST AND THE FURIOUS*, *28 DAYS LATER* and more.



# Men’s soccer off to 6-1 start

By Donnie Moore  
Staff Reporter

Highline’s men’s soccer has gotten off to a great start, going 6-1 in their last seven competitions, only falling to Tacoma who sits undefeated in first place in the West Region.

Defending NWAACC champion Highline won its season opener against Whatcom College, winning 2-0. Ryley Johnson and Noah Runsvold each were able to secure a goal against Hector Gutierrez, Whatcom’s goalie.

Highline went on to defeat Portland the next week 3-1. Johnson scored a goal along with Jason Rodriguez and Alex Velasco.

When Highline and Spokane faced off, Highline was able to dominate Spokane at home, winning convincingly 4-0. Johnson was able to get three goals, the first coming at the 19-minute mark, the second came during the 49-minute mark and the last happened in the 51-minute mark. Gabriel McGregor scored as well in the beginning of the game.

South Puget Sound College traveled to Starfire where the T-Birds beat them 6-1. Highline went up 1-0 at the 30-minute mark with a goal by Jason Rodriguez.

Highline scored again in the 41-minute mark with a goal by Marcus Machado. Highline went on to score four more times with goals by Tre’ Flowers, Rodriguez, Dane Evanger and Velasco.

The Thunderbirds next shut out Bellevue 4-0. Rodriguez was the first to score at 44 minutes off an assist by Mohamed Duntow.

Only four minutes later, another goal was landed by Machado,

assisted by Flowers.

The score stayed 2-0 until Johnson hit a goal at 67 minutes. Desire Katameya got the last goal which finished the game out.

In the game against Pierce, Velasco scored twice, both times assisted by Rodriguez, and Johnson got his seventh goal of the season, assisted by Machado.

Highline shut out the Pierce Raiders 3-0 at home. Johnson is second in goals scored and Alex Weaver, in goal against Pierce, is fourth in the NWAC with a 0.33 goals against average.

Johnson was named Under Armour Men’s Soccer Player of the Week. Johnson has gotten goals in most of Highline’s matches this season.

“Ryley was very efficient in front of goal against Spokane and scored three great goals,” said Highline Head Coach Steve Mohn.

“He was a threat every time he was on the ball in attacking areas. He was very intelligent with his running and found himself in good attacking areas and was able to finish off the plays.”

Highline hosted Tacoma on Sept. 19 at the Starfire Soccer Complex. It was a showdown between two undefeated teams Highline 6-0-0; Tacoma at 9-0-0. Highline fell 2-1. Johnson secured a goal at the 40-minute mark but it was not enough.

Highline, 6-1-0, will head to South Puget Sound, 4-10-2, this upcoming Wednesday at 4 p.m., where they look to rebound from their first loss this year.

The Thunderbirds host Bellevue on Sept. 29 and Pierce on Oct. 3. Both games are at the Starfire Complex in Tukwila.



Jack Harton photo

Ryley Johnson tries to shake a Bellevue defender during a shutout of the Bulldogs.



Jack Harton photo

Jason Rodriguez tries to pass two Bellevue defenders for the ball.

5

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HIGHLINE  
COLLEGE

# Lady T-Birds start season strong

By Donnie Moore  
Staff Reporter

The Highline women’s soccer team have had a strong start going 5-1-1 in their first seven games.

The Lady T-Birds currently hold the second place behind Bellevue in the West Region.

Highline opened its season against Peninsula where they won, 4-2. In the match, Rayna Santiago was the first to score at the 35-minute mark. In the 52-minute mark Fiona Dawson scored, taking Highline up 2-0.

Peninsula scored at 62 minutes bringing the game to 2-1. Three minutes later McKenzie Buell scored bring the game to 3-1 at 65 minutes.

The game rounded out with Peninsula scoring once more in the 71-minute mark and Highline ended up scoring again with a goal from Jewel Boland at 75 minutes.

The next day Highline moved on to Clark College, where they iced the Penguins 4-0. The Lady T-Birds got off to a quick start with Hannah Anderson hitting a goal in the 8-minute mark. Highline had a scoring drought for 40 minutes, the next goal landing at the 51-minute mark by Rayna Santiago.

Kacy-Lyn Navarro scored at 56 minutes, assisted by Olivia Lee. Highline finish its scoring with another goal by Anderson assisted by Fiona Dawson at 70 minutes.

In Highline's only loss, they fell 4-0 to Cerritos of California.



Jack Harton photo

Kiara Rivera chases the ball down for Highline.

The Lady T-Birds bounced back with a strong effort against Lower Columbia, winning 6-1. Anderson got Highline’s first goal at 13 minutes. This was followed by McKenzie Buell scoring in the 27-minute mark. At 35 minutes, Skylyerblu Johnson netted a goal.

Highline was able to secure three more goals, one coming from Fiona Dawson at 55 minutes and Jewel Boland in the 74-minute mark, finishing the game with Quincy Quinteros hitting a goal in the 81-minute. Lower Columbia finished with a goal in the

85-minute.

Highline later traveled to Bellevue for a match that winded up in a tie. Highline started strong with a goal from Boland in the 32-minute mark. Bellevue responded with a hit in the 43-minute. Highline went up again with a goal by Kainoa Dafunm in the 52-minute. Bellevue ended the game in a tie with a hit in the 86-minute.

The Thunderbirds got back into winning the following match against Pierce College defeating the Raiders 3-0. The win came due

to goals put up by Chloe Lamenzo, Skylyerblu Johnson and Olivia Lee

Highline continued its winning streak this past Wednesday against Tacoma, shutting them out 2-0. The win coming with goals by Dino Gonzalez, 75-minute and Jordan Goolsby, 85-minute.

The T-Birds went into battle with Green River College this past weekend, the scores were not available at press time. They will face off with Centralia this Wednesday, Sept. 26 at 1 p.m. at Starfire Complex.

# T-Birds prepare for conference play

By Donnie Moore  
Staff Reporter

The Highline’s women’s volleyball team has gotten off to a competitive start, going 18-7 in pre-conference play.

The T-Birds opened the year at a Volleyball Showcase where Highline faced Linn-Benton Community College, Bellevue College, Columbia Basin College, Edmonds Community College, Chemeketa Community College and North Idaho College. Day one Highline lost its very first match against Linn-Benton, 2-0.

They soon rebounded with a win over Bellevue 2-0 and Columbia Basin 2-0. Highline finally fell once more to Edmonds 2-0. Highline performed much better the following day winning both matches that day over Chemeketa, 2-0 and North Idaho, 2-0. Highline later played in the Highline Fall Classic against Yakima Valley, Mt. Hood, Skagit Valley, Shoreline, Clackamas. In the first day of the tournament, Highline beat both their opponents, Yakima Valley, 2-0, and Mt. Hood, 2-0.

In the following day the Thunderbirds took on Skagit Valley,



Jack Harton photo

Juanita "Tui" Tuimavave hits the ball back over the net.

Shoreline, Clackamas, sweeping all of them. They won against Skagit Valley, 2-0 , while beating Shoreline and Clackamas 3-0. Highline later played Shoreline in a home game where they won 3-1. Kiani “Kiki” Troy, freshman setter, was named Under Armour Volleyball Player of the Week & NWAC Volleyball Players of the Week for Week 2. “Kiki has continued to improve since day one of practice and has quickly been able to adapt from high school/club to the college setting,” said Thunderbird Head

Coach Chris Littleman. “She was voted Best Setter at the Highline Fall Classic tournament.”

Highline then performed in the Bigfoot Invitational on Sept. 7-8 against Linn-Benton, North Idaho, Blue Mountain, Yakima Valley and Wenatchee Valley. The Lady T-Birds got a victory in their first match against Linn-Benton winning 3-1. They were not as lucky for the last two matches, losing to North Idaho and Blue Mountain, 3-0.

The next day Highline was able to win out, beating both Yakima

Valley and Wenatchee Valley 3-0. Highline faced off in a double-header against Everett and Edmonds on Sept. 11. The T-Birds won their first match against Everett winning 3-0 but later falling to Edmonds, losing 3-0.

In the Walla Walla Crossover Highline got to compete with Lane, Shoreline, Walla Walla, Yakima and Linn-Benton. Highline started the first day well, winning their first two matches. The first win came against Lane, 2-0, and the second against Shoreline, 2-1. Later that day Walla Walla won over Highline 2-0.

In the second day Highline was again able to sweep both its opponents in Yakima Valley and Linn-Benton, winning 3-1 for both. Highline competed in a match against Blue Mountain where they lost 3-1. The T-Birds played against Green River College this past weekend. Scores were not available at press time. They will face off with South Puget Sound this Wednesday, Sept. 26 at home at 7 p.m. Highline also has an away game at Centralia Sept. 28 and head back home against Tacoma Oct. 3 at 7 p.m.

3835  
454

Scoreboard

### NWAC Volleyball

#### WEST

Team	League	Season
Lower Columbia	0-0	17-4
Pierce	0-0	17-4
Highline	0-0	18-7
Grays Harbor	0-0	16-13
Tacoma	0-0	7-7
Centralia	0-0	7-11
S.Puget Sound	0-0	2-16
Green River	0-0	0-13

#### EAST

Team	League	Season
Spokane	2-0	21-0
Blue Mountain	2-0	15-4
North Idaho	2-0	14-6
Walla Walla	1-1	20-4
Treasure Valley	2-2	10-9
Big Bend	2-2	5-16
Yakima Valley	1-2	7-17
Columbia Basin	0-2	2-18
Wenatchee Valley	0-3	9-13

#### NORTH

Team	League	Season
Bellevue	1-0	17-9
Olympic	1-0	11-12
Shoreline	1-0	6-14
Edmonds	0-0	17-6

### NWAC Women's Soccer

#### WEST

Team	League	Season
Bellevue	3-0-1	5-0-1
Highline	3-0-1	5-1-1
Green River	2-0-1	3-1-2
Lower Columbia	2-2-0	4-3-0
Tacoma	2-2-1	4-4-1
Pierce	1-2-1	3-3-1
Centralia	0-4-0	1-8-1
Grays Harbor	0-3-0	0-5-0

#### EAST

Team	League	Season
Spokane	5-0-0	7-2-1
North Idaho	4-1-0	4-3-2
Walla Walla	3-2-0	6-3-0
Columbia Basin	2-1-2	4-1-2
Yakima Valley	2-1-1	5-1-1
Treasure Valley	0-3-1	2-5-1
Blue Mountain	0-4-0	1-5-0

#### NORTH

Team	League	Season
Edmonds	4-0-0	5-0-1
Peninsula	4-0-0	6-2-0
Whatcom	2-2-1	3-4-0
Skagit Valley	1-3-0	3-3-0
Everett	1-3-0	1-6-2
Shoreline	0-4-0	0-8-1

### NWAC Men's Soccer

#### WEST

Team	League	Season
Tacoma	3-0-0	10-0-0
Highline	3-1-0	6-1-0
Pierce	1-1-1	2-1-2
S. Puget Sound	0-2-1	0-5-1
Bellevue	0-3-0	0-6-0

#### EAST

Team	League	Season
Walla Walla	4-0-0	6-1-1
Spokane	3-1-0	4-4-0
Columbia Basin	2-1-1	3-1-2
Wenatchee Valley	2-2-0	3-2-1
North Idaho	1-2-1	1-6-1
Treasure Valley	0-2-2	0-6-2

#### NORTH

Team	League	Season
Everett	3-1-0	6-3-0
Whatcom	2-0-2	4-2-3
Peninsula	2-1-1	3-3-1
Edmonds	2-1-1	2-3-2
Skagit Valley	1-3-0	4-3-0
Shoreline	0-4-0	2-5-0

# Weekly SUDOKU

by Linda Thistle

4			8			7		
		7			4			8
	9			1			5	
		2			7		9	
	8		9	6		3		
3			2					1
		3			2	5		
	6		4				1	
1				5				3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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1. GEOGRAPHY: The ancient city-state of Tenochtitlan once existed at the same site as what major world city?
2. ANATOMY: In humans, which gland regulates metabolism?
3. HISTORY: Which astronaut stayed aboard the Apollo 11 command service module while Neil Armstrong and Buzz Aldrin walked on the moon in 1969?
4. LITERATURE: What was the working title of *The Secret Garden*?
5. FAMOUS QUOTES: What modern novelist once wrote, "It is our choices ... that show what we truly are, far more than our abilities"?
6. ANIMAL KINGDOM: The wombat is a native of what

- country?
7. GENERAL KNOWLEDGE: Which major U.S. cities did Route 66 connect?
8. LANGUAGE: What is a plage?
9. TELEVISION: Who played the Enterprise captain in the TV series *Star Trek: The Next Generation*?
10. ART: In what city is the Van Gogh Museum located?

- Answers
1. Mexico City  
2. Thyroid  
3. Michael Collins  
4. Mistress Mary  
5. J.K. Rowling, in "Harry Potter and the Chamber of Secrets"  
6. Australia  
7. Chicago and Los Angeles  
8. A beach  
9. Patrick Stewart  
10. Amsterdam

**Puzzle answers on Page 12**

## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY:** ★★★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

	x		-			19
-		x		x		
	+		x			24
x		+		+		
	x		-			19
15		22				17

1 2 3 4 5 6 6 8 9

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# King Crossword

## ACROSS

- 1 — up (invigorates)  
5 Alphabet start  
8 "Pygmalion" writer  
12 Spine component  
14 Unadulterated  
15 Language of Zagreb  
16 Rod's partner  
17 Cudgel  
18 Wedding-related  
20 Pirate flag symbol  
23 Tempo  
24 Grow weary  
25 AT&T competitor  
28 Coatrack piece  
29 Oyster's gift  
30 Mediterranean, for one  
32 Porch  
34 Blueprint  
35 "Sad to say ..."  
36 Combination of tones  
37 Desert fox  
40 — carte  
41 Out of control  
42 Exact  
47 Streamlet  
48 Taboo  
49 A Great Lake

1	2	3	4		5	6	7		8	9	10	11
12				13					14			
15									16			
			17				18	19				
20	21	22				23						
24					25					26	27	
28				29						30		31
	32		33						34			
			35					36				
37	38	39					40					
41					42	43				44	45	46
47					48							
49					50				51			

- 10 Neighbor-hood  
11 Healthy  
13 And others (Lat.)  
19 Bar  
20 Fuel additive brand  
21 Capital of Ukraine  
22 Incite  
23 Rosary components  
25 Large blood vessel  
26 Capital of Norway  
27 Approach  
29 Wan  
31 Additionally  
33 Irritate  
34 Lighthouse of Alexandria  
36 Organization  
37 Passenger's payment  
38 Eastern potentate  
39 — me tangere  
40 Farm measure  
43 Animation frame  
44 Consumed  
45 Golf gadget  
46 Conclusion

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ARIES (March 21 to April 19) You might need to get more facts to help you work out those problems with your new project. As always, a friendly approach shows the charming Arian at his or her persuasive best.

TAURUS (April 20 to May 20) Information is what energizes ambition, and this is a good time for the ambitious Bovine to expand his or her range of knowledge and to be ready for the challenges that lie ahead.

GEMINI (May 21 to June 20) This is a good time to consider making some long-overdue decorating changes at home or in your workplace. A splash of color can help raise spirits, even on the grayest day.

CANCER (June 21 to July 22) Learn more. Earn more. That's the formula for Moon Children looking to expand their career horizons. Investigate the best places to get those training courses you'll need.

LEO (July 23 to August 22) Your creative side helps gain attention for many of your ideas. But don't neglect the practical aspects involved in



implementing their move from paper to production. Good luck.

VIRGO (August 23 to September 22) A health problem should not be ignored. The sooner you check it out, the sooner you can deal with it and then move on. Some job advice comes from an unlikely source.

LIBRA (September 23 to October 22) A relationship takes an unexpected shift that could leave you puzzled and hurt. Asking for an explanation could help uncover the reason for this sudden turn of events.

SCORPIO (October 23 to November 21) Your busy schedule has drawn down much of your energy levels. Restore them by spending a well-earned time out enjoying the arts -- perhaps with that special someone.

SAGITTARIUS (November 22 to December 21) Make that presentation with con-

fidence. Remember: When you show you believe in yourself, it helps persuade others that you truly know what you're doing.

CAPRICORN (December 22 to January 19) Although you usually prefer doing things on your own, a group effort might be advisable at this time. Try to keep an open mind about suggestions from colleagues.

AQUARIUS (January 20 to February 18) This could be a good time to reassess some of your recent decisions and see if any adjustments should be made based on facts that you might have just uncovered.

PISCES (February 19 to March 20) An emotionally charged situation creates uncertainty about the future of your relationship. Best advice: Talk things out while there's still time to reach a new understanding.

BORN THIS WEEK: You tend to act on matters of principle despite what others might advise.

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It’s easy to acquire an appetite for avacodos

I adore avocados. They’re a guilt-free creamy indulgence that works beautifully in everything from appetizers to desserts. Avocados are considered a fruit – one of the few fruits or vegetables that contain fat. The fat in avocados is unsaturated and is heart-healthy. Did you know that per ounce, avocados have 60 percent more potassium than bananas? Avocados are loaded with nutrients such as dietary fiber, vitamin B-6, vitamin C, vitamin E, potassium, magnesium and folate. They’re also cholesterol- and sodium-free. Two tablespoons of mashed avocado or one-fifth (about 1 ounce) of a medium avocado provides about 55 calories. Avocados are one of the produce items with the least amount of pesticides, so there is no benefit to buying organic avocados. To choose an avocado, squeeze it gently. It should be firm but give to slight pressure. Hard avocados are not yet ripe, but can ripen in a few

days. Place the unripe avocado in a brown paper bag for two to five days. Apples or bananas can be added to the bag to shorten the process because the gas they give off helps ripen the avocados. Ripe avocados can be stored in the refrigerator for two to three days. Always wash avocados before eating. Cut lengthwise and rotate the halves to separate. Use a spoon to remove the seed and scoop out the meat, or peel the skin away from the fruit. Lemon juice, lime juice or white vinegar can help prevent discoloring. You also can press plastic wrap directly on the surface and then wrap to store in the refrigerator for a few days. If the surface turns brown, just cut off the top layer and throw it away, the rest is OK to eat. Avocados can be enjoyed in a variety of ways. A favorite is in guacamole, which can be healthy depending on how you make it. Mashed avocado can be used instead of mayonnaise on a sandwich or wrap. You also can mix avocado with your choice of whole grains and other vegetables for a tasty whole-grain salad. Avocados are a wonderful addition as a source of nutritious fats and texture to baked goods and desserts. If you’re searching for a new way to incorporate avocados into your



Avocados are delicious and nutritious.

Depositphotos

diet, try these delicious Avocado Muffins. They’re perfect for breakfast or as a savory side for soups and salads. Avocados are heart-healthy and contain good fat that enhances the absorption of the vitamin A found in the butternut squash. The vitamins A and E in each muffin provide 25 percent of the recommended daily value. They also contain 6 grams of protein and are a good source of dietary fiber.

AVOCADO MUFFINS

- 12 paper muffin cups (optional)
- Butter-flavored cooking spray
- 1 cup canned pureed butternut squash or 1 pound fresh – peeled

- and cut in 1-inch cubes
- 1 cup whole-wheat pastry flour
- 3/4 cup all-purpose or almond flour
- 1 tablespoon cornstarch
- 1 1/2 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/4 cup granulated sugar or stevia
- 2 eggs
- 1/2 ripe avocado, seeded, peeled and mashed (about 1/4 cup)
- 1/4 cup plain Greek yogurt
- 1 teaspoon pure vanilla extract
- 1/3 cup almond milk
- 1/3 cup sliced almonds

- 1. Heat oven to 350 F. Prepare muffin tin with paper muffin cups — spray each cup with cooking spray. Set aside.

- \*If using fresh butternut squash, place cubes on a cookie sheet at 350 F for around 30 minutes or until fork tender. Cool; puree squash in food processor and set aside. If using canned pureed squash, proceed with the recipe below.
- 2. Spoon flours into dry measuring cups and level with a knife. Whisk together cornstarch, baking powder, baking soda, salt and cinnamon in a medium-size bowl. Set aside.
- 3. Combine sugar or stevia, eggs, avocado, yogurt and vanilla in a large bowl and beat with a hand mixer until well-combined.
- 4. Add almond milk and pureed butternut squash, beating at a low speed until blended together.
- 5. Add flour mixture to above mixture and beat at a low speed just until combined (don’t over-mix).
- 6. Spoon batter into muffin cups and fill halfway. Sprinkle a few almonds evenly over each muffin.
- 7. Bake muffins for 25-30 minutes or until a wooden pick inserted in center comes out clean. Let muffins cool in the pan for 4 to 5 minutes, then remove immediately to keep muffins from becoming dense. Serves 12.

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Harvest this arugula-kale salad for home

Add autumn’s bounty to greens for a seasonal salad.

Arugula-Kale Salad

- SALAD**
- 8 cup arugula
  - 2 cup kale
  - 1 1/2 cup avocado
  - 3/4 cup thinly sliced carrots
  - 3/4 cup chopped cooked butternut squash
  - 1/2 cup sliced apple
  - 1/2 cup sliced bell pepper
  - 2 ounces salami
  - 1 cup croutons
- VINAIGRETTE**
- 1/4 cup extra-virgin olive oil
  - 1 tablespoon Dijon mustard
  - 1/8 teaspoon sugar
  - 1/2 teaspoon Kosher salt
  - 1/2 teaspoon freshly ground black pepper
  - 3 tablespoon lemon (or lime) juice
  - 1 tablespoon vinegar (red wine, sherry, champagne, cider or white balsamic)
  - 1 finely chopped small shallot (or garlic clove or green onion)
- 1. Make salad: In a large bowl, combine arugula, kale, avocado, carrots, butternut squash, apple, bell pepper and salami.
  - 2. Make vinaigrette: Whisk olive oil, Dijon, sugar, salt and pepper with lemon juice, vinegar and shallot. (Makes about 2/3 cup)
  - 3. Add just enough vinaigrette to salad to lightly coat, tossing. Garnish with croutons. Makes six servings.

Good Housekeeping

\* Each serving: About 140 calories, 8g total fat (2g saturated), 4g protein, 13g carbohydrates, 3g dietary fiber, 305mg sodium

Vegetarian Chili Macaroni

- This comforting mac makes the perfect Meatless Monday meal.
- 1 medium onion, chopped
  - 2 tablespoon chili powder
  - 1 tablespoon canola oil
  - 1/2 teaspoon salt
  - 1 (28-ounce) can crushed tomatoes
  - 1 (15-ounce) can black beans, rinsed and drained
  - 1 pound macaroni, cooked
  - 1 cup shredded sharp cheddar
  - Cilantro, for garnish
- 1. In large pot, cook onion, chili powder, canola oil and salt on medium for 8 minutes, stirring often. Add crushed tomatoes and black beans.
  - 2. Heat to simmering on high, simmer 5 minutes. Toss with macaroni and cheddar. Top with cilantro. Makes six servings.
- \* Each serving: About 500 calories, 11g total fat (4g saturated), 22g protein, 82g carbohydrate, 11g fiber, 770mg sodium.

Crescent meat bake

From its caramel-color golden crust to the filling inside, this is a wonderful main dish.

- 8 ounces extra-lean ground sirloin beef or turkey breast
- 1/2 cup chopped onion
- 1 (2.5-ounce) jar sliced mushrooms, drained
- 1 (8-ounce) can tomato sauce
- 2 tablespoons Brown Sugar Twin
- 1 cup chunky salsa (mild, medium or hot)
- 1 teaspoon chili seasoning
- 1 (8-ounce) can Reduced Fat Crescent Rolls
- 4 (3/4-ounce) slices reduced-fat American cheese



- 1. Heat oven to 350 F. In large skillet sprayed with olive oil-flavored cooking spray, brown meat and onion. Stir in mushrooms.
- 2. In small bowl, combine tomato sauce, brown sugar, salsa and chili seasoning. Pour 1/2 cup sauce mixture into skillet with browned meat. Mix well to combine. Remove from heat. Place skillet on wire rack and allow mixture to cool completely.
- 3. On large baking sheet, press crescent rolls together to form an 8-by-13-inch rectangle. Spread cooled meat mixture on one-half of dough, long ways. Place cheese slices on top of meat. Fold over other half of dough. Pinch sides shut with fork. Form into crescent moon shape. Make slits over top for steam vents. Lightly spray top with olive oil-flavored cooking spray. Bake 20-25 minutes or until golden brown.
- 4. Meanwhile, in medium saucepan, pour remaining sauce mixture. Cook over medium-low heat, stirring occasionally until crescent is done. Cut crescent into 6 servings. Place each serving on a plate and pour about 2 tablespoons sauce mixture over top. Serve immediately.

# The Smiths fight for district seat

By Mitchell Roland  
Staff Reporter

The race for Washington's 9th District Congressional seat pits passion against experience.

Eleven-term incumbent Adam Smith is facing off in November's general election against a former Bernie Sanders volunteer, Democratic Socialist and political novice Sarah Smith.

But while one of the Smiths will represent the area in Congress, their visions for the district and plans differ considerably.

Last Wednesday, the candidates had an opportunity to lay out their vision to voters in a forum hosted by the Federal Way Mirror.

Candidates covered an array of audience-submitted questions, from immigration and gun laws to the possible impeachment of President Trump.

Throughout the night, a topic that came up repeatedly was how long Adam Smith had been in Congress and whether term limits should be implemented.

Sarah Smith said that she supported term limits for members of Congress. When asked how she could support both Bernie Sanders and term limits, Sarah Smith said that for every Bernie Sanders there are "20 Mitch McConnells."

In response, Adam Smith said that instead of term limits, people should simply vote their representative out of office if they do not like them. He said he doesn't support term limits.

"There are a lot of people who have been in congress for two years who are terrible at their jobs," he said.

Adam Smith touted time and experience in Congress as a bonus, saying that he knew how the legislative process works and the fact that he was voted the Ranking Member of the House Committee on Armed Services showed that his "colleagues saw [him] as a leader."

On why the candidates were running for Congress, Sarah Smith said that she was running to "represent this district because I believe in the power of this district."

Adam Smith said that he had gotten "into politics for a very simple reason: I like to solve problems."

While she is new to politics, Sarah Smith said she does not find her bold plans to be unreasonable.

"To be bold is to be reasonable," she said.

When it came to health care, both candidates agreed that the system needs to be overhauled but disagreed on how to do it.

Adam Smith said that he is not necessarily in favor of a single payer system, but supports



Sarah Smith Adam Smith

a system similar to Germany's.

"If we do not have universal access, we do not have access," he said.

Sarah Smith, on the other hand, said she supports single payer health insurance and said that it was the "way forward."

On the topic of the biggest issue facing America, Sarah Smith answered "corporate greed."

Adam Smith said that it is a "lack of faith that we have in our government."

Another major disagreement was over taxes.

Sarah Smith said that the "working class, middle class, and poor class" should get tax cuts.

However, Adam Smith said that he does not support any tax cuts right now and cited the national debt and said that under such circumstances "raising taxes is good."

"I'm sorry, but I don't think we should cut taxes for anyone right now," he said.

During a portion of the forum where the candidates could ask each other a question, Adam Smith asked Sarah Smith why she did not support and vote for a recent levy for Kent schools that only passed by 10 votes.

Sarah Smith said that she thinks the levy system isn't fair, and that school funding should not be based off zip codes.

When it came to the topic of immigration, both candidates agreed that a major overhaul of the system is needed.

"It is not illegal to immigrate," Sarah Smith said.

She also said that a review of visas is needed to assist in easier immigration to America.

Adam Smith said that he supports a pathway to citizenship for undocumented immigrants, and that the "biggest thing we need is comprehensive immigration reform."

Both candidates said that Immigration and Customs enforcement should be under the control of the Department of Justice.

Both also agreed on whether President Trump should be impeached.

Sarah Smith said while she thought there was enough to impeach Trump now, she thinks Special Counsel Mueller should finish his investigation before impeachment is brought up, so as to not set a bad precedent.

Sarah Smith said that before impeachment, they "need to make sure the case is ironclad."

The election is Nov. 6.

# Construction work continues

By Reuben Gonzales  
Staff Reporter

Students arriving to school today will need to watch out for cement trucks as construction of Building 26 continues.

Besides being greeted by friends and professors, students may encounter as many as eight large cement trucks that will be arriving today as foundation work moves forward.

The trucks will arrive via 20th Avenue, coming into the North Lot starting at 7 a.m. Facilities has asked students to be aware of their surroundings around campus.

They also want to inform students not to park near the spots marked with orange cones to prevent damage to personal vehicles.

Reminder to not remove safety cones for the safety of yourself and other students.

This is just one of several projects that are happening across campus since the summer.

Returning students will notice some of the changes that have been made while they were



Jolly Rubin/THUNDERWORD

The Life Sciences Building (Building 26) is to be completed in 2019.

away, such as the East Lot getting a beautification to the islands with the removal of some bushes.

"We couldn't keep up with bushes and they were becoming unsightly," said Barry Holldorf, Highline director of Facilities and Operations.

Some jobs were safety concerns and others were to repair and maintain current facilities.

"We repaired a lot of sidewalks around campus that were tripping hazards," Holldorf said.

"We also re-roofed Building 2 and a new coating for [Building] 27."

"We tried to take care of as much stuff we had planned," Holldorf said.

The construction won't be stopping there, as there are plans to build an awning in front of Building 6 towards the East Lot.

Building 26 construction will continue through much of 2019.

For more on construction impacts, visit [adminservices.highline.edu/facilities/projects/building-26/#updates](http://adminservices.highline.edu/facilities/projects/building-26/#updates).

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Port of Seattle photo  
The Port of Seattle plans to continue to expand Seattle-Tacoma International Airport in anticipation of continued air traffic growth.

## Airport

continued from page 1

were topics of discussion during the open house event. Members of the community were able to voice concerns to employees of the Port.

Mary Paynter, a member of the Saltwater Church and a self-described “climate activist,” voiced concerns over whether the meetings were beneficial, or were just for show.

“I learned that the Port is determined to move ahead with its expansion, regardless of the effect of CO2 emissions on the fate of the planet,” she said.

Paynter said that the Port should also look at alternative options and not continue to increase SeaTac’s capabilities.

“Let’s revisit the feasibility of all options other than unlimited increases in air travel,” Paynter said.

The idea of building a second regional airport instead of a SeaTac expansion is one the ideas that Paynter said should be considered. While she said the Port is not the one to propose this, it is something that the Legislature needs to look at.

“There needs to be a plan to study again all possibilities for developing a second regional airport. Such alternatives were looked at back in the ‘80s and ‘90s but need to be re-examined,” she said.

One of the biggest concerns

was the potential harm to human health. Paynter said that she is worried about fine particulate pollution penetrating lungs and causing shorter life expectancies.

“Some estimates summarize these effects and risks as resulting in five years less life expectancy,” she said.

The open house was at times contentious. On pathways leading up to the Student Union, community members posted signs that said, “Demand Clear air, quality of life” and “Demand independent studies, the truth.”

Members from Fight the Flight, a group against SeaTac expansion, were there handing out sample questions such as “Are you studying the unique impact of aircraft noise on elderly citizens and children?”

The scoping process is just the first step before there are shovels in the ground and the project can begin. After this step, the project will go through an environmental analysis, a development of a potential mitigation draft, a public comment period, and a final environmental review.

Comments on the scoping process are due by next Friday, Sept. 28 and can either be emailed to [SAMP@portseattle.com](mailto:SAMP@portseattle.com) or mailed to Steve Rybolt at P.O. Box 68727 Seattle, WA 98168. Comments sent by mail must be postmarked by Sept. 28.

## Fines

continued from page 1

Currently being discussed is adding an extra fee to the cost of a parking ticket if your payment is late. Currently, the fee for not displaying a parking pass or a daily parking pass is \$30.

Under this proposal, if you do not pay a parking ticket within three weeks of receiving it, you will be assessed a \$30 late fee which would essentially double the cost of the ticket.

If the ticket is still left unpaid, you would potentially not be able to sign up for classes for the next quarter until you have paid.

While the board is worried about the effect that this could have on students, President Mosby noted that there was already a “transparent appeal process” in place for students to fight tickets.

The budget office noted that students needed a “ramification” for “doing something that they were not supposed to do.”

But student fees will not be the only place that the school expects to receive more money.

The college will also receive more money from the college for the Running Start program.

The recent McCleary decision by the Washington State Supreme Court required the Legislature to fully fund K-12 education. After a number of years the legislators finally worked out formula which meant that schools received more money.

Under the Running Start program, the college a Running Start student attends receives 93 percent of the money that would otherwise go to their high school.

Currently, 1,454 Running Start students are enrolled at Highline, which is up slightly from the previous year.

Between the proposed fees and extra money from the state, Highline will have a little more money for the upcoming year.

The proposed fees have not been finalized will not be implemented until Winter Quarter.

## Missing an English credit? Take Journalism 101



# HIGHLINE COMMUNITY PANTRY

### HOURS:

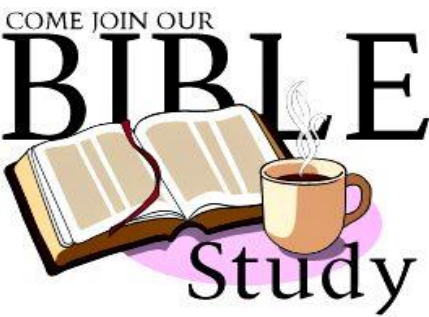
Tuesdays: 2 pm - 5 pm  
Wednesdays: 10 am - 12 pm  
Thursdays: 2 pm - 5 pm

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Grab-and-Go Meals • Fresh Fruits and Organic Vegetables  
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Free and open to all with Highline ID #!

## Non-Church Attendees



This study is for people who don’t necessarily attend a particular church. We will have an enjoyable bible lesson, a time for questions and answers, and discussion. If you don’t bring a bible materials will be supplied.

### Dates & Location:

- Des Moines Library (Sept. 12, 2018) 2:30-3:30 or 4:30-5:30.
- Kent Public Library (Sept. 24, 2018) 2:30-3:30 or 4:30-5:30.
- Des Moines Library ( Oct. 8, 2018 ) 2:30-3:30 or 4:30-5:30.
- Kent Public Library (Oct. 15, 2018) 2:30-3:30 or 4:30-5:30

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CONTACT: PHYLLIS [crwphyll@aol.com](mailto:crwphyll@aol.com)