

THUNDERWORD

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The ART of college

Attitude, resources,
time management
critical for student
success in college

By Samantha Knight
Staff Reporter

Rebecca Benderliy credits her academic success to her confident mindset. "You have to believe in yourself in order to succeed," she said. Alyza Serania attributes her success at Highline to her willingness to reach out to her instructors and ask for help. "I always visit my professor's office hours when I need clarification or am confused about something," she said. Anita Lats said that the biggest lesson she's learned in college is how to manage her time.



Roberto Ruiz/THUNDERWORD

"Time management is huge because if I don't manage my time, with all I have going on in and outside of school, I'm screwed." College is an art, and a science.

Professors and students on campus agree that a positive attitude, communication skills, and the ability to manage one's time wisely, are the keys to surviving and thriving in school. It requires that students take the steps to ensure their own

success. The art of college – attitude, resources and time management – are crucial components to excelling in school. A student's successful attitude encompasses a number of things which include embracing a growth mindset, being open-minded and interested, critical thinking, and confidence. "Curiosity is really important because if you're curious, you're open to new ways of thinking, new ideas and new perspectives," said Woody Moses, a Highline environmental science professor. It's all about embracing that growth mindset, he said. "We have patterns we like

See College, page 17

Just say hello

Student concerned
how people with
disabilities are
treated on campus

By Mitchell Roland
Staff Reporter

Ros Damm just wants to be like any other Highline student. But activities that are typically mundane or simple for other students, such as going to a dance or talking to friends, can be difficult for him. That's because Damm has cerebral palsy. According to the Cerebral Palsy Group, the disease affects approximately 500,000 people in the U.S., and around 8,000 babies are diagnosed each year. Symptoms for cerebral palsy include cognitive disabilities, epilepsy and vision problems. Damm said that he has dealt with name calling and ridicule his entire life. "My whole life, people made fun of me," Damm said. "People think I am the R-word." But an incident at the recent winter dance left Damm concerned. Damm said that at the dance, he approached another student who has a disability to try to be their friend. That student re-

See Damm, page 20



Ros Damm

Students have mixed reactions to drinking alcohol

By Seattle Valdivia
Staff Reporter

Some Highline students say they drink alcohol while other say they don't. Some say they won't and probably they never will. It's not clear exactly how many college students drink. Some studies claimed that 60 to 80 percent of college students drink alcohol, but those studies appear to have been done by anti alcoholic groups. One study said that 1.2 million of students drink alcohol, but that would be only 0.075 percent of an estimated 16 million college students total. At Highline some students say that even though they are 21, they don't like to drink alcohol and prefer not to have anything to do with it. "I know it is not healthy," said a student who didn't want to give his name. "I don't like the taste of it. I've tried a little bit and it feels like it burns your throat."



Roberto Ruiz/THUNDERWORD

"I don't drink, because it's not good for our health," Trinh said. "I'm 21. I'm not interested on it." "I have tried it but i didn't like it, it's gross," Acsa said. "And it is not good for you. I'm 22 and I don't see the point of it." "Alcohol? No, it's not my thing," Roberto Diaz said. "I'm 26 and I used to drink, but since my friend got in an accident I always think twice before drinking." "If I drink I won't be able to study, drive and concentrate," Matthew W. said. Others just drink a little bit, depending on the occasion and who is with them. "I've never really liked it. I've tried it several times but I know it's bad for your brain," Angel C. said. "I've never drink that much to get drunk." "I've drank a couple of times, but just with my friends," Alexa Muñoz said. "I would not like to drink if I go with strangers." Other students said that they don't want to drink either because their religion does not allow them, or simply because they do not want to. "I don't drink because of my religion," Anthony Gomez said. "I know it is bad for you. You lose your mind and don't know what you doing." "Because of my religion I can't," another student said. "But if I drink, I won't be able to study."

See Alcohol, page 20



Join Public Safety, clean the campus

By Caitlin Spurlock
Staff Reporter

Public Safety is having a campus clean up on March 14, from noon to 1 p.m. outside of Building 6 to support Prevention Awareness Cleanup.

“This cleanup is to bring support and attention to our Public Safety Crime Prevention programs.

This will be open to students and staff as well as prizes awarded”, said David Menke, director of Public Safety and Emergency Management.

Highline wants to send a message to students, faculty, community and staff that they care about campus and what happens here, Menke said.

“Volunteers are told not to touch an object like [capped needles] and to call Public Safety for an immediate safe removal”, Fender said.

This will be the 3rd year of campus cleanup.

Highline tries to host a cleanup a few times each year.

A consistent 30 to 40 volunteers show up, Fender said.

Phone robberies near Highline

Two victims reported being approached by strangers asking to borrow their phone and were robbed in the area surrounding campus, near Pacific Highway.

Public Safety encourages students not to loan out their cell phones or other electronic devices.

“Keeping students safe is our primary concern”, Public Safety said.

Public Safety does offer escorts to staff and students who do not feel comfortable on campus.

“We don’t mind at all and want you to feel safe whenever you’re on campus”, Public Safety said.

Public Safety has had 43 escort calls since the beginning of the year, said Francesca Fender, associate director of Public Safety and Emergency Management.

If you are in immediate danger or feeling uncomfortable on campus, call 911.

Student government applications are available starting March 18

By Peter Brooks
Staff Reporter

Students interested in leading can apply for Student Government positions beginning next Monday, March 18.

Positions include student president and vice president. Student president reports to the Board of Trustees, while the vice president works with capital projects on campus. Their duties in general are deciding

how funds are used for the student body.

Applications are due April 29. The elections will take place May 15 and 16.

Vice President of Student Government Chalisa Thompson had some advice for prospective leaders.

“Don’t be afraid to step out of your comfort zone. It isn’t as scary as it may seem,” said Thompson. “You aren’t expected to be a perfect leader. We become leaders together.”

Thompson described some of the benefits of the positions.

“You get great networking opportunities, support and the chance to build community,” she said.

She said that what they’ll be looking for in candidates will be how they say they plan to uphold the Associated Students of Highline College mission statement, which includes being “committed to breaking barriers; providing honest, accurate,

and culturally responsive representation for all students; create equitable access on all levels, and continuously strive to keep students at the forefront of our work.”

“We want to focus on the importance of our roles and impact as students regarding decisions on campus,” Thompson said.

Applications are available online at cls.highline.edu

Earn scholarship money for UWT

Students interested in applying to the University of Washington Tacoma can now apply for a scholarship to help with finances.

The Next Step Scholarship is for students who have completed their AA degree no earlier than Sept. 1, 2018.

Students need to have a minimum 3.5 gpa, be a permanent Washington resident, two faculty references, and original transcripts from all higher education institutions.

Up to three applicants will be nominated by Highline College and then forwarded to the scholarship selection committee at UW Tacoma.

The scholarship is for students who will contribute to the school and also benefit from it.

Students can get scholarships up to \$6,000/per year for two years.

The awards are for students transferring from seven local community colleges; Green River, Olympic, Pierce Fort, Steilacoom and Puyallup, South Puget Sound, and Tacoma.

The deadline is April 5, 2019 at 4 p.m. A paper packet needs to be turned in to Building 99, Institutional Advancement, second floor.

Only paper packets will be accepted.

Recipients of the scholarship will be announced by May 10, 2019.



Donate and join Women’s raffle

The 37th annual Women’s Program Celebration is to help those in need get the resources to survive.

Employees for the program are asking for donations to be put in gift boxes that will be given away in raffles.

The raffle money will go to the program’s emergency fund. The fund is for low-income students who need help to pay for utilities and/or rent assistance.

Students, staff, and faculty can donate things such as; coffee, tickets to events, music lessons, movie nights, and more.

All donations are tax deductible.

Donations are due by May 2, and the celebration is May 8.

Volunteer and help host teens

The Women’s Program will host an Expanding the Horizon conference.

The event is to encourage young girls to go into STEM.

The program is asking for volunteers to come and help; check-in/welcome students; navigate; chaperone seventh and eighth grade girls to class-

rooms; assist during workshops; direct traffic; clean up; and help students get back on the buses.

The event will be on March 22, 9 a.m. to 3 p.m.

Those who are interested in volunteering should contact Maia Toloza-Meza with your name, contact information, and availability at mtolozameza@highline.edu or register online https://docs.google.com/forms/d/e/1FAIpQLSeN_j1n-QwEJylMghf19YJWqb4oxJ-fRCQsr8pFCUaH50hhDKBg/viewform.

Learn more about world cultures

Highline is looking for volunteers for the annual Global Fest.

Global Fest is an event that involves food, performances, and displays from all over the world.

Visitors can see country-themed booths and meet people who have an interest in different cultures.

Students, staff and faculty can learn more about the cultures all over the world.

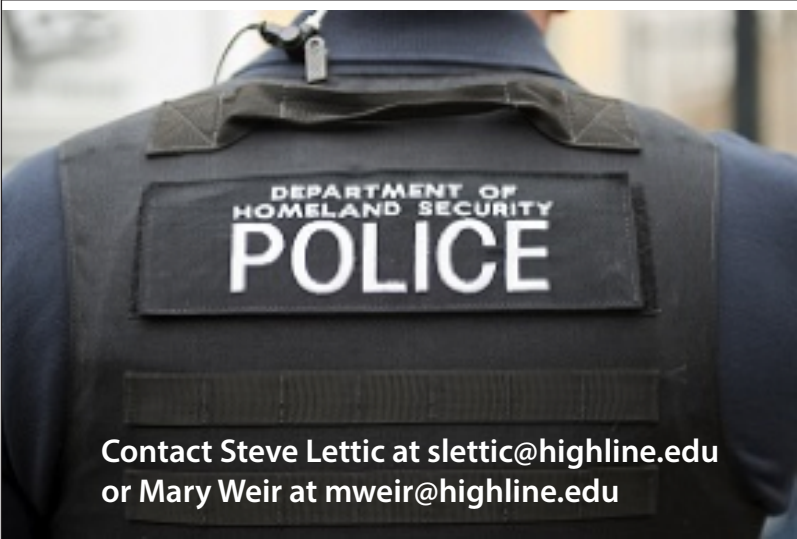
This year, highline is adding something new – Parade of Nations.

This is for people to come and carry a flag of their home country, country they visited, or a country that they have some sort of connection with.

To volunteer, go to https://docs.google.com/forms/d/e/1FAIpQLSfSZ3X-PIvkhbW4wXLYT4_IJ955jaII-55HM_o_VJHoGVzO_Aw/viewform?usp=sf_link

Calendar

- **Last Day** – The final day of Winter Quarter will be March 22.
- **First Day** – The first day of Spring Quarter will be April 1.
- ***Refund** – The last day to get a full refund for Spring Quarter tuition is April 5.
- **Nominations for Highline’s annual Distinguished Alumnus award** – The award honors former Highline students who have made great achievements in their respective fields or communities. To be eligible, nominees must have been at Highline five or more years ago. Nominations can be submitted by anyone. Nominees are asked to submit a resume and personal questionnaire to be reviewed by a campus selection community. The winner will be honored at commencement exercises on June 13. Submissions are due by April 26. They can be submitted at twilliam@highline.edu. Nomination forms are available online at <https://alumni.highline.edu/recognition/nominate.php>.
- **Math Placement Workshops** – Highline is now offering math workshops for students to get help on the math placement test. The sessions will run Jan. 22 to March 18. The sessions will be held on Tuesdays from noon-2 p.m., Wednesdays from 6-8 p.m., and Thursdays from 2-4 p.m. No registration is required. The session will be in Building 1.



Contact Steve Lettic at slettic@highline.edu or Mary Weir at mweir@highline.edu

Interested in a career in

CRIMINAL JUSTICE?

Check out the Certificate in **Introduction to Homeland Security** or the Associate Degree in **Criminal Justice**

Students hope to build bridges not walls

By Rene Balbuena Jr.
Staff Reporter

The Muslim Student Association wants to build links between Muslim students and the entire campus and bring awareness to the Muslim community at Highline.

Both the president and vice president think it is important to try to change the bad image of Muslims in general.

John Smith, the president of Muslim Student Association, was born in Bangladesh and came to the United States in 2011. He is currently studying computer science and is in his second year at Highline.

“Coming from a background with less education motivates me to learn more and be more successful in life,” Smith said. “I eventually want to become a better person and help the community.”

Abdalah Adan, the vice president of the Muslim Student Association, was born in Somalia and came to the United States in 2011. He graduated from high school in 2016, and is planning to major in electrical engineering.

“I have personally had to overcome a tough language barrier, but enjoy being at Highline because of its small environment,” Adan said.

Eventually both leaders want to plan a culture fest with other clubs by next quarter.

MSA is a relatively new club. Most members are foreign-born and join to meet new people of different religions and cultures.

Many students come from UW Tacoma and UW Seattle and there has been a strong collaboration between all three schools.

Different programs that are part of MSA include: community aid, homework help, and shared experience with other members.

Everybody is welcome to club meetings and they are held every other Friday in Building 3, room 302 from noon to 1:30 p.m.

Buy an ad in the
Thunderword.
tword@highline.
edu

Criminal justice goes undercover

By Mitchell Roland
Staff Reporter

Criminal justice students from Highline were recently able to gain some firsthand experience in a real-world environment.

Fifteen students from the program recently acted as decoys for explosive detection dogs from both the Transportation Security Administration and Seattle Police at SeaTac Airport.

Criminal Justice professor Dr. Steve Lettic said that the students were needed since their scent is not familiar to the dogs.

“The need arose when it was found that the employees from SeaTac airport were easily found by the dogs due to the airport scent already on them,” Dr. Lettic said.

Dr. Lettic said the students don’t have the same scent and the dogs did not recognize them, which meant that they were “very important in the process.”

Dr. Lettic said that in Homeland Security classes, they normally teach through books and lectures. But experiences such as this give students a different perspective.

“Opportunities like this, and this is just one example, give the students exposure to working examples, officers in the field, and a chance to see the what and why of layered security,” he said.

Dr. Lettic said that students were also able to talk with the officers and gain a better understanding of what they do and how to get into the field.

“The students are also able to ask how the officers achieved their status, what



Top: two students act as decoys to help train dogs with identifying threats in a real-world scenario. Bottom right: work dog reacts to student’s bag filled with contraband. Bottom left: work dog sniffs student’s bag.

training took place, wages, and other opportunities,” Dr. Lettic said.

Dr. Lettic said that through this experience, students were also able to gain a better overall understanding of the work that goes into securing an airport.

“It’s also impactful to know

the thoughts of the officer’s mindset and see how each security system contributes to the overall Homeland Security system,” he said.

Dr. Lettic said when he has talked with the students who participated, “each has related the clearer picture of what they do when working with explo-

sive detection K9’s, what that job entails, and how important it is,” he said.

Dr. Lettic said that at the end of the training, the students received a “nice certificate from TSA for participating and know that their contribution is important in certifying the dogs and handlers.”

New club promotes customs and traditions

By Rene Balbuena Jr.
Staff Reporter

The president and vice president of Cambodian Club say it is important for their club to forge a bond between Cambodian students and people of other ethnicities and cultures at Highline.

The purpose of this club is to promote Cambodian culture throughout the diverse community of Highline, to encourage interaction between other cultures, and change people’s preconceived notions of Cambodia. Serey says she wants people to understand that Cambodians are unique in their own way.

“Nobody knows about us,” said Channa Milinea Serey, president of the club.

“When people think about Cambodia it’s only about the war, temples and architecture.” Serey says she wants people to understand that Cambodians are unique in their own way.

“We have our own food, culture, religion, way of salutation and point of view and it is important for everyone to be aware of that,” Serey said.

The club is still getting organized. The president and vice president of Cambodian Club are Serey and Soeunkeomey Or. They are both international students from Cambodia.

Serey finished high school

at 16 and attended two universities. She went to the American University of Phnom Penh, pursuing a BA in law, and the Institute of Foreign Language, pursuing a BA in Japanese.

Both leaders say it is important for members in their club to understand other people’s cultures and make a relationship with fellow students.

“The reason I came to the United States is because my parents believed that I could get a good education and have a lot of opportunities in the workplace,” said Or, adding that this has driven her to succeed at Highline.

Everybody is invited in the club, not just Cambodians.

People of all cultures and ethnicities are welcome, the leaders say.

The Cambodian Club doesn’t have any upcoming events, but is considering plans for a Khmer New Year’s celebration in early April.

The president and co-president hope to have enough volunteers soon, so they can host a New Year’s celebration annually.

For more information about this club you can contact Serey at milinea9@students.highline.edu or stop by the CLS at the Student Union in Building 3 room 310.

There is no decision on where club meetings will be held.

State funding puts strain on Highline

Washington state has underfunded education for every level of school and Highline has been continually been affected by this. As of the 2016-2017 school year Highline gets 57 percent of its funding from the state. The rest of the funding comes from tuition and local support, 27 percent and 16 percent respectively. That funding is later broken down by the college in the general operating budget and allocated to what is most necessary, which is decided by the school. This shows the importance of getting fully funded from the state. Without the funds from the state improving, there is no real recourse for Highline to improve services add programs or offer more classes. Washington state has for the last decade has been on downward trend of funding higher education in their budget. In a report done by State Higher Education Executive Officers Association, Washington state and many other states have not fully funded higher education since the great recession of 2007-2008. According to the report, Washington state in 2008 was spending \$7,998 per student when funding higher education. In 2012 that dropped to \$5,130 in funding. The funding later began to increase once again in 2016, rising to \$6,641. It again increased in 2017 to \$6,982. While these recent increases show a push to prioritize higher education in the state budget, funding is still not where it should be given that it is nowhere near the levels it was in 2008. This greatly impacts Highline because when the state does not give funding at a rate that keeps up with both inflation and enrollment. It leaves the college not able to fund what is truly necessary, hurting students' educational experience. When the state reaches the 2008 levels of funding it could lead to colleges that are not only fully funded but able to expand and offer better education for their students. What the state is currently doing with funding, not only hurts Highline but students. In the long term, if the funding does not increase. Highline would have look for ways to increase funding which may be having to ask the state to increase tuition to fill the gap that is currently left by the state. Highline and many other colleges around the state are tasked with educating the people of future. When they do not have the right resources for that task you are left with people who are not truly ready for the jobs and careers of the future. Funding higher education is not only about the students of today, but is also about the world we are shaping tomorrow. It is pivotal that Highline is fully funded. It services some 17,000 students and it is growing every year, not fully funding the school leads to students not getting the best possible education. If Washington state does not see how important it is to fund higher education, it will lead to colleges that are struggling to have the best service for their students.

Have something to say? Write to us!

Have something you want to say to the student body? The Thunderword is asking for students to voice their opinions on what matters to them. Letters to the editor should be no more than 200 words; columns should be no more than 600 words. Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Comments lead to criticism

Freshman Congresswoman Ilhan Omar has come under fire for comments made about Israel and its possible role in American politics.

Omar was a part of the anti-Trump blue wave in the midterm election last year. She is also one of the first Muslims to ever be elected to Congress.

The comments were made at the Busboys & Poets event, where Omar and fellow members of Congress Mark Pocan, Pramila Jayapal and Rashida Tlaib were on a panel talking about progressive issues.

In her comments, she talked about Israel and how it is allowed to have such an impact on American politics through lobbying efforts, and also how there is no Palestine lobbying group of the same stature.

Her issue is with AIPAC, which stands for American Israel Public Affairs Committee, which is a pro-Israel lobbying group.

They have put a lot of money into having certain legislation passed that would help Israel. Their current methods have worked very well in being able to get more funding for Israel's military.

AIPAC funded \$27,015 in political contributions in the 2018 election cycle and put forward \$3,518,028 in lobbying in 2018 as well, according to Opensecrets.org a Foreign Lobby Watch Group.

AIPAC is not the only group that pushes pro-Israel legislation through lobbying and campaign contributions, but they do have a very heavy influence in Washington, which leads to them being able to get what they want done easier.

Omar actually brought up good points of who we are allowing to control the narrative, and how that can affect what the perceived problem is.

"But we never really allow space for the stories of Palestinians seeking safety and sanctuary to be uplifted," said Omar.

"And to me, it is the dehumanization and the silencing

The Moore you know



Donnie Moore

of a particular pain and suffering of people, should not be OK and normal."

She is talking from the perspective that we should be able to see both sides without having to pick a side or demonize one side.

She went on to talk about how she is facing calls of being anti-Semitic only because she is Muslim.

"And what I am fearful of is that because Rashida and I are Muslim, that a lot of Jewish colleagues, a lot of our Jewish constituents, a lot of our allies, go to thinking that everything we say about Israel, to be anti-Semitic, because we are Muslim," said Omar.

"And so to me, it is something that becomes designed to end the debate."

Her point here is very much been proven with the reaction of some of her fellow members of Congress about her comments.

To call the comments that she made to be anti-Semitic is very troubling because to say that any criticism of Israel is anti-Semitic is to try and stop critical thinking of how true peaceful resolution can come about in the region.

In response to her comments, the U.S. House of Representatives passed a resolution to condemn anti-Semitism, Islamophobia, racism and other forms of bigotry.

What House Democrats are doing to Omar is very dangerous, to call her anti-Semitic, for really just calling out how our current system of pay-to-play politics is bad. This truly shows how much of an issue it is.

As the party currently going after the president for colluding with Russia, it seems hypocritical of them to attack a member of their own party for saying that another country's role in our politics should be criticized.

What Omar said was not hateful nor was it anti-Semitic. It was a representative saying that we should be more critical on how things are done in Washington.

This was not a Pro-Israel or Anti-Israel debate. It was a possible conversation on how we should decide to make policy without the influence of other countries, but also being able to have the perspective to not dehumanize one group to help the other.

Donnie Moore is the Opinion Editor for the Thunderword.



THE STAFF

Everyday is pie day if you want it to be.

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WEEKLY SUDOKU

BY LINDA THISTLE

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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1. GENERAL KNOWLEDGE: What is the international word (NATO phonetic alphabet) for the letter "O"?
2. GEOGRAPHY: Which U.S. city lies further west: Los Angeles, California, or Reno, Nevada?
3. MUSIC: Which Latin rock band had a hit with the 1999 album *Supernatural*?
4. LITERATURE: Which 19th-century author wrote a book of short stories called *Twice-Told Tales*?
5. LANGUAGE: What does the phrase "fifth column" refer to?
6. ANATOMY: What part of the human body is referenced by the adjective "hepatic"?
7. U.S. PRESIDENTS: What

- was the name of President Bill Clinton's family cat?
8. NICKNAMES: Which West Coast city's nickname is "Emerald City"?
 9. ORGANIZATIONS: How many countries are members of Interpol, an international police organization?
 10. MOVIES: Who played the character "Iceman" in the 1986 movie *Top Gun*?

- Answers
1. Oscar
 2. Reno
 3. Santana
 4. Nathaniel Hawthorne
 5. A group of spies or traitors within your own defensive line
 6. The liver
 7. Socks
 8. Seattle
 9. 194
 10. Val Kilmer

Puzzle answers on Page 20

KING CROSSWORD

ACROSS

- 1 Hindu prince
- 5 Persian leader
- 9 Bigshot, for short
- 12 Verve
- 13 Horseback game
- 14 Tokyo's old name
- 15 Chamber of the heart
- 17 Born
- 18 Good-looking guy
- 19 Bandleader Xavier
- 21 Lucky roll of the dice
- 24 Arrived
- 25 Thing
- 26 Pots and pans

- and such
- 30 Chignon
- 31 Yours
- 32 Neither mate
- 33 Pavement
- 35 Cicatrix
- 36 Always
- 37 Swerves
- 38 "Monopoly" buy
- 40 Desert-like
- 42 Superlative ending
- 43 South American nation
- 48 Chicken — king

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- 49 Cupid's alias
- 50 Family
- 51 — and don'ts
- 52 Transmitted
- 53 TV award

DOWN

- 1 Cleric's address (Abbr.)
- 2 Brewery product
- 3 One of the Brady Bunch
- 4 Country song?
- 5 Rotate
- 6 Pawn
- 7 Every last bit
- 8 Cornmeal creation
- 9 With a — (forcefully)
- 10 Concept
- 11 Bard
- 16 Scoot
- 20 Coal diggers' org.
- 21 Bro and sis
- 22 Needle case
- 23 Feuds
- 24 Hit on the head
- 26 Burn something
- 27 Lubricant

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For the week of March 18



ARIES (March 21 to April 19) Take time from your busy schedule to check out what's going on around you. You might find that someone has been secretly trying to pull the wool over those beautiful Sheep's eyes.

TAURUS (April 20 to May 20) Once again, the Bovine's boldness pays off in uncovering the source of a disturbing workplace situation. Your personal life calls for patience, as a certain matter plays itself out.

GEMINI (May 21 to June 20) Forget about going all out to impress someone in your personal life. Just being yourself is all that matters. A workplace decision will need more time. Don't rush into it.

CANCER (June 21 to July 22) Some super sensitive Crabs might take offense at what they perceive as a slight. But a closer look points to a simple misunderstanding. The weekend holds a welcome surprise.

LEO (July 23 to Aug. 22) Sure, you can roar your head off over someone's failure to

keep a promise. But the wiser course would be to ask why it happened. Be prepared for an answer that might well surprise you.

VIRGO (Aug. 23 to Sept. 22) A developing relationship needs time to find its direction. So please be patient and resist pushing things along. A recently cooled-down workplace situation could heat up again.

LIBRA (Sept. 23 to Oct. 22) Congratulations. Your well-thought-out proposal seems to be working. Someone who hasn't agreed with you on most things in the past could turn out to be one of your major supporters.

SCORPIO (Oct. 23 to Nov. 21) Things seem to be going well. However, you can still expect criticism -- some of it pretty heavy. But as long as you can back up your position, you'll be able to rise above it.

SAGITTARIUS (Nov. 22

to Dec. 21) Getting together with people who care for you is a great way to get that ego boost you might feel you need at this time. Things start to look brighter by week's end.

CAPRICORN (Dec. 22 to Jan. 19) You should be able to continue with your plans once you get past those temporary delays. Surprise, surprise. An offer to help comes from a most unlikely source.

AQUARIUS (Jan. 20 to Feb. 18) Prioritizing your tasks is important this week because of all those demands you have to deal with. The pressure eases in time for you to enjoy the weekend.

PISCES (Feb. 19 to March 20) Save your energy and stay focused on what has to be done, despite all those distractions you're likely to face. You should see some evidence of real progress by week's end.

BORN THIS WEEK: You are a generous, giving person who is always ready, willing and more than able to help others in need.

2019 King Features

GO FIGURE BY LINDA THISTLE

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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Celebrate with authentic Irish potatoes

The people of Ireland embraced the potato around 1780. The crop rapidly became the primary source of food for most of the population.

Potatoes are nourishing and filling, and contain most of the vitamins needed for our daily diet.

The crop also is a popular food source around the world because it requires only an acre of land and will grow under almost any conditions.

An Irish potato is waxy, which makes it hold its shape when boiled, a common cooking technique in Ireland.

The potatoes also are delicious when fried, roasted or broiled. The waxy texture of the potato makes it gluey and dense when mashed, so select another variety, like a Russet potato, for this purpose.

An Irish potato is covered with an off-white or cream-colored skin and its flesh is a creamy white. Black flecks or marks often mottle the flesh of the potato but have no impact on the flavor.

In the 1840s, a disease caused by a fungus infested potato crops throughout Europe, causing a devastating famine in Ireland.

This time period is called the Great Famine or “Gorta Mor” meaning “the great hunger.” Mass emigration coupled with widespread deaths from starvation caused the Irish population to drop by as much as 25 percent.

By 1850, the Irish made up a quarter of the population in



Boston, New York City, Philadelphia and Baltimore.

After years of hardship and suffering in Ireland, Alexandre Millardet, a French botanist, discovered an effective fungicide to combat the potato blight in 1883. Today, potatoes are the world’s fourth-largest food crop, following rice, wheat and maize.

Irish potatoes are perfect for any meal. An old prayer celebrates the tubers as follows:

“Potatoes served at breakfast, at dinner served again; potatoes served at supper, forever and Amen.”

Here’s a great recipe for Irish Potato Casserole that’s perfect for breakfast, dinner or supper, forever and Amen.

IRISH POTATO CASSEROLE

1 1/2 pounds (4 to 5 medium) Irish potatoes, peeled and diced

2 teaspoons salt

4 tablespoons butter, plus 1 teaspoon for greasing casserole dish

1/4 cup dried breadcrumbs

2 tablespoons flour

1 1/2 teaspoons black pepper

1/2 teaspoon nutmeg



Depositphotos

Potatoes are nourishing and filling, and contain most of the vitamins needed for our daily diet.

- 2 cups milk
- 2 hard-boiled eggs, peeled and sliced
- 1/2 small onion, finely diced

1. Heat oven to 350 F. Place potatoes in a large saucepan and cover them with cold water. Add a teaspoon of salt and bring potatoes to a boil. Reduce heat to low. Cook for 20 minutes or until potatoes are tender when a fork is inserted in the center. Carefully drain off water and set potatoes aside.
2. In a medium saucepan over medium-high heat, melt the butter. Place breadcrumbs in a small bowl. Add two tablespoons of the melted butter to

- the breadcrumbs; mix well and set aside. Reserve the rest of the butter in the saucepan.
3. Stir in flour, 1/2 teaspoon salt, 1 teaspoon pepper and the nutmeg into the butter in the saucepan. Cook until mixture starts to bubble around the edges, about 2 to 3 minutes. Add milk, a little at a time, stirring well after each addition. Cook, stirring constantly, until the sauce thickens, about 2 to 3 minutes.
4. Use the remaining teaspoon of butter to grease a 1 1/2 quart casserole dish. Combine potatoes, hard-boiled eggs, onion and remaining salt and pepper in the casserole dish. Add sauce and gently mix the ingredients to-

- gether until well-combined.
5. Sprinkle buttered breadcrumbs over the casserole. Bake for 30 minutes or until bubbly around the edges and the breadcrumbs are brown. Serve immediately. Makes 4 servings.
- Angela Shelf Medearis is an award-winning children’s author, culinary historian and the author of seven cookbooks. Her new cookbook is The Kitchen Diva’s Diabetic Cookbook. Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook.

2019 King Features

Enjoy chicken dinner the Irish way before drinking Jameson

Here’s a tasty alternative to Corned Beef and Cabbage on St. Patrick’s Day.

Irish Chicken Dinner

1 small (about 2 pounds) head green cabbage

1 large onion

1 (8-ounce) bag carrots

2 small (about 1/2 pound) turnips

1 cup loosely packed spinach leaves

1 (3 1/2-pound) broiler-fryer, cut up chicken

1 tablespoon salad oil

1 tablespoon beef-flavor instant bouillon

10 black peppercorns

3 whole cloves

1 large bay leaf

5 radishes with leaves, for garnish

GOOD HOUSEKEEPING

1. Cut cabbage and onion each into 5 wedges. Cut carrots into 2 1/2-inch pieces. Peel and cut turnips into 1-inch wedges. Cut spinach leaves into 1/4-inch-wide strips.

2. Remove skin and fat from all chicken pieces except wings; cut each chicken breast in half.

3. In 8-quart Dutch oven over medium-high heat, in 1 tablespoon hot salad oil, cook cabbage and onion wedges until lightly browned.

4. Add chicken pieces, carrots, turnips, beef bouillon, pep-

- percorns, cloves, bay leaf and 2 cups water; over high heat, heat to boiling. Reduce heat to low; cover and simmer 40 minutes, gently stirring occasionally until chicken and vegetables are tender.
5. Divide chicken and vegetables among 5 large soup bowls; top with spinach strips. Into medium bowl, pour cooking broth through sieve to discard spices and bay leaf. Spoon broth over chicken and vegetables in soup bowls. Garnish each serving with a radish if you like. Serves 5.
- * Each serving: About 275 calories, 8g total fat, 96mg cholesterol, 700mg sodium.
- 2019 Hearst Communications

Salivate over cheesy veggies

You won’t have to force yourself to eat enough vegetables when this easy dish is on the menu.

Italian Carrots and Celery Au Gratin

3 cups sliced fresh or frozen carrots

1 1/2 cups sliced celery

2 cups water

1 (10 3/4-ounce) can reduced-fat cream of celery soup

1 (2.5-ounce) jar sliced mushrooms, drained

1 teaspoon dried parsley flakes

1 cup shredded reduced-fat mozzarella cheese

6 tablespoons dried fine breadcrumbs

2 tablespoons fat-free Italian dressing

1. Heat oven to 350 F. Spray an 8-by-8-inch baking dish with olive oil-flavored cooking spray. In medium saucepan,

COMFORT FOODS

BY HEALTHY EXCHANGES

combine carrots, celery and water. Cook over medium heat for 20 minutes or until vegetables are just tender. Drain vegetables, then return vegetables to saucepan.

2. Add celery soup, mushrooms, parsley flakes and mozzarella cheese. Mix well to combine. Pour mixture into prepared baking dish. In a small bowl, combine breadcrumbs and Italian dressing. Sprinkle crumb mixture evenly over top.

3. Bake for 25 to 30 minutes. Place baking dish on a wire rack and let set for 5 minutes. Divide into 6 servings.

2019 King Features

Natural disasters shake up Science Seminar

By Carlos Carrillo-Sandoval
Staff Reporter

Many of the buildings at Highline would collapse during an earthquake, a geology professor told last week's Science Seminar audience.

Dr. Eric Baer presented about How Do Buildings Fail? And What Can We Do About it? at last week's seminar. Science Seminar is a weekly set of presentations about science-related topics presented by faculty, local scientists, and students.

Dr. Baer said that many of the buildings on campus can collapse due to them being tilt up buildings.

"Tilt up buildings are so nice and cheap to make," he said.

For a tilt up building, it is created by pouring concrete into molds, a crane then tilts up the wall and finally a big heavy roof is placed on top to keep the walls up.

"But, as you can imagine, if you hit that from the side at all it's going to collapse," Dr. Baer said.

The effect is called shear forces.

"And that nice heavy roof



'The chances of you dying in an earthquake from a building falling on you are so small.'

— Dr. Eric Baer

will come down," he said.

"If these buildings collapse, it's all over."

Dr. Baer explained the main causes of death during an earthquake.

In the last hundred years, almost all of the fatalities from an earthquake were actually due to tsunamis that were generated by earthquakes. A tsunami is a big tall sea wave.

"[In the] Long Beach, [California earthquake], we did have some fatalities from buildings falling. But, many of them were actually from people running out of buildings and having stuff fall on them outside of the

building," Dr. Baer said.

"If they would have stayed inside the building, they would have survived. The chances of you dying in an earthquake from a building falling on you are so small," Dr. Baer said.

"In the U.S. building collapses are not something to worry about," he said.

Dr. Baer then explained the types of buildings that are dangerous during an earthquake.

"There are a few buildings that are particularly problematic. One is what are called unreinforced masonry buildings," he said.

These are usually old and

historic buildings.

"These are made out of brick or stone, where the floors and the walls are not necessarily connected," Dr. Baer said.

"They can be retrofitted, but often they are not," he said.

The Des Moines Theater on Marine View Drive is an example of one these buildings.

"The problem with buildings made out of brick and stone is that they are heavy," Dr. Baer said. "When they fall they tend to cause a lot of injuries."

Another problem are façade collapses.

"This is why you never want to run out of a building in an

earthquake," Dr. Baer said. "People who build buildings are often cheap about it. So, what they'll do is build a really cheap building [and] then they'll put a really nice fancy brick front on it."

"Unfortunately, during an earthquake this front can peel off and come crashing down," he said.

Soft stories are also a problematic building type.

"The storey that needs the most strength is the bottom floor," Dr. Baer said.

It has to hold everything above it, he said.

"The problem is that often the first floor, we actually want the least amount of support as possible. Because we want to put things like parking garages, groceries stores, [or] lobbies," Dr. Baer said.

This causes for a building to not have the support it needs, he said.

"Then bottom floor is the weakest floor when it needs to be the strongest floor," he said.

Dr. Baer's presentation was the final presentation of the Winter Quarter series. The Spring Quarter series will begin on Friday, April 12.

MaST Center to whale-come new sign on pier

By Grace Kuhnly
Staff Reporter

Highline's Marine Science and Technology Center at Redondo is partnering with Whale Trail to inform people about marine mammals that live in the Puget Sound.

Whale Trail is a non-profit organization that strives to educate people about marine life such as dolphins, orcas, whales, and other aquatic mammals. The Whale Trail posts signage at a series of locations where you can see whales, dolphins, or other marine mammals from shore.

The Redondo site will be the latest in the more than 100 up and down the West Coast, including British Columbia. They are often placed near educational sites such as the MaST Center.

As part of its role, the MaST Center will post a sign at the Redondo Fishing Pier plaza and have information at the Center about where to see marine mammals and how to safely observe them.

The sign should be posted by the end of Spring Quarter and will refer to marine mammals that can specifically be viewed on Poverty Bay, said MaST Center Manager Rus Higley.

The center is a marine biolo-



National Oceanic and Atmospheric Administration
A southern resident Orca whale flicks its tail in the air. New signage will show where they can be viewed.

gy facility that houses an aquarium that is open to the public each Saturday.

Other Whale Trail sites in the area are at Point Robinson, directly across Poverty Bay from the MaST Center and at Point Defiance in Tacoma. Each sign is specific for the site. For example, the mammals visible at Redondo are different than the species that can be seen at Point Robinson.

"You can see humpback whales at Point Robinson, but we only get grays (whales) at Redondo, Higley said.

In particular, one of its main goals is to encourage people to do more whale

watching from shore, instead of up-close whale watching from boats.

Whale Trail identifies local areas where whales and other marine life can be seen and observed without interfering with their lifestyles. In these areas, you can watch whales from the shore, instead of being on a boat up close to the whales.

One of these areas that you can observe whales from shore is at Redondo.

There are varying opinions about when it is OK to do up-close whale watching, said Woody Moses, a biology professor at Highline.

"Some people say never. Some people say it's not a big deal as long as you stay a certain distance away," he said.

Higley, agrees with Moses. "Whale watching that doesn't negatively affect the whales" would be better for the whale's lifestyle, he said.

If people really want to help the orcas, then it would be best to stop all whale watching from boats, Moses said.

"If they are in danger, if we know that they are struggling, then I don't see why we still let people go whale watching," he said.

This is not the only threat to whales and their lifestyle.

"There's [the] lack of food, there's pollution, there's ships creating noise, ships blocking their [the orcas] normal path," Moses said. These are all things that affect the orcas negatively.

"We also do military testing in the area, which creates a lot of noise. It's very destructive," he said.

In the Northwest, whales have been given a big cultural significance, Moses said.

"Why have we done that? Some people would say it's like penance for environmental destructions in the past and hunting of whales," he said.

In society, whales are now looked at as special organisms, Moses said.

"We've sort of deified whales we've turned them into gods. So we've given them this extreme cultural significance," he said.

Because of how society values whales, no one wants them to be in danger, Moses said.

But, the lifestyle that people have is very harmful to the whales and messes up the lifestyle they need to have to survive, he said.

"We know that the externalities of our economy are impacting them," Moses said.

People need to decide what they want to change to help the whales, he said.

Battling pianists duke it out in Kent

By McKenzie Loiselle
Staff Reporter

Two pianists unable to work together found a solution on how to reconcile their different styles: They fight it out on stage.

Kent hosts the two internationally accomplished pianists of Piano Battle next month, part of the Kent Spotlight Series.

Piano Battle invites the audience to choose pieces for Andreas Kern and Paul Cibis to perform. Audience members also have the ability to choose the winner of the battle.

German pianists Kern and Cibis created Piano Battle once they realized that they could not play together.

They were both invited to the Hong Kong City Festival to perform. They were con-



Mathias Bothor

Pianist Andreas Kern performs against Paul Cibis.

tacted by the German Consulate, but they hardly knew each

other, said Andreas Kern. "We met up in Berlin, re-

hearsed some Beethoven and found out very quick that we won't play together," Kern said.

Once they discovered their personalities and styles didn't mix, they came up with the Piano Battle.

"We came up with the idea, 'Why don't we ask the audience whom they want to play?'" Kern said.

They debuted the battle at the Hong Kong Festival.

"It was a huge success and the festival invited us back one year later," he said.

From then on the pair has toured the world with their Piano Battle throughout Asia, Europe, and America.

"Traveling around the world is one of the nice things of the Piano Battle," Kern said.

Kern and Cibis are able to reach a large audience with

their battle and offer a personalized experience with their show.

"I am thankful that we achieve having people in the audience which normally would not go to a classical concert," Kern said.

Kern also looks forward to the Kent show.

"I am looking forward to win the audience's hearts by some nice Schubert," he said.

The Piano Battle arrives in Kent on April 5 at 7:30 p.m. Kern and Cibis will perform at the Kent-Meridian Performing Arts Center.

Ticket prices vary, \$28 for general, \$25 for seniors and \$15 for youth.

The address for the Kent-Meridian Performing Arts Center is 10020 SE 256th St., Kent.

Tickets can be purchased at app.arts-people.com.

Theater: Spring brings new shows

By McKenzie Loiselle
Staff Reporter

A 60-year-old play has a story and message pertinent to today.

Written by Reginald Rose in 1954, *Twelve Angry Men* is a classic play that centers around 12 jurors who must decide if a 19-year-old Puerto Rican man is guilty of murdering his father.

"It's important today because it deals with racism and stereotypes," said Director Bill Huls.

Huls chose to do the play because of its significance.

"I try to do a show every year that deals with true life and the challenges of choice and life" said Huls.

"I chose this play because it's actually a well-done story. It's not done very often," he added.

Huls wanted to direct the original play and not one of the variations like *Twelve Angry Men and Women*.

"I wanted to set it in 1954. I was very adamant to do it the original way," he said.

This play offered several challenges to Huls.

"One of the challenges I saw was finding 12 men that I thought worked well together," he said.

Another challenge is the blocking, how the characters move, in the play, said Huls.

"I have been working on the play for eight months and we started rehearsal a week ago," he said.

Huls also has hopes for the audience once they watch the play.

"I hope that they're entertained and come away with a 'do' energy about change in life," he said.

The show will play at the Renton Civic Theatre from April 5 to 20 with 10 shows. Tickets are \$21 for seniors and \$26 for adults and can be purchased at <https://bit.ly/2HsIDGG>.

Burien Actors Theatre and Federal Way's CenterStage are offering spring productions as well.

Burien Actors Theatre will have their Playwrights Festival show from April 26 to May 19. The show will feature award-winning works from Washington playwrights.

Friday and Saturday shows will be at 7:30 p.m. and Sunday matinees at 2 p.m.

Tickets for seniors, adult and students are \$12 and are available at <https://v6.click4tix.com/events.php>.

CenterStage puts on a production of *You're a Good Man, Charlie Brown* at the Knutzen Family Theatre on March 22 and runs till April 14 with 12 shows. The performance features Charles M. Schultz's Peanuts characters reminding the audience what life is all about.

Tickets are available at for adults are \$29, \$25 for seniors and military, \$15 for students and \$12 for youth.

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STATE OF THE GAME

Developers under-deliver, players over-expect

The miscommunication between developers, publishers, and their fan base is making a year filled with good games feel less fulfilling.

This last year games like *God of War*, *Spiderman*, *Red Dead Redemption 2*, and *Monster Hunter World* came out and have seen some success.

But for every success, there are absolute failures. These come down to a few issues. First, developers are so far removed from their fans they don't know what to give them or even care to listen.

Second, the fans' immediate uproar over new games not being 100 percent has led to some nasty comments.

One of the biggest top-tier games that fell harder than anyone expected was *Fallout 76*. The game was first introduced at E3 2018. Game developer Bethesda's Todd Howard came out for the announcement which turned out to be more hype than information.

Fans of the series had a few questions about the game, Will it still feature the amazing stories the franchise is used to seeing? How will a multiplayer version impact the game as a whole?

The answers to these questions were disappointing to most hardcore fans. *Fallout 76* was going to be a primarily online game, meaning fans would have no other option but to have their console connected to the internet all the time.

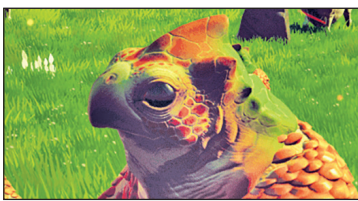
Soon after news came in that the game would only be populated with robots or enemies instead of non-playable characters for the players to interact with.

Many fans believed this would take away from the *Fallout 76*'s story building while also making the world feel empty.

When the *Fallout 76* beta test finally arrived, in the PC version, the game wouldn't open and would instead delete itself. *Fallout 76*'s beta test had lag issues and would often kick players out of the servers. The lack of storytelling was apparent and fans' fears seemed to be on target.

Just like any beta test, issues were bound to appear, but with this game, but it felt like *Fallout 76* was not even close to full release.

When the game finally released a few weeks later, some of the issues such as carrying capacity and base building were still unresolved. On top of this the game still faced periodic



Having women characters caused some *Battlefield V*, top right, fans' heads to explode. *Destiny*, bottom right, frustrated players with short game-play and extra costs. *Fallout 76*, bottom left, is still reeling from the fallout. *Battlefront 2*, top left, and *No Man's Sky*, center, recovered after rocky launches.

crashes, but most of all the fans felt there was no real story.

What made this worse was the reaction from the studio, telling players there is a story but you have to go find it.

This however does not mean *Fallout 76* will fail. Developer Hello Games dealt with some of the same issues with their *No Man's Sky* release.

They promised the game would be a great experience for players, but it ultimately fell short. But they did not give up and listened to their fans, now the game is a Cinderella story that should be a blueprint for others.

When large companies like Bethesda put out product, players expect a full game, not one that releases slowly over time.

This has become an increasingly frustrating trend, with developers only putting out part of a full game and releasing the rest as download content for more money later.

With game prices already high as it is, players feel ripped off when games like Bungie's *Destiny* release most of the game as download content.

This new way of creating games is fairly recent, with major developers and publishers trying to milk the most from the fans. When Bungie released the *Destiny* franchise, fans grew increasingly frustrated with the few hours of gameplay in the initial launch. What made matters worse was that just a few months later they released con-

tent players had to pay for.

Fans felt the game was not complete when it was launched. The DLC price tags didn't help, with an average price of \$20 for most and \$40 for the Taken King DLC.

One other issue that plagues the video game industry is the lack of communication between fans and developers. In one of the rockiest starts to a game before its subsequent crash and burn, EA and Dice's *Star Wars Battlefront 2* was packed with controversy before the release.

Some of the issues came from developers, but a lot came from fans blowing things out of proportion while spreading bad information. Even after the issues were addressed fans still held out about the game being messed.

The game had the dreaded loot box system, which players felt was a pay-to-win system, allowing players to buy a box containing digital goods to help improve them. This is a lot like betting, with no guarantee to receive top tier items.

To fans, *Battlefront 2* felt like the same game as *Battlefront*, with the developer even using the same maps and characters for the most part. The game had new additions in the form of characters and maps, but still felt like just a remastered version of the original.

The response fans got on the forums was less than stellar, with few

good answers for any question.

When developers did respond, it was usually met with more fierce criticism. All of this led to EA losing roughly \$3 billion in stock value in the short time the game was released.

But, as with *No Man's Sky*, this game has changed since release with a new community director and more content being added more rapidly. These changes have led to the game getting a new resurgence of players returning.

Then there is the Blizzard. The company just plain up missed the mark with their announcement at this year's Blizzcon. The developer hyped up a big announcement for the event but when the lights were bright they dropped a dead fish on fans.

Instead of a new *Diablo* for the computer or any other console, they talked about how they were going to release 2012's *Diablo 3* for the Switch and a *Diablo* mobile game.

Fans at the event were silent as they tried to figure out why the game company went this route, with even some fans asking during the Q and A session if this was a joke.

Then *Battlefield 5* come out to a bit of a shaky start, not due to bugs but due to a change in direction in playable characters. The franchise was always focused on getting everything historically accurate. This wrongfully made a big group of

fans shout online about women not serving in WWII, which has been proven wrong since.

Adding fuel to the fire was the response from EA, "If they don't like it they don't need to buy it," tweeted Oskar Gabrielson, CEO of EA Dice.

"First, let me be clear about one thing. Player choice and female playable characters are here to stay," tweeted Gabrielson.

This was both a good response and a bad one as long-time fans felt written off by EA.

The fans were upset over things changing and the media coverage calling them "keyboard warriors," "ignoramuses," and "misogynist." This, of course, led to more fan outrage with the game seeing a significant fall in sales with only about seven million copies moving by the end of the year.

One of the most difficult parts of gaming as of late is also the fans. As passionate as they are they at times overreact or take things too far, with some fans going so far as to threaten the developers on social media or by email.

This can never be the answer to any type of anger over any media. The same goes for immediately downplaying a simple criticism of your viewpoints. In order for the gaming industry to grow, the community needs to stay level-headed.

Just because you spent money on previous titles that doesn't make you a shareholder for that company. Developers also need to remember that while aiming more diverse or new players there should be some amount of loyalty to their initial fan base. Along with this, there should be transparency with their plans for the games in the future.

It seems that once people figured out how to make money from games both developing and playing things got more out of hand. But we should remember why we started playing in the beginning.

Playing games was about visiting far off lands or pretending to be something you otherwise couldn't. Developers will make mistakes. Bad games will come out; that does not mean they deserve to be review bombed or treated like puppets to do the player's bidding.

As the gaming community as a whole continues to grow and become more mainstream, developers will have to make games for the new players, be mindful of these games, and developers should not forget where they got their start.

The state of gaming is moving in exciting new places and franchises are getting some great new content, so for every flop, there are great games we should focus on, not just the bad ones.



‘The Woman in Black’ will haunt audiences

The Woman in Black lives up to its spine-tingling reputation, bringing a chilling story to life.

The first national tour of *The Woman in Black* has arrived at the Seattle Repertory Theater, running through March 24.

The play follows Arthur Kipps, an aging and nervous lawyer, who hires a young actor to help share his long hidden story. To tell this story, the actor assumes the role of Kipps, portraying the man’s earlier experiences. Kipps then portrays every other character that he met in his adventures. By helping tell Kipps’ story, both men learn the warning of spirits of Kipps’ past.

The Woman in Black, although written like a classic penny dreadful, is based on Susan Hill’s gothic-style novel, which wasn’t published until 1983. Adapted by Stephan Mallatrat in 1987 and first performed in 1988, the play has been a fixture of London’s West End for 30 years. In this first American tour, the show has been reimagined once again under director Robin Herford.

Since the play is written in the style of a gothic novel, it falls into many of the cliché plot points: the ghost story takes place in a remote village where everyone knows about the spirits but refuses to talk about them; Kipps is sent to live in an empty estate, complete with family graveyard; and Kipps keeps hearing



Roger Mastroianni
 Actors Bradley Armacost (left) and Adam Wesley Brown perform *The Woman in Black*.



things move in the night. If someone has been told a ghost story before, they will probably recognize parts of it in this play.

But while it leans on classic story elements, there are still a couple of unexpected scares. For those who jump

easily, this show lives up to its spooky reputation, so please leave the kids at home.

In this tour, Kipps is performed by Bradley Armacost and the Actor is played by Adam Wesley Brown. Both actors are based in Chicago and have extensive experience with Shakespearean works, which shows in their performances, as the play includes several extended monologues.

The performers also bring moments of light humor to the dark story, giving audiences a moment to laugh be-

fore sweeping them back into suspense.

But bedside the performances, the real stars of this production are Michael Holt’s set design, Kevin Sleep’s lighting, and Rod Mead and Gareth Owen’s sound design.

While the set was made of simple objects – a ripped and dirty scrim, two chairs, a large wicker basket, and some assorted furniture – these items become an entire world, including a train, a graveyard, a nursery, and multiple offices.

Part of this transformation is due to the clear shifts in lighting and soundscape, indicating where the scene is set, as well as helping to build suspense. The lighting and sound shifts also indicate whether the scene is taking place between Kipps and the actor, or in Kipps’ story.

Overall, *The Woman in Black* is a straightforward play and an easy watch, although sometimes predictable. But while the script has its issues and is a bit overdone, this production and staging make this simple story much more interesting, from the performances to the design.

The Woman in Black haunts Seattle until March 24, so grab a date and enjoy a night out.

Tickets start at \$17 and range up to \$82. Discounts are available to students, seniors, and veterans, but all discounted tickets must be verified and picked up at will call. Box office is open every day from noon to 7:30 p.m.

Evening performances of *The Woman in Black* begin at 7:30 p.m. and afternoon matinees begin at 2 p.m. Since parking near Seattle Center can be messy, be sure to arrive early to performances.

The address for the Seattle Repertory Theater is 155 Mercer St., Seattle.

For more information and to purchase tickets, visit <https://www.seattlerep.org/Buy/Tickets/Production/6798> or call the Seattle Repertory box office at 206-443-2222.

Local symphony performs romantic chamber pieces

The Auburn Symphony Orchestra hopes to bring the audience on a romantic journey with soaring melodies.

The orchestra will perform Romantic Brothers on March 31 at the St. Matthew Episcopal Church.

The program includes Mendelssohn’s String Quartet with Canzonetta and Brahms’ String Sextet. Both pieces, though perhaps not recognizable by name, are very popular in TV and movies.

Romantic Brothers is part of Auburn Symphony Orchestra’s Chamber series.

The performance features six performers. Violinists Emilie Choi and Ingrid Fredrickson, violists Joyce Ramee and Mike Watson, and cellists Brian Wharton and Andrea Chandler will perform. Many of these performers are founding members of the Auburn Symphony Orchestra.

Fredrickson, Choi, Chandler, and Ramee also perform with the Pacific Northwest Ballet

Orchestra, where Choi is the current assistant concertmaster.

All six of these performers also work as music instructors, tutors, and professors at institutions around western Washington.

Romantic Brothers will be

performed March 31 at 4 p.m.

Tickets are \$20 for adults and \$10 for students.

For more information and

for tickets, visit the Auburn Symphony Orchestra’s website at AuburnSymphony.org, or call the box office at 253-887-7777.

ELECT

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T-Birds fall to Peninsula in Sweet 16

By Calvin Domingo
Staff Reporter

EVERETT – The No. 4 seed Lady T-Birds were defeated at the hands of No. 1 seed Peninsula in the Sweet 16 of the Northwest Atlantic Conference playoffs this past weekend.

However, Peninsula fell in the Elite Eight to the No. 2 seed of the East Division, Wenatchee Valley.

Wenatchee Valley will take on Lane, while Umpqua and Big Bend round out the Final Four for the women’s bracket.

As for the men’s side of the bracket, the reigning defending NWAC champion North Idaho will clash against the Lane Titans, while Spokane and Walla Walla will also battle with a spot in the championship round on the line.

The Final Four commences this Saturday, March 16 at Everett Community College.

Meanwhile, on Saturday, March 9 at Everett Community College, the Highline women’s basketball team fell to the Peninsula Pirates in the opening round of the NWAC tournament, 53-40.

Before the game, Highline Head Coach Daimen Crump downplayed their status as underdogs.

“It doesn’t matter who you are, we [got to] come ready to play. They wear uniforms just like we do. Don’t worry about the numbers of seeding because anything can happen,” Coach Crump said.

Highline opened the game on a 6-minute scoring drought.

Sophomore guard Kanani Kremers put an end to the drought with just over 2 minutes remaining.

They would go on to shoot 1 for 19 the remainder of the quarter, where they created themselves a 16-2 hole by the time the quarter ended.

By intermission, the Lady ‘Birds found themselves down, 23-9.

While the T-Birds only managed to score 7 points in the third quarter, sophomore guard Kami Jackson hit the first three of the game for Highline with just under 3 minutes to go.

That three-pointer served as a spark for the ensuing quarter.

“Definitely relieving, seeing that [three] go in. My shots were really off, so see-



Highline Head Coach Daimen Crump directs a huddle in the midst of a timeout in the Sweet 16 match-up with Peninsula.



Peninsula's Leilani Padilla drives past Highline's Braeanna Estabillo

ing one go in was like yes, finally. At that point, I was like we can still come back and I think my team followed behind me,” Jackson said.

Down by as much as 25 points entering the fourth quarter, the T-Birds’ promising run to the postseason looked as if it were about to come to an abrupt end.

If not for a 22-7 run late in the final quarter, to cut the deficit to within nine, the score would have been a lot more lopsided.

“When we got within nine, I was thinking, man we can still win this. [In the end], it didn’t go our way,” Jackson said.

“It took them awhile to realize that they could [compete] and play against [this level of competition],” Coach Crump said.

Kremers’ 12 points (4-10 from the field, 3-3 from the

free-throw line) led Highline. Guard Sunshine Vicente led

Peninsula with 15 points (4-10 from the field, 6-8 from the free-throw line). She also chipped in 8 rebounds and 3 assists.

Vicente’s aggressive play on offense was perfect execution of Peninsula’s game plan, as Head Coach Allison Crumb was looking to attack Highline from inside the paint.

“We have to attack the basket. We have to move the ball, pull some of their [bigs] out of position because they’re bigger than we are. [We need] to get rebounds and push the ball in transition,” Coach Crumb said before the game.

The Lady Thunderbirds, who shoot 32.9 percent from the floor and 24.3 percent from three on the season, finished the game shooting 19.7 percent and 19.2 percent, respectively.

“I think we came out scared and not ready. We have a habit of waiting until the end to start playing how we should and that’s on us,” Jackson said about the team’s cold shooting night.

With two NWAC tournament appearances in his first two seasons coaching the basketball team at Highline, Head Coach Daimen Crump will look to make it three straight in three years next year.

Now, with the season officially over for the Lady T-Birds, they can set their sights on the future.

Sophomores Sharon Ajayi, Minami Ando, Aleyah Bennett, Nadia Demic, Mahie Kaawa, Kanani Kremers, Jazmina Lafitaga, and Kami Jackson will all be missed.

However, with an intriguing group of freshman that helped play a role in the team punching their ticket to the big dance in a competitive West Division, the future is bright.

Overall, for the season, Jackson would give it a B grade.

“I would give it a B-. Negatives: we lost a lot of games [that] we should’ve won. Positives: we managed to win important games and made it to the tournament. We were a very close team, so we always [have] our friendships to take away,” Jackson said.

Freshman guard Braeanna Estabillo wasn’t as generous, grading out the season by giving it a C.

“I would give it a C+ because we didn’t play to our full potential, but we still played hard [throughout the season],” Estabillo said.

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Softball wins one, loses three in Lacey

By Eddie Mabanglo
Staff Reporter

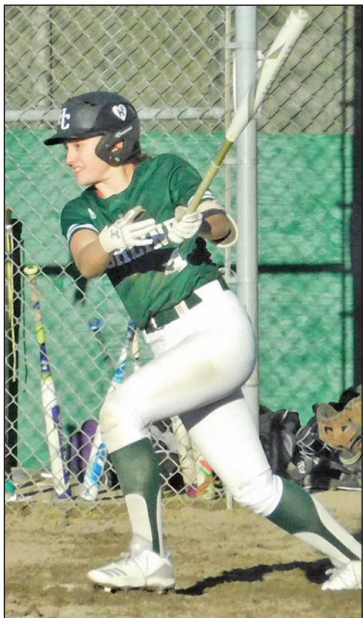
The Highline softball team was mercy-ruled twice in one day, then split the next two games for a 1-3 record over the weekend.

Highline’s season so far has been bizarre to say the least. Only half of the games at his point have been played to completion, with the other half coming to a screeching halt due to mercy-rule or lack of sufficient light.

In the March 8 match-up against Lower Columbia, Highline was on the receiving end of a one-hitter shutout. The single hit came from shortstop Shaily Moses in the top of the third inning.

Lower Columbia’s Trinity Naugle went all 5 innings on the mound before the game was called, ending the game with 11 strikeouts, one allowed hit, and one walk.

Highline pitcher Kalea Smith took the loss. She went the majority of the game, striking out four before being relieved in the bottom of the 5th inning by Soraya Seumalo.



Stephen Glover/THUNDERWORD
Sydney Wallstrum

With the exception of the shutout, Highline has not had a major issue with batting so far in the season. The Thunderbirds scored 20 runs in their first game, and 11 in their most recent win.

Smith said that a stronger defensive outing is all the team needs to start reeling in more wins.

“We just need to clean up our defense a little bit more and

then I think we will be solid,” Smith said. “Other than that, we have been doing very well with everything else.”

The March 8 game against Big Bend illustrates Smith’s point well. Offensively, Highline played a solid game.

Alyssa Avilla hit a homer, Denise Nagayama and Ashlyn Fleek earned some RBI’s as well.

Left-fielder Jordyn Judge and shortstop Shaily Moses were both able to draw walks from Big Bend pitchers Mayda Reflin and Bailey Christensen.

On the defensive end, however, five fielding errors, plus allowing 14 runs in the first two innings plagued Highline early on. The game ended in the 5th inning by mercy-rule, 21-3.

Highline’s starter was Sydney Wallstrum, who pitched for 2 innings before being replaced by Ashley Hendrickson.

Big Bend’s starter was Mayda Reflin, who pitched 4 innings before being replaced by Bailey Christensen.

Highline faced off against the Clark College Penguins the next

morning. The game ended 7-2.

Jordyn Judge and Ashlyn Fleek scored both of Highline’s runs, Judge brought home third-baseman Alexis Royal on a sacrifice fly.

Royal is currently tied with Bellevue’s Katie Noble on most successfully executed double-plays in the NWAC this season. She is also tied with nine other NWAC players for the most times hit-by-pitch (3 times in 15 at-bats).

Sydney Wallstrum was on the mound for Highline, going all 7 innings and recording 3 strike-outs.

Wallstrum’s biggest rival that day was Clark right-fielder Alexis Henderson, who went 2-4 with a homerun and 3 RBI’s. Wallstrum was able to strike her out twice.

Later that day, Highline played against the Wenatchee Valley Knights. The won the game 11-10. The official box score and stats have yet to be reported to the NWAC by either team.

So far, Highline is 3-3. Over

six games they have scored 30 runs, with a batting average of .288 and an on-base-percentage of .352. Slugging percentage is .402. At the plate, Highline shows no lack of offensive ability.

Highline will host the Douglas Royals today with the first game starting at 2 p.m. Saturday, the T-Birds will host Everett for a pair of games also starting at 2 p.m.

On March 22, the Yakima Valley Yaks will host the Thunderbirds for two games before Highline makes the trip to play at Shoreline College.

Highline returns home to play against the Olympic College Rangers on Friday March 29. First pitch is TBA.

Saturday, March 30, the Thunderbirds take on Edmonds on the road, first pitch is at noon. Wednesday, April 3, the Bellevue Bulldogs host Highline starting at 3 p.m.

On Saturday, April 6, Highline hosts Skagit Valley. The first game starts at noon. Highline will also host Pierce College on Tuesday, April 9. First game starts at 2 p.m.

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Golf team ready for Spring

By Calvin Domingo
Staff Reporter

The Highline women’s golf team will be looking to build off a promising season in the fall and bring that momentum into the spring season.

“We have high expectations for spring. We would like to use the fourth-place finish in a tournament last year as a spring board to good results this spring,” Head Coach Steve Turcotte said.

Sophomore Aleyah Bennett, who is coming off a Sweet 16 appearance in the Northwest Atlantic Conference Tournament with the women’s basketball team this past weekend, says that she expects the team to be very competitive.

“We should be really good this year. We all lift each other up to be better and work hard. We left off the fall season shooting very good scores [and] I expect to get those scores and [even] better ones this upcoming season,” Bennett said.

Bennett, a two-sport athlete for Highline, says that the biggest challenge in playing two sports at the college level is having to deal with various injuries and having to get accustomed to different muscle groups within the two sports.

“It is difficult on my body because of my injuries. Since I will be using different muscles in golf, I will have to get used to being sore for a few weeks as I transition,” Bennett said.

As for those who participated in the fall season, Highline is expecting the same players



From left: Reign Becker, Alyssa Metzger, Paige Mellum, Aleyah Bennett, Shylee McConnell and Jenna Muller

back for the upcoming spring season.

“We have the same players back: sophomores Jenna Muller and Alyssa Metzger, freshmen Shylee McConnell, Reign Becker, and Paige Mellum,” Coach Turcotte said.

Because golf is still relatively a new sport for Highline, recruiting hasn’t always been the easiest because it’s a lot harder to recruit when a program has yet to be established.

However, now that it’s been a few years since golf was introduced at Highline, Coach Turcotte said that it’s gotten easier to bring new players.

“We have signed two players for next fall. It is easier to recruit because we have an established program now, we can give prospective players information about what we have done and where we are going with the program,” the coach said.

With that being said, Highline is always looking for more players.

“[We] always want to carry a minimum of six players. More would be good too and that would make it a competition to get to those six spots for tournaments. In tournament scoring, the scoring is used by the top three golfers on each team,” Coach Turcotte said.

In the few years that Coach Turcotte has been coaching golf at Highline, he has already managed to learn a lot in such a short amount of time.

“In the years since we have started the program, I have learned that NWAC golf is good at both the men and women’s levels. There is plenty of individual talent and now we are getting into the category with the ladies we have playing and the ladies

we have coming in,” the coach said.

Coach Turcotte also mentioned that the ladies have been spending plenty of time putting in work for the upcoming season.

“The ladies have put in good work so far this spring-working on all facets of the game. A lot of time has [been] spent in the short game - they realize that there are many strokes to be gained with a good short game and putting,” Coach Turcotte said.

Bennett said that the key to success in golf is mindset.

“I think the best way to be successful in golf and in life is to practice mindfulness. [You] really [have] to listen and be aware of everything,” Bennett said.

The Highline women’s golf team will compete in the Columbia Basin Invitational from March 30-31.



Softball Standings

NORTH		
Team	League	Season
Douglas	0-0	10-1
Bellevue	0-0	11-2
Edmonds	0-0	7-2
Highline	0-0	3-3
Everett	0-0	3-3
Pierce	0-0	4-4
Skagit Valley	0-0	1-2
Olympic Shoreline	0-0	3-6
	0-0	1-4

EAST		
Team	League	Season
Big Bend	0-0	6-2
Columbia Basin	0-0	3-1
Walla Walla	0-0	5-3
North Idaho	0-0	2-4
Wenatchee Valley	0-0	11-3
Treasure Valley	0-0	2-7
Spokane	0-0	0-3
Yakima Valley	0-0	0-0
Blue Mountain	0-0	0-6

SOUTH		
Team	League	Season
Lower Columbia	0-0	6-2
Clackamas	0-0	8-5
Centrallia	0-0	4-3
Mt Hood	0-0	5-4
Clark	0-0	2-3

Individual Leaders

BATTING AVERAGE

Name	Team	AVG
B Andrews	Columbia Basin	.692
M Schorn	Clark	.647
L Lunt	Lower Columbia	.609
S Micky	Edmonds	.600
A Henderson	Clark	.579

RUNS BATTED IN

Name	Team	RBI
N Munson	Clackamas	28
K Hylton	Clackamas	27
T Dow	Bellevue	26
M Marino	Bellevue	17
N Boyd	Bellevue	17

EARNED RUN AVERAGE

Name	Team	ERA
C Robbins	Edmonds	1.05
E Tuffey	Olympic	1.45
J Podskalny	Douglas	1.85
M Mott	North Idaho	2.06
M Hourihane	Douglas	3.06

WINS

Name	Team	W
J Podskalny	Douglas	6
R Harris	Bellevue	5
M Pierce	Mt Hood	5
T Naugle	Lower Columbia	4

Cabrera out, tennis falls to Bellevue

By Eddie Mabanglo
Staff Reporter

The Highline tennis team, sans Miriam Cabrera, hosted the first-place Bellevue Bulldogs and their around-the-world roster last weekend, losing 6-3.

Cabrera was unable to compete due to an ankle injury.

“Miriam injured her ankle the day before,” Team Captain Danielle Mendoza said. “Swelling is slowing going down but she is still unable to walk without crutches.”

While the recovery timeline for Cabrera is unclear, the team believes that she will be back in active competition before the conclusion of the season.

“We don’t know when exactly, but for now she has been taking the necessary steps to treat it,” Mendoza said.

Because of her absence, the Thunderbirds had to default on



Kaylin Phan (center) and Nikelle Price (right) in No 2. doubles

a singles and doubles match.

In singles action, freshman Lexi Maison defeated Chen-Yu Tang 6-2, 6-3. Tang is from British Columbia, Canada.

Bellevue’s Dung Luong, of Ho Chi Minh City in Vietnam, defeated Highline team captain Danielle Mendoza 7-5, 7-5.

“[Defaulting on two matches] didn’t stop us mentally,” Mendoza said. “Each match we were all in it. We played our game,

but in the end came up short.”

Mendoza is optimistic about her teammates and their performance this season.

“Besides the upset I think it went a lot better than expected. Each match was intense and was very close,” Mendoza said.

“Each one of us players left the court with something to improve on, showing we are never content with our performance.”

Mikyla Olsen defeated Bel-

levue sophomore Anna Sneesby 6-2, 6-2. Bellevue sophomore Haylie Irving defeated Kaylin Phan 6-3, 6-4.

Sneesby and Irving, both sophomores, are Bellevue’s only players from the continental United States. Both are from Snohomish, Wash.

Bellevue’s Italian-born Ginevra Luger defeated Nikelle Price 6-4, 6-7(7-9), 7-6(7-3).

Bellevue’s Heather Lin received a default victory due to Cabrera’s absence. Lin is from the People’s Republic of China.

In doubles, Mendoza and Olsen beat Irving and Tang 8-5. Phan and Price were defeated by Sneesby and Lin 8-3. Bellevue won by default on the third match.

The Thunderbirds are back in action at home against Skagit Valley, March 16 at 8 a.m. Later in March they have three matches in California.

The art of the steal

Many students say they cheat, but not too often

By **Samantha Knight**
Staff Reporter

Not all students cheat a lot, but a lot of students cheat a little.

“Yeah I’ve cheated, but it was only once,” an anonymous student said.

“I was taking four classes my first quarter here thinking it wouldn’t be so bad. Things got so hectic towards the end of the quarter and I was falling behind in my health class, so I basically copied a whole essay I found online and turned it in as my own,” the student said.

The pressure to do well motivates some students to cheat, while others don’t care about learning the material.

“I didn’t care about the subject matter, so I cut some corners doing my homework just to get it done,” said another unnamed Highline student.

He said that he felt putting the time and energy into subjects he didn’t care as much about was a waste of his mental capacity.

Cheating can be perceived many different ways, such as, copying a friends’ homework, plagiarizing on an essay, or even looking over to your neighbor answers during an exam.

Highline’s code of conduct defines cheating as, “Any act of academic dishonesty including, but not limited to, cheating, plagiarism, fabrication, collusion or academic misconduct.”

This leaves students with plenty of methods to cut corners.

Whether they’re feeling the pressure, or are simply uninterested, more than half of college students admit to cheating during some point in their college careers.

According to the International Center for Academic Integrity, 36 percent of undergraduate students report paraphrasing/copying a few sentences from written sources without citation.

Fourteen percent admit to fabricating/falsifying a bibliography, while 7 percent admit to turning in work done by another.

According to the same source, more students cheat on their homework assignments than they do on a test.

Out of 71,300 students in the study, 39 percent admit to cheating on a test and 62 percent admit to cheating on their homework assignments.

The most common time professors see academic dis-



Samuel Hernandez/THUNDERWORD

honesty is at the end of the quarter, said Professor Sherri Chun, chair of Highline’s Business Division.

“Come the end of the quarter, students’ grades aren’t quite where they want them to be and they’re running out of time,” she said.

Students are more likely to cheat when they’re feeling under pressure, she said.

“Pressure from their competitive programs, pressure from financial aid, lack of time because they might be full-time students who have a full-time job and also have family,” Professor Chun said.

As the pressure builds, so does the temptation to cut corners, she said.

“It’s up to us to set a culture where students understand that it’s not good for them,” she said.

The classroom syllabus is a contract between student and professor, she said. It outlines course expectations and policies for academic dishonesty.

Professor Chun said that setting expectations is the first step to enforcing academic honesty.

She also mentioned a subscription service for instructors called Turn It In (turnitin.com), that students turn their work into and the site then checks the assignment to see if it matches up with any published works.

This helps students be aware that they need to do their own work, she said.

“We really rely on our students to be honest because the whole point of coming to school is to learn something, and I can’t give you feedback

on how you’re doing if you don’t give me honest work,” Professor Chun said.

While grading tech based assignments that use coding or Excel, she often runs into students who both made the same mistakes.

“It’s pretty obvious to an instructor [if someone cheated] when you’re grading their work and you see somebody’s work turned in that has exactly the same mistakes as somebody else’s,” she said.

The first thing she does is have a private conversation with a student who may have plagiarized, with the intention of getting to the bottom of what happened and why.

For the first offense, she will give a zero on the assignment and do a formal write up that goes on the student’s Highline academic record.

If caught displaying academic dishonesty twice in a quarter, that student will receive a zero for the whole class, Professor Chun said.

Instructors are responsible for making hard decisions when confronted with a case of academic dishonesty.

“It can be kind of difficult to know what to do,” said Diana Lee, a mathematics professor on campus.

For instructors, it’s all about figuring out what the core issue is and understanding people’s intent, she said.

“Cheating is considered OK in some countries,” Professor Lee said.

For ESL (English as a second language) students that come from different countries and cultures, academic dishonesty may be an unfamiliar

conduct for them, she said.

“There are some cultural differences. In some cultures, it’s much more accepted to work together,” Professor Chun said.

That’s why both Professor Lee and Professor Chun said they feel that communicating with the student and getting to the bottom of why the student cheated is such a crucial step in confronting the underlying issue.

There are actions professors take in to in order to establish an environment where cheating isn’t easy, Professor Lee said.

“You don’t want to make it easy for someone who ordinarily wouldn’t cheat to attempt to,” she said.

As an instructor, she said that she tries to create a space that invites students to do the work themselves.

Some mathematic instructors will go through and check student’s calculators for hidden formulas before an exam, getting rid of the temptation to cheat, she said.

“During an exam I will make every row a different version of the test,” Professor Lee said.

She said she does this to stop students’ wandering eyes – which happens a lot in math she added.

There is even an instructor on campus who has his students take a plagiarism quiz in the first week of the quarter, to set the expectations for academic dishonesty.

Professors Chun and Professor Lee both said they usually report at least one student for academic dishonesty

each quarter, but normally no more than that.

Some students admit to cheating in high school, but that they haven’t been inclined to take the risk since coming to college.

One unnamed student said “I feel like everyone has to indulge [in cheating] at one point.”

This student was caught plagiarizing once in high school and realized then that the risk wasn’t worth the ramifications.

“I’m not surprised at the end of the day that people do,” another anonymous student said. “But personally I feel like there can be a lot of bad consequences.”

This student said that she used to cheat in high school by getting answers for her math test from friends who had taken it already, but then she would teach herself how to actually get those answers to justify it.

When confronted with academic dishonesty, professors said it’s important to treat all students fairly and equally.

“As faculty we have to be fair to all students and it wouldn’t be fair if I enforced the consequences with one student and not another,” Professor Chun said.

Ultimately professors don’t want their students to cut corners.

They want to help them to learn the skills that will help them to be successful throughout their life.

“When you leave here,” Professor Lee said, “we want you to be able to do work on your own too.”

Students spring into job opportunities

By Jacob Getty
Staff Reporter

You may not have job experience, but, if you are willing to be trained, employers out there will hire you.

Highline’s Spring Job Fair on Wednesday brought 48 employers to campus, all looking for new hires.

Firms range from CampusPoint, which helps people get their first jobs, to Federal Way waterpark Wild Waves.

Employers said they weren’t necessarily looking for experience, just people who can show up and learn.

Wild Waves representatives say they’re looking for people who need job experience.

Wild Waves representative Kristen, who refused to give her last name, said that they expect to hire the same number of people as last year for their largely seasonal operation.

Wild Waves offers jobs to people who are willing to work as a part of a team of staff members in a variety of areas, such as life guards.

The ideal Wild Waves employee is someone who is accountable and shows up one time, Kristen said.

These types of jobs are best for someone who is looking for their first job, and will also look good on someone’s resume,



Stephen Glover/THUNDERWORD

Students meet with employers to find the best fit for them and their skills learned at Highline.

Kristen said.

Something Wild Waves looks for when hiring employees, is a sense of accountability, knowing that co-workers can count on them. Wild Waves is willing to train anyone who has these qualities, Kristen said.

Unlike Wild Waves, Famous Dave’s is expecting to hire more people this year.

Famous Dave’s, a chain of barbecue restaurants, is also looking for students who need experience.

Famous Dave’s expects more

people to be hired than this time last year, said Famous Dave’s representative Delon, who decline to give his last name.

Famous Dave’s expects to hire more people, because of the rise in online food delivery, Delon said.

Famous Dave’s is hiring people who have a well-rounded personality, and are passionate about the line of work that Famous Dave’s provides, which ranges from kitchen staff to food delivery, Delon said.

Advice that both Wild Wave’s and Famous Dave’s has for future employees, is to come to the interview with their on-line application finished, and prepared to answer questions related to their desired field of work, Delon said.

Also at Highline’s Spring Job Fair was CampusPoint, a free service that recruits for entry-level and early-career roles.

The types of clients that CampusPoint works with come from different backgrounds, and the more clients that work

with CampusPoint, the more they get to know them as a future employee, said CampusPoint representative Russell Turner Wilson.

CampusPoint expects more people, especially college students, to look to them for assistance in finding their first job, said Wilson.

Advice that CampusPoint has for people looking for their first job is to not be scared during the hiring process, and instead, “be confident,” said Wilson.

Highline hosts high school seniors from around the area

By Jacob Getty
Staff Reporter

Highline officials say they are hoping that high school seniors attend this month’s upcoming Senior Signing Day, and register for Fall Quarter of 2019.

Highline’s Senior Signing Day is for high school seniors who are looking for options, organizers say. The seventh annual Senior Signing Day is on Thursday, March 28, 9 a.m. to 1:30 p.m. on campus.

Some 300-plus high school seniors who are expected to attend will have a chance to engage in Highline programs and get a taste of college life, said Fawzi Belal, Highline’s associate director of Community Engagement and Institutional Advancement.

Highline’s goals include: getting students enthused about Highline and its programs; having them enrolled in for Fall Quarter 2019 by registering; and showing resources the college has available to support



High school students learn about Highline’s offerings at last year’s Senior Signing Day.

students in their endeavors, Belal said.

Senior Signing Day is for undecided seniors in the local area, who are not sure what steps to take, said Rashad Norris, director of Community Engagement and Outreach Services.

Senior Signing Day gives undecided and unsure seniors from local school districts an opportunity to explore an ed-

ucational path with Highline, and see the many programs and services that the college has to offer, Norris said.

Senior Signing Day is similar to high school athletes signing to the college of choice, Norris said.

When high school seniors attend this event, they have a chance to gain knowledge about the wide variety of programs that Highline has to of-

fer.

A large part of this event is devoted to professors educating high school seniors about different programs.

“In a speed dating-type setting, professors from different programs talk about their programs for 25 minutes, and then another professor talks for 25 minutes, and so on,” Norris said.

In the middle of the day, the

seniors will have lunch, and after, professors will continue talking about their programs.

This event also gives high school seniors a chance to visit resource tables where they can gain knowledge on pathways that fit their future endeavors.

Senior Signing Day also helps high school seniors realize that attending community colleges is a very viable option after graduating from high school.

High school students are brought up to think to themselves that if they are unable to attend a four-year college or university, they are considered dumb or not intelligent enough, Norris said.

At a community college, students can experience the low-cost and smaller classes that most colleges and universities do not offer, he said.

Almost 38 percent of high school seniors choose to attend two-year community colleges from high school, but community colleges are not pushed enough by the high schools, Norris said.

New MaST coordinator passionate about teaching beyond classrooms

By Aline Valiente
Staff Reporter

Joanne Park designs programs and likes to teach other students, as long as it's not in a classroom setting.

Park, a Southern California native, is the first person to take a full-time staff position as the education and volunteer program coordinator at Highline's MaST Center.

Park graduated from University California Irvine and is finishing her master's degree from California State University Long Beach. She will be conducting her master's thesis at Point Defiance Zoo and Aquarium.

Park knew it was the right time to move and decided to take the opportunity to move to Washington.

"I'm used to a lot of sun. It doesn't snow in California. I've always loved the Pacific Northwest. I have family in Portland, Oregon so I used to visit my aunt a lot and I loved seeing all the trees," Park said. "I'm not a huge fan of summers and California was like that a lot."

Park has a background in informal science, also known as museum education.

"I wanted to pursue in marine biology, so that's kind of the route that I was going. I tried that out for a while and realized that the research world isn't really for me because I didn't like having to sit in a lab and analyze animals all day," Park said.

She found the opportunity to expand her teaching experience when she read the job description for the position at the MaST Center.



Roberto Ruiz/THUNDERWORD

Joanne Park is the new education and volunteer program coordinator at the MaST Center.

Park heard about the job from an old co-worker in California who saw the job description, emailed it, and said it would be the perfect job for her.

"I did a lot of volunteer programs so when I read the job description, I thought it was the perfect fit," Park said. "I didn't want to be a classroom teacher but I enjoyed sharing my knowledge with students and sharing my passion with them about why it's important to conserve."

The MaST Center offers a variety of programs such as Exploring the Deep and Marine Mammal mysteries for specific age ranges from kindergartners to college students.

Park recently had the opportunity to experience marine wildlife firsthand when she helped tow a dead whale to Gig Harbor with the help of

Gig Harbor Marina and Boatyard Assists.

According to Gig Harbor Marina, the female whale was examined on Feb. 25 by Cascadia Research Collective, the Washington state Department of Fish and Wildlife, along with assistance from Seattle Pacific University and the MaST Center from Highline.

"It was an opportunity for me to go out and see some of the things that the MaST Center does. I had never participated in anything like that so I took advantage of it and went," Park said. "We had to tie buoys around it and make sure it was going to remain in one piece by the time we got to the harbor."

Park says that marine life in Puget Sound isn't all that different from California.

"There's a lot of the same animals, just different spe-

cies. It's easy to identify the species whether it be a sea anemone or seal. The range of species is from California to Alaska."

Park discovered her love of science and education when she was 14 years old in ninth grade.

Park said it was really unusual to pick something in high school and then keep going with it. Through volunteering, part-time positions and internships, she figured out what her image was.

"I encourage college students to do internships and volunteer as much as you can before you enter the real world," Park said.

Park began volunteering at Back Bay Science Center in Newport Beach with the California Department of Fish and Wildlife, which eventually turned into an internship.

She also did an internship for Aquarium of the Pacific in Long Beach, where she worked in marine mammal photo identification, collected data on blue whales and interpreted the data to the general public, and at the Ocean Institute, where she helped design different programs.

The process of designing is coming up with a standard and objectives, what she thinks the students should learn, and creating an activity that will achieve that.

"A lot of it is just trial and error. Let's say you wanted to talk about whales. You'd have to make adjustments to make it work for college groups as well as younger children," Park said.

When Park isn't busy designing and teaching, she enjoys camping, hiking, scuba diving, and rock climbing.

Student wins public speaking award

By Mitchell Roland
Staff Reporter

Highline student Lily Luii recently won an award for public speaking thanks in part to tutoring she received at Highline.

Lily Luii auditioned and won an oratorical contest at the Key Club District Convention, which was held on March 8 - 10 in Seattle. Luii's speech was on how her work in Key Club has impacted her life, and she gave it in front of more than 2,000 people.

Luii credits Highline communications professors Lisa Voso and Rod Mattson for helping her speak more confidently.

"Lisa [Voso] has a lot of drills to do," Luii said.

Luii said that the drill that helped her the most was one where she takes a deep breath and holds it as long as possible.

Voso also taught Luii how to think more positively before she speaks in public, and Luii said that Voso worked with her on "developing how I present myself."

Luii said that while she thinks she was able to do public speaking before, her tutoring has certainly helped her.

"I think that while I could speak in front of an audience, I could never expect speaking in front of 2,000 people," she said. "I never imagined doing something this big."

Luii said that going forward, her ability to speak confidently in front of large crowds will help her in college and in her future career.

Jump & Jive in Spring

History of Jazz 109

Instructor Todd Zimberg

Item# 5086

Wednesday 4:30pm

Hybrid 5 credits

Wealthy families cheat the education system

By Jocelyn Gecker
and Amy Taxin
Associated Press

NEWPORT BEACH, Calif. – For 25 years, William “Rick” Singer was in the business of helping high school students get into some of the country’s top colleges, gaining a reputation as a master salesman who got results, but also someone who came across as devious and way too slick, say some of those who knew him professionally.

High school guidance counselors in Sacramento, where Singer started his career as a college admissions consultant, used to trade “Rick stories” and warned each other, “He’s shady. Be careful,” according to one of them.

Now, Singer, 58, is at the center of one of biggest college admissions scandals on record, accused of conspiring with wealthy parents to pay bribes to get their children into prestigious schools such as Yale, Stanford, Georgetown and UCLA.

“He was a slick talker and people believed him,” said Jill Newman, who has worked as a high school counselor in Sacramento schools for decades and had several well-to-do students who hired Singer. “But every high school counselor in the

area knew about him. He was sneaky from the get-go.”

Singer pleaded guilty to conspiracy and other charges in federal court Tuesday in Boston. Federal prosecutors charged 50 people in the scheme, including coaches and dozens of parents. They included TV stars Felicity Huffman and Lori Loughlin and high-achieving figures in such fields as law, finance and fashion.

Authorities said parents hired Singer to bribe college coaches and administrators to boost their children’s chances of admission by making them look like star athletes in sports they never played. He also hired people to take college entrance exams for students or paid off insiders to correct youngsters’ answers, officials said.

Some parents spent hundreds of thousands of dollars and one as much as \$6.5 million, prosecutors said.

Newman said Singer was known to deliberately target the children of wealthy people and seemed to be in the business not for the good of the kids but for the money and status it brought him.

He would insert himself into school college counseling sessions with parents and students “Which is not normal, not something we do,” she said and would

do all the talking and demand that students be enrolled in certain classes, often above their skill level, to help them get into colleges of their choice.

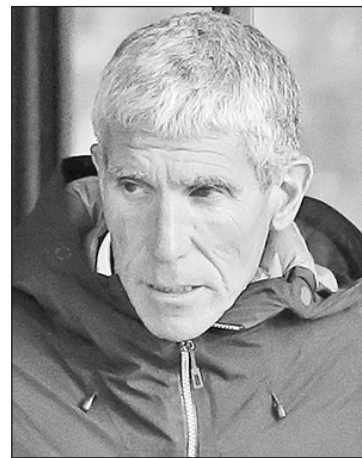
In one case, he took charge of a student athlete’s course load in 12th grade, setting him up with three online math classes, which he somehow passed even though at school he had failed Algebra 1, she said.

“He was so good at doing things underhandedly,” Newman said. “We knew kids were getting into places that they weren’t quite capable of doing on their own.”

Rebekah Hendershot, who helped Singer write a 2014 book on college admissions, told USA Today that she was not aware of any test-rigging or bribes but recalled Singer telling a wealthy high schooler to write his college application essay about growing up poor.

She said she advised the student to be honest and doesn’t know if Singer submitted the essay.

In 1992, Singer started his first admissions-consulting business in Sacramento, Future Stars College and Career Counseling. According to prosecutors, he started another such business in 2007, called the Edge College & Career Network, also known as The Key. Around 2012, he



William “Rick” Singer

moved to the affluent Southern California community of Newport Beach and created The Key Worldwide Foundation, a purported charity granted tax-exempt status by the IRS in 2013.

Federal prosecutors said he used the foundation to funnel bribe money from parents to colleges. Parents made big “donations” to the charity, and Singer disguised the payments as charitable contributions so that his clients could deduct them on their income taxes.

Singer received \$25 million in all to bribe college athletic coaches and others, prosecutors said.

Since Key Worldwide Foundation was established in 2013, its revenues doubled each year, from \$451,600 in its first year

to \$3.7 million in 2016, according to its nonprofit tax filings. The foundation claimed in that four-year span to have given out about \$2 million in grants, namely to university athletics, including the University of Southern California’s water polo and soccer programs and Georgetown tennis.

The address of the foundation was the same as Singer’s \$2.6 million Newport Beach home, a five-bedroom house surrounded by well-manicured gardens and potted lemon trees. The house was listed for sale a few weeks ago.

Neighbor Caren Darrow said Singer told her he was moving just last week, packed up and left soon after. She said Singer was friendly and encouraged her son, a high school basketball player, to apply himself in school and sports. She said she knew that he worked to help student athletes get into college, but not much more.

Amott and other education professionals said Singer’s crimes had cast a negative light on the industry.

“He’s not an education consultant. He’s a charlatan,” said Arun Ponnusamy, chief academic officer at Collegewise, “He was completely a con man.”

Gecker reported from San Francisco.

Textbook Buyback

Tues., March 19th

8:30am - 4:30pm

Wed., March 20th
8:30am - 4:30pm

Thurs., March 22nd
8:30am - 4:30pm

Highline MERCHANDISE Sale!

30%
OFF*

* Discounts cannot be combined
with other offers

SPRING BREAK PHOTO CONTEST

Contest Rules:

- During spring break (March 23-31), Highline College students, alumni, faculty/staff who travel outside of campus are encouraged to take a photo of themselves wearing or holding Highline College gear: t-shirt, hoodie, even a coffee mug or keychain. The farther away you are from campus, the better.
- Post your photo to Instagram with the hashtag #globalThunderbirds
- Make sure you’re following @highlinecollege on Instagram



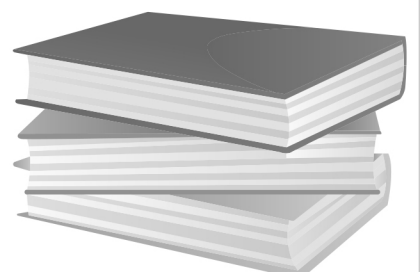
March 23rd - 31st
#globalThunderbirds

The winning student/alumni will receive a \$100 gift card to the Bookstore, while the winning faculty/staff member will receive a \$150 value ticket to the Highline College Foundation Gala on April 27th. The winner will be announced on the Highline College instagram account at the beginning of Spring Quarter.

HIGHLINE BOOKSTORE

Winter Quarter rentals are due
back no later than March 22nd

* The bookstore
closes at
3pm on Friday



College

continued from page 1

to follow, and we adhere to those patterns even when they're not working for us," Moses said.

He said that students get caught up doing what's comfortable without thinking about how those patterns may be prohibiting their ability to learn and grow.

By pushing outside of their comfort zone, students become open to new ways of thinking and new opportunities.

"Wonder why something is the way it is," said Highline reference librarian Deborah Moore.

Being curious, inquisitive and open to things that seem interesting might take you in an unexpected direction.

Moore said that she didn't know what she wanted to do and felt stuck between majors in college.

She was told to speak to a faculty member who, she said, shared a valuable piece of advice with her.

"I've picked the path in life that seemed most interesting to me," the faculty member told her, "and it has led me to where I wanted to be."

When you find a topic that you're actually interested in, you can really start expanding your wealth of knowledge, she said.

Another important aspect to a successful attitude is the dedication to evaluate important research and information.

"Don't just accept something," Moore said.

This is where critical thinking comes into play, she said. Students need to be able to evaluate what is the best information for their need.

"You want content that is coming from a more balanced and objective point of view," she said.

She suggested using Highline's online databases in order to find quality research on just about any topic.

Research can be exhausting at times and at others it may even be intimidating or discouraging.

When students find themselves feeling like this it can be all too easy for self-deprecating thoughts such as "I'm so stupid," or "I can't do this," to seep in, said Benderliy, who is a writing tutor at Highline.

"The biggest challenge is overcoming your insecurities," she said.

Benderliy said that by having the confidence to push through, she proves to herself that she actually can do anything she puts her mind to.

Learning is all about your



Mathew Thomson/THUNDERWORD

Students are fast at work studying for finals in the library. Monday is the last day of class, and finals will take place the rest of the week.

mindset, she said.

"If you come into a class thinking that you're not going to learn anything, then you'll leave the class having learned nothing. On the other hand, if you tell yourself every day, 'I'm going to learn something,' it'll happen," Benderliy said.

You're not just taking a class to learn the subject, she said, in every class you take you're learning how to learn.

Librarian Deborah Moore encouraged students to flip their perspective from the negative mindset of "Oh I have to do this," to a more productive mindset of "What am I doing this for?"

Embracing the ups and downs is the key to making the most of one's college experience.

"Above all students should make sure they have some fun and enjoy the process," said Dr. Anthony Newton, an accounting professor on campus.

He said that learning is a lifetime pursuit, and that people should always be in search of knowledge and growth opportunities.

Instructors on campus stressed that the next key to being successful in school is taking advantage of all your resources, including communicating with your instructors, going to the Tutoring Center, and building a support network.

Reference librarian Moore said that students avoid talking to their instructors because they're afraid to let them know that they aren't understanding course content.

"If you go to their office

hours, the instructor puts a face to your name, gets to know you better and you'll actually do better in the class because they'll make a personal connection with you," Moore said.

Students agreed that when they reach out to their instructors during office hours it's always helpful.

"I remember going to one of my instructors and told her about my transportation situation and she worked with me to find a way to make up the work I missed," Alyza Serania said.

"I was learning a ton in my film studies class and to make sure I was learning the right stuff I would go to his [the professor's] office hours for clarification and it was always so helpful," Benderliy said.

Anit Lats said that college has forced her to come out of her shell and learn the importance of communicating with her instructors.

"If I don't ask, then I'll fail," she said.

Woody Moses, environmental science instructor, said that the key to being successful in his classes is being able to effectively communicate with not only him but with peers and other faculty as well.

"Utilize your networks, think about who else can you talk to if talking to your instructor hasn't been able to help you," he said.

When it comes to research, librarian Moore urged students to take advantage of her as a resource before they're so frustrated they're banging their head against a wall.

"If you're having a hard time finding something, ask someone," she said. "That's what everyone on campus is here for."

The Tutoring Center can be another awesome resource for students, whether they're having a hard time in math or simply want some feedback on a research paper.

Highline student Alyza Serania said that she goes to the Tutoring Center when she's struggling with her writing.

"There's a specific tutor I always go to when I'm looking for help in my writing. I really like her and feel like she's helped improve my writing skills overtime," she said.

Between their instructors/advisers, their peers, campus tutors and librarians, students should know that they are not alone going through this process, Moore said.

"Build your own tool box of people, networks and resources," she advised.

Both a dedicated attitude and strong support network are important aspects to doing well in school but both professors and students conclude that the most important key to being a successful student is time management.

"Study early and study often," said Moses. "Consistency is more important than duration."

He said that studying for 10-15 minutes a day is way better than cramming for the exam.

Students tend to fall behind when they are not taking the right precautions and planning ahead, said librarian

Moore.

"The ability to be able to take a project, manage it and make sure you're able to meet deadlines, is a very useful skill," she said.

Having a sense of urgency to get school work done is a learned behavior, writing tutor Rebecca Benderliy said.

"Motivate yourself," she said. "Remind yourself that if you get it done now, you'll have free time later as opposed to having free time now, and scrambling later to get it done."

On average, Highline students spend two to three hours a day on their homework assignments and studying, even trying to fit in some time on the weekends.

Students say the key to staying focused for long hours working on their school work is by taking breaks, getting snacks and mixing it up.

"It's hard for me to focus on only one thing for a long time because I'll get bored or frustrated, so like to change the subject I'm studying to help keep me focused," Lats said.

"When I study I give myself break times," Serania said, "I like to give my brain a break and get some snacks whenever I'm starting to feel burnt out so I can keep myself motivated."

Overall, students and instructors alike agree that success in college is about what you do, not who you are.

Benderliy, the tutor, said that if you work hard enough, anyone can have success. "College is what you make of it."

Spring break: Highline students plan for rest, relaxation, and travel after finals

By Seattle Valdivia
Staff Reporter

Highline students say they're excited for spring break and to finish the quarter.

After all the stress of finals, students can take a moment of peace from school before starting Spring Quarter.

Several students are getting ready to travel with their families and friends.

Some of them are doing inside-the-country travels.

"I'm going back home to Vegas with my dad and family," Jordan Goolsby said.

"My family and I are going to California," Rosita A. said. "We always go there for spring break. It's kind of a tradition."

"I will go to L.A. for spring break. I have family over there," Viviana Sanchez said. "I haven't seen them for a year, so it's been a while. Also, I miss the hot weather."

"I'll go in a trip to Maui, Hawaii with my family," Hannah Anderson said. "I'm really excited, can't wait to go."

Other students are planning on doing outside-the-country travels.

"I'm going to Spain with some friends," Brittney Maxwell said. "It's a school trip. I want to know the Santiago Bernabéu stadium."

"I'm going to my cousin's wedding in Australia," Amanda Fowler said. "I've never been there, so I'm just waiting for that travel to happen."

One student will experience two extreme kinds of weather in spring break due to her planned trips.

"I'm going back to Alaska with my family," Savannah Nichols said. "And then I'm also going to Phoenix with some friends."

While some students are planning their travels for spring break, there are also other students who have decided to do nothing and take a break from their obligations.

"I think I will not do nothing, just stay home and relax," Nick Johnson said.

"I'm planning on taking a mental break," Isabelle Bennett said. "I'll be working on an extracurricular project and enjoying having free time and not having stress for school."

"I'm not a very active person," Marcus Jones said. "So I think everything I'll do is to play video games, watch Netflix and sleep, you know? I need a break from school."

"I don't have plans for spring break," Hanna C. said. "I just want to relax, sleep and watch some drama."

"I don't know what to do. Probably just go out to eat or something with my friends," Bella Beserna said. "Maybe I'll just stay home and catch up on my sleep."

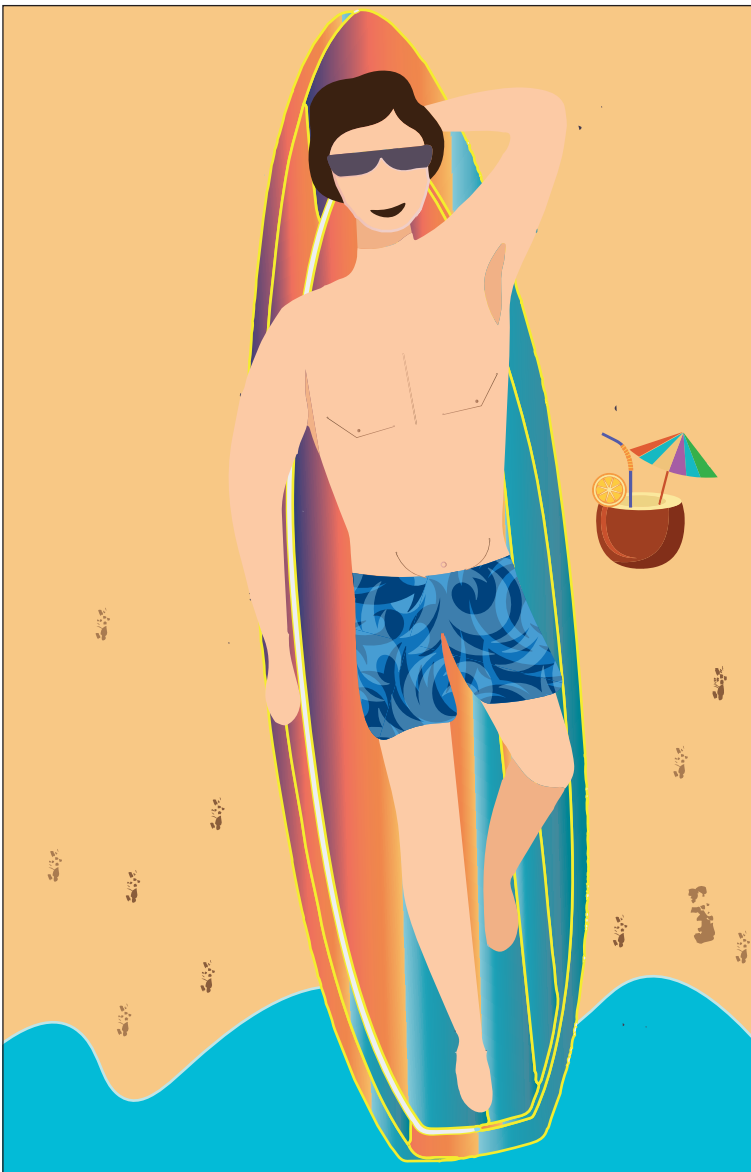
Other students are not that lucky and won't travel anywhere or take the opportunity to relax from school because they will be working or looking for a job.

"Usually, I go to my grandma's house in Colorado," Kathya Romo said. "But I have to stay because of my work."

"I'm just going to work this spring break," Oanh N. said. "Sadly, that's it."

"I will looking for a new job," Ethan Day said.

"I won't go anywhere, I want to save some money for the summer," Clark Simons said. "I'll be working at a friend's restaurant."



Roberto Ruiz/THUNDERWORD

VA unveils new options to file appeals

After 18 months of being studied and readied, the Appeals Modernization Act of 2017 finally became official last month. You'll now have more choice in how disability claim denials will be handled, hopefully with a speedier path through the process.

You'll have three choices:

- With a Higher-Level Review, a "more experienced adjudicator" will do a new review of old decisions. The Department of Veterans Affairs hopes to have these claims completed in an average of 125 days.

- With a Supplemental Claim, new information and evidence can be submitted. The VA will have a duty to assist in that process. It hopes to have these claims also completed in an average of 125 days.

- If you want to appeal to the Board, you'll have three choices: direct review, evidence or hearing. The VA hopes to complete direct reviews in an average of 365 days. (It used to take three to seven years!) Direct review doesn't include new evidence; the other two options do.

The VA's budget includes



by Freddy Groves


605 more employees who will establish decision-making centers in Florida and Washington, joining a third center in Washington, D.C.

For decisions received Feb. 19, 2019, or later, go online to www.va.gov/decision-reviews for more information. You have one year from the date of your decision to ask for a review.

For decisions received before that date, there's a different process. See the information at www.va.gov/disability/file-an-appeal.

Make note of the phrase "a more experienced adjudicator" mentioned above. If you end up with a lawyer helping you, that phrase -- the VA's own words -- might come in handy if you can show that the previous adjudicator wasn't up to the job.





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Alcohol

continued from page 1

“I don’t think it’s good for me,” Vreanna said. “I don’t think I’ll try it in the future.”

“I simply don’t drink because my mom doesn’t let me drink,” Khuong said.

“We don’t drink in my religion [Islam],” Fadumo A. said.

“I’m a Christian and we don’t believe in drinking,” Anita L. said. “We follow the Bible. I’m 17 so either way, I don’t have enough age to drink.”

“No one of my family do drugs or drinking,” Vin C. said. “Trying it is not my main focus now.”

“It’s bad for your health, and it’s against my religion [Sikhism],” Arpan S. said.

“Drinking is not allowed in my religion, LDS (Latter-Day Saints),” said another student.

Other students who are underage say they consume alcohol today. They enjoy parties or reunions drinking alcohol.

“Yeah, I drink but it depends where I’m going out,” said another student who didn’t want to give his name. “I’m 20 years old, so basically it’s no that hard to get alcohol.”

“I’m 19 years old. I drink, but only on special occasions, like a party or New Year’s,” another student said. “I just

drink a couple of shots or margaritas.”

“Maybe once a month,” Ryan Cooper said. “I started drinking at 16, now I’m 20. But you have to know how to control yourself when drinking.”

“I just do it when there is a party, like once a month,” a student said. “I’m 19, but I started drinking at 17. I just want to keep it like this, nothing too crazy.”

“I don’t really like alcohol, to be honest,” another student said. “I’m 19 years old, and I only drink at parties.”

Many underage students said that they haven’t tried it yet but that they want to try it when they become 21.

“My family doesn’t really

drink that often,” Susanna Cho said. “I’m 17. I wanna try it, but I don’t want to get to focus on it.”

“I’m underage [17], so there’s no reason to drink at the moment,” Ester Suk said. “Maybe I’ll try it, but not in the near future.”

“I don’t drink, I’m 18 and I don’t see the point of it,” Ashley A. said. “I mean, you can enjoy without alcohol. Maybe I could try it someday.”

“I can’t legally drink, I’m too young [16],” Grace B. said. “Yeah, I could try it maybe once or twice.”

“I’m a minor, so I don’t drink,” Mira S. said. “I’ll probably drink on occasion, but not too much.”

Damm

continued from page 1

jected Damm, which hurt his feelings.

“He assumed that I was crazy and that I hurt people,” he said. “That guy doesn’t know me.”

These assumptions could not be further from the truth, Damm said.

“I’m always caring, loving, and understanding,” he said.

Since that interaction, Damm said that he no longer feels safe on campus.

“I feel that we should be an open campus,” he said. “They [people with disabilities] want to be a part of campus. They want to make friends.”

Damm said that people with disabilities come to school for safety.

“They come to campus to feel safe and have a safe haven,” he said.

Originally from Cambodia, Damm first started at Highline in 2003 as a part of the ABE/GED/ESL program, and he was later involved in the Achieve program.

This spring, the 38-year-old Damm will graduate with an AA degree in psychology, and he doesn’t plan on stopping. Damm said that he hopes to get a bachelor’s degree, and one day even get a Ph.D.

“I’m a person that grew up around people who said ‘You’re not gonna make it,’” Damm said. “I proved them wrong.”

Damm said that his work advocating for people with disabilities shows his compassion.

“A crazy person does not

go to Olympia to fight for people’s rights,” he said. “A crazy person doesn’t get involved with the Special Olympics.”

Throughout his life, Damm said he has worked to help those who have disabilities.

“I’m a very strong advocate for this community,” he said.

One of Damm’s goals is to get rid of the negative stereotypes that surround people who have disabilities.

“The truth is that mentally ill people don’t hurt people,” he said.

Damm said that he wants to promote more understanding of disabilities for everyone on campus.

“I hope that all staff, students, and faculty will understand that there are people with disabilities,” Damm said. “We’re all one big family.”

Damm said that when he walks around campus, he talks to himself not because he is “crazy,” but because he is extremely social and he is lonely.

“The reason I talk to myself is because I have no friends,” he said.

But if you see him on campus, don’t be afraid to strike up a conversation.

“If you see me around, don’t be shy. Say hi, I’ll wave to you,” he said. “I don’t fight, I try to make friends.”

Damm said when you interact with people who have disabilities, you have to see what they’re going through and show empathy.

“You have to put yourself in their shoes,” he said.

Damm said that the person

at the dance judged him before they even knew him. But doing this can be harmful, he said.

“You can’t judge people by what you think,” he said.

International Engagement Leadership Adviser Garvaundo Hamilton said that events such as the one at the dance can be used as a benefit.

“I think it is important to use this as a stepping stone to get more allies,” Hamilton said. “Diversity includes people with disabilities.”

Hamilton said that when you are talking to someone, you should see them for who they are, and not fixate on any disability they might have.

“Focus on the person, while trying to avoid the disability,” Hamilton said.

Damm just wants everyone to know the power that their words have.

“There are people out there who don’t know who they are,” he said. “And if you tell them, they’ll believe you.”

Go Figure!

answers

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Weekly SUDOKU

Answer

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King Crossword

Answers

Solution time: 21 mins.

R	A	J	A		S	H	A	H	V	I	P
E	L	A	N		P	O	L	O	E	D	O
V	E	N	T	R	I	C	L	E	N	E	E
				H	U	N	K		C	U	G
S	E	V	E	N				C	A	M	E
I	T	E	M		C	O	O	K	W	A	R
B	U	N		T	H	I	N	E	N	O	R
S	I	D	E	W	A	L	K		S	C	A
				E	V	E	R		V	E	E
H	O	T	E	L		A	R	I	D		
E	S	T		V	E	N	E	Z	U	E	L
A	L	A		E	R	O	S		C	L	A
D	O	S		S	E	N	T		E	M	M

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