

THUNDERWORD

In this issue

Campus Life	2-3
Views	4
Arts	5-6
Sports	7-8
Puzzles	9
News	10-12

Page 3
Candidates make their pitches to the student body



Page 6
Sonic the hedgehog racing to a console near you



Page 7
Tennis team prepares for championship weekend



Saluting supermoms on their special day

By Thunderword Staff

For many people, their favorite female superhero is a lot closer to home than Captain Marvel or Wonder Woman.

With the release of the new Avengers Endgame movie last weekend, one is reminded of how few female superheroes are represented in pop culture. And yet, there is one obvious candidate in most everyone's lives.

With Mother's Day coming up this Sunday, students took time to reflect upon how their mothers have impacted their lives. Although mothers may not be able to fly from planet to planet and defend the universe, she is seen as the most important superhero in many hearts of students.

Throughout the years of upbringing, students are very grateful and thankful for all of the things their mothers have done for them.

"She has been through a lot in her life, and always worked hard to provide for my sisters and me," Ricky Leung said.

"She was homeless and pregnant, but managed to get out of it," Cindy Arias said.



Roberto Ruiz/THUNDERWORD

"One thing about my mom that inspires me is her dedication and hard work growing up as a minority and immigrant," student Elijah Suarez said.

Many mothers are also constantly encouraging students to push and strive for a strong education.

For them, it is important that their children gain knowl-

edge and prepare themselves for society and the careers that they choose. Just like Mantis can influence and detect emotions within others, mothers influence their children to obtain the best education they need, and to find what makes them happiest in life.

See Moms, page 12

Highline produces results Spreading the seeds of sustainability in the community

By Samantha Knight
Staff Reporter

Highline's Urban Agriculture Program offers students entrepreneurial opportunities for success, said a former graduate of the program.

The program focuses on sustainable farming and provides students with an overview of the ecological and social justice elements that are impacted by agriculture/food production.

With two forms of completion, the program offers a 45-credit, one-year certificate or 90-credit, two-year degree in Urban Agriculture and Food Security.

Applying skills she gained through the program, former student Bridget Kubes is now working to bridge the gap between low-income communities and sustainable eating.

After working in Social Services for 17 years creating programs for women transitioning from homelessness into permanent housing, Kubes decided it was time for a change.

"I left my career and I went on a sabbatical to heal and figure out what would be next," she said.

Kubes started visiting small farms because it brought her a lot of joy, she said.

She ended up enrolling at Highline, eventually becoming the first student to complete the Urban Agriculture one-year certificate.

In her final quarter of the program, Highline provided her with the opportunity to intern on seven different, woman-run farms.

Having this opportunity to gain experience solidified her enthusiasm in the culture and business of agriculture, she said.

Kubes has since teamed up with the Des Moines Area Food Bank to help develop the award-winning On-the-Grow Garden Truck, which is funded by the King Conservation District.

In the bed of the truck is a full-blown micro-garden where she encourages people to taste what's growing on the truck. She also demonstrates how to grow it at home and involves kids in the community in all the planting and harvesting that happens on the truck.

"The great thing about urban

See Agriculture, page 11

Legislator reflects on session

By Mitchell Roland
Staff Reporter

Free and discounted college for Washington's low-income students has been approved by the Legislature.

Law makers wrapped up a 105-day session on April 28 by passing a two-year budget, providing funding for state programs for 2019-2021.

Under the plan, students whose families make less than \$50,000 would receive a



Rep. Mia Gregerson

scholarship for the full price of tuition at any public university in the state. Any student

whose family makes less than \$75,000 would receive a partial scholarship.

Representative Mia Gregerson, D-SeaTac, said that these changes would help give students in the state a fair chance at receiving higher education.

"It was really to help the playing field," she said. "This is just a way to reduce the barriers."

See Legislature, page 12



Kids in the community learn how to garden out of a truck.

Women honored for their achievements

By Giordan Gallaci
Staff Reporter

Highline students, staff and faculty gathered Wednesday to celebrate the impact female students have made in their communities.

For 37 years Women’s Programs has held an event to talk about the impact women have, congratulate special individuals, and raise money for struggling students as well as the Women’s Programs itself. Fittingly, the theme was Impact.

The event kicked off a raffle to supporting the Women’s Programs and emergency funding.

President Dr. John Mosby spoke about the the women who have inspired him to how they have helped shape him.

“Women don’t just rule our families, but they rule the world,”



Stephen Glover/THUNDERWORD

A raffle and lunch were also a part of celebrating Highline’s 37th Women’s Ceremony on May 8.

Dr. Mosby said as he talked about his family.

“My mother and grandmother made sacrifices for me and my sister which taught me to carry on the tradition of

helping others,” Dr. Mosby said.

After Dr. Mosby’s speech, Lucy Gakuru, a student worker and mother of two, told her story of coming to the United States and how the Women’s Programs helped her. She was raised in Kenya and struggled a lot before she even got here.

“Every morning I had to wake up at 4 a.m. to do chores, sometimes as difficult as walk-

ing five miles to get water. But it taught me how to work hard, just like my mother,” Gakuru said.

The emergency funding from Women’s Programs helped support Gakuru emotionally and financially through her transition to America.

Women’s Programs Director Deana Rader then asked people to share their experiences with women who have inspired them. To end the event, Action Awards were presented to the women in the community who have done something such as mentoring or simply impacting someone in a positive way.

Recipients of Women in Action awards included: Anelise Schruder, Melissa Sell, Susan Andrews-Salmon Eileen Jimenez, Shaima Fnu, Jemimah Maina, and Jennifer Heckler.

Construction on Bldg. 6 continues

Students will finally be protected from the weather while waiting for transportation.

From May 7 to 24 Building 6 will be under construction for a new canopy. The east entrance Building 6 will remain open.

Construction will make it hard to walk through, so if possible, use the west entrance.

Summer Job Fair will be on May 16

Meet 60 employers who are looking to hire students for a summer job, whether it be full time, part time, or temporary.

Dress professionally, have your resume, and be prepared to talk about your education and experiences.

This event is on May 16 from 10 a.m. to 1 p.m. in Building 8, first floor, in Mt. Constance and Mt. Olympus.

Summit for Young Women of Color

Young women of color are invited to attend the Young Educated Ladies Leading Summit, which is a free event designed to empower, encourage and educate.

Although the event is free, registration is required. It will close May 10 at 5 p.m. or when spaces are filled.

Students will attend two of 26 culturally relevant workshops given by a wide range of presenters.

Participants will receive giveaways, prizes, breakfast and lunch. Adults and chaperones are welcome to attend.

This event is primarily for high school students but everyone is welcome.

The summit is scheduled for May 18 from 8 a.m. to 4 p.m. in Building 8.



You can register at <https://yell.highline.edu>.

Fulbright teaching will be described

A discussion about the Fulbright teaching experience will be hosted by Samad Chakour.

The Fulbright U.S. Program is the largest U.S. exchange program offering opportunities for students and faculty to undertake international graduate study, research, university teaching and primary and secondary school teaching worldwide.

You can hear all about it on May 14 from 12:15-1:20 p.m. in Building 2.

Drop-In Refugee Simulation Event

Phi Theta Kappa (PTK) will facilitate a simulation event called “Passages.” Passages is an educational tool designed by the United Nations organization to create a better understanding of the problems that refugees encounter during their plight.

The simulation takes about 15 minutes to complete. This will take place on May 15 from noon till 2 p.m. in Building 29, room 116.

Campus Leaders for Unity gather

Join several leaders in learning and discussing of the Israeli/Palestinian conflict and the boycott divestments and sanctions move-

ment on Tuesday, May 14 from 11 a.m. to 1 p.m.

Affordable Housing Week at Highline

From May 13-17, Highline President Dr. John Mosby will join the Seattle Pacific University, Seattle University, and University of Washington in declaring next week as Affordable Housing Week.

The higher education institutions join King County to recognize the benefits of affordable housing in the community.

Dr. Mosby signed Highline College’s proclamation on May 6, which affirms the importance of safe, healthy, and affordable

homes in the communities of opportunity.

Why migrants in Asia matter today

“No Refugees in Asia: How Some Forcibly Displaced People became ‘Migrants’ instead of ‘Refugees’ at the End of World War II” will be presented by Dr. Cabeiri Robinson on May 16 from 11 to 11:50 a.m. in Building 7.

Deep Cuts: Print making workshop

AANAPISI and TRIO students will have the opportunity to create their own linocut art block and prints. The workshop

will take place on Tuesday, May 14 from noon till 3 p.m.

You can register at https://docs.google.com/forms/d/e/1FAIpQLScShNaSrrWDSOsp-GOb6ZW_RIUAXGFSrR106s_NBG28lxfH9MQ/viewform.

Calendar

• **Learn how refugees resettle in Washington state -**

A presenter from the Washington State Department of Social and Health Services will talk about the refugee resettlement process, primarily in Washington State.

This will take place in Building 8 on the first floor on May 13 from 12:15 to 1:20 p.m.

RECOVERY PLACE SEATTLE

COMPASSION. CONNECTION. COMMUNITY

VALLEY | CITIES

Now Hiring for Inpatient Staff in Seattle/Kent

Registered Nurses, Licensed Practical Nurses, and Certified Nursing Assistants

- 12-Hour Shifts with Differential Pay
- Competitive PTO Allowance
- Ongoing Education & Training
- Annual Individualized Training Funds
- Inpatient Locations in Kent and Seattle

NEW GRADUATES WELCOME

For additional positions, please visit valleycities.org/current-openings



Stephen Glover/THUNDERWORD

Associated Students of Highline College presidential candidate Cimire Ngandjikomba addresses the forum as vice presidential candidate Kerman Parihar, vice presidential candidate Yahya Abdulgani and presidential candidate Mohamed Jama await their turns to outline their platforms and ask for votes ahead of next week’s elections.

ASHC candidates plead their cases

By Mitchell Roland
Staff Reporter

On Tuesday, four candidates for positions in the ASHC made their pitches to the student body on why they should be elected.

Roughly two dozen students came to the forum to hear what the candidates had to say. For president, the candidates are Cimire Ngandjikomba and Mohamed Jama. For vice president, the candidates are Kerman Parihar and Yahya Abdulgani.

The candidates answered a mix of questions, both from the audience, and ones prepared by the current President Max Brown and Vice President Chalisa Thompson.

Each candidate had ideas on how they would promote diversity at Highline.

“One of the simplest things we could do to engage students is to have more multicultural events,” Abdulgani said.

Jama said that he wanted to do more community workshops.

Parihar said that she would plan more events for different holidays such as Easter and Ramadan so that Highline is “welcoming to different communities.”

“I believe when you understand the person and culture on a personal level, you can help them more,” Ngandjikomba said.

On how they would work to create more leaders on campus, the candidates also had a variety of ideas.

Jama said that he would create more

clubs “that help open the door to new leaders.”

“Spreading the word,” Abdulgani said. “More engagement.”

“Spread the word more about it [student government],” Parihar said.

“Understand what people are passionate about,” Ngandjikomba said. “Being a great leader is when you’re able to create leaders.”

On what experiences from Highline they have learned the most from, the candidates had an array of answers.

Ngandjikomba said that she really enjoyed the recent GlobalFest on campus.

“I was thrilled. It was amazing,” she said. “I encourage everybody to participate.”

Parihar said that she attended a leadership retreat for ASHC and learned how to gain self confidence and met a lot of different people.

“It was a great getaway,” she said.

Abdulgani said that he learned a lot about culture from the recent GlobalFest.

“I had to come out of my comfort zone and represent my culture,” he said.

Jama said that he learned a lot of facts about other cultures during GlobalFest.

Each candidate also had something they wanted students to remember when they went to the polls.

Abdulgani said that he speaks four languages.

“MJ [Mohamed Jama] is a very straightforward person,” Jama said. “I will always be straightforward when leading.”

Parihar said that she wanted to “pro-

Students to vote on May 15-16

Students will head to the polls on May 15 and 16, and there are multiple ways of voting. You can vote in the Student Union, in front of the library, or in front of Building 6 from 10 a.m. to 2 p.m.

If a student would like to vote online, they can vote at elections.highline.edu from midnight on May 15 until 11:59 p.m. on May 16.

mote diversity through self care.”

“You want someone to speak out for you,” Ngandjikomba said. “You want someone that can represent you at any time.”

Each candidate also talked about what the mission statement of the associated student body meant to them and how they would uphold it.

“Continuing to break barriers,” Parihar said.

“Help a student, because you want to help them excel,” Ngandjikomba said.

Ngandjikomba said that “When a student has limitations,” our role is to help them.

“Coming out of your comfort zone,” Abdulgani said. “Prioritizing every student.”

“Creating more leaders and helping out students,” Jama said.

Each candidate also had ideas about what they would change at Highline.

Ngandjikomba said she wanted the “Structure for Math 81 and 91 to be re-structured” because “a lot of students are failing.”

Parihar said that she wanted to work to “help people feel more prepared” in the Running start program and help transfer students “map things out.”

“Promote engagement,” Abdulgani said. “Engagement would be the simplest and most ideal thing to do.”

“Engage with students,” Jama said. “Doing workshops to provide the outside world” with more interaction with students.

Each candidate had ideas on why someone should vote for them.

“I will represent you, I will listen to you,” Ngandjikomba said.

“I would be open to ideas and help work with students,” Parihar said.

Jama said he will be working towards “helping you become a leader, helping you replace me.”

Abdulgani said he wanted to work by “helping you find your voice.”

At the end of the forum, the candidates shared what their biggest fear was when they were deciding to run for office.

“My greatest fear would be not running,” Jama said.

“Not spreading my message,” Abdulgani said.

Parihar said she just wanted to be more involved on campus.

“Not being able to provide change,” Ngandjikomba said.

Search on for student to speak at Commencement

By Kaela Nokes
Staff Reporter

Commencement is the crowning glory for students completing their degrees and one of the highest honors is the opportunity to speak on behalf of those graduating. Highline is now looking for a student speaker for Commencement.

The student speaker must have the following: a GPA of 3.0 or higher, be graduating from Highline with all their credits completed no later than spring

or summer of this year, and they must get a letter of recommendation from a staff member talking about the students public speaking skills.

Applications for this position can be found at <https://documents.highline.edu/cls/2019-Commencement-Speaker-Application.pdf> and must be completed and turned in by Friday, May 10 by 4 p.m. to the third floor of Building 8 or emailed to ASHC President Maxwell Brown at mabrown@highline.edu.

Students should also be prepared for an interview.

“Each candidate who completes an application and meets the minimum requirements is expected to prepare for their interview,” said Iesha Valencia, director of the Center for Leadership and Engagement. “This involves creating a draft speech proposal and outline that will be presented during their individual interview.”

Commencement can be an exciting time for students, so having a student who is ex-

cited and passionate about it would be a great candidate. This speaker is talking out for their fellow classmates, while being interviewed the speeches should be an attention grabber and be reviewed for diversity, experience at Highline and how it has impacted them, and have meaning, Valencia said.

For those not concerned about auditioning to be the student Commencement speaker, you still have a lot of loose ends to tie up before the ceremony.

Grad Fair is also happening for all graduating students.

Grad Fair will take place in Mt. Constance and Mt. Olympus rooms of the Student Union on May 21 9 a.m. to 4 p.m. At the Grad Fair, graduates will go through Commencement pre-check, pick up their caps, gowns and announcements, or buy their caps, gowns, and announcements if they did not pre-order.

There will also be Highline gear for grads, and graduates can decorate their caps for the ceremony.

Women should not need to have safety seminars

Recently, the Des Moines Police Department held a seminar to teach women how they can protect themselves. They offered tips such as not putting your drink down at a party and telling people not to go anywhere “unusual at an uncommon hour.”

But instead of teaching women how not be victimized, wouldn't it be a whole lot easier to simply teach men not to be jerks?

Instead of telling a woman how she can dress and/or act, it would be better for evveryone to teach guys that just because a woman is wearing something that shows a little skin, that doesn't mean she's opened herself up to weird and rude comments from random guys.

“There are still guys who need to learn that women are people too.”

Instead of teaching a woman that they shouldn't put their drink down at a party, teach men that date rape or drugging a woman to get her to sleep with you is completely unacceptable, illegal and wrong.

Instead of telling women they should walk in pairs or that they should carry mace and pepperspray, teach guys to leave women alone and to not bother them.

Women should not have to attend seminars to learn how to be safe when all they are doing is trying to live their lives. No man has ever had to attend a seminar to learn how they can be protected in everyday social situations.

While this is certainly not saying that all men are monsters or have bad intentions, this is clearly still a problem.

A woman should be able to walk down the street and mind their own business without having to constantly look over their shoulder or worry that someone is going to attack them. They should be able to go on with their lives without having the fear of being attacked.

While the advice given at the safety seminar was good, and had good intentions, it should have been unnecessary. What we really need to focus on is preventing these attacks from happening in the first place.

There are still guys who need to learn that women are people too. Women aren't objects. They don't owe you anything. They are people that are trying to live their lives. Treat woman with the respect that they deserve.

So while having these seminars for women is good, the focus should be more on teaching men to do better.

Have something to say?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns.

Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Vaccines: Give them a shot

Last Saturday, health officials issued a warning to residents living in King County about a measles outbreak.

This warning is thanks to a Canadian tourist who had been exposed to the virus before visiting the area.

As you can guess, he wasn't vaccinated.

It's 2019 and measles, which were eradicated 19 years ago, is making its way back into the United States, becoming a national epidemic. The outbreak now includes more than 704 cases in 23 different states, having resulted in 72 deaths.

According to the Washington Post, for every 1,000 children who get measles, one to two will die of it.

Currently parents can choose to opt their children out of vaccinations due to religious, personal or philosophical reasons, along with safety concerns.

But these exemptions have been increasing, leading to more vaccine-preventable outbreaks, such as measles.

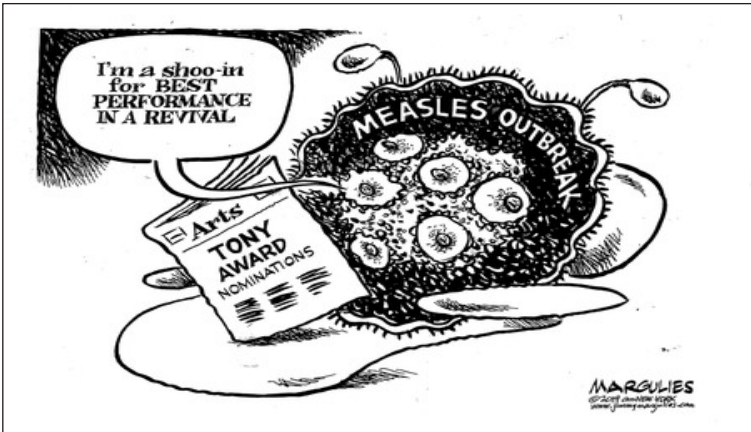
In fact, Oregon passed a bill on Monday making it hard to exempt children from getting vaccinated due to religious or philosophical reasons. The bill would also change the process for obtaining medical exemptions, requiring parents to get a doctor's signoff annually.

According to Oregon Public Broadcasting, if it becomes law, this will make Oregon the fourth state in the country with no philosophical or religious exemptions available to parents who don't want to vaccinate their kids — or want to vaccinate them on a slowed-down timeline.

After everything that's been going on in the news, why are people still refusing to vaccinate their kids or themselves?

The answer varies, depending on who you ask.

The most popular response that I've heard from other parents as to why they won't get their kids vaccinated, is because “vaccines cause autism.” This statement always boggles my mind because it presents the idea that parents would rather have their children die from a preventable disease than get autism.



Muy Valiente



Ally Valiente

Given the choice between the two, there's nothing wrong with autistic children, and since why are parents treating it like it's the worst thing that could possibly happen?

According to the Centers for Disease Control and Prevention, a 2013 CDC study looked at the number of antigens (substances in vaccines that cause the body's immune system to produce disease-fighting antibodies) from vaccines during the first two years of life. The results showed that the total amount of antigen from vaccines received was the same between children within the Autism Spectrum Disorder and those that did not have ASD. This disproves the argument that vaccines cause autism.

Despite this fact-based evidence, some parents are still choosing to ignore the advice of doctors.

How can anyone think they know more about vaccines than a doctor with a degree and 15 plus years of medical practice, just because they spent 20 min-

utes “researching” on Facebook and Wikipedia?

Yes, there will be some discomfort, redness or even pain (it's a needle what do you expect?), but this is minimal compared to the pain, discomfort, and trauma of experiencing diseases that could have been easily avoided.

Vaccines have reduced and even eliminated many diseases that have killed or severely disabled people just a few generations ago.

Because of vaccinations, we no longer have reports of polio, which was once considered America's most feared disease.

According to the World Health Organization, measles vaccinations prevented an estimated 21.1 million deaths making it one of the best buys in public health during 2000 through 2017.

That's more than an 80 percent drop in measles deaths worldwide.

There is no cure for measles, but it is easily preventable.

We should look up to the state of New York, which started to allow early vaccination for infants to combat measles outbreaks and require every student attending a public or private school to be immune to tetanus, pertussis, measles, mumps, and rubella in accordance with the Advisory Committee on Immunization Practices recommendations.

Vaccines are affordable and protect you from potentially catching a highly contagious disease.

Even if you don't have kids, do yourself and the remaining population a favor, and get vaccinated.

Ally Valiente is the News Editor of the Thunderword.

THE STAFF

I wanna be the bad cop.

Editor-in-Chief	Mitchell Roland	Senior Reporters
Assistant Editor	Izzy Anderson	Reporters
Managing Editor	Reuben Gonzales	
News Editors	Ally Valiente	
Arts Editor	Faith Elder	
Sports Editor	Calvin Domingo	
		Web editor
		Adviser

Nayyab Rai, Seattle Valdivia, Eddie Mabanglo, Samantha Knight
Anas Ashoor, Feride Aydin, Jonathan Beatima, Keanu Camacho, Yicell Castillo,
Milaap Chahal, Alejandro Chavez, Zyair Dillon, Grace Ellis, Kennedy Furlan,
Giordan Gallacci, Deion Glass, Jesse-Ja Kindred-Prall, Melissa Merdzo, Zoe Munroe,
Thao Nguyen, Kaela Nokes, Chloe Ovendale, Emmitt Sevores, Charvy Srey,
Elidia Torres-Sierra, Melissa Wilson, Jacquelyn Wolfe, Dong Zual
Jonas Martin
Gene Achziger

Graphics editors	Roberto Ruiz, Samuel Hernandez
Photo Editor	Jolly Rubin
Photographer	Stephen Glover
Business Manager	Tiffany Ho
Advertising	Grace Kuhnly
Office Manager	Devi Acosta

Art and wine festival highlights Des Moines

By Melissa Merdzo
Staff Reporter

Destination Des Moines' third annual Waterland Wine and Art Walk will be on Saturday, May 11 from noon to 4 p.m. in Des Moines' Marina District.

The event, which coincides with Opening Day of the South Sound boating season, is expected to bring sizable crowds, including hundreds of boaters from yacht clubs south of Seattle who are expected to be in town for festivities at the Des Moines Yacht Club.

Artwork and wine will be displayed and served at many of Des Moines' local business' in an effort to promote economic development and tourism for the City of Des Moines.

"The goals are to provide an event that highlights the Marina District and enhances exposure for local business to improve economic development and bring tourism to the city," said Patrice Thorell, a member of the Destination of Des Moines board of directors.

"Many of the past participants have indicated that they had not explored the town to the downtown businesses prior to this event," Thorell said.

Destination Des Moines uses



Artist George C. Scott works to complete a new sculpture, called *Marinascope*. The piece will be dedicated during the Waterland Art and Wine Walk this weekend.

a lot of volunteers for this event.

"The day of the event is run by approximately 50 volunteers," Thorell said. "A committee of six volunteer Destination

Des Moines board members plan, work with business and artists, develop marketing materials, promote and manage the event logistics and the many

volunteers. All of the work is done by volunteers from the business, non profit, residential, and arts communities."

The profit made from this

event goes to fund more events for the community.

"The proceeds from the Waterland Wine and Art Walk fund summer events such as Fireworks Over Des Moines and the three-day Waterland Festival held in July," Thorell said.

Among the associated events will be the dedication of artist George C. Scott's *Marinascope* sculpture at South Marina Park at 11 a.m.

Scott used a 12-foot buoy from the construction of the second Tacoma Narrows Bridge as the vessel for *Marinascope*. The metal structure is pock-marked with colorful fused glass panels whose light dances across the interior as viewers walk through.

The artwork was inspired by the late Des Moines City Councilwoman Carmen Scott's love of kaleidoscopes and was commissioned by the Des Moines Legacy Foundation.

Principle funding came from Legacy and the Port of Seattle.

Other events being held by the Des Moines Yacht Club are the official opening day boating ceremonies and a dance that evening.

Waterland Wine and Art Walk tickets are being sold at \$20 online. Tickets will be \$25 at the door.

Local theaters announce their 2019-20 seasons

With summer coming, local theaters are winding down their 2018-19 seasons, and are now announcing their upcoming seasons.

Both the Renton Civic Theater and the 5th Avenue Theater have announced their 2019-2020 seasons, laying out what audiences can expect to see in the next year.

Renton Civic's upcoming season begins with *Into the Woods*, running from August 2 through 17. A Broadway classic with music by Stephan Sondheim, *Into the Woods* blends Grimm's Fairytales to explore what happens when people stray from their written paths.

Continuing to pull from classic stories, Renton Civic continues their season with *The Butler Did It*. Just in time for Halloween, *The Butler Did It* parodies traditional, English mystery plays, hoping to bring a mix of laughter and thrills. *The Butler Did It* runs from Sept. 20 through Oct. 5.

For Christmas, audiences are offered *NUNCRACKERS*, the *NUNSENSE* Christmas Show. At this point, Renton Civic will already have performed *NUN-*



SENSE the Musical in June of this year, so fans can return for a holiday follow-up. *NUNCRACKERS* runs from Dec. 6 through 21.

Heading into the new year, *Sylvia* comes to Renton warm hearts. Set in New York City, *Sylvia* follows a middle-aged couple after they find a dog bearing the name. Despite the dog being a bone of contention for the couple, they eventually compromise and welcome *Sylvia* into the family. *Sylvia* runs Feb. 7 through 22, 2020.

On a heavier note, the season continues with *Fences*. Taking audiences back to 1957 Pittsburgh, *Fences* follows an aging African-American baseball player who became embittered due to his exclusion from the major leagues. Angered by his loss of potential, the man's bitterness takes its toll on his family. Through this plot, *Fences* discusses issues of race,

fatherhood, and forgiveness. *Fences* runs April 3 through 18, 2020.

Wrapping up Renton Civic Theater's season is *Hair*. In honor of the show's fiftieth anniversary, *Hair* celebrates 1960s counterculture with electric rock. The production also hopes to highlight the show's continuing relevance, looking at what it means to be a young person in a changing world. *Hair* runs June 5 through 20, 2020.

On a more regional scale, the 5th Avenue Theater's season has also been announced.

The 5th Avenue is hoping to start the season right with a new musical – *Austen's Pride*. Based on the writings of Jane Austen, *Austen's Pride* reimagines *Pride and Prejudice* under Lindsay Warren Baker and Amanda Jacobs' book, music, and lyrics. *Austen's Pride* runs Oct. 4 through 27.

On a completely different note, the 5th is hoping to *Shrek* the halls this holiday season with *Shrek the Musical*. Based on the Dreamworks film, *Shrek the Musical* follows a solitary ogre who is sent to collect a damsel in distress, all for the sake of saving

his swamp. *Shrek the Musical* runs from Nov. 26 through Dec. 29.

The 5th Avenue continues the season by celebrating the new year with a brand-new musical. *Stu for Silverton* tells the true story of America's first openly transgender mayor, Stu Rasmussen from Silverton, Oregon. *Stu for Silverton* runs Jan. 31 through Feb. 23, 2020.

In March, audiences will be offered *Sister Act*, a musical based on the 1992 film. After a disco diva witnesses a murder, she is moved to a convent for protection, where she helps inspire the community through her music. For those counting, *Sister Act* brings the tally of nun-based musicals in Seattle in the next year to three, along with *NUNSENSE* and *NUNCRACKERS*. *Sister Act* runs March 13 through April 5, 2020.

Heading into the summer, audiences are taken on a tropical escape with *Once On This Island*. In a special two-week engagement, the 5th Avenue Theater will present the winner of the 2018 Tony Award for Best Revival of a Musical. With

the aid of powerful island gods, peasant girl Ti Moune journeys to find her place and reunite with the man she loves. *Once On This Island* runs May 12 through 24, 2020.

Rounding out the regular season, the 5th Avenue Theater is creating a new production of *Evita*. Based on the life of Eva Peron, *Evita* tells the story of a societal outcast's rise to fame, and her eventual downfall. *Evita* runs June 12 through July 3, 2020.

While many of these seasons' dates feel far in the future, it is not too early to start planning tickets for these productions. Season subscriptions are currently at their lowest prices, so buying early can result in savings down the road.

Season subscriptions for Renton Civic Theater are available by calling the box office at 425-266-5529.

For first time subscribers to the 5th Avenue, subscriptions are available through Guest Services by calling 206-625-1900. Returning subscribers can renew online at <https://www.5thavenue.org/boxoffice/subscribe>.



The Sonic franchise continues with Team Sonic Racing. The team focused game lets players choose and race with characters from throughout the Sonic universe.

NERD NEWS:

Sonic returns, Xbox update, EA expands, and John Wick

Team Sonic Racing, published by Sega. Single-player, Multiplayer, Kart Racing. Available on PlayStation 4, Xbox One, Microsoft Windows, Switch, \$40 Standard Edition.

Chili dogs, gold coins, and team work hit the race track in Sega’s latest Sonic installment.

In this *Mario Kart* style racing game features characters from the Sonic universe throughout the franchise’s history.

The game features 21 exciting tracks based off of levels from previous Sonic games, *Team Sonic Racing* will also feature new music that will excite long-time fans of the franchise.

Team Sonic Racing features some different modes of play to keep the game feeling fresh: with time trails players can try and set new lap times, the Grand Prix pits players against others to earning points to see who is the best, Exhibition allows you to set your own rules for races, Team Adventure is a story mode campaign that will tell you why these characters are racing.

There are 15 characters to choose from to set up your team.



The characters are divided into classes made up of speed, technique, and power.

Players will race in sports cars; they will be able to customize their cars after competing and earning rewards by racing.

Team Sonic Racing, as the name states, is very team oriented, allowing players to slingshot each other, to speed team mates up, or even share power ups.

The game even takes into account where your teammates finish as well as how you worked as a team. You could finish first place every race and the two other teammates could then place 7th and 8th and it would drag your total down.

Your team can be comprised of any assortment of three characters but a more balanced team might be helpful.

The most synergistic team

can fill up their “Ultimate” meter. When filled, the meter allows for a huge speed boost to all players on the team. The speed boost can be extended by smashing into other racers.

Players can unlock parts for their car based on progress in their game. The parts you earn can help modify handling, boosting, acceleration, defense, and top speed.

Team Sonic Racing will also allow you and three of your friends to play together on the couch, as well as go online to play with your other friends.

Team Sonic Racing surprisingly comes with no extra content, which seems to be the standard in the industry as of late.

If you feel the need to go fast, *Team Sonic Racing* arrives May 21.

The all-digital age is upon us?

On Wednesday, Microsoft announced the release of the all-digital Xbox One S.

This model is the same size as the normal Xbox One S but it has no disk drive and will come preloaded with three games. This announcement comes a few months before the Electronic Arts Expo where it is believed that Microsoft will unveil a new generation of Xbox.

The big move came after Electronic Arts announced that 49 percent of its sales over that past year were digital.

Electronic Arts will service PlayStation

EA announced that EA Access will be coming to PlayStation this summer.

To be more precise, EA Ac-

cess becomes available in July, but no official date has been given. This will give PlayStation players access to Electronic Arts hits through a \$5 a month subscription or \$30 annual fee.

With EA facing backlash over the last few games, this could be an attempt to earn a few new fans. Either way, it should be a good move for the company.

Become Baba Yaga

Bithell Games announced yesterday they are developing an action-oriented strategy game based off of the John Wick movies.

The game, titled *John Wick Hex*, will come to consoles and PC, exclusive to the Epic Store.

The game is described as “fight-choreographed chess” with players needing to think about every action they take.



Bithell Games has announced the arrival of John Wick Hex on Wednesday.



PROFESSIONAL CODING

CERTIFICATE AND AAS DEGREE

- Review medical documents and assign medical codes for diagnoses, procedures and services performed.
- Work in physician offices, clinics, hospitals, etc. to analyze clinical statements and assign standard codes using a classification system
- Pathway to AAS and BAS in Health Information Management.
- Start working right away in a respected profession where there are plenty of jobs available. Livable wages at entry level.

HIGHLINE COLLEGE

Visit our website and contact an advisor to make academic plan today. healthcare.highline.edu

A PATHWAY TO HEALTHCARE INFORMATION MANAGEMENT

PLENTY OF JOB OPPORTUNITIES

Academic Planning Contact:

Laurel Lunden

llunden@highline.edu

T-Bird tennis concludes regular season in second

By Calvin Domingo
Staff Reporter

With this past Saturday's defeat at the hands of Bellevue, the Highline tennis team lost its grip on first-place in the conference and will now enter Championship Weekend with a second-place finish in the standings.

However, if you ask Thunderbird Head Coach Laura Rosa if finishing in second place to the five-time defending champion Bulldogs in the standings column bothers the team, she'll say otherwise.

"Not at all," she said.

Last Saturday, the Lady T-Birds traveled to Bellevue for a road clash with the Bulldogs in their final regular season match of the season and were defeated, 6-3.

"We may have lost that match, but it will only bring us strength and an opportunity to strengthen our weaknesses," sophomore Lady Bird Miriam Cabrera said. "You learn more from losing than winning. Losing is just a step towards becoming more successful in the future. There [aren't] always clear paths."

In singles, the T-Birds were able to muster two victories and four losses.

Freshman Lexi Maison was responsible for Highline's first singles victory, as she defeated Chen-Yu Tang, 6-0, 7-5.

"In my singles match, I just needed to be patient and stay focused," Maison said.

Highline's Kaylin Phan was the only other T-Bird to finish with a victory in singles, as she handled Anna Sneesby, 6-4, 6-1 in the fifth singles match.

Meanwhile, the tandem of Cabrera and Maison got doubles started with a victory against Tang and Panchuk, 8-2.

In doubles action, Highline finished with 1 victory and two losses, as Mendoza and freshman Mikyla Olsen lost against Annie Luong and Sneesby, 8-5.

Freshman Thunderbird Nikele Price and Phan were defeated by Haylie Irving and Joanne Sakoda, 8-2.

"The match against Bellevue was one more chance for us to play some solid sets of tennis," Coach Rosa said. "We lost, but we know we can beat them, and now they know it too," she said.

"We all were very upset about losing against Bellevue," Maison said. "I personally thought it was an off day for most. After the match, everybody realized that we can't have an off day and we need to dig in and win out matches."

In advance of this coming weekend's Championships, a few Thunderbirds are feeling motivated.

"After our loss [to Bellevue], I am more motivated to win than ever," Cabrera said. "After the loss, [our whole team] has grown a chip on our shoulders. We are walking in on determination and fierceness," Cabrera said.



From left, team captain Danielle Mendoza and freshman star Lexi Maison.

Despite wrapping up a regular season that saw the Highline tennis team finish at 9-7 overall, Coach Rosa doesn't plan on lightening the load during practice.

"We have no intention of letting up," she said. "Our game plan has been consistent since day one, out last, out play. We get better every single time we step on the court."

"Part of our success comes from all of us recognizing that no single practice and no single match defines us," Coach Rosa continued. "Championships will be a culmination of everything we have done since September. We all trust the process."

Maison said that although the team knows what needs to be done for them to have a shot winning it all this weekend, they need to be able to execute for everything to come to fruition.

"We've been working on the little things this week at practice," she said. "We know what to do in doubles and singles, we just need to apply them [in] matches. I can tell [Coach] is pretty proud of us for how hard we've been working."

In every championship tournament for any sport, there's the occasional cinderella team that makes an unexpected run.

In this weekend's Championships, Spokane could very well be that "cinderella" team.

"Spokane is going to show up ready and hungry, I never count them out. They could pull some big wins which ultimately could limit our chances as well," Coach Rosa said.

Spokane finished conference play at 4-5, and 5-6 overall.

In other news, Lady T-Bird Cabrera recently took home honors for the NWAC Women's Under Armour Tennis Athlete of the Week for Week 4.

"Such a well-deserved honor," Coach Rosa said.

"Miriam is an aggressive and

powerful lefty who dictates points both with her enormous serve and by finding her way to the net," she said. "Miriam's strengths also lie in the intangibles; she plays with a lightness and joy that can't be replicated. In doubles especially, Miriam is a force. Most often, her opponents do whatever they can to avoid putting the ball anywhere within her reach," Coach Rosa said.

Meanwhile, Cabrera was caught off guard.

"I feel truly blessed and honored to be given the opportunity of being athlete of the week. I, personally, was shocked when I heard the news."

Fans can catch the Lady T-Birds in action as they travel to Spokane for the NWAC Tennis Championships; set to begin tomorrow and will run through Saturday.

"I am not nervous, I am ready," Maison said. "I personally believe we can win."

BACK TO OUR ROOTS

THURSDAY, MAY 30, 2019

5PM-9PM

BLDG.8, 1ST FLOOR, MT. CONSTANCE/MT. OLYMPUS



The Pacific Islander Club at Highline college is proud to present Back To Our Roots. It is an annual showcase of Pacific Islander culture, shared through song, dance and story. This year's theme stories of our homeland highlights indigenous epistemologies and experiences from throughout the oceania region. Come help us celebrate the beautiful and diverse cultures of oceania.

If you need accommodations due to a disability, please contact access services
(206) 592-3857 (voice) or (206) 870-4853 (tty).

Fastpitch in seventh place

By Eddie Mabanglo
Staff Reporter

After losing the last nine games, Highline’s hopes for a miracle to make the 2019 NWAC playoffs in Spokane have evaporated.

Highline is currently in seventh place in the NWAC North division, where automatic entry into the playoffs will be awarded to the top three teams. Currently, the top teams are Bellevue, Edmonds, and Douglas.

“At this point we are not going [to the playoffs] unless higher teams start to lose,” said pitcher Kalea Smith, who has started the majority of Highline’s games this season.

Smith added that “just about all of the teams” would need to lose the rest of their games over the next week in order for the Thunderbirds to punch their ticket to Spokane this year.

“So there’s really no way,” she added.

As the season nears a close, the team aims to finish the season strong after last week’s losing streak.

Highline faced the Edmonds Community College Tritons on Wednesday May 1. The Thunderbirds were swept 4-3 and 2-1.

Pitching for Highline was Smith, who struck out 5.

Edmonds offense came out early with a two-run homer in the top of the first.

Shortstop Shaily Moses scored a run on an RBI single by third-base Alexis Royal in the bottom of the fourth.

First-base Soraya Seumalo pushed Highline into the lead that same inning with a two-run homer of her own.

Edmonds took the lead back in the top of the sixth inning.

The Tritons took the lead early in the game with a pair of RBIs in the top of the first. Highline’s only run of the second game came after Riley Sykes walked Seumalo with the bases loaded in the bottom of



Stephen Glover/THUNDERWORD
Shortstop Shaily Moses currently leads the team in stolen bases (11). Moses has only been caught once in 2019.

the third.

Edmonds is currently in line to finish second place in the NWAC North division with a conference record of 22-6.

Highline’s last home games of the season were against the Bellevue College Bulldogs on Saturday, May 4. The first game saw the Thunderbirds losing 8-2.

Bellevue’s pitcher was Carrisa McDowell, who currently has the second-best ERA in the NWAC at 2.18. In the first game McDowell only allowed 2 hits from Highline.

Catcher Denise Nagayama got a triple in the bottom of the third inning, her 26th hit of the season.

Right-fielder Alyssa Avilla got an RBI single in the bottom of the fourth.

Jordyn Judge and Kalea Smith

went 50/50 on pitching duty. They gave up 5 hits each for a total of 10, and 4 runs each for a total of 8.

Bellevue’s Megan Marino, Tantum Dow, Tori McDowell and Carrisa McDowell all homered in the first game.

Carrisa McDowell also struck out first-base Soraya Seumalo thrice in the first game.

Highline lost the second game 5-1.

Bellevue started the action early with three RBIs in the top of the first inning. A homerun in the top of the second made it 4-0.

Nagayama hit an RBI in the bottom of the second for Highline’s only run of the game. An RBI single in the top of the third made the final score 5-1.

Bellevue has clinched first place

in the NWAC North division with a conference record of 27-3.

On Tuesday, May 7, Highline played two games against the Skagit Valley Cardinals. Highline was swept 8-7 and 15-7.

Jordyn Judge hit an RBI double in the second for the lead before the Cardinals answered back with 3 runs of their own.

Ashley Hendrickson went 3-5 with 3 RBIs in the game. Shaily Moses, and Alexis Royal had RBIs as well.

Right-fielder Alyssa Avilla was hit by a pitch with the bases loaded to bring home a run in the top of the fourth.

Shaily Moses stole her eleventh base of 2019.

Highline lost the game after the Cardinals rallied in the bottom of the seventh with a series of homeruns.

Highline had a sting offensive outing in the third inning of the second game, with runs being scored from Alexis Morrow, Shaily Moses, Ashlynn Fleek, and Denise Nagayama. Seumalo was walked with the bases loaded.

Skagit Valley’s offense saw scoring from Lauren Edminston, Claire Vila, Kaeli Andersen, Jacy Ammons, and Morgan DeMent.

Prestyn Lalone scored five RBIs in the game and Morgan Brown scored three.

With the end of the season around the corner, Smith is hoping to end her season on a high note.

“I’m just going in and focusing on working on the things we’ve been lacking on,” Smith said, who will be returning for the 2020 season as a sophomore.

“I’m just going to start working on getting better for next year,” Smith said.

Only two games are left in Highline’s schedule, both will be against the Pierce College Raiders, both on the road this Saturday, May 11, at 2 p.m.



Softball Standings

NORTH		
Team	League	Season
Bellevue	27-3	38-5
Edmonds	23-6	34-8
Douglas	21-7	31-8
Olympic	15-13	18-19
Skagit Valley	12-18	13-21
Everett	10-20	13-23
Highline	10-20	12-25
Shoreline	8-24	9-28
Pierce	7-22	11-26
EAST		
Team	League	Season
North Idaho	25-5	31-9
Big Bend	24-6	32-10
Walla Walla	21-9	27-13
Wenatchee Valley	18-9	19-12
Spokane	14-15	18-19
Columbia Basin	11-17	14-18
Treasure Valley	10-18	13-30
Blue Mountain	6-24	6-32
Yakima Valley	0-26	2-29
SOUTH		
Team	League	Season
Mt. Hood	26-0	32-5
Centralia	18-7	24-11
Lower Columbia	17-9	26-11
Clackamas	13-13	22-25
SW Oregon	12-13	17-23
Clark	8-17	10-24
Chemeketa	5-21	11-32
Grays Harbor	3-22	3-28

Individual Leaders

BATTING AVERAGE

Name	Team	AVG
O Dean	Centralia	.561
M Schorn	Clark	.559
K Jantzi	Mt Hood	.545
T Dow	Bellevue	.524
M Parsley	Everett	.523

RUNS BATTED IN

Name	Team	RBI
K Jantzi	Mt Hood	84
N Munson	Clackamas	76
T McDowell	Bellevue	76
T Dow	Bellevue	74
D Brooks	Centralia	73

EARNED RUN AVERAGE

Name	Team	ERA
M Mott	North Idaho	1.78
C McDowell	Bellevue	2.20
J Podskalny	Douglas	3.08
A Giles	Walla Walla	3.39
R Harris	Bellevue	3.59

WINS

Name	Team	W
M Pierce	Mt Hood	31
J Podskalny	Douglas	20
R Harris	Bellevue	17
D Brooks	Centralia	17
B Christensen	Big Bend	17

TENNIS STANDINGS

School	W-L	PCT
Bellevue	7-1	.875
Highline	6-2	.750
Spokane	4-5	.444
Treasure Valley	2-6	.250
Skagit Valley	2-7	.222

Golfers finish in seventh of own match

By Grace Ellis
Staff Reporter

Jenna Muller shot the Highline golf team’s best score for the season this week as the club hosted its League match at Riverbend Golf Complex in Kent.

The match took place on May 5-6.

The team placed seventh out of the 10 teams participating, with an overall score of 540.

Southwest Oregon College placed first with an overall score of 479.

Four Highline players played at the match: Muller, Alyssa Metzger, Shylee McConnell, and Paige Mellum.

The match marked the best overall team score for Highline of the season. It also marked new personal best scores of the

season for Muller, Mellum, and McConnell.

The team was able to overtake Walla Walla College for seventh place by three strokes. The two teams were neck-and-neck for most of the match until the last few holes where Walla Walla surpassed Highline’s team in stroke-count.

“We were actually in eighth place [overall] until the last few holes where we got bumped up to seventh,” Muller said.

“I was happy with the way we finished in the second round. We made up ground and overtook Walla Walla for seventh place,” Coach Steve Turcotte said.

Muller scored a 83 on Sunday and a 80 on Monday. Metzger scored a 99 on Sunday, and a 90 on Monday. Mellum scored a 93 on Sunday and a 97 on Mon-

day. McConnell scored a 104 on Sunday and a 95 on Monday.

Muller’s score of 80 on Monday broke the record for the overall best score of Highline’s golf team for the new season. The original score was set at 82, also set by Muller during the team’s match in Spokane.

Muller also finished fourth out of the 45 players in the tournament.

“[It was] her best finish in a NWAC Conference Tournament. She missed the playoff by five shots,” Coach Steve Turcotte said. “She shot 83-80 - [a] solid tournament for her.”

Because of the dry weather, the course conditions were also much easier to play in, Muller said.

“We finished seventh as a team, [a] good finish. But we left a lot of strokes out on the course

with penalties and putting,” Turcotte said.

There were some improvements however. Every player improved their scores from the last match, and Muller got three birdies: one stroke under par for each individual hole.

“There were some good highlights. [Metzger] and [McConnell] both played much better on the second day, hitting the ball better and making shots where they needed to. [Mellum] was consistent for both days , but it was tougher [because] she has an injured knee. So it’s great that she’s out there competing. [Muller] was solid for both days,” Turcotte said.

Highline’s next match will be at Tokatee Golf Club on May 10 for the Columbia Basin Invitational.

WEEKLY SUDOKU

BY LINDA THISTLE

4			5				2	
	1				9			3
		3		8		5		
		5	7					4
	6			4	1	3		
9					2		6	
2				6		9		
		9			7			8
	7		3				1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

© 2019 King Features Synd., Inc.



1. LITERATURE: Which one of Charles Dickens' novels features a character named Pip?
2. TELEVISION: Who played the title role in the 1970-80s sitcom "Alice"?
3. ANATOMY: Which part of the brain regulates homeostasis of wake/sleep cycles, hunger and thirst?
4. U.S. STATES: What is the capital of Washington state?
5. MYTHOLOGY: What was the name of the Roman equivalent of the Greek goddess Aphrodite?
6. GEOLOGY: Diamonds are mostly made of which element?
7. HISTORY: In which American city did the Great Molasses Flood occur in 1919?
8. THEATER: Which

long-running musical features the character Fanny Brice?

9. ACRONYMS: What does the acronym "ROYGBIV" stand for?

10. FOOD & DRINK: What is ciabatta?

Answers
1. "Great Expectations"
2. Linda Lavin
3. Hypothalamus
4. Olympia
5. Venus
6. Carbon
7. Boston
8. "Funny Girl"
9. Color sequence of the rainbow (Red, orange, yellow, green, blue, indigo and violet)
10. Type of Italian bread

Puzzle answers on Page 12

KING CROSSWORD

ACROSS

- 1 Last few notes
5 Med. approval org.
8 Fall into a beanbag chair
12 Last write-up
13 Valentine misspelling
14 Actress Turner
15 Missing
16 Past
17 Spore cases
18 Pour wine
20 Time of discontent?
22 Calf's mama
23 Fresh
24 1/4 bushel
27 Not steadily
32 Vast expanse
33 Play with robots
34 Anonymous Richard
35 Discontinue
38 Nervous
39 Type of humor
40 Candle material
42 Chemical relative
45 Discount store
49 Ms. Moore
50 Blunder
52 Green land
53 Mideast nation

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22					23				
24	25	26			27	28	29				30	31
32					33					34		
35			36	37					38			
		39					40	41				
42	43				44		45			46	47	48
49					50	51			52			
53					54				55			
56					57				58			

- 54 Cartoonist Browne
55 Kvetches
56 Queue
57 Chances, for short
58 Jog
8 Shaved a board
9 Debate closer
10 Previously
11 Duo
19 "Forget it!"
21 Hostel
24 Next-to-last letter
25 Still, in verse
26 Role for Julie, Eartha, Lee, Michelle, Halle or Anne
28 Rapa — (Easter Island)
29 Museum
30 Visibility hindrance
31 "30 Rock" star
36 White weasel
37 Catcher's place?
38 Range
41 Symbol for gold
42 "American —"
43 Big rig
44 Start over
46 Storyteller
47 Therefore
48 Criterion
51 Tear

© 2019 King Features Synd., Inc.

ARIES (March 21 to April 19) Untangling personal problems might take more time than the impatient Lamb expected. But it's important to hang in there until all those knotty situations are straightened out.

TAURUS (April 20 to May 20) You still need to work out last-minute snags in your dealings with a rival. Hold your ground despite a perceived lack of support. Things should turn around before you know it.

GEMINI (May 21 to June 20) Best not to delay preparing for that upcoming family event. The sooner you get things started, the better chance you have of finding potential problems and making needed changes.

CANCER (June 21 to July 22) The romantic Moon Child might be reluctant to see the reality behind that "ideal" situation. But by midweek, the practical Crab emerges to help clear away the moonbeams.

LEO (July 23 to Aug. 22) Although the Big Cat might be receptive to more "purr-suasion" to get you to agree to



a workplace change, make sure you can distinguish the fine line between facts and flattery.

VIRGO (Aug. 23 to Sep. 22) Your positive attitude in the workplace helps to get you noticed by the right people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

LIBRA (Sep. 23 to Oct. 22) Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

SCORPIO (Oct. 23 to Nov. 21) Don't be reluctant to act on your suspicion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

SAGITTARIUS (Nov. 22 to

Dec. 21) A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

CAPRICORN (Dec. 22 to Jan. 9) A friend or family member's request might carry some hidden factors that could later create problems. Be sure you know all the facts before you make your decision.

AQUARIUS (Jan. 20 to Feb. 18) A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

PISCES (Feb. 19 to March 20) You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

BORN THIS WEEK: Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you.

(c) 2019 King Features

GO FIGURE BY LINDA THISTLE

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	x		-			10
-			÷		÷	
	+		+			7
x		x			+	
	x		-			18
10		15		9		

1 2 3 4 5 5 6 7 8

©2019 King Features Syndicate, Inc.

Branch out and remember your roots

By Jonathan Beatima
Staff Reporter

People need to be in touch with their culture and its past if they ever expect to grow, a speaker told a Highline audience on April 24.

Dr. Alvin Logan gave his seminar “A Tree Without Roots” as part of Highline’s Unity Through Diversity Week.

Dr. Logan is the director of student leadership at Seattle Central College.

The presentation went from 11 a.m. to 12:30 p.m., and illuminated the importance of protecting black spaces in predominantly white environments.

Logan emphasized the importance of protecting the historic black colleges and universities, the history, and the mindset of black culture as well.

Logan received his bachelor’s degree in urban planning and education and master’s degree in education from the University of Washington. He is currently the director of Student Leadership at Seattle Central College.

His research and scholarship revolves around black males in higher education, with a special focus on black collegiate athletes.

Logan started off his seminar on April 24 by paying homage to Nipsey Hussle, an American rapper, songwriter, entrepreneur, and community activist from Los Angeles, who died March 31.

Logan applauded Hussle’s efforts as someone who overcame various systemic obstacles to give back to the black community of Los Angeles.

Hussle started a “Too Big To Fail” campaign, which is a STEM (Science, Technology, Engineering, Math) center and Maker Space that encourages design thinking and innovation in local youth.

“R.I.P. Nipsey Hussle. He created 41,000 jobs to help bridge the gap between Los



Samuel Hernandez/THUNDERWORD

Angeles and Silicon Valley,” Logan said.

Hussle was a large supporter of Destination Crenshaw, a community-inspired project that will use L.A.’s iconic Crenshaw Boulevard as a canvas and anchor for public art and streetscape design.

Destination Crenshaw will celebrate the historical and contemporary contributions of Black L.A. and the Crenshaw community — the largest black community west of the Mississippi River.

Logan continued his presentation with his theoretical framework, which included topics of colonialism, western exceptionalism, genocide, the value gap of blackness and representation, erasure, and sports.

“Colonialism is a policy of domination of a country, a nation by [another] nation, a country seeking to expand its territory, resources, or authority,” Logan said.

His research showed how Western exceptionalism, the idea that the West alone knows civilized ways of living and

knowing, has set up a system of power based on race and ethnicity that has perpetuated genocide.

Logan examined the different types genocide in his research.

Confrontation is the physical genocide of an ethnicity.

Incarceration is the biological genocide of a race by limiting their ways of reproducing.

Assimilation is the cultural genocide of a race by removing the ideas, values, beliefs, and practices of a culture.

“For you to make a dollar, I need to make two. The colonizer of the oppressor will always have the upper hand,” Logan said.

He explained how the media portrays the black community is particularly harmful.

Logan displayed the cartoon image of Serena Williams crudely drawn as an angry black woman after complaining about unfair officiating during one of her tennis matches.

He compared this image to

the one released when Maria Sharapova, another professional female tennis player, failed her drug test.

Sharapova’s image portrayed a victorious white woman as opposed to someone who cheated the system.

“Truth is not about fact. Truth is about repetition,” Logan said. “The media has a way of erasing what it means to be authentically black. If you keep being portrayed this way, you’re going to avoid trying to be this way.”

Logan’s research was also concerned with erasure, the practice of omitting or short-sightedly representing the achievements and plights of black people.

One specific example he used in his presentation talked about a Texas social studies textbook calling slaves “workers.”

He also pointed out how the sanitization of the Rev. Dr. Martin Luther King Jr. and his push for racial equity and civil rights in the United States erases an important piece of history.

“Students are experiencing racism and social stress, which affects them academically,” Logan said. “They experience impostor syndrome, where people feel like they’re less significant, because they feel like they’re somewhere they’re not supposed to be at.”

Logan emphasized how these practices have had impacts on higher education.

He is concerned with the statistics of recent admission numbers of historically black colleges and universities.

“Since [these institutions] have opened their doors, 17 have closed. Enrollment has dipped 8 percent in 2015 and 11 percent in 2017 with many still struggling to keep doors open,” said Logan. “HBCU’s are the leading producers of black doctors, lawyers, engineers, and duds.”

Logan said historically black spaces are important to the



Dr. Alvin Logan

community because they symbolize liberation, protection, and education.

These are black spaces where people can feel free, bold, empowered, and that they belong.

Logan explained how all of these attitudes even affect sports.

He pointed out how there are no black owners in the NFL and only one owner of color.

Logan closed his presentation with a clip from Beyoncé’s Netflix special Homecoming.

This film documents Beyoncé’s rehearsal and performance at Coachella, a music festival held in the spring at Indio, Calif.

Beyoncé wanted her performance to represent the importance of black empowerment.

In 2018, Beyoncé became the first black woman to headline the festival.

“It takes persistence. How persistent can you practice being who you are and being unique?” Logan asked.

He urged the crowd to get educated and speak out against social injustices when they see it.

“You build great amount of knowledge when you engage everybody. Having the courage to say something is not right is a big first step.”

CWU event showcases students’ hard work

By Emmitt Sevores
Staff Reporter

Central Washington University-Des Moines’ SOURCE event, that showcases scholarly work, returns to the Highline campus next week for the eighth straight year.

SOURCE is the Symposium of University Research and Creative Expression where CWU undergraduate students, graduate students, faculty and staff are encour-

aged to show off work, ranging from artwork to scientific research.

With SOURCE coming back for its eighth annual event, it has become a yearly staple on-campus.

It’s also become a helpful tool for students looking to express themselves.

“SOURCE is a great opportunity for students to express themselves,” said Kurt Ikemeier, CWU-Des Moines regional director.

He also explained that it is fun for the students who participate, to have something physical to present in the event.

Some examples of the types of works presented include:

In 2015, eight students used SOURCE as an opportunity to showcase their individual business plans and ideas.

One of those students, Daniel Marino, expressed his idea to create a pie company called Piefect.

In Piefect, the employees will create “special in-house and custom pies with the best local ingredients.”

Another business plan that was presented via an oral presentation, suggested developing online services for the deaf community.

That includes deaf children and adults, parents of deaf children, teachers, and interpreters.

There was also, in 2015, a presentation on leadership

both in the country and the community, after Hurricane Katrina.

Hurricane Katrina had hit the southern U.S. in August 2005.

This year, 11 students will present compared to last year’s seven.

SOURCE starts on May 14, and continues through May 16.

It will be in Building 2 from 5 to 8 p.m.

There is no admission fee.

Agriculture

continued from page 1

agriculture is that you can grow food in small places,” Kubes said.

The On-the-Grow Garden Truck program was originally developed just to work out of the food bank a few times a week, but the truck has become so popular that it’s now booked out for a year with a full schedule of classes to teach throughout the community.

She teaches classes on anything from tasting and cooking with herbs, to demos and hand-outs on cutting squash and cooking them in the microwave, to growing potatoes out of tote bags.

The mission of the truck, Kubes said, is to reconnect the community to healthy food and nutrition.

She does this by helping build the confidence in individuals to take the skills they learn at the truck and implement them at home, she said.

The truck runs throughout Des Moines, SeaTac, and Normandy Park. It can be found teaching classes at schools, senior centers, farmer’s markets, and more.

During the summer months, the truck is primarily busy hitting about three spots a day for the Des Moines area Food Banks’ Summer Meals program.

Summer Meals is a program that helps provide kids in the community (who would normally depend on free school lunches) with a nutritious lunch and snacks six days of the week.

Kubes’ On-the-Grow Garden Truck has grown to be extremely successful, she said.

Last year the truck connected with more than 4,000 people, gave away more than 14,000 plants/seeds and currently has



Bridget Kubes stands in front of her On-The-Grow Garden.

Courtesy of Bridget Kubes

six farms growing produce for the truck and her classes, with Highline’s Urban Agriculture Program being one of them.

Going through Highline’s Urban Agriculture Program gave Kubes the freedom to explore the different avenues of urban agriculture and to discover the entrepreneurial opportunity within them, she said.

“I think it [the Urban Agriculture Program] is a very entrepreneurial kind of opportunity because in urban agriculture people are developing new products and ways of farming,” Kubes said. “There is a lot of room for creativity.”

The program is only about three years old and has had two graduates in that time, Kubes being one of them.

There are currently six students enrolled in the program

to get their one-year certificate or two-year degree.

All current students in the program are given their own plot in the garden to plant in and harvest from.

They are also given the opportunity to participate in selling their harvested produce throughout the summer at the Des Moines Waterfront Farmers Market, which is open from 10 a.m. to 2 p.m. every Saturday, June through September.

“We want to give them some real-world experience,” said Urban Agriculture Program Manager Bobby Butler.

“To give students an opportunity to learn the business side of farming because building a name and reputation for ourselves [as small-scale farmers] is an important step.”

Once you know how to grow

the crops it can be a lot less challenging than trying to find a buyer, he said.

All proceeds from the market will go back into sustaining the program and providing students with scholarships.

The program’s mission is to train the next generation of sustainable farmers while providing students with the fundamental knowledge required for operating their own small-scale farm, Butler said.

Over the past three years the Highline’s Urban Agriculture Program has developed about 40 community partners throughout King Country to help support its mission of increasing access to sustainable resources among food deserts (like Des Moines) where it is difficult to find access to fresh, unprocessed foods.

“We’ve received two grants from the King County Conservation district, which have helped us buy all the supplies and equipment we need,” Butler said.

Butler was hired on at Highline to teach almost immediately after graduating from Washington State University with a bachelor’s in Organic Agriculture Systems, and is currently working on his master’s degree in agriculture.

While he’s always been drawn to the vibes of the farm, Butler said that he didn’t have much of an interest in agriculture until he started learning about the environmental impacts derived from it in community college.

“I was headed towards the environmental science major route and until I discovered that I really wanted to be hands on and doing something practical, and learning about agriculture and how impactful it would be, I was like ‘that’s what I need to be doing,’” Butler said.

Through his experience, he discovered how rewarding it was to be growing a product that is both good for people and good for the environment.

“If we can help people in the community sustain themselves, first of all, maybe they won’t have to spend as much money at the grocery store – but they’ll also have more access to fresh produce, which means they can spend more money on important things, like medical cost or insurance,” he said.

“At this point on our planet I think that it’s important to have a sustainability mindset in anything that you do.”

To learn more about Highline’s Urban Agriculture Program, you can visit their website at <https://urbanag.highline.edu/>.

Highline will Welcome the World next week

By **Giordan Gallacci**
Staff reporter

Highline is hosting several events as a part of its Welcome the World Week that begins Monday.

The events are set up to bring awareness and knowledge to the international students and migrant students of Highline. There will be several activities and presentations by professors and guest speakers all over campus throughout the week.

“These events are set up to bring attention to the topic [of struggling international students] and give people resources to exceed,” Professor Jenn Ritchey said.

The first event on Monday, May 13 from 12:15 to 1:20 p.m. in Building 8 will focus on the Washington resettlement process.

The guest speaker will be Sarah Peterson, from the Washington State Department of So-

cial and Health Services. “She is a wonderful person and very helpful too,” Ritchey said.

On Tuesday, May 14, there will be a discussion of the Fullbright Teaching Experience. Fullbright is one of a handful of United States cultural exchange programs. The program is intended to share and teach an international culture to other people from America. Fullbright is present in more than 160 countries. This event will run from 12:15 to 1:20 p.m. in Building 2.

On Wednesday, there will be a hands-on event sponsored by Phi Theta Kappa. PTK is an international honor society for two-year colleges and academic programs. At the event, each participant will have the chance to go through a simulation called “Passages.” The simulation only takes about 15 minutes is designed to help create a better understanding

of the problems that refugees face during their journeys. The event will run from noon to 2 p.m. in Building 29, room 116.

On Thursday, May 16, guest speaker Dr. Cabiri Robinson, a cultural anthropologist, will speak about how World War II shaped Asia and its migrant/refugee issues. Robinson has worked with refugees and immigrants for a long time and is also an associate professor at

the University of Washington.

Specifically, she will cover how some people were forcibly displaced and became migrants instead of refugees at the end of WWII and how it is still impactful. The event will run from 11 to 11:50 a.m. in Building 7.

On Friday, there will be an International Student Forum. This event is open to everyone who wants to express any concerns that international stu-

dents and migrant students may have here at Highline.


“Everyone is welcome, this event is meant to express all immigrants’ concerns, as well as talk about and highlight all the great things about being an international student. We also want to help the students down a solid career path and promote transferable skills in the process,” Ritchey said.

This event will run from 11 a.m. to 12:30 p.m. in Building 7.

PHP INVITES YOU TO COME

-JOIN US FOR PRAYER ON CAMPUS
-JESUS SAVES, HEALS, AND DELIVERS EVEN TODAY
-LEARN ABOUT PRAYER AND PRACTICE PRAYING
-ALL ARE WELCOME

Weekly Wed & Thurs 7pm
Highline College Campus Bldg 14 Room 103



PENTECOSTAL
HOUSE OF
PRAYER

PHPrayer.com
P.Vasily 206-755-4544

Legislature

continued from page 1

But Rep. Gregerson said that if it were up to her, it would go one step further. She said that she is open to amending the Washington State Constitution to guarantee two years of college free for everyone in the state.

“If we invest in human capital, the benefits are great,” she said.

On April 16, the staff and faculty from community and technical colleges around the sound rallied for more funding from the Legislature for compensation, infrastructure spending, and money for student programs.

In the budget that was passed, all Washington state employees received a 3 percent pay raise, and

employees in king County received an additional five percent raise. The Legislature also raised tuition rates at state universities by up to two point four percent.

The rallies did not go unnoticed. Rep. Gregerson said that demonstrations such as these are “impressive and important” and they show the Legislature how much people care.

“It always feels good when the community is activated,” she said.

In particular, Rep. Gregerson said these demonstrations helped to show the Legislature much people cared about funding two-year schools in the state.

Often on two-year college campuses, there is a feeling the larger schools such as the University of Washington and Washington

State University have more power in the Legislature. And Rep. Gregerson learned the same thing.

She said that when she was appointed to her first term, she learned quickly how much say the larger colleges have in the Legislature.

“It is the large universities that have a lot of power,” she said.

But Rep. Gregerson said that this is starting to change. She said that during recent sessions, smaller two-year schools are starting to have a more powerful voice.

“Community and technical colleges are coming out very strong,” she said.

In 2017, the Legislature had to go into two special sessions past their original 105-day session in order to come to a biannual bud-

get agreement.

During that time, Democrats controlled the House and the governor’s mansion, while Republicans controlled the Senate. But with Democrats now in control of all three, Rep. Gregerson said that it was critical to pass the budget on time.

Rep. Gregerson said that if they wanted to, house of representative Republicans could have stalled the session enough to force a second session. But the Republicans kept to short speeches below their allotted time that allowed the Legislature to pass a budget before the end of the regular session.

“I’m actually proud of the Republicans,” Rep. Gregerson said. “It goes to show that the work we did was very bipartisan.”

Mom

continued from page 1

“She strongly encouraged me to get an education,” Linney Ea said. “The only thing that people can’t steal from you is an education. She is a very hard working woman, and shows me every day that women can do anything.”

“When she attended my high school graduation, she was very happy for me because she never got the chance to do so herself,” Mimi Behongene said. “Now that I am graduating next quarter, I cannot wait to see how happy she will be.”

Many students have learned valuable life lessons from their mothers throughout the years. By giving their children building blocks, mothers are able to encourage them to better themselves as they go through making decisions and living life to the fullest.

Eric Zazueta’s mother told him that “You gotta work hard, show love and it’ll come back around.”

Although mothers do not have to go through rigorous training and torture like Black Widow did to become as strong as she is, they are able to teach their children how to be prepared for anything in life.

“She taught me to always be thankful and to always listen,” Rylee Clarke said. “She always says to be the best that you can, and if you fail, don’t make a big deal about it.”

“Be kind even if others aren’t kind to you,” Amanda and Ricky Leung said is one of the most impactful lessons their mother has taught them.

“People aren’t really paying that much attention to you, so don’t worry about what they think of you,” Highline student Eva Lathy said.

And many students’ favorite memories, involved their mothers too. Many included big events that were full of good times.

“Dancing with her at my [quinceanera]. When I was sick, she’d make me Caldo de Pollo,” Daniela Leon said.

“When her and my dad got married and I got to dance with them at the wedding. That was fun,” Ariana Gandert said.

Other favorite memories, were simply moments while living day-to-day with their moms.

“My mom and I used to go skating in the park on rollerblades and went through the sprinklers. We then came home and had fresh homemade Orange Julius and listened to Taylor Swift and just danced around and had so much fun,” Dayna Marie said.

“[My favorite memory was] when she was there next to me the whole time when I was in the hospital,” Rafael Pineda said.

“My mom and I went on a road trip to LA. We spent the day together,” Olivia Swallow said.

“A lot of my memories are of cooking with my mom,” Jiro Jones said.

For some, getting something for their super-mom for Mother’s Day has been an emotional, but good, journey.

Student Linh Nguyen teared up while talking about what she will get for her mom for Mother’s Day.

“I’ve been saving money. I will buy her favorite Louis Vuitton bag, [which] she loves. Every time we walked past the store she always looked at the bag with sad eyes. She really wants to own a luxury bag like that, but she has to take care of four kids by herself. Since Mother’s Day is coming, I have [an] opportunity to get her the bag,” Nguyen said.

One common theme that students would like to tell their moms, is how much they love and appreciate them.

“Thank you for everything that you have done for me,” Olha Mandzyuk said. “You are so cheerful and inspiring. I appreciate you.”

“I love you and I’m sorry for everything like all of the times I was a bad kid to you,” said Antonio Balaoing.

“Even if I have an attitude when I talk to you, I do still listen to everything you have to say and I for sure wouldn’t want any other mother,” Jaylen Green said.

“I want to know more about you, I love and appreciate you

more than you think,” Gandert said.

Ultimately, students want their mothers to know how much the love them and how thankful they are for everything that they have done for them. Even through the ups and downs in life, even if they do not have time to talk to or see their mothers, students are very grateful for all they have done.

“I wish we were able to spend more time together. I only see her once a month. Mommy, I do love you a lot, I just wish we can spend more time like how we used to be,” Cassandra Chau said.

“I may be too busy now-a-days

to spend time with you, but just know that I love you very much and when I get a job, I’ll buy a house for you and the dogs,” Ricky Leung said.

“You are so amazing, beautiful, and I am so proud that you are my mother,” Nicole Brose said.

“God has blessed me with a mother like you, anyone that meets you is lucky. I wouldn’t change you for anything in the world,” Joshua Alcantar said.

Staff reporters Jacquie Wolfe, Thao Nguyen, Yicell Castillo, Deion Glass, Alejandro Chavez, and Elidia Torres contributed to this story.

Go Figure!
answers

3	×	6	−	8	10
−		÷		÷	
1	+	2	+	4	7
×		×		+	
5	×	5	−	7	18
10		15		9	

King Crossword
Answers
Solution time: 25 mins.

C	O	D	A		F	D	A		P	L	O	P
O	B	I	T		L	U	V		L	A	N	A
L	O	S	T		A	G	O		A	S	C	I
D	E	C	A	N	T		W	I	N	T	E	R
				C	O	W			N	E	W	
P	E	C	K		O	N	A	N	D	O	F	F
S	E	A		R	U	R		R	O	E		
I	N	T	E	R	M	I	T		E	D	G	Y
		W	R	Y				W	A	X		
I	S	O	M	E	R		O	U	T	L	E	T
D	E	M	I		E	R		E	I	R	E	
O	M	A	N		D	I	K		N	A	G	S
L	I	N	E		O	P	S		T	R	O	T

Weekly SUDOKU
Answer

6	3	5	1	9	8	4	2	7
4	8	9	2	7	3	1	6	5
2	1	7	5	6	4	3	9	8
5	6	3	4	8	7	2	1	9
7	4	2	9	1	5	6	8	3
1	9	8	3	2	6	5	7	4
8	7	4	6	3	1	9	5	2
9	5	6	7	4	2	8	3	1
3	2	1	8	5	9	7	4	6

5

NEW BACHELOR DEGREES AT HIGHLINE COLLEGE

Designed to get you into high demand jobs.

YOUR SUCCESS STARTS HERE

Cybersecurity and Forensics
Global Trade and Logistics
Respiratory Care
Teaching and Early Learning
Youth Development

Are you finding it tough getting a job or advancing in your current one without a bachelor’s degree?

If you have a two year degree, build on it with education to make you more competitive and valuable in your career. Our degree programs include a combination of evening, online and/or hybrid courses to work around your busy schedule.

Learn more today at highline.edu/bas or call (206) 592-3662.

HIGHLINE COLLEGE