

THUNDERWORD

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Highline prez enjoys pizza with a side of conversation



Page 7

Skull and bones still far from a screen near you



Page 9

Tennis team comes up short, but three win championships



Culture shock: International students grapple with how to succeed far from home

By Seattle Valdivia
Staff Reporter

Cultural shock, communication difficulties, home-sickness and financial issues are some of the various challenges international students face when they come to Highline.

International students are those who have the opportunity to undertake part or all of their studies in another country. Many are looking to succeed and have better opportunities in their future lives.

International Student Programs Manager Eva Engelhard, said that every international student is different, but usually what every student has to face when they come to the United States is cultural shock.

"[Cultural shock] is living in a country that doesn't have the same food or same transportation or same view as their home country," Engelhard said. "Or it could be the academic culture."

Culture shock covers academics, food, language and lifestyle changes; it's one of the biggest challenges that International students face when coming to the United States, Engelhard said.



Samuel Hernandez/THUNDERWORD

Yuxin Li, an international student from China who goes by the name Rebecca, faced some cultural shocks when she arrived in the United States. Rebecca moved to California

in 2014 and then to Seattle in 2017.

"When I just arrived here the language was my biggest

See Students, page 16

Raises help Highline stay on even playing field, faculty rep says

By Mitchell Roland
Staff Reporter

State employees are in line for a pay raise after the Legislature passed a biennial budget that covers 2019 to 2021.

Before the Legislature passed the budget, faculty at colleges around the sound to make sure that their voice was being heard.

On April 16, faculty from community and technical col-

leges around the Seattle area rallied and protested for additional funding from the state legislature. Faculty from Highline joined by holding a virtual rally.

At the time of the rallies, the president of the Highline College Education Association Dr. James Peyton said that the rallies were to try and get additional funding for compensation, student aid and infrastructure.

In the budget that was passed by the legislature, state employees received a three percent cost of living adjustment statewide. State employees in King County also received an additional five percent cost of living adjustment.

"Overall, I think faculty are seeing the combined five

See Legislature, page 15

Vice presidential candidate makes her pitch to campus

By Izzy Anderson
Staff Reporter

To Dr. Mahalaxmi Gita Bangera, Highline's vice president of academic affairs would be a perfect fit.

Dr. Bangera had a chance to meet students, staff and faculty at a forum Tuesday, and talked about why hiring her on would be beneficial, for herself and for Highline.

After her speech, an open Q&A discussion took place as well.

More than 100 students, staff and faculty attended. Every seat was taken, and dozens of people were lined up against the walls.

Dr. Jeff Wagnitz is the current vice president of academic affairs, a position he has been in for a decade. In this time, Dr. Wagnitz also served as interim president during the search for Highline's president last year.

Once a new vice president is selected, Dr. Wagnitz will retire from full-time positions at Highline.

Dr. Bangera is currently the Dean of the Research, Innovation, Service and Experiential Learning Institute at Bellevue College.

She earned her bachelor's and master's degree from the University of Bombay, another master's degree in Biological Science from Carnegie-Mellon University, and worked for a doctorate from Washington State University.

She has been involved in higher education and private industry for more than two decades. Dr. Bangera has also spent time as an acting co-president and as an interim vice president.

Right off the bat, Dr. Bangera made it clear that she looked to

earn trust, not be given it.

"If I am lucky enough to be in this position, I do know I have to come in and earn your trust," she said. "I [also] know ... leadership is not a 9-to-5 job."

One major point she brought up regarding improvements to campus, was the need to encourage partnership between programs, to better the college and bounce ideas back and forth.

"I think the collaboration between academic affairs and student affairs to really support the whole student, is vital," Dr. Bangera said.

And regarding starting and continuing new projects, Dr. Bangera explained how she is well-equipped for the task.

She brought up what she referred to as the firefly affect.

"Innovation, innovation, innovation, then it disappears," she said.

Dr. Bangera said that she knows how to start, see through, and successfully finish projects, that many times would otherwise fall to the wayside.

"I have experience doing that," she said.

Part of this is by making sure all objectives of the project are covered, everyone has a voice on said project, and a clear agenda is present.

See VP, page 15



Dr. Mahalaxmi Gita Bangera



Bldg. 27 targeted for theft

By Feride Aydin
Staff Reporter

A theft was reported two weeks ago on May 2, saying that someone stole around \$100 from Building 27.

The case has been reported to the Des Moines Police Department.

Although Public Safety called the Des Moines Police Department, there is no information on whether the thief has been caught or if the money will be recovered.

Students, faculty and staff are advised to not bring large amounts of money and/or personal belongings on campus.

If you do, Public Safety advises that you do not leave it laying around or unwatched, as it will put you at risk for theft.

Vehicle collision reported

By Ally Valiente
Staff Reporter

A car collided into another car on May 8 at the south parking lot around 1:30 p.m.

Before police could arrive, the driver fled the scene.

Fortunately for the car owner, they saw it happen and got the license plate number.

Public Safety has informed the Des Moines Police Department and the case is still under investigation.

This is the second time that a hit and run or collision has been reported this quarter.

Another incident had previously been reported on April 9 in the east parking lot.

Public Safety reminds everyone to walk carefully and have awareness of your surroundings and what is going on.

Sign up to work for the Thunderword Fall Quarter

Money raised for scholarships at Gala

By Deion Glass
Staff Reporter

The Highline College Foundation annual Gala netted \$90,000. It was on April 27 at Cedarbrook lodge this year.

Approximately 170 people dined on beef tenderloin and stuffed Pacific sole or a vegetarian dish before opening their wallets to help Highline students.

“These funds support schol-

arships, projects and programs such as athletics,” said Foundation Executive Director Josh Gerstmann.

After Helen Nash from the ACHIEVE program spoke about her experiences at Highline and encouraged attendees to contribute to the Foundation’s General Scholarship Fund, \$42,600 was raised through paddle raises.

“These funds specifically go to the General Scholarship

Fund,” Gerstman said.

The Foundation awards more than 200 scholarships on an annual basis, he said.

“The Gala is just one of the many ways we raise money to support funds for scholarships, emergency funds, and special projects,” Gerstman said.

Next up will be the annual T-Bird Classic Golf Tournament on Friday, June 14, the day after Commencement.

The event at Twin Lakes

Golf and Country Club will raise funds for the college’s athletics programs.

There will be prizes and dinner is provided for those who attend.

The tournament will be a four-person scramble that begins at 12:30 p.m. with a shotgun start. Check-in is at 10 a.m.

For more information, contact Athletic Director John Dunn at jdunn@highline.edu.

Student Election continues

Voting for either candidate in the upcoming election can occur online between midnight on May 15 until 11:59 p.m. on May 16.

You can vote at elections. highline.edu.

You can also vote in person as well. Polling booths will be set up at the library entrance, Building 6 entry plaza, and at the Student Union in Building 8 from 10 a.m. to 2 p.m.

Election results will be posted on Friday at noon in Center for Leadership and Service.

Prepare for graduation

Graduating students are encouraged to attend Grad Fair where they can accomplish many of the tasks needed to prepare for Commencement.

At the Grad Fair, students can purchase commencement regalia, pick up cap & gown orders from online orders, join the Alumni Association, check in for Commencement, visit a cap decorating station, buy a class ring, get professional graduation photos taken, and celebrate with fellow graduating classmates.

You can join the celebration at Building 8, 1st floor, Mt. Constance/Olympus on May 21 from 9 a.m. to 4 p.m.

Memorial Day Celebration

To celebrate Memorial Day, Veterans Services has arranged for the American Veterans bugler to play as a wreath is laid at the Veterans Memorial Plaza. Following the honor, Lourdes E. ‘Alfie’ Alvarado-Ramos, current president of the National Association of State Directors of Veterans Affairs will give a speech inside Building 2.

Hamburgers and hot dogs will be provided to everyone that attends.

This event will take place in the Veterans Memorial Plaza & Building 2 on May 23 from 10 a.m. to noon.



Calendar

- Get recognized for your achievements this fall -
- Students interested in applying for the Achievement Award for Fall Quarter 2019 can now do so. Running start and international students not eligible.

- Spring College Transfer Fair -
- If you are planning to transfer to a 4 year college or university in the future, be sure to attend this free college fair.
- Located in Building 8 first floor, come visit with admissions representatives from approximately 30 4 year colleges and universities.
- The fair is the perfect place to explore colleges and new options.
- Learn about the transfer process and deadlines, admissions requirements, scholarships, majors offered and more.
- This event will take place on May 28 from 9:30 a.m. to 12:30 p.m.

- Get empowered with Ladies Leading Summit -
- Young women of color are invited to attend the Young Educated Ladies Leading Summit, which is a free event designed to empower, encourage and educate.
- Adults and chaperones are welcome to attend.
- The summit is scheduled for May 18 from 8 a.m. to 4 p.m. in Building 8.

Correction

In last week’s paper, the graphic on the cover was attributed to the wrong person. Samuel Hernandez created the graphic.

5

NEW BACHELOR DEGREES AT HIGHLINE COLLEGE

Designed to get you into high demand jobs.

YOUR SUCCESS STARTS HERE

Cybersecurity and Forensics
Global Trade and Logistics
Respiratory Care
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Are you finding it tough getting a job or advancing in your current one without a bachelor’s degree?

If you have a two year degree, build on it with education to make you more competitive and valuable in your career. Our degree programs include a combination of evening, online and/or hybrid courses to work around your busy schedule.

Learn more today at highline.edu/bas or call (206) 592-3662.

HIGHLINE COLLEGE

President, pizza and problem-solving

Dr. Mosby answers student questions and concerns over a slice of pie

By Thao Nguyen
Staff Reporter

One sure fire way to attract students for a sit down with the college president is to offer free pizza.

It works. Approximately 80 students gathered in Building 8 on May 6 to meet with Highline’s President Dr. John Mosby at Highline College’s first Pizza with President event.

Dr. Mosby took the opportunity to answer students’ questions and hear about their concerns.

Knowing that many students are facing stresses. Dr. Mosby said he thought it was a good opportunity for students to tell him of their struggles.

“The goal is to listen, to hear from the students, to answer any kind of questions from them. To listen how we can make Highline better and listen to their experiences,” Dr. Mosby said.

He personally went to each table to have conversations with students.

Many students knew about the event from flyers around the



Jolly Rubin/THUNDERWORD
Dr. John Mosby socialized with, and answered questions from, students at Highline over a slice of pizza.

campus, and through friends. Some of them just happened to be in the right place, at the right time.

And some just came for free pizza.

Linh Nhi was one of the stu-

dents attended the event said that she always wanted to have a face-to-face conversation with Dr. Mosby, but never really had a chance.

She said that the event was a good opportunity for her to fi-

nally have a conversation with the president.

“I know it’s depends on the student, they have their own problems at school,” Alana Dacosta said. “Personally, I think communication is one

of the problems. I came to talk to the person at front desk at Financial Aid to ask her some questions , but she didn’t really answer my questions.”

Some of the students at the event talked about how they don’t really get much sleep.

The reasons listed were school, work, and other things in life.

Most of them aren’t getting the seven or eight hours of sleep that they should have.

They are always tired and their brain can’t function as well.

“I’m a full- time student, and also have two jobs.” Jessica Wilson said. “I also have to take care of my little brother. I barely have time to sleep. I always came to class tired.”

“Today’s event went pretty well, I got to talk to some of the students. It helps me to understand the students more Hopefully the meetings in the future will go this well, even better,” Dr. Mosby said.

Dr. Mosby said he will hold meetings with students monthly, possibly with more free pizza, too.

Future events will be announced on the Highline website.

Summer Job Fair shines light on opportunities

By Keanu Camacho
Staff Reporter

Students looking for a summer job can head to the Student Union today to get a taste of what is available.

You might even land a job there.

Highline’s Summer Job Fair helps connect students with potential employers.

If you are seeking career opportunities or just a temporary job, information will be available today from 10 a.m. to 1 p.m. in Building 8.

Highline is trying to plug students into employment, even if it’s just a summer job, to get them ready for upcoming expenses through the next school year.

Career Development Program Coordinator Hannibal Vaivao said the Summer Job Fair is there to help students succeed financially.

“We want to serve the stu-

dents that are here in Highline that are coming in for this job fair to plug them into the right sources to help their career path,” Vaivao said.

The event was set up through the Career and Student Employment Center. Student employment staff does all the programming with employers who come to Highline for the Summer Job Fair.

There will be around more than 60 employers attending the event. “We send emails that go out to employers letting them know of the job fair that is coming up,” Vaivao said.

The types of businesses that will be there will include all types of specialties, from tech to healthcare, delivery, and colleges.

Vaivao said he hopes there is a really good turn out, and that students find the means to create a successful path for their futures, and employers find more applicants to hire.

COLLEGE TRANSFER FAIR

START YOUR TRANSFER PLANNING TODAY !



-The Transfer Fair is YOUR opportunity to meet with Admissions representatives from over 25 four-year colleges and universities.

-Learn about application deadlines, majors, scholarships and more ! Pick up transfer materials & have your questions answered! This is a GREAT place to explore your transfer options !

-For a list of schools in attendance go to :
<https://transfercenter.highline.edu/>

FREE

Highline Student Union, Building 8, first floor

Tuesday,
May 28th
9:30 A.M - 12:30 P.M

Scholarships are only a half step

The funding model for how students pay for college in America is completely broken. And while there have been steps to remedy this situation, the fact remains that the system is in need of a major overhaul. During its last session, the Washington Legislature passed a plan that provides full scholarships to students whose families make less than \$50,000, and partial scholarships to students whose families make less than \$75,000.

While this is certainly a good first step, many students are still left in the cold. A large portion of students in Washington are in a gray area where their families make too much money to qualify for these scholarships, but too little for their families to fund college themselves.

While these scholarships are intended to provide everyone an equal opportunity, there still needs to be changes made so other students aren't left behind. Students left in this financial limbo are forced to take out student loans and often try to pay for their college education themselves.

That doesn't necessarily mean that there should be free college for everyone, an idea proposed by several presidential candidates and members of congress. A free tuition reduces the value that the degree has. If everyone has the same degree, that degree becomes pointless.

Free college could also reduce a student's work ethic. People tend to work harder for things when they have some skin in the game. But if a student can fail a class and not have any financial penalty, they may not try nearly as hard.

While there is no easy solution for this problem, something needs to be done. Students in America now owe more than \$1.5 trillion in student debt. That's an average of more than \$37,000 dollars per student.

The price of college is rising eight times faster than wages. Since 1980, the price of tuition has risen by 260 percent. The simple reality is this - college is becoming too expensive for an average person to afford.

Once the students in this limbo graduate, they are hampered by debt that will impact them for the rest of their lives. College is supposed to educate minds and provide opportunity for a better life, but instead it becomes financial ruin for far too many people.

Students are tied down by loans that many of them took out when they were 18. Loans they are not able to discharge even through bankruptcy. If someone is not considered responsible to rent a car until they are 25, they are not nearly responsible enough to take out a loan at 18 that can be \$100,000 or more.

Instead, there needs to be a system that provides students an affordable option to college, without diminishing the benefit of that education. Until there is that change, too many students will continue to be weighed down by student debt.

Perhaps a system similar to Teacher Loan Forgiveness Program, a program that forgives a teacher's debt if they teach at a low-income school for five years. A similar system that forgives student debt if they agree to do X, Y and Z that provides benefit to the community after graduation is one possible solution.

But there must be a middle ground where students can get a valuable education without being bogged down by debt.

Have something to say?

The Highline Thunderword is asking for students to voice their opinions on what matters to them. We're accepting submissions in the form of letters and columns. Send submissions to thunderword@highline.edu by Monday for print on Thursday.

Abortion: Whose choice?

Across the country, abortion is a polarizing issue, taking the national spotlight as new policies aim to limit access to the medical procedure.

While abortion and contraceptives are still legal in Washington, that is not the case in other states under new "heartbeat" and "Born Alive" laws passed this year.

On Tuesday, the Alabama Legislature passed a bill banning all abortions with the only exclusion being for when the mother's life is endangered by the pregnancy. This is after Ohio, Mississippi, and Georgia have tightened abortion regulations, banning all abortions after six weeks of pregnancy, when the fetus' heartbeat is first detected.

It's no accident that these policies are coming up now. The abortion issue is becoming a rallying cry for the Republican Party to pull the GOP together for the 2020 election. With the appointment of Brett Kavanaugh to the Supreme Court, conservatives are hoping to overturn Roe v. Wade, as any suit brought before the court regarding these policies will likely have that result.

But these policies are more than just words on the page and a crutch to advance a political party. They have the possibility of greatly influencing the health of many women.

But since legislators are typically not health professionals, the bills regarding this issue are based heavily on misinformation. The inaccuracies and vague statements in these new policies have the potential to harm women, even if they aren't seeking abortions.

Legislation in Ohio includes the statement that any procedure or medication that

Keeping the Faith



FAITH ELDER

prevents a fertilized egg from attaching to the uterine wall is considered an infanticide. This mean a wide variety of birth control methods will be banned, including birth control pills, IUDs, and hormonal implants. This is expected to increase rates of pregnancy in all communities and for teens.

To define these medications as infanticides ignores that fact that these medications are often prescribed to young women for reasons other than preventing pregnancy. According to the Guttmacher Institute, 14 percent of women using these methods of birth control use them for noncontraceptive reasons. The hormones in these medications - estrogen and progesterin - help regulate menstrual cycles, improve acne, and reduce the effects of anemia.

Additionally, as these bills are not written by medical professionals, some of the proposed policies are not medically possible.

The Ohio Legislature recently considered a bill regarding ectopic pregnancies, which occur when a fertilized egg attaches to the wall of the fallopian tube. Despite these pregnancies being

extremely dangerous and painful for the mother, the new policy would require providers to remove the ovum from the fallopian tube, and then re-implant it into the uterus. This treatment would only be offered to women whose lives are endangered by this condition.

The problem with this requirement is that no such procedure exists. Once an ovum is removed from where it is attached, there is no way to re-attach it. However, this bill ignores this scientific fact, instead mandating a procedure that does nothing to benefit women.

The Ohio bill is not alone in mandating nonexistent procedures. The Montana and North Carolina legislatures both approved bills that would penalize health providers for failing to care for an infant who survives an abortion attempt, despite testimony stating there are already laws preventing infanticide in cases of failed abortion.

While both bills were vetoed, North Carolina Gov. Roy Cooper clearly stated the flaws with the policy, saying, "This needless legislation would criminalize doctors and other healthcare providers for a practice that simply does not exist."

But besides these bills being poorly written, misinformed, and wide reaching, their fundamental goal is to remove a woman's right to decide what happens to her body. By giving rights to the unborn, women lose their own rights.

And as long as Roe v. Wade stands, this limitation of access and choice is unconstitutional.

If legislators were truly pro-life, they would understand that women's lives are more than their use for bearing children. Policies that limit access to legal abortions result in higher maternal mortality rates, as women turn to unsanitary and untrained black-market procedures.

There is no excuse for trading a living woman for a potential fetus.

The overall message is you don't get to enforce your morality onto others. If you believe abortions are wrong, don't have them. However, you can't make everyone else who sees otherwise give them up, too - especially if they are in desperately in need of treatment.



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Don't go near that tree, its bad

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WEEKLY SUDOKU

BY LINDA THISTLE

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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**TRIVIA
TEST**
BY FIFI
RODRIGUEZ

- MOVIES: What was the name of the team in the movie "Major League"?
- U.S. PRESIDENTS: Who was the first president to be born in the 20th century?
- ANATOMY: In the human body, where are the islets of Langerhans located?
- HISTORY: Who commanded the first space shuttle into space?
- GEOGRAPHY: On which Hawaiian island is Pearl Harbor located?
- TELEVISION: What tagline described this 1960s cop drama as "one white, one black and one blonde"?
- GENERAL KNOWLEDGE: What was the name of

the horse that won the Triple Crown in 2018?

- MUSIC: Where was the house in "The House of the Rising Sun" located?
- PSYCHOLOGY: What is gamophobia a fear of?
- ADVERTISING: Which popular brand of cigarettes was named after an animal?

- Answers
- Cleveland Indians
 - John F. Kennedy
 - Pancreas
 - John Young
 - Oahu
 - "The Mod Squad"
 - Justify
 - New Orleans
 - Marriage or commitment
 - Camel

Puzzle answers
on Page 16

KING CROSSWORD

ACROSS

- Snapshot
- America's uncle
- Go back
- Dawn
- Pirouette pivot
- "7 Faces of Dr. —"
- Foolish
- Current
- Use mouth-wash
- Stirred
- Service charge
- Exist
- Nervous
- Screws up
- Point of view
- Horseradish

- Superlative ending
- Medal earners
- Mottled mount
- Break suddenly
- Went on all fours
- Kreskin's claim
- Have a go at
- In the pink
- Daughter of Muhammad
- Oppressive
- Danger
- [Uncorrected]
- Work with
- Skip a sound

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- Top-rated
- "Family Guy" daughter
- "Cats" inspirer
- Money lenders
- One over par
- Deed holders
- Wheat or rye
- A handful
- Geological period
- Brewery product
- Demolitions specialist
- Specter
- Morsel

DOWN

- Tire pressure stat
- Barbarian
- Asian wild asses
- With 46-Down, cheese-topped sandwich
- Phantom's bailiwick
- "Hot"

- Easternmost Great Lake
- Corn spike
- Agent
- Ribbed
- Opted for
- Indian royals
- Vote in
- They're calling Danny Boy
- Blend together
- See 4-Down
- "— American Cousin"
- Altar affirmative
- Started

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ARIES (March 21 to April 19) An unexpected development could change the Arian's perspective on a potential investment. Keep an open mind. Ignore the double talk and act only on the facts.

TAURUS (April 20 to May 20) A surge of support helps you keep your long-standing commitment to colleagues who rely on you for guidance. Ignore any attempts to get you to ease up on your efforts.

GEMINI (May 21 to June 20) Family continues to be the dominant factor, but career matters also take on new importance. You might even be able to combine elements of the two in some surprising, productive way.

CANCER (June 21 to July 22) A realistic view of a workplace or personal situation helps you deal with it more constructively once you know where the truth lies. Reserve the weekend for someone special.

LEO (July 23 to Aug. 22) As much as you Leos or Leonas might be intrigued by the "sunny" prospects touted for a potential investment, be



careful that you don't allow the glare to blind you to its essential details.

VIRGO (Aug. 23 to Sep. 22) A friend's problem brings out the Virgo's nurturing nature in full force. However, don't go it alone. Allow others to pitch in and help share the responsibilities you've assumed.

LIBRA (Sep. 23 to Oct. 22) A business decision might need to be put off until a colleague's personal matter is resolved. Use this time to work on another business matter that you've been anxious to get to.

SCORPIO (Oct. 23 to Nov. 21) Relationships (personal or professional) might appear to be stalled because of details that keep cropping up and that need tending to. Be patient. A path begins to clear soon.

SAGITTARIUS (Nov. 22 to Dec. 21) A promotion could

cause resentment among envious colleagues. But others recognize how hard you worked to earn it, and will be there to support you if you need them.

CAPRICORN (Dec. 22 to Jan. 19) Handling a delicate personal matter needs both your wisdom and your warmth. Expect some setbacks, but stay with it. The outcome will more than justify your efforts.

AQUARIUS (Jan. 20 to Feb. 18) Resist the temptation to cut corners just because time is short. Best to move ahead step by step so you don't overlook anything that might later create time-wasting complications.

PISCES (Febr. 19 to March 20) Use the good will you recently earned with that well-received project to pitch your ideas for a new project. Expect some tough competition, though, from an unlikely source.

BORN THIS WEEK: Your love of family extends beyond your personal life to include others to whom you generously extend your care and affection.

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GO FIGURE BY LINDA THISTLE

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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Varieties of mayonnaise are endless

When it comes to condiments, I'm on Team Mayo. I know that there are folks who absolutely despise the flavor of mayonnaise, and others who can't seem to live without it. For some reason, it seems that almost everything about mayonnaise — from its origin story to using it in desserts — sparks a heated debate. One origin story maintains that in 1756, French forces under the command of Duke de Richelieu laid siege to Port Mahon on the Mediterranean island of Minorca, now a part of Spain. This was the first European battle of the Seven Years' War. The Duke's chef couldn't find cream to create a sauce, so he combined an egg and oil and called it "mahonnaise" in honor of Port Mahon. Other sources claim that the chef learned the recipe from the residents of the island. Mayonnaise is basically an emulsion of neutral-flavored oil like canola combined with an egg yolk, vinegar and/or lemon juice, and sometimes mustard for flavor and to help the emulsion stay blended. Some French chefs feel that mayonnaise is from a recipe called bayonnaise after Bayonne, a town famous across Europe for its succulent hams. Others suggest the name came from "manier," meaning "to handle," or "moyeu," an old French word for yolk. In the 1920s, a famous Spanish chef published a



Depositphotos

Magical mayo can transform foods.



pamphlet claiming that the so-called French mayonnaise was really based on the Spanish salsa mahonesa recipe. While Spanish chefs may have created mayonnaise, the French increased its popularity by incorporating it into numerous early 19th century recipes, which spread from Europe to America. Mayonnaise has become an integral part of American food culture from sea to shining sea. Chefs and home cooks add

mayo into all kinds of composed salads, fillings, spreads and dressings, and incorporate it outside and inside sandwiches and baked goods. You can add this creamy ingredient to both sweet and savory recipes without imparting any detectable mayo taste. Try these unique ways to use mayonnaise. **Creamy Frosting:** Stir in a spoonful of mayonnaise to your frosting recipe. It will remain creamy even after refrigeration. **Memorable Mashed Potatoes:** Use mayonnaise to increase the creaminess and flavor of mashed potatoes. For 1 1/2 pounds of mashed potatoes, stir in 1/2 cup of shredded Cheddar cheese, 1/2 cup mayonnaise and

1 teaspoon each of powdered garlic, salt and ground black pepper. **Egg Wash Replacement:** You can use mayo anywhere you'd use an egg wash. Brush it on top of bread or pastry dough before baking, or put it on meats or seafood before breading, or on shrimp before coating with coconut. **Crispier Fruit Crisps:** Stir together a cup of flour and 3/4 cup of sugar with a 1/2 teaspoon of cinnamon. Stir in 1/2 cup of mayo, then use the mixture as a topping for your favorite fruit crisp recipe. **HOMEMADE MAYONNAISE** Mayonnaise can be made by hand with a whisk or a fork, or with the aid of an electric mixer or blender on low speed. 1 teaspoon large egg yolk, room temperature 1 1/2 teaspoons fresh lemon juice 1 teaspoon white wine vinegar 1/4 teaspoon Dijon mustard, room temperature 1/2 teaspoon salt plus more to taste 3/4 cup canola oil, divided 1. Combine egg yolk, lemon juice, vinegar, mustard and 1/2 teaspoon salt in medium bowl. Use a hand whisk to combine until blended and bright yellow, about 30 seconds.

2. Using 1/4 teaspoon measure and whisking constantly, add 1/4 cup oil to yolk mixture, a few drops at a time, about 4 minutes. Gradually add remaining 1/2 cup oil in very slow thin stream, whisking constantly, until mayonnaise is thick, about 8 minutes (mayonnaise will be lighter in color). Cover and chill. Can be made up to 2 days ahead. Keep chilled. Makes about 3/4 cup. **SECRET SAUCE** 1/4 cup mayonnaise 1 1/2 teaspoons spicy pickle juice 1 1/2 teaspoons ketchup 1 teaspoon yellow mustard 1/4 teaspoon smoked paprika 1/4 teaspoon garlic powder 1/4 teaspoon onion powder Combine all the ingredients in a small bowl until well-blended. Cover and chill. Can be made up to 2-days ahead. Keep chilled. Makes 1/4 cup. **MAYO VARIATIONS** **Dijon Mayo:** 3/4 cup mayo, 1 1/2 tablespoons Dijon mustard and 2 tablespoons chopped fresh dill. **Chive and Herb Mayo:** 3/4 cup mayo, 1/3 cup fresh snipped chives, 2 1/2 tablespoons chopped herbs (parsley, rosemary, thyme, etc.), 2 small minced garlic cloves and ground black pepper, to taste. 2019 King Features

Try these hearty meals for May

Quinoa Bowl with Sausage and Broccoli 4 large Italian sausages 1 teaspoon olive oil, plus 1 tablespoon oil 1 large broccoli crown (about 1 pound, cut into florets) Kosher salt Pepper 1 cup red quinoa 1 cup plain yogurt 1 scallion, finely chopped 1/2 cup fresh mint, finely chopped 1 teaspoon finely grated lemon zest 2 tablespoon lemon juice 1. Place large rimmed baking sheet in oven; heat oven to 425 F. 2. Prick sausages all over with knife. Toss with 1 teaspoon olive oil, place on heated baking sheet and roast for 5 minutes. 3. Add broccoli tossed with 1 tablespoon oil, salt and pepper. Roast, turning occasionally until sausages are golden brown and cooked through and broccoli is lightly charred, 20 to 25 minutes. Transfer sausages

GOOD HOUSEKEEPING to board and slice. 4. Meanwhile, cook quinoa per package directions. 5. In small bowl, combine yogurt with scallion, mint, lemon zest and juice. Spoon quinoa into bowls, top with sausages and broccoli and dollop with yogurt sauce. Makes 4 servings. * Each serving: About 495 calories, 27g fat (8g saturated), 24g protein, 670mg sodium, 41g carb, 7g fiber. **Creamy Lemon Chicken Pasta** 12 ounces linguine 1 cup frozen peas 2 tablespoons olive oil 12 ounces boneless skinless chicken breasts, cut into 1-inch chunks 1/4 teaspoon Kosher salt 1/4 teaspoon pepper 1/4 cup fresh lemon juice 4 ounces low-fat cream

cheese, cubed, at room temperature 2 teaspoons finely grated lemon zest 1/2 cup grated Parmesan 1/4 cup flat-leaf parsley, roughly chopped 1. Cook linguine per package directions, adding peas during the last 2 minutes of cooking. Reserve 1 cup pasta cooking liquid, then drain pasta and peas. 2. Meanwhile, heat olive oil in large, deep skillet on medium-high. Season chicken with kosher salt and pepper and cook until golden brown on all sides, 4 to 5 minutes. 3. Add lemon juice to skillet and cook, scraping up any browned bits. Add cream cheese and stir until melted; remove from heat. 4. Fold in lemon zest and Parmesan, then parsley. Toss with pasta (adding reserved cooking liquid, 1 tablespoon at a time as necessary). Serve immediately. Makes 4 servings. 2019 Hearst Communications

Strawberry meals forever

It's May. And that means strawberry pie time. We've waited a year for the most magnificent fruit of all to be in season again. And what better way to celebrate than with this scrumptious pie. **Strawberry Lovers Pie** 4 cups sliced fresh strawberries 1 (6-ounce) graham cracker pie crust 1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix 1 (4-serving) package sugar-free strawberry gelatin 1 1/2 cups water 1 cup reduced-calorie whipped topping 1/2 teaspoon vanilla extract 3 to 4 drops red food coloring 1. Evenly arrange strawberries in pie crust. In a large saucepan, combine dry pudding mix, dry gelatin and water. Cook over medium heat until



mixture thickens and starts to boil, stirring often. Spoon hot sauce evenly over strawberries. Refrigerate for at least 2 hours. Cut into 8 servings. 2. In a small bowl, combine whipped topping, vanilla extract and red food coloring. Top each piece with a full tablespoon of topping mixture. Serves 8. * Each serving equals: 157 calories, 5g fat, 2g protein, 26g carb., 225mg sodium, 2g fiber; Diabetic Exchanges: 1 Starch, 1 Fat, 1/2 Fruit. 2019 King Features



Despite excitement from fans, Ubisoft has announced its newest game, Skull and Bones, will be delayed until 2020, citing delays in the development process.

NERD NEWS:

Doom, Assassin’s Creed, Skull and Bones, and Little Friends

The weather is warming up and we finally see the sun, but with this comes drought. Not water, but video games. This time of year, developers are preparing to announce their holiday line up at the Electronics Art Expo.

As the year starts, we see less new large titles releasing and see more focus on new content for games that are out currently. There will still be games coming out, but just at a slower rate, especially for games that have moved slowly through development.

During this dry spell for games, Nintendo has been trying hard to show that they are not just about kids games and that the Switch can truly be for everyone.

After the success of *Doom* on the Switch, there was hope that Nintendo would bring in more games to the console.

The *Doom* port ran at a lower frame rate, compared to other consoles. The game also had to sacrifice non-essential elements due to cartridge space issues.

Still, fans of the franchise loved they could take *Doom* on the road with them.

Assassins return to Nintendo

Assassin’s Creed III Remastered/Liberation Remastered, published by Ubisoft. Single-player, Action Adventure. Available on Switch, \$40 Standard Edition.

Later this month Nintendo is bringing in another hugely successful franchise to their consoles. The game will release a full



week before it does on any other console and will have all the single player download content included. Along with this the Liberation content that first came out for the PlayStation Vita will also come remastered with the base game.

The Wii U got *Assassin’s Creed IV* during its release and Japan Switch players got a cloud streaming version of *Assassin’s Creed Odyssey*.

Assassin’s Creed will have touch screen interface for the Switch, a newly optimized

HUD for the Switch, HD rumble support, and the big sell portable *Assassin’s Creed*.

In the remastered version, players can now walk through early colonial America as Connor, a Native American and English assassin.

While the game is a remaster players will notice, mostly the Switch doesn’t add to the original game.

Sadly *Assassin’s Creed III* multiplayer will not be coming with this new remaster on any of the consoles.

So if you crave adventure and the idea of creeping in shadows to take out enemies sounds fun this port comes May 21, for \$40.

Trouble on the High Sea?

While Ubisoft is nailing it

with the *Assassin’s Creed* remaster, they are coming up shallow with their latest game.

Skull and Bones was revealed at the 2017 E3, leaving fans hungry for more.

For the second time in its production, Ubisoft’s *Skull and Bones* has been delayed yet again. The reason for the delay? Nobody knows. In their vague explanation, Ubisoft said “For new IPs, it is common to have evolutions of creative vision and this requires more development time.”

Now, the earliest we could see *Skull and Bones* is April 2020.

Pet ownership is going back to the virtual world

Little Friends: Dogs and Cats, published by Imagineer.

Single-player, pet raising simulation. Available on Switch, \$50 Standard Edition.

Adorable pets for you to play, feed, dress, and love are arriving in the Nintendo Switch.

No this isn’t 1996, the year the Tamagotchi craze that swept the world. It’s 2019 and Nintendo is coming out with a pet raising simulation.

The games focus is on forming strong bonds with your new pets.

Little Friends allows players to play with three pets at a time, but you may own up to 12.

Little Friends will feature six different dog breeds and three cat breeds but with the ability to dress up your furry pal with up to 600 accessories. The animals come in a variety of different looks, so much like in real life, the same breeds will still have their own personality.

Each pet has their own emotions, having favorite foods and toys that make them happy.

The game has motion controls as well as the touch screen to interact with your buddy. Go for walks or play fetch, or maybe play with a brand new toy they like.

You can even participate in a frisbee tournament with one of your furry friends.

Little Friends is by no means visually stunning but it’s sure to bring a smile to some faces.

The game first released in Japan December of last year and is now set to make its western release this spring.

So if where you live doesn’t allow pets, *Little Friends* drops May 28.



Using simple graphics, Little Friends lets players interact and become friends with pets.

PNB celebrates Balanchine’s legacy

The Pacific Northwest Ballet hopes to educate audiences on the fundamentals of Balanchine with *Themes & Variations*.

George Balanchine is considered the most influential choreographer in ballet, working with the New York City Ballet until his death in 1983. Trained in Russian ballet, Balanchine’s style has greatly influenced American ballet’s unique style.

According to PNB Artistic Director Peter Boal’s in a recent press announcement, Balanchine’s works are the foundation to strong dancers.

“Balanchine’s choreography has long been a backbone of PNB programs, starting in the company’s earliest days with stagings by Janet Reed and Melissa Hayden,” he said.

But besides influencing PNB students, much of Balanchine’s style has inspired and been incorporated into new works by young choreographers.

“Balanchine’s aesthetic inhabits the work of many who followed him,” said Boal.

The *Themes & Variations* program aims to explore this influence, celebrating both Balanchine and those who he influenced.

The program includes four pieces: Jose Limon’s *The Moor’s Pavane*, Price Suddarth’s *Signature*, and Balanchine’s *Tarantella* as well as *Theme and Variations*.

“Each of the four works on this program succeeds on its own, but seen together we admire the tremendous variation choreographers bring to dance,” said Boal. “All four are unique and stand in stark contrast to the others, and yet common denominators of music and movement on a bare stage unite.”

Limon’s *The Moor’s Pavane* is an adaptation of Shakespeare’s *Othello*, using the play’s characters but under more vague names (the character of Iago is called His Friend). The piece includes only four characters: The Moor, The Moor’s Wife, The Friend, and The Friends. After being angered by The Moor, The Friend chooses to punish him by making him jealous and suspicious of The Moor’s Wife, leading to their tragic ends.

The Moor’s Pavane was first



Lindsay Thomas

Pacific Northwest Ballet celebrates the legacy of dancer and choreographer George Balanchine with *Themes & Variations*.



FAITH ELDER

created for the Jose Limon Dance Company in 1949. Considered a modern masterpiece, Limon’s choreography utilizes a challenging gravity-driven technique to bridge the gap into modern dance. The choreography also includes a renaissance court dance (the pavane) to illustrate the passions of the characters and build tension.

Price Surddarth’s *Signature*, first premiered at the Pacific Northwest Ballet in 2015, explores the beauty of individuality beyond tangible differences. The piece’s intended message, as stated by Surddarth’s program notes, is to celebrate the unimitatable singularity of people, making each individual matchless.

Playing to the theme of Balanchine, Boal said, “*Signature* takes Balanchine’s principles and extends them – adding reach, testing partnering, playing with patterns, and finding new ground.”

Balanchine’s *Tarantella* pas de deux, only a short eight minutes long, is an energetic piece.

The short length and high energy is meant to be reminiscent of a musical solo, giving the performer a small window of time to complete something complex.

The piece’s complexity is increased by it’s intended performers, as Balanchine originally choreographed *Tarantella* for two specific dancers with the New York City Ballet. This makes the performance particularly difficult as succeeding artists must have the same talents and skills as the original.

The final piece, *Theme and*

Variation, is the ballet that first brought fame to Balanchine’s choreography in 1947. Using a repeated gesture, Balanchine creates a recognizable visual theme to mirror musical themes. By breaking these, the piece remains interesting to audiences and as a sense of organic growth.

Reminiscent of other works by Balanchine, *Theme and Variation* is extremely difficult due to the speed, directional changes, and length (the piece is 26 minutes long). But despite the effort required, *Theme and Variation* is

the epitome of Balanchine, pulling from the grand Petipa style.

Themes & Variations runs May 31-June 9 at Marion Oliver McCaw Hall.

Friday and Saturday performances begin at 7:30 p.m., and Sunday matinees begin at 2 p.m.

Tickets start at \$30, available both online and at the PNB Box Office.


McCaw Hall is located at 321 Mercer St. Seattle.

For more information and tickets, visit <https://www.pnb.org/season/themes-variations/>.



Lindsay Thomas





The program includes Balanchine’s *Tarantella*, a short pas de deux with bright and complex choreography.



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T-Bird tennis finishes second in NWACs

By Calvin Domingo
Staff Reporter

The Highline tennis team’s impressive season culminated in three singles championships which resulted in a third consecutive second-place finish in this past weekend’s NWAC’s.

“Such an amazing Championship weekend, the weather was perfect, and the competition was fierce,” Highline Head Coach Laura Rosa said. “We were in the hunt until the last matches finished and that is how a championship is supposed to be.”

Sophomore and team captain Danielle Mendoza said that the past weekend turned out to be exactly what they had hoped for.

“The NWAC Tennis Championship was what we were all looking forward to,” she said. “There was so much practice and preparation leading up to it. We focused so much on our conditioning and wanting to be the fittest team. It was so much fun to see all the teams in one area competing for the same title.”

Despite finishing as runner-up to Bellevue in the past three seasons, Coach Rosa said that the season overall was still a success.

“The T-Birds peaked at the right time and played their best tennis of the season,” she said. “Unfortunately, our best just wasn’t quite enough to overcome Bellevue and their unconventional roster.”

Coach Rosa continued by saying that the Lady Thunderbirds will instead remember the journey, not the destination.

“Five years from now, the women on this team will remember traveling with their team, they will remember the team dinners and how bloody hot it was on the court,” she said. “They will remember that they stood up to the best in the conference and never wavered, and they will remember that they had each other’s back. And ultimately, they will remember that we walked into the finals and did it our way.”

However, Mendoza said that finishing in second place behind Bellevue was disappointing.

“It does sting,” Mendoza said. “Everything leading up to this tournament was to take over as champions. But, at a certain point we just have to let it go and let our tennis do the talking and not worry about the point system behind it.”

As for results of the tournament, sophomore Miriam Cabrera kicked things off for the Lady Thunderbirds in No. 1 singles and eventually finished in fourth place after falling at the hands of Spokane runner-up Hannah Plank, 4-6, 6-2, 6-2.

“[Cabrera], who I still believe is the best doubles player in the Conference, had to face off against the best of the best and she never



From left, Mikyla Olsen, Nikelle Price, Miriam Cabrera, Danielle Mendoza, Kaylin Phan, and Lexi Maison. Highline finished as runner-ups in the tourney for the third consecutive year to Bellevue.

backed down,” Coach Rosa said.

In No. 2 singles, freshman star Lexi Maison finished as champion after defeating Bellevue’s No. 2 seed, Chen-Yu Tang, 6-0, 6-0.

Highline also finished as champions in No. 3 singles, as freshman Mikyla Olsen defeated Bellevue’s No. 1 seed, Haylie Irving, 7-5, 6-2.

“I felt very accomplished because my opponent that I played, I had [actually] lost to her a couple weeks back in a very tough match,” Olsen said. “It felt like redemption.”

In No. 4 singles, Mendoza took home third place as she defeated Skagit Valley freshman Yuri Ito, 7-5, 6-2.

For their third and final championship, Thunderbird freshman Kaylin Phan defeated Bellevue’s No. 2 seed, Anna Sneesby, 6-1, 6-3.

“I was super excited, but I knew I didn’t win because of luck,” Phan said. “My coaches have taught me a lot and my teammates pushed me to be my best this whole season. Even though I was the champ, I have them to thank for it.”

To cap off singles, T-Bird Nikelle Price finished in third place as she took care of business against Skagit Valley’s Grace Davis, 6-7(3-7) 6-4, 6-0.

In doubles, the dynamic duo of Cabrera and Maison finished in second place to the Bellevue tandem of Panchuk and Tang.

Highline’s No.1 doubles team fell, 9-7.

“We were [initially] down 1-6 and we came back,” Maison said. “We could [have] beat [them], but it’s really hard to come back from being five behind.”

In No. 2 doubles, the pair of Mendoza and Olsen fell to Bellevue’s No. 1 seeded duo of Sneesby and Annie Luong, 8-3.

“I’m not upset about where we

finished,” Mendoza said. “We lost to this team before, but I feel like we improved so much from our last match against them. We came in with a better mindset which

helped us as a doubles team. Each game was extremely close, but the mistakes made were minor.”

“What I think we could’ve done better was fix our small mis-

takes in the beginning,” she said. “I’d say we played every game how we wanted to, it’s just the unforced errors [that] got to us.”

To cap off doubles action, the pair of Phan and Price finished in third place, as they defeated the Skagit Valley duo of Inna Mayer and Davis, 8-1.

“I’m not as confident in doubles as I am singles and I think I let that fear take over me,” Phan said. “For me personally, I think I should’ve been less afraid and taken riskier shots. I learned that when something doesn’t work, you just have to keep trying different things. There is no giving up.”

Aside from tournament play, plenty of things stood out. Chief among them being when Mendoza received a prestigious award.

“The biggest moment of the tournament for us was when our sophomore captain Danielle Mendoza was awarded the Wally Heidenson Sportsmanship award,” Coach Rosa said. “This honor is selected and voted on by other coaches in the Conference and is bestowed upon the player who best represents the mission of the NWAC in both competition and character. As a team, that had to have been our proudest moment.”

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- Creativity**
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Why it matters: An adaptable mind is an essential tool for navigating today’s ever-changing world, as yesterday’s solutions won’t solve tomorrow’s problems.
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Among the **Hard Skills** LinkedIn recommends:*



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Why it matters: Once a dwindling skill, journalism isn’t just for journalists anymore as marketing and content teams alike vie for people who can tell compelling stories. Employers want workers who can write objectively.

* Methodology: “The skills companies need most” was determined by looking at skills that are in high demand relative to their supply. Demand is measured by identifying the skills listed on the LinkedIn profiles of people who are getting hired at the highest rates. Only cities with 100,000 LinkedIn members were included.

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Item #4226
or #4228

Smith gets 100th strikeout at end

By Eddie Mabanglo
Staff Reporter

The softball season has come to an end for Highline, but the season was able to end on a high note following a strong offensive outing against the Pierce College Raiders that also featured much improved defensive play.

Highline's hopes of making the playoffs this year gradually drifted into oblivion following a harsh series of consecutive defeat. Highline lost nine games in a row from April 27 through May 7 against Olympic, Everett, Edmonds, Bellevue, and Skagit Valley.

On Saturday, May 11, Highline ended the drought and the season with a pair of wins, 8-3 and 8-2.

Kalea Smith pitched all seven innings of the first game, facing 32 batters over 111 pitches. She struck out five in the outing:

Twice to Pierce catcher Britany Camp (.407), twice to right-fielder Teagan Takayoshi (.246), and once to her counterpart Brooklyn Taylor-Sparks, who also went all seven and struck out five of her own.

Third-base Alexis Royal, DP Ashley Hendrickson, right-fielder Alyssa Avilla, second-base Alexis Morrow, and catcher Denise Nagayama all fell victim to Taylor-Sparks' pitching, but were able to bounce back with a strong offensive outing.

Avilla was able to bring home shortstop Shaily Moses in the top of the fourth inning with an RBI single. First baseman Soraya Seumalo drew a walk with the bases loaded in the next at-bat.

Pierce answered back with a pair of their own RBIs in the bottom of the fourth inning.

Highline's defense was able to keep the Raiders scoreless for the rest of the game, while the seventh inning brought out some solid batting that pushed the Thunderbirds into the lead.

"I think we all just realized that we needed to focus on the things we were struggling with like fielding and hitting instead of just focusing on one or the other," Smith said.

Highline's fielding was much more on point, only committing a single error in the bottom of the second. Highline had an offensive surge in the top of the seventh that saw RBIs from Hendrickson, Avilla, Morrow, Seumalo, and Nagayama, scoring six runs.

Game two saw Highline scoring another eight runs, with Smith pitching another seven innings. Jordyn Judge grounded out to the pitcher in the top of the third innings for a sacrifice play that scored Quintanar.

Quintanar singled in the top of the third inning to bring home Hendrickson. The fourth inning also saw a triple from



Stephen Glover/THUNDERWORD

Highline finished the season with back to back wins vs Pierce

Jordyn Judge that brought home Quintanar and left-fielder Rhonda Sheldon.

Judge scored from third after an RBI single from Shaily Moses. Nagayama scored on a passed ball as well.

Quintanar scored in the top of the sixth inning on an error,

Judge scored on a sac-fly from Avilla.

In the bottom of the sixth inning, Pierce left-fielder Samantha Blair struck out swinging to become Kalea Smith's 100th strikeout of the season.

Smith plans to use the off-season to work on the control

and velocity of her pitches, and looks forward to striking out even more batters in the future.

"I'm planning on working a lot more on my speed and location of the call so I am able to have a lot more strikeouts next season," said Smith, who ends the season 11-9 with an ERA of 6.13 over 161 innings pitched.

With the season at its conclusion, Smith and the team will have the time to return to student life at Highline and continue the academic quarter.

"I'm planning on just getting ready for next year and focusing on school," Smith said.

Highline ends the season 14-25, sixth place in the North division.

The first round of the 2019 NWAC Softball Championships will begin tomorrow May 17 at the Dwight Merkel Sports Complex in Spokane. The event will be broadcast live on YouTube starting at 10 a.m

Golfers head to Dupont

By Grace Ellis
Staff Reporter

A recurring knee injury knocked Highline's golf team out of a tournament last week, but not off the course.

Despite Paige Mellum's withdrawal from play after the injury that has plagued her all season resurfaced, her teammates continued on, even if their scores wouldn't count.

The match was for the Southwest Oregon Invitational, and took place May 12-13 at Bandon Crossings.

Only two Highline players played through the whole match: Jenna Muller and Alyssa Metzger. Mellum withdrew in the middle of the match due to her injury.

Because of this however, Highline was forced to withdraw from team play, though Muller and Metzger went on the finish the second round.

Muller scored 179 for the two rounds, while Metzger scored 201.

Three other teams played, including Southwest Oregon, Columbia Basin College, and Skagit Valley. All four teams

played two rounds of 18 holes over two days.

Columbia Basin College emerged in first with an overall score of 513.

The course was a good challenge for the team, said Coach Steve Turcotte.

"The course was fair, but tough. The length was something the ladies hadn't seen before, so it tested every club in their bag," Turcotte said.

Despite the match's setback, Mellum is planning to play in the championships.

Highline also attended the Columbia Basin Invitational on May 10 at the Tokatee Golf Club. Three Highline players played: Muller, Mellum, and Metzger.

Southwest Oregon won the round with an overall score of 236. Columbia Basin College followed with an overall score of 250.

Highline placed third out of the three teams, with an overall score of 287.

Muller scored a 93. Mellum and Metzger tied both their scores at 97 strokes.

The team's final match will be for the league championship on May 19-20 at The Home Course in Dupont, Wash.

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STUDENT RESEARCH & Creative Works SYMPOSIUM

FRIDAY, MAY 31
Mt. Constance & Mt. Olympus

The Research and Creative Works Symposium is a celebration of Highline students' work. The symposium showcases students' academic accomplishments for the Highline community and the general public. It includes poster presentations and art exhibits.

GEOLOGY POSTER SESSION
8:30 am-2:45 pm

Join Highline students from geoscience classes as they exhibit their end of year projects. Topics include a variety of geologic issues such as local natural hazards, alternative energy, superfund cleanups, and Northwest rocks and minerals.

HONORS POSTER SESSION
12:15-1:15 pm

Stop by the Honors Poster Session, and show your support for honors students, as they share their individual and/or collaborative interdisciplinary research, creative expressions, and/or professional projects with the greater Highline College community. During the session, students chat with Highline community members about their projects.

SCIENCE SEMINAR
1:20-2:35 pm

Science Seminar is a weekly set of presentations by Highline faculty about an area in their field of expertise. The presentations are designed to illustrate the cutting edge of science, technology and medicine for a general audience. We invite you to attend the last Science Seminar, as we all engage with students and their scientific posters, as part of our end-of-year celebration of science at Highline.

Light refreshments will be available at each event

19084 5/19

Buses were once only for the wealthy

By Jonathan Beatima
and Feride Aydin
Staff Reporters

Buses are often viewed these days as transportation for the less affluent, but originally hopping on a bus was the privilege of the rich, a Highline professor explained April 24.

Economics and statistics professor James Peyton spoke at History Seminar about the transformation of civilization's original mass transit and how it is not a new idea.

The light rail coming in 2024 to Highline College is part of just the latest attempt to keep people moving efficiently.

The History Seminar is a weekly event at which Highline faculty, staff or guests speak on various topics of interest.

Peyton outlined this history of mass transit and how it ultimately led up to the light rail.

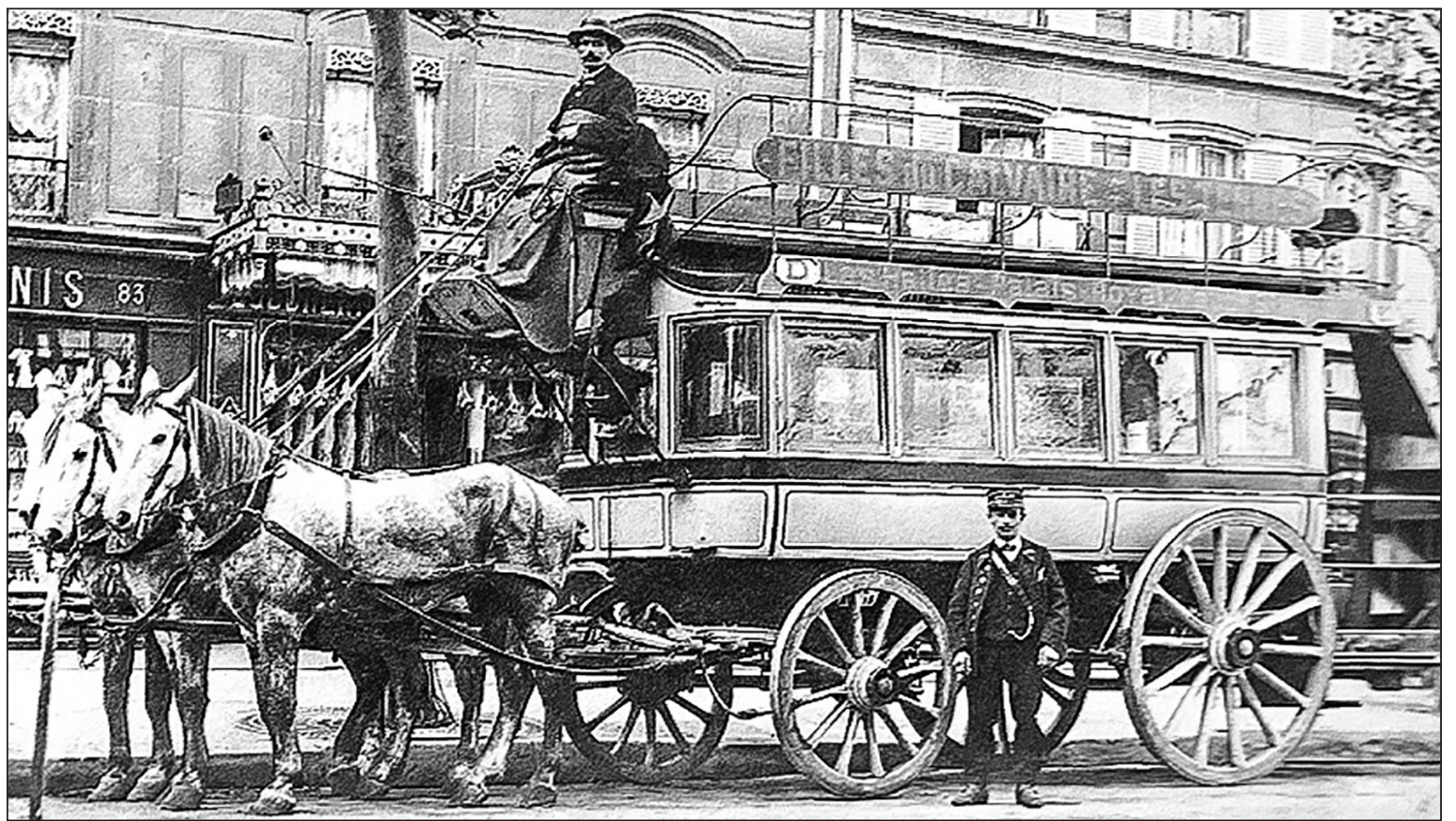
He defined urban mass transit to have the following characteristics: multiple people, fixed routes, set fares, passenger boarding and disembarking at different locations, predictable schedules, lots of people going to concentrated locations, longer than walkable distances, and a differentiated economy.

In his research, he found that the first occurrence of mass transit was a service provided by a French bathhouse in 1826.

The owners created the omnibus, a wagon designed to hold 16 to 18 people.

This wagon was pulled by three horses and had a wide wheelbase to prevent it from overturning.

They would have a shuttle to take their customers from a set location to the bathhouse.



Before any kind of automobiles, mass transit was used in 1826 by hooking a large wagon up to a couple horses, this was called an omnibus. The omnibus held 16 to 18 people at a time.

The problem was, people would take the shuttle and get off at different places before reaching the bathhouse.

Paris adopted this idea in 1827 for the sole purpose of transportation.

By the year 1829, omnibuses were appearing in Berlin, Sydney, Toronto, Shanghai, and New York.

In 1833, John Mason introduced the world to the horse car in Lower Manhattan.

The horse car was a combination of the omnibus and a rail system. The advantage of this was less horsepower, smoother rides, and the ability to transport more people. By 1860, 36 million New Yorkers were riding horse cars yearly.

In 1889, Frank Osgood introduced electric streetcars in

Seattle. In 1918, the city of Seattle bought all the streetcar lines and by 1936 owned 410 streetcars with 231 miles of track.

Along the way came a version of today's internal combustion engine bus or motor bus, which allowed buses to operate independently.

It was during this time that the advent of the personal automobile switched the usage of the bus systems from something for the rich and changed the rider demographic to the lower classes.

By the mid 20th century, King County was predicted to have a population of 2 million.

This was due to an increase in job opportunities with major businesses growing such as Boeing.

The county had to plan for

rapid transit.

James Ellis, a civic activist in the mid 20th century who was concerned about this growth and quality of life in the Seattle area, started the Forward Thrust movement. This movement sent 17 initiatives to King County voters.

In particular, the rapid transit bill required \$385 million from regional taxpayers and \$765 million through government through the Federal Mass Transit Act.

This proposal would've helped create 49 miles of track connecting Lake City, Renton, Seattle, and Bellevue.

However, the Rapid Transit ballot issue fell short of the supermajority of 60 percent needed to approve the funding for mass transit.

In 1996, Puget Sound voters

approved the Sound Move Plan. This 10-year plan approved a budget of \$3.9 billion for light rails, buses, and commuter rails.

It created 22 miles of track between the University of Washington and Seattle-Tacoma International Airport.

In 2016 a ballot initiative to expand the light rail was approved. Sound Transit's latest expansion of commuter rail, light rail, and buses is expected to cost at least \$54 billion, expand the light rail track to 62 miles long, and will connect Everett, Tacoma, West Seattle, and Ballard.

The agency hopes to finish the project by 2041, Peyton said.

In 2018, the Sound Transit system had more than 48 million riders.

Fitness techniques and concerns are old news

By Anas Adam Ashoor
Staff Reporter

Highline Physical Education Instructor Tim Vagen said that one of the main points he wanted to get across in the History of Fitness, was that most fitness programs and practices date back to early times.

"The purpose of the talk was to show everyone that nothing is new," Vagen said.

History Seminar is a series of weekly presentations given by Highline faculty or guests that explore particular topics of interest, that are related to history.

Vagen explained how fitness has changed over the years and how it affected the early peoples

lifestyle.

Pre-10,000 BC was the first recorded time people required extra exercise, which consisted of hunting and gathering. This lifestyle was very tiresome and hard on the body, and knowing this, the people from that time took it upon themselves to exercise regularly to accommodate their tough lifestyle.

Fitness as a sport dates back to the 1800s.

That is when it shifted from "I need to be fit" to "I want to be fit." The early Chinese encouraged physical activity as a method to prevent organ malfunctions.

One of the most common things people hear in terms of

fitness is "working out keeps us healthy."

It turns out that this was known and practiced since ancient China.

The organ malfunctions the Chinese were referring to is heart disease.

A game that was also very popular with them was Cuju, more commonly known as soccer.

The most common sport in the world dates back to 300 BC.

Going a few centuries forward, the Persian Empire (4000-250 BC) strictly demanded fitness for their people. They did that because their citizens could be drafted into the army at a moments notice.

Workouts were required,

said Vagen.

"Daily workouts were required in the Zurkhaneh (House of strength)" Vagen said.

Zurkhaneh was an octagonal shaped ring where people would enter and do workouts.

Greek gods are well known today for their amazing physiques and good looks, and those beliefs were not misplaced. Vagen said that in ancient Greece, physical fitness was appreciated and it was a sign of beauty.

He also mentioned that it was a sign of good mental health, and even the practitioners promoted physical fitness.

Anyone who wasn't physically fit was ostracized and

shunned, and in rare cases even killed. This was also the time that fitness was introduced as a recreation.

In the time period of 1700-1850, Europe made a big move towards promoting physical fitness.

There were programs for children, gymnastic centers were opened for the public and exercise became a cure for stress.

They also pushed for individual exercise programs. This is the time fitness moved towards a "want" rather than a "need."

Next week's History Seminar will be presented by Karen Anderson, on May 22, the topic is to be announced.

Bringing to light what refugees go through

By Dong Zual
Staff Reporter

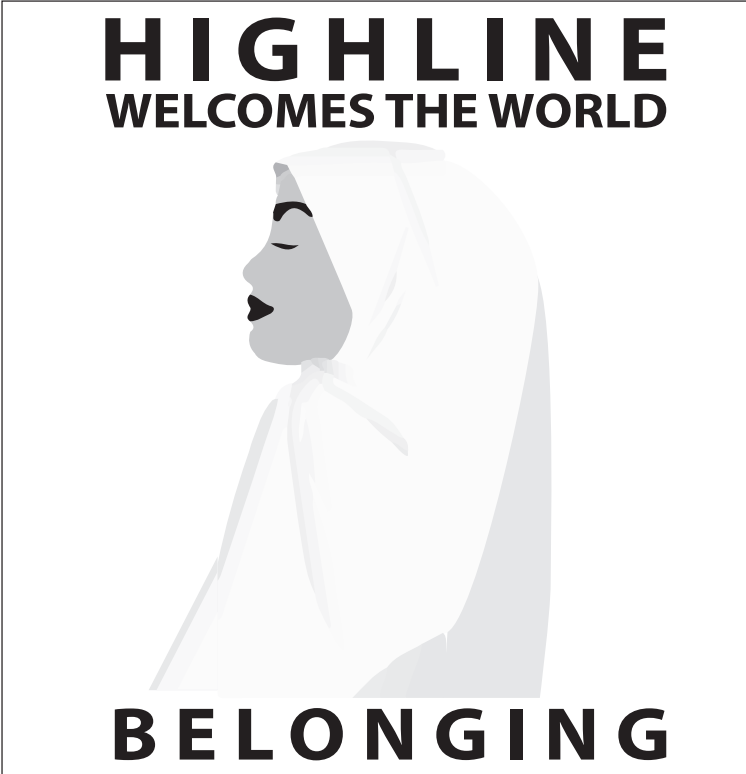
People come to America for a variety of reasons and their status is not all the same, a refugee and immigrant assistance expert told a Highline crowd this week.

Sarah Peterson, chief of Office of Refugee and Immigrant Assistance for the Washington State Department of Social and Health Services, spoke Monday in conjunction with Highline Welcomes the World Week.

During the event, Peterson provided an overview of the refugee resettlement process, particularly in Washington state. She pointed out four main things she wanted to talk about:

- How do people become refugee, history and administration of refugee resettlement in the United States?
- Who’s coming to Washington?
- Who’s coming to the United States?
- What is their experience as a refugee

A refugee is somebody who has to flee their home country because of a well-founded fear of persecution. And it’s not just war, it can be persecution based on who they are as a person. It



can be based on their race, their religion, their political opinions, their ethnicity, or their national origins.

The first question Peterson asked was: “What would make someone leave the place they were born?” Audience members raised their hands and replied: “violence,” “war,” “opportunity,” “tyrants,” “lack of food,” and “jobs.”

Peterson said asylum seekers are very much in the news re-

cently and are people who fled their home country, go to someone’s border, and ask permission to stay.

“In 2015, there was the crisis caused by all of the asylum seekers from Syria going on boats towards Europe. Today, we hear about asylum seekers that are on our southern border,” Peterson said.

The difference between migrant and refugee/asylee is the migrant doesn’t suffer the pros-

ecution. They seek better jobs, better education, and better life.

“In the world today, there are 68.5 million people who are forcibly displaced. These are people who are persecuted, so they need that United Nations definition of feeling afraid to stay in their homes. Out of those, 20.45 million are actual refugees. They have had to flee their home countries. And 3.1 million people are asylum seekers,” Peterson said.

The second question Peterson asked was: “Where do refugees live?”

The audience responded, “refugee camps,” but she said that “75 percent of refugees today live outside an actual formal home. They live in urban areas. They live in make-shift tents. And they live in as sometime what consider to be ‘unauthorized immigrants.’”

Less than 1 percent of all refugees 25.4 million people ever get the opportunity to resettle, she said.

“There are three different types of options the United Nations offers to people when they register with them. First, they always look for opportunities to go back home. Second, they look for opportunities to integrate into the community where they

currently living. Third, refugee resettlement in a third country,” Peterson said.

On average, only one in every 500 people ever make it to the United States, she said.

Two-thirds of the 25.4 million refugees come from just five different countries. They are from Syria, Afghanistan, South Sudan, Myanmar and Somalia.

The United Nations only looks at the most vulnerable refugees.

“Refugee resettlement isn’t for everyone. It’s someone who really needs it: The most vulnerable, they might have medical condition, women and girls at risk, children or survivor of violence and torture,” Peterson said.

The most important thing to know is that a person who has committed a serious crime is never eligible for refugee resettlement.

The United Nations believes that refugee resettlement saves people lives, she said.

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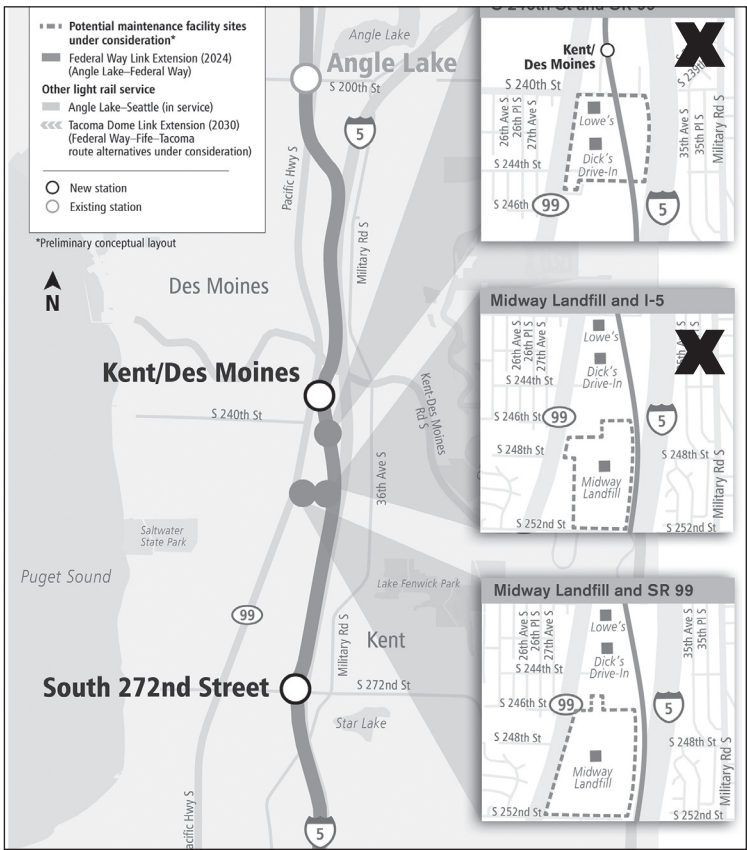
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Dick’s may be saved by light rail change



Two Midway sites for planned Sound Transit maintenance and operations facility have been eliminated by siting subcommittee.

By Giordan Gallacci
Staff Reporter

The threat to wipe out Lowe’s Hardware and Dick’s Drive-In across Pacific Highway South from Highline College has been temporarily derailed.

Sound Transit has targeted the two businesses as the preferred site for its new South King County Light Rail maintenance and operations yard, but a subcommittee last week recommended the site be pulled from consideration.

King County Councilman Dave Upthegrove, a Sound Transit board member, and the four other members of the System Expansion Committee voted unanimously to recommend that the Lowe’s/Dick’s site be pulled from consideration when the full board takes up the matter May 23.

The prospect of tearing down the new Dick’s Drive-In has been particularly controversial. The iconic Seattle area eatery opened

last December after a major social media campaign to convince the parent company to open a restaurant in Kent. It has already established itself as a community hotspot, popular with Highline students and is seen as a jobs-producer in the area.

“The Dick’s Drive-In site doesn’t make sense for the new operations and maintenance facility with other options still open. It would have also forced a low-income mobile home community to move,” Upthegrove said.

Part of the problem is that the site is too close to the proposed Kent-Des Moines light rail station that will be across the highway from Highline College, near the college’s new dormitory.

The Sound Transit Board is in somewhat of a bind, though. It needs 30 acres of land to build the maintenance and operations facility to accommodate 140 light rail cars. It is estimated to employ 300 people in well-paying jobs

The location was originally the prime option and if the full board agrees with its subcommittee the board will be looking at other options. Those options include a site occupied by the Midway Landfill just south of Dicks, at South 336th Street and I-5 that is part of Federal Way’s Christian Faith Center, and at South 344th Street and I-5, which would also impact the Christian Faith Center.

If the landfill is chosen, there would need to be a massive cleanup of the Superfund site. If one of the other sites is chosen, the Christian Faith Center will be forced to move.

The Christian Faith Center sites would require approximately \$750 million for construction, while the landfill site would require upwards of \$1.4 billion.

The subcommittee’s nomination will go to the full Sound Transit Board on May 23 for the final decision.

Students can bring wheels to campus

By Milaap Chahal
Staff Reporter

Highline has many vehicles rolling about on its campus from delivery trucks to staff club cars. But few students on rely wheels while going from class to class

An informal poll showed that many students do not know that they can bring bikes or scooters to campus.

Students are permitted to bring any form of transportation as long as it is safe. Electric is encouraged.

“Honestly, I’ve only see four to five people on longboards and three to two people on bikes a day,” said Sgt. Derek Dean of Public Safety.

“It’s not too common on this campus to ride a bike because of the hill” said Francesca Fender the associate director of Public Safety and Emergency Management.

But if students can manage to climb the hill it is encouraged to bring a bike.

Or you can bring something electric.

“I don’t think there is policy against motorized vehicles as long as you’re not mowing down people and there are no safety issues,” said David Menke, director of Public Safety and Emergency Management.

When it comes to vehicle storage, students are advised to make sure their vehicles are

safe to bring into the classroom and not are distracting to others.

“For the most part we suggest if it’s an accessible class you can store your [vehicle] in your classroom,” Fender said to prevent theft.

“There’s nothing stopping you [from leaving] your bike on the bike rack for the whole quarter, but it is more susceptible to theft,” Menke said.

“So I see a lot of people use scooters for people who have mobility challenges,” Fender said.

Highline had issues in the past when cars that are not permitted to drive on campus, due to the lack of a barrier.

“They’re looking at their [GPS] navigation,” Dean said.

“Usually its Uber or Lyft and they have their little navigation on there and they were told to go straight here and its right on the sidewalk,” Menke said.

“You also have to keep it accessible to emergency vehicles,” Fender said.

Delivery trucks come pretty often, such Coca-Cola or the water delivery truck. Facilities staff also have Club Cars and light-weight vehicles they use. They are all electric except the one that Public Safety has.

“Public Safety has a gas one in case of an emergency like a power outage,” Menke said.

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Native Student Success Summit focus changed to emphasize youth more

By Feride Aydin
Staff Reporter

P’uləb means rise in Lushoo-tseed.

This was also this year’s Na-tive Student Success Summit’s main theme.

The objective of this year’s summit was to speak about life in education and beyond for Native students.

“The Native Student Success Summit is designed to inspire and empower high school and college students to be successful in higher education and beyond,” said Dr. Tanya Powers, director of Workforce and Bac-calalaureate education, and the organizer of the summit.

The event had tremendous turnout this year, she said. There were 120 registered stu-dents, approximately 100 of whom were from Highline school district, Federal Way, Renton, Puyallup, Kent, Seattle and various other cities and col-leges, Powers said.

“Building 7 was at capacity, which is 140 people,” Dr. Pow-ers said.

After considering the feed-back they got from previous years’ summits, they decided to make this year’s summit more centered around youth, said Justice Dominy, a Highline stu-dent and master of ceremonies at the summit.

“Something that we really wanted to focus on this year



The 4th annual Native Students Success Summit saw a great turnout of at least 120 students, about 100 of which were from the Highline school district.

was it being youth-focused and youth-run. Because in the past it has been planned by adults and run by adults,” Dominy said.

Something else organizers wanted from this year’s summit

was to give students and people more of a chance to connect with each other, both Dominy and Dr. Powers said. “We add-ed more time for people to so-cialize and get comfortable with

the people they are surrounded with,” Dominy said.

Despite it being a successful summit, Dr. Powers and the planning committee for the summit faced a couple chal-

lenges.

“We have discovered that for our room facilitators and mod-erators that we will want to in-clude training on how to handle technology in which presenters want to connect their laptops to the projectors. We may also consider encouraging present-ers to bring their presentations on flash drives,” Dr. Powers said.

They also faced the problem that there were other events taking place on campus and in the surrounding districts on the same day. This will likely cause organizers to move the event up to April in upcoming years.

“Challenges include testing that happens for our local dis-tricts in May. There were also a couple of other events sched-uled on that day. We may want to consider moving the date out of May into April,” Dr. Powers said.

Although they faced multiple challenges, Powers said that if those were the biggest problems they had to deal with, they con-sider them good problems.

All in all, Dr. Powers said she is very proud of how the sum-mit turned out this year.

“The planning committee put incredible time and effort into making sure that our youth and community would have an event that was inspiring and en-couraging. We are fortunate to have such a dedicated planning committee,” Dr. Powers said.

Take a survey about ethnicities and inequity

By Alejandro Chavez
Staff Reporter

In an attempt to understand what students’ views are on in-equity, resistance, and differ-ences, the Ethnic Studies De-partment is running a survey.

The survey takes five minutes to complete and there is a chance to win a \$50 gift card for the High-line Bookstore for completing it.

The survey is also trying to see how much one ethnicity of students knows about another ethnicity of students.

“We want to have a better understanding of how students here at Highline understand in-equity, access, and resistance,” Professor, Diego Luna said.

Highline is one of the most diverse schools in Washington, so understanding how students from different ethnic groups understand each other is very important, he said.

“I’m interested to see how [students] understand one an-other or don’t understand one another,” Luna said.

This survey will benefit stu-dents not only from Highline, but from other colleges as well in the future because of the di-versity of the school, he said.

“Highline is known nation-ally for how diverse it is and the types of things it is trying to do for the experience of everyone,” Luna said.

The data that comes out of the survey will be useful for un-derstanding Highline students.

“We are going to use the data to make Highline better for all students,” he said.

The data used from the sur-vey will be completely confiden-tial and the results for the survey will be reported by next fall.

“Let your friends and others know it literally takes four min-utes to complete,” Luna said.

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Legislature

continued from page 1

percent and three percent as a recognition of the cost of living increase," he said.

Dr. Peyton said that when he interviews potential new faculty members, there is often shock over how expensive western Washington is.

"They're kind of surprised by how much the cost of living is in our area," he said.

But even with an additional five percent raise for King County that the rest of the state doesn't receive, there's not necessarily an advantage when it comes to hiring. Dr. Peyton said that this additional raise "mitigates the negative."

"Without it, the king county pay for technical and community colleges is a disadvantage," he said.

Dr. Peyton said that the raises came too late to provide

any impact into hiring for the next school year, but there is hope that next year there may be benefit.

"Maybe next year we might see some advantage," he said.

While the Legislature passed scholarships for low income students, they also approved a tuition increase by up to 2.4 percent at all public universities in the state.

Dr. Peyton said that "there will certainly be some price sensitive folks" that the tuition increase turns away.

"We're hoping that those particularly price sensitive students" are benefitted by scholarships, Dr. Peyton said.

With tuition increases at all public universities in the state, Dr. Peyton said that the tuition increases might cancel each other out.

"It may kind of balance out," he said. "The college will probably have to figure out a way to say what" the benefit of a college education is.

VP

continued from page 1

"Everytime we do a project, you [need to] ask 'should we build this?', 'why are we doing this?'," Dr. Bangera said. "We need to say who's at the table, who's not at the table."

And while Highline is doing a good job at this, it's important to always look for improvement, she said.

"You're already doing this in a great way, how can we take it up to the next level?" She asked.

Several questions were asked during the open forum portion, such as how the institution could help evening students get their Associate's degree in 2 years, what supporting the ABE/GED/ESL program better could look like, and what could be done about staff and faculty often not being paid a reasonable amount.

"I lost one of my administration people to Fred Meyers, I think it's a darn shame that Fred Meyers can pay more than I can when she is doing great work," said one faculty member.

After this statement, the room applauded.

Dr. Bangera explained how not being able to afford to pay great workers more is an unfortunate and ongoing problem, that often can't be fixed without the support from Legislature and other higher ups.

For now, the best thing to do would be relocating funds to try and place them where they matter most, she said.

"We have to look at how we can allocate resources ... how do we use our resources to give the best impact," she said.

When asked by another

faculty member why she chose to try for a Highline position instead of any other colleges, Dr. Bangera said that she felt like she belonged here.

"I've been visiting Highline for about a year and ... I felt a sort of coming home feeling in this institution," she said. "Just seeing how things function here, I feel like this place is where I can do the next bit of work in my career."

Another topic brought up, was how she would go about helping encourage students towards their academic or career goals.

"One thing in my experience that works to keep students engaged ... is actually connecting the students to the career goal right from day one," Dr. Bangera.

To do this, institutions need to bring help to the students, not make the student sought out guidance, she said.

"We have to bring it to the student, we cannot tell the student to go find it," Dr. Bangera said.

If given the position, Dr. Bangera made clear that she would approach the position with the knowledge that she won't always get everything right.

"One thing I can tell you for sure, is I will make mistakes," she said. "I will [also] stand up and own up to it, and ask you for help to move forward."

It's important to approach a position with that understanding, she said.

Overall, Dr. Bangera is looking forward to the possibility of bringing everything she has to the table.

"I would love to be the vice president of academic affairs," she said. "To work with all of you, to make that happen."



Stephen Glover/THUNDERWORD

Students head to the polls

A student casts their ballot during the first day of voting for President and Vice President of the Associated Student body of Highline College. Voting continues today at several locations on campus, or online tonight until midnight. The winners of the election will be announced Friday at noon.

BACK TO OUR ROOTS

THURSDAY, MAY 30, 2019

5PM-9PM

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The Pacific Islander Club at Highline College is proud to present Back To Our Roots. It is an annual showcase of Pacific Islander culture, shared through song, dance and story. This year's theme stories of our homeland highlights indigenous epistemologies and experiences from throughout the Oceania region. Come help us celebrate the beautiful and diverse cultures of Oceania.

If you need accommodations due to a disability, please contact access service (206) 592-3857 (voice) or (206) 870-4853 (tty).

Students continued from page 1

challenge,” Rebecca said. “Another challenge was that you don’t have any family or friends here in the United States so it makes you feel lonely.”

In general, international students feel a lot of pressure when they arrive at a very different cultural place and tend to give up, Engelhard said.

“Most students, thankfully, that are here at Highline seem to find a way pass,” she said. “But some students can’t, for whatever reason. It’s just too much and they realize that they need to go back to their familiarity and comfort of their home.”

International Student Programs tries to do its best to help international students.

Rebecca is now part of the ISP team that tries to help students adjust.

“The ISP has really helped me a lot because this is a huge campus and sometimes you don’t know where to go to find help,” she said. “The ISP staff are really patient and helpful when they try to solve one’s problems.”

They work from beginning to an end with foreign

students who want to apply at Highline, preparing their application documents, giving them information about how to get through the steps to get a visa, and then when they arrive, they offer an orientation, which includes academic and social components.

“We do everything we possibly can within the restriction of our jobs,” Engelhard said. “[But at the time] we also try to encourage our students to become very independent.”

Some international students come with a student visa for educational purposes and then after a short time leaving. Other students want to continue in their studies for a long time or sometimes change their plans to live here in the country.

That sometimes can create an immigration problem, as these students must deal with government offices to change their visa type to a work visa or something that allows them to work in the United States.

International students who don’t know where to find help can contact International Student Programs for assistance.

Their offices are in Building 25 on the fifth floor.

MaST Center looks for summer help

By Melissa Merdzo Staff Reporter

Students can gain hands-on experience working with kids while enjoying a week at the beach this summer.

The Marine Science and Technology Center is hiring summer camp counselors for their Sound Science Summer Camp, which runs from July 29 to Aug. 2.

The MaST Center is the marine laboratory for Highline college, located at Redondo Beach.

It is now accepting applications for senior counselors and junior counselors.

The senior counselor position is for ages 18 up and will be paid with a compensation of a \$400 stipend, while the junior counselor position is for ages 11 and up and unpaid.

“The opportunity to work as a summer camp counselor will help build important skills like group management, public speaking, planning and organization,” said Education and Volunteer Program Coordinator Joanne Park. “This is a great opportunity for anyone looking

to pursue a career in marine science and/or education.”

“Although a college degree helps you achieve your career path, it is equally important to gain hands-on experience working in that field,” Park said. “For students interested in pursuing a science or education career, being a summer camp counselor is a great way to develop skills that can be used for a lifetime.”

“We are looking for someone who can work with diverse campers, has some knowledge about Puget Sound marine life or environmental science, and feels comfortable leading groups both indoor and outdoors,” Park said. “Prior experience with science teaching is preferred.”

“Camp Counselors must be available for the entirety of summer camp (July 29 to Aug. 2) and training (July 25),” Park said.

Both positions require counselors to be available all five days during camp from 8 a.m. to 2 p.m.

Applicants must submit resume, cover letter, and letter of recommendation to Joanne Park at jpark@highline.edu by Friday, May 24.

Go Figure! answers

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— **King Crossword** —

Answers

Solution time: 27 mins.

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Weekly SUDOKU Answer

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Legal Studies
HIGHLINE COLLEGE

If you’ve been thinking of a career in law, the Paralegal program at Highline College might be for you.



With your high school degree or G.E.D., you may enter our two-year **Associate of Applied Science** program which prepares you to enter the paralegal career field immediately upon graduation. This program is approved by the American Bar Association.

If you already have a four year college degree, you are eligible for our one-year **Paralegal Plus** program to earn a certificate in paralegal studies. This program is also approved by the American Bar Association.

If you are interested in going on to law school to become an attorney, you can complete a two-year **Associate of Arts** degree with an emphasis in Legal Studies. This transfer degree is not an American Bar Association program.

TRAIN TO BECOME A PARALEGAL

- What Does a Paralegal Do?**
Paralegals work directly with lawyers and are responsible for:
- Meeting with clients
 - Locating and interviewing witnesses
 - Researching the law
 - Writing legal documents such as briefs, court pleadings, motions and contracts
 - Assisting at trial
 - Websites and social media
- What kind of jobs Do Paralegals Get?**
- Civil Litigation
 - Criminal Prosecution
 - Criminal Defense
 - Family Law
 - Business Law
 - Wills and Estates
 - Patent and Trademark
 - Government and Nonprofit
 - Organization
 - Corporate Legal Staff

How do I get started in the Program?
Visit legal.highline.edu or contact **Bruce Lamb** at blamb@highline.edu